

IGHSAU WRESTLING RECORDS

INDIVIDUAL & TEAM



STATE WRESTLING INDIVIDUAL CHAMPIONS

IWCOA - Iowa Wrestling Coaches and Officials Association tournaments

IGHSAU - Iowa Girls High School Athletic Union sanctioned tournaments

100 Pounds

IWCOA

2022 - Jillian Worthen, Union

IGHSAU

2023 - Katie Biscoglia, Racoon River

2024 - Katie Biscoglia, Racoon River

105 Pounds

IWCOA

2019 - Ali Gerbracht, AGWSR (106)

2020 - Ella Schmit, Bettendorf (106)

2021 - Ella Schmit, Bettendorf (106)

2022 - Molly Allen, Underwood

IGHSAU

2023 - Jillian Worthen, Union

2024 - Layla Phillips Mason City

110 Pounds

IWCOA

2022 - Reanah Utterbeck, Sigourney-Keota

IGHSAU

2023 - Jasmine Luedtke, Ottumwa

2024 - Jasmine Luedtke, Ottumwa

113 Pounds

IWCOA

2019 - Tateum Park, Davenport North

2020 - Tateum Park, Davenport North

2021 - Eva Diaz, Waverly-Shell Rock

115 Pounds

IWCOA

2022 - Eva Diaz, Waverly-Shell Rock

IGHSAU

2023 - Molly Allen, Riverside

2024 - Reanah Utterback, Sigourney-Keota

120 Pounds

IWCOA

2019 - Chloe Clemons, Cedar Rapids Jefferson

2020 - Chloe Clemons, Pleasant Valley

2021 - Kiki Connell, Charles City

2022 - Hannah Rogers, Wilton

IGHSAU

2023 - Abigail Meyrer, Pleasant Valley

2024 - Camille Schuit, Waverly-Shell Rock

125 Pounds

IWCOA

2022 - Ella Schmit, Bettendorf

2022 (Silver) - Addy Appelhans, Anamosa

IGHSAU

2023 - Mackenzie Childers, Cedar Rapids Prairie

2024 - Molly Allen, Riverside

126 Pounds

IWCOA

2019 - Sydney Park, Davenport Central

2020 - Sydney Park, Davenport Central

2021 - Lilly Luft, Charles City

130 Pounds

IWCOA

2022 - Lily Luft, Charles City

IGHSAU

2023 - Lily Luft, Charles City

2024 - Colbie Tenborg, Saydel

132 Pounds

IWCOA

2019 - Annika Behrends, Waverly-Shell Rock

2020 - Abby McIntyre, Glenwood

2021 - Annika Behrends, Waverly-Shell Rock

135 Pounds

IWCOA

2022 - Alexis Ross, Fort Dodge

IGHSAU

2023 - Maeley Elsbury, South Tama

2024 - Bella Miller, Dubuque Wahlert

138 Pounds

IWCOA

2019 - Avery Meier, Waverly-Shell Rock

2020 - Janella Avila, Lisbon

2021 - Abby McIntyre, Glenwood

140 Pounds

2022 - Emma Peach, Iowa Valley

IGHSAU

2023 - Kiara Djoumessi, Waverly-Shell Rock

2024 - Kiara Djoumessi, Waverly-Shell Rock

145 Pounds

IWCOA

2020 - Lakin Leonard, Crestwood

2021 - Naomi Simon, Decorah

2022 - Alana Duggan, Dubuque Wahlert

IGHSAU

2023 - Emma Peach, Iowa Valley

2024 - Mahri Manz, Lewis Central

152 Pounds

IWCOA

2019 - Toyia Griffin, Nashua-Plainfield

2020 - Alaina Schmidt, Dubuque Wahlert

2021 - Madison Diaz, Waverly-Shell Rock

155 Pounds

2022 - Isabella Deeds, Ridge View

IGHSAU

2023 - Skylar Slade, Southeast Polk

2024 - Nicole Olson, Missouri Valley

160 Pounds

IWCOA

2021 - Samantha Spielbauer, Clayton Ridge

170 Pounds

IWCOA

2019 - Jacinta Sargisson, LeMars

2020 - Kendal Clark, Humboldt

2021 - Morgan Smith, Denver

2022 - Naomi Simon, Decorah

IGHSAU

2023 - Naomi Simon, Decorah

2024 - Naomi Simon, Decorah

190 Pounds

IWCOA

2022 - Jana Terwee, Nevada

IGHSAU

2023 - Mackenzie Arends, Nevada

2024 - Libby Dix, Mount Vernon

195 Pounds

IWCOA

2019 - Millie Peach, Iowa Valley

2020 - Millie Peach, Iowa Valley

2021 - Rachel Eddy, Independence

220 Pounds

IWCOA

2022 - Savannah Sistad, Creston

235 Pounds

IGHSAU

2023 - Olivia Huckfelt, Spencer

2024 - Olivia Huckfelt, Spencer

285 Pounds

IWCOA

2019 - Rilee Slycord, Colfax-Mingo

2020 - Salima Omari, Iowa City West

2021 - Millie Peach, Iowa Valley

2022 - Olivia Huckfelt, Spencer

Four-Time Champions

Naomi Simon, Decorah (2021-24)*

**two IWCOA & two IGHSAU titles*

TEAM CHAMPIONS

IWCOA

2019 - Waverly-Shell Rock

2020 - Waverly-Shell Rock

2021 - Waverly-Shell Rock

2022 - Waverly-Shell Rock

IGHSAU

2023 - Waverly-Shell Rock

2024 - Decorah