

Iowa Girls Wrestling Record Book

Traditional State Tournament

Team State Champions

History: Tournament from 2019-2022 were open tournaments hosted by IWCOA under the sponsorship of the IHSAA. The first state tournament under IGHSAA, featuring state qualifying, was 2023.

Thanks to Jim Biscoglia for his work with the information that is in this record book.

Team Champion, By Year

<u>Year</u>	<u>Class</u>	<u>Team</u>	<u>Score</u>	<u>Coach</u>	<u>Location</u>
2023		Waverly-Shell Rock	123.0	Josh Meyer	Coralville
2024		Decorah	141.0	Gene Adams	Coralville
2025	2A	Raccoon River-Waukee, Northwest	160.0	James Biscoglia	Coralville
	1A	East Buchanan	105.0	Dan Stiefel	Coralville

Team Champion, Alphabetical

<u>School</u>	<u>#</u>	<u>Years</u>
Decorah	1	2024
East Buchanan	1	2025
Northwest High School	1	2025
Waverly-Shell Rock	1	2023

Team Champion, by Numbers

<u>School</u>	<u>#</u>	<u>Years</u>
Decorah	1	2024
East Buchanan	1	2025
Raccoon River-Northwest	1	2025
Waverly-Shell Rock	1	2023

Individual State Champions

Individual Champions, By Year

Name, School		Class	Name, School	Class	Name, School
<u>2023</u>					
100	Katie Biscoglia, Raccoon River-Northwest				
105	Jillian Worthen, Union, LaPorte City				
110	Jasmine Luedtke, Ottumwa				
115	Molly Allen, Riverside, Oakland				
120	Abigail Meyrer, Pleasant Valley				
125	Mackenzie Childers, Prairie, C.R.				
130	Lilly Luft, Charles City				
135	Maeley Elsbury, South Tama				
140	Kiara Djoumessi, Waverly-Shell Rock				
145	Emma Peach, Iowa Valley, Marengo				
155	Skylar Slade, Southeast Polk				
170	Naomi Simon, Decorah				
190	Mackenzie Arends, Nevada				
235	Olivia Huckfelt, Spencer				
<u>2024</u>					
100	Katie Biscoglia, Raccoon River-Northwest				
105	Layla Phillips, Mason City				
110	Jasmine Luedtke, Ottumwa				
115	Reanah Utterback, Sigourney-Keota				
120	Camille Schult, Waverly-Shell Rock				
125	Molly Allen, Riverside, Oakland				
130	Colbie Tenborg, Saydel				
135	Bella Miller, Wahlert, Dubuque				
140	Kiara Djoumessi, Waverly-Shell Rock				
145	Mahri Manz, Lewis Central				
155	Nicole Olson, Missouri Valley				
170	Naomi Simon, Decorah				
190	Libby Dix, Mount Vernon				
235	Olivia Huckfelt, Spencer				
<u>2025</u>					
Class 2A					
100	Siera Becker, Indianola				
105	Katie Biscoglia, Raccoon River-Northwest				
110	Ashlyn Leslie, Nevada				
115	Lauren Whitt, Cedar Falls				
120	Avaeh Smith, Lewis Central				
125	Elyse Engebretson, Ankeny				
130	Mackenzie Childers, Prairie, C.R.				
135	Lilly Stough, Waverly-Shell Rock				
140	Hayden Bratland, Ankeny				
145	Mahri Manz, Lewis Central				
155	Amalia Djoumessi, Waverly-Shell Rock				
170	Autumn Elsbury, South Tama				
190	Briar Ludeman, Cedar Falls				
235	Mackenzie Arends, Nevada				
Class 1A					
100	Ainsley Hemann, Osage				
105	Violet Diaz, Denver				
110	Gable Hemann, Osage				
115	Reanah Utterback, Sigourney-Keota				
120	Silvia Garcia-Vasquez, West Liberty				
125	Molly Allen, Riverside, Oakland				
130	Jillian Worthen, Union Community				
135	Colbie Tenborg, Saydel				
140	Teagan Carritt, L-M-W				
145	Eve Skrocki, Wahlert, Dubuque				
155	Destiny Kolheim, Charles City				
170	Brooklyn Graham, East Buchanan				
190	Libby Dix, Mount Vernon				
235	Brooklyn Robinson, Humboldt				

Individual State Champions, A-Z

<u>Name</u>	<u>#</u>	<u>School</u>	<u>Year-Class</u>	<u>Name</u>	<u>#</u>	<u>School</u>	<u>Year-Class</u>
Allen, Molly	3	Riverside, Oakland	2023-115; 2024-125; 2025-125				
Becker, Siera	1	Indianola	2025-100				
Biscoglia, Katie	3	Raccoon River-Waukee, Northwest	2023-100; 2024-100; 2025-105				
Bratland, Hayden	1	Ankeny	2025-140				
Carritt, Teagan	1	L-M-W	2025-140				
Dix, Libby	2	Mount Vernon	2024-190; 2025-190				
Djoumessi, Amalia	1	Waverly-Shell Rock	2025-155				
Djoumessi, Kiara	2	Waverly-Shell Rock	2023-140; 2024-140				
Elsbury, Autumn	1	South Tama	2025-170				
Elsbury, Maeley	1	South Tama	2023-135				
Engebretson, Elyse	1	Ankeny	2025-125				
Garcia-Vasquez, Silvia	1	West Liberty	2025-120				
Graham, Brooklyn	1	East Buchanan	2025-170				
Hemann, Ainsley	1	Osage	2025-100				
Hemann, Gable	1	Osage	2025-110				
Huckfelt, Olivia	2	Spencer	2023-235; 2024-235				
Kolheim, Destiny	1	Charles City	2025-155				
Leslie, Ashlyn	1	Nevada	2025-110				
Ludeman, Briar	1	Cedar Falls	2025-190				
Luedtke, Jasmine	2	Ottumwa	2023-110; 2024-110				
Luft, Lilly	1	Charles City	2023-130				
Mackenzie Arends	2	Nevada	2023-190; 2025-235				
Mackenzie Childers	2	Prairie, C.R.	2023-125; 2025-130				
Manz, Mahri	2	Lewis Central	2024-145; 2025-145				
Meyrer, Abigail	1	Pleasant Valley	2023-115				
Miller, Bella	1	Wahlert, Dubuque	2024-135				
Olson, Nicole	1	Missouri Valley	2024-155				
Peach, Emma	1	Iowa Valley, Marengo	2023-145				
Phillips, Layla	1	Mason City	2024-105				
Reanah Utterback	2	Sigourney-Keota	2024-115; 2025-115				
Robinson, Brooklyn	1	Humboldt	2025-235				
Schult, Camille	1	Waverly-Shell Rock	2024-120				
Simon, Naomi	2	Decorah	2023-170; 2024-170				
Skrocki, Eve	1	Wahlert, Dubuque	2025-145				
Slade, Skylar	1	Southeast Polk	2023-155				
Smith, Avaeh	1	Lewis Central	2025-120				
Stough, Lilly	1	Waverly-Shell Rock	2025-135				
Tenborg, Colbie	2	Saydel	2024-130; 2025-135				
Violet Diaz	1	Denver	2025-105				
Whitt, Lauren	1	Cedar Falls	2025-115				
Worthen, Jillian	2	Union Community	2023-105; 2025-130				

Schools with Individual State Champions
Alphabetical

<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>	<u>School</u>	<u>#</u>
Ankeny	2				
Cedar Falls	2				
Charles City	2				
Decorah	2				
Denver	1				
East Buchanan	1				
Humboldt	1				
Indianola	1				
Iowa Valley, Marengo	1				
Lewis Central	3				
L-M-W	1				
Mason City	1				
Missouri Valley	1				
Mount Vernon	2				
Nevada	3				
Osage	2				
Ottumwa	2				
Pleasant Valley	1				
Prairie, C.R.	2				
Raccoon River-Northwest	3				
Riverside, Oakland	3				
Saydel	2				
Sigourney-Keota	2				
South Tama	2				
Southeast Polk	1				
Spencer	2				
Union Community	2				
Wahlert, Dubuque	2				
Waverly-Shell Rock	5				
West Liberty	1				

Team Scoring: Top 4, By Year

<u>Year</u>	<u>School</u>	<u>#</u>	<u>Year</u>	<u>School</u>	<u>#</u>	<u>Year</u>	<u>School</u>	<u>#</u>
2023	Waverly-Shell Rock	123						
	East Buchanan	113						
	Decorah	108						
	Lewis Central	102						
2024	Decorah	141						
	East Buchanan (t)	96						
	Raccoon River-Northwest (t)	96						
	Waverly-Shell Rock	93						
2025	2A							
	Raccoon River-Northwest	160						
	Ankeny	143						
	Cedar Falls	132						
	Lewis Central	111.5						
	1A							
	East Buchanan	105						
	Mount Vernon	94						
	Osage	79.5						
	Decorah	74						

Records

Undefeated Varsity Careers

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>

Four-Time State Champions (Includes IWCOA Championships)

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>
Naomi Simon, Decorah ^a	2021-2024	Molly Allen, Riverside, Oakland ^b	2022-2025

^a2xIWCOA ^b1xIWCOA

Three Time State Champions (Includes IWCOA Championships)

<u>Name</u>	<u>Years</u>	<u>Name</u>	<u>Years</u>
Millie Peach, Iowa Valley ^a	2019-2021	Reanah Utterback, Sigourney-Keota ^b	2021-2025
Ella Schmit, Bettendorf ^a	2020-2022	Olivia Huckfelt, Spencer ^b	2022-2024
Jillian Worthen, Union-LaPorte City ^b	2021-2025	Katie Biscoglia, Raccoon River-Northwest	2023-2025

^a3xIWCOA ^b1xIWCOA

Four Time State Finalists (includes IWCOA Championships)

<u>Name</u>	<u>Years</u>	<u>Titles</u>	<u>Name</u>	<u>Years</u>	<u>Titles</u>
Ella Schmit, Bettendorf	2019-2022	3	Molly Allen, Riverside, Oakland	2022-2025	4
Naomi Simon	2021-2024	4			

Most Victories: Career, 150+

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>Record</u>
Ellie Weets	Vinton-Shellsburg	2021-25	167-42
Mackenzie Childers	Cedar Rapids, Prairie	2021-25	161-8
Chloe Sanders ^a	Vinton-Shellsburg	2022-25	161-12
Shaylee Sutherland	Spencer	2021-25	155-23
Bree Swenson	Vinton-Shellsburg	2020-24	155-29
Katie Biscoglia ^a	Van Meter (Raccoon River Wrestling)	2022-25	154-1
Mahria Manz	Lewis Central	2021-25	153-10

^aActive

Most Victories: Season, 50+

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>Wins</u>
Chloe Sanders	Vinton-Shellsburg	2023-24	60-4
Katie Biscoglia	Van Meter (Raccoon River Wrestling)	2024-25	58-1
Bree Swenson	Vinton-Shellsburg	2023-24	58-6
Chloe Sanders	Vinton-Shellsburg	2024-25	54-3
Emerson Gregg	Lewis Central	2024-25	52-2
Ellie Weets	Vinton-Shellsburg	2023-24	52-5
Ellie Weets	Vinton-Shellsburg	2024-25	51-11
Katie Biscoglia	Van Meter (Raccoon River Wrestling)	2023-24	50-0
Camille Schult	Waverly-Shell Rock	2023-24	50-2
Averie Wittkop	West Marshall	2023-24	50-7

Most Victories: Longest Win Streak, 100+

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>Consecutive Wins</u>
Katie Biscoglia	Van Meter (Raccoon River Wrestling)	2022-2024	111

Most Victories By Fall: Career, 100+

<u>Name</u>	<u>School</u>	<u>Years</u>	<u>Wins by Fall</u>
Bree Swenson	Vinton-Shellsburg	2020-24	139
Mackenzie Childers	Cedar Rapids, Prairie	2021-25	131
Ellie Weets	Vinton-Shellsburg	2021-25	131

Mahri Manz	Lewis Central	2022-25	115
Sadie Burke	Vinton-Shellsburg	2021-25	111
Chloe Sanders ^a	Vinton-Shellsburg	2022-25	123
Calista Rodish ^a	Waukee (Raccoon River Wrestling)	2022-25	110
Katie Biscoglia ^a	Van Meter (Raccoon River Wrestling)	2022-25	105

^aActive

IGHSAU Traditional Tournament Records

Most Individual Champions

One Year		
<u>Name</u>	<u>Year</u>	<u>#</u>
Ankeny	2025	2
Cedar Falls	2025	2
Lewis Central	2025	2
Nevada	2025	2
Osage	2025	2
Waverly-Shell Rock	2024	2
Waverly-Shell Rock	2024	2

Most Consecutive Team Championships

<u>Name</u>	<u>Year</u>	<u>#</u>
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Team Championships with Zero Individual State Champions

<u>Name</u>	<u>Year</u>
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Most Individual Finalists

One Year		
<u>Name</u>	<u>Year</u>	<u>#</u>
Ankeny	2025	4
Cedar Falls	2025	4
Waverly-Shell Rock	2023	3

Team Champions with Fewest Qualifiers

<u>Name</u>	<u>Year</u>	<u>Total/Weights</u>
East Buchanan	2025	7/14
Decorah	2025	9/14
Waverly-Shell Rock	2024	9/14

Most Individual Qualifiers

One Team		
<u>Name</u>	<u>Year</u>	<u>Total/Weights</u>
Cedar Falls	2025	11/14
Cedar Falls	2024	11/14
Raccoon River-Northwest	2025	10/14
Decorah	2023	10/14

Fastest Falls

Championship Match			
<u>Name</u>	<u>Weight</u>	<u>Year</u>	<u>#</u>
Ashlyn Leslie, Nevada	110	2025	:20
Brooklyn Robinson, Humboldt	235	2025	:29

Most Team Points

By Class			
<u>Name</u>	<u>Class</u>	<u>Year</u>	<u>#</u>
Raccoon River- Northwest	2A	2025	160
East Buchanan	1A	2025	105

Coaches

Traditional Tournament Champions

Alphabetical

<u>Name</u>	<u>#</u>	<u>School(s)</u>	<u>Years</u>
Adams, Adams	1	Decorah	2024
Biscoglia, James	1	Raccoon River-Northwest	2025
Meyer, Josh	1	Waverly-Shell Rock	2023
Stiefel, Dan	1	East Buchanan	2025

Officials

Traditional Tournament Appearances, 3

By Total, Alphabetical

<u>Name</u>	<u>City</u>	<u>#</u>	<u>Name</u>	<u>City</u>	<u>#</u>
Acheson, Dale	Urbandale	3	Lutes, Tyler	Waverly	3
Angell, Shawn	Iowa City	3	Marshall, Ben	Marion	3
Becker, Greg	Waterloo	3	Nost, Matt	Solon	3
Belz, Eugene	Davenport	3	Pavlovich, Jeff	Charles City	3
Brand, Lanny	Pleasant Hill	3	Pearson, Alex	Rockford	3
Daniels, Aaron	Ankeny	3	Pike, Travis	Mason City	3
Dufoe, Brandon	Grinnell	3	Salker, Jim	Sergeant Bluff	3
Eckerman, Eric	Waverly	3	Schumacher, Brent	Harlan	3
Gacke, Jeff	Sargeant Bluff	3	Sesker, Kent	Cedar Rapids	3
Gray, Brian	Winterset	3	Stamp, Shea	Lisbon	3
Hargrave, Adam	Letts	3	Torvic, Jim	West Des Moines	3
Hildreth, Ryan	Fort Dodge	3	VonHagel, Curt	Sioux City	3
Hills, Brode	Muscatine	3	Whitehill, Scott	Mason City	3
Hunter, Cory	Ankeny	3	Williams, JP	Carlisle	3
Kenny, Mark	Marion	3	Winklepleck, Mike	Sioux City	3
Kreman, Shawn	Larchwood	3	Wylder, Gabe	North Liberty	3
Loughren, Pat	Masonville	3	Yilek, Bob	Belle Plaine	3

**This minimum to be included on this list will increase by 1 annually
until it reaches a minimum of 10+ appearances**

Hall of Fame

Alphabetical

<u>Name</u>	<u>School</u>	<u>Name</u>	<u>School</u>

IHSAA Historical Records

History: Tournament from 2019-2022 were open tournaments hosted by IWCOA under the sponsorship of the IHSAA. The first state tournament under IGHSAAU, which was the first tournament to featuring state qualifying, was 2021. This Section contains records for the IWCOA Girls state tournaments as well information for girls that qualified for the IHSAA boys state tournament.

Team Champion, By Year

<u>Year</u>	<u>Team</u>	<u>Score</u>	<u>Coach</u>	<u>Location</u>
2019	Waverly-Shell Rock	144 ^a		Waverly, IA
2020	Waverly-Shell Rock	156.5 ^b		Waverly, IA
2021	Waverly-Shell Rock	256.0 ^c		Coralville, IA
2022	Waverly-Shell Rock	219.0 ^d		Coralville, IA

^aTeams were allowed multiple wrestlers at each weight, Scorers were capped at 10 with more than 1 per weight allowed.

^bTeams were allowed multiple wrestlers at each weight, Scorers were capped at 11 with more than 1 per weight allowed.

^cTeams were allowed multiple wrestlers at each weight, Scorers were capped at 11 with more than 1 per weight allowed.

^dTeams were allowed multiple wrestlers at each weight, Scorers were capped at 10 with more than 1 per weight allowed.

Individual Champions, By Year

<u>2019</u>		<u>2020</u>		<u>2021</u>	
106	Ali Gerbracht, AGWSR	106	Ella Schmit, Bettendorf	106	Ella Schmit, Bettendorf
113	Tatum Park, Davenport North	113	Tateum Park, Davenport North	113	Eva Diaz, Waverly-Shell Rock
120	Chloe Clemons, Cedar Rapids Jefferson	120	Chloe Clemons, Pleasant Valley	120	Kiki Connell, Charles City
126	Sydney Park, Davenport Central	126	Sydney Park, Davenport Central	126	Lilly Luft, Charles City
132	Annika Behrends, Waverly-Shell Rock	132	Abby McIntyre, Glenwood	132	Annika Behrends, Waverly-Shell Rock
138	Avery Meier, Waverly-Shell Rock	138	Jannell Avila, Lisbon	138	Abby McIntyre, Glenwood
152	Toyia Griffin, Nashua-Plainfield	145	Lakin Lienhard, Crestwood, Cresco	145	Naomi Simon, Decorah
170	Jacenta Sargisson, LeMars	152	Alaina Schmidt, Wahlert, Dubuque	152	Madison Diaz, Waverly-Shell Rock
195	Millie Peach, Iowa Valley	170	Kendal Clark, Humboldt	160	Samantha Spielbauer, Clayton Ridge
285	Rilee Slycord, Colfax-Mingo	195	Millie Peach, Iowa Valley	170	Morgan Smith, Denver
		285	Salima Omari, Iowa City, West	195	Rachel Eddy, Independence
				285	Millie Peach, Iowa Valley-Marengo
<u>2022</u>					
100	Jillian Worthen, Union, LaPorte City				
105	Molly Allen, Underwood				
110	Reannah Utterback, Sigourney-Keota				
115	Eva Diaz, Waverly-Shell Rock				
120	Hannah Rogers, Wilton				
125	Ella Schmit, Bettendorf				
135	Alexis Ross, Fort Dodge				
140	Emma Peach, Iowa Valley, Marengo				
145	Alana Duggan, Wahlert, Dubuque				
155	Isabella Deeds, Ridge View				
170	Naomi Simon, Decorah				
190	Jana Terwee, West Lyon				
220	Savannah Sistad, Creston				
285	Olivia Huckfelt, Spencer				

IHSAA State Qualifiers/Placers at Boys Traditional Tournament, By Year

<u>Year</u>	<u>Name, School</u>	<u>Placing</u>	<u>Weight</u>
2011	Megan Black, Ottumwa	State Qualifier	106
2011	Cassy Herkelman, Cedar Falls	State Qualifier	113
2012	Megan Black, Eddyville-Blakesburg	8 th	106
2021	Ella Schmit, Bettendorf	State Qualifier	106
2021	Jasmine Luedtke, Ottumwa	State Qualifier	106
2022	Jasmine Luedtke, Ottumwa	State Qualifier	113
2022	Reannah Utterback, Sigourney-Keota	State Qualifier	106
2023	Reannah Utterback, Sigourney-Keota	8 th	106

Other Notable IHSAA Female Records and Accomplishments

<u>Years</u>	<u>Name, School</u>	<u>IHSAA Notable Accomplishments</u>
2014-18	Felicity Taylor	First girl with over 100 wins in Iowa finishing 108-49
2012-16	Rachel Watters	First Girl to win a sectional title