

# FIVE-PLAYER CAREER LEADERS

**UPDATED: December 15, 2025 – COACHES: HELP US WITH CORRECTIONS:** As always – whenever a list like this is compiled, someone is inadvertently left out. Please submit any additions to Jason Eslinger at [jasoneslinger@ighsau.org](mailto:jasoneslinger@ighsau.org). Thanks to those that have submitted corrections/additions. Please send any career/single season numbers that might make these listed to me as I'll update this list when time allows.

## CAREER TOTAL POINTS

Elle Ruffridge, Pocahontas Area (2014-17)	2951	Amanda Zimmerman, Ballard (2006-2009)	1886
Deb Remmerde, Rock Valley (1999-2003)	2756	Jessie Pauley, OABCIG (2008-2012)	1873
Audi Crooks, Algona Bishop Garrigan (2020-23)	2734	Ashtyn Veerbeek, Western Christian (2014-18)	1871
Jennifer Jorgensen, SE Webster-Grand (2005-2008)	2708	Shellie Mossman, Carroll (2002-2006)	1859
Caitlin Clark, Dowling Catholic (2017-20)	2547	Molly Tideback, Waterloo Columbus (1985-1988)	1859
Anne O'Neil, Cedar Rapids Kennedy (1996-2000)	2494	Shelly Hembera, Cedar Valle Christian (2011-2015)	1859
Jennifer Goetz, Cardinal Stritch (1999-2003)	2433	Clarie Marburger, Perry (2011-2015)	1853
Kala Kuhlmann, Charter Oak-Ute (2002-2006)	2337	Zoey Artist, CAM (1994-1998)	1845
Margo Muhlbauer, IKM (2002-2006)	2304	Michelle Lund, Sioux City Bishop Heelan (2004-08)	1837
Lindsay Hoehns, Twin Cedars (2005-2010)	2253	Carleigh Paup, Paton-Churdan (2012-16)	1833
Hallie Christofferson, Exira (2005-2010)	2247	Shelley Sheetz, Cedar Rapids Kennedy (1987-1991)	1831
Sara Stribe, Carroll (1994-1998)	2245	Erin Richards, Mason City (1995-1998)	1826
Nicole Miller, North Linn (2011-2015)	2207	Jenna Twedt, Benton Community (2020-23)	1815
Stephanie Rich, Washington (1997-2001)	2205	Wendy Ausdemore, Tri-Center (2002-05)	1812
Haylee Stokes, Estherville-LC (2022-25)	2196	Monica Huelman, Vinton-Shellsburg (1992-1996)	1809
Ashley Joens, Iowa City High (2014-18)	2178	Maddax DeVault, Nodaway Valley (2019-22)	1807
Liz Trauger, Twin River Valley (2002-2006)	2115	Peyton Petersen, Dike-New Hartford (2021-2024)	1802
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	2026	Sharon Goodman, Crestwood (2017-20)	1798
Lindsey Meder, Solon (1994-1998)	2057	Kate Galligan, Cedar Rapids Jefferson (1988-1992)	1797
Halli Pooock, Waterloo West (2020-23)	2039	Morgan Paige, Marion (2005-2010)	1795
Amber Harrington, Davenport North (2005-2010)	2035	Hannah Stuelke, Cedar Rapids Washington (2018-22)	1793
Kayla Waskow, Dunkerton (2004-2008)	2031	Grace Berg, Indianola (2014-18)	1784
Mary Berdo, Washington (1992-1996)	2026	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	1784
Libby Fandel, Cedar Rapids Xavier (2022-25)	1995	Kaely Hummel, Cherokee (2012-16)	1780
Nina Smith, Waterloo West (1995-1999)	1992	Ellie Peterson, Cedar Falls (1998-2002)	1773
Gracie Schoonhoven, Unity Christian (2020-23)	1989	Amy Meggers, IKM (1996-2000)	1773
Linda Lappe, Winfield-Mt. Union (1994-1998)	1987	Molly Shafer, Eddyville-Blakesburg-Fremont (2022-25)	1772
Callie Levin, Solon (2021-24)	1984	Logan Hughes, Shenandoah (2016-19)	1769
Jessica Gerhart, Sentral (1999-2003)	1983	Alison Rohdy, Harmony (1991-1995)	1767
Tammi Blackstone, Cherokee (1992-1996)	1961	Taryn Scheuermann, Van Buren County (2017-20)	1767
Rachel Leerar, West Hancock (2018-21)	1952	Brittany Lange, Sac (2002-05)	1756
Tiffany Reedy, Union (1998-2002)	1942	Lindsay Anderson, New London (1994-1998)	1755
Rachel Yeggy, Highland (2002-2006)	1941	Stacey Schutjer, WCLT (2005-2008)	1754
Abby Roe, Van Buren (1992-1996)	1923	Katie Keitges, Knoxville (2016-20)	1752
Kary Dawson, Sibley-Ocheyedan (1993-1997)	1922	Kesley Cermak, Norwalk (2004-2007)	1751
Jamie Boyd, Underwood (2000-2004)	1920	Chelsea Thomas, Pleasantville (2004-2008)	1748
Lindsey Davis, Nodaway Valley (2021-24)	1908	Jessica Nikkel, Lynnville-Sully (1995-1999)	1743
Alexis Conaway, MOC-Floyd Valley (2010-2014)	1901	Angela Bock, Iowa Mennonite (1995-1999)	1743
Christa Subbert, Stanton (2003-2007)	1901	Tori Hazard, Janesville (2014-17)	1737
Molly Joyce, Algona Bishop Garrigan (2020-23)	1898	Danielle Grabe, Cedar Rapids Prairie (1996-2000)	1733
Megan Meyer, Mason City (2016-19)	1888	Tarah Cullin, Fort Madison Aquinas	1729
		Jenna Hopp, Glenwood (2020-23)	1720

London Vais, Adair Casey (2011-14)	1719	Beth Marvin, Preston (1997-2001)	1581
Jordan Henningsen, Alta (2007-2011)	1716	Bailey Beckman, Panorama (2016-19)	1579
Jill Johnson, Rockwell City-Lytton (2000-2004)	1711	Kayla Lincoln, West Central Maynard (2003-2007)	1577
Zoe Young, West Des Moines Valley (2016-19)	1710	Sarah Ryan, North Mahaska (2002-05)	1576
Jessica Mennen, Hampton-Dumont (1996-2000)	1710	Kari Fitzpatrick, Edgewood-Colesburg (2011-2015)	1575
Kiah Stokes, Linn-Mar (2007-2011)	1704	Amy Young, Preston (1997-2001)	1575
Kamryn Kurt, North Linn (2021-24)	1701	Lori Nowachek, Midland (1997-2001)	1575
Jenny Jacobsen, Cedar Rapids Regis (1987-1991)	1701	Kylie Ronan, Lone Tree	1571
Ann Cavey, North Cedar (1994-1998)	1698	Sadie Cox, Lenox (2022-25)	1567
Marsha Frese, CR Reigs & CR Wash. (1986-1990)	1692	Maddy Duncan, Sidney (2017-20)	1564
Amy Herig, Dubuque Senior (1991-1995)	1685	Sienna Durr, Grinnell (2014-18)	1561
Payton Beckman, Panorama (2019-22)	1682	Aubrey Joens, Iowa City High (2017-20)	1560
Lori Tumblee, Starmont (1998-2002)	1680	Taylor Hickey, Burlington Notre Dame (2011-2015)	1560
Karsyn Stratton, Clear Creek-Amaan (2016-20)	1679	Ashley Freerksen, Dowling Catholic (1999-2003)	1559
Kristi Moser, Maple Valley-A-O (1993-1997)	1669	Samantha Reiser, Waukon (2002-2005)	1559
Sahara Williams, Waterloo West (2020-23)	1667	Shateah Wetering, Montezuma (2017-20)	1558
Mikayla Nachazel, Springville (2014-18)	1662	Jinaya Houston, Davenport North	1557
Ashley Miller, Tipton (2003-2007)	1654	Bailey Armburg, West Central Valley (2011-2015)	1556
Gracey Griglione, Interstate 35 (2014-17)	1653	Chloe Lofstrom, North Union (2017-20)	1554
Teresa Wessling, Guthrie Center (1995-1999)	1644	Madison Weekly, Benton (2010-2013)	1552
Maggie Phipps, North Polk/Ankeny Cent.(2018-21)	1643	Mackenzie Rogers, Mediapolis (2014-18)	1552
Macy Williams, Fremont-Mills (2011-2015)	1642	Aimee Osborne, Sidney (2008-11)	1551
Tatum Koenig, West Branch (2014-18)	1641	Maya Johnson, Mediapolis (2016-19)	1549
Arika Wooldridge, Center Point-Urbana (2013-16)	1640	Aleah Hermanson, Audubon (2019-22)	1545
Samantha Harrington, Nashua-Plainfield (2004-2007)	1638	Jasmine Demers, Storm Lake St. Mary's (2010-2014)	1545
Janie Schoonhoven, Unity Christian (2018-21)	1637	Andrew Clark, Guthrie Center (2003-2007)	1544
Julia Fleecs, Glidden-Ralston (2014-17)	1637	Kylie Williamson, Bondurant-Farrar (1995-1999)	1542
Erica Hogue, Collins-Maxwell (2021-24)	1636	Ashley Arlen, Cascade (2004-08)	1542
Kristin Turk, Des Moines Lincoln (2004-07)	1636	Madison Dreckman, LeMars (2016-19)	1541
Hattie Davidson, Northwood-Kensett (2013-16)	1636	Elle Herzberg, Manson-NW Webster (2010-2014)	1540
Erin Wibholm, West Marshall (1997-2001)	1634	Paige Danner, Ar-We-Va (2010-2014)	1539
Kayba Laube, Marion (2017-20)	1630	Taylor Greenfield, Ballard (2008-2011)	1536
Linda Sayavongchanh, DM Lincoln (1998-2002)	1630	Miranda Murphy, North Polk (2010-14)	1536
Brianne Schoonover, Fredericksburg (1994-1998)	1630	Alli Masters, Central Decatur (2016-19)	1533
Wendy Sobaski, Pekin (1993-1997)	1629	Brittini Donaldson, Sioux City North (2007-11)	1526
Jill Martin, Norwalk (1999-2003)	1628	Kate Hartman, Northwood-Kensett (2006-2010)	1525
Lexy Koudelka, Nevada (2014-18)	1625	Tana Colt, Akron-Westfield (2003-2007)	1525
KJ Veldman, Spirit Lake (2010-2013)	1625	Mariah Criswell, Winterset (2011-2015)	1524
Amanda Moser, Maple Valley-Anthon-Oto (1998-2002)	1622	Jenna Boelter, Algona Garrigan (2014-18)	1520
Kenzie Cunard, Logan-Magnolia (2014-18)	1621	Abby Richardson, Storm Lake St. Marys (2004-2007)	1519
Maya McDermott, Johnston (2017-20)	1615	Abby Emmert, Winterset (2000-2004)	1518
Hayden Heimensen, Central Lyon (2018-21)	1611	Jamie Armstrong, Essex (1993-1997)	1516
Rylee Menster, Springville (2014-18)	1607	Ava Eastlick, Eddyville-Blakesburg-Fremont (2022-25)	1515
Isabella Boros, West Marshall (2022-25)	1605	Cortney Kettmann, Bellevue Marquette (1997-2001)	1515
Isabel Manning, Van Buren (2018-21)	1605	Jennifer Rochelle, CB St. Albert (1997-2001)	1515
Anne Straate, Postville (1998-2002)	1603	Andrea Larson, Mediapolis (2011-15)	1513
Erin Maher, Davenport Assumption (1985-1989)	1601	Brittany Alfredson, Woodbury Central (2004-08)	1511
Angie Schinstock, Central Lee (1996-2000)	1599	Katie Schechinger, IKM/IKM-Manning	1507
Mackenzie Morrison, Martensdale St. Marys (2007-11)	1599	Autumn Feaker, Solon (1990-1994)	1506
Katie Eiben, Springville (2006-2009)	1598	Jessica Vande Kooi, Hinton (1999-2003)	1505
Lisa Kriener, St. Ansgar (1997-2001)	1596	Ashley Arndorfer, Algona Garrigan (1998-2002)	1503
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	1594	Emily Reeder, CB Abraham Lincoln (1996-2000)	1502
Mackenzie Roberts, Van Meter (2014-17)	1594	Kim Marlow, Oelwein (1999-2003)	1502
Kelsey Keizer, Okoboji (2002-2005)	1593	Erin Dohrmann, Sioux City North (1997-2003)	1499
Ally Disterhoft, Iowa City West (2009-2012)	1590	Jade Rogers, Cedar Rapids Kennedy (2005-10)	1499
Tanya Meyer, Sioux City West (2010-2014)	1590	Miranda Boekhout, Marcus-Meriden-Cleghorn (2000-04)	1497
Jenny Ogden, Moulton-Udell (1998-2002)	1590	Kaylee Blake, IKM-Manning (2010-2013)	1496
Mackenzie Meyer, Mason City (2013-16)	1589	Kadie Subbert, Stanton (2007-2011)	1495
Ellie Friesen, Osage/Crestwood (2014-18)	1586	Sammy Blum, Rock Valley (2014-17)	1494
Grace Flanagan, North Linn (2017-20)	1584	Brooklyn Meyer, West Lyon (2019-22)	1493
Shelby Spates, Van Buren (1999-2003)	1584	Amber Nicole Buch, Fairfield (2014-18)	1493

Kelsey Maffin, Van Meter (1999-2003)	1491	Kate Walker, Red Oak (2011-2015)	1423
Megan Ripperton, Lone Tree (1997-2001)	1488	Jayne Olson, Bettendorf (1990-1994)	1422
Konnor Sudmann, Treynor (2016-19)	1488	Nicole Clausen, Denison-Schleswig (2002-06)	1421
Grace Knutson, Cedar Falls (2021-24)	1886	Ky Petersen, AHST (1993-1996)	1421
Maddie Jones, South Central Calhoun (2016-19)	1486	Tracy Paustian, Davenport West (1997-2001)	1417
Katie Miller, Solon (1994-1998)	1485	Maddie Oliver, Roland-Story	1416
Kim Trine, Burlington Notre Dame (1994-1998)	1485	Lindsey Petersen, Missouri Valley (1997-2000)	1416
Amani Jenkins, Johnston (2022-25)	1484	Alissa Brown, Jesup (2010-2014)	1415
Chelsea Poppens, Aplington-Parkersburg (2006-09)	1484	Keanna Levy, Waterloo West (1999-2004)	1415
Angie Schreurs, WDM Valley (1991-1995)	1484	Trisha Heiden, Northeast Hamilton (1993-1995)	1415
Olivia Larsen, Newell-Fonda (2016-19)	1482	Taryn Knuth, Johnston (2014-2017)	1414
Madison Gettler, CAM (2016-19)	1480	Faith Troshynski, Manson-NW Webster (2013-16)	1414
Karen Schulte, Norway & CR Jefferson (1989-1993)	1479	Leah Hetzler, Moulton-Udell (1996-2000)	1413
Ashton Yossi, Dallas Center-Grimes (2007-2011)	1477	Ava Hawthorne, Gilbert (2019-22)	1409
Stacy Frese, Cedar Rapids Washington (1991-1995)	1477	Augie Palmer, Iowa City High (2022-25)	1408
Jordan Gronewold, Carlisle (2005-2010)	1475	JeMae Nichols, Cherokee (2019-22)	1406
Brooke Scharn, Sioux Central (2007-10)	1473	Jenny Dorman, Pella (2005-08)	1406
Madison Camden, Glenwood (2019-22)	1473	Lacey Geitzenauer, Sentral (1999-2003)	1406
Ella Sharar, Iowa Falls-Alden (2021-24)	1469	Dani Boettcher, Sioux Central (2015-18)	1402
Serena Parker, Shenandoah (2011-2015)	1468	Madelyn Deitchler, Treynor (2015-18)	1400
Chelsea Goedken, Cascade (2000-2002)	1468	Erica Schlotfeldt, Rock Valley (1999-2003)	1399
Kennedy Core, Pleasantville (2011-2015)	1468	Cathy Kain, Saydel (2005-09)	1399
Lindsay Smith, Central DeWitt (2008-11)	1467	Katie Kusters, Crestwood (1996-2000)	1397
Keri Hanson, CWL (1997-2001)	1467	Hailey Wallis, Grundy Center (2016-19)	1396
Addison Hirschman, Kingsley-Pierson (2015-18)	1467	Emily Lange, Wilton	1395
Kaylee Parks, Central Springs (2014-18)	1465	Katie Sorrell, Winfield-Mt. Union (1994-1998)	1394
Carrie Norman, Lynnville-Sully (1995-1999)	1460	Kelsey Fields, Creston (2018-21)	1394
Renee Maneman, Newell-Fonda (2010-2014)	1458	Marsha Frese, Cedar Rapids Washington (1987-90)	1394
Kalli Richardson, NE Hamilton (2010-2013)	1457	Melissa Krueger, Lone Tree (1989-1993)	1393
Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	1456	Alyson Spinus-Valainis, Dav. Assumption (2005-2010)	1392
Alicia Mahmens, Northeast (1996-2000)	1456	Gena Fiihr, Lynnville-Sully (1992-1996)	1392
Kallyn Stumbo, Okoboji (2017-20)	1455	Randi Peterson, Cedar Falls (1994-1998)	1391
Maureen Head, Iowa City West (1996-2000)	1454	Jaime Printy, Linn-Mar (2006-2009)	1391
Kandy Beemer, Bedford (2002-2005)	1452	Amy Breen, Fairfield (1989-1993)	1391
Paige Bradford, Davenport North (2014-18)	1451	Lynnae Green, Shenandoah (2022-25)	1390
Sara Goodman, West Marshall (1999-2003)	1450	Kendra De Jong, Unity Christian (2004-2009)	1390
Alee Hugen, Twin Cedars (2010-2013)	1450	Crystal Davis, Twin Cedars (2004-2008)	1389
Ryley Goebel, Center Point-Urbana (2018-22)	1448	Sara Weirather, Central Lee (1999-2003)	1388
Shari Davis, Denver (1995-1999)	1446	Eva Steffensen, CAM (2021-24)	1387
Carah Drees, Westwood (2016-19)	1446	Kameo Pope, Belle Plaine (2010-2014)	1383
Sasha Koenig, West Branch (2017-21)	1445	Jadyn Spencer, Waterloo West (2008-2011)	1383
Alysa Klein, Okoboji (2001-2004)	1445	Morgan Nelson, Colo-Nesco (1998-2002)	1381
Megan Keefe, Clear Lake (1999-2003)	1445	Ashley Williams, Lawton-Bronson (2010-2014)	1380
Paytn Harter, Atlantic (2022-2025)	1444	Tina Zitterich, Gilbert (1993-1997)	1379
Mary Halvorson, Waukon (2005-2010)	1444	Brooke Bollmeyer, Hinton (1998-2002)	1379
Ali Devries, Bellevue Marquette (2001-05)	1442	Katie Morse, Tri-Center (1997-00)	1379
Leah Miller, Lawton-Bronson (2008-2012)	1442	Katelynn Tracy, Moravia (2010-13)	1378
Megan Howard, North Polk (2006-10)	1439	Elisha Turek, CB Abraham Lincoln (1999-2003)	1377
Lacey Corcoran, Johnston (1995-1999)	1437	Hannah Erickson, Central Elkader (2017-2020)	1376
Kelli Nelson, Exira (2001-2004)	1436	Meghan Brue, Underwood, 2000-2004)	1376
Emma Atwood, Central Decatur (2016-19)	1434	Emily Cline, Harmony (19921-95)	1373
Steffi Cunard, Logan-Magnolia/H. Christian (2011-2015)	1434	Millie Niggeling, Sioux City Bishop Heelan (2005-2010)	1373
Keanna Levy, Waterloo West (1999-2003)	1434	Ellie Spelhaug, Pleasant Valley (2014-18)	1372
Allison Kruger, South O'Brien (1995-1999)	1434	Jessica Hansen, West Monona (2005-2008)	1372
Emilee Danner, Ar-We-Va (2016-19)	1429	Rylee Olsen, New London (2000-04)	1372
Kerris Roberts, Waterloo East (2016-19)	1428	Nicole VanderPol, Grundy Center (2002-2005)	1369
Lindsay Brown, Lenox (2022-25)	1427	Annie Heithoff, CB St. Albert (1993-1997)	1369
Amy Swisher, Cedar Falls (1996-2000)	1425	Jennifer Schmann, Newell-Fonda (2001-05)	1368
Cassandra Boston, Des Moines Hoover (2002-06)	1424	Elizabeth Sneed, Malvern (1999-2003)	1366
Mallory Leerar, West Hancock (2021-24)	1423	Laura TerHark, Algona (2007-2011)	1365
Julie Rittgers, WDM Valley (1987-1991)	1423	Chandran Duffy, Kee (2004-07)	1364

Deha Peyton, Linn-Mar (1988-1992)	1364	Rose Nkumu, Iowa City High (2017-20)	1307
Marissa Schroeder, Marquette Catholic (2014-17)	1363	Grace Vander Weide, WDM Valley (2011-2015)	1304
Sara Goodman, West Marshall (1999-2003)	1362	Sha Petersen, AHSTW (1995-98)	1303
Rylee Voss, English Valleys (2011-15)	1362	Natalie Nielsen, Akron-Westfield (2019-22)	1304
Hallie Linhart, Central Decatur (2011-2015)	1362	Delaney Scherf, Central Elkader (2020-23)	1304
Kara Paul, Red Oak (1996-99)	1362	Nelia Olson, IKM (2004-07)	1303
Chelsey Luhring, A-Parkersburg, Grundy Center (02-05)	1361	Sofia Iwobi, Fairfield Maharishi (2003-06)	1303
Mika Rodewald, Manson-NW Webster (2007-2010)	1359	Taylor Frederick, Harlan (2013-2016)	1300
Caitlin Ingle, Southeast Polk (2011-14)	1349	Kia Rasmussen, IKM-Manning (2014-18)	1299
Dani Thrush, Keokuk (1992-1995)	1358	Marni Jacobsen, Spencer (2004-2008)	1297
Chelsea Matthias, Wapsie Valley (1998-2002)	1358	Allie Wooldridge, Center Point-Urbana (2014-18)	1297
Abbey Holmes, Algona (2017-20)	1355	Sidney McCrea, Cedar Rapids Prairie (2017-20)	1296
Kristyn Ferris, Charles City (2001-2004)	1351	Jessica Leix, Newton (1992-1994)	1296
Morgan Muhlbauer, IKM-Manning (2011-2015)	1351	Mackenzie Knox, Madrid (1999-2003)	1294
Paige Greiner, Williamsburg (2010-2014)	1351	Morgan Shuey, Southwest Valley (2016-19)	1294
Brittani Kozik, Belle Plaine (1999-2003)	1350	Emerson Green, Cedar Falls (2017-20)	1293
Ali Browning, Iowa City Regina (2005-2010)	1350	Autumn McDanel, Moravia (2013-2016)	1291
Kendra DeJong, Unity Christian (2005-09)	1348	Ally Jensen, Ballard (2006-2009)	1291
Addie Oberman, Northeast (2010-14)	1347	Addison Klosterbuer, Central Lyon (2020-23)	1290
Katie Lindeman, Grundy Center (2013-16)	1346	Chloe Rice, Marion (2014-18)	1289
Gabie Doud, Ballard (2013-2016)	1346	Alecia Kimball, Dunkerton (2013-16)	1287
Ali Hoffert, South Winneshiek & Turkey Valley (2018-21)	1346	Payton Rogers, Moravia (2014-17)	1287
Emily Westrand, Essex (2006-2009)	1346	Madelyn Jaeger, West Central Valley (2019-22)	1286
Molly Boge, North Linn (2022-25)	1344	Kaci Crum, Central Springs (2022-25)	1285
Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	1344	Rachel Gosselink, Iowa Christian Academy (2002-06)	1285
Mary Kate Bendlage, Holy Trinity Catholic (2022-25)	1342	Akaysa Duitscher, Pocahontas Area (2020-23)	1284
Ella Skinner, Bishop Heelan (2017-20)	1341	Leah Hetzler, Moulton-Udell (1996-2000)	1284
Macy Sievers, Newell-Fonda (2019-22)	1338	Emma Staudt, Rockford (2014-17)	1282
Hali Anderson, Saint Ansgar (2017-21)	1334	Nicky Wieben, Ankeny (2002-05)	1280
Morgan Straight, Belle Plaine (2013-16)	1333	Rachele Clark, Des Moines East (1987-1991)	1280
Lindsey Fischbach, Carroll (2000-2002)	1332	Michelle Voigts, Clarion-Goldfield (2003-07)	1277
Taylor Feldman, West Liberty (2006-2009)	1331	Betsy Thomas, Sergeant Bluff-Luton (2008-2012)	1277
Lindsay Swanson, Denison-Schleswig (2002-06)	1330	Michelle Kumrow, Hubbard-Radcliffe (2000-2004)	1275
Rachel Hinders, Johnston (2013-16)	1327	Zoey Reed, Lenox (2022-25)	1275
Mallory McDermott, Cedar Rapids Prairie (2017-20)	1326	Erin Goldsmith, Dallas Center-Grimes (2005-08)	1274
Katie Dentlinger, Coon Rapids-Bayard (2008-12)	1325	Autumn Bartel, Cherokee (2001-2005)	1274
Sam Abens, Knoxville (2005-2010)	1323	Abbee Dickman, SCMT (2001-2004)	1273
Tarah Cullen, Fort Madison Aquinas (2002-2005)	1322	Nora Peterson, Alta-Aurelia (2022-25)	1272
Macy Boge, North Linn (2021-24)	1321	Jenny Noll, Muscatine (1988-1992)	1272
Jordan Waddell, Guthrie Center (2003-2007)	1321	Desta Hoogendoorn, Central Lyon (2021-24)	1272
Haley Birks, South Central-Calhoun (2011-2015)	1320	Megan Hendricks, Clear Lake (2000-2004)	1271
Heather Cunard, Missouri Valley (2003-2007)	1320	Brenda Frese, CR Washington (1985-1988)	1271
Amber Schubert, Sergeant Bluff-Luton (2011-2015)	1320	Rachele Monroe, Union (2002-2006)	1270
Kelsey Nickerson, Ottumwa (2008-2012)	1319	Molly Goodenbour, Waterloo West (1985-1989)	1270
Madison Stowater, Ridge View (2021-24)	1317	Samantha Domeyer, Clayton Ridge (2014-17)	1270
Kelli Freeman, WDM Valley (1996-2000)	1317	Daneille Wubbens, Charles City (2003-2006)	1269
Kortney Drake, Wilton	1317	Katie Maguire, Trenor (1998-2002)	1269
Chanda Zomermaand, Unity Christian (2012-16)	1316	Morgan Mann, Humboldt (2022-25)	1266
Kara Haugen, Waterloo Columbus (1991-1995)	1316	Shelby Reicks, Turkey Valley (2014-17)	1266
Abby Kite, Harmony (1996-2000)	1315	Allie Sievert, Estherville-LC (2010-13)	1265
Ellen Gallagher, Woodbury Central (2010-2014)	1314	Haleigh Hempen, Aplington-Parkersburg (2010-13)	1265
Brooke Wolterstorff, Western Christian (2009-2013)	1314	Marina Keck, Kingsley-Pierson	1264
Katelyn Oney, Cedar Rapids Washington (2005-08)	1314	Jen Parsons, Clay Central-Everly (2002-2005)	1261
Olivia Godfrey, Panorama (2010-2014)	1314	Michelle Burvee, Waterloo Columbus (1996-2000)	1260
Ali DeVries, Bellevue Marquette (2002-2005)	1313	Haley Rasmussen, Atlantic (2018-21)	1259
Jocelyn Coleman, Essex (2007-2010)	1312	Amber Kirschbaum, Spirit Lake (2006-2009)	1259
Katie Jensen, English Valleys (2001-2005)	1312	Jen Keitel, Central DeWitt (2008-2011)	1258
Malarie Gilley, East Greene (2007-2011)	1311	Becky Avery, Clear Lake (1996-2000)	1257
Christy Holtkamp, Central Lee (1989-1993)	1311	Hannah Fuller, West Des Moines Valley (2014-17)	1255
Rachel Madrigal, Decorah (2004-2007)	1310	Brooke Larsen, Lewis Central (2022-25)	1254
Anna Kiel, Unity Christian (2012-16)	1308	Kylie Morrison, Logan-Magnolia (2017-20)	1254

Lori Bjork, Johnston (2001-2005)	1253	Abbie Brown, Eldora-NewProvidence (1993-1996)	1221
Marla Metzger, Valley Community (2006-2009)	1252	Kristi Anderson, CB Abraham Lincoln (1985-1988)	1221
Betsy Funk, Urbandale (1998-2002)	1252	Jamie Elbert, Indianola (2006-2009)	1220
Stephanie McCannon, WP Marquette (1988-1992)	1252	Katie Nieuwsma, Pella Christian (2005-2008)	1220
Clara Teigland, Treynor (2020-23)	1251	Kelcie Bormann, Preston (2007-2011)	1218
Robin Threatt, CR Jefferson (1985-1988)	1251	Ellie Foster, Dike-New Hartford (2017-20)	1217
Ali Rorah, Maquoketa (1998-2002)	1250	Lindsay Chettinger, Sergeant Bluff-Luton (2000-04)	1216
Missy Baker, Des Moines Lincoln (1985-1988)	1250	Jill Eggers, West Marshall (1997-2001)	1215
Logan Ehlers, Shenandoah (2014-17)	1248	Angel Robertson, Vinton (1987-1991)	1215
Casey Spree, Aplington-Parkersburg (1994-1998)	1248	Hannah Anderson, Forest City (2014-18)	1214
Kristin Shields, Murray (2004-2007)	1248	Danielle Graham, Dunkerton	1214
Melissa Kroll, CB St. Albert (1993-1997)	1248	Jessie Dirks, Monticello (2000-2004)	1214
Carrie Larson, Tipton (2001-2005)	1248	Traci Ollendieck, Crestwood (1999-2003)	1214
Logan Ehlers, Shenandoah (2014-2017)	1248	Bri Jensen, Remen St. Mary's/Kingsley-Pierson (2015-18)	1214
Emily Newton, Diagonal (2016-19)	1248	Kierra Jungers, Newell-Fonda (2021-24)	1213
Laura Knudtson, Lake Milles (2014-18)	1247	Kalee Modlin, Knoxville (1998-2002)	1209
Aubrey Hauswirth, Pocahontas Area (2003-06)	1247	Kayla Chapman, Treynor (2016-19)	1209
Jamie Hoover, Twin River Valley (1999-2003)	1247	Mackenzie Small, Hinton (2007-2010)	1207
Allison Bailey, Kingsley-Pierson (2014-17)	1246	Fran Reis, Perry (1994-1998)	1207
Kortney Hilsabeck, West Central Maynard (1997-2001)	1246	Carolyn Holm, Sigourney (2007-2010)	1206
Jensen Archibald, Martensdale-St. Marys (2017-20)	1246	Anna Yung, Fort Dodge St. Edmond (2011-2015)	1206
Ashley Zobel, OA-BCIG (2008-2011)	1245	Jamie Hoover, Twin River Valley (1999-2003)	1204
Jennie Lillis, WDM Dowling (1996-2000)	1245	Katie Reihman, Iowa Valley (1999-2003)	1204
Lindsay Overman, Boyden-Hull (1997-2001)	1245	Jill Foster, North Tama (1996-2000)	1204
Faith Meyer, Pocahontas Area (2014-17)	1244	Kayla Moran, Maple Valley-AO (2011-15)	1202
Susan Kies, Newell-Fonda (2005-2010)	1244	Brittany Peterson, Spencer (2006-2009)	1200
Olivia Terrones, East Marshall (2017-20)	1244	Carly Rich, Williamsburg (2022-25)	1199
Deja Jackson, Grinnell (2011-2015)	1242	Laurie Busching, Nashua-Plainfield (2004-2007)	1199
Amanda Smith, Decorah (1994-1998)	1242	Josie Hartman, Southeast Warren (2019-22)	1199
Erin Weber, Boyer Valley (2014-18)	1241	Natalie Hackbarth, Algona (2005-2010)	1198
Ashley Dugan, Edgewood-Colesburg (1999-2003)	1239	Alissa Dennis, Ballard (1996-2000)	1198
Audrey Faber, Dowling Catholic (2011-2015)	1239	Jackie Aanes, Valley Community (1997-2000)	1197
Johanna Myers, Burlington Notre Dame (2014-17)	1239	Taylor Smith, Central Decatur (2006-2009)	1197
Bobbi Burrows, Bondurant-Farrar	1237	Megan Murphy, North Polk (2010-14)	1197
Sarah Anderson, Tri-Center (2002-2005)	1237	Abbie Haupert, CMB (2011-14)	1196
Josie Kopal, Lawton-Bronson (2009-2013)	1237	Erica Hoffman, East Buchanan (2017-20)	1196
Tanaeya Worden, Sioux City North (2003-2007)	1236	Audrie Helmrichs, Edgewood-Colesburg (2021-24)	1195
Elly Arganbright, Panora (2007-2010)	1235	Kayla Morgan, Maple Valley-Anthon-Oto (2011-2015)	1194
Nicole Strasko, Roland-Story (2006-2009)	1235	Kylan Loney, Ames (1997-2001)	1194
Jaedon Murphy, North Polk (2017-20)	1235	Kenna Morgan, Cherokee (2020-23)	1192
Kayla Henke, Cherokee (2002-2006)	1234	Macy Daufeldt, West Liberty (2019-22)	1192
Beth Mathes, Melcher-Dallas (1999-2003)	1234	Krissy Gronborg, AHSTW (1998-2001)	1192
Kelsey Hora, Highland (2014-2017)	1233	Abbie Hlas, ADM (2016-20)	1192
Susan Kies, Newell-Fonda (2006-10)	1233	Kenna Morgan, Cherokee (2020-23)	1192
Kayleen Beck, BGM (2011-2015)	1233	Brooke Witcher, Janesville (1999-2003)	1190
Elise Boulton, Montezuma (2018-21)	1232	Alyssa Wiebel, Benton Community (2013-16)	1190
Brittni Donaldson, Sioux City North (2007-2011)	1232	Tammy Brauer, CR Kennedy (1990-1994)	1190
Carly Pagel, Sumner-Fredericksburg (2009-2012)	1232	Brielle Baker, Creston (2016-19)	1189
NaTracia Ceaser, Waterloo West (2016-19)	1231	Kaely Hummel, Cherokee (2011-2015)	1189
Barb Bennett, Ames (1993-1997)	1231	Teri Vander Beek, Lynnville-Sully (1999-2003)	1189
Kahlie Hill, Calamus-Wheatland (2021-24)	1230	Blaire Thomas, Waterloo West (2011-2014)	1187
Hillari Jennings, North Central (1993-1997)	1230	Kate Tuttle, West Branch (1995-99)	1186
Tricia Floyd, Vinton (1985-1988)	1230	Cathy Reiter, Union (2005-2009)	1186
Jennifer Perkins, Fort Dodge St. Ed. (1994-1998)	1227	Crystal Anderson, Forest City (1997-2001)	1186
Bradi Krager, Sioux Central (2021-24)	1227	Mika Rodawald, Manson-NW Webster (2005-2010)	1184
Jessica Balek, Mason City Newman (2009-2012)	1225	Megan Peschong, Okoboji (2013-2016)	1184
Alyson Stokes, Highland (2016-19)	1225	Kate Cline, Valley Community (1995-98)	1183
Kellie Metz, Tri-County (1996-2000)	1222	Brooklin Dailey, Southeast Polk (2020-23)	1183
Mary Halverson, Coon Rapids-Bayard (2008-2012)	1222	Kailyah Sain, Cedar Rapids Kennedy (2020-23)	1181
Amanda Brainerd, Central DeWitt (2013-2016)	1221	Hannah Durkin, Knoxville (2022-25)	1180
Rachel Smith, Iowa Mennonite (1991-1995)	1221	Morgan VanDerSloot, Storm Lake/OABCIG (2008-12)	1180

Amy Klostermann, West Delaware (1999-03)	1180	Dani Gass, Sioux City East (2001-05)	1152
Mindy Hutchcroft, AGWSR (2003-2007)	1180	Tiffany Bormann, Preston (2005-2009)	1151
Kayla Gesink, Western Christian (2007-2011)	1180	Samantha Uhlenkamp, Central City (2014-17)	1151
Markisha Wright, Des Moines East (2007-11)	1179	Paityn Hagberg, Cherokee, (2014-18)	1150
Gabby Reyerson, West Marshall (2013-16)	1179	Noreen Morrow, Harris-Lake Park (2010-2014)	1150
Morgan Christian, Sioux Central (2021-24)	1177	Kelsey Powell, Bondurant-Farrar (2001-2004)	1150
Jessica Vanderleest, Solon (1996-1999)	1177	Natalie Bright, WDM Dowling (1994-1998)	1150
Emily Holterhaus, Pella (2016-19)	1176	Ashley Tull, North Linn (2014-18)	1149
Kassidy DeJong, Unity Christian (2011-2015)	1176	Nichole Robison, Sioux City West (1996-2000)	1147
Shae Dillavou, Forest City (2020-23)	1176	Alivia Ruble, Southeast Warren (2020-23)	1147
Taylor Rodenburgh, West Sioux (2014-17)	1176	Jaci Christensen, Audubon (2019-23)	1146
Tracy Hardee, Bedford (1995-1999)	1175	Megan Keefe, Clear Lake (1999-2003)	1146
Jade Lynn Vlotho, West Sioux (2009-2013)	1174	Ellie Ritscher, Benton (2003-2007)	1146
Molly Schany, Emmetsburg (2017-20)	1173	Tarah Colt, Akron-Westfield (2001-2005)	1146
Jamie Cavey, North Cedar (1997-2001)	1173	Jennifer Kennedy, Greene County (2010-13)	1145
Kennedy Dighton, Cedar Rapids Jefferson (2014-17)	1172	Kendal Brown, Moravia (2013-2016)	1145
Brianna Mensen, Maquoketa Valley (2014-17)	1172	Emily Dolan, East Buchanan (1996-2000)	1145
Janine Gremmel, Dubuque Wahlert (1984-1988)	1172	Marival Rivera, Muscatine (1985-1989)	1145
Molly Nelson, Fort Dodge (1994-1998)	1172	Amy Larson, Denison-Schleswig (2000-04)	1145
Kirstin Nelson, Oelwein (2005-2009)	1172	Addy Johnson, Westwood (2021-24)	1144
Brenna Hackman, Nashua-Plainfield (2019-22)	1172	Allison Starr, Wellsburg-St. Rock (1993-1996)	1144
Keeley Petzenhauser, Spencer (2014-17)	1171	Jacqui Kalin, Sioux City North (2003-2007)	1143
Jess McDowell, AGWSR (2005-2009)	1171	Christa Clayton, Estherville-LC (2005-08)	1143
Makenzie Hughes, Akron-Westfield (2022-25)	1170	Kristen Lipps, Algona (2005-2010)	1143
Josie Kuper, AGWSR (2021-25)	1170	Lauren Miller, English Valleys (2011-2015)	1142
Grace Blomstedt, Red Oak (2011-2015)	1170	Katelyn McCunniff, Waterloo Columbus (2004-07)	1142
Kylan Straight, Logan-Magnolia (2014-18)	1170	Amanee Clark, Waterloo East	1141
Kayla Goodchild, Clay Central-Everly (2000-2004)	1169	Kamryn Finley, Cedar Falls (2014-18)	1141
Kim Parker, Aurelia (1998-2002)	1169	Shelby Graves, Davis County (2010-2014)	1141
Sara Lincoln, Central Decatur (2006-2009)	1168	Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	1141
Amanda Chizek, West Hancock (2017-20)	1168	Bridget Yoerger, Hinton (2001-2005)	1139
Marly Bussa, Camanche (2014-2018)	1167	Lindsay Beran, HLV	1139
Samantha Meyers, Grundy Center (2009-13)	1167	Katie Vander Molen, Pella (2015-18)	1137
Tonia Tauke, CB Abraham Lincoln (1992-1996)	1167	Caitlyn Ward, Sidney (2016-19)	1137
Tess Myer, Mount Ayr (2004-2009)	1167	Jaime Hoegh, Atlantic (1999-2003)	1137
Kim Wilken, Treynor (1993-1996)	1167	Amanda Frost, Denver (2005-2010)	1137
Dawn Rayner, Lone Tree (1988-1992)	1167	Amber Simon, West Liberty (1998-2002)	1136
Reagan Pagniano, Pleasant Valley (2022-25)	1166	Ashley Sickles, Crestwood (2004-2008)	1135
Melissa Eighmy, Mount Ayr (1994-1998)	1166	Abby Wedemeier, West Central Maynard	1135
Ashlyn Davis, Westwood (2022-25)	1165	LeAnn Farmer, Waco (1990-1994)	1135
Ann Gramkow, AHSTW (1999-2002)	1165	Heather Kapler, Crestwood (1993-1997)	1135
Ella Larsen, Newell-Fonda (2018-2021)	1165	Savannah Gage, Ankeny (2022-25)	1134
Kassidy Pingel, Cherokee (2015-19)	1162	Stephanie Howe, Northeast (1999-2003)	1134
Heather Best, Davenport West (1991-1995)	1162	Anna Volter, Decorah (2002-2005)	1133
Brynny German, Martensdale-St. Marys (2021-24)	1161	Tashika Lewis, Des Moines North (1990-1994)	1132
Tember Schechinger, IKM-Manning (2008-2012)	1161	Jesi Barrett, Guthrie Center (1998-2002)	1131
Isabelle Elliott, Sumner-Fredericksburg (2021-24)	1160	Lindsey Vande Wall, PCM (2006-2009)	1130
Slone Masters, Storm Lake (2006-2010)	1159	Madison Baier, South Tama (2009-12)	1129
Leah Buhmann, West Central Maynard (1993-1997)	1159	Kelly Houser, Riceville (1999-2003)	1129
Ashley Wagner, Kee (1999-02)	1159	Jessie Biggs, Ottumwa (1999-2003)	1128
Morgan Walker, Sioux Central (2009-2012)	1159	Helaina Hillyard, Mediapolis (2017-20)	1127
Bella Bader, Hinton (2021-24)	1158	Shauna Boles, Murray (1996-2000)	1126
Kim Kester, Center Point-Urbana (1995-99)	1157	Lela Sellers, Minnesota/CR Kennedy (2013-16)	1126
Brittney Carlson, Oskaloosa, (2003-2006)	1157	Taryn Williams, Fremont-Mills (2011-2015)	1125
Briana Lage, SCMT/West Fork (2006-2009)	1154	Kelsey Homewood, Iowa City Regina (2000-04)	1125
Mallory Cunard, Missouri Valley (2006-2009)	1154	Stacy Makoben, Durant (1985-1989)	1124
Caitlin Bisinger, Midland (2007-2010)	1154	Brooke Nelson, Colo-Nesco (2002-2006)	1124
Kaitlyn Volesky, Mount Vernon (2014-17)	1154	Paige Anderson, Denison-Schleswig (2017-21)	1122
Rachel Freland, West Marshall/PCM (2011-15)	1153	Alex Flattery, Sioux City Esat (2021-24)	1122
Pam Iverson, Denison-Schleswig (1994-1998)	1153	Jescenia Mosley, Essex (2014-17)	1122
Toni Ratliff, Shenandoah (2003-2007)	1152	Hallie Mohr, Mediapolis (2019-22)	1122

Tedi Andrews, Kingsley-Pierson	1121	Shea Fuller, West Des Moines Valley (2016-19)	1093
Jada Piercy, Spencer (2020-23)	1120	Madison Forbes, Lone Tree (2014-17)	1093
Rachel Wedemeier, West Central Maynard (1999-2003)	1120	Kristi Feldman, West Liberty (2010-2013)	1093
Alison Huss, Bellevue Marquette (2001-05)	1120	Christine Logsdon, Keokuk C. Stritch (1988-1992)	1092
Jalyssa Ceasar, Sioux City North (2005-2009)	1120	Rachael Mesner, Rockwell-Swaledale (1997-2001)	1091
Annie Fagen, East Greene (1993-1997)	1120	Morgan Bradley, Waterloo Columbus (2021-24)	1090
Carly Janssen, Pocahontas Area (2020-23)	1119	Ashlton Connelly, Emmetsburg (2011-2015)	1090
Olivia Sulentic, Interstate-35 (2009-12)	1119	Aftin Phyfe, Waverly-Shell Rock (2009-2013)	1090
Jamie Gesink, Western Christian (2011-2015)	1119	Morgan Meyer, Sentral (2004-07)	1090
Erika Massner, Wapello (2009-12)	1119	Shelby Rodman, Whiting (2010-2014)	1090
Jessie Fitzwater, Moulton-Udell (1996-2000)	1118	Kinsey Scheffler, AHSTW (2017-20)	1089
Jaeden Ferris, Westwood (2020-23)	1117	Ashley Hagedorn, IKM-Manning (2006-2010)	1089
Beth Skogen, Lake Mills (1993-1997)	1117	Rysaiah Sitzmann, Gehlen Catholic (2022-25)	1087
Brianna James, Lynnville-Sully (2009-12)	1116	Kaisha Brown, Spirit Lake (2004-2008)	1087
Faith Vincent, Colo-Nesco, (2016-19)	1116	Jessica Stanek, Tripoli (1999-2003)	1087
Amanda Eekhoff, Western Christian (2000-2004)	1115	Barb Franke, CedarFalls (1987-1991)	1087
Angie Ryan, Solon (1992-1995)	1115	Lexi Ackerman, Central Lyon (2009-2013)	1087
Amy Smith, Lone Tree (2004-2007)	1115	Erica Junod, Ankeny (1995-1999)	1087
Rylee Yager, Estherville-LC (2022-25)	1113	Brooke Roby, Twin Cedars (2019-21)	1086
Jenna Clark, Roland-Story (2014-18)	1112	Taylor Benshoof, Winterset (2010-2013)	1086
Emily Wenstrand, Essex (2004-2007)	1112	Lana Otting, Cascade (2004-2008)	1086
Haley Puk, Waterloo West (2011-2014)	1112	Kinzee Hansen, CWL (1993-1997)	1086
Christie Vogelgesang, Tipton (1988-1992)	1112	Adrianna Katcher, Center Point-Urbana (2016-20)	1086
Christina Voss, Ankeny (2002-04)	1112	Kim Flossm Dike-New Hartford (2003-06)	1086
Nicole Denman, Ballard (1998-2002)	1112	Cari Cimmiiyotti, St. Ansgar (2001-2004)	1085
Kiana Barney, Cedar Falls (2014-18)	1111	Kim Hansen, Cedar Falls (1997-2001)	1085
Chloe Frank, Garner-Hayfield-Ventura (2021-24)	1100	Angie Eichhorst, Marion (1985-1988)	1084
Emily Treptow, Jesup (2016-19)	1110	Paige Klocke, Glidden-Ralston (2020-23)	1084
Jordan Gillenwater, Council Bluffs AL (2008-2011)	1110	Mary Holmes, Cedar Rapids Regis (1985-1989)	1084
Alyssa Green, Cedar Rapids Washington (2003-06)	1110	Jenny Vogel, Jesup (1995-1999)	1083
Trish Miller, Newell-Fonda (1996-2000)	1108	Lindsey Pleuss, Boone (1997-2001)	1083
Sarah Larsen, IKM (1993-1996)	1108	Dana Weerheim, West Sioux (2008-2012)	1083
Brittney Roby, Twin Cedars (2010-14)	1108	Aubrey Schwieso, Harlan (2022-25)	1082
Angie Froehlich, Algona Garrigan (1996-2000)	1108	Marleigh Johnson, Stanton (2020-23)	1082
Gina Gunsolley, Diagonal (2002-2005)	1107	Claire Denning, AHSTW (2018-21)	1082
Carrie Stromley, Rockwell-Swaledale (1997-2001)	1107	Jackee Meyer, Belmond-Klemme (2014-16)	1081
Olivia Sulentic, Interstate 35 (2009-12)	1106	Jada Gyamfi, Johnston (2019-22)	1081
Brooke Loewe, Ballard (2019-22)	1106	Cassie Chubb, Saydel (2012-16)	1081
Kate Hanneman, Center Point-Urbana (1993-1995)	1106	Kjerstin Back, Lake Mills (1998-2002)	1081
Breianna Klein, Murray (2016-19)	1105	Kristine Munden, Aurelia (2003-2007)	1081
Abby Wisecup, Sergeant Bluff-Luton (2016-19)	1105	Emily Jones, Wayne (2019-21)	1080
Mackenzie Bigbee, Williamsburg (2008-2012)	1105	Lucy Scott, Lewis Central (2021-24)	1079
Renee Roelfs, Mediapolis (1997-2001)	1105	Paige McAfee, CAM (2016-19)	1079
Emily Kirchner, Estherville-LC (2008-13)	1104	Kim Schwartz, Hinton (1993-1997)	1078
Madison Hillman, Saint Ansgar (2020-23)	1104	Kaeli Block, Union (2014-17)	1077
Abbie Schany, Emmetsburg (2018-21)	1103	Lauren McLaughlin, Algona (2022-25)	1076
Madelyn Flemr, Lone Tree	1103	Adria Sheil-Brown, Central DeWitt (1996-2000)	1076
Camryn Reeg, Bellevue (2014-18)	1102	Stacy Schlumbohm, West Sioux (1993-1997)	1076
Anna Sweeting, Highland (2007-2011)	1098	Trisha Nesbitt, Ames (2005-2009)	1075
Mikkell Korver (1997-2001)	1097	Ashley Nally, Bedford (1999-2002)	1075
Amana Simmons, Des Moines Lincoln (1989-1993)	1097	Mallory Nilles, Boyden-Hull (2016-20)	1075
Meredith Cunningham, Knoxville (2011-2015)	1097	Maria Gonzalez, West Hancock (2013-16)	1075
McKenna Carver, Cherokee (2013-17)	1097	Emily Ivory, Bettendorf (2014-18)	1075
Jamie Imboden, Earlham (2006-2009)	1096	Mary Walker, Newell-Fonda (2020-23)	1074
Brittany Holdsworth, Carroll (2009-2013)	1096	Abi Weideman, Iowa Falls-Alden (2006-2009)	1074
Elsa Anderson, Des Moines Christian (2011-2015)	1095	Kristen Weber, Earlham (2012-2015)	1074
Cassidy Breon, Sergeant Bluff-Luton (2008-2012)	1095	Maci Griffith, Vinton-Shellsburg (2013-2016)	1074
Casey McDermott, Newton (2004-2007)	1094	Rachel Mercer, Kingsley-Pierson (2013-16)	1074
Courtney VanHouweling, PCM (2011-2015)	1094	Shayla Peters, Madrid (2014-18)	1073
MacKenzie Westcott, Williamsburg (2004-2008)	1094	Maggie Walker, Newell-Fonda (2018-21)	1073
Kaylin Lack, East Union (2019-22)	1093	Brynn Bass, Coon Rapids-Bayard (2019-22)	1073

Hannah Redenius, Battle Creek-Ida Grove (2006-09)	1072	O'Malley Fair, Riceville (2019-22)	1050
Haidyn Hull, Grinnell (2020-23)	1072	Erica Hoehns, Twin Cedars	1050
Brittany Fish, Marion (2006-2010)	1072	MaKayla Augustine, Bishop Heelan (2009-2013)	1049
Brooke Zylsta, Boyden-Hull (2016-20)	1071	Meg Tierney, Union (1997-2000)	1048
Lindsey Reis, Coon Rapids-Bayard (2005-09)	1071	Cassidy Pagel, Sumner-Fredericksburg (2017-20)	1047
Kate Letkewicz, Waterloo West (2011-2014)	1071	Britni Freed, Hinton (2006-2009)	1047
Katelyn Seely, Algona (2007-10)	1070	Devyn Kemble, Panorama (2014-18)	1047
Lauren Hedlund, Hinton (2010-2014)	1070	Cassidy Pagel, Sumner-Fredericksburg (2018-21)	1047
Whitney Klyn, Eddyville-Blakesburg-Fremont (2022-25)	1069	Abby Flanagan, North Linn (2017-20)	1047
Shayla Barnes, Roland-Story (2006-2009)	1069	Ashley Hansen, Newton (2000-03)	1046
Jewell Gasteiger, Lake Mills (2014-18)	1069	Angie Mohr, Dubuque Senior (1986-1990)	1046
Addison Steekhoek, PCM (2022-25)	1068	Michelle Mahmens, Northeast (1995-1999)	1046
Kelly Keerar, West Hancock (2014-18)	1068	Laura Johnson, Cedar Falls (2005-2010)	1046
Lindsey Boldt, Mount Pleasant (2002-2006)	1068	Andee Martin, Westwood (2016-19)	1046
Ali Vesely, Waterloo Columbus (2018-21)	1067	Allison Emrich, Vinton-Shellsburg (2008-11)	1045
Briana Schauble, Kingsley-Pierson (2004-09)	1067	Julie Kaesbauer, Dubuque Hempstead (1984-1987)	1045
Maddie Nonnenmann, Mid-Prairie (2019-22)	1066	Hannah Stafford, Pocahontas Area (2010-2014)	1044
Kaitlin Rosenbeck, Guthrie Center (2005-2010)	1066	Amber DeRiemacker, West Liberty (1996-2000)	1044
Jill Walters, North Scott (2002-2006)	1066	Peyton Olson, Mason City Newman (2014-18)	1043
Kim Shoars, St. Ansgar (1997-2000)	1066	Maya Johnson, Mediapolis (2014-18)	1042
Abby Reinhard, Eldora-New Providence (1999-2003)	1066	Kaela Eslinger, Orient-Macksburg (2016-20)	1041
Kelley Trimble, West Branch (2010-2012)	1066	Casie Christensen, North Polk (2006-2009)	1041
Felicity Jackson, CAM (2014-17)	1066	Kandy Beemer, Bedford (2002-05)	1041
Dereree Stubbe, Clarke (2016-19)	1066	Sara Burton, Highland (2021-24)	1041
Abby Lee, Sioux City Bishop Heelan (2022-25)	1065	Caitlin Daniels, Cedar Rapids Xavier (2016-20)	1040
Emma Dau, Spirit Lake (2011-2015)	1065	Shayla Dean, Colo-Nesco (2011-2015)	1040
Jodi Purdy, Winterset (2001-2005)	1065	Traci Keller, Central Lee (2010-2013)	1040
Mia Boulton, Montezuma (2020-23)	1064	Kris Neuberger, Garner-Hayfield (1993-1997)	1040
Addison Weber, Gehlen Catholic (2016-2020)	1064	Melanie Willadsen, Pleasant Valley (1987-1991)	1040
Raegan Boothe, Central Decatur (2014-17)	1064	Sam Norris, Martensdale St. Marys (2007-2011)	1040
Rachel Struve, South O'Brien (2010-2014)	1063	Steph Botkln, Cedar Rapids Kennedy (2011-2015)	1039
Dasia Foster, Oskaloosa (2022-25)	1062	Jen Allen, Grinnell (2003-2006)	1038
Rebecca Mulliken, Waco (1990-1994)	1061	Cheyann Adamson, Highland (2013-16)	1038
Sarah Larsen, Mid-Prairie (1998-2002)	1061	Morgan Brandt, Sumner-Fredericksburg (2019-22)	1037
Natalie Potter, Moulton-Udell (2009-2013)	1060	Rachel Wedemeier, West Central (1999-2003)	1037
Dani Benson, West Marshall (2002-2006)	1060	Kelsie Willert, St. Ansgar (2012-16)	1037
Johanna Vaske, Algona Garrigan (2014-18)	1059	Kalli Rasmussen, IKM-Manning (2011-2015)	1037
Courtney Coffin, Burlington Notre Dame (2011-2015)	1059	Janey Botkins, Durant (2013-16)	1036
Krystal Grundmeier, Belmont-Klemme (1998-2002)	1058	Adrienne Trauger, Twin River Valley (1999-2003)	1036
Sidney Beckman, Panorama (2010-2013)	1058	Jordyn Moser, Harlan (2013-16)	1035
Steph Reiter, Union (2004-2008)	1057	Carly Goodwin, Sigourney (2021-24)	1035
Chloee Colt, Akron-Westfield (2019-22)	1056	Katie Meyer, Belmont-Klemme (1998-2002)	1034
Jordyn Stokes, Estherville-LC (2020-23)	1056	Pamela Masker, Underwood (2000-2004)	1034
Katelyn Stanley, Bishop Heelan (2016-20)	1056	Madison Wauters, Wineset (2016-19)	1034
Beth Driscoll, Linn-Mar (1990-1994)	1056	Katie Sobotka, Diagonal (2014-18)	1033
Joanne Woepking, Columbus (1989-1993)	1056	Brynn Bass, Coon Rapids-Bayard (2019-22)	1033
Bridget Doeden, Sibley-Ocheyedan (2010-2014)	1056	Kayla Pirtle, Cedar Rapids Washington (1991-1995)	1033
Jackie Olson, MOC-Floyd Valley (1992-1996)	1055	Ashley Hansen, Newton (1997-2003)	1033
Leslie Budak, Norway and Benton (1988-1992)	1054	Kayla Pirtle, Cedar Rapids Washington (2002-05)	1033
Doryn Paup, Creston (2020-23)	1054	Kaitlyn Johnson, Van Buren (2011-2015)	1032
Macy Harris, Grinnell (2016-19)	1053	Tiela Janssen, Glidden-Ralston (2021-24)	1032
Mackenzie Foley, Sergeant Bluff-Luton (2016-20)	1053	Molly Parrott, Lewis Central (1994-1998)	1032
Ebby Prewitt, Des Moines Christian (2013-16)	1052	Chloe Wierson, Collins-Maxwell (2021-24)	1032
Kari Mutcschler, AGWSR (2003-2007)	1052	Lauren Heying, Gehlen Catholic (2022-25)	1031
Karter Miller, CAL (2010-2014)	1052	Madie Sorensen, Adair-Casey/Indianola (2014-18)	1031
Carissa Stiefel, Burlington (1989-1993)	1052	Andrea Robertson, Vinton-Shellsburg (1992-1996)	1030
Rachel Binneboese, MOC-Floyd Valley (1993-1997)	1052	Hannah Sitzmann, SL SM/Gehlen Catholic (2010-14)	1030
Jami Bertelsen, Missouri Valley (1996-2000)	1052	Payton Slaughter, Cherokee (2015-19)	1029
McKenna Kramer, Benton (2021-24)	1052	Jena Bamrick, Rockwell-Swaledale (2004-2007)	1029
Maya Gyamfi, Urbandale (2017-20)	1051	Lexi Pingel, Cherokee (2019-22)	1028
Summer Gordon, Sioux City North/West (2007-2011)	1051	Ashton Moody, Hinton (2008-2011)	1028

Ellary Knock, Dike-New Hartford (2020-23)	1027
Abby Reichter, North Fayette Valley (2018-21)	1027
Katie Almeida, Shenandoah (1997-2001)	1027
Nicole Burgin, Oelwein (2010-2014)	1026
Megan Weirather, Central Lee (2003-2006)	1026
Darcy Waldron, Cedar Rapids LaSalle (1988-1992)	1025
Whitney Stevens, Valley Community (1996-99)	1025
Barb Cole, Muscatine (1985-1988)	1024
Nicole Pettinger, East Buchanan (2017-20)	1024
Camille Kruse, Fort Madison (2020-23)	1023
Danikah Grobe, AHSTW (2011-2015)	1023
Jessica Kruger, AGWSR (1995-99)	1023
Kerri Carpenter, Tipton (1991-1995)	1023
Denise Sump, Clarinda (1993-1996)	1023
Alison Nagel, Fort Dodge St. Edmond (2006-10)	1022
Lisa Frese, Norway (1986-1990)	1022
Presley Blommers, Oskaloosa (2020-23)	1021
Kennedy Salow, Center Point-Urbana (2010-14)	1021
Emma Kelchen, Bellevue (2014-18)	1021
Jena Blint, New London (2003-2007)	1021
Michelle Nason, IC West & IC High (1986-1990)	1021
Amy Steenhoek, Pella (1996-99)	1020
Ashton Glaus, Morningstar & Bettendorf (2011-15)	1020
Beth Wastson, Elk Horn-Kimballton (1998-2002)	1020
Kaci Klenk, Mediapolis (1990-1994)	1020
Heather Hook, Grundy Center (2009-13)	1020
Kayla Lindenmeyer, Bedford (2010-2013)	1019
Megan Ryan, North Mahaska (1998-2001)	1019
Kristi De Jager, MOC-Floyd Valley (1994-98)	1019
Laura Rowan, Hampton-Dumont (1999-2003)	1019
Morgan Johnson, Earlham (2010-14)	1019
Bailey White, Council Bluff St. Albert (2015-18)	1018
Elise Jaeger, West Des Moines Valley (2021-24)	1018
Ashley Kovarik, Crestwood (2006-2010)	1018
Corinna Schropp, New London (1997-2001)	1018
Eryka Dickey, Wapello (2017-20)	1017
Peg Loecke, West Delaware (1987-1991)	1017
Tracie Olerich, Des Moines Lincoln (1988-1992)	1017
Ashley Schwartzhoff, Kee (2015-18)	1017
Sara Fedler, Holy Trinity Catholic	1016
Molly Boylan, Exira (2006-2009)	1016
Linissa Bowman, Preston (1997-2001)	1016
Maddie Disney, Clarion-Goldfield-Dows (2013-16)	1016
Holly Halstead, Hudson (2008-11)	1015
Alyson Stokes, Highland (2016-19)	1015
Brenna Lanser, Lynnville-Sully (2014-17)	1015
Abbie Ackerman, Central Lyon (2006-2009)	1015
TJ Stoaks, Lenox (2018-21)	1014
Delaney Goshorn, AHSTW (2021-24)	1014
Savanna Thornton, Bedford	1014
Leah Riley, North Fayette (2004-2007)	1014
Aubrie Fisher, AGWSR (2016-19)	1014
Stacy Boerema, Clinton (1999-2002)	1012
Sarah Matus, Springville (2011-2015)	1012
Heidy Pemsli, Dubuque Wahlert (1990-1994)	1012
Allison Cooper, Ventura (1993-1996)	1012
Emma Krier, Remsen St. Mary's (2007-2011)	1012
Carie O'Brien, Independence (1989-1993)	1011
Tracy Reed, Riverside (1995-1999)	1011
Aliyah Buscher, Algona (2017-20)	1009
Sarah Schmitt, Cedar Rapids Prairie (2016-2019)	1009

Jenny Anderson, Winfield-Mt. Union (1994-1998)	1009
Kim McCaffrey, Carroll (1994-1996)	1009
Jenny Siebrecht, Carroll (2000-2002)	1009
Megan Linskens, Clarke (2016-19)	1009
Kailey Jones, AHSTW (2018-21)	1008
Grace Rehstrom, Sioux Central (2008-2011)	1008
Melissa Haglund, Northeast Hamilton (2000-2004)	1008
Ella Moster, Cedar Rapids Kennedy (2022-25)	1007
Alyssa Lux, Cascade (2020-23)	1007
Carson Fisk, Lynnville-Sully (2016-19)	1007
Jodi Putman, Bellevue (1991-1995)	1007
Stacy Boerema, Clinton (1998-2002)	1006
Lauren Krieger, Burlington Notre Dame (2021-24)	1005
Angie Carnahan, Ottumwa (1990-1994)	1005
Emily Cecil, Harmony (1993-1997)	1004
Kate Sievers, East Central (1999-2003)	1004
Jodi Nikkel, Lynnville-Sully (2001-05)	1003
Val Feller, Preston (1992-1996)	1003
Katie Hemphill, South Hamilton (2008-2011)	1003
Whitney VanderMaten, Boyden-Hull (2008-2012)	1003
Dana Kester, Jesup (1996-2000)	1003
Hannah Lau, Garner-Hayfield-Ventura (2014-17)	1003
Dee Dee Pryor, Urbandale (2016-19)	1002
Ashley Babbitt, Earlham (2003-2006)	1002
Heather Block, George-Little Rock (1995-99)	1002
Kelsi Phipps, Mount Pleasant (2011-2015)	1002
Clair Lauterbach, Van Meter (2017-20)	1001
Shelby Bailey, East Buchanan (2006-2010)	1001
Teri Blood, West Marshall (1994-1998)	1001
Jentry Schaefer, Southwest Valley (2017-20)	1001
Clair Lauterbach, Van Meter (2017-20)	1001
Alizabeth Jacobson, Underwood (2021-24)	1000
Kendall Brown, Moravia (2013-16)	1000
Erin Gerke, Newell-Fonda (2014-17)	1000
Bailey Winter, MFL-Mar-Mac (2017-20)	1000
Sarah Brown, Le Mars (2021-24)	1000
Sara Wittenburg, Tripoli (1996-2000)	1500+
Kristin Popovics, Marion (1996-2000)	1500+
Amber Sobotka, Diagonal (1994-1998)	1600+
Kylene Stamps, Diagonal	1200+
Katie Maguire, Treynor (1998-2002)	1200+
Natalie White, Dubuque Senior (2002-2005)	1200+
Amanda Focht, Villisca (2010-2013)	1000+
Jill Vanderhoof, Villisca (2010-2013)	1000+
Taylor Shull, Mount Pleasant (2008-2013)	1000+
Jaque Moyer, Janesville (1997-2000)	1000+
Christa Moyer Janesville (1999-2002)	1000+
Maranda Mills, Janesville (1995-98)	1000+

## SEASON TOTAL POINTS

Audi Crooks, Bishop Garrigan, 2023	889
Deb Remmerde, Rock Valley, 2003	859
Ellie Ruffridge, Pocahontas Area, 2017	840
Abby Roe, Van Buren, 1996	817
Margo Muhlbauer, IKM, 2006	811
Liz Trauger, Twin River Valley, 2006	805
Jennifer Jorgensen, SE Webster-Grand, 2007	804
Ashley Joens, Iowa City High, 2018	798
Jennifer Jorgensen, SE Webster-Grand, 2008	794
Caitlin Clark, Dowling Catholic, 2019	781

Caitlin Clark, Dowling Catholic, 2020	775	Jody Dean, Postville, 1995	618
Deb Remmerde, Rock Valley, 2002	770	Jodi Putman Bellevue 1995	618
Elle Ruffridge, Pocahontas Area, 2016	766	Elisha Turek, CB Abraham Lincoln, 2003	616
Trisha Heiden, Northeast Hamilton, 1995	762	Anne O'Neil, Cedar Rapids Kennedy, 1998	615
Lindsey Meder, Solon, 1998	742	Ellie Herzberg, Manson-NW Webster, 2013	614
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739	Kala Kuhlmann, Charter Oak-Ute, 2006	613
Amber Harrington, Davenport North, 2010	737	Lauren Wilson, Springville, 2022	612
Izzy Eisbach, Nodaway Valley, 2025	734	Elle Ruffridge, Pocahontas Area, 2014	612
Elle Ruffridge, Pocahontas Area, 2015	733	Carli Tritz, Sioux City Bishop Heelan	610
Shelby Hembera, Cedar Valley Christian, 2014	730	Liz Trauger, Twin River Valley, 2003	609
Grace Boffeli, North Scott, 2020	722	Sara Stribe, Carroll, 1997	608
Nicole Miller, New London, 2015	716	Mya Merschman, Central Lee, 2021	607
London Vais, Adair-Casey, 2014	707	Delaney Bertman, ADM (2016-20)	607
Hallie Christofferson, Exira, 2010	704	Mya Merschman, Central Lee, 2020	607
Janel Grimm, Montezuma, 1994	695	Lindsay Hoehns, Twin Cedars, 2009	606
Jennifer Goetz, Cardinal Stritch, 2003	695	Stephanie Rich, Washington, 2000	605
Molly Tideback, Waterloo Columbus, 1987	692	Hallie Christofferson, Exira, 2009	605
Brenda Frese, Cedar Rapids Washington, 1988	692	Jessica Nikkel, Lynnville-Sully, 1999	603
Libby Fandel, Cedar Rapids Xavier, 2025	684	Molly Tideback, Waterloo Columbus, 1986	603
Amy Meggers, IKM, 2000	684	Megan Meyer, Mason City, 2018	602
Anne O'Neil, Cedar Rapids Kennedy, 1999	678	Sara Stribe, Carroll, 1996	602
Nina Smith, Waterloo West, 1999	672	Monica Huelman, Vinton-Shellsburg, 1996	601
Hannah Stuelke, Cedar Rapids Washington, 2022	670	Robin Threatt, Cedar Rapids Jefferson, 1988	599
Liz Trauger, Twin River Valley, 2006	670	Megan Meyer, Mason City, 2019	598
Deb Remmerde, Rock Valley, 2001	667	Kailey Burke, Hinton, 2016	597
Isabel Manning, Van Buren County, 2021	665	Tammi Blackstone, Cherokee, 1996	597
Haylee Stokes, Estherville Lincoln Central, 2024	664	Abby Roe, Van Buren, 1995	596
Audi Crooks, Bishop Garrigan, 2022	659	Karen Hutson, Logan-Magnolia, 2010	595
Liz Trauger, Twin River Valley, 2005	659	Tarah Cullen, Fort Madison Aquinas, 2004	593
Nicole Miller, North-Linn, 2014	657	Callie Levin, Solon, 2024	593
Jennifer Jorgensen, Southeast Webster-Grand, 2006	653	Ashtyn Veerbeek, Western Christian, 2017	592
Trisha Heiden, Northeast Hamilton, 1994	653	Jenna Hopp, Glenwood, 2023	592
Jasmine Demers, Storm Lake St. Mary, 2014	651	Lindsay Davis, Nodaway Valley, 2023	591
Kelsey Bolte, Battle Creek-Ida Grove, 2007	650	Kelsey Joens, West Liberty, 2023	591
Margo Muhlbauer, IKM, 2005	650	Kaely Hummel, Cherokee, 2016	591
Anne O'Neil, Cedar Rapids Kennedy, 2000	649	Ellen Gallagher, Woodbury Central, 2014	591
Kayla Waskow, Dunkerton, 2008	647	Lindsay Davis, Nodaway Valley, 2024	590
Kary Dawson, Sibley-Ocheyedan, 1995	644	Logan Hughes, Shenandoah, 2019	590
Kala Kuhlman, Charter Oak-Ute, 2004	643	Stacey Schutjer, WCLT, 2008	587
Gracie Schoonhoven, Unity Christian, 2022	642	Libby Fandel, Cedar Rapids Xavier, 2024	586
Karen Schulte, Cedar Rapids Jefferson, 1993	641	Lindsey Meder, Solon, 1997	586
Mary Berdo, Washington, 1996	640	Jill Johnson, Rockwell City-Lytton, 2003	586
Rachele Clark, Des Moines East, 1991	639	Maddax DeVault, Nodaway Valley, 2021	585
Alison Lucy, Treynor, 1994	637	Amber Harrington, Davenport North, 2009	585
Brianne Schoonover, Fredericksburg, 1998	635	Zoe Young, West Des Moines Valley, 2019	582
Kelsey Bolte, Battle Creek-Ida Grove 2006	632	Kristin Turk, Des Moines Lincoln, 2006	582
Bailey Birmingham, Norwalk, 2024	631	Marsha Frese, Cedar Rapids Washington, 1990	582
Ally Disterhoft, Iowa City West, 2013	631	Shateah Wetering, Montezuma, 2020	581
Mary Berdo, Washington, 1995	631	Shellie Mosman, Carroll, 2006	581
Jill Martin, Norwalk, 2003	631	Carrie Norman, Lynnville-Sully, 1999	580
Lauren Walker, Central DeWitt, 2025	628	Nakia Olivierre, Waterloo West, 2025	579
Audi Crooks, Bishop Garrigan, 2020	626	Angie Schinstock, Central Lee, 2000	579
Kiah Stokes, Linn-Marr, 2011	625	Suzanna Yoder, Iowa Mennonite, 2019	578
Sara Yager, Armstrong-Ringsted, 1994	625	Jessie Pauley, OA-BCIG, 2012	577
Morgan Paige, Marion, 2010	624	Rowan Jacobi, Springville, 2024	577
Caitlin Clark, Dowling Catholic, 2018	623	Grace Knutson, Cedar Falls, 2024	577
Ann Cavey, North Cedar, 1998	622	Stephanie Rich, Washington, 1999	576
Johanna Myers, Burlington Notre Dame, 2017	621	Lindsay Hoehns, Twin Cedars, 2007	576
Sharon Goodman, Crestwood, 2020	621	Erin Fox, Denver, 1995	576
Shelley Sheetz, Cedar Rapids Kennedy, 1991	620	Shellie Mossman, Carroll, 2006	575
Ashtyn Veerbeek, Western Christian, 2018	619	Jennifer Goetz, Keokuk Cardinal Strich, 2001	575

Katie Schechinger, IKM, 2008	573
Kati Jo Christensen, Audubon, 2006	573
Rachel Leerar, West Hancock, 2019	573
Molly Shafer, Eddyville-Blakesburg-Fremont, 2025	572
Gwen Meyer, West Lyon, 1999	569
Angie Froehlich, Algona Garrigan, 2000	569
Sam Stewart, Mount Ayr, 2020	568
Kayla Waskow, Dunkerton, 2007	567
Laney Pilcher, Jesup, 2023	566
Sienna Durr, Grinnell, 2018	565
Alexis Conaway, MOC-Floyd Valley, 2014	565
Haylee Stokes, Estherville Lincoln Central, 2025	564
Molly Tideback, Waterloo Columbus, 1988	564
Aimee Osborne, Sidney, 2010	562
Rachel Binneboese, MOC-Floyd Valley, 1997	562
Stephanie Rich, Washington, 2001	562
Jamie Armstrong, Essex, 1997	561
Olivia Mennen, Hampton-Dumont, 1995	561
Kate Hanneman, Center Point-Urbana, 1995	561
Audi Crooks, Algona Garrigan, 2021	560
Zoey Artist, CAM, 1997	560
Jennifer Gries, Elk Horn-Kimballton, 1999	559
Mallory McCall, West Monona, 2020	558
Amber Smith, East Union, 2002	557
Amy Larson, Denison-Schleswig, 2004	557
Sara Stribe, Carroll, 1998	556
Carleigh Paup, Paton-Churdan, 2015	555
Shelli Mosman, Carroll, 2006	554
Tricia Floyd, Vinton, 1988	554
Margo Muhlbaurer, IKM, 2004	554
Jessica Gerhart, Sentral, 2003	554
Liz McBride, Moravia, 1997	553
Rachel Yeggy, Highland, 2006	553
Brittany Lange, Sac City, 2005	553
Anne O'Neil, Cedar Rapids Kennedy, 1997	552
Christa Subbert, Stanton, 2007	552
Yazmeen Whitsit, Decorah, 2024	551
KJ Veldman, Spirit Lake, 2012	551
Kristin Turk, Des Moines Lincoln, 2007	551
Jill Martin, Norwalk, 2002	551
Kerri Delaney, Waterloo West, 1992	551
Elizabeth Sneed, Malvern, 2003	550
Kylie Williamson, Bondurant-Farrar, 1999	550
Christy Holtkamp, Central Lee, 1993	550
Jessie Pauley, OA-BCIG, 2011	550

### Junior Leaders

Jennifer Jorgensen, SE Webster-Grand	804
Caitlin Clark, Dowling Catholic, 2019	781
Deb Remmerde, Rock Valley, 2002	770
Elle Ruffridge, Pocahontas Area, 2016	766
Jennifer Goetz, Keokuk Cardinal Stritch, 2002	739

### Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	733
Deb Remmerde, Rock Valley, 2001	667
Jennifer Jorgensen, Southeast Webster-Grand	653
Kary Dawson, Sibley-Ocheyedan, 1995	644
Kala Kuhlmann, Charter Oak-Ute, 2004	643

### Freshman Leaders

Izzy Elsbach, Nodaway Valley, 2025	734
Audi Crooks, Bishop Garrigan, 2020	626
Elle Ruffridge, Pocahontas Area, 2014	612
Liz Trauger, Twin River Valley, 2003	609
Lindsay Hoehns, Twin Cedars, 2007	576

### CAREER FIELD GOAL PERCENTAGE

Tammi Blackstone, Cherokee, 1996	869-1168	.744
Sharon Goodman, 2020	785-1099	.714
Angella Welch, DM Lincoln, 1996	352-493	.714
Erin Wibholm, West Marshall, 2001	666-942	.707
Nina Smith, Waterloo West, 1999	831-1169	.702
Lisa Reitsma, Western Christian, 1994	389-561	.693
Tonia Tauke, CB Abraham Lincoln, 1996	576-837	.688
Ellie Peterson, Cedar Falls, 2002	733-1074	.682

### FIELD GOAL PERCENTAGE

#### Yearly Leaders

2025 — Aubrey Metzger, Central Lyon	26	208-291	.715
2024 — Kinzee Hinders, Newell-Fonda	27	177-250	.708
2023 — Audi Crooks, Bishop Garrigan	27	401-533	.752
2022 — Gracie Schoonhoven, U Christian	26	267-367	.728
2021 - Lexi Protzman, DC Grimes	24	68-95	.716
2020 - Sharon Goodman, Crestwood	23	269-366	.735
2019 — Sharon Goodman, Crestwood	21	210-302	.695
2018 — Sharon Goodman, Crestwood	26	228-305	.748
2017 — Aimee Adams, Kuemper Catholic	23	141-195	.723
2016 — Beth Atwood, Pekin	25	189-267	.708
2015 — Grace Berg, Indianola	22	136-199	.683
2014 — Bailey Kibsgaard, Clear Lake	25	87-132	.659
2013 — Aftin Phye, Waverly-Shell Rock	25	141-199	.709
2012 — Kellie Schmit, West Hancock	26	165-237	.696
2011 - Kiah Stokes, Linn-Mar	25	259-375	.691
2010 — Carli Tritz, Sioux City Heelan	27	242-367	.659
2009 — Kiah Stokes, Linn-Mar	25	173-245	.714
2008—Kristen Twait, Manson-NW Webster	23	97-140	.693
2007—McKenya Johnson, DM Roosevelt	21	92-134	.690
2006—Jessica Hunecke, Cherokee	26	173-245	.706
2005—Michelle Lund, Heelan Catholic	16	145-164	.884
2004—Stephanie Chelleen, DM Lincoln	23	177-348	.714
2003—Jenny Bridgewater, Benton	19	105-152	.691
2002—Ellie Peterson, Cedar falls	21	168-240	.700
2001—Erin Wibholm, West Marshall	25	180-235	.766
2000--Erin Wibholm, West Marshall	27	201-278	.723
1999--Nina Smith, Waterloo West	26	279-364	.766
1998--Brie Noonan, Maquoketa Valley	19	106-140	.757
1997--Casey Spree, Aplington-Parkersburg	19	169-236	.716
1996--Tammi Blackstone, Cherokee	21	256-33	.769
1995--Tammi Blackstone, Cherokee	20	255-324	.787
1994--Tammi Blackstone, Cherokee	20	228-311	.733
1993--Lisa Reitsma, Western Christian	24	177-245	.722
1992--Kerri Delaney, Waterloo West	23	235-346	.679
1991 --Sarah Pearson, WDM Dowling	12	117-178	.657
1990--Lisa Freese, Norway	20	183-27	.685
1989--Katie McFadden, Marshalltown	20	136-190	.716
1988--Molly Tideback, Waterloo Columbus	25	227-354	.641
1987--Molly Tideback, Waterloo Columbus	26	288-421	.684
1986--Robin Threatt, CR Jefferson	27	130-212	.613

1985--Juli Campbell, Linn-Mar 26 183-319 .574

**All-Time Leaders**

Michelle Lund, Sioux City Heelan, 2005	16	145-164	.884
Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Tammi Blackstone, Cherokee, 1996	21	256-330	.769
Erin Wibholm, West Marshall, 2001	25	180-235	.766
Nina Smith, Waterloo West, 1999	26	279-364	.766
Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Katie Greller, MOC-Floyd Valley, 1996	19	79-103	.753
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Kim Hanson, Cedar Falls, 2001	26	176-241	.730
Alison Magel, Pella, 1996	13	75-103	.728
Erin Wibholm, West Marshall, 2000	23	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Kelly Erickson, Midland, 1995	20	163-226	.721
Michelle Burvee, Waterloo Columbus, 1998	23	188-261	.720
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stokes, Linn-Mar, 2009	25	173-246	.717
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Katie McFadden, Marshalltown, 1989	20	136-190	.716
Aubrey Metzger, Central Lyon, 2025	26	208-291	.715
Shari Davis, Denver, 1999	27	216-302	.715
Stephanie Chelleen, DM Lincoln, 2004	23	177-348	.714
Aftin Phylfe, Waverly-Shell Rock	25	141-199	.709
Shari Davis, Denver, 1997	23	161-227	.709
Andrea Milner, Griswold, 1998	17	85-120	.708
Beth Atwood, Pekin, 2016	25	189-267	.708
Kinzee Hinders, Newell-Fonda, 2024	27	177-250	.708
Morgan Middleton, Clarion-Gold-Dows, 2021	22	106-150	.707
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Audi Crooks, Algona Garrigan, 2021	27	240-341	.704
Aimee Adams, Kuemper Catholic, 2018	20	109-155	.703
Danielle Hoyle, Paton-Churdan, 2021	22	215-306	.703
Shari Davis, Denver, 1998	21	155-221	.701
Ellie Peterson, Cedar Falls, 2002	21	168-240	.700
Kelsey Sukovaty, Manson-NW Webster	21	152-217	.700

**Junior Leaders**

Tammi Blackstone, Cherokee, 1995	20	255-324	.787
Erin Wibholm, West Marshall, 2000	27	201-278	.723
Lisa Reitsma, Western Christian, 1993	24	177-245	.722
Casey Spree, Aplington-Parkersburg, 1997	19	169-236	.716
Kinzee Hinders, Newell-Fonda, 2024	27	177-250	<b>.708</b>

**Sophomore Leaders**

Brie Noonan, Maquoketa Valley, 1998	19	106-140	.757
Sharon Goodman, Crestwood, 2018	26	228-305	.748
Tammi Blackstone, Cherokee, 1994	20	228-311	.733
Aimee Adams, Kuemper Catholic, 2017	23	141-195	.723
Kiah Stoekes, Linn-Mar, 2009	25	173-246	.717

**Freshman Leaders**

Michelle Lund, Heelan Catholic, 2005	16	145-164	.884
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707

Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Amanda Zimmerman, Ballard, 2006	27	207-296	.697
Grace Berg, Indianola, 2015	22	136-199	.683

**TOTAL FIELD GOALS**

**Season Leaders**

Audi Crooks, Bishop Garrigan, 2023	27	401-533	.752
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Trisha Heiden, NE Hamilton, 1995	27	309-493	.627
Abby Roe, Van Buren, 1996	21	307-703	.437
Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Karen Schulte, CR Jefferson, 1993	27	297-469	.633
Amber Harrington, Davenport North, 2010	21	296-589	.503
Jennifer Jorgensen, SE Webster-G, 2008	26	296-481	.615
Lindsey Meder, Solon, 1998	27	295-479	.616
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Elle Ruffridge, Pocahontas Area, 2017	28	287-493	.582
Jennifer Goetz, Cardinal Stritch, 2003	16	287-450	.637
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Audi Crooks, Bishop Garrigan, 2022	28	284-393	.723
Brenda Frese, CR Washington, 1988	26	282-496	.569
Nina Smith, Waterloo West, 1999	26	279-364	.766
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Janel Grimm, Montezuma, 1994	24	276-424	.651
Ashley Joens, Iowa City High, 2018	26	275-445	.618
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Audi Crooks, Bishop Garrigan, 2020	27	270-382	.707
Grace Boffeli, North Scott, 2020	25	270-382	.707
Sharon Goodman, Crestwood, 2020	23	269-366	.735
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Jessica Nikkel, Lynnville-Sully, 1999	29	268-399	.672
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Gracie Schoonhoven, Unity Christian, 2022	26	267-367	.728
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Ann Cavey, North Cedar, 1998	25	265-416	.637
Nicole Miller, North Linn, 2015	27	264-489	.540
Trisha Heiden, NE Hamilton, 1994	24	260-414	.628
Jody Dean, Postville, 1995	24	260-560	.464
Jodi Putman, Bellevue, 1995	24	260-430	.605

**Junior Leaders**

Deb Remmerde, Rock Valley, 2002	29	298-499	.597
Molly Tideback, Waterloo Columbus, 1987	26	288-421	.684
Jennifer Goetz, Cardinal Stritch, 2002	27	287-473	.606
Jennifer Jorgensen, SE Webster, 2007	26	276-452	.610
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409

**Sophomore Leaders**

Deb Remmede, Rock Valley, 2001	27	268-493	.544
Kala Kuhlmann, 2004, Charter Oak-Ute	23	255-480	.531
Molly Tideback, Waterloo Columbus, 1986	25	251-410	.612
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Jennifer Jorgensen, SE Webster, 2006	26	244-411	.593

**Freshman Leaders**

Audi Crooks, Bishop Garrigan	27	270-382	.707
Izzy Elsbach, Nodaway Valley, 2025	23	250-678	.369

Liz Trauger, Twin River Valley, 2003	24	228-367	.621
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500
Ellie Peterson, Cedar Falls, 1999	26	208-294	.707
Elle Ruffridge, Pocahontas Area, 2014	25	200-406	.493

## FIELD GOALS ATTEMPTED

### Season Leaders

Abby Roe, Van Buren, 1996	21	307-703	.437
Izzy Elsbach, Nodaway Valley, 2025	23	250-678	.369
Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Amber Harrington, Davenport North, 2010	21	296-589	.503
Isabel Manning, Van Buren Co., 2021	22	255-581	.439
Liz Trauger, Twin River Valley, 2006	25	326-577	.618
Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Jody Dean, Postville, 1995	24	260-560	.464
Shelley Sheetz, CR Kennedy, 1991	27	249-551	.452
Deb Remmerde, Rock Valley, 2003	29	318-548	.590
Alison Lucy, Treynor, 1994	28	256-544	.471
Emilee Earlywine, West Harrison, 2013	23	149-543	.274
Brianne Schoonover, Fredericksburg-1998	19	265-540	.491
Haylee Stokes, Estherville LC, 2024	27	229-536	.427
Audi Crooks, Bishop Garrigan	27	401-533	.752
Caitlin Clark, Dowling Catholic, 2020	23	271-532	.509
Belle Dingus, Heartland Christian, 2020	22	174-529	.329
Kary Dawson, Sibley-Ocheyedan, 1996	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435
Kami Kuh Iman, Charter Oak-Ute, 2007	22	194-526	.368

### Junior Leaders

Caitlin Clark, Dowling Catholic, 2019	24	271-662	.409
Shelby Hembera, CValley Christian, 2014	22	269-657	.409
Haylee Stokes, Estherville LC, 2024	27	229-536	.427
Kary Dawson, Sibley-Ocheyedan, 1966	25	187-528	.354
Amber Harrington, Davenport North, 2009	22	229-526	.435

### Sophomore Leaders

Kary Dawson, Sibley-Ocheyedan, 1995	26	229-566	.405
Elle Ruffridge, Pocahontas Area, 2015	27	243-501	.485
Taryn Petersen, Exira-EHK, 2025	24	191-493	.387
Deb Remmede, Rock Valley, 2001	27	268-493	.544
Caitlin Clark, Dowling Catholic, 2018	23	221-491	.450

### Freshman Leaders

Izzy Elsbach, Nodaway Valley, 2025	23	250-678	.369
Nakia Ollivierre, AGWSR	25	198-511	.387
Lindsay Anderson, New London, 1993	20	147-450	.327
Macy Williams, Fredmont-Mills, 2012	23	135-442	.305
Lindsay Hoehns, Twin Cedars, 2007	23	216-435	.500

## CAREER FREE THROW PCT

Deb Remmerde, Rock Valley, 2003	257-269	.955
Jaime Printy, Linn-Mar, 2009	319-360	.886
Erin Richards, Mason City, 1998	330-375	.880
Riley Kilbride, Burlington Notre Dame, 2016	301-343	.878
Grace Flanagan, North Linn, 2020	249-286	.871
Mary Berdo, Washington, 1996	410-484	.847

Zoe Kennedy, Linn-Mar (2020-23)	144-170	.847
Paige Greiner, Williamsburg, 2014	271-321	.844
Kayba Laube, Marion, 2020	213-254	.839
Kaisha Brown, Spirit Lake, 2008	257-307	.837
Kelsey Bolte, Battle Creek-Ida Grove	305-370	.824
Julie Rittgers, WDM Valley, 1991	331-402	.823
Jessica Leix, Newton, 1994	196-239	.820
Erin Maher, Davenport Assumption, 1985	283-346	.818

## FREE THROW PERCENTAGE

### Yearly Leaders

2025 — Ava Fischer, Humboldt	23	47-51	.922
2024 — Nakia Ollivierre, Waterloo West	23	133-151	.881
2023 — Savannah Gage, Ankeny	15	60-68	.882
2022 — Andie Westlake, Iowa City High	24	70-81	.864
2021 — Maggie Phipps, Ankeny Cent.	19	58-63	.921
2020 — Kayba Laube, Marion	23	63-70	.900
2019 — Grace Flanagan, North Linn	23	61-68	.897
2018 — Rylie Rucker, North Scott	23	55-62	.887
2017 — Krystal Tranel, Dubuque Wahlert	16	65-70	.916
2016 — Riley Kilbride, Burlington ND	25	105-116	.905
2015 — Riley Kilbridge, Burlington ND	25	85-93	.914
2014 — Grace VanderWeide, WDM Valley	24	80-87	.920
2013 — Paige Greiner, Williamsburg	24	80-89	.899
2012 - Liz Skotowski, Mount Vernon	22	45-48	.938
2011 — Paige Greiner, Williamsburg	24	59-69	.855
2010 — Andrea Anderson, MOC-Floyd Valley	23	41-46	.891
2009 — Jaime Printy, Linn-Mar	25	91-101	.911
2008 — Jaime Printy, Linn-Mar	25	99-110	.900
2007 — Mindy Hutchcroft, AGWSR	25	62-69	.900
2006 — Katelyn McCunniff, W. Columbus	14	79-84	.941
2005 — Ally Weaver, Iowa City West	21	61-70	.871
2004 — Chelsie Luhring, Grundy Center	25	77-85	.906
2003 — Sam Reiser, Waukon	19	58-60	.967
2002 -- Deb Remmerde, Rock Valley	29	83-84	.988
2001 -- Deb Remmede, Rock Valley	27	66-69	.957
2000 -- Jenny Laursen, Sac City	19	76-89	.854
1999 -- Erica Junod, Ankeny	27	122-142	.859
1998 -- Erin Richards, Mason City	19	73-76	.961
1997 -- Erin Richards, Mason City	22	103-120	.858
1996 -- Mary Berdo, Washington	25	160-181	.884
1995 -- Mary Berdo, Washington	23	121-139	.871
1994 -- Mindi Andringa, Pella Christian	20	48-52	.923
1993 -- Melissa Krueger, Lone Tree	21	54-65	.831
1992 -- Melissa Krueger, Lone Tree	22	57-62	.919
1991 -- Julie Rittgers, WDM Valley	18	108-120	.900
1990 -- Terry Whitlow, Louisa-Muscatine	17	55-65	.846
1989 -- Lori French, CB Abraham Lincoln	17	35-42	.833
1988 -- Erin Maher, Davenport Assumption	22	117-137	.854
1987 -- Brenda Frese, CR Washington	23	78-89	.876
1986 -- Sue Beavers, WDM Valley	18	60-74	.811
1985 -- Linda Hillebrand, Davenport West	20	42-48	.875

### All-Time Leaders

Deb Remmerde, Rock Valley, 2002	29	83-84	.988
Sam Reiser, Waukon, 2003	19	58-60	.967
Erin Richards, Mason City, 1998	19	73-76	.961
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Deb Remmerde, Rock Valley, 2003	29	79-83	.951

Katelyn McCuniffs, W'loo Columbus, 2006	14	79-84	.941
Liz Skotowski, Mount Vernon, 2012	22	45-48	.938
Krystal Tranel, Dubuque Wahlert, 2017	16	65-70	.929
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
Ava Fischer, Humboldt, 2025	23	47-51	.922
Grace Vander Weide, WDM Valley, 2014	25	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Elle Ruffridge, Pocahontas Area, 2017	28	109-119	.916
Riley Kilbride, Burlington Notre Dame, 2015	25	85-93	.914
Riley Kilbride, Burlington Notre Dame, 2016	25	105-116	.905
Chelsie Luhning, Grundy Center, 2004	25	77-85	.906
Bridget O'Malley, Dowling Catholic, 2003	23	47-52	.904
Elle Ruffridge, Pocahontas Area, 2016	27	140-155	.903
Amy Hamilton, Ames, 2006	20	64-71	.901
Kayba Laube, Marion, 2020	23	63-70	.900
Jaime Printy, Linn-Mar, 2008	25	99-110	.900
Julie Rittgers, WDM Valley, 1991	18	108-120	.900
Paige Greiner, Williamsburg, 2013	24	80-89	.899
Mindy Hutchcroft, AGWSR	25	62-69	.899
Grace Flanagan, North Linn, 2019	23	61-68	.897
Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.893
Jessie Pauley, OA-BCIG, 2012	27	98-110	.891
Andrew Anderson, MOC-Floyd Valley, 2010	23	41-46	.891
Alicia Wright, Urbandale, 2007	23	58-65	.890
Tiffany Reedy, Union, 2002	24	89-100	.890
Amanda Brainerd, Central DeWitt, 2016	20	88-99	.889
Casey Huber, Denver, 2004	25	80-90	.889
Lucy Montgomeroy, WDM Valley, 2010	23	80-90	.889
Lindsey Meder, Solon, 1998	27	94-106	.887
Rylie Rucker, North Scott, 2018	23	55-62	.887
Liz Reschly, Davenport Central, 1992	15	62-70	.886
Haley Rasmussen, Atlantic, 2020	23	78-88	.886
Nicole McDermott, Cascade, 2019	25	85-96	.885
Taylor McBroom, Mormon Trail	17	46-52	.885
Codee Myers, Ankeny, 2016	20	69-78	.885
Mary Berdo, Washington, 1996	25	160-181	.884
Erin Richards, Mason City, 1996	21	83-94	.883
Savannah Gage, Ankeny	15	60-68	.882
Nakia Ollivierre, Waterloo West, 2024	23	133-151	.881
Kassidi Steel, North Mahaska, 2018	32	59-67	.881
Caroline Waite, Ames, 2019	22	52-49	.881
Grace Renaud, Iowa Falls-Alden	21	74-84	.881
Kelli Goodrich, Iowa City West, 2007	21	44-50	.880
Natalie Moon, Denver, 2004	25	73-83	.880
Mollie Sir, Crestwood, 2009		51-58	.879
Michelle Junod, Ankeny, 1996	22	94-107	.879
Alyssa Bartlett, Southeast Polk, 2024	18	58-66	.879
Taylor Houska, East Sac Country, 2019	23	86-98	.878
Laken Lienhard, Crestwood, 2020	23	50-57	.877
Dani Craig, Iowa City West, 2013	24	50-57	.877
Brenda Frese, CR Washington, 1987	23	78-89	.876
Linda Hillebrand, Davenport West, 1987	23	78-89	.876

### Junior Leaders

Deb Remmerde, Rock Valley	29	83-84	.988
Krystal Tranel, Dubuque Wahlert	16	65-70	.923
Ava Fischer, Humboldt, 2025	23	47-51	.922
Grace Vander Weide, WDM Valley, 2014	24	80-87	.920
Melissa Krueger, Lone Tree, 1992	22	57-62	.919
Riley Kilbride, Burlington-ND, 2015	25	85-98	.914

### Sophomore Leaders

Sam Reiser, Waukon, 2003	19	58-60	.967
Deb Remmerde, Rock Valley, 2001	27	66-69	.957
Mindi Andringa, Pella Christian, 1994	20	48-52	.923
LaTracia Ceaser, Waterloo West	22	67-75	.893
Erin Richards, Mason City, 1996	21	83-94	.883

### Freshman Leaders

Elle Ruffridge, Pocahontas Area, 2014	25	133-149	.890
Paige Greiner, Williamsburg, 2011	24	59-69	.855
Erin Richards, Mason City, 1995	22	71-85	.835
Jenna Twedt, Benton, 2020	22	102-124	.823
Shelby Schmidt, Battle Creek-IG, 2004	25	55-67	.821

## TOTAL FREE THROWS

### Season Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 14	23	216-290	.745
Bailey Birmingham, Norwalk, 2024	23	211-266	.793
Ashley Joens, Iowa City High, 2018	26	204-254	.803
Jennifer Jorgensen, SE Webster-Grand, 08	26	197-258	.764
Rachele Clark, DM East, 1991	21	190-252	.754
Maclayn Houston, West Harrison, 2023	23	189-289	.654
Shelby Hembra, CValley Christian, 2014	23	184-302	.609
Johanna Myers, Burlington-ND	25	182-200	.910
London Vais, Adair-Casey, 2014	27	181-215	.842
Abbey Bence, West Burlington, 2023	22	179-222	.806
Kaylee Mehrhoff, Centerville, 2010	23	178-225	.791
Kelsie Hoehns, Twin Cedars	23	175-224	.778
Grace Boffeli, North Scott, 2020	25	174-227	.767
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Allison Bailey, Kingsley-Pierson, 2017	26	164-202	.812
Autumn Barthelman, Sigourney, 2017	25	164-242	.678
Courtney Strait, CR Kennedy, 2012	23	162-196	.827
Jayme Olson, Bettendorf, 1994	25	161-214	.752
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Braylyn Birmingham, Norwalk, 2025	24	160-204	.784
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Mary Berdo, Washington, 1996	25	160-181	.884
Josephine Moore, Sigourney, 2025	25	159-209	.761
Holly Hinderman, Mason City Newman	24	158-213	.742
Sara Goodman, West Marshall, 2003	21	158-206	.767
Liz Trauger, Twin River-Valley, 2005	27	157-196	.801
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Amy Meggers, IKM, 2000	28	157-208	.755
Olivia Sulentic, Interstate-35, 2012	22	157-209	.751
Makenzie Zeitler, Van Buren, 2012	23	156-211	.739
Jenna Hopp, Glenwood, 2023	25	156-220	.709
Missy Miller, Tipton, 2008	22	156-232	.672
Malarie Ross, Fort Madison, 2022	22	156-207	.754
Ellen Gallagher, Woodbury Central, 2014	25	154-189	.815
Bobbi Bayer, Eddyville-Blakesburg	23	154-195	.790
Amber Sobotka, Diagonal, 1998	22	154-211	.730
Courtney Burr, Lone Tree, 2010	24	154-224	.688
Kristyn Ferris, Charles City, 2004		154	
Steffi Cunard, Heartland Christian, 2014	24	153-185	.827
Sarah Yeager, Cardinal, 2009	24	153-234	.654

Rachel Leerar, West Hancock, 2019	27	152-214	.710
Ivy Swarouth, Chariton, 2018	22	152-180	.844
Jordan Henningsen, 2011	21	152-189	.804
Ashtyn Veerbeek, Western Christian, 2017	26	151-188	.803
Nakia Ollivierre, Waterloo West, 2025		151-176	.858
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Tiffany Treiber, Maple Valley-A0, 2004	20	151-238	.634
Rhonda Wenzel, CAL,1994	20	151-246	.614

### Junior Leaders

Jennifer Jorgensen, SE Webster Grand, 07	26	232-291	.797
Bailey Birmingham, Norwalk, 2024	23	211-266	.793
Maclayn Houston, West Harrison	23	189-289	.654
Shelby Hembera, Heartland Christian, 2014	22	184-302	.609
Anne O'Neil, CR Kennedy, 1999	24	160-204	.784

### Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Anne O'Neil, CR Kennedy, 1998	21	151-202	.748
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Kaylee Mehrhoff, Centerville, 2008	23	146-186	.785

### Freshman Leaders

Braylyn Birmingham, Norwalk, 2025	24	160-204	.784
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Izzy Eisbach, Nodaway Valley, 2025	23	146-178	.820
Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693

## FREE THROWS ATTEMPTED

### Season Leaders

Shelby Hembera, Cedar Valley Christian, 14	22	184-302	.609
Jennifer Jorgensen, SEW-Grand, 2007	27	232-291	.797
Jasmine Demers, Storm Lake St. Mary, 2014	23	216-290	.745
Natalie Deming, North Mahaska, 2006		136-290	.469
Maclayn Houston, West Harrison, 2023	23	189-289	.654
Bailey Birmingham, Norwalk, 2024	23	211-266	.793
Brianne Hefty, CWL, 2002	23	166-264	.629
Jennifer Jorgensen, SW Webster-Grand,2008	26	197-258	.763
Ashley Joens, Iowa City High, 2018	26	204-254	.803
Rachele Clark, DM East,1991	23	190-252	.754
Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rhonda Wenzel, CAL,1994	20	151 -246	.614
Autum Barthelman, Sigourney, 2017	25	164-242	.687
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Tiffany Treiber, Maple Valley-AO, 2004	20	151-238	.634
Sara Stribe, Carroll, 1997	26	143-236	.606
Sarah Yeager, Cardinal, 2009	24	153-234	.654
Cortney Kettman, Bell. Marquette, 2000	23	109-233	.468
Missy Miller, Tipton, 2008	22	156-232	.672
Lindsay Hoehns, Twin Cedars, 2009	22	149-231	.645
Cortney Kettman, Bell. Marquette, 2001	23	123-231	.532
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Grace Boffeli, North Scott, 2020	25	174-227	.767
Katelin Adams, North Iowa, 2019	22	128-227	.564
Kaylee Merrhoff, Centerville, 2010	23	178-225	.791
Karen Hutson, Logan-Magnolia	24	143-225	.636
Kelsie Hoehns, Twin Cedars, 2006	23	175-224	.777

Brooke Bennett, Twin River Valley, 2011	23	135-223	.605
Courtney Burr, Lone Tree	24	154-223	.688
Maclayn Houston, West Harrison, 2024	22	136-222	.613
Abbey Bence, West Burlington, 2023	23	179-222	.806
Dianna Porzio, CAL, 2016	21	114-221	.516
Jenna Hopp, Glenwood, 2023	25	156-220	.709

### Junior Leaders

Shelby Hembera, C Valley Christian, 2014	22	184-302	.609
Jennifer Jorgensen, SE Webster-Grand, 2007	27	232-291	.797
Jennifer Goetz, Cardinal Stritch, 2002	27	160-242	.661
Autum Barthelman, Sigourney, 2017	25	164-242	.678
Sara Stribe, Carroll, 1997	26	143-236	.606

### Sophomore Leaders

Jennifer Jorgensen, SE Webster, 2006	26	165-250	.660
Rachel Leerar, West Hancock, 2019	27	152-214	.710
Lucie Lueken, Anamosa, 2003	22	147-214	.687
Rachel Gosselink, Iowa Christian, 2004	22	124-206	.602
Amy Breen, Fairfield,1992	16	123-206	.597

### Freshman Leaders

Lindsay Hoehns, Twin Cedars, 2007	23	144-248	.580
Ashley Joens, Iowa City High, 2015	23	160-228	.702
Rachel Gosselink, Iowa Christian, 2003	21	131-206	.636
Braylyn Birmingham, Norwalk, 2025	24	160-204	.784
Jennifer Jorgensen, SE Webster, 2005	22	140-202	.693

## CAREER THREE POINT GOALS

Elle Ruffridge, Pocahontas Area, 2017	466
Deb Remmerde, Rock Valley, 2003	353
Maya Johnson, Mediapolis, 2019	327
Laura TerHark, Algona, 2011	321
Kayba Laube, Marion, 2020	317
Ava Eastlick, Eddyville-Blakesburg-Fremont, 2022-25	310
McKenna Kramer, Benton Community, 2024	284
Caitlin Clark, Dowling Catholic, 2020	283
Jenna Boelter, Algona Garrigan 2018	278
Elise Boulton, Montezuma (2019)	277
Ellie Friesen, Osage/Crestwood, 2018	270
Sam Abens, Knoxville, 2010	268
Addison Klosterbuer, Central Lyon, 2025	266
Grace Flanagan, North Linn, 2020	263
Abbey Holmes, Algona, 2020	262
Brittany Lange, Sac City, 2005	260
Chandra Zomermaand, Unity Christian, 2016	258
Jill Walters, North Scott, 2006	255
Kali Rasmussen, IKM-Manning, 2015	253
Mia Boulton, Montezuma, 2020-23	252
Brittany Fish, Marion, 2010	250
Molly Joyce, Algona Bishop Garrigan (2020-23)	249
Maggie Phipps, North Polk/Ankeny Centennial (2018-21)	244
Grace Knutson, Cedar Falls (2021-24)	242
Lucy Scott, Lewis Central (2021-24)	241
Sarah Matus, Springville, 2015	239
Ashley Zobel, OA-BCIG, 2011	236
Jordan Waddell, Guthrie Center, 2007	235
Madeline Wilkins, Grinnell, 2017	233
Kelli Freeman, WDM Valley, 2000	231

Molly Boge, North Linn, 2025	230	Kia Rasmussen, IKM-Manning, 2018	192
Mary Berdo, Washington, 1996	229	Cassandra Jones, Van Meter 2017	192
Kelcie Bormann, Preston, 2011	228	Skylyr Stewart, Martensdale-St. Marys, 2020	192
Megan Meyer, Mason City, 2019	227	Aubrie Fisher, AGWSR, 2019	191
Aubrey Joens, Iowa City High, 2020	224	Kennedy Core, Pleasantville, 2015	191
Erin Goldsmith, Dallas Center-Grimes (2005-2008)	224	Akaysa Duitscher, Pocahontas Area, 2023	190
Maya Johnson, Mediapolis, 2018	221	Jaydan Nitchals, Estherville-LC (2019-22)	190
Lori Nowachek, Midland, 2001	221	Hannah Anderson, Forest City (2014-18)	189
Sasha Koenig, West Branch, 2021	220	Stephanie Rich, Washington, 2001	187
Ally Jensen, Ballard 2009	220	NaTracia Ceaser, Waterloo West 2019	187
Janey Botkins, Durant (2013-16)	220	Autumn McDanel, Moravia, 2016	186
Kandy Beemer, Bedford (2002-05)	218	Kamryn Reeg, Bellevue, 2018	186
Wendi Sobaski, Pekin, 1997	215	Claire Ausman, Nevada, 2017	184
Payton Beckman, Panorama (2019-22)	213	Haylee Stokes, Estherville LC, 2025	184
Maya McDermott, Johnston (2017-20)	212	Stephanie Kunard, Logan-Magnolia (2015)	182
Haley Vesey, Indianola (2014-17)	212	Reagan Pagniano, Pleasant Valley (2022-25)	181
Beth Ehlers, Sioux Central, 2007	212	Melissa Krueger, Lone Tree (1990-93)	181
Kamryn Kurt, North Linn (2021-24)	211	Rachel Leerar, West Hancock (2018-21)	181
Libby Fandel, Cedar Rapids Xavier (2022-25)	211	Hayden Heimensen, Central Lyon (2020-23)	180
Sarah Brown, Le Mars (2021-24)	210	Kylie Pickett, West Branch (2024)	180
Kelly Friedrich, Ames (2016-18)	210	Clair Lauterbach, Van Meter (2017-20)	180
Taylor Feldman, West Liberty	210	Emily Boeckmann, Calamus-Wheatland (2021-24)	180
Madison Camden, Glenwood (2019-22)	209	Lauren Hedrick, Mason City Newman, 2010	179
Callie Levin, Solon (2021-24)	209	Carly Rich, Williamsburg, 2025	178
Haidyn Hull, Grinnell (2020-23)	208	Ella Sharar, Iowa Falls-Alden, 2024	178
Samantha Harrington, Nashua-Plainfield, 2007	209	Hannah Stafford, Pocahontas Area, 2014	178
Madison Camden, Glenwood (2019-22)	209	Mallory Leerar, West Hancock, 2024	177
Tatum Koenig, West Branch (2018)	209	Faith Vincent, Colo-Nesco, 2019	177
Emily Ivory, Bettendorf, 2018	209	Casey Breitbach, Dubuque Hempstead, 2005	177
Erica Schlotfeldt, Rock Valley, 2003	208	Melissa Krueger, Lone Tree, 1992	177
Mackenzie Rogers, Mediapolis, 2018	208	Cassandra Boston, Des Moines Hoover, 2006	176
Jenna Clark, Roland-Story, 2018	208	Brook Whitcher, Janesville, 2003	175
Marly Bussa, Camanche, 2018	208	Emily Wassom, Spencer, 2008	175
Josie Fleischmann, Ballard (2018-21)	208	Megan Linskens, Clarke, 2019	175
Isabella Borgos, West Marshall (2022-25)	207	Jaeden Ferris, Westwood (2020-23)	175
Heather Lauman, Farragut, 2003	207	McKenna Sievers, Newell-Fonda (2021-24)	174
Madison Weekly, Benton, 2013	205	Natalie Vance, Roland-Story, 2014	174
Rachel Mercer, Kingsley-Pierson, 2017	205	Payton Rhone, Colfax-Mingo, 2019	174
Justine Malenke, Unity Christian (2016-19)	204	Alexis Bunkers, Remsen St. Marys', 2014	173
Slye Richardson, Interstate 35 (2014-17)	204	KJ Veldman, Spriti Lake, 2013	173
Faith Troshynski, Manson-NW Webster, 2013-16)	203	Alexis Bunkers, Remsen St. Mary's (2012-15)	173
Carolyn Amfahr, Martensdale-St. Marys (2021-24)	202	Heather Laumann, Farragut, 2003	173
Payton Bush, Mediapolis (2020-23)	202	Lisa Frazier, Waterloo West, 2000-03	172
Kenzie Cunard, Logan-Magnolia, 2014-18	202	Emma Stewart, Newell-Fonda, 2019	172
Jenna Twedt, Benton Community, 2020-23)	201	Katie Keitges, Knoxville, 2020	171
Halli Pock, Waterloo West, 2020-23	200	Maci Overmhole, Kuemper Catholic, 2019	171
Paityn Hagberg, Cherokee, 2014-18	200	Ali Devries, Bellevue Marquette, 2005	171
Shayla Barnes, Roland-Story, 2009	200	Madelyn Jaeger, West Central Valley (2019-22)	170
Madison Dreckman, LeMars, 2019	199	Amy Stoll, Spalding Catholic, 2010	169
Naomi Jackson, Grinnell, 2019	198	Kelsey Nickerson, Ottumwa, 2012	169
Stacy Frese, Cedar Rapids Washington, 1995	198	Erica Houge, Collins-Maxwell, 2024	168
Kylie Vogel, Camanche, 2014	197	Aliyah Buscher, Algona, 2020	168
Jada Piercy, Spencer (2020-23)	197	Ava Hawthorne, Gilbert, (2019-22)	168
Maddax DeVault, Nodaway Valley (2019-22)	198	Kaitlyn Tendal, Estherville-LC (2019-22)	168
Kary Dawson, Sibley-Ocheyedan, 1997	196	Stella Charleston, Southeast Polk (2020-23)	168
Johanna Myers, Burlington Notre Dame, 2017	196	Jaime Printy, Linn-Mar, 2009	168
Bradi Krager, Sioux Central, 2024	195	Faith Meyer, Pocahontas Area, 2017	168
Maddy Duncan, Sidney, 2020	195	Mindy Petersen, EH-Kimballton, 1997	168
Sydney Wycoff, Ankeny Centennial (2014-18)	193	Lindsey Davis, Nodaway Valley, 2024	167
Abby Flanagan, North Linn (2017-20)	193	Mikkell Korver, MOC-Floyd Valley, 2001	166
Casey VanOtterloo, Algona (2022-25)	192	Laura Knudtson, Lake Mills, 2018	166

Paige Willman, Remsen St. Mary's (2014-17)	166
Amy Young, Preston, 2001	165
Lori Nowachek, Midland, 2001	165
Haley Puk, Waterloo West, (2011-14)	165
Shea Fuller, West Des Moines Valley, 2019	165
Amanee Clark, Waterloo East, 2019	164
Macy Bode, North Linn, 2024	164
Molly Sanders, Ames, 2015	164
Amy Huyser, Lynnvile-Sully, 2000	164
Brittany Kozak, Belle Plaine, 2003	164
Brittany Lingenfelter, Jesup, 2020	164
Carly Goodwin, Sigourney, 2024	163
Emilee Danner, Ar-We-Va, 2019	163
Erin Maher, Davenport Assumption, 1989	162
Mackenzie Roberts, Van Meter, 2017	162
Jessie Dirks, Monticello, 2004	162
Morgan Paige, Marion, 2010	162
Peyton Olson, Mason City Newman (2014-18)	162
Grace Vander Weide, West Des Moines Valley, 2015	161
Dani Thrush, Keokuk, 1995	160
Savanna Thornton, Bedford (2010-2013)	160

1990--Lynette Seaton, Anamosa	20	51 -148	.345
1989--Erin Maher, Dav. Assumption	21	70-139	504
1988--Alisha Smith, Waterloo Central	19	43-121	355
1987--Erin Maher, Dav. Assumption	21	70-139	504
1986--Tracy Fazio, WDM Valley	19	26-59	441
1985--Chris Seastrand, Dub. Hempstead	22	12--	

### All-Time Single Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Grace Knutson, Cedar Falls, 2024	25	108-270	.400
Maya Johnson, Mediapolis, 2019	23	106-232	.438
Addison Klosterbuer, Central Lyon, 2023	25	99-218	.454
Jenna Boelter, Bishop Garrigan, 2018	25	96-230	.417
Ava Eastlick, Eddyville-BF, 2025		96-246	.390
Kelli Freeman, WDM Valley, 2000	22	93-252	.369
Yazmeen Whitsit, Decorah, 2024	23	92-272	.339
Averie Lower, Clear Creek-Amana, 2025	23	92-219	.420
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Peyton Bush, Mediapolis, 2023	24	91-216	.421
Kayba Laube, Marion, 2019	25	90-194	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Averie Lower, Clear Creek-Amana, 2024	26	89-179	.497
Kelli Freeman, WDM Valley, 1999	22	89-	
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Hudson Ranschau, Rock Valley, 2025	24	89-193	.461
Izzy Elsbach, Nodaway Valley, 2025	23	88-283	.311
Kayba Laube, Marion, 2020	23	88-197	.447
Sierra Mitchell, Southeast Polk, 2017	23	88-231	.381
Skylyr Stewart, Martensdale-St. Marys, 2020	27	87-200	.435
Laura TerHark, Algona, 2008	23	86-206	.417
Brittany Lange, Sac City, 2004	25	86-186	.472
Erica Schlotfeldt, Rock Valley, 2002	29	85-171	.497
McKenna Kramer, Benton Community, 2024	25	85-227	.374
Laura TerHark, Algona	24	85-214	.397
Caitlin Clark, Dowling Catholic, 2020	23	84-211	.398
Lucy Scott, Lewis Central, 2024	24	84-228	.368
Emie Tuhn, Baxter, 2025	23	84-232	.362
Johanna Myers, Burlington-ND, 2017	25	83-249	.333
Kali Rasmussen, IKM-Manning, 2013	25	82-197	.416
Grace Flanagan, North Linn, 2019	23	82-207	.396
Brooke Witcher, Janesville, 2002	23	82-218	.376
Katie Rung, FM Aquinas, 2003	24	82-234	.350
Vivian Cook, Montezuma, 2025	25	81-241	.336
Lauren Walker, Central DeWitt, 2025	25	81-168	.482
Ava Eastlick, Eddyville-BF, 2023		81-321	.350
Karly Boettcher, Sioux Central, 2020	23	81-202	.401
Mandy Willems, AGWSR, 2018	23	81-172	.471
Madeline Wilkins, Grinnell, 2017	24	81-181	.448
Ava Eastlick, Eddyville-B--Fre., 2023	25	81-231	.351
Sarah Matus, Springville, 2015	27	80-179	.447
Emily Boeckmann, Cal-Wheatland, 2024	26	80-204	.392
Ava Fischer, Humboldt, 2024	23	80-220	.364
Janey Botkins, Durant, 2016	24	80-193	.415
Mary Berdo, Washington, 1995	23	80-151	530
Amy Larson, Denison-Schleswig, 2004	25	80-192	.417
Justine Malenke, Unity Christian, 2019	25	80-197	.406
Jada Piercy, Spencer, 2023	23	80-233	.343

## TOTAL THREE POINT GOALS

### Yearly Leaders

2025 — Ava Eastlick, Eddyville-BF	26	96-246	.390
2024 — Grace Knutson, Cedar Falls	25	108-270	.400
2023 — Addison Klosterbuer, Central Lyon	25	99-218	.454
2022 — Mia Boulton, Montezuma	23	78-194	.402
2021 — Elise Boulton, Montezuma	25	73-166	.440
2020 — Kayba Laube, Marion	23	88-197	.447
2019 — Maya Johnson, Mediapolis	23	106-232	.457
2018 — Maya Johnson, Mediapolis	24	109-245	.445
2017 — Elle Ruffridge, Pocahontas Area	28	157-289	.543
2016 — Elle Ruffridge, Pocahontas Area	27	114-252	.452
2015 — Elle Ruffridge, Pocahontas Area	27	116-267	.434
2014 — Elle Ruffridge, Pocahontas Area	25	79-215	.367
2013 — Kali Rasmussen, IKM-Manning	25	82-197	.416
2012 — Emily Bell, Algona Garrigan	25	77-226	.341
2011 — Abbey Albrecht, Kuemper Catholic	25	74-168	.440
2010 — Laura TerHark, Algona	26	77-198	.389
2009 — Laura TerHark, Algona	24	85-214	.397
2008 — Laura TerHark, Algona	23	86-206	.417
2007 — Erin Goldsmith, DC-Grimes	22	68-145	.470
2006 — Jordan Waddell, Guthrie Center	23	77-238	.323
2005 — Brittany Lange, Sac City	25	86-186	.462
2004 — Amy Larson, Denison-Schleswig	25	80-192	.417
2003 — Deb Remmerde, Rock Valley	29	144-260	.541
2002 — Deb Remmerde, Rock Valley	29	91-155	.581
2001 — Jane Vandevanter, Guthrie Center	24	79-268	.295
2000 — Kelli Freeman, WDM Valley	19	93-252	.369
1999 — Kelli Freeman, WDM Valley	22	89-	
1998 — Alissa Julius, Unity Christian	17	63-151	.417
1997 — Mindy Petersen, EH-Kimballton	24	75-225	.333
1996 — Mary Berdo, Washington	25	76-176	.432
1995 — Mary Berdo, Washington	23	80-151	.530
1994 — Denise Wilson, Tri-Center	21	68-162	.420
1993 — Dani Thrush, Keokuk	25	68-162	.420
1992 — Shelley Delger, DM Lincoln	23	61 -133	.459
1991 — Melissa Krueger, Lone Tree	19	60-124	.484

Kennedy Wallace, Iowa City Regina, 2018	26	79-207	.382
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Yazmeen Whatsitt, Decorah, 2023	24	79-195	.405
Maggie Phipps, North Polk, 2019	26	79-213	.436
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Taylor Houska, East Sac, 2018	22	78-201	.388
Anna Brown, Waukee, 2018	24	78-184	.424
Denise Wilson, Tri-Center, 1994	21	78-288	.342
Carolyn Amfahr, Martensdale-St. Marys, 24	25	78-205	.380
Katie Kutzman, East Marshall, 2005	25	78-177	.440
Mia Boulton, Montezuma, 2022	23	78-194	.402
Madeline Wilkins, Grinnell, 2015	23	78-195	.400
Bella Borgos, West Marshall, 2025	24	77-222	.347
Libby Fandel, Cedar Rapids Xavier	26	77-194	.397
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	.421
Abby Holmes, Algona, 2018	24	77-195	.395
Grace Flanagan North Linn, 2020	27	78-162	.481
Mia Hoogeveen, West Lyon, 2018	23	77-206	.374
Laura TerHark, Algona, 2010	26	77-198	.389
Erika Douma, Western Christian, 2014	28	77-206	.374
Hannah Stafford, Pocahontas Area, 2014	25	77-214	.360
Emily Bell, Algona Garrigan, 2012	25	77-226	.341
Jordan Waddell, Gurthrie Center, 2006	23	77-238	.323
Mary Crompton, Iowa City Regina, 2016	26	76-166	.458
Mary Crompton, Iowa City Regina, 2017	27	76-161	.472
Naomi Jackson, Grinnell, 2019	22	76-202	.376
Mackenzie Rogers, Mediapolis, 2016	22	76-189	.402
Morgan Miller, Iowa City Regina, 2023	26	76-177	.429
Sam Abens, Knoxville, 2010	24	76-198	.384
Abbey Albrecht, Kuemper Catholic, 2010	25	76-164	.463
Chandra Zomermaand, Unity Christian, 2015	27	76-175	.434
Darby Massner, Mediapolis	26	75-171	.439
Mary Berdo, Washington, 1996	25	76-176	.432
Jessie Pauley, OA-BCIG, 2012	27	75-173	.434
Heather Laumann, Farragut, 2003	22	75-190	.395
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Mindy Petersen, EH-Kimballton, 1997	24	75-225	.333
Ellie Friesen, Osage, 2016	25	75-173	.434
Payton Harmsen, Western Christian, 2016	27	75-197	.381
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	.349
Kamryn Hough, GTRA, 2025	24	75-224	.335
Kylie Pickett, West Branch, 2023	24	75-242	.310

### Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Averie Lower, Clear Creek-Amana, 2025	23	92-219	.420
Deb Remmerde, Rock Valley, 2002	29	91-155	.581
Kayba Laube, Marion, 2019	25	90-195	.462
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332

### Sophomore Leaders

Elle Ruffridge, Pocahontas, 2016	27	116-267	.434
Averie Lower, Clear Creek-Amana, 2024	26	89-179	.497
Laura TerHark, Algona	24	85-214	.397
Kali Rasmussen, IKM-Manning	25	82-197	.416
Ava Eastlick, Eddyville-Blakesburg-Fre 2023	25	81-231	.351
Vivian Cook, Montezuma, 2025	25	81-241	.336

### Freshman Leaders

Izzy Elsbach, Nodaway Valley, 2025	23	88-283	.311
Laura TeHark, Algona, 2008	23	86-206	.417
Ellie Friesen, Osage, 2015	25	84-210	.400
Elle Ruffridge, Pocahontas Area, 2014	25	79-215	.367
Kamryn Hough, GTRA, 2025	24	75-224	.335

## THREE POINT GOAL ATTEMPTS

### Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	.543
Denise Wilson, Tri-Center, 1994	21	78-288	.271
Izzy Elsbach, Nodaway Valley, 2025	23	88-283	.311
Alayna Jarrett, Des Moines Hoover, 2023	24	50-279	.179
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Yazmeen Whatsitt, Decorah, 2024	23	92-271	.339
Grace Knutson, Cedar Falls, 2024	25	108-270	.400
Jane Vandevanter, Guthrie Center, 2001	24	79-268	.295
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Deb Remmerde, Rock Valley, 2003	29	144-260	.541
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Kary Dawson, Sibley-Ocheyedan, 1996	25	75-258	.291
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Johanna Myers, Burlington-ND, 2017	25	83-249	.400
Laura TerHark, Algona, 2011	23	73-247	.296
Eva Eastlick, Eddyville-BF, 2025		96-246	.390
Alayna Jarrett, Des Moines Hoover, 2024	21	52-245	.212
Maya Johnson, Mediapolis, 2018	24	109-245	.445
Maggie Boss, Charles City, 2024	22	65-244	.266
Isabelle Gradwell, West Marshall, 2018	24	89-243	.366
Kylie Pickett, West Branch, 2023	24	75-242	.310
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Vivian Cook, Montezuma, 2025	25	81-241	.336
Erica Hough, Collins-Maxwell, 2024	24	64-240	.267

### Junior Leaders

Alayna Jarrett, Des Moines Hoover, 2023	22	50-279	.179
Caitlin Clark, Dowling Catholic, 2019	24	90-271	.332
Amanda Van Kekerix, BCIG, 2003	24	71-260	.273
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	.452
Maya Johnson, Mediapolis, 2018	24	109-245	.445

### Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	.434
Fallyn Beemer, Bedford, 2014	25	67-242	.277
Vivian Cook, Montezuma, 2025	25	81-241	.336
Ava Eastlick, Eddyville-Blakesburg-F, 2023	25	81-231	.351
Taryn Petersen, Exira-EHK, 2025	24	62-228	.272

### Freshman Leaders

Izzy Elsbach, Nodaway Valley, 2025	23	88-283	.311
Rylee Mudderman, Kee, 2024	24	57-231	.247
Kamryn Hough, GTRA, 2025	24	75-224	.335
Taryn Petersen, Exira-EHK, 2024	23	63-224	.281
Nakia Olivierre, AGWSR, 2023	25	71-217	.327

## THREE POINT PERCENTAGE

### Season Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Erin Maher, Davenport Assumption,1986	21	25-38	.658
Allison Noland, Belmond-Klemme	20	55-85	.647
Ariana Jackson, DM Roosevelt, 2021	12	36-56	.643
Courtnei Regan, Durant, 2005	20	33-52	.635
Karrie Vander Sluis, Sheldon,1995	20	32-52	.615
Karlin Sedlacek, CB Abraham Lin.,1990	24	46-75	.613
Andrea Schupbach, W'loo Columbus, 2006	11	17-28	.607
Su Ann Woods, Bennett, 2001	22	24-40	.600
Ashley Joens, Iowa City High, 2018	26	44-74	.594
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Carol Lawler, Northeast, 2002	17	17-29	.586
Carol Lawlor, Northeast, 2003	17	17-29	.586
Jenna Durr, Montezuma, 2006	24	25-43	.581
Deb Remmerde, Rock Valley, 2002	26	133-299	.581
Kaci Kramer, Monticello, 1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Shannon Pisney, Crestwood, 2018	26	30-52	.577
Theresa Doyle, Fort Dodge St. Edmond, 09	20	27-45	.574
Kelley Trimble, West Branch, 2012	23	39-68	.574
Mary Maeder, Pekin, 2009	21	35-61	.574
Mandy Haight, Winfield-Mt. Union, 1992	20	20-35	.571
Lacey Heiar, Preston, 2001	28	35-62	.565
Amber Banks, Martensdale-SM, 2002	21	39-69	.565
Slye Richardson, Interstate 35, 2016	23	54-96	.563
Jennifer Long, Centerville, 1995	17	36-64	.563
Cori Hutchison, DM Lincoln,1991	9	19-34	.559
Stacy Schlumbohm, West Sioux, 1996	17	19-34	.559

### Junior Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello,1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Kelley Trimble, West Branch, 2012	23	39-68	.574

### Sophomore Leaders

Kate Galligan, CR Jefferson, 1991	23	46-60	.767
Deb Remmerde, Rock Valley, 2002	29	91-155	.587
Kaci Kramer, Monticello,1991	22	25-43	.581
Kristin Johnson, CR Jefferson, 1998	23	26-45	.578
Jennifer Long, Centerville, 1995	17	36-64	.563

### Freshman Leaders

Erin Maher, Davenport Assumption,1986	21	25-38	.658
Theresa Doyle, Fort Dodge St. Edmond	20	27-47	.574
Lacey Heiar, Preston, 2001	28	35-62	.565
Anna Schmitt, Dubuque Wahlert, 2011	17	17-34	.529
Mary Berdo, Washington, 1993	21	38-72	.528

## THREE POINT GOALS PER GAME

### Season Leaders

Elle Ruffridge, Pocahontas Area, 2017	28	157-289	5.60
Deb Remmerde, Rock Valley, 2003	29	144-260	4.97

Maya Johnson, Mediapolis, 2019	23	106-232	4.61
Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Grace Knutson, Cedar Falls, 2024	25	108-270	4.32
Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.29
Kelli Freeman,WDM Valley, 2000	22	93-252	4.23
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89	4.05
Averie Lower, Clear Creek-Amana, 2025	23	92-219	4.00
Yazmeen Whitsitt, Decorah, 2024	23	92-271	4.00
Addison Klosterbuer, Central Lyon, 2023	25	99-218	3.98
Jenna Boelter, Algona Garrigan, 2018	25	96-230	3.84
Sierra Mitchell, Southeast Polk, 2017	23	88-231	3.83
Kayba Laube, Marion, 2020	23	88-197	3.82
Payton Bush, Mediapolis, 2023	24	91-216	3.79
Tonya Clausen, Northeast,1994	12	45-124	3.75
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Laura TerHark, Algona, 2008	23	86-206	3.74
Denise Wilson, Tri-Center, 1994	21	78-288	3.71
Alissa Julius, Unity Christian, 1998	17	63-151	3.71
Isabelle Gradwell, West Marshall, 2018	24	89-243	3.71
Caitlin Clark, Dowling Catholic 2020	23	84-211	3.65
Kayba Laube, Marion, 2019	25	90-195	3.60
Brooke Witcher, Janesville, 2002	23	82-21	3.57
Suzanna Yoder, Iowa Mennonite, 2019	21	75-236	3.57
Grace Flanagan, North Linn, 2019	23	80-197	3.56
Beth Ehlers, Sioux Central, 2006	20	71	3.55
Laura Ter Hark, Algona 2009	24	85-214	3.54
Mandy Willems, AGWSR, 2018	23	81-172	3.52
Karly Boettcher, Sioux Central , 2020	23	81-202	3.52
Olivia Mennen, Hampton-Dumont, 1995	22	77-183	3.50
Lucy Scott, Lewis Central, 2024	24	84-228	3.50

### Junior Leaders

Maya Johnson, Mediapolis, 2018	24	109-245	4.54
Elle Ruffridge, Pocahontas Area, 2016	27	114-252	4.22
Kelli Freeman, WDM Valley, 1999	22	89-	4.05
Caitlin Clark, Dowling Catholic, 2019	24	90-271	3.75
Kayba Laube, Marion, 2019	25	90-195	3.60

### Sophomore Leaders

Elle Ruffridge, Pocahontas Area, 2015	27	116-267	4.3
Laura TerHark, Algona, 2009	24	85-214	3.54
Mackenzie Rogers, Mediapolis, 2016	22	76-189	3.45
Hudson Ranschau, Sioux City East, 2024	21	73-175	3.47
Kali Rasmussen, IKM-Manning, 2013	25	82-197	3.28

### Freshman Leaders

Laura TerHark, Algona, 2008	23	86-206	3.74
Ellie Friesen, Osage, 2015	25	84-210	3.36
Elle Ruffridge, Pocahontas Area	25	79-215	3.16
Ashley Zobel, Battle Creek-Ida Grove, 2008	23	72-168	3.13
Samanth Abens, Knoxville, 2007	22	65-158	2.95

## CAREER REBOUNDS

Rachel Yeggy, Highland (2002-2006)	1533
Jennifer Goetz, Cardinal Stritch (1999-2003)	1397
Sadie Cox, Lenox (2022-25)	1349
Audi Crooks, Algona Bishop Garrigan (2020-23)	1339

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Rachel Hinders, Johnston (2017-20)	633	TJ Stoaks, Lenox (2018-21)	609
Abby Ytzen, Des Moines Christian (2002-06)	633	Abbie Brown, Eldora-New Providence (1993-1996)	609
Laura Rowan, Hampton-Dumont (1999-2003)	633	Ashley Freerksen, Dowling Catholic (1999-2003)	608
Morgan Bradley, Waterloo Columbus (2021-24)	632	Megan McHugh, Missouri Valley (1999-2003)	608
Amy Voss, Newton (2006-09)	631	Kate Walker, Red Oak (2011-2015)	608
Michalyn Mohr, Marion (2011-2015)	631	Molly Tideback, Waterloo Columbus (1985-1988)	607
Erin Neuberger, Garner-Hayfield (1997-2001)	631	Hallie Mohr, Mediapolis (2019-22)	606
Melanie Hopkins, Earlham (2004-2008)	630	Ruthie Jahn, Mediapolis (2017-20)	606
Mika Rodewald, Manson-NW Webster (2005-2010)	630	Kortney Hilsabeck, West Central Maynard (1997-01)	606
Amber DiRiemacker, West Liberty (1996-2000)	630	Aftin Phye, Waverly-Shell Rock (2009-2013)	605
Kacy Brumbaugh, Tri-County (2010-2013)	629	Laura Johnson, Cedar Falls (2005-2010)	605
Sarah Bartels, Akron-Westfield (1998-2002)	628	Delaynie Luneckas, West Branch (2019-22)	603
Jessica Hansen, West Monona (2005-2008)	628	Jensen Boger, OABCIG (2010-2014)	603

Katelin Adams, North Iowa (2016-19)	603
Alyson Spinas-Valainis, Dav. Assumption (2005-2010)	602
Chelsea Humpal, Decorah (2005-2008)	602
Taylor Greenfield, Ballard (2008-2011)	602
Alex Flattery, Sioux City East (2021-24)	601
Holly Bock, Mason City Newman (2013-16)	601
Lana Lindstrom, Pleasant Valley (2013-16)	601
Haley Hillyard, Mediapolis (2010-2013)	600
Jennifer Happel, CR Prairie (1992-1996)	600
Amy Breen, Fairfield (1989-1993)	600
Blair Montgomery, Clay Central-Everly	600+

## REBOUNDS PER GAME

### Yearly Leaders

2025 — Emma Boswell, Orient-Macksburg	23	447	21.3
2024 — Emma Boswell, Orient-Macksburg	23	456	19.8
2023 — Emma Boswell, Orient-Macksburg	22	404	18.4
2022 — Sadie Cox, Lenox	23	358	15.6
2021 — Skylar Watsabaugh, Mormon Trail	20	308	15.4
2020 — Emily McIntosh, West Harrison	22	298	13.5
2019 — Kelsey Fields, Creston	21	296	14.1
2018 — Haley Beminiio, Belmont-Klemme	21	309	14.7
2017 — Taryn Knuth, Johnston	24	314	13.7
2016 — Jolissa Kriegel, BGM	22	298	13.5
2015 — Morgan Christner, New London	23	324	14.1
2014 — Shelby Hembera, C. Valley Christ.	22	360	16.4
2013 — Allison Waters, Underwood	22	240	15.5
2012 — Nicolette Hussen, Colfax-Mingo	21	305	14.5
2011 - Antonea Stuckey, Davenport North	21	371	17.7
2010 - Joscelyn Coleman, Essex	22	420	19.10
2009—Joscelyn Coleman, Essex	25	420	16.80
2008—Lindsay Hoehns, Twin Cedars	21	297	14.14
2007—Lindsay Hoehns, Twin Cedars	22	331	14.39
2006—Nicole Strasko, Roland Story	24	344	14.33
2005—Rachel Yeggy, Highland	26	406	15.62
2004—Rachel Yeggy, Highland	25	469	18.76
2003—Kelly Houser, Riceville	22	353	16.05
2002—Ashlea Payne Albia	21	326	15.52
2001—Jennifer Goetz, Cadinal Strich	27	431	15.96
2000—Jill Foster, North Tama	20	346	17.30
1999—Penny Vander Sanden, West Lyon	22	303	13.77
1998—Leah Hetzler, Moulton-Udell	19	297	15.63
1997--Kinzee Hanson, CWL	20	277	13.85
1996--Lindsay Brown, Lenox	22	307	13.95
1995--Ann Cavey, Lincoln	19	285	15.00
1994--Jenny Childress, Washington	24	314	13.08
1993--Christy Holtkamp, Central lee	24	303	12.63
1992--Tiffany Cox. Sioux City North	18	248	13.78
1991--Liz Henry, Iowa Deaf	19	261	13.74
1990--Liz Henry, Iowa Deaf	17	252	14.82
1989--Marie Hoeger, Independence St. John	17	243	14.29
1988--Shelly Greiner, Clear Creek	20	301	15.05
1987--Melissa Higginbotham, CB TJ	15	192	12.80
1986--Kristi Kincaid, Waterloo West	22	256	11.64
1985--Katie Abrahamson, CR Washington	26	219	8.42

### All-Time Single Season Leaders

Emma Boswell, Orient-Macksburg, 2025	21	447	21.3
Joscelyn Coleman, Essex	22	420	19.10

Rachel Yeggy, Highland, 2004	25	469	18.76
Antonea Stuckey, Davenport North, 2011	21	371	17.70
Emma Boswell, Orient-Macksburg	22	404	18.36
Jill Foster, North Tama, 2000	20	346	17.30
Lynnae Green, Shenandoah, 2025	23	389	16.90
Joscelyn Coleman, Essex, 2009	25	420	16.80
Kate Hartman, Northwood-Kensett	21	351	16.71
Paityn Vanetta, Essex, 2025	22	365	16.6
Shelby Hembera, C. Valley Christian, 2014	22	360	16.36
Carlee Julius, DM Lincoln, 2023	24	388	16.16
Kelly Houser, Riceville, 2003	22	353	16.16
Gwen Schroeder, Marquette Catholic, 2025	22	351	16.0
Megan Kremer, Marquette Catholic, 2023	23	367	15.86
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Chelsea Poppens, Ap.-Parkersburg, 2009		380	15.83
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Rachel Yeggy, Highland, 2005	26	406	15.62
Sadie Cox, Lenox, 2022	23	358	15.56
Ashlea Payne, Alta, 2002	21	326	15.52
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Allison Waters, Underwood, 2013		240	15.50
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Skylar Watsabaugh, Mormon Trail, 2021	20	308	15.40
Ashlea Payne, Alta, 2001	19	287	15.11
Shelly Greiner, Clear Creek, 1988	20	301	15.05
Ann Cavey, North Cedar, 1995	19	285	15.00
Kelly Houser, Riceville, 2002	23	344	14.96
Kiah Stokes, Linn-Mar, 2011	25	372	14.90
Liz Henry, Iowa Deaf, 1990	17	252	14.82
Sadie Cox, Lenox, 2023	21	311	14.80
Haley Bemino, Belmont-Klemme, 2018	21	309	14.70
Kelsey Keitzer, Okobojo, 2004	25	352	14.67
Audra Honeyman, Essex, 2002	22	323	14.68
Angie Schinstock, Central Lee, 1998	19	278	14.63
Isabelle Elliott, Sumner-Fredericksburg, 23	22	321	14.59
Kelsey Keizer, Okobojo, 2005	24	350	14.58
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Jennifer Perkins, FD St. Edmond, 1998	17	247	14.53
Kamryn Fink, Highland, 2025	25	363	14.50
Paige Rummans, Saydel, 2025	23	333	14.50
Nicolette Hussen, Colfax-Mingo, 2012	21	305	14.50
Stefanie Madsen, Sioux Central, 2006	20	290	14.50
Nicole Strasko, Roland-Story	24	345	14.40

### Junior Leaders

Emma Boswell, Orient-Macksburg	34	447	21.3
Joscelyn Coleman, Essex, 2009	24	420	16.80
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Shelby Hembera, C. Valley Christian, 2014	22	360	16.36
Rachel Yeggy, Highland, 2005	26	406	15.62

### Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Emma Boswell, 2024	23	456	19.8
Jennifer Goetz, Cardinal Stritch	27	431	15.96
Leah Hetzler, Moulton-Udell, 1998	19	297	15.63
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Sadie Cox, Lenox, 2023	21	311	14.81

### Freshman Leaders

Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Paityn Vanetta, Essex, 2025	22	365	16.6
Sadie Cox, Lenox, 2022	23	358	15.56
Ann Cavey, Lincoln, 1995	19	285	15.00
Jennifer Goetz, Cardinal Stritch, 2000	21	306	14.57
Kamryn Fink, Highland, 2025	25	363	14.50

### Single Season Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Emma Boswell, Orient-Macksburg, 2025	23	447	21.3
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Joscelyn Coleman, Essex, 2010	22	420	19.10
Hallie Christofferson, Exira, 2010	26	409	15.70
Rachel Yeggy, Highland, 2005	26	406	15.62
Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Lynnae Green, Shenandoah, 2025	23	389	16.90
Carlee Julius, Des Moines Lincoln, 2023	24	388	16.16
Anna Sweeting, Highland, 2010	25	387	15.5
Chelsea Poppens, Ap-Parkesburg, 2009		380	15.83
Kiah Stokes, Linn-Mar, 2011	25	372	14.9
Antonea Stuckey, Davenport North, 2011	21	371	17.7
Paityn Vanetta, Essex, 2025	22	365	16.6
Rachel Yeggy, Highland, 2006	26	365	14.04
Megan Kremer, Marquette Catholic, 2023	23	367	15.86
Kamryn Fink, Highland, 2025	25	363	14.50
Stacey Schutjer, WCLT, 2007	27	361	13.60
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4
Sadie Cox, Lenox, 2022	23	358	15.6
Kailey Klaidivo, North Tama, 2012	26	357	13.7
Kristen Stidham, Glidden-Ralston, 2007	23	356	15.47
Jennifer Jorgensen, SE Webster-Grand 07	26	355	13.65
Sadie Cox, Lenox, 2025	25	355	14.20
Stacey Schutjer, WCLT, 2008	26	354	13.61
Kelly Houser, Riceville, 2003	22	353	16.05
Kelsey Keizer, Okoboji, 2004	24	352	14.67
Gwen Schroeder, Marquette Catholic, 2025	22	351	16.0
Kate Hartman, Northwood-Kensett, 2009	21	351	16.71
Antonea Stuckey, Davenport North, 2010	22	351	16.0
Jennifer Goetz, Cardinal Stritch, 2002	27	350	12.96
Kelsey Keizer, Okoboji, 2005	24	350	14.58

### Junior Leaders

Emma Boswell, Orient-Macksburg, 2025	23	447	21.3
Joscelyn Coleman, Essex	25	420	16.80
Rachel Yeggy, Highland, 2005	26	406	15.62
Anna Sweeting, Highland, 2010	25	387	15.5
Shelby Hembera, C. Valley Christian, 2014	22	360	16.4

### Sophomore Leaders

Rachel Yeggy, Highland, 2004	25	469	18.69
Jennifer Goetz, Cardinal Stritch, 2001	27	431	15.96
Elizabeth Cottey, Fox Valley, 2002	22	341	15.50
Isabelle Stika, Turkey Valley, 2025	23	324	14.1
Katie Dentlinger, CR-Bayard, 2010	22	322	14.6

### Freshman Leaders

Emma Boswell, Orient-Macksburg, 2023	22	404	18.36
Paityn Vanetta, Essex, 2025	22	365	16.6

Kamryn Fink, Highland, 2025	25	363	14.50
Sadie Cox, Lenox, 2022	23	358	15.6
Nicole Strasko, Roland-Story, 2006	20	345	14.40
Lindsay Hoehns, Twin Cedars, 2007	23	331	14.39
Audi Crooks, Bishop Garrigan	27	320	11.9

### CAREER STEALS

Kelli Nelson, Exira (2001-2004)	641
Shayla Dean, Colo-Nesco (2011-2015)	605
Amy Young, Preston (1997-2001)	601
Annie Heithoff, CB St. Albert (1993-1997)	595
Rylee Menster, Springville (2014-18)	581
Autumn Feaker, Solon (1990-1994)	560
Autumn McDanel, Moravia (2013-2016)	560
Missy Hammon, Riceville (1996-2000)	559
Callie Brown, West Branch (1992-96)	553
Sara Weirather, Central Lee (1999-2003)	544
Cathy Reiter, Union (2006-2009)	522
Kayleen Beck, BGM (2011-2015)	519
Taylor Hickey, Burlington Notre Dame (2011-2015)	519
Stephanie Rich, Washington (1997-2001)	516
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	516
Helaina Hillyard, Mediapolis (2017-20)	508
Natalie Raub, Union (1999-2002)	508
Jessica Vande Kooi, Hinton (1999-2003)	506
Haylee Stokes, Estherville LC (2022-25)	503
Brooke Bollmeyer, Hinton	493
Mackenzie Knox, Madrid (1999-2003)	480
Sara Stribe, Carroll (1994-1998)	479
Linda Sayavongchanh, DM Lincoln (1998-2002)	475
Carrie Norman, Lynnville-Sully (1995-1999)	471
Elle Ruffridge, Pocahontas Area (2014-17)	461
JeMae Nichols, Cherokee (2018-21)	461
Kayla Lindenmeyer, Bedford (2010-2013)	459
Carleigh Paup, Paton-Churdan (2012-16)	456
Shelby Reicks, Turkey Valley (2014-17)	455
Alexis Conaway, MOC-Floyd Balley (2010-2014)	452
Casey Huber, Denver (2001-2004)	451
Jennifer Gries, EH-Kimballton (1995-1999)	450
Payton Slaughter, Cherokee (2016-19)	445
Olivia Larsen, Newell-Fonda (2016-19)	444
Trista Kolder, Aplington-Parkersburg (1997-2001)	443
Ashley Hagedorn, IKM-Manning (2007-2010)	442
Tana Colt, Akron-Westfield (2003-2007)	440
Jessi Brown, West Branch (1996-2000)	439
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	437
Brittani Kozik, Belle Plaine (1999-2003)	434
Nicki Bradley, Wilton (1990-1994)	431
Kayla Chapman, Treynor (2016-19)	428
Callie Levin, Solon (2021-24)	427
Christa Subbert, Stanton (2003-2007)	425
Maddie Jones, South Central Calhoun (2016-19)	425
Lindsey Davis, Nodaway Valley (2021-24)	423
Kelsey Homewood, Iowa City Regina (2001-04)	423
Kayla Waskow, Dunkerton (2004-2008)	418
Macy Sievers, Newell-Fonda (2019-22)	416
Paige Danner, Ar-We-Va (2010-2014)	415
Jennifer Jorgensen, SE Webster-Grand (2005-08)	414
Mackenzie Small, Hinton (2007-2010)	414
Megan Ripperton, Lone Tree (1997-2001)	419

Molly Joyce, Algona Bishop Garrigan (2020-23)	418	Molly Goodenbour, Waterloo West (1985-1989)	354
Molly Turman, Hinton	408	Jill Brant, Garner-Hayfield (1999-2002)	354
Alexis Bart, Sheldon (2008-11)	407	Carly Janssen, Pocahontas Area (2020-23)	353
Hali Anderson, Saint Ansgar (2017-21)	407	Molly Ihle, Ballard (2018-21)	353
Mallory Leerar, West Hancock (2021-24)	406	Victoria Leyh, Janesville (2010-14)	353
Linda Lappe, Winfield-Mt. Union (1994-1998)	402	Rachel Fehr, West Bend-Mallard (2018-21)	352
Shawna Boles, Murray (1997-2001)	401	Hallie Christofferson, Exira (2005-2010)	351
Ella Larsen, Newell-Fonda (2018-21)	401	Morgan Nelson, Colo-Nesco (1998-2002)	351
Maddie Tusha, Garner-Hayfield-Ventura (2010-14)	400	Grace Meyer, Pocahontas Area (2014-17)	350
Ashleigh Neal, Murray (2006-2009)	399	Demi Diedrich, Northeast (2007-11)	350
Tember Schechinger, IKM-Manning (2000-2012)	398	Ashton Yossi, Dallas Center-Grimes (2007-2011)	350
Linissa Bowman, Preston (1997-2001)	398	Lexi Ackerman, Central Lyon (2009-2013)	350
Shelby Graves, Davis County (2010-2014)	398	Kristin Shields, Murray (2004-2007)	349
Kelsey Johnikin, Sioux City West (2002-2006)	398	Megan Howard, North Polk (2006-2010)	349
Kristin Rasmussen, AGWSR (2003-2007)	397	KJ Veldman, Spirit Lake (2010-2013)	348
Payton Beckman, Panorama (2019-22)	396	Kaely Hummel, Cherokee (2013-16)	348
Renae Roelfs, Mediapolis (1997-2001)	394	Faith Vincent, Colo-Nesco (2016-19)	347
Chelsea Winterboer, Sioux Central (2003-2006)	392	Emily Boeckmann, Calamus-Wheatland (2021-24)	346
Kadence Huck, Nashua-Plainfield (2022-25)	390	Taylor Smith Central Decatur (2005-09)	346
Kary Dawson, Sibley-Ocheyedan (1993-1997)	389	Sarah Larsen, Mid-Prairie (1998-2002)	346
Gracie Schoonhoven, Unity Christian (2020-23)	388	Erin Sobotka, Diagonal (2017-20)	345
Emilee Danner, Ar-We-Va (2016-19)	387	Sam Norris, Martensdale-St. Marys (2006-2011)	344
Rachel Leerar, West Hancock (2018-21)	387	Madison Gettler, CAM (2016-19)	343
Madison Weekly, Benton (2010-2013)	383	Alli Masters, Central Decatur (2016-19)	342
Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	380	Meg Brandt, Ankeny Centennial (2013-16)	342
Kristen Weber, Earlham (2011-2015)	379	Erica Scholtfeldt, Rock Valley (1999-2003)	342
Ellie Peterson, Cedar Falls (1998-2002)	379	Jackie Olson, MOC-Floyd Valley (1992-1996)	342
Kate Galligan, Cedar Rapids Jefferson (1988-1992)	379	Bridget Yoerger, Hinton	342
Angela Bock, Iowa Mennonite (1995-1999)	378	Kamryn Kurt, North Linn (2021-24)	342
Molly Boge, North Linn (2022-25)	376	Erin Dohrmann, Sioux City North (1999-2003)	341
Erica Dreckman, Marcus-Meriden-Cleghorn (2010-13)	376	Renee Maneman, Newell-Fonda (2011-14)	341
Halli Pooch, Waterloo West (2020-23)	374	Macy Boge, North Linn (2021-24)	340
Jaelah Stanford, Waterloo East (2021-24)	373	Ayla Hall, Tri-County & HIV (2022-25)	339
Chelsea Poppens, Aplington-Parkersburg (2006-09)	373	Lindsay Anderson, New London (1992-1996)	339
Andrea Robertson, Vinton-Shellsburg (1992-1996)	369	Melissa Krueger, Lone Tree (1989-1993)	339
Tess Myer, Mount Ayr (2004-2009)	368	Grace Rehstrom, Sioux Central (2008-2011)	338
Maria Gonzalez, West Hancock (2013-16)	367	Cortney Kettmann, Bellevue Marquette (1997-2001)	337
Jesse Clemens, Pleasant Valley (2021-24)	367	Shelby Johnson, Akron-Westfield (2004-2008)	337
Jenny Bridgewater, Benton (1999-2003)	366	Morgan Straight, Belle Plaine (2013-16)	337
Ashley Nally, Bedford (1999-2002)	366	Abby Wedemier, West Central Maynard (2003-06)	335
Molly Shafer, Eddyville-Blakesburg-Fremont (2022-25)	365	Courtney Miller, Hampton-Dumont-CAL (2017-20)	335
Devin Laughlin, East Mills (2010-2014)	365	Sara Goodman, West Marshall (1999-2003)	334
Sam Reiser, Waukon (2002-2005)	365	Amber Nicole Buch, Fairfield (2014-18)	332
Shelly Scheetz, Cedar Rapids Kennedy (1987-1991)	365	Kinzee Hansen, CWL (1993-1997)	332
Jenna Frederes, Remsen St. Mary's (2000-2003)	364	Isabella Borgos, West Marshall (2022-25)	328
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	364	Colette Loges, Forest City (2022-25)	328
Mary Berdo, Washington (1992-1996)	364	Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	328
Clara Teigland, Treynor (2020-23)	363	Lindsay Hoehns, Twin Cedars (2005-2010)	328
Jaycie Byrne, Turkey Valley (2018-21)	363	Grace Flanagan, North Linn (2017-20)	328
Mackenzie Rogers, Mediapolis (2014-18)	362	Nicole Clausen, Denison-Schleswig (2002-06)	327
Melissa Krueger, Lone Tree (1990-93)	362	Melissa Eighmy, Mount Ayr (1994-1998)	327
Brooke Loewe, Ballard (2019-22)	359	Rachel Freland, PCM (2011-2015)	327
Jamie Hoover, Twin River Valley (1999-2003)	359	Ashley Wagner, Kee (1999-2002)	327
Emma Staudt, Rockford (2014-17)	358	Sahara Williams, Waterloo West (2020-23)	327
Alison Rohdy, Harmony (1991-1995)	358	Rose Nkumu, Iowa City High (2017-20)	326
Jenny Bridgewater, Benton (1999-2003)	357	Sara Robson, Belmond-Klemme (1994-1997)	325
Katie Corbett, Iowa City Regina (1992-1996)	357	Leslie Budak, Norway & Benton (1988-1992)	325
Amy Lawson, Spencer (2001-2004)	356	Morgan Dornbier, Mason City Newman (2007-10)	325
Taylor Smith, Central Decatur (2006-2009)	356	Shay Lemke, AC/GC (2022-35)	324
Faith Meyer, Pocaontas Area (2014-17)	355	Lindsey Vande Wall, PCM (2006-2009)	324
Tori Hazard, Janesville (2014-17)	354	Erica Hougé, Collins-Maxwell (2021-24)	323

Brianne Fink, West Central (1993-1996)	323
Heather Eiffler, Garner-Hayfield (2002-2005)	322
Anna Doering, Waterloo Christian (2010-2014)	321
Sadie Cox, Lenox (2022-25)	320
Katie Maguire, Treynor (1998-2002)	320
Courtney Van Houweling, PCM (2011-2015)	320
Clara O'Brien, Wayne (2021-24)	319
Ryley Goebel, Center Point-Urbana (2018-22)	319
Kelly DeMeulenaere, Grand View Christian (2020-23)	318
Steph Reiter, Union (2004-2008)	318
Morgan Walker Sioux Central (2008-2011)	318
Marci Clayton, Jesup (1998-2002)	318
Jayda Chew, Murray (2020-23)	317
Kia Rasmussen, IKM-Manning (2014-18)	317
Olivia Donlea, East Buchanan (2017-20)	317
Allison Stracke, Harlan (1998-2002)	317
Tatum Koenig, West Branch (2014-18)	316
Haley Steffener, Mediapolis (2021-24)	316
Marly Bussa, Camanche (2014-18)	316
Payton Petersen, Dike-New Hartford (2021-24)	315
Libby Fandel, Cedar Rapids Xavier (2022-25)	314
Chelsey Lampe, Highland (2011-2015)	314
Jill Lacey, Hinton	314
Rylee Olson, Osage (2016-19)	314
Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	314
Ava Eastlick, Eddyville-Blakesburg-Fremont (2022-25)	313
Katie Nieuwsma, Pella Christian (2005-2008)	313
Amy Freese, North Cedar (1993-1996)	313
Kendyl Sorge, Janesville (2011-2015)	313
Camille Kruse, Fort Madison (2020-23)	312
Maddie Boer, North Linn (2011-2015)	312
Brittany Peterson, Spencer (2005-2009)	312
Tara Van Rees, Lynnville-Sully (2008-2011)	312
Andrea Van Vark, Pella Christian	312
Brittany Peterson, Spencer (2006-2009)	312
Katie Clarke, Adair-Casey (2010-2013)	310
Julie Bex, Highland (1990-94)	310
Reagan Pagniano, Pleasant Valley (2022-25)	309
Konnor Sudmann, Treynor (2016-19)	309
Mykenzie Whitney, Westwood (2014-17)	308
Caitlyn Ward, Sidney (2016-19)	308
Amara Jones, Mid-Prairie (2020-23)	308
Nicole Miller, North Linn (2011-2015)	308
Alicia Mahmens, Northeast (1996-2000)	308
Jordan Gronewold, Carlisle (2005-2010)	308
Kim Schwartz, Hinton	307
Jody Dean, Postville (1993-1995)	307
Jannah Carpenter, Nashua-Plainfield (2019-22)	306
Tiffany Reedy, Union (1999-02)	306
Morgan Muhlbauer, IKM-Manning (2011-2015)	305
Brianna Mensen, Maquoketa Valley (2014-2017)	305
Jody Roslansky, Harris-Lk Pk (1993-1995)	304
Fran Reis, Perry (1994-1998)	304
Jenna Hopp, Glenwood (2020-23)	303
Missy Daughenbaugh, DM Lincoln (1985-1988)	300
Kelsey Hora, Highland (2014-17)	300

2025 — Taylor Henson, Lamoni	22	182	8.30
2024 — Jaelah Stanford, Waterloo East	20	144	7.20
2023 — Anna Hart, Coon Rapids-Bayard	24	142	5.91
2022 — Reagan Mudderman, Kee	20	133	6.65
2021 — JeMae Nichols, Cherokee	24	141	5.87
2020 — Helaina Hillyard, Mediapolis	23	146	6.34
2019 — Payton Slaughter, Cherokee	24	160	6.67
2018 — Lexi Toering, Sioux Center	27	169	6.25
2017 — Josie Durr, Solon	22	164	7.45
2016 — Autumn McDanel, Moravia	25	154	6.16
2015 — Autumn McDanel, Moravia	23	165	7.17
2014 — Autumn McDanel, Moravia	22	155	7.04
2013 - Kayleen Beck, BGM	24	174	7.29
2012 — Makenzie Zeitler, Van Buren	23	155	6.73
2011 — Demi Deidrich, Northeast	26	133	6.04
2010 - Ashley Hagedorn, IKM-Manning	23	153	6.37
2009 — Cathy Reiter, Union	22	146	6.63
2008— Cathy Reiter, Union	22	140	6.36
2007—Cathy Reiter, Union	25	139	5.56
2006—Sofia Iwobi, Maharishi	24	163	6.79
2005—Sam Reiser, Waukon	24	153	6.38
2004—Katie Kilburg, Bellevue	23	288	12.58
2003—Kelli Nelson, Exira	23	209	9.09
2002—Sara Weirather, Central Lee	25	196	7.84
2001—Amy Young, Preston	29	187	6.45
2000—McKenzie Knox, Madrid	23	148	6.43
1999—Missy Hammon, Riceville	21	147	7.00
1998—Missy Hammon, Riceville	21	156	7.43
1997--Annie Heithoff, CB St. Albert	25	190	7.60
1996--Sarah Russell, CR Kennedy	21	169	8.05
1995--Jody Dean, Postville	24	207	8.63
1994--Keely Bowman, Kingsley-Pierson	18	166	9.22
1993--Nicki Bradley, Wilton	18	139	7.72
1992--Nicki Bradley, Wilton	19	112	5.89
1991--Leslie Budak, Norway	21	127	6.05
1990--Lanette Brooks, DM Lincoln	18	99	5.50
1989--Angie Slaughter, Iowa City West	21	116	5.52
1988--Dana Hinkhouse, Wilton	19	121	6.37
1987--Missy Daughenbaugh, DM Lincoln	26	158	6.08
1986--Skeeter Myers, Mount Vernon	18	102	5.67
1985--Sharita Couch, Davenport Central	20	119	5.95

### All-Time Leaders

Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Taylor Henson, Lamoni	22	182	8.30
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Kelli Nelson, Exira, 2004	25	192	7.68
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Josie Durr, Solon, 2017	22	164	7.45
Missy Hammon, Riceville, 1998	21	156	7.43
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Kayleen Beck, BGM, 2013	24	174	7.29
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24
Jaelah Stanford, Waterloo East, 2024	20	144	7.20
Autumn McDaniel, Moravia, 2015	23	165	7.17
Brook Tish, Tri-County, 2004	22	156	7.09

## STEALS PER GAME

### Yearly Leaders

Shayla Dean, Colo-Nesco, 2015	25	176	7.04
Autumn McDaniel, Moravia	22	155	7.04
Missy Hammon, Riceville, 1999	21	147	7.00
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Nicki Bradley, Wilton, 1994	26	180	6.92
Carlie Schaeffer, Chariton, 2017	22	152	6.91
Anna Hart, Coon Rapids-Bayard, 2024	18	124	6.89
Anny Burdorf, Emmetsburg, 1998	15	103	6.87

### Junior Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Nicki Bradley, Wilton, 1993	18	139	7.72
Josie Roslansky, Harris-Lake Park, 1994	18	133	7.39
Jennifer Gries, Elk Horn-Kimballton, 1998	17	123	7.24

### Sophomore Leaders

Missy Hammon, Riceville, 1998	21	156	7.43
Kayleen Beck, BGM, 2013	24	175	7.29
Autumn McDaniel, Moravia, 2014	22	155	7.04
Anna Hart, Coon Rapids-Bayard	18	124	6.89
Katie Corbett, Iowa City Regina, 1994	19	125	6.58

### Freshman Leaders

McKenzie Knox, Madrid, 2000	23	148	6.43
Rylee Mudderman, Kee	24	15	6.42
Amber Terrell, DC-Grimes, 1996	18	108	6.00
Emilee Danner, Ar-We-Va, 2016	22	132	6.00
Anna Hart, Coon Rapids-Bayard, 2023	24	142	5.91
Missy Hammon, Riceville, 1997	22	130	5.91

## TOTAL STEALS

### Season Leaders

Kelli Nelson, Exira, 2003	23	209	9.09
Jody Dean, Postville, 1995	24	207	8.63
Sara Weirather, Central Lee, 2002	25	196	7.84
Annie Heithoff, CB St. Albert, 1997	25	190	7.60
Kelli Nelson, Exira, 2004	25	192	7.68
Amy Young, Preston, 2001	29	187	6.45
Taylor Henson, Lamoni	22	182	8.30
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20
Nicki Bradley, Wilton, 1994	26	180	6.92
Shayla Dean, Colo-Nesco	25	176	7.04
Amy Young, Preston, 2000	28	176	6.28
Kayleen Beck, BGM, 2013	24	175	7.29
Kayla Lindenmeyer, Bedford, 2012	28	171	6.11
Josie Roslansky, Harris-Lake Park, 1995	20	171	8.55
Makenzie Zeitler, Van Buren, 2012	23	171	6.73
Shayla Dean, Colo-Nesco, 2014	26	170	6.54
Sarah Russell, CR Kennedy, 1996	21	169	8.05
Lexi Toerking, Sioux Center, 2018	27	169	6.26
Keely Bowman, Kingsley-Pierson, 1994	18	166	9.22
Amy Lawson, Spencer, 2004	25	165	6.60
Carli Tritiz, Sioux City Bishop Heelan, 2010	27	165	6.11
Josie Durr, Solon, 2017	22	164	7.45
Payton Slaughter, Cherokee, 2017	25	164	6.56

Carrie Norman, Lynnville-Sully, 1999	29	164	5.66
Annie Heithoff, CB St. Albert, 1996	24	164	6.83
Tember Schechinger, IKM-Manning, 2012	27	164	6.07
Autumn McDaniel, Moravia, 2015	23	163	7.14
Sofia Iwobi, Maharishi, 2006	24	163	6.79
Jessica VandKooi, Hinton, 2003	24	163	6.79
Shayla Deen, Colo-Nesco, 2013	26	162	6.23
Josie Kopal, Lawton-Bronson, 2013	28	162	5.79

### Junior Leaders

Kelli Nelson, Exira, 2002	23	209	9.09
Sara Weirather, Central Lee, 2002	25	196	7.84
Autumn Feaker, Solon, 1993	27	182	6.74
Angie Patterson, Pomeroy-Palmer, 1994	26	181	6.96
Kelsey Bolte, Battle Creek-Ida Grove, 2006	29	180	6.20

### Sophomore Leaders

Kayleen Beck, BGM, 2013	24	175	7.29
Payton Slaughter, Cherokee, 2017	25	164	6.56
Autumn McDaniel, Moravia, 2014	22	155	7.04
Shayla Dean, Colo-Nesco, 2013	26	162	6.23
Missy Hammon, Riceville, 1998	21	156	7.43

### Freshman Leaders

Rylee Mudderman, Kee, 2024	24	154	6.42
McKenzie Knox, Madrid, 2000	23	148	6.43
Rylee Menster, Springville, 2015	27	144	5.33
Taryn Petersen, Exira-EHK/Audubon	23	144	6.26
Anna Hart, Coon Rapids-Bayard	24	142	5.91

## CAREER BLOCKED SHOTS

Taryn Scheuermann, Van Buren County (2017-20)	614
Kiah Stokes, Linn-Mar (2008-2011)	515
Carah Drees, Westwood (2016-19)	503
Jessica Nikkel, Lynnville-Sully (1995-1999)	497
Jocelyn Anderson, Prairie Valley (2002-2005)	485
Mackenzie Morrison, Martensdale-St. Marys (2007-11)	473
Alysa Klein, Okoboji (2001-2004)	454
Rachel Thune, Des Moines Christian (2005-2008)	452
Kameo Pope, Belle Plaine (2010-2014)	424
Brooklyn Meyer, West Lyon (2019-22)	413
Gracey Griglione, Interstate 35 (2014-17)	412
Katelynn Tracy, Moravia (2010-2013)	406
Elizabeth Jenkins, Saint Ansgar (2014-18)	401
Jenny Noll, Muscatine (1988-1992)	399
Amy Herring, Dubuque Senior (1991-1995)	397
Maddie Oliver, Roland-Story	337
Brooke Morgan, Dike-New Hartford (2012-15)	391
Lori Trumblee, Starmont (1998-2002)	381
Audi Crooks, Algona Bishop Garrigan (2020-23)	362
Aimee Osborne, Sidney (2008-11)	352
Miranda Boekhout, MMC (2000-2004)	351
Tammi Blackstone, Cherokee (1992-1996)	347
Mariah McPartland, Boone (2011-2015)	346
Tonia Tauke, CB Abraham Lincoln (1992-1996)	346
Monica Huelman, Vinton-Shellsburg (1992-1996)	339
Jess Schaben, Harlan (2011-15)	338
Madison Baier, South Tama (2009-12)	337
Mia Rosener, Des Moines Christian (2014-17)	330

Stacey Schutjer, WCLT (2005-2008)	327	Kristen De Ronde, Pella Christian	224
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	327	Ashtyn Veerbeek, Western Christian (2014-18)	224
Molly Tideback, Waterloo Columbus (1985-1988)	322	Barb Bennett, Ames (1994-1997)	223
Lea Lefebure, Camanche (2014-18)	322	Holly Bock, Mason City Newman (2013-2016)	222
Kendal Brown, Moravia (2013-2016)	320	Amber Kirschbaum, Spirit Lake (2006-2009)	221
Alyson Stokes, Highland (2016-2019)	319	Allie Lamb, English Valleys (2001-2005)	221
Katie Morse, Tri-Center (1997-00)	318	Kim Trine, Burlington Notre Dame (1994-1998)	221
Hallie Christofferson, Exira (2005-2010)	313	Haley Delperding, Remsen St. Mary's (2014-17)	220
Eva Steffensen, CAM (2021-24)	311	Grace Hannam, Cedar Falls (2022-25)	217
Quinn Ruth, Adair-Casey (2010-2013)	310	Taryn Knuth, Johnston (2017-20)	217
Malarie Gilley, East Greene (2007-2010)	308	Addie Oberman, Northeast (2010-14)	216
Heidi Wener, Murray (1999-2003)	303	Nicky Wieben, Ankeny (2002-2005)	214
Amanda Zimmerman, Ballard (2006-2009)	303	Jessica Gerhart, Sentral (1999-2003)	214
Josie Claassen, GMG (2014-17)	293	Kadie Subbert, Stanton (2007-2011)	213
Nina Smith, Waterloo West (1995-1999)	291	Jackee Meyer, Belmond-Klemme (2014-16)	213
Amanda Chizek, West Hancock (2017-20)	291	Sadie Cox, Lenox (2022-25)	211
Betsy Funk, Urbandale (1998-2002)	278	Brittany Arwine, Dunkerton	207
Ann Straate, Postville (1998-2002)	276	Valerie Pruess, North Cedar (2021-24)	206
Kalee Modlin, Knoxville (1998-2002)	276	Jodi DeVries, Aplington-Parkersburg (1993-1996)	206
Sara Aeschliman, Davis County (1999-2003)	276	Megan Flemr, Lone Tree	205
Jamie Cavey, North Cedar (1997-2001)	275	Amanda Berner, Calamus-Wheatland (1997-2001)	205
Lisa Reitsma, Western Christian (1990-1994)	275	Claudia Larsen, Newell-Fonda (2011-14)	204
Christy Holtkamp, Central Lee (1989-1993)	273	Rylee Andresen, Midland (2013-16)	204
Jessica Balek, Mason City Newman (2009-2012)	271	Shelly DeJong, Unity Christian (1991-93)	204
Mandi Harms, Shenandoah (1995-1999)	271	Rylee Voss, English Valleys (2011-2015)	201
Sharon Goodman, Crestwood (2017-20)	266	Erin Wibholm, West Marshall (1997-200)	200
Samantha Uhlenkamp, Central City (2014-17)	266	Lexy Koudelka, Nevada (2014-18)	200
Kayla Lincoln, West Central Maynard (2003-2007)	261	Tammy Lansing, North Fayette (2004-2007)	200
Serena Parker, Shenandoah (2011-2015)	261	Alli Masters, Central Decatur (2016-19)	198
Chelsea Poppens, Aplington-Parkersburg (2006-09)	260	Amanda Ollinger, CR Jefferson/Linn-Mar (2013-16)	197
Abbie Schutte, Sibley-Ocheyedan (1993-1997)	256	Grace Blomstedt, Red Oak (2012-2015)	196
Mackenzie Bigbee, Williamsburg (2008-2012)	254	Abbie Hauptert, CMB (2011-14)	196
Ann Cavey, North Cedar (1994-1998)	254	Millie Niggeling, Sioux City Bishop Heelan (2005-10)	196
Logan Ehlers, Shenandoah (2014-17)	253	Delaynie Luneckas, West Branch (2019-22)	195
Alyssa Johnston, Estherville-LC (2009-12)	252	Jentry Schaefer, Southwest Valley (2017-20)	195
Emily Long, Montezuma (2009-2012)	251	Elsa Anderson, Des Moines Christian (2011-2015)	195
Ashley Sickles, Crestwood (2004-2008)	250	Ashley Tull, North Linn (2014-18)	194
Lindsay Brown, Lenox (1995-98)	249	Emily Beerman, CAM (2010-2013)	192
Stephani Atwood, Sigourney (2007-2010)	247	Lizzy Stachon, Dowling Catholic (2007-2011)	192
Julie Gallery, East Buchanan, (1993-97)	245	Tiffany Cox, Sioux City North (1989-1993)	191
Kelsey McClarnon, South Page (2014-17)	245	Molly Forsythe, Jesup (2002-2005)	190
Sienna Durr, Grinnell (2014-18)	245	Lara Marske, Spencer (1998-2001)	190
Jodi Gruber, Solon (1988-1992)	243	Jamie Boyd, Underwood (2000-2004)	188
Gina Schlesselman, Belle Plaine (1999-2003)	242	Natalie Nielsen, Akron-Westfield (2019-22)	187
Alyssa Dunlop, Woodbine (2007-2010)	242	Rachel Yeggy, Highland (2002-06)	187
Haley Hillyard, Mediapolis (2010-2013)	239	Rylee Eakins, Davis County (2010-2014)	187
DeAnn Williams, DM Roosevelt (1985-1989)	238	Janine Gremmel, Dubuque Wahlert(1984-1988)	187
Kennedy Wohlford, Hampton-Dumont (2011-2015)	238	Michelle Krough, Benton (1986-1990)	186
Lisa Kriener, St. Ansgar (1997-2001)	236	Kiana Barney, Cedar Falls (2014-18)	185
Katie Sorrell, Winfield-Mt. Union (1994-1998)	236	Rylee Goebel, Center Point-Urbana (2018-22)	181
Beth Marvin, Preston (1997-2001)	233	Kylee Burt, Belmond-Klemme (1995-1999)	180
Amelia Ivester, Cedar Rapids Xavier (2014-18)	232	Katie Schmidt, Saydel (2014-18)	179
Mikayla Galvin, Kee (2013-16)	232	Katie Kriener, Crestwood (1993-1996)	179
Kate Kosters, Crestwood (1996-2000)	231	Josie Kuper, AGWSR (2022-25)	178
Kayla Pirtle, CR Washington (1991-1995)	231	Morgan Salow, West Delaware (2001-05)	178
Sadie Shuck, Hinton (2010-2013)	230	Tori Hazard, Janesville (2014-17)	178
Pam Iverson, Denison-Schleswig (1994-1999)	230	Tarah Meyer, West Lyon (2011-2015)	176
Alexis Bart, Sheldon (2001-04)	228	Ashlyn Davis, Westwood (2022-25)	175
Haley Berminio, Belmond-Klemme (2017-20)	226	Andrea Markey, Colo-Nesco (2003-2006)	174
Alyson Spinass-Valainis, Dav. Assumption (2005-2010)	226	Amani Jenkins, Johnston (2022-25)	173
Olivia Baxter, Dubuque Senior (2019-22)	225	Anna Kiel, Unity Christian (2012-16)	172

Andrea Larson, Mediapolis (2011-2015)	172
Megan Sump, Pocahontas Area (2020-23)	172
Amy Bohnker, Underwood (2001-2005)	171
Bailey Halbur, Manning/IKM-Manning (2006-2009)	169
Megan Brandt, Spencer (2002-2006)	169
Whitney Klyn, Eddyville-Blakesburg-Fremont (2023-25)	167
Helaina Hillyard, Mediapolis (2017-20)	166
Tierranny Keahna, South Tama (2013-16)	165
Stephanie Bishop, Muscatine (1992-1994)	165
Michelle Smith, Crestwood (1999-2003)	164
Bethany Weber, Mediapolis (2003-2006)	164
Desta Hoogendoorn, Central Lyon (2021-24)	164
Aubrey Metzger, Central Lyon (2022-25)	164
Brianna Konz, Spaling Catholic (2007-2010)	163
Kate Hartman, Northwood-Kensett (2005-2010)	162
Kennedy Brown, Iowa City Regina (2013-2016)	162
Miriam Beenken, North Iowa (2021-24)	161
Jessica Keefe, Ames (2000-2004)	161
Tori Michel, Marquette Catholic (2016-20)	160
Kara Haugen, Waterloo Columbus (1991-1995)	159
Kristin Martindale, Spencer (2010-2014)	158
Lacey Geitzenaur, Sentral (1999-2003)	157
Ireland Hostetler, Mid-Prairie (2014-17)	156
Samantha Opal, East Mills (2013-16)	156
Kenzie Mantz, Belle Plaine (2016-19)	156
Shari Davis, Denver (1995-1999)	154
Molly Hulshof, West Sioux (2021-24)	154
Kaitlyn Volesky, Mount Vernon (2014-17)	153
Zoe Young, West Des Moines (2016-19)	152
Allie Wooldridge, Center Point-Urbana (2014-18)	151
Jenny DeSmet, HLV (1993-96)	151
Darcy Hirt, Highland (1987-1991)	151
Jennifer Schmann, Newell-Fonda (2001-05)	151
Jenna Vonnahme, Pocahontas Area (2021-24)	150
Ali Browning, Iowa City Regina (2005-2010)	150
Madison Hillman, Saint Ansgar (2020-23)	150
Cassidy Thompson, Ballard (2018-21)	150

## BLOCKED SHOTS PER GAME

### Yearly Leaders

2025 — Abby Douma, Hartley-M-S	22	141	6.40
2024 — Brooke Krogmann, West Delaware	23	115	5.00
2023 — Sarah Moeller, Prince of Peace	22	155	7.05
2022 — Akuet Malek, Kuemper Catholic	19	126	6.63
2021 — Akuet Malek, Keumper Catholic	21	183	8.71
2020 — Taryn Scheuermann, Van Buren	25	143	5.72
2019 — Taryn Scheuermann, Van Buren	23	181	7.87
2018 — Carah Drees, Westwood	22	169	7.68
2017 — Elizabeth Jenkins, Saint Ansgar	22	155	7.05
2016 — Mia Rosener, DM Christian	24	144	6.00
2015 — Gracey Griglione, I-35	24	115	4.79
2014 — Gracey Griglione, I-35	23	140	6.09
2013 — Brooke Morgan, Dike-New Hartford	23	158	6.87
2012 - Kaz Brown, Cedar Falls	23	13-	5.65
2011 — Katelynn Tracy, Moravia	19	120	6.31

2010 - Megan Flemr, Lone Tree	24	141	5.45
2009 — Kiah Stokes, Linn-Mar	25	160	6.40
2008—Rachel Thune, DM Christian	24	167	6.96
2007—Rachel Thune, DM Christian	25	161	6.44
2006—Madelyn Houser, Gilbert	21	109	5.19
2005—Jocelyn Anderson, Prairie Valley	22	108	4.91
2004—Kayla Ashland, Sheldon	23	147	6.39
2003_Jocelyn Anderson, Prairie Valley	21	148	7.05
2002—Gillian Goering, Waterloo West	14	101	7.21
2001—Alysa Klein, Okoboji	18	104	5.78
2000—Lori Trumblee, Starmont	22	146	6.64
1999—Jenny Hemann, Osage	20	149	7.45
1998—Anna Borman, Sentral	17	109	6.41
1997--Julie Gallery, East Buchanan	17	115	6.76
1996--Jennifer Perkins, FD St. Edmond	19	143	7.53
1995--Amy Herrig, Dubuque Senior	22	136	6.18
1994--Julie Wollesen, Lawton-Bronson	18	148	8.22
1993--Christy Holtkamp, Central Lee	22	116	5.27
1992--Dee Dee Madison, Davenport North	17	104	6.12
1991--Tiffany Cox, Sioux City North	20	113	5.65
1990--Jenny Noll, Muscatine	23	150	6.52
1989--Michelle Krough, Benton	19	86	4.53
1988--DeAnn Williams, DM Roosevelt	22	150	6.82
1987--Molly Tideback, Waterloo Columbus	26	108	4.15
1986--Brenda Johnson, Maquoketa	22	99	4.50
1985--Julie Palmer, Cedar Rapids Regis	21	72	3.43

### All-Time Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Julie Wollesen, Lawton-Bronson,1994	18	148	8.22
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Jennifer Perkins, FD St. Edmond,1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Julie Gallery, East Buchanan,1996	18	130	7.22
Gillian Goering, Waterloo West, 2001	14	101	7.21
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
Sarah Moeller, Prince of Peace, 2023	22	155	7.05
Rachel Thune, DM Christian, 2008	24	167	6.96
Brooke Morgan, Dike-New Hartford	23	158	6.87
DeAnnWilliams, DM Roosevelt,1988	22	150	6.82
Julie Gallery, East Buchanan, 1997	17	115	6.76
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Lori Trumblee, Starmont, 2000	22	146	6.64
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Akuet Malek, Kuemper Catholic, 2022	19	126	6.63
Carah Drees, Westwood, 2017	23	171	6.57
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Jenny Noll, Muscatine,1990	23	150	6.52
Rachel Thune, DM Christian, 2007	25	161	6.44
Jessie Van Gilder, SE Webster, 1997	16	103	6.44
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Abby Douma, Hartley-M-S	22	141	6.40
Anna Bormann, Sentral, 1998	17	109	6.41
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Abby Douma, Hartley-M-S, 2025	22	141	6.40
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Kayla Ashland, Sheldon, 2004	23	147	6.39
Sarah Aeschliman, Davis County, 2002	15	95	6.33
Katelynn Tracy, Moravia, 2011	19	120	6.31

Lisa Reitsma, Western Christian, 1994	20	126	6.30
Taylor Evans, Prince of Peace, 2025	22	138	6.30
Deb Freking, LeMars, 1990	19	118	6.21

### Junior Leaders

Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Carah Drees, Westwood, 2018	22	169	7.68
Julie Gallery, East Buchanan, 1996	18	130	7.22
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.05
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82

### Sophomore Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Brooke Morgan, Dike-New Hartford	23	158	6.87

### Freshman Leaders

Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Taylor Evans, Prince of Peace, 2025	22	138	6.30
Gracey Griglione, I-35, 2014	23	140	6.09
Alysa Klein, Okoboji, 2001	18	104	5.78
Taryn Scheuermann, Van Buren, 2017	23	132	5.74

## TOTAL BLOCKED SHOTS

### Season Leaders

Akuet Malek, Kuemper Catholic, 2021	21	183	8.71
Taryn Scheuermann, Van Buren, 2019	23	181	7.87
Mackenzie Morrison, Martensdale-SM, 2011	28	172	6.14
Carah Drees, Westwood, 2018	22	169	7.68
Rachel Thune, DM Christian, 2008	24	167	6.96
Rachel Thune, DM Christian, 2007	25	161	6.44
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Elizabeth Jenkins, Saint Ansgar, 2017	22	155	7.04
Sarah Moeller, Prince of Peace, 2023	22	155	7.04
Carah Drees, Westwood, 2017	23	151	6.57
Jessica Nikkel, Lynnville-Sully, 1999	29	150	5.17
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Jenny Noll, Muscatine, 1990	23	150	6.52
Jenny Hemann, Osage, 1999	20	149	7.45
Jocelyn Anderson, Prairie Valley, 2003	21	148	7.05
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43
Julie Wolleson, Lawton-Bronson, 1994	18	148	8.22
Kayla Ashland, Sheldon, 2004	23	147	6.39
Lori Trumblee, Starmont, 2000	22	146	6.64
Mia Rosener, Des Moines Christian, 2016	24	144	6.00
Jennifer Perkins, FD St. Edmond, 1996	19	143	7.53
Taryn Scheuermann, Van Buren, 2020	25	143	5.72
Vicky Kapnisis, North Fayette, 2013	21	141	6.71
Abby Douma, H-M-S, 2025	22	141	6.40
Kameo Pope, Belle Plaine, 2013	22	141	6.41
Kiah Stokes, Linn-Mar, 2011	25	141	5.64
Jessica Nikkel, Lynnville-Sully, 1998	27	141	5.22
Jessica Nikkel, Lynnville-Sully, 1997	26	141	5.42

Gracey Griglione, I-35, 2014	23	140	6.09
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### Junior Leaders

Taryn Scheuermann, Van Buren	23	181	7.87
Carah Drees, Westwood, 2018	22	169	6.87
Rachel Thune, DM Christian, 2007	25	161	6.44
Elizabeth Jenkins, Saint Ansgar	22	155	7.05
DeAnn Williams, DM Roosevelt, 1988	22	150	6.82
Sheena Henrichs, Allison-Bristow, 1999	23	148	6.43

### Sophomore Leaders

Akuet Malek, Kuemper Catholic	21	183	8.7
Kiah Stokes, Linn-Mar, 2009	25	160	6.40
Brooke Morgan, Dike-New Hartford, 2013	23	158	6.87
Taryn Scheuermann, Van Buren, 2018	24	157	6.54
Carah Drees, Westwood, 2017	23	151	6.57
Jenny Noll, Muscatine, 1990	23	150	6.52

### Freshman Leaders

Gracey Griglione, I-35, 2014	23	140	6.09
Jocelyn Anderson, Prairie Valley, 2002	21	139	6.62
Taylor Evans, Prince of Peace, 2025	22	138	6.30
Taryn Scheuermann, Westwood, 2017	23	132	5.74
Katelynn Tracy, Moravia, 2010	19	105	5.53
Alysa Klein, Okoboji, 2001	18	104	5.78

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Elle Ruffridge, Pocahontas Area (2014-17)	802
Jamie Sickles, Wapsie Valley (2002-2006)	793
Mary Berdo, Washington (1992-1996)	745
Mackenzie Rogers, Mediapolis (2014-18)	702
Taylor Hickey, Burlington Notre Dame (2011-2015)	696
Brittany Peterson, Spencer (2006-2009)	683
Ellie Friesen, Osage/Crestwood (2014-18)	681
Linda Lappe, Winfield-Mt. Union (1994-1998)	652
Lindsey Meder, Solon (1994-1998)	625
Kallyn Stumbo, Okoboji (2017-20)	629
Jennifer Jorgensen, SE Webster-Grand (2005-08)	621
Gabbie Binion, Davenport Assumption (2004-2008)	599
McKenna Sievers, Newell-Fonda (2021-24)	588
Chelsey Lamker, MFL-Mar-Mac (2006-2010)	570
Erica Scholtfeldt, Rock Valley (1999-2003)	567
Sara Goodman, West Marshall (1999-2003)	561
Megan Ripperton, Lone Tree (1997-2001)	561
Trista Kolder, Aplington-Parkersburg (1997-2001)	557
Brynny German, Martensdale-St. Marys (2021-24)	555
Haylee Stokes, Estherville Lincoln Central (2022-25)	553
Autumn McDanel, Moravia (2013-2016)	552
Lana Otting, Cascade (2004-2008)	552
Gracie Schoonhoven, Unity Christian (2020-23)	542
Shelby Johnson, Akron-Westfield (2004-2008)	540
Renee Maneman, Newell-Fonda (2011-14)	537
Sara Stribe, Carroll (1994-1998)	536
Morgan Flaherty, Pocahontas Area (2000-03)	527
Heather Lauman, Farragut (2001-2003)	523
Kamryn Kurt, North Linn (2021-24)	521
Shelby Reicks, Turkey Valley (2014-17)	518
Fran Ries, Perry (1994-1998)	516

Carrie Norman, Lynnville-Sully (1995-1999)	515	Megan Spurgin, FM Aquinas (1990-1994)	425
Andee Martin, Westwood (2016-19)	514	Trisha Nesbitt, Ames (2005-2009)	424
Kylee Hoewood, Iowa City Regina (2005-2010)	511	Payton Slaughter, Cherokee (2016-19)	424
Amy Lawson, Spencer (2001-2004)	511	Kelly Leerar, West Hancock (2014-18)	423
Hali Anderson, Saint Ansgar (2017-21)	509	Jen Steines, Central DeWitt (1994-1998)	423
Maci Sievers, Newell-Fonda (2019-22)	508	Paige Greiner, Williamsburg (2010-2014)	423
Corinna Schropp, New London (1997-2001)	505	Sophia Hoffman, Dike-New Hartford (2019-22)	422
Molly Joyce, Algona Bishop Garrigan (2020-23)	504	Akaysa Duitscher, Pocahontas Area (2020-23)	421
Kelsey Homewood, Iowa City Regina (2001-04)	502	Renaë Roelfs, Mediapolis (1997-2001)	420
Mackenzie Small, Hinton (2007-2010)	501	Megan Wagaman, Springville (2013-2016)	420
Stephanie Rich, Washington (1997-2001)	500	Jordan Gronewold, Carlisle (2005-2010)	419
Ashley Atwood, Van Buren (2003-2006)	499	Lana Otting Cascade (2004-07)	417
Devin Laughlin, East Mills (2010-2014)	498	Kia Rasmussen, IKM-Manning (2014-18)	416
Caitlin Ingle, Southeast Polk (2011-14)	492	Kirstin Nelson, Oelwein (2005-2009)	415
Lexi Ackerman, Central Lyon (2009-2014)	491	Kristie Langbehn, Durant(1985-1989)	413
Kristin Rasmussen, AGWSR (2003-2007)	490	Callie Levin, Solon (2021-24)	412
Maggie Gorman, Denison-Schleswig (1994-1998)	484	Amy Huyser, Lynnville-Sully (1997-2000)	412
Elizabeth Rocca, Lone Tree (1990-93)	486	Kelly DeMeulenaere, Grand View Christian (2020-23)	409
Molly Turman, Hinton (1998-2002)	483	Olivia Olson, Mason City Newman (2007-10)	408
Jennifer Goetz, Cardinal Stritch (1999-2003)	482	Emily Boeckmann, Calamus-Wheatland (2021-24)	407
Amy Diedrich, Northeast (1995-1999)	481	Katelyn Stanley, Bishop Heelan (2017-20)	407
Kelley Westhoff, Dubuque Wahlert (1989-1993)	481	Keri Feilen, CB Abraham Lincoln(1992-1996)	406
Jackie Olson, MOC-Floyd Valley (1992-1996)	479	Heather Laumann, Farragut (1999-2005)	404
Crystal Anderson, Forest City (1997-2001)	479	Cortney Kettmann, Bellevue Marquette (1997-2001)	404
Autumn Feaker, Solon (1990-1994)	473	Kylan Loney, Ames (1997-2001)	402
Nicole Miller, North Linn (2011-2015)	467	Marleigh Johnson, Stanton (2020-23)	401
Carli Tritz, Sioux City Bishop Heelan (2005-2010)	467	Heidi Hillyard, Mediapolis (2011-2015)	401
Kelli Nelson, Exira (2001-2004)	464	Brooke Loewe, Ballard (2019-22)	400
Annie Heithoff, CB St. Albert (1993-1997)	461	Sahara Williams, Waterloo West (2020-23)	400
Elizabeth Rocca, Lone Tree (1989-1993)	460	Molly Pickering, Carlisle (1993-1996)	399
Shayla Dean, Colo-Nesco (2011-2015)	459	Shelby Graves, Davis County (2010-14)	398
Reagan Pagniano, Pleasant Valley (2022-25)	455	Grace Meyer, Pocahontas Area (2014-17)	398
Lindsay Smith, Central DeWitt (2008-2011)	455	Shannan Smith, Waterloo West (1990-1994)	397
Kate Walker, Red Oak, (2011-2015)	455	Molly Ihle, Ballard (2018-21)	397
Maddie Jones, South Central Calhoun (2016-19)	453	Lindsey Vande Wall, PCM (2006-2009)	396
Grace Flanagan, North Linn (2017-20)	451	Kate Shafer, Eddyville-Blakesburg-Fremont (2022-25)	395
Helaina Hillyard, Mediapolis (2017-20)	451	Rachel Culp, Newell-Fonda (2006-09)	394
Halli Pooch, Waterloo West (2020-23)	449	Emily Schweer, Denver (2005-2010)	394
Kristin Shields, Murray (2004-2007)	448	Liz Schnurr, FD St. Edmond (1996-2000)	394
Kelsey Bolte, Battle Creek-Ida Grove (2004-07)	448	Chelsey Winterboer, Sioux Central (2003-2006)	392
Shellie Mossman, Carroll (2003-2006)	448	Morgan Christian, Sioux Central (2021-24)	391
Jenna Frederes, Remsen St. Mary's (2000-2003)	447	Pamela Masker, Underwood (2001-2005)	391
Rylee Menster, Springville (2014-18)	447	Rachel Leerar, West Hancock (2018-21)	389
Emily Wassom, Spencer (2004-2008)	447	Molly Goodenbour, Waterloo West (1985-1989)	388
Caitlin Daniels, Cedar Rapids Xavier (2016-20)	442	Sara Weirather, Central Lee (1999-2005)	387
Aubrey Dolan, East Buchanan (1999-2003)	442	Lauren Conrey, Waterloo West (2017-20)	386
Tina Marshall, Keokuk Cardinal Stritch (1986-1990)	442	Haley Steffener, Mediapolis (2021-24)	385
Heather Eiffler, Garner-Hayfield (2002-2005)	441	Natalie Raub, Union (1999-2002)	385
Meghan Brue, Underwood (2001-2004)	441	Julie Bex, Highland (1991-94)	384
Maya McDermott, Johnston (2017-20)	437	Kaisha Brown, Spirit Lake (2004-2008)	383
Kerry Juhlin, Cedar Falls (1997-2001)	437	Erica Huyser, Lynnville-Sully (1993-96)	383
Ali Hansen, WDM Dowling (1995-1999)	439	Marina Keck, Kingsley-Pierson	383
Kary Dawson, Sibley-Ocheyedan (1993-1997)	439	Nora Peterson, Alta-Aurelia (2022-25)	381
Mikkell Korver, MOC—Floyd Valley (1997-01)	435	Tatum Koenig, West Branch (2015-18)	380
Sasha Koenig, West Branch (2018-21)	434	Olivia Larsen, Newell-Fonda (2016-19)	380
Jaeden Ferris, Westwood (2020-23)	433	Linsey Aves, Waterloo West (1995-98)	380
Kylan Loney, Ames (1997-2001)	431	Rose Nkumu, Iowa City High (2017-20)	379
Kate Galligan, CR Jefferson (1988-1992)	429	Sarah Culp, Newell-Fonda (2004-07)	379
Jamey Cox, Waterloo West (1996-99)	429	Mallory Cunard, Missouri Valley (2006-2009)	378
Linda Sayavongchanh, DM Lincoln (1998-2002)	428	Angela Bock, Iowa Mennonite (1995-1999)	377
Zoe Young, West Des Moines Valley (2016-19)	427	Mackenzi Mendlik, Denison-Schleswig (2002-06)	376

Lauren Christianson, Manson-NW Webster (2007-10)	376	Dana Kester, Jesup (1996-2000)	349
Aimee Hartwig, Sibley-Ocheyedan (1992-1996)	376	Brittany Lingenfelter, Jesup (2017-20)	349
Brianna Mensen, Maquoketa Valley (2014-2017)	375	Molly Sanders, Ames (2011-2015)	348
Abby Emmert, Winterset (2000-2004)	375	Shelby Schmidt, Battle Creek-Ida Grove (2004-07)	348
Autumn Bartel, Cherokee (2001-2005)	373	Janeen Fell, Garner-Hayfield (2000-2003)	347
Rebecca Lampe, Highland (2005-08)	373	Molly Shafer, Eddyville-Blakesburg-Fremont (2022-25)	346
Carrie Woods, Martensdale-SM (2005-2010)	372	Taylor Smith, Central Decatur (2006-2009)	346
Abby Wedemeier, West Central Maynard (2003-06)	372	Brittany Lange, Sac City (2002-2005)	346
Kylie Vogel, Camanche (2010-14)	371	Stacy Frese, CR Washington (1991-1995)	346
Faith Vincent, Colo-Nesco (2016-19)	370	Alison Rohdy, Harmony (1991-1995)	346
Grace Gaarde, Iowa City Regina (2020-23)	370	Tasha Johnson, Akron-Westfield (2008-11)	344
Christa Subbert, Stanton (2003-2007)	369	Morgan Muhlbauer, IKM-Manning (2011-2015)	344
Jordyn Moser, Harlan (2013-2016)	369	Amy Young, Preston (1997-2001)	344
Erica Junod, Ankeny (1995-1999)	369	Melissa Eighmy, Mount Ayr (1994-1998)	344
Krista Small, Akron-Westfield (1999-02)	368	Missy Barrier, Tri-Center (2002-2005)	344
Katie Etter, Sigourney (2004-2008)	368	Jessica Stanek, Tripoli (1999-2003)	343
Megan Colgan, Iowa City Regina (1997-2000)	368	Cass Peterson, Alta (1996-2000)	342
Konnor Sudmann, Treynor (2016-19)	367	Jordan Waddell, Guthrie Center (2003-07)	342
Molly Boge, North Linn (2022-25)	366	Katie Keitges, Knoxville (2016-20)	341
Alli Masters, Central Decatur (2016-19)	366	Rachel Handeland, Clear Lake (1995-1999)	341
Carly Martin, Springville (2006-2009)	365	Ashley Nally, Bedford (1999-2002)	341
Madison Weekly, Benton (2010-2013)	365	Kandy Beemer, Bedford (2002-2005)	341
Becca Fisher, Benton (2005-2009)	365	Ashlea Payne, Alta (1998-2002)	341
Olivia Donlea, East Buchanan (2017-20)	364	Kari Fitzpatrick, Edgewood-Colesburg (2012-2015)	340
Kristen Weber, Earlham (2011-2015)	364	Mackenzie Knox, Madrid (1999-2003)	340
Ashley Hagedorn, IKM-Manning (2007-2010)	364	Ashley Salgado, Ottumwa (2008-2012)	339
Holly Janssen, Nashua-Plainfield (2002-2005)	363	Kayla Gaskill, IKM (2002-2006)	339
Brittany Lampe, Highland (2000-04)	362	Ella Larsen, Newell-Fonda (2018-21)	338
Morgan Paige, Marion (2005-2010)	362	Alex Mohr, Denison-Schleswig (2016-19)	338
Alicia Mahmens, Northeast (1993-1997)	362	Kelsey Johnikin, Sioux City West (2002-2006)	337
Ally Jensen, Ballard (2006-2009)	362	Britny Hallelund, Roland-Story	337
Allie Wooldridge, Center Point-Urbana (2014-18)	361	Sam Norris, Martensdale St. Marys (2006-2011)	337
Katie Nieuwsma, Pella Christian (2005-2008)	360	Payton Bush, Mediapolis (2020-23)	337
Kayla Waskow, Dunkerton (2004-2008)	360	Becky Strathman, CR Regis & CR Wash (1991-1995)	337
Samantha Harrington, Nashua-Plainfield (2004-2007)	360	Aubrey Schwieso, Harlan (2022-25)	336
Erin Fox, Denver (1993-1995)	357	Tember Schechinger, IKM-Manning (2009-2012)	336
Lauren Miller, English Valleys (2011-15)	357	Torie Alexander, Eddyville-Blakesburg-Fremont (2014-18)	336
Morgan Flaherty, Pocahontas Area (1999-2003)	357	Jennifer Gries, Elk Horn-Kimballton (1995-1999)	336
Jamie Dalbey, Ottumwa (1994-1998)	356	Maddie Boer, North Linn (2011-2015)	335
Felicity Jackson, CAM (2014-17)	356	Emily Frisk, Ames (2011-2015)	334
Mollie Kleopfer, Highland (2005-2010)	356	Tori Hazard, Janesville (2014-17)	333
Kinzey Dutler, Ridge View (2016-19)	356	Ava Hawthorne, Gilbert (2019-22)	333
Madi Agey, West Des Moines Valley (2011-14)	355	Jenna Twedt, Benton Community (2020-23)	332
Erin Gerke, Newell-Fonda (2014-17)	355	Sheri Sutherland, Northeast Hamilton (1994-1997)	331
Heidi Esdohr, Coon Rapids-Bayard (2005-2009)	355	Amber Nicole Buch, Fairfield (2014-18)	331
Kiersten Pauling, DM Lincoln (1989-1993)	354	Melissa Krueger, Lone Tree (1990-93)	331
Ashlyn Kovarna, Hinton (2021-24)	353	Lindsey Chettinger, Sergeant Bluff-Luton (2000-2004)	331
Katie Thompson, Aplington-Parkersburg (2010-2013)	353	Kortney Drake, Wilton	331
Elly Arganbright, Panorama (2007-2010)	353	Shay Lemke, AC/GC (2022-25)	330
Abby Musser, Woodward-Granger (2011-2015)	352	Slye Richardson, Interstate 35 (2014-17)	330
Ashley Zobel, OA-BCIG (2008-2011)	352	Juliann Clark, Roland-Story (2016-20)	330
Alicia Onnen, Manson-NW Webster (2007-2010)	352	Ashton Moody, Hinton (2008-2011)	330
Janeen Fell, Garner-Hayfield (1999-2003)	351	Dani Thrush, Keokuk (1992-1995)	330
Britt Siebels, Anamosa (1989-1993)	351	Brittani Kozik, Belle Plaine (1999-2005)	330
Chloe Rice, Marion (2014-18)	351	Molly Boylan, Exira (2006-2009)	329
Anna Conover, Lynnville-Sully (1996-99)	350	Sammie Sproul, Waterloo West (2011-2014)	329
Emma Veentstra, Des Moines Christian (2016-19)	350	Katie Schechinger, IKM/IKM-Manning (2006-2009)	328
Laura Knudtson, Lake Mills (2014-18)	350	Madison Dreckman, LeMars (2016-19)	328
Tara Van Rees, Lynnville-Sully (2008-2011)	349	Jessie Clarahan, Sigourney (1994-1997)	327
Megan Fetter, West Delaware (1999-2003)	349	Lauren Christianson, Manson-NW Webster (2005-2010)	326
Morgan Markert, Manson-NW Webster (2007-2010)	349	Taylor Vanek, Lake Mills (2021-24)	325

Paige O'Neal, Sergeant Bluff-Luton (2007-2011)	325
Erin Sheeley, Postville (1999-2003)	325
Amara Jones, Mid-Prairie (2020-23)	324
Camryn McClintock, Sidney (2016-19)	324
Emily Dolan, East Buchanan (1996-2000)	324
Libby Fandel, Cedar Rapids Xavier (2022-25)	323
Jensen Archibald, Martensdale-St. Marys (2017-20)	323
Briana Baker-Bruce, Janesville (2016-19)	323
Amy Larson, Denison-Schleswig (2000-04)	321
Christy Hebert, CR Jefferson (1989-1993)	321
Amy Freese, North Cedar (1993-1996)	320
Clara Teigland, Treynor (2020-23)	319
Reagan Lindsay, Waterloo Columbus (2018-21)	318
Casey McDermott, Newton (2004-07)	317
Lisa Rasmusson, Colo-Nesco (1996-2000)	317
McKaya O'Neil, Shenandoah (2014-17)	317
Rebecca Schroeder, Bellevue (2014-18)	317
Melissa Krueger, Lone Tree (1989-1993)	317
Julie Bex, Highland (1990-1994)	317
Amanee Clark, Waterloo East (2016-19)	316
Megan Peschong, Okoboji (2013-16)	316
Kim Altman, Bettendorf (1988-1992)	316
Bri Weber, Dike-New Hartford (2012-15)	316
Brooklyn Allgood, Saydel (2011-15)	315
Elle Scarborough, Glenwood (2018-21)	315
Abby Flanagan, North Linn (2017-20)	314
Emerson Green, Cedar Falls (2017-20)	314
Keisha Cox, Des Moines Lincoln (1990-1994)	313
Jayda Chew, Murray (2020-23)	312
Sailor Hall, West Liberty (2019-22)	312
Sami Stogdill, Central Decatur (2006-2009)	312
Kenna Morgan, Cherokee (2020-23)	312
Lindsey Davis, Nodaway Valley (2021-24)	311
Eva Steffensen, CAM (2021-24)	311
Tracy Paustian, Davenport West (1997-2001)	311
Ellie Foster, Dike-New Hartford (2017-20)	311
Alexa Wehrle, Louisa-Muscatine (2016-19)	310
Chelsey Lampe, Highland (2011-2015)	310
Marla Metzger, Valley Community (2006-2009)	309
Taylor Schafbuch, Belle Plaine (2005-2010)	308
Katie Lorber, New London (2002-2005)	308
Traci Ollendieck, Crestwood (1999-2003)	308
Tess Myer, Mount Ayr (2004-2009)	308
Jordan Johnston, Waterloo West (2008-11)	308
Angie Lloyd, North Mahaska (2001-04)	307
Bailey Stroud, Columbus Community (2014-17)	307
Jessie Biggs, Ottumwa (1999-2003)	307
Shelly Sheetz, Cedar Rapids Kennedy (1987-1991)	306
Traci Ollendieck, Crestwood (1999-2003)	306
Ashley Sieverding, Bellevue Marquette (2001-05)	305
Adrianna Katcher, Center Point-Urbana (2016-20)	305
Tracy Paustian, Davenport West (1997-2001)	305
Faith Meyer, Pocahontas Area (2014-17)	304
Hannah Erickson, Central Elkader (2017-20)	304
Chloe Colt, Akron-Westfield (2019-22)	303
Taylor Wagner, Harlan (2011-2015)	303
Megan Weirather, Central Lee (2003-2006)	303
Shawna Boles, Murray (1997-2001)	303
Kari Knopf, WDM Dowling (1989-1993)	303
Megan Meyer, Mason City (2016-19)	302
Jill Lacey, Hinton	302

Paul Pugh, Columbus (1996-1999)	302
Brianne Fink, West Central (1993-1996)	302
Leslie Budak, Norway & Benton (1988-1992)	302
Paige Danner, Ar-We-Va (2010-2014)	302
Aubrie Fisher, AGWSR (2016-19)	301
Cass Peterson, Alta (1994-1998)	300
Savannah Domeyer, Clayton Rlge (2014-17)	301
Jessica VanderKooi, Hinton	301
Kayla Lincoln, West Central Maynard (2003-2007)	301
Jamie Hoover, Twin River Valley (1999-2003)	300

## ASSISTS PER GAME

### Yearly Leaders

2025 — Bryn Wright, Mediapolis	23	162	7.00
2024 — McKenna Siever, Newell-Fonda	27	246	9.11
2023 — McKenna Sievers, Newell-Fonda	27	200	7.40
2022 — Mia Miller, Bondurant-Farrar	24	199	8.29
2021 — Danika Demers, SL St. Marys	23	192	8.34
2020 — Kallyn Stumbo, Okoboji	24	188	7.83
2019 — Helaina Hillyard, Mediapolis	23	172	7.48
2018 — Ellie Friesen, Crestwood	26	245	9.42
2017 — Agatha Beier, Carlisle	23	197	8.61
2016 — Elle Ruffridge, Pocahontas Area	27	230	8.51
2015 — Mackenzie Rogers, Mediapolis	26	200	7.69
2014 — Jaci Stumpf, FD St. Edmond	23	200	8.70
2013 - Lexi Ackerman, Central Lyon	28	232	8.29
2012 — Amanda Busta, Forest City	22	159	7.22
2011 — Ashley Smith, Iowa Falls-Alden	23	164	7.13
2010 — Kylee Homewood, IC Regina	23	190	8.26
2009—Brittany Peterson, Spencer, 2009	25	209	8.36
2008—Jennifer Jorgensen, SE Webster	26	230	8.84
2007—Brittany Peterson, Spencer	22	186	8.45
2006—Gabbie Binion, Dav. Assumption	26	190	7.30
2005—Jamie Sickles, Wapsie Valley	22	198	9.00
2004--Jamie Sickles, Wapsie Valley	23	233	10.13
2003--Jamie Sickles, Wapsie Valley	24	194	8.08
2002--Heather Laumann, Farragut	21	181	8.62
2001--Jill Smith, Aurelia	21	171	8.14
2000--Laura Freitag, Central Lee	25	197	7.88
1999--Lindsey Stoll, Bondurant-Farrar	24	196	8.17
1998--Anny Burdorf, Emmetsburg	15	141	9.40
1997--Lisa Cowling, Clarke	23	204	8.87
1996--Lisa Cowling, Clarke	19	152	8.00
1995--Erin Fox, Denver	24	217	9.04
1994--Mary Berdo, Washington	24	240	10.00
1993--Mary Berdo, Washington	21	191	9.10
1992--Kelley WesthofF, Dubuque Wahlert	22	194	8.82
1991 --Rose Frieburger, Iowa Deaf	16	114	7.13
1990--Tina Marshall, Cardinal Stritch	20	210	10.50
1989--Tina Marshall, Cardinal Stritch	22	174	7.91
1988--Kristie Langbehn, Durant	21	154	7.33
1987--Sara Liebscher, Dav. Assumption	14	88	6.29
1986--Jeannie Caraway, Maquoketa	23	165	7.17
1985--Linda Hillebrand, Davenport West	20	90	4.50

### All-Time Leaders

Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13

Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Ellie Friesen, Crestwood, 2018	26	245	9.42
Anny Burdorf, Emmetsburg, 1998	15	141	9.40
McKenna Sievers, Newell-Fonda, 2024	27	246	9.11
Mary Berdo, Washington, 1993	21	191	9.10
Erin Fox, Denver, 1995	24	217	9.04
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Lisa Cowling, Clarke, 1997	23	204	8.87
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Britt Siebels, Anamosa, 1993	16	140	8.75
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Agatha Baier, Carlisle, 2017	23	197	8.61
Elle Ruffridge, Pocahontas, 2016	27	230	8.51
Brittany Peterson, Spencer, 2007	22	186	8.45
Brittany Peterson, Spencer, 2009	25	209	8.36
Jill Smith, Aurelia, 2002	22	184	8.36
Danika Demers, S Lake St. Marys	23	192	8.3
Lexi Ackerman, Central Lyon	28	232	8.29
Kylee Homewood, IC Regina, 2010	23	190	8.26
Lindsay Courtney, Creston, 1997	19	157	8.26
Brittany Lampe, Highland, 2004	25	205	8.20
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Jill Smith, Aurelia, 2001	21	171	8.14
Maggie Gorman, Denison-Schleswig, 1997	22	178	8.09
Zoey Artist, CAM, 1977	23	186	8.09

### Junior Leaders

Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Kelly Westhoff, Dubuque Wahlert, 1992	22	194	8.82
Jaci Stumpff, Fort Dodge St Edmond, 2014	23	200	8.70
Heather Laumann, Farragut, 2002	21	181	8.62
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51

### Sophomore Leaders

Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Mary Berdo, Washington, 1994	24	240	10.00
Mackenzie Rogers, Mediapolis, 2016	22	174	7.91
Jodie Biestedt, Sentral, 1999	22	170	7.73
Brittany Heines, Postville, 2004	15	115	7.67

### Freshman Leaders

Mary Berdo, Washington, 1993	21	191	9.10
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Tiffany Wimberly, Melcher-Dallas, 1996	19	135	7.11
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80

## TOTAL ASSISTS

### Season Leaders

McKenna Sievers, Newell-Fonda, 2024	27	246	9.11
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Ellie Friesen, Crestwood, 2018	26	245	9.42
Mary Berdo, Washington, 1994	24	240	10.00
Amy Lawson, Spencer, 2004	25	237	9.48
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Lexi Ackerman, Central Lyon, 2013	28	232	8.29
Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jennifer Jorgensen, SE Webster-Grand, 08	26	230	8.84
Erin Fox, Denver, 1995	24	217	9.04
Laura Freitag, Central Lee, 2000	28	212	7.57
Tina Marshall, Cardinal Stritch, 1990	20	210	10.50
Brittany Peterson, Spencer, 2009	25	209	8.36
Gabbie Binion, Davenport Assumption, 08	27	209	7.74
Linda Lappe, Winfield-Mt. Union, 1998	28	208	7.43
Brittany Lampe, Highland, 2004	15	205	8.20
Lisa Cowling, Clarke, 1997	23	204	8.87
Elle Ruffridge, Pocahontas Area, 2017	28	203	7.25
Mackenzie Neely, Roland-Story, 2009	26	202	7.76
McKenna Sievers, Newell-Fonda, 2023	27	200	7.40
Jaci Stumpff, Fort Dodge St. Edmond, 2014	23	200	8.70
Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Mia Miller, Bondurant-Farrar, 2022	24	199	8.29
Elle Ruffridge, Pocahontas Area, 2015	27	199	7.37
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Agatha Baier, Carlisle, 2017	23	197	8.57
Zoey Artist, CAM, 1997	23	197	8.09
Lindsey Stoll, Bondurant-Farrar, 1999	24	196	8.17
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.84
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Taylor Hickey, Burlington Notre Dame, 2031	26	194	7.46

### Junior Leaders

Elle Ruffridge, Pocahontas Area, 2016	27	230	8.51
Jaci Stumpff, Fort Dodge St. Edmond, 2014	23	200	8.70
Jamie Sickles, Wapsie Valley, 2005	22	198	9.00
Linda Lappe, Winfield-Mt. Union, 1997	29	194	6.91
Kelley Westhoff, Dubuque Wahlert, 1992	22	194	8.82

### Sophomore Leaders

Mary Berdo, Washington, 1994	24	240	10.00
Jamie Sickles, Wapsie Valley, 2004	23	233	10.13
Elle Ruffridge, Burlington ND, 2015	27	199	7.37
Taylor Hickey, Burlington ND, 2013	26	194	7.46
Sara Goodman, West Marshall, 2001	25	188	7.52

### Freshman Leaders

Mackenzie Rogers, Mediapolis, 2015	26	200	7.69
Jamie Sickles, Wapsie Valley, 2003	24	194	8.08
Mary Berdo, Washington, 1993	21	191	9.10
Elle Ruffridge, Pocahontas Area, 2014	25	170	6.80
Taylor Hickey, Burlington ND, 2012	24	156	6.50