



Iowa Girls High School Athletic Union

Cross Country Classifications

2025-2026 Enrollments: Grades 9, 10, 11

Enrollment figures to be used for sports classifications for 2025-2026 school year
Ties in Enrollment: LAST alphabetical goes in larger class for 2025-2026 school year

Class 4A

#	BEDs	School	Co-op Sharing Agreement	Class
1	2236	Valley		4A
2	1796	Johnston		4A
3	1757	Southeast Polk		4A
4	1692	Des Moines Lincoln		4A
5	1692	Linn-Mar		4A
6	1599	Waukee Northwest		4A
7	1511	Ankeny Centennial		4A
8	1494	Des Moines Roosevelt		4A
9	1432	Waukee		4A
10	1425	Des Moines East		4A
11	1385	Ankeny		4A
12	1381	Waterloo West		4A
13	1349	Prairie		4A
14	1314.25	Iowa City High	West Branch	4A
15	1311	Cedar Falls		4A
16	1273	Pleasant Valley		4A
17	1242	Marshalltown		4A
18	1230	Cedar Rapids Kennedy		4A
19	1202	Sioux City North		4A
20	1175	Cedar Rapids Jefferson		4A
21	1172	Sioux City East		4A
22	1138	Iowa City West		4A
23	1128	Dubuque Senior		4A
24	1104	Bettendorf	Morning Star Acad, New City Class, Coram Deo, Rivermont Coll.	4A
25	1081	Dubuque Hempstead		4A
26	1076	Ames		4A
27	1071	Dowling Catholic		4A
28	1069	Ottumwa	Ottumwa Christian	4A
29	1047	Muscatine		4A
30	1012	Des Moines North		4A
31	997	Council Bluffs Abraham Lincoln		4A
32	996	Iowa City Liberty		4A
33	980	Urbandale		4A
34	962	Davenport Central		4A
35	959	Sioux City West		4A
36	950	Davenport West		4A
37	900	Indianola		4A
38	893	Cedar Rapids Washington		4A
39	857	Council Bluffs Thomas Jefferson		4A
40	846	Davenport North		4A
41	842	Waterloo East		4A
42	817	Dallas Center-Grimes		4A
43	816	North Scott		4A
44	801	Norwalk		4A
45	792	Lewis Central		4A

46	784	Fort Dodge	4A
47	772	Clinton	4A
48	759	Mason City	4A
			4A

Class 3A

1	723	Burlington	3A
2	718	Western Dubuque	3A
3	667.5	Storm Lake	3A
4	667	Des Moines Hoover	3A
5	654	Newton	3A
6	653	Bondurant-Farrar	3A
7	609	Pella	3A
8	607	Clear Creek Amana	3A
9	587	Denison-Schleswig	3A
10	574	Waverly-Shell Rock	3A
11	573	Carlisle	3A
12	565.75	Marion	3A
13	532	Le Mars	3A
14	519	Spencer	3A
15	515	Boone	3A
16	499	ADM	3A
17	490	Oskaloosa	3A
18	489	Xavier	3A
19	467	North Polk	3A
20	438	Ballard	3A
21	438	Glenwood	3A
22	423	Mount Pleasant	3A
23	421	Keokuk	3A
24	414.25	Kuemper Catholic	3A
25	413	Decorah	3A
26	410	Fort Madison	3A
27	408	Grinnell	3A
28	406	Sioux Center	3A
29	404	Sergeant Bluff-Luton	3A
30	402	Bishop Heelan	3A
31	401	Perry	3A
32	399	Winterset	3A
33	391	Gilbert	3A
34	386	Central DeWitt	3A
35	385	Webster City	3A
36	379.75	Mount Vernon	3A
37	377	Knoxville	3A
38	373	MOC-Floyd Valley	3A
39	373	Nevada	3A
40	370	Harlan	3A
41	366	Solon	3A
42	363	Independence	3A
43	360	Maquoketa	3A
44	358	Creston	3A
45	357	Benton Community	3A
46	355	Saydel	3A
47	351	Clear Lake	3A
48	349	Atlantic	3A
49	348	Assumption	3A
50	346	Wahlert, Dubuque	3A
51	342	Humboldt	3A
52	341	Des Moines Christian	3A
53	340	Fairfield	3A
54	339.75	Iowa Falls - Alden	3A
55	335	Charles City	3A
56	332	Algona	3A
57	330	Washington	3A
58	328	Center Point-Urbana	3A

59	326	South Tama County		3A
60	326	West Delaware		3A
61	323	Vinton-Shellsburg		3A
62	321	Hampton-Dumont-CAL		3A
63	318	Williamsburg		3A
64	315	Clarke		3A

Class 2A

1	310	West Liberty		2A
2	298	Waukon		2A
3	295.75	Greene County	Paton Churdan	2A
4	287	Anamosa		2A
5	286	Cherokee		2A
6	282	Spirit Lake		2A
7	276	Centerville		2A
8	275	Mid-Prairie	Pathway Christian	2A
9	274	Okoboji		2A
10	272	Chariton		2A
11	271	Sheldon		2A
12	267	Central Lee		2A
13	266	Crestwood		2A
14	266	Estherville Lincoln Central		2A
15	266	PCM		2A
16	266	Unity Christian		2A
17	264	Davis County		2A
18	260	Clarinda		2A
19	256.75	Belmond-Klemme	Clarion-Goldfield-Dows	2A
20	253	Albia		2A
21	251	Oelwein		2A
22	246	Southeast Valley		2A
23	243	Eagle Grove		2A
24	242	North Fayette Valley		2A
25	238	OABCIG		2A
26	236	Roland-Story		2A
27	235	Forest City		2A
28	235	Van Meter		2A
29	234	Mediapolis		2A
30	234	Monticello		2A
31	231	New Hampton		2A
32	231	Shenandoah		2A
33	229	Pella Christian		2A
34	226	Tipton		2A
35	224	Osage		2A
36	222	Alburnett		2A
37	222	Western Christian		2A
38	222	Wilton		2A
39	221	Camanche		2A
40	220	Dike-New Hartford		2A
41	220	Red Oak		2A
42	219	Garner-Hayfield-Ventura		2A
43	216.5	Notre Dame, Burlington	West Burlington	2A
44	214	Woodward-Granger		2A
45	213	West Marshall		2A
46	211	Union		2A
47	208	Cardinal		2A
48	208	Denver		2A
49	208	Eddyville-Blakesburg-Fremont		2A
50	205.5	Boyden-Hull	Rock Valley	2A
51	204	Interstate 35		2A
52	200.25	George-Little Rock	Central Lyon	2A
53	200	Pocahontas Area		2A
54	200	West Lyon		2A
55	198	South Central Calhoun	Glidden-Ralston	2A
56	198	MFL MarMac		2A

57	197	Northeast		2A
58	197	West Central Valley		2A
59	195	Treynor		2A
60	193	Jesup		2A
61	192	Grand View Christian		2A
62	192	MVAOCOU		2A
63	188	Columbus Catholic		2A
64	188	Iowa City Regina		2A
65	188	Underwood		2A
66	186	Cascade		2A
67	185	Ridge View		2A
68	182	Central Springs		2A
69	182	Grundy Center		2A
70	182	South Hardin		2A
71	179.25	Woodbury Central	Kingsley-Pierson, River Valley	2A
72	179	Ogden		2A

Class 1A

1	179	Aplington-Parkersburg		1A
2	179	Louisa-Muscatine		1A
3	178	Emmetsburg		1A
4	177.75	Missouri Valley	West Harrison	1A
5	177	Durant		1A
6	177	West Sioux		1A
7	176	East Sac County		1A
8	176	Postville		1A
9	175	Hinton		1A
10	175	Pleasantville		1A
11	174	Panorama		1A
12	174	Sumner-Fredericksburg		1A
13	171	Alta-Aurelia		1A
14	171	Manson Northwest Webster		1A
15	171	Sioux Central		1A
16	170	Beckman Catholic		1A
17	170	Hudson		1A
18	169	Tri-Center		1A
19	167	Nodaway Valley		1A
20	165	Columbus Community		1A
21	163	Hartley-Melvin-Sanborn		1A
22	163	South Hamilton		1A
23	162	Lawton-Bronson		1A
24	162	Maquoketa Valley		1A
25	162	Van Buren County		1A
26	160	Central Decatur		1A
27	160	MMCRU		1A
28	159	Riverside		1A
29	156	Bellevue		1A
30	156	Colfax-Mingo		1A
31	156	Logan-Magnolia		1A
32	155	Sibley-Ocheyedan		1A
33	154	East Marshall		1A
34	151	Nashua-Plainfield		1A
35	151	Wapsie Valley		1A
36	150	AHSTW, Avoca		1A
37	150	Sigourney		1A
38	150	South Winneshiek		1A
39	149	Danville		1A
40	149	Madrid		1A
41	149	Southwest Valley		1A
42	146	ACGC		1A
43	146	Earlham		1A
44	144	West Fork		1A
45	143.25	Starmont	West Central	1A
46	143	Westwood		1A

47	142	Mount Ayr		1A
48	140	B-G-M		1A
49	139	Wapello		1A
50	137	North Cedar		1A
51	136	East Buchanan		1A
52	136	IKM-Manning		1A
53	136	Lake Mills		1A
54	135	Pekin		1A
55	135	St. Albert, Council Bluffs		1A
56	135	Woodbine		1A
57	134	North Butler,		1A
58	133	Wayne		1A
59	132	Akron-Westfield		1A
60	131	Lynnvile-Sully		1A
61	127	Midland		1A
62	127	North Mahaska		1A
63	126	Saint Ansgar		1A
64	126	WACO		1A
65	125	BCLUW		1A
66	125	Clayton Ridge		1A
67	125	North Union		1A
68	125	West Hancock		1A
69	123	West Monona		1A
70	122	South O'Brien		1A
71	121	Ankeny Christian		1A
72	120	New London		1A
73	120	North Linn		1A
74	119	Lenox		1A
75	119	Martensdale-St Marys		1A
76	117	Newman Catholic		1A
77	112	St. Edmond, Fort Dodge		1A
78	110	Iowa Valley		1A
79	109	Gehlen Catholic		1A
80	108	Baxter		1A
81	107	Boyer Valley		1A
82	106	Calamus-Wheatland		1A
83	106	Fremont-Mills		1A
84	106	Southeast Warren		1A
85	105	Highland		1A
86	105	Newell-Fonda		1A
87	105	Northwood-Kensett		1A
88	104	Edgewood-Colesburg		1A
89	103.75	Springville	Cedar Valley Christian	1A
90	103	Bishop Garrigan		1A
91	102	East Mills		1A
92	101	East Union		1A
93	100	Coon Rapids-Bayard		1A
94	100	Montezuma		1A
95	98	Gladbrook-Reinbeck		1A
96	97	CAM		1A
97	97	North Iowa		1A
98	96	Turkey Valley		1A
99	95	Belle Plaine		1A
100	95	Central		1A
101	95	Easton Valley		1A
102	95	GMG		1A
103	95	North Tama		1A
104	95	Sidney		1A
105	94.25	GTRA	Graettinger-Terril, Ruthven Ayrshire	1A
106	94	English Valleys		1A
107	92	Janesville		1A
108	91	Moravia		1A
109	90	Winfield-Mt Union		1A
110	89	West Bend-Mallard		1A

111	88	Bedford		1A
112	87	Melcher-Dallas		1A
113	84.5	HLV-TC	HLV, Tri-County	1A
114	84	Collins-Maxwell		1A
115	84	Don Bosco		1A
116	84	Dunkerton		1A
117	84	Riceville		1A
118	82	Cedar Ridge Christian		1A
119	79	Lone Tree		1A
120	78	Exira EHK		1A
121	78	Griswold		1A
122	77	Rockford		1A
123	77	West Central		1A
124	76	Colo-NESCO		1A
125	76	Glidden-Ralston		1A
126	76	Tripoli		1A
127	75	Harris-Lake Park		1A
128	73	Central City		1A
129	73	Siouxland Christian		1A
130	71	Twin Cedars		1A
131	71	Hillcrest Academy		1A
132	64	Murray		1A
133	63	Clarksville		1A
134	62	Kee		1A
135	59	Keota		1A
136	59	Lamoni		1A
137	57	Stanton		1A
138	56	Meskwaki Settlement		1A
139	52.25	Ar-We-Va	Unity Ridge Luthran School	1A
140	52	Marquette Catholic		1A
141	50	Hamburg		1A
142	49	Mormon Trail		1A
143	43	Prince of Peace Catholic		1A
144	43	Trinity Christian		1A
145	42	Heartland Christian		1A
146	42	Moulton-Udell		1A
147	38	Tri-State Christian		1A
148	38	Valley Lutheran		1A
149	35	Essex		1A
150	32	Maharishi, Fairfield		1A
151	32	St. Mary's, Remsen		1A
152	29	Iowa School for the Deaf		1A
153	26	Whiting		1A
154	23	Scattergood Friends		1A
155	20	Diagonal		1A
156	20	North Iowa Christian School		1A
157	17	Joshua Christian Academy		1A
158	16	Ottumwa Christian School		1A
159	10	Clear Lake Classical		1A
160	10	Empigo Academy		1A
161	10	Strong Roots		1A