

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/17/2026 06:33 PM  
 Iowa Girls & Boys State Track Meet 2026 – 5/21/2026 to 5/23/2026  
 Des Moines, Iowa  
 Drake Stadium  
 Meet Program

Event 3 Girls 100 Meter Dash 2A

=====  
 Thursday 5/21/2026 – 6:30 PM

State Meet: 11.92 5/24/2025 Rachel Kacmarynski, Pella Christ  
 All-Time: 11.49 2018 Sydney Milani, Southeast Polk  
 Name Year School

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 Heat 1 Prelims

1	Irelynne McNamara	11	MVAOCO
2	Chloe Hennigar	12	Forest City
3	Chloe Paulsen	11	Dike-NH
4	Rachel Kacmarynski	11	Pella Christ
5	Isabella Buckholdt	10	Underwood
6	Lexi Terpstra	12	Pella Christ
7	Darla Hoskins	09	MVAOCO
8	Savannah Smith	12	W Lyon, Inwo

Heat 2 Prelims

1	Elise Jones	11	Durant
2	Ella Buttjer	12	Aplntn-Parks
3	Kenya Davis-Robinson	09	Monticello
4	Jovi Evans	12	Mid-Prairie,
5	Lorina Dykman	11	South Hardin
6	Lillian Johnson	10	Sioux Ctrl,
7	Braelyn Suckow	11	Sumner-Fredr
8	Anthea Leupold	11	Spirit Lake

Heat 3 Prelims

1	Tenley Hinderaker	09	Tipton
2	Miranda Neighbor	12	Alburnett
3	Addison Dunkel	10	Hinton
4	Jeorgia Evans	10	Mid-Prairie,
5	Hayden Thomas	11	Woodward-Gra
6	Ava Heeren	11	Grundy Cente
7	Avery Recker	12	Regina, IC
8	Lacey Taylor	12	Eddyvl-Blake

Event 11 Girls 200 Meter Dash 2A

=====  
 Thursday 5/21/2026 – 4:20 PM

State Meet: 24.49 5/21/2009 Hannah Willms, Dike-NH  
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk  
 Name Year School

=====  
 Heat 1 Prelims

1	Jocelyn O'Neal	12	Red Oak
2	Becca Anderson	12	Greene Count
3	Belah Kramer	09	W Lyon, Inwo
4	Jordan Tegeler	11	Northeast, G
5	Meredith Van Wyk	12	Pella Christ
6	Addie Olson	10	Waukon
7	Grace Upp	12	I-35, Truro
8	Ava Landman	10	Unity Chrst,

Heat 2 Prelims

1	Braelyn Suckow	11	Sumner-Fredr
2	Darla Hoskins	09	MVAOCO
3	Miley Wagoner	10	Clarinda
4	Rachel Kacmarynski	11	Pella Christ
5	Irelynne McNamara	11	MVAOCO
6	Chloe Paulsen	11	Dike-NH

7	Ella Buttjer	12	Aplntn-Parks
8	Tenley Hinderaker	09	Tipton
Heat 3 Prelims			
1	Elise Jones	11	Durant
2	Addison Dunkel	10	Hinton
3	Maryn Laures	12	Denver
4	Jovi Evans	12	Mid-Prairie,
5	Jeorgia Evans	10	Mid-Prairie,
6	Lorina Dykman	11	South Hardin
7	Riley Meyer	11	Okoboji, Mil
8	Avrie Hanson	11	Southeast Va

## Event 19 Girls 400 Meter Dash 2A

=====  
 Thursday 5/21/2026 - 7:00 PM

State Meet:	53.96	5/20/2010	Hannah Willms, Dike-NH
All-Time:	52.90	2018	Sydney Milani, Southeast Polk
Name			Year School

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## Section 1 Timed Finals

1	Katie Maurer	09	Garner-Hay/V
2	Charlee Kirkpatrick	09	Grundy Cente
3	Annabel Koopmans	09	Van Meter
4	Jocelyn O'Neal	12	Red Oak
5	Dalaney Eldridge	10	W Marshall
6	Maisy Meinders	12	Pella Christ
7	Hannah Brown	10	Ridge View
8	Hadley Riehle	10	Crestwood

## Section 2 Timed Finals

1	Livy Schoonover	12	Sumner-Fredr
2	Adah Fishell	10	Alburnett
3	Julia Teigland	09	Van Meter
4	Shea Rapp	09	Ridge View
5	Ciana Zomer	11	Boy-Hul/Rock
6	Khloe Schutte	09	MFL MarMac
7	Ally Adams	11	Underwood
8	Ja'Niyah Miller	10	Columbus Cat

## Section 3 Timed Finals

1	Ella Howell	11	Columbus, CJ
2	Bailey Vos	12	Pella Christ
3	Ayda Eller	11	South Hardin
4	Jordan Tegeler	11	Northeast, G
5	Ella Hein	11	Tipton
6	Rachel Schany	12	Emmetsburg
7	Maryn Laures	12	Denver
8	Wendie Veit	10	East Sac Cou

## Event 27 Girls 800 Meter Run 2A

=====  
 Saturday 5/23/2026 - 10:43 AM

State Meet:	2:11.49	5/24/2025	Noelle Steines, Tipton
All-Time:	2:06.52	2021	Ainsley Erzen, Carlisle
Name			Year School

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## Section 1 Timed Finals

1	Lizzy McCann	12	Van Meter
2	Karina Bloom	11	Sioux Ctrl,
3	Kaitlyn Kipp	11	W Burlington/ND
4	Lila Milani	11	PCM, Monroe
5	Claire Weaver	11	Forest City
6	Sydney Zupke	10	Sumner-Fredr
7	Reese Dittmer	10	Tri-Center
8	Susie Babe	10	Shenandoah
9	Rachel Schany	12	Emmetsburg
10	Kambrie Dekkers	10	Unity Chrst,

11 Jenna Hoefling	10 Hinton
12 Raelyn Steinmeyer	11 Grundy Cente
Section 2 Timed Finals	
1 Mollie Hansen	12 Hudson
2 Kaycee Pittman	12 Greene Count
3 Tessa Brokaw	10 Mid-Prairie,
4 Avery Dietz	11 Mediapolis
5 Hannah Ritter	09 W Burlington/ND
6 Rachel Hostetler	10 Mid-Prairie,
7 Ava Krutsinger	12 Chariton
8 Brynn Albertsen	12 Union, LaPor
9 Grace Storjohann	12 Grundy Cente
10 Grace Hamann	11 West Branch
11 Laura Streck	11 Van Meter
12 Peyton Ries	11 Monticello

## Event 35 Girls 1500 Meter Run 2A

=====  
 Saturday 5/23/2026 - 2:48 PM

State Meet: 4:33.41 5/20/2017 Anna Hostetler, Mid-Prairie,  
 All-Time: 4:25.32 5/18/2024 Addison Dorenkamp, Valley  
 Name Year School

## Section 1 Timed Finals

1 Izzy Eisbach	12 Nodaway Vall
2 Scarlett Byrnes	12 Osage
3 Bryn Wright	12 Mediapolis
4 Brooklyn Stutzman	11 Mid-Prairie,
5 Maddie Wittrock	09 Manson NW We
6 Ashlyn Sauser	11 Oelwein
7 Kambrie Dekkers	10 Unity Chrst,
8 Katie Young	12 Unity Chrst,
9 Marie Mueting	10 Spirit Lake
10 Abi Teeter	12 PCM, Monroe
11 Lizzy McCann	12 Van Meter
12 Reegan Benzing	11 Waukon
13 Lily Miller	09 Treynor
14 Hallie Kelchen	12 Cascade
15 Sage Weber	10 Sioux Ctrl,
16 Eva Fleshner	12 Woodward-Gra
17 Laura Streck	11 Van Meter
18 Mary Grace Lyons	09 Monticello
19 Kylie Rochholz	11 Panorama
20 Grace Hamann	11 West Branch
21 McKenna Montgomery	12 Albia
22 Kendal Landstrum	11 Mid-Prairie,
23 Mollie Hansen	12 Hudson
24 Delany Homan	11 Camanche

## Event 43 Girls 3000 Meter Run 2A

=====  
 Thursday 5/21/2026 - 3:20 PM

State Meet: 9:47.52 5/18/2017 Anna Hostetler, Mid-Prairie,  
 All-Time: 9:23.60 4/25/2024 Addison Dorenkamp, Valley  
 Name Year School

## Section 1 Timed Finals

1 Katie Young	12 Unity Chrst,
2 Eva Fleshner	12 Woodward-Gra
3 Lily Miller	09 Treynor
4 Hallie Kelchen	12 Cascade
5 Lydia Parlee	12 Grand View C
6 Addie Thompson	12 W Marshall
7 Fiona McGill	10 Louisa-Musc
8 Kylie Rochholz	11 Panorama

9	Iris Melody	12	South Cent C
10	Ashlyn Sauser	11	Oelwein
11	Addison Tesch	12	Ridge View
12	Mady Montgomery	09	Albia
13	Sage Weber	10	Sioux Ctrl,
14	Hayley Rens	10	Pella Christ
15	Avery Trunkhill	12	Denver
16	Kylie Robinson	10	Sheldon
17	Laura Streck	11	Van Meter
18	Mary Grace Lyons	09	Monticello
19	Delany Homan	11	Camanche
20	Kendal Landstrum	11	Mid-Prairie,
21	Brooklyn Stutzman	11	Mid-Prairie,
22	Scarlett Byrnes	12	Osage
23	McKenna Montgomery	12	Albia
24	Mollie Hansen	12	Hudson

## Event 50 Girls 100 Meter Hurdles 2A

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Friday 5/22/2026 - 4:00 PM

State Meet:	14.33	5/23/2009	Alex Gochenour, Logan-Mag.
All-Time:	13.62	2025	Emma Havighurst, Valley, WDM
Name			Year School

## Heat 1 Prelims

1	Rachel Reeves	10	Northeast, G
2	Taylor Rechkemmer	10	Roland-Story
3	Makayla Paar	11	Cascade
4	Rylee Hemmingsen	11	Treynor
5	Reese Naeve	12	Regina, IC
6	Sophie Miller	12	Mid-Prairie,
7	Jenessa Kolar	11	OABCIG
8	Macy Westendorf	12	Oelwein

## Heat 2 Prelims

1	Addison Frake	12	Cascade
2	Lexi Gangwish	12	Underwood
3	Burkli Harkins	12	Van Meter
4	Sara Mead	12	Jesup
5	Leah Bolluyt	11	Spirit Lake
6	Layla Meador	12	Tri-Center
7	Payton Reinert	11	Cherokee, Wa
8	Zohie Payne	11	Tri-Center

## Heat 3 Prelims

1	Libbie Veit	11	East Sac Cou
2	Kylie Keller	12	Van Meter
3	Lexi Isebrand	12	Forest City
4	Miranda Neighbor	12	Alburnett
5	Isabelle Janssen	11	Ia Falls-Ald
6	Brynlee Boeve	09	Hinton
7	Lacey Taylor	12	Eddyvl-Blake
8	Haydin Becker	12	Oelwein

## Event 58 Girls 400 Meter Hurdles 2A

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Friday 5/22/2026 - 5:40 PM

State Meet:	1:01.72	5/19/2023	Clara Teigland, Treynor
All-Time:	57.30	1975	Debbie Esser, Woodbine
Name			Year School

## Section 1 Timed Finals

1	Ella Butt	09	Northeast, G
2	Charlett Smith	10	Monticello
3	Ryleigh Hardman	10	Pleasantvill
4	Marley Madsen	12	Sioux Ctrl,
5	McKenzie Larsen	09	Okoboji, Mil

6	Adrianna Kinley	10	New Hampton
7	Payton Trapp	11	KP-WC-RV
8	Autumn Domeyer	11	Beckman
Section 2 Timed Finals			
1	Evelyn Geerdes	11	Grundy Cente
2	Alaina Arnevik	12	Centerville
3	Shyanne Struckman	12	Cent Lyon
4	Lacey Taylor	12	Eddyvl-Blake
5	Ella Howell	11	Columbus, CJ
6	Jorja Teeter	12	PCM, Monroe
7	Maddi Lucas	11	Roland-Story
8	Emma Bose	12	Jesup
Section 3 Timed Finals			
1	Paige Piph	09	Union, LaPor
2	Bella Bruins	12	Van Meter
3	Nora Konz	12	Treynor
4	Ella Hein	11	Tipton
5	Wendie Veit	10	East Sac Cou
6	Sara Mead	12	Jesup
7	Cora Tesch	10	Ridge View
8	Stevie Wilmes	11	Clarinda

Event 67 Girls 4x100 Meter Shuttle Hurdle 2A

Thursday 5/21/2026 - 7:40 PM

State Meet: 1:04.67 5/20/2023 Sioux Ctrl, SR, Sioux Ctrl,  
R Waldstein, B Webber, B Johannsen, P Peterson  
All-Time: 59.37 2026 Waukee Northwest, Waukee NW  
Willits, Schulte, Twigg, Johnson

School

Heat 1 Prelims

1 Aplntn-Parksbg  
3 Roland-Story '1'  
5 Northeast, GL '1'  
7 MO Valley '1'

Heat 2 Prelims

1 Cent Lyon '1'  
3 Regina, IC '1'  
5 East Sac County '1'  
7 Ogden '1'

Heat 3 Prelims

1 Mid-Prairie, W '1'  
3 Hinton '1'  
5 Oelwein '1'  
7 Sioux Ctrl, SR '1'

Heat 4 Prelims

1 Cascade  
3 Treynor '1'  
5 Spirit Lake '1'  
7 Union, LaPorte C

Heat 5 Prelims

1 Beckman '1'  
3 Van Meter '1'  
5 Pleasantville '1'  
7 Tri-Center '1'

Heat 6 Prelims

1 OABCIG '1'  
3 Waukon '1'  
5 Alburnett  
7 Monticello

Event 72 Girls 4x100 Meter Relay 2A

Friday 5/22/2026 - 6:20 PM

State Meet: 48.22 5/24/2025 Pella Christian, Pella Christ  
L Terpstra, A Agre, C Westerkamp, R Kacmarynski  
All-Time: 46.66 2026 Waukee Northwest, Waukee NW  
Caldwell, Jorgensen, Distefano, Willits

School

=====  
Heat 1 Prelims

1 Sioux Ctrl, SR '1'  
2 Dike-NH  
3 Clarinda '1'  
4 Pella Christian '1'  
5 Treynor '1'  
6 Woodward-Grangr '1'  
7 Chariton '1'  
8 Pleasantville '1'

Heat 2 Prelims

1 Denver '1'  
2 Pocahon Area '1'  
3 Hinton '1'  
4 Spirit Lake '1'  
5 Garner-Hay/Vent  
6 Forest City '1'  
7 Grundy Center '1'  
8 Columbus Cath

Heat 3 Prelims

1 Southeast Valley '1'  
2 MVAOCO '1'  
3 Regina, IC '1'  
4 Mid-Prairie, W '1'  
5 W Lyon, Inwood '1'  
6 Underwood '1'  
7 Northeast, GL '1'  
8 Waukon '1'

Event 80 Girls 4x200 Meter Relay 2A

=====  
Friday 5/22/2026 - 4:40 PM

State Meet: 1:39.72 5/17/2024 Pella Christian, Pella Christ  
R Kacmarynski, B Vos, A Agre, M Van Wyk  
All-Time: 1:38.40 4/24/2026 Waukee Northwest, Waukee NW  
McCann, Jorgensen, Stahl, Willits

School

=====  
Section 1 Timed Finals

1 West Branch '1'  
2 Okoboji, Milford '1'  
3 New Hampton '1'  
4 Beckman '1'  
5 Monticello  
6 Columbus Cath  
7 Woodward-Grangr '1'  
8 Underwood '1'

Section 2 Timed Finals

1 Crestwood '1'  
2 Southeast Valley '1'  
3 Forest City '1'  
4 South Hardin '1'  
5 PCM, Monroe '1'  
6 Pocahon Area '1'  
7 Waukon '1'  
8 Northeast, GL '1'

Section 3 Timed Finals

1 Aplntn-Parksbg  
2 Spirit Lake '1'  
3 Treynor '1'

- 4 Dike-NH
- 5 Garner-Hay/Vent
- 6 Pella Christian '1'
- 7 Hinton '1'
- 8 W Lyon, Inwood '1'

Event 88 Girls 4x400 Meter Relay 2A

=====  
 Friday 5/22/2026 - 7:00 PM

State Meet: 3:55.22 5/17/2024 Pella Christian, Pella Christ  
 R Kacmarynski, M Van Wyk, M Meinders, B Vos  
 All-Time: 3:45.36 2026 Waukee Northwest, Waukee NW  
 McCann, Jorgensen, Vogt, Vogt

School  
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Heat 1 Prelims

- 1 Davis County, B '1'
- 2 Aplntn-Parksbg
- 3 Treynor '1'
- 4 Dike-NH
- 5 Garner-Hay/Vent
- 6 Spirit Lake '1'
- 7 West Branch '1'
- 8 Waukon '1'

Heat 2 Prelims

- 1 Sioux Ctrl, SR '1'
- 2 South Hardin '1'
- 3 PCM, Monroe '1'
- 4 Grundy Center '1'
- 5 Van Meter '1'
- 6 Cent Lyon '1'
- 7 Ridge View '1'
- 8 Mediapolis '1'

Heat 3 Prelims

- 1 Western Christ '1'
- 2 Jesup
- 3 Clarinda '1'
- 4 Union, LaPorte C
- 5 Pella Christian '1'
- 6 W Lyon, Inwood '1'
- 7 Greene County '1'
- 8 New Hampton '1'

Event 96 Girls 4x800 Meter Relay 2A

=====  
 Thursday 5/21/2026 - 5:00 PM

State Meet: 9:24.76 5/16/2019 Western Christ, Wst Christian  
 B Nelson, M Van'tHul, E Heynen, O Granstra  
 All-Time: 8:58.03 4/27/2026 Waukee Northwest, Waukee NW  
 Vander Ley, Sundet, Stubbendeck, Dani

School  
 =====

Section 1 Timed Finals

- 1 Roland-Story '1'
- 2 New Hampton '1'
- 3 Cherokee, Wash '1'
- 4 Albia '1'
- 5 Forest City '1'
- 6 Alta/Aurelia '1'
- 7 W Marshall '1'
- 8 Nodaway Vall '1'
- 9 Mediapolis '1'
- 10 Sioux Ctrl, SR '1'
- 11 Jesup
- 12 Woodward-Grangr '1'

## Section 2 Timed Finals

- 1 Monticello
- 2 Dike-NH
- 3 Aplntn-Parksbg
- 4 PCM, Monroe '1'
- 5 Spirit Lake '1'
- 6 Western Christ '1'
- 7 Treynor '1'
- 8 Waukon '1'
- 9 Grundy Center '1'
- 10 Van Meter '1'
- 11 Mid-Prairie, W '1'
- 12 Hudson

## Event 110 Girls 800 Sprint Medley 2A

=====  
 Saturday 5/23/2026 - 9:12 AM

State Meet: 1:46.05 5/18/2024 Pella Christian, Pella Christ  
 A Agre, R Kacmarynski, M Van Wyk, B Vos  
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar  
 A Rolle, O Hubler, J Bennett, P Wensel

School  
 =====

## Section 1 Timed Finals

- 1 Treynor '1'
- 2 Okoboji, Milford '1'
- 3 Spirit Lake '1'
- 4 East Sac County '1'
- 5 Van Meter '1'
- 6 Greene County '1'
- 7 I-35, Truro '1'
- 8 New Hampton '1'

## Section 2 Timed Finals

- 1 Ridge View '1'
- 2 Alburnett
- 3 Clarinda '1'
- 4 Garner-Hay/Vent
- 5 Denver '1'
- 6 Dike-NH
- 7 Chariton '1'
- 8 Underwood '1'

## Section 3 Timed Finals

- 1 W Lyon, Inwood '1'
- 2 Tipton '1'
- 3 Grundy Center '1'
- 4 Northeast, GL '1'
- 5 South Hardin '1'
- 6 Pella Christian '1'
- 7 Mid-Prairie, W '1'
- 8 Aplntn-Parksbg

## Event 118 Girls High Jump 2A

=====  
 Friday 5/22/2026 - 4:30 PM

State Meet: 5-11 5/22/2009 Hannah Willms, Dike-NH  
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford  
 Name Year School

## Flight 1 Finals

- |                   |                 |
|-------------------|-----------------|
| 1 Macy Walters    | 09 Emmetsburg   |
| 2 Jada Wiltz      | 09 Regina, IC   |
| 3 Isabel Swenson  | 12 S Hamilton   |
| 4 Annabelle Baker | 09 New Hampton  |
| 5 Avery Crear     | 11 Mediapolis   |
| 6 Makayla Crosby  | 10 Cardinal, El |

7	Talia Williams	12	W Central Va
8	Keely Williams	12	Louisa-Musc
9	Emma Boswell	12	Nodaway Vall
10	Bella Bernard	09	Aplntn-Parks
11	Madysen Benjamin	10	Ogden
12	Alaina Arnevik	12	Centerville
13	Taylor Luensmann	10	Beckman
14	Madelyn Michels	10	Oelwein
15	Allison Koch	12	Grundy Cente
16	DeLaney Evans	10	KP-WC-RV
17	Brynlee Boeve	09	Hinton
18	Ally Adams	11	Underwood
19	Anna Kozora	12	KP-WC-RV
20	Mila Syhlman	09	Dike-NH
21	Cheyenne Hulshof	10	Unity Chrst,
22	Rachel Schany	12	Emmetsburg
23	Ellery Bird	09	Clarinda
24	Willow Ray	11	W Central Va

## Event 126 Girls Long Jump 2A

=====  
 Thursday 5/21/2026 - 4:30 PM

State Meet: 18-11.50 5/18/2006 Dani Stipe, Kuem Cath Carrol

All-Time: 20-08.25 2025 Abby Mecklenburg, Linn-Mar

Name Year School

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## Flight 1 Finals

1	Lexi Isebrand	12	Forest City
2	Kenya Davis-Robinson	09	Monticello
3	Melany Horan	09	Ridge View
4	Katelynn Fagg	10	PCM, Monroe
5	Elsa Kurrle	11	Cent Lyon
6	Abren Bazal	11	Wilton
7	Lorna Bernard	09	Aplntn-Parks
8	Ella Howell	11	Columbus, CJ
9	Jaidyn Achenbach	12	Woodward-Gra
10	Emma Boswell	12	Nodaway Vall
11	Addy Ortegren	09	Hinton
12	Leah Blauwet	12	W Lyon, Inwo

## Flight 2 Finals

1	Olivia De Haan	09	Pella Christ
2	Dalaney Eldridge	10	W Marshall
3	Kylie Meier	12	Clarinda
4	Jocelyn O'Neal	12	Red Oak
5	Morgan Masching	11	Kuemper Cath
6	Isabella Schlatter	12	Crestwood
7	Irelynne McNamara	11	MVAOCO
8	Rachel Schany	12	Emmetsburg
9	Ella Hein	11	Tipton
10	Isabella Buckholdt	10	Underwood
11	Jeorgia Evans	10	Mid-Prairie,
12	Anabel Sinz	11	Spirit Lake

## Event 134 Girls Discus Throw 2A

=====  
 Friday 5/22/2026 - 2:00 PM

State Meet: 172-01 5/20/2016 Kiana Phelps, KP-WC

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

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## Flight 1 Finals

1	Addison Schon	10	Kuemper Cath
2	Gabby Prevo	11	Davis County
3	Bristol Albert	11	Cardinal, El
4	DeLaney Mathews	12	Treynor

5	Daytona Ferrie	12	S Hamilton
6	Isla Steines	09	N Fayette Va
7	Aubrey Weber	12	Central Lee
8	Daylea Tinklenberg	12	Unity Chrst,
9	Maddy Cooper	09	Osage
10	Emma Kromminga	11	Monticello
11	Blair Winter	09	MFL MarMac
12	Morgan Divis	12	Hinton
Flight 2 Finals			
1	Kyra Vander Pol	12	Western Chri
2	Miley Geise	11	Roland-Story
3	Lauren Travis	12	Spirit Lake
4	McKenna Beck	10	Spirit Lake
5	Jordyn Schmidt	11	Tipton
6	Hannah Schroeder	12	N Fayette Va
7	Harper Pacha	12	Mid-Prairie,
8	Payton Harris	10	Mediapolis
9	Luxi Coutu	11	Northeast, G
10	Crystal Bonafazi-King	12	Anamosa
11	Kasey Frommelt	10	Anamosa
12	Tristin Gorden	11	South Cent C

## Event 142 Girls Shot Put 2A

=====  
 Thursday 5/21/2026 - 2:00 PM

State Meet: 48-08.75 5/19/2016 Kiana Phelps, KP-WC  
 All-Time: 53-03.50 1992 Paulette Mitchell, Council Bluffs AL  
 Name Year School

## Flight 1 Finals

1	Bristol Albert	11	Cardinal, El
2	Taya Belloma	10	Centerville
3	Emma Schumacher	11	Garner-Hay/V
4	Erin Richtsmeier	12	Grundy Cente
5	McKenna Beck	10	Spirit Lake
6	Kyra Vander Pol	12	Western Chri
7	Sydney Sperry	09	Clarinda
8	Kinslee Rings	11	New Hampton
9	Sophia Palmer	10	Waukon
10	Hannah Weiskamp	10	Garner-Hay/V
11	Ava Moline	11	Manson NW We
12	Isabella (Bella) Forbes	11	Columbus, CJ

## Flight 2 Finals

1	Luxi Coutu	11	Northeast, G
2	Halee Hauswirth	12	Pocahon Area
3	Harper Pacha	12	Mid-Prairie,
4	Tessa Skartvedt	11	S Hamilton
5	Blythe Bucknell	11	Waukon
6	Morgan Divis	12	Hinton
7	Jordyn Schmidt	11	Tipton
8	Rose Niewoehner	12	Crestwood
9	Hannah Schroeder	12	N Fayette Va
10	Delaney Mathews	12	Treynor
11	Miya Schrock	11	Unity Chrst,
12	Lauren Travis	12	Spirit Lake

## Event 149 Girls Distance Medley 2A

=====  
 Friday 5/22/2026 - 2:40 PM

State Meet: 4:06.37 5/17/2024 Tipton, Tipton  
 A Nerem, A Edens, E Hein, N Steines  
 All-Time: 3:55.82 2017 Assumption, Assumption  
 School

## Section 1 Timed Finals

- 1 Ridge View '1'
  - 2 Albia '1'
  - 3 Treynor '1'
  - 4 Forest City '1'
  - 5 Estherville-LC '1'
  - 6 Nodaway Vall '1'
  - 7 Crestwood '1'
  - 8 Alta/Aurelia '1'
- Section 2 Timed Finals
- 1 Waukon '1'
  - 2 Chariton '1'
  - 3 Monticello
  - 4 Greene County '1'
  - 5 Mediapolis '1'
  - 6 Unity Chrst, OC '1'
  - 7 Sumner-Fredrksbg '1'
  - 8 Grand View Christ '1'

- Section 3 Timed Finals
- 1 West Burlington/Notre Dame '1'
  - 2 Pleasantville '1'
  - 3 Grundy Center '1'
  - 4 West Branch '1'
  - 5 Mid-Prairie, W '1'
  - 6 Union, LaPorte C
  - 7 Spirit Lake '1'
  - 8 Garner-Hay/Vent