

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 3 Girls 100 Meter Dash 2A Prelims

Thursday 5/21/2026 - 6:30 PM

State Meet: 11.92 5/24/2025 Rachel Kacmarynski, Pella Christ  
All-Time: 11.49 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Rachel Kacmarynski	11	Pella Christian	12.34	1
2 Jovi Evans	12	Mid-Prairie, W	12.47	1
3 Jeorgia Evans	10	Mid-Prairie, W	12.58	2
4 Hayden Thomas	11	Woodward-Grangr	12.75	1
5 Lorina Dykman	11	South Hardin	12.79	2
6 Isabella Buckholdt	10	Underwood	12.81	1
7 Chloe Paulsen	11	Dike-NH	12.87	1
8 Addison Dunkel	10	Hinton	12.88	1
9 Kenya Davis-Robinson	09	Monticello	12.88	2
10 Ava Heeren	11	Grundy Center	12.89	3
11 Lexi Terpstra	12	Pella Christian	12.95	2
12 Irelynne McNamara	11	MVAOCO	12.95	2
13 Chloe Hennigar	12	Forest City	12.96	1
14 Ella Buttjer	12	ApIntn-Parksbg	13.02	3
15 Miranda Neighbor	12	Alburnett	13.07	4
16 Avery Recker	12	Regina, IC	13.12	3
17 Lillian Johnson	10	Sioux Ctrl, SR	13.14	2
18 Darla Hoskins	09	MVAOCO	13.14	3
19 Braelyn Suckow	11	Sumner-Fredrksbg	13.14	2
20 Elise Jones	11	Durant	13.15	3
21 Tenley Hinderaker	09	Tipton	13.18	4
22 Lacey Taylor	12	Eddyvl-Blakes/F	13.20	4
23 Anthea Leupold	11	Spirit Lake	13.40	1
24 Savannah Smith	12	W Lyon, Inwood	13.46	2

## Event 11 Girls 200 Meter Dash 2A Prelims

Thursday 5/21/2026 - 4:20 PM

State Meet: 24.49 5/21/2009 Hannah Willms, Dike-NH  
All-Time: 23.68 2018 Sydney Milani, Southeast Polk

Name	Year	School	Seed Time	
1 Jordan Tegeler	11	Northeast, GL	25.07	1
2 Rachel Kacmarynski	11	Pella Christian	25.10	1
3 Jovi Evans	12	Mid-Prairie, W	25.28	2
4 Jeorgia Evans	10	Mid-Prairie, W	25.79	3
5 Irelynne McNamara	11	MVAOCO	25.90	1
6 Meredith Van Wyk	12	Pella Christian	25.92	2
7 Belah Kramer	09	W Lyon, Inwood	26.08	1
8 Miley Wagoner	10	Clarinda	26.21	2
9 Maryn Laures	12	Denver	26.29	1
10 Lorina Dykman	11	South Hardin	26.35	1
11 Chloe Paulsen	11	Dike-NH	26.47	1
12 Becca Anderson	12	Greene County	26.54	2
13 Addie Olson	10	Waukon	26.54	2
14 Darla Hoskins	09	MVAOCO	26.55	3
15 Addison Dunkel	10	Hinton	26.56	1
16 Riley Meyer	11	Okoboji, Milford	26.65	2

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026**  
**Des Moines, Iowa**  
**Drake Stadium**  
**Performance List**

**Event 11 ... (Girls 200 Meter Dash 2A Prelims)**

	Name	Year	School	Seed Time	
17	Ella Buttjer	12	Aplntn-Parksbg	26.71	2
18	Grace Upp	12	I-35, Truro	26.84	3
19	Jocelyn O'Neal	12	Red Oak	26.91	4
20	Braelyn Suckow	11	Sumner-Fredrksbg	27.02	3
21	Elise Jones	11	Durant	27.08	4
22	Avrie Hanson	11	Southeast Valley	27.09	2
23	Tenley Hinderaker	09	Tipton	27.10	5
24	Ava Landman	10	Unity Chrst, OC	27.18	3

**Event 19 Girls 400 Meter Dash 2A**

Thursday 5/21/2026 - 7:00 PM

State Meet: 53.96 5/20/2010 Hannah Willms, Dike-NH  
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk

	Name	Year	School	Seed Time	
1	Jordan Tegeler	11	Northeast, GL	56.83	1
2	Ella Hein	11	Tipton	57.68	2
3	Ayda Eller	11	South Hardin	58.84	1
4	Rachel Schany	12	Emmetsburg	59.23	1
5	Bailey Vos	12	Pella Christian	59.29	1
6	Maryn Laures	12	Denver	59.35	1
7	Ella Howell	11	Columbus, CJ	1:00.03	3
8	Wendie Veit	10	East Sac County	1:00.21	1
9	Shea Rapp	09	Ridge View	1:00.42	2
10	Ciana Zomer	11	Boy-Hul/Rock Val	1:00.46	2
11	Julia Teigland	09	Van Meter	1:00.55	2
12	Khloe Schutte	09	MFL MarMac	1:00.62	2
13	Adah Fishell	10	Alburnett	1:00.67	1
14	Ally Adams	11	Underwood	1:00.73	1
15	Livy Schoonover	12	Sumner-Fredrksbg	1:00.86	3
16	Ja'Niyah Miller	10	Columbus Cath	1:01.23	2
17	Jocelyn O'Neal	12	Red Oak	1:02.10	2
18	Dalaney Eldridge	10	W Marshall	1:02.17	3
19	Annabel Koopmans	09	Van Meter	1:02.27	4
20	Maisy Meinders	12	Pella Christian	1:02.38	2
21	Charlee Kirkpatrick	09	Grundy Center	1:02.61	5
22	Hannah Brown	10	Ridge View	1:02.70	3
23	Katie Maurer	09	Garner-Hay/Vent	1:03.34	3
24	Hadley Riehle	10	Crestwood	1:03.38	4

**Event 27 Girls 800 Meter Run 2A**

Saturday 5/23/2026 - 10:43 AM

State Meet: 2:11.49 5/24/2025 Noelle Steines, Tipton  
 All-Time: 2:06.52 2021 Ainsley Erzen, Carlisle

	Name	Year	School	Seed Time	
1	Grace Storjohann	12	Grundy Center	2:16.26	1
2	Grace Hamann	11	West Branch	2:18.08	1
3	Laura Streck	11	Van Meter	2:18.68	2
4	Peyton Ries	11	Monticello	2:21.94	1
5	Mollie Hansen	12	Hudson	2:22.51	2
6	Kaycee Pittman	12	Greene County	2:22.89	3

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 27 ... (Girls 800 Meter Run 2A)

	Name	Year	School	Seed Time	
7	Tessa Brokaw	10	Mid-Prairie, W	2:22.93	2
8	Avery Dietz	11	Mediapolis	2:23.29	3
9	Hannah Ritter	09	West Burlington	2:23.51	4
10	Ava Krutsinger	12	Chariton	2:23.54	1
11	Rachel Hostetler	10	Mid-Prairie, W	2:23.54	5
12	Brynn Albertsen	12	Union, LaPorte C	2:24.09	3
13	Rachel Schany	12	Emmetsburg	2:24.98	1
14	Kambrie Dekkers	10	Unity Chrst, OC	2:25.22	2
15	Jenna Hoefling	10	Hinton	2:25.49	1
16	Raelyn Steinmeyer	11	Grundy Center	2:25.68	4
17	Lizzy McCann	12	Van Meter	2:25.76	5
18	Karina Bloom	11	Sioux Ctrl, SR	2:25.81	2
19	Kaitlyn Kipp	11	West Burlington	2:26.53	6
20	Lila Milani	11	PCM, Monroe	2:26.68	2
21	Claire Weaver	11	Forest City	2:28.95	1
22	Sydney Zupke	10	Sumner-Fredrksbg	2:29.47	2
23	Reese Dittmer	10	Tri-Center	2:30.43	1
24	Susie Babe	10	Shenandoah	2:30.44	2

## Event 35 Girls 1500 Meter Run 2A

Saturday 5/23/2026 - 2:48 PM

State Meet: 4:33.41 5/20/2017 Anna Hostetler, Mid-Prairie,

All-Time: 4:25.32 5/18/2024 Addison Dorenkamp, Valley

	Name	Year	School	Seed Time	
1	Laura Streck	11	Van Meter	4:49.19	1
2	Mary Grace Lyons	09	Monticello	4:50.78	1
3	Kylie Rochholz	11	Panorama	4:54.54	1
4	Grace Hamann	11	West Branch	4:54.95	1
5	McKenna Montgomery	12	Albia	4:56.23	1
6	Kendal Landstrum	11	Mid-Prairie, W	4:59.14	2
7	Mollie Hansen	12	Hudson	4:59.76	2
8	Delany Homan	11	Camanche	5:02.90	3
9	Izzy Eisbach	12	Nodaway Vall	5:03.49	2
10	Scarlett Byrnes	12	Osage	5:04.81	1
11	Bryn Wright	12	Mediapolis	5:04.97	4
12	Brooklyn Stutzman	11	Mid-Prairie, W	5:06.33	5
13	Maddie Wittrock	09	Manson NW Web	5:07.03	1
14	Ashlyn Sauser	11	Oelwein	5:07.48	2
15	Kambrie Dekkers	10	Unity Chrst, OC	5:08.50	1
16	Katie Young	12	Unity Chrst, OC	5:08.53	2
17	Marie Mueting	10	Spirit Lake	5:08.86	3
18	Abi Teeter	12	PCM, Monroe	5:10.59	2
19	Lizzy McCann	12	Van Meter	5:11.13	2
20	Reegan Benzing	11	Waukon	5:11.92	3
21	Lily Miller	09	Treynor	5:12.08	3
22	Hallie Kelchen	12	Cascade	5:12.48	3
23	Sage Weber	10	Sioux Ctrl, SR	5:13.12	2
24	Eva Fleshner	12	Woodward-Grangr	5:15.11	3

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

Performance List

## Event 43 Girls 3000 Meter Run 2A

Thursday 5/21/2026 - 3:20 PM

State Meet: 9:47.52 5/18/2017 Anna Hostetler, Mid-Prairie,

All-Time: 9:23.60 4/25/2024 Addison Dorenkamp, Valley

Name	Year	School	Seed Time	
1	Laura Streck	11 Van Meter	10:15.75	1
2	Mary Grace Lyons	09 Monticello	10:40.51	1
3	Delany Homan	11 Camanche	10:41.89	1
4	Kendal Landstrum	11 Mid-Prairie, W	10:43.08	2
5	Brooklyn Stutzman	11 Mid-Prairie, W	10:48.37	3
6	Scarlett Byrnes	12 Osage	10:50.98	1
7	McKenna Montgomery	12 Albia	10:51.02	1
8	Mollie Hansen	12 Hudson	10:56.13	2
9	Katie Young	12 Unity Chrst, OC	10:58.70	1
10	Eva Fleshner	12 Woodward-Grangr	11:00.65	2
11	Lily Miller	09 Treynor	11:02.92	1
12	Hallie Kelchen	12 Cascade	11:10.54	3
13	Lydia Parlee	12 Grand View Christ	11:12.67	2
14	Addie Thompson	12 W Marshall	11:14.29	3
15	Fiona McGill	10 Louisa-Muscatine	11:16.39	4
16	Kylie Rochholz	11 Panorama	11:17.98	2
17	Iris Melody	12 South Cent Cal	11:18.30	1
18	Ashlyn Sauser	11 Oelwein	11:19.11	2
19	Addison Tesch	12 Ridge View	11:20.51	2
20	Mady Montgomery	09 Albia	11:24.76	3
21	Sage Weber	10 Sioux Ctrl, SR	11:29.59	3
22	Hayley Rens	10 Pella Christian	11:33.10	4
23	Avery Trunkhill	12 Denver	11:34.81	3
24	Kylie Robinson	10 Sheldon	12:09.25	2

## Event 50 Girls 100 Meter Hurdles 2A Prelims

Friday 5/22/2026 - 4:00 PM

State Meet: 14.33 5/23/2009 Alex Gochenour, Logan-Mag.

All-Time: 13.62 2025 Emma Havighurst, Valley, WDM

Name	Year	School	Seed Time	
1	Rylee Hemmingsen	11 Treynor	14.47	1
2	Sara Mead	12 Jesup	15.21	1
3	Miranda Neighbor	12 Alburnett	15.42	2
4	Isabelle Janssen	11 Ia Falls-Alden	15.44	1
5	Leah Bolluyt	11 Spirit Lake	15.52	1
6	Reese Naeve	12 Regina, IC	15.89	1
7	Makayla Paar	11 Cascade	15.93	3
8	Burkli Harkins	12 Van Meter	15.97	2
9	Lexi Isebrand	12 Forest City	16.04	1
10	Layla Meador	12 Tri-Center	16.18	2
11	Brynlee Boeve	09 Hinton	16.18	1
12	Sophie Miller	12 Mid-Prairie, W	16.25	1
13	Taylor Rechkemmer	10 Roland-Story	16.30	3
14	Lexi Gangwish	12 Underwood	16.34	3
15	Kylie Keller	12 Van Meter	16.35	4
16	Lacey Taylor	12 Eddyvl-Blakes/F	16.37	2

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 50 ... (Girls 100 Meter Hurdles 2A Prelims)

Name	Year	School	Seed	Time
17 Payton Reinert	11	Cherokee, Wash	16.38	2
18 Jenessa Kolar	11	OABCIG	16.39	2
19 Rachel Reeves	10	Northeast, GL	16.46	2
20 Addison Frake	12	Cascade	16.48	4
21 Libbie Veit	11	East Sac County	16.50	3
22 Haydin Becker	12	Oelwein	16.52	2
23 Zohie Payne	11	Tri-Center	16.53	4
24 Macy Westendorf	12	Oelwein	16.57	3

## Event 58 Girls 400 Meter Hurdles 2A

Friday 5/22/2026 - 5:40 PM

State Meet: 1:01.72 5/19/2023 Clara Teigland, Treynor  
All-Time: 57.30 1975 Debbie Esser, Woodbine

Name	Year	School	Seed	Time
1 Ella Hein	11	Tipton	1:03.88	1
2 Wendie Veit	10	East Sac County	1:04.23	1
3 Nora Konz	12	Treynor	1:05.94	1
4 Sara Mead	12	Jesup	1:06.20	1
5 Bella Bruins	12	Van Meter	1:06.33	1
6 Cora Tesch	10	Ridge View	1:07.08	2
7 Paige Pipho	09	Union, LaPorte C	1:07.67	2
8 Stevie Wilmes	11	Clarinda	1:07.88	2
9 Lacey Taylor	12	Eddyvl-Blakes/F	1:07.89	1
10 Ella Howell	11	Columbus, CJ	1:08.04	2
11 Shyanne Struckman	12	Cent Lyon	1:08.26	1
12 Jorja Teeter	12	PCM, Monroe	1:08.28	2
13 Alaina Arnevik	12	Centerville	1:08.40	3
14 Maddi Lucas	11	Roland-Story	1:08.89	2
15 Evelyn Geerdes	11	Grundy Center	1:08.96	3
16 Emma Bose	12	Jesup	1:08.99	3
17 Marley Madsen	12	Sioux Ctrl, SR	1:09.18	3
18 McKenzie Larsen	09	Okoboji, Milford	1:09.46	2
19 Ryleigh Hardman	10	Pleasantville	1:09.52	4
20 Adrianna Kinley	10	New Hampton	1:09.79	1
21 Charlett Smith	10	Monticello	1:10.13	4
22 Payton Trapp	11	Kingsley-Pierson	1:10.16	4
23 Ella Butt	09	Northeast, GL	1:10.55	3
24 Autumn Domeyer	11	Beckman	1:10.81	2

## Event 67 Girls 4x100 Meter Shuttle Hurdle 2A Prelims

Thursday 5/21/2026 - 7:40 PM

State Meet: 1:04.67 5/20/2023 Sioux Ctrl, SR, Sioux Ctrl,  
R Waldstein, B Webber, B Johannsen, P Peterson  
All-Time: 59.37 2026 Waukee Northwest, Waukee NW  
Willits, Schulte, Twigg, Johnson

Team	Relay	Seed	Time
1 Roland-Story	1	1:05.48	1
1) Taylor Rechkemmer 10	2) Maddi Lucas 11	3) Brookelyn Jondle 11	4) Selah Helgeson 12
5) Hope Scarrow 11	6) Abbi Scarrow 11	7) Mikale Helgeson 09	8) Lilli Rechkemmer 10

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 67 ... (Girls 4x100 Meter Shuttle Hurdle 2A Prelims)

Event	Team	Relay	Seed	Time
2	Regina, IC	1	1:06.86	1
	1) Betsy Gavin 10	2) Jada Wiltz 09	3) Ella Keune 12	4) Reese Naeve 12
	5) Leah Sickels 11	6) Grace Nicpon 09	7) Avery Recker 12	
3	Hinton	1	1:07.25	1
	1) Brynlee Boeve 09	2) Allison Hoefling 12	3) Emma Binneboese 09	4) Rori Koch 11
	5) Mikaela Clark 11	6) Layla Meylor 10	7) Mya Kovarna 09	
4	Treynor	1	1:07.41	1
	1) Zoey Zadalis 12	2) Grace Mentzer 09	3) Ava Saar 10	4) Rylee Hemmingsen 11
	5) Nora Konz 12	6) Cora White 10		
5	Van Meter	1	1:07.46	2
	1) Kylie Keller 12	2) Bella Bruins 12	3) Harper Hall 09	4) Burkli Harkins 12
	5) Aniston Netten 09	6) Julia Teigland 09	7) Kamryn Byrn 09	8) Elizabeth Ehlen 10
6	Waukon	1	1:07.48	1
	1) Kaylin Regan 11	2) Marissa Schullo 10	3) Nora Davis 11	4) Hailey Cook 09
	5) Lyla Stigler 09	6) Braelyn Zuercher 10		
7	Alburnett	1	1:07.90	1
	1) Josie McGraw 10	2) Bristol Nannelli 09	3) Kylie Cushman 10	4) Miranda Neighbor 12
	5) Rylie Bartlett 11	6) Nora Ford 12	7) Adah Fishell 10	8) Leia Gilchrist 12
8	Pleasantville	1	1:07.93	2
	1) Alyssa Park 10	2) Lillian Mason 12	3) Clair Vestal 09	4) Aria Phipps 12
	5) Ryleigh Hardman 10	6) Ellie Heywood 09	7) Summer Isley 10	8) Harper McGraw 09
9	Spirit Lake	1	1:08.31	1
	1) Gelena Duvall 12	2) Elanor Sinz 11	3) Leah Bolluyt 11	4) JJ Wassenaar 10
	5) Ellie Bolluyt 12	6) June Fontenot 10	7) Averi Smith 09	8) Kinley Dodds 11
10	Oelwein	1	1:08.39	2
	1) Haydin Becker 12	2) Madelyn Michels 10	3) Morgan Jipson 10	4) Macy Westendorf 12
	5) Melissa Fu 10	6) Ayelynn Schanbeck 09	7) Aspen Weir 12	
11	East Sac County	1	1:08.51	2
	1) Libbie Veit 11	2) Haley Jo King 12	3) Madison Meister 12	4) Wendie Veit 10
	5) Jordyn Carroll 12	6) Tori Hauser 11	7) Brooklyn Martin 11	
12	Northeast, GL	1	1:08.53	1
	1) Natalyn Tarr 10	2) Rachel Reeves 10	3) Adalynn Weber 09	4) Ella Butt 09
	5) Claire Johnson 10	6) Raelyn Schroeder 12	7) Rieley Burken 12	8) Teryn Hansen 12
13	Aplntn-Parksbg	1	1:09.08	2
	1) Adri Allan 11	2) Melia Renken 09	3) Megan Junker 12	4) Ava Eddy 12
	5) Julia Mostek 11	6) Ireland Cashatt 09	7) Veah Books 09	8) Ching-Yun Yang 10
14	Cent Lyon	1	1:09.54	2
	1) Ayda Vander Zee 10	2) Ellea Pulscher 11	3) Brooklyn Bosch 10	4) Shyanne Struckman 12
	5) Jersie Klarenbeck 09	6) Annen Kopp 09		
15	Mid-Prairie, W	1	1:09.61	2
	1) Sophie Miller 12	2) Myli Hershberger 11	3) Olivia Schlabach 12	4) Ruby Miller 11
	5) Tessa Bombei 10	6) Sierra Crowner 10	7) Eva Mamin 10	8) Jovi Evans 12
16	Cascade	1	1:09.80	3
	1) Addison Frake 12	2) Elizabeth Roling 10	3) Emma Frake 10	4) Makayla Paar 11
	5) Jania Alvarado 09	6) Carley Conrad 10	7) Leona Manternach 10	
17	Beckman	1	1:10.09	3
	1) Natalie Besler 11	2) Ava Oberbroeckling 11	3) Eleanor Brehm 10	4) Autumn Domeyer 11
	5) Taylor Luensmann 10			
18	OABCIG	1	1:10.48	3
	1) Kaitlynn Schnabel 09	2) Brady Youngren 11	3) Bailey Barber 10	4) Jenessa Kolar 11
	5) Breanne Wilcox 10	6) Hanna Schober 12	7) Olivia Schnabel 12	8) Allie Godbersen 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 67 ... (Girls 4x100 Meter Shuttle Hurdle 2A Prelims)

Team	Relay	Seed Time
19 Monticello	1	1:10.72 4
1) Charlett Smith 10	2) Addison Norton 11	3) Jorja Jacobs 09
5) Lindsay Ruchti 09		4) Macey Dusanek 12
20 Tri-Center	1	1:10.77 2
1) Lauren Harder 09	2) Lana VanArsdol 09	3) Zohie Payne 11
5) Soleil McCool 12	6) Jillian Budge 10	7) Hadley Divelbess 10
		8) Addison Boden 10
21 Union, LaPorte C	1	1:10.87 5
1) Finley Keegan 09	2) Paige Piphoo 09	3) Caitlyn Schneider 10
5) Elizabeth Clark 10	6) Peyton Brown 09	7) Austin Kirby 09
		8) Katie Jackson 11
22 Sioux Ctrl, SR	1	1:10.88 4
1) Kailee Laursen 11	2) Madison Wittmaack 09	3) Peyton Waldstein 10
		4) Hanna Weier 09
23 Ogden	1	1:10.90 3
1) Aubrey Leonard 12	2) Madysen Benjamin 10	3) Paysen Graden 10
5) Ella Anderson 09	6) Kenzie Banks 09	7) Ella Dutcher 09
		8) Brylie Hicks 11
24 MO Valley	1	1:11.59 3
1) Mackenzie Parrott 11	2) Abigail Bissen 09	3) Brixley Vinsonhaler 09
5) Lexa Vinsonhaler 09	6) Cymber Tierney 10	4) Madisyn McCall 09

## Event 72 Girls 4x100 Meter Relay 2A Prelims

Friday 5/22/2026 - 6:20 PM

State Meet: 48.22 5/24/2025 Pella Christian, Pella Christ

L Terpstra, A Agre, C Westerkamp, R Kacmarynski

All-Time: 46.66 2026 Waukee Northwest, Waukee NW

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Seed Time
1 Pella Christian	1	48.70 1
1) Lexi Terpstra 12	2) Amaia Agre 12	3) Olivia De Haan 09
5) Meredith Van Wyk 12	6) Maisy Meinders 12	7) Abby De Vries 11
		8) Clara De Boef 10
2 Spirit Lake	1	48.90 1
1) Leah Bolluyt 11	2) Anabel Sinz 11	3) Miley Wells 12
5) Elanor Sinz 11	6) Maggie Bruinsma 12	7) Addy Petersen 10
		8) JJ Wassenaar 10
3 Mid-Prairie, W	1	49.20 1
1) Jeorgia Evans 10	2) Kyrie Poll 11	3) Myli Hershberger 11
5) Leah Kelley 09	6) Graci Hershberger 09	7) Hannah Rodgers 12
		8) Avery Herteen 09
4 W Lyon, Inwood	1	49.66 2
1) Savannah Smith 12	2) Ava Carolan 11	3) Leah Blauwet 12
5) Jessa Ciesielski 10	6) Jorja Smith 10	7) Makinley Koedam 09
		8) Avery Schoening 09
5 Garner-Hay/Vent	1	49.68 1
1) Isabella Schisel 12	2) Hayden Bredlow 10	3) Alayna Englin 09
5) Tori Schoneman 09	6) Katie Maurer 09	7) Ella Brink 10
		8) Sadie Britson 11
6 Treynor	1	49.91 1
1) Joslyn Chambers 09	2) Rylee Hemmingsen 11	3) Nora Konz 12
5) Grace Mentzer 09	6) Kadence Kotrous 09	7) Ava Saar 10
		8) Madeline Knispel 11
7 Clarinda	1	50.00 2
1) Alexa Barnes 11	2) Miley Wagoner 10	3) Kylie Meier 12
5) Rylee Maher 09	6) Aylah Johnson 09	4) Ellery Bird 09
8 Hinton	1	50.08 1
1) Chloe Pigott 10	2) Rori Koch 11	3) Addy Ortegren 09
5) Kaydence Smith 09	6) Sydney Doeschot 12	7) Chanley Boeve 09
		8) Allison Hoefling 12
9 Regina, IC	1	50.23 2
1) Margaret White 10	2) Reese Naeve 12	3) Ella Keune 12
5) Jada Wiltz 09	6) Leah Sickels 11	4) Avery Recker 12

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026**  
**Des Moines, Iowa**  
**Drake Stadium**  
**Performance List**

**Event 72 ... (Girls 4x100 Meter Relay 2A Prelims)**

	Team	Relay	Seed Time
10	Underwood	1	50.42 3
	1) Nevara Bettes 10	2) Kayley Ambrose 09	3) Ainsley Roberts 11
	5) Isabella Buckholdt 10	6) Trinity Bret 11	7) Lexi Gangwish 12
			8) Ruby Irwin 12
11	Forest City	1	50.67 1
	1) Tess Klaassen 10	2) Cadence Sletten 12	3) Lexi Isebrand 12
	5) Brinley Blaser 09	6) Isabel Weaver 09	7) Casey Buffington 11
			8) Kenley Bahling 09
12	Woodward-Grangr	1	50.76 1
	1) Jaidyn Achenbach 12	2) Kristyn Crouse 10	3) Andrea Nardini 12
	5) Riley McCaulley 12	6) Maggie Reber 09	4) Hayden Thomas 11
13	Dike-NH	1	50.87 2
	1) Abby Jensen 12	2) Mila Syhlman 09	3) Kailyn Meester 11
	5) Chloe Paulsen 11	6) Isabella Stumbo 10	7) Emmie Sager 10
			8) Josie Voss 11
14	MVAOCO	1	50.93 4
	1) Audrey Hadden 09	2) Darla Hoskins 09	3) Kylah Krause 10
	5) Claire Smallwood 11	6) Ali Hamman 09	7) Chloe Hamman 11
			4) Irelynne McNamara 11
15	Pocahon Area	1	50.93 2
	1) Danica Dreith 10	2) Halee Hauswirth 12	3) Natalie Sommerlot 11
	5) Emma Sobotka 11	6) Grace Sobotka 10	7) Dani Cook 11
			8) Bailey Stuart 11
16	Northeast, GL	1	50.97 2
	1) Tenley Holst 09	2) Jordan Tegeler 11	3) Alivia Chambers 12
	5) Raelyn Schroeder 12	6) Teryn Hansen 12	7) Rieley Burken 12
			8) Claire Johnson 10
17	Grundy Center	1	51.04 2
	1) Jocelyn Freed 12	2) Ava Mundt 11	3) Allison Koch 12
	5) Maddy Hendershot 11	6) Trinity Jirovsky 10	7) Gracyn Lynch 10
			8) Lauren Zajac 12
18	Chariton	1	51.05 3
	1) Payton Snook 12	2) Alana Elmore 10	3) Addelyn Bishop 10
	5) Sophie Cochran 09		4) Ava Krutsinger 12
19	Sioux Ctrl, SR	1	51.05 3
	1) Peyton Waldstein 10	2) Reata Ayers 12	3) Avery Wilson 12
	5) Madison Wittmaack 09	6) Bella Joenks 11	4) Lillian Johnson 10
20	Denver	1	51.07 2
	1) Addie Brauman 10	2) Taylor Wilson 11	3) Aubrey Arens 10
	5) Emily Tyler 10	6) Katelyn Knutson 11	7) Piper Laures 09
			8) Avery McIntosh 12
21	Southeast Valley	1	51.27 4
	1) Avrie Hanson 11	2) Mae Searcy 11	3) Madelyn Farley 12
	5) Devyn Wilson 12	6) Camryn Lane 12	7) Madelynn Miller 09
			4) Sage Lane 10
22	Waukon	1	51.28 3
	1) Marissa Schullo 10	2) Addie Olson 10	3) Addisyn Berns 11
	5) Lyla Stigler 09	6) Tessa Miller 09	7) Hailey Cook 09
			8) Brielle Kruger 09
23	Columbus Cath	1	51.30 3
	1) Jordynn Russell 09	2) Tyâ€™Ariah Parrow 09	3) Richtricia Gbeynie 10
	5) Niâ€™Airea Miller 11	6) Francoise Ntumba 10	7) Veronick Ghiofa 10
			8) cynthia ngalula 09
24	Pleasantville	1	51.36 4
	1) Clairâ€™ Vestal 09	2) Carly Gripp 12	3) Harper McGraw 09
	5) Gabby Baethke 09	6) Ariah Phipps 12	7) Alyssa Park 10
			8) Ellie Heywood 09

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 80 Girls 4x200 Meter Relay 2A

Friday 5/22/2026 - 4:40 PM

State Meet: 1:39.72 5/17/2024 Pella Christian, Pella Christ  
R Kacmarynski, B Vos, A Agre, M Van Wyk  
All-Time: 1:38.40 4/24/2026 Waukee Northwest, Waukee NW  
McCann, Jorgensen, Stahl, Willits

Team	Relay	Seed Time
1 Dike-NH		1:44.36 1
1) Mila Syhlman 09	2) Ruby Varney 10	3) Isabella Stumbo 10
5) Emmie Sager 10	6) Abby Jensen 12	7) Kailyn Meester 11
4) Chloe Paulsen 11	8) Reagan Grassley 10	
2 Garner-Hay/Vent		1:44.99 2
1) Isabella Schisel 12	2) Sadie Britson 11	3) Molly Maurer 10
5) Tori Schoneman 09	6) Hayden Bredlow 10	7) Katie Maurer 09
8) Ella Brink 10		
3 Treynor	1	1:45.32 1
1) Joslyn Chambers 09	2) Josie Meyers 10	3) Madeline Knispel 11
5) Grace Mentzer 09	6) Kadence Kotrous 09	7) Ava Saar 10
4) Nora Konz 12	8) Rylee Hemmingsen 11	
4 Pella Christian	1	1:45.32 1
1) Lexi Terpstra 12	2) Olivia De Haan 09	3) Amaia Agre 12
5) Bailey Vos 12	6) Rachel Kacmarynski 11	7) Chloe Nikkel 12
4) Meredith Van Wyk 12	8) Heidi De Bruin 10	
5 Spirit Lake	1	1:45.34 1
1) Miley Wells 12	2) Maggie Bruinsma 12	3) Anabel Sinz 11
5) Leah Bolluyt 11	6) Elanor Sinz 11	7) JJ Wassenaar 10
4) Anthea Leupold 11	8) Gelena Duvall 12	
6 Hinton	1	1:46.58 1
1) Sydney Doeschot 12	2) Rori Koch 11	3) Addy Ortegren 09
5) Chloe Pigott 10	6) Kaydence Smith 09	7) Chanley Boeve 09
4) Addison Dunkel 10	8) Kimmy Hoefling 09	
7 Aplntn-Parksbg		1:46.75 3
1) Kennedy Kalkwarf 11	2) Megan Junker 12	3) Demi Buseman 10
5) Adri Allan 11	6) Ava Eddy 12	7) Sydney Sharp 09
4) Ella Buttjer 12	8) Caylee Harken 10	
8 W Lyon, Inwood	1	1:46.81 2
1) Jorja Smith 10	2) Savannah Smith 12	3) Leah Blauwet 12
5) Belah Kramer 09	6) Jessa Ciesielski 10	7) Avery Schoening 09
4) Ava Carolan 11	8) Makinley Koedam 09	
9 South Hardin	1	1:47.30 1
1) Makana Ayers 11	2) Katie Allison 11	3) Brynley Weig 09
5) Ayda Eller 11	6) Kamryn Koltthoff 09	7) Lydia Butler 12
4) Lorina Dykman 11	8) Mary Engelson 12	
10 PCM, Monroe	1	1:47.78 2
1) Lexi Fagg 12	2) Ryan DeVore 10	3) Katelynn Fagg 10
5) Alyssa Buckingham 12	6) Peyton Lathrum 10	7) Kylie Tuller 12
4) Jorja Teeter 12	8) Courtney Cole 10	
11 Forest City	1	1:47.86 1
1) Tess Klaassen 10	2) Cadence Sletten 12	3) Chloe Hennigar 12
5) Brinley Blaser 09	6) Allison Wirtjes 12	7) Lexi Isebrand 12
4) Casey Buffington 11	8) Alivia Bruckhoff 10	
12 Pocahon Area	1	1:47.99 2
1) Danica Dreith 10	2) Halee Hauswirth 12	3) Natalie Sommerlot 11
5) Grace Sobotka 10	6) Linnie Feilmeier 09	7) Emma Sobotka 11
4) Khloe Mefferd 12	8) Bailey Stuart 11	
13 Southeast Valley	1	1:48.15 3
1) Sage Lane 10	2) Mae Searcy 11	3) Madelyn Farley 12
5) Camryn Lane 12	6) Devyn Wilson 12	7) Elcie Johnson 09
4) Avrie Hanson 11		
14 Waukon	1	1:48.58 2
1) Marissa Schullo 10	2) Addie Olson 10	3) Willa Troendle 12
5) Tessa Miller 09	6) Brielle Kruger 09	7) Lyla Stigler 09
4) Addisyn Berns 11	8) Hailey Cook 09	
15 Crestwood	1	1:48.63 3
1) Charley Curtis 12	2) Ella Otters 10	3) Mea Shelton 11
5) Taylor Reis 11	6) Ava Johnson 12	7) Bryleigh Slavin 11
4) Isabella Schlatter 12	8) Hadley Riehle 10	

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026**  
**Des Moines, Iowa**  
**Drake Stadium**  
**Performance List**

**Event 80 ... (Girls 4x200 Meter Relay 2A)**

	Team	Relay	Seed Time
16	Northeast, GL	1	1:48.85 1
	1) Tenley Holst 09	2) Raelyn Schroeder 12	3) Natalyn Tarr 10
	5) Jordan Tegeler 11	6) Rieley Burken 12	7) Teryn Hansen 12
	8) Claire Johnson 10	9) Alivia Chambers 12	
17	Beckman	1	1:48.85 4
	1) Lillian Womer 10	2) Miya Pitz 10	3) Sienna Rahe 10
	5) Paige Fangman 11	6) Peyton Ungs 09	7) Kate Goerd 10
	8) Eleanor Brehm 10		
18	Monticello		1:48.98 4
	1) Ava Zimmerman 12	2) Laila Atkinson 11	3) Mallory McElmeel 10
	5) Brynn Schmit 11	6) Gemma Haas 10	7) Addison Norton 11
	8) Kenya Davis-Robinson 09		
19	New Hampton	1	1:48.98 5
	1) Kacey Shekleton 09	2) Capri Lester 11	3) Madison Shawver 12
	5) Jersey Pemble 10	6) Emma Praska 09	7) Kinslee Rings 11
	8) Myla Moorman 09		
20	Columbus Cath		1:49.07 5
	1) Jordynn Russell 09	2) Tyâ€™Ariah Parrow 09	3) Richtricia Gbeynie 10
	5) Francoise Ntumba 10	6) Niâ€™Airea Miller 11	7) Veronick Ghiofa 10
	8) Cynthia ngalula 09		
21	Okoboji, Milford	1	1:49.15 3
	1) Alivia Avery 11	2) Adalee Lemman 09	3) Ava Avery 10
	5) McKenzie Larsen 09	6) Grace Lemman 11	7) Gemma Tamisiea 10
	8) Brynley Wipf 09		
22	Woodward-Grangr	1	1:49.50 2
	1) Hayden Thomas 11	2) Kristyn Crouse 10	3) Calianna Fenceroy 10
	5) Charissa Klocke 12	6) Andrea Nardini 12	7) Zoe Petersen 11
	8) Riley McCaulley 12		
23	West Branch	1	1:49.88 2
	1) Rena Holmes 12	2) Addi Schultes 12	3) Ava Lacina 09
	5) Kainoa Senio 09	6) Brooklyn Depoorter 09	7) Olivia Becker 10
	8) Cameron Waters 10		
24	Underwood	1	1:50.56 2
	1) Nevara Bettles 10	2) Kayley Ambrose 09	3) Ainsley Roberts 11
	5) Ally Adams 11	6) Trinity Bret 11	7) Lexi Gangwish 12
	8) Ruby Irwin 12		

**Event 88 Girls 4x400 Meter Relay 2A Prelims**

Friday 5/22/2026 - 7:00 PM

**State Meet: 3:55.22 5/17/2024 Pella Christian, Pella Christ**  
**R Kacmarynski, M Van Wyk, M Meinders, B Vos**  
**All-Time: 3:45.36 2026 Waukee Northwest, Waukee NW**  
**McCann, Jorgensen, Vogt, Vogt**

	Team	Relay	Seed Time
1	Dike-NH		4:00.60 1
	1) Emmie Sager 10	2) Isabella Stumbo 10	3) Ruby Varney 10
	5) Kailyn Meester 11	6) Mila Syhlman 09	7) Reagan Grassley 10
	8) Chloe Paulsen 11	9) Josie Voss 11	
2	Grundy Center	1	4:03.29 1
	1) Maddy Hendershot 11	2) Raelyn Steinmeyer 11	3) Karlee Lynch 12
	5) Charlee Kirkpatrick 09	6) Lydia Hook 12	7) Riah Schrage 12
	8) Grace Storzjohann 12	9) Evelyn Geerdes 11	
3	Union, LaPorte C		4:05.43 2
	1) Haylee Hegdahl 10	2) Paige Piph 09	3) Chloe Sadler 10
	5) Katie Jackson 11	6) Peyton Brown 09	7) Finley Keegan 09
	8) Brynn Albertsen 12	9) Jocelyn Barthelmy 11	
4	Pella Christian	1	4:05.79 1
	1) Rachel Kacmarynski 11	2) Meredith Van Wyk 12	3) Maisy Meinders 12
	5) Amaia Agre 12	6) Greta Vos 11	7) Ashlyn Ver Meer 11
	8) Bailey Vos 12	9) Jessa Anderson 10	
5	Van Meter	1	4:06.53 2
	1) Bella Bruins 12	2) Olivia Halfpap 12	3) Julia Teigland 09
	5) Lizzy McCann 12	6) Burkli Harkins 12	7) Annabel Koopmans 09
	8) Aniston Netten 09	9) Lydia Hunter 11	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 88 ... (Girls 4x400 Meter Relay 2A Prelims)

Event	Team	Relay	Seed Time
6	Garner-Hay/Vent		4:06.69 3
	1) Alayna Englin 09	2) Sadie Britson 11	3) Katie Maurer 09
	5) Tori Schoneman 09	6) Isabella Schisel 12	4) Molly Maurer 10
		7) Hayden Bredlow 10	8) Ella Brink 10
7	Treynor	1	4:07.00 1
	1) Madalyn Kerkmann 10	2) Joslyn Chambers 09	3) Madeline Knispel 11
	5) Grace Mentzer 09	6) Kadence Kotrous 09	4) Rylee Hemmingsen 11
		7) Ava Saar 10	8) Nora Konz 12
8	PCM, Monroe	1	4:07.08 2
	1) Lexi Fagg 12	2) Katelynn Fagg 10	3) Lila Milani 11
	5) Paiten Rumbaugh 12	6) Bailey Wheeler 11	4) Jorja Teeter 12
		7) Abi Teeter 12	8) Darbey DeRaad 10
9	Clarinda	1	4:07.55 2
	1) Miley Wagoner 10	2) Kylie Meier 12	3) Stevie Wilmes 11
	5) Rylee Maher 09	6) Tatum Comer 10	4) Ellery Bird 09
		7) Aylah Johnson 09	8) Kylar Downey 11
10	W Lyon, Inwood	1	4:07.60 1
	1) Jorja Smith 10	2) Makinley Koedam 09	3) Ava Carolan 11
	5) Leah Blauwet 12	6) Brenna Boote 09	4) Belah Kramer 09
		7) Aubrey Ahrenholz 09	8) Audrey Rentschler 09
11	Cent Lyon	1	4:08.21 2
	1) Ayda Vander Zee 10	2) Anika Springer 11	3) Kyla Davis 09
	5) Ellea Pulscher 11	6) Avery Littlefield 12	4) Shyanne Struckman 12
		7) Taylor Rypkema 10	8) Paisley Vogel 09
12	Spirit Lake	1	4:08.75 3
	1) Anabel Sinz 11	2) Marie Mueting 10	3) Addy Petersen 10
	5) Miley Wells 12	6) Leah Bolluyt 11	4) Maggie Bruinsma 12
		7) Elanor Sinz 11	8) Anthea Leupold 11
13	Aplntn-Parksbg		4:08.98 4
	1) Adri Allan 11	2) Demi Buseman 10	3) Aubree Weber 09
	5) Jenzen Klooster 10	6) Ella Buttjer 12	4) Kennedy Kalkwarf 11
		7) Whitney Koop 11	8) Abby Schipper 09
14	South Hardin	1	4:09.66 3
	1) Makana Ayers 11	2) Katie Allison 11	3) Brynley Weig 09
	5) Lydia Butler 12	6) Kamryn Kolthoff 09	4) Ayda Eller 11
		7) Mary Engelson 12	8) Mya Wilaby 12
15	Jesup		4:09.89 5
	1) Sara Mead 12	2) Emma Bose 12	3) Dylan Vogel 10
	5) Addie Staebell 10	6) Alaina Larson 10	4) Jordyn Bergman 11
16	Greene County	1	4:10.23 4
	1) Addison Gannon 12	2) Becca Anderson 12	3) Hanna Fouch 10
	5) Jaelynn Hedges 09	6) Alaina Gettler 09	4) Kaycee Pittman 12
		7) Ashlynn Ball 10	8) Savannah Lansman 12
17	Ridge View	1	4:11.03 1
	1) Hannah Brown 10	2) Cora Tesch 10	3) Reese Hawthorne 12
	5) Addison Tesch 12	6) Eve Hustedt 09	4) Shea Rapp 09
		7) Naunika Crum 12	8) Destiny Chavez 10
18	West Branch	1	4:11.06 1
	1) Lexi Skay 12	2) Addi Schultes 12	3) Ava Lacina 09
	5) Olivia Becker 10	6) Lander Malloy 10	4) Grace Hamann 11
		7) Alyssa Vargason 12	8) Brooklyn Depoorter 09
19	Davis County, B	1	4:11.73 3
	1) Journey Al-Khanfar 10	2) Bradi Houston 12	3) Ally Batterson 09
	5) Morgan Schultz 12	6) Dakota Houston 11	4) Claire Garland 10
		7) Gracyn Ware 11	8) Taryn Nelson 10
20	Sioux Ctrl, SR	1	4:12.32 2
	1) Karina Bloom 11	2) Nora Christian 12	3) Avery Wilson 12
	5) Peyton Waldstein 10	6) Kaylie Smith 09	4) Marley Madsen 12
21	Western Christ	1	4:12.59 3
	1) Kennedy Van't Hul 09	2) Paisley Groeneweg 11	3) Addi Van't Hul 12
	5) Avery Dykstra 11	6) Lilly Kamstra 10	4) Maddyn De Jager 10
22	New Hampton	1	4:13.64 1
	1) Capri Lester 11	2) Madison Shawver 12	3) Myla Moorman 09
	5) Adrianna Kinley 10	6) Emma Praska 09	4) Jersey Pemble 10
		7) Kinslee Rings 11	8) Kacey Shekleton 09

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 88 ... (Girls 4x400 Meter Relay 2A Prelims)

Team	Relay	Seed Time
23 Mediapolis	1	4:14.47 2
1) Brynlee Steiner 09	2) Gracie Beschoner 10	3) Avery Dietz 11
5) Madden Thie 11	6) Kaedyn Myers 10	7) Bryn Wright 12
4) Evie Schmidgall 09	8) Maylen Zaugg 11	
24 Waukon	1	4:14.82 2
1) Bryiah Stewart 11	2) Elle Wilkins 12	3) Cora Miller 11
5) Micah Benda 09	6) Hailey Cook 09	7) Addisyn Berns 11
4) Emma O'Neill 12	8) Nora Davis 11	

## Event 96 Girls 4x800 Meter Relay 2A

Thursday 5/21/2026 - 5:00 PM

State Meet: 9:24.76 5/16/2019 Western Christ, Wst Christian  
B Nelson, M Van'tHul, E Heynen, O Granstra  
All-Time: 8:58.03 4/27/2026 Waukee Northwest, Waukee NW  
Vander Ley, Sundet, Stubbendeck, Dani

Team	Relay	Seed Time
1 Grundy Center	1	9:43.94 1
1) Raelyn Steinmeyer 11	2) Karlee Lynch 12	3) Maddy Hendershot 11
5) Caturella Brown 11	6) Anabeth Hawk 12	7) Lydia Hook 12
4) Grace Storjohann 12	8) Emerson Lynch 12	
2 Van Meter	1	9:48.60 2
1) Olivia Halfpap 12	2) Lydia Hunter 11	3) Laura Streck 11
5) Annabel Koopmans 09	6) Julia Teigland 09	7) Bella Bruins 12
4) Lizzy McCann 12	8) Mallory Young 11	
3 Mid-Prairie, W	1	9:55.37 1
1) Tessa Brokaw 10	2) Rachel Hostetler 10	3) Brooklyn Stutzman 11
5) Nikkari Poll 09	6) Ruby Miller 11	7) Rebekah Wallington 12
4) Kendal Landstrum 11	8) Leah Kelley 09	
4 Hudson		9:57.20 1
1) Reese Hansen 11	2) Elle Gunnarson 09	3) Jordyn Rhoades 09
5) Megan Steele 12	6) Reagan Lewis 11	7) Sophia Santman 12
4) Mollie Hansen 12	8) Teagan Honermann 12	
5 Monticello		9:58.25 2
1) Peyton Ries 11	2) Mary Grace Lyons 09	3) Halle Recker 12
5) Emersen Verhagen 11	4) Brynn Schmit 11	
6 Dike-NH		9:58.43 3
1) Isabella Stumbo 10	2) Reagan Grassley 10	3) Sedona Oldenburger 12
5) Olivia Petullo 09	6) Josey Syhlman 12	7) Lucy Epley 09
4) Emmie Sager 10	8) Lily Moore 10	
7 Aplntn-Parksbg		10:00.96 4
1) Charlee Endelman 09	2) Aubree Weber 09	3) Demi Buseman 10
5) Violet Berends 09	6) Bella Bernard 09	7) Greta Junker 09
4) Kennedy Kalkwarf 11	8) Carsyn Sparrgrove 09	
8 PCM, Monroe	1	10:02.50 1
1) Abi Teeter 12	2) Bailey Wheeler 11	3) Ali Hilsabeck 11
5) Paiten Rumbaugh 12	6) Darbey DeRaad 10	7) Jodi Jungling 09
4) Lila Milani 11	8) Baili Birkenholtz 11	
9 Spirit Lake	1	10:05.75 1
1) Ella Beck 11	2) Addy Petersen 10	3) Maci Pruin 09
5) Elanor Sinz 11	6) Bethany Frostestad 11	7) Kaitlyn Trautman 09
4) Marie Muetting 10	8) Anabel Sinz 11	
10 Western Christ	1	10:06.49 1
1) Maddyn De Jager 10	2) Paisley Groeneweg 11	3) Kennedy Van't Hul 09
5) Avery Dykstra 11	6) Lilly Kamstra 10	4) Addi Van't Hul 12
11 Treynor	1	10:08.41 1
1) Joslyn Chambers 09	2) Kadence Kotrous 09	3) Madeline Knispel 11
5) Lily Miller 09	6) Anne Miller 11	7) Cora White 10
4) Madalyn Kerkmann 10		
12 Waukon	1	10:09.12 1
1) Elle Wilkins 12	2) Emma O'Neill 12	3) Bryiah Stewart 11
5) Cora Miller 11	6) Nora Davis 11	7) Elsie Sweeney 09
4) Reegan Benzing 11	8) Jana Wilkins 09	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 96 ... (Girls 4x800 Meter Relay 2A)

Event	Team	Relay	Seed Time
13	Mediapolis	1	10:09.56 2
	1) Bryn Wright 12	2) Gracie Beschoner 10	3) Evie Schmidgall 09
	5) Maylen Zaugg 11	6) Kaedyn Myers 10	7) Lauren Steiner 09
			8) Emelyne Servotte 12
14	Sioux Ctrl, SR	1	10:10.44 2
	1) Karina Bloom 11	2) Nora Christian 12	3) Marley Madsen 12
	5) Peyton Waldstein 10	6) Kaylie Smith 09	7) Avery Wilson 12
15	Jesup		10:10.77 5
	1) Dylan Vogel 10	2) Kennedy Copp 10	3) Emma Bose 12
	5) Jordyn Bergman 11	6) Ella DeVore 11	4) Sara Mead 12
16	Woodward-Grangr	1	10:11.54 3
	1) Lena Uhle 09	2) Zoey Osmundson 12	3) Calianna Fenceroy 10
	5) Adysen Churchill 12	6) Lilyen Churchill 10	4) Eva Fleshner 12
17	Roland-Story	1	10:14.45 4
	1) Karsyn Lande 10	2) Mackenzie Petersen 11	3) Nora Long 09
	5) Gracey Haberl 10	6) Sophie Bates 10	7) Julia Hanson 09
			8) Kara Patterson 11
18	New Hampton	1	10:15.18 2
	1) Kinslee Rings 11	2) Jersey Pemble 10	3) Myla Moorman 09
	5) Juanita Cardona 12	6) Sydney Laures 11	7) Madison Shawver 12
			8) Kacey Shekleton 09
19	Cherokee, Wash	1	10:17.22 2
	1) Kenda Smith 10	2) Ella Simonsen 12	3) Kalexis Hyndman 12
	5) Sabrina Valentin 11	6) Mya Benson 09	4) Grace Woodall 12
20	Albia	1	10:17.31 2
	1) Hannah DeVore 11	2) Leilani DeForest 09	3) McKenna Montgomery 12
	5) Raegan Carter 11	6) Millie McAninch 11	4) Mady Montgomery 09
21	Forest City	1	10:18.34 3
	1) Ashlee Aukes 11	2) Muren Sharp 10	3) Ashlen Kingland 11
	5) Aubrey Kluver 10	6) Carmen Sharp 11	7) Hayden Brown 12
			8) Claire Weaver 11
22	Alta/Aurelia	1	10:21.43 3
	1) Macy Droeigmiller 09	2) Addilyn Langschwager 09	3) Eva Kaskey 12
	5) Bree Anderson 10	6) Kiera Aberson 10	7) Elsie Peterson 11
			8) Ady Meyer 09
23	W Marshall	1	10:24.46 5
	1) Ella Randall 09	2) Addie Thompson 12	3) Zoey Wignall 09
	5) Summer Kurth 11	6) Mia Christianson 11	7) Aurora Schlichte 09
			8) Alayna Frederick 09
24	Nodaway Vall	1	10:24.50 2
	1) Abigail Nelson 09	2) Allie Cornelison 11	3) Izzy Eisbach 12
	5) Emma Boswell 12	6) Ella Boswell 10	4) Kylie Nelson 12

## Event 110 Girls 800 Sprint Medley 2A

Saturday 5/23/2026 - 9:12 AM

State Meet: 1:46.05 5/18/2024 Pella Christian, Pella Christ  
A Agre, R Kacmarynski, M Van Wyk, B Vos  
All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar  
A Rolle, O Hubler, J Bennett, P Wensel

Event	Team	Relay	Seed Time
1	Northeast, GL	1	1:48.65 1
	1) Natalyn Tarr 10	2) Raelyn Schroeder 12	3) Tenley Holst 09
	5) Alivia Chambers 12	6) Rieley Burken 12	7) Teryn Hansen 12
			8) Claire Johnson 10
2	South Hardin	1	1:49.72 1
	1) Makana Ayers 11	2) Brynley Weig 09	3) Katie Allison 11
	5) Lorina Dykman 11	6) Kamryn Kolthoff 09	7) Lydia Butler 12
			8) Mary Engelson 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 110 ... (Girls 800 Sprint Medley 2A)

Event	Team	Relay	Seed Time
3	Grundy Center	1	1:50.01 2
	1) Jocelyn Freed 12	2) Karlee Lynch 12	3) Ava Heeren 11
	5) Ava Mundt 11	6) Allison Koch 12	4) Maddy Hendershot 11
		7) Gracyn Lynch 10	8) Trinity Jirovsky 10
4	Pella Christian	1	1:50.03 1
	1) Lexi Terpstra 12	2) Amaia Agre 12	3) Maisy Meinders 12
	5) Bailey Vos 12	6) Olivia De Haan 09	4) Meredith Van Wyk 12
		7) Rachel Kacmarynski 11	8) Chloe Vos 10
5	Tipton	1	1:50.15 2
	1) Bella Dallege 12	2) Averie Bolger 11	3) Tenley Hinderaker 09
	5) Addison Mente 10	6) Charlee Chapman 09	4) Ella Hein 11
		7) Zoe Holstein 12	8) Paityn Daedlow 11
6	Mid-Prairie, W	1	1:50.16 3
	1) Myli Hershberger 11	2) Kyrie Poll 11	3) Leah Kelley 09
	5) Ruby Miller 11	6) Avery Herteen 09	4) Jovi Evans 12
		7) Graci Hershberger 09	8) Jeorgia Evans 10
7	W Lyon, Inwood	1	1:50.63 1
	1) Savannah Smith 12	2) Jessa Ciesielski 10	3) Leah Blauwet 12
	5) Ava Carolan 11	6) Jorja Smith 10	4) Belah Kramer 09
		7) Avery Schoening 09	8) Makinley Koedam 09
8	Aplntn-Parksbg		1:50.65 1
	1) Adri Allan 11	2) Megan Junker 12	3) Ella Buttjer 12
	5) Ava Eddy 12	6) Demi Buseman 10	4) Kennedy Kalkwarf 11
		7) Jenzen Klooster 10	8) Lyla Seward 09
9	Garner-Hay/Vent		1:50.86 2
	1) Alayna Englin 09	2) Malia Hinz 10	3) Isabella Schisel 12
	5) Hayden Bredlow 10	6) Tori Schoneman 09	4) Molly Maurer 10
		7) Katie Maurer 09	8) Sadie Britson 11
10	Denver	1	1:50.96 1
	1) Addie Brauman 10	2) Aubrey Arens 10	3) Taylor Wilson 11
	5) Emily Tyler 10	6) Katelyn Knutson 11	4) Maryn Laures 12
		7) Avery McIntosh 12	
11	Clarinda	1	1:51.03 1
	1) Alexa Barnes 11	2) Kylie Meier 12	3) Miley Wagoner 10
	5) Aylah Johnson 09	6) Rylee Maher 09	4) Ellery Bird 09
		7) Kylar Downey 11	8) Stevie Wilmes 11
12	Dike-NH		1:51.12 3
	1) Abby Jensen 12	2) Kailyn Meester 11	3) Mila Syhlman 09
	5) Chloe Paulsen 11	6) Emmie Sager 10	4) Ruby Varney 10
		7) Isabella Stumbo 10	8) Josie Voss 11
13	Alburnett		1:51.70 4
	1) Taryn Moore 10	2) Annika Bueckers 10	3) Miranda Neighbor 12
	5) Ingrid Landa 12	6) Bristol Nannelli 09	4) Adah Fishell 10
		7) Josie McGraw 10	8) Leia Gilchrist 12
14	Chariton	1	1:51.74 2
	1) Alana Elmore 10	2) Addelyn Bishop 10	3) Payton Snook 12
	5) Addie Hall 10	6) Sophie Cochran 09	4) Ava Krutsinger 12
15	Ridge View	1	1:51.97 1
	1) Melany Horan 09	2) Reese Hawthorne 12	3) Cora Tesch 10
	5) Naunika Crum 12	6) Hannah Brown 10	4) Shea Rapp 09
		7) Addison Tesch 12	
16	Underwood	1	1:51.99 2
	1) Nevara Bettes 10	2) Kayley Ambrose 09	3) Ainsley Roberts 11
	5) Isabella Buckholdt 10	6) Trinity Bret 11	4) Ally Adams 11
		7) Lexi Gangwish 12	8) Ruby Irwin 12
17	East Sac County	1	1:52.07 2
	1) Laila Meister 10	2) Jordin Carroll 12	3) Libbie Veit 11
	5) Haley Jo King 12	6) Emma Kischer 11	4) Wendie Veit 10
18	Van Meter	1	1:52.45 3
	1) Kylie Keller 12	2) Avery Banks 11	3) Aniston Netten 09
	5) Olivia Halfpap 12	6) Harper Hall 09	4) Julia Teigland 09
		7) Burkli Harkins 12	8) Bella Bruins 12
19	Spirit Lake	1	1:52.63 2
	1) Gelena Duvall 12	2) Anthea Leupold 11	3) Miley Wells 12
	5) JJ Wassenaar 10	6) Anabel Sinz 11	4) Maggie Bruinsma 12
		7) Elanor Sinz 11	8) Addy Petersen 10

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 110 ... (Girls 800 Sprint Medley 2A)

Team	Relay	Seed Time
20 Greene County	1	1:53.15 4
1) Addison Gannon 12	2) Sara Morlan 11	3) Becca Anderson 12
5) Macy Bills 09	6) Savannah Lansman 12	7) Vanessa Hale 11
		8) Ashlynn Ball 10
21 Okoboji, Milford	1	1:53.65 3
1) Alivia Avery 11	2) Adalee Leman 09	3) Riley Meyer 11
5) McKenzie Larsen 09	6) Grace Leman 11	7) Gemma Tamisiea 10
		8) Brynley Wipf 09
22 I-35, Truro	1	1:53.80 3
1) Grace Upp 12	2) Macy Flaherty 11	3) Elyse Maxwell 11
5) Addisyn Edwards 12	6) Aimee Blahauvietz 12	7) Jaley Graf 12
		8) Kennedy Murphy 10
23 Treynor	1	1:53.96 3
1) Zoey Zadalis 12	2) Grace Mentzer 09	3) Josie Meyers 10
5) Madeline Knispel 11	6) Ava Saar 10	7) Joslyn Chambers 09
		8) Kadence Kotrous 09
24 New Hampton	1	1:54.70 2
1) Bailee Tenge 10	2) Madison Shawver 12	3) Aleigha Cahoy 10
5) Zoey Kellogg 11	6) Jersey Pemble 10	7) Kinslee Rings 11
		8) Brooklyn McShane 12

## Event 118 Girls High Jump 2A

Friday 5/22/2026 - 4:30 PM

State Meet: 5-11 5/22/2009 Hannah Willms, Dike-NH  
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford  
 Name Year School Seed Mark

Name	Year	School	Seed Mark
1 Willow Ray	11	W Central Valley	5-05.00 1
2 Ellery Bird	09	Clarinda	5-04.00 2
3 Rachel Schany	12	Emmetsburg	5-04.00 1
4 Cheyenne Hulshof	10	Unity Chrst, OC	5-03.00 2
5 Mila Syhlman	09	Dike-NH	5-02.00 1
6 Brynlee Boeve	09	Hinton	5-02.00 1
7 Ally Adams	11	Underwood	5-02.00 3
8 Anna Kozora	12	Kingsley-Pierson	5-02.00 2
9 Allison Koch	12	Grundy Center	5-01.00 1
10 Delaney Evans	10	Kingsley-Pierson	5-01.00 3
11 Bella Bernard	09	Aplntn-Parksbg	5-00.00 2
12 Emma Boswell	12	Nodaway Vall	5-00.00 5
13 Taylor Luensmann	10	Beckman	5-00.00 2
14 Talia Williams	12	W Central Valley	5-00.00 4
15 Alaina Arnevik	12	Centerville	5-00.00 1
16 Madysen Benjamin	10	Ogden	5-00.00 2
17 Keely Williams	12	Louisa-Muscatine	5-00.00 1
18 Madelyn Michels	10	Oelwein	5-00.00 1
19 Jada Wiltz	09	Regina, IC	4-10.00 3
20 Macy Walters	09	Emmetsburg	4-10.00 3
21 Avery Crear	11	Mediapolis	4-10.00 2
22 Annabelle Baker	09	New Hampton	4-10.00 3
23 Isabel Swenson	12	S Hamilton	4-10.00 3
24 Makayla Crosby	10	Cardinal, Eldon	4-10.00 2

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 126 Girls Long Jump 2A

Thursday 5/21/2026 - 4:30 PM

State Meet: 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol

All-Time: 20-08.25 2025 Abby Mecklenburg, Linn-Mar

Name	Year	School	Seed Mark	
1	Anabel Sinz	11 Spirit Lake	18-06.25	1
2	Jeorgia Evans	10 Mid-Prairie, W	18-06.00	1
3	Isabella Buckholdt	10 Underwood	18-02.50	1
4	Ella Hein	11 Tipton	17-08.50	2
5	Rachel Schany	12 Emmetsburg	17-06.50	2
6	Irelynne McNamara	11 MVAOCO	17-04.75	2
7	Isabella Schlatter	12 Crestwood	17-04.25	1
8	Morgan Masching	11 Kuemper Cath	17-02.25	3
9	Jocelyn O'Neal	12 Red Oak	17-01.50	4
10	Kylie Meier	12 Clarinda	16-11.25	5
11	Olivia De Haan	09 Pella Christian	16-07.50	1
12	Leah Blauwet	12 W Lyon, Inwood	16-07.50	3
13	Dalaney Eldridge	10 W Marshall	16-07.50	1
14	Addy Ortegren	09 Hinton	16-07.25	1
15	Emma Boswell	12 Nodaway Vall	16-06.75	6
16	Jaidyn Achenbach	12 Woodward-Grangr	16-05.50	2
17	Ella Howell	11 Columbus, CJ	16-05.50	3
18	Elsa Kurrle	11 Cent Lyon	16-03.00	4
19	Lorna Bernard	09 Aplntn-Parksbg	16-03.00	1
20	Abren Bazal	11 Wilton	16-03.00	4
21	Katelynn Fagg	10 PCM, Monroe	16-02.75	2
22	Melany Horan	09 Ridge View	16-02.50	2
23	Kenya Davis-Robinson	09 Monticello	16-00.50	2
24	Lexi Isebrand	12 Forest City	15-10.75	2

## Event 134 Girls Discus Throw 2A

Friday 5/22/2026 - 2:00 PM

State Meet: 172-01 5/20/2016 Kiana Phelps, KP-WC

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name	Year	School	Seed Mark	
1	Tristin Gorden	11 South Cent Cal	145-09	1
2	Kasey Frommelt	10 Anamosa	131-03	1
3	Crystal Bonafazi-King	12 Anamosa	129-00	2
4	Luxi Coutu	11 Northeast, GL	127-08	1
5	Payton Harris	10 Mediapolis	127-04	2
6	Harper Pacha	12 Mid-Prairie, W	124-07	3
7	Hannah Schroeder	12 N Fayette Val	123-09	1
8	Jordyn Schmidt	11 Tipton	122-10	4
9	McKenna Beck	10 Spirit Lake	118-02	1
10	Lauren Travis	12 Spirit Lake	117-09	2
11	Miley Geise	11 Roland-Story	114-04	1
12	Kyra Vander Pol	12 Western Christ	114-04	2
13	Morgan Divis	12 Hinton	112-11	3
14	Emma Kromminga	11 Monticello	110-09	3
15	Blair Winter	09 MFL MarMac	110-09	2
16	Maddy Cooper	09 Osage	109-05	3

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 134 ... (Girls Discus Throw 2A)

Name	Year	School	Seed	Mark
17 Aubrey Weber	12	Central Lee	109-01	5
18 Daylea Tinklenberg	12	Unity Chrst, OC	109-01	3
19 Isla Steines	09	N Fayette Val	109-00	4
20 Daytona Ferrie	12	S Hamilton	108-04	2
21 Delaney Mathews	12	Treynor	106-03	1
22 Bristol Albert	11	Cardinal, Eldon	106-00	1
23 Gabby Prevo	11	Davis County, B	105-09	2
24 Addison Schon	10	Kuemper Cath	105-01	2

## Event 142 Girls Shot Put 2A

Thursday 5/21/2026 - 2:00 PM

State Meet: 48-08.75 5/19/2016 Kiana Phelps, KP-WC  
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL

Name	Year	School	Seed	Mark
1 Lauren Travis	12	Spirit Lake	45-01.00	1
2 Miya Schrock	11	Unity Chrst, OC	41-04.00	2
3 Delaney Mathews	12	Treynor	41-00.00	1
4 Hannah Schroeder	12	N Fayette Val	40-11.00	1
5 Rose Niewoehner	12	Crestwood	40-05.00	2
6 Jordyn Schmidt	11	Tipton	40-04.00	1
7 Morgan Divis	12	Hinton	40-02.50	1
8 Blythe Bucknell	11	Waukon	40-01.50	3
9 Tessa Skartvedt	11	S Hamilton	38-04.00	1
10 Harper Pacha	12	Mid-Prairie, W	38-01.00	2
11 Halee Hauswirth	12	Pocahon Area	37-10.50	2
12 Luxi Coutu	11	Northeast, GL	37-10.25	3
13 Isabella (Bella) Forbes	11	Columbus, CJ	37-10.25	4
14 Ava Moline	11	Manson NW Web	37-06.50	3
15 Hannah Weiskamp	10	Garner-Hay/Vent	36-01.75	1
16 Sophia Palmer	10	Waukon	35-11.00	4
17 Kinslee Rings	11	New Hampton	35-06.00	5
18 Sydney Sperry	09	Clarinda	35-04.00	2
19 Kyra Vander Pol	12	Western Christ	35-00.00	4
20 McKenna Beck	10	Spirit Lake	34-10.00	3
21 Erin Richtsmeier	12	Grundy Center	34-08.50	2
22 Emma Schumacher	11	Garner-Hay/Vent	34-04.25	2
23 Taya Belloma	10	Centerville	33-08.00	1
24 Bristol Albert	11	Cardinal, Eldon	33-07.00	2

## Event 149 Girls Distance Medley 2A

Friday 5/22/2026 - 2:40 PM

State Meet: 4:06.37 5/17/2024 Tipton, Tipton  
 A Nerem, A Edens, E Hein, N Steines

All-Time: 3:55.82 2017 Assumption, Assumption

Team	Relay	Seed	Time
1 West Branch	1	4:13.34	1
1) Rena Holmes 12	2) Addi Schultes 12	3) Lexi Skay 12	4) Grace Hamann 11
5) Ava Lacina 09	6) Kainoa Senio 09	7) Alyssa Vargason 12	8) Lander Malloy 10

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026**  
**Des Moines, Iowa**  
**Drake Stadium**  
**Performance List**

**Event 149 ... (Girls Distance Medley 2A)**

	Team	Relay	Seed Time
2	Mid-Prairie, W	1	4:15.21 2
	1) Leah Kelley 09	2) Kyrie Poll 11	3) Ruby Miller 11
	5) Jeorgia Evans 10	6) Rachel Hostetler 10	7) Graci Hershberger 09
3	Grundy Center	1	4:16.72 1
	1) Ava Heeren 11	2) Karlee Lynch 12	3) Maddy Hendershot 11
	5) Ava Mundt 11	6) Allison Koch 12	7) Raelyn Steinmeyer 11
4	Union, LaPorte C	1	4:16.84 1
	1) Haylee Hegdahl 10	2) Chloe Sadler 10	3) Paige Piphoo 09
	5) Jewel Paine 09	6) Katie Jackson 11	7) Peyton Brown 09
5	Pleasantville	1	4:17.97 1
	1) Carly Gripp 12	2) Ellie Heywood 09	3) Clairia Vestal 09
	5) Lillian Mason 12	6) Amelia Latch 10	7) Ryleigh Hardman 10
6	Spirit Lake	1	4:18.04 1
	1) Miley Wells 12	2) Leah Bolluyt 11	3) Addy Petersen 10
	5) Gelena Duvall 12	6) Maggie Bruinsma 12	7) Anthea Leupold 11
7	West Burlington	1	4:18.27 3
	1) Meadow Bennett 09	2) Olivia Ritter 12	3) Kaylee Webb 10
	5) Jillian Nickel 11	6) Adley Mundth 09	7) Orayana Gonzalez 10
8	Garner-Hay/Vent	1	4:18.43 2
	1) Malia Hinz 10	2) Isabella Schisel 12	3) Molly Maurer 10
	5) Ella Brink 10	6) Tori Schoneman 09	7) Hayden Bredlow 10
9	Greene County	1	4:18.67 2
	1) Addison Gannon 12	2) Hanna Fouch 10	3) Becca Anderson 12
	5) Sara Morlan 11	6) Vanessa Hale 11	7) Savannah Lansman 12
10	Mediapolis	1	4:18.94 4
	1) Josie Hutcheson 12	2) Brynlee Steiner 09	3) Evie Schmidgall 09
	5) Bailey Jackson 12	6) Hailey Jackson 11	7) Madden Thie 11
11	Monticello	1	4:19.30 3
	1) Ava Zimmerman 12	2) Laila Atkinson 11	3) Peyton Ries 11
	5) Lindsay Ruchti 09	6) Brynn Schmit 11	7) Mallory McElmeel 10
12	Unity Chrst, OC	1	4:19.59 2
	1) Ava Landman 10	2) Kaelyn Sikkema 09	3) Katie Young 12
	5) Joslyn Vis 11	6) Brenna Van Roekel 10	7) Millie Brommer 10
13	Chariton	1	4:19.98 2
	1) Alana Elmore 10	2) Addelyn Bishop 10	3) Payton Snook 12
	5) Addie Hall 10	6) Vania Hall 09	7) Sophie Cochran 09
14	Sumner-Fredrksbg	1	4:20.08 1
	1) Cate Snyder 09	2) Braelyn Suckow 11	3) Livy Schoonover 12
	5) Callie Trainor 11	6) Alivia Woodring 09	7) Ellie Werner 09
15	Waukon	1	4:20.23 2
	1) Addie Olson 10	2) Willa Troendle 12	3) Bryiah Stewart 11
	5) Nora Davis 11	6) Micah Benda 09	7) Brielle Kruger 09
16	Grand View Christ	1	4:20.94 3
	1) Livy VanDerSluis 12	2) Lily Jones 10	3) Jada Rogers 09
	5) Adrianna Mitchell 09	6) Emma Foster-Krueger 12	7) Sydney Metheny 09
17	Forest City	1	4:21.80 3
	1) Tess Klaassen 10	2) Cadence Sletten 12	3) Hayden Brown 12
	5) Lexi Isebrand 12	6) Chloe Hennigar 12	7) Ashlee Aukes 11
18	Estherville-LC	1	4:22.17 3
	1) Kylie Olson 12	2) Morgan Clabaugh 12	3) Jasmine Smith 09
	5) Zoey DeRuyter 12	6) Gracie White 10	7) Brynlee Peta 10
			8) Yuri De La Rosa 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Performance List

## Event 149 ... (Girls Distance Medley 2A)

	Team	Relay	Seed Time
19	Treynor	1	4:22.21 1
	1) Kadence Kotrous 09	2) Josie Meyers 10	3) Ava Saar 10
	5) Grace Mentzer 09	6) Joslyn Chambers 09	7) Zoey Zadalis 12
			8) Madelyn Kerkmann 10
20	Nodaway Vall	1	4:23.27 2
	1) Kylie Nelson 12	2) Emma Boswell 12	3) Abigail Nelson 09
	5) Ella Boswell 10	6) Ava Herrick 10	7) Haisley Zoubek 12
21	Albia	1	4:24.28 4
	1) Aliyah Hood 11	2) Maniya Autry 11	3) Mady Montgomery 09
	5) Raegan Carter 11	6) Millie McAninch 11	7) Leilani DeForest 09
			8) McKenna Montgomery 12
22	Crestwood	1	4:24.47 4
	1) Isabella Schlatter 12	2) Mea Shelton 11	3) Taylor Reis 11
	5) Charley Curtis 12	6) Ella Otters 10	7) Ava Johnson 12
			8) Lexus Dohlman 10
23	Ridge View	1	4:24.71 1
	1) Reese Hawthorne 12	2) Cora Tesch 10	3) Shea Rapp 09
	5) Melany Horan 09	6) Naunika Crum 12	7) Hannah Brown 10
			8) Addison Tesch 12
24	Alta/Aurelia	1	4:26.24 2
	1) Ellie Bloom 11	2) Bree Anderson 10	3) Macy Droegmiller 09
	5) Kadence Langschwager 12	6) Clare Gunkelman 12	7) Eva Kaskey 12
			8) Hayden Berkland 12
			8) Amarie Olsen 09

## Event 164 Girls 100 Meter Dash Ambulatory Para

Saturday 5/23/2026 - 12:45 PM

State Meet:	15.48	5/24/2025	Hannah Longmire, IC, West
All-Time:	15.48	2025	Hannah Longmire, Iowa City, West
Name		Year	School

	Name	Year	School	Seed Time
1	Josie Green	10	Cascade	19.76 1

## Event 166 Girls 200 Meter Dash Ambulatory Para

Saturday 5/23/2026 - 2:15 PM

State Meet:	32.23	5/24/2025	Hannah Longmire, IC, West
All-Time:	32.23	2025	Hannah Longmire, Iowa City, West
Name		Year	School

	Name	Year	School	Seed Time
1	Josie Green	10	Cascade	41.75 1

## Event 168 Girls 400 Meter Dash Ambulatory Para

Thursday 5/21/2026 - 1:57 PM

State Meet:	1:14.21	5/22/2025	Hannah Longmire, IC, West
All-Time:	1:14.21	2025	Hannah Longmire, Iowa City, West
Name		Year	School

	Name	Year	School	Seed Time
1	Josie Green	10	Cascade	1:33.52

## Event 172 Girls Shot Put Ambulatory Para

Saturday 5/23/2026 - 9:00 AM

State Meet:	17-09	5/24/2025	Josie Green, Cascade
All-Time:	19-08.75	2026	Josie Green, Cascade
Name		Year	School

	Name	Year	School	Seed Mark
1	Josie Green	10	Cascade	18-09.25 1