

2025 IGHS AU State Swimming and Diving - 11/15/2024 to 11/16/2024

Meet Program

Event 1 Women 1 mtr Diving

Lane	Name	Year	School	
Flight 1 of 1 Timed Finals				
1	Olivia Freundl	JR	Johnston-UN	341.25
2	Neelie Streit	JR	Waukee-UN	419.20
3	Kendal Hanson	FR	Bettendorf-UN	336.80
4	Payton Ryan	JR	Dub Senior-UN	370.55
5	Lily Twigg	JR	Waukee NW-UN	322.25
6	Eleanor Whipple	SO	Dowling Cath-UN	334.90
7	Addyson Gunn	JR	Waukee-UN	331.30
8	Camryn Russell	SR	Grinnell-UN	480.40
9	Abigail Schoneman	SO	Cedar Falls-UN	367.95
10	Bailey Mahoney	SR	Waukee NW-UN	439.65
11	Tessa Carnes	JR	Waukee NW-UN	366.30
12	Harlie Thatcher	JR	Marshalltown-UN	365.90
13	Darcy Gassman	FR	Dub Hempstead-UN	332.45
14	Mylee Dirks	JR	Dowling Cath-UN	422.15
15	Molly Engelman	SO	Ames-UN	342.90
16	Francesca Dehl	SR	Wat West-UN	362.30
17	Emory Braunschweig-Norris	JR	SE Polk-UN	460.05
18	Abigail Reid	JR	Valley, Wdm-UN	390.15
19	Rowan Russell	SR	Ic, West-UN	344.55
20	Tori Sletteland	SR	Linn-Mar-UN	348.65
21	Holli Hetzer	SR	SE Polk-UN	428.95
22	Reese Taylor	SR	Algona-UN	382.35
23	Kambelle Subbert	JR	Ankeny-UN	319.60
24	Sage Clow	SO	CR Kennedy-UN	322.90
25	Norah Nicol	SR	Grinnell-UN	409.65
26	Elly Daly	JR	Dowling Cath-UN	341.65
27	Lucy York	SR	Ames-UN	343.50
28	Aubrie Holder	SO	Grinnell-UN	353.95
29	Audra Doty	JR	SE Polk-UN	385.25
30	Ari Steward	JR	Pleasant Valley-UN	334.60
31	Eliza Schmidt	SR	Waukee-UN	400.45
32	Kasyn Kurtz	JR	Dvpt, West-UN	324.20

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Meet Program

Event 2 Women 200 Yard Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1	Newton-UN	A	2:00.03
2	CR Kennedy-UN	A	1:58.88
3	Dsm, North-UN	A	1:58.53
4	Dub Senior-UN	A	1:58.29
5	Valley, Wdm-UN	A	1:58.34
6	Carroll-UN	A	1:58.61
7	Sc, West-UN	A	1:59.73
8	Spencer-UN	A	2:00.57
Heat 2 of 4 Timed Finals			
1	Grinnell-UN	A	1:58.09
2	Boone-UN	A	1:56.86
3	Lewis Central-UN	A	1:55.68
4	Dub Hempstead-UN	A	1:55.03
5	Ic, City High-UN	A	1:55.27
6	Muscatine-UN	A	1:56.47
7	Ic, West-UN	A	1:57.78
8	Mason City-UN	A	1:58.13
Heat 3 of 4 Timed Finals			
1	Johnston-UN	A	1:53.49
2	Burlington-UN	A	1:53.38
3	Ames-UN	A	1:53.19
4	Ankeny-UN	A	1:52.97
5	Waukee-UN	A	1:53.01
6	Wahlert, Dub-UN	A	1:53.20
7	Decorah-UN	A	1:53.47
8	Marshalltown-UN	A	1:54.70
Heat 4 of 4 Timed Finals			
1	Wat West-UN	A	1:51.86
2	CR Washington-UN	A	1:51.19
3	Linn-Mar-UN	A	1:48.79
4	Cedar Falls-UN	A	1:45.73
5	Bettendorf-UN	A	1:46.71
6	Dowling Cath-UN	A	1:49.27
7	Waukee NW-UN	A	1:51.68
8	Pleasant Valley-UN	A	1:52.90

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Meet Program

Event 3 Women 200 Yard Freestyle

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Maisy Peterson	JR	Waukee-UN	2:03.36
2	Maggie Nguyen	SO	Ic, West-UN	2:02.91
3	Shea Wilson	JR	CR Kennedy-UN	2:01.37
4	Emilia Surma	JR	Bettendorf-UN	2:00.71
5	Avery Anderson	SO	Ankeny-UN	2:01.30
6	Maggie Blackmore	SO	Ankeny-UN	2:01.56
7	Lily Steines	SO	Dub Senior-UN	2:03.29
8	Katelyn Fritz	JR	Bettendorf-UN	2:03.68
Heat 2 of 4 Prelims				
1	Katie Thiessen	SO	Dvpt, Central-UN	1:59.75
2	Tabitha Tallman	JR	Pleasant Valley-UN	1:57.47
3	Erin Mahoney	SR	Sc, West-UN	1:55.83
4	Annie Gilligan	JR	Dub Senior-UN	1:51.95
5	Maelyn Woltz	FR	Cedar Falls-UN	1:54.70
6	Elizabeth Bucksa	JR	Decorah-UN	1:56.13
7	Riley Gojkovich	JR	Waukee NW-UN	1:57.78
8	Abby Faughn	SR	CR Kennedy-UN	2:00.62
Heat 3 of 4 Prelims				
1	Mackenzie Tristan	SO	Linn-Mar-UN	1:59.00
2	Tori Kettles	JR	Waukee-UN	1:57.11
3	Lily McFadden	FR	Dub Hempstead-UN	1:55.61
4	Ellie McCorkle	SO	Ames-UN	1:50.86
5	Charlotte Qualley	JR	Dowling Cath-UN	1:54.60
6	Sassy Hasset	SR	Dowling Cath-UN	1:56.11
7	Reid McCloud	FR	Newton-UN	1:57.75
8	Jaylyn Light	SR	Ames-UN	1:59.93
Heat 4 of 4 Prelims				
1	Olivia Hopewell	SR	Dvpt, Central-UN	1:58.74
2	Hannah Geng	JR	Ic, West-UN	1:56.89
3	Lydia Rehmert	JR	Cedar Falls-UN	1:55.08
4	Natalie Patee	SR	Sc, West-UN	1:50.80
5	Ella Gardner	JR	Cedar Falls-UN	1:53.67
6	Lily Van Der Linden	SR	Ames-UN	1:56.03
7	Mary Honkamp	SR	Dowling Cath-UN	1:57.56
8	Helena Mundisev	FR	Ic, City High-UN	1:59.81

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Meet Program

Event 4 Women 200 Yard IM

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Jenna Schissel	SO	Decorah-UN	2:20.50
2	Ava Lutz	FR	CR Kennedy-UN	2:20.06
3	Allie Kearney	SO	Ankeny-UN	2:19.58
4	Emma Popp	SR	Waukee-UN	2:18.91
5	Chloe Kiekhaefer	SO	Johnston-UN	2:19.04
6	Julia Roth	SR	Wahlert, Dub-UN	2:20.01
7	Clara Cunningham	SR	Dsm, North-UN	2:20.23
8	Emma Case	SO	Marshalltown-UN	2:20.90
Heat 2 of 4 Prelims				
1	Valentina Nunez	JR	Cedar Falls-UN	2:16.90
2	Jenna Farwell	SR	Bettendorf-UN	2:14.18
3	Kate Trospen	JR	Waukee NW-UN	2:11.42
4	Lucy Parson	JR	Wat West-UN	2:08.61
5	Halle Sears	SO	Spencer-UN	2:09.88
6	Ava Owenson	SR	Johnston-UN	2:13.57
7	Molly Snyder	JR	Wahlert, Dub-UN	2:15.86
8	Natalie Freeman	SO	Sc, West-UN	2:18.44
Heat 3 of 4 Prelims				
1	Maisey Duehr	JR	Dub Hempstead-UN	2:16.53
2	Makenzie Lumadue	SR	Waukee NW-UN	2:14.09
3	Quinn Ramaeker	SR	Dowling Cath-UN	2:10.49
4	Camryn Steining	JR	Pleasant Valley-UN	2:07.62
5	Brielle Andedo	SO	Bettendorf-UN	2:09.65
6	Elise Knispel	FR	Lewis Central-UN	2:13.10
7	Mady Hermsen	JR	Ames-UN	2:15.85
8	Ariana Swanson	FR	Ic, West-UN	2:17.65
Heat 4 of 4 Prelims				
1	Layla Breitbach	JR	Linn-Mar-UN	2:16.05
2	Lucy Huss	JR	Dowling Cath-UN	2:13.80
3	Kimber Corwin	SO	Dowling Cath-UN	2:09.92
4	Caite Schaffel	FR	Linn-Mar-UN	2:05.70
5	Addison Oelke	SR	Sc, West-UN	2:09.49
6	Piper Gevock	FR	Ottumwa-UN	2:11.44
7	Ava Remme	FR	Ic, City High-UN	2:15.12
8	Addie DeYoung	FR	Waukee NW-UN	2:17.53

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Meet Program

Event 5 Women 50 Yard Freestyle

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Madelyn Elkins	JR	Ic, City High-UN	25.65
2	Rebecca Roling	JR	Dub Hempstead-UN	25.58
3	Isabel Kenkel	SR	Grinnell-UN	25.49
4	Finlee Burns	JR	Waukee-UN	25.37
5	Kylee Hill	JR	Burlington-UN	25.45
6	Madison Trosper	SR	Ankeny-UN	25.53
7	Aaliyah Laws	FR	Sc, West-UN	25.62
8	Haven Cline	JR	Valley, Wdm-UN	25.67
Heat 2 of 4 Prelims				
1	Abigail Reid	JR	Valley, Wdm-UN	25.12
2	Ginny Hedding	SR	Dowling Cath-UN	24.81
3	Charlee DeJong	SR	Valley, Wdm-UN	24.53
4	Jaya Stacy	JR	Bettendorf-UN	24.10
5	Rio Hammitt	SO	Lewis Central-UN	24.31
6	Haylie Weinheimer	JR	Dsm, North-UN	24.63
7	Colette Lovell	JR	Dowling Cath-UN	24.87
8	Miah Mogard	JR	Ames-UN	25.36
Heat 3 of 4 Prelims				
1	Avery Howie	JR	Boone-UN	25.08
2	Paige Wilson	SR	Cedar Falls-UN	24.69
3	Harper Barton	SR	Newton-UN	24.46
4	Leah Mason	SO	Cedar Falls-UN	23.93
5	Lilly Anctil	SR	CR Kennedy-UN	24.23
6	Teresa Zhang	FR	Linn-Mar-UN	24.62
7	Taylor Hall	JR	Dowling Cath-UN	24.84
8	Addyson Binkowski	FR	Ames-UN	25.19
Heat 4 of 4 Prelims				
1	Leia Hernandez	JR	Marshalltown-UN	25.07
2	Madeline Knispel	JR	Lewis Central-UN	24.66
3	Nora Landon	FR	Ic, West-UN	24.39
4	Taytem Lehmann	SR	Cedar Falls-UN	23.83
5	Aleah Karolus	JR	Perry-UN	24.22
6	Alexandra Powers	SR	Ames-UN	24.60
7	Penelope Morrison	FR	Oskaloosa-UN	24.84
8	Elizabeth Speers	JR	Burlington-UN	25.15

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Meet Program

Event 6 Women 100 Yard Butterfly

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Addyson Binkowski	FR	Ames-UN	1:03.08
2	Ainsley Lockey	JR	Lewis Central-UN	1:02.95
3	Adeline Tudor	SR	Wat West-UN	1:02.42
4	Isla Pelham	FR	Pleasant Valley-UN	1:01.92
5	Mandy Plasier	SO	Waukee-UN	1:02.22
6	Emma Case	SO	Marshalltown-UN	1:02.51
7	Maya Moore	SO	Waukee-UN	1:02.96
8	Ella Dahlen	FR	Valley, Wdm-UN	1:03.19
Heat 2 of 4 Prelims				
1	Aubrie Hanson	SO	Ames-UN	1:01.46
2	Maeve Waas	FR	Ic, City High-UN	59.96
3	Charlie Villhauer	SO	Ankeny-UN	59.48
4	Halle Sears	SO	Spencer-UN	57.58
5	Elise Knispel	FR	Lewis Central-UN	58.59
6	Kylee Hill	JR	Burlington-UN	59.68
7	Jada Ripke	SO	CR Washington-UN	1:00.55
8	Naomi Davis	FR	Waukee NW-UN	1:01.82
Heat 3 of 4 Prelims				
1	Corrine Rehmert	FR	Cedar Falls-UN	1:01.33
2	Molly Snyder	JR	Wahlert, Dub-UN	59.85
3	Lucy Huss	JR	Dowling Cath-UN	58.79
4	Hayden Bailey	SR	Waukee NW-UN	57.29
5	Nora Landon	FR	Ic, West-UN	58.28
6	Lily McFadden	FR	Dub Hempstead-UN	59.65
7	Emilia Surma	JR	Bettendorf-UN	1:00.46
8	Merryn Newton	SO	Waukee NW-UN	1:01.80
Heat 4 of 4 Prelims				
1	Payge Webb	FR	Decorah-UN	1:01.22
2	Izzy Ernsperger	JR	Johnston-UN	59.80
3	Addison Oelke	SR	Sc, West-UN	58.64
4	Leah Mason	SO	Cedar Falls-UN	55.88
5	Kimber Corwin	SO	Dowling Cath-UN	58.27
6	Tenley Michael	FR	Muscatine-UN	59.54
7	Finlee Burns	JR	Waukee-UN	1:00.41
8	Lucia Anderson	SO	Lewis Central-UN	1:01.53

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Meet Program

Event 7 Women 100 Yard Freestyle

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Temple Barton	SO	Newton-UN	56.96
2	Maisy Peterson	JR	Waukee-UN	56.87
3	Gabriella Cwiertny	SO	Ic, West-UN	56.64
4	Allie Douglas	SO	SE Polk-UN	56.31
5	Aaliyah Laws	FR	Sc, West-UN	56.39
6	Addison Luck	JR	Linn-Mar-UN	56.65
7	Elly Howell	FR	Bettendorf-UN	56.91
8	Irma Mujic	SR	Wat West-UN	57.10
Heat 2 of 4 Prelims				
1	Elizabeth Speers	JR	Burlington-UN	55.46
2	Katie Thiessen	SO	Dvpt, Central-UN	54.43
3	Leia Hernandez	JR	Marshalltown-UN	54.03
4	Kate Trospen	JR	Waukee NW-UN	53.11
5	Lilly Anctil	SR	CR Kennedy-UN	53.54
6	Taylor Hall	JR	Dowling Cath-UN	54.04
7	Charlie Villhauer	SO	Ankeny-UN	55.14
8	Ivy Loo	JR	Johnston-UN	56.12
Heat 3 of 4 Prelims				
1	Shea Wilson	JR	CR Kennedy-UN	55.35
2	Madeline Knispel	JR	Lewis Central-UN	54.18
3	Harper Barton	SR	Newton-UN	53.65
4	Rio Hammitt	SO	Lewis Central-UN	53.01
5	Charlee DeJong	SR	Valley, Wdm-UN	53.19
6	Tabitha Tallman	JR	Pleasant Valley-UN	54.04
7	Miah Mogard	JR	Ames-UN	55.05
8	Isabel Kenkel	SR	Grinnell-UN	56.11
Heat 4 of 4 Prelims				
1	Colette Lovell	JR	Dowling Cath-UN	55.23
2	Hannah Geng	JR	Ic, West-UN	54.16
3	Tori Kettles	JR	Waukee-UN	53.59
4	Taytem Lehmann	SR	Cedar Falls-UN	51.80
5	Paige Wilson	SR	Cedar Falls-UN	53.14
6	Aleah Karolus	JR	Perry-UN	54.04
7	Elena Vaske	FR	Dowling Cath-UN	54.80
8	Abigayle Boysen	JR	Cedar Falls-UN	55.63

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Meet Program

Event 8 Women 500 Yard Freestyle

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Zoe Woolums	SO	SE Polk-UN	5:32.53
2	Haven Cline	JR	Valley, Wdm-UN	5:30.84
3	Maggie Nguyen	SO	Ic, West-UN	5:30.32
4	Merryn Newton	SO	Waukee NW-UN	5:29.34
5	Cameron Cunningham	JR	Pleasant Valley-UN	5:29.64
6	Izzy Ernsperger	JR	Johnston-UN	5:30.64
7	Rylee Rustwick	FR	Sc, West-UN	5:32.20
8	Abby Faughn	SR	CR Kennedy-UN	5:33.94
Heat 2 of 4 Prelims				
1	Kinsail Blaylock	JR	Pleasant Valley-UN	5:26.11
2	Mia Halaczkiwicz	SR	Dowling Cath-UN	5:16.79
3	Reid McCloud	FR	Newton-UN	5:13.16
4	Camryn Steining	JR	Pleasant Valley-UN	5:06.51
5	Lydia Rehmert	JR	Cedar Falls-UN	5:10.94
6	Piper Gevock	FR	Ottumwa-UN	5:15.04
7	Gretchen Gerke	SR	Ic, West-UN	5:23.74
8	Taylor Tigges	JR	Dub Hempstead-UN	5:28.89
Heat 3 of 4 Prelims				
1	Ellie Hoffman	SO	Dub Senior-UN	5:26.09
2	Elizabeth Bucksa	JR	Decorah-UN	5:15.85
3	Sassy Hassett	SR	Dowling Cath-UN	5:12.33
4	Natalie Patee	SR	Sc, West-UN	5:02.27
5	Mary Honkamp	SR	Dowling Cath-UN	5:09.93
6	Lily Van Der Linden	SR	Ames-UN	5:14.70
7	Mackenzie Tristan	SO	Linn-Mar-UN	5:20.22
8	Valentina Nunez	JR	Cedar Falls-UN	5:28.14
Heat 4 of 4 Prelims				
1	Avery Anderson	SO	Ankeny-UN	5:24.50
2	Maggie Blackmore	SO	Ankeny-UN	5:15.38
3	Ava Remme	FR	Ic, City High-UN	5:12.01
4	Ellie McCorkle	SO	Ames-UN	5:00.48
5	Maelyn Woltz	FR	Cedar Falls-UN	5:07.74
6	Helena Mundisev	FR	Ic, City High-UN	5:14.31
7	Olivia Hopewell	SR	Dvpt, Central-UN	5:18.25
8	Lucia Anderson	SO	Lewis Central-UN	5:27.59

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Meet Program

Event 9 Women 200 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1	Linn-Mar-UN	A	1:46.79
2	Dvpt, Central-UN	A	1:46.28
3	CR Washington-UN	A	1:45.65
4	SE Polk-UN	A	1:45.49
5	Dsm, North-UN	A	1:45.63
6	Wat West-UN	A	1:45.79
7	Boone-UN	A	1:46.33
8	Decorah-UN	A	1:46.80
Heat 2 of 4 Timed Finals			
1	Spencer-UN	A	1:44.36
2	Grinnell-UN	A	1:44.18
3	Dub Senior-UN	A	1:43.86
4	Marshalltown-UN	A	1:43.72
5	Burlington-UN	A	1:43.80
6	Oskaloosa-UN	A	1:44.03
7	Ic, City High-UN	A	1:44.32
8	Carroll-UN	A	1:44.90
Heat 3 of 4 Timed Finals			
1	Johnston-UN	A	1:42.90
2	Ic, West-UN	A	1:42.63
3	Valley, Wdm-UN	A	1:42.06
4	Newton-UN	A	1:41.48
5	Wahlert, Dub-UN	A	1:41.69
6	Ankeny-UN	A	1:42.55
7	Waukee-UN	A	1:42.83
8	Dub Hempstead-UN	A	1:42.94
Heat 4 of 4 Timed Finals			
1	Lewis Central-UN	A	1:39.83
2	Waukee NW-UN	A	1:39.11
3	Sc, West-UN	A	1:38.50
4	Cedar Falls-UN	A	1:36.73
5	Bettendorf-UN	A	1:37.05
6	Ames-UN	A	1:38.97
7	CR Kennedy-UN	A	1:39.74
8	Dowling Cath-UN	A	1:40.60

2025 IGSAU State Swimming and Diving - 11/15/2024 to 11/16/2024

Meet Program

Event 10 Women 100 Yard Backstroke

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Allie Kearney	SO	Ankeny-UN	1:03.01
2	Rylee Rustwick	FR	Sc, West-UN	1:02.65
3	Irma Mujic	SR	Wat West-UN	1:02.20
4	Natalie Freeman	SO	Sc, West-UN	1:02.02
5	Taylor Tigges	JR	Dub Hempstead-UN	1:02.10
6	Mia Halaczkiwicz	SR	Dowling Cath-UN	1:02.43
7	Amelia Tudor	FR	Wat West-UN	1:02.74
8	Makenzie Klatt	FR	Boone-UN	1:03.13
Heat 2 of 4 Prelims				
1	Maeve Waas	FR	Ic, City High-UN	1:01.54
2	Lexie Starkevicius	SR	Lewis Central-UN	1:00.55
3	Jada Ripke	SO	CR Washington-UN	59.39
4	Teresa Zhang	FR	Linn-Mar-UN	57.55
5	Erin Mahoney	SR	Sc, West-UN	58.26
6	Jaylyn Light	SR	Ames-UN	1:00.22
7	Julia Roth	SR	Wahlert, Dub-UN	1:01.22
8	Maria Teles	SR	Johnston-UN	1:01.91
Heat 3 of 4 Prelims				
1	Amanda Kinnison		Dowling Cath-UN	1:01.45
2	Ava Owenson	SR	Johnston-UN	1:00.42
3	Riley Gojkovich	JR	Waukee NW-UN	58.92
4	Annie Gilligan	JR	Dub Senior-UN	56.97
5	Hayden Bailey	SR	Waukee NW-UN	57.77
6	Addie DeYoung	FR	Waukee NW-UN	59.95
7	Tori White	SR	Newton-UN	1:01.07
8	Clara Cunningham	SR	Dsm, North-UN	1:01.90
Heat 4 of 4 Prelims				
1	Maya Moore	SO	Waukee-UN	1:01.37
2	Jenna Farwell	SR	Bettendorf-UN	1:00.26
3	Haylie Weinheimer	JR	Dsm, North-UN	58.28
4	Ella Gardner	JR	Cedar Falls-UN	56.78
5	Charlotte Qualley	JR	Dowling Cath-UN	57.58
6	Emma Popp	SR	Waukee-UN	59.81
7	Tenley Michael	FR	Muscatine-UN	1:00.86
8	Avery Howie	JR	Boone-UN	1:01.59

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Meet Program

Event 11 Women 100 Yard Breaststroke

Lane	Name	Year	School	Seed Time
Heat 1 of 4 Prelims				
1	Amelia Bylund	SR	Valley, Wdm-UN	1:13.05
2	Rachel Case	SR	Marshalltown-UN	1:12.94
3	Ellie Hughes	SO	Perry-UN	1:12.73
4	Layla Breitbart	JR	Linn-Mar-UN	1:12.39
5	Ruth Powers	SO	Wahlert, Dub-UN	1:12.64
6	Jenna Schissel	SO	Decorah-UN	1:12.78
7	Karlee Pearson	JR	Fort Dodge-UN	1:12.95
8	Karly Alstad	FR	Decorah-UN	1:13.08
Heat 2 of 4 Prelims				
1	Brynlee Dixon	SO	Burlington-UN	1:11.93
2	Ali Doolittle	SO	Ames-UN	1:10.65
3	Corrine Rehmert	FR	Cedar Falls-UN	1:07.49
4	Alexandra Powers	SR	Ames-UN	1:04.83
5	Ginny Hedding	SR	Dowling Cath-UN	1:06.67
6	Adele Beek	SO	Marshalltown-UN	1:09.51
7	Molly Hoffman	JR	Waukee-UN	1:11.41
8	Lidia Cygankova	FR	Waukee NW-UN	1:12.38
Heat 3 of 4 Prelims				
1	Ella Welp	JR	Algona-UN	1:11.43
2	Mady Hermsen	JR	Ames-UN	1:10.14
3	Makenzie Lumadue	SR	Waukee NW-UN	1:07.20
4	Caite Schaffel	FR	Linn-Mar-UN	1:04.37
5	Brielle Andedo	SO	Bettendorf-UN	1:05.45
6	Maisey Duehr	JR	Dub Hempstead-UN	1:08.96
7	Reagan Easter	SR	Cedar Falls-UN	1:11.06
8	Madison McCaw	JR	Lewis Central-UN	1:12.34
Heat 4 of 4 Prelims				
1	Chloe Kiekhaefer	SO	Johnston-UN	1:11.41
2	Ariana Swanson	FR	Ic, West-UN	1:09.71
3	Quinn Ramaeker	SR	Dowling Cath-UN	1:06.94
4	Lucy Parson	JR	Wat West-UN	1:02.54
5	Jaya Stacy	JR	Bettendorf-UN	1:05.11
6	Lily Belle Barker	SR	CR Washington-UN	1:08.17
7	Evie Dahm	SO	Johnston-UN	1:10.81
8	Camryn Damage		Dowling Cath-UN	1:12.14

2025 IGSAU State Swimming and Diving - 11/15/2024 to 11/16/2024

Meet Program

Event 12 Women 400 Yard Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 4 Timed Finals			
1	Oskaloosa-UN	A	3:58.90
2	Carroll-UN	A	3:54.54
3	Bettendorf-UN	A	3:52.94
4	Dvpt, Central-UN	A	3:52.17
5	Spencer-UN	A	3:52.42
6	Wahlert, Dub-UN	A	3:53.38
7	Muscatine-UN	A	3:54.89
8	Dsm Lincoln-UN	A	3:59.95
Heat 2 of 4 Timed Finals			
1	Boone-UN	A	3:51.46
2	Marshalltown-UN	A	3:48.44
3	Dub Hempstead-UN	A	3:47.05
4	Ic, City High-UN	A	3:45.81
5	Decorah-UN	A	3:45.85
6	CR Washington-UN	A	3:48.12
7	Grinnell-UN	A	3:50.39
8	Wat West-UN	A	3:51.94
Heat 3 of 4 Timed Finals			
1	Dub Senior-UN	A	3:45.43
2	Valley, Wdm-UN	A	3:45.01
3	Ic, West-UN	A	3:44.62
4	Pleasant Valley-UN	A	3:41.76
5	CR Kennedy-UN	A	3:43.97
6	Johnston-UN	A	3:44.68
7	Waukee-UN	A	3:45.09
8	Ankeny-UN	A	3:45.52
Heat 4 of 4 Timed Finals			
1	Newton-UN	A	3:41.46
2	Dowling Cath-UN	A	3:38.29
3	Waukee NW-UN	A	3:37.00
4	Cedar Falls-UN	A	3:34.16
5	Sc, West-UN	A	3:34.71
6	Ames-UN	A	3:38.15
7	Lewis Central-UN	A	3:38.32
8	Linn-Mar-UN	A	3:41.74

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Meet Program

Event 103 Women 200 Yard Freestyle Para 200 Freestyle

Lane	Name	Year	School	Seed Time
Heat 1 of 1 Timed Finals				
4	Addalyn Worster		Keokuk-UN	NT
5	Taylor Wears-Aesa		Dsm, East-UN	NT

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Meet Program

Event 107 Women 100 Yard Freestyle Para 100 Free

Lane	Name	Year	School	Seed Time
Heat 1 of 1 Timed Finals				
4	Addalyn Worster		Keokuk-UN	NT
5	Taylor Wears-Aesa		Dsm, East-UN	NT