

2025 Iowa XC State 3A Qualifier - 10/22/2025**Hosted by Pella High School****Central College****Results****Event 1 Girls 5k Run CC**

Name	Year	School	Finals	Points
Results - Women				
1 Ferebee, Marissa	12	Pella	17:44.18	1
2 Brenneman, Elsie	11	Pella	18:14.25	2
3 Vande Voort, Lizzy	10	Pella	18:41.86	3
4 Dunham, Ruth	11	Pella	18:59.37	4
5 Altwine, Carleigh	10	Pella	19:16.73	5
6 Deegan, Mia	12	Xavier, CR	19:23.93	6
7 Carter, Tierney	12	Oskaloosa	19:30.33	7
8 Seidl, Alison	09	Clear Crk-Amana	19:41.21	8
9 Barton, Raleigh	09	Xavier, CR	19:49.66	9
10 McCulla, Dana	10	Pella	19:53.48	10
11 Chesnut, Whitney	09	Boone	19:54.55	11
12 Neumann, Lizzie	12	Pella	20:07.12	12
13 Sorensen, Alexis	11	Newton	20:07.27	13
14 Von Roden, Elliotte	10	Adm, Adel	20:08.09	14
15 Thomas, Emmalyn	11	Boone	20:08.54	15
16 Muckler, Audrey	10	Newton	20:27.68	16
17 Eggleston, Allie	11	Adm, Adel	20:39.28	17
18 Smith, Cora	10	Creston	20:52.87	
19 Bjork, Addy	11	Adm, Adel	21:01.42	18
20 Strunk, Reese	11	Creston	21:06.92	
21 Musick, Sofia	11	Xavier, CR	21:09.36	19
22 Popp, Ella	12	Adm, Adel	21:15.53	20
23 Johnson, Briella	09	Boone	21:16.81	21
24 Hoffman, Kourtney	10	Carlisle	21:29.82	22
25 Georgick, Lydia	11	Adm, Adel	21:32.57	23
26 Morgan, Reagan	09	Boone	21:36.87	24
27 Schulte, Holley	11	Clear Crk-Amana	21:48.62	25
28 Uthe, Clara	09	Adm, Adel	21:51.89	26
29 Friedman, Talia	10	Newton	21:52.08	27
30 Stephenson, Ellie	12	Xavier, CR	22:04.02	28
31 Eighmy, Blythe	11	Carlisle	22:04.64	29
32 Beller, Lacey	11	Carlisle	22:05.46	30
33 Mike, Norah	09	Xavier, CR	22:07.09	31
34 Ainsworth, Maeve	10	Xavier, CR	22:08.12	32
35 Visser, Mary	09	Knoxville	22:12.29	
36 Whitmer, Kadence	11	Clear Crk-Amana	22:12.71	33
37 McBurney, Kate	10	Oskaloosa	22:15.15	34
38 Hay, Izzy	11	Clarke	22:19.20	
39 Shounick, Alyssa	11	Clear Crk-Amana	22:23.27	35
40 Steward, Alex Jo	10	Fairfield	22:23.76	36
41 Kingery, Alivia	11	Newton	22:29.70	37
42 Frost, Sabrina	10	Oskaloosa	22:32.42	38
43 Nelson, Alaina	12	Adm, Adel	22:34.00	39
44 Chesnut, Morgan	10	Boone	22:36.89	40
45 Peters, Emma	12	Carlisle	22:37.30	41
46 Herting, Macie	12	Xavier, CR	22:39.58	42
47 Van Pelt, Caroline	12	Fairfield	22:42.84	43
48 Malow, Sarah	11	Newton	22:48.43	44
49 Lappin, Serigha	09	Oskaloosa	22:49.89	45
50 Stiemsma, Naomi	10	Fairfield	22:50.54	46
51 Rosenberg, Keira	10	Clear Crk-Amana	22:51.19	47

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Results

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7 Carlisle	172	22	29	30	41	50	54	58
Total Time:	1:51:32.06							
Average:	22:18.42							
8 Oskaloosa	173	7	34	38	45	49	52	53
Total Time:	1:50:19.71							
Average:	22:03.95							
9 Fairfield	241	36	43	46	56	60	61	
Total Time:	1:56:19.29							
Average:	23:15.86							