

Updated August 2025

Week	Month	Dates	2025
4/5	July/Aug. August	27-3	Unified Iowa High School Activities Federation Non-Contact Period
5		4	Girls Tennis Practice Starts
6		11	FB, 4A Golf, B/G Cross Country, VB & Girls Swimming Practice Starts
		13	IHSADA New Athletic Directors Workshop
		16	Speech Judges/Coaches Workshop
9	September	1	Labor Day
11		17	Girls Regional Tennis Individual/Doubles Matches, All Classes
		20	Girls Regional Team Tennis Matches, All Classes
12		24	Girls Regional Team Tennis Matches, All Classes
		27	Girls Regional Team Tennis Matches, All Classes
13	October	1-2	Girls State Tennis Individual/Doubles Matches, All Classes
14		6-7	Girls State Team Tennis Matches, All Classes
		6-7	Boys Fall District Golf Meets
		10-11	Speech Coaches Convention
		11	State Marching Band Festival: North
15		13-14	Boys Fall State Golf Meet
		18	State Marching Band Festival: South
16		20,22	Girls Regional Volleyball Tournament, 1A,2A
		21,23	Girls Regional Volleyball Tournament, 3A,4A,5A
		22	Piano Auditions: All State Music Festival
		22	Joint Girls and Boys State Qualifying Cross Country Meets, 3A,4A
		23	Joint Girls and Boys State Qualifying Cross Country Meets, 1A,2A
		24	First Round State Football Playoffs, 8PL, A, 1A, 2A
		25	District Auditions: All-State Music Festival
17		27,29	Girls Regional Volleyball Tournament,1A,2A
		28	Girls Regional Volleyball Tournament, 3A,4A,5A
		31	First Round State Football Playoffs, Classes 3A, 4A, 5A
		31	Second Round State Football Playoffs, 8PL, A, 1A, 2A
		31	Joint Girls/Boys State Cross Country Meet, 2A,3A
	November	1	Joint Girls/Boys State Cross Country Meet, 4A,1A
18		3	Girls Wrestling and Girls Bowling Practice Starts
		3-6	Girls State Volleyball Tournament, All Classes
		6	Girls State Qualifying Diving Meet
		6	Quarterfinal Round State Football Playoffs, 8 PL
		7	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		8	Girls State Qualifying Swimming Meet
19		10	Girls Basketball, Boys Swimming Practice Starts
		10	IHSADA New Athletic Directors Workshop, Part 2
		12	Semifinal Round State Football Playoffs, 8 PL
		13	Semifinal Round State Football Playoffs, A, 4A
		14	Semifinal Round State Football Playoffs, 1A, 5A
		13-14	Girls State Swimming & Diving Meet
		15	Semifinal Round State Football Playoffs, 2A, 3A
20		17	Boys BB, Wrestling & Bowling Practice Starts
		20-21	Final Round State Football Playoffs, All Classes
		20-22	All-State Music Festival
21		27	Thanksgiving Day
			2026
27	January	9-10	State Debate Tournament
29		24	District Speech Contest, Large Group
30		26	Jazz Band State Festival, North, All Classes
		30	Girls Wrestling State Qualifying Meet

31	February	31	Jazz Band State Festival, South, All Classes	
		31	State Jazz Choir Festival, North, All Classes	
		2	State Jazz Choir Festival, South, All Classes	
		2	Girls State Qualifying Bowling Tournaments, All Classes	
		3	Boys' Regional Dual Team Wrestling Meet, All Classes	
		5-6	Girls State Wrestling Tournament	
		7	State Speech Contest, Large Group	
		7	State Dual Team Wrestling Meet, All Classes	
		7	Boys District Swimming Meets	
		32	9	State Show Choir Festival, All Classes
32		10-12	Girls State Bowling Tournament, All Classes	
		12	Girls Regional Basketball Tournament, 1A	
		13	Boys District Basketball Tournament, 1A	
		13-14	Boys State Swimming Meet	
		14	Girls Regional Basketball Tournament, 2A, 3A	
		14	Boys' District Wrestling Meets, All Classes	
		33	16, 19	Boys District Basketball Tournament, 1A, 2A
33		16, 17	Boys State Qualifying Bowling Tournaments, All Classes	
		17, 20	Girls Regional Basketball Tournament, 1A, 2A	
		18-21	State Individual Wrestling Meet, All Classes	
		18, 21	Girls Regional Basketball Tournament, 3A, 4A, 5A	
		21	Speech All-State Festival, Large Group	
		34	23	Girls/Boys Track Practice Starts
		34		23, 26
23, 27	Boys Substate Basketball Tournament, 4A			
23-25	Boys Bowling Tournament, All Classes			
24	Girls Regional Basketball Tournament, 4A, 5A			
24	Boys District Basketball Tournament, 1A, 2A			
25	Girls Regional Basketball Tournament, 1A, 2A			
28	Boys Substate Basketball Tournament, 1A, 2A			
35	March	28	District Speech Contest, Individual Events	
		2	Boys Substate Basketball Tournament, 3A	
		2-7	Girls State Basketball Tournament, All Classes	
		3	Boys Substate Basketball Tournament, 4A	
		36	9-13	Boys State Basketball Tournament, All Classes
		37	14	State Speech Contest, Individual Events
		38	16	G/B Golf, Boys Tennis and Soccer Practice Starts
39		23	Girls Soccer Practice Starts	
		28	State Music Festival, Solos and Ensembles, 3A	
		30	Speech Individual Events All-State Festival	
40	April	11	State Music Festival, Solos and Ensembles, 2A	
41		18	State Music Festival, Solos and Ensembles, 1A, 4A	
44	May	4	Baseball & Softball Practice Starts	
46			8	State Music Festival, Large Group, 2A, 4A Orchestra-Quad Cities Area Only
			8	State Music Festival, Large Group, 1A, 3A
			9	State Music Festival, Large Group, 2A, 4A
			13	Boys Sectional Golf Meets, All Classes
			13	Boys District Individual/Doubles Tennis Meets, All Classes
			14	Joint Girls and Boys State Qualifying Track Meets, All Classes
			15	Girls Regional Golf Meets, Classes 1A, 2A
			16	Boys Substate Team Tennis Meets, All Classes
			18	Boys District Golf Meets, All Classes
	18		Boys Substate Soccer Tournament, Classes 3A, 4A	
46		19	Boys Substate Soccer Tournament, Classes 1A, 2A	
		20	Girls Regional Golf Meets, All Classes	
		20	Boys Substate Team Tennis Meets, All Classes	

		21-23	State Co-Ed Track Meet, All Classes
47		25	Memorial Day
		26	Girls Regional Soccer Meets, 1A
		28	Girls Regional Soccer Meets, 2A, 3A
		26-27	Boys State Golf Meet, All Classes
		27-28	Boys State Tennis Meet, All Classes
		27,29	Boys Substate Soccer Tournament, All Classes
		28-29	Girls State Golf Meet, All Classes
48	June	2-3	Boys State Team Tennis Meet, All Classes
		1,3-5	Boys State Soccer Tournament, All Classes
		2,4	Girls Regional Soccer Meets, All Classes
49		8, 9 11, 13	Girls State Soccer Tournament, All Classes
49		9	State Co-Ed Golf Meet
		9	State Co-Ed Tennis Meet
52	July	3	Boys District Baseball Tournament, 1A,2A
1		6,8,10	Girls Regional Softball Tournament, 1A,2A
		7,11	Boys District Baseball Tournament, 1A,2A
		9,11	Girls Regional Softball Tournament, 3A,4A,5A
		10	Boys District Baseball Tournament, 3A
		10	Boys Substate Baseball Tournament, 4A
2		13	Boys District Baseball Tournament, 3A
		13	Boys Substate Baseball Tournament, 4A
		13	Girls Regional Softball Tournament, 1A,2A
		14	Girls Regional Softball Tournament, 3A,4A,5A
		14	Boys Substate Baseball Tournament, 1A, 2A
		15	Boys Substate Baseball Tournament, 3A, 4A
3		20-24	Boys State Baseball Tournament, All Classes
		20-24	Girls State Softball Tournament, All Classes
4/5	July/Aug.	26-2	Unified Iowa High School Activities Federation Non-Contact Period