

2025 IOWA CLASS 1A STATE QUALIFIER - STARMONT

Arlington, IA
 Starmont High School
 Host: Starmont
 Thursday, October 23, 2025

MEET OFFICIALS

Meet Director:
 Tracy Curtis
Meet Referee:
 Howard Simpson
Timing:
 Matthew Shannon



OFFICIAL MEET REPORT
 printed: 10/23/2025 4:38 PM

Race #2
HS Girls 5K

Final Results

RACE SUMMARY

Start Time: 4:00 pm

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Sumner-Fredericksburg	38	2-6-7-11-12(14)(16)	1:45:43	21:09	1:40.9
2 Wapsie Valley Fairbank	69	4-8-18-19-20(21)(33)	1:48:57	21:48	1:50.0
3 Maquoketa Valley Delhi	83*	3-10-13-22-35(42)(45)	1:51:38	22:20	4:31.8
4 Starmont West Central	83*	1-5-17-29-31	1:49:48	21:58	5:19.8
5 Beckman Catholic Dyersvil	147	15-24-28-36-44(46)(47)	2:00:12	24:03	4:26.7
6 Janesville	158	25-26-30-37-40	2:01:33	24:19	2:07.1
7 East Buchanan Winthrop	180	9-23-43-52-53	2:12:38	26:32	10:09.7
8 Clayton Ridge Guttenberg	205	27-39-41-48-50(51)	2:10:54	26:11	5:24.2
9 Cedar Ridge Christian	207	32-34-38-49-54(55)(56)	2:14:37	26:56	7:28.5
DNP Turkey Valley Jackson Jun					
DNP Edgewood-Colesburg					
DNP Central Elkader					
DNP Postville Community					
DNP Dunkerton					
DNP Tripoli					
DNP Springville					

*Tiebreakers

Maquoketa Valley Delhi	3	10	13	22	35	42
Starmont West Central	1	5	17	29	31	

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
1 KROGMANN, Lauren	JR	1871	Starmont West Cen	1	18:47.40	---	6:02.5	3:45.5
2 WASKOW, Abbi	JR	1799	Dunkerton	-	20:04.15	1:16.75	6:27.2	4:00.8
3 ZUPKE, Sydney	SO	1887	Sumner-Fredericks	2	20:08.34	1:20.94	6:28.5	4:01.7
4 DIERS, Josie	FR	1811	Edgewood-Colesbu	-	20:14.55	1:27.15	6:30.5	4:02.9
5 BURBRIDGE, Audra	SO	1838	Maquoketa Valley D	3	20:20.42	1:33.02	6:32.4	4:04.1
6 KANE, Adalynn	SO	1907	Wapsie Valley Fairb	4	20:34.29	1:46.89	6:36.9	4:06.9
7 STIKA, Isabella (Belle)	JR	1897	Turkey Valley Jacks	-	20:38.26	1:50.86	6:38.2	4:07.7
8 DEERING, Tenley	FR	1850	Postville Communit	-	20:46.83	1:59.43	6:40.9	4:09.4
9 ROSBURG, Carley	FR	1873	Starmont West Cen	5	20:51.87	2:04.47	6:42.5	4:10.4
10 SNYDER, Jaci	JR	1884	Sumner-Fredericks	6	20:57.66	2:10.26	6:44.4	4:11.5
11 NIEMAN, Hazel	JR	1895	Turkey Valley Jacks	-	21:04.98	2:17.58	6:46.7	4:13.0
12 ROBERTSON, Rain	SO	1882	Sumner-Fredericks	7	21:07.00	2:19.60	6:47.4	4:13.4
13 MEYER, Ava	JR	1908	Wapsie Valley Fairb	8	21:22.49	2:35.09	6:52.4	4:16.5
14 CONNOLLY, Jaden	SO	1801	East Buchanan Win	9	21:30.99	2:43.59	6:55.1	4:18.2
15 BURBRIDGE, Taryn	SR	1839	Maquoketa Valley D	10	21:38.82	2:51.42	6:57.6	4:19.8
16 SUCKOW, Braelyn	JR	1885	Sumner-Fredericks	11	21:40.56	2:53.16	6:58.2	4:20.1
17 FAYER, Brooklyn	SO	1881	Sumner-Fredericks	12	21:49.18	3:01.78	7:01.0	4:21.8

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
18 FELDMANN, Anna	FR	1841	Maquoketa Valley D	13	21:54.24	3:06.84	7:02.6	4:22.8
19 SUCKOW, Kendall	JR	1886	Sumner-Fredericks	(14)	21:54.89	3:07.49	7:02.8	4:23.0
20 DOMEYER, Autumn	JR	1744	Beckman Catholic	15	22:03.22	3:15.82	7:05.5	4:24.6
21 SCHOONOVER, Olyvia	SR	1883	Sumner-Fredericks	(16)	22:11.63	3:24.23	7:08.2	4:26.3
22 BROWN, Abbigail	FR	1869	Starmont West Cen	17	22:12.66	3:25.26	7:08.5	4:26.5
23 BOEHME, Brinley	SO	1906	Wapsie Valley Fairb	18	22:13.93	3:26.53	7:08.9	4:26.8
24 WIERCK, Adelynn	SR	1911	Wapsie Valley Fairb	19	22:21.95	3:34.55	7:11.5	4:28.4
25 BARNES, Maya	SR	1905	Wapsie Valley Fairb	20	22:24.29	3:36.89	7:12.2	4:28.9
26 SCHUTTE, Amy	FR	1910	Wapsie Valley Fairb	(21)	22:26.36	3:38.96	7:12.9	4:29.3
27 SCHERF, Blair	SO	1775	Central Elkader	-	22:33.78	3:46.38	7:15.3	4:30.8
28 BUSH, Breanna	SO	1840	Maquoketa Valley D	22	22:51.57	4:04.17	7:21.0	4:34.3
29 SCHEIDEL, Annebelle	FR	1896	Turkey Valley Jacks	-	22:55.79	4:08.39	7:22.4	4:35.2
30 COOK, Evelyn	FR	1802	East Buchanan Win	23	23:02.34	4:14.94	7:24.5	4:36.5
31 TRUMM, Vivian	FR	1749	Beckman Catholic	24	23:04.64	4:17.24	7:25.2	4:36.9
32 HAMANN, Jenna	FR	1812	Edgewood-Colesbu	-	23:12.13	4:24.73	7:27.6	4:38.4
33 COX, Kayla	FR	1822	Janesville	25	23:28.15	4:40.75	7:32.8	4:41.6
34 STANNARD, Payton	SO	1776	Central Elkader	-	23:28.53	4:41.13	7:32.9	4:41.7
35 SANDERSON, Anna	FR	1826	Janesville	26	23:28.59	4:41.19	7:32.9	4:41.7
36 DICKSON, Audrey	JR	1784	Clayton Ridge Gutt	27	23:31.35	4:43.95	7:33.8	4:42.3
37 PITZ, Miya	SO	1747	Beckman Catholic	28	23:32.54	4:45.14	7:34.2	4:42.5
38 KUENNEN, Kendall	JR	1894	Turkey Valley Jacks	-	23:45.98	4:58.58	7:38.5	4:45.2
39 POPHAM, Lexi	SO	1872	Starmont West Cen	29	23:48.90	5:01.50	7:39.5	4:45.8
40 COX, Tianna	SO	1823	Janesville	30	23:51.86	5:04.46	7:40.4	4:46.4
41 KNOX, Memphis	FR	1870	Starmont West Cen	31	24:07.11	5:19.71	7:45.3	4:49.4
42 WULFEKUHLE, Annabelle	SO	1815	Edgewood-Colesbu	-	24:17.93	5:30.53	7:48.8	4:51.6
43 VANDE HAAR, Ella	SR	1764	Cedar Ridge Christi	32	24:22.17	5:34.77	7:50.2	4:52.4
44 WHITE, Isabelle	JR	1852	Postville Communit	-	24:25.85	5:38.45	7:51.3	4:53.2
45 RULAPAUGH, Miriam	SR	1909	Wapsie Valley Fairb	(33)	24:29.76	5:42.36	7:52.6	4:54.0
46 FRIEDRICH, Lily	JR	1760	Cedar Ridge Christi	34	24:46.38	5:58.98	7:57.9	4:57.3
47 REED, Rylee	SO	1844	Maquoketa Valley D	35	24:52.21	6:04.81	7:59.8	4:58.4
48 WOMER, Lillian (Lillie)	SO	1750	Beckman Catholic	36	25:01.58	6:14.18	8:02.8	5:00.3
49 NURRE, Amanda	JR	1814	Edgewood-Colesbu	-	25:07.28	6:19.88	8:04.7	5:01.5
50 HEIDEMANN, Maggie	SO	1825	Janesville	37	25:09.14	6:21.74	8:05.3	5:01.8
51 BATES, Annaliese	SO	1759	Cedar Ridge Christi	38	25:09.86	6:22.46	8:05.5	5:02.0
52 THOMAS, Paige	SO	1789	Clayton Ridge Gutt	39	25:13.80	6:26.40	8:06.8	5:02.8
53 WILLIAMS, Anabelle	SO	1861	Springville	-	25:23.00	6:35.60	8:09.7	5:04.6
54 GRAHAM, Macie	JR	1824	Janesville	40	25:35.16	6:47.76	8:13.6	5:07.0
55 WILKER, Morgan	SO	1790	Clayton Ridge Gutt	41	25:46.19	6:58.79	8:17.2	5:09.2
56 HATFIELD, Kourtney	FR	1843	Maquoketa Valley D	(42)	26:03.16	7:15.76	8:22.6	5:12.6
57 MILLER, London	SR	1891	Tripoli	-	26:05.08	7:17.68	8:23.2	5:13.0
58 BEYER, Leann	FR	1800	East Buchanan Win	43	26:17.34	7:29.94	8:27.2	5:15.5
59 SCHNEIDER, Andrea	JR	1748	Beckman Catholic	44	26:29.83	7:42.43	8:31.2	5:18.0
60 FLANNAGAN, Haydin	JR	1842	Maquoketa Valley D	(45)	26:38.78	7:51.38	8:34.1	5:19.8
61 TELEGUARIO-ORTIZ, Sherl	JR	1851	Postville Communit	-	26:54.24	8:06.84	8:39.0	5:22.8
62 DUDZIK, Sara	FR	1745	Beckman Catholic	(46)	27:02.13	8:14.73	8:41.6	5:24.4
63 FRIEDLEIN, Hannah	JR	1773	Central Elkader	-	27:03.73	8:16.33	8:42.1	5:24.7

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64 KNIPPER, Allison	JR	1746	Beckman Catholic	(47)	27:04.71	8:17.31	8:42.4	5:24.9
65 HORNS, Pfeiffer	JR	1786	Clayton Ridge Gutt	48	27:26.32	8:38.92	8:49.4	5:29.3
66 GREGERSON, Mya	SO	1774	Central Elkader	-	27:45.07	8:57.67	8:55.4	5:33.0
67 GRAY, Mary	FR	1798	Dunkerton	-	27:57.36	9:09.96	8:59.3	5:35.5
68 MULLINEX, Rachel	SO	1762	Cedar Ridge Christi	49	28:27.56	9:40.16	9:09.1	5:41.5
69 WATTS, Katlyn	FR	1892	Tripoli	-	28:43.96	9:56.56	9:14.3	5:44.8
70 GROTH, Serena	SO	1785	Clayton Ridge Gutt	50	28:55.50	10:08.1	9:18.0	5:47.1
71 SADEWASSER, Allysa	SR	1788	Clayton Ridge Gutt	(51)	29:56.16	11:08.7	9:37.5	5:59.2
72 PECK, Kreighton	SR	1805	East Buchanan Win	52	30:06.40	11:19.0	9:40.8	6:01.3
73 KELCHEN, Macy	SR	1804	East Buchanan Win	53	31:40.63	12:53.2	10:11.1	6:20.1
74 ARNOLD, Abigail	SO	1758	Cedar Ridge Christi	54	31:50.60	13:03.2	10:14.3	6:22.1
75 MANDT, Savannah	SO	1761	Cedar Ridge Christi	(55)	35:21.76	16:34.3	11:22.2	7:04.4
76 STEVENS, Evie	SO	1763	Cedar Ridge Christi	(56)	35:25.48	16:38.0	11:23.4	7:05.1