

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

Girls 100 Meter Dash 1A

=====
 State Record: * 12.25 5/21/2015 Katie Maschmann, Montezuma
 All-Time: ! 11.50 1985 Natasha Kaiser, Des Moines Roosevelt
 Name Year School Prelims Wind H#
 =====

Preliminaries

1	Maschmann, Katie	12	Montezuma	12.66q	-3.0	2	
2	Flammang, Lindsey	11	Lawton-Bronson	12.81q	-4.3	1	
3	Barthelman, Autum	10	Sigourney	13.01q	-1.9	3	
4	Heitman, Haley	10	Clayton Ridge	13.08q	-1.9	3	
5	Kriegel, Jolissa	12	B-G-M, Brook	13.10q	-3.0	2	
6	Larsen, Lexy	12	Sidney	13.12q	-3.0	2	
7	Ney, Abigail	10	HM-Sanborn	13.19q	-1.9	3	
8	Hardman, Makayla	12	North Union	13.21q	-1.9	3	
9	Luers, Kathryn	10	Danville	13.25	-3.0	2	
10	Straight, Kylan	10	Logan-Magnolia	13.29	-4.3	1	
11	Alesch, Toni	09	Graet-T/Ruth-Ayr	13.40	-3.0	2	
12	Fortune, Haylee	10	Wayne, Corydon	13.44	-1.9	3	
13	Hiserote, Debi	11	Siouxland CC	13.50	-4.3	1	
14	Johnson, Hannah	11	Dunkerton	13.54	-3.0	2	
15	Baker-Bruce, Briana	09	Janesville	13.55	-1.9	3	
16	Marnin, Sadie	10	Nodaway Vall	13.60	-1.9	3	13.596
17	Martin, Daiton	10	Essex	13.60	-4.3	1	13.597
18	Dickman, Abbie	10	Gehlen Cath, L	13.62	-3.0	2	
19	Klommhaus, Keirston	09	Mount Ayr	13.67	-1.9	3	
20	Austin, Demi	11	Wayne, Corydon	13.69	-4.3	1	
21	Frier, Angel	12	WACO, Waylnd	13.72	-4.3	1	
22	Ingwersen, Abbey	12	N Linn, TM	13.78	-4.3	1	
23	Airey, Katie	11	GMG, Garwin	13.79	-3.0	2	13.783
23	Anderson, Bailey	10	Mount Ayr	13.79	-4.3	1	13.783

Girls 100 Meter Dash 1A

=====
 State Record: * 12.25 5/21/2015 Katie Maschmann, Montezuma
 All-Time: ! 11.50 1985 Natasha Kaiser, Des Moines Roosevelt
 Name Year School Finals Wind Points
 =====

Finals

1	Maschmann, Katie	12	Montezuma	12.64	-0.4	10	
2	Flammang, Lindsey	11	Lawton-Bronson	12.74	-0.4	8	
3	Barthelman, Autum	10	Sigourney	13.10	-0.4	6	
4	Heitman, Haley	10	Clayton Ridge	13.17	-0.4	5	
5	Kriegel, Jolissa	12	B-G-M, Brook	13.19	-0.4	4	13.181
6	Larsen, Lexy	12	Sidney	13.19	-0.4	3	13.188
7	Hardman, Makayla	12	North Union	13.39	-0.4	2	
8	Ney, Abigail	10	HM-Sanborn	13.42	-0.4	1	

Girls 200 Meter Dash 1A

=====
 State Record: * 24.48 5/22/2010 Alex Gochenour, Logan-Magnolia
 All-Time: ! 24.00 1975 Debbie Esser, Woodbine
 Name Year School Prelims Wind H#
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Preliminaries

1	Maschmann, Katie	12	Montezuma	25.82q	-2.4	1	
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2	Fuller, Savana	09	Guthrie Center	26.50q	-1.4	2	26.492
3	Larsen, Lexy	12	Sidney	26.50q	-2.4	1	26.496
4	Kriegel, Jolissa	12	B-G-M, Brook	26.52q	-2.1	3	
5	Heitman, Haley	10	Clayton Ridge	26.85q	-2.4	1	
6	Flammang, Lindsey	11	Lawton-Bronson	26.87q	-1.4	2	
7	Hudspeth, Kaylee	11	West Hancock	26.90q	-2.1	3	
8	Luers, Kathryn	10	Danville	27.12q	-2.1	3	
9	Coats, Haley	09	HLV, Victor	27.14	-1.4	2	
10	Alesch, Toni	09	Graet-T/Ruth-Ayr	27.17	-1.4	2	
11	Lundy, Kenna	12	Nodaway Vall	27.18	-2.4	1	
12	Staebler, Jaderial	11	Clayton Ridge	27.19	-2.4	1	
13	Tull, Ashley	10	N Linn, TM	27.36	-2.4	1	
14	Liekweg, Lily	09	Janesville	27.41	-1.4	2	
15	Brown, Kendall	12	Moravia	27.49	-1.4	2	
16	Ney, Abigail	10	HM-Sanborn	27.50	-2.1	3	
17	Tahahwah, Grace	11	Meskwaki Settle	27.56	-2.1	3	
18	Altman, Alisa	10	Bishop Garrigan	27.66	-2.4	1	
19	Davidson, Hattie	12	Nwood-Kensett	27.93	-1.4	2	
20	Regnerus, Pam	12	Trinity Christn	27.95	-2.4	1	
21	Voss, Erica	09	Edgewd-Colesburg	28.03	-2.1	3	
22	Austin, Demi	11	Wayne, Corydon	28.07	-1.4	2	
23	McKibben, JoHannah	10	Maple Valley-A-O	28.14	-2.1	3	
24	Klommhaus, Keirston	09	Mount Ayr	28.32	-2.1	3	

Girls 200 Meter Dash 1A

State Record:	*	24.48	5/22/2010	Alex Gochenour, Logan-Magnolia		
All-Time:	!	24.00	1975	Debbie Esser, Woodbine		
Name		Year	School	Finals	Wind	Points

Finals

1	Maschmann, Katie	12	Montezuma	25.83	-1.3	10
2	Fuller, Savana	09	Guthrie Center	26.07	-1.3	8
3	Kriegel, Jolissa	12	B-G-M, Brook	26.43	-1.3	6
4	Heitman, Haley	10	Clayton Ridge	26.70	-1.3	5
5	Larsen, Lexy	12	Sidney	26.76	-1.3	4
6	Flammang, Lindsey	11	Lawton-Bronson	26.78	-1.3	3
7	Hudspeth, Kaylee	11	West Hancock	26.85	-1.3	2
8	Luers, Kathryn	10	Danville	27.08	-1.3	1

Girls 400 Meter Dash 1A

State Record:	*	55.75	5/16/2013	Ellie Herzberg, Manson NW We		
All-Time:	!	53.96	5/20/2010	Hannah Willms, Dike-NH		
Name		Year	School	Finals	H#	Points

1	Kriegel, Jolissa	12	B-G-M, Brook	58.08	3	10
2	Pfadenhauer, Alyssa	09	Danville	58.36	3	8
3	Schroeder, Haley	12	Central, Elkader	58.64	3	6
4	Johnson, Hannah	11	Dunkerton	59.74	1	5
5	Daffer, Mackenzie	12	Sidney	1:00.21	3	4
6	Deitchler, Ciera	09	Central, Elkader	1:00.32	2	3
7	Todd, Morgan	11	Maple Valley-A-O	1:00.38	3	2
8	Sylvester, Regan	10	Sioux Ctrl, SR	1:00.69	3	1

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....Girls 400 Meter Dash 1A

9 Weaver, Cailey	12 West Fork, S	1:00.98	2
10 Anderson, Bailey	10 Mount Ayr	1:01.33	1
11 Pester, Jordyn	10 Charter Oak-Ute	1:01.41	2
12 Foentes, Jennifer	12 Guthrie Center	1:01.44	1
13 Davidson, Hattie	12 Nwood-Kensett	1:01.65	3
14 Nymeyer, Sadie	11 Turkey Val, JJ	1:01.70	2
15 Hiserote, Debi	11 Siouxland CC	1:02.19	2
16 Carey, Megan	09 Paton-Churdan	1:02.25	3
17 Sallee, Madison	11 Hudson	1:02.55	1
18 Divarco, Becca	11 Prince of Peace	1:02.85	1
19 Flattery, Megan	11 St. Edmond, FD	1:03.43	2
20 Andresen, Rylee	12 Midland, Wyoming	1:03.58	1
21 Unrau, Danielle	10 HM-Sanborn	1:03.79	1
22 Kallsen, Jacey	10 Riverside, O	1:04.41	1
23 Jensen, Drew	09 Midland, Wyoming	1:04.81	2
-- Hora, Kelsey	11 Highland, R	DQ	2

Girls 800 Meter Run 1A

=====					
State Record: *	2:09.60	5/20/2006	Brooke Dinsdale,	North Tama	
All-Time: !	2:07.35	2009	Shelby Houlihan,	Sioux City East	
Name	Year	School	Finals	H#	Points
=====					
1 Fundermann, Emalee	12	Maple Valley-A-O	2:19.68	2	10
2 Schraft, Janette	09	East Mills	2:20.58	2	8
3 Weaver, Cailey	12	West Fork, S	2:21.02	2	6
4 Pullman, Hailey	11	W Sioux Hwardn	2:22.63	2	5
5 Fisher, Aubrie	09	AGWSR	2:22.91	2	4
6 Hess, Hanna	11	Edgewd-Colesburg	2:24.92	1	3
7 Sporrer, Shyanne	10	IKM-Manning	2:26.22	2	2
8 Scar, Destiny	12	Nodaway Vall	2:26.41	2	1
9 Sallee, Madison	11	Hudson	2:26.60	1	
10 Derdzinski, Isabel	12	North Butler	2:27.21	1	
11 Treptow, Emily	09	Jesup	2:27.22	2	
12 Jellison, Acey	09	Seymour	2:27.57	1	
13 Witt, Makayla	10	Cent Lyon, RR	2:28.57	1	
14 Martin, Stephanie	12	Turkey Val, JJ	2:28.80	2	
15 Cray, Nina	12	C-Wheatland	2:28.98	1	
16 Norris, Madison	10	Graet-T/Ruth-Ayr	2:29.53	1	
17 Sullivan, Meghan	11	Newman Catholic	2:29.87	1	
18 Schulte, Kenadi	12	New London	2:30.06	1	
19 Scharn, Nicole	12	Sioux Ctrl, SR	2:30.55	1	
20 Hostetter, Dakota	11	Colfax-Mingo	2:30.64	1	
21 Hunwardsen, Brooke	12	Lawton-Bronson	2:31.33	2	
22 Todd, Morgan	11	Maple Valley-A-O	2:33.42	2	
23 Clinton, Ashley	11	Edgewd-Colesburg	2:33.77	1	
24 Widner, Megan	12	Hudson	2:44.37	2	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Girls 1500 Meter Run 1A**

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State Record: * 4:35.87 5/24/2014 Rebekah Topham, Griswold				
All-Time: ! 4:28.30 4/17/2010 Katie Flood, Dowling Cath				
Name	Year	School	Finals	Points
=====				
1	Fundermann, Emalee	12 Maple Valley-A-O	4:53.41	10
2	Schraft, Janette	09 East Mills	4:56.14	8
3	Treptow, Emily	09 Jesup	4:57.96	6
4	Pullman, Hailey	11 W Sioux Hwardn	4:57.99	5
5	Fisher, Aubrie	09 AGWSR	4:59.31	4
6	Lippert, Bethany	11 AGWSR	5:02.32	3
7	Weaver, McKenna	09 West Fork, S	5:03.94	2
8	Scar, Destiny	12 Nodaway Vall	5:12.17	1
9	Folkers, Jaelynn	11 Midland, Wyoming	5:15.96	
10	Reicks, Shelby	11 Turkey Val, JJ	5:16.61	
11	Beran, Lydia	12 Riceville	5:17.21	
12	Springman, Gracie	09 St. Albert, CB	5:17.28	
13	Wilkening, Kyla	10 GMG, Garwin	5:17.36	
14	Hostetter, Dakota	11 Colfax-Mingo	5:17.41	
15	Wilberding, Kylie	10 Jesup	5:17.89	
16	Heller, Keely	12 Tripoli	5:18.19	
17	Landwehr, Abby	09 St. Edmond, FD	5:21.32	
18	Falconer, Jackie	12 N Linn, TM	5:22.75	
19	Brown, Lexi	09 New London	5:24.37	
20	Copic, Emily	11 EHK-Exira	5:25.10	
21	Rowe, Maya	12 West Fork, S	5:26.03	
22	Post, Alexis	09 Riverside, O	5:26.08	
23	Emmick, Elise	10 SE Warren, LC	5:27.25	
24	Lacoste, Sheridan	10 Rockford	5:49.42	

Girls 3000 Meter Run 1A

=====				
State Record: * 9:56.54 5/16/2013 Leah Seivert, Sibley-Ochey				
All-Time: ! 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar				
Name	Year	School	Finals	Points
=====				
1	Schraft, Janette	09 East Mills	10:48.20	10
2	Lippert, Bethany	11 AGWSR	11:09.19	8
3	Wilkening, Kyla	10 GMG, Garwin	11:21.63	6
4	Brennan, Katie	09 Kee, Lansing	11:27.40	5
5	Scar, Destiny	12 Nodaway Vall	11:31.54	4
6	Emmick, Elise	10 SE Warren, LC	11:31.92	3
7	McMurtry, Sarah	12 Starmont	11:35.00	2
8	Hess, Hanna	11 Edgewd-Colesburg	11:37.65	1
9	Brown, Lexi	09 New London	11:39.65	
10	Landwehr, Abby	09 St. Edmond, FD	11:40.00	
11	Lacoste, Sheridan	10 Rockford	11:40.06	
12	Swanson, Emma	10 Guthrie Center	11:42.94	
13	Weber, Deserai	10 Central, Elkader	11:43.51	
14	Hostetter, Dakota	11 Colfax-Mingo	11:43.71	
15	Lohmann, Maddie	10 Diagonal	11:43.73	
16	Hirv, Katie	10 Rockford	11:49.54	
17	Folkers, Jaelynn	11 Midland, Wyoming	11:53.00	
18	Rieck, Kenna	11 HM-Sanborn	12:06.16	
19	Vos, Marissa	12 Lynnville-Sully	12:09.34	

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....Girls 3000 Meter Run 1A

20 Beran, Lydia	12 Riceville	12:15.86
21 Copic, Emily	11 EHK-Exira	12:29.87
22 Malone, Bianca	10 Starmont	12:40.66
23 Reinke, Elise	09 Lawton-Bronson	13:13.92
-- Weaver, McKenna	09 West Fork, S	DNF

Girls 100 Meter Hurdles 1A

State Record: *	14.07	5/21/2010	Alex Gochenour, Logan-Magnol
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.
Name	Year	School	Prelims Wind H#

Preliminaries

1 Keune, Kenzie	12	Sioux Ctrl, SR	15.25q -1.2	2
2 Weiss, Dallas	12	Nashua-Plainfld	15.57q -1.6	1
3 Straight, Kylan	10	Logan-Magnolia	15.80q -2.6	3
4 Rumelhart, Rachel	11	Guthrie Center	15.89q -1.2	2
5 Barthelman, Autum	10	Sigourney	15.99q -1.6	1
6 Mogler, Charissa	11	Bedford	16.05q -2.6	3
7 Eggers, Kaylee	12	Nashua-Plainfld	16.27q -1.6	1
8 Readman, Anna	12	Logan-Magnolia	16.29q -1.2	2
9 Lutes, Nicole	12	BCLUW	16.43 -1.6	1
10 Straight, Morgan	12	Belle Plaine	16.45 -1.6	1
11 Eason, Jennifer	11	Lamoni	16.65 -1.2	2
12 Hagedorn, Madison	12	Audubon	16.66 -2.6	3
13 Smith, Mady	10	Guthrie Center	16.71 -1.2	2
14 Hauschild, Bailey	10	Fremont-Mills	16.82 -2.6	3
15 Andrews, Bailey	12	Wayne, Corydon	16.91 -1.6	1
16 Johnson, Alyssa	10	Mount Ayr	16.94 -1.6	1
17 Bock, Holly	12	Newman Catholic	16.95 -1.2	2
18 Schaaf, Clara	10	Fremont-Mills	16.97 -2.6	3
19 Kessenich, Jill	12	Gehlen Cath, L	17.03 -1.2	2
20 Matusik, Kerstyn	10	Woodbine	17.23 -2.6	3
21 Japenga, Olivia	10	HM-Sanborn	17.29 -2.6	3
22 Mosley, Jescenia	11	Essex	17.47 -2.6	3
23 Zumbach, Rachel	11	N Linn, TM	17.83 -1.6	1
-- Moellers, Gabrielle	10	Starmont	DNF -1.2	2

Girls 100 Meter Hurdles 1A

State Record: *	14.07	5/21/2010	Alex Gochenour, Logan-Magnol
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.
Name	Year	School	Finals Wind Points

Finals

1 Keune, Kenzie	12	Sioux Ctrl, SR	15.24 -1.5	10
2 Weiss, Dallas	12	Nashua-Plainfld	15.38 -1.5	8
3 Straight, Kylan	10	Logan-Magnolia	15.55 -1.5	6
4 Barthelman, Autum	10	Sigourney	15.99 -1.5	5
5 Mogler, Charissa	11	Bedford	16.28 -1.5	4
6 Rumelhart, Rachel	11	Guthrie Center	16.46 -1.5	3
7 Eggers, Kaylee	12	Nashua-Plainfld	16.51 -1.5	2
8 Readman, Anna	12	Logan-Magnolia	16.52 -1.5	1

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Results

Girls 400 Meter Hurdles 1A

Name	Year	School	Finals	H#	Points
State Record: * 1:02.14 5/22/2009 Sara Stoakes, N Tama					
All-Time: ! 57.30 1975 Debbie Esser, Woodbine					
1 Daffer, Mackenzie	12	Sidney	1:05.08	3	10
2 Keune, Kenzie	12	Sioux Ctrl, SR	1:05.12	1	8
3 Wall, Annika	11	Jesup	1:05.20	2	6
4 McSorley, Carson	10	New London	1:05.31	3	5
5 Straight, Kylan	10	Logan-Magnolia	1:06.63	3	4
6 Murphy, Kaitlyn	10	E Buchanan, W	1:06.87	3	3
7 Barthelman, Summer	09	Sigourney	1:07.40	3	2
8 Schaaf, Clara	10	Fremont-Mills	1:07.45	2	1
9 Dinkla, Lindsey	12	CAM, Anita	1:07.94	3	
10 Straight, Morgan	12	Belle Plaine	1:08.79	3	
11 Hauschild, Bailey	10	Fremont-Mills	1:09.10	2	
12 Andresen, Rylee	12	Midland, Wyoming	1:09.89	2	
13 Eason, Jennifer	11	Lamoni	1:10.12	3	
14 McDanel, Autumn	12	Moravia	1:10.28	2	
15 Smith, Jaden	09	Sidney	1:10.48	1	
16 Funk, Ashley	11	Central, Elkader	1:10.57	1	
17 Vos, Mariah	10	Lynnville-Sully	1:10.99	2	
18 Chapman, Courtney	11	Tri-Center, N	1:11.17	1	
19 Yeakel, Callie	09	Cent Lyon, RR	1:11.23	1	
20 Wright, Rony	12	Lisbon	1:11.54	2	1:11.534
21 Cunard, Makenzie	10	Logan-Magnolia	1:11.54	1	1:11.536
22 Klaes, Julia	09	Riceville	1:11.61	1	
23 Ney, Rubye	09	Ia Mennonite	1:11.84	2	

Girls 4x100 Meter Relay 1A

School	Prelims	H#
State Record: * 49.95 5/19/2007 Ventura, Ventura		
M Smith, A Schuler, B Imhoff, J Hale		
All-Time: ! 47.55 4/28/2012 Roosevelt, Roosevelt		
School	Prelims	H#
Preliminaries		
1 Montezuma	51.05q	2
1) Arendt, Alisha 12	2) Gatton, Riley 09	
3) Gatton, Sapphire 11	4) Maschmann, Katie 12	
2 Nashua-Plainfld	51.16q	1 51.152
1) Reams, Genevieve 11	2) Eggers, Kaylee 12	
3) Fisher, Briley 12	4) Weiss, Dallas 12	
3 North Union	51.16q	1 51.157
1) Hardman, Makayla 12	2) Marlow, Olivia 11	
3) Valvick, Alexis 11	4) Mullen, Kyarsten 11	
4 Guthrie Center	51.45q	3
1) Foentes, Jennifer 12	2) Rumelhart, Rachel 11	
3) Smith, Mady 10	4) Fuller, Savana 09	
5 N Linn, TM	51.47q	2
1) Klendworth, Abby 12	2) Newbauer, Kayla 12	
3) Rawson, Cassie 12	4) Ingwersen, Abbey 12	
6 Central, Elkader	51.48q	3
1) Wille, Mary Kate 09	2) Deitchler, Ciera 09	
3) Tuecke, Anna 12	4) Lenth, Gabrielle 10	

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....Girls 4x100 Meter Relay 1A

7 Highland, R	51.56q	1
1) Schneider, Sarah 09	2) Hora, Kelsey 11	
3) Black, Sydney 10	4) Stokes, Aly 09	
8 Sigourney	51.84q	2
1) Barthelman, Summer 09	2) Waechter, Brooke 10	
3) Carter, Leah 10	4) Barthelman, Autum 10	
9 Bedford	51.92	1
1) O'Dell, Elissa 11	2) Jackson, McKenzie 12	
3) Mogler, Charissa 11	4) Calfee, Callie 12	
10 Lynnville-Sully	51.95	2
1) Ehresman, Kasiah 12	2) Russell, Camryn 10	
3) Rozendaal, Makenzy 11	4) Lanser, Brenna 11	
11 Clayton Ridge	52.00	3
1) Heitman, Haley 10	2) Palmer, Taylor 10	
3) Schaefers, Nicole 10	4) Staebler, Jaderial 11	
12 Manson NW Web	52.17	2
1) Dolder, Michelle 12	2) Condon, Kourtney 12	
3) Michalski, Savannah 09	4) Herzberg, Cloie 11	
13 Alburnett	52.50	1
1) Volesky, Kylie 09	2) Schuchmann, Maddy 09	
3) Comried, Remington 09	4) Osborn, Madison 09	
14 WACO, Waylnd	52.54	2
1) Sutton, Kasey 11	2) Kissell, Halle 11	
3) Miller, Kiana 10	4) Frier, Angel 12	
15 West Hancock	52.59	3
1) Smith, Brigid 10	2) Leerar, Kelly 10	
3) Hammer, Faith 11	4) Oberhelmen, Jade 09	
16 Lawton-Bronson	52.62	1
1) Verzani, Ali 12	2) Flammang, Lindsey 11	
3) Wede, Jenna 11	4) Hunwardsen, Brooke 12	
17 Springville	52.86	1
1) Hoogland, Chrissy 12	2) Wagaman, Megan 09	
3) Kane, Nichole 09	4) Menster, Rylee 10	
18 Essex	52.89	3
1) Mosley, Jescenia 11	2) Jensen, Shea 12	
3) Johnson, Bethany 12	4) Martin, Daiton 10	
19 Lone Tree	52.99	1
1) Jacque, Chloe 09	2) Sieverding, Elena 11	
3) Feldman, Emily 10	4) Doehrmann, Paige 12	
20 Wayne, Corydon	53.01	3
1) Hampton, Karna 12	2) Andrews, Bailey 12	
3) Fortune, Haylee 10	4) Austin, Demi 11	
21 Cent Lyon, RR	53.48	2
1) Simon, Caitlin 09	2) Snyder, Carly 11	
3) Roskam, Becca 11	4) Pedersen, Elyse 10	
22 Sioux Ctrl, SR	53.60	3
1) Nims, Makayla 10	2) Salmeron, Alyssa 11	
3) Strohmyer, Erin 10	4) Tripp, Darma 11	
23 C-Wheatland	53.62	2
1) Diericks, Jaelyn 12	2) Schwien, Lexi 10	
3) Gorzney, Amanda 11	4) Elvert, Grace 09	
24 Tri-Center, N	54.56	3
1) Fischer, Addy 09	2) Lehan, Brooklyn 12	
3) Robinson, Cassidy 10	4) Manhart, Jill 11	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Girls 4x100 Meter Relay 1A**

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=====
State Record: * 49.95  5/19/2007  Ventura, Ventura
                M Smith, A Schuler, B Imhoff, J Hale
All-Time: ! 47.55  4/28/2012  Roosevelt, Roosevelt
School                                               Finals  Points
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Finals

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1 Montezuma                                50.62    10
  1) Arendt, Alisha 12                    2) Gatton, Riley 09
  3) Gatton, Sapphire 11                  4) Maschmann, Katie 12
2 N Linn, TM                                51.12     8
  1) Klendworth, Abby 12                   2) Newbauer, Kayla 12
  3) Rawson, Cassie 12                     4) Ingwersen, Abbey 12
3 Guthrie Center                            51.27     6
  1) Foentes, Jennifer 12                  2) Rumelhart, Rachel 11
  3) Smith, Mady 10                         4) Fuller, Savana 09
4 Nashua-Plainfld                           51.40     5
  1) Reams, Genevieve 11                   2) Eggers, Kaylee 12
  3) Fisher, Briley 12                     4) Weiss, Dallas 12
5 North Union                               51.60     4
  1) Hardman, Makayla 12                   2) Marlow, Olivia 11
  3) Valvick, Alexis 11                    4) Mullen, Kyarsten 11
6 Central, Elkader                           51.79     3
  1) Wille, Mary Kate 09                   2) Deitchler, Ciera 09
  3) Tuecke, Anna 12                       4) Lenth, Gabrielle 10
7 Sigourney                                  52.07     2
  1) Barthelman, Summer 09                 2) Waechter, Brooke 10
  3) Carter, Leah 10                       4) Barthelman, Autum 10
-- Highland, R                               DQ
  1) Schneider, Sarah 09                   2) Hora, Kelsey 11
  3) Black, Sydney 10                      4) Stokes, Aly 09

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Girls 4x200 Meter Relay 1A

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State Record: * 1:44.79  2004          Ar-We-Va, Ar-We-Va
                J. Kock, A. Neumann, C. Stoelk, K. Bierl
All-Time: ! 1:39.24  5/22/2015  CR Jefferson, CR Jefferson
                A Ranschau, J Blue, M Meese, L Schneekloth
School                                               Finals  H#  Points
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1 West Hancock                               1:46.26   3  10
  1) Smith, Brigid 10                       2) Leerar, Kelly 10
  3) Gonzalez, Maria 12                     4) Hudspeth, Kaylee 11
2 Guthrie Center                              1:46.79   2   8
  1) Rumelhart, Rachel 11                   2) Foentes, Jennifer 12
  3) Smith, Mady 10                         4) Fuller, Savana 09
3 Montezuma                                  1:47.38   3   6
  1) Arendt, Alisha 12                       2) Gatton, Riley 09
  3) Gatton, Sapphire 11                    4) Maschmann, Katie 12
4 N Linn, TM                                 1:47.58   3   5
  1) Klendworth, Abby 12                     2) Newbauer, Kayla 12
  3) Ingwersen, Abbey 12                    4) Tull, Ashley 10
5 Danville                                   1:48.43   3   4
  1) Grothe, Grace 10                         2) Speer, Mackenzie 10
  3) Bauer, Alexis 10                       4) Luers, Kathryn 10

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Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Girls 4x200 Meter Relay 1A

6 Bishop Garrigan	1:48.82	2	3
1) Miller, Livia 10	2) Altman, Alisa 10		
3) Vaske, Johanna 12	4) Boelter, Jenna 10		
7 Wapsie Val, F	1:48.89	2	2
1) Saulsberry, Kinley 09	2) Saulsberry, Kierra 12		
3) Buzynski, Abby 11	4) Risse, Hanna 11		
8 North Union	1:48.96	3	1
1) Hardman, Makayla 12	2) Rolling, Sarah 12		
3) Marlow, Olivia 11	4) Mullen, Kyarsten 11		
9 Bedford	1:49.37	3	
1) O'Dell, Elissa 11	2) Jackson, McKenzie 12		
3) Mogler, Charissa 11	4) Calfee, Callie 12		
10 Alburnett	1:49.90	1	
1) Volesky, Kylie 09	2) Schuchmann, Maddy 09		
3) Comried, Remington 09	4) Osborn, Madison 09		
11 Lynnville-Sully	1:50.02	2	
1) Ehresman, Kasiah 12	2) Russell, Camryn 10		
3) Meyer, Jataya 10	4) Lanser, Brenna 11		
12 Highland, R	1:50.11	2	
1) Schneider, Sarah 09	2) Thomann, Kristy 09		
3) Stokes, Aly 09	4) Hora, Kelsey 11		
13 Central, Elkader	1:50.26	3	
1) Wille, Mary Kate 09	2) Tuecke, Anna 12		
3) Asche, Emily 12	4) Lenth, Gabrielle 10		
14 Springville	1:50.41	2	
1) Wagaman, Madi 10	2) Wagaman, Megan 09		
3) Kane, Nichole 09	4) Menster, Rylee 10		
15 Easton Valley	1:50.66	2	
1) Messerich, Hailey 10	2) Feller, Kelsey 10		
3) Kilburg, Sara 09	4) Huerta, Kimberly 12		
16 Nwood-Kensett	1:50.78	1	
1) Jorgensen, Taylor 10	2) Haberman, Terran 11		
3) Davidson, Hattie 12	4) Einertson, Josie 09		
17 Gehlen Cath, L	1:51.15	1	
1) Dickman, Abbie 10	2) Herbst, Elliotte 09		
3) Langel, Katelyn 09	4) Harpenau, Brooke 11		
18 Janesville	1:51.87	1	
1) Nielsen, Lilly 09	2) Liekweg, Lily 09		
3) Bengen, Alisa 09	4) Baker-Bruce, Briana 09		
19 Wayne, Corydon	1:51.90	1	
1) Hampton, Karna 12	2) Johnson, Nicole 12		
3) Fortune, Haylee 10	4) Austin, Demi 11		
20 Essex	1:51.98	3	
1) Mosley, Jescenia 11	2) Gray, Devan 11		
3) Johnson, Bethany 12	4) Martin, Daiton 10		
21 Tri-Center, N	1:52.18	1	
1) Hough, Anna 10	2) Eikenberry, Allison 11		
3) Fischer, Addy 09	4) Lehan, Brooklyn 12		
22 Manson NW Web	1:52.52	2	
1) Dolder, Michelle 12	2) Condon, Kourtney 12		
3) Herzberg, Gabbie 09	4) Herzberg, Cloie 11		
23 Lone Tree	1:53.01	1	
1) Jacque, Chloe 09	2) Sieverding, Elena 11		
3) Swails, Marisa 10	4) Doehrmann, Paige 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Girls 4x200 Meter Relay 1A

24 Lawton-Bronson	1:54.88	1
1) Fluent, Autumn 11		2) Miller, Gretchen 09
3) Wede, Jenna 11		4) Hunwardsen, Brooke 12

Girls 4x400 Meter Relay 1A

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State Record: * 3:58.28 5/19/2007 Valley Community Elgin, Valley
                  A Spain, M Moyle, M Metzger, K McCartney
All-Time: ! 3:48.39 5/23/2009 Sioux City, East, Sioux City,
                  S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School                                                    Prelims H#
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Preliminaries

1 Central, Elkader	4:06.76q	3
1) Funk, Ashley 11		2) Deitchler, Ciera 09
3) Wille, Mary Kate 09		4) Schroeder, Haley 12
2 West Hancock	4:09.43q	1
1) Smith, Brigid 10		2) Gonzalez, Maria 12
3) Hudspeth, Sydney 10		4) Hudspeth, Kaylee 11
3 Sioux Ctrl, SR	4:10.79q	3
1) Scharn, Nicole 12		2) Sievers, Jenny 11
3) Sylvester, Regan 10		4) Keune, Kenzie 12
4 Danville	4:10.93q	2
1) Luers, Kathryn 10		2) Speer, Mackenzie 10
3) Bauer, Alexis 10		4) Pfadenhauer, Alyssa 09
5 Jesup	4:12.71q	1
1) Mihm, Riley 09		2) Ciesielski, Ashlyn 12
3) Jensen, Alexis 09		4) Wall, Annika 11
6 Sidney	4:12.72q	3
1) Daffer, Jaden 09		2) Larsen, Lexy 12
3) Smith, Jaden 09		4) Daffer, Mackenzie 12
7 Mount Ayr	4:14.40q	1
1) Anderson, Bailey 10		2) Larsen, Macy 11
3) Hickman, Caylie 10		4)
8 Nwood-Kensett	4:14.97q	2
1) Christiansen, Calli 11		2) Duvall, Mackenzie 10
3) Einertson, Josie 09		4) Davidson, Hattie 12
9 New London	4:15.06	1
1) Allen, Brandi 12		2) Sutherland, Savannah 10
3) Schulte, Kenadi 12		4) McSorley, Carson 10
10 Turkey Val, JJ	4:15.89	3
1) Nymeyer, Sadie 11		2) Schuchhardt, Lydia 10
3) Martin, Stephanie 12		4) Reicks, Shelby 11
11 West Fork, S	4:15.92	1
1) Shupe, Maddison 11		2) Bray, Lexi 11
3) Weaver, McKenna 09		4) Weaver, Cailey 12
12 Cent Lyon, RR	4:16.44	3
1) Snyder, Carly 11		2) Witt, Makayla 10
3) Roskam, Becca 11		4) Ramsey, Lexie 10
13 St. Edmond, FD	4:16.83	3
1) Flattery, Erin 09		2) Landwehr, Abby 09
3) Reel, Madi 12		4) Flattery, Megan 11
14 HM-Sanborn	4:16.86	2
1) Riedemann, Jennie 09		2) Sonich, Alexis 11

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x400 Meter Relay 1A**

3) Ney, Abigail 10	4) Unrau, Danielle 10		
15 Bishop Garrigan	4:17.65	1	
1) Miller, Livia 10	2) Thul, Emma 09		
3) Boelter, Jenna 10	4) Altman, Alisa 10		
16 Ridge View	4:17.70	2	
1) Todd, Paige 10	2) Else, Emerson 09		
3) Hansen, Abbi 09	4) Dutler, Kinzey 09		
17 N Linn, TM	4:17.73	1	
1) Mertens, Syndey 10	2) Rawson, Cassie 12		
3) Anderson, Emily 10	4) Woods, Madisyn 10		
18 Midland, Wyoming	4:19.73	2	
1) Dusanek, Emma 09	2) Andresen, Rylee 12		
3) Folkers, Jaelynn 11	4) Jensen, Drew 09		
19 Lisbon	4:20.07	2	
1) Wright, Rony 12	2) Morningstar, Marie 11		
3) Morningstar, Maddie 10	4) Happel, Reegan 09		
20 Maple Valley-A-O	4:24.45	2	
1) Wolf, Karlee 11	2) McKibben, JoHannah 10		
3) Gosch, Emily 09	4) Lansink, Brenna 10		
21 Audubon	4:25.62	3	
1) Sauers, Taylor 10	2) Konkler, Katie 11		
3) Obermeier, Sydney 11	4) Sporrer, Kiara 12		
22 Nashua-Plainfld	4:26.49	1	
1) Bienemann, Brianna 09	2) Sinnwell, Emma 10		
3) Cerwinske, Kaylee 10	4) Kapping, Morgan 10		
23 Iowa Valley, M	4:26.58	2	
1) McMann, Molly 09	2) Sims, Chandler 12		
3) Ward, Cherisse 10	4) Ward, Marissa 12		
24 Gehlen Cath, L	4:29.40	3	
1) Schnepf, Krayton 12	2) Schroeder, Paris 12		
3) Langel, Katelyn 09	4) Dickman, Abbie 10		

Girls 4x400 Meter Relay 1A

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=====
State Record: * 3:58.28 5/19/2007 Valley Community Elgin, Valley Com
                A Spain, M Moyle, M Metzger, K McCartney
All-Time: ! 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
                S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School                                     Finals Points
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Finals

1 Central, Elkader	4:02.56	10
1) Funk, Ashley 11	2) Deitchler, Ciera 09	
3) Wille, Mary Kate 09	4) Schroeder, Haley 12	
2 West Hancock	4:06.22	8
1) Smith, Brigid 10	2) Gonzalez, Maria 12	
3) Hudspeth, Sydney 10	4) Hudspeth, Kaylee 11	
3 Sioux Ctrl, SR	4:09.08	6
1) Keune, Kenzie 12	2) Sievers, Jenny 11	
3) Scharn, Nicole 12	4) Sylvester, Regan 10	
4 Danville	4:10.87	5
1) Luers, Kathryn 10	2) Speer, Mackenzie 10	
3) Bauer, Alexis 10	4) Pfadenhauer, Alyssa 09	
5 Nwood-Kensett	4:12.76	4

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x400 Meter Relay 1A

1) Einertson, Josie 09	2) Duvall, Mackenzie 10		
3) Christiansen, Calli 11	4) Davidson, Hattie 12		
6 Sidney		4:12.93	3
1) Daffer, Jaden 09	2) Larsen, Lexy 12		
3) Smith, Jaden 09	4) Daffer, Mackenzie 12		
7 Jesup		4:13.68	2
1) Mihm, Riley 09	2) Ciesielski, Ashlyn 12		
3) Jensen, Alexis 09	4) Wall, Annika 11		
8 Mount Ayr		4:17.85	1
1) Anderson, Bailey 10	2) Larsen, Macy 11		
3) Hickman, Caylie 10	4) Klomhaus, Keirston 09		

Girls 4x800 Meter Relay 1A

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 State Record: * 9:28.33 5/17/2007 Valley Community Elgin, Valley Commu
 A Spain, M Moyle, D Bushman, K McCartney
 All-Time: ! 9:09.09 2001 Iowa City West, Iowa City West
 School Finals H# Points
 =====

1 Central, Elkader		9:44.69	2	10
1) Funk, Ashley 11	2) Deitchler, Ciera 09			
3) Asche, Emily 12	4) Schroeder, Haley 12			
2 Sioux Ctrl, SR		9:52.26	2	8
1) Scharn, Nicole 12	2) Sievers, Jenny 11			
3) Smith, Shera 10	4) Sylvester, Regan 10			
3 Jesup		9:52.84	2	6
1) Wall, Annika 11	2) Mihm, Riley 09			
3) Wilberding, Kylie 10	4) Treptow, Emily 09			
4 Maple Valley-A-O		9:56.47	1	5
1) Todd, Morgan 11	2) Wolf, Karlee 11			
3) McKibben, JoHannah 10	4) Fundermann, Emalee 12			
5 West Fork, S		9:59.75	2	4
1) Weaver, McKenna 09	2) Rowe, Maya 12			
3) Shupe, Maddison 11	4) Weaver, Cailey 12			
6 N Linn, TM		10:04.65	2	3
1) Mertens, Syndey 10	2) Syverson, Lucy 11			
3) Falconer, Jackie 12	4) Woods, Madisyn 10			
7 AGWSR		10:09.93	2	2
1) Fisher, Aubrie 09	2) Brandt, Maddie 11			
3) Bakker, Haley 10	4) Lippert, Bethany 11			
8 Turkey Val, JJ		10:14.99	2	1
1) Martin, Stephanie 12	2) Busta, Emily 10			
3) Nymeyer, Sadie 11	4) Reicks, Shelby 11			
9 Griswold		10:16.20	2	
1) Marshall, Jessica 12	2) Rush, Payton 12			
3) Adams, Charli 09	4) Young, Anna 10			
10 St. Albert, CB		10:18.30	2	
1) Carley, Alyssa 12	2) Genereux, Clara 10			
3) Sykes, Sophie 10	4) Springman, Gracie 09			
11 Edgewd-Colesburg		10:18.44	1	
1) Clinton, Ashley 11	2) Bergan, Delaney 09			
3) Zieser, Megan 11	4) Fannon, Morgan 11			
12 New London		10:21.01	1	
1) Schulte, Kenadi 12	2) Smyth, Ashlee 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x800 Meter Relay 1A**

3) Sutherland, Savannah 10	4) McSorley, Carson 10		
13 Tripoli	10:24.27	1	
1) Heller, Keely 12	2) Lang, Kiley 10		
3) Stumme, Jenn 11	4) Bobst, Sadie 09		
14 Cent Lyon, RR	10:26.38	2	
1) Iwen, Madisen 09	2) Elbert, Maddie 11		
3) Ramsey, Lexie 10	4) Witt, Makayla 10		
15 Central City	10:29.21	1	
1) Staal, Janelle 09	2) Cruise, Monica 11		
3) Uhlenkamp, Sariann 09	4) Uhlenkamp, Samantha 11		
16 CAM, Anita	10:30.54	2	
1) Holaday, Katlyn 11	2) Gettler, Madison 09		
3) Cross, Mackenzie 12	4) Dinkla, Lindsey 12		
17 Audubon	10:34.26	1	
1) Sporrer, Kiara 12	2) Stevens, Anna 09		
3) Burban, Dana 12	4) Konkler, Katie 11		
18 Riverside, O	10:34.99	1	
1) Kallsen, Jacey 10	2) Murphy, Sydney 10		
3) Post, Alexis 09	4) Smith, Lillian 11		
19 North Iowa, BC	10:37.23	1	
1) Melz, Kendall 11	2) Schutter, Rachel 10		
3) Hovland, Brooke 12	4) Davis, Megan 12		
20 Mount Ayr	10:37.84	1	
1) Glendenning, Blair 11	2) Martin, Ryann 09		
3) Haley, Breanne 11	4) Larsen, Macy 11		
21 Iowa Valley, M	10:39.84	1	
1) Ward, Cherisse 10	2) Mattison, RyAnn 11		
3) McMann, Molly 09	4) Smith, Elizabeth 11		
22 Springville	10:40.29	1	
1) Hanshaw, Kylie 10	2) Johnson, Sami 10		
3) Gloeckner, Katelyn 11	4) Dlouhy, Olivia 11		
23 Essex	10:50.46	1	
1) Leininger, Kelsi 10	2) Lindburg, Abbie 10		
3) Jensen, Shea 12	4) Gray, Devan 11		
24 Nashua-Plainfld	10:52.89	2	
1) Bienemann, Aubry 12	2) Sinnwell, Emma 10		
3) Cerwinske, Kaylee 10	4) Eick, Kaylee 11		

Girls 800 Sprint Medley 1A

=====						
State Record: *	1:48.80	5/23/2015	Hudson, Hudson			
			L Kolterman, A Mosley, D Reicherts, M Bell			
All-Time: !	1:44.89	2015	Pleasant Valley, Pleasant Valley			
School			Finals	H#	Points	
=====						
1	Central, Elkader	1:51.09	3	10		
	1) Lenth, Gabrielle 10	2) Asche, Emily 12				
	3) Wille, Mary Kate 09	4) Schroeder, Haley 12				
2	West Hancock	1:51.89	3	8		
	1) Hammer, Faith 11	2) Leerar, Kelly 10				
	3) Smith, Brigid 10	4) Hudspeth, Kaylee 11				
3	Guthrie Center	1:52.10	3	6		
	1) Smith, Mady 10	2) Rumelhart, Rachel 11				
	3) Foentes, Jennifer 12	4) Fuller, Savana 09				

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Girls 800 Sprint Medley 1A

4 Danville	1:52.26	3	5	
1) Grothe, Grace 10		2) Bauer, Alexis 10		
3) Speer, Mackenzie 10		4) Pfadenhauer, Alyssa 09		
5 Sidney	1:52.60	3	4	1:52.592
1) Daffer, Jaden 09		2) Strickler, Lindie 11		
3) Larsen, Lexy 12		4) Daffer, Mackenzie 12		
6 Clayton Ridge	1:52.60	2	3	1:52.595
1) Tujetsch, Morgan 10		2) Palmer, Taylor 10		
3) Heitman, Haley 10		4) Staebler, Jaderial 11		
7 B-G-M, Brook	1:53.10	3	2	
1) King, Brianna 12		2) Fiebelkorn, McKenna 12		
3) Kriegel, Lyla 10		4) Kriegel, Jolissa 12		
8 Sioux Ctrl, SR	1:53.32	3	1	
1) Salmeron, Alyssa 11		2) Tripp, Demi 11		
3) Nims, Makayla 10		4) Sylvester, Regan 10		
9 North Union	1:53.62	3		
1) Valvick, Alexis 11		2) Mullen, Kyarsten 11		
3) Hardman, Makayla 12		4) Marlow, Olivia 11		
10 Wapsie Val, F	1:54.11	2		
1) Kayser, Maria 10		2) Risse, Hanna 11		
3) Saulsberry, Kierra 12		4) Buzynski, Abby 11		
11 Janesville	1:54.58	2		
1) Nielsen, Lilly 09		2) Dodd, London 11		
3) Baker-Bruce, Briana 09		4) Liekweg, Lily 09		
12 St. Edmond, FD	1:54.64	1		
1) Koenig, Joeli 11		2) Flattery, Erin 09		
3) Reel, Madi 12		4) Flattery, Megan 11		
13 Mount Ayr	1:54.72	1		
1) Hickman, Caylie 10		2) Johnson, Alyssa 10		
3) Klommhaus, Keirston 09		4) Anderson, Bailey 10		
14 N Linn, TM	1:54.91	1		
1) Mertens, Syndey 10		2) Newbauer, Kayla 12		
3) Tull, Ashley 10		4) Woods, Madisyn 10		
15 Bishop Garrigan	1:55.64	2		
1) Miller, Livia 10		2) Altman, Alisa 10		
3) Vaske, Johanna 12		4) Boelter, Jenna 10		
16 Tri-Center, N	1:56.00	1		1:55.992
1) Manhart, Jill 11		2) Fischer, Addy 09		
3) Lehan, Brooklyn 12		4) Dahir, Lilly 09		
17 Nashua-Plainfld	1:56.00	2		1:55.993
1) Reams, Genevieve 11		2) Eggers, Kaylee 12		
3) Weiss, Dallas 12		4) Fisher, Briley 12		
18 Manson NW Web	1:56.07	1		
1) Dolder, Michelle 12		2) Wubben, Emily 12		
3) Condon, Kourtney 12		4) Herzberg, Cloie 11		
19 Bedford	1:56.10	2		
1) Jackson, McKenzie 12		2) Calfee, Callie 12		
3) O'Dell, Elissa 11		4) Mogler, Charissa 11		
20 Lawton-Bronson	1:56.41	2		
1) Verzani, Ali 12		2) Wede, Jenna 11		
3) Flammang, Lindsey 11		4) Hunwardsen, Brooke 12		
21 Springville	1:56.78	1		
1) Wagaman, Megan 09		2) Kane, Nichole 09		
3) Menster, Rylee 10		4) Wagaman, Madi 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Girls 800 Sprint Medley 1A

22 Cent Lyon, RR	1:57.31	1
1) Pedersen, Elyse 10	2) Boer, Ashley 11	
3) Roskam, Becca 11	4) Ramsey, Lexie 10	
23 Alburnett	1:58.93	1
1) Volesky, Kylie 09	2) Comried, Remington 09	
3) Schuchmann, Maddy 09	4) Osborn, Madison 09	
24 Iowa Valley, M	2:00.59	2
1) Kavanh, Sarah 12	2) Sims, Chandler 12	
3) Ward, Cherisse 10	4) Ward, Marissa 12	

Girls Distance Medley 1A

=====						
State Record: *	4:05.37	5/18/2007	North Tama Traer, North Tama T			
			B Dinsdale, M Halupnick, S Stoakes, B Dinsdale			
All-Time: !	3:59.48	2016	Assumption, Assumption			
School				Finals	H#	Points
=====						
1 Maple Valley-A-O	4:12.50	3	10			
1) McKibben, JoHannah 10	2) Wolf, Karlee 11					
3) Todd, Morgan 11	4) Fundermann, Emalee 12					
2 Nodaway Vall	4:19.33	2	8			
1) Marnin, Sadie 10	2) Scheel, Rachel 11					
3) Lundy, Kenna 12	4) Scar, Destiny 12					
3 East Mills	4:20.83	3	6			
1) Williams, Madison 09	2) Duysen, Emmy 11					
3) Courtier, Zena 11	4) Schraft, Janette 09					
4 C-Wheatland	4:22.35	3	5			
1) Diericks, Jaelyn 12	2) Elvert, Grace 09					
3) Koester, Dana 12	4) Cray, Nina 12					
5 N Linn, TM	4:23.41	3	4			
1) Ingwersen, Abbey 12	2) Newbauer, Kayla 12					
3) Woods, Madisyn 10	4) Mertens, Syndey 10					
6 Cent Lyon, RR	4:24.47	1	3			
1) Roskam, Becca 11	2) Yeakel, Callie 09					
3) Witt, Makayla 10	4) Ramsey, Lexie 10					
7 IKM-Manning	4:24.94	2	2			
1) Stadlander, Aly 11	2) Cadwell, Gabby 09					
3) Sporrer, Payton 10	4) Sporrer, Shyanne 10					
8 Colfax-Mingo	4:25.05	1	1			
1) Albright, Jessica 12	2) Tjaden, McKinzie 12					
3) Wilson, Ries 10	4) Hostetter, Dakota 11					
9 Jesup	4:26.24	1				
1) Ciesielski, Ashlyn 12	2) Mihm, Riley 09					
3) Jensen, Alexis 09	4) Treptow, Emily 09					
10 Edgewd-Colesburg	4:28.21	2				
1) Carithers, Chloe 11	2) Tibbott, Allison 09					
3) Voss, Erica 09	4) Hess, Hanna 11					
11 WB-Mallard	4:28.23	1				
1) Mogler, Autumn 10	2) Schmidt, Trissa 10					
3) Gehrt, Isabell 09	4) Zaugg, Anna 12					
12 New London	4:28.46	3				
1) Christensen, Jade 11	2) Sutherland, Savannah 10					
3) McSorley, Carson 10	4) Schulte, Kenadi 12					
13 Tri-Center, N	4:28.47	3				

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls Distance Medley 1A**

1) Lehan, Brooklyn 12	2) Eikenberry, Allison 11		
3) Chapman, Courtney 11	4) Dahir, Lilly 09		
14 North Butler		4:28.50	2
1) Christensen, Darby 10	2) Niedert, Callie 11		
3) Arjes, Morgan 10	4) Derdzinski, Isabel 12		
15 Seymour		4:28.57	1
1) Hinnners, Hannah 09	2) Reed, Jacinda 09		
3) Cassie, Graham 11	4) Jellison, Acey 09		
16 West Fork, S		4:30.25	3
1) Hansen, Ciara 10	2) Jones, Lexi 10		
3) Clausen, Hailey 10	4) Shupe, Maddison 11		
17 Bishop Garrigan		4:31.31	2
1) Bormann, Sam 11	2) Behr, Gracie 11		
3) Thul, Emma 09	4) Boelter, Jenna 10		
18 St. Albert, CB		4:31.37	3
1) Niesen, Khloe 10	2) Pearce, Kaitlyn 12		
3) Genereux, Clara 10	4) Carley, Alyssa 12		
19 Tripoli		4:31.45	1
1) Harms, Ali 11	2) Bobst, Sadie 09		
3) Drewis, Kennedy 10	4) Heller, Keely 12		
20 Nwood-Kensett		4:31.68	2
1) Sledge, Tyra 11	2) Christiansen, Calli 11		
3) Duvall, Mackenzie 10	4) Einertson, Josie 09		
21 English Valleys		4:32.89	1
1) Fisher, Isabella 09	2) Schneider, Isabel 09		
3) Warwick, Alyson 09	4) Greene, Hannah 11		
22 AGWSR		4:33.14	2
1) Hunt, Carrinton 09	2) Johnson, Addison 11		
3) Gast, Katie 12	4) Fisher, Aubrie 09		
23 Turkey Val, JJ		4:33.24	2
1) Schuchhardt, Lydia 10	2) Reicks, Cassidy 10		
3) Reicks, Shelby 11	4) Martin, Stephanie 12		
24 Woodbine		4:34.45	1
1) Watkins, Cheyenne 11	2) Gullickson, Ashley 11		
3) Payne, Katie 12	4) Armstrong, Kaelin 09		

Girls 4x100 Meter Shuttle Hurdle 1A

=====			
State Record: *	1:05.44	5/17/2012	Gehlen Cath, L, Gehlen Cath K Langel, N Ryan, M Whitehead, S Rohe
All-Time: !	1:01.26	5/21/2016	Pleasant Valley, Pleasant Val E Drees, M Smith, E Kamm, M Rouw
School			Prelims H#
=====			

Preliminaries

1 Belle Plaine		1:06.80q	1
1) Straight, Morgan 12	2) Mantz, Kenzie 09		
3) Boots, Macie 09	4) Murray, Shannon 11		
2 Sioux Ctrl, SR		1:07.81q	5
1) Strohmeyer, Erin 10	2) Boettcher, Dannielle 10		
3) Nims, Makayla 10	4) Keune, Kenzie 12		
3 BCLUW		1:09.52q	2
1) Lutes, Nicole 12	2) Paper, Bobbi 12		
3) Hughes, Olivia 09	4) Willett, Jenna 11		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x100 Meter Shuttle Hurdle 1A**

4 Logan-Magnolia	1:09.79q	5	
1) Readman, Anna 12			2) Wilson, Megan 10
3) Straight, Abby 12			4) Cunard, Makenzie 10
5 Nashua-Plainfld	1:09.90q	3	
1) Eggers, Kaylee 12			2) Bienemann, Brianna 09
3) Lumley, Abby 11			4) Weiss, Dallas 12
6 Bishop Garrigan	1:09.95q	4	
1) Miller, Livia 10			2) Miller, Avriel 12
3) Hall, Olivia 10			4) Vaske, Johanna 12
7 Fremont-Mills	1:10.15q	6	
1) Hauschild, Bailey 10			2) Gartner, Mckayla 09
3) Fichter, Kynzie 11			4) Schaaf, Clara 10
8 North Union	1:10.71q	6	
1) Mullen, Kyarsten 11			2) Engelby, Emma 12
3) Rolling, Maddie 09			4) Rolling, Sarah 12
9 Wayne, Corydon	1:11.10	2	
1) Hampton, Karna 12			2) Tilley, Raegan 09
3) Norris, Sarah 11			4) Andrews, Bailey 12
10 Audubon	1:11.12	1	
1) Hagedorn, Madison 12			2) Burban, Dana 12
3) Obermeier, Sydney 11			4) Schultes, Kaitlin 11
11 Colo-Nesco	1:11.75	5	
1) Brinkman, Angela 11			2) Stalzer, Grace 11
3) Vincent, Faith 09			4) Riese, Hallie 11
12 N Linn, TM	1:12.13	5	
1) Klendworth, Abby 12			2) Zumbach, Rachel 11
3) Aberle, Rebecca 11			4) Rawson, Mandy 12
13 Griswold	1:12.47	4	
1) Backhaus, Mandi 11			2) Freund, Jeana 12
3) Boucher, Hannah 10			4) Marshall, Jessica 12
14 East Union, A	1:12.68	1	1:12.672
1) Weis, Mara 11			2) McFee, Sidney 10
3) Gossman, Callie 09			4) Eckels, Olivia 10
15 Central, Elkader	1:12.68	3	1:12.678
1) Berg, Rachel 12			2) Dennler, Ariel 10
3) Funk, Ashley 11			4) Tuecke, Anna 12
16 Woodbine	1:12.76	6	
1) Nelson, Abby 10			2) Klaahsen, Chelsea 11
3) Watkins, Cheyenne 11			4) Matusik, Kerstyn 10
17 WACO, Waylnd	1:12.98	4	
1) White, McKenna 11			2) Kissell, Halle 11
3) Miller, Kiana 10			4) Sutton, Kasey 11
18 North Iowa, BC	1:13.10	3	
1) Hasebroek, Rachel 11			2) Schutter, Krista 10
3) Richter, Mariah 11			4) Main, Sydney 12
19 Stanton	1:13.94	2	
1) Focht, Ally 11			2) Franzen, Madison 10
3) Adams, Abbi 10			4) Weis, Chelsea 11
20 HM-Sanborn	1:15.84	2	
1) Brinkman, Summer 10			2) Sonich, Alexis 11
3) Shockley, Regan 12			4) Japenga, Olivia 10
21 Manson NW Web	1:17.24	1	
1) Herzberg, Cloie 11			2) Grady, Ashlee 11
3) Condon, Kourtney 12			4) Michalski, Savannah 09

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x100 Meter Shuttle Hurdle 1A

- Nwood-Kensett DQ 6
 - 1) Cotter, Tegan 11
 - 2) Jorgensen, Taylor 10
 - 3) Low, Shelby 12
 - 4) Davis, Jacie 09
- Gehlen Cath, L DQ 4
 - 1) Mayer, Kayla 10
 - 2) Langel, Katelyn 09
 - 3) Harpenau, Brooke 11
 - 4) Kessenich, Jill 12
- Sigourney DQ 3
 - 1) Barthelman, Autum 10
 - 2) Magill, Sloane 09
 - 3) Carter, Leah 10
 - 4) Schroeder, Allison 11

Girls 4x100 Meter Shuttle Hurdle 1A

=====
 State Record: * 1:05.44 5/17/2012 Gehlen Cath, L, Gehlen Cath
 K Langel, N Ryan, M Whitehead, S Rohe
 All-Time: ! 1:01.26 5/21/2016 Pleasant Valley, Pleasant Val
 E Drees, M Smith, E Kamm, M Rouw

School	Finals	H#	Points
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Finals			
1	Sioux Ctrl, SR	1:06.86	2 10
	1) Strohmyer, Erin 10	2) Boettcher, Dannielle 10	
	3) Nims, Makayla 10	4) Keune, Kenzie 12	
2	Belle Plaine	1:07.01	2 8
	1) Straight, Morgan 12	2) Mantz, Kenzie 09	
	3) Boots, Macie 09	4) Murray, Shannon 11	
3	BCLUW	1:08.21	2 6
	1) Lutes, Nicole 12	2) Paper, Bobbi 12	
	3) Hughes, Olivia 09	4) Willett, Jenna 11	
4	Nashua-Plainfld	1:09.07	1 5
	1) Eggers, Kaylee 12	2) Bienemann, Brianna 09	
	3) Lumley, Abby 11	4) Weiss, Dallas 12	
5	Fremont-Mills	1:09.54	1 4
	1) Hauschild, Bailey 10	2) Gartner, Mckayla 09	
	3) Fichter, Kynzie 11	4) Schaaf, Clara 10	
6	Bishop Garrigan	1:09.58	1 3
	1) Miller, Livia 10	2) Miller, Avriel 12	
	3) Hall, Olivia 10	4) Vaske, Johanna 12	
7	Logan-Magnolia	1:10.14	2 2
	1) Readman, Anna 12	2) Wilson, Megan 10	
	3) Straight, Abby 12	4) Cunard, Makenzie 10	
8	North Union	1:13.47	1 1
	1) Mullen, Kyarsten 11	2) Engelby, Emma 12	
	3) Rolling, Maddie 09	4) Rolling, Sarah 12	

Girls High Jump 1A

=====
 State Record: * 5-08.25 5/18/2012 Chaley Rath, Treynor
 All-Time: ! 6-01 2010 Hannah Willms, Dike-New Hartford

Name	Year	School	Finals	Points
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=====

1	Gonzalez, Maria	12 West Hancock	5-04.00	1.62m 10
2	Jones, Lexi	10 West Fork, S	5-03.00	1.60m 8
3	Ward, Marissa	12 Iowa Valley, M	J5-03.00	1.60m 6
4	Johnson, Nicole	12 Wayne, Corydon	5-01.00	1.54m 5

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls High Jump 1A

5	Boothe, Raegan	09	Central Decatur	J5-01.00	1.54m	4
6	Staudt, Alyssa	11	Rockford	J5-01.00	1.54m	3
7	Rawson, Mandy	12	N Linn, TM	J5-01.00	1.54m	1.50
7	Atwood, Emma	09	Central Decatur	J5-01.00	1.54m	1.50
9	Sonich, Alexis	11	HM-Sanborn	4-11.00	1.49m	
9	Kuhn, Alyssa	12	Bedford	4-11.00	1.49m	
11	Speer, Mackenzie	10	Danville	J4-11.00	1.49m	
12	Tuecke, Anna	12	Central, Elkader	J4-11.00	1.49m	
13	Wilson, Ries	10	Colfax-Mingo	4-09.00	1.44m	
13	Shields, MacKenzie	09	Mount Ayr	4-09.00	1.44m	
13	Lippert, Bethany	11	AGWSR	4-09.00	1.44m	
13	Burgardt, Sydney	10	West Hancock	4-09.00	1.44m	
17	Schuchmann, Maddy	09	Alburnett	J4-09.00	1.44m	
18	Eikenberry, Allison	11	Tri-Center, N	J4-09.00	1.44m	
18	Pester, Jordyn	10	Charter Oak-Ute	J4-09.00	1.44m	
20	Obermeier, Sydney	11	Audubon	J4-09.00	1.44m	
21	Gatton, Riley	09	Montezuma	J4-09.00	1.44m	
21	Fluent, Autumn	11	Lawton-Bronson	J4-09.00	1.44m	
23	Scott, Devyn	09	St. Edmond, FD	4-07.00	1.39m	
--	Morgan, Lavaway	11	Akron-Westfield	NH		

Girls Long Jump 1A

=====							
State Record: *		18-08.50	5/15/2008	Jennifer Jorgensen, Southeast We			
All-Time: !		19-10.25	2014	Lexus Lovan, Urbandale			
Name	Year	School	Finals	Wind		H#	Points
=====							
1	Gonzalez, Maria	12	West Hancock	18-04.00	NWI	5.58m	2 10
2	Vaske, Johanna	12	Bishop Garrigan	17-02.50	NWI	5.24m	2 8
3	Fortune, Haylee	10	Wayne, Corydon	16-08.25	NWI	5.08m	2 6
4	Barthelman, Summer	09	Sigourney	16-04.50	NWI	4.99m	1 5
5	Calfee, Callie	12	Bedford	16-04.25	NWI	4.98m	2 4
6	Happel, Reegan	09	Lisbon	16-02.75	NWI	4.94m	2 3
7	Stokes, Aly	09	Highland, R	16-02.00	NWI	4.92m	1 2
8	Liekweg, Lily	09	Janesville	16-01.25	NWI	4.90m	1 1
9	Menster, Rylee	10	Springville	15-11.50	NWI	4.86m	2
10	Pearce, Kaitlyn	12	St. Albert, CB	15-10.50	NWI	4.83m	2
11	Schaaf, Clara	10	Fremont-Mills	15-09.50	NWI	4.81m	1
12	Osborn, Madison	09	Alburnett	15-09.25	NWI	4.80m	2
13	Staebler, Jaderial	11	Clayton Ridge	15-08.00	NWI	4.77m	1
14	Todd, Paige	10	Ridge View	15-06.50	NWI	4.73m	1
15	Ericson, Abbie	10	W Sioux Hwardn	J15-06.50	NWI	4.73m	1
16	Tahahwah, Grace	11	Meskwaki Settle	15-05.75	NWI	4.71m	1
17	Willett, Jenna	11	BCLUW	15-04.25	NWI	4.67m	1
18	Heck, Sarah	11	CR-Bayard	15-02.50	NWI	4.63m	1
19	Ward, Cherisse	10	Iowa Valley, M	15-01.50	NWI	4.61m	2
20	Danner, Emilee	09	Ar-We-Va, W	15-00.75	NWI	4.59m	1
21	Straight, Kylan	10	Logan-Magnolia	14-08.00	NWI	4.47m	2
22	Weaver, Mika	12	Lenox	14-07.25	NWI	4.45m	1
23	Straight, Morgan	12	Belle Plaine	14-02.25	NWI	4.32m	2
24	Moellers, Gabrielle	10	Starmont	13-06.50	NWI	4.12m	2

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Girls Shot Put 1A**

=====						
State Record: * 42-01.25 5/19/2011 NiCole Dobernecker, Chtr Oak-Ute						
All-Time: ! 53-03.50 1992 Paulette Mitchell, Council Bluffs AL						
Name	Year	School	Finals		H#	Points
=====						
1	Goeller, Mackenzie	10	Wapsie Val, F	40-02.25	12.24m	2 10
2	Uppena, Libertie	11	Midland, Wyoming	39-04.25	11.99m	1 8
3	Thilges, Caitlin	10	Bishop Garrigan	38-06.50	11.74m	2 6
4	Krueger, Becca	11	Manson NW Web	38-00.75	11.60m	2 5
5	Wagner, Jadin	11	Lawton-Bronson	37-04.00	11.37m	2 4
6	Sievers, Mallory	12	Newell-Fonda	37-02.75	11.34m	2 3
7	Chizek, Emma	12	West Hancock	36-07.75	11.16m	1 2
8	Ettleman, Delaney	10	Logan-Magnolia	36-06.50	11.13m	2 1
9	Frazier, Rachel	12	AGWSR	35-09.25	10.90m	1
10	Marr, Abby	09	Riceville	35-07.50	10.85m	2
11	Fitzpatrick, Haley	09	Edgeview-Colesburg	35-06.00	10.82m	2
12	Verzani, Ali	12	Lawton-Bronson	35-02.25	10.72m	1
13	Bratrud, Dusti	10	Nwood-Kensett	35-00.50	10.68m	2
14	Heeren, Nicole	10	North Butler	34-08.75	10.58m	2
15	Hamlett, Vanessa	09	Starmont	34-08.50	10.57m	1
16	Phillips, Sophie	09	Fremont-Mills	33-10.75	10.33m	2
17	Wiese, Megan	12	Ridge View	J33-10.75	10.33m	1
18	McDermott, Madison	09	Guthrie Center	33-06.50	10.22m	1
19	Corkery, Alyssa	11	Don Bosco, G	33-00.00	10.05m	1
20	Winemiller, Sara	10	Mount Ayr	32-00.00	9.75m	1
21	Haag, Tristan	11	HM-Sanborn	31-01.25	9.48m	1
22	Urbanek, Mackinze	12	Belle Plaine	30-03.50	9.23m	1
23	Hinh, Mayme	11	WACO, Waylnd	29-11.25	9.12m	1

Girls Discus Throw 1A

=====						
State Record: * 137-11 2004 Wendy Ausdemore, Tri-Center						
All-Time: ! 179-07 2014 Kiana Phelps, KP-WC						
Name	Year	School	Finals		H#	Points
=====						
1	Goeller, Mackenzie	10	Wapsie Val, F	134-10	41.09m	2 10
2	Leisinger, Kirsten	12	Charter Oak-Ute	131-11	40.20m	2 8
3	Wood, Taylor	12	Manson NW Web	119-07	36.44m	1 6
4	Murray, Lauren	11	Hudson	119-06	36.42m	2 5
5	Fleecs, Anna	12	Glidden-Ralston	119-03	36.34m	2 4
6	Thilges, Caitlin	10	Bishop Garrigan	118-03	36.04m	1 3
7	Rasmussen, Hope	11	Cent Lyon, RR	116-11	35.63m	2 2
8	Corkery, Alyssa	11	Don Bosco, G	116-03	35.43m	2 1
9	Wiese, Megan	12	Ridge View	114-00	34.74m	2
10	Landers, Haley	12	North Butler	111-07	34.01m	2
11	Phillips, Maryn	11	Sidney	111-05	33.95m	2
12	Sherwood, Kylie	10	Martndsl-StMarys	110-10	33.78m	2
13	Krueger, Becca	11	Manson NW Web	105-03	32.08m	1
14	Frasher, Kaytlyn	12	N Linn, TM	104-10	31.95m	1
15	Bauer, Kadie	11	South O'Brien, P	103-06	31.54m	1
16	Marr, Abby	09	Riceville	101-03	30.86m	2
17	Bratrud, Dusti	10	Nwood-Kensett	98-11	30.14m	1
18	McDermott, Madison	09	Guthrie Center	98-08	30.07m	1
19	Phillips, Sophie	09	Fremont-Mills	95-09	29.18m	1
20	Beachy, Emma	10	Ia Mennonite	94-07	28.82m	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

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Results

....Girls Discus Throw 1A

21	Haley, Rhiannon	10	Colfax-Mingo	93-01	28.37m	1
22	Green, Lauren	11	Charter Oak-Ute	J93-01	28.37m	2
23	Cooper, Kendra	10	Kee, Lansing	83-04	25.40m	1

Girls 100 Meter Dash 2A

=====						
State Record:	*	12.14	5/21/2015	Natalie Halfman,	Saint Ansgar	
All-Time:	!	11.50	1985	Natasha Kaiser,	Des Moines Roosevelt	
Name		Year	School	Prelims	Wind	H#
=====						

Preliminaries

1	Funke, Morgan	10	Beckman, D	12.91q	-2.9	3
2	Kester, Keaton	10	Earlham	12.92q	-1.7	1
3	Crock, Alyssa	12	Tipton	12.97q	-2.9	3
4	Allen, Krayton	10	Sumner-Fredrksbg	13.02q	-2.9	3
5	Santi, Rylan	10	Madrid	13.12q	-1.8	2 13.112
6	Navratil, Taylor	12	Central Sprngs	13.12q	-2.9	3 13.120
7	Birks, Allison	11	South Cent Cal	13.20q	-2.9	3
8	Linder, Kaylee	11	Pekin	13.24q	-1.7	1
9	Bonnet, Emma	11	Underwood	13.26	-1.8	2
10	Blongren, Meagan	09	Van Meter	13.27	-2.9	3
11	Gadient, Rachel	12	Monticello	13.28	-1.8	2
12	Hamaker, Augusta	11	Davis County, B	13.29	-1.8	2
13	Spencer, Toni	12	CMB, Baxter	13.36	-1.7	1
14	Wallis, Hailey	09	GCGR, Grundy	13.37	-1.7	1
15	Hillard, Lani	11	Louisa-Musc	13.38	-1.7	1
16	Tenge, Sadie	09	New Hampton	13.44	-1.7	1
17	Loesch, Ellie	09	S Winn, Calmar	13.51	-2.9	3
18	Rus, Taylor	10	W Christ, Hull	13.57	-1.7	1
19	Best, Cynthia	11	Clarinda	13.60	-1.8	2 13.596
20	Lizer, Jurane	12	Dike-NH	13.60	-1.8	2 13.600
21	Armstrong, Evie	09	Pella Christian	13.61	-1.8	2
22	Kruse, Hannah	09	W Lyon, Inwood	13.87	-2.9	3
23	Crichton, Peyton	11	Sibley-Ocheyedan	13.88	-1.7	1
--	Shepard, Mary	11	Albia	FS	-1.8	2

Girls 100 Meter Dash 2A

=====						
State Record:	*	12.14	5/21/2015	Natalie Halfman,	Saint Ansgar	
All-Time:	!	11.50	1985	Natasha Kaiser,	Des Moines Roosevelt	
Name		Year	School	Finals	Wind	Points
=====						

Finals

1	Kester, Keaton	10	Earlham	12.51	-0.9	10
2	Funke, Morgan	10	Beckman, D	12.76	-0.9	8
3	Santi, Rylan	10	Madrid	12.88	-0.9	6
4	Linder, Kaylee	11	Pekin	12.89	-0.9	5
5	Crock, Alyssa	12	Tipton	12.91	-0.9	4
6	Navratil, Taylor	12	Central Sprngs	12.93	-0.9	3
7	Allen, Krayton	10	Sumner-Fredrksbg	12.96	-0.9	2
8	Birks, Allison	11	South Cent Cal	13.15	-0.9	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

Girls 200 Meter Dash 2A

=====
 State Record: * 24.49 5/21/2009 Hannah Willms, Dike-NH
 All-Time: ! 24.00 1975 Debbie Esser, Woodbine
 Name Year School Prelims Wind H#
 =====

Preliminaries

1	Garwood, Anna	11	Union, LaPorte C	25.85q	-0.1	3
2	Feenstra, Erika	11	W Christ, Hull	25.87q	-0.1	3
3	Hudson, Megan	11	Union, LaPorte C	26.01q	-0.4	2
4	Kester, Keaton	10	Earlham	26.11q	-2.9	1
5	Gadient, Rachel	12	Monticello	26.29q	-0.1	3
6	Funke, Morgan	10	Beckman, D	26.39q	-2.9	1
7	Santi, Rylan	10	Madrid	26.40q	-0.4	2
8	Hillard, Lani	11	Louisa-Musc	26.54q	-0.4	2
9	Crock, Alyssa	12	Tipton	26.55	-2.9	1
10	Nolte, Ivy	10	Apltn-Park	26.59	-0.1	3
11	Peschau, Lily	12	KP-WC	26.64	-0.4	2
12	Birks, Allison	11	South Cent Cal	26.68	-0.1	3
13	Hamaker, Augusta	11	Davis County, B	26.74	-0.1	3
14	Snitker, Madison	12	Waukon	26.84	-2.9	1
15	Bonnet, Emma	11	Underwood	26.89	-0.4	2
16	TeGrotenhuis, Katie	12	Sioux Center	26.96	-0.1	3
17	Blomgren, Meagan	09	Van Meter	26.99	-0.4	2
18	Navratil, Taylor	12	Central Sprngs	27.09	-0.4	2
19	Gourley, Emma	11	South Hardin	27.28	-2.9	1
20	Holbert, Sunkyu	12	Durant	27.40	-0.4	2
21	Linder, Kaylee	11	Pekin	27.45	-2.9	1
22	Rath, Alex	12	Mid-Prairie, W	27.68	-0.1	3
23	Whitman, Mi Kayla	12	Anamosa	27.80	-2.9	1
24	Boeye, Juhi	10	Red Oak	27.99	-2.9	1

Girls 200 Meter Dash 2A

=====
 State Record: * 24.49 5/21/2009 Hannah Willms, Dike-NH
 All-Time: ! 24.00 1975 Debbie Esser, Woodbine
 Name Year School Finals Wind Points
 =====

Finals

1	Kester, Keaton	10	Earlham	25.33	0.5	10
2	Garwood, Anna	11	Union, LaPorte C	25.60	0.5	8
3	Feenstra, Erika	11	W Christ, Hull	25.83	0.5	6
4	Hudson, Megan	11	Union, LaPorte C	25.88	0.5	5
5	Funke, Morgan	10	Beckman, D	25.96	0.5	4
6	Hillard, Lani	11	Louisa-Musc	25.99	0.5	3
7	Gadient, Rachel	12	Monticello	26.47	0.5	2
8	Santi, Rylan	10	Madrid	26.53	0.5	1

Girls 400 Meter Dash 2A

=====
 State Record: * 53.96 5/20/2010 Hannah Willms, Dike-NH
 All-Time: ! 53.96 5/20/2010 Hannah Willms, Dike-NH
 Name Year School Finals H# Points
 =====

1	Covey, Okasana	12	DSM Christian	57.19	3	10
2	Peterson, Lily	10	Alta/Aurelia	58.03	1	8

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Results

....Girls 400 Meter Dash 2A

3	Cripps, Kayla	09	W Marshall, SC	58.51	3	6
4	Bonnet, Emma	11	Underwood	58.75	3	5
5	Proesch, Grace	10	North Cedar, S	58.85	3	4
6	Gadient, Corinne	09	Monticello	59.52	3	3
7	Powell, Courtney	11	Union, LaPorte C	59.69	3	2
8	Feenstra, Erika	11	W Christ, Hull	59.77	3	1
9	Wagner, Hannah	11	Central Sprngs	59.78	3	
10	Drake, Kortney	09	Wilton	59.95	2	
11	Davis, Claire	12	Clarion-GD	1:00.29	2	
12	Nelson, Bailey	09	W Christ, Hull	1:00.45	2	
13	Turek, Mikayla	09	Unity Chrst, OC	1:00.52	2	
14	Yahnke, Allyssa	11	Davis County, B	1:00.66	2	
15	Parsons, Tiffany	10	Wapello	1:00.81	2	
16	Kemble, Devyn	10	Panorama, P	1:00.95	2	
17	Swenning, Grace	11	Regina, IC	1:01.86	1	
18	Franke, Maria	11	Central Sprngs	1:02.25	1	
19	Hurley, Bridget	12	CMB, Baxter	1:02.76	1	
20	Boeye, Juhi	10	Red Oak	1:03.05	2	
21	Dolphin, Lynsey	12	Cascade, WD	1:03.20	1	
22	Borgmeyer, Hailey	11	Lake Mills	1:03.83	1	
23	Hillard, Lani	11	Louisa-Musc	1:04.54	1	
24	Seehase, Jaydlin	11	Sumner-Fredrksbg	1:05.39	1	

Girls 800 Meter Run 2A

=====						
State Record: * 2:12.12 5/19/2007 Ashley Miller, Tipton						
All-Time: ! 2:07.35 2009 Shelby Houlihan, Sioux City East						
Name	Year	School	Finals	H#	Points	
=====						
1	Covey, Okasana	12	DSM Christian	2:12.62	2	10
2	Wright, Gwynne	12	Pekin	2:14.68	2	8
3	Friesen, Ellie	10	Osage	2:15.73	2	6
4	Gadient, Corinne	09	Monticello	2:15.74	2	5
5	Holub, Paige	10	Monticello	2:16.34	2	4
6	Winke, Jordan	11	Albia	2:16.81	2	3
7	Hostetler, Anna	10	Mid-Prairie, W	2:17.86	2	2
8	James, Noel	09	Treynor	2:19.41	2	1
9	Williams, Alyssa	12	Durant	2:20.28	1	
10	McDermott, Rebecca	11	Cascade, WD	2:21.61	2	
11	Cox, Cassie	09	North Cedar, S	2:22.17	1	
12	Putze, Suzanne	10	KP-WC	2:23.69	1	
13	Kremer, Alyssa	11	Bell/Marq	2:24.09	1	
14	Fye, Haley	12	E Marshall, L	2:24.64	1	
15	Bos, Jordan	11	Unity Chrst, OC	2:25.24	1	
16	Luke, Rachel	09	Earlham	2:25.95	2	
17	Stafford, Rachel	11	PCM, Monroe	2:25.96	2	
18	Weber, Macie	12	Cascade, WD	2:26.05	2	
19	Alberts, Kenzie	12	Clarion-GD	2:26.13	1	
20	Larson, Karley	10	Underwood	2:27.62	1	
21	Rohwer, Lauren	10	Alta/Aurelia	2:28.17	1	
22	Stokes, Lauren	12	Denver	2:29.64	1	
23	Stein, Mari	10	Okoboji, Milford	2:30.74	1	
24	Hasken, Carly	10	Northeast, GL	2:31.04	1	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Girls 1500 Meter Run 2A**

=====				
State Record: * 4:38.23 5/24/2014 Tiffany Christensen, Eagle Grove				
All-Time: ! 4:28.30 4/17/2010 Katie Flood, Dowling Cath				
Name	Year	School	Finals	Points
=====				
1	Hostetler, Anna	10 Mid-Prairie, W	4:38.96	10
2	Wright, Gwynne	12 Pekin	4:43.92	8
3	Winke, Jordan	11 Albia	4:45.09	6
4	Friesen, Ellie	10 Osage	4:46.01	5
5	Williams, Alyssa	12 Durant	4:47.83	4
6	Larson, Karley	10 Underwood	4:49.54	3
7	Mooberry, Megan	11 Osage	4:54.44	2
8	Kreiner, Josie	11 S Winn, Calmar	4:55.43	1
9	Gordon, Emma	10 Mediapolis	4:58.70	
10	Fye, Haley	12 E Marshall, L	4:59.82	
11	Putze, Suzanne	10 KP-WC	5:01.42	
12	Taylor, Felicity	10 S Winn, Calmar	5:04.41	
13	Kremer, Alyssa	11 Bell/Marq	5:05.22	
14	McDermott, Rebecca	11 Cascade, WD	5:06.57	
15	Luna, Haylee	12 Dike-NH	5:06.85	
16	Reeg, Camryn	10 Bell/Marq	5:06.87	
17	Knauss, Anneke	11 Unity Chrst, OC	5:07.24	
18	Allen, Morgan	12 Earlham	5:07.81	
19	Campbell, Claire	09 Shenandoah	5:09.20	
20	Oehlertz, Destini	12 Pocahon Area	5:10.48	
21	Rhomberg, Madeline	09 Cascade, WD	5:20.04	
22	Bechen, Kaylynne	10 KP-WC	5:20.89	
23	Stein, Mari	10 Okoboji, Milford	5:21.54	
24	Clark, Sydney	11 DSM Christian	5:23.42	

Girls 3000 Meter Run 2A

=====				
State Record: * 10:02.10 5/20/2010 Morgan Casey, Northeast/E				
All-Time: ! 9:27.25 5/20/2010 Katie Flood, Dowling Catholic				
Name	Year	School	Finals	Points
=====				
1	Williams, Alyssa	12 Durant	10:19.19	10
2	Friesen, Ellie	10 Osage	10:24.07	8
3	Hostetler, Anna	10 Mid-Prairie, W	10:24.42	6
4	Wright, Gwynne	12 Pekin	10:27.58	5
5	Mooberry, Megan	11 Osage	10:32.71	4
6	Larson, Karley	10 Underwood	10:39.70	3
7	Fye, Haley	12 E Marshall, L	10:52.02	2
8	Reeg, Camryn	10 Bell/Marq	10:55.85	1
9	Duncan, Emma	10 Anamosa	10:57.01	
10	Vonnahme, Jill	10 Pocahon Area	10:57.45	
11	Allen, Morgan	12 Earlham	11:17.75	
12	Bandstra, Erin	12 Unity Chrst, OC	11:17.89	
13	Campbell, Claire	09 Shenandoah	11:27.50	
14	Stokes, Caroline	10 Denver	11:33.05	
15	Schlarmann, Ellen	12 Monticello	11:37.88	
16	Kats, Kenedie	12 W Christ, Hull	11:41.24	
17	Schiernbeck, Madison	09 OA-BCIG	11:43.44	
18	Kelchen, Madison	09 Cascade, WD	11:43.74	
19	Ford, Kaylee	11 Wilton	11:44.18	

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....Girls 3000 Meter Run 2A

20 Teggatz, Patty	10 Hampton-Dumont	11:45.80
21 True, Allison	09 Southeast Valley	11:46.68
22 Jessen, Heather	11 CMB, Baxter	11:54.68
23 Willard, Jana	11 Eagle Grove	11:58.12
24 Kelchen, Kylie	12 Cascade, WD	12:00.08

Girls 100 Meter Hurdles 2A

=====					
State Record:	* 14.33	5/23/2009	Alex Gochenour,	Logan-Mag.	
All-Time:	! 13.90	4/13/2010	Alex Gochenour,	Logan-Mag.	
Name		Year School		Prelims	Wind H#
=====					

Preliminaries

1 Marcucci, Aleenah	12 Northeast, GL	15.05q	-2.2	1
2 Taylor, Karlie	12 Eddyvl-Blakes/F	15.49q	-1.9	2
3 Hudson, Megan	11 Union, LaPorte C	15.53q	-2.6	3
4 Tucker, Lisa	11 Cascade, WD	15.90q	-2.6	3
5 Whipple, Alexa	12 Roland-Story	16.09q	-2.6	3
6 Johnk, Morgan	09 Panorama, P	16.29q	-1.9	2
7 Brehm, Isabel	12 Beckman, D	16.38q	-1.9	2
8 Groe, Lexi	11 Lake Mills	16.43q	-1.9	2
9 Baylark, Jashira	11 W Burlington/ND	16.46	-2.2	1
10 Holschlag, Kaitlin	11 Union, LaPorte C	16.48	-2.6	3
11 Groff, Bryn	11 Sheldon	16.50	-2.6	3
12 Irlbeck, Hannah	09 Kuemper Cath	16.54	-1.9	2
13 VanVeldhuizen, Brianna	11 W Lyon, Inwood	16.66	-2.6	3
14 Gradwell, Isabelle	10 W Marshall, SC	16.67	-1.9	2
15 Carlson, Jada	11 Sibley-Ocheyedan	16.76	-2.2	1
16 Culp, Kristin	11 West Central	16.83	-2.2	1
17 Schueman, Jaycie	11 AHSTW	16.84	-2.6	3
18 Hinegardner, Sailor	10 CMB, Baxter	16.96	-1.9	2
19 Zimmerman, Solanna	11 Clarke, O	16.97	-2.2	1
20 Green, Noelle	11 Cascade, WD	17.33	-2.2	1
21 Hoffman, Cory	12 Okobojo, Milford	17.45	-2.2	1
22 Ambrosy, Anna	12 Bell/Marq	17.59	-2.2	1
23 Zimmerman, Bailey	11 Clarke, O	19.52	-1.9	2
24 Sudmann, Konnor	09 Treynor	21.38	-2.6	3

Girls 100 Meter Hurdles 2A

=====					
State Record:	* 14.33	5/23/2009	Alex Gochenour,	Logan-Mag.	
All-Time:	! 13.90	4/13/2010	Alex Gochenour,	Logan-Mag.	
Name		Year School		Finals	Wind Points
=====					

Finals

1 Marcucci, Aleenah	12 Northeast, GL	14.42	-1.1	10
2 Hudson, Megan	11 Union, LaPorte C	14.87	-1.1	8
3 Taylor, Karlie	12 Eddyvl-Blakes/F	15.06	-1.1	6
4 Whipple, Alexa	12 Roland-Story	15.85	-1.1	5
5 Tucker, Lisa	11 Cascade, WD	15.93	-1.1	4
6 Groe, Lexi	11 Lake Mills	15.99	-1.1	3
7 Johnk, Morgan	09 Panorama, P	16.09	-1.1	2
8 Brehm, Isabel	12 Beckman, D	16.10	-1.1	1

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Girls 400 Meter Hurdles 2A

Name	Year	School	Finals	H#	Points
State Record: * 1:02.62 5/20/2011 Alex Gochenour, Logan-Mag					
All-Time: ! 57.30 1975 Debbie Esser, Woodbine					
1	Marcucci, Aleenah	12 Northeast, GL	1:04.08	2	10
2	Wagner, Hannah	11 Central Sprngs	1:05.27	3	8
3	Vos, Jayci	11 PCM, Monroe	1:05.69	3	6
4	Vorwerk, Sarah	11 Mediapolis	1:05.87	3	5
5	Boyd, Shania	11 Columbus, CJ	1:06.51	1	4
6	Gossling, Abby	12 New Hampton	1:06.76	2	3
7	Irlbeck, Hannah	09 Kuemper Cath	1:06.77	3	2
8	VanVeldhuizen, Brianna	11 W Lyon, Inwood	1:07.00	2	1
9	Meyer, Faith	11 Pocahon Area	1:07.08	3	
10	Miller, Paige	11 West Branch	1:07.28	1	
11	Whipple, Alexa	12 Roland-Story	1:07.80	3	
12	Hedges, Taylor	12 Dike-NH	1:07.91	3	
13	Lehmann, Ryin	09 N Fayette Val	1:08.23	2	
14	Groeneveld, Atlanta	12 Apltn-Park	1:08.42	1	
15	Powell, Faith	10 Panorama, P	1:08.46	3	
16	Fields, Tessa	10 North Cedar, S	1:09.07	1	
17	Herrig, Kendal	12 East Sac County	1:09.16	1	
18	Lambert, Natalie	12 Southeast Valley	1:09.18	2	
19	McDermott, Rachel	12 Cascade, WD	1:10.07	2	
20	Stuit, Anmarie	10 Unity Chrst, OC	1:10.09	1	
21	Culp, Kristin	11 West Central	1:10.17	2	
22	Wright, Zoey	09 Pekin	1:10.80	1	
23	Bane, Brianda	10 CMB, Baxter	1:13.17	1	
24	Allen, Krayton	10 Sumner-Fredrksbg	1:17.36	2	

Girls 4x100 Meter Relay 2A

School	Time	Date	Relay	Prelims	H#
State Record: * 49.30 5/17/2008 North Polk, North Polk					
S Humphrey, C Christensen, M Moeckly, J Andreassen					
All-Time: ! 47.55 4/28/2012 Roosevelt, Roosevelt					
School	Time	Date	Relay	Prelims	H#

Preliminaries

1	Union, LaPorte C	50.15q	2
1)	Hudson, Megan 11	2)	Driscoll, Maggie 11
3)	Powell, Courtney 11	4)	Holschlag, Kaitlin 11
2	Madrid	50.31q	3
1)	Owensby, Annalise 10	2)	Jacobs, Tori 11
3)	Raymond, Hunter 11	4)	Santi, Rylan 10
3	Pella Christian	50.67q	2
1)	Van Tuyl, Kathryn 11	2)	Meyer, Sarah 12
3)	Bandstra, Mary Kate 09	4)	Armstrong, Evie 09
4	Monticello	50.78q	1
1)	Gadient, Rachel 12	2)	Edwards, Ciara 11
3)	McCormick, Sonya 12	4)	Loes, Anna 10
5	Saint Ansgar	50.79q	3
1)	Davila, Brooke 12	2)	Huisman, Chelsey 10
3)	Eibes, Maddy 11	4)	Juhl, Caitlyn 11
6	CMB, Baxter	50.99q	2
1)	Hinegardner, Sailor 10	2)	Spencer, Toni 12

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....Girls 4x100 Meter Relay 2A

3) Hurley, Bridget 12	4) Bane, Brianda 10		
7 Cascade, WD		51.03q	1
1) Trumm, Rachel 09	2) Ryan, Anne 10		
3) Meyer, Annie 11	4) Rickels, Celine 11		
8 W Marshall, SC		51.17q	2
1) Meyer, Emma 10	2) Larsen, Shelby 12		
3) Cripps, Kayla 09	4) Hilleman, Allison 11		
9 Sibley-Ocheyedan		51.23	3
1) Carlson, Jada 11	2) Berkland, Jill 11		
3) Crichton, Peyton 11	4) Schwarzkoft, Erin 11		
10 South Cent Cal		51.48	3
1) Hicks, Jessica 10	2) Batz, Sydney 11		
3) King, Keagan 09	4) Birks, Allison 11		
11 Albia		51.51	2
1) Isley, Hannah 10	2) Shepard, Mary 11		
3) Heaton, Erin 10	4) Guthridge, Kyleigh 09		
12 E Marshall, L		51.52	1
1) Hatch, Theresa 12	2) Miller, Brooke 12		
3) Arifi, Julianna 09	4) Burchland, Kaley 11		
13 W Burlington/ND		51.56	1
1) Abbott, Shayleigh 11	2) Kilbride, Riley 12		
3) Baylark, Jashira 11	4) Rogerson, Reagan 12		
14 Beckman, D		51.60	1
1) Brehm, Isabel 12	2) Funke, Morgan 10		
3) Nebel, Grace 12	4) Bennett, Isabelle 09		
15 Mid-Prairie, W		51.64	1
1) Butters, Ali 11	2) Rath, Alex 12		
3) Tornow, Abby 11	4) Cayton, Emily 12		
16 Pekin		51.84	3
1) Wright, Zoey 09	2) Reighard, Sloan 12		
3) Comstock, Courtney 12	4) Linder, Kaylee 11		
17 OA-BCIG		51.88	2
1) Fredericks, Jordyn 10	2) Nielsen, Summit 11		
3) Wareham, Calli 10	4) Cotton, Sarah 09		
18 Central Sprngs		51.89	2
1) McCoid, Nicole 11	2) Konig, Jenna 11		
3) Dietrich, Anna 10	4) Navratil, Taylor 12		
19 MO Valley		52.11	3
1) Crispin, Carter 09	2) Gilpin, Cailynn 11		
3) Coberly, Meggan 11	4) Norman, Jessica 10		
20 Earlham		52.13	3
1) Brightman, Marina 10	2) Hipsley, Taylor 10		
3) Morris, Kennedy 11	4) Kester, Keaton 10		
21 Bell/Marq		52.23	1
1) Ambrosy, Anna 12	2) Schroeder, Becca 10		
3) Biedermann, Kylee 11	4) Lawrence, Alison 12		
22 Clarinda		52.56	2
1) Jones, Lauren 12	2) Best, Cynthia 11		
3) Sunderman, Paige 10	4) Fast, Allison 12		
23 W Christ, Hull		52.63	1
1) VantHul, Kelsie 12	2) DeJager, Jessi 10		
3) Rus, Taylor 10	4) VanGinkel, Emily 11		
-- New Hampton		DNF	3
1) Paulus, Kelli 12	2) Wegner, Darian 11		

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3) Cleveringa, Camryn 10	4) TeGrotenhuis, Katie 12		
5 Sumner-Fredrksbg	1:46.69	3	4
1) Brandt, Jenna 10	2) Hirsch, Ivy 09		
3) Wedemeier, Emma 10	4) Allen, Krayton 10		
6 New Hampton	1:46.86	3	3
1) Gossling, Abby 12	2) Wegner, Darian 11		
3) Ambrose, Kaelyn 10	4) Tenge, Sadie 09		
7 Cherokee, Wash	1:48.45	1	2
1) Hodgdon, Madison 11	2) Sleezer, Brianna 10		
3) Brown, Megan 09	4) Pingel, Kassidy 09		
8 PCM, Monroe	1:48.67	2	1
1) Vos, Jayci 11	2) Hugen, Emily 12		
3) Miller, Ashley 10	4) VanGorp, Ashley 12		
9 Union, LaPorte C	1:48.78	2	
1) Garwood, Anna 11	2) Krupa, Lauren 12		
3) Driscoll, Maggie 11	4) Brown, Hailee 10		
10 W Marshall, SC	1:48.79	3	
1) Meyer, Emma 10	2) Larsen, Shelby 12		
3) Streeter, Madie 12	4) Hilleman, Allison 11		
11 KP-WC	1:49.22	1	
1) Steffen, Sidney 09	2) Petersen, Abby 10		
3) Goodwin, Madison 09	4) Peschau, Lily 12		
12 West Branch	1:49.26	1	
1) Koenig, Tatum 10	2) Miller, Paige 11		
3) Simpson, Allyson 12	4) Jones, Taylor 12		
13 Panorama, P	1:49.41	2	
1) Powell, Faith 10	2) Mleynek, Michelle 12		
3) Halterman, Brooke 09	4) Mleynek, Miranda 12		
14 South Cent Cal	1:49.59	2	
1) Hicks, Jessica 10	2) Batz, Sydney 11		
3) Jones, Maddie 09	4) Birks, Allison 11		
15 Albia	1:49.70	2	
1) Isley, Hannah 10	2) Shepard, Mary 11		
3) Stillwell, Annabel 11	4) Guthridge, Kyleigh 09		
16 MMC/RU	1:49.74	1	
1) Dreckman, Sarah 12	2) Jensen, Brianna 10		
3) Moser, Emily 11	4) Woodall, Aspen 10		
17 Monticello	1:50.19	1	
1) Edwards, Ciara 11	2) Newhard, Natalie 10		
3) Lambert, Rileigh 10	4) McDonald, Taylor 10		
18 OA-BCIG	1:50.35	2	
1) Fredericks, Jordyn 10	2) Wareham, Calli 10		
3) Cotton, Sarah 09	4) Hedberg, Jordyn 10		
19 Dike-NH	1:50.54	2	
1) Hedges, Madison 10	2) Bolhuis, Courtney 10		
3) Fettekether, Bailey 11	4) Lizer, Jurane 12		
20 GCGR, Grundy	1:50.80	2	
1) Mathews, Kayla 12	2) Wallis, Hailey 09		
3) Flater, Brooke 09	4) Lindeman, Katie 12		
21 W Burlington/ND	1:51.05	1	
1) Abbott, Shayleigh 11	2) Kilbride, Riley 12		
3) Elmore, Amira 09	4) Jackson, Katie 09		
22 Pocahon Area	1:51.13	3	
1) Thomas, Taylor 12	2) Ahlers, Olivia 11		

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....Girls 4x200 Meter Relay 2A

3) Ruffridge, Elle 11	4) Berte, Katie 10		
23 Clarinda		1:51.36	1
1) Fast, Allison 12	2) Bair, Lauren 10		
3) Jones, Lauren 12	4) Best, Cynthia 11		
-- Maquoketa Valley		DQ	1
1) Mensen, Megan 12	2) Mensen, Brianna 11		
3) Stogdill, Ashley 11	4) Britt, Aspen 11		

Girls 4x400 Meter Relay 2A

=====			
State Record: *	3:55.52	5/19/2012	Cascade, WD, Cascade, WD
			A Green, A Meyer, T Helmle, A Gibbs
All-Time: !	3:48.39	5/23/2009	Sioux City, East, Sioux City,
			S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School			Prelims H#
=====			

Preliminaries

1 Pocahon Area		4:01.53q	2
1) Thomas, Taylor 12	2) Meyer, Grace 11		
3) Ruffridge, Elle 11	4) Meyer, Faith 11		
2 North Cedar, S		4:02.62q	3
1) Fields, Tessa 10	2) Cox, Cassie 09		
3) Jesuit, Martha 11	4) Proesch, Grace 10		
3 Monticello		4:03.68q	1
1) Holub, Paige 10	2) McDonald, Taylor 10		
3) Patterson, Jordyn 10	4) Gadiant, Corinne 09		
4 Cascade, WD		4:04.44q	2
1) Trumm, Rachel 09	2) Knepper, Marie 09		
3) Dolphin, Lynsey 12	4) Weber, Macie 12		
5 W Christ, Hull		4:05.96q	1
1) VantHul, Kylie 12	2) Nelson, Bailey 09		
3) VanGinkel, Emily 11	4) Feenstra, Erika 11		
6 DSM Christian		4:06.29q	3
1) Mars, Olivia 11	2) Bakke, Alayna 09		
3) Clark, Sydney 11	4) Covey, Okasana 12		
7 Dike-NH		4:07.73q	3
1) Hill, Josie 12	2) Hedges, Madison 10		
3) Aalderks, Allie 10	4) Hedges, Taylor 12		
8 Clarion-Goldfield-Dows		4:07.97q	2
1) Alberts, Kenzie 12	2) Disney, Maddie 12		
3) Kruger, Kenna 10	4) Davis, Claire 12		
9 Sioux Center		4:08.04	1
1) Kortlever, Clare 12	2) Sandbulte, Aubrey 11		
3) Verburg, Andrea 11	4) Harald, Jessica 11		
10 Central Sprngs		4:09.57	1
1) Konig, Jenna 11	2) Franke, Maria 11		
3) Parks, Kaylee 10	4) Wagner, Hannah 11		
11 Apltn-Park		4:09.73	2
1) Nolte, Ivy 10	2) Zimmermann, Hannah 12		
3) Brungard, Lakin 12	4) Groeneveld, Atlanta 12		
12 Maquoketa Valley		4:10.50	2
1) Mensen, Megan 12	2) Mensen, Brianna 11		
3) Orcutt, Kara 10	4) Britt, Aspen 11		
13 W Marshall, SC		4:11.10	3

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....Girls 4x400 Meter Relay 2A

1) Meyer, Emma 10	2) Hilleman, Allison 11		
3) Streeter, Madie 12	4) Cripps, Kayla 09		
14 PCM, Monroe		4:11.96	1
1) Vos, Jayci 11	2) Schnug, Tatum 11		
3) VanGorp, Ashley 12	4) Stafford, Rachel 11		
15 Panorama, P		4:12.03	3
1) Beckman, Bailey 09	2) Kemble, Devyn 10		
3) Mleynek, Michelle 12	4) Powell, Faith 10		
16 Beckman, D		4:12.66	2
1) Funke, Morgan 10	2) Brehm, Anika 10		
3) Nebel, Grace 12	4) Fitzgerald, Katie 10		
17 Osage		4:12.74	3
1) Huebsch, Hannah 12	2) Johnson, Madi 10		
3) Thompson, Destiny 12	4) Jacobs, Brenna 10		
18 Mediapolis		4:13.40	1
1) Buster, Scoutt 09	2) Thie, Haley 12		
3) Gordon, Emma 10	4) Vorwerk, Sarah 11		
19 Sumner-Fredrksbg		4:14.28	3
1) Brandt, Jenna 10	2) Seehase, Jaydlin 11		
3) Hirsch, Ivy 09	4) Allen, Krayton 10		
20 Southeast Valley		4:14.53	1
1) Pepples, Kanyon 10	2) Lambert, Natalie 12		
3) Breitsprecher, Josie 12	4) Rittgers, Erica 12		
21 South Hardin		4:15.14	2
1) Carr, Jordan 09	2) Keahey, JoJo 10		
3) Teske, Miquela 11	4) Gourley, Emma 11		
22 Clarinda		4:15.23	3
1) Bair, Rachael 12	2) Wedemeyer, Taylor 09		
3) Bair, Lauren 10	4) Campbell, Skie 11		
23 Treynor		4:15.98	2
1) Carolus, Hannah 12	2) Killinger, Lexi 12		
3) Shipley, Maddie 09	4) James, Noel 09		
24 W Burlington/ND		4:22.98	1
1) Jackson, Katie 09	2) Chng, Kelyin 09		
3) Flowers, Morgan 09	4) Schmitt, Aubrey 12		

Girls 4x400 Meter Relay 2A

State Record: *	3:55.52	5/19/2012	Cascade, WD, Cascade, WD
			A Green, A Meyer, T Helmle, A Gibbs
All-Time: !	3:48.39	5/23/2009	Sioux City, East, Sioux City, E
			S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School			Finals Points

Finals

1 W Christ, Hull		3:58.52	10
1) VantHul, Kylie 12	2) Nelson, Bailey 09		
3) VanGinkel, Emily 11	4) Feenstra, Erika 11		
2 Pocahon Area		3:58.71	8
1) Thomas, Taylor 12	2) Meyer, Grace 11		
3) Ruffridge, Elle 11	4) Meyer, Faith 11		
3 North Cedar, S		4:01.27	6
1) Fields, Tessa 10	2) Cox, Cassie 09		
3) Jesuit, Martha 11	4) Proesch, Grace 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Drake Stadium

Results

....Girls 4x400 Meter Relay 2A

4 Monticello	4:01.36	5
1) Holub, Paige 10	2) McDonald, Taylor 10	
3) Patterson, Jordyn 10	4) Gadiant, Corinne 09	
5 DSM Christian	4:01.44	4
1) Mars, Olivia 11	2) Bakke, Alayna 09	
3) Clark, Sydney 11	4) Covey, Okasana 12	
6 Dike-NH	4:05.12	3
1) Hill, Josie 12	2) Hedges, Madison 10	
3) Aalderks, Allie 10	4) Hedges, Taylor 12	
7 Cascade, WD	4:08.64	2
1) Trumm, Rachel 09	2) Knepper, Marie 09	
3) Dolphin, Lynsey 12	4) Weber, Macie 12	
8 Clarion-Goldfield-Dows	4:11.07	1
1) Alberts, Kenzie 12	2) Disney, Maddie 12	
3) Kruger, Kenna 10	4) Davis, Claire 12	

Girls 4x800 Meter Relay 2A

=====				
State Record: *	9:25.23	5/19/2016	Monticello, Monticello	
			P Holub, K Anderson, J Patterson, C Gadiant	
All-Time: !	9:09.09	2001	Iowa City West, Iowa City West	
School			Finals	H# Points
=====				
1 Monticello	9:25.23*	2	10	
1) Holub, Paige 10	2) Anderson, Keeley 09			
3) Patterson, Jordyn 10	4) Gadiant, Corinne 09			
2 Pocahon Area	9:37.26	2	8	
1) Meyer, Grace 11	2) Oehlertz, Destini 12			
3) Ruffridge, Elle 11	4) Meyer, Faith 11			
3 Cascade, WD	9:38.13	2	6	
1) Weber, Macie 12	2) McDermott, Rachel 12			
3) Knepper, Marie 09	4) McDermott, Rebecca 11			
4 Unity Chrst, OC	9:48.38	2	5	
1) Bos, Jordan 11	2) Broers, Katie 11			
3) Hoogland, Katlyn 10	4) Knauss, Anneke 11			
5 S Winn, Calmar	9:48.43	2	4	
1) Taylor, Felicity 10	2) Klimesh, RaeAnn 12			
3) Kriener, Ashley 09	4) Kreiner, Josie 11			
6 Dike-NH	9:53.84	2	3	
1) Kollasch, Alayna 11	2) Luna, Haylee 12			
3) Aalderks, Allie 10	4) Hedges, Taylor 12			
7 N Fayette Val	9:57.73	2	2	
1) Niewoehner, Megan 09	2) Niewoehner, Macy 10			
3) Moyle, Natalie 12	4) Miller, Rebecca 12			
8 Central Sprngs	9:59.76	2	1	
1) Parks, Kaylee 10	2) Risvold, Cloey 09			
3) Franke, Maria 11	4) Wagner, Hannah 11			
9 Apltn-Park	10:01.02	2		
1) Groeneveld, Atlanta 12	2) Brungard, Lakin 12			
3) Nolte, Ivy 10	4) May, Nicole 11			
10 Treynor	10:01.66	1		
1) Teigland, Anna 11	2) Carolus, Hannah 12			
3) Carman, Sydney 09	4) James, Noel 09			
11 Sioux Center	10:01.94	1		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x800 Meter Relay 2A

1) Verburg, Andrea 11	2) Harald, Jessica 11		
3) Kortlever, Tara 10	4) Mouw, Anna 10		
12 Osage		10:04.12	1
1) Scharper, Brooke 10	2) Barker, Breana 11		
3) Johnson, Madi 10	4) Mooberry, Megan 11		
13 W Marshall, SC		10:08.15	1
1) Porter, Georgia 11	2) Girard, Grace 09		
3) Breja, Shannon 11	4) Streeter, Madie 12		
14 Mediapolis		10:12.51	2
1) Thie, Haley 12	2) Renfro, Allison 09		
3) Vorwerk, Sarah 11	4) Gordon, Emma 10		
15 DSM Christian		10:14.44	1
1) Feldt, Christa 12	2) Mars, Olivia 11		
3) Bakke, Alayna 09	4) Clark, Sydney 11		
16 Denver		10:14.48	2
1) Else, Lauren 09	2) Stokes, Lauren 12		
3) Weston, Britta 12	4) Vervaecke, Alice 11		
17 Camanche		10:15.67	2
1) Ball, Syrene 12	2) Nielsen, Alexandra 10		
3) Sloane, Maddy 09	4) Mensinger, Bailey 12		
18 Shenandoah		10:15.75	1
1) Manrose, Carlie 09	2) Webster, Vanessa 10		
3) Jackson, Jessica 10	4) Holmes, Adrianna 10		
19 Sheldon		10:18.12	1
1) Schoo, Anessa 09	2) Kamphoff, Kacy 10		
3) Cain, Sarah 12	4) Van Meeteren, Kayla 12		
20 Emmetsburg		10:18.30	1
1) Hoyman, Jordan 11	2) Jackson, Kate 11		
3) Loomis, Shelby 11	4) Berkland, Rachel 10		
21 Mid-Prairie, W		10:19.71	1
1) Tornow, Abby 11	2) Schmidt, Greta 11		
3) VanRoekel, Hannah 12	4) Zahradnek, Maddi 12		
22 Pekin		10:21.55	1
1) Dahlstrom, Shea 11	2) Lock, Payton 12		
3) Lock, Taylor 12	4) Martin, Mackenzie 11		
23 Maquoketa Valley		10:25.61	1
1) Smith, Rejji 10	2) Wilson, Cassidy 11		
3) Fry, Casey 10	4) Mensen, Brianna 11		
24 PCM, Monroe		11:02.17	1
1) Schut, Paytan 09	2) Smith, Baylee 10		
3) Novak, Morgan 12	4) Ives, Kirstin 09		

Girls 800 Sprint Medley 2A

=====					
State Record: *	1:46.35	5/22/2010	Dike-NH, Dike-NH		
			A Dove, M Daley, N Hensley, H Willms		
All-Time: !	1:44.89	2015	Pleasant Valley, Pleasant Valley		
School			Finals	H#	Points
=====					
1	W Marshall, SC		1:49.84	3	10
	1) Meyer, Emma 10	2) Larsen, Shelby 12			
	3) Hilleman, Allison 11	4) Cripps, Kayla 09			
2	Cascade, WD		1:51.04	3	8 1:51.031
	1) Koppes, Brittany 10	2) Ryan, Anne 10			

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Results

....Girls 800 Sprint Medley 2A

3) Rickels, Celine 11	4) Trumm, Rachel 09				
3 Alta/Aurelia	1:51.04	3	6	1:51.037	
1) Duhn, Maddy 12	2) Duhn, Bailey 12				
3) Depuma, Grace 10	4) Peterson, Lily 10				
4 Waukon	1:51.93	3	5		
1) Bulman, Lanci 11	2) Wasson, Regan 11				
3) Behrend, Nicole 12	4) Snitker, Madison 12				
5 Pocahon Area	1:52.22	3	4		
1) Ruffridge, Elle 11	2) Ahlers, Olivia 11				
3) Thomas, Taylor 12	4) Meyer, Grace 11				
6 Clarion-Goldfield-Dows	1:52.66	3	3		
1) Goodell, Kenzie 10	2) Disney, Maddie 12				
3) Alberts, Kenzie 12	4) Davis, Claire 12				
7 Dike-NH	1:52.81	2	2		
1) Lizer, Jurane 12	2) Fettkether, Bailey 11				
3) Hedges, Madison 10	4) Hill, Josie 12				
8 North Cedar, S	1:53.15	2	1		
1) Wilhau, Brittyn 10	2) Jesuit, Martha 11				
3) Hawtrey, Darby 10	4) Proesch, Grace 10				
9 Panorama, P	1:53.54	2			
1) Knapp, Lydia 09	2) Johnk, Morgan 09				
3) Mleynek, Miranda 12	4) Kemble, Devyn 10				
10 Central Sprngs	1:53.58	2			
1) McCoid, Nicole 11	2) Konig, Jenna 11				
3) Navratil, Taylor 12	4) Parks, Kaylee 10				
11 Cherokee, Wash	1:53.87	2			
1) Hodgdon, Madison 11	2) Sleezer, Brianna 10				
3) Brown, Megan 09	4) Pingel, Kassidy 09				
12 W Christ, Hull	1:53.89	3			
1) VantHul, Kelsie 12	2) Rus, Taylor 10				
3) DeJager, Jessi 10	4) Nelson, Bailey 09				
13 Davis County, B	1:53.90	1			
1) Sharp, Jaylynn 11	2) Allen, M'Chelle 11				
3) Hamaker, Augusta 11	4) Yahnke, Allyssa 11				
14 New Hampton	1:54.30	2			
1) Paulus, Kelli 12	2) Knowlton, Bailey 10				
3) Tenge, Sadie 09	4) Wegner, Darian 11				
15 Sibley-Ocheyedan	1:54.64	1		1:54.634	
1) Berkland, Jill 11	2) Schwarzkof, Erin 11				
3) Carlson, Jada 11	4) Crichton, Peyton 11				
16 GCGR, Grundy	1:54.64	2		1:54.636	
1) Mathews, Kayla 12	2) Mathews, Alyssa 12				
3) Lindeman, Katie 12	4) Wallis, Hailey 09				
17 CMB, Baxter	1:54.70	2			
1) Ritter, Megan 11	2) Moody, Shasta 09				
3) Spencer, Toni 12	4) Hurley, Bridget 12				
18 Wapello	1:54.78	1			
1) Carey, Karlee 11	2) Talbott, Alexis 11				
3) Lanz, Kenna 09	4) Parsons, Tiffany 10				
19 Wilton	1:54.93	1			
1) Ford, Linsey 09	2) Lange, Emily 09				
3) Kublik, Megan 12	4) Drake, Kortney 09				
20 Osage	1:55.09	1			
1) Huebsch, Hannah 12	2) Joens, Bailey 12				

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

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Results

....Girls 800 Sprint Medley 2A

21	MMC/RU	3) Thompson, Destiny 12	4) Jacobs, Brenna 10	1:55.35	1
		1) Dreckman, Sarah 12	2) Moser, Emily 11		
		3) Jensen, Brianna 10	4) Woodall, Aspen 10		
22	Monticello	1) Edwards, Ciara 11	2) Lambert, Rileigh 10	1:55.53	1
		3) Loes, Anna 10	4) McCormick, Sonya 12		
23	PCM, Monroe	1) Uhlenhopp, Morgan 09	2) Miller, Ashley 10	1:55.87	1
		3) Hugen, Emily 12	4) Stafford, Rachel 11		
--	Underwood			DNF	3
		1) James, Hailey 10	2) Collins, Sydnie 11		
		3) Myers, Cecilia 10	4) Bonnet, Emma 11		

Girls Distance Medley 2A

=====					
State Record: * 4:06.86 5/19/2006 Tipton, Tipton					
C Kotz, B Latare, M Miller, A Miller					
All-Time: ! 3:59.48 2016 Assumption, Assumption					
School Finals H# Points					
=====					
1	DSM Christian			4:10.43	1 10
	1) Evans, Dakoda 10	2) Mars, Olivia 11			
	3) Bakke, Alayna 09	4) Covey, Okasana 12			
2	Monticello			4:11.65	3 8
	1) Loes, Anna 10	2) McCormick, Sonya 12			
	3) Anderson, Keeley 09	4) Holub, Paige 10			
3	Cascade, WD			4:12.01	3 6
	1) Rickels, Celine 11	2) Ryan, Anne 10			
	3) McDermott, Rebecca 11	4) Weber, Macie 12			
4	Osage			4:13.04	3 5
	1) Huebsch, Hannah 12	2) Thompson, Destiny 12			
	3) Jacobs, Brenna 10	4) Friesen, Ellie 10			
5	North Cedar, S			4:13.63	3 4
	1) Hawtrey, Darby 10	2) Jesuit, Martha 11			
	3) Fields, Tessa 10	4) Cox, Cassie 09			
6	W Christ, Hull			4:17.13	2 3
	1) VanGinkel, Emily 11	2) DeJong, Cori 10			
	3) DeJager, Jessi 10	4) VantHul, Kylie 12			
7	Albia			4:17.47	2 2
	1) Colwell, Taylor 09	2) Gullion, Kenzi 10			
	3) Heaton, Erin 10	4) Winke, Jordan 11			
8	Alta/Aurelia			4:18.07	3 1
	1) Duhn, Maddy 12	2) Duhn, Bailey 12			
	3) Peterson, Lily 10	4) Rohwer, Lauren 10			
9	S Winn, Calmar			4:18.24	2
	1) Loesch, Ellie 09	2) Brincks, Amber 11			
	3) Taylor, Felicity 10	4) Kreiner, Josie 11			
10	PCM, Monroe			4:18.53	2
	1) Hugen, Emily 12	2) VanGorp, Ashley 12			
	3) Vos, Jayci 11	4) Stafford, Rachel 11			
11	Mediapolis			4:18.64	2
	1) Buster, Scoutt 09	2) Machholz, Ashley 12			
	3) Vorwerk, Sarah 11	4) Gordon, Emma 10			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls Distance Medley 2A**

12 E Marshall, L	4:19.37	2
1) Hatch, Theresa 12	2) Burchland, Kaley 11	
3) Miller, Brooke 12	4) Fye, Haley 12	
13 Sioux Center	4:19.76	1
1) Kortlever, Clare 12	2) TeGrotenhuis, Katie 12	
3) Harald, Jessica 11	4) Verburg, Andrea 11	
14 Durant	4:20.76	1
1) Wolf, Autumn 11	2) Happ, Hannah 09	
3) Holbert, Sunkyu 12	4) Williams, Alyssa 12	
15 Mid-Prairie, W	4:20.93	3
1) Cayton, Emily 12	2) Rath, Alex 12	
3) Schmidt, Greta 11	4) Hostetler, Anna 10	
16 Apltn-Park	4:21.48	1
1) Groen, Avery 09	2) Hanken, Gabby 11	
3) Nolte, Ivy 10	4) May, Nicole 11	
17 KP-WC	4:21.99	1
1) Peschau, Lily 12	2) Petersen, Abby 10	
3) Bechen, Kaylynn 10	4) Putze, Suzanne 10	
18 Treynor	4:23.09	1
1) Sudmann, Taylor 12	2) Olsen, McKayla 11	
3) Carley, Megan 09	4) James, Noel 09	
19 Anamosa	4:23.43	1
1) Whitman, Mi Kayla 12	2) Wilt, Sophie 10	
3) Duncan, Claire 10	4) Duncan, Emma 10	
20 Southeast Valley	4:23.99	3
1) Pepples, Kanyon 10	2) Lambert, Natalie 12	
3) Breitsprecher, Josie 12	4) Rittgers, Erica 12	
21 Underwood	4:24.04	2
1) James, Hailey 10	2) Collins, Sydnie 11	
3) Myers, Cecilia 10	4) Larson, Karley 10	
22 Clarion-Goldfield-Dows	4:24.82	3
1) Johnson, Ana 11	2) Johnson, Meleah 10	
3) Nerem, Haley 09	4) Alberts, Kenzie 12	
23 Dike-NH	4:25.52	2
1) Hedges, Madison 10	2) Hedges, Taylor 12	
3) Hill, Josie 12	4) Kollasch, Alayna 11	
24 W Marshall, SC	4:27.23	1
1) Larsen, Shelby 12	2) Brewer-Reece, Kailyn 12	
3) Streeter, Madie 12	4) Porter, Georgia 11	

Girls 4x100 Meter Shuttle Hurdle 2A

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=====
State Record: * 1:05.29 5/21/2011 West Fork, S, West Fork, S
                S Weiland, B Fleshner, L Peterson, T Twedt
All-Time: ! 1:01.26 5/21/2016 Pleasant Valley, Pleasant Val
                E Spelhaug, K DeGeorge, C Park, C Donahue
School                Prelims H#
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Preliminaries

1 Union, LaPorte C	1:05.66q	2
1) Garwood, Anna 11	2) Saltee, Natalie 12	
3) Hudson, Megan 11	4) Holschlag, Kaitlin 11	
2 West Branch	1:08.11q	3
1) Miller, Paige 11	2) Luneckas, Trystin 12	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x100 Meter Shuttle Hurdle 2A**

3) Koenig, Tatum 10	4) Knoop, Abby 11		
3 Cascade, WD		1:08.31q	5
1) Koppes, Brittany 10	2) Green, Noelle 11		
3) Recker, Rachel 11	4) Tucker, Lisa 11		
4 Northeast, GL		1:08.35q	4
1) Dierks, McKenna 10	2) McAleer, Shauna 11		
3) Gray, Alecca 10	4) Marcucci, Aleenah 12		
5 Bell/Marq		1:08.66q	6
1) Schroeder, Becca 10	2) Ambrosy, Anna 12		
3) Biedermann, Kylee 11	4) Schroeder, Marissa 11		
6 Sibley-Ocheyedan		1:08.83q	2
1) Carlson, Jada 11	2) Berkland, Jill 11		
3) Schwarzkofit, Erin 11	4) Bosma, Jillian 12		
7 Pocahon Area		1:08.89q	6
1) Hjerleid, Payton 11	2) Meyer, Grace 11		
3) Johnson, Jocelyn 10	4) Meyer, Faith 11		
8 Sioux Center		1:08.93q	2
1) Sandbulte, Bailie 12	2) Mulder, Alyssa 09		
3) King, Patricia 11	4) Cleveringa, Camryn 10		
9 Eddyvl-Blakes/F		1:08.96	5
1) Ver Steegh, Briana 11	2) Alexander, Torie 10		
3) Johnson, Jade 11	4) Taylor, Karlie 12		
10 Treynor		1:09.06	1
1) Killinger, Lexi 12	2) Myers, Emma 12		
3) Sudmann, Taylor 12	4) Sudmann, Konnor 09		
11 N Fayette Val		1:09.09	5
1) Fettkether, Natalie 12	2) Daughton, Jade 11		
3) Rounds, Kim 12	4) Fantz, Helena 10		
12 Panorama, P		1:09.12	1
1) Mleynek, Miranda 12	2) Powell, Faith 10		
3) Mleynek, Michelle 12	4) Johnk, Morgan 09		
13 Apltn-Park		1:09.33	6
1) Brungard, Lakin 12	2) Hanken, Gabby 11		
3) Hanken, Sydney 10	4) Groeneveld, Atlanta 12		
14 Clarion-Goldfield-Dows		1:09.85	4
1) Johnson, Ana 11	2) Disney, Maddie 12		
3) Jondle, Jordyn 10	4) Zwiefel, Megan 11		
15 New Hampton		1:10.06	1
1) Gossling, Abby 12	2) Frerichs, Lauren 09		
3) Wisner, Paige 09	4) Hoey, Natalie 09		
16 Beckman, D		1:10.11	3
1) Brehm, Isabel 12	2) Boeckenstedt, Heather 09		
3) Brehm, Anika 10	4) Lucas, Brooke 10		
17 Clarke, O		1:10.31	4
1) Zimmerman, Solanna 11	2) Beydler, Chynna 09		
3) Oehlert, Ashlynn 09	4) Zimmerman, Bailey 11		
18 Lake Mills		1:10.50	4
1) Groe, Lexi 11	2) Baumann, Dana 10		
3) Wilhelm, Mallory 10	4) Holstad, Brianna 12		
19 Osage		1:10.99	6
1) Spitz, Taylor 11	2) Hemann, Lindsay 11		
3) Midlang, Sydney 09	4) Huebsch, Hannah 12		
20 East Sac County		1:11.05	3
1) Drost, Emilee 12	2) Schmitt, Hannah 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x100 Meter Shuttle Hurdle 2A

3) Herrig, Kendal 12	4) Pieken, Kennedy 12		
21 OA-BCIG		1:11.19	5
1) Devitt, Olivia 12	2) Lindner, Ashley 09		
3) Hamann, Brittany 12	4) Nielsen, Summit 11		
22 Madrid		1:11.68	2
1) Owensby, Annalise 10	2) Jacobs, Tori 11		
3) Schwab, Cassidy 12	4) Peters, Shayla 10		
23 Columbus, CJ		1:13.18	1
1) Hamilton, Anna 09	2) Matthews, Monaye 11		
3) Byas, Angie 09	4) Boyd, Shania 11		
24 Sheldon		1:13.33	3
1) Groff, Bryn 11	2) Albrecht, Ashlyn 09		
3) Uhl, Madison 10	4) Tolk, Maddie 11		

Girls 4x100 Meter Shuttle Hurdle 2A

State Record: *	1:05.29	5/21/2011	West Fork, S, West Fork, S			
			S Weiland, B Fleshner, L Peterson, T Twedt			
All-Time: !	1:01.26	5/21/2016	Pleasant Valley, Pleasant Val			
			E Spelhaug, K DeGeorge, C Park, C Donahue			
School				Finals	H#	Points

Finals

1 Union, LaPorte C		1:05.34	2	10
1) Garwood, Anna 11	2) Sallee, Natalie 12			
3) Hudson, Megan 11	4) Holschlag, Kaitlin 11			
2 Cascade, WD		1:06.74	2	8
1) Koppes, Brittany 10	2) Green, Noelle 11			
3) Recker, Rachel 11	4) Tucker, Lisa 11			
3 Northeast, GL		1:07.29	2	6
1) Dierks, McKenna 10	2) McAleer, Shauna 11			
3) Gray, Alecca 10	4) Marcucci, Aleenah 12			
4 West Branch		1:07.30	2	5
1) Miller, Paige 11	2) Luneckas, Trystin 12			
3) Koenig, Tatum 10	4) Knoop, Abby 11			
5 Sioux Center		1:09.21	1	4
1) Sandbulte, Bailie 12	2) Mulder, Alyssa 09			
3) King, Patricia 11	4) Cleveringa, Camryn 10			
6 Bell/Marq		1:09.45	1	3
1) Schroeder, Becca 10	2) Ambrosy, Anna 12			
3) Biedermann, Kylee 11	4) Schroeder, Marissa 11			
7 Pocahon Area		1:12.49	1	2
1) Hjerleid, Payton 11	2) Meyer, Grace 11			
3) Johnson, Jocelyn 10	4) Meyer, Faith 11			
-- Sibley-Ocheyedan			DQ	1
1) Carlson, Jada 11	2) Berkland, Jill 11			
3) Schwarzkoft, Erin 11	4) Bosma, Jillian 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

Girls High Jump 2A

Name	Year	School	Finals	Points
State Record: * 5-11 5/22/2009 Hannah Willms, Dike-NH				
All-Time: ! 6-01 2010 Hannah Willms, Dike-New Hartford				
1 Durbin, Sydney	09	OA-BCIG	5-04.00	1.62m 10
2 Shepard, Mary	11	Albia	5-03.00	1.60m 8
3 DeJong, Cori	10	W Christ, Hull	5-01.00	1.54m 5
3 Isley, Hannah	10	Albia	5-01.00	1.54m 5
3 Dodson, Kaysha	12	Pekin	5-01.00	1.54m 5
6 Gradwell, Isabelle	10	W Marshall, SC	J5-01.00	1.54m 3
7 Hammond, Dijana	12	East Sac County	J5-01.00	1.54m 2
8 Joens, Bailey	12	Osage	J5-01.00	1.54m 0.50
8 Gadiant, Rachel	12	Monticello	J5-01.00	1.54m 0.50
10 Kiel, Anna	12	Unity Chrst, OC	J5-01.00	1.54m
11 Durnin, Haleigh	11	Dike-NH	4-11.00	1.49m
11 Mathison, Britany	12	Central Lee, D	4-11.00	1.49m
13 Dutka, Madison	09	Central Sprngs	J4-11.00	1.49m
13 Fopma, Morgan	09	Pella Christian	J4-11.00	1.49m
13 Tucker, Lisa	11	Cascade, WD	J4-11.00	1.49m
13 Johnk, Morgan	09	Panorama, P	J4-11.00	1.49m
17 Powers, Audrey	10	Union, LaPorte C	4-09.00	1.44m
17 Lange, Emily	09	Wilton	4-09.00	1.44m
17 Olthoff, Elle	10	Okobojo, Milford	4-09.00	1.44m
17 Barr, Alexis	12	Clarke, O	4-09.00	1.44m
21 Gebel, Katelyn	12	KP-WC	J4-09.00	1.44m
22 Jackson, Jessica	10	Shenandoah	J4-09.00	1.44m
-- Sudmann, Konnor	09	Treynor	NH	
-- Nederhoff, Madelyn	09	Sumner-Fredrksbg	NH	

Girls Long Jump 2A

Name	Year	School	Finals	Wind	H#	Points
State Record: * 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol						
All-Time: ! 19-10.25 2014 Lexus Lovan, Urbandale						
1 Marcucci, Aleenah	12	Northeast, GL	18-00.75	NWI	5.50m 2	10
2 Turek, Mikayla	09	Unity Chrst, OC	17-04.50	NWI	5.29m 2	8
3 Albrecht, Ashlyn	09	Sheldon	17-00.50	NWI	5.19m 1	6
4 Hillard, Lani	11	Louisa-Musc	16-11.25	NWI	5.16m 2	5
5 Wegner, Darian	11	New Hampton	16-08.00	NWI	5.08m 1	4
6 Spencer, Toni	12	CMB, Baxter	16-06.50	NWI	5.04m 2	3
7 Sharp, Jaylynn	11	Davis County, B	16-05.75	NWI	5.02m 2	2
8 Johnson, Erika	11	Waukon	16-03.25	NWI	4.95m 2	1
9 Eisentrager, Jarika	11	Eagle Grove	16-03.00	NWI	4.95m 1	
10 Koppes, Brittany	10	Cascade, WD	16-02.50	NWI	4.94m 2	
11 Durnin, Haleigh	11	Dike-NH	16-02.00	NWI	4.92m 1	
12 Bremer, Cassidy	09	West Central	16-00.75	NWI	4.89m 1	
13 Holschlag, Kaitlin	11	Union, LaPorte C	16-00.50	NWI	4.88m 2	
14 Hinegardner, Sailor	10	CMB, Baxter	15-10.25	NWI	4.83m 1	
15 Blomgren, Meagan	09	Van Meter	15-09.25	NWI	4.80m 2	
16 Disney, Maddie	12	Clarion-GD	15-08.50	NWI	4.78m 1	
17 VanGorp, Ashley	12	PCM, Monroe	15-08.25	NWI	4.78m 2	
18 Pickens, Karmyn	10	Shenandoah	15-07.75	NWI	4.76m 2	
19 Eiklenborg, Nadilee	11	Hampton-Dumont	15-05.75	NWI	4.71m 1	

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....Girls Long Jump 2A

20 Bunnell, Emma	10 Eddyvl-Blakes/F	15-04.75	NWI	4.69m	1
21 Puumala, Melinda	09 E Marshall, L	15-03.50	NWI	4.66m	1
22 Hirsch, Ivy	09 Sumner-Fredrksbg	14-08.75	NWI	4.48m	2
23 Wolf, Autumn	11 Durant	14-00.75	NWI	4.28m	1
24 Brown, Hailee	10 Union, LaPorte C	14-00.25	NWI	4.27m	1

Girls Shot Put 2A

State Record: * 48-08.75 5/19/2016 Kiana Phelps, KP-WC						
All-Time: ! 53-03.50 1992 Paulette Mitchell, Council Bluffs AL						
Name	Year	School	Finals	H#	Points	
1 Phelps, Kiana	12	KP-WC	48-08.75*	14.85m	2	10
2 Kofron, Jamie	09	Tipton	42-09.00	13.03m	2	8
3 Grunder, Brinn	12	Durant	41-11.50	12.78m	2	6
4 TerWee, Micayla	12	W Lyon, Inwood	40-07.50	12.38m	2	5
5 Williams, Shelbie	12	Pekin	39-10.00	12.14m	2	4
6 Zeisneiss, Brylie	09	South Hardin	38-10.75	11.85m	1	3
7 Seeser, Brenna	11	Northeast, GL	38-04.00	11.68m	2	2
8 Ehler, Marin	10	N Fayette Val	37-07.00	11.45m	2	1
9 Schnoor, Courtney	11	Camanche	36-11.50	11.26m	2	
10 Petersen, Sydney	10	Dike-NH	36-08.50	11.18m	2	
11 Hertges, Becca	12	S Winn, Calmar	36-06.25	11.13m	2	
12 Himes, Caitlin	12	Tipton	36-04.00	11.07m	2	
13 Hulshizer, Mariah	11	Saint Ansgar	36-02.00	11.02m	1	
14 Hulshof, Jacklyn	12	Sioux Center	36-01.50	11.01m	1	
15 Jurgens, Payge	12	CMB, Baxter	35-10.50	10.93m	1	
16 Dagel, Olivia	11	Cherokee, Wash	J35-10.50	10.93m	1	
17 Deitchler, Madelyn	10	Treyvor	35-01.50	10.70m	1	
18 Creery, Emily	12	N Fayette Val	34-09.50	10.60m	1	
19 Sullivan, Kenzie	11	Pocahon Area	34-06.00	10.51m	2	
20 Johnson, Dani	11	Apltn-Park	34-04.00	10.46m	1	
21 Kindred, Amanda	12	Clarke, O	34-01.00	10.38m	1	
22 Machholz, Ashley	12	Mediapolis	32-05.50	9.89m	1	
23 Brinkman, Janie	12	Pocahon Area	32-02.75	9.82m	1	
-- Dupuy, Grace	10	West Central	FOUL		1	

Girls Discus Throw 2A

State Record: * 172-01 5/20/2016 Kiana Phelps, KP-WC						
All-Time: ! 179-07 2014 Kiana Phelps, KP-WC						
Name	Year	School	Finals	H#	Points	
1 Phelps, Kiana	12	KP-WC	172-01*	52.45m	2	10
2 Sullivan, Kenzie	11	Pocahon Area	131-07	40.10m	2	8
3 Himes, Caitlin	12	Tipton	129-05	39.44m	2	6
4 Merten, Haley	12	Saint Ansgar	128-01	39.03m	2	5
5 Williams, Shelbie	12	Pekin	126-08	38.60m	2	4
6 Van Manen, Elizabeth	11	Pella Christian	125-08	38.30m	2	3
7 Plendl, Regan	10	KP-WC	123-04	37.59m	2	2
8 Poula, Haley	12	West Branch	116-11	35.63m	2	1
9 Richards, Brittany	12	Madrid	116-05	35.48m	1	
10 Joyce, Kayla	11	Emmetsburg	116-02	35.40m	1	
11 Johnson, Dani	11	Apltn-Park	114-00	34.74m	1	

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....Girls Discus Throw 2A

12	Smithson, Lilly	12	West Central	109-07	33.40m	1
13	TerWee, Micayla	12	W Lyon, Inwood	J109-07	33.40m	2
14	Creery, Emily	12	N Fayette Val	109-03	33.29m	2
15	Dagel, Olivia	11	Cherokee, Wash	109-02	33.27m	2
16	Kofron, Jamie	09	Tipton	108-11	33.19m	1
17	Sheehy, Alison	11	Maquoketa Valley	108-00	32.91m	1
18	Hovden, Serina	11	New Hampton	107-09	32.84m	1
19	Schnoor, Courtney	11	Camanche	104-08	31.90m	1
20	Niewoehner, Megan	09	N Fayette Val	104-05	31.82m	2
21	Pagel, Jenna	09	Sumner-Fredrksbg	101-01	30.81m	1
22	Thomann, Shaelyn	12	W Burlington/ND	97-11	29.84m	1
23	White, Madison	12	GCGR, Grundy	92-01	28.06m	1
24	Hughes, Logan	09	Shenandoah	91-10	27.99m	1

Girls 100 Meter Dash 3A

=====
 State Record: * 12.20 5/24/2014 Rose Ripplinger, Assumption
 All-Time: ! 11.50 1985 Natasha Kaiser, Des Moines Roosevelt
 Name Year School Prelims Wind H#
 =====

Preliminaries

1	King, Carly	09	Assumption	12.72q	-2.0	1	12.712
2	Slight, Dianna	11	Boone	12.72q	-0.4	3	12.716
3	Vos, Emily	10	Pella	12.91q	-0.4	3	
4	Pingel, Annika	10	Pella	12.97q	-2.0	1	
5	Johnson, Macy	11	Winterset	13.02q	-2.0	1	
6	Dubois, Taylor	11	Carlisle	13.03q	-2.0	1	
7	Richardson, Kendrea	10	Knoxville	13.07q	-0.4	3	
8	Hasken, Bailey	10	Wahlert, Dub	13.09q	-2.7	2	13.081
9	Gullekson, Rose	09	Decorah	13.09	-2.7	2	13.088
10	Masten, Ellie	10	Benton Comm	13.11	-2.7	2	
11	Osterberger, Alli	12	Wahlert, Dub	13.12	-0.4	3	
12	Hentges, Amanda	11	Algona	13.15	-2.7	2	
13	Tynnismaa, Isabelle	12	S Tama Cty, Tama	13.18	-0.4	3	
14	Flaws, Allie	12	Webster City	13.20	-2.7	2	
15	Durbin, Megan	10	Greene County	13.29	-0.4	3	
16	Ailes-Primes, Ya'Mia	10	Keokuk	13.30	-2.0	1	
17	Saner, Katie	09	Crestwood	13.34	-2.7	2	
18	Wheeler, Kelly	12	Washington	13.35	-2.0	1	
19	Haley, Lindsey	12	Nevada	13.36	-2.7	2	13.356
20	Weiss, Whitney	10	Denison-Schlswg	13.36	-2.0	1	13.358
21	Hoogeveen, Lona	10	Boy-Hul/Rock Val	13.51	-0.4	3	
22	Miller, Grace	10	Xavier, CR	13.53	-0.4	3	
23	Murrow, Ashley	10	DC-Grimes	13.84	-2.7	2	

Girls 100 Meter Dash 3A

=====
 State Record: * 12.20 5/24/2014 Rose Ripplinger, Assumption
 All-Time: ! 11.50 1985 Natasha Kaiser, Des Moines Roosevelt
 Name Year School Finals Wind Points
 =====

Finals

1	King, Carly	09	Assumption	12.26	0.2	10
2	Slight, Dianna	11	Boone	12.40	0.2	8

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3	Pingel, Annika	10	Pella	12.51	0.2	6
4	Hasken, Bailey	10	Wahlert, Dub	12.57	0.2	5
5	Vos, Emily	10	Pella	12.58	0.2	4
6	Johnson, Macy	11	Winterset	12.66	0.2	3
7	Richardson, Kendrea	10	Knoxville	12.68	0.2	2
8	Dubois, Taylor	11	Carlisle	12.83	0.2	1

Girls 200 Meter Dash 3A

=====						
State Record:	*	24.59	5/21/2015	Kari Dufoe, ADM		
All-Time:	!	24.00	1975	Debbie Esser, Woodbine		
Name		Year	School	Prelims	Wind	H#
=====						

Preliminaries

1	Sherman, Laura	12	Wahlert, Dub	24.98q	-0.8	2
2	Pingel, Annika	10	Pella	25.30q	-0.8	2
3	Slight, Dianna	11	Boone	25.36q	-4.2	1
4	King, Carly	09	Assumption	25.42q	-1.3	3
5	Brown, Maddie	11	Bishop Heelan	25.98q	-0.8	2
6	Tynnismaa, Isabelle	12	S Tama Cty, Tama	26.01q	-0.8	2
7	Richardson, Kendrea	10	Knoxville	26.15q	-1.3	3
8	Dellamuth, Brianna	12	Williamsburg	26.39q	-1.3	3
9	Flaws, Allie	12	Webster City	26.42	-4.2	1
10	Dubois, Taylor	11	Carlisle	26.43	-4.2	1
11	Ailes-Primes, Ya'Mia	10	Keokuk	26.48	-1.3	3
12	Watson, Sarah	11	Central DeWitt	26.91	-0.8	2
13	Holmes, Gabby	12	Algona	26.97	-1.3	3
14	Quandahl, Kayla	11	Decorah	27.11	-0.8	2
15	Mangold, Katelyn	11	W Delaware	27.21	-0.8	2
16	Weddle, Abby	10	DC-Grimes	27.28	-4.2	1
17	Gall, Ana	12	Wahlert, Dub	27.34	-0.8	2
18	McAllister, Katie	10	LeMars	27.58	-1.3	3
19	White, Morgan	10	Estherville-LC	27.63	-1.3	3
20	Rohlena, Amber	11	Benton Comm	27.64	-4.2	1
21	Albenesius, Anna	11	Bishop Heelan	27.90	-4.2	1
22	Johnson, Nadine	09	Spencer	28.01	-4.2	1
23	Garrels, Marisa	10	Webster City	28.20	-1.3	3
24	Ertz, Allyssa	12	Denison-Schlswg	29.21	-4.2	1

Girls 200 Meter Dash 3A

=====						
State Record:	*	24.59	5/21/2015	Kari Dufoe, ADM		
All-Time:	!	24.00	1975	Debbie Esser, Woodbine		
Name		Year	School	Finals	Wind	Points
=====						

Finals

1	Sherman, Laura	12	Wahlert, Dub	24.97	-0.1	10
2	King, Carly	09	Assumption	25.00	-0.1	8
3	Slight, Dianna	11	Boone	25.04	-0.1	6
4	Pingel, Annika	10	Pella	25.37	-0.1	5
5	Richardson, Kendrea	10	Knoxville	26.02	-0.1	4
6	Tynnismaa, Isabelle	12	S Tama Cty, Tama	26.03	-0.1	3
7	Brown, Maddie	11	Bishop Heelan	26.31	-0.1	2
8	Dellamuth, Brianna	12	Williamsburg	26.40	-0.1	1

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Girls 400 Meter Dash 3A

=====					
State Record: * 54.73 5/19/2016 Dianna Slight, Boone					
All-Time: ! 53.96 5/20/2010 Hannah Willms, Dike-NH					
Name	Year	School	Finals	H#	Points
=====					
1 Slight, Dianna	11	Boone	54.73*	3	10
2 King, Carly	09	Assumption	57.19	3	8
3 Fricano, Katy	12	Wahlert, Dub	58.16	3	6
4 Tynismaa, Isabelle	12	S Tama Cty, Tama	58.25	3	5
5 King, Mallory	12	Assumption	58.69	3	4
6 Kerkhoff, Erin	09	Solon	58.97	3	3
7 Jenkins, Sydney	12	Newton	59.46	3	2
8 Jochum, Madison	09	Bishop Heelan	1:00.23	2	1
9 Yuska, Allison	11	S Tama Cty, Tama	1:00.31	2	
10 Perez, Katie	12	Decorah	1:00.78	3	
11 Schneider, Brett	10	Fort Madison	1:01.46	2	
12 Duffield, Beth	11	Humboldt	1:01.95	2	
13 Washington, Sydney	12	Knoxville	1:02.05	2	
14 Hill, Brey	12	Oskaloosa	1:02.21	2	
15 Mikkelson, Sarah	10	Decorah	1:02.61	2	
16 Blommers, Lindsey	09	Pella	1:03.46	1	
17 Juhl, Maddy	09	Ia Falls-Alden	1:03.51	1	
18 Kenkel, Emma	09	Storm Lake	1:03.97	2	
19 Ferguson, Ally	10	DC-Grimes	1:04.22	1	
20 Schmidt, Hailey	10	Algona	1:04.35	1	
21 Olejniczak, Emma	11	Perry	1:04.36	1	
22 Weeks, Abby	09	Spencer	1:04.52	1	
23 Gubbels, Molly	10	Harlan	1:04.61	1	
24 Brown, Alli	12	Algona	1:04.98	1	

Girls 800 Meter Run 3A

=====					
State Record: * 2:07.51 5/21/2016 Joy Ripslinger, Assumption					
All-Time: ! 2:07.35 2009 Shelby Houlihan, Sioux City East					
Name	Year	School	Finals	H#	Points
=====					
1 Ripslinger, Joy	11	Assumption	2:07.51*	2	10
2 Schumacher, Julia	10	Assumption	2:14.57	2	8
3 Kohut-Jackson, Abby	12	Ballard	2:15.42	2	6
4 Schneider, Brett	10	Fort Madison	2:17.59	2	5
5 Hollensbe, Julie	12	Williamsburg	2:18.00	2	4
6 Ertz, Andrea	12	Marion	2:18.39	2	3
7 Mendlik, Ellie	10	Denison-Schlswg	2:18.98	2	2
8 Cole, McKayla	11	Charles City	2:19.08	2	1
9 Mueller, Brianna	12	ADM, Adel	2:19.26	2	
10 Kivett, Baylee	12	Grinnell	2:21.58	1	
11 McNamara, Brittany	12	Central DeWitt	2:21.81	1	
12 Howardson, Sierra	10	Fort Madison	2:22.99	1	
13 Dickes, Jenny	12	Xavier, CR	2:23.01	1	
14 Pollard, Maggie	10	Gilbert	2:23.11	1	
15 Gerber, Bristi	12	Vinton-Shellbrg	2:24.30	2	
16 Juergens, Sadie	09	ADM, Adel	2:24.91	1	
17 Baker, Brielle	09	Creston	2:25.43	1	
18 Fritz, Sami	11	Fairfield	2:25.79	1	
19 Kampen, Maddie	12	Humboldt	2:25.85	1	

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....Girls 800 Meter Run 3A

20 Boge, Kelly	12 Wahlert, Dub	2:27.02	2
21 Rand, Sydney	11 LeMars	2:28.15	1
22 VanZante, Morgan	11 Algona	2:29.44	1
23 Galligan, Jenna	10 Decorah	2:30.59	2
24 Hosch, Kaylee	09 Independence	2:30.64	1

Girls 1500 Meter Run 3A

=====				
State Record: * 4:39.02 5/24/2014 Grace Gibbons, Gilbert				
All-Time: ! 4:28.30 4/17/2010 Katie Flood, Dowling Cath				
Name	Year	School	Finals	Points
=====				
1 Ripslinger, Joy	11	Assumption	4:39.03	10
2 Kohut-Jackson, Abby	12	Ballard	4:41.27	8
3 Bach, Maddie	12	Marion	4:44.00	6
4 Hollensbe, Julie	12	Williamsburg	4:45.44	5
5 Schumacher, Julia	10	Assumption	4:49.41	4
6 Rahn, Carly	11	Gilbert	4:51.78	3
7 Steffensmeier, Sarah	12	Fort Madison	4:52.23	2
8 Gilbert, Sophia	10	Benton Comm	4:52.45	1
9 Leshner, Amelia	10	North Polk, A	4:52.93	
10 Mendlik, Ellie	10	Denison-Schlswg	4:54.25	
11 Cole, McKayla	11	Charles City	4:55.38	
12 Williams, Tiffany	12	Atlantic	4:56.75	
13 Horst, Grace	09	Vinton-Shellbrg	4:57.47	
14 Neighbor, Chloe	09	Center Point	4:57.71	
15 Andersen, Raegan	09	Denison-Schlswg	4:58.23	
16 Romagna, Jade	12	Wahlert, Dub	5:02.06	
17 Blommers, Kelcey	11	Pella	5:03.24	
18 Roberts, Morgan	10	Spencer	5:04.08	
19 Delperdang, Kourtney	09	Spirit Lake	5:04.25	
20 Sporkman, Allison	12	Fort Madison	5:05.65	
21 Roorda, Tess	11	Pella	5:07.36	
22 Dannewitz, Addie	12	DC-Grimes	5:09.51	
23 Bloomquist, Ashley	09	Fairfield	5:10.52	

Girls 3000 Meter Run 3A

=====				
State Record: * 9:58.45 5/19/2011 Alana Enabnit, Clear Lake				
All-Time: ! 9:27.25 5/20/2010 Katie Flood, Dowling Catholic				
Name	Year	School	Finals	Points
=====				
1 Kohut-Jackson, Abby	12	Ballard	10:08.29	10
2 Ripslinger, Joy	11	Assumption	10:11.43	8
3 Schumacher, Julia	10	Assumption	10:17.27	6
4 Bach, Maddie	12	Marion	10:24.60	5
5 Gilbert, Sophia	10	Benton Comm	10:24.91	4
6 Cole, McKayla	11	Charles City	10:28.54	3
7 Hollensbe, Julie	12	Williamsburg	10:33.63	2
8 Ertz, Andrea	12	Marion	10:39.14	1
9 Jeppson, Maren	12	Mt Vernon	10:42.06	
10 Williams, Tiffany	12	Atlantic	10:45.86	
11 Roberts, Morgan	10	Spencer	10:51.81	
12 Howardson, Sierra	10	Fort Madison	10:51.86	

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....Girls 3000 Meter Run 3A

13 Sievers, Megan	09 Carlisle	10:52.70
14 Horst, Lily	12 Vinton-Shellbrg	11:00.08
15 Delperdang, Kourtney	09 Spirit Lake	11:02.51
16 Berlage, Josephine	11 Decorah	11:04.67
17 Hurt, Maddie	09 LeMars	11:05.15
18 Neighbor, Callie	10 Center Point	11:06.38
19 Pollard, Annie	12 Gilbert	11:08.81
20 Smith, Lexi	10 DC-Grimes	11:12.90
21 Coon, Lauren	09 Oskaloosa	11:16.75
22 DeJong, Sienna	11 Oskaloosa	11:18.22
23 Barker, Kaylie	09 Clear Crk-Amana	11:49.05
24 Kaster, Greichaly	09 Harlan	11:59.88

Girls 100 Meter Hurdles 3A

State Record: *	14.70	5/22/2015	Kelsi Phipps, Mt. Pleasant		
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.		
Name		Year School	Prelims	Wind	H#

Preliminaries

1 Bjustrom, Maggi	12 ADM, Adel	14.89q	-2.2	2	
2 Thoreson, Emma	11 Pella	15.27q	-2.2	2	
3 Martensen, Grace	09 Benton Comm	15.28q	0.2	1	
4 McKinstrey, Corin	12 Pella	15.51q	0.2	1	
5 Yeoman, Catherine	10 Mt Vernon	15.78q	0.2	1	
6 Durr, Sienna	10 Grinnell	15.91q	-3.1	3	
7 Saunders, Janey	11 Maquoketa	15.99q	0.2	1	
8 Sands, Alexis	11 Solon	16.07q	0.2	1	16.063
9 Vance, Bailey	11 Wahlert, Dub	16.07	0.2	1	16.067
10 Moline, Claire	12 Boone	16.29	-2.2	2	
11 Lambson, Aricka	10 Carlisle	16.30	-2.2	2	
12 Masching, Maci	12 DC-Grimes	16.32	-3.1	3	
13 Garvey, Kenzie	12 Webster City	16.39	-2.2	2	
14 Schwarting, Corrine	12 Clear Crk-Amana	16.44	-2.2	2	
15 Sandvig, Olivia	12 Decorah	16.54	-3.1	3	
16 Schwartz, Amanda	12 LeMars	16.58	-2.2	2	
17 VanDeWalle, Sarah	12 Independence	16.59	0.2	1	
18 Buchholz, Jessie	11 Washington	16.64	0.2	1	
19 Yuska, Lauren	11 S Tama Cty, Tama	16.66	-2.2	2	
20 Hamilton, Olivia	10 Spencer	16.71	-3.1	3	
21 Rolf, Mary	12 Assumption	17.03	-3.1	3	
22 Lampe, Theresa	10 Xavier, CR	17.05	-3.1	3	
23 Castillo, Amber	12 Creston	17.45	-3.1	3	
24 Dean, Molly	12 Glenwood	19.53	-3.1	3	

Girls 100 Meter Hurdles 3A

State Record: *	14.70	5/22/2015	Kelsi Phipps, Mt. Pleasant		
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.		
Name		Year School	Finals	Wind	Points

Finals

1 Bjustrom, Maggi	12 ADM, Adel	14.74	-0.8	10	
2 Thoreson, Emma	11 Pella	14.84	-0.8	8	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 100 Meter Hurdles 3A

3	Martensen, Grace	09	Benton Comm	15.34	-0.8	6
4	McKinstrey, Corin	12	Pella	15.46	-0.8	5
5	Durr, Sienna	10	Grinnell	15.64	-0.8	4
6	Yeoman, Catherine	10	Mt Vernon	15.82	-0.8	3
7	Saunders, Janey	11	Maquoketa	15.84	-0.8	2
8	Sands, Alexis	11	Solon	15.89	-0.8	1

Girls 400 Meter Hurdles 3A

State Record: * 1:02.53 5/19/2010 Holly Salzbrenner, Mount Vernon-Lisbo

All-Time: ! 57.30 1975 Debbie Esser, Woodbine

Name	Year	School	Finals	H#	Points	
1	Dean, Molly	12	Glenwood	1:03.58	3	10
2	Nimrod, Katie	10	Decorah	1:04.09	3	8
3	Yuska, Allison	11	S Tama Cty, Tama	1:06.28	3	6
4	Hamilton, Olivia	10	Spencer	1:06.34	3	5
5	Pingel, Kiki	11	Pella	1:06.65	2	4
6	Danner, Madyln	09	Boone	1:06.78	3	3
7	Ryan, Libby	11	Mt Vernon	1:07.48	1	2
8	Ruth, Miranda	12	Glenwood	1:08.34	3	1
9	Westercamp, Alexis	11	Oskaloosa	1:08.39	2	
10	Lambson, Aricka	10	Carlisle	1:08.70	1	
11	Kelderman, Emma	09	Oskaloosa	1:08.81	1	
12	Hansen, Chloe	09	Harlan	1:08.86	3	
13	Herber, Grace	10	Wahlert, Dub	1:08.96	2	
14	Beckert, Haley	11	Waverly-SR	1:09.10	2	
15	VanDerWeide, PJ	12	Gilbert	1:09.12	2	
16	Gunderson, Vanessa	09	Denison-Schlswg	1:09.31	2	
17	Olaniyi, Aluna	10	Fairfield	1:09.43	3	
18	Brase, Sydney	11	Marion	1:09.44	2	
19	Haack, Jocelyn	09	Carlisle	1:09.56	1	
20	Stout, Alexis	10	Newton	1:09.77	1	
21	Pavlich, Madison	12	Assumption	1:10.50	1	
22	Platt, Payton	12	Estherville-LC	1:11.47	1	
23	Little, Lexie	11	Creston	1:12.17	1	
24	Rindone, Teylor	10	Algona	1:12.40	2	

Girls 4x100 Meter Relay 3A

State Record: * 48.47 5/23/2014 Assumption, Assumption

E Bassier, R Ripslinger, M Mommsen, M Irmen

All-Time: ! 47.55 4/28/2012 Roosevelt, Roosevelt

School Prelims H#

Preliminaries

1	Wahlert, Dub	49.23q	2
	1) Ganshirt, Jackie 11	2) Sherman, Anna 10	
	3) Osterberger, Alli 12	4) Hasken, Bailey 10	
2	Assumption	49.81q	1
	1) Harris, Jasmine 11	2) Jennings, Rachel 12	
	3) Carroll, Mary Grace 10	4) King, Carly 09	
3	Benton Comm	50.08q	2
	1) Wiebel, Alyssa 12	2) Masten, Ellie 10	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x100 Meter Relay 3A**

3) Slouha, Lauren 09	4) Masten, Elizabeth 10		
4 Pella	50.13q	3	
1) Tallman, Sara 12	2) Thoreson, Emma 11		
3) Malek, Paighton 10	4) Vos, Emily 10		
5 S Tama Cty, Tama	50.15q	1	
1) Slaven, Shae 11	2) Yuska, Lauren 11		
3) Yuska, Allison 11	4) Tynnismaa, Isabelle 12		
6 DC-Grimes	50.39q	1	
1) Weddle, Abby 10	2) Masching, Maci 12		
3) Ryan, Abby 10	4) Lowary, Rachel 11		
7 Glenwood	50.57q	2	
1) Ruth, Miranda 12	2) Clark, Kaycee 12		
3) Starner, Myranda 12	4) Dean, Molly 12		
8 Nevada	50.67q	2	
1) McKinney, Jordan 11	2) Stephenson, Abby 11		
3) Fey, Alli 12	4) Haley, Lindsey 12		
9 Newton	51.17	2	
1) Jenkins, Sydney 12	2) Hutchinson, Alex 12		
3) McVey, Liz 10	4) Spencer, Leela 12		
10 ADM, Adel	51.20	3	
1) Anderson, Olivia 11	2) Bjustrom, Maggi 12		
3) Schepers, Sami 10	4) Bertman, Sydney 11		
11 Center Point	51.29	3	
1) Fox, Callyn 09	2) Dagna, Emelie 11		
3) Willson, Madison 09	4) Kinsella, Keely 12		
12 Webster City	51.36	3	
1) Dawson, Kali 11	2) Flaws, Haley 10		
3) Garvey, Kenzie 12	4) Flaws, Allie 12		
13 Washington	51.39	3	
1) Marek, Makenzi 11	2) Greiner, Jenah 09		
3) Salow, Amber 12	4) Wheeler, Kelly 12		
14 LeMars	51.42	2	
1) Benjamin, Chaise 12	2) Wilken, Allison 12		
3) Schwartz, Halie 10	4) Williams, Stephanie 10		
15 Algona	51.45	3	
1) Hood, Sam 10	2) Julius, Janna 11		
3) Grein, Sami 12	4) Hentges, Amanda 11		
16 Carlisle	51.48	1	
1) Reed, Marissa 11	2) McCormick, Natalie 10		
3) Beier, Agatha 11	4) Dubois, Taylor 11		
17 Marion	51.51	1	
1) Miller-Baker, Skylar 12	2) Lee, Lauren 11		
3) Draves, Livvy 09	4) Coder, Gloria 12		
18 Xavier, CR	51.52	2	
1) Oakley, Sydney 12	2) Parr, Anna 10		
3) Stanek, Kiana 11	4) Miller, Grace 10		
19 Creston	51.65	2	
1) Shepherd, Rachel 11	2) Maitlen, Cayla 10		
3) Hemsworth, Stephanie 10	4) Castillo, Amber 12		
20 Harlan	51.81	1	
1) Craig, Sidney 10	2) Sotelo, Alyssa 10		
3) Light, Cheyanne 12	4) Hansen, Chloe 09		
21 Spencer	51.93	1	
1) Nissen, Katelyn 09	2) Hopkins, Kailee 09		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x100 Meter Relay 3A

22 Boone	3) Rost, Jalen 11	4) Johnson, Nadine 09	52.20	3
	1) Moline, Claire 12	2) Wyrick, Jada 11		
	3) Castle, Ellen 09	4) Lyons, Payton 12		
23 Denison-Schlswg			52.42	1
	1) Mohr, Alex 09	2) Branning, Sarah 11		
	3) Ertz, Allyssa 12	4) Weiss, Whitney 10		
-- Decorah			DQ	3
	1) Gullekson, Rose 09	2) Perez, Katie 12		
	3) Quandahl, Kayla 11	4) Valkosky, Brynne 10		

Girls 4x100 Meter Relay 3A

=====				
State Record:	* 48.47	5/23/2014	Assumption, Assumption	
			E Bassier, R Ripplinger, M Mommsen, M Irmen	
All-Time:	! 47.55	4/28/2012	Roosevelt, Roosevelt	
School				Finals Points
=====				

Finals

1 Assumption		48.72	10
	1) Harris, Jasmine 11	2) Jennings, Rachel 12	
	3) Carroll, Mary Grace 10	4) King, Carly 09	
2 Wahlert, Dub		49.05	8
	1) Ganshirt, Jackie 11	2) Sherman, Anna 10	
	3) Osterberger, Alli 12	4) Hasken, Bailey 10	
3 Pella		49.55	6
	1) Tallman, Sara 12	2) Thoreson, Emma 11	
	3) Malek, Paighton 10	4) Vos, Emily 10	
4 S Tama Cty, Tama		50.01	5
	1) Slaven, Shae 11	2) Yuska, Lauren 11	
	3) Yuska, Allison 11	4) Tynnismaa, Isabelle 12	
5 Benton Comm		50.54	4
	1) Wiebel, Alyssa 12	2) Masten, Ellie 10	
	3) Slouha, Lauren 09	4) Masten, Elizabeth 10	
6 Nevada		50.81	3
	1) McKinney, Jordan 11	2) Stephenson, Abby 11	
	3) Fey, Alli 12	4) Haley, Lindsey 12	
7 Glenwood		51.06	2
	1) Ruth, Miranda 12	2) Clark, Kaycee 12	
	3) Starner, Myranda 12	4) Dean, Molly 12	
8 DC-Grimes		51.52	1
	1) Weddle, Abby 10	2) Masching, Maci 12	
	3) Ryan, Abby 10	4) Workman, Amber 12	

Girls 4x200 Meter Relay 3A

=====				
State Record:	* 1:41.50	5/20/2016	Assumption, Assumption	
			M King, R Jennings, J Harris, M Carroll	
All-Time:	! 1:39.24	5/22/2015	CR Jefferson, CR Jefferson	
School			A Ranschau, J Blue, M Meese, L Schneekloth	Finals H# Points
=====				

1 Assumption		1:41.50*	3	10
	1) King, Mallory 12	2) Jennings, Rachel 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

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Results

....Girls 4x200 Meter Relay 3A

3) Harris, Jasmine 11	4) Carroll, Mary Grace 10		
2 Wahlert, Dub	1:41.51	3	8
1) Osterberger, Alli 12	2) Fricano, Katy 12		
3) Sherman, Anna 10	4) Sherman, Laura 12		
3 Decorah	1:44.66	3	6
1) Ranum, Rylea 10	2) Quandahl, Kayla 11		
3) Gullekson, Rose 09	4) Solberg, Kalle 12		
4 Pella	1:44.70	3	5
1) Pingel, Kiki 11	2) Bogaard, Makenna 12		
3) Malek, Paighton 10	4) Vos, Emily 10		
5 DC-Grimes	1:45.82	3	4
1) Weddle, Abby 10	2) Murrow, Ashley 10		
3) Jorgensen, Tatum 11	4) Lowary, Rachel 11		
6 Benton Comm	1:46.28	2	3
1) Wiebel, Alyssa 12	2) Masten, Ellie 10		
3) Hulsebus, Shelby 10	4) Masten, Elizabeth 10		
7 Bishop Heelan	1:46.69	3	2
1) Copley, Ellie 10	2) Albenesius, Anna 11		
3) Luft, Lauren 12	4) Brown, Maddie 11		
8 Nevada	1:47.11	2	1
1) Sharp, Caitlyn 09	2) Stephenson, Abby 11		
3) Fey, Alli 12	4) Haley, Lindsey 12		
9 Harlan	1:47.31	3	
1) Craig, Sidney 10	2) Hansen, Chloe 09		
3) Light, Cheyanne 12	4) Frederick, Taylor 12		
10 Algona	1:47.34	3	
1) Hentges, Amanda 11	2) Grein, Sami 12		
3) Rindone, Teylor 10	4) Holmes, Gabby 12		
11 Williamsburg	1:47.58	1	
1) Christenson, River 12	2) Gilbert, Brittni 11		
3) Wardenburg, Madalyn 10	4) Dellamuth, Brianna 12		
12 Marion	1:47.99	2	
1) Miller-Baker, Skylar 12	2) Lee, Lauren 11		
3) Coder, Gloria 12	4) Draves, Livvy 09		
13 Mt Pleasant	1:48.51	1	1:48.502
1) Ensminger, Katie 10	2) Shelman, Brianna 11		
3) Patterson, D'Jannay 12	4) Coffin, Peyton 12		
14 Glenwood	1:48.51	2	1:48.510
1) Bomer, Devon 10	2) Clark, Kaycee 12		
3) Starner, Myranda 12	4) Ruth, Miranda 12		
15 LeMars	1:48.61	2	
1) McAllister, Katie 10	2) Benjamin, Chaise 12		
3) Schwartz, Halie 10	4) Wilken, Allison 12		
16 Webster City	1:48.68	1	
1) Dawson, Kali 11	2) Woodle, Zoey 09		
3) Flaws, Haley 10	4) Flaws, Allie 12		
17 Carlisle	1:48.72	1	
1) Reed, Marissa 11	2) Mercer, Paige 09		
3) Beier, Agatha 11	4) Dubois, Taylor 11		
18 ADM, Adel	1:49.20	1	
1) Anderson, Olivia 11	2) Mueller, Brianna 12		
3) Kenny, Anna 09	4) Bertman, Sydney 11		
19 Waverly-SR	1:49.21	2	
1) McCalla, Emily 12	2) Larson, Krissa 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x200 Meter Relay 3A**

20	3) Beckert, Haley 11	4) Hoins, Grace 11	1:49.50	1
	1) Nissen, Ashlyn 09	2) Brown, Abbie 10		
	3) Hopkins, Kailee 09	4) Johnson, Nadine 09		
21	1) Hemsworth, Stephanie 10	2) Castillo, Amber 12	1:50.00	2
	3) Sickels, Josie 12	4) Maitlen, Cayla 10		
22	1) Welcher, Sabrina 09	2) Vaske, Kira 10	1:50.12	2
	3) Collier, Lauren 10	4) Mangold, Katelyn 11		
23	1) Salow, Amber 12	2) Bailey, Isabel 09	1:50.54	1
	3) Greiner, Jenah 09	4) Wheeler, Kelly 12		
24	1) Parks, Emily 11	2) Boelter, Kaylee 12	1:51.02	1
	3) Sieperda, Mady 10	4) Ahrenstorff, Payton 09		

Girls 4x400 Meter Relay 3A

State Record:	* 3:53.05	5/24/2014	MOC-FV, MOC-FV
			R Muilenburg, D Heimensen, K Landhuis, A Conaway
All-Time:	! 3:48.39	5/23/2009	Sioux City, East, Sioux City,
			S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School			Prelims H#

Preliminaries

1	Decorah	4:00.95q	1
	1) Perez, Katie 12	2) Nimrod, Katie 10	
	3) Solberg, Kalle 12	4) Schuring, Taylor 12	
2	Pella	4:01.14q	2
	1) Pingel, Kiki 11	2) Bogaard, Makenna 12	
	3) Holterhaus, Emily 09	4) Pingel, Annika 10	
3	Wahlert, Dub	4:02.04q	2
	1) Boge, Kelly 12	2) Fricano, Katy 12	
	3) Osterberger, Ellie 10	4) Sherman, Laura 12	
4	Bishop Heelan	4:04.46q	3
	1) Albenesius, Anna 11	2) Doohen, Callie 10	
	3) Jochum, Madison 09	4) Luft, Lauren 12	
5	Independence	4:05.49q	2
	1) Price, Jenna 12	2) Hosch, Kaylee 09	
	3) Hupke, Mackenzie 09	4) Niedert, Kaitlin 11	
6	Mt Vernon	4:05.90q	1
	1) Anton, Faith 11	2) Brase, Ella 09	
	3) Ryan, Libby 11	4) Light, Rory 09	
7	ADM, Adel	4:06.68q	1
	1) Kenny, Anna 09	2) Juergens, Sadie 09	
	3) Anderson, Olivia 11	4) Mueller, Brianna 12	
8	Assumption	4:08.05q	1
	1) Adams, Sarah 12	2) Rohlf, Grace 10	
	3) VanSeveren, Sophie 11	4) Nelson, Lea 09	
9	Waverly-SR	4:08.39	3
	1) McCalla, Emily 12	2) Beckert, Haley 11	
	3) Willemssen, Jayme 10	4) Hoins, Grace 11	
10	Humboldt	4:08.76	3

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 4x400 Meter Relay 3A**

	1) Duffield, Beth 11	2) Hildreth, Olivia 11	
	3) Kampen, Maddie 12	4) Kent, Gabby 10	
11 Central DeWitt		4:09.54	1
	1) McNamara, Brittany 12	2) Voss, Amber 12	
	3) Seitz, Haley 12	4) Watson, Sarah 11	
12 LeMars		4:09.75	3
	1) Rand, Sydney 11	2) Engebretson, Katrina 12	
	3) Ellis, Annie 09	4) McAllister, Katie 10	
13 Creston		4:10.24	3
	1) Vicker, Jesse 09	2) Baker, Brielle 09	
	3) Hemsworth, Stephanie 10	4) Briley, Taylor 12	
14 DC-Grimes		4:11.88	3
	1) Borchers, Jenna 10	2) Smith, Lexi 10	
	3) Sterbenz, Sami 09	4) Jorgensen, Tatum 11	
15 Algona		4:12.45	2
	1) Brown, Alli 12	2) Holmes, Gabby 12	
	3) Schmidt, Hailey 10	4) Rindone, Teylor 10	
16 Oskaloosa		4:13.63	1
	1) Westercamp, Alexis 11	2) Howard, Paige 12	
	3) Kelderman, Emma 09	4) Hill, Brey 12	
17 Spencer		4:14.47	2
	1) Hamilton, Olivia 10	2) Roberts, Morgan 10	
	3) Botcher, Brandi 11	4) Dirkx, Jenna 10	
18 W Delaware		4:14.56	2
	1) Mangold, Katelyn 11	2) Vaske, Kira 10	
	3) Collier, Lauren 10	4) Welcher, Sabrina 09	
19 Fort Madison		4:14.60	1
	1) Bailey, Kamryn 10	2) Schneider, Brett 10	
	3) Sporkman, Allison 12	4) Steffensmeier, Sarah 12	
20 Gilbert		4:16.23	2
	1) Jackson, Trinity 09	2) Tyler, Olivia 11	
	3) Richard, Bree 10	4) VanDerWeide, PJ 12	
21 Mt Pleasant		4:17.69	1
	1) Ensminger, Katie 10	2) Murray, Taylor 10	
	3) McDowell, Delaney 10	4) Coffin, Peyton 12	
22 Harlan		4:20.57	2
	1) Frederick, Taylor 12	2) Hoegh, Baylee 10	
	3) Feldman, Kaitlyn 10	4) Larsen, Alexis 10	
23 Fairfield		4:21.15	3
	1) Fritz, Sami 11	2) Buch, Nicole 10	
	3) Jeffrey, Kara 09	4) Ferrel, Taylor 12	
24 Carlisle		4:21.62	3
	1) Mesecher, Cameron 09	2) Viers, Kirstin 10	
	3) Haack, Jocelyn 09	4) Lambson, Aricka 10	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Girls 4x400 Meter Relay 3A**

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State Record: * 3:53.05 5/24/2014 MOC-FV, MOC-FV
                R Muilenburg, D Heimensen, K Landhuis, A Conaway
All-Time: ! 3:48.39 5/23/2009 Sioux City, East, Sioux City, E
                S Houlihan, R Mikulicz, E McCarthy, E Dougherty
School                                                Finals Points
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Finals

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1 Decorah                                           3:54.36   10
  1) Perez, Katie 12                               2) Nimrod, Katie 10
  3) Solberg, Kalle 12                             4) Schuring, Taylor 12
2 Wahlert, Dub                                     3:57.22    8
  1) Boge, Kelly 12                                2) Fricano, Katy 12
  3) Osterberger, Ellie 10                         4) Sherman, Laura 12
3 Pella                                           3:57.35    6
  1) Pingel, Kiki 11                               2) Bogaard, Makenna 12
  3) Holterhaus, Emily 09                           4) Pingel, Annika 10
4 Independence                                    4:03.81    5
  1) Price, Jenna 12                               2) Hosch, Kaylee 09
  3) Hupke, Mackenzie 09                           4) Niedert, Kaitlin 11
5 Bishop Heelan                                   4:04.93    4
  1) Albenesius, Anna 11                           2) Doohen, Callie 10
  3) Jochum, Madison 09                             4) Luft, Lauren 12
6 Mt Vernon                                       4:04.94    3
  1) Anton, Faith 11                               2) Brase, Ella 09
  3) Ryan, Libby 11                                 4) Light, Rory 09
7 Assumption                                       4:06.53    2
  1) Adams, Sarah 12                               2) Rohlf, Grace 10
  3) VanSeveren, Sophie 11                          4) Nelson, Lea 09
8 ADM, Adel                                       4:09.73    1
  1) Kenny, Anna 09                                2) Juergens, Sadie 09
  3) Anderson, Olivia 11                            4) Mueller, Brianna 12

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Girls 4x800 Meter Relay 3A

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State Record: * 9:17.72 5/18/2010 Mount Vernon/Lisbon, Mount Vernon/Lis
All-Time: ! 9:09.09 2001 Iowa City West, Iowa City West
School                                                Finals H# Points
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1 Assumption                                       9:22.20   2 10
  1) King, Mallory 12                               2) Adams, Sarah 12
  3) Rohlf, Grace 10                               4) Schumacher, Julia 10
2 Fort Madison                                    9:25.73   2  8
  1) Schneider, Brett 10                           2) Sporkman, Allison 12
  3) Howardson, Sierra 10                           4) Steffensmeier, Sarah 12
3 Wahlert, Dub                                    9:34.71   2  6
  1) Osterberger, Ellie 10                         2) Boge, Kelly 12
  3) Romagna, Jade 12                               4) Osterberger, Kaylee 10
4 Vinton-Shellbrg                                9:37.08   2  5
  1) Gerber, Bristi 12                              2) Horst, Grace 09
  3) Schmidt, Annika 12                             4) Horst, Lily 12
5 North Polk, A                                   9:38.39   2  4
  1) Lambert, Sierra 10                             2) Gorham, Maria 10
  3) Blanchard, Sophie 10                           4) Leshner, Amelia 10
6 Central DeWitt                                  9:39.61   2  3

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Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x800 Meter Relay 3A

1) McNamara, Brittany 12	2) O'Neil, Lauren 11		
3) Roling, Kali 11	4) Campbell, Julia 10		
7 Decorah		9:41.78	2 2
1) Galligan, Jenna 10	2) Schuring, Taylor 12		
3) Perez, Katie 12	4) Nimrod, Katie 10		
8 ADM, Adel		9:43.87	2 1
1) Mueller, Brianna 12	2) Juergens, Sadie 09		
3) Anderson, Olivia 11	4) Kenny, Anna 09		
9 Mt Vernon		9:44.75	2
1) Anton, Faith 11	2) Jeppson, Maren 12		
3) Frey, Lydia 11	4) Brase, Ella 09		
10 Gilbert		9:44.86	1
1) Miller, Kenzie 10	2) Pollard, Maggie 10		
3) Pollard, Annie 12	4) Rahn, Carly 11		
11 Humboldt		9:46.59	2
1) Hildreth, Olivia 11	2) Kampen, Maddie 12		
3) Curran, Kate 11	4) Kent, Gabby 10		
12 DC-Grimes		9:47.60	1
1) Smith, Lexi 10	2) Sterbenz, Sami 09		
3) Dannewitz, Addie 12	4) Jorgensen, Tatum 11		
13 Creston		9:51.96	1
1) Briley, Taylor 12	2) Beatty, Jessica 12		
3) Vicker, Jesse 09	4) Baker, Brielle 09		
14 Bishop Heelan		9:58.96	2
1) Doochen, Callie 10	2) Luft, Lauren 12		
3) Aesoph, Ashley 09	4) Jochum, Madison 09		
15 Boy-Hul/Rock Val		10:00.94	1
1) De Ruyter, Alexa 12	2) Alexander, Rachel 12		
3) Van Der Brink, Morgan 10	4) Blum, Sammy 11		
16 Denison-Schlswg		10:01.84	2
1) Goslar, Morgan 09	2) Andersen, Raegan 09		
3) Gunderson, Vanessa 09	4) Mendlik, Ellie 10		
17 Pella		10:02.06	1
1) Phelps, Payton 11	2) Murphy, Jenna 11		
3) Halstead, Erica 10	4) Roorda, Tess 11		
18 Fairfield		10:04.33	1
1) Bloomquist, Ashley 09	2) Fritz, Sami 11		
3) Ferrel, Maggie 11	4) Ferrel, Taylor 12		
19 Waverly-SR		10:04.37	1
1) Tjebkes, Kayla 10	2) Dix, Libby 09		
3) Litterer, Ashlee 12	4) Willemsen, Jayme 10		
20 Charles City		10:06.42	1
1) Bjelica, Hanna 12	2) Mitchell, Bailey 11		
3) Rowlands, Kennedi 11	4) Martin, Whitney 09		
21 Solon		10:08.35	1
1) Nicol, Sophie 10	2) Haasl, Calista 09		
3) Coberly, Trisha 12	4) Brokaw, Lorin 12		
22 Spencer		10:08.54	1
1) Hamilton, Olivia 10	2) Guerrero, Myah 11		
3) Fratzke, Emma 11	4) Bauermeister, Sara 12		
23 Williamsburg		10:17.91	1
1) Walters, Kiaya 11	2) Kanagy, Belle 11		
3) Wille, Kaitlin 09	4) Schlabaugh, Carly 12		
24 Center Point		10:19.71	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Girls 4x800 Meter Relay 3A

- | | |
|-----------------------|-----------------------|
| 1) Neighbor, Chloe 09 | 2) Woods, Sydney 09 |
| 3) Millikin, Karly 09 | 4) Abodeely, Jadyn 09 |

Girls 800 Sprint Medley 3A

=====			
State Record: *	1:46.46	5/21/2016	Wahlert, Dub, Wahlert, Dub J Ganshirt, A Osterberger, L Sherman, K Fricano
All-Time: !	1:44.89	2015	Pleasant Valley, Pleasant Valley
School		Finals	H# Points
=====			
1	Wahlert, Dub	1:46.46*	3 10
	1) Ganshirt, Jackie 11	2) Osterberger, Alli 12	
	3) Sherman, Laura 12	4) Fricano, Katy 12	
2	Assumption	1:46.51	3 8
	1) Harris, Jasmine 11	2) Jennings, Rachel 12	
	3) Carroll, Mary Grace 10	4) King, Mallory 12	
3	Pella	1:47.87	3 6
	1) Thoreson, Emma 11	2) Malek, Paighton 10	
	3) Vos, Emily 10	4) Pingel, Annika 10	
4	DC-Grimes	1:49.25	3 5
	1) Weddle, Abby 10	2) Masching, Maci 12	
	3) Lowary, Rachel 11	4) Jorgensen, Tatum 11	
5	Decorah	1:50.04	3 4
	1) Gullekson, Rose 09	2) Valkosky, Brynne 10	
	3) Solberg, Kalle 12	4) Schuring, Taylor 12	
6	Newton	1:50.68	3 3
	1) McVey, Liz 10	2) Hutchinson, Alex 12	
	3) Spencer, Leela 12	4) Jenkins, Sydney 12	
7	North Polk, A	1:51.07	3 2
	1) Ley, Rebecca 10	2) Lambert, Sierra 10	
	3) Camacho, Rosa 09	4) Gorham, Maria 10	
8	Williamsburg	1:51.28	2 1
	1) McAtee, Talia 09	2) Wardenburg, Madalyn 10	
	3) Gilbert, Brittni 11	4) Dellamuth, Brianna 12	
9	Nevada	1:51.38	3
	1) McKinney, Jordan 11	2) Stephenson, Abby 11	
	3) Haley, Lindsey 12	4) Fey, Alli 12	
10	Solon	1:51.57	2
	1) Duckett, Molly 10	2) Sands, Alexis 11	
	3) Ryan, Taylor 09	4) Kerkhoff, Erin 09	
11	Knoxville	1:51.92	1
	1) Chambers, Carrie 12	2) Nichols, Shaye 11	
	3) Richardson, Kendrea 10	4) Washington, Sydney 12	
12	Benton Comm	1:52.15	2
	1) Wiebel, Alyssa 12	2) Masten, Ellie 10	
	3) Masten, Elizabeth 10	4) Hulsebus, Shelby 10	
13	ADM, Adel	1:52.30	1
	1) Bertman, Sydney 11	2) Anderson, Olivia 11	
	3) Bjustrom, Maggi 12	4) Kenny, Anna 09	
14	Greene County	1:52.49	2
	1) Doran, Melanie 09	2) Lyons, Laurin 10	
	3) Durbin, Megan 10	4) Hansen, Olivia 11	
15	Mt Vernon	1:52.86	1
	1) Sherman, Taylor 12	2) Yeoman, Catherine 10	

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....Girls 800 Sprint Medley 3A

3) Rhomberg, Annie 09	4) Light, Rory 09		
16 Bishop Heelan		1:53.34	1
1) Cropley, Ellie 10	2) Rizk, Katie 10		
3) Brown, Maddie 11	4) Luft, Lauren 12		
17 Mt Pleasant		1:53.35	2
1) Ensminger, Katie 10	2) Shelman, Brianna 11		
3) Patterson, D'Jannay 12	4) Coffin, Peyton 12		
18 Gilbert		1:54.12	1
1) Tyler, Olivia 11	2) VanDerWeide, PJ 12		
3) Houser, Makayla 10	4) Willroth, Megan 12		
19 W Delaware		1:54.34	2
1) Vaske, Kira 10	2) Collier, Lauren 10		
3) Welcher, Sabrina 09	4) Mangold, Katelyn 11		
20 Marion		1:54.55	1
1) Miller-Baker, Skylar 12	2) Trca, Chloe 09		
3) Draves, Livvy 09	4) Lee, Lauren 11		
21 Independence		1:54.56	2
1) VanDeWalle, Sarah 12	2) Dunlap, Izzy 10		
3) Niedert, Kaitlin 11	4) Price, Jenna 12		
22 Spencer		1:55.09	1
1) Rost, Jalen 11	2) Hopkins, Kailee 09		
3) Brown, Abbie 10	4) Dirkx, Jenna 10		
23 LeMars		1:56.04	1
1) Benjamin, Chaise 12	2) Cooper, Haylee 09		
3) Wilken, Allison 12	4) Ellis, Annie 09		
24 Creston		1:56.13	2
1) Hemsworth, Stephanie 10	2) Maitlen, Cayla 10		
3) Vicker, Jesse 09	4) Briley, Taylor 12		

Girls Distance Medley 3A

=====			
State Record: *	4:03.14	5/19/2006	Fairfield, Fairfield
			A Bowers, A Bandy, A Kuiken, J Kuiken
All-Time: !	3:59.48	2016	Assumption, Assumption
School		Finals	H# Points
=====			
1	Assumption	4:03.25	3 10
	1) Carroll, Mary Grace 10		
	3) Adams, Sarah 12		
	2) Jennings, Rachel 12		
	4) Ripplinger, Joy 11		
2	Decorah	4:08.88	3 8
	1) Quandahl, Kayla 11		
	3) Schuring, Taylor 12		
	2) Solberg, Kalle 12		
	4) Nimrod, Katie 10		
3	Williamsburg	4:11.20	3 6
	1) McAtee, Talia 09		
	3) Dellamuth, Brianna 12		
	2) Gilbert, Brittni 11		
	4) Hollensbe, Julie 12		
4	Gilbert	4:12.10	1 5
	1) Houser, Makayla 10		
	3) Pollard, Maggie 10		
	2) Willroth, Megan 12		
	4) Rahn, Carly 11		
5	Pella	4:15.56	3 4
	1) Rundle, Kristin 11		
	3) Bogaard, Makenna 12		
	2) Holterhaus, Emily 09		
	4) Blommers, Kelcey 11		
6	Central DeWitt	4:16.60	2 3
	1) Watson, Sarah 11		
	3) McNamara, Brittany 12		
	2) Voss, Amber 12		
	4) Campbell, Julia 10		

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....Girls Distance Medley 3A

7	Denison-Schlswg	4:16.62	3	2
	1) Mohr, Alex 09		2) Branning, Sarah 11	
	3) Mendlik, Ellie 10		4) Andersen, Raegan 09	
8	North Polk, A	4:17.04	1	1
	1) Rimathe, Rebecca 11		2) Lambert, Sierra 10	
	3) Gorham, Maria 10		4) Leshner, Amelia 10	
9	Wahlert, Dub	4:17.10	3	
	1) Hasken, Bailey 10		2) Ganshirt, Jackie 11	
	3) Osterberger, Ellie 10		4) Romagna, Jade 12	
10	Creston	4:18.65	3	
	1) Maitlen, Cayla 10		2) Castillo, Amber 12	
	3) Briley, Taylor 12		4) Baker, Brielle 09	
11	Mt Vernon	4:19.42	1	
	1) Rhomberg, Annie 09		2) Brannaman, Jenna 12	
	3) Light, Rory 09		4) Brase, Ella 09	
12	Independence	4:20.07	2	
	1) Dunlap, Izzy 10		2) Niedert, Kaitlin 11	
	3) Price, Jenna 12		4) Hosch, Kaylee 09	
13	Xavier, CR	4:20.48	2	
	1) Miller, Grace 10		2) Parr, Anna 10	
	3) Stanek, Kiana 11		4) Dickes, Jenny 12	
14	Fort Madison	4:20.61	2	
	1) Hannum, Wendolyn 10		2) Bailey, Kamryn 10	
	3) Howardson, Sierra 10		4) Sporkman, Allison 12	
15	LeMars	4:21.05	2	
	1) McAllister, Katie 10		2) Wilken, Allison 12	
	3) Engebretson, Katrina 12		4) Rand, Sydney 11	
16	Center Point	4:25.19	1	
	1) Dagna, Emelie 11		2) Kinsella, Keely 12	
	3) Daubs, Katherine 10		4) Neighbor, Chloe 09	
17	Winterset	4:26.75	2	
	1) Hansen, Natalie 10		2) Ramirez, Juanita 11	
	3) Eyerly, Molly 12		4) Gurwell, Layken 11	
18	Spencer	4:28.19	3	
	1) Brown, Abbie 10		2) Rost, Jalen 11	
	3) Bauermeister, Kendra 12		4) Dirkx, Jenna 10	
19	Atlantic	4:30.27	2	
	1) Bean, Sydney 10		2) Hansen, Taylor 09	
	3) Freund, Lexi 11		4) Williams, Tiffany 12	
20	DC-Grimes	4:31.17	1	
	1) Ryan, Abby 10		2) Ashley, Lauren 12	
	3) Borchers, Jenna 10		4) Sterbenz, Sami 09	
21	Fairfield	4:31.54	1	
	1) Bowman, Brynna 11		2) Jones, Alexis 09	
	3) Jeffrey, Kara 09		4) Bloomquist, Ashley 09	
22	Carlisle	4:32.87	1	
	1) Reed, Marissa 11		2) Jackson, Chrissy 11	
	3) Hoekstra, Madi 10		4) Sievers, Megan 09	
23	ADM, Adel	4:41.58	1	
	1) Schepers, Sami 10		2) Baier, Kristen 09	
	3) Juergens, Sadie 09		4) Mueller, Ellise 10	
--	Boy-Hul/Rock Val		DQ	2
	1) Hoogeveen, Lona 10		2) Stiens, Court 12	
	3) Alexander, Rachel 12		4) Blum, Sammy 11	

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Results

....Girls 4x100 Meter Shuttle Hurdle 3A

3) Rindone, Teylor 10	4) Brown, McKenna 12		
17 Newton		1:10.27	2
1) Stout, Alexis 10	2) Barr, Abbie 09		
3) Lucas, Audrey 10	4) Eide, Morgann 10		
18 LeMars		1:10.46	5
1) Utesch, Cassidy 12	2) Alesch, Brooke 09		
3) Ellis, Annie 09	4) Schwartz, Amanda 12		
19 Denison-Schlswg		1:10.51	4
1) Faya, Sunday 11	2) Kastner, Cara 11		
3) Heilesen, Sarah 09	4) Mohr, Alex 09		
20 Carroll		1:10.97	4
1) Dvorak, Emily 12	2) Renning, Sydney 11		
3) Tunning, Marissa 10	4) Irlbeck, Bianca 12		
21 Waverly-SR		1:11.08	4
1) Walsh, Kelsie 12	2) Beckert, Haley 11		
3) Reyerson, Grace 11	4) Wosepka, Karlie 11		
22 Clear Crk-Amana		1:11.55	6
1) Langridge, Madelynn 10	2) Hennes, Riley 10		
3) Schwarting, Corrine 12	4) Roller, Andrea 10		
23 Independence		1:11.71	3
1) VanDeWalle, Sarah 12	2) Larson, Madison 09		
3) Hupke, Mackenzie 09	4) Doyle, Allison 10		
24 Gilbert		1:11.89	1
1) Jackson, Trinity 09	2) Tyler, Olivia 11		
3) Richard, Bree 10	4) VanDerWeide, PJ 12		

Girls 4x100 Meter Shuttle Hurdle 3A

State Record: *	1:03.13	5/21/2016	Pella, Pella
			K Pingel, E Holterhaus, E Thoreson, C McKinstrey
All-Time: !	1:01.26	5/21/2016	Pleasant Valley, Pleasant Val
			E Spelhaug, K DeGeorge, C Park, C Donahue
School			Finals H# Points

Finals

1 Pella		1:03.13*	2	10
1) Pingel, Kiki 11	2) Holterhaus, Emily 09			
3) Thoreson, Emma 11	4) McKinstrey, Corin 12			
2 Boone		1:05.68	2	8
1) Moline, Claire 12	2) Danner, Madyln 09			
3) Wyrick, Jada 11	4) Lyons, Payton 12			
3 Mt Vernon		1:06.10	2	6
1) Rhomberg, Annie 09	2) Ryan, Libby 11			
3) Dahlstrom, Lily 12	4) Yeoman, Catherine 10			
4 ADM, Adel		1:06.22	2	5
1) Hauf, Kylie 10	2) Baier, Kristen 09			
3) Schepers, Sami 10	4) Bjustrom, Maggi 12			
5 Glenwood		1:06.45	1	4
1) Ruth, Miranda 12	2) Scarborough, Olivia 12			
3) Wilwerding, Katelyn 09	4) Dean, Molly 12			
6 Decorah		1:06.96	1	3
1) Kerndt, Kylie 11	2) Syverson, Grace 09			
3) Sexton, Madison 10	4) Sandvig, Olivia 12			
7 Benton Comm		1:07.49	1	2

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....Girls 4x100 Meter Shuttle Hurdle 3A

1) Maschino, Laura 10	2) Martensen, Grace 09
3) Bonewitz, Makenna 10	4) Masten, Elizabeth 10
8 DC-Grimes	1:08.27 1 1
1) Ryan, Abby 10	2) Vance, Carsyn 10
3) Workman, Amber 12	4) Masching, Maci 12

Girls High Jump 3A

=====					
State Record: *	5-09	5/22/2014	Alexis Conaway, MOC-FV		
All-Time: !	6-01	2010	Hannah Wilms, Dike-NH		
Name	Year	School	Finals	Points	
=====					
1 Durbin, Megan	10	Greene County	5-05.00	1.65m	10
2 Faya, Sunday	11	Denison-Schlswg	J5-05.00	1.65m	8
3 Gorham, Maria	10	North Polk, A	J5-05.00	1.65m	6
4 Durr, Josie	11	Solon	5-03.00	1.60m	4.50
4 Holterhaus, Emily	09	Pella	5-03.00	1.60m	4.50
6 Van Beek, Cassie	11	Boy-Hul/Rock Val	J5-03.00	1.60m	3
7 Courneya, Caley	11	Williamsburg	J5-03.00	1.60m	1.50
7 Juni, Kamryn	11	Grinnell	J5-03.00	1.60m	1.50
9 Kelderman, Emma	09	Oskaloosa	J5-03.00	1.60m	
10 Harms, Madison	09	SB-Luton	5-01.00	1.54m	
11 Glanz, Jamie	11	W Delaware	J5-01.00	1.54m	
11 Wallace, Breanna	10	Creston	J5-01.00	1.54m	
13 Jones, Malory	09	Fairfield	J5-01.00	1.54m	
14 Ahartz, Adelynn	09	Carlisle	J5-01.00	1.54m	
15 Roller, Andrea	10	Clear Crk-Amana	J5-01.00	1.54m	
16 Delperdang, Kourtney	09	Spirit Lake	4-11.00	1.49m	
16 Engebretson, Katrina	12	LeMars	4-11.00	1.49m	
16 Mohr, Taylor	09	Carroll	4-11.00	1.49m	
19 Flaws, Haley	10	Webster City	J4-11.00	1.49m	
20 Ray, Emma	10	Ballard	J4-11.00	1.49m	
20 Ryan, Kelsi	10	SB-Luton	J4-11.00	1.49m	
22 Zenk, Krista	11	LeMars	4-09.00	1.44m	
-- Niedert, Kaitlin	11	Independence	NH		
-- Smith, Sabrina	10	Wahlert, Dub	NH		

Girls Long Jump 3A

=====							
State Record: *	18-02.75	5/18/2007	Jennie Clark, Norwalk				
All-Time: !	19-10.25	2014	Lexus Lovan, Urbandale				
Name	Year	School	Finals	Wind	H#	Points	
=====							
1 Slight, Dianna	11	Boone	17-06.75	NWI	5.35m	2	10
2 Cropley, Ellie	10	Bishop Heelan	17-05.00	NWI	5.30m	2	8
3 Malek, Paighton	10	Pella	J17-05.00	NWI	5.30m	2	6
4 Moore, Jessica	11	Grinnell	17-02.50	NWI	5.24m	2	5
5 Durr, Sienna	10	Grinnell	16-10.00	NWI	5.13m	2	4
6 Rohlena, Amber	11	Benton Comm	16-05.75	NWI	5.02m	2	3
7 Schuelke, Jaye	12	Storm Lake	16-03.75	NWI	4.97m	2	2
8 Clark, Kaycee	12	Glenwood	16-01.50	NWI	4.91m	1	1
9 Danner, Madyln	09	Boone	16-01.25	NWI	4.90m	2	
10 Johnson, Macy	11	Winterset	J16-01.25	NWI	4.90m	2	
11 Hosch, Kaylee	09	Independence	16-00.00	NWI	4.87m	2	

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12	Saner, Katie	09	Crestwood	15-11.75	NWI	4.87m	1
13	Harris, Jasmine	11	Assumption	15-11.50	NWI	4.86m	2
14	Schwarting, Corrine	12	Clear Crk-Amana	15-11.25	NWI	4.85m	2
15	Bertman, Sydney	11	ADM, Adel	15-09.75	NWI	4.81m	1
16	Van Klompenburg, Molly	10	MOC-FV	15-08.00	NWI	4.77m	1
17	Rost, Jalen	11	Spencer	15-07.25	NWI	4.75m	1
18	Latham, Emerson	09	Spirit Lake	15-06.50	NWI	4.73m	1
19	Watson, Sarah	11	Central DeWitt	15-04.50	NWI	4.68m	1
20	Bailey, Isabel	09	Washington	14-08.75	NWI	4.48m	1
21	Miller, Mariah	09	Bond-Farrar	14-07.25	NWI	4.45m	1
22	Eyerly, Molly	12	Winterset	14-06.25	NWI	4.42m	1
23	Williams, Stephanie	10	LeMars	14-02.75	NWI	4.33m	1
24	Ferrari, Abbey	11	Webster City	13-09.50	NWI	4.20m	1

Girls Shot Put 3A

=====							
State Record: * 45-05 5/18/2007 Brooke Gritters, Pella							
All-Time: ! 53-03.50 1992 Paulette Mitchell, Council Bluffs AL							
Name Year School Finals H# Points							
=====							
1	Botcher, Brandi	11	Spencer	41-04.75	12.61m	2	10
2	Konfrst, Linnaea	12	Glenwood	40-08.00	12.39m	2	8
3	Davis, LaVon	12	Gilbert	40-02.00	12.24m	2	6
4	Misel, Katy	12	Solon	39-07.75	12.08m	2	5
5	Hood, Hannah	11	Creston	39-06.00	12.03m	2	4
6	Van Beek, Cassie	11	Boy-Hul/Rock Val	38-10.25	11.84m	1	3
7	Irlbeck, Bianca	12	Carroll	37-10.00	11.53m	2	2
8	Nerland, Cassidy	10	Webster City	37-09.75	11.52m	2	1
9	Brown, Mahlia	12	Marion	37-05.75	11.42m	2	
10	Holtz, Sabrina	11	S Tama Cty, Tama	37-01.00	11.30m	1	
11	Streit, Gillian	11	Harlan	36-07.00	11.15m	1	
12	Kruse, Brooke	10	Carlisle	36-06.00	11.12m	1	
13	Smith, Breanna	12	Marion	36-03.25	11.05m	1	
14	Keahna, Tieranny	12	S Tama Cty, Tama	36-01.50	11.01m	2	
15	De Jong, Morgan	11	MOC-FV	35-11.75	10.96m	2	
16	Martin, Sara	11	Charles City	35-11.50	10.96m	2	
17	Hinkel, Bryce	11	Solon	J35-11.50	10.96m	1	
18	Seely, Carly	12	Algona	35-09.75	10.91m	2	
19	Revell, Haley	10	Newton	34-11.00	10.64m	1	
20	Hackett, Alex	09	Pella	33-09.75	10.30m	1	
21	Miller, McKayla	12	Washington	33-02.25	10.11m	1	
22	Lathrum, Taylor	12	Perry	32-06.00	9.90m	1	
23	Wright, Katie	10	Waverly-SR	32-02.25	9.81m	1	
24	Bittle, Grace	09	Mt Pleasant	31-07.50	9.63m	1	

Girls Discus Throw 3A

=====							
State Record: * 154-07 5/17/2012 Katelyn Weimerskirch, Wahlert, Dub							
All-Time: ! 179-07 2014 Kiana Phelps, KP-WC							
Name Year School Finals H# Points							
=====							
1	Konfrst, Linnaea	12	Glenwood	133-01	40.56m	2	10
2	Misel, Katy	12	Solon	131-03	40.00m	2	8
3	Joens, Meghan	12	Xavier, CR	129-05	39.44m	2	6

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....Girls Discus Throw 3A

4	Keahna, Tieranny	12	S Tama Cty, Tama	125-11	38.37m	2	5
5	Westercamp, Alexis	11	Oskaloosa	124-04	37.89m	2	4
6	Davis, LaVon	12	Gilbert	122-04	37.28m	2	3
7	Nerland, Cassidy	10	Webster City	118-04	36.06m	1	2
8	Beier, Agatha	11	Carlisle	117-10	35.91m	1	1
9	Fox, Cassidy	12	Spencer	116-03	35.43m	2	
10	Naber, Julia	11	Winterset	114-06	34.89m	1	
11	Streit, Gillian	11	Harlan	114-01	34.77m	2	
12	Seely, Carly	12	Algona	109-11	33.50m	2	
13	Pearson, Cassidy	10	Knoxville	109-03	33.29m	1	
14	Dedrick, Amanda	12	Vinton-Shellbrg	108-09	33.14m	1	
15	Dicus, Delaney	12	Mt Vernon	108-02	32.96m	1	
16	Davis, Elizabeth	12	Benton Comm	107-08	32.81m	1	
17	Joiner, Kylee	12	Centerville	107-01	32.63m	1	
18	Roller, Mariah	11	Clear Crk-Amana	106-07	32.48m	1	
19	Shaw, Jordyn	12	Waverly-SR	106-06	32.46m	2	
20	De Jong, Morgan	11	MOC-FV	106-05	32.43m	2	
21	Liechty, Abbie	11	Mt Pleasant	103-01	31.41m	2	
22	Cougill, Brooklyn	10	Bishop Heelan	101-06	30.93m	1	
23	Hood, Hannah	11	Creston	97-09	29.79m	1	
24	Hoffmann, Bridget	12	W Delaware	89-04	27.22m	1	

Girls 100 Meter Dash 4A

=====							
State Record:	*	11.95	5/21/2015	Briyana Carter, DSM, Rooseve			
All-Time:	!	11.50	1985	Natasha Kaiser, Des Moines Roosevelt			
Name			Year School	Prelims	Wind	H#	
=====							

Preliminaries

1	Carter, Briyana	12	DSM, Roosevelt	12.01q	-0.7	3	
2	Buss, Talia	12	Waukee	12.06q	1.4	2	
3	Roberts, Kerris	09	WAT East	12.18q	-1.1	1	
4	Jones, Khenadi	11	SC, West	12.22q	-0.7	3	
5	Harrington, Alicia	12	Cedar Falls	12.23q	1.4	2	
6	Thomas`, Darby	09	CB, A Lincoln	12.33q	1.4	2	
7	Paul, Emily	12	Pleasant Valley	12.47q	-1.1	1	
8	Reysack, Sydney	12	Ankeny Cent	12.55q	-1.1	1	
9	Brown, Eriana	10	DSM, East	12.66	1.4	2	
10	Waller, Amarri	12	CR Kennedy	12.68	-0.7	3	
11	Ramsey, Kira	12	Linn-Mar	12.69	-0.7	3	
12	Comer, Tasia	12	Bettendorf	12.71	-0.7	3	
13	Hart, Mercedes	12	CB, A Lincoln	12.78	-1.1	1	
14	Hunter, Riawna	09	DSM North	12.80	1.4	2	
15	Glover, Trinity	10	CR Washington	12.82	1.4	2	12.813
16	Papouchis, Samantha	12	Mason City	12.82	-1.1	1	12.814
17	Jackson, Loreal	11	DSM North	12.83	1.4	2	
18	Hilderbrand, Raenice	09	Prairie, CR	12.85	-1.1	1	
19	Daugherty, Peyton	10	Ankeny	12.87	-0.7	3	12.862
20	Smith, Shariah	11	Fort Dodge	12.87	-1.1	1	12.870
21	Hegetschweiler, Sarah	12	DVPT, Central	12.90	-1.1	1	
22	Mitchell, Cheyenne	09	CR Kennedy	12.93	1.4	2	
23	Ward, Mariah	11	CR Washington	13.03	-0.7	3	
24	Anderson, Clare	11	Norwalk	13.19	-0.7	3	

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Results

Girls 100 Meter Dash 4A

=====
 State Record: * 11.95 5/21/2015 Briyana Carter, DSM, Rooseve
 All-Time: ! 11.50 1985 Natasha Kaiser, Des Moines Roosevelt
 Name Year School Finals Wind Points
 =====

Finals

1	Carter, Briyana	12	DSM, Roosevelt	12.00	0.4	10
2	Roberts, Kerris	09	WAT East	12.06	0.4	8
3	Jones, Khenadi	11	SC, West	12.13	0.4	6
4	Buss, Talia	12	Waukee	12.14	0.4	5
5	Harrington, Alicia	12	Cedar Falls	12.31	0.4	4
6	Paul, Emily	12	Pleasant Valley	12.43	0.4	3
7	Thomas, Darby	09	CB, A Lincoln	12.58	0.4	2
8	Reysack, Sydney	12	Ankeny Cent	12.59	0.4	1

Girls 200 Meter Dash 4A

=====
 State Record: * 24.45 5/24/2014 Jalyann Roberts-Lewis, DSM, Rooseve
 All-Time: ! 24.00 1975 Debbie Esser, Woodbine
 Name Year School Prelims Wind H#
 =====

Preliminaries

1	Jones, Khenadi	11	SC, West	25.07q	-1.2	3
2	Harrington, Alicia	12	Cedar Falls	25.14q	-2.9	2
3	Buss, Talia	12	Waukee	25.16q	-2.9	2
4	Swanson, Addie	11	Pleasant Valley	25.28q	-1.2	3
5	Roberts, Kerris	09	WAT East	25.35q	-4.0	1
6	Woodard, Mackenzie	11	SE Polk	25.54q	-1.2	3
7	Milani, Sydney	10	SE Polk	25.77q	-4.0	1
8	Muhammad, Alanna	10	WAT East	25.95q	-1.2	3
9	Carter, Briyana	12	DSM, Roosevelt	26.10	-2.9	2
10	Hart, Mercedes	12	CB, A Lincoln	26.21	-4.0	1
11	Oyadare, Mercy	11	SC, North	26.25	-2.9	2
12	Comer, Tasia	12	Bettendorf	26.36	-1.2	3
13	Waller, Amarri	12	CR Kennedy	26.46	-1.2	3
14	Hunter, Riawna	09	DSM North	26.47	-2.9	2
15	Zyzda, Rylie	12	SC, East	26.69	-1.2	3
16	Solomon, Madelyn	09	WAT West	26.78	-4.0	1
17	Soeken, Kenzie	12	Prairie, CR	26.80	-1.2	3
18	Roberts, Olivia	12	Johnston	26.93	-2.9	2
19	Dillie, Coral	10	DVPT, North	26.97	-2.9	2
20	Vanderholt, Taylor	10	Norwalk	27.02	-4.0	1
21	Kimbrough, Auriona	09	Cedar Falls	27.14	-4.0	1
22	Clark, Emma	09	IC, City High	27.29	-4.0	1
23	Mitchell, Cheyenne	09	CR Kennedy	27.42	-4.0	1
--	Holman, Kori	10	DSM, Roosevelt	DQ	-2.9	2

Girls 200 Meter Dash 4A

=====
 State Record: * 24.45 5/24/2014 Jalyann Roberts-Lewis, DSM, Rooseve
 All-Time: ! 24.00 1975 Debbie Esser, Woodbine
 Name Year School Finals Wind Points
 =====

Finals

1	Roberts, Kerris	09	WAT East	24.74	-0.1	10
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....Girls 200 Meter Dash 4A

2	Jones, Khenadi	11	SC, West	24.81	-0.1	8
3	Milani, Sydney	10	SE Polk	25.18	-0.1	6
4	Buss, Talia	12	Waukee	25.19	-0.1	5
5	Harrington, Alicia	12	Cedar Falls	25.21	-0.1	4
6	Swanson, Addie	11	Pleasant Valley	25.23	-0.1	3
7	Woodard, Mackenzie	11	SE Polk	25.75	-0.1	2
8	Muhammad, Alanna	10	WAT East	26.33	-0.1	1

Girls 400 Meter Dash 4A

State Record: * 55.41 5/17/2009 Ellen Dougherty, Sioux City East

All-Time: ! 53.96 5/20/2010 Hannah Willms, Dike-NH

Name	Year	School	Finals	H#	Points	
1	Wensel, Payton	10	Linn-Mar	55.87	3	10
2	Chapman, Larkin	12	Muscatine	56.63	3	8
3	Hegelheimer, Melina	09	Ames	56.82	3	6
4	Brown, Elle	11	Johnston	57.74	2	5
5	Wroblewski, Alli	11	Bettendorf	58.20	3	4
6	Hunter, Riawna	09	DSM North	58.27	2	3
7	Thomas, Darby	09	CB, A Lincoln	58.35	3	2
8	Oyadare, Mercy	11	SC, North	58.59	1	1
9	Maahs, Megan	12	Epworth, WD	58.82	3	
10	Hovey, Josie	09	Johnston	58.93	2	
11	Shellmyer, Skyler	10	Urbandale	59.10	2	
12	Mulder, Kaitlyn	10	SC, North	59.37	2	
13	Schweizer, Kelsey	09	Dowling C, WDM	59.78	3	
14	Burds, Jenna	09	Epworth, WD	1:00.48	1	
15	Hall, Madison	12	Cedar Falls	1:00.72	2	
16	Peters, JanJay	09	Waukee	1:00.82	1	
17	Hammack, Ellie	12	Ottumwa	1:00.92	2	
18	Thune, Zoey	10	WAT West	1:01.00	2	
19	Allen, Jordan	12	Waukee	1:01.22	1	
20	Vanderholt, Taylor	10	Norwalk	1:01.25	1	
21	Schroder, Malorie	11	Ankeny Cent	1:01.66	1	
22	Haan, Ellie	11	Cedar Falls	1:02.18	1	
23	McCulley, Sami	11	SC, East	1:02.19	1	
--	Swanson, Addie	11	Pleasant Valley	DQ	3	

Girls 800 Meter Run 4A

State Record: * 2:08.15 5/21/2011 Shelby Houlihan, SC, East

All-Time: ! 2:07.35 2009 Shelby Houlihan, Sioux City East

Name	Year	School	Finals	H#	Points	
1	Jenks, Stephanie	12	Linn-Mar	2:10.56	2	10
2	Saunders, Tia	12	IC, West	2:12.40	2	8
3	Chapman, Larkin	12	Muscatine	2:13.03	2	6
4	Campbell, Lily	10	Waukee	2:15.34	2	5
5	Nock, Bailey	10	IC, West	2:15.45	2	4
6	Akason, Logan	10	Waukee	2:15.46	2	3
7	Prescott, Elyse	12	Urbandale	2:15.54	2	2
8	Schweizer, Kelsey	09	Dowling C, WDM	2:15.74	2	1
9	Decker, Amber	12	Linn-Mar	2:17.50	2	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Girls 800 Meter Run 4A**

10	Van Dyke, Lauren	10	SC, East	2:18.17	2	
11	Moreno, Trina	12	Urbandale	2:18.25	1	
12	Weiss, Ryan	11	Ames	2:20.62	2	
13	Gray, Megan	10	Ankeny Cent	2:21.73	1	
14	Miller, Sydnee	09	Dowling C, WDM	2:22.16	1	
15	Nicholson, Paige	12	Indianola	2:22.27	2	2:22.268
16	Hanna, Sarah	12	CR Jefferson	2:22.27	1	2:22.269
17	Arch, Mary	11	IC, City High	2:23.11	1	
18	Toot, Anna	12	Johnston	2:23.30	1	
19	Aiello, Justine	10	Pleasant Valley	2:23.75	1	
20	Kvale, Paige	10	Cedar Falls	2:25.42	1	
21	Spranger, Sydney	11	Bettendorf	2:25.70	1	
22	Schulze, Katelyn	11	Indianola	2:26.38	1	
23	Nickles, Jenna	09	Bettendorf	2:28.43	1	
24	Christopher, Cassidy	11	Cedar Falls	2:30.84	1	

Girls 1500 Meter Run 4A

=====					
State Record: * 4:27.76 5/23/2015 Stephanie Jenks, Linn-Mar					
All-Time: ! 4:28.30 4/17/2010 Katie Flood, Dowling Cath					
Name	Year	School	Finals	Points	
=====					
1	Jenks, Stephanie	12	Linn-Mar	4:29.21	10
2	Noah, Julia	12	Urbandale	4:31.41	8
3	Prescott, Elyse	12	Urbandale	4:33.42	6
4	Yanek, Mackenzie	12	Pleasant Valley	4:37.92	5
5	Dupuis, Claire	12	Ames	4:43.31	4
6	Kraft, Brina	11	Muscatine	4:44.88	3
7	Brush, Rachel	12	Waukee	4:45.88	2
8	Nock, Bailey	10	IC, West	4:48.03	1
9	Mitchell, Sierra	11	SE Polk	4:52.08	
10	McKee, Jessica	10	Johnston	4:53.22	
11	Jenks, Olivia	10	Ames	4:53.58	
12	Gorman, Reagan	09	CR Washington	4:53.64	
13	Toot, Anna	12	Johnston	4:54.98	
14	Fusselman, Hannah	10	CR Kennedy	4:55.31	
15	Fraze, Hannah	11	Prairie, CR	4:55.68	
16	Skopec, Gabby	11	IC, West	4:56.05	
17	Lindower, Anna	09	IC, City High	4:56.78	
18	Garcia, Morgan	12	Linn-Mar	4:57.46	
19	Foley, Karson	10	Waukee	5:00.72	
20	Lafever, Mallory	09	Pleasant Valley	5:03.64	
21	Buchanan, Isabel	10	DSM, Roosevelt	5:05.20	
22	Morter, Moriah	10	Muscatine	5:05.23	
23	Meilander, Janey	09	Dowling C, WDM	5:18.87	
24	Gaumer, Jesslyn	09	Ankeny Cent	5:26.70	

Girls 3000 Meter Run 4A

=====					
State Record: * 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar					
All-Time: ! 9:24.67 5/22/2014 Stephanie Jenks, Linn-Mar					
Name	Year	School	Finals	Points	
=====					
1	Jenks, Stephanie	12	Linn-Mar	9:33.94	10

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....Girls 3000 Meter Run 4A

2 Yanek, Mackenzie	12 Pleasant Valley	9:35.48	8
3 Prescott, Elyse	12 Urbandale	9:45.72	6
4 Noah, Julia	12 Urbandale	9:47.12	5
5 Gallagher, Ally	11 Bettendorf	10:26.48	4
6 McKee, Jessica	10 Johnston	10:26.74	3
7 Brush, Rachel	12 Waukee	10:26.90	2
8 Gorman, Reagan	09 CR Washington	10:28.67	1
9 Skopec, Gabby	11 IC, West	10:34.92	
10 Poss, Emily	11 Johnston	10:39.48	
11 Fusselman, Hannah	10 CR Kennedy	10:40.63	
12 Frazee, Hannah	11 Prairie, CR	10:48.98	
13 Foley, Karson	10 Waukee	10:51.65	
14 Arends, Ashley	11 Ankeny Cent	10:53.33	
15 Borland, Trinity	10 Bettendorf	10:54.98	
16 Hostager, Heather	10 DUB Hempstead	10:57.69	
17 Snyder, Laura	12 Epworth, WD	10:58.48	
18 Robran, Alex	10 Ankeny	11:00.81	
19 Latham, Kylie	10 Ottumwa	11:06.16	
20 Clydesdale, Sommer	09 North Scott	11:06.67	
21 Minard, Maddy	09 Pleasant Valley	11:07.17	
22 Madsen, Kye	12 Lewis Central	11:08.24	
23 Lester, Avery	11 SC, East	11:11.84	
24 Brown, Kristan	11 DUB Hempstead	11:26.38	

Girls 100 Meter Hurdles 4A

=====					
State Record: *	14.27	5/23/2014	Mary Young, Urbandale		
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.		
Name	Year	School	Prelims	Wind	H#
=====					

Preliminaries

1 Donahue, Carly	12 Pleasant Valley	14.55q	-1.4	1	
2 Ranschau, Abilene	12 CR Jefferson	14.70q	-1.2	2	
3 Welch, Valerie	11 IC, West	14.78q	-1.1	3	
4 Morken, Kylie	12 Ames	14.94q	-1.2	2	
5 Schau, Hannah	11 Waukee	15.10q	-1.2	2	
6 Ingram, Isabel	10 Ames	15.15q	-1.1	3	
7 Hamilton, Dimetrea	12 DSM, East	15.23q	-1.1	3	
8 Winger, Sydney	10 Waukee	15.29q	-1.4	1	
9 Mottet, Billie	11 Urbandale	15.42	-1.4	1	
10 Loussaert, Erica	11 North Scott	15.50	-1.1	3	
11 Spelhaug, Ellie	10 Pleasant Valley	15.63	-1.1	3	
12 Anderson, Ajae	12 DSM, East	15.65	-1.4	1	
13 Bahl, Elayna	10 Epworth, WD	15.75	-1.4	1	
14 Yardley, Cassie	10 Valley, WDM	15.84	-1.4	1	
15 Morris, Jada	09 DSM, Roosevelt	16.17	-1.2	2	
16 Young, Grace	12 IC, West	16.45	-1.2	2	
17 Ridout, Meg	09 Ankeny Cent	16.49	-1.4	1	16.488
18 Mottet, Bailey	11 Urbandale	16.49	-1.2	2	16.490
19 Odir, Christina	10 Dowling C, WDM	16.66	-1.2	2	
20 Peterson, Alexis	10 CR Kennedy	16.80	-1.1	3	
21 Eniola, Vanessa	10 CR Washington	16.82	-1.1	3	
22 Davidson, McKenna	10 SE Polk	16.92	-1.4	1	
23 Smith, Sophia	11 Prairie, CR	17.04	-1.2	2	

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....Girls 100 Meter Hurdles 4A

24 Harris, Jolynn	10 DSM Lincoln	17.35	-1.1	3
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Girls 100 Meter Hurdles 4A

=====				
State Record: *	14.27	5/23/2014	Mary Young, Urbandale	
All-Time: !	13.90	4/13/2010	Alex Gochenour, Logan-Mag.	
Name	Year	School	Finals	Wind Points
=====				

Finals

1 Donahue, Carly	12 Pleasant Valley	14.47	-0.7	10
2 Ranschau, Abilene	12 CR Jefferson	14.49	-0.7	8
3 Welch, Valerie	11 IC, West	14.66	-0.7	6
4 Hamilton, Dimetrea	12 DSM, East	14.85	-0.7	5
5 Schau, Hannah	11 Waukee	15.02	-0.7	4
6 Morken, Kylie	12 Ames	15.04	-0.7	3
7 Ingram, Isabel	10 Ames	15.14	-0.7	2
8 Winger, Sydney	10 Waukee	15.20	-0.7	1

Girls 400 Meter Hurdles 4A

=====				
State Record: *	1:00.82	5/18/2008	AG Bradford, Davenport North	
All-Time: !	57.30	1975	Debbie Esser, Woodbine	
Name	Year	School	Finals	H# Points
=====				

1 Donahue, Carly	12 Pleasant Valley	1:01.35	3	10
2 Shellmyer, Skyler	10 Urbandale	1:03.12	3	8
3 Welch, Valerie	11 IC, West	1:03.29	3	6
4 Moss, Desirae	12 DSM, Roosevelt	1:04.33	3	5
5 Gray, Mary	11 Waukee	1:05.39	3	4
6 Jenks, Stephanie	12 Linn-Mar	1:06.05	3	3
7 Song, Athena	10 Ames	1:06.17	2	2
8 Behning, Hailey	11 Bettendorf	1:06.52	3	1
9 Pippett, Karri	10 Ankeny Cent	1:07.44	2	
10 Junker, Jessica	11 North Scott	1:07.76	2	
11 Ruff, Kelsey	10 Pleasant Valley	1:07.92	2	
12 Kitterman, Sam	12 CR Jefferson	1:08.05	1	
13 Cooper, Mariah	12 DSM Lincoln	1:08.21	2	
14 Molder, McKenna	10 Clinton	1:08.22	3	
15 Hanson, Paige	10 SC, East	1:08.73	2	1:08.727
16 Whitaker, Tyanna	12 DSM, Roosevelt	1:08.73	1	1:08.728
17 Giudici, Anna	10 Dowling C, WDM	1:08.87	2	
18 Trosky, Ellie	12 CR Jefferson	1:08.88	2	
19 Mottet, Bailey	11 Urbandale	1:09.65	1	
20 Sharar, Olivia	09 Ankeny	1:09.98	1	
21 Estes, Grace	10 DVPT, Central	1:10.24	1	
22 Young, Grace	12 IC, West	1:10.30	1	
23 Arnold, Peyton	11 Ankeny Cent	1:10.75	1	
24 Hartman, Hayley	10 CB, A Lincoln	1:11.84	1	

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Results

Girls 4x100 Meter Relay 4A

=====
 State Record: * 47.89 5/19/2010 Iowa City West, Iowa City West
 All-Time: ! 47.55 4/28/2012 Roosevelt, Roosevelt
 School Prelims H#
 =====

Preliminaries

1	CR Jefferson	48.33q	2
	1) Bergmann, MiAsia 10	2) Ranschau, Abilene 12	
	3) Anderson, Autumn 11	4) Blue, Jasmine 12	
2	Waukee	48.64q	3
	1) Sehman, Maddie 12	2) Schau, Hannah 11	
	3) Vojic, Elma 10	4) Witte, Shaye 12	
3	Ames	48.79q	1
	1) Thomas, Desiree 11	2) Haron, Fatima 12	
	3) Morken, Kylie 12	4) Hegelheimer, Melina 09	
4	DSM, East	48.93q	1
	1) Hamilton, Dimetrea 12	2) Brown, Deala 10	
	3) Anderson, Ajae 12	4) Brown, Eriana 10	
5	WAT East	49.07q	2
	1) Jenkins, Shamyia 10	2) Roberts, Kerris 09	
	3) Dunn, Jasmine 10	4) Muhammad, Alanna 10	
6	Ankeny Cent	49.30q	1
	1) Ridout, Betsy 10	2) Sauer, Kenna 09	
	3) Saddoris, Katie 10	4) Reysack, Sydney 12	
7	Linn-Mar	49.32q	1
	1) Rolle, Ariana 10	2) Bennett, Jill 09	
	3) Hubler, Olivia 10	4) Ramsey, Kira 12	
8	Ankeny	49.34q	2
	1) Brooks, Olivia 12	2) Daugherty, Peyton 10	
	3) Fischer, Kelsey 11	4) Sidney, Mikala 09	
9	Bettendorf	49.47	3
	1) Banks, Maddi 10	2) Wroblewski, Alli 11	
	3) Drexler, Eleanor 10	4) Ostrom, Emma 10	
10	SC, North	49.88	3
	1) Peak-Wallace, MaLiKa 10	2) Oyadare, Mercy 11	
	3) Glisar, Kelli 10	4) Graham-Peterson, Jayda 09	
11	Prairie, CR	49.91	3
	1) Hilderbrand, Raenice 09	2) Ross, Jenna 11	
	3) Fuller, Brie 10	4) Soeken, Kenzie 12	
12	IC, City High	50.20	2
	1) Johnson, Delaney 12	2) Cooper, Emma 09	
	3) Clark, Emma 09	4) Gamamou, Rose 12	
13	Valley, WDM	50.36	3
	1) Matera, Grace 10	2) Sinclair, Rachel 10	
	3) Spencer, Ally 10	4) Yardley, Cassie 10	
14	Fort Dodge	50.44	3
	1) Smith, Shariah 11	2) Smith, Shareece 10	
	3) Love, Raeya 10	4) Mosley, Car'Maiya 11	
15	SC, West	50.48	2
	1) Briones, Giselle 11	2) Duax, Amelia 11	
	3) Meis, Kathleen 12	4) Jones, Khenadi 11	
16	DVPT, Central	50.55	1
	1) Heald, Cheryl 12	2) Lamourt, Lauren 12	
	3) Serrano, Akira 10	4) Hegetschweiler, Sarah 12	
17	DSM, Hoover	50.82	3

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....Girls 4x100 Meter Relay 4A

1) Dennis, Saffie 09	2) Olson, Taylan 10		
3) Sakabu, Lina 09	4) Kouh, Mabel 09		
18 CR Washington		51.23	2
1) Glover, Trinity 10	2) Ward, Mariah 11		
3) Powers, Mya 09	4) Johnson, Jayla 10		
19 Mason City		51.24	1
1) Papouchis, Samantha 12	2) Daugherty, Odeleine 09		
3) Runge, Peyton 09	4) Meyer, Makenzie 12		
20 DSM North		51.34	1
1) Benson, Jatearia 09	2) Jackson, Loreal 11		
3) Niyigena, Delefine 10	4) Hunter, Riawna 09		
21 DSM, Roosevelt		51.60	1
1) Hall, Tori 10	2) Williams, Kyndal 10		
3) Morris, Jada 09	4) Matthews, Shaniya 11		
22 Pleasant Valley		51.90	2
1) Whitfield, Jazmyn 10	2) Wichman, Emma 12		
3) Arthofer, Adrea 09	4) Paul, Emily 12		
-- Epworth, WD		DQ	2
1) Allen, Auna 10	2) Bahl, Elayna 10		
3) Tentis, Sierra 12	4) Burds, Blair 11		
-- Urbandale		DQ	3
1) Johnson, Hope 09	2) Mottet, Billie 11		
3) Szakacs, Sophia 12	4) Wiest, Shauna 10		

Girls 4x100 Meter Relay 4A

State Record: *	47.89	5/19/2010	Iowa City West, Iowa City West		
All-Time: !	47.55	4/28/2012	Roosevelt, Roosevelt		
School				Finals	Points

Finals

1 WAT East		48.16	10
1) Jenkins, Shamyia 10	2) Roberts, Kerris 09		
3) Dunn, Jasmine 10	4) Muhammad, Alanna 10		
2 CR Jefferson		48.17	8
1) Bergmann, MiAsia 10	2) Ranschau, Abilene 12		
3) Anderson, Autumn 11	4) Blue, Jasmine 12		
3 Waukee		48.35	6
1) Sehman, Maddie 12	2) Schau, Hannah 11		
3) Vojic, Elma 10	4) Witte, Shaye 12		
4 Ames		48.55	5
1) Thomas, Desiree 11	2) Haron, Fatima 12		
3) Morken, Kylie 12	4) Hegelheimer, Melina 09		
5 Ankeny Cent		48.81	4
1) Ridout, Betsy 10	2) Sauer, Kenna 09		
3) Saddoris, Katie 10	4) Reysack, Sydney 12		
6 Ankeny		48.91	3
1) Brooks, Olivia 12	2) Daugherty, Peyton 10		
3) Fischer, Kelsey 11	4) Sidney, Mikala 09		
7 Linn-Mar		49.63	2
1) Rolle, Ariana 10	2) Bennett, Jill 09		
3) Hubler, Olivia 10	4) Ramsey, Kira 12		
-- DSM, East		DNF	
1) Hamilton, Dimetrea 12	2) Brown, Dealia 10		

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Results

....Girls 4x100 Meter Relay 4A

3) Anderson, Ajae 12

4) Brown, Eriana 10

Girls 4x200 Meter Relay 4A

=====			
State Record: *	1:39.24	5/22/2015	CR Jefferson, CR Jefferson A Ranschau, J Blue, M Meese, L Schneekloth
All-Time: !	1:39.24	5/22/2015	CR Jefferson, CR Jefferson A Ranschau, J Blue, M Meese, L Schneekloth
School		Finals	H# Points
=====			
1	CR Jefferson	1:40.24	3 10
	1) Ranschau, Abilene 12	2) Bergmann, MiAsia 10	
	3) Anderson, Autumn 11	4) Blue, Jasmine 12	
2	Waukee	1:41.01	3 8
	1) Sehman, Maddie 12	2) Buss, Talia 12	
	3) Witte, Shaye 12	4) Vojic, Elma 10	
3	SE Polk	1:41.22	3 6
	1) Woodard, Mackenzie 11	2) Hersom, Brianna 11	
	3) Suttten, Abby 10	4) Milani, Sydney 10	
4	DSM, Roosevelt	1:41.23	3 5
	1) Matthews, Shaniya 11	2) Holman, Kori 10	
	3) Moss, Desirae 12	4) Carter, Briyana 12	
5	Cedar Falls	1:43.84	3 4
	1) Kimbrough, Auriona 09	2) Moody, Kate 12	
	3) Haan, Larissa 12	4) Harrington, Alicia 12	
6	Ankeny	1:44.09	3 3
	1) Morhfeld, Kaitlyn 11	2) Daugherty, Peyton 10	
	3) Fischer, Kelsey 11	4) Sidney, Mikala 09	
7	Valley, WDM	1:44.28	2 2
	1) Matera, Grace 10	2) Quigle, Claire 10	
	3) Spencer, Ally 10	4) Sinclair, Rachel 10	
8	WAT East	1:44.33	3 1
	1) Roberts, Kerris 09	2) Harris, Chalea 11	
	3) Ryan, McKayla 11	4) Muhammad, Alanna 10	
9	IC, City High	1:44.52	2
	1) Clark, Emma 09	2) Cooper, Emma 09	
	3) Johnson, Delaney 12	4) Gamamou, Rose 12	
10	Pleasant Valley	1:44.56	2
	1) Spelhaug, Ellie 10	2) Spelhaug, Carli 09	
	3) Arthofer, Adrea 09	4) Paul, Emily 12	
11	Ames	1:45.01	2
	1) Thomas, Desiree 11	2) Buckels, Hannah 09	
	3) Lowe, Rosita 11	4) Haron, Fatima 12	
12	SC, West	1:45.04	1
	1) Duax, Amelia 11	2) Smith, Allyson 09	
	3) Meis, Kathleen 12	4) Jones, Khenadi 11	
13	Bettendorf	1:45.06	3
	1) McQuillen, Erin 09	2) Mitchell, Taylor 11	
	3) Ostrom, Emma 10	4) Banks, Maddi 10	
14	DUB Senior	1:45.07	2
	1) Cook, Hannah 11	2) Sass, Emma 11	
	3) Boleyn, Marissa 11	4) Lambe, Stevie 10	
15	WAT West	1:45.12	1
	1) Solomon, Madelyn 09	2) Dillard, Jallea 09	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Girls 4x200 Meter Relay 4A

3) Phillips, TaeAnna 11	4) Thune, Zoey 10		
16 DSM, East		1:45.39	1
1) Fenceroy, Aaliyah 10	2) Bresh, Najat 09		
3) Brown, Dealala 10	4) Brown, Eriana 10		
17 Epworth, WD		1:45.72	2
1) Allen, Auna 10	2) Ulbrich, Addie 10		
3) Hermsen, Cassie 10	4) Burds, Blair 11		
18 Prairie, CR		1:45.78	2
1) Soeken, Kenzie 12	2) Skriver, Kirstin 10		
3) Lewis, Morgan 10	4) Ross, Jenna 11		
19 Linn-Mar		1:46.98	1
1) Bennett, Jill 09	2) Hubler, Olivia 10		
3) Renner, Megan 09	4) Ramsey, Kira 12		
20 Johnston		1:47.10	2
1) Roberts, Olivia 12	2) Knopf, Bailey 12		
3) Ford, Emma 10	4) Kamienski, Avery 09		
21 Mason City		1:47.12	1
1) Papouchis, Samantha 12	2) Daugherty, Odeleine 09		
3) Mariner, Erika 09	4) Meyer, Makenzie 12		
22 DSM, Hoover		1:47.34	1
1) Olson, Taylan 10	2) Dennis, Saffie 09		
3) Sakabu, Lina 09	4) Kouh, Mabel 09		
23 DVPT, West		1:48.54	1
1) Hickman, Dyon 12	2) Strunk, Savannah 10		
3) Johnson, Samantha 12	4) Lambert, Zaria 12		
24 DVPT, Central		1:48.99	1
1) Nimmers, Lakayla 11	2) Collins, K'Breonna 10		
3) Lamourt, Lauren 12	4) Jackson, Amaya 09		

Girls 4x400 Meter Relay 4A

=====
 State Record: * 3:48.49 5/20/2009 Sioux City East, Sioux City Ea
 All-Time: ! 3:48.39 5/23/2009 Sioux City, East, Sioux City,
 S Houlihan, R Mikulicz, E McCarthy, E Dougherty
 School Prelims H#
 =====

Preliminaries

1 CR Jefferson		3:54.68q	1
1) Anderson, Autumn 11	2) Koenigsfeld, Meredith 12		
3) Belew, MaKayla 11	4) Blue, Jasmine 12		
2 Ames		3:56.32q	1
1) Morken, Kylie 12	2) Weiss, Ryan 11		
3) Song, Athena 10	4) Hegelheimer, Melina 09		
3 Waukee		3:56.52q	2
1) Buss, Talia 12	2) Akason, Logan 10		
3) Gray, Mary 11	4) Campbell, Lily 10		
4 Johnston		3:57.12q	1
1) Roberts, Olivia 12	2) Hovey, Josie 09		
3) Thompson, Macy 09	4) Brown, Elle 11		
5 SE Polk		3:57.18q	3
1) Hersom, Brianna 11	2) Woodard, Mackenzie 11		
3) Mitchell, Sierra 11	4) Milani, Sydney 10		
6 Cedar Falls		4:00.06q	3
1) Kimbrough, Auriona 09	2) Hall, Madison 12		

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Results

....Girls 4x400 Meter Relay 4A

3) Kvale, Paige 10	4) Harrington, Alicia 12	
7 Pleasant Valley	4:00.73q	2
1) Donahue, Carly 12	2) Spelhaug, Ellie 10	
3) Tebbe, Rachel 11	4) Swanson, Addie 11	
8 Bettendorf	4:01.03q	1
1) Spranger, Sydney 11	2) McQuillen, Erin 09	
3) Banks, Maddi 10	4) Wroblewski, Alli 11	
9 Dowling C, WDM	4:02.13	2
1) Timboe, Kate 09	2) Mcluen, Allie 11	
3) Teeling, Anne 11	4) Schweizer, Kelsey 09	
10 Ankeny	4:02.22	3
1) Doocy, Allison 12	2) Sharar, Olivia 09	
3) Mohrfeld, Kaitlyn 11	4) Fischer, Kelsey 11	
11 Urbandale	4:03.04	3
1) Mottet, Bailey 11	2) Carver, Maddie 11	
3) Pryor, Dee Dee 09	4) Shellmyer, Skyler 10	
12 Epworth, WD	4:03.89	1
1) Burds, Jenna 09	2) Hermsen, Cassie 10	
3) Rosalez, Reagan 11	4) Maahs, Megan 12	
13 Ankeny Cent	4:05.97	3
1) Gray, Megan 10	2) Schroder, Malorie 11	
3) Williams, Keanna 10	4) Draayer, Hannah 12	
14 SC, East	4:06.45	2
1) McCulley, Sami 11	2) Copple, Taylor 10	
3) Zyzda, Rylie 12	4) Van Dyke, Lauren 10	
15 DUB Senior	4:07.37	3
1) Biehl, Kai 11	2) Cook, Hannah 11	
3) Sass, Emma 11	4) Lambe, Stevie 10	
16 Ottumwa	4:07.84	2
1) Hammack, Ellie 12	2) Nelson, Alexis 11	
3) Bowers, Abby 09	4) Bishop, Kierra 09	
17 WAT West	4:08.85	3
1) Bell, Kitra 10	2) Phillips, TaeAnna 11	
3) Dillard, Jallea 09	4) Thune, Zoey 10	
18 DSM, Roosevelt	4:09.58	1
1) Chell, Claire 10	2) Kallo, Angelina 12	
3) Wells, Tyciera 11	4) Moss, Desirae 12	
19 Linn-Mar	4:09.62	2
1) Decker, Amber 12	2) Saville, Hanna 11	
3) Lorenz, Brooke 12	4) Gries, Abby 12	
20 Muscatine	4:09.88	2
1) Harter, Alana 11	2) Kraft, Brina 11	
3) France, Regan 12	4) Chapman, Larkin 12	
21 DUB Hempstead	4:09.89	2
1) Meehan, Julia 10	2) Johnson, McKenna 11	
3) Ries, Grace 09	4) Muntz, Heather 12	
22 Indianola	4:10.28	1
1) Nichols, Maddie 09	2) Berg, Grace 10	
3) Schulze, Katelyn 11	4) Nicholson, Paige 12	
23 DSM, Hoover	4:17.61	1
1) Claytor, Marionna 10	2) Jackson, Destiny 11	
3) Ding, Nyakota 10	4) Preston, Breazi 10	
-- DSM Lincoln	DQ	3
1) Ster, Pebbles 12	2) Cooper, Mariah 12	

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Results

....Girls 4x800 Meter Relay 4A

5 Linn-Mar	9:22.19	2	4
1) Garcia, Morgan 12	2) Wensel, Payton 10		
3) Saville, Hanna 11	4) Decker, Amber 12		
6 Ames	9:27.98	2	3
1) Weiss, Ryan 11	2) Jenks, Olivia 10		
3) Eller, Lauren 12	4) Dupuis, Claire 12		
7 Dowling C, WDM	9:31.97	2	2
1) Timboe, Kate 09	2) Flood, Molly 11		
3) Miller, Sydnee 09	4) Schweizer, Kelsey 09		
8 Johnston	9:35.41	2	1
1) Hovey, Josie 09	2) Swaim, Taryn 10		
3) Toot, Anna 12	4) Ness, Sara 12		
9 Indianola	9:37.28	2	
1) Berg, Grace 10	2) Schulze, Katelyn 11		
3) Forbes, Jadyn 09	4) Nicholson, Paige 12		
10 CR Jefferson	9:37.95	2	
1) Hanna, Sarah 12	2) Belew, MaKayla 11		
3) Meyer, Caleigh 12	4) Koenigsfeld, Meredith 12		
11 Epworth, WD	9:41.19	1	
1) Nieman, Claire 12	2) Rosalez, Sydney 09		
3) Dougherty, Alyssa 12	4) Burds, Jenna 09		
12 SE Polk	9:44.44	2	
1) Fluit, Allyssa 12	2) Blackford, Paige 09		
3) Walker, Kaitlyn 12	4) Mitchell, Sierra 11		
13 IC, City High	9:46.49	1	
1) Arch, Mary 11	2) Smith, Addie 10		
3) Verdick, Hailey 12	4) Lindower, Anna 09		
14 Ankeny	9:46.86	1	
1) Bosch, Emily 11	2) McClure, Annie 09		
3) Drea, McKenna 09	4) Doocy, Allison 12		
15 SC, East	9:47.74	1	
1) Hanson, Paige 10	2) McCulley, Sami 11		
3) Hill, Joselyn 09	4) Van Dyke, Lauren 10		
16 Pleasant Valley	9:48.14	2	
1) Ruff, Kelsey 10	2) Aiello, Justine 10		
3) Riley, Abby 09	4) Lafever, Mallory 09		
17 DUB Senior	9:51.83	1	
1) Miller, Lauren 09	2) Gaherty, Mackenzie 10		
3) Rampton, Mia 10	4) Biehl, Kai 11		
18 Bettendorf	9:53.62	1	
1) Gallagher, Ally 11	2) Ramstack, Rylee 09		
3) Nickles, Jenna 09	4) Humphrey, Haley 12		
19 DVPT, Central	9:56.43	1	
1) Dodds, Alex 12	2) Estes, Grace 10		
3) Cline, Kendall 12	4) Eure, Maria 10		
20 DSM, Roosevelt	9:58.71	1	
1) Buchanan, Isabel 10	2) Fleming, Megan 09		
3) Drake, Brennan 10	4) Mason, Katie 12		
21 Valley, WDM	9:59.06	1	
1) Gould, Helen 09	2) Ellis, Samantha 12		
3) Ash, Emily 09	4) Malhotra, Shifali 11		
22 Cedar Falls	10:01.52	1	
1) Christopher, Cassidy 11	2) Schmitz, Meg 10		
3) Larsen, Madison 10	4) Ross, Caroline 10		

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Results

....Girls 4x800 Meter Relay 4A

23 CR Kennedy	10:23.15	1
1) Meyer, Ali 11	2) Ratzer, Hannah 10	
3) Green, Olivia 11	4) Joyner, Kayla 11	
24 Ankeny Cent	10:28.40	1
1) Gaumer, Jesslyn 09	2) Brown, Taylor 12	
3) Frazier, Chloe 10	4) Smith, Brianna 09	

Girls 800 Sprint Medley 4A

=====					
State Record: *	1:44.89	5/23/2015	Pleasant Valley, Pleasant Val		
			E Paul, J Simon, E Whigham, A Swanson		
All-Time: !	1:44.89	2015	Pleasant Valley, Pleasant Valley		
School			Finals	H#	Points
=====					
1 CR Jefferson	1:45.89	3	10		
1) Bergmann, MiAsia 10	2) Anderson, Autumn 11				
3) Ranschau, Abilene 12	4) Blue, Jasmine 12				
2 SE Polk	1:46.20	2	8		
1) Suttan, Abby 10	2) Hersom, Brianna 11				
3) Milani, Sydney 10	4) Woodard, Mackenzie 11				
3 Pleasant Valley	1:46.21	3	6		
1) Arthofer, Adrea 09	2) Wichman, Emma 12				
3) Paul, Emily 12	4) Swanson, Addie 11				
4 Waukee	1:46.38	3	5		
1) Sehman, Maddie 12	2) Schau, Hannah 11				
3) Vojic, Elma 10	4) Campbell, Lily 10				
5 Ames	1:47.47	3	4		
1) Buckels, Hannah 09	2) Thomas, Desiree 11				
3) Haron, Fatima 12	4) Hegelheimer, Melina 09				
6 Bettendorf	1:48.88	3	3		
1) Banks, Maddi 10	2) Ostrom, Emma 10				
3) Mitchell, Taylor 11	4) Wroblewski, Alli 11				
7 WAT West	1:49.62	1	2		
1) Bell, Kitra 10	2) Spencer, Jaclyn 12				
3) Solomon, Madelyn 09	4) Thune, Zoey 10				
8 Johnston	1:49.72	2	1		
1) Knopf, Bailey 12	2) Ford, Emma 10				
3) Hovey, Josie 09	4) Brown, Elle 11				
9 DUB Senior	1:50.11	1			
1) Lambe, Stevie 10	2) Boleyn, Marissa 11				
3) Cook, Hannah 11	4) Sass, Emma 11				
10 Prairie, CR	1:50.48	1			
1) Hilderbrand, Raenice 09	2) Lewis, Morgan 10				
3) Ross, Jenna 11	4) Skriver, Kirstin 10				
11 Ankeny	1:50.64	2			
1) Sidney, Mikala 09	2) Daugherty, Peyton 10				
3) Mohrfeld, Kaitlyn 11	4) Doocy, Allison 12				
12 IC, City High	1:51.15	1			
1) Johnson, Delaney 12	2) Cooper, Emma 09				
3) Deprenger, Maddie 12	4) Gamamou, Rose 12				
13 Mason City	1:51.61	1			
1) Mariner, Erika 09	2) Meyer, Megan 09				
3) Papouchis, Samantha 12	4) Meyer, Makenzie 12				
14 Cedar Falls	1:51.81	2			

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Results

....Girls 800 Sprint Medley 4A

1) Nichols, Makenzie 11	2) Haan, Larissa 12		
3) Moody, Kate 12	4) Hall, Madison 12		
15 Epworth, WD		1:52.04	2
1) Denlinger, Kelli 11	2) Tentis, Sierra 12		
3) Burds, Blair 11	4) Maahs, Megan 12		
16 Valley, WDM		1:52.15	1
1) Sinclair, Rachel 10	2) Quigle, Claire 10		
3) Matera, Grace 10	4) Spencer, Ally 10		
17 SC, North		1:52.26	2
1) Peak-Wallace, MaLiKa 10	2) Graham-Peterson, Jayda 09		
3) Oyadare, Mercy 11	4) Mulder, Kaitlyn 10		
18 CR Washington		1:52.33	2
1) Ward, Mariah 11	2) Powers, Mya 09		
3) Johnson, Jayla 10	4) Eniola, Vanessa 10		
19 DSM, Roosevelt		1:52.52	1
1) Williams, Kyndal 10	2) Hall, Tori 10		
3) Matthews, Shaniya 11	4) Kallo, Angelina 12		
20 Linn-Mar		1:52.54	3
1) Bennett, Jill 09	2) Ramsey, Kira 12		
3) Lorenz, Brooke 12	4) Wensel, Payton 10		
21 Norwalk		1:52.68	1
1) Ridgeway, Gabby 11	2) Campbell, Shae 10		
3) Anderson, Clare 11	4) Vanderholt, Taylor 10		
22 DVPT, Central		1:53.00	2
1) Heald, Cheryl 12	2) Hegetschweiler, Sarah 12		
3) Collins, K'Breonna 10	4) Dodds, Alex 12		
-- Ankeny Cent			FS 3
1) Ridout, Betsy 10	2) Saddoris, Katie 10		
3) Reysack, Sydney 12	4) Draayer, Hannah 12		
-- CB, A Lincoln			DQ 3
1) Damgaard, Kalyn 11	2) Fichter, Rylee 10		
3) Hart, Mercedes 12	4) Thomas`, Darby 09		

Girls Distance Medley 4A

=====			
State Record: *	4:00.39	2009	Sioux City East, Sioux City East
All-Time: !	3:59.48	2016	Assumption, Assumption
School			Finals H# Points
=====			
1	Ankeny Cent	4:05.21	3 10
	1) Reysack, Sydney 12	2) Saddoris, Katie 10	
	3) Draayer, Hannah 12	4) Gray, Megan 10	
2	Waukee	4:05.25	3 8
	1) McKibben, Emily 11	2) Vojic, Elma 10	
	3) Gates, Taylor 12	4) Akason, Logan 10	
3	Urbandale	4:08.28	3 6
	1) Johnson, Hope 09	2) Pryor, Dee Dee 09	
	3) Shellmyer, Skyler 10	4) Noah, Julia 12	
4	Muscatine	4:10.18	3 5
	1) Brauns, Jescie 11	2) Lloyd, Brittni 10	
	3) Chapman, Larkin 12	4) Kraft, Brina 11	
5	Ames	4:11.05	2 4
	1) Thomas, Desiree 11	2) Haron, Fatima 12	
	3) Weiss, Ryan 11	4) Dupuis, Claire 12	

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Results

....Girls Distance Medley 4A

6 IC, West	4:12.16	3	3
1) Gravelin, Micaela 11	2) Severt, Katie 09		
3) Saunders, Tia 12	4) Nock, Bailey 10		
7 Pleasant Valley	4:12.53	2	2
1) Paul, Emily 12	2) Arthofer, Adrea 09		
3) Spelhaug, Carli 09	4) Yanek, Mackenzie 12		
8 SE Polk	4:13.74	2	1
1) Mona, Johanna 12	2) Suttten, Abby 10		
3) Hersom, Brianna 11	4) Mitchell, Sierra 11		
9 Bettendorf	4:15.23	3	
1) Mitchell, Taylor 11	2) Ostrom, Emma 10		
3) McQuillen, Erin 09	4) Spranger, Sydney 11		
10 Dowling C, WDM	4:16.78	1	
1) Falk, Teryn 11	2) Roberts, Kennedy 11		
3) Timboe, Kate 09	4) Miller, Sydnee 09		
11 Epworth, WD	4:17.92	2	
1) Tentis, Sierra 12	2) Burds, Blair 11		
3) Rosalez, Reagan 11	4) Dougherty, Alyssa 12		
12 Johnston	4:18.23	1	
1) Knopf, Bailey 12	2) Johnson, Jennah 10		
3) Kamienski, Avery 09	4) Ness, Sara 12		
13 Valley, WDM	4:20.29	2	
1) Matera, Grace 10	2) Quigle, Claire 10		
3) Spencer, Ally 10	4) Gould, Helen 09		
14 Prairie, CR	4:20.74	2	
1) Ross, Jenna 11	2) Wagemester, Jenna 10		
3) Skriver, Kirstin 10	4) Frazee, Hannah 11		
15 IC, City High	4:21.09	1	
1) Johnson, Delaney 12	2) DeNeice, Olivia 09		
3) Gamamou, Rose 12	4) Arch, Mary 11		
16 Indianola	4:23.25	1	
1) Blake, Leah 09	2) Nichols, Maddie 09		
3) Berg, Grace 10	4) Forbes, Jadyen 09		
17 DVPT, Central	4:24.10	2	
1) Rewerts, Hailee 10	2) Knutsen, Kami 09		
3) Brown, Taquashia 10	4) Dodds, Alex 12		
18 Ankeny	4:24.28	1	
1) Brooks, Olivia 12	2) Creekmur, Chloe 11		
3) Murray, Hannah 11	4) Bosch, Emily 11		
19 Mason City	4:24.85	1	
1) Runge, Peytan 09	2) Nelsen, Heather 10		
3) Meyer, Megan 09	4) Davison, Emma 10		
20 CR Washington	4:26.45	2	
1) Ward, Mariah 11	2) Johnson, Jayla 10		
3) Powers, Mya 09	4) Gorman, Reagan 09		
21 WAT East	4:33.95	1	
1) Jenkins, Shanya 10	2) Campbell, Shania 12		
3) Kiewiet, Brielle 12	4) Sage, Mallory 11		
22 SC, North	4:35.15	1	
1) Glisar, Kelli 10	2) Brand, Savannah 10		
3) Enoch, Hailee 09	4) Coyle, McKenzie 10		
23 Linn-Mar	4:38.56	3	
1) Bennett, Jill 09	2) Lorenz, Brooke 12		
3) Wensel, Payton 10	4) Decker, Amber 12		

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Results

....Girls Distance Medley 4A

-- Cedar Falls DQ 3
 1) Sterrett, Morgan 09 2) Nichols, Makenzie 11
 3) Hall, Madison 12 4) Kvale, Paige 10

Girls 4x100 Meter Shuttle Hurdle 4A

=====
 State Record: * 1:01.26 5/21/2016 Pleasant Valley, Pleasant Val
 E Spelhaug, K DeGeorge, C Park, C Donahue
 All-Time: ! 1:01.26 5/21/2016 Pleasant Valley, Pleasant Val
 E Spelhaug, K DeGeorge, C Park, C Donahue
 School Prelims H#
 =====

Preliminaries

1 Pleasant Valley 1:02.53q 3
 1) Spelhaug, Ellie 10 2) DeGeorge, Kelli 12
 3) Park, Claire 11 4) Donahue, Carly 12
 2 Waukee 1:03.29q 1
 1) Schau, Hannah 11 2) Winger, Sydney 10
 3) Modrell, Danielle 12 4) Gray, Mary 11
 3 Ames 1:04.29q 2
 1) Song, Athena 10 2) Ingram, Isabel 10
 3) Atack, Akouj 11 4) Morken, Kylie 12
 4 IC, West 1:04.90q 4
 1) Steva, Peyton 09 2) Noibi, Kia 10
 3) Young, Grace 12 4) Welch, Valerie 11
 5 Urbandale 1:05.96q 6
 1) Bakker, Julia 11 2) Mottet, Bailey 11
 3) Brownell, Elle 09 4) Mottet, Billie 11
 6 DSM, East 1:06.12q 5
 1) Anderson, Ajae 12 2) Ziegler, Tiana 10
 3) Youngwirth, Abbie 11 4) Hamilton, Dimetrea 12
 7 DSM, Roosevelt 1:06.14q 6
 1) Morris, Jada 09 2) Moss, Desirae 12
 3) Whitaker, Tyanna 12 4) Chell, Claire 10
 8 CR Jefferson 1:07.00q 1
 1) Trosky, Ellie 12 2) Bergmann, MiAsia 10
 3) Prohaska, Meghan 09 4) Kitterman, Sam 12
 9 Epworth, WD 1:07.20 5
 1) Horsfield, Hanna 10 2) Frommelt, Megan 11
 3) Bockenstedt, Kennadee 12 4) Bahl, Elayna 10
 10 Ankeny 1:08.33 2
 1) Hudson, Courtney 11 2) Mackey, Mikala 11
 3) Sidney, Mikala 09 4) Nygren, Tess 11
 11 SE Polk 1:08.38 3
 1) Willoughby, Angela 10 2) Davidson, McKenna 10
 3) Donohoe, Alex 10 4) Doser, Taylor 12
 12 North Scott 1:08.44 3
 1) Rowlands, Avery 09 2) Loussaert, Dana 09
 3) Junker, Jessica 11 4) Loussaert, Erica 11
 13 Ankeny Cent 1:09.06 4
 1) Ridout, Meg 09 2) Gjerde, Morgan 11
 3) Draayer, Hannah 12 4) Snyder, Brooklyn 11
 14 Norwalk 1:09.52 2
 1) LeQuatte, Torie 10 2) Westhoff, Kiley 12

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Results

....Girls 4x100 Meter Shuttle Hurdle 4A

3) Urlis, Samantha 12	4) Steenhoek, Olivia 11		
15 DSM Lincoln	1:09.71	4	
1) Ster, Pebbles 12	2) Canada, Erika 09		
3) Cooper, Mariah 12	4) Harris, Jolynn 10		
16 Bettendorf	1:09.91	1	
1) Bruty, Mia 11	2) Drexler, Eleanor 10		
3) Hocker, Logan 10	4) Behning, Hailey 11		
17 Dowling C, WDM	1:10.05	5	1:10.044
1) Odir, Christina 10	2) Giudici, Anna 10		
3) Okwaramoi, Juru 09	4) Strittmater, Ellen 09		
17 Cedar Falls	1:10.05	4	1:10.044
1) Becker, Lily 09	2) Chestnut, Anna 11		
3) Alexander, Sammie 11	4) Burken, Grace 10		
19 Valley, WDM	1:10.37	6	
1) Yardley, Cassie 10	2) Louis, Chastity 09		
3) Osborn, Elizabeth 11	4) Judge, Emma 11		
20 CR Kennedy	1:11.04	2	
1) Beer, Katie 11	2) Haskin, Liz 12		
3) Peterson, Alexis 10	4) Lovell, Jayden 11		
21 CB, A Lincoln	1:11.68	6	
1) Steppuhn, Alicia 12	2) Damgaard, Kalyn 11		
3) McIntosh, Abby 11	4) Hartman, Hayley 10		
22 Prairie, CR	1:12.66	5	
1) Smith, Sophia 11	2) Schmitt, Sarah 09		
3) Bohnsack, Natalie 11	4) Flickinger, Leah 12		
-- DUB Senior	DQ	3	
1) Lightfoot, Kortney 12	2) Connolly, Abby 10		
3) Morris, Anna 11	4) Gudenkauf, Grace 11		
-- Mason City	DQ	1	
1) DeRoy, Danielle 12	2) Dvorak, Morgan 12		
3) Mariner, Erika 09	4) King, Jenni 12		

Girls 4x100 Meter Shuttle Hurdle 4A

=====					
State Record:	* 1:01.26	5/21/2016	Pleasant Valley, Pleasant Val		
			E Spelhaug, K DeGeorge, C Park, C Donahue		
All-Time:	! 1:01.26	5/21/2016	Pleasant Valley, Pleasant Val		
			E Spelhaug, K DeGeorge, C Park, C Donahue		
School			Finals	H#	Points
=====					

Finals

1 Pleasant Valley	1:01.26*	2	10
1) Spelhaug, Ellie 10	2) DeGeorge, Kelli 12		
3) Park, Claire 11	4) Donahue, Carly 12		
2 Waukee	1:01.96	2	8
1) Schau, Hannah 11	2) Winger, Sydney 10		
3) Modrell, Danielle 12	4) Gray, Mary 11		
3 Ames	1:03.56	2	6
1) Ingram, Isabel 10	2) Atack, Akouj 11		
3) Song, Athena 10	4) Morken, Kylie 12		
4 IC, West	1:04.09	2	5
1) Steva, Peyton 09	2) Noibi, Kia 10		
3) Young, Grace 12	4) Welch, Valerie 11		
5 DSM, East	1:05.15	1	4

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....Girls 4x100 Meter Shuttle Hurdle 4A

1) Anderson, Ajae 12	2) Ziegler, Tiana 10			
3) Youngwirth, Abbie 11	4) Hamilton, Dimetrea 12			
6 DSM, Roosevelt		1:06.55	1	3
1) Moss, Desirae 12	2) Morris, Jada 09			
3) Whitaker, Tyanna 12	4) Chell, Claire 10			
7 Urbandale		1:06.60	1	2
1) Mottet, Billie 11	2) Bakker, Julia 11			
3) Mottet, Bailey 11	4) Brownell, Elle 09			
8 CR Jefferson		1:07.27	1	1
1) Bergmann, MiAsia 10	2) Trosky, Ellie 12			
3) Prohaska, Meghan 09	4) Kitterman, Sam 12			

Girls High Jump 4A

State Record: * 5-08.25 5/19/2009 Khanishah Williams, Burlington

All-Time: ! 6-01 2010 Hannah Wilms, Dike-NH

Name	Year	School	Finals		Points
1 DeGeorge, Kelli	12	Pleasant Valley	5-06.00	1.67m	10
2 Gudenauf, Grace	11	DUB Senior	5-05.00	1.65m	8
3 Roquet, Ellie	11	Johnston	5-03.00	1.60m	5.50
3 VanVelzen, Tori	12	Norwalk	5-03.00	1.60m	5.50
5 Gamamou, Rose	12	IC, City High	J5-03.00	1.60m	3.50
5 Kimbrough, Auriona	09	Cedar Falls	J5-03.00	1.60m	3.50
7 Loussaert, Erica	11	North Scott	J5-03.00	1.60m	2
8 Ingram, Isabel	10	Ames	5-01.00	1.54m	0.50
8 Beer, Katie	11	CR Kennedy	5-01.00	1.54m	0.50
10 Watson, Piper	10	Mason City	J5-01.00	1.54m	
10 Bocker, Halley	10	DSM, Roosevelt	J5-01.00	1.54m	
12 Freeman, Liz	11	Dowling C, WDM	J5-01.00	1.54m	
13 Soeken, Kenzie	12	Prairie, CR	J5-01.00	1.54m	
14 Gaber, Emma	11	Dowling C, WDM	J5-01.00	1.54m	
14 Cople, Taylor	10	SC, East	J5-01.00	1.54m	
16 Kramer, Jessica	12	Waukee	4-11.00	1.49m	
16 Havermann, Chloe	11	Waukee	4-11.00	1.49m	
16 Hodges-Johnson, Tatiana	09	DSM, East	4-11.00	1.49m	
19 Hayes, Alexis	10	North Scott	J4-11.00	1.49m	
20 Deppe, Paige	12	Epworth, WD	J4-11.00	1.49m	
20 Mulcahy, Alyssa	12	Ankeny	J4-11.00	1.49m	
22 Moore, Katelyn	11	Ames	4-09.00	1.44m	
22 McGrath, Erin	10	DUB Hempstead	4-09.00	1.44m	
24 Meyer, Megan	09	Mason City	J4-09.00	1.44m	

Girls Long Jump 4A

State Record: * 19-02.25 2004 LaNeisha Waller, CR Washington

All-Time: ! 19-10.25 2014 Lexus Lovan, Urbandale

Name	Year	School	Finals	Wind	H#	Points
1 Thomas, Darby	09	CB, A Lincoln	18-07.75	NWI	5.68m	2 10
2 Sauer, Kenna	09	Ankeny Cent	18-04.75	NWI	5.60m	2 8
3 Welch, Valerie	11	IC, West	18-02.75	NWI	5.55m	2 6
4 Bell, Kitra	10	WAT West	17-05.75	NWI	5.32m	2 5
5 Abuyoum, SaMiya	11	Dowling C, WDM	17-05.00	NWI	5.30m	1 4

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....Girls Long Jump 4A

6	Rolle, Ariana	10	Linn-Mar	17-04.00	NWI	5.28m	2	3
7	Eniola, Vanessa	10	CR Washington	17-03.25	NWI	5.26m	2	2
8	Beer, Katie	11	CR Kennedy	17-02.00	NWI	5.23m	1	1
9	Comer, Tasia	12	Bettendorf	17-01.00	NWI	5.20m	2	
10	Carter, Briyana	12	DSM, Roosevelt	17-00.50	NWI	5.19m	2	
11	Graham-Peterson, Jayda	09	SC, North	16-10.75	NWI	5.14m	1	
12	Lancina, Chandler	11	North Scott	16-09.25	NWI	5.11m	2	
13	Lamour, Lauren	12	DVPT, Central	16-06.50	NWI	5.04m	2	
14	Lorenz, Brooke	12	Linn-Mar	16-06.25	NWI	5.03m	2	
15	Spelhaug, Carli	09	Pleasant Valley	16-05.50	NWI	5.01m	1	
16	Becker, Lily	09	Cedar Falls	16-05.25	NWI	5.01m	1	
17	Spring, Chloe	09	SE Polk	16-03.00	NWI	4.95m	1	
18	Gudenkauf, Grace	11	DUB Senior	16-02.50	NWI	4.94m	2	
19	Lloyd, Brittni	10	Muscatine	15-11.25	NWI	4.85m	1	
20	McQuillen, Erin	09	Bettendorf	15-09.50	NWI	4.81m	1	
21	Peak-Wallace, MaLika	10	SC, North	15-07.00	NWI	4.74m	1	
22	Scott, Calese	10	WAT West	15-02.75	NWI	4.64m	1	
--	Ridout, Betsy	10	Ankeny Cent		FOUL			1
--	Pryor, Dee Dee	09	Urbandale		FOUL			1

Girls Shot Put 4A

=====								
State Record: * 47-01.50 5/20/2016 Erika Hammond, Clinton								
All-Time: ! 53-03.50 1992 Paulette Mitchell, Council Bluffs AL								
Name	Year	School	Finals	H#	Points			
=====								
1	Hammond, Erika	12	Clinton	47-01.50*	14.36m	2	10	
2	Hoyman, Anna	11	Indianola	41-11.00	12.77m	2	8	
3	Haight, Chandler	10	IC, West	41-03.00	12.57m	2	6	
4	Laufenberg, Sydney	12	Clinton	41-01.00	12.52m	2	5	
5	Tucker, Allison	12	Epworth, WD	40-07.50	12.38m	2	4	
6	Nealey, Morgan	11	Waukee	40-06.75	12.36m	2	3	
7	Makky, Zainab	12	IC, West	40-05.25	12.32m	2	2	
8	Burton, Ashlan	12	Urbandale	39-02.75	11.95m	2	1	
9	Cook, Haile	11	CR Jefferson	38-11.00	11.86m	1		
10	Moody, Kat	09	Waukee	38-06.25	11.74m	1		
11	Lindaman, Kendyl	12	Ankeny Cent	37-07.00	11.45m	2		
12	Yale, Cecelia	11	CB, T Jefferson	37-02.00	11.32m	1		
13	Schlichting, Kayla	12	Bettendorf	J37-02.00	11.32m	2		
14	Jones, Katy	09	Lewis Central	37-00.50	11.29m	2		
15	Grady, Lea	10	DVPT, Central	35-11.00	10.94m	1		
16	Czarnecki, April	09	Urbandale	35-04.50	10.78m	1		
17	Gronau, Megan	11	DUB Hempstead	35-04.25	10.77m	1		
18	Hinders, Rachel	10	Johnston	35-01.25	10.69m	1		
19	Slowick, Kayla	11	North Scott	34-11.75	10.66m	1		
20	Halterman, Katie	11	Cedar Falls	34-06.75	10.53m	2		
21	Yoss, Abby	12	Ankeny Cent	34-05.25	10.49m	1		
22	Bleymeyer, Murphy	11	DUB Hempstead	33-08.00	10.26m	1		
23	Turner, Kitty	10	SC, West	33-05.75	10.20m	1		
24	Strim, Cire	12	SC, North	32-07.50	9.94m	1		

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Girls Discus Throw 4A

=====						
State Record: * 156-04 5/17/2008 Taylor Freeman, Iowa City We						
All-Time: ! 179-07 2014 Kiana Phelps, KP-WC						
Name	Year	School	Finals		H#	Points
=====						
1 Laufenberg, Sydney	12	Clinton	153-08	46.83m	2	10
2 Hoyman, Anna	11	Indianola	139-09	42.59m	2	8
3 Burton, Ashlan	12	Urbandale	139-03	42.44m	2	6
4 Greenlee, Hannah	12	Ames	133-10	40.79m	2	5
5 Dusterhoft, Leah	11	IC, West	133-07	40.71m	2	4
6 Wegter, Danielle	12	Muscatine	130-09	39.85m	2	3
7 Nealey, Morgan	11	Waukee	128-07	39.19m	2	2
8 Sponder, Sarah	12	SC, East	121-03	36.95m	1	1
9 Haight, Chandler	10	IC, West	118-00	35.96m	2	
10 Mayhew, DoniRae	12	Bettendorf	117-07	35.83m	1	
11 Jones, Lindy	11	Waukee	114-11	35.02m	2	
12 Gronau, Megan	11	DUB Hempstead	J114-11	35.02m	1	
13 Grady, Lea	10	DVPT, Central	113-03	34.51m	1	
14 Levy, Perisa	12	CR Washington	112-06	34.29m	1	
15 Nemecek, Brooke	12	Prairie, CR	112-04	34.23m	1	
16 Yale, Cecelia	11	CB, T Jefferson	110-06	33.68m	1	
17 Slowick, Kayla	11	North Scott	109-10	33.47m	2	
18 McComber, Hannah	12	Pleasant Valley	109-09	33.45m	1	
19 Hoogers, Hailey	09	SC, North	109-06	33.37m	1	
20 Yoss, Abby	12	Ankeny Cent	108-05	33.04m	1	
21 Woods, Jade	12	SE Polk	104-07	31.87m	1	
22 Halterman, Katie	11	Cedar Falls	101-05	30.91m	1	
-- Hammond, Erika	12	Clinton	FOUL		2	
-- Starner, Josey	10	CB, T Jefferson	FOUL		2	

Girls 100 Meter Run WC

=====						
State Record: * 21.48 1998 Cheri Blauwet, West Lyon						
All-Time: ! 21.48 1998 Cheri Blauwet, West Lyon						
Name	Year	School	Finals	Wind	Points	
=====						
1 Siebrecht, Keri	09	Sheldon	23.79	1.1	10	
2 Bradford, Marhaya	10	Mormon Trail	25.06	1.1	8	

Girls 200 Meter Run WC

=====						
State Record: * 43.28 2006 Tasha DeGroote, Aplington-Parkersburg						
All-Time: ! 43.28 2006 Tasha DeGroote, Aplington-Parkersburg						
Name	Year	School	Finals	Wind	Points	
=====						
1 Siebrecht, Keri	09	Sheldon	46.53	-1.8	10	
2 Bradford, Marhaya	10	Mormon Trail	50.43	-1.8	8	

Girls 400 Meter Run WC

=====						
State Record: * 1:15.14 1998 Cheri Blauwet, West Lyon						
All-Time: ! 1:15.14 1998 Cheri Blauwet, West Lyon						
Name	Year	School	Finals	Points		
=====						
1 Siebrecht, Keri	09	Sheldon	1:31.52	10		

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....Girls 400 Meter Run WC

2 Bradford, Marhaya 10 Mormon Trail 1:45.42 8

Girls Shot Put WC

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=====
State Record: * 20-07.50 5/21/2016 Marhaya Bradford, Mormon Trail
All-Time: ! 20-07.50 5/21/2016 Marhaya Bradford, Mormon Trail
Name Year School Finals Points
=====
1 Bradford, Marhaya 10 Mormon Trail 20-07.50* 6.28m 10
2 Siebrecht, Keri 09 Sheldon 11-04.50 3.46m 8
=====

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Boys 100 Meter Dash 1A

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=====
State Record: * 10.84 1996 Jeff Adam, Cardinal
All-Time: ! 10.10 2002 Adam Haluska, Carroll
Name Year School Prelims Wind H#
=====

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Preliminaries

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1 Sander, Korby 12 Belmond-Klemme 11.31q -2.7 3
2 Blank, Chad 12 Nishnabotna 11.32q -0.7 1
3 Van Dyke, David 12 HM-Sanborn 11.34q -0.7 1
4 Baker, Garret 12 Winfield-Mt. U 11.37q +0.0 2
5 Van Wyhe, Riley 11 Cent Lyon, RR 11.40q +0.0 2
6 Ehresman, Sage 12 Lynnville-Sully 11.48q -2.7 3
7 Ashley, Anteres 12 Lawton-Bronson 11.54q +0.0 2
8 Behr, Gibson 11 Bishop Garrigan 11.55q -0.7 1
9 Rigdon, Caleb 11 Don Bosco, G 11.61 -2.7 3
10 Hoth, Aaron 12 Central, Elkader 11.62 -2.7 3
11 Blazek, Wyatt 11 Turkey Val, JJ 11.66 -0.7 1
12 Warm, Alex 12 Jesup 11.70 +0.0 2 11.696
13 Richardson, Dawson 10 W Monona, O 11.70 -0.7 1 11.699
14 Bova, Derek 11 Lisbon 11.72 +0.0 2
15 Altenberg, Judge 11 Clay Central 11.76 +0.0 2
16 Sato, Kohei 12 Newman Catholic 11.77 +0.0 2
17 Murray, Brendan 12 Jesup 11.80 -2.7 3
18 Hackman, Cody 11 Turkey Val, JJ 11.81 +0.0 2
19 Jones, Chris 11 Stanton 11.84 -2.7 3 11.835
20 Broich, Eric 12 St. Mary's, SL 11.84 -0.7 1 11.837
21 Allen, Tanner 12 SE Warren, LC 11.84 -2.7 3 11.840
22 Mulford, Jake 12 Audubon 11.95 -0.7 1
23 Swartzendruber, Aaron 12 Postville 12.01 -2.7 3
24 Hoeger, Seth 12 Edgewd-Colesburg 12.16 -0.7 1

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Boys 100 Meter Dash 1A

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=====
State Record: * 10.84 1996 Jeff Adam, Cardinal
All-Time: ! 10.10 2002 Adam Haluska, Carroll
Name Year School Finals Wind Points
=====

```

Finals

```

1 Sander, Korby 12 Belmond-Klemme 11.30 -0.9 10
2 Van Dyke, David 12 HM-Sanborn 11.37 -0.9 8
3 Blank, Chad 12 Nishnabotna 11.38 -0.9 6
4 Van Wyhe, Riley 11 Cent Lyon, RR 11.39 -0.9 5

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5	Ehresman, Sage	12	Lynnvile-Sully	11.58	-0.9	4
6	Behr, Gibson	11	Bishop Garrigan	11.60	-0.9	3
7	Ashley, Anteres	12	Lawton-Bronson	11.73	-0.9	2
8	Baker, Garret	12	Winfield-Mt. U	22.74	-0.9	1

Boys 200 Meter Dash 1A

=====						
State Record:	*	21.80	2003	Lee Elbert,	Bishop Garrigan	
All-Time:	!	20.80	1994	Tim Dwight,	Iowa City High	
Name		Year	School	Prelims	Wind	H#
=====						

Preliminaries

1	Butteris, Jack	11	Lisbon	22.25q	0.3	2
2	Sander, Korby	12	Belmond-Klemme	22.44q	-1.3	3
3	Blank, Chad	12	Nishnabotna	22.46q	-1.4	1
4	Achen, Bryce	12	WACO, Waylnd	22.63q	0.3	2
5	Bertelsen, Glen	12	St. Albert, CB	22.74q	0.3	2
6	Robison, Bryce	11	Winfield-Mt. U	22.96q	-1.3	3
7	Van Dyke, David	12	HM-Sanborn	22.97q	0.3	2
8	Paulsen, Kyle	12	South O'Brien, P	22.98q	-1.3	3
9	Bender, Jordon	10	Montezuma	23.01	-1.3	3
10	Wyant, Ethan	11	Jesup	23.02	-1.3	3 23.011
11	Lefler, AJ	11	Lawton-Bronson	23.02	-1.3	3 23.017
12	Mumm, Marcus	11	Tri-Center, N	23.05	0.3	2
13	Van Wyhe, Riley	11	Cent Lyon, RR	23.20	-1.4	1
14	Buzynski, Andrew	11	Wapsie Val, F	23.35	-1.3	3
15	Rigdon, Caleb	11	Don Bosco, G	23.37	-1.4	1
16	Blazek, Wyatt	11	Turkey Val, JJ	23.49	-1.4	1
17	Taylor, Jacob	12	Mount Ayr	23.57	0.3	2
18	Worley, Wyatt	10	Logan-Magnolia	23.59	-1.4	1
19	Riley, Brandon	11	CR-Bayard	23.70	-1.4	1
20	Sato, Kohei	12	Newman Catholic	23.71	0.3	2 23.703
21	Hackman, Cody	11	Turkey Val, JJ	23.71	0.3	2 23.710
22	Jones, Chris	11	Stanton	23.98	-1.4	1
--	Baker, Garret	12	Winfield-Mt. U	DNF	-1.4	1
--	Rustvold, Kyle	12	Audubon	DQ	-1.3	3

Boys 200 Meter Dash 1A

=====						
State Record:	*	21.80	2003	Lee Elbert,	Bishop Garrigan	
All-Time:	!	20.80	1994	Tim Dwight,	Iowa City High	
Name		Year	School	Finals	Wind	Points
=====						

Finals

1	Achen, Bryce	12	WACO, Waylnd	22.45	-0.6	10
2	Blank, Chad	12	Nishnabotna	22.49	-0.6	8
3	Butteris, Jack	11	Lisbon	22.54	-0.6	6
4	Sander, Korby	12	Belmond-Klemme	22.61	-0.6	5
5	Robison, Bryce	11	Winfield-Mt. U	22.81	-0.6	4
6	Paulsen, Kyle	12	South O'Brien, P	23.28	-0.6	3
7	Van Dyke, David	12	HM-Sanborn	23.34	-0.6	2
8	Bertelsen, Glen	12	St. Albert, CB	23.51	-0.6	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Boys 400 Meter Dash 1A**

=====						
State Record: * 48.32 5/17/2007 Jordan Cornilsen, Preston						
All-Time: ! 47.01 2002 Calvin Davis, Iowa City High						
Name	Year	School	Finals	H#	Points	
=====						
1	Wyant, Ethan	11 Jesup	49.56	3	10	
2	Butteris, Jack	11 Lisbon	49.87	3	8	
3	Blank, Chad	12 Nishnabotna	50.59	3	6	
4	Bertelsen, Glen	12 St. Albert, CB	50.74	3	5	
5	Lietz, Jake	12 Colfax-Mingo	50.86	3	4	
6	Ambrose, Zach	11 Boyer Valley	51.11	2	3	
7	Dolecheck, Kyle	12 Mount Ayr	51.25	3	2	
8	Haning, Josh	12 Nishnabotna	51.30	3	1	
9	Anderson, Trevor	12 Mount Ayr	51.32	3		
10	Novak, Logan	11 N Linn, TM	51.70	2		
11	Nava, Juan	11 Ridge View	51.80	2		
12	Sommerfelt, Zach	12 Clarksville	52.09	2		
13	Simpson, Gabe	12 Colfax-Mingo	52.18	2		
14	Kilburg, Peter	11 Bellevue	52.56	2		
15	Gillespie, Holden	09 Dunkerton	52.59	1		
16	Nixon, Gabe	11 East Union, A	52.67	1		
17	Shattuck, Jakob	12 Westwood, Sloan	52.85	1		
18	Fletcher, Hunter	11 Starmont	53.21	1		
19	Braun, Kainan	11 CAL, Latimer	53.22	1		
20	Dolphin, Troy	10 BCLUW	53.24	2		
21	Lynott, Jake	10 W Sioux Hwardn	53.48	1		
22	Kliment, Caleb	11 Nwood-Kensett	53.75	1		
23	Brezina, Drake	11 Ia Mennonite	53.76	1		
24	O'Tool, Tate	12 St. Edmond, FD	55.00	2		

Boys 800 Meter Run 1A

=====						
State Record: * 1:54.04 5/19/2007 Beau Dielschneider, B-C-L-U-W Co						
All-Time: ! 1:49.3h 1975 David Korir, Cedar Rapids Washington						
Name	Year	School	Finals	H#	Points	
=====						
1	Dolecheck, Kyle	12 Mount Ayr	1:57.15	2	10	
2	Corder, Jared	11 Nodaway Vall	1:59.03	2	8	
3	Wright, Carson	11 Hudson	1:59.15	1	6	
4	Haning, Josh	12 Nishnabotna	1:59.42	2	5	
5	Anderson, Trevor	12 Mount Ayr	2:00.67	2	4	
6	Kubli, Chris	11 N Mahaska, NS	2:01.89	1	3	
7	McCoy, Corey	10 Lynnville-Sully	2:01.95	1	2	
8	Brennan, Danny	11 Kee, Lansing	2:02.57	1	1	
9	Bahl, Payton	10 Lisbon	2:02.83	1		
10	Conlon, Jacob	10 Graet-T/Ruth-Ayr	2:03.02	1		
11	Kellner, Will	12 Bishop Garrigan	2:03.15	2		
12	Beeson, Justin	12 River Valley, C	2:03.60	1		
13	Aberson, Ben	12 South O'Brien, P	2:03.98	2		
14	Quinn, John	12 Winfield-Mt. U	2:04.19	2		
15	Bolinger, Jacob	12 Lenox	2:04.40	1		
16	Seber, David	09 N Linn, TM	2:04.76	2		
17	Krob, Thatcher	10 Lisbon	2:04.83	2		
18	Hensley, Thomas	10 CAM, Anita	2:04.96	2		
19	Rekward, Austin	11 AGWSR	2:05.05	1		

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....Boys 800 Meter Run 1A

20 Stoeffler, Brady	12 Colo-Nesco	2:05.59	1
21 Scheuerman, Logan	11 Guthrie Center	2:06.44	2
22 Smith, Brock	10 Lone Tree	2:06.52	2
23 Laning, Samuel	10 Trinity Christn	2:08.53	1
24 Atwood, Harmon	12 WB-Mallard	2:12.12	1

Boys 1600 Meter Run 1A

=====				
State Record: * 4:20.35 1986 Paul Barnhart, Gehlen Catholic				
All-Time: ! 4:05.6h 1976 Ed DeLashmutt, Fort Madison				
Name	Year	School	Finals	Points
=====				
1 Bauer, Riley	10	North Union	4:25.95	10
2 Sexton, Keiffer	12	Highland, R	4:29.91	8
3 Smock, Reid	12	Lisbon	4:33.90	6
4 Ambrose, Zach	11	Boyer Valley	4:35.54	5
5 Anderson, Joe	09	George-Little Rk	4:36.09	4
6 Lorimer, Sam	11	Springville	4:36.70	3
7 Wessel, Jacob	10	Edgewd-Colesburg	4:36.87	2
8 Segalla, Andrew	12	Bellevue	4:38.80	1
9 Bencze, Gavin	11	Winfield-Mt. U	4:39.30	
10 Yessak, Jordan	11	Dunkerton	4:40.16	
11 Quinn, John	12	Winfield-Mt. U	4:42.82	
12 Courtney, Samuel	12	Guthrie Center	4:43.10	
13 Seuferer, Bryant	12	SE Warren, LC	4:43.13	
14 Brasser, Peyton	10	South O'Brien, P	4:46.51	
15 Corder, Jared	11	Nodaway Vall	4:48.98	
16 Jansen, Jacob	12	Central, Elkader	4:50.04	
17 Jensen, Trace	11	Midland, Wyoming	4:50.37	
18 Lake, Jessup	09	Logan-Magnolia	4:51.06	
19 Conlon, Jacob	10	Graet-T/Ruth-Ayr	4:51.67	
20 Hansen, Jacob	11	West Fork, S	4:52.88	
21 McClintock, Cody	12	Essex	4:54.06	
22 Bolinger, Jacob	12	Lenox	4:56.48	
23 Silver, Clay	11	BCLUW	4:58.51	
24 Parr, Braden	11	Belle Plaine	4:58.97	

Boys 3200 Meter Run 1A

=====				
State Record: * 9:18.22 1986 Paul Barnhart, Gehlen Catholic				
All-Time: ! 8:50.43 5/22/2014 Thomas Pollard, Gilbert				
Name	Year	School	Finals	Points
=====				
1 Sexton, Keiffer	12	Highland, R	9:45.96	10
2 Smock, Reid	12	Lisbon	9:46.85	8
3 Bauer, Riley	10	North Union	9:54.35	6
4 Anderson, Joe	09	George-Little Rk	10:02.66	5
5 Segalla, Andrew	12	Bellevue	10:08.43	4
6 Yessak, Jordan	11	Dunkerton	10:09.01	3
7 Quinn, John	12	Winfield-Mt. U	10:09.81	2
8 Seuferer, Bryant	12	SE Warren, LC	10:16.35	1
9 Wallace, Brycen	10	Nodaway Vall	10:19.91	
10 Breheny, Shane	11	Nodaway Vall	10:22.80	
11 Garrett, Connor	11	Boyer Valley	10:23.24	

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Results

....Boys 3200 Meter Run 1A

12 Nie, Zach	10 Don Bosco, G	10:23.41
13 Bencze, Gavin	11 Winfield-Mt. U	10:24.55
14 Cobbs, Caleb	10 Colo-Nesco	10:25.62
15 Baker, Grant	11 BCLUW	10:28.54
16 Schellhorn, James	12 Clarksville	10:30.58
17 Albert, Trevor	11 Cardinal, Eldon	10:31.47
18 Demers, Dalton	12 Sioux Ctrl, SR	10:35.25
19 Bolinger, Jacob	12 Lenox	10:38.99
20 Showers, Ian	11 BCLUW	10:43.29
21 Thompson, David	11 Griswold	10:43.79
22 Sieperda, Gable	10 Cent Lyon, RR	10:45.31
23 Martin, Garret	10 St. Albert, CB	10:46.17
24 Klein, Turner	10 Keota	10:47.52

Boys 110 Meter Hurdles 1A

State Record: * 14.41	1997	Cory Woods, Treynor
All-Time: ! 13.60	1977	Randy Elliott, Charles City
Name	Year School	Prelims Wind H#

Preliminaries

1 Parsley, William	12 Whiting	15.08q	-0.6	1
2 Nelsen, Mitchell	12 Audubon	15.27q	-1.3	2
3 Schmidt, Clay	12 Woodbine	15.39q	-1.3	3
4 Smith, Nolan	10 Audubon	15.51q	-0.6	1
5 Engel, Nick	12 Hudson	15.58q	-1.3	3
6 Reyerson, Sully	12 Nwood-Kensett	15.59q	-1.3	2
7 Achen, Bryce	12 WACO, Waylnd	15.77q	-1.3	3
8 Moore, Jace	11 Clayton Ridge	15.79q	-0.6	1
9 Powers, Parker	11 Fremont-Mills	15.81	-1.3	3
10 Lueken, Michael	12 Edgewd-Colesburg	15.86	-1.3	3
11 Bachman, Ben	12 Wapsie Val, F	15.94	-1.3	2
12 DeRocher, Ty	11 Akron-Westfield	15.96	-0.6	1 15.952
13 Pedersen, Peyton	12 Central Decatur	15.96	-1.3	2 15.955
14 Thode, Jack	12 Janesville	15.98	-1.3	2
15 Garber, Jack	09 BCLUW	16.08	-0.6	1
16 Hansen, Brady	12 EHK-Exira	16.17	-1.3	3
17 Obert, Sam	11 CR-Bayard	16.20	-1.3	2
18 Little, Riley	11 Wapsie Val, F	16.23	-0.6	1
19 Hofer, Ryan	11 Lynnville-Sully	16.34	-0.6	1
20 Tindall, Cade	11 Nwood-Kensett	16.36	-0.6	1
21 Meyer, Elliott	11 Edgewd-Colesburg	16.44	-1.3	2
22 Stillmunkes, Corbin	11 Bellevue	16.56	-1.3	3
23 Kneifl, Nathan	11 Lawton-Bronson	17.02	-1.3	3
24 Degen, Cole	11 Ridge View	17.08	-1.3	2

Boys 110 Meter Hurdles 1A

State Record: * 14.41	1997	Cory Woods, Treynor
All-Time: ! 13.60	1977	Randy Elliott, Charles City
Name	Year School	Finals Wind Points

Finals

1 Nelsen, Mitchell	12 Audubon	14.77	-1.2	10
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Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 110 Meter Hurdles 1A

2 Parsley, William	12 Whiting	14.83	-1.2	8
3 Achen, Bryce	12 WACO, Waylnd	15.20	-1.2	6
4 Smith, Nolan	10 Audubon	15.22	-1.2	5
5 Schmidt, Clay	12 Woodbine	15.38	-1.2	4
6 Reyerson, Sully	12 Nwood-Kensett	15.50	-1.2	3
7 Moore, Jace	11 Clayton Ridge	15.56	-1.2	2
8 Engel, Nick	12 Hudson	15.60	-1.2	1

Boys 400 Meter Hurdles 1A

State Record: * 52.85 5/20/2011 Nick Efkamp, Madrid

All-Time: ! 50.96 1996 Dustin Avey, Ames

Name	Year	School	Finals	H#	Points
1 Reischauer, Christian	12	Colo-Nesco	54.15	2	10
2 Nelsen, Mitchell	12	Audubon	54.85	3	8
3 Engel, Nick	12	Hudson	55.32	3	6
4 Carbajal, Andres	10	Ridge View	55.66	3	5
5 Kaplan, Wyatt	11	HLV, Victor	56.07	2	4
6 Lee, Kevin	12	Woodbine	56.48	2	3
7 Parsley, William	12	Whiting	56.72	3	2
8 Brandt, Conner	11	Wapsie Val, F	57.09	1	1
9 Davis, Preston	11	W Harrison, M	57.54	2	
10 Lucas, Dylan	12	Sidney	57.63	3	
11 Vander Linden, Tyson	09	Lynnville-Sully	57.65	1	
12 Tindall, Cade	11	Nwood-Kensett	57.69	1	
13 Lueken, Michael	12	Edgewd-Colesburg	57.86	2	
14 Fedeler, Noah	11	Starmont	58.19	2	
15 Schmidt, Clay	12	Woodbine	58.26	2	
16 Peters, Austin	12	Lawton-Bronson	58.63	3	
17 Schurke, Derek	11	Ar-We-Va, W	58.64	3	
18 Vantiger, Ross	12	Winfield-Mt. U	59.22	1	
19 Roberts, Xavier	10	Gehlen Cath, L	59.57	1	
20 Heitman, Jake	09	St. Mary's, SL	59.73	1	59.723
21 Anderson, Caleb	12	Sioux Ctrl, SR	59.73	1	59.728
22 Rusten, Jason	12	Fremont-Mills	59.75	3	
23 Williams, Dave	12	Twin Cedars, B	1:00.44	1	
24 Robinson, Hunter	12	Lisbon	1:08.35	2	

Boys 4x100 Meter Relay 1A

State Record: * 43.01 2003 Lisbon, Lisbon

M. Stephens, N. Dains, M. Murphy, D. Stephens

All-Time: ! 41.33 1996 Iowa City High, Iowa City High
School Prelims H#

Preliminaries

1 Lawton-Bronson	43.96q	2
1) Ashley, Anteres 12	2) Hanks, Keesten 12	
3) Sitzmann, Quinn 12	4) Lefler, AJ 11	
2 Jesup	44.04q	1
1) Warm, Alex 12	2) Murray, Brendan 12	
3) Mattson, Andrew 12	4) Wyant, Ethan 11	
3 Montezuma	44.52q	1

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....Boys 4x100 Meter Relay 1A

1) Losure, Carson 11	2) Price, Logan 11		
3) Johnson, Grant 11	4) Bender, Jordon 10		
4 Audubon		44.72q	1
1) Nelsen, Mitchell 12	2) Rustvold, Kyle 12		
3) Zaiger, Elijah 12	4) Mulford, Jake 12		
5 Lynnville-Sully		44.84q	2
1) Zylstra, Sage 10	2) Engle, Noah 12		
3) Stock, Nate 09	4) Ehresman, Sage 12		
6 Cent Lyon, RR		44.88q	3
1) Roths, CJ 12	2) Menage, Pete 12		
3) Van Beek, Mitch 11	4) Van Wyhe, Riley 11		
7 Wapsie Val, F		44.93q	3
1) Mitchell, Brandon 11	2) Woods, Collin 12		
3) Shepherd, Austin 12	4) Buzynski, Andrew 11		
8 Winfield-Mt. U		44.99q	3
1) Davis, Zach 12	2) Mullin, Broc 11		
3) Robison, Bryce 11	4) Vantiger, Ross 12		
9 B-G-M, Brook		45.10	2
1) Steffen, Kalvon 11	2) James, Keegan 10		
3) Jansen, Tanner 12	4) Knight, Jayce 11		
10 Bedford		45.18	2
1) Beason, Clell 11	2) Scott, Colt 12		
3) McMillin, Sam 11	4) Folkerts, Justin 12		
11 Mount Ayr		45.26	1
1) Taylor, Jacob 12	2) Murphy, Rhett 12		
3) Daughton, Cal 11	4) Wurster, Nick 12		
12 Fremont-Mills		45.56	3
1) Phillips, Sam 11	2) Powers, Jaeger 09		
3) Todd, Adam 12	4) Powers, Parker 11		
13 Ridge View		45.57	2
1) Boyle, Peyton 12	2) Conover, Andrew 12		
3) Solares, Josue 12	4) Cougill, Ryan 12		
14 Bellevue		45.59	3
1) Valant, Neal 12	2) Stillmunkes, Corbin 11		
3) Anderson, Dalton 11	4) Kilburg, Peter 11		
15 Woodbine		45.62	3
1) Schmidt, Clay 12	2) Barrett, Mike 12		
3) Lee, Kevin 12	4) McHugh, Joseph 10		
16 HM-Sanborn		45.63	1
1) Adams, Ethan 12	2) Perez, Brian 12		
3) Van Dyke, Jake 09	4) Van Dyke, David 12		
17 Turkey Val, JJ		45.64	3
1) Blazek, Wyatt 11	2) Reicks, Cale 10		
3) Hackman, Cody 11	4) Einwalter, Will 10		
18 Belmond-Klemme		45.67	2
1) Christianson, Drew 11	2) Meints, Taylor 12		
3) Kern, Cole 12	4) Sander, Korby 12		
19 Janesville		46.06	2
1) Hovenga, Josiah 12	2) Amlie, Danny 12		
3) Hahn, Kevin 11	4) Thode, Jack 12		
20 South O'Brien, P		46.20	2
1) Hohbach, Travis 12	2) Struve, Damon 12		
3) Paulsen, Cody 11	4) Paulsen, Kyle 12		
21 St. Albert, CB		46.45	1

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1) Rallis, Blake 10	2) Finn, Elijah 11		
3) Gronstal, Luke 10	4) Hanafan, Andrew 10		
22 Ar-We-Va, W		46.81	3
1) Schurke, Derek 11	2) Schurke, Drew 09		
3) Danner, Jake 11	4) Kock, Alex 11		
-- Sioux Ctrl, SR		FS	1
1) Anderson, Caleb 12	2) Hatch, Kyle 11		
3) Rusk, Brady 11	4) Prior, Mac 11		
-- Sigourney		DNF	1
1) Crawford, Carson 09	2) Appleget, Ben 11		
3) Goldman, Bryce 11	4) Albert, Jordan 12		

Boys 4x100 Meter Relay 1A

State Record: * 43.01	2003	Lisbon, Lisbon		
		M. Stephens, N. Dains, M. Murphy, D. Stephens		
All-Time: ! 41.33	1996	Iowa City High, Iowa City High		
School			Finals	Points

Finals

1 Lawton-Bronson		43.34	10
1) Ashley, Anteres 12	2) Hanks, Keesten 12		
3) Sitzmann, Quinn 12	4) Lefler, AJ 11		
2 Jesup		43.59	8
1) Warm, Alex 12	2) Murray, Brendan 12		
3) Mattson, Andrew 12	4) Wyant, Ethan 11		
3 Cent Lyon, RR		44.06	6
1) Roths, CJ 12	2) Menage, Pete 12		
3) Van Beek, Mitch 11	4) Van Wyhe, Riley 11		
4 Audubon		44.07	5
1) Nelsen, Mitchell 12	2) Rustvold, Kyle 12		
3) Zaiger, Elijah 12	4) Mulford, Jake 12		
5 Winfield-Mt. U		44.46	4
1) Davis, Zach 12	2) Baker, Garret 12		
3) Robison, Bryce 11	4) Vantiger, Ross 12		
6 Montezuma		44.63	3
1) Losure, Carson 11	2) Price, Logan 11		
3) Johnson, Grant 11	4) Bender, Jordon 10		
7 Wapsie Val, F		44.65	2
1) Mitchell, Brandon 11	2) Woods, Collin 12		
3) Shepherd, Austin 12	4) Buzynski, Andrew 11		
8 Lynnville-Sully		45.15	1
1) Zylstra, Sage 10	2) Engle, Noah 12		
3) Stock, Nate 09	4) Ehresman, Sage 12		

Boys 4x200 Meter Relay 1A

State Record: * 1:29.62	1997	Panorama, Panorama			
		J. McDermott, B. McFadden, S. Moylan, T. Geopfert			
All-Time: ! 1:26.40	1997	Iowa City High, Iowa City High			
School			Finals	H#	Points

1 Lawton-Bronson		1:31.38	3	10
1) Ashley, Anteres 12	2) Hanks, Keesten 12			

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....Boys 4x200 Meter Relay 1A

3) Peters, Austin 12	4) Lefler, AJ 11			
2 Jesup		1:31.82	3	8
1) Warm, Alex 12	2) Murray, Brendan 12			
3) VanBrocklin, Cole 10	4) Mattson, Andrew 12			
3 B-G-M, Brook		1:32.37	3	6
1) Jack, Dalton 12	2) James, Keegan 10			
3) Jansen, Tanner 12	4) Knight, Jayce 11			
4 Cent Lyon, RR		1:32.56	3	5
1) Roths, CJ 12	2) Menage, Pete 12			
3) Van Beek, Mitch 11	4) Van Wyhe, Riley 11			
5 Montezuma		1:32.74	3	4
1) Losure, Carson 11	2) Price, Logan 11			
3) Townsend, Zach 11	4) Bender, Jordon 10			
6 St. Albert, CB		1:33.15	2	3
1) Rallis, Blake 10	2) Finn, Elijah 11			
3) Gronstal, Luke 10	4) Hanafan, Andrew 10			
7 Bishop Garrigan		1:33.21	2	2
1) Kibby, Zac 12	2) Hatten, Chase 11			
3) Vaske, Joel 11	4) Behr, Gibson 11			
8 Wapsie Val, F		1:33.26	3	1
1) Marticoff, Alec 11	2) Shepherd, Austin 12			
3) Sauerbrei, Tanner 09	4) Buzynski, Andrew 11			
9 Mount Ayr		1:33.28	3	
1) Taylor, Jacob 12	2) Wurster, Nick 12			
3) Murphy, Rhett 12	4) Daughton, Cal 11			
10 Turkey Val, JJ		1:33.47	3	
1) Blazek, Wyatt 11	2) Hackman, Cody 11			
3) Reicks, Cale 10	4) Einwalter, Will 10			
11 Lisbon		1:33.51	1	
1) Bova, Derek 11	2) Arwine, Bailey 10			
3) Givens, Brett 10	4) Herrera, Darian 10			
12 Manson NW Web		1:34.13	1	
1) Johnson, Titan 11	2) Wignall, Ben 11			
3) Condon, Mark 10	4) Hokinson, Connor 12			
13 IKM-Manning		1:34.20	2	
1) Muhlbauer, Ridge 12	2) Harlow, Noah 12			
3) Cast, Trevor 12	4) Dahlgren, Austin 12			
14 Tri-Center, N		1:34.22	2	
1) Mumm, Marcus 11	2) Wohlers, Jake 11			
3) Ausdemore, Lane 10	4) Coffey, Dion 12			
15 Audubon		1:34.50	1	
1) Smith-Petersen, Matt 12	2) Rustvold, Kyle 12			
3) Zaiger, Elijah 12	4) Zaiger, Joseph 10			
16 South O'Brien, P		1:34.77	2	
1) Hohbach, Travis 12	2) Struve, Damon 12			
3) Paulsen, Cody 11	4) Paulsen, Kyle 12			
17 New London		1:34.95	1	
1) Bell, Dallas 10	2) Lounsbury, Grant 11			
3) Nehring, Blake 11	4) McBeth, Austin 12			
18 Sioux Ctrl, SR		1:34.98	1	
1) Flores, Roberto 11	2) Anderson, Caleb 12			
3) Hatch, Kyle 11	4) Prior, Mac 11			
19 Belmond-Klemme		1:35.17	1	
1) Kern, Cole 12	2) Griffieon, Eli 11			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 4x200 Meter Relay 1A

3) Sander, Korby 12	4) Meints, Taylor 12		
20 Central, Elkader		1:35.28	1
1) Hilgerson, Ted 11	2) Reinhart, Drew 11		
3) Backes, Ben 12	4) Hoth, Aaron 12		
21 HLV, Victor		1:35.65	2
1) VanWaus, Owen 10	2) Kriegel, Dalton 12		
3) VanOtegham, Wade 12	4) Blomme, Camiel 11		
22 Sigourney		1:36.36	2
1) Crawford, Peyton 12	2) Appleget, Ben 11		
3) Magill, Will 11	4) Goldman, Bryce 11		
23 Winfield-Mt. U		1:37.66	1
1) Vantiger, Ross 12	2) Snowden, Brandon 09		
3) Mullin, Broc 11	4) Niebuhr, Mitchell 10		
-- Nwood-Kensett		DQ	2
1) Davis, Jalin 12	2) Olson, Mason 12		
3) Einertson, Josh 12	4) Hengesteg, Scott 12		

Boys 4x400 Meter Relay 1A

State Record: * 3:22.13	5/20/2006	North Linn Troy Mills, North L	
		T Sherman, T Holub, J Waring, S Schuhmacher	
All-Time: ! 3:13.80	5/19/2006	Valley West Des Moines, WDM Va	
		B Collins, Z Sandvig, R Keairnes, B McSkimming	
School		Prelims	H#

Preliminaries

1 Mount Ayr		3:28.09q	1
1) Murphy, Rhett 12	2) Daughton, Cal 11		
3) Anderson, Trevor 12	4) Dolecheck, Kyle 12		
2 Lisbon		3:28.30q	3
1) Bova, Derek 11	2) Arwine, Bailey 10		
3) Smock, Reid 12	4) Butteris, Jack 11		
3 Jesup		3:28.34q	1
1) Clark, Jacob 12	2) Murray, Brendan 12		
3) Mattson, Andrew 12	4) Wyant, Ethan 11		
4 St. Albert, CB		3:30.41q	2
1) Gronstal, Luke 10	2) Finn, Elijah 11		
3) Hanafan, Andrew 10	4) Bertelsen, Glen 12		
5 Colfax-Mingo		3:31.86q	2
1) Summy, Blake 12	2) Simpson, Gabe 12		
3) Lourens, Colin 12	4) Lietz, Jake 12		
6 Ridge View		3:32.25q	1
1) Graff, Jackson 12	2) Carbajal, Andres 10		
3) Wandrey, Caden 11	4) Nava, Juan 11		
7 Nwood-Kensett		3:32.63q	2
1) Einertson, Josh 12	2) Olson, Mason 12		
3) Kliment, Caleb 11	4) Hengesteg, Scott 12		
8 B-G-M, Brook		3:32.73q	3
1) Jansen, Tanner 12	2) Jack, Dalton 12		
3) Keller, Austin 12	4) Knight, Jayce 11		
9 Audubon		3:34.64	2
1) Riebhoff, Tyler 10	2) Zaiger, Joseph 10		
3) Zaiger, Elijah 12	4) Mulford, Jake 12		
10 Manson NW Web		3:35.13	2

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x400 Meter Relay 1A**

	1) Bulten, Collin 12	2) Wignall, Ben 11	
	3) Johnson, Titan 11	4) Hokinson, Connor 12	
11	Lawton-Bronson	3:35.67	1
	1) Cunningham, Lucas 10	2) Peters, Austin 12	
	3) Logsdon, Brett 11	4) Lefler, AJ 11	
12	Wapsie Val, F	3:35.86	3
	1) Shepherd, Austin 12	2) Brandt, Conner 11	
	3) Marticoff, Alec 11	4) Buzynski, Andrew 11	
13	Hudson	3:36.06	1
	1) Christopher, Cameron 10	2) Wright, Carson 11	
	3) Oleson, Alex 12	4) Engel, Nick 12	
14	Bellevue	3:36.47	3
	1) Valant, Neal 12	2) Kilburg, Peter 11	
	3) Anderson, Dalton 11	4) Kress, Caleb 10	
15	N Linn, TM	3:37.03	3
	1) Novak, Logan 11	2) Boss, Evan 12	
	3) Stepanek, Brandon 12	4) Miller, Ryan 10	
16	Boyer Valley	3:37.23	1
	1) Brink, Josh 12	2) Hanigan, Brennan 11	
	3) Hikins, Dawson 11	4) Ambrose, Zach 11	
17	Nishnabotna	3:37.57	2
	1) Haning, Josh 12	2) Powell, Tylur 10	
	3) Bockert, Josh 11	4) Lehman, Josh 10	
18	Woodbine	3:37.79	1
	1) Wolf, Joey 10	2) Winther, Maverick 10	
	3) McHugh, Joseph 10	4) Lee, Kevin 12	
19	IKM-Manning	3:37.89	3
	1) Muhlbauer, Ridge 12	2) Harlow, Noah 12	
	3) Cast, Trevor 12	4) Dahlgren, Austin 12	
20	Riverside, O	3:38.33	2
	1) Wilber, Lucas 11	2) Matejka, Otis 11	
	3) Moore, Braeton 12	4) Storrow, Tanner 11	
21	HLV, Victor	3:39.52	3
	1) VanWaus, Owen 10	2) Sternhagen, Chase 09	
	3) Kriegel, Dalton 12	4) Kaplan, Wyatt 11	
22	Gehlen Cath, L	3:40.60	3
	1) Herbst, Izaac 10	2) Willett, Chandler 12	
	3) Langel, Alec 10	4) Davis, Cooper 11	
23	Highland, R	3:40.64	1
	1) Wood, Jake 11	2) Lasek, Trey 09	
	3) McPherson, James 12	4) Sexton, Keiffer 12	
24	BCLUW	3:43.66	2
	1) Dolphin, Troy 10	2) Thompson, Conner 10	
	3) Showers, Ian 11	4) Mann, Logan 10	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Boys 4x400 Meter Relay 1A**

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State Record: * 3:22.13 5/20/2006 North Linn Troy Mills, North Linn
                  T Sherman, T Holub, J Waring, S Schuhmacher
All-Time: ! 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
                  B Collins, Z Sandvig, R Keairnes, B McSkimming
School                                                    Finals Points
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Finals

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1 Jesup                                                    3:26.23   10
  1) Clark, Jacob 12          2) Mattson, Andrew 12
  3) Murray, Brendan 12      4) Wyant, Ethan 11
2 Mount Ayr                                              3:26.47   8
  1) Murphy, Rhett 12        2) Daughton, Cal 11
  3) Anderson, Trevor 12    4) Dolecheck, Kyle 12
3 Lisbon                                                  3:27.34   6
  1) Bova, Derek 11         2) Arwine, Bailey 10
  3) Smock, Reid 12        4) Butteris, Jack 11
4 St. Albert, CB                                        3:27.35   5
  1) Gronstal, Luke 10      2) Finn, Elijah 11
  3) Hanafan, Andrew 10    4) Bertelsen, Glen 12
5 Ridge View                                            3:30.27   4
  1) Graff, Jackson 12     2) Carbajal, Andres 10
  3) Wandrey, Caden 11    4) Nava, Juan 11
6 Nwood-Kensett                                        3:30.35   3
  1) Einertson, Josh 12    2) Olson, Mason 12
  3) Kliment, Caleb 11    4) Hengesteg, Scott 12
7 Colfax-Mingo                                        3:31.41   2
  1) Summy, Blake 12       2) Simpson, Gabe 12
  3) Lourens, Colin 12    4) Lietz, Jake 12
-- B-G-M, Brook                                          DQ
  1) Jansen, Tanner 12    2) Jack, Dalton 12
  3) Keller, Austin 12   4) Knight, Jayce 11

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Boys 4x800 Meter Relay 1A

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State Record: * 8:03.06 5/18/2006 B-C-L-U-W Conrad, B-C-L-U-W Conrad
                  L Higgins, S Coulter, N Eckerman, B Dielschneider
All-Time: ! 7:41.43 5/21/2015 Ames, Ames
                  L Grim, K Chol, A Akok, D Chan
School                                                    Finals H# Points
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1 St. Edmond, FD                                        8:12.14   2  10
  1) O'Tool, Tate 12       2) Loerts, Alex 12
  3) Flattery, Colin 12   4) Mayer, Harrison 12
2 Lisbon                                              8:12.36   2   8
  1) Jennett, Jake 10     2) Dolan, Chandler 12
  3) Bahl, Payton 10     4) Krob, Thatcher 10
3 Manson NW Web                                       8:21.50   2   6
  1) Bulten, Collin 12   2) Freimuth, Clay 11
  3) Johnson, Titan 11   4) Hokinson, Connor 12
4 N Linn, TM                                         8:22.34   2   5
  1) Seber, David 09     2) Westemeier, Brendan 11
  3) Boss, Evan 12      4) Miller, Ryan 10
5 South O'Brien, P                                    8:23.66   2   4
  1) Brassler, Peyton 10 2) Rohrbaugh, Keaton 12

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Results

....Boys 4x800 Meter Relay 1A

3) Rohrbaugh, Karter 12	4) Aberson, Ben 12		
6 St. Albert, CB	8:26.59	1	3
1) Ross, Max 12	2) Liston, Joe 10		
3) Barnes, Kyle 10	4) Gronstal, Luke 10		
7 Hudson	8:28.59	2	2
1) Jackson, Alan 09	2) Kelly, Wyatt 10		
3) Oleson, Alex 12	4) Wright, Carson 11		
8 Bishop Garrigan	8:28.74	1	1
1) Vaske, Joel 11	2) Kenyon, Ryan 11		
3) Meis, John 09	4) Kellner, Will 12		
9 Clayton Ridge	8:30.09	1	
1) Peterson, Logan 11	2) Acuna, Luis 10		
3) Breitbach, Mitchell 10	4) Cook, Easton 12		
10 Jesup	8:30.95	1	
1) DeBerg, Kyle 12	2) Moore, Alex 10		
3) Wolf, Dakota 12	4) Clark, Jacob 12		
11 Lynnville-Sully	8:34.16	2	
1) Kuhlmann, Canyon 12	2) McCoy, Corey 10		
3) Vander Linden, Tyson 09	4) Dunsbergen, Carson 10		
12 AGWSR	8:35.00	1	
1) Stahl, Alec 10	2) Hofmeister, Tate 11		
3) Rekwart, Austin 11	4) Eilderts, Mason 11		
13 Nodaway Vall	8:36.08	2	
1) Corder, Jared 11	2) Jensen, Ryan 12		
3) Downing, Heath 12	4) Funke, Brayten 11		
14 West Hancock	8:36.21	2	
1) Smith, Glen 11	2) Eckels, Dylan 11		
3) Bruns, Bennett 09	4) Lemmon, Nick 11		
15 Colo-Nesco	8:37.18	2	
1) Stoeffler, Brady 12	2) Cobbs, Caleb 10		
3) Tiarks, Garret 11	4) Cutler, Steven 12		
16 Tri-Center, N	8:39.30	1	
1) Coffey, Dion 12	2) Ausdemore, Lane 10		
3) Wohlers, Jake 11	4) Jarrett, Chris 12		
17 Guthrie Center	8:39.66	1	
1) Scheuerman, Logan 11	2) Wickland, TJ 12		
3) Foster, Landon 11	4) Courtney, Samuel 12		
18 Ridge View	8:39.86	2	
1) Lamp, Garret 12	2) Graff, Jackson 12		
3) Anderson, Grant 12	4) Nava, Juan 11		
19 New London	8:40.05	1	
1) Porter, Mason 09	2) Menke, Tony 12		
3) Stevenson, Tyler 11	4) Martin, Kyler 10		
20 Gehlen Cath, L	8:40.61	1	
1) Davis, Cooper 11	2) Feng, Blake 11		
3) VonArb, Jordan 10	4) Langel, Alec 10		
21 Logan-Magnolia	8:41.43	2	
1) Killpack, Gage 12	2) Morrison, Kolby 10		
3) Wilson, Brady 11	4) Lake, Jessup 09		
22 Springville	8:43.02	1	
1) Lorimer, Sam 11	2) Barner, Brady 12		
3) Christiansen, Caleb 09	4) Blakely, Andrew 11		
23 Mount Ayr	8:43.93	1	
1) Wehling, Justin 12	2) Young, Will 10		

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....Boys 4x800 Meter Relay 1A

3) Murphy, Rhett 12	4) Jennett, Mitchell 11		
24 Dunkerton		8:54.84	1
1) Kauten, Peter 11	2) Davis, Johnny 12		
3) Brown, William 12	4) Yessak, Jordan 11		

Boys Distance Medley 1A

=====			
State Record: *	3:32.40	1994	West Marshall, West Marshall
			B. Karsjens, B. Kilker, R. Affeldt, B. Smith
All-Time: !	3:22.69	2001	Iowa City High, Iowa City High
School			Finals H# Points
=====			
1	Mount Ayr	3:36.01	1 10
	1) Taylor, Jacob 12	2) Daughton, Cal 11	
	3) Anderson, Trevor 12	4) Dolecheck, Kyle 12	
2	Lisbon	3:38.16	3 8
	1) Bova, Derek 11	2) Arwine, Bailey 10	
	3) Butteris, Jack 11	4) Krob, Thatcher 10	
3	Hudson	3:41.36	2 6
	1) Fouts, Alex 12	2) Oleson, Alex 12	
	3) Christopher, Cameron 10	4) Wright, Carson 11	
4	N Mahaska, NS	3:41.41	3 5
	1) Bortell, Jakob 12	2) Stodghill, Jarrett 09	
	3) Fawcett, Madison 12	4) Kubli, Chris 11	
5	South O'Brien, P	3:42.64	3 4
	1) Paulsen, Cody 11	2) Paulsen, Kyle 12	
	3) Struve, Damon 12	4) Brasser, Peyton 10	
6	IKM-Manning	3:43.16	3 3
	1) Muhlbauer, Ridge 12	2) Harlow, Noah 12	
	3) Dahlgren, Austin 12	4) Cast, Trevor 12	
7	Highland, R	3:44.20	3 2
	1) Wieland, Spencer 12	2) Burton, Billy 12	
	3) Wood, Jake 11	4) Sexton, Keiffer 12	
8	St. Albert, CB	3:44.46	1 1
	1) Bertelsen, Glen 12	2) Finn, Elijah 11	
	3) Hanafan, Andrew 10	4) Gronstal, Luke 10	
9	N Linn, TM	3:45.31	2
	1) Hilmer, Jake 09	2) Hinton, Levi 11	
	3) Novak, Logan 11	4) Miller, Ryan 10	
10	St. Edmond, FD	3:45.41	3
	1) Naughton, Cade 10	2) Sitzmann, Payton 12	
	3) Flattery, Colin 12	4) O'Tool, Tate 12	
11	Clayton Ridge	3:45.76	2
	1) Ihde, Eric 10	2) Simon, Alex 12	
	3) Palmer, Mason 12	4) Cook, Easton 12	
12	B-G-M, Brook	3:46.91	2
	1) Jack, Dalton 12	2) James, Keegan 10	
	3) Jansen, Tanner 12	4) Roberts, Dalton 10	
13	Lawton-Bronson	3:47.88	1
	1) Ashley, Anteres 12	2) Hanks, Keesten 12	
	3) Peters, Austin 12	4) Logsdon, Brett 11	
14	AGWSR	3:47.90	2
	1) Heetland, Dylan 12	2) Stockdale, Levi 12	
	3) Eilderts, Mason 11	4) Stahl, Alec 10	

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....Boys Distance Medley 1A

15 North Union	3:47.98	3
1) Thompson, Derek 10	2) Hagebock, Elliott 09	
3) Pedersen, Trent 11	4) Bauer, Riley 10	
16 Colfax-Mingo	3:48.20	2
1) Summy, Blake 12	2) Lourens, Colin 12	
3) Lietz, Jake 12	4) Simpson, Gabe 12	
17 Riverside, O	3:48.56	1
1) Wilber, Lucas 11	2) Moore, Braeton 12	
3) Storrow, Tanner 11	4) Matejka, Otis 11	
18 Central, Elkader	3:49.45	1
1) Hilgerson, Ted 11	2) Hoth, Aaron 12	
3) Backes, Ben 12	4) Jansen, Jacob 12	
19 Don Bosco, G	3:49.74	1
1) Svoboda, Austin 10	2) Reiher, Dylan 12	
3) Rigdon, Caleb 11	4) Nie, Zach 10	
20 Gehlen Cath, L	3:49.87	3
1) Herbst, Izaak 10	2) Willett, Chandler 12	
3) Davis, Cooper 11	4) Langel, Alec 10	
21 Springville	3:50.89	1
1) Gilmore, Carter 12	2) March, Zach 09	
3) Boland, Max 12	4) Lorimer, Sam 11	
22 Manson NW Web	3:52.51	1
1) Johnson, Titan 11	2) Condon, Mark 10	
3) Hokinson, Connor 12	4) Bulten, Chase 12	
23 Boyer Valley	3:59.11	2
1) Brink, Josh 12	2) Hanigan, Brennan 11	
3) Hikins, Dawson 11	4) Ambrose, Zach 11	
-- Postville	DQ	2
1) Swartzendruber, Aaron 12	2) Muhumed, Mohamed 12	
3) Reicks, Nash 11	4) Camarillo, Uvaldo 10	

Boys 4x110 Meter Shuttle Hurdle 1A

State Record: * 58.48	5/17/2012	Madrid, Madrid
		N Novotny, T Adams, C Manthe, J Johnson
All-Time: ! 55.78	5/24/2014	Waukee, Waukee
		J Brdicko, K Renshaw, S Stanley, J Brdicko
School		Prelims H#

Preliminaries

1 Audubon	59.52q	2
1) Mulford, Jake 12	2) Smith, Nolan 10	
3) Riebhoff, Tyler 10	4) Nelsen, Mitchell 12	
2 Nwood-Kensett	1:00.13q	3
1) Davis, Jalin 12	2) Benjegerdes, Logan 09	
3) Tindall, Cade 11	4) Reyerson, Sully 12	
3 Wapsie Val, F	1:00.58q	1
1) Goeller, Tyler 12	2) Brownell, Isaac 12	
3) Little, Riley 11	4) Bachman, Ben 12	
4 Woodbine	1:00.67q	6
1) McHugh, Joseph 10	2) Schmidt, Clay 12	
3) Reisz, Garret 10	4) Lee, Kevin 12	
5 Central Decatur	1:00.94q	3
1) Spidle, Cauy 09	2) Davis, Tyler 10	

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....Boys 4x110 Meter Shuttle Hurdle 1A

3) Boothe, Carter 10	4) Pedersen, Peyton 12		
6 Bishop Garrigan		1:00.99q	6
1) Rosenmeyer, Logan 12	2) Vaske, Joel 11		
3) Degen, Devin 12	4) Kibby, Zac 12		
7 Colo-Nesco		1:01.04q	4
1) Vaughn, Caleb 11	2) Stoeffler, Brady 12		
3) Tiarks, Grant 12	4) Reischauer, Christian 12		
8 Manson NW Web		1:01.17q	1
1) Peters, Riley 09	2) Larsen, Blake 10		
3) Johnson, Hunter 11	4) Johnson, Jackson 12		
9 Edgewd-Colesburg		1:01.18	4
1) Rochford, Preston 09	2) Hoeger, Seth 12		
3) Meyer, Elliott 11	4) Lueken, Michael 12		
10 HLV, Victor		1:01.38	6
1) Schafbuch, Brandon 10	2) Kriegel, Dalton 12		
3) VanOtegham, Wade 12	4) Kaplan, Wyatt 11		
11 Ridge View		1:01.43	2
1) Cougill, Ryan 12	2) Carbajal, Felipe 12		
3) Carbajal, Andres 10	4) Degen, Cole 11		
12 West Fork, S		1:01.54	3
1) Pillard, Tyson 12	2) Larson, Austin 10		
3) Nash, Spencer 09	4) Halloran, Reese 12		
13 Janesville		1:01.69	5
1) Nelson, Nick 12	2) Hovenga, Josiah 12		
3) Amlie, Danny 12	4) Thode, Jack 12		
14 WACO, Waylnd		1:02.02	5
1) Beckler, Beau 10	2) Roth, Jackson 11		
3) Horak, Colton 09	4) Achen, Bryce 12		
15 Lone Tree		1:02.23	1
1) Christian, Caleb 12	2) Smith, Brock 10		
3) Gosnell, Niko 11	4) Squiers, Jovonte 11		
16 Hudson		1:02.36	2
1) Christopher, Cameron 10	2) Becker, Blake 09		
3) Fouts, Alex 12	4) Engel, Nick 12		
17 Lynnville-Sully		1:02.42	5
1) Engle, Noah 12	2) Dunsbergen, Caden 11		
3) Hofer, Ryan 11	4) Vander Leest, Gage 09		
18 Lisbon		1:02.49	4
1) Robinson, Hunter 12	2) Herrera, Darian 10		
3) Bahl, Payton 10	4) Streuber, Zach 12		
19 West Hancock		1:02.78	4
1) Weiland, Jordan 11	2) Sonius, Connor 12		
3) Yeakel, McCoy 10	4) Smith, Sam 12		
20 East Mills		1:03.03	5
1) Christensen, Ben 12	2) Hopkins, Josh 12		
3) Moorman, Alec 12	4) Schroeder, Dylan 10		
21 Cent Lyon, RR		1:03.39	1
1) White, Nick 10	2) Knobloch, Cade 12		
3) Baker, Jaydon 11	4) Van Beek, Mitch 11		
22 Marquette Cath		1:03.72	2
1) Sieverding, Tanner 12	2) Schroeder, Caleb 10		
3) Banowetz, Blayne 10	4) Kettmann, Zach 12		
-- B-G-M, Brook		DQ	6
1) Steffen, Kalvon 11	2) Keller, Austin 12		

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Results

....Boys 4x110 Meter Shuttle Hurdle 1A

3) Laguna, Ryu 09	4) Fiebelkorn, Kaiden 12
-- Fremont-Mills	DQ 3
1) Phillips, Sam 11	2) Powers, Jaeger 09
3) Todd, Adam 12	4) Powers, Parker 11

Boys 4x110 Meter Shuttle Hurdle 1A

State Record: * 58.48	5/17/2012	Madrid, Madrid
		N Novotny, T Adams, C Manthe, J Johnson
All-Time: ! 55.78	5/24/2014	Waukee, Waukee
		J Brdicko, K Renshaw, S Stanley, J Brdicko
School		Finals H# Points

Finals

1 Audubon	59.22	2	10
1) Mulford, Jake 12		2) Smith, Nolan 10	
3) Riebhoff, Tyler 10		4) Nelsen, Mitchell 12	
2 Colo-Nesco	1:00.56	1	8
1) Vaughn, Caleb 11		2) Stoeffler, Brady 12	
3) Tiarks, Grant 12		4) Reischauer, Christian 12	
3 Bishop Garrigan	1:00.60	1	6
1) Rosenmeyer, Logan 12		2) Vaske, Joel 11	
3) Degen, Devin 12		4) Kibby, Zac 12	
4 Central Decatur	1:00.75	1	5
1) Spidle, Cauty 09		2) Boothe, Carter 10	
3) Davis, Tyler 10		4) Pedersen, Peyton 12	
5 Manson NW Web	1:00.86	1	4
1) Peters, Riley 09		2) Larsen, Blake 10	
3) Johnson, Hunter 11		4) Johnson, Jackson 12	
6 Woodbine	1:04.60	2	3
1) Schmidt, Clay 12		2) Reisz, Garret 10	
3) Lee, Kevin 12		4) McHugh, Joseph 10	
-- Wapsie Val, F	DQ	2	
1) Goeller, Tyler 12		2) Brownell, Isaac 12	
3) Little, Riley 11		4) Bachman, Ben 12	
-- Nwood-Kensett	DQ	2	
1) Davis, Jalin 12		2) Benjegerdes, Logan 09	
3) Tindall, Cade 11		4) Reyerson, Sully 12	

Boys High Jump 1A

State Record: *	6-11	5/19/2006	Ehi Oamen, Hinton	
All-Time: !	7-03.50	1981	Brian Tietjens, North Central, Manly	
Name	Year	School	Finals	Points
1 Moeller, Cole	11	C-Wheatland	6-10.00	2.08m 10
2 Johnson, Jackson	12	Manson NW Web	6-05.00	1.95m 8
3 Gosnell, Niko	11	Lone Tree	6-03.00	1.90m 6
4 Scott, Colt	12	Bedford	J6-03.00	1.90m 5
5 Hanks, Keesten	12	Lawton-Bronson	J6-03.00	1.90m 4
6 Ehlen, Jacob	12	Belle Plaine	6-01.00	1.85m 3
7 Obert, Sam	11	CR-Bayard	5-11.00	1.80m 2
8 Moore, Jace	11	Clayton Ridge	J5-11.00	1.80m 1
9 Heitman, Jake	09	St. Mary's, SL	J5-11.00	1.80m

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....Boys High Jump 1A

10 Thode, Jack	12 Janesville	J5-11.00	1.80m
10 Martens, Alex	11 Midland, Wyoming	J5-11.00	1.80m
10 Palmersheim, Dylan	12 Edgewd-Colesburg	J5-11.00	1.80m
13 Richardson, Jarek	12 Logan-Magnolia	J5-11.00	1.80m
14 Jahnke, Jadon	10 Griswold	5-09.00	1.75m
14 Pedersen, Sam	12 Cardinal, Eldon	5-09.00	1.75m
16 Halloran, Reese	12 West Fork, S	J5-09.00	1.75m
16 Rozendaal, Cole	11 N Mahaska, NS	J5-09.00	1.75m
16 Spidle, Cauy	09 Central Decatur	J5-09.00	1.75m
19 Myers, Gunnar	12 West Fork, S	J5-09.00	1.75m
19 Heimensen, Zed	09 Cent Lyon, RR	J5-09.00	1.75m
19 Kneifl, Nathan	11 Lawton-Bronson	J5-09.00	1.75m
-- Smith, Sam	12 West Hancock	NH	
-- Rustvold, Kyle	12 Audubon	NH	

Boys Long Jump 1A

State Record: * 23-02.50 5/19/2011 Nick Efkamp, Madrid							
All-Time: ! 24-09.50 1984 Chris Walker, Davenport Central							
Name	Year	School	Finals	Wind	H#	Points	
1 Squiers, Jovonte	11	Lone Tree	22-04.75	NWI	6.82m	2	10
2 Riley, Brandon	11	CR-Bayard	22-02.25	NWI	6.76m	1	8
3 Kibby, Zac	12	Bishop Garrigan	21-08.00	NWI	6.60m	2	6
4 Valant, Neal	12	Bellevue	21-06.00	NWI	6.55m	2	5
5 Geist, Graham	12	Grand View Christ	21-01.25	NWI	6.43m	2	4
6 Sieverding, Tanner	12	Marquette Cath	20-10.25	NWI	6.35m	2	3
7 Givens, Brett	10	Lisbon	20-04.75	NWI	6.21m	2	2
8 Burton, Billy	12	Highland, R	20-03.00	NWI	6.17m	1	1
9 Wurster, Nick	12	Mount Ayr	20-02.50	NWI	6.15m	1	
10 Blank, Chad	12	Nishnabotna	20-02.25	NWI	6.15m	2	
11 Novak, Logan	11	N Linn, TM	20-01.00	NWI	6.12m	1	
12 Reischauer, Christian	12	Colo-Nesco	20-00.25	NWI	6.10m	2	
13 Hoeger, Seth	12	Edgewd-Colesburg	19-11.75	NWI	6.08m	2	
14 Jahnke, Jadon	10	Griswold	J19-11.75	NWI	6.08m	1	
15 Lourens, Colin	12	Colfax-Mingo	19-11.00	NWI	6.07m	1	
16 Davis, Zach	12	Winfield-Mt. U	19-10.25	NWI	6.05m	2	
17 Davis, Johnny	12	Dunkerton	19-08.75	NWI	6.01m	1	
18 Dodd, Noah	12	Janesville	19-08.25	NWI	6.00m	2	
19 Powers, Jaeger	09	Fremont-Mills	J19-08.25	NWI	6.00m	2	
20 Lynott, Jake	10	W Sioux Hwardn	19-08.00	NWI	5.99m	1	
21 Swartzendruber, Aaron	12	Postville	18-11.50	NWI	5.77m	1	
22 Royer, Cole	12	Logan-Magnolia	18-11.25	NWI	5.77m	1	
23 Lueken, Michael	12	Edgewd-Colesburg	18-05.75	NWI	5.63m	1	
-- Gaylord, Logan	11	Fremont-Mills	FOUL			1	

Boys Shot Put 1A

State Record: * 60-10.25 1975 Bob Feurerbach, Preston							
All-Time: ! 70-11 1968 Doug Lane, Cedar Rapids Jefferson							
Name	Year	School	Finals	H#	Points		
1 Scheidegger, Mason	12	Newell-Fonda	55-02.50	16.82m	2	10	
2 Yezek, Tom	12	Nwood-Kensett	54-02.75	16.52m	2	8	

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....Boys Shot Put 1A

3 Meinders, Caleb	11 AGWSR	52-07.00	16.02m	2	6
4 Becthold, Alex	12 Stanton	52-04.00	15.95m	2	5
5 Langerman, Cameron	12 Bishop Garrigan	52-03.50	15.93m	2	4
6 Amick, Devan	12 Lawton-Bronson	49-07.50	15.12m	2	3
7 Ehresman, Sage	12 Lynnville-Sully	49-00.50	14.94m	2	2
8 Kenny, Joe	12 Ridge View	48-09.25	14.86m	1	1
9 Oster, Ty	11 Bellevue	48-05.50	14.77m	1	
10 Paulson, Alex	12 North Iowa, BC	48-04.00	14.73m	1	
11 Wedgewood, Jon	11 Montezuma	47-09.25	14.56m	2	
12 Goeller, Tyler	12 Wapsie Val, F	47-04.50	14.43m	2	
13 Ellingson, Dawson	10 Hudson	47-04.00	14.42m	1	
14 Young, Michael	12 AGWSR	J47-04.00	14.42m	1	
15 Glockel, Matt	11 East Mills	46-07.75	14.21m	2	
16 Butcher, Tim	12 Manson NW Web	46-06.25	14.17m	1	
17 Schiernbeck, Kyle	12 Ridge View	46-02.00	14.07m	1	
18 Henry, Eric	11 Tripoli	45-08.00	13.91m	1	
19 Olsen, Martin	12 EHK-Exira	44-11.00	13.69m	1	
20 Crozier, Jake	11 Twin Cedars, B	44-07.50	13.60m	1	
21 Borkowski, Noah	12 Glidden-Ralston	44-01.00	13.43m	2	
22 Grogan, Riley	12 New London	43-07.00	13.28m	1	
23 Davis, Dylan	12 Bedford	42-00.00	12.80m	2	
24 Heynen, Collin	12 Trinity Christn	41-11.50	12.78m	1	

Boys Discus Throw 1A

State Record: * 197-05 5/20/2016 Tom Yezek, Nwood-Kenset

All-Time: ! 207-08 1978 Scott Crowell, Mason City

Name	Year	School	Finals	H#	Points
1 Yezek, Tom	12	Nwood-Kensett	197-05*	60.17m	2 10
2 Karsjens, Nathan	11	AGWSR	175-03	53.41m	2 8
3 Becthold, Alex	12	Stanton	166-00	50.59m	2 6
4 Scheidegger, Mason	12	Newell-Fonda	165-04	50.39m	2 5
5 Lienau, Tyler	11	Jesup	162-06	49.53m	2 4
6 Goeller, Tyler	12	Wapsie Val, F	160-00	48.76m	2 3
7 Phillips, Sam	11	Fremont-Mills	157-09	48.08m	2 2
8 Engle, Noah	12	Lynnville-Sully	152-09	46.55m	1 1
9 Ellingson, Dawson	10	Hudson	148-09	45.33m	2
10 Butcher, Tim	12	Manson NW Web	147-02	44.85m	1
11 Paulson, Alex	12	North Iowa, BC	146-07	44.67m	2
12 Oster, Ty	11	Bellevue	144-04	43.99m	2
13 Puls, Cooper	12	B-G-M, Brook	144-00	43.89m	1
14 Ehresman, Sage	12	Lynnville-Sully	143-05	43.71m	2
15 Crozier, Jake	11	Twin Cedars, B	141-10	43.23m	1
16 Zaiger, Joseph	10	Audubon	141-07	43.15m	1
17 Grogan, Riley	12	New London	140-11	42.95m	1
18 Schiernbeck, Kyle	12	Ridge View	138-07	42.24m	2
19 Worley, Luke	12	Logan-Magnolia	137-01	41.78m	1
20 Richter, Garrett	11	Jesup	135-04	41.24m	1
21 DeNoble, Austin	11	Cent Lyon, RR	130-09	39.85m	1
22 Striegel, Caleb	12	CAL, Latimer	127-02	38.76m	1
23 Crawford, Peyton	12	Sigourney	125-11	38.37m	1
24 Ticknor, Drew	12	CAM, Anita	106-08	32.51m	1

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Results

Boys 100 Meter Dash 2A

State Record: * 10.69 5/21/2016 Isaiah Trousil, W Burlington
 All-Time: ! 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Trousil, Isaiah	11	W Burlington/ND	10.83q	-1.5	1
2 Clay, Gage	10	AHSTW	11.21q	-1.5	1
3 Santi, Michael	11	Madrid	11.28q	-2.2	3
4 Husmann, Daniel Boone	12	Anamosa	11.32q	-3.1	2
5 Ramirez, Mauricio	12	Columbus, CJ	11.39q	-2.2	3
6 Case, Kody	11	South Cent Cal	11.40q	-2.2	3
7 Iske, Tanner	10	West Liberty	11.48q	-3.1	2
8 Bemer, Bryce	11	North Cedar, S	11.53q	-1.5	1
9 Phillips, Elliot	12	Oelwein	11.63	-2.2	3 11.625
10 Harkins, Joey	11	Earlham	11.63	-3.1	2 11.628
11 Stenger, Nathan	12	Regina, IC	11.64	-2.2	3 11.635
12 Clay, Briar	12	West Central	11.64	-2.2	3 11.640
13 Lentz, Austin	12	Ogden	11.73	-1.5	1
14 Pogge, Zach	12	Clarion-GD	11.81	-2.2	3
15 Edeker, Jack	12	Regina, IC	11.83	-3.1	2
16 Ambrose, Trevor	12	New Hampton	11.86	-3.1	2
17 Copeland, Tyler	11	Pekin	11.87	-1.5	1
18 Brem, Brian	10	W Burlington/ND	11.94	-2.2	3 11.935
19 Wharton, Evan	12	Cherokee, Wash	11.94	-1.5	1 11.938
20 Grevengoed, Justin	11	W Christ, Hull	11.97	-3.1	2 11.965
21 Abdullah, Asani	11	Woodward Acad	11.97	-3.1	2 11.970
22 Moore, Matt	11	Roland-Story	11.98	-1.5	1
23 Wilkie, Jordin	12	South Hardin	12.01	-3.1	2
24 Stover, Brady	12	CMB, Baxter	12.02	-1.5	1

Boys 100 Meter Dash 2A

State Record: * 10.69 5/21/2016 Isaiah Trousil, W Burlington
 All-Time: ! 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Finals	Wind	Points
Finals					
1 Trousil, Isaiah	11	W Burlington/ND	10.69*	-0.5	10
2 Santi, Michael	11	Madrid	11.11	-0.5	8
3 Clay, Gage	10	AHSTW	11.13	-0.5	6
4 Husmann, Daniel Boone	12	Anamosa	11.19	-0.5	5
5 Case, Kody	11	South Cent Cal	11.27	-0.5	4
6 Ramirez, Mauricio	12	Columbus, CJ	11.28	-0.5	3
7 Iske, Tanner	10	West Liberty	11.32	-0.5	2
8 Bemer, Bryce	11	North Cedar, S	11.39	-0.5	1

Boys 200 Meter Dash 2A

State Record: * 21.33 5/21/2016 Isaiah Trousil, W Burlington
 All-Time: ! 20.80 1994 Tim Dwight, Iowa City High

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Trousil, Isaiah	11	W Burlington/ND	21.40q	+0.0	1

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....Boys 200 Meter Dash 2A

2	Koenig, Cooper	12	West Branch	22.05q	-2.8	2	
3	Clay, Gage	10	AHSTW	22.44q	-2.7	3	22.432
4	Santi, Michael	11	Madrid	22.44q	-2.7	3	22.436
5	Lincoln, Sam	12	Regina, IC	22.54q	+0.0	1	
6	Bemer, Bryce	11	North Cedar, S	22.65q	-2.8	2	22.646
7	Butters, Brady	12	KP-WC	22.65q	-2.7	3	22.648
8	Case, Kody	11	South Cent Cal	22.68q	+0.0	1	
9	Zevenbergen, Travis	11	Unity Chrst, OC	22.94	+0.0	1	
10	Harkins, Joey	11	Earlham	22.97	-2.8	2	
11	Roberts, Logan	12	Shenandoah	23.10	-2.8	2	
12	Reifert, Evan	11	Wilton	23.11	+0.0	1	
13	Dalton, Evan	12	West Liberty	23.18	+0.0	1	
14	Pogge, Zach	12	Clarion-GD	23.20	-2.8	2	
15	Pringle, Eddie	11	Pella Christian	23.24	-2.8	2	23.235
16	Eastman, Kalen	11	Central Sprngs	23.24	-2.7	3	23.238
17	Luna, Jakob	12	Dike-NH	23.34	+0.0	1	
18	Holmes, Carter	11	Cascade, WD	23.35	-2.7	3	23.341
19	Gonzalez, David	11	Camanche	23.35	-2.7	3	23.347
20	Bacon, Chase	12	Clear Lake	23.41	-2.8	2	
21	Hansen, Greg	10	North Cedar, S	23.48	-2.8	2	
22	Ambrose, Trevor	12	New Hampton	23.60	-2.7	3	
23	Hookham, Tate	10	Union, LaPorte C	23.82	+0.0	1	
24	Grevengoed, Justin	11	W Christ, Hull	23.89	-2.7	3	

Boys 200 Meter Dash 2A

=====						
State Record:	*	21.33	5/21/2016	Isaiah Trousil, W Burlington		
All-Time:	!	20.80	1994	Tim Dwight, Iowa City High		
Name			Year School	Finals	Wind	Points
=====						

Finals

1	Trousil, Isaiah	11	W Burlington/ND	21.33*	0.6	10
2	Clay, Gage	10	AHSTW	22.03	0.6	8
3	Koenig, Cooper	12	West Branch	22.13	0.6	6
4	Santi, Michael	11	Madrid	22.29	0.6	5
5	Bemer, Bryce	11	North Cedar, S	22.45	0.6	4
6	Butters, Brady	12	KP-WC	22.46	0.6	3
7	Lincoln, Sam	12	Regina, IC	22.57	0.6	2
8	Case, Kody	11	South Cent Cal	22.59	0.6	1

Boys 400 Meter Dash 2A

=====						
State Record:	*	47.43	2000	Ryan Kedley, North Cedar		
All-Time:	!	47.01	2002	Calvin Davis, Iowa City High		
Name			Year School	Finals	H#	Points
=====						

1	Seeser, Will	12	Camanche	49.36	3	10
2	Crew, John	12	Dike-NH	49.75	3	8
3	Daley, Brett	11	Treynor	50.01	3	6
4	Zevenbergen, Travis	11	Unity Chrst, OC	50.24	3	5
5	Eastman, Kalen	11	Central Sprngs	50.38	2	4
6	Richey, Gabe	12	Panorama, P	50.59	3	3
7	Timmerman, Tristan	11	Mediapolis	51.25	2	2
8	Wittrock, Isaiah	10	Pekin	51.31	2	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 400 Meter Dash 2A**

9 Larson, Dylan	11 N Fayette Val	51.37	2
10 Herbers, Nathan	11 DSM Christian	51.42	1
11 Reifert, Evan	11 Wilton	51.48	3
12 Pearson, Nathan	12 Alta/Aurelia	51.62	2
13 Willert, Cole	11 Saint Ansgar	51.89	1
14 Miller, Justin	12 MO Valley	52.20	2
15 Fisher, Jared	11 S Hamilton, J	52.30	2
16 Hesse, Peyton	12 Waukon	52.45	3
17 Blunt, Skylar	09 Saint Ansgar	52.48	1
18 Hughes, Joe	12 Alta/Aurelia	52.56	3
19 Bown, Parker	11 GCGR, Grundy	52.80	2
20 Millikin, Cameron	09 Pekin	52.86	1
21 Veencamp, Ryan	12 Madrid	53.15	1
22 Tennant, Chase	11 Central Lee, D	53.21	1
23 Coberley, Beau	10 W Marshall, SC	53.26	1
24 Logeman, Michael	12 Central Sprngs	53.48	1

Boys 800 Meter Run 2A

=====					
State Record: * 1:51.17 5/17/2008 Aaron Stockstell, Mid-Prairie					
All-Time: ! 1:49.3h 1975 David Korir, Cedar Rapids Washington					
Name	Year	School	Finals	H#	Points
=====					
1 Manternach, Matt	12	Monticello	1:52.77	2	10
2 Manternach, Derek	12	Monticello	1:54.22	2	8
3 Still, Alec	11	KP-WC	1:54.89	2	6
4 Hasken, William	12	Northeast, GL	1:54.97	2	5
5 May, C.J.	12	Apltn-Park	1:55.66	2	4
6 Roth, Konner	11	East Sac County	1:56.66	2	3
7 Kleinhesselink, Jaden	10	Sheldon	1:59.02	2	2
8 Hesse, Peyton	12	Waukon	1:59.26	2	1
9 Timmerman, Tristan	11	Mediapolis	1:59.51	2	
10 Wilson, Kyle	11	Maquoketa Valley	1:59.78	2	
11 Hennigar, Daniel	11	Central Sprngs	2:00.78	1	
12 Belzer, Logan	10	Wapello	2:01.50	2	
13 Warehime, Spencer	11	Southeast Valley	2:01.54	1	
14 Morgan, Johnnie	12	Woodward-Grangr	2:01.76	2	
15 Deitchler, Matt	12	Treynor	2:02.15	1	
16 Mackey, Jesse	11	N Fayette Val	2:02.36	1	
17 Matthias, Curren	11	Denver	2:02.49	1	
18 Van Es, Ty	10	Sioux Center	2:03.07	1	
19 Schwartz, Andrew	11	Mid-Prairie, W	2:03.36	1	
20 Miller, Justin	12	MO Valley	2:03.43	1	
21 Coulter, Broden	11	Dike-NH	2:03.95	1	
22 Wilkins, Rich	12	Clarke, O	2:04.02	1	
23 Miller, Jordan	11	Shenandoah	2:05.23	1	
24 Hutchins, Austin	12	South Hardin	2:06.71	1	

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Results

Boys 1600 Meter Run 2A

=====				
State Record: * 4:16.99 1989 Lance Elliott, Montezuma				
All-Time: ! 4:05.6h 1976 Ed DeLashmutt, Fort Madison				
Name	Year	School	Finals	Points
=====				
1	Manternach, Matt	12 Monticello	4:21.36	10
2	May, C.J.	12 Apltn-Park	4:21.48	8
3	Millikin, Ryan	11 Pekin	4:29.51	6
4	Loes, Jordan	12 Monticello	4:31.74	5
5	Vander Plaats, Jacob	11 Unity Chrst, OC	4:33.08	4
6	Warehime, Spencer	11 Southeast Valley	4:33.12	3
7	Castle, Trey	11 Treynor	4:33.52	2
8	Peters, Logan	09 S Hamilton, J	4:33.62	1
9	Schmidt, Wyatt	10 Northeast, GL	4:33.67	
10	Ketcham, Tyler	10 DSM Christian	4:34.20	
11	Martin, Russell	12 West Branch	4:35.18	
12	Fallon, Nick	12 Beckman, D	4:35.58	
13	Sigler, Luke	12 Mid-Prairie, W	4:36.15	
14	Dalbeck, Logan	11 Garner-Hay/Vent	4:36.62	
15	Schepanski, Kyle	12 Anamosa	4:37.02	
16	Stumbo, Andrew	11 Ogden	4:38.01	
17	Schult, Connor	12 Sumner-Fredrksbg	4:38.20	
18	Matthias, Curren	11 Denver	4:38.53	
19	Hulstein, Tristan	11 W Christ, Hull	4:38.92	
20	Halva, Danny	12 N Fayette Val	4:40.22	
21	Jorgenson, Jerry	09 Treynor	4:41.91	
22	Wilkins, Rich	12 Clarke, O	4:44.68	
23	Schaffer, Dalton	11 Eagle Grove	4:45.04	
24	Tyler, Mason	10 Apltn-Park	4:46.69	

Boys 3200 Meter Run 2A

=====				
State Record: * 9:17.69 5/22/2014 Michael Melchert, Monticello				
All-Time: ! 8:50.43 5/22/2014 Thomas Pollard, Gilbert				
Name	Year	School	Finals	Points
=====				
1	May, C.J.	12 Apltn-Park	9:39.94	10
2	Smith, Reece	09 Garner-Hay/Vent	9:46.32	8
3	Stumbo, Andrew	11 Ogden	9:49.04	6
4	Halva, Danny	12 N Fayette Val	9:49.05	5
5	Warehime, Spencer	11 Southeast Valley	9:51.42	4
6	Meling, Nick	11 E Marshall, L	9:52.51	3
7	Vander Plaats, Jacob	11 Unity Chrst, OC	9:55.88	2
8	Hulstein, Tristan	11 W Christ, Hull	10:00.58	1
9	Moon, Spencer	09 South Cent Cal	10:12.00	
10	Rusher, Dakota	11 Roland-Story	10:15.96	
11	Heffernan, Rylan	10 West Central	10:17.57	
12	Evans, Floyd	10 Mid-Prairie, W	10:17.59	
13	Myers, Malcolm	11 Pekin	10:18.94	
14	Trudo, Jack	10 Van Meter	10:20.59	
15	Cresta, Dominic	11 I-35, Truro	10:22.17	
16	Jorgenson, Jerry	09 Treynor	10:23.18	
17	Hougland, Zach	12 Davis County, B	10:24.70	
18	Hendricks, Dylan	11 GCGR, Grundy	10:25.24	
19	McDermott, Sean	09 Madrid	10:31.06	

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Results

....Boys 3200 Meter Run 2A

20 Hospodarsky, Tyler	11 Monticello	10:32.60
21 Tobin, Joey	12 Durant	10:35.13
22 Schoonhoven, Joseph	09 Unity Chrst, OC	10:51.88
23 O'Neill, Tyler	11 Waukon	11:03.41
-- Smith, Chase	12 Garner-Hay/Vent	DNF

Boys 110 Meter Hurdles 2A

State Record: * 14.1h	1985	Matt Zuber, Iowa Valley
All-Time: ! 13.60	1977	Randy Elliott, Charles City
Name	Year School	Prelims Wind H#

Preliminaries

1 Kirkpatrick, Cade	12 Madrid	14.83q	-2.5	3
2 Wargo, Hunter	12 West Branch	14.89q	-1.7	1
3 Smith, Jacob	12 W Burlington/ND	15.07q	-2.2	2
4 Goos, Brody	12 Dike-NH	15.30q	-2.2	2
5 McAllister, Will	11 Cascade, WD	15.42q	-1.7	1
6 Miller, Justin	12 MO Valley	15.43q	-1.7	1
7 Fye, Shane	12 Mediapolis	15.45q	-2.2	2
8 Rieniets, Garrett	12 Monticello	15.57q	-2.5	3
9 Cataldo, Sam	12 Garner-Hay/Vent	15.68	-1.7	1
10 Bialas, Blake	12 Camanche	15.69	-1.7	1
11 Crispin, Parker	11 Clear Lake	15.70	-2.2	2
12 Zell, Wesley	11 Tipton	15.78	-1.7	1 15.773
13 Fjelstad, Grant	10 Lake Mills	15.78	-2.2	2 15.776
14 Burrow, Jace	10 N Fayette Val	15.91	-2.2	2
15 Korver, Calvin	12 Unity Chrst, OC	15.96	-2.5	3
16 Freese, Tyler	11 Underwood	16.05	-2.5	3
17 Kabela, Cooper	11 West Branch	16.09	-1.7	1
18 Durnin, Nick	11 Dike-NH	16.10	-2.5	3
19 Redd, Darius	12 W Burlington/ND	16.11	-2.2	2
20 Marco, Carson	12 Sibley-Ocheyedan	16.13	-2.5	3
21 Wehling, Trevor	12 Anamosa	16.16	-1.7	1
22 Bruce, Brody	11 Saint Ansgar	16.24	-2.2	2
23 Kleinhesselink, Colby	12 Sheldon	16.28	-2.5	3
24 Geneser, Jack	12 Earlham	16.38	-2.5	3

Boys 110 Meter Hurdles 2A

State Record: * 14.1h	1985	Matt Zuber, Iowa Valley
All-Time: ! 13.60	1977	Randy Elliott, Charles City
Name	Year School	Finals Wind Points

Finals

1 Wargo, Hunter	12 West Branch	14.46	-0.7	10
2 Kirkpatrick, Cade	12 Madrid	14.60	-0.7	8
3 Smith, Jacob	12 W Burlington/ND	14.75	-0.7	6
4 McAllister, Will	11 Cascade, WD	15.12	-0.7	5
5 Goos, Brody	12 Dike-NH	15.21	-0.7	4
6 Rieniets, Garrett	12 Monticello	15.30	-0.7	3
7 Fye, Shane	12 Mediapolis	15.60	-0.7	2
8 Miller, Justin	12 MO Valley	15.91	-0.7	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Boys 400 Meter Hurdles 2A**

=====						
State Record: * 51.62 1995 Brent MacLagen, Jefferson-Scranton						
All-Time: ! 50.96 1996 Dustin Avey, Ames						
Name	Year	School	Finals	H#	Points	
=====						
1 Daley, Brett	11	Treynor	53.17	3	10	
2 Smith, Jacob	12	W Burlington/ND	53.32	3	8	
3 Kennicker, Nick	12	Northeast, GL	53.90	3	6	
4 Seeser, Will	12	Camanche	53.94	3	5	
5 Willert, Cole	11	Saint Ansgar	54.46	2	4	
6 Barrett, Riley	11	Apltn-Park	54.66	3	3	
7 Wargo, Hunter	12	West Branch	54.84	3	2	
8 Richey, Gabe	12	Panorama, P	54.86	1	1	
9 Cataldo, Sam	12	Garner-Hay/Vent	55.35	2		
10 Korver, Calvin	12	Unity Chrst, OC	55.57	2		
11 Barrett, Eli	11	Denver	55.74	2		
12 Schulte, Kolin	12	Anamosa	56.04	2		
13 Stoakes, Eric	12	GCGR, Grundy	56.06	1		
14 Lowe, Kyle	11	Sibley-Ocheyedan	56.14	2		
15 Stover, Brady	12	CMB, Baxter	56.21	2		
16 Polich, Carson	12	Madrid	56.31	3		
17 Tews, Graham	12	Ogden	56.38	1		
18 Burbach, Ben	11	KP-WC	56.65	2		
19 Hart, Andrew	12	Eddyvl-Blakes/F	56.71	1		
20 Schulte, Zach	11	Central Lee, D	56.77	1		
21 Clouse, Jacob	11	Albia	57.28	3		
22 Westrick, Ken	12	Regina, IC	57.35	1		
23 Wille, Wyatt	12	Waukon	58.11	1		
24 Behrendsen, Tyler	11	Pocahon Area	58.17	1		

Boys 4x100 Meter Relay 2A

=====						
State Record: * 42.44 5/22/2015 W Burlington/ND, W Burlington						
T Williams, B Wrede, I Trousil, X Williams						
All-Time: ! 41.33 1996 Iowa City High, Iowa City High						
School			Prelims	H#		
=====						

Preliminaries

1 W Burlington/ND			42.65q	1		
1) Ferguson, Spencer 12		2) Brem, Brian 10				
3) Trousil, Isaiah 11		4) Williams, Xavior 12				
2 Regina, IC			43.32q	3		
1) Stenger, Nathan 12		2) Jensen, Jack 11				
3) Edeker, Jack 12		4) Lincoln, Sam 12				
3 South Cent Cal			43.39q	2		
1) Case, Kody 11		2) Henkenius, Derrick 12				
3) King, Cyle 12		4) Ludwig, Conner 12				
4 Clear Lake			43.54q	1		
1) Tatum, Zach 12		2) Merrill, Cooper 12				
3) Truesdell, Parker 12		4) Bacon, Chase 12				
5 Anamosa			43.86q	3		
1) Wehling, Trevor 12		2) Cabrera, Alex 11				
3) McLean, Jay 11		4) Husmann, Daniel Boone 12				
6 Clarinda			43.95q	3		
1) Carlson, Zach 11		2) Carlson, Jacob 12				

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....Boys 4x100 Meter Relay 2A

3) Shatava, Lucas 11	4) Clark, JJ 12		
7 West Liberty		43.97q	3
1) Iske, Tanner 10	2) Dalton, Evan 12		
3) Hartman, Michael 10	4) Feldman, Noah 11		
8 Beckman, D		44.01q	2
1) Smith, Noah 12	2) Brown, Mark 10		
3) Stelken, Sam 11	4) Vaske, Joel 10		
9 KP-WC		44.04	1
1) Erdmann, Blake 10	2) Harvey, Jacob 12		
3) Laddusaw, Jordan 12	4) Butters, Brady 12		
10 Albia		44.15	3
1) Leshen, Tony 11	2) Sinnott, Kyle 11		
3) Bayer, Blake 12	4) Moore, Avery 11		
11 Roland-Story		44.22	3
1) Moore, Matt 11	2) Hovick, Tyler 12		
3) Barclay, John 12	4) Teig, Alex 12		
12 Columbus, CJ		44.25	2
1) Paz, Ruben 11	2) Henry, Devon 12		
3) Mena, Abel 10	4) Ramirez, Mauricio 12		
13 Dike-NH		44.34	2
1) Durnin, Nick 11	2) Neuroth, Connor 12		
3) Luna, Jakob 12	4) Goos, Brody 12		
14 Shenandoah		44.53	1
1) Swanson, Nick 11	2) Roberts, Logan 12		
3) Rogers, Taylor 12	4) Hiser, Chase 12		
15 Oelwein		44.55	2
1) Phillips, Elliot 12	2) Ryan, Brennon 12		
3) Reising, Tanner 12	4) Stanford, Cole 12		
16 Central Sprngs		44.56	3
1) Hackett, Alex 11	2) Muñiz, Niko 12		
3) Kessler, Trace 11	4) Santee, Zack 10		
17 Van Meter		44.57	1
1) Forret, Zach 12	2) Rhodes, Carson 10		
3) Lowman, Anthony 10	4) Koch, Jake 12		
18 S Winn, Calmar		44.91	2
1) Ward, Nathan 11	2) Jacobsen, Treyton 12		
3) Herold, Mitchell 12	4) Kuboushek, Noah 11		
19 Woodward Acad		44.92	3
1) Johnson, Josh 10	2) Abdullah, Asani 11		
3) Penn, Jarius 09	4) Banks, Miles 12		
20 Kuemper Cath		44.94	1
1) Kraus, Von 11	2) Rupiper, Miles 10		
3) Schaefer, Jacob 11	4) Gunnerson, Gage 11		
21 W Christ, Hull		45.07	1
1) Kooima, Tyson 11	2) Gesink, Ben 11		
3) Grevengoed, Justin 11	4) Kooima, Morgan 12		
22 Forest City		45.10	1
1) Gildemeister, Richard 11	2) Anderson, Tyler 12		
3) Thompson, Timmy 12	4) Jurgensen, Jacob 11		
23 Cascade, WD		45.86	2
1) Gibbs, Mitchell 10	2) Simon, Bryce 11		
3) Lieurance, Austin 10	4) Trumm, Kurt 12		
24 West Branch		49.52	2
1) Lenoach, Luke 11	2) Koenig, Cooper 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x100 Meter Relay 2A**

3) Shawver, Matt 12

4) Wargo, Hunter 12

Boys 4x100 Meter Relay 2A

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=====
State Record: * 42.44 5/22/2015 W Burlington/ND, W Burlington
                T Williams, B Wrede, I Trousil, X Williams
All-Time: ! 41.33 1996 Iowa City High, Iowa City High
School                                               Finals Points
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Finals

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1 W Burlington/ND                               42.69   10
  1) Ferguson, Spencer 12                       2) Smith, Jacob 12
  3) Trousil, Isaiah 11                         4) Williams, Xavior 12
2 Regina, IC                                    43.20    8
  1) Stenger, Nathan 12                        2) Jensen, Jack 11
  3) Edeker, Jack 12                           4) Lincoln, Sam 12
3 South Cent Cal                               43.25    6
  1) Case, Kody 11                             2) Henkenius, Derrick 12
  3) King, Cyle 12                             4) Ludwig, Conner 12
4 Clear Lake                                   43.56    5
  1) Tatum, Zach 12                            2) Merrill, Cooper 12
  3) Truesdell, Parker 12                      4) Bacon, Chase 12
5 Anamosa                                       43.86    4
  1) Wehling, Trevor 12                        2) Cabrera, Alex 11
  3) McLean, Jay 11                            4) Husmann, Daniel Boone 12
6 Clarinda                                     43.97    3
  1) Carlson, Zach 11                          2) Carlson, Jacob 12
  3) Shatava, Lucas 11                        4) Clark, JJ 12
7 Beckman, D                                   43.98    2
  1) Smith, Noah 12                            2) Brown, Mark 10
  3) Stelken, Sam 11                          4) Vaske, Joel 10
8 West Liberty                                 44.46    1
  1) Iske, Tanner 10                          2) Dalton, Evan 12
  3) Hartman, Michael 10                      4) Feldman, Noah 11

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Boys 4x200 Meter Relay 2A

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State Record: * 1:27.14 5/20/2016 W Burlington/ND, W Burlington
                X Williams, J Smith, S Ferguson, I Trousil
All-Time: ! 1:26.40 1997 Iowa City High, Iowa City High
School                                               Finals H# Points
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1 W Burlington/ND                               1:27.14*  3  10
  1) Williams, Xavior 12                       2) Smith, Jacob 12
  3) Ferguson, Spencer 12                     4) Trousil, Isaiah 11
2 Albia                                       1:28.56   3   8
  1) Leshen, Tony 11                          2) Sinnott, Kyle 11
  3) Moore, Avery 11                          4) Clouse, Jacob 11
3 Regina, IC                                 1:29.52   3   6
  1) Stenger, Nathan 12                      2) Jensen, Jack 11
  3) Edeker, Jack 12                         4) Lincoln, Sam 12
4 South Cent Cal                             1:30.24   3   5
  1) Case, Kody 11                           2) Henkenius, Derrick 12
  3) King, Cyle 12                           4) Ludwig, Conner 12

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Results

....Boys 4x200 Meter Relay 2A

5	Dike-NH	1:30.38	3	4
	1) Neuroth, Connor 12		2) Blough, Connor 11	
	3) Luna, Jakob 12		4) Sohn, Ty 12	
6	KP-WC	1:30.52	3	3
	1) Butters, Brady 12		2) Harvey, Jacob 12	
	3) Burbach, Ben 11		4) Hayden, Joe 12	
7	Beckman, D	1:31.10	2	2
	1) Smith, Noah 12		2) Stelken, Sam 11	
	3) Vaske, Joel 10		4) Brown, Mark 10	
8	Clear Lake	1:31.13	2	1
	1) Tatum, Zach 12		2) Merrill, Cooper 12	
	3) Truesdell, Parker 12		4) Bacon, Chase 12	
9	Union, LaPorte C	1:31.45	2	
	1) Rolison, Britton 09		2) LeRoy, Nathan 11	
	3) Hookham, Tate 10		4) Hadachek, Brock 11	
10	Clarinda	1:31.57	3	
	1) Carlson, Zach 11		2) Carlson, Jacob 12	
	3) Shatava, Lucas 11		4) Clark, JJ 12	
11	Van Meter	1:31.89	1	
	1) Forret, Zach 12		2) Rhodes, Carson 10	
	3) Lowman, Anthony 10		4) Koch, Jake 12	
12	Roland-Story	1:32.04	1	
	1) Moore, Matt 11		2) Hovick, Tyler 12	
	3) Marlow, Patrick 11		4) Teig, Alex 12	
13	S Winn, Calmar	1:32.36	1	
	1) Ward, Nathan 11		2) Jacobsen, Treyton 12	
	3) Herold, Mitchell 12		4) Meyer, Benjamin 12	
14	West Liberty	1:32.75	2	
	1) Iske, Tanner 10		2) Feldman, Noah 11	
	3) Hartman, Michael 10		4) Dalton, Evan 12	
15	Denver	1:32.96	1	
	1) Joerger, Sam 10		2) Deutmeyer, Blake 12	
	3) Habben, Jordan 12		4) Siech, Mitch 12	
16	Sibley-Ocheyedan	1:33.00	2	
	1) Lowe, Kyle 11		2) Marco, Carson 12	
	3) Jenness, Colvin 10		4) Sayler, Garrett 11	
17	W Christ, Hull	1:33.03	2	
	1) Kooima, Tyson 11		2) Gesink, Ben 11	
	3) Grevengoed, Justin 11		4) Kooima, Morgan 12	
18	Tipton	1:33.31	1	
	1) Johnston, Koby 12		2) Comstock, Alek 12	
	3) Clark, Dalton 11		4) Challis, Jordan 12	
19	Forest City	1:33.33	3	
	1) Gildemeister, Richard 11		2) Anderson, Tyler 12	
	3) Jurgensen, Jacob 11		4) Thompson, Timmy 12	
20	Hinton	1:33.88	1	
	1) Henrich, Terrill 12		2) Campbell, Zac 12	
	3) Vondrak, Brandon 11		4) Mossberg, Tyler 11	
--	Cascade, WD	DQ	1	
	1) Holmes, Carter 11		2) McAllister, Will 11	
	3) Larkin, John 11		4) Trumm, Kurt 12	
--	Woodward Acad	DQ	1	
	1) Johnson, Josh 10		2) Abdullah, Asani 11	
	3) Penn, Jarius 09		4) Banks, Miles 12	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys 4x200 Meter Relay 2A

-- Columbus, CJ		DQ	2
1) Paz, Ruben 11	2) Henry, Devon 12		
3) Mena, Abel 10	4) Ramirez, Mauricio 12		
-- Shenandoah		DQ	2
1) Roberts, Logan 12	2) Miller, Jordan 11		
3) Rogers, Taylor 12	4) Hiser, Chase 12		

Boys 4x400 Meter Relay 2A

State Record: * 3:18.09	5/21/2016	Albia, Albia	
		T Leshen, K Sinnott, J Clouse, A Moore	
All-Time: ! 3:13.80	5/19/2006	Valley West Des Moines, WDM Va	
		B Collins, Z Sandvig, R Keairnes, B McSkimming	
School		Prelims	H#

Preliminaries

1 Albia		3:21.83q	1
1) Leshen, Tony 11	2) Sinnott, Kyle 11		
3) Clouse, Jacob 11	4) Moore, Avery 11		
2 Dike-NH		3:23.18q	3
1) Neuroth, Connor 12	2) Crew, John 12		
3) Moore, Ryan 09	4) Blough, Connor 11		
3 KP-WC		3:23.54q	3
1) Burbach, Ben 11	2) Harvey, Jacob 12		
3) Hayden, Joe 12	4) Still, Alec 11		
4 Northeast, GL		3:25.67q	2
1) Kennicker, Nick 12	2) Lange, Ben 11		
3) Hoyer, Braeden 09	4) Hasken, William 12		
5 Regina, IC		3:25.98q	3
1) Jensen, Jack 11	2) Westrick, Ken 12		
3) Edeker, Jack 12	4) Lincoln, Sam 12		
6 Anamosa		3:26.68q	1
1) McLean, Jay 11	2) Schulte, Kolin 12		
3) Snyder, Dirk 12	4) Fish, Joe 10		
7 Camanche		3:27.03q	1 3:27.021
1) Bialas, Blake 12	2) Gonzalez, David 11		
3) Dodson, Dylan 12	4) Seeser, Will 12		
8 Clarinda		3:27.03q	3 3:27.030
1) Shatava, Lucas 11	2) Carlson, Jacob 12		
3) Clark, JJ 12	4) Carlson, Zach 11		
9 Cascade, WD		3:27.85	3
1) Holmes, Carter 11	2) McAllister, Will 11		
3) Otting, Conor 11	4) Larkin, John 11		
10 Monticello		3:28.05	2
1) Manternach, Derek 12	2) Loes, Jordan 12		
3) Steiner, Noah 12	4) Rieniets, Garrett 12		
11 Forest City		3:28.28	1
1) Gildemeister, Richard 11	2) Finch, Brandon 10		
3) Anderson, Tyler 12	4) Thompson, Timmy 12		
12 Pekin		3:29.13	1
1) Conger, Zack 11	2) Millikin, Cameron 09		
3) Millikin, Ryan 11	4) Wittrock, Isaiah 10		
13 Denver		3:29.44	2
1) Joerger, Sam 10	2) Deutmeyer, Blake 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x400 Meter Relay 2A**

3) Siech, Mitch 12	4) Barrett, Eli 11		
14 Clarion-Goldfield-Dows		3:29.66	2
1) Haechler, Nick 12	2) Hamilton, Bryce 12		
3) Conlon, Derek 11	4) Pogge, Zach 12		
15 Union, LaPorte C		3:29.78	1
1) Rolison, Britton 09	2) Hookham, Tate 10		
3) LeRoy, Nathan 11	4) Hadachek, Brock 11		
16 Beckman, D		3:30.82	2
1) Smith, Noah 12	2) Brown, Mark 10		
3) Hageman, Luke 10	4) Vaske, Joel 10		
17 Sibley-Ocheyedan		3:31.13	3
1) Lowe, Kyle 11	2) Marco, Carson 12		
3) Jenness, Colvin 10	4) Sayler, Garrett 11		
18 S Winn, Calmar		3:31.57	2
1) Holthaus, Alex 11	2) Ward, Nathan 11		
3) Herold, Mitchell 12	4) Meyer, Benjamin 12		
19 Treynor		3:33.34	3
1) Reed, Chase 11	2) Deitchler, Matt 12		
3) Houser, Jakob 11	4) Daley, Brett 11		
20 Alta/Aurelia		3:33.57	2
1) Pearson, Nathan 12	2) Radke, Bryce 12		
3) Issa, Zach 09	4) Hughes, Joe 12		
21 Van Meter		3:33.79	3
1) Forret, Zach 12	2) Smolik, Cameron 09		
3) Potthoff, Alec 12	4) Koch, Jake 12		
22 Earlham		3:34.15	1
1) Algreen, Andy 12	2) Groves, Paxton 11		
3) Kasap, Eli 11	4) Harkins, Joey 11		
23 Hinton		3:34.26	2
1) Mossberg, Tyler 11	2) VandeHoef, Blake 12		
3) Vondrak, Brandon 11	4) Henrich, Terrill 12		
24 Apltn-Park		3:40.27	1
1) Barrett, Riley 11	2) Haren, Trevor 11		
3) Dominy, Thomas 10	4) Ubben, Isaac 12		

Boys 4x400 Meter Relay 2A

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=====
State Record: * 3:18.09 5/21/2016 Albia, Albia
                T Leshen, K Sinnott, J Clouse, A Moore
All-Time: ! 3:13.80 5/19/2006 Valley West Des Moines, WDM Valley
                B Collins, Z Sandvig, R Keairnes, B McSkimming
School                Finals Points
=====

```

Finals

1 Albia		3:18.09*	10
1) Leshen, Tony 11	2) Sinnott, Kyle 11		
3) Clouse, Jacob 11	4) Moore, Avery 11		
2 Dike-NH		3:21.00	8
1) Neuroth, Connor 12	2) Crew, John 12		
3) Moore, Ryan 09	4) Blough, Connor 11		
3 KP-WC		3:21.35	6
1) Burbach, Ben 11	2) Harvey, Jacob 12		
3) Hayden, Joe 12	4) Still, Alec 11		
4 Northeast, GL		3:24.37	5

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys 4x400 Meter Relay 2A

1) Kennicker, Nick 12	2) Lange, Ben 11		
3) Hoyer, Braeden 09	4) Hasken, William 12		
5 Regina, IC		3:24.45	4
1) Jensen, Jack 11	2) Westrick, Ken 12		
3) Edeker, Jack 12	4) Lincoln, Sam 12		
6 Anamosa		3:24.53	3
1) McLean, Jay 11	2) Schulte, Kolin 12		
3) Snyder, Dirk 12	4) Fish, Joe 10		
7 Clarinda		3:26.02	2
1) Shatava, Lucas 11	2) Carlson, Jacob 12		
3) Clark, JJ 12	4) Carlson, Zach 11		
8 Camanche		3:27.68	1
1) Bialas, Blake 12	2) Gonzalez, David 11		
3) Dodson, Dylan 12	4) Seeser, Will 12		

Boys 4x800 Meter Relay 2A

=====			
State Record: *	7:50.39	5/21/2015	Monticello, Monticello
			J Easton, J Loes, D Manternach, M Manternach
All-Time: !	7:41.43	5/21/2015	Ames, Ames
			L Grim, K Chol, A Akok, D Chan
School		Finals	H# Points
=====			
1 Monticello		7:51.24	2 10
1) Loes, Jordan 12	2) Loes, Aaron 10		
3) Manternach, Derek 12	4) Manternach, Matt 12		
2 Dike-NH		7:57.78	2 8
1) Coulter, Broden 11	2) Blough, Connor 11		
3) Sharp, Nate 11	4) Crew, John 12		
3 Northeast, GL		8:02.98	2 6
1) Kennicker, Nick 12	2) Lange, Ben 11		
3) Schmidt, Wyatt 10	4) Hasken, William 12		
4 KP-WC		8:06.40	2 5
1) Baird, Anthony 10	2) Schultzen, Ethan 12		
3) Hoffman, Eric 09	4) Still, Alec 11		
5 Apltn-Park		8:08.81	1 4
1) Barrett, Riley 11	2) Haren, Trevor 11		
3) Ubben, Isaac 12	4) May, C.J. 12		
6 Pekin		8:14.49	2 3
1) Eckley, Chandler 10	2) Roth, Sam 10		
3) Fariss, Austin 12	4) Millikin, Ryan 11		
7 Anamosa		8:17.12	1 2
1) Schulte, Kolin 12	2) Sams, Noah 10		
3) Seeley, Logan 10	4) Schepanski, Kyle 12		
8 Denver		8:18.35	2 1
1) Barrett, Eli 11	2) Jessen, Tyler 12		
3) Kroeze, Tyler 10	4) Matthias, Curren 11		
9 N Fayette Val		8:18.41	2
1) Hurd, Trevor 12	2) Lau, Derik 12		
3) Mackey, Jesse 11	4) Larson, Dylan 11		
10 Mid-Prairie, W		8:19.55	2
1) Miller, Peyton 10	2) Schwartz, Andrew 11		
3) Schmidt, Quinn 09	4) Sigler, Luke 12		
11 East Sac County		8:24.05	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x800 Meter Relay 2A**

1) Roth, Konner 11	2) Blum, Max 12		
3) Scott, Sam 11	4) Snyder, Nick 12		
12 Central Sprngs		8:24.11	2
1) Hennigar, Daniel 11	2) Holt, Chris 12		
3) Logeman, Michael 12	4) Eastman, Kalen 11		
13 Roland-Story		8:24.58	1
1) Marlow, Patrick 11	2) Greenfield, Carter 09		
3) Nelsen, Cody 12	4) Teig, Alex 12		
14 DSM Christian		8:24.98	1
1) Hawley, Nathan 12	2) Stroh, Sam 11		
3) Herbers, Nathan 11	4) Ketcham, Tyler 10		
15 GCGR, Grundy		8:25.32	2
1) Pierce, Tyler 11	2) Lott, Hunter 10		
3) Stoakes, Eric 12	4) Cleveland, Finn 11		
16 Alta/Aurelia		8:26.22	2
1) Hughes, Joe 12	2) Issa, Zach 09		
3) Husman, Jacob 12	4) Pearson, Nathan 12		
17 Forest City		8:26.90	1
1) Hovenga, Grady 10	2) Lehmann, Zach 10		
3) Segerstrom, Noah 11	4) Finch, Brandon 10		
18 Sumner-Fredrksbg		8:27.63	1
1) Schult, Connor 12	2) Garnier, Bodie 11		
3) Rich, Alex 09	4) Kime, Jess 12		
19 Pocahon Area		8:29.60	2
1) Ricke, Caleb 12	2) Anderson, Noah 11		
3) Sommerlot, Danny 12	4) Youngberg, Tanner 12		
20 Eagle Grove		8:31.42	1
1) Pickering, Colton 12	2) Schaffer, Dalton 11		
3) Maier, Brett 12	4) King, McCaulay 11		
21 Underwood		8:32.68	1
1) Patten, Blake 11	2) Mcalpin, Dallas 12		
3) Conn, Thomas 10	4) Joldersma, Jarett 10		
22 S Hamilton, J		8:36.48	1
1) Peters, Logan 09	2) Fisher, Jared 11		
3) Brown, Josiah 10	4) Fisher, Devon 11		
23 Earlham		8:36.50	1
1) Payne, Thomas 11	2) Groves, Paxton 11		
3) Leporte, AJ 12	4) Kasap, Eli 11		
24 Shenandoah		8:40.41	1
1) Miller, Jordan 11	2) Hoyt, Tyler 12		
3) Bopp, Connor 11	4) Hiser, Chase 12		

Boys Distance Medley 2A

=====					
State Record: *	3:26.16	5/16/2008	Mid-Prairie, Mid-Prairie		
			T Miller, C Bontrager, L Silbaugh, A Stockstell		
All-Time: !	3:22.69	2001	Iowa City High, Iowa City High		
School			Finals	H#	Points
=====					
1	Monticello		3:27.02	2	10
	1) Rieniets, Garrett 12	2) Steiner, Noah 12			
	3) Manternach, Derek 12	4) Manternach, Matt 12			
2	Dike-NH		3:29.14	3	8
	1) Goos, Brody 12	2) Neuroth, Connor 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys Distance Medley 2A**

3) Blough, Connor 11	4) Crew, John 12			
3 KP-WC		3:30.14	2	6
1) Butters, Brady 12	2) Harvey, Jacob 12			
3) Hayden, Joe 12	4) Still, Alec 11			
4 Alta/Aurelia		3:36.80	3	5
1) Pizano, Ricky 10	2) Sleezer, Kaleb 10			
3) Hughes, Joe 12	4) Pearson, Nathan 12			
5 Central Sprngs		3:37.77	3	4
1) Hackett, Alex 11	2) Muñiz, Niko 12			
3) Eastman, Kalen 11	4) Logeman, Michael 12			
6 Pekin		3:38.55	3	3
1) Copeland, Tyler 11	2) Copeland, Chase 12			
3) Wittrock, Isaiah 10	4) Eckley, Chandler 10			
7 Cascade, WD		3:39.59	2	2
1) Holmes, Carter 11	2) Simon, Bryce 11			
3) Larkin, John 11	4) Otting, Conor 11			
8 Forest City		3:39.80	3	1
1) Thompson, Timmy 12	2) Hovenga, Caleb 12			
3) Gildemeister, Richard 11	4) Hovenga, Grady 10			
9 Albia		3:40.39	3	
1) Leshen, Tony 11	2) Bayer, Blake 12			
3) Moore, Avery 11	4) Sinnott, Kyle 11			
10 Anamosa		3:40.59	1	
1) McLean, Jay 11	2) Husmann, Daniel Boone 12			
3) Fish, Joe 10	4) Sams, Noah 10			
11 Treynor		3:41.61	1	
1) Reed, Chase 11	2) Houser, Jakob 11			
3) Deitchler, Matt 12	4) Castle, Trey 11			
12 S Hamilton, J		3:41.72	1	
1) Thompson, Drake 11	2) Klemp, Logan			
3) Fisher, Jared 11	4) Fisher, Devon 11			
13 Shenandoah		3:41.99	2	
1) Roberts, Logan 12	2) Rogers, Taylor 12			
3) Hiser, Chase 12	4) Hoyt, Tyler 12			
14 GCGR, Grundy		3:42.42	2	
1) Schuman, Jake 12	2) Flater, Bryce 11			
3) Lott, Hunter 10	4) Cleveland, Finn 11			
15 Mid-Prairie, W		3:42.51	2	
1) Schmidt, Quinn 09	2) Duwa, Keaton 10			
3) Schaefer, Cary 10	4) Miller, Peyton 10			
16 DSM Christian		3:43.34	1	
1) Matthes, Calvin 09	2) Lowe, Jake 12			
3) Herbers, Nathan 11	4) Hawley, Nathan 12			
17 Osage		3:44.11	1	
1) Lawler, Evan 12	2) Taets, Thurston 10			
3) Havel, Collin 12	4) Huftalin, Ben 11			
18 South Cent Cal		3:44.28	3	
1) Henkenius, Derrick 12	2) Ludwig, Conner 12			
3) King, Kyle 12	4) McAlister, Chase 09			
19 E Marshall, L		3:44.84	2	
1) West, Cliff 12	2) Long, Nick 12			
3) Fogt, Brandon 10	4) Anderson, Eli 10			
20 Denver		3:44.93	1	
1) Joerger, Sam 10	2) Deutmeyer, Blake 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys Distance Medley 2A**

3) Habben, Jordan 12	4) Jessen, Tyler 12		
21 Southeast Valley		3:45.33	3
1) Miller, Zeke 12	2) Swieter, Aaron 11		
3) Steck, Carter 12	4) Johnson, Nolan 10		
22 Hinton		3:47.82	2
1) Henrich, Terrill 12	2) Hicklin, Joseph 11		
3) Mossberg, Tyler 11	4) VandeHoef, Blake 12		
23 Earlham		3:50.16	1
1) Matchem, Lazarick 10	2) Algreen, Andy 12		
3) Kasap, Eli 11	4) Payne, Thomas 11		
-- Cherokee, Wash			DQ 1
1) Meitzenheimer, Mason 12	2) Lafleur, Isaac 11		
3) Wharton, Evan 12	4) VanDelune, Joel 11		

Boys 4x110 Meter Shuttle Hurdle 2A

State Record: * 56.99	5/22/2014	Sioux Center, Sioux Center
		C Rozeboom, A Bakker, D Hooyer, D Van't Hof
All-Time: ! 55.78	5/24/2014	Waukeez, Waukeez
		J Brdicko, K Renshaw, S Stanley, J Brdicko
School		Prelims H#

Preliminaries

1 West Branch		57.57q	5
1) Koenig, Cooper 12	2) Kabela, Cooper 11		
3) Shawver, Matt 12	4) Wargo, Hunter 12		
2 Beckman, D		57.75q	3
1) Smith, Noah 12	2) Brown, Mark 10		
3) Keegan, Dillon 12	4) Stelken, Sam 11		
3 Clarinda		58.01q	1
1) Shatava, Lucas 11	2) Carlson, Zach 11		
3) Clark, JJ 12	4) Carlson, Jacob 12		
4 Dike-NH		58.94q	6
1) Kugel, Kody 12	2) Durnin, Nick 11		
3) Adams, Tucker 12	4) Goos, Brody 12		
5 Sibley-Ocheyedan		59.46q	6
1) Lowe, Kyle 11	2) Sayler, Garrett 11		
3) Jenness, Colvin 10	4) Marco, Carson 12		
6 Lake Mills		59.89q	4
1) Fjelstad, Grant 10	2) Dugger, Charlie 11		
3) Boehmer, Grant 12	4) Bergo, Max 12		
7 KP-WC		1:00.29q	1
1) Burbach, Ben 11	2) Laddusaw, Jordan 12		
3) Hayden, Joe 12	4) Roth, Zach 12		
8 Clear Lake		1:00.72q	5
1) Truesdell, Parker 12	2) Crispin, Parker 11		
3) Lester, Zach 10	4) Bacon, Chase 12		
9 Cascade, WD		1:00.94	3
1) Trumm, Kurt 12	2) Gibbs, Mitchell 10		
3) Otting, Logan 09	4) McAllister, Will 11		
10 Saint Ansgar		1:01.08	2
1) Bruce, Brody 11	2) Hemann, Jacob 11		
3) Bruce, Cutter 12	4) Willert, Cole 11		
11 Sheldon		1:01.36	4

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys 4x110 Meter Shuttle Hurdle 2A

1) Winkel, Brandon 11	2) Wynia, Quinten 09		
3) Kleinhesselink, Jaden 10	4) Kleinhesselink, Colby 12		
12 Camanche		1:01.38	2
1) Seeser, Will 12	2) Dodson, Dylan 12		
3) Hardison, Blake 09	4) Bialas, Blake 12		
13 Denver		1:01.42	6
1) Siech, Mitch 12	2) Joerger, Sam 10		
3) Matthias, Curren 11	4) Barrett, Eli 11		
14 Tipton		1:02.01	3
1) Jensen, Parker 11	2) Ormsby, Griffin 12		
3) Claussen, Brendan 11	4) Zell, Wesley 11		
15 Earlham		1:02.11	6
1) Geneser, Jack 12	2) Miller, Harrison 10		
3) Algreen, Andy 12	4) Kasap, Eli 11		
16 Hinton		1:02.48	5
1) Schwaderer, Alex 12	2) Faith, Matt 10		
3) Bishop, Daniel 11	4) Henrich, Terrill 12		
17 N Fayette Val		1:02.50	1
1) Burrow, Jace 10	2) Weidemann, Trevor 11		
3) Hurd, Trevor 12	4) Kerr, Jared 12		
18 CMB, Baxter		1:02.64	2
1) Gunderson, Ben 11	2) Howes, Lane 12		
3) Ritter, Brad 12	4) Stover, Brady 12		
19 W Lyon, Inwood		1:02.76	3
1) Heyer, Isaac 11	2) Bruggeman, Logan 10		
3) Van't Hof, Noah 10	4) Rentschler, Mitchell 10		
20 West Liberty		1:05.61	4
1) Hartman, Michael 10	2) Revelez, Armando 11		
3) Feldman, Parker 12	4) Walshire, Joshua 12		
-- Albia		FS	2
1) Bayer, Blake 12	2) Stringfellow, Tyler 10		
3) Crall, Cade 10	4) Clouse, Jacob 11		
-- Anamosa		DQ	1
1) Zumbach, Tyler 12	2) Snyder, Dirk 12		
3) Schulte, Kolin 12	4) Wehling, Trevor 12		
-- Madrid		DQ	4
1) Polich, Carson 12	2) Santi, Michael 11		
3) Hoyt, Brody 11	4) Kirkpatrick, Cade 12		
-- W Burlington/ND		DQ	5
1) Brissey, Derek 12	2) Lewis, Jamar 10		
3) Giannettino, Jack 11	4) Redd, Darius 12		

Boys 4x110 Meter Shuttle Hurdle 2A

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=====
State Record: * 56.99 5/22/2014 Sioux Center, Sioux Center
                  C Rozeboom, A Bakker, D Hooyer, D Van't Hof
All-Time: ! 55.78 5/24/2014 Waukee, Waukee
                  J Brdicko, K Renshaw, S Stanley, J Brdicko
School                                                    Finals H# Points
=====
Finals
1 Clarinda                    57.16  2  10
  1) Shatava, Lucas 11
  2) Carlson, Zach 11
  3) Clark, JJ 12
  4) Carlson, Jacob 12
    
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Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys 4x110 Meter Shuttle Hurdle 2A

2 West Branch	57.44	2	8
1) Koenig, Cooper 12	2) Kabela, Cooper 11		
3) Shawver, Matt 12	4) Wargo, Hunter 12		
3 Dike-NH	58.88	2	6
1) Kugel, Kody 12	2) Durnin, Nick 11		
3) Adams, Tucker 12	4) Goos, Brody 12		
4 Lake Mills	59.37	1	5
1) Fjelstad, Grant 10	2) Dugger, Charlie 11		
3) Boehmer, Grant 12	4) Bergo, Max 12		
5 Clear Lake	59.73	1	4
1) Truesdell, Parker 12	2) Crispin, Parker 11		
3) Lester, Zach 10	4) Bacon, Chase 12		
6 Sibley-Ocheyedan	59.75	1	3
1) Lowe, Kyle 11	2) Sayler, Garrett 11		
3) Jenness, Colvin 10	4) Marco, Carson 12		
7 KP-WC	1:00.15	1	2
1) Burbach, Ben 11	2) Laddusaw, Jordan 12		
3) Hayden, Joe 12	4) Roth, Zach 12		
-- Beckman, D	DQ	2	
1) Smith, Noah 12	2) Brown, Mark 10		
3) Keegan, Dillon 12	4) Stelken, Sam 11		

Boys High Jump 2A

=====					
State Record: * 7-03.50 1981 Brian Tietjens, North Central					
All-Time: ! 7-03.50 1981 Brian Tietjens, North Central, Manly					
Name	Year	School	Finals	Points	
=====					
1 Williams, Xavior	12	W Burlington/ND	7-00.00	2.13m	10
2 VandeHoef, Blake	12	Hinton	6-09.00	2.05m	8
3 Durbin, Cody	12	OA-BCIG	6-07.00	2.00m	6
4 Rupiper, Miles	10	Kuemper Cath	6-05.00	1.95m	4.50
4 Cowles, Caleb	11	Davis County, B	6-05.00	1.95m	4.50
6 Rieniets, Garrett	12	Monticello	6-03.00	1.90m	3
7 Kirkpatrick, Cade	12	Madrid	J6-03.00	1.90m	2
8 Steiner, Noah	12	Monticello	J6-03.00	1.90m	0.50
8 Dodson, Dylan	12	Camanche	J6-03.00	1.90m	0.50
10 Snodgrass, Tate	11	W Burlington/ND	J6-03.00	1.90m	
11 Feldman, Noah	11	West Liberty	J6-03.00	1.90m	
12 Korver, Calvin	12	Unity Chrst, OC	J6-03.00	1.90m	
13 Hoffman, Trace	12	Cascade, WD	6-01.00	1.85m	
14 Johnson, Ammari	10	Woodward Acad	J6-01.00	1.85m	
14 Hoyer, Braeden	09	Northeast, GL	J6-01.00	1.85m	
16 Lode, Tyler	09	Sheldon	J6-01.00	1.85m	
17 Heald, Gavin	12	Van Buren/Harmony	5-11.00	1.80m	
18 Dondiego, Axel	11	Northeast, GL	J5-11.00	1.80m	
19 Kramer, Jacob	12	Pocahon Area	J5-11.00	1.80m	
20 Gronowski, Nic	12	Dike-NH	5-09.00	1.75m	
21 Deutmeyer, Blake	12	Denver	J5-09.00	1.75m	
21 Bahr, Colton	10	South Cent Cal	J5-09.00	1.75m	
23 Schwamman, Lucas	10	Osage	J5-09.00	1.75m	
-- Wille, Wyatt	12	Waukon	NH		

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Results

Boys Long Jump 2A

=====							
State Record: *		24-03	1985	Matt Zuber, Iowa Valley			
All-Time: !		24-09.50	1984	Chris Walker, Davenport Central			
Name	Year	School	Finals	Wind		H#	Points
=====							
1	Williams, Xavior	12	W Burlington/ND	23-08.25	NWI	7.21m	2 10
2	Koenig, Cooper	12	West Branch	23-05.00	NWI	7.13m	2 8
3	Rupiper, Miles	10	Kuemper Cath	22-00.50	NWI	6.71m	2 6
4	Ferguson, Spencer	12	W Burlington/ND	21-07.50	NWI	6.59m	2 5
5	Abdullah, Asani	11	Woodward Acad	21-03.25	NWI	6.48m	2 4
6	Larkin, John	11	Cascade, WD	21-01.75	NWI	6.44m	2 3
7	VandeHoef, Blake	12	Hinton	20-11.00	NWI	6.37m	1 2
8	Wilkie, Jordin	12	South Hardin	20-07.25	NWI	6.28m	2 1
9	Tyree, Hunter	10	Pleasantville	20-06.75	NWI	6.26m	2 2
10	Gebel, Miles	12	OA-BCIG	20-05.25	NWI	6.22m	1 1
11	Edgerton, Hunter	12	South Hardin	20-04.00	NWI	6.19m	2 2
12	Durnin, Nick	11	Dike-NH	20-03.00	NWI	6.17m	2 2
13	Daley, Brett	11	Treynor	J20-03.00	NWI	6.17m	1 1
14	Ludwig, Conner	12	South Cent Cal	19-07.00	NWI	5.96m	1 1
15	Zumbach, Tyler	12	Anamosa	19-06.50	NWI	5.95m	1 1
16	Harkins, Joey	11	Earlham	19-05.75	NWI	5.93m	1 1
17	Ward, Nathan	11	S Winn, Calmar	J19-05.75	NWI	5.93m	1 1
18	Coberley, Beau	10	W Marshall, SC	19-04.50	NWI	5.90m	1 1
19	Stanford, Cole	12	Oelwein	19-03.75	NWI	5.88m	1 1
20	Anderson, Tyler	12	Forest City	J19-03.75	NWI	5.88m	1 1
21	Phillips, Elliot	12	Oelwein	19-03.00	NWI	5.86m	1 1
22	Vander Kooi, Jonah	10	Unity Chrst, OC	19-01.50	NWI	5.82m	1 1
23	Pringle, Eddie	11	Pella Christian	19-00.75	NWI	5.81m	2 2
--	Luna, Jakob	12	Dike-NH	FOUL			2 2

Boys Shot Put 2A

=====							
State Record: *		61-11.25	1977	Jeff DeVilder, BGM			
All-Time: !		70-11	1968	Doug Lane, Cedar Rapids Jefferson			
Name	Year	School	Finals			H#	Points
=====							
1	Phelps, Nick	10	KP-WC	61-01.75	18.63m	2	10
2	Brinkman, Jared	11	Regina, IC	61-01.00	18.61m	2	8
3	Duwa, Levi	11	Mid-Prairie, W	57-09.50	17.61m	2	6
4	Timm, Zach	12	Monticello	56-06.75	17.24m	2	5
5	Fenchel, Caden	11	W Christ, Hull	55-05.25	16.89m	2	4
6	Reed, Davonius	12	Apltn-Park	52-02.50	15.91m	1	3
7	Mulford, Matt	12	New Hampton	52-01.75	15.89m	2	2
8	Brimm, Kooper	12	Clarke, O	51-02.75	15.61m	2	1
9	Kemp, Brady	11	CMB, Baxter	50-08.50	15.45m	1	
10	Meek, Ryder	10	OA-BCIG	48-10.50	14.89m	2	
11	Hennessy, Carter	12	Union, LaPorte C	48-06.25	14.78m	1	
12	Toenjes, Colby	12	Anamosa	47-08.75	14.54m	1	
13	Neisen, Mason	11	Denver	47-02.25	14.38m	2	
14	Keift, Ko	12	Sioux Center	46-11.00	14.30m	1	
15	Duncan, Taylor	12	East Sac County	46-09.50	14.26m	1	
16	Clapper, Will	09	CMB, Baxter	J46-09.50	14.26m	1	
17	Guess, Connor	10	Van Meter	46-00.25	14.02m	2	
18	Shipman, Colton	11	Forest City	45-10.50	13.98m	1	
19	Lingenfelter, Ben	11	Cherokee, Wash	45-08.50	13.93m	1	

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....Boys Shot Put 2A

20 Wiles, Truman	12 West Central	45-05.75	13.86m	1
21 Jurgensmeier, Collin	11 Hinton	45-02.50	13.77m	1
22 Brown, Kyle	11 Forest City	43-04.75	13.22m	1
23 Harris, Juan	11 N Fayette Val	41-11.50	12.78m	2
-- Lensing, Carson	12 S Winn, Calmar	FOUL		2

Boys Discus Throw 2A

State Record: * 186-02 1991 Allan Walz, Bondurant-Farrar

All-Time: ! 207-08 1978 Scott Crowell, Mason City

Name	Year	School	Finals	H#	Points
1 Phelps, Nick	10	KP-WC	176-02	53.69m	2 10
2 Kirkpatrick, Coy	11	Madrid	175-00	53.34m	2 8
3 Lensing, Carson	12	S Winn, Calmar	167-00	50.90m	2 6
4 Lingenfelter, Ben	11	Cherokee, Wash	164-06	50.13m	2 5
5 Reed, Davonius	12	Apltn-Park	163-08	49.88m	2 4
6 Esmoil, Bryce	10	West Liberty	155-06	47.39m	1 3
7 Fenchel, Caden	11	W Christ, Hull	150-09	45.94m	2 2
8 Wiles, Truman	12	West Central	149-00	45.41m	1 1
9 Baldus, Theo	10	Saint Ansgar	148-03	45.18m	2
10 Brinkman, Jared	11	Regina, IC	147-06	44.95m	1
11 Webner, Matt	11	Panorama, P	146-07	44.67m	2
12 DeSmet, Zach	10	W Lyon, Inwood	146-03	44.57m	2
13 Clark, Noah	11	PCM, Monroe	144-04	43.99m	1
14 Hodak, Aizik	09	Central Springs	143-00	43.58m	1
15 Van Marel, Ryan	10	Sheldon	142-01	43.30m	1
16 Sohn, Ty	12	Dike-NH	140-08	42.87m	1
17 Miller, Tanner	12	Madrid	139-08	42.57m	1
18 Carr, Aidan	12	Hampton-Dumont	136-11	41.73m	1
19 Lehmann, Tommy	12	Beckman, D	136-10	41.70m	2
20 Ney, Darin	12	N Fayette Val	136-08	41.65m	2
21 Duwa, Levi	11	Mid-Prairie, W	136-06	41.60m	1
22 Noonan, Brendan	11	Cascade, WD	135-01	41.17m	2
23 Weidauer, Devon	12	Pocahon Area	133-10	40.79m	1
24 Hoffmann, Korbin	10	Northeast, GL	92-11	28.32m	1

Boys 100 Meter Dash 3A

State Record: * 10.76 2002 Adam Haluska, Carroll

All-Time: ! 10.10 2002 Adam Haluska, Carroll

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Wall, Brady	11	SB-Luton	11.13q	-1.7	2
2 Freeman, Rancy	09	DC-Grimes	11.30q	-0.7	3
3 Hicks, Eli	12	Boone	11.31q	-2.3	1
4 Christensen, Nate	12	Solon	11.32q	-0.7	3
5 Harris, Terry	11	Central DeWitt	11.36q	-1.7	2
6 Van Sant, Chase	12	Pella	11.38q	-2.3	1
7 Wilson, Riley	12	Crestwood	11.39q	-0.7	3
8 Hyland, Nick	12	Vinton-Shellbrg	11.40q	-2.3	1
9 Neese, Max	12	Greene County	11.41	-2.3	1 11.403
10 George, Matthew	12	SB-Luton	11.41	-0.7	3 11.407

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....Boys 100 Meter Dash 3A

11 Johnson, Elijah	11 Boone	11.48	-0.7	3	
12 Hughes, Blake	12 Williamsburg	11.50	-2.3	1	11.493
12 Millermon, Dylan	11 Carroll	11.50	-0.7	3	11.493
12 Micetich, Taylor	12 Centerville	11.50	-1.7	2	11.493
15 Redd, Fejon	12 Fairfield	11.51	-1.7	2	
16 Levy, Jayce	10 Assumption	11.56	-1.7	2	
17 Sharp, Peyton	12 Nevada	11.57	-0.7	3	
18 Nemmers, Colin	11 LeMars	11.62	-1.7	2	11.614
19 Dvorak, Cody	11 Gilbert	11.62	-2.3	1	11.619
20 Dunlap, Reece	10 Perry	11.70	-1.7	2	
21 Kloft, Jacob	12 Maquoketa	11.71	-0.7	3	
22 Zwiefel, Keagan	12 Algona	11.76	-2.3	1	
23 Perfect, Noah	10 Webster City	11.80	-1.7	2	
24 Kuntz, Alden	09 Wahlert, Dub	11.89	-2.3	1	

Boys 100 Meter Dash 3A

State Record: *	10.76	2002	Adam Haluska, Carroll		
All-Time: !	10.10	2002	Adam Haluska, Carroll		
Name	Year	School	Finals	Wind	Points

Finals

1 Hicks, Eli	12 Boone	11.02	-1.5	10	
2 Wall, Brady	11 SB-Luton	11.10	-1.5	8	
3 Hyland, Nick	12 Vinton-Shellbrg	11.16	-1.5	6	
4 Van Sant, Chase	12 Pella	11.19	-1.5	5	
5 Wilson, Riley	12 Crestwood	11.22	-1.5	4	
6 Freeman, Rancy	09 DC-Grimes	11.25	-1.5	3	
7 Christensen, Nate	12 Solon	11.28	-1.5	2	
8 Harris, Terry	11 Central DeWitt	11.34	-1.5	1	

Boys 200 Meter Dash 3A

State Record: *	21.56	2002	Adam Haluska, Carroll		
All-Time: !	20.80	1994	Tim Dwight, Iowa City High		
Name	Year	School	Prelims	Wind	H#

Preliminaries

1 Wall, Brady	11 SB-Luton	22.12q	-1.9	1	
2 Hicks, Eli	12 Boone	22.18q	-1.6	2	
3 Van Sant, Chase	12 Pella	22.28q	0.3	3	
4 Hughes, Blake	12 Williamsburg	22.42q	0.3	3	
5 Ontiveros, Will	12 Assumption	22.44q	-1.6	2	
6 Girres, Drew	12 SB-Luton	22.54q	-1.9	1	
7 Klein, Marcus	12 Harlan	22.64q	-1.6	2	
8 Zwiefel, Keagan	12 Algona	22.68q	0.3	3	
9 Neese, Max	12 Greene County	22.72	-1.9	1	
10 Van Maanen, Myles	12 Boy-Hul/Rock Val	22.77	-1.6	2	
11 Cox, Matt	12 North Polk, A	22.80	-1.9	1	
12 Decker, Mavrick	11 Glenwood	22.86	0.3	3	
13 Freeman, Rancy	09 DC-Grimes	22.88	-1.6	2	
14 Christensen, Nate	12 Solon	22.90	-1.6	2	22.899
15 Harris, Terry	11 Central DeWitt	22.90	-1.9	1	22.900
16 Johnson, Elijah	11 Boone	23.00	0.3	3	

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Results

....Boys 200 Meter Dash 3A

17 Rosing, Noah	11 Ballard	23.04	0.3	3
18 Clark, Kolbie	11 S Tama Cty, Tama	23.11	-1.9	1
19 Wilson, Riley	12 Crestwood	23.12	-1.6	2
20 Micetich, Taylor	12 Centerville	23.32	-1.9	1
21 Biliew, Nhial	12 Denison-Schlswg	23.34	-1.6	2 23.334
22 Rose, Tyjon	10 Ia Falls-Alden	23.34	0.3	3 23.340
23 Dunlap, Reece	10 Perry	23.35	0.3	3
24 Kerian, Dalton	12 Crestwood	23.93	-1.9	1

Boys 200 Meter Dash 3A

State Record: *	21.56	2002	Adam Haluska, Carroll			
All-Time: !	20.80	1994	Tim Dwight, Iowa City High			
Name		Year	School	Finals	Wind	Points

Finals

1 Hicks, Eli	12 Boone	21.68	-0.4	10
2 Wall, Brady	11 SB-Luton	21.97	-0.4	8
3 Van Sant, Chase	12 Pella	22.16	-0.4	6
4 Ontiveros, Will	12 Assumption	22.31	-0.4	5
5 Zwiefel, Keagan	12 Algona	22.33	-0.4	4
6 Girres, Drew	12 SB-Luton	22.35	-0.4	3
7 Hughes, Blake	12 Williamsburg	22.40	-0.4	2
8 Klein, Marcus	12 Harlan	22.60	-0.4	1

Boys 400 Meter Dash 3A

State Record: *	48.11	5/20/2005	Greg Offerman, Charles City			
All-Time: !	47.01	2002	Calvin Davis, Iowa City High			
Name		Year	School	Finals	H#	Points

1 Frost, JoJo	11 Center Point	49.02	3	10
2 Bartz, Tyler	11 Vinton-Shellbrg	49.05	3	8
3 Barnes, Joel	12 Vinton-Shellbrg	49.68	3	6
4 Klein, Marcus	12 Harlan	49.91	3	5
5 Emmanuel, Ross	12 Fairfield	50.18	3	4
6 Chandler, Jordan	11 Waverly-SR	50.35	3	3
7 Allen, Sam	11 Grinnell	50.40	3	2
8 Biliew, Nhial	12 Denison-Schlswg	50.58	3	1
9 Renken, Zach	11 Spirit Lake	50.75	1	
10 Gatrost, Wyatt	12 Center Point	50.77	2	
11 Boekelman, Ty	10 SB-Luton	51.01	1	
12 Jacobsen, Anthony	12 DC-Grimes	51.05	2	
13 Nelson, Nick	12 Winterset	51.22	2	
14 Clark, Kolbie	11 S Tama Cty, Tama	51.24	2	
15 Sheridan, Devin	10 Ia Falls-Alden	51.45	1	
16 Dodd, Brennen	11 Newton	51.49	1	
17 Odden, Kaleb	11 Ballard	51.69	1	
18 Sanchez, Terrence	12 SB-Luton	51.74	2	
19 Dall, Graeson	11 Solon	51.76	1	
20 Kennedy, Nate	10 Glenwood	51.86	2	
21 Medina, Adan	11 Perry	52.00	2	
22 Feldman, Jacob	12 Mt Vernon	53.36	1	
23 Eldridge, Jeremiah	12 Spirit Lake	53.72	1	

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Results

....Boys 400 Meter Dash 3A

-- Ontiveros, Will 12 Assumption DQ 2

Boys 800 Meter Run 3A

=====					
State Record: *	1:53.74	2008	Isaac Wendland, Charles City		
All-Time: !	1:49.3h	1975	David Korir, Cedar Rapids Washington		
Name	Year	School	Finals	H#	Points
=====					
1	Gatrost, Wyatt	12 Center Point	1:56.27	1	10
2	Emmanuel, Ross	12 Fairfield	1:56.31	2	8
3	Vande Lune, Payson	12 Pella	1:57.64	2	6
4	Boomsma, Landon	11 Ia Falls-Alden	1:57.82	2	5
5	Haun, Brett	12 North Polk, A	1:58.05	2	4
6	Gerke, Josh	11 Xavier, CR	1:58.07	2	3
7	Schaefer, Jonathan	12 Wahlert, Dub	1:58.30	2	2
8	Huyser, Carter	09 Oskaloosa	1:58.72	2	1
9	Wilch, Peyton	12 Mt Vernon	1:59.11	1	
10	Dall, Graeson	11 Solon	1:59.62	1	
11	Preston, Levi	12 Harlan	1:59.68	2	
12	Eden, Jaxson	10 Atlantic	2:01.56	2	
13	Casotti, Tyler	09 Boone	2:01.95	2	
14	Meyer, River	09 MOC-FV	2:02.47	1	
15	Leshner, Wes	11 North Polk, A	2:02.71	1	
16	Ashley, Seth	12 DC-Grimes	2:02.74	1	
17	Meyer, Tim	12 Decorah	2:03.33	1	
18	Exline, Bryce	11 Chariton	2:03.56	1	
19	Krogmann, Zach	11 Mt Vernon	2:03.69	1	
20	Delaney, Joe	12 Spencer	2:04.26	2	
21	Vanderham, Kyle	10 Mt Pleasant	2:04.47	1	
22	Clower, Thomas	10 Grinnell	2:05.01	1	
23	Walsh, Nick	12 Creston	2:06.40	1	

Boys 1600 Meter Run 3A

=====					
State Record: *	4:09.67	5/23/2015	Thomas Pollard, Gilbert		
All-Time: !	4:05.6h	1976	Ed DeLashmutt, Fort Madison		
Name	Year	School	Finals	Points	
=====					
1	Bach, Myles	10 Marion	4:29.89	10	
2	Peters, Nic	12 Estherville-LC	4:30.73	8	
3	Young, Jack	11 Mt Vernon	4:33.16	6	
4	Schulte, Jackson	12 Grinnell	4:33.87	5	
5	Tener, Jake	12 Clear Crk-Amana	4:36.46	4	
6	Eden, Jaxson	10 Atlantic	4:37.90	3	
7	Hannemann, Gabe	09 SB-Luton	4:39.61	2	
8	Engen, Trey	09 Algona	4:40.70	1	
9	Sievers, Adam	12 Pella	4:41.32		
10	Winegardner, Blaise	10 Pella	4:41.50		
11	Wolfe, David	09 Mt Vernon	4:41.52		
12	Fopma, Jeremy	10 Marion	4:41.54		
13	Waymire, Jacob	10 DC-Grimes	4:43.43		
14	Orput, JJ	11 Carlisle	4:44.60		
15	Steffensmeier, Aaron	10 Fort Madison	4:45.19		
16	Tharp, Cole	10 Vinton-Shellbrg	4:46.38		

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17 Boomsma, Landon	11 Ia Falls-Alden	4:46.86
18 Culpepper, Steven	12 Xavier, CR	4:48.49
19 Ockey, John	09 Gilbert	4:49.02
20 Hagen, Chandler	12 Carroll	4:49.32
21 Adams, Ryan	11 Independence	4:51.24
22 McMahan, Matt	12 W Delaware	4:54.96
23 Covington, Parson	09 Glenwood	4:55.91

Boys 3200 Meter Run 3A

=====				
State Record: * 8:50.43 5/22/2014 Thomas Pollard, Gilbert				
All-Time: ! 8:50.43 5/22/2014 Thomas Pollard, Gilbert				
Name	Year	School	Finals	Points
=====				
1 Bach, Myles	10	Marion	9:38.36	10
2 Peters, Nic	12	Estherville-LC	9:41.07	8
3 Schulte, Jackson	12	Grinnell	9:45.68	6
4 Young, Jack	11	Mt Vernon	9:50.43	5
5 Orput, JJ	11	Carlisle	9:57.22	4
6 Bernhagen, Nick	11	Pella	9:58.23	3
7 Fopma, Jeremy	10	Marion	10:00.70	2
8 O'Halloran, Trenton	10	Grinnell	10:04.24	1
9 Tener, Jake	12	Clear Crk-Amana	10:04.82	
10 Cavanaugh, Dylan	11	Storm Lake	10:08.20	
11 Conroy, Liam	11	Mt Vernon	10:10.78	
12 Keller, Blake	12	S Tama Cty, Tama	10:11.87	
13 Hagen, Chandler	12	Carroll	10:11.94	
14 Ritz, Connor	11	Bishop Heelan	10:12.97	
15 Hornbuckle, Malachi	10	Nevada	10:15.21	
16 Harrington, Alec	12	Spirit Lake	10:17.62	
17 Evans, Luke	12	Chariton	10:18.57	
18 Larson, Andrew	12	Decorah	10:25.64	
19 McCullough, Eamonn	10	Waverly-SR	10:26.47	
20 Francois, Jonathan	12	Xavier, CR	10:29.23	
21 Courtney, Ryan	11	Humboldt	10:29.41	
22 Bodenham, Adam	11	Mt Pleasant	10:30.47	
-- Winegardner, Blaise	10	Pella		DNF

Boys 110 Meter Hurdles 3A

=====					
State Record: * 14.03 5/23/2014 Connor Ham, Solon					
All-Time: ! 13.60 1977 Randy Elliott, Charles City					
Name	Year	School	Prelims	Wind	H#
=====					
Preliminaries					
1 Frost, JoJo	11	Center Point	14.83q	-1.2	3
2 Reed, Lantz	11	Boone	14.91q	-2.7	1
3 Reed, Austin	12	Oskaloosa	14.92q	-1.2	3
4 Benshoof, Brad	11	Winterset	14.95q	-1.2	3
5 Reed, Gratt	10	Atlantic	15.20q	-2.0	2
6 Charipar, Bryce	12	Xavier, CR	15.22q	-2.7	1
7 Buma, Michael	12	Pella	15.26q	-2.0	2
8 Wright, Dallas	11	Carlisle	15.57q	-2.7	1
9 Brooks, Blair	10	Marion	15.58	-2.0	2

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10	Lowe, Jake	10	Mt Pleasant	15.79	-1.2	3
11	Black, Andrew	11	Carlisle	15.88	-1.2	3
12	Baldus, Devan	11	Boone	16.00	-2.0	2
13	Marshall, Koal	10	Benton Comm	16.05	-1.2	3
14	Clark, Blaine	12	Glenwood	16.06	-2.7	1
15	Bex, Celeb	11	Washington	16.08	-2.7	1
16	Ira, Luke	10	Solon	16.12	-2.7	1
17	Sharp, Alex	10	Gilbert	16.19	-2.0	2
18	Rogers, Ryan	11	Wahlert, Dub	16.24	-2.0	2
19	Buhman, Cameron	12	LeMars	16.29	-2.0	2
20	Clapper, Damon	10	DC-Grimes	16.38	-2.7	1
21	Ellis, Luke	12	Grinnell	16.49	-1.2	3
22	Sarchett, Logan	12	Center Point	16.62	-2.0	2
23	Boddie, Quenton	12	LeMars	16.87	-2.7	1
24	Burns, Cole	10	Mt Pleasant	17.47	-1.2	3

Boys 110 Meter Hurdles 3A

=====						
State Record:	*	14.03	5/23/2014	Connor Ham,	Solon	
All-Time:	!	13.60	1977	Randy Elliott,	Charles City	
Name		Year	School	Finals	Wind	Points
=====						

Finals

1	Reed, Lantz	11	Boone	14.42	-0.6	10
2	Frost, JoJo	11	Center Point	14.43	-0.6	8
3	Reed, Austin	12	Oskaloosa	14.57	-0.6	6
4	Benshoof, Brad	11	Winterset	14.77	-0.6	5
5	Buma, Michael	12	Pella	14.93	-0.6	4
6	Wright, Dallas	11	Carlisle	14.96	-0.6	3
7	Charipar, Bryce	12	Xavier, CR	15.07	-0.6	2
8	Reed, Gratt	10	Atlantic	15.08	-0.6	1

Boys 400 Meter Hurdles 3A

=====						
State Record:	*	51.35	5/20/2005	Greg Offerman,	Charles City	
All-Time:	!	50.96	1996	Dustin Avey,	Ames	
Name		Year	School	Finals	H#	Points
=====						

1	Frost, JoJo	11	Center Point	53.06	3	10
2	Renken, Zach	11	Spirit Lake	53.47	2	8
3	Holmes, Brendan	12	Atlantic	53.83	3	6
4	Heitshusen, Noah	12	Williamsburg	53.86	3	5
5	Whipple, Daric	12	Greene County	54.69	3	4
6	Buma, Michael	12	Pella	54.72	3	3
7	Von Essen, Carter	12	Glenwood	54.81	3	2
8	Wright, Dallas	11	Carlisle	55.21	3	1
9	Baldus, Devan	11	Boone	55.46	2	
10	Cochrane, Jack	11	Mt Vernon	55.53	2	
11	Benshoof, Brad	11	Winterset	55.60	3	
12	Feather, Jason	12	Spirit Lake	55.81	1	
13	Satarn, Trevor	12	Humboldt	55.85	2	
14	Reed, Gratt	10	Atlantic	56.08	1	
15	Petersen, Caleb	12	Glenwood	56.14	2	
16	Lowe, Jake	10	Mt Pleasant	56.15	2	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 400 Meter Hurdles 3A

17 Sharp, Alex	10 Gilbert	56.29	1
18 Bertrand, Callen	12 DC-Grimes	56.38	2
19 Sharp, Peyton	12 Nevada	56.62	2
20 Timm, Joe	12 Mt Vernon	56.63	1
21 Varney, Gabriel	12 Decorah	56.69	1
22 Skalnik, Garrett	10 DC-Grimes	57.29	1
23 Secrest-Seelman, Cooper	12 Clear Crk-Amana	58.59	1
24 Njus, Chris	09 Waverly-SR	59.64	1

Boys 4x100 Meter Relay 3A

=====
 State Record: * 42.18 2008 Xavier, Cedar Rapids, Xavier, CR
 D Kramer, D Woolner, C Reed, B Colston
 All-Time: ! 41.33 1996 Iowa City High, Iowa City High
 School Prelims H#
 =====

Preliminaries

1 Boone		43.09q	1
1) Vodenik, Alex 12	2) Sherrard, Kaden 11		
3) Johnson, Elijah 11	4) Hicks, Eli 12		
2 Vinton-Shellbrg		43.17q	1
1) Garwood, Cole 12	2) Barnes, Joel 12		
3) Womochil, Jordan 12	4) Hyland, Nick 12		
3 SB-Luton		43.21q	2
1) George, Matthew 12	2) Sanchez, Terrence 12		
3) Girres, Drew 12	4) Wall, Brady 11		
4 Assumption		43.26q	3
1) Schwartzhoff, Patrick 12	2) Levy, Jayce 10		
3) Oxendine, Stan 12	4) Ontiveros, Will 12		
5 Solon		43.52q	3
1) Black, Bo 11	2) Roeder, Matthew 12		
3) Childs, Brandan 12	4) Christensen, Nate 12		
6 Williamsburg		43.71q	1
1) Hazen-Fabor, Gage 09	2) Heitshusen, Noah 12		
3) Greiner, Derek 11	4) Hughes, Blake 12		
7 Estherville-LC		43.76q	3
1) McDonald, Myles 11	2) Christensen, Dan 12		
3) Miller, Alex 12	4) DeVary, Kyle 12		
8 Benton Comm		43.87q	2
1) Sindt, Connor 11	2) Cooper, Lathan 12		
3) Heilman, James 12	4) Michels, Jordan 12		
9 Pella		43.88	2
1) Buma, Michael 12	2) Van Zee, Avery 10		
3) Henry, Nathan 12	4) Van Sant, Chase 12		
10 Algona		43.91	3
1) Kpor, Jon 11	2) Christensen, Seth 12		
3) Arrowood, Noah 12	4) Zwiefel, Keagan 12		
11 Crestwood		43.92	3
1) Slifka, Connor 12	2) Bohr, Tristan 12		
3) Wilson, Riley 12	4) Kerian, Dalton 12		
12 Nevada		43.96	1
1) Sellberg, Brendan 10	2) Hillock, Lane 12		
3) Fevold, Erik 12	4) Sharp, Peyton 12		
13 Central DeWitt		43.99	3

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x100 Meter Relay 3A**

1) Harris, Terry 11	2) Ellison, Brady 10		
3) Templeton, Addison 11	4) Fuller, Gage 12		
14 Xavier, CR		44.12	2
1) Junge, Jax 10	2) Murphy, Sean 12		
3) Charipar, Bryce 12	4) Stark, Nick 12		
15 Greene County		44.14	2
1) Neese, Max 12	2) Stoline, Chase 11		
3) Lansman, Logan 11	4) Whipple, Daric 12		
16 Bishop Heelan		44.17	3
1) Tameklo, Emanuel 09	2) Yaneff, Joe 09		
3) Winders, Timmy 11	4) Clark, Odessa 12		
17 Spirit Lake		44.53	2
1) Phillips, Jacob 12	2) Moody, Matthew 11		
3) Ahrenstorff, Dawson 11	4) Backhaus, Logan 12		
18 Boy-Hul/Rock Val		44.57	1
1) Schafer, Jacob 11	2) Post, Brady 12		
3) Van Ginkel, Kyle 12	4) Van Maanen, Myles 12		
19 Webster City		44.63	2
1) Tanner, Jordan 10	2) Carter, Zane 11		
3) Kannuan, Payton 11	4) Perfect, Noah 10		
20 Bond-Farrar		44.75	1
1) Ridgeway, Trey 10	2) Yeager, Joseph 12		
3) Hulme, Cornell 11	4) Schlenker, Cole 12		
21 Carroll		44.93	3
1) Simmons, Nathan 12	2) Kautzky, Cole 12		
3) Higgins, Tanner 10	4) Millermon, Dylan 11		
22 Carlisle		45.20	2
1) Mortimer, Nate 10	2) Robertson, Brian 12		
3) Seskis, Kire 12	4) Stephens, Peyton 12		
23 Clear Crk-Amana		46.59	1
1) Goldsmith, David 12	2) Sheely, Dylan 10		
3) Stockman, Trever 09	4) Kabbage, Zach 09		
-- LeMars		DNF	1
1) Nemmers, Colin 11	2) Lampe, Carter 12		
3) Pauley, Tyler 12	4) Wichers, Mason 12		

Boys 4x100 Meter Relay 3A

State Record: *	42.18	2008	Xavier, Cedar Rapids, Xavier, CR
			D Kramer, D Woolner, C Reed, B Colston
All-Time: !	41.33	1996	Iowa City High, Iowa City High
School			Finals Points

Finals

1 Boone		42.67	10
1) Vodenik, Alex 12	2) Sherrard, Kaden 11		
3) Johnson, Elijah 11	4) Hicks, Eli 12		
2 Vinton-Shellbrg		42.83	8
1) Garwood, Cole 12	2) Barnes, Joel 12		
3) Womochil, Jordan 12	4) Hyland, Nick 12		
3 SB-Luton		43.09	6
1) George, Matthew 12	2) Sanchez, Terrence 12		
3) Girres, Drew 12	4) Wall, Brady 11		
4 Assumption		43.21	5

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 4x100 Meter Relay 3A

1) Schwartzhoff, Patrick 12	2) Levy, Jayce 10		
3) Oxendine, Stan 12	4) Ontiveros, Will 12		
5 Benton Comm		43.62	4
1) Sindt, Connor 11	2) Cooper, Lathan 12		
3) Heilman, James 12	4) Michels, Jordan 12		
6 Solon		43.73	3
1) Black, Bo 11	2) Roeder, Matthew 12		
3) Childs, Brandan 12	4) Christensen, Nate 12		
7 Williamsburg		43.97	2
1) Hazen-Fabor, Gage 09	2) Heitshusen, Noah 12		
3) Greiner, Derek 11	4) Hughes, Blake 12		
8 Estherville-LC		44.03	1
1) McDonald, Myles 11	2) Christensen, Dan 12		
3) Miller, Alex 12	4) DeVary, Kyle 12		

Boys 4x200 Meter Relay 3A

=====					
State Record: *	1:27.87	5/20/2016	SB-Luton, SB-Luton		
			M George, R McGregor, D Girres, B Wall		
All-Time: !	1:26.40	1997	Iowa City High, Iowa City High		
School			Finals	H#	Points
=====					
1	SB-Luton		1:27.87*	3	10
	1) George, Matthew 12	2) McGregor, Ryley 11			
	3) Girres, Drew 12	4) Wall, Brady 11			
2	Vinton-Shellbrg		1:28.98	3	8
	1) Hyland, Nick 12	2) Womochil, Jordan 12			
	3) Barnes, Joel 12	4) Bartz, Tyler 11			
3	Estherville-LC		1:29.67	3	6
	1) McDonald, Myles 11	2) Christensen, Dan 12			
	3) Miller, Alex 12	4) DeVary, Kyle 12			
4	Benton Comm		1:30.69	3	5
	1) Sindt, Connor 11	2) Cooper, Lathan 12			
	3) Heilman, James 12	4) Michels, Jordan 12			
5	Assumption		1:30.70	1	4
	1) Schwartzhoff, Patrick 12	2) Levy, Jayce 10			
	3) Oxendine, Stan 12	4) Ontiveros, Will 12			
6	Williamsburg		1:30.89	2	3
	1) Hazen-Fabor, Gage 09	2) Greiner, Derek 11			
	3) Heitshusen, Noah 12	4) Hughes, Blake 12			
7	Algona		1:31.03	3	2
	1) Christensen, Seth 12	2) Arrowood, Noah 12			
	3) Rash, Landon 12	4) Zwiefel, Keagan 12			
8	Carroll		1:31.06	3	1
	1) Simmons, Nathan 12	2) Kautzky, Cole 12			
	3) Higgins, Tanner 10	4) Millermon, Dylan 11			
9	Central DeWitt		1:31.13	2	
	1) Harris, Terry 11	2) Ellison, Brady 10			
	3) Burke, Matt 11	4) Fuller, Gage 12			
10	Solon		1:31.31	3	
	1) Childs, Brandan 12	2) Lawson, Spencer 12			
	3) Coons, Jacob 11	4) Roeder, Matthew 12			
11	Nevada		1:31.50	2	
	1) Sellberg, Brendan 10	2) Hillock, Lane 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 4x200 Meter Relay 3A

3) Fevold, Erik 12	4) Sharp, Peyton 12		
12 Spirit Lake		1:31.65	2
1) Phillips, Jacob 12	2) Moody, Matthew 11		
3) Ahrenstorff, Dawson 11	4) Backhaus, Logan 12		
13 DC-Grimes		1:31.78	2
1) Madsen, Sean 10	2) Kloewer, Austin 12		
3) Means, Keaton 12	4) Washington, Trey 11		
14 Bishop Heelan		1:32.03	1
1) Clark, Odessa 12	2) Winders, Timmy 11		
3) Karrer, Will 12	4) Yaneff, Joe 09		
15 Glenwood		1:32.11	3
1) McFarlin, Reagan 12	2) Nebel, Nate 11		
3) Von Essen, Carter 12	4) Decker, Mavrick 11		
16 Xavier, CR		1:32.39	2
1) Junge, Jax 10	2) Murphy, Sean 12		
3) Charipar, Bryce 12	4) Stark, Nick 12		
17 Wahlert, Dub		1:32.62	1
1) Flynn, Mason 12	2) Klein, Lyle 12		
3) Kuntz, Alden 09	4) Duehr, Joe 12		
18 LeMars		1:32.73	2
1) Nemmers, Colin 11	2) Buss, Silas 11		
3) Pauley, Tyler 12	4) Wichers, Mason 12		
19 Crestwood		1:32.86	2
1) Slifka, Connor 12	2) Bohr, Tristan 12		
3) Wilson, Riley 12	4) Kerian, Dalton 12		
20 Ia Falls-Alden		1:33.23	1
1) Rose, Tyjon 10	2) Kuhnle, Austin 12		
3) Harding, Cody 12	4) Meyer, Weston 11		
21 Bond-Farrar		1:33.28	1
1) Hulme, Cornell 11	2) Yeager, Joseph 12		
3) Carlson, John 10	4) Laven, Mackale 11		
22 ADM, Adel		1:33.35	1
1) McLaughlin, Reece 11	2) Volz, Trey 10		
3) Flora, Austin 11	4) Howard, David 11		
23 Fairfield		1:33.61	1
1) Redd, Fejon 12	2) Hoskins, Hunter 10		
3) Martin, Zach 12	4) Crile, Alex 12		
-- Waverly-SR			DQ 1
1) Sagbo, Rodrigue 10	2) Hemer, Ben 09		
3) Njus, Chris 09	4) McNally, Joe 11		

Boys 4x400 Meter Relay 3A

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State Record: * 3:18.24 2009      Bishop Heelan, SC, Bishop Heel
                P Ives, M Malloy, N Berger, B Dougherty
All-Time: ! 3:13.80 5/19/2006  Valley West Des Moines, WDM Va
                B Collins, Z Sandvig, R Keairnes, B McSkimming
School          Prelims H#
=====

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Preliminaries

1 SB-Luton		3:24.35q	1
1) Girres, Drew 12	2) Boekelman, Ty 10		
3) George, Matthew 12	4) Sanchez, Terrence 12		
2 DC-Grimes		3:24.93q	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 4x400 Meter Relay 3A

1) Bertrand, Callen 12	2) Rude, Jackson 12		
3) Ashley, Justin 12	4) Jacobsen, Anthony 12		
3 Spirit Lake		3:24.95q	2
1) Phillips, Jacob 12	2) Backhaus, Logan 12		
3) Skopec, Adam 10	4) Renken, Zach 11		
4 Vinton-Shellbrg		3:25.51q	3
1) Hyland, Nick 12	2) Bartz, Tyler 11		
3) Bohnsack, Blake 10	4) Barnes, Joel 12		
5 LeMars		3:25.79q	1
1) Nemmers, Colin 11	2) Lampe, Carter 12		
3) Pauley, Tyler 12	4) Wichers, Mason 12		
6 Harlan		3:26.24q	3
1) Preston, Levi 12	2) Lansman, Will 12		
3) Rasmussen, Caleb 11	4) Klein, Marcus 12		
7 Marion		3:26.47q	3
1) Matthes, Eli 12	2) Manderscheid, Jacob 12		
3) Hicks, William 11	4) Schmidt, Nathaniel 12		
8 Glenwood		3:26.80q	2
1) Kennedy, Nate 10	2) Springer, Jaron 12		
3) Petersen, Caleb 12	4) Von Essen, Carter 12		
9 Mt Vernon		3:27.17	1
1) Hines, Mickey 12	2) Krogmann, Jeremy 11		
3) Snedden, Cale 10	4) Cochrane, Jack 11		
10 Winterset		3:28.13	3
1) Benshoof, Brad 11	2) VanPelt, Tyler 11		
3) Baur, Matt 12	4) Nelson, Nick 12		
11 Atlantic		3:28.26	2
1) Reed, Gratt 10	2) Sonntag, Dillon 10		
3) Whetstone, Zeke 10	4) Holmes, Brendan 12		
12 Pella		3:28.34	1
1) Webb, Isaak 12	2) Van Dusseldorp, Josh 11		
3) Vande Lune, Payson 12	4) Van Zee, Avery 10		
13 Perry		3:28.71	1
1) Dunlap, Reece 10	2) Garrido, Alexis 10		
3) Castellanos, Jose 12	4) Medina, Adan 11		
14 Williamsburg		3:28.87	2
1) Allen, Jacob 09	2) Ritchie, Gavin 11		
3) Miller, Dylan 12	4) Heitshusen, Noah 12		
15 Carlisle		3:29.13	1
1) Crowley, Joe 12	2) Rowray, Ben 10		
3) Goodhue, Max 10	4) Wright, Dallas 11		
16 Center Point		3:29.27	3
1) Smith, Devin 09	2) Gatrost, Wyatt 12		
3) Karteus, Jon 10	4) Frost, JoJo 11		
17 Ia Falls-Alden		3:29.86	2
1) Sheridan, Devin 10	2) Janssen, Brady 10		
3) Haverkamp, Lucas 09	4) Kuhnle, Austin 12		
18 Greene County		3:31.63	3
1) Schroeder, Nick 11	2) Neese, Max 12		
3) Woodruff, Ethan 12	4) Whipple, Daric 12		
19 Gilbert		3:32.39	3
1) Greder, Will 10	2) Swart, Eric 10		
3) Blum, Ryan 12	4) Lawrence, Steven 11		
20 Humboldt		3:32.54	2

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x400 Meter Relay 3A**

1) Nielsen, Tony 12	2) Thomas, Drew 11		
3) Witzke, Chris 12	4) Wickett, Mason 12		
21 ADM, Adel		3:34.67	2
1) McLaughlin, Reece 11	2) Volz, Trey 10		
3) Howard, David 11	4) Perry, Brady 12		
22 Waverly-SR		3:37.94	3
1) Njus, Chris 09	2) Hughes, Keaton 11		
3) Cherry, Ryan 10	4) McNally, Joe 11		
23 Mt Pleasant		3:38.23	1
1) Henley, Avante 09	2) Sartorius, Brady 10		
3) Lamm, Chase 09	4) Ita, Jonathan 10		
-- Assumption		DQ	2
1) Schwartzhoff, Patrick 12	2) Oxendine, Stan 12		
3) Laubenthal, Peter 11	4) Wachal, Caleb 12		

Boys 4x400 Meter Relay 3A

State Record: * 3:18.24	2009	Bishop Heelan, SC, Bishop Heelan,
		P Ives, M Malloy, N Berger, B Dougherty
All-Time: ! 3:13.80	5/19/2006	Valley West Des Moines, WDM Valley
		B Collins, Z Sandvig, R Keairnes, B McSkimming
School		Finals Points

Finals

1 SB-Luton		3:20.67	10
1) Girres, Drew 12	2) Boekelman, Ty 10		
3) George, Matthew 12	4) Sanchez, Terrence 12		
2 Vinton-Shellbrg		3:20.96	8
1) Hyland, Nick 12	2) Bartz, Tyler 11		
3) Bohnsack, Blake 10	4) Barnes, Joel 12		
3 Spirit Lake		3:22.84	6
1) Phillips, Jacob 12	2) Backhaus, Logan 12		
3) Skopec, Adam 10	4) Renken, Zach 11		
4 DC-Grimes		3:23.45	5
1) Jacobsen, Anthony 12	2) Rude, Jackson 12		
3) Ashley, Justin 12	4) Bertrand, Callen 12		
5 Marion		3:24.76	4
1) Matthes, Eli 12	2) Manderscheid, Jacob 12		
3) Hicks, William 11	4) Schmidt, Nathaniel 12		
6 Glenwood		3:25.34	3
1) Kennedy, Nate 10	2) Springer, Jaron 12		
3) Petersen, Caleb 12	4) Von Essen, Carter 12		
7 LeMars		3:29.55	2
1) Nemmers, Colin 11	2) Lampe, Carter 12		
3) Pauley, Tyler 12	4) Wichers, Mason 12		
-- Harlan		DQ	
1) Preston, Levi 12	2) Lansman, Will 12		
3) Rasmussen, Caleb 11	4) Klein, Marcus 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

Boys 4x800 Meter Relay 3A

School	Finals	H#	Points
State Record: * 7:49.07 5/19/2011 Spirit Lake Park, Spirit Lake A Baldwin, K Byers, K Feldick, W Norris			
All-Time: ! 7:41.43 5/21/2015 Ames, Ames L Grim, K Chol, A Akok, D Chan			
1 Mt Vernon	8:00.01	2	10
1) Cochrane, Jack 11			
2) Krogmann, Zach 11			
3) Krogmann, Jeremy 11			
4) Wilch, Peyton 12			
2 Xavier, CR	8:03.24	2	8
1) Gerke, Josh 11			
2) Culpepper, Steven 12			
3) Van Berkum, Beau 10			
4) Skala, Nathan 09			
3 DC-Grimes	8:07.31	2	6
1) Rude, Jackson 12			
2) Ashley, Seth 12			
3) Bravard, Jared 11			
4) Ashley, Justin 12			
4 North Polk, A	8:12.36	1	5
1) Haun, Brett 12			
2) Albaugh, Brandon 12			
3) Leshner, Wes 11			
4) Smith, Austin 12			
5 Solon	8:12.84	2	4
1) Dall, Graeson 11			
2) Krutzfeldt, Ben 10			
3) Smith, Adam 11			
4) Schaekenbach, Jake 12			
6 Spirit Lake	8:13.02	2	3
1) Skopec, Adam 10			
2) Brown, Billy 12			
3) Maris, Ryan 11			
4) Ramos, Frankie 10			
7 Pella	8:14.19	1	2
1) Sievers, Adam 12			
2) Bernhagen, Nick 11			
3) Wittenberg, Micah 12			
4) Vande Lune, Payson 12			
8 Winterset	8:17.93	2	1
1) VanPelt, Tyler 11			
2) Koster, Derek 12			
3) Dillinger, Chris 12			
4) Dick, Andrew 12			
9 Atlantic	8:19.90	2	
1) Holmes, Brendan 12			
2) Mullenix, Chase 09			
3) Hawkins, Ryan 12			
4) Eden, Jaxson 10			
10 MOC-FV	8:21.09	2	
1) Korver, Christian 12			
2) Foughty, Carter 12			
3) Anderson, Michael 12			
4) Meyer, River 09			
11 Wahlert, Dub	8:22.00	2	
1) Hilby, Luke 10			
2) Schaefer, Luke 10			
3) Tranel, Nathan 11			
4) Schaefer, Jonathan 12			
12 Vinton-Shellbrg	8:24.92	1	
1) Tharp, Cole 10			
2) Smith, Cole 11			
3) Haisman, Nolan 09			
4) Hendrickson, Nolan 12			
13 Algona	8:25.59	2	
1) Feucht, Sam 12			
2) Elbert, Cody 12			
3) Yi, Collin 10			
4) Engen, Trey 09			
14 Williamsburg	8:25.86	1	
1) Miller, Dylan 12			
2) Mews, Gage 12			
3) Westfall, Bailey 12			
4) Ritchie, Gavin 11			
15 LeMars	8:26.72	2	
1) Louison, Devin 12			
2) Rieken, Alec 10			
3) Parmelee, Landen 09			
4) Waskow, Andrew 10			
16 Mt Pleasant	8:27.35	1	
1) Vanderham, Kyle 10			
2) Stukerjurgan, Jacob 09			
3) Mertens, Cody 09			
4) Davis, Jack 12			

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x800 Meter Relay 3A**

17	Boy-Hul/Rock Val	8:30.12	1	8:30.114
	1) Munoz, Isaac 10		2) Rankin, Billy 09	
	3) TeSlaa, Jamison 12		4) TeSlaa, Sam 09	
18	Perry	8:30.12	1	8:30.119
	1) Thompson, Jacob 12		2) Long, Alex 12	
	3) Olejniczak, Kaleb 09		4) Thompson, Zachary 10	
19	Glenwood	8:31.28	2	
	1) Springer, Jaron 12		2) Stanislav, Christian 09	
	3) Little, Seth 11		4) Blum, Andrew 10	
20	Humboldt	8:31.33	1	
	1) Carlson, Calvin 09		2) Rasmussen, Ivan 11	
	3) Collins, Brayden 12		4) Pederson, Denny 10	
21	SB-Luton	8:32.40	1	
	1) Savary, Keegan 11		2) Ritz, Easton 09	
	3) Hannemann, Gabe 09		4) Sader, Aaron 12	
22	Harlan	8:32.88	1	
	1) Owens, Jon 09		2) Manz, Hunter 09	
	3) Schechinger, CJ 10		4) Preston, Levi 12	
23	Center Point	8:33.72	1	
	1) Ockenfels, Kevin 12		2) Hasleiet, Cameron 09	
	3) Wyse, Jed 09		4) Dierks, Noah 10	
24	Clear Crk-Amana	8:44.48	1	
	1) Tener, Jake 12		2) Mouglin, Drake 11	
	3) Wingert, Jack 11		4) Hinricks, Kage 12	

Boys Distance Medley 3A

=====					
State Record:	* 3:27.65	2004	Davenport Assumption, Dav.	Assumption	
			B. Irmen, J. Conklin, M. Craddick, B. Adams		
All-Time:	! 3:22.69	2001	Iowa City High, Iowa City High		
School			Finals	H#	Points
=====					

1	Estherville-LC	3:32.71	3	10
	1) Miller, Alex 12		2) Christensen, Dan 12	
	3) DeVary, Kyle 12		4) Peters, Nic 12	
2	Fairfield	3:33.38	3	8
	1) Redd, Fejon 12		2) Crile, Alex 12	
	3) Martin, Zach 12		4) Emmanuel, Ross 12	
3	Wahlert, Dub	3:36.43	3	6
	1) Klein, Lyle 12		2) Kuntz, Alden 09	
	3) Duehr, Joe 12		4) Schaefer, Jonathan 12	
4	DC-Grimes	3:38.60	1	5
	1) Madsen, Sean 10		2) Grimes, Evan 12	
	3) Ashley, Justin 12		4) Rude, Jackson 12	
5	Mt Vernon	3:39.39	3	4
	1) Snedden, Cale 10		2) Randall, Jake 12	
	3) Hines, Mickey 12		4) Wilch, Peyton 12	
6	Ballard	3:39.99	3	3
	1) Wright, Hunter 10		2) Rosing, Noah 11	
	3) Odden, Kaleb 11		4) Stoltz, Max 11	
7	Center Point	3:40.06	2	2
	1) Smith, Devin 09		2) Sarchett, Logan 12	
	3) Karteus, Jon 10		4) Gatrost, Wyatt 12	
8	Xavier, CR	3:40.08	2	1

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys Distance Medley 3A**

1) Murphy, Sean 12	2) Stark, Nick 12		
3) Junge, Jax 10	4) Gerke, Josh 11		
9 Glenwood		3:40.33	3
1) McFarlin, Reagan 12	2) Nebel, Nate 11		
3) Kennedy, Nate 10	4) Blum, Andrew 10		
10 North Polk, A		3:40.74	3
1) Albaugh, Brandon 12	2) Karpinski, Max 12		
3) Cox, Matt 12	4) Smith, Austin 12		
11 Vinton-Shellbrg		3:41.11	2
1) Garwood, Cole 12	2) Miracle, Conner 11		
3) Womochil, Jordan 12	4) Tharp, Cole 10		
12 Newton		3:41.53	1
1) Baltisberger, Clayton 10	2) Karsten, Matthew 10		
3) Callagahn, Jack 10	4) Dodd, Brennen 11		
13 Atlantic		3:41.60	2
1) Niklasen, Zade 09	2) Thomsen, David 12		
3) Sonntag, Dillon 10	4) Mullenix, Chase 09		
14 Waverly-SR		3:41.72	3
1) Sagbo, Rodrigue 10	2) Hemer, Ben 09		
3) Hughes, Keaton 11	4) Chandler, Jordan 11		
15 Algona		3:42.95	2
1) Christensen, Seth 12	2) Arrowood, Noah 12		
3) Rash, Landon 12	4) Elbert, Cody 12		
16 Winterset		3:43.49	1
1) Kaldenberg, Jordan 12	2) Baur, Matt 12		
3) Nelson, Nick 12	4) VanPelt, Tyler 11		
17 LeMars		3:44.80	2
1) Frerichs, Laine 12	2) Grasz, Eric 10		
3) Buss, Silas 11	4) Louison, Devin 12		
18 Decorah		3:45.08	1
1) Bauer, Drake 12	2) Shindelar, Shawn 11		
3) Hemesath, Garret 12	4) Hosting, Bryce 12		
19 Grinnell		3:46.18	1
1) Simon, Jake 11	2) Roudabush, Luke 11		
3) Allen, Sam 11	4) Steffen, Landon 10		
20 Boy-Hul/Rock Val		3:46.51	1
1) Solberg, Shane 11	2) Post, Brady 12		
3) Schafer, Jacob 11	4) Munoz, Isaac 10		
21 Carroll		3:46.86	2
1) Kautzky, Cole 12	2) Higgins, Tanner 10		
3) Pauk, Matt 12	4) Hagen, Chandler 12		
22 Assumption		3:46.96	1
1) Schwartzhoff, Patrick 12	2) Wachal, Caleb 12		
3) Grabow, Pete 12	4) Grubbs, Jared 11		
23 Spencer		3:47.75	1
1) Miller, Hunter 11	2) VanWettering, Casey 12		
3) Bartley, Mason 12	4) Wempe, Clay 10		
24 Gilbert		3:49.68	2
1) Dvorak, Cody 11	2) Jenkins, Ryan 12		
3) Greder, Will 10	4) Holck, Garrison 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

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Results

Boys 4x110 Meter Shuttle Hurdle 3A

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=====
State Record: * 56.74 5/21/2011 Waverly-SR, Waverly-SR
                  C Chesnut, J Litterer, B Willson, E Larson
All-Time: ! 55.78 5/24/2014 Waukee, Waukee
                  J Brdicko, K Renshaw, S Stanley, J Brdicko
School                                                    Prelims H#
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Preliminaries

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1 Carlisle                                                    58.83q 2
  1) Black, Andrew 11                                     2) Crowley, Joe 12
  3) Stephens, Peyton 12                                4) Wright, Dallas 11
2 Mt Pleasant                                                59.49q 1
  1) Rich, Keegan 10                                     2) Lamm, Chase 09
  3) Burns, Cole 10                                     4) Lowe, Jake 10
3 Glenwood                                                    59.73q 3
  1) Clark, Blaine 12                                   2) Tye, Austin 11
  3) Petersen, Caleb 12                                4) Von Essen, Carter 12
4 DC-Grimes                                                  59.92q 6
  1) Clapper, Damon 10                                 2) Prohaska, Jacob 11
  3) Spaur, Jeff 10                                    4) Bertrand, Callen 12
5 Benton Comm                                                59.97q 6
  1) Marshall, Koal 10                                 2) Heilman, James 12
  3) Semelroth, Hunter 12                              4) Cooper, Lathan 12
6 Winterset                                                  59.98q 4
  1) Baur, Matt 12                                     2) Benshoof, Matt 09
  3) Larson, Noah 11                                   4) Benshoof, Brad 11
7 Gilbert                                                    1:00.51q 1
  1) Blum, Ryan 12                                     2) Lawrence, Steven 11
  3) Mennecke, Jon 12                                  4) Sharp, Alex 10
8 Bond-Farrar                                                1:00.77q 3
  1) Schlenker, Cole 12                                2) Sandin, Brody 09
  3) Vaughn, DeAndre 12                               4) Hulme, Cornell 11
9 W Delaware                                                  1:00.89 4
  1) Engel, Cole 10                                    2) Trainer, Ryan 11
  3) Kehrli, Caleb 09                                  4) Sparks, Kaleb 11
10 Decorah                                                    1:00.96 5
  1) Mincks, Cole 12                                   2) Roher, Jacob 11
  3) Varney, Jackson 10                               4) Rahlf, Lane 12
11 Oskaloosa                                                  1:01.12 5
  1) Reed, Austin 12                                   2) Sterner, Andy 11
  3) VanRoekel, Jaden 10                              4) Aschenbrenner, Mason 09
12 Spirit Lake                                                1:01.16 1
  1) Ahrenstorff, Dawson 11                           2) Renken, Zach 11
  3) Meschede, Cory 12                                4) Tvedte, Brock 11
13 Solon                                                       1:01.39 4
  1) Christensen, Nate 12                              2) McIlravy, Streeter 12
  3) Black, Bo 11                                      4) Ira, Luke 10
14 Boone                                                       1:01.51 5
  1) Baldus, Devan 11                                  2) Price, Bret 09
  3) Wiggins, Levi 10                                 4) Reed, Lantz 11
15 Vinton-Shellbrg                                           1:01.52 6
  1) Edwards, Will 11                                  2) Edwards, Wes 11
  3) Davis, Tanner 11                                 4) Dudley, Will 09
16 ADM, Adel                                                  1:01.73 2 1:01.725
  1) Weddle, Caleb 11                                 2) Flora, Austin 11

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Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys 4x110 Meter Shuttle Hurdle 3A

3) McCartney, Sam 11	4) West, Jacob 11		
17 Humboldt		1:01.73	6 1:01.730
1) Satern, Trevor R 10	2) Thomas, Drew 11		
3) Sande, Eli 10	4) Monson, Colton 11		
18 Ballard		1:01.74	4
1) Schafbuch, Isaac 10	2) Schulze, Kobe 12		
3) Upah, Sam 11	4) Roberts, Taylor 11		
19 Denison-Schlswg		1:02.97	3
1) Farley, Jake 11	2) Preul, Parker 12		
3) Popp, Trevor 11	4) Noel, Jeff 11		
20 Webster City		1:03.11	3
1) Schnathorst, Ty 11	2) Tanner, Jordan 10		
3) Carter, Zane 11	4) Martinez, Fernando 12		
21 Clear Crk-Amara		1:03.48	1
1) Brimeyer, Matt 10	2) Riggan, Grant 11		
3) Johanson, Seb 10	4) Toy, Derek 11		
22 Carroll		1:04.12	2
1) Stevens, Peter 12	2) Pauk, Matt 12		
3) Bock, Brennan 10	4) Fennell, Corey 12		
-- LeMars		DQ	2
1) Buhman, Cameron 12	2) Beitelspacher, Colton 11		
3) Kliever, Kyle 11	4) Boddie, Quenton 12		
-- Pella		DQ	5
1) Van Zee, Avery 10	2) Shull, Payton 12		
3) Buma, Jordan 09	4) Buma, Michael 12		

Boys 4x110 Meter Shuttle Hurdle 3A

State Record: * 56.74	5/21/2011	Waverly-SR, Waverly-SR	
		C Chesnut, J Litterer, B Willson, E Larson	
All-Time: ! 55.78	5/24/2014	Waukee, Waukee	
		J Brdicko, K Renshaw, S Stanley, J Brdicko	
School		Finals	H# Points

Finals

1 Carlisle		57.87	2	10
1) Black, Andrew 11	2) Crowley, Joe 12			
3) Stephens, Peyton 12	4) Wright, Dallas 11			
2 Glenwood		58.19	2	8
1) Clark, Blaine 12	2) Tye, Austin 11			
3) Petersen, Caleb 12	4) Von Essen, Carter 12			
3 Mt Pleasant		58.27	2	6
1) Rich, Keegan 10	2) Lamm, Chase 09			
3) Burns, Cole 10	4) Lowe, Jake 10			
4 Benton Comm		59.52	1	5
1) Marshall, Koal 10	2) Heilman, James 12			
3) Semelroth, Hunter 12	4) Cooper, Lathan 12			
5 DC-Grimes		1:00.21	2	4
1) Clapper, Damon 10	2) Prohaska, Jacob 11			
3) Spaur, Jeff 10	4) Bertrand, Callen 12			
6 Winterset		1:00.32	1	3
1) Baur, Matt 12	2) Benshoof, Matt 09			
3) Larson, Noah 11	4) Benshoof, Brad 11			
7 Gilbert		1:00.48	1	2

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x110 Meter Shuttle Hurdle 3A**

1) Blum, Ryan 12	2) Lawrence, Steven 11
3) Mennecke, Jon 12	4) Sharp, Alex 10
-- Bond-Farrar	DQ 1
1) Schlenker, Cole 12	2) Sandin, Brody 09
3) Vaughn, DeAndre 12	4) Hulme, Cornell 11

Boys High Jump 3A

=====					
State Record: *	6-11	2008	Colten Kelly, Anamosa		
All-Time: !	7-03.50	1981	Brian Tietjens, North Central, Manly		
Name	Year	School	Finals	Points	
=====					
1 Cantrall, Cameron	11	Spencer	6-08.00	2.03m	10
2 Rampton, Grant	12	North Polk, A	6-07.00	2.00m	8
3 Harris, J'Von	11	Oskaloosa	6-06.00	1.98m	6
4 Biliew, Nhial	12	Denison-Schlswg	6-03.00	1.90m	5
5 Roeder, Matthew	12	Solon	J6-03.00	1.90m	3
5 Brooks, Blair	10	Marion	J6-03.00	1.90m	3
5 Bandy, Matt	10	Wahlert, Dub	J6-03.00	1.90m	3
8 Hayes, Alec	12	Atlantic	J6-03.00	1.90m	1
9 McIlravy, Streeter	12	Solon	J6-03.00	1.90m	
10 Rutledge, Bubba	12	S Tama Cty, Tama	6-01.00	1.85m	
10 Webber, Keegan	12	Carroll	6-01.00	1.85m	
10 Swart, Eric	10	Gilbert	6-01.00	1.85m	
13 Keahna, Keith	09	S Tama Cty, Tama	J6-01.00	1.85m	
14 Rash, Landon	12	Algona	J6-01.00	1.85m	
15 West, Jacob	11	ADM, Adel	J6-01.00	1.85m	
15 Shindelar, Shawn	11	Decorah	J6-01.00	1.85m	
17 Wichers, Mason	12	LeMars	5-11.00	1.80m	
17 Bohr, Tristan	12	Crestwood	5-11.00	1.80m	
17 Martin, Coy	10	Mt Vernon	5-11.00	1.80m	
20 Van Gorp, Adam	12	Carlisle	5-09.00	1.75m	
20 Ita, Jonathan	10	Mt Pleasant	5-09.00	1.75m	
22 Carlson, John	10	Bond-Farrar	J5-09.00	1.75m	
22 Sheridan, Devin	10	Ia Falls-Alden	J5-09.00	1.75m	
-- Ellingson, Michael	12	Washington	NH		

Boys Long Jump 3A

=====							
State Record: *	23-04.25	5/23/2014	Chandler Diercks, Clear Lake				
All-Time: !	24-09.50	1984	Chris Walker, Davenport Central				
Name	Year	School	Finals	Wind	H#	Points	
=====							
1 Van Sant, Chase	12	Pella	22-00.50	NWI	6.71m	2	10
2 Bartz, Tyler	11	Vinton-Shellbrg	21-10.25	NWI	6.66m	2	8
3 Feller, Shane	12	Charles City	21-08.75	NWI	6.62m	1	6
4 Harris, J'Von	11	Oskaloosa	J21-08.75	NWI	6.62m	2	5
5 Karpinski, Max	12	North Polk, A	21-07.75	NWI	6.59m	2	4
6 Washington, Trey	11	DC-Grimes	21-06.50	NWI	6.56m	1	3
7 Clark, Odessa	12	Bishop Heelan	21-05.25	NWI	6.53m	2	2
8 Stark, Nick	12	Xavier, CR	21-01.75	NWI	6.44m	2	1
9 Durr, Halston	12	Solon	21-01.50	NWI	6.43m	2	
10 Gholson, Connor	11	Newton	20-11.25	NWI	6.38m	2	
11 Van Maanen, Myles	12	Boy-Hul/Rock Val	20-11.00	NWI	6.37m	2	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

....Boys Long Jump 3A

12 Brooks, Blair	10 Marion	20-10.50	NWI	6.36m	2
13 Klein, Marcus	12 Harlan	20-10.25	NWI	6.35m	1
14 Davis, Trent	11 Knoxville	20-09.50	NWI	6.33m	1
15 Carlson, John	10 Bond-Farrar	20-08.75	NWI	6.31m	2
16 Grimes, Evan	12 DC-Grimes	20-04.00	NWI	6.19m	1
17 Darley, Adam	12 Fort Madison	20-00.75	NWI	6.11m	2
18 McLaughlin, Reece	11 ADM, Adel	20-00.25	NWI	6.10m	1
19 Lawson, Spencer	12 Solon	19-10.75	NWI	6.06m	1
20 Kannuan, Payton	11 Webster City	19-09.25	NWI	6.02m	1
21 Rich, Keegan	10 Mt Pleasant	19-08.50	NWI	6.00m	1
22 Ridgeway, Trey	10 Bond-Farrar	18-10.00	NWI	5.74m	1
23 Christensen, Dan	12 Estherville-LC	16-11.50	NWI	5.16m	1
-- Lawrence, Steven	11 Gilbert	FOUL			1

Boys Shot Put 3A

State Record: * 64-07.75 2009 Drew Clark, Marion					
All-Time: ! 70-11 1968 Doug Lane, Cedar Rapids Jefferson					
Name	Year	School	Finals	H#	Points
1 Wirfs, Tristan	11	Mt Vernon	60-01.25	18.31m	2 10
2 Hill, Austin	12	Pella	52-05.50	15.98m	2 8
3 Mawdsley, Ben	12	Algona	52-04.00	15.95m	2 6
4 Etherington, Dominick	10	Algona	51-08.75	15.76m	2 5
5 Patterson, Blake	12	Vinton-Shellbrg	50-07.75	15.43m	2 4
6 Carlson, Nathan	12	Storm Lake	50-06.50	15.40m	2 3
7 Linderbaum, Tyler	10	Solon	50-01.50	15.27m	1 2
8 DeJong, Nick	09	Pella	49-08.75	15.15m	1 1
9 Snyder, Brett	12	Carroll	49-05.50	15.07m	2
10 Bird, Tanner	12	Vinton-Shellbrg	48-02.00	14.68m	1
11 Bieker, Jon	12	Harlan	48-00.50	14.64m	2
12 McCandless, Ian	12	Assumption	47-11.50	14.61m	1
13 Schlenker, Cole	12	Bond-Farrar	47-05.00	14.45m	1
14 Nissen, Nate	12	Spencer	47-03.75	14.42m	1
15 Pullis, Keegan	12	Mt Pleasant	47-02.25	14.38m	2
16 Fitten, Cori	12	Mt Pleasant	47-02.00	14.37m	2
17 Lillegraven, Andy	10	Decorah	46-11.25	14.30m	1
18 Dolley, Stephen	12	Nevada	45-04.75	13.83m	1
19 White, Cole	10	Clear Crk-Amana	44-09.00	13.63m	1
20 Walker, Jackson	11	Solon	J44-09.00	13.63m	1
21 Stumpff, Quentin	11	Williamsburg	44-07.00	13.58m	2
22 Wadsworth, Colbey	11	Boone	43-04.75	13.22m	2
23 Gordon, Matthew	12	Greene County	40-11.50	12.48m	1
24 Warmuth, Mason	11	ADM, Adel	40-04.50	12.30m	1

Boys Discus Throw 3A

State Record: * 187-09 5/17/2012 Tyler Hovey, Atlantic					
All-Time: ! 207-08 1978 Scott Crowell, Mason City					
Name	Year	School	Finals	H#	Points
1 Wirfs, Tristan	11	Mt Vernon	185-09	56.61m	2 10
2 Wassenaar, Tyson	11	Pella	171-03	52.19m	2 8
3 Hill, Austin	12	Pella	163-04	49.78m	2 6

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Results

....Boys Discus Throw 3A

4	Fitten, Cori	12	Mt Pleasant	162-03	49.45m	2	5
5	Wise, Garrett	12	Decorah	159-09	48.69m	2	4
6	Cuvelier, Spencer	11	Crestwood	157-01	47.87m	1	3
7	Carlson, Nathan	12	Storm Lake	152-04	46.43m	2	2
8	Wadsworth, Colbey	11	Boone	150-05	45.84m	1	1
9	Kaiser, Chet	12	SB-Luton	145-01	44.22m	2	
10	Hovden, Adam	11	Decorah	144-10	44.14m	1	
11	Coons, Jacob	11	Solon	143-09	43.81m	1	
12	Schlenker, Cole	12	Bond-Farrar	143-06	43.73m	2	
13	Stockdale, Jake	12	Humboldt	143-01	43.61m	1	
14	Schnack, Curtis	12	Harlan	141-04	43.07m	2	
15	Banwart, Cole	12	Algona	141-01	43.00m	1	
16	Linderbaum, Tyler	10	Solon	139-08	42.57m	1	
17	Fritz, Michael	11	Fairfield	136-05	41.57m	2	
18	Lukefahr, Jace	10	Newton	134-01	40.86m	1	
19	Croushore, Wyatt	12	DC-Grimes	133-06	40.69m	1	
20	Knutson, Logan	11	Williamsburg	132-07	40.41m	1	
21	Pullis, Keegan	12	Mt Pleasant	132-06	40.38m	2	
22	Denney, Brandon	12	Carroll	127-06	38.86m	1	
23	Black, Ethan	10	Winterset	108-00	32.91m	1	
--	Bieker, Jon	12	Harlan	FOUL			2

Boys 100 Meter Dash 4A

State Record: *	10.5h	1981	Treye Jackson, Newton
All-Time: !	10.10	2002	Adam Haluska, Carroll
Name	Year	School	Prelims Wind H#

Preliminaries

1	Cooper, Tayshaun	11	WAT West	10.87q	-1.3	2	
2	Gardner, Tavien	11	Urbandale	11.04q	-0.9	1	11.035
3	Harrington, Denison	12	Cedar Falls	11.04q	-1.3	2	11.038
4	Rima, Jalen	12	Prairie, CR	11.05q	-1.2	3	
5	Dostal, Andrew	11	CR Washington	11.07q	-1.3	2	
6	Herzog, Alex	12	CR Washington	11.10q	-0.9	1	
7	Flemister, Dom	12	SC, East	11.11q	-0.9	1	
8	Soko, Alfonso	11	Muscatine	11.16q	-0.9	1	
9	Godfrey, Ross	12	SC, East	11.17	-1.2	3	
10	Glazek, Collin	11	DVPT, North	11.19	-1.3	2	
11	Northrup, Trevor	12	Prairie, CR	11.20	-1.2	3	
12	Murray, Jayson	09	Dowling C, WDM	11.24	-1.2	3	11.235
13	Pater, Johnny	11	Johnston	11.24	-1.2	3	11.240
14	Braden, Arthur	10	Pleasant Valley	11.29	-0.9	1	11.283
15	Koko, Mamoon	12	DSM, Hoover	11.29	-1.3	2	11.285
16	Nazareth, Josh	12	Muscatine	11.29	-0.9	1	11.288
17	Morse, Parker	11	Dowling C, WDM	11.33	-1.3	2	
18	Kurth, Kevin	11	DVPT, Central	11.41	-1.3	2	
19	Baye, Marcus	10	DSM, Hoover	11.42	-0.9	1	
20	Senger, Xavier	12	Mason City	11.44	-0.9	1	
21	Beaton, Jacob	12	CR Jefferson	11.50	-1.2	3	
22	Facey, Elijah	10	DSM North	11.61	-1.2	3	
23	VanBaale, Ryan	10	Ankeny Cent	16.41	-1.2	3	
--	Williams, Aaron	11	Valley, WDM	FS	-1.3	2	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Results

Boys 100 Meter Dash 4A

=====						
State Record: * 10.5h 1981 Treye Jackson, Newton						
All-Time: ! 10.10 2002 Adam Haluska, Carroll						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Rima, Jalen	12	Prairie, CR	10.86	-1.5	10
2	Gardner, Tavien	11	Urbandale	11.04	-1.5	8
3	Cooper, Tayshaun	11	WAT West	11.06	-1.5	6
4	Herzog, Alex	12	CR Washington	11.15	-1.5	5
5	Flemister, Dom	12	SC, East	11.26	-1.5	4
6	Soko, Alfonso	11	Muscatine	11.30	-1.5	3
7	Harrington, Denison	12	Cedar Falls	11.32	-1.5	2
8	Dostal, Andrew	11	CR Washington	11.35	-1.5	1

Boys 200 Meter Dash 4A

=====						
State Record: * 21.16 5/21/2011 James Harrington, Cedar Falls						
All-Time: ! 20.80 1994 Tim Dwight, Iowa City High						
Name	Year	School	Prelims	Wind	H#	
=====						
Preliminaries						
1	Cooper, Tayshaun	11	WAT West	21.81q	-2.0	1
2	Rima, Jalen	12	Prairie, CR	21.88q	-2.4	2
3	Flemister, Dom	12	SC, East	22.19q	-2.0	1
4	Lamonte, Corey	12	DVPT, North	22.23q	-2.4	2
5	Fidone, Sal	12	Lewis Central	22.27q	-2.4	2
6	Soko, Alfonso	11	Muscatine	22.35q	-2.0	1
7	Blocker, Dan	11	Waukee	22.48q	-2.4	2
8	Parks, Wali	12	IC, West	22.57q	-2.4	2
9	Dostal, Andrew	11	CR Washington	22.64	-3.9	3
10	Gardner, Tavien	11	Urbandale	22.69	-3.9	3
11	Morrison, Tyson	12	DVPT, Central	22.75	-2.4	2
12	Richter, Bryan	12	DSM Lincoln	22.83	-2.0	1
13	Herzog, Alex	12	CR Washington	22.92	-3.9	3
14	Baker, Chase	11	CR Kennedy	22.95	-2.0	1
15	Abdirahman, Suleiman	12	SC, North	22.96	-2.0	1
16	Beard, Brandon	11	Epworth, WD	23.04	-3.9	3
17	Christophersen, Connor	12	CR Kennedy	23.05	-2.4	2
18	Freese, Griffin	11	Linn-Mar	23.19	-3.9	3
19	Timmer, Matt	11	Cedar Falls	23.28	-3.9	3
20	Harrington, Denison	12	Cedar Falls	23.29	-3.9	3
21	Cox, Elijah	12	DSM, Hoover	23.40	-3.9	3
22	Glazek, Collin	11	DVPT, North	26.86	-2.0	1
--	Russell, Kameron	11	DSM North	DQ	-2.0	1

Boys 200 Meter Dash 4A

=====						
State Record: * 21.16 5/21/2011 James Harrington, Cedar Falls						
All-Time: ! 20.80 1994 Tim Dwight, Iowa City High						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Rima, Jalen	12	Prairie, CR	21.40	-0.9	10
2	Cooper, Tayshaun	11	WAT West	21.79	-0.9	8

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....Boys 200 Meter Dash 4A

3	Flemister, Dom	12	SC, East	22.01	-0.9	6
4	Lamonte, Corey	12	DVPT, North	22.15	-0.9	5
5	Blocker, Dan	11	Waukee	22.38	-0.9	4
6	Fidone, Sal	12	Lewis Central	22.39	-0.9	3
7	Soko, Alfonso	11	Muscatine	22.50	-0.9	2
8	Parks, Wali	12	IC, West	22.82	-0.9	1

Boys 400 Meter Dash 4A

=====						
State Record: * 47.33 2004 Yawusa Kinda, DM Roosevelt						
All-Time: ! 47.01 2002 Calvin Davis, Iowa City High						
Name	Year	School	Finals	H#	Points	
=====						
1	Rima, Jalen	12	Prairie, CR	48.55	3	10
2	Jones, Quavon	11	Clinton	48.99	3	8
3	Parker, Sam	12	Ankeny	49.41	3	6
4	Baker, Keshawn	10	Pleasant Valley	49.51	3	5
5	Fidone, Sal	12	Lewis Central	49.53	2	4
6	McMahan, Kenneth	11	Lewis Central	49.80	2	3
7	Parks, Wali	12	IC, West	50.01	3	2
8	Richter, Bryan	12	DSM Lincoln	50.03	1	1
9	Andrews, Josh	11	Waukee	50.38	2	
10	Daumueller, Ben	10	Urbandale	50.41	1	
11	Porter, Darien	09	Bettendorf	50.46	1	
12	Tudor, Sam	10	WAT West	50.72	2	
13	Houston, Davion	10	DSM, Roosevelt	50.78	2	
14	Kolacia, Sam	12	Fort Dodge	50.82	2	
15	O'Hair, Gaven	12	Cedar Falls	50.95	3	
16	Brooks, DaiSean	11	Ames	51.11	2	
17	Johnson, Drew	11	Waukee	51.12	1	
18	Cox, Elijah	12	DSM, Hoover	51.16	3	
19	Russell, Kameron	11	DSM North	51.22	1	
20	West, Austin	10	IC, West	51.27	2	
21	Dix, Keeler	10	CR Kennedy	51.40	1	
22	Carey, Daniel	11	CB, T Jefferson	51.80	1	
23	Arndorfer, Isaiah	11	WAT West	52.08	1	
24	Gosch, Dalton	11	Linn-Mar	58.62	3	

Boys 800 Meter Run 4A

=====						
State Record: * 1:50.30 5/21/2016 Ryan Schweizer, Dowling C, W						
All-Time: ! 1:49.3h 1975 David Korir, Cedar Rapids Washington						
Name	Year	School	Finals	H#	Points	
=====						
1	Schweizer, Ryan	12	Dowling C, WDM	1:50.30*	2	10
2	VanDraska, Tysen	12	Prairie, CR	1:53.78	2	8
3	Lavallee, Hunter	12	Cedar Falls	1:54.02	2	6
4	Fraizer, Matt	11	Dowling C, WDM	1:54.16	2	5
5	Lorenz, Matt	11	Prairie, CR	1:54.71	2	4
6	Smith, Ethan	12	Cedar Falls	1:55.11	2	3
7	Linnan, Quentin	10	Indianola	1:55.20	2	2
8	Andrews, Josh	11	Waukee	1:55.63	2	1
9	Grim, Lee	12	Ames	1:55.70	2	
10	Nochvay, Oleg	12	Indianola	1:56.05	2	

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....Boys 800 Meter Run 4A

11 Modlin, Ryan	11 Waukee	1:56.50	2	
12 Lair, Grant	10 Johnston	1:57.16	1	
13 Carey, Daniel	11 CB, T Jefferson	1:57.48	1	
14 McMillan, Jim	11 IC, City High	1:57.77	1	
15 Strauss, Ryan	12 DUB Hempstead	1:57.95	1	
16 Dolan, Garrett	11 Muscatine	1:58.83	1	
17 Seitz, Johnny	10 Linn-Mar	1:59.73	1	1:59.721
18 Long, Trent	09 Linn-Mar	1:59.73	1	1:59.729
19 McDowell, Tom	12 IC, City High	1:59.78	1	
20 Bose, Patrick	11 Johnston	2:00.48	1	
21 McDermott, Samuel	11 CR Washington	2:03.95	1	
-- Habineza, Moise	10 Valley, WDM	DNF	1	

Boys 1600 Meter Run 4A

=====				
State Record: *	4:06.32	5/24/2014	Josh Evans, Linn-Mar	
All-Time: !	4:05.6h	1976	Ed DeLashmutt, Fort Madison	
Name	Year	School	Finals	Points
=====				
1 Schweizer, Ryan	12	Dowling C, WDM	4:14.70	10
2 VanDraska, Tysen	12	Prairie, CR	4:17.42	8
3 Fraizer, Matt	11	Dowling C, WDM	4:17.47	6
4 Schillinger, Sam	11	Cedar Falls	4:17.81	5
5 Karanja, Patrick	12	IC, West	4:19.45	4
6 Smith, Isaac	12	Cedar Falls	4:20.61	3
7 Cooley, Brandon	12	Bettendorf	4:20.78	2
8 Sommer, Karson	12	Pleasant Valley	4:21.93	1
9 Murphy, Ryan	11	Linn-Mar	4:22.01	
10 Westphal, Michael	12	Urbandale	4:23.30	
11 Kirk, Trevor	11	Valley, WDM	4:26.19	
12 Schroeder, Cole	09	Burlington	4:26.78	
13 Whalen, Mark	12	DUB Senior	4:27.30	
14 Ali, Ali	11	IC, West	4:28.08	
15 Lewis, Jackson	11	Waukee	4:29.19	
16 Yanek, Nicholas	10	Pleasant Valley	4:30.10	
17 Wood, Tanner	12	DSM Lincoln	4:30.28	
18 Bose, Patrick	11	Johnston	4:31.90	
19 Lorenz, Matt	11	Prairie, CR	4:32.89	
20 Bautista, Alex	11	Muscatine	4:33.58	
21 Olson, Tyler	10	Muscatine	4:35.27	
22 Grim, Lee	12	Ames	4:35.79	
23 Wright, Andrew	10	DVPT, West	4:35.85	
24 Hill, Jeremy	12	SC, East	4:44.33	

Boys 3200 Meter Run 4A

=====				
State Record: *	9:00.97	5/22/2014	Josh Evans, Linn-Mar	
All-Time: !	8:50.43	5/22/2014	Thomas Pollard, Gilbert	
Name	Year	School	Finals	Points
=====				
1 Schweizer, Ryan	12	Dowling C, WDM	9:16.85	10
2 Smith, Isaac	12	Cedar Falls	9:21.32	8
3 Schillinger, Sam	11	Cedar Falls	9:22.84	6
4 Murphy, Ryan	11	Linn-Mar	9:30.27	5

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....Boys 3200 Meter Run 4A

5 Kirk, Trevor	11 Valley, WDM	9:35.66	4
6 Ali, Ali	11 IC, West	9:37.23	3
7 Whalen, Mark	12 DUB Senior	9:37.76	2
8 Bose, Patrick	11 Johnston	9:38.01	1
9 Nostrala, Seth	11 Indianola	9:38.69	
10 Lewis, Jackson	11 Waukee	9:42.70	
11 Yanek, Nicholas	10 Pleasant Valley	9:43.32	
12 Mueller, Adam	11 DUB Hempstead	9:51.02	
13 Habineza, Moise	10 Valley, WDM	9:51.74	
14 Schroeder, Cole	09 Burlington	9:53.77	
15 Dodge, Matthew	11 IC, City High	9:54.75	
16 Smith, Zachary	12 Johnston	9:58.81	
17 Berg, Michael	11 IC, City High	10:00.95	
18 Carmody, Matt	10 Dowling C, WDM	10:00.96	
19 Havens, Tyler	12 Ankeny Cent	10:01.92	
20 Sanders, Nathan	11 Waukee	10:07.00	
21 Oehlert, Chris	12 Prairie, CR	10:15.55	
22 Dahlheimer, Jon	12 CB, T Jefferson	10:33.51	
23 Kear, Kear	10 Ames	10:38.10	
-- Sommer, Karson	12 Pleasant Valley	DNF	

Boys 110 Meter Hurdles 4A

=====
 State Record: * 14.06 5/21/2016 Joah Wallace, Prairie, CR
 All-Time: ! 13.60 1977 Randy Elliott, Charles City
 Name Year School Prelims Wind H#

Preliminaries

1 Wilson, Jack	12 Valley, WDM	14.37q	-2.0	2
2 Wallace, Joah	11 Prairie, CR	14.73q	-2.0	2
3 Barclay, Wade	11 SE Polk	14.75q	-2.0	1
4 Gorsich, Danny	12 Linn-Mar	14.84q	-2.1	3
5 Hanna, Ethan	12 Ankeny	14.90q	-2.0	2
6 Jordan Jr., Terrell	10 CR Kennedy	14.91q	-2.0	1
7 Sleet, Duane	12 DVPT, Central	14.97q	-2.1	3
8 Beyer, Shaun	12 CR Kennedy	15.05q	-2.1	3
9 Stewart, Tavion	12 CR Washington	15.13	-2.1	3 15.125
10 Baker, Zeal	11 Linn-Mar	15.13	-2.0	2 15.127
11 Renshaw, Kalen	12 Waukee	15.16	-2.0	1
12 Sanchez, Alex	12 Mason City	15.25	-2.0	2
13 Noble, Jacobus	12 SC, North	15.26	-2.0	2
14 Shonka, Bryce	12 Dowling C, WDM	15.31	-2.0	1
15 Nunemaker, Tyler	12 Prairie, CR	15.53	-2.0	2
16 Hill, Max	11 IC, West	15.58	-2.1	3
17 Eckhardt, Erik	11 CR Washington	15.59	-2.0	1
18 Osterberger, Jacob	12 DUB Senior	15.72	-2.1	3
19 Summers, David	11 Muscatine	15.81	-2.0	1
20 Scott, Isaac	11 DSM Lincoln	15.86	-2.0	1
21 Mass, Alec	11 Lewis Central	15.98	-2.0	2
22 Mortale, Ryan	11 SE Polk	16.03	-2.1	3
23 Louviere, Ben	12 Cedar Falls	16.18	-2.1	3
24 Reinhold, Trevor	12 Urbandale	16.30	-2.0	1

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Boys 110 Meter Hurdles 4A

=====						
State Record: * 14.06 5/21/2016 Joah Wallace, Prairie, CR						
All-Time: ! 13.60 1977 Randy Elliott, Charles City						
Name	Year	School	Finals	Wind	Points	
=====						
Finals						
1	Wallace, Joah	11	Prairie, CR	14.06*	-0.9	10
2	Wilson, Jack	12	Valley, WDM	14.23	-0.9	8
3	Sleet, Duane	12	DVPT, Central	14.62	-0.9	6
4	Barclay, Wade	11	SE Polk	14.63	-0.9	5
5	Beyer, Shaun	12	CR Kennedy	14.66	-0.9	4
6	Jordan Jr., Terrell	10	CR Kennedy	14.76	-0.9	3
7	Hanna, Ethan	12	Ankeny	14.92	-0.9	2
--	Gorsich, Danny	12	Linn-Mar	DNF	-0.9	

Boys 400 Meter Hurdles 4A

=====						
State Record: * 50.96 1996 Dustin Avey, Ames						
All-Time: ! 50.96 1996 Dustin Avey, Ames						
Name	Year	School	Finals	H#	Points	
=====						
1	Hoy, Nathan	11	Cedar Falls	52.92	3	10
2	Nimmers, Isaiah	12	CR Washington	52.96	3	8
3	Seymour, Collin	12	DUB Senior	53.34	3	6
4	Barclay, Wade	11	SE Polk	53.81	3	5
5	Coates, Austin	12	CR Kennedy	53.89	3	4
6	Scott, Shamari	12	IC, City High	54.90	3	3
7	House, Nick	11	Linn-Mar	54.92	2	2
8	Stevens, Noah	11	Ames	54.95	2	1
9	Chiman, Akuei	12	Ames	55.14	3	
10	Paskach, Josh	10	Dowling C, WDM	55.53	1	
11	O'Brien, Eian	10	DSM, Roosevelt	55.81	2	
12	Bergstrom, Blake	11	Johnston	55.86	2	
13	Slaven, Quinn	12	Mason City	55.97	2	
14	Groathouse, Tyler	11	Waukee	56.26	2	
15	Sampson, Jeron	10	CB, T Jefferson	56.39	2	
16	Coleman, Marcus	12	Johnston	56.60	1	
17	Teply, Baily	12	Lewis Central	56.67	1	
18	Mabry, Cole	09	IC, West	56.73	1	
19	Hill, Max	11	IC, West	57.27	1	
20	McGruder, Ty	10	Clinton	58.15	1	
21	Cremer, Max	11	Pleasant Valley	58.36	1	
22	Piper, Tyler	11	Indianola	58.64	2	
23	Gardner, Matt	12	CR Kennedy	59.01	3	
24	McCrary, Aaron	10	Waukee	1:00.23	1	

Boys 4x100 Meter Relay 4A

=====						
State Record: * 41.84 5/18/2013 WAT West, WAT West						
J Medina, D Martin, J Millett, L Dunn Jr.						
School	Year	Time	Prelims	H#	Points	
=====						
Preliminaries						
1	Prairie, CR		42.61q	1		

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....Boys 4x100 Meter Relay 4A

1) Wallace, Joah 11	2) Northrup, Trevor 12		
3) Borseth, Marty 11	4) Rima, Jalen 12		
2 CR Washington		42.63q	1
1) Dostal, Andrew 11	2) Herzog, Alex 12		
3) Leonard, Trey 11	4) Nimmers, Isaiah 12		
3 Ames		42.72q	3
1) Lawson, Demarrius 12	2) Bell, Bernard 09		
3) Martin, Darrius 12	4) Stringfellow, DeVaughn 12		
4 SC, East		42.75q	2
1) Flemister, Taylon 11	2) Flemister, Dom 12		
3) Moon, Phillip 10	4) Godfrey, Ross 12		
5 Waukee		42.76q	3
1) Moffitt, DJ 11	2) Russell, Chaise 11		
3) Awan, Nabhan 12	4) Blocker, Dan 11		
6 Epworth, WD		43.00q	1
1) Beard, Kenny 11	2) Kramer, Mitchell 12		
3) Beard, Brandon 11	4) DeSollar, Drew 11		
7 WAT West		43.09q	3
1) Haywood, Raytiris 12	2) Tudor, Sam 10		
3) Eighmey, Harrison 11	4) Cooper, Tayshaun 11		
8 Pleasant Valley		43.18q	3
1) Braden, Arthur 10	2) Ankton, Collin 10		
3) White, Nick 12	4) Carter, CJ 11		
9 Valley, WDM		43.20	2
1) Bottley, Levon 12	2) Mahoney, John 11		
3) Buchanan, Tashawn 10	4) Williams, Aaron 11		
10 Dowling C, WDM		43.25	1
1) Krah, Aaron 11	2) Murray, Jayson 09		
3) Dweh, Moses 11	4) Morse, Parker 11		
11 DVPT, North		43.28	2
1) Glazek, Collin 11	2) Murphy, Chris 10		
3) Gibbs, Isaiah 11	4) Lamonte, Corey 12		
12 Ankeny Cent		43.41	2
1) Snyder, Sam 10	2) Saddoris, Connor 12		
3) Gates, Jensen 10	4) Cahill, Tyler 09		
13 CR Kennedy		43.47	1
1) McCarty, Peyton 11	2) Shanklin, Marco 10		
3) Baker, Chase 11	4) Christophersen, Connor 12		
14 Muscatine		43.52	3
1) Nazareth, Josh 12	2) Sorrells, Marquan 10		
3) Greenhaw, Drew 11	4) Soko, Alfonso 11		
15 CR Jefferson		43.58	3
1) Crockett, Justin 12	2) Bokoyo, Josue' 10		
3) Beaton, Jacob 12	4) Olutunde, Manny 12		
16 DSM, Hoover		43.79	1
1) Baye, Marcus 10	2) Cox, Elijah 12		
3) Francis, Dichon 10	4) Koko, Mamoon 12		
17 Linn-Mar		43.91	2
1) Freese, Griffin 11	2) Docterman, Gavren 12		
3) Petesich, David 12	4) Gorsich, Danny 12		
18 DSM, East		44.15	2
1) Walling, Rory 11	2) Young, Justice 11		
3) Groom, Nate 11	4) Toluwalase, Isaac 10		
19 SE Polk		44.16	2

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1) Drees, Parker 12	2) Ruden, Pete 12		
3) Swearngin, Addison 11	4) Fairchild, Mason 09		
20 Lewis Central		44.43	2
1) Rew, Brian 12	2) Stogdill, Zach 10		
3) Redeker, Logan 11	4) Main, Ryan 12		
21 Bettendorf		44.55	3
1) Biggs, Riley 12	2) Sullivan, Jack 12		
3) Lane, Suni 11	4) Schmertmann, Alex 12		
22 DSM North		44.62	1
1) Phillips, Andrew 11	2) Facey, Elijah 10		
3) Warren, Brad 12	4) Russell, Kameron 11		
-- Urbandale		DNF	3
1) Miller, Chris 10	2) Nayou, Gee 12		
3) Kistenmacher, Caleb 11	4) Gardner, Tavien 11		
-- Johnston		DNF	1
1) Page, Jake 12	2) Svestka, Gannon 11		
3) Wunsch, Carter 11	4) Pater, Johnny 11		

Boys 4x100 Meter Relay 4A

=====			
State Record: *	41.84	5/18/2013	WAT West, WAT West
			J Medina, D Martin, J Millett, L Dunn Jr.
All-Time: !	41.33	1996	Iowa City High, Iowa City High
School			Finals Points
=====			

Finals

1	Prairie, CR		42.01	10
	1) Wallace, Joah 11	2) Northrup, Trevor 12		
	3) Borseth, Marty 11	4) Rima, Jalen 12		
2	CR Washington		42.09	8
	1) Dostal, Andrew 11	2) Herzog, Alex 12		
	3) Leonard, Trey 11	4) Nimmers, Isaiah 12		
3	Ames		42.41	6
	1) Lawson, Demarrius 12	2) Bell, Bernard 09		
	3) Martin, Darrius 12	4) Stringfellow, DeVaughn 12		
4	SC, East		42.62	5
	1) Flemister, Taylon 11	2) Flemister, Dom 12		
	3) Moon, Phillip 10	4) Godfrey, Ross 12		
5	Waukee		42.79	4
	1) Moffitt, DJ 11	2) Russell, Chaise 11		
	3) Awan, Nabhan 12	4) Blocker, Dan 11		
6	Epworth, WD		42.81	3
	1) Beard, Kenny 11	2) Kramer, Mitchell 12		
	3) Beard, Brandon 11	4) DeSollar, Drew 11		
7	Pleasant Valley		43.20	2
	1) Braden, Arthur 10	2) Ankton, Collin 10		
	3) White, Nick 12	4) Carter, CJ 11		
--	WAT West			DQ
	1) Haywood, Raytiris 12	2) Tudor, Sam 10		
	3) Eighmey, Harrison 11	4) Cooper, Tayshaun 11		

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Boys 4x200 Meter Relay 4A

State Record: * 1:27.02 2004		Des Moines East, DM East	
All-Time: ! 1:26.40 1997		Iowa City High, Iowa City High	
School		Finals	H# Points
1 SC, East		1:28.28	3 10
1) Flemister, Taylon 11	2) Moon, Phillip 10		
3) Godfrey, Ross 12	4) Flemister, Dom 12		
2 Pleasant Valley		1:28.65	2 8
1) Braden, Arthur 10	2) Carter, CJ 11		
3) White, Nick 12	4) Baker, Keshawn 10		
3 Linn-Mar		1:28.83	3 6
1) Freese, Griffin 11	2) Petesich, David 12		
3) Docterman, Gavren 12	4) Gorsich, Danny 12		
4 Urbandale		1:28.89	2 5
1) Kistenmacher, Caleb 11	2) Nayou, Gee 12		
3) Dabney, Drew 10	4) Gardner, Tavien 11		
5 Ames		1:29.18	3 4
1) Lawson, Demarrius 12	2) Brooks, DaiSean 11		
3) Stringfellow, DeVaughn 12	4) Martin, Darrius 12		
6 CR Washington		1:29.29	3 3
1) Herzog, Alex 12	2) Leonard, Trey 11		
3) Nimmers, Isaiah 12	4) Dostal, Andrew 11		
7 Lewis Central		1:29.52	1 2
1) Fidone, Sal 12	2) Redeker, Logan 11		
3) Main, Ryan 12	4) McMahan, Kenneth 11		
8 CR Jefferson		1:29.68	2 1
1) Beaton, Jacob 12	2) Bokoyo, Josue' 10		
3) Fowler, Tyler 11	4) Olutunde, Manny 12		
9 Waukee		1:29.81	3
1) Awan, Nabhan 12	2) Eaton, Zach 09		
3) Johnson, Drew 11	4) Blocker, Dan 11		
10 DVPT, North		1:30.12	3
1) Abbey, Akendre 10	2) Murphy, Chris 10		
3) Glazek, Collin 11	4) Lamonte, Corey 12		
11 Epworth, WD		1:30.32	2
1) Beard, Kenny 11	2) Steffen, Max 11		
3) Bennett, G 11	4) Beard, Brandon 11		
12 CR Kennedy		1:30.44	3
1) Jones, Blake 10	2) Shanklin, Marco 10		
3) Baker, Chase 11	4) Christophersen, Connor 12		
13 Valley, WDM		1:30.47	1
1) Bottley, Levon 12	2) Heald, Braeden 11		
3) Peterson, Grant 11	4) Williams, Aaron 11		
14 Clinton		1:30.63	2
1) Bell, Jimmy 12	2) Robinson, Marquis 12		
3) Harris, Theo 12	4) Collins, Barrion 11		
15 Mason City		1:31.16	3
1) Senger, Xavier 12	2) Williams, Jareese 12		
3) Younker, Kyle 11	4) Green, Shandon 12		
16 Dowling C, WDM		1:31.20	1
1) Krah, Aaron 11	2) Johnson, Charlie 10		
3) Moore, Matt 10	4) Dweh, Moses 11		
17 IC, City High		1:31.59	1

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1) Burnett, Juma 12	2) Martinez-Burney, James 12		
3) Roggeveen, Jack 11	4) Pugh, Tom 12		
18 Ankeny		1:31.67	1
1) Smith, Gavin 10	2) Griffin, Max 09		
3) Shaw, Nick 12	4) Moore, Nate 12		
19 SE Polk		1:31.80	1
1) Drees, Parker 12	2) Ruden, Pete 12		
3) Swearngin, Addison 11	4) Fairchild, Mason 09		
20 DUB Senior		1:36.12	2
1) Sweeney, Shane 12	2) Romagna, Angelo 10		
3) Bonifas, Lee 12	4) Seymour, Collin 12		
-- Cedar Falls		DQ	2
1) Timmer, Matt 11	2) Abbas, Michael 12		
3) Penrith, Gabe 11	4) Harrington, Denison 12		
-- Ankeny Cent		DQ	2
1) Cahill, Tyler 09	2) Saddoris, Connor 12		
3) Nichols, Garret 11	4) Weil, Taylor 11		
-- DUB Hempstead		DQ	1
1) Davis, Jamar 09	2) Miller, Jonny 11		
3) Kutsch, Dylan 10	4) Reavis, Logan 11		
-- DSM, Hoover		DQ	1
1) Kouakou, Wilfrid 12	2) Anderson, Elliott 11		
3) Koko, Mamoon 12	4) Baye, Marcus 10		

Boys 4x400 Meter Relay 4A

State Record: *	3:13.80	5/19/2006	Valley West Des Moines, WDM Va
			B Collins, Z Sandvig, R Keairnes, B McSkimming
All-Time: !	3:13.80	5/19/2006	Valley West Des Moines, WDM Va
			B Collins, Z Sandvig, R Keairnes, B McSkimming
School			Prelims H#

Preliminaries

1 Waukee		3:18.70q	2
1) Andrews, Josh 11	2) Johnson, Drew 11		
3) Eaton, Zach 09	4) Penn, Kayde 12		
2 Cedar Falls		3:19.17q	1
1) Hoy, Nathan 11	2) O'Hair, Gaven 12		
3) Smith, Ethan 12	4) Lavallee, Hunter 12		
3 Lewis Central		3:20.58q	2
1) Redeker, Logan 11	2) McMahan, Kenneth 11		
3) Teply, Baily 12	4) Fidone, Sal 12		
4 Epworth, WD		3:20.84q	2
1) Wedewer, Ross 12	2) Kauffmann, Alex 11		
3) Beard, Kenny 11	4) Beard, Brandon 11		
5 IC, West		3:20.91q	2
1) West, Austin 10	2) Dean, Willie 12		
3) Jelinek, Nate 11	4) Parks, Wali 12		
6 IC, City High		3:20.99q	1
1) Scott, Shamari 12	2) Jones, Zach 10		
3) Firmstone, Lucas 10	4) Roggeveen, Jack 11		
7 Indianola		3:21.00q	1
1) Storm, Jacey 11	2) Nochvay, Oleg 12		
3) Combs, Tyler 12	4) Linnan, Quentin 10		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x400 Meter Relay 4A**

8	WAT West	3:21.89q	3
	1) Tudor, Sam 10	2) Streed, Clayton 10	
	3) Arndorfer, Isaiah 11	4) Cooper, Tayshaun 11	
9	Ankeny	3:23.18	3
	1) Wignall, Chris 12	2) Griffin, Max 09	
	3) Hill, Drew 10	4) Parker, Sam 12	
10	Urbandale	3:23.20	3
	1) Miller, Chris 10	2) Dabney, Drew 10	
	3) Friedrichsen, Cade 11	4) Daumueller, Ben 10	
11	CR Kennedy	3:24.32	1
	1) Coates, Austin 12	2) Haynes, Malik 11	
	3) Dix, Keeler 10	4) Krystofiak, Chris 12	
12	Linn-Mar	3:24.38	1
	1) Gosch, Dalton 11	2) Miller, Bryce 12	
	3) Docterman, Gavren 12	4) Petesich, David 12	
13	DUB Senior	3:24.45	2
	1) Osterberger, Jacob 12	2) Kizer, Preston 12	
	3) Jackson, DeAngelo 12	4) Seymour, Collin 12	
14	Ames	3:24.74	3
	1) Stevens, Noah 11	2) Chiman, Akuei 12	
	3) Krapfl, Will 09	4) Brooks, DaiSean 11	
15	CR Jefferson	3:24.87	3
	1) Olutunde, Manny 12	2) Short, Mason 12	
	3) Webb, Royshawn 11	4) Taylor, Devonte 11	
16	Ottumwa	3:24.90	1
	1) Riley, Conner 10	2) Yeaway, Sam 09	
	3) Casillas, Austyn 10	4) Cruz, Roger 11	
17	Mason City	3:25.23	2
	1) Younker, Kyle 11	2) Williams, Jareese 12	
	3) Veal, Willie 12	4) Green, Shandon 12	
18	Clinton	3:25.33	3
	1) Robinson, Marquis 12	2) Jones, Quavon 11	
	3) Collins, Barrion 11	4) Harris, Theo 12	
19	Fort Dodge	3:25.39	3
	1) Bice, Johnny 12	2) Carter, Chase 12	
	3) Myers, Keegan 12	4) Kolacia, Sam 12	
20	Johnston	3:25.41	1
	1) Johnson, Zane 12	2) Cooper, Braden 12	
	3) Bergstrom, Blake 11	4) Svestka, Gannon 11	
21	Prairie, CR	3:25.46	1
	1) Clark, Cal 12	2) Lorenz, Matt 11	
	3) LaGrange, Preston 11	4) Borseth, Marty 11	
22	Dowling C, WDM	3:26.75	2
	1) Hummel, Jake 11	2) Johnson, Charlie 10	
	3) Boduo, Prince 11	4) Fraizer, Matt 11	
23	Valley, WDM	3:26.82	3
	1) Heald, Braeden 11	2) Keller, Jacob 09	
	3) Shaner, Jonathon 09	4) Peterson, Grant 11	
24	Bettendorf	3:28.73	2
	1) Anderson, Josh 11	2) Graves, Josiah 11	
	3) Nicholson, Demari 10	4) Porter, Darien 09	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x800 Meter Relay 4A**

3) Fink, Jack 11	4) Fraizer, Matt 11		
6 Urbandale	8:00.20	2	3
1) Friedrichsen, Cade 11	2) Westphal, Michael 12		
3) Penningroth, Jonah 12	4) Daumueller, Ben 10		
7 IC, City High	8:00.36	2	2
1) Rethwisch, John Paul 10	2) McDowell, Tom 12		
3) Firmstone, Lucas 10	4) McMillan, Jim 11		
8 Johnston	8:01.50	2	1
1) Cooper, Braden 12	2) Lair, Grant 10		
3) Johnson, Zane 12	4) Schaefer, Joe 09		
9 Linn-Mar	8:02.87	2	
1) Mather, Michael 12	2) Long, Trent 09		
3) Schmidt, Ethan 10	4) Seitz, Johnny 10		
10 IC, West	8:05.00	2	
1) Nugent, Derek 11	2) Garbutt, Jeff 10		
3) Jelinek, Nate 11	4) Karanja, Patrick 12		
11 DUB Senior	8:06.88	1	
1) Kizer, Preston 12	2) Hildebrand, Jalen 10		
3) Schieltz, Zach 12	4) Whalen, Mark 12		
12 Ames	8:07.90	1	
1) Grim, Lee 12	2) Braun, Jared 09		
3) Reecy, Marcus 11	4) Santiago, Malkan 12		
13 Pleasant Valley	8:07.99	2	
1) Friederichs, Henry 12	2) Conway, Mark 11		
3) Pena, Anthony 10	4) Gorman, Ben 11		
14 Ankeny Cent	8:11.54	1	
1) Lucht, Dakota 12	2) Davis, Ahren 10		
3) Stumm, Tanner 12	4) Suedmeier, Cory 12		
15 Muscatine	8:13.81	2	
1) Dolan, Garret 11	2) Bautista, Alex 11		
3) Hoffman, Kyle 11	4) Olson, Tyler 10		
16 CB, T Jefferson	8:14.49	1	
1) Raes, Parker 12	2) Carey, Daniel 11		
3) Salazar, Cesar 10	4) Sampson, Jeron 10		
17 Valley, WDM	8:15.18	1	
1) Jones, Tristan 12	2) Spann, Jacob 11		
3) Parris, Sean 12	4) Williams, Ryan 11		
18 Bettendorf	8:16.86	1	
1) Cooley, Brandon 12	2) Stamper, Jackson 10		
3) Shrader, Karson 12	4) Sunderman, Andrew 12		
19 CR Kennedy	8:17.25	1	
1) Price, Jesse 11	2) Middlekauf, Jackson 11		
3) Solsrud, Andrew 12	4) Krystofiak, Chris 12		
20 Ottumwa	8:17.26	1	
1) Rodriguez, Hector 12	2) Riley, Conner 10		
3) Strunk, Jalen 12	4) Cruz, Roger 11		
21 Epworth, WD	8:20.24	1	
1) Gansen, Dain 12	2) Connolly, Isaac 11		
3) Freiburger, Joe 11	4) Hammerand, Ethan 11		
22 WAT West	8:20.53	1	
1) Streed, Clayton 10	2) Odekirk, Spencer 10		
3) Huynh, William 12	4) Ritter, James 12		
23 SC, North	8:25.87	1	
1) Zeman, Will 10	2) Folchert, Daniel 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys 4x800 Meter Relay 4A

3) Beller, Camden 11	4) Maynard, Kaleb 12		
24 Ankeny		8:28.09	1
1) Acoymo, Grant 12	2) Wignall, Chris 12		
3) Jacobson, Cole 11	4) Blay, Eli 11		

Boys Distance Medley 4A

=====			
State Record: *	3:24.39	5/23/2014	Linn-Mar, Linn-Mar
			A Flieder, T Wolfe, D Trenary, J Evans
All-Time: !	3:22.69	2001	Iowa City High, Iowa City High
School			Finals H# Points
=====			
1 Dowling C, WDM		3:26.26	3 10
1) Morse, Parker 11	2) Hummel, Jake 11		
3) Johnson, Charlie 10	4) Schweizer, Ryan 12		
2 Cedar Falls		3:27.85	3 8
1) Harrington, Denison 12	2) Penrith, Gabe 11		
3) O'Hair, Gaven 12	4) Lavallee, Hunter 12		
3 Prairie, CR		3:28.95	2 6
1) Wallace, Joah 11	2) Northrup, Trevor 12		
3) Borseth, Marty 11	4) VanDraska, Tysen 12		
4 Waukee		3:30.49	3 5
1) Johnson, Drew 11	2) Eaton, Zach 09		
3) Penn, Kayde 12	4) Modlin, Ryan 11		
5 Johnston		3:30.97	3 4
1) Wunsch, Carter 11	2) Pater, Johnny 11		
3) Svestka, Gannon 11	4) Lair, Grant 10		
6 Ames		3:31.66	1 3
1) Martin, Darrius 12	2) Stringfellow, DeVaughn 12		
3) Brooks, DaiSean 11	4) Grim, Lee 12		
7 Pleasant Valley		3:33.03	3 2
1) Braden, Arthur 10	2) Carter, CJ 11		
3) Baker, Keshawn 10	4) Sommer, Karson 12		
8 Indianola		3:33.92	3 1
1) Ewoldsen, Chris 11	2) Hartung, Kade 11		
3) Nochvay, Oleg 12	4) Combs, Tyler 12		
9 Linn-Mar		3:34.08	2
1) Freese, Griffin 11	2) Petesich, David 12		
3) Gosch, Dalton 11	4) Murphy, Ryan 11		
10 Urbandale		3:34.25	3
1) Kistenmacher, Caleb 11	2) Nayou, Gee 12		
3) Dabney, Drew 10	4) Friedrichsen, Cade 11		
11 CR Kennedy		3:34.27	3
1) Jones, Blake 10	2) Shanklin, Marco 10		
3) Duehr, Nick 11	4) Price, Jesse 11		
12 DUB Senior		3:34.34	2
1) Osterberger, Jacob 12	2) Bonifas, Lee 12		
3) Seymour, Collin 12	4) Kizer, Preston 12		
13 Bettendorf		3:35.35	2
1) Graves, Josiah 11	2) Anderson, Josh 11		
3) Porter, Darien 09	4) Cooley, Brandon 12		
14 Ankeny Cent		3:36.03	2
1) Cahill, Tyler 09	2) Saddoris, Connor 12		
3) Suedmeier, Cory 12	4) Stumm, Tanner 12		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys Distance Medley 4A**

15 IC, City High	3:37.56	2
1) Jones, Jason 12	2) Roggeveen, Jack 11	
3) Jones, Zach 10	4) Rethwisch, John Paul 10	
16 Ankeny	3:38.23	1
1) Parker, Sam 12	2) Hanna, Ethan 12	
3) Wignall, Chris 12	4) Acoymo, Grant 12	
17 Valley, WDM	3:39.65	2
1) Heald, Braeden 11	2) Peterson, Grant 11	
3) Keller, Jacob 09	4) Kirk, Trevor 11	
18 DVPT, West	3:41.00	1
1) Mosley, DJ 10	2) Williams, Tyler 10	
3) Combs, Dot 11	4) Dolan, Keenan 10	
19 Clinton	3:42.47	1
1) Harris, Theo 12	2) Robinson, Marquis 12	
3) Jones, Quavon 11	4) Mooney, Xavier 12	
20 Epworth, WD	3:43.12	1
1) George, Drake 09	2) Kramer, Mitchell 12	
3) Fagerlind, Daniel 09	4) Connolly, Isaac 11	
21 Mason City	3:44.05	2
1) Senger, Xavier 12	2) Goepel, Steve 12	
3) Younker, Kyle 11	4) Rowe, Thomas 11	
22 Lewis Central	3:46.26	1
1) Owens, Brantley 12	2) Main, Ryan 12	
3) Shipman, Zach 10	4) Childers, Seth 11	
23 DVPT, Central	3:50.63	1
1) Kurth, Kevin 11	2) Morrison, Tyson 12	
3) Sleet, Duane 12	4) Smith, Michael 11	
-- DSM, Hoover	DQ	1
1) Baye, Marcus 10	2) Francis, Dichon 10	
3) Anderson, Elliott 11	4) Niphong, Charls 10	

Boys 4x110 Meter Shuttle Hurdle 4A

=====			
State Record: *	55.78	5/24/2014	Waukee, Waukee
			J Brdicko, K Renshaw, S Stanley, J Brdicko
All-Time: !	55.78	5/24/2014	Waukee, Waukee
			J Brdicko, K Renshaw, S Stanley, J Brdicko
School			Prelims H#
=====			

Preliminaries

1 Linn-Mar	56.22q	1
1) Baker, Zeal 11	2) Docterman, Gavren 12	
3) House, Nick 11	4) Gorsich, Danny 12	
2 CR Kennedy	56.71q	2
1) Coates, Austin 12	2) Jordan Jr., Terrell 10	
3) Dix, Keeler 10	4) Beyer, Shaun 12	
3 Waukee	56.89q	4
1) Renshaw, Kalen 12	2) Halligan, Nate 12	
3) McCrary, Aaron 10	4) Wessels, Nick 12	
4 Prairie, CR	57.20q	5
1) Nunemaker, Tyler 12	2) Jasa, Mike 10	
3) Parks, Chavi 10	4) Wallace, Joah 11	
5 IC, City High	57.27q	6
1) Jones, Zach 10	2) Keita, Paci 12	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****....Boys 4x110 Meter Shuttle Hurdle 4A**

3) Jones, Jason 12	4) Butler, Sy 12		
6 CR Washington		57.39q	3
1) Nimmers, Isaiah 12	2) Leonard, Trey 11		
3) Eckhardt, Erik 11	4) Stewart, Tavion 12		
7 DUB Senior		57.49q	6
1) Seymour, Collin 12	2) Sweeney, Shane 12		
3) Jackson, DeAngelo 12	4) Osterberger, Jacob 12		
8 Valley, WDM		57.82q	3
1) Hamborg, Jack 11	2) Reding, Austin 10		
3) Floss, Keaton 11	4) Wilson, Jack 12		
9 Johnston		58.03	4 58.025
1) Wunsch, Carter 11	2) Bergstrom, Blake 11		
3) Stigers, Jackson 10	4) Coleman, Marcus 12		
10 SE Polk		58.03	2 58.026
1) Northway, Garrett 12	2) Mortale, Ryan 11		
3) Salyers, Hunter 12	4) Barclay, Wade 11		
11 Ankeny Cent		58.42	5
1) Weil, Taylor 11	2) Moss, Riley 10		
3) Mudge, Adam 11	4) Pinegar, Jake 10		
12 Mason City		58.80	1
1) Sanchez, Alex 12	2) Goepel, Steve 12		
3) Slaven, Quinn 12	4) Green, Shandon 12		
13 Cedar Falls		58.93	1
1) Louviere, Ben 12	2) Hermansen, Noah 12		
3) Barney, Isaiah 12	4) Hoy, Nathan 11		
14 Ankeny		59.07	2
1) Green, Killyan 10	2) Davis, Michael 11		
3) Hill, Drew 10	4) Hanna, Ethan 12		
15 Dowling C, WDM		59.27	4
1) Shonka, Bryce 12	2) Christy, Colin 12		
3) Paskach, Josh 10	4) Ingham, Hunter 12		
16 SC, North		59.56	6
1) Vollmer, Max 11	2) Noble, Jacobus 12		
3) Kempema, Tyler 11	4) Weeter, Noah 11		
17 Ames		1:00.35	3
1) Krapfl, Will 09	2) Stevens, Noah 11		
3) Chimman, Akuei 12	4) Wannarka, Jack 12		
18 Lewis Central		1:00.46	5
1) Duggan, Max 09	2) Sieleman, Drew 11		
3) Teply, Baily 12	4) Mass, Alec 11		
19 Epworth, WD		1:00.96	2
1) Lembezeder, Nick 11	2) Recker, Danny 11		
3) Hosch, Freddie 10	4) Kauffmann, Alex 11		
20 Urbandale		1:01.18	6
1) Young, Jordan 12	2) Sehic, Semir 10		
3) Dannenfeldt, Quinn 12	4) Reinhold, Trevor 12		
21 Clinton		1:02.50	1
1) Wenzel, Ty 11	2) Houzenga, Jace 11		
3) Harris, Gage 11	4) Guilliams, Justin 12		
22 DVPT, Central		1:03.05	4
1) Jack, Anthony 09	2) Reemtsma, Will 09		
3) Morrison, Tyson 12	4) Sleet, Duane 12		
-- Muscatine		DQ	5
1) Summers, David 11	2) Gray, Jason 11		

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

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Drake Stadium

Results

....Boys High Jump 4A

9 Sorrells, Marquan	10 Muscatine	6-01.00	1.85m
11 Clark, Jacee	10 WAT East	J6-01.00	1.85m
12 Cremer, Max	11 Pleasant Valley	J6-01.00	1.85m
13 Haynes, Malik	11 CR Kennedy	J6-01.00	1.85m
13 Sams-Merriweather, Jared	09 IC, West	J6-01.00	1.85m
15 Burnett, Juma	12 IC, City High	5-11.00	1.80m
15 Heiser, Chandler	10 Johnston	5-11.00	1.80m
17 Shepherd, Nate	12 Lewis Central	J5-11.00	1.80m
18 Dannenfeldt, Quinn	12 Urbandale	J5-11.00	1.80m
19 Greenhaw, Drew	11 Muscatine	J5-11.00	1.80m
20 Deng, James	11 DSM North	5-09.00	1.75m
20 Chuol, Chuol	11 Ames	5-09.00	1.75m
20 Lenerz, Wilson	10 Waukee	5-09.00	1.75m
-- Hanna, Ethan	12 Ankeny	NH	
-- DeSollar, Drew	11 Epworth, WD	NH	

Boys Long Jump 4A

=====							
State Record: *	24-01	1983	Chris Walker, Davenport Central				
All-Time: !	24-09.50	1984	Chris Walker, Davenport Central				
Name	Year	School	Finals	Wind		H#	Points
=====							
1 Jackson, DeAngelo	12	DUB Senior	23-07.00	NWI	7.18m	2	10
2 Beyer, Shaun	12	CR Kennedy	22-10.25	NWI	6.96m	2	8
3 Lamonte, Corey	12	DVPT, North	22-03.25	NWI	6.78m	2	6
4 Coleman, Anthony	09	Johnston	22-00.25	NWI	6.71m	2	5
5 Fugate, Tre	09	Valley, WDM	21-11.25	NWI	6.68m	2	4
6 Haynes, Malik	11	CR Kennedy	21-09.75	NWI	6.64m	2	3
7 Mbofung, Marc	11	Ames	21-05.50	NWI	6.54m	1	2
8 Nayou, Gee	12	Urbandale	J21-05.50	NWI	6.54m	2	1
9 Mosley, DJ	10	DVPT, West	21-02.75	NWI	6.47m	2	
10 Toluwalase, Isaac	10	DSM, East	21-02.00	NWI	6.45m	2	
11 Primrose, Mark	12	Waukee	21-00.50	NWI	6.41m	1	
12 Drees, Parker	12	SE Polk	20-09.50	NWI	6.33m	2	
13 Carter, CJ	11	Pleasant Valley	20-07.50	NWI	6.28m	1	
14 Watts, Kameron	12	Cedar Falls	20-05.50	NWI	6.23m	2	
15 Moore, Matt	10	Dowling C, WDM	20-05.00	NWI	6.22m	1	
16 Thomas, Lincoln	11	Clinton	20-03.00	NWI	6.17m	1	
17 Baker, Keshawn	10	Pleasant Valley	20-01.25	NWI	6.12m	2	
18 Gifford, Karson	11	Johnston	19-10.75	NWI	6.06m	1	
19 Wagner, Tyler	11	SC, North	J19-10.75	NWI	6.06m	1	
20 Combs, Dot	11	DVPT, West	19-05.50	NWI	5.93m	1	
21 Toe, Zeph	09	WAT West	19-02.00	NWI	5.84m	1	
22 Godfrey, Ross	12	SC, East	J19-02.00	NWI	5.84m	1	
23 Lembezeder, Nick	11	Epworth, WD	19-01.50	NWI	5.82m	1	
-- Hoover, Tremaine	12	IC, West	FOUL			1	

Boys Shot Put 4A

=====							
State Record: *	65-11.50	1968	Doug Lane, CR Jefferson				
All-Time: !	70-11	1968	Doug Lane, Cedar Rapids Jefferson				
Name	Year	School	Finals			H#	Points
=====							
1 Jacobus, Dalles	12	CR Kennedy	60-06.00		18.44m	2	10

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016

Des Moines, Iowa

Drake Stadium

Results

....Boys Shot Put 4A

2	Blaser, William	11	Epworth, WD	60-02.75	18.35m	2	8
3	Coker, Jackson	11	CR Kennedy	57-04.00	17.47m	2	6
4	Hobbs, Dallas	12	CR Washington	57-01.00	17.39m	2	5
5	Naba, Bedale	11	Valley, WDM	56-10.75	17.34m	2	4
6	Webster, Cole	11	Bettendorf	53-10.50	16.42m	1	3
7	Alexa, John	12	SC, East	53-00.00	16.15m	2	2
8	Williams, Spencer	12	Cedar Falls	52-05.50	15.98m	2	1
9	Alt, Gerry	11	CR Washington	51-07.25	15.72m	1	
10	Fahrendholz, Ethan	12	SC, East	51-05.50	15.68m	2	
11	Krantz, Brandon	12	Waukee	51-00.50	15.55m	2	
12	Jones, Marquise	12	Cedar Falls	50-10.00	15.49m	2	
13	Eivins, Jared	12	CR Jefferson	50-06.50	15.40m	1	
14	Snyder, Cody	11	Pleasant Valley	50-05.50	15.37m	1	
15	Kennedy, Ryan	11	Norwalk	50-01.00	15.26m	1	
16	Richardson, Maddux	11	Marshalltown	50-00.00	15.24m	2	
17	Coble, Tyler	12	DUB Hempstead	49-09.00	15.16m	1	
18	Erpelding, Max	12	Bettendorf	49-04.50	15.04m	1	
19	Martin, Micah	12	IC, City High	49-01.25	14.96m	1	
20	Kelley, Jameel	12	DUB Senior	48-11.75	14.92m	1	
21	McFarland, Dallas	12	Linn-Mar	48-11.00	14.90m	1	
22	Newberg, Alex	12	Urbandale	48-03.25	14.71m	2	
23	Kleinow, Alex	11	IC, West	48-01.50	14.66m	1	
24	Wiggins, Jacob	11	Waukee	46-06.50	14.18m	1	

Boys Discus Throw 4A

=====							
State Record: * 192-06 5/17/2007 Nick Brayton, Iowa City We							
All-Time: ! 207-08 1978 Scott Crowell, Mason City							
Name	Year	School	Finals	H#	Points		
=====							
1	Coker, Jackson	11	CR Kennedy	180-06	55.01m	2	10
2	Webster, Cole	11	Bettendorf	178-09	54.48m	2	8
3	Naba, Bedale	11	Valley, WDM	168-00	51.20m	2	6
4	Agbaje, Michael	12	Ames	166-02	50.64m	2	5
5	Jacobus, Dalles	12	CR Kennedy	165-00	50.29m	2	4
6	Cook, Sean	12	DUB Hempstead	164-03	50.06m	1	3
7	Snyder, Cody	11	Pleasant Valley	159-08	48.66m	2	2
8	Seymour, Josh	12	Dowling C, WDM	158-07	48.33m	1	1
9	Onken, Sonny	12	Norwalk	155-06	47.39m	2	
10	Erbes, Isaac	10	Urbandale	151-06	46.17m	2	
11	Martin, Micah	12	IC, City High	151-04	46.12m	2	
12	Shows, Brady	12	North Scott	149-00	45.41m	1	
13	Baker, Cameron	09	CB, T Jefferson	148-02	45.16m	2	
14	Krantz, Brandon	12	Waukee	145-04	44.29m	1	
15	Ealy, Blake	11	IC, West	142-00	43.28m	2	
16	Erpelding, Max	12	Bettendorf	141-04	43.07m	1	
17	Sandvold, Andrew	10	Cedar Falls	139-04	42.46m	1	
18	Lickiss, Eagan	11	Indianola	139-02	42.41m	1	
19	McFarland, Dallas	12	Linn-Mar	137-06	41.91m	1	
20	Jackson, Kendell	10	DSM, Roosevelt	135-11	41.42m	1	
21	Secaur, Ross	11	Urbandale	135-00	41.14m	2	
22	Theobald, Dane	10	Lewis Central	132-02	40.28m	1	
23	Larsen, Rory	11	DUB Senior	126-01	38.43m	1	
24	Schultz, Weston	11	Mason City	125-05	38.22m	1	

Iowa Girls & Boys State Track Meet 2016 - 5/19/2016 to 5/21/2016**Des Moines, Iowa****Drake Stadium****Results****Boys 100 Meter Run WC**

Name	Year	School	Finals	Wind	Points
State Record: * 17.81 2000 E.J. Runyan, Johnston					
All-Time: ! 17.81 2000 E.J. Runyan, Johnston					
1 Thomas, Noah	11	Roland-Story	18.92	1.1	10
2 Woodard, Kadin	09	LeMars	20.00	1.1	8
3 Peyton, Ryan	12	Independence	20.14	1.1	6
4 Razor, Jordan	10	Bond-Farrar	20.16	1.1	5
5 Leazer, Sheldon	12	Ankeny Cent	21.17	1.1	4
6 Moehlman, Jarrett	09	Lisbon	24.60	1.1	3
7 Gehle, Caleb	10	Fort Madison	35.00	1.1	2

Boys 200 Meter Run WC

Name	Year	School	Finals	Wind	Points
State Record: * 31.01 5/18/2013 Jon Litzkow, Waterloo, West					
All-Time: ! 31.01 5/18/2013 Jon Litzkow, Waterloo, West					
1 Thomas, Noah	11	Roland-Story	35.57	NWI	10
2 Peyton, Ryan	12	Independence	37.87	NWI	8
3 Razor, Jordan	10	Bond-Farrar	38.31	NWI	6
4 Woodard, Kadin	09	LeMars	40.19	NWI	5
5 Leazer, Sheldon	12	Ankeny Cent	41.87	NWI	4
6 Moehlman, Jarrett	09	Lisbon	48.40	NWI	3
7 Gehle, Caleb	10	Fort Madison	1:27.79	NWI	2

Boys 400 Meter Run WC

Name	Year	School	Finals	Points
State Record: * 56.57 5/18/2013 Jon Litzkow, Waterloo, West				
All-Time: ! 56.57 5/18/2013 Jon Litzkow, Waterloo, West				
1 Thomas, Noah	11	Roland-Story	1:12.82	10
2 Razor, Jordan	10	Bond-Farrar	1:15.94	8
3 Peyton, Ryan	12	Independence	1:21.21	6
4 Leazer, Sheldon	12	Ankeny Cent	1:21.78	5
5 Woodard, Kadin	09	LeMars	1:22.45	4
6 Moehlman, Jarrett	09	Lisbon	1:41.51	3

Boys Shot Put WC

Name	Year	School	Finals	Points
State Record: * 40-05.50 5/18/2013 Alex Gudenkauf, Dubuque, Senior				
All-Time: ! 40-05.50 5/18/2013 Alex Gudenkauf, DBQ Senior WC				
1 Peyton, Ryan	12	Independence	21-03.00	6.47m 10
2 Leazer, Sheldon	12	Ankeny Cent	20-03.25	6.17m 8
3 Woodard, Kadin	09	LeMars	15-01.00	4.59m 6
4 Gehle, Caleb	10	Fort Madison	14-07.75	4.46m 5
5 Moehlman, Jarrett	09	Lisbon	11-01.25	3.38m 4

Women - 1A - Team Rankings - 19 Events Scored

1) West Hancock	50	2) Sioux Ctrl, SR	44
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3) Central, Elkader	42	4) Maple Valley-A-O	37
5) Montezuma	36	6) East Mills	32
7) Guthrie Center	31	8) Sidney	28
9) Bishop Garrigan	23	9) Danville	23
11) Wapsie Val, F	22	11) B-G-M, Brook	22
13) N Linn, TM	21.50	14) AGWSR	21
15) Sigourney	20	15) West Fork, S	20
15) Jesup	20	15) Nashua-Plainfld	20
19) Lawton-Bronson	15	20) Logan-Magnolia	14
20) Nodaway Vall	14	22) Clayton Ridge	13
23) Manson NW Web	11	23) Wayne, Corydon	11
25) W Sioux Hwardn	10	26) North Union	8
26) Bedford	8	26) Belle Plaine	8
26) Midland, Wyoming	8	26) Charter Oak-Ute	8
31) BCLUW	6	31) GMG, Garwin	6
31) Iowa Valley, M	6	34) Central Decatur	5.50
35) C-Wheatland	5	35) Hudson	5
35) Cent Lyon, RR	5	35) Dunkerton	5
35) Fremont-Mills	5	35) Kee, Lansing	5
35) New London	5	42) IKM-Manning	4
42) Edgewd-Colesburg	4	42) Nwood-Kensett	4
42) Glidden-Ralston	4	46) Lisbon	3
46) Newell-Fonda	3	46) Rockford	3
46) E Buchanan, W	3	46) SE Warren, LC	3
51) Highland, R	2	51) Starmont	2
53) Colfax-Mingo	1	53) Turkey Val, JJ	1
53) Mount Ayr	1	53) HM-Sanborn	1
53) Don Bosco, G	1	53) Janesville	1

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Women - 2A - Team Rankings - 19 Events Scored

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1) Cascade, WD	50	2) Union, LaPorte C	43
3) Monticello	40.50	4) Pekin	39
5) Northeast, GL	38	6) DSM Christian	34
7) W Christ, Hull	31	8) Osage	30.50
9) Pocahon Area	30	10) Albia	24
11) W Marshall, SC	23	11) Madrid	23
13) KP-WC	22	14) Durant	20
14) Earlham	20	16) Mid-Prairie, W	18
16) Tipton	18	18) Alta/Aurelia	15
18) North Cedar, S	15	20) Unity Chrst, OC	13
20) Beckman, D	13	22) Central Sprngs	12
23) Underwood	11	24) New Hampton	10
24) OA-BCIG	10	26) Sioux Center	9
27) Pella Christian	8	27) Louisa-Musc	8
27) Dike-NH	8	30) Saint Ansgar	7
30) PCM, Monroe	7	32) W Lyon, Inwood	6
32) Sumner-Fredrksbg	6	32) Eddyvl-Blakes/F	6
32) Waukon	6	32) West Branch	6
32) Sheldon	6	38) Roland-Story	5
38) S Winn, Calmar	5	38) Mediapolis	5
41) Bell/Marq	4	41) Clarion-Goldfield-Dows	4
41) Columbus, CJ	4	41) CMB, Baxter	4
45) South Hardin	3	45) N Fayette Val	3

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....Boys Shot Put WC

45) Lake Mills	3	48) Panorama, P	2
48) Davis County, B	2	48) E Marshall, L	2
48) East Sac County	2	48) Cherokee, Wash	2
48) Kuemper Cath	2	54) South Cent Cal	1
54) Treynor	1		

 =====
 Women - 3A - Team Rankings - 19 Events Scored
 =====

1) Assumption	126	2) Pella	79.50
3) Wahlert, Dub	61	4) Boone	45
5) Decorah	41	6) Glenwood	36
7) S Tama Cty, Tama	24	7) Ballard	24
9) Benton Comm	23	10) Solon	21.50
11) Williamsburg	20.50	12) ADM, Adel	17
12) Gilbert	17	12) Bishop Heelan	17
15) Marion	15	15) Spencer	15
15) Fort Madison	15	18) Grinnell	14.50
19) Mt Vernon	14	20) North Polk, A	13
21) Denison-Schlswg	12	22) DC-Grimes	11
23) Greene County	10	24) Boy-Hul/Rock Val	6
24) Central DeWitt	6	24) Xavier, CR	6
24) Knoxville	6	28) Independence	5
28) Vinton-Shellbrg	5	28) Newton	5
31) Creston	4	31) Oskaloosa	4
31) Charles City	4	31) Nevada	4
35) Webster City	3	35) Winterset	3
37) Maquoketa	2	37) Storm Lake	2
37) Carlisle	2	37) Carroll	2

 =====
 Women - 4A - Team Rankings - 19 Events Scored
 =====

1) Waukee	83	2) Pleasant Valley	77
3) Urbandale	60	4) IC, West	57
5) Linn-Mar	52	6) Ames	47.50
7) CR Jefferson	43	8) WAT East	30
8) Muscatine	30	10) SE Polk	28
11) Clinton	25	12) Johnston	23.50
13) Ankeny Cent	23	13) DSM, Roosevelt	23
15) Cedar Falls	17.50	16) Indianola	16
17) CB, A Lincoln	14	17) SC, West	14
19) Bettendorf	13	20) DSM, East	9
21) DUB Senior	8	22) WAT West	7
22) Dowling C, WDM	7	24) Ankeny	6
25) Norwalk	5.50	26) Epworth, WD	4
27) IC, City High	3.50	28) DSM North	3
28) CR Washington	3	30) Valley, WDM	2
30) North Scott	2	32) CR Kennedy	1.50
33) SC, East	1	33) SC, North	1

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 Women - WC - Team Rankings - 4 Events Scored
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1) Sheldon	38	2) Mormon Trail	34
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Results

....Boys Shot Put WC

Men - 1A - Team Rankings - 18 Events Scored

1) Lisbon	52	2) Jesup	40
3) Audubon	38	4) Mount Ayr	34
5) Lawton-Bronson	29	6) Nishnabotna	26
7) Nwood-Kensett	24	8) Bishop Garrigan	22
9) Hudson	21	9) Highland, R	21
11) Manson NW Web	18	11) Colo-Nesco	18
11) St. Albert, CB	18	14) Cent Lyon, RR	16
14) North Union	16	14) WACO, Waylnd	16
14) Lone Tree	16	18) Belmond-Klemme	15
18) Newell-Fonda	15	20) AGWSR	14
21) South O'Brien, P	11	21) Stanton	11
21) Winfield-Mt. U	11	24) Whiting	10
24) St. Edmond, FD	10	24) C-Wheatland	10
24) CR-Bayard	10	24) Lynnville-Sully	10
24) HM-Sanborn	10	24) Bellevue	10
24) Woodbine	10	24) Ridge View	10
33) George-Little Rk	9	34) Nodaway Vall	8
34) N Mahaska, NS	8	34) Boyer Valley	8
37) Montezuma	7	37) Wapsie Val, F	7
39) Colfax-Mingo	6	39) B-G-M, Brook	6
41) N Linn, TM	5	41) Central Decatur	5
41) Bedford	5	44) HLV, Victor	4
44) Grand View Christ	4	46) Marquette Cath	3
46) Dunkerton	3	46) Clayton Ridge	3
46) Springville	3	46) IKM-Manning	3
46) Belle Plaine	3	52) Edgewd-Colesburg	2
52) Fremont-Mills	2	54) Kee, Lansing	1
54) SE Warren, LC	1		

Men - 2A - Team Rankings - 18 Events Scored

1) W Burlington/ND	79	2) Monticello	64.50
3) KP-WC	51	4) Dike-NH	46
5) Apltn-Park	36	6) West Branch	34
7) Madrid	31	8) Regina, IC	28
9) Northeast, GL	22	10) Treynor	18
10) Albia	18	12) Camanche	16.50
13) South Cent Cal	16	14) Clarinda	15
15) Anamosa	14	15) AHSTW	14
17) Pekin	13	18) Unity Chrst, OC	11
19) Kuemper Cath	10.50	20) Clear Lake	10
20) Hinton	10	20) Cascade, WD	10
23) Garner-Hay/Vent	8	23) Central Sprngs	8
25) Southeast Valley	7	25) W Christ, Hull	7
27) OA-BCIG	6	27) Ogden	6
27) Mid-Prairie, W	6	27) West Liberty	6
27) S Winn, Calmar	6	32) Alta/Aurelia	5
32) Lake Mills	5	32) Cherokee, Wash	5
32) North Cedar, S	5	32) N Fayette Val	5
37) Davis County, B	4.50	38) Woodward Acad	4
38) Panorama, P	4	38) Saint Ansgar	4

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38) Beckman, D	4	38) Mediapolis	4
43) Sibley-Ocheyedan	3	43) East Sac County	3
43) E Marshall, L	3	43) Columbus, CJ	3
47) New Hampton	2	47) Sheldon	2
49) Clarke, O	1	49) Denver	1
49) MO Valley	1	49) South Hardin	1
49) Forest City	1	49) Waukon	1
49) West Central	1	49) S Hamilton, J	1

Men - 3A - Team Rankings - 18 Events Scored

1) Pella	62	2) Vinton-Shellbrg	56
3) SB-Luton	47	4) Mt Vernon	45
5) Boone	41	6) Center Point	40
7) Estherville-LC	33	8) Marion	29
9) DC-Grimes	26	10) North Polk, A	21
11) Fairfield	20	12) Oskaloosa	18
12) Algona	18	12) Carlisle	18
15) Spirit Lake	17	16) Xavier, CR	15
17) Solon	14	17) Grinnell	14
17) Assumption	14	17) Benton Comm	14
21) Glenwood	13	22) Williamsburg	12
23) Mt Pleasant	11	23) Wahlert, Dub	11
23) Atlantic	11	26) Spencer	10
27) Winterset	9	28) Crestwood	7
29) Harlan	6	29) Charles City	6
29) Denison-Schlswg	6	32) Ia Falls-Alden	5
32) Storm Lake	5	34) Decorah	4
34) Greene County	4	34) Clear Crk-Amana	4
37) Waverly-SR	3	37) Ballard	3
39) Gilbert	2	39) LeMars	2
39) Bishop Heelan	2	42) Central DeWitt	1
42) Carroll	1		

Men - 4A - Team Rankings - 18 Events Scored

1) Prairie, CR	87	2) Cedar Falls	70
3) CR Kennedy	63	4) Dowling C, WDM	61.50
5) Waukee	42	6) CR Washington	35
7) Valley, WDM	31	8) SC, East	27
9) Bettendorf	23	9) Ames	23
11) Pleasant Valley	20	12) DUB Senior	19
13) Indianola	18	13) Lewis Central	18
15) Urbandale	17	15) WAT West	17
17) Linn-Mar	16	18) Epworth, WD	15
18) Johnston	15	18) IC, West	15
21) DVPT, North	11	22) SE Polk	10
23) IC, City High	9	24) Ankeny	8
24) Clinton	8	26) DVPT, Central	6
27) SC, North	5.50	28) Muscatine	5
29) DUB Hempstead	3	30) DSM Lincoln	1
30) CR Jefferson	1		

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....Boys Shot Put WC

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Men - WC - Team Rankings - 4 Events Scored
=====

1) Independence	30	1) Roland-Story	30
3) LeMars	23	4) Ankeny Cent	21
5) Bond-Farrar	19	6) Lisbon	13
7) Fort Madison	9		