

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Girls 100 Meter Dash 1A

State Meet: 12.05 \* 5/16/2024 Jaidyn Sellers

All-Time: 11.49 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Tatum Huyser	12 Lynnville-Su	12.34q 0.7
2	Morgan Hast	11 Boyer Valley	12.47q 0.7
3	Rya Scott	12 Hillcrest	12.54q 0.7
4	Trista Hansaker	11 Melcher-Dall	12.58q 0.7
5	McKenna Baker	11 W Monona	12.63q -1.9
6	Paige Richards	11 Madrid	12.71q -1.9
7	Faith Dugan	10 Edgewd-Coles	12.78q -0.2
8	Ava Christofferson	12 Lone Tree	12.85q 0.7
9	Leah Lambe	10 Bellevue	12.88 -0.2
10	Ella Whitney	11 Wayne, Coryd	13.08 -0.2
11	Kaitlyn Hahn	12 Edgewd-Coles	13.12 -1.9
12	Brynnley Patterson	10 Lisbon	13.15 -1.9
13	Ada Johnson	09 Easton Valle	13.17 -1.9
14	Cate Birkey	10 Bishop Garri	13.19 0.7
15	Ava Gehrking	11 English Vall	13.25 -0.2
16	McKinzie Menefee	10 Lenox	13.32 -0.2
17	Allie Lansing	10 Don Bosco	13.36 -0.2
18	Lilly Kraft	11 Maquoketa Va	13.38 -0.2
19	Ellie Hagen	10 East Mills	13.40 -1.9
20	Belle Balichek	10 C-Wheatland	13.41 -0.2
21	Arabella Singleton	10 Riverside, O	13.44 -1.9
22	Reese Gute	12 Fremont-Mill	13.45 0.7
23	McLayna Boeschen	09 Dunkerton	13.50 -1.9
24	Jacklyn Gallardo	11 Lake Mills	15.05 0.7

## Girls 100 Meter Dash 1A

State Meet: 12.05 \* 5/16/2024 Jaidyn Sellers

All-Time: 11.49 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Paige Richards	11 Madrid	12.31 10
2	McKenna Baker	11 W Monona	12.41 8
3	Morgan Hast	11 Boyer Valley	12.44 6
4	Trista Hansaker	11 Melcher-Dall	12.47 5
5	Tatum Huyser	12 Lynnville-Su	12.51 4
6	Rya Scott	12 Hillcrest	12.66 3
7	Faith Dugan	10 Edgewd-Coles	12.73 2
8	Ava Christofferson	12 Lone Tree	12.78 1

## Girls 200 Meter Dash 1A

State Meet: 24.48 \* 5/22/2010 Alex Gochenour

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Emma Reynolds	10 Mount Ayr	25.39q 1.0
2	Paige Richards	11 Madrid	25.50q 1.0
3	Morgan Hast	11 Boyer Valley	25.57q -1.5

4	Lana Alley	12 Fremont-Mill	25.71q 1.0
5	Tatum Huyser	12 Lynnville-Su	25.72q -1.5
6	Jacey Johnston	12 Saint Ansgar	25.74q 0.8
7	McKenna Baker	11 W Monona	25.88q -1.5
8	Leah Lambe	10 Bellevue	26.10q -1.5
9	Regan Eastvold	11 Lake Mills	26.11 0.8
10	Rylee Atkinson	12 Edgewd-Coles	26.16 1.0
11	Ella Whitney	11 Wayne, Coryd	26.37 -1.5
12	Trista Hansaker	11 Melcher-Dall	26.45 0.8
13	Ada Johnson	09 Easton Valle	26.50 -1.5
14	Rya Scott	12 Hillcrest	26.54 -1.5
15	Emery Hall	11 HLV-TC	26.54 0.8
16	Ava Christofferson	12 Lone Tree	26.61 1.0
17	Ava Vonderhaar	09 Clayton Ridg	26.64 0.8
18	McKinzie Menefee	10 Lenox	26.68 0.8
19	Madelyn Tigges	10 Bishop Garri	26.74 1.0
20	Vanessa Blum	09 Woodbine	26.96 -1.5
21	Camryn Strubbe	12 South O'Brie	26.98 1.0
22	Ava Gehrking	11 English Vall	27.09 0.8
23	Sydnee Burgess	11 Montezuma	27.26 0.8
24	Olivia Lund	12 Riverside, O	27.33 1.0

## Girls 200 Meter Dash 1A

State Meet: 24.48 \* 5/22/2010 Alex Gochenour

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Jacey Johnston	12 Saint Ansgar	25.30 10
2	Lana Alley	12 Fremont-Mill	25.31 8
3	Leah Lambe	10 Bellevue	25.32 6
4	Emma Reynolds	10 Mount Ayr	25.42 5
5	Paige Richards	11 Madrid	25.48 4
6	Morgan Hast	11 Boyer Valley	25.54 3
7	Tatum Huyser	12 Lynnville-Su	25.76 2
8	McKenna Baker	11 W Monona	25.80 1

## Girls 400 Meter Dash 1A

State Meet: 55.44 \* 5/16/2024 Jaidyn Sellers

All-Time: 52.90 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Ada Hansen	11 CAM, Anita	56.90 10
2	Emma Reynolds	10 Mount Ayr	57.54 8
3	Eva Vaske	09 Edgewd-Coles	57.67 6
4	Kennedy Brant	12 Glad-Reinbec	58.53 5
5	Emery Hall	11 HLV-TC	58.67 4
6	Aubree Shields	12 Mount Ayr	58.93 3
7	Lanni Beaman	12 Maquoketa Va	58.96 2
8	Stella Simms	09 St. Albert,	59.07 1
9	Rowan Jacobi	12 Springville	59.15
10	Piper Smith	12 AGWSR	59.35
11	Alaina Gourley	12 Danville	59.37
12	Madelyn Tigges	10 Bishop Garri	59.71
13	Jacey Johnston	12 Saint Ansgar	59.85
14	Harper Hillman	Rockford	1:00.00

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## Finals ... (Girls 400 Meter Dash 1A)

Name	Yr	School	Finals
15 Anna Lursen	12	St. Edmond,	1:00.34
16 Morgan Hast	11	Boyer Valley	1:00.79
17 Taryn Petersen	11	EHK-Exira	1:01.42
18 Alexa Hahn	11	Highland	1:01.58
19 Lilah Strong	11	Kee, Lansing	1:01.83
20 Tess Frerichs	10	Akron-Westfi	1:02.17
21 Bree Scabbyrobe	09	Meskwaki Set	1:02.25
22 Addisyn Bandow	11	IKM-Manning	1:02.62
23 Brynn Bellis	10	W Monona	1:02.71
--- Mollie Ancell	10	Ankeny Chris	DQ
--- Amelia Phillips	09	Sigourney	SCR
--- Azlyn Clark	11	Riverside, O	SCR
--- Gabrielle Mitchell	12	Seymour	SCR
--- Amaiya Less	12	Riverside, O	SCR
--- Audrey Dickson	11	Clayton Ridg	SCR
--- Carley Rosburg	09	Starmont	SCR
--- Elizabeth Hansen	11	Springville	SCR
--- Vanessa Bullerman	10	S Winn, Calm	SCR
--- Sophia Clawson	12	Colo-Nesco	SCR
--- Olivia Summerville	10	Earlham	SCR
--- Hannah Hillman		Rockford	SCR
--- Charlie Kline	09	Saint Ansgar	SCR
--- Reagen Liggett	12	Seymour	SCR
--- Alexis Cummins	11	North Union	SCR
--- Sofia Birkland	10	Wayne, Coryd	SCR
--- Makenna Dick	09	West Fork	SCR
--- Quinn Zweibohmer	09	Wapello	SCR
--- Elly Davie	09	Wapsie Val,	SCR
--- Addisyn Hackney	11	Westwood, Sl	SCR
--- Charlotte Placek	11	Woodbine	SCR
--- Keely Christoferson	12	Westwood, Sl	SCR
--- Sydney Strong	10	Bedford	SCR
--- Aubrey Klein	11	St. Mary's, R	SCR
--- Lyla Kohlhaas	09	St. Albert,	SCR
--- Vanessa LaMarche	10	Cedar Ridge C	SCR
--- Adalyn Snowgren	09	Van Buren	SCR
--- Gabby Titus	10	Van Buren	SCR
--- Brynn Stangel	10	W Monona	SCR
--- Katelyn Nikkel	09	Lynnville-Su	SCR
--- Penelope Wearmouth	11	Martndsl-StM	SCR
--- Josie Diers	09	Edgewd-Coles	SCR
--- Kate Harthoorn	12	Lynnville-Su	SCR
--- Jaycie Happel	09	Lisbon	SCR
--- Emma Pleasant	11	Lisbon	SCR
--- Dorothy Bear	11	Meskwaki Set	SCR
--- Katelyn Bandow	11	IKM-Manning	SCR
--- Elyse Lyle	10	Keota	SCR
--- Abigail Ramos	10	Fremont-Mill	SCR
--- Gia Dart	09	Baxter	SCR
--- Jordyn Keuck	09	Heartland Ch	SCR
--- Avery Wonders	11	Baxter	SCR
--- Mindy Wilson	09	Lamoni	SCR
--- Linde Fleshner	09	North Butler	SCR

--- Jorja Regennitter	09	MMCRU	SCR
--- Anna Luers	10	English Vall	SCR
--- Diem Johnson	09	Newell-Fonda	SCR
--- Maggie Rye	09	Nwood-Kenset	SCR
--- Isabella Rice	09	Paton-Churda	SCR
--- Sykora Spray	09	N Mahaska	SCR
--- Bree Rolfes	09	Akron-Westfi	SCR
--- Payton Lanning	09	Maquoketa Va	SCR
--- Ali Sloan	09	Logan-Magnol	SCR
--- Hailey Renslow	09	Madrid	SCR
--- Izzie Franzen	09	Midland, Wyo	SCR
--- Piper Maher	09	Essex	SCR
--- Gabbie Franzen	12	Midland, Wyo	SCR

## Girls 800 Meter Run 1A

State Meet: 2:09.60 \* 5/20/2006 Brooke Dinsdale

All-Time: 2:06.52 ! 2021 Ainsley Erzen

Name	Yr	School	Finals
1 Lili Denton	12	St. Albert,	2:12.20 10
1:04.343 (1:04.343)		2:12.192 (1:07.849)	
2 Chloe Glosser	12	Pekin	2:15.27 8
1:06.851 (1:06.851)		2:15.267 (1:08.417)	
3 Maclaine German	12	Martndsl-StM	2:15.43 6
1:06.395 (1:06.395)		2:15.424 (1:09.029)	
4 Piper Smith	12	AGWSR	2:15.92 5
1:07.504 (1:07.504)		2:15.913 (1:08.409)	
5 Karson Oberender	12	Martndsl-StM	2:16.21 4
1:06.322 (1:06.322)		2:16.203 (1:09.882)	
6 Elizabeth Erickson	11	Colo-Nesco	2:16.66 3
1:06.638 (1:06.638)		2:16.655 (1:10.018)	
7 Maddy Jansen	12	S Winn, Calm	2:16.72 2
1:07.633 (1:07.633)		2:16.715 (1:09.083)	
8 Emery Hall	11	HLV-TC	2:17.88 1
1:06.943 (1:06.943)		2:17.875 (1:10.932)	
9 Josie Dykstra	10	WACO	2:19.27
1:07.281 (1:07.281)		2:19.262 (1:11.982)	
10 Katelyn Brandhorst	12	Madrid	2:19.47
1:07.118 (1:07.118)		2:19.465 (1:12.348)	
11 Carlee Lunsford	11	WACO	2:19.53
1:06.545 (1:06.545)		2:19.530 (1:12.986)	
12 Alexis Mujica	09	Newman Catho	2:19.95
1:08.492 (1:08.492)		2:19.948 (1:11.456)	
13 Abbi Waskow	11	Dunkerton	2:20.54
1:07.106 (1:07.106)		2:20.534 (1:13.428)	
14 Chloe Broer	12	W Monona	2:21.13
1:08.077 (1:08.077)		2:21.128 (1:13.051)	
15 Isabella Stika	11	Turkey Val,	2:21.41
1:07.758 (1:07.758)		2:21.410 (1:13.653)	
16 Audra Burbridge	10	Maquoketa Va	2:21.74
1:08.152 (1:08.152)		2:21.734 (1:13.582)	
17 Sydney Hull	11	E Marshall	2:21.93
1:08.389 (1:08.389)		2:21.929 (1:13.540)	
18 Claire Zweibohmer	12	Riceville	2:22.25
1:07.489 (1:07.489)		2:22.241 (1:14.752)	

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## Finals ... (Girls 800 Meter Run 1A)

Name	Yr	School	Finals
19 Ivy Urbatsch	09	Nwood-Kenset	2:23.33 1:08.696 (1:08.696) 2:23.330 (1:14.634)
20 Jayden Peters	11	Collins-Maxw	2:23.44 1:09.424 (1:09.424) 2:23.440 (1:14.016)
21 Allysen Johnsen	12	Logan-Magnol	2:23.46 1:08.435 (1:08.435) 2:23.453 (1:15.018)
22 Whitney Brady	10	North Linn	2:24.62 1:08.863 (1:08.863) 2:24.613 (1:15.751)
23 Alaina Gourley	12	Danville	2:29.66 1:10.178 (1:10.178) 2:29.657 (1:19.480)
24 Shea Rodgers	11	Earlham	2:32.64 1:10.573 (1:10.573) 2:32.639 (1:22.066)
---	12	Saint Ansgar	SCR
---	11	Riverside, O	SCR
---	10	N Tama, Trac	SCR
---	11	N Tama, Trac	SCR
---	12	North Iowa	SCR
---	10	Prince of Pe	SCR
---	12	Riverside, O	SCR
---	12	S Winn, Calm	SCR
---	10	Akron-Westfi	SCR
---	11	Wayne, Coryd	SCR
---	11	Wayne, Coryd	SCR
---	10	Van Buren	SCR
---	11	Van Buren	SCR
---	11	Westwood, Sl	SCR
---	11	Woodbine	SCR
---	09	West Fork	SCR
---	12	West Hancock	SCR
---	09	St. Mary's, R	SCR
---	09	St. Mary's, R	SCR
---	09	Sibley-Ochey	SCR
---	09	Southwest Va	SCR
---	11	Starmont	SCR
---	11	Starmont	SCR
---	12	St. Mary's, SL	SCR
---	09	Gehlen Cath,	SCR
---	12	Lawton-Brons	SCR
---	09	E Buchanan	SCR
---	11	Edgewd-Coles	SCR
---	09	Heartland Ch	SCR
---	10	Highland	SCR
---	09	Lenox	SCR
---	11	IKM-Manning	SCR
---	09	Central City	SCR
---	10	Central, Elk	SCR
---	12	Belmond-Klem	SCR
---	09	Boyer Valley	SCR
---	09	EHK-Exira	SCR
---	11	Fremont-Mill	SCR
---	12	Earlham	SCR
---	09	EHK-Exira	SCR
---	12	Mount Ayr	SCR

---	10	Mount Ayr	SCR
---	09	Marquette Ca	SCR
---	11	Belle Plaine	SCR
---	10	Moravia	SCR
---	10	Murray	SCR
---	10	Newell-Fonda	SCR
---	09	North Butler	SCR
---	11	Lynnville-Su	SCR
---	11	Madrid	SCR
---	09	Highland	SCR
---	10	Lynnville-Su	SCR
---	10	Logan-Magnol	SCR
---	09	Maquoketa Va	SCR
---	09	Meskwaki Set	SCR
---	09	Lisbon	SCR

## Girls 1500 Meter Run 1A

State Meet: 4:30.63 \* 5/24/2025 Lili Denton

All-Time: 4:25.32 ! 5/18/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1 Lili Denton	12	St. Albert,	4:28.32* 10 50.063 (50.063) 2:02.877 (1:12.814) 3:18.452 (1:15.575) 4:28.314 (1:09.862)
2 Chloe Glosser	12	Pekin	4:31.49 8 51.380 (51.380) 2:05.048 (1:13.668) 3:19.440 (1:14.393) 4:31.488 (1:12.049)
3 Karson Oberender	12	Martndsl-StM	4:42.20 6 51.091 (51.091) 2:06.477 (1:15.387) 3:25.432 (1:18.955) 4:42.192 (1:16.761)
4 Elizabeth Erickson	11	Colo-Nesco	4:49.60 5 52.546 (52.546) 2:12.812 (1:20.267) 3:33.793 (1:20.981) 4:49.595 (1:15.802)
5 Alexis Mujica	09	Newman Catho	4:50.14 4 54.677 (54.677) 2:13.894 (1:19.217) 3:34.651 (1:20.758) 4:50.132 (1:15.481)
6 Lauren Krogmann	11	Starmont	4:50.52 3 53.184 (53.184) 2:13.006 (1:19.822) 3:33.705 (1:20.700) 4:50.515 (1:16.810)
7 Allysen Johnsen	12	Logan-Magnol	4:50.53 2 53.135 (53.135) 2:12.922 (1:19.788) 3:33.335 (1:20.413) 4:50.526 (1:17.191)
8 Ava Witt	09	Saint Ansgar	4:54.48 1 54.825 (54.825) 2:14.600 (1:19.775) 3:36.563 (1:21.963) 4:54.471 (1:17.908)
9 Mareni Brabec	12	Newell-Fonda	4:55.67 53.661 (53.661) 2:13.351 (1:19.691) 3:35.353 (1:22.002) 4:55.665 (1:20.312)
10 Ivy Urbatsch	09	Nwood-Kenset	4:55.97 54.556 (54.556) 2:14.430 (1:19.875) 3:38.167 (1:23.737) 4:55.968 (1:17.801)
11 Maclaine German	12	Martndsl-StM	4:56.08 53.014 (53.014) 2:13.247 (1:20.234) 3:35.609 (1:22.362) 4:56.071 (1:20.462)

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## Finals ... (Girls 1500 Meter Run 1A)

Name	Yr	School	Finals
12 Lauren Hillesland	12	North Iowa	4:57.32 55.170 (55.170) 2:14.222 (1:19.052) 3:33.495 (1:19.274) 4:57.315 (1:23.820)
13 Abbi Waskow	11	Dunkerton	4:57.88 54.279 (54.279) 2:13.094 (1:18.815) 3:34.232 (1:21.138) 4:57.872 (1:23.641)
14 Madelyn Grothus	11	Madrid	4:59.07 53.907 (53.907) 2:13.153 (1:19.247) 3:35.630 (1:22.478) 4:59.065 (1:23.436)
15 Claire Zweibohmer	12	Riceville	4:59.64 52.866 (52.866) 2:13.415 (1:20.549) 3:36.995 (1:23.581) 4:59.631 (1:22.637)
16 Kinsey Prunty	10	Wayne, Coryd	5:04.15 54.241 (54.241) 2:13.571 (1:19.331) 3:38.323 (1:24.752) 5:04.142 (1:25.820)
17 Ashlynn Hosbond	10	Colfax-Mingo	5:04.56 52.294 (52.294) 2:13.910 (1:21.617) 3:39.947 (1:26.037) 5:04.555 (1:24.609)
18 Julia Swift	10	Bishop Garri	5:04.82 53.519 (53.519) 2:12.851 (1:19.332) 3:37.343 (1:24.493) 5:04.818 (1:27.475)
19 Hannah Brandhorst	11	Madrid	5:04.92 54.883 (54.883) 2:16.314 (1:21.432) 3:41.570 (1:25.256) 5:04.919 (1:23.350)
20 Jayden Peters	11	Collins-Maxw	5:07.38 55.398 (55.398) 2:18.209 (1:22.812) 3:45.423 (1:27.214) 5:07.372 (1:21.949)
21 Sydney Hull	11	E Marshall	5:08.06 54.549 (54.549) 2:16.930 (1:22.381) 3:45.105 (1:28.176) 5:08.055 (1:22.950)
22 Aleah Marco	10	Sibley-Ochey	5:13.72 54.743 (54.743) 2:15.943 (1:21.201) 3:44.984 (1:29.041) 5:13.714 (1:28.731)
23 Tynley Boussetot	09	C-Wheatland	5:19.48 54.046 (54.046) 2:14.349 (1:20.303) 3:43.199 (1:28.850) 5:19.476 (1:36.277)
24 Rylee Philips	12	Van Buren	5:29.70 55.605 (55.605) 2:18.705 (1:23.101) 3:52.594 (1:33.889) 5:29.695 (1:37.101)
--- Bailey Richardson	12	Riverside, O	SCR
--- Ava Hoover	11	North Linn	SCR
--- Emmerson Jedlicka	12	N Mahaska	SCR
--- Rachael Murty	11	N Tama, Trae	SCR
--- Gracyn Newton	10	Mormon Trail	SCR
--- Chloe Switzer	10	BCLUW	SCR
--- Maya Ruden	09	Prince of Pe	SCR
--- Ava Minnehan	12	Paton-Churda	SCR
--- Adalynn Kane	10	Wapsie Val,	SCR
--- Emalee Moorman	12	Wayne, Coryd	SCR
--- Keira Diehm	11	St. Albert,	SCR
--- Macie Carter	09	WACO	SCR
--- Josie McFarland	11	Westwood, SI	SCR
--- Reagan Cogdill	12	Woodbine	SCR

--- Charlie Bruggeman	12	West Hancock	SCR
--- Alyssa Anderson	10	Westwood, SI	SCR
--- Ava Franzen	11	S Winn, Calm	SCR
--- Annie Hageman	11	S Winn, Calm	SCR
--- Alexis Cummins	11	North Union	SCR
--- Gracie Odens	09	Sibley-Ochey	SCR
--- Abbigail Brown	09	Starmont	SCR
--- Brooklyn Schafer	11	ACGC	SCR
--- Addison Yates	12	Sigourney	SCR
--- Anabelle Williams	10	Springville	SCR
--- Chloe Bowling	12	Easton Valle	SCR
--- Josie Diers	09	Edgewd-Coles	SCR
--- Sophia Housh	09	East Mills	SCR
--- Quynn Foster	12	East Union	SCR
--- Anna Schilling	09	Gehlen Cath,	SCR
--- BreAnn Hartwigsen	12	Glidden-Rals	SCR
--- Madelynn Schaaf	09	Fremont-Mill	SCR
--- Violet Geha	09	Gehlen Cath,	SCR
--- Michelle Wilson	11	EHK-Exira	SCR
--- Addison Achenbach	11	English Vall	SCR
--- Mackenzie Harger	12	Earlham	SCR
--- Annabelle Wulfekuhle	10	Edgewd-Coles	SCR
--- Jaden Connolly	10	E Buchanan	SCR
--- Kinsley Canoyer	10	Earlham	SCR
--- Ella Sandahl	11	Essex	SCR
--- KoraRae Stott	09	Danville	SCR
--- Ashlyn Byer	12	Mount Ayr	SCR
--- Irais Trujillo	09	Mount Ayr	SCR
--- Mia Adams	10	Lisbon	SCR
--- Breanna Bush	10	Maquoketa Va	SCR
--- Addison Voelker	11	North Butler	SCR
--- Annika Juhl	11	MMCRU	SCR
--- Quinn Sievers	09	Newell-Fonda	SCR
--- Lily Friedrich	11	Cedar Ridge C	SCR
--- Ava Steinmetz	10	Heartland Ch	SCR
--- Grace Bombei	10	Highland	SCR
--- Brynlee Irlbeck	09	IKM-Manning	SCR
--- Natalie McKenna	11	Lawton-Brons	SCR
--- Emma Parkinson	11	Lynnville-Su	SCR
--- Mandeesa Vos	10	Lynnville-Su	SCR
--- Marie Yoder	11	Hillcrest	SCR
--- Emma Von Lienen	11	Iowa Valley,	SCR

## Girls 3000 Meter Run 1A

State Meet: 9:42.04 \* 5/22/2025 Lili Denton

All-Time: 9:23.60 ! 4/25/2024 Addison Dorenkamp

Name	Yr	School	Finals
1 Chloe Glosser	12	Pekin	9:37.39* 10 34.815 (34.815) 1:54.791 (1:19.976) 3:14.095 (1:19.304) 4:31.415 (1:17.320) 5:49.485 (1:18.070) 7:07.681 (1:18.197) 8:24.148 (1:16.468) 9:37.387 (1:13.240)

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## Finals ... (Girls 3000 Meter Run 1A)

Name	Yr	School	Finals								
2	Lili Denton	12	St. Albert,	10:01.14	8	15	Jayden Peters	11	Collins-Maxw	11:02.99	
	34.674 (34.674)	1:54.645 (1:19.972)	3:14.366 (1:19.721)				36.229 (36.229)	1:57.976 (1:21.748)	3:24.866 (1:26.890)		
	4:31.765 (1:17.399)	5:50.768 (1:19.003)	7:14.236 (1:23.468)				4:54.515 (1:29.649)	6:28.127 (1:33.613)	8:03.310 (1:35.184)		
	8:38.252 (1:24.016)	10:01.133 (1:22.882)					9:36.465 (1:33.155)	11:02.982 (1:26.517)			
3	Karson Oberender	12	Martndsl-StM	10:09.56	6	16	Tynley Bousselot	09	C-Wheatland	11:10.03	
	35.006 (35.006)	1:54.984 (1:19.978)	3:15.721 (1:20.737)				36.709 (36.709)	1:58.671 (1:21.963)	3:28.329 (1:29.658)		
	4:39.027 (1:23.307)	6:04.597 (1:25.570)	7:30.742 (1:26.145)				5:02.465 (1:34.136)	6:36.911 (1:34.447)	8:09.171 (1:32.260)		
	8:55.717 (1:24.975)	10:09.553 (1:13.837)					9:39.777 (1:30.607)	11:10.021 (1:30.245)			
4	Alexis Mujica	09	Newman Catho	10:12.51	5	17	Addison Yates	12	Sigourney	11:17.66	
	34.885 (34.885)	1:54.888 (1:20.004)	3:17.629 (1:22.741)				37.508 (37.508)	2:01.265 (1:23.758)	3:32.385 (1:31.120)		
	4:41.348 (1:23.719)	6:06.695 (1:25.348)	7:31.942 (1:25.247)				5:04.353 (1:31.968)	6:38.681 (1:34.328)	8:13.393 (1:34.713)		
	8:55.845 (1:23.904)	10:12.507 (1:16.662)					9:48.007 (1:34.615)	11:17.660 (1:29.653)			
5	Madelyn Grothus	11	Madrid	10:13.70	4	18	Ellie Yates	12	Sigourney	11:22.68	
	37.247 (37.247)	1:57.845 (1:20.598)	3:19.919 (1:22.074)				37.913 (37.913)	2:02.689 (1:24.776)	3:33.578 (1:30.890)		
	4:41.251 (1:21.333)	6:05.125 (1:23.874)	7:31.145 (1:26.020)				5:06.703 (1:33.126)	6:41.426 (1:34.723)	8:17.021 (1:35.596)		
	8:55.587 (1:24.442)	10:13.699 (1:18.113)					9:52.353 (1:35.333)	11:22.673 (1:30.320)			
6	Elizabeth Erickson	11	Colo-Nesco	10:15.20	3	19	Kinsey Prunty	10	Wayne, Coryd	11:26.56	
	35.099 (35.099)	1:55.174 (1:20.075)	3:15.879 (1:20.705)				35.807 (35.807)	1:57.017 (1:21.210)	3:24.388 (1:27.371)		
	4:39.159 (1:23.281)	6:04.733 (1:25.574)	7:30.918 (1:26.185)				4:57.611 (1:33.224)	6:34.191 (1:36.580)	8:13.266 (1:39.076)		
	8:56.092 (1:25.175)	10:15.199 (1:19.108)					9:52.749 (1:39.484)	11:26.552 (1:33.803)			
7	Lauren Krogmann	11	Starmont	10:28.80	2	20	Charlie Bruggeman	12	West Hancock	11:30.02	
	35.521 (35.521)	1:55.966 (1:20.445)	3:20.231 (1:24.266)				36.263 (36.263)	1:59.966 (1:23.703)	3:30.338 (1:30.372)		
	4:43.735 (1:23.504)	6:09.096 (1:25.361)	7:35.896 (1:26.801)				5:04.555 (1:34.218)	6:39.743 (1:35.188)	8:16.900 (1:37.158)		
	9:01.793 (1:25.897)	10:28.797 (1:27.004)					9:55.243 (1:38.343)	11:30.013 (1:34.770)			
8	Ivy Urbatsch	09	Nwood-Kenset	10:32.62	1	21	Addaley Girres	09	Graet-T/Ruth	11:34.03	
	35.938 (35.938)	1:56.847 (1:20.909)	3:21.545 (1:24.698)				38.570 (38.570)	2:06.655 (1:28.086)	3:41.961 (1:35.306)		
	4:48.741 (1:27.196)	6:17.076 (1:28.335)	7:44.902 (1:27.827)				5:18.074 (1:36.114)	6:54.450 (1:36.376)	8:29.830 (1:35.381)		
	9:12.235 (1:27.333)	10:32.615 (1:20.380)					10:05.801 (1:35.971)	11:34.025 (1:28.225)			
9	Claire Zweibohmer	12	Riceville	10:32.63		22	Abbi Waskow	11	Dunkerton	11:38.64	
	35.364 (35.364)	1:56.179 (1:20.815)	3:20.391 (1:24.213)				35.310 (35.310)	1:55.901 (1:20.592)	3:20.994 (1:25.093)		
	4:44.509 (1:24.118)	6:12.234 (1:27.725)	7:41.910 (1:29.676)				4:50.353 (1:29.359)	6:26.113 (1:35.761)	8:04.507 (1:38.394)		
	9:11.333 (1:29.424)	10:32.629 (1:21.296)					9:49.128 (1:44.621)	11:38.637 (1:49.510)			
10	Lauren Hillesland	12	North Iowa	10:36.31		23	Marie Yoder	11	Hillcrest	11:39.95	
	37.807 (37.807)	2:02.069 (1:24.263)	3:27.472 (1:25.403)				39.581 (39.581)	2:09.037 (1:29.456)	3:43.667 (1:34.630)		
	4:51.959 (1:24.487)	6:16.560 (1:24.602)	7:44.015 (1:27.456)				5:18.512 (1:34.846)	6:54.706 (1:36.194)	8:32.873 (1:38.168)		
	9:12.147 (1:28.132)	10:36.303 (1:24.157)					10:09.417 (1:36.545)	11:39.941 (1:30.524)			
11	Allysen Johnsen	12	Logan-Magnol	10:51.49		24	Mandeesa Vos	10	Lynnville-Su	11:41.81	
	35.557 (35.557)	1:56.247 (1:20.691)	3:20.983 (1:24.736)				37.129 (37.129)	2:02.305 (1:25.176)	3:35.053 (1:32.748)		
	4:47.265 (1:26.283)	6:16.927 (1:29.662)	7:48.017 (1:31.091)				5:10.513 (1:35.461)	6:49.499 (1:38.986)	8:28.733 (1:39.235)		
	9:20.755 (1:32.738)	10:51.481 (1:30.727)					10:08.735 (1:40.002)	11:41.809 (1:33.074)			
12	Julia Swift	10	Bishop Garri	10:54.27		---	Aubrey Irving	09	Moravia	SCR	
	36.353 (36.353)	1:58.738 (1:22.385)	3:27.159 (1:28.422)				---	Adrian Bohlmann	09	Newell-Fonda	SCR
	4:56.836 (1:29.677)	6:26.960 (1:30.124)	7:59.043 (1:32.083)				---	Addison Voelker	11	North Butler	SCR
	9:30.807 (1:31.765)	10:54.261 (1:23.454)					---	Emmerson Jedlicka	12	N Mahaska	SCR
13	Ashlynn Hosbond	10	Colfax-Mingo	10:54.96		---	Merrin Hanson	12	Nwood-Kenset	SCR	
	34.686 (34.686)	1:55.605 (1:20.919)	3:20.509 (1:24.905)				---	Annika Juhl	11	MMCRU	SCR
	4:48.647 (1:28.139)	6:21.703 (1:33.056)	7:55.931 (1:34.229)				---	Rachael Murty	11	N Tama, Trae	SCR
	9:29.607 (1:33.676)	10:54.954 (1:25.348)					---	Keira Diehm	11	St. Albert,	SCR
14	Chloe Broer	12	W Monona	10:55.37		---	Naomi Valles	10	St. Edmond,	SCR	
	35.831 (35.831)	1:57.433 (1:21.602)	3:22.859 (1:25.426)				---	Dylan Schroeder	09	St. Mary's, R	SCR
	4:52.679 (1:29.821)	6:25.655 (1:32.976)	8:00.463 (1:34.809)				---	Kinley Keegan	09	Siouxland Ch	SCR
	9:31.355 (1:30.892)	10:55.367 (1:24.012)					---	Addison Steinlage	12	Turkey Val,	SCR
							---	Emersen Gunzenhauser	12	Wayne, Coryd	SCR
							---	London Miller	12	Tripoli	SCR
							---	Maya Ruden	09	Prince of Pe	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 3000 Meter Run 1A)

Name	Yr	School	Finals
---	Bailey Richardson	12 Riverside, O	SCR
---	Ava Minnehan	12 Paton-Churda	SCR
---	Lauren Ondrashek	11 S Winn, Calm	SCR
---	Tessa Phillips	12 S Winn, Calm	SCR
---	Gracie Odens	09 Sibley-Ochey	SCR
---	Ella Sandahl	11 Essex	SCR
---	Grace Anton	11 E Buchanan	SCR
---	Michelle Wilson	11 EHK-Exira	SCR
---	Addison Achenbach	11 English Vall	SCR
---	Chloe Bowling	12 Easton Valle	SCR
---	Madelynn Schaaf	09 Fremont-Mill	SCR
---	Layah Anderson	10 Earlham	SCR
---	Quynn Foster	12 East Union	SCR
---	Tayli Lawler	11 AHSTW	SCR
---	Isabella Stotts	12 BCLUW	SCR
---	Chelsea Kopaska	12 ACGC	SCR
---	Josie Lennon	12 Akron-Westfi	SCR
---	Adaline Jolly	10 Collins-Maxw	SCR
---	Cadence Hammen	12 Earlham	SCR
---	Brianna Miller	09 Cedar Ridge C	SCR
---	Hannah Friedlein	11 Central, Elk	SCR
---	Lydia Hartman	09 Lone Tree	SCR
---	Breanna Bush	10 Maquoketa Va	SCR
---	Elizabeth Moore	11 Martndsl-StM	SCR
---	Eliza Moehlman	09 Lisbon	SCR
---	Irais Trujillo	09 Mount Ayr	SCR
---	Danika Meyer	10 Newell-Fonda	SCR
---	Anna Feldmann	09 Maquoketa Va	SCR
---	Ashlyn Byer	12 Mount Ayr	SCR
---	Catherine Conner	10 IKM-Manning	SCR
---	Hannah Hutchison	09 Heartland Ch	SCR
---	Danielle Tesch	12 Gehlen Cath,	SCR
---	BreAnn Hartwigsen	12 Glidden-Rals	SCR
---	Grace Bombei	10 Highland	SCR
---	Siena Stanerson	12 Hillcrest	SCR
---	Ava Steinmetz	10 Heartland Ch	SCR

## Girls 100 Meter Hurdles 1A

State Meet: 14.07 \* 5/21/2010 Alex Gochenour

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Prelims
1	Ada Hansen	11 CAM, Anita	14.96q-1.6
2	Lana Alley	12 Fremont-Mill	15.12q 0.8
3	Camryn Russell	12 Baxter	15.14q-0.6
4	Rowan Jacobi	12 Springville	15.16q-0.6
5	Addison Winters	12 Kee, Lansing	15.24q-0.6
6	Kennedy Brant	12 Glad-Reinbec	15.54q-1.6
7	Malia Clayburg	12 CR-Bayard	15.80q-0.6
8	Honor Hovenga	11 Janesville	15.84q 0.8
9	Carsyn Adams	11 Griswold	15.97 -1.6
10	Eva Vaske	09 Edgewd-Coles	16.18 0.8

11	Kieren Perez	12 N Mahaska	16.18 0.8
12	Paislee Coleman	11 Pekin	16.38 -0.6
13	Zoey Quigley	11 Cent Decatur	16.39 -0.6
14	Lexi Clendenen	12 SE Warren	16.46 -1.6
15	Caitlyn Hough	10 Graet-T/Ruth	16.57 0.8
16	Emersyn Minnaert	10 B-G-M, Brook	16.79 -1.6
17	Montana Farrens	12 W Monona	16.81 0.8
18	Kailor Lown	11 English Vall	16.91 0.8
19	Heaven Powell	10 Prince of Pe	16.98 0.8
20	Brystol Wyman	11 Griswold	17.13 -1.6
21	Grace Anderegg	12 Baxter	17.29 -0.6
22	Brooklyn Weldon	09 Fremont-Mill	17.31 -1.6
23	Mailee Templeton	11 Southwest Va	17.65 -0.6
---	Alexis Rose	12 North Butler	DNS -1.6

## Girls 100 Meter Hurdles 1A

State Meet: 14.07 \* 5/21/2010 Alex Gochenour

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Finals
1	Lana Alley	12 Fremont-Mill	14.59 10
2	Ada Hansen	11 CAM, Anita	14.65 8
3	Rowan Jacobi	12 Springville	14.96 6
4	Camryn Russell	12 Baxter	15.14 5
5	Addison Winters	12 Kee, Lansing	15.17 4
6	Kennedy Brant	12 Glad-Reinbec	15.52 3
7	Malia Clayburg	12 CR-Bayard	15.60 2
8	Honor Hovenga	11 Janesville	16.09 1

## Girls 400 Meter Hurdles 1A

State Meet: 1:02.14 \* 5/22/2009 Sara Stoakes

All-Time: 57.30 ! 1975 Debbie Esser

Name	Yr	School	Finals
1	Ada Hansen	11 CAM, Anita	1:01.28* 10
2	Eva Vaske	09 Edgewd-Coles	1:03.98 8
3	Addison Winters	12 Kee, Lansing	1:04.37 6
4	Kennedy Brant	12 Glad-Reinbec	1:04.83 5
5	Honor Hovenga	11 Janesville	1:05.07 4
6	Carlie Nuckolls	11 Fremont-Mill	1:06.20 3
7	Carsyn Adams	11 Griswold	1:06.89 2
8	Cadence Petersen	11 ACGC	1:07.00 1
9	Jordyn Robbins	09 Logan-Magnol	1:07.50
10	Bella Lamp	11 AHSTW	1:07.69
11	Nataliya Linder	11 N Mahaska	1:08.20
12	Camryn Russell	12 Baxter	1:08.38
13	Dorothy Bear	11 Meskwaki Set	1:08.58
14	Hailey Gacke	10 Sibley-Ochey	1:09.55
15	Allie Fehr	12 WB-Mallard	1:09.83
16	Cora Sauer	11 Lake Mills	1:09.84
17	Laney Brinkman	12 North Butler	1:09.85
18	Amanda Smith	12 Earlham	1:10.21
19	Hazel Nieman	11 Turkey Val,	1:10.52
20	Kelly Cerwinske	10 Nashua-Plain	1:10.58
21	Marin Janke	10 Martndsl-StM	1:10.80

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 400 Meter Hurdles 1A)

Name	Yr	School	Finals
22	Kamryn Stone	10 E Buchanan	1:11.26
23	Mya Pohlen	11 Sibley-Ochey	1:11.46
24	Brystal Peck	11 Wayne, Coryd	1:11.96
---	Allison Gillip	09 New London	SCR
---	Adaline Jensen	09 Saint Ansgar	SCR
---	Reagen Liggett	12 Seymour	SCR
---	Gabriella Seda	12 N Tama, Trac	SCR
---	Marissa Nielsen	10 North Union	SCR
---	Heaven Powell	10 Prince of Pe	SCR
---	Alexis Gray	11 North Iowa	SCR
---	Paige Erickson	09 Newell-Fonda	SCR
---	Abby Guise	12 Pekin	SCR
---	Aubrey Loeffler	09 Van Buren	SCR
---	Kenzie Cameron	10 W Monona	SCR
---	Quinn McDonald	09 Stanton	SCR
---	Greta Hustedt	09 South O'Brie	SCR
---	Aubrey Madson	12 West Hancock	SCR
---	Amaryllis Jensen	10 Wayne, Coryd	SCR
---	Elizabeth Parsons	10 Wapello	SCR
---	Emry Shannon	09 Wapsie Val,	SCR
---	Taya Eisenga	12 Siouxland Ch	SCR
---	Alyssa Pearson	12 Southwest Va	SCR
---	Gabrielle Mitchell	12 Seymour	SCR
---	Ava Falk	12 Saint Ansgar	SCR
---	Addison Merritt	11 Springville	SCR
---	Mia Matgen	11 St. Mary's, R	SCR
---	Jacey Martin	09 Springville	SCR
---	Hailey Grandfield	09 Diagonal	SCR
---	Teighlor Elledge	10 E Buchanan	SCR
---	Brooklynn Snider	10 EHK-Exira	SCR
---	Joslyn Bender	10 English Vall	SCR
---	Annabelle Blum	09 IKM-Manning	SCR
---	Tatum Sauer	09 Lake Mills	SCR
---	Brooklyn Weldon	09 Fremont-Mill	SCR
---	Jocie Parks	12 GMG, Garwin	SCR
---	Makenna Paulsen	12 AHSTW	SCR
---	Paige Cathey	11 Ankeny Chris	SCR
---	Charlee Fletchall	09 Bedford	SCR
---	Emersyn Minnaert	10 B-G-M, Brook	SCR
---	Grace Kimberley	11 Collins-Maxw	SCR
---	Kimberly Doud	10 Earlham	SCR
---	Cypress Erickson	12 Collins-Maxw	SCR
---	Adelyn White	11 Madrid	SCR
---	Magdalena Petermann	11 Maquoketa Va	SCR
---	Carley Larson	12 Lenox	SCR
---	Alexa Roos	12 Lisbon	SCR
---	Tia Tentinger	11 MMCRU	SCR
---	Brielle Haughey	09 Montezuma	SCR
---	Taylor Salow	10 Maquoketa Va	SCR
---	Ava Vie	12 Newell-Fonda	SCR
---	Maiya Singbeil	10 Highland	SCR
---	Kennedy Thiessen	11 Iowa Valley,	SCR
---	Adelynn Mesz	09 Lawton-Brons	SCR

---	Kamryn Hough	10 Graet-T/Ruth	SCR
---	Bristol Hardeman	09 Lynnville-Su	SCR
---	Kiera Alt	09 Madrid	SCR
---	Abigail Jones	10 Janesville	SCR

## Girls 4x100 Meter Relay 1A

State Meet: 48.72 \* 2022 Madrid

L Ostert, E Olsen, J Dodds, E Santi

All-Time: 46.66 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Edgewd-Colesburg	1 49.53q
	1) Rylee Atkinson 12	2) Lilee Boriskey 12
	3) Kaitlyn Hahn 12	4) Faith Dugan 10
2	Hillcrest	1 49.71q
	1) Karina Bourha 10	2) Adia Scott 09
	3) Niva Helmuth 12	4) Rya Scott 12
3	Fremont-Mills	1 49.72q
	1) Reese Gute 12	2) Kinley Blackburn 12
	3) Carlie Nuckolls 11	4) Lana Alley 12
4	Lynnville-Sully	1 50.20q
	1) Morgan Hay 12	2) Brilynn Tice 11
	3) Aubrey Harthoorn 09	4) Tatum Huysler 12
5	Maquoketa Valley	1 50.22q
	1) Mallori Ambundo 09	2) Lilly Kraft 11
	3) Taryn Burbridge 12	4) Camryn Paris 11
6	Bellevue	1 50.23q
	1) Karley McCombie 11	2) Laney Steines 10
	3) Bella Leibfried 11	4) Leah Lambe 10
7	N Mahaska	1 50.39q
	1) Addison Terpstra 11	2) Nataliya Linder 11
	3) Addelynn Jedlicka 09	4) Kieren Perez 12
8	Highland	1 50.45q
	1) Hailey Brun 11	2) Kamryn Fink 10
	3) Kinzie Ruess 09	4) Alexa Hahn 11
9	WACO	1 50.82
	1) Ryen Pepper 12	2) Natalie Wagler 11
	3) Bren Graber 10	4) Taelyn Egli 10
10	W Monona	1 50.93
	1) Montana Farrens 12	2) Ashlee Pittet 12
	3) Carly Stangel 12	4) McKenna Baker 11
11	West Hancock	1 51.02
	1) Ava Keiper 11	2) Iselle Weiland 10
	3) Aubrey Madson 12	4) Vanessa Nieto Mendez 12
12	Belle Plaine	1 51.04
	1) Aubrey Jack 09	2) Annika Hultquist 10
	3) Ava Grieder 11	4) Camella Walton 10
13	Lisbon	1 51.26
	1) Jordyn Jarchow 10	2) Quinn Roos 10
	3) Paige Epperly 10	4) Brynley Patterson 10
14	Cent Decatur	1 51.30
	1) Lakyn Mundy 10	2) Soiyer Smith 11
	3) Grace Leahy 10	4) Breegan Lindsey 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Preliminaries ... (Girls 4x100 Meter Relay 1A)

Team	Relay	Prelims
15 IKM-Manning	1	51.42
1) Anna Stangl 12	2) Caylie Rasmussen 11	
3) Oriah Meiners 12	4) Olivia Linde 10	
16 AHSTW	1	51.43
1) Brooke Lee 11	2) Kennedy Wyman 10	
3) Emery Brockhoff 10	4) McKenzie Behrens 09	
17 Van Buren County	1	51.46
1) Emma Coffin 11	2) Aida Troutman 10	
3) Daphny Wells 11	4) Ava Loeffler 11	
18 Mount Ayr	1	51.61
1) Chloe Robb 09	2) Payton Worthington 09	
3) Kate Newton 10	4) Brittlyn Nickle 11	
19 Lawton-Bronson	1	51.62
1) Briella Oehler 09	2) Bree Jessen 10	
3) Addison Rubendall 12	4) Laney Nelson 11	
20 West Fork		51.69
1) Alyssa Wood 11	2) Josephine Schmidt 10	
3) Evelyn Hitzhusen 11	4) Talia Pommrehn 09	
21 North Butler	1	51.76
1) Alexis Rose 12	2) Claire McCandless 12	
3) Laney Brinkman 12	4) Cora Barnett 11	
22 North Cedar	1	51.78
1) Reese Sandberg 12	2) Brookelynn Kreel 11	
3) Caylee Curley 11	4) Arianna Robinson 09	
23 Montezuma	1	51.79
1) Vivian Cook 11	2) Sydnee Burgess 11	
3) RYANNE WILLIAMS 10	4) Hayden Sutherland 10	
24 George-Little Rk	1	51.82
1) Gretchen Stratman 11	2) Grace Ubbinga 10	
3) Keslee Kruger 09	4) Lindsey Haken 12	

## Girls 4x100 Meter Relay 1A

State Meet: 48.72 \* 2022

Madrid

L Ostert, E Olsen, J Dodds, E Santi

All-Time: 46.66 ! 2026

Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Finals
1 Hillcrest	1	49.29 10
1) Karina Bourha 10	2) Adia Scott 09	
3) Niva Helmuth 12	4) Rya Scott 12	
2 Edgewd-Colesburg	1	49.63 8
1) Rylee Atkinson 12	2) Lilee Boriskey 12	
3) Kaitlyn Hahn 12	4) Faith Dugan 10	
3 Lynnville-Sully	1	49.88 6
1) Morgan Hay 12	2) Brilynn Tice 11	
3) Aubrey Harthoorn 09	4) Tatum Huyser 12	
4 Bellevue	1	49.92 5
1) Karley McCombie 11	2) Laney Steines 10	
3) Bella Leibfried 11	4) Leah Lambe 10	
5 Fremont-Mills	1	49.95 4
1) Reese Gute 12	2) Kinley Blackburn 12	
3) Carlie Nuckolls 11	4) Lana Alley 12	

6 Highland	1	50.40 3
1) Hailey Brun 11	2) Kamryn Fink 10	
3) Kinzie Ruess 09	4) Alexa Hahn 11	
7 N Mahaska	1	50.43 2
1) Addison Terpstra 11	2) Nataliya Linder 11	
3) Addelynn Jedlicka 09	4) Kieren Perez 12	
8 Maquoketa Valley	1	50.73 1
1) Mallori Ambundo 09	2) Lilly Kraft 11	
3) Taryn Burbridge 12	4) Camryn Paris 11	

## Girls 4x200 Meter Relay 1A

State Meet: 1:43.29 \* 2022

Madrid

L Ostert, E Olsen, J Dodds, E Santi

All-Time: 1:38.40 ! 4/24/2026 Waukee Northwest

McCann, Jorgensen, Stahl, Willits

Team	Relay	Finals
1 Edgewd-Colesburg	1	1:44.43 10
1) Rylee Atkinson 12	2) Lilee Boriskey 12	
3) Kaitlyn Hahn 12	4) Faith Dugan 10	
2 West Fork		1:45.11 8
1) Alyssa Wood 11	2) Dazie Huff 09	
3) Evelyn Hitzhusen 11	4) Talia Pommrehn 09	
3 West Hancock		1:45.73 6
1) Ava Keiper 11	2) Iselle Weiland 10	
3) Aubrey Madson 12	4) Vanessa Nieto Mendez 12	
4 Lake Mills		1:46.34 5
1) Tatum Sauer 09	2) Cora Sauer 11	
3) Makenzie Budach 11	4) Regan Eastvold 11	
5 Maquoketa Valley	1	1:46.52 4
1) Rylee Reed 10	2) Lilly Kraft 11	
3) Taryn Burbridge 12	4) Camryn Paris 11	
6 Wayne, Corydon	1	1:47.31 3
1) Ella Pruiett 12	2) Jolene Murphy 11	
3) Brystal Peck 11	4) Ella Whitney 11	
7 Lynnville-Sully	1	1:47.72 2
1) Morgan Hay 12	2) Brilynn Tice 11	
3) Aubrey Harthoorn 09	4) Brea Lowry 10	
8 Lisbon	1	1:47.81 1
1) Jordyn Jarchow 10	2) Quinn Roos 10	
3) Paige Epperly 10	4) Brynley Patterson 10	
9 Don Bosco	1	1:47.93
1) Allie Lansing 10	2) Khloe McMahon 10	
3) Lauren Bloes 09	4) Charlee Yoder 09	
10 AHSTW	1	1:48.21
1) McKenzie Behrens 09	2) Emery Brockhoff 10	
3) Macey Goshorn 11	4) Kennedy Wyman 10	
11 East Union	1	1:48.59
1) Tristin Lear 12	2) Maria Long 11	
3) Rebecca Young 11	4) Marissa Cass 11	
12 St. Albert, CB	1	1:48.69
1) Sophia Denton 11	2) Ellie Larmie 09	
3) Stella Simms 09	4) Greta Livingston 11	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 4x200 Meter Relay 1A)

Team	Relay	Finals			
13 Belle Plaine	1	1:48.70	---	Newell-Fonda	1 SCR
1) Annika Hultquist 10	2) Ava Grieder 11		1) Elliot Hamilton 09	2) Paige Erickson 09	
3) Kennedy Coover 11	4) Camella Walton 10		3) Ellie Sievers 10	4) Ava Vie 12	
14 IKM-Manning	1	1:49.12	---	Lone Tree	1 SCR
1) Macy Rasmussen 10	2) Caylie Rasmussen 11		1) Evelyn Mueller 10	2) Brooklyn Heckmann 09	
3) Karlee Arp 12	4) Oriah Meiners 12		3) Addyson Eiben 10	4) Lindsay Baltazar 10	
15 ACGC	1	1:49.16	---	English Valleys	1 SCR
1) Meranda Gruber 11	2) Savannah Akers 12		1) Brooklyn Bender 09	2) Meika Spies 09	
3) Cadence Petersen 11	4) Nora Langaard 11		3) Peyton Conrad 10	4) Ximena Hernandez Briones 1	
16 George-Little Rk	1	1:49.22	---	East Mills	1 SCR
1) Gretchen Stratman 11	2) Keslee Kruger 09		1) Jacey Vandenberg 10	2) Teagan Pontow 10	
3) Grace Ubbinga 10	4) Lindsey Haken 12		3) Loycee Palmer 12	4) Ellie Hagen 10	
17 Lawton-Bronson	1	1:49.25	---	Collins-Maxwell	1 SCR
1) Addison Rubendall 12	2) Bree Jessen 10		1) Laura Kocijan 12	2) Grace Kimberley 10	
3) Ava Moseman 09	4) Laney Nelson 11		3) Adrianna Greiner 09	4) Kaylee Atwood 11	
18 Danville	1	1:49.40	---	CR-Bayard	1 SCR
1) Macie Wagner 12	2) Alivia Bauer 10		1) Amelia Cook 10	2) Lauren Cook 11	
3) Violette Sowell 11	4) Delaney Newberry 11		3) Amelia Eddy 11	4) Brylie Behrens 10	
19 Van Buren County	1	1:49.70	---	Central, Elkader	1 SCR
1) Emma Coffin 11	2) Aubrey Loeffler 09		1) Payton Stannard 10	2) Tenley Bormann 10	
3) Aida Troutman 10	4) Ava Loeffler 11		3) Alivia Wiley 12	4) Carlie Bergan 09	
20 Montezuma	1	1:50.06	---	Turkey Val, JJ	1 SCR
1) Vivian Cook 11	2) Sydnee Burgess 11		1) Annebelle Scheidel 09	2) Brynlee Hayek 10	
3) Kami Mathes 12	4) RYanne Williams 10		3) Jenna Thronson 12	4) Addison Steinlage 12	
21 Wapsie Val, F	1	1:50.43	---	Springville	1 SCR
1) Lola Destival 09	2) Haley Stuber 12		1) Pinky Bongolan 09	2) Cali Olson 09	
3) Austin Franck 12	4) Espyn Decker 09		3) Ella Hoge 12	4) Hensley Barker 09	
22 Woodbine	1	1:50.46	---	Westwood, Sloan	1 SCR
1) Taylor Hoefler 12	2) Avery Coenen 09		1) Lexie Cooper 09	2) Reagan Wilt 09	
3) Izabelle Seda 11	4) Katy Pryor 12		3) Chloe Wiggs 11	4) Gracie Nelson 09	
23 S Winn, Calmar	1	1:50.75	---	St. Mary's, R	1 SCR
1) Emmy Gehling 10	2) Alexis Johanningmeier 10		1) Kinley Tentinger 09	2) Hallie Bunkers 11	
3) Remi Wadsworth 09	4) Cloey Zweibohmer 12		3) Chloe Homan 09	4) Sophia Harpenau 10	
--- Cent Decatur	1	DQ	---	W Monona	1 SCR
1) Lakyn Mundy 10	2) Soiyer Smith 11		1) Lakin Archer 11	2) Kaylee Miller 09	
3) Grace Leahy 10	4) Breegan Lindsey 12		3) Anna Crawford 12	4) Kenzie Cameron 10	
--- West Central, M	1	SCR	---	St. Edmond, FD	1 SCR
1) Kenidee Hepker 10	2) Emma Little 09		1) Kenzie Nolte 09	2) Ava Bradley 10	
3) Macey Tellin 11	4) Avery Puls 10		3) Breckyn Ulrich 09	4) Brianna Saathoff 12	
--- Pekin	1	SCR	---	Highland	1 SCR
1) Brin Lauderman 09	2) Mya Glick 09		1) Sienna Bell 09	2) Hailey Brun 11	
3) Fynlie Brooks 09	4) Reece Brisby 11		3) Kinzie Ruess 09	4) Kamryn Fink 10	
--- E Buchanan	1	SCR	---	HLV-TC	1 SCR
1) Elsie Flexsenhar 12	2) Jaden Connolly 10		1) Karley Moore 10	2) Nicole Gensley 12	
3) Kambria Ries 10	4) Lyla Stiefel 10		3) Caiya Schmidt 12	4) Sloane McKain 09	
--- Fremont-Mills	1	SCR	---	Logan-Magnolia	1 SCR
1) Greenlie Campbell 10	2) Ellie Barbour 10		1) Abyagail Guritz 12	2) Natalie Vana 12	
3) Abby Malcom 09	4) Abigail Ramos 10		3) Olivia Montemayor 12	4) Ava Sloan 12	
--- WB-Mallard	1	SCR	---	Keota	1 SCR
1) Lilly Morey 12	2) McKenna Crawmer 10		1) Zoey Sieren 09	2) Cameron Haifley 10	
3) Paige Frerk 11	4) Mia Lowe 12		3) Jaylah Redlinger 11	4) Emily Moeller 12	
			---	Nashua-Plainfld	1 SCR
			1) Eva Foelske 10	2) Jalissa White 12	
			3) Lyla Burrichter 09	4) Kelly Cerwinske 10	

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## Results

## Finals ... (Girls 4x200 Meter Relay 1A)

Team	Relay	Finals					
---	Lenox	1	SCR	---	Baxter	1	SCR
	1) Reese Reed 10	2) Laney Stoaks 10		1) Alyvia Burdess 12	2) Kamdyn Krampe 10		
	3) Rubey Zech 09	4) LaraLynn England 11		3) Kaylyn Krampe 10	4) Sydney Hibbs 10		
---	North Cedar	1	SCR	---	CAM, Anita	1	SCR
	1) Reese Sandberg 12	2) Brookelynn Kreel 11		1) Brookelyn Steffen 11	2) Brylee Steffen 09		
	3) Caylee Curley 11	4) Arianna Robinson 09		3) Courtney Follmann 11	4) Nadia South 10		
---	North Iowa		SCR	---	Boyer Valley	1	SCR
	1) Bella Langfald 11	2) Taylen Langfald 10		1) Morgan Malone 11	2) Choya Ingram 09		
	3) Maddie Newton 10	4) Isla Potter 11		3) Triniti Burhoop 09	4) Lilli Gray 10		
---	Mormon Trail	1	SCR	---	Riverside, Oak	1	SCR
	1) Lili Hostetler 09	2) Kaelyn Dyer 09		1) Kayden Schnack 11	2) Adaline Martens 12		
	3) Kourtney Smiarowski 09	4) Emily Petty 10		3) Arabella Singleton 10	4) Olivia Lund 12		
---	Mount Ayr	1	SCR	---	C-Wheatland	1	SCR
	1) Payton Worthington 09	2) Ava England 12		1) Belle Balicheck 10	2) Brea Davis 10		
	3) Raylee Gilliland 09	4) Brittlyn Nickle 11		3) Quinn Levien 09	4) Arianna Connelly 10		
---	Siouxland Chr	1	SCR	---	Earlham	1	SCR
	1) Makenzie Rubida 12	2) Brielle Hoffman 11		1) Keeley Keller 12	2) Ava Harris 12		
	3) Taya Eisenga 12	4) Carlee Holmes 11		3) CeCe Stanley 12	4) Avrie Fagan 12		
---	N Mahaska	1	SCR	---	Cedar Ridge Christian	1	SCR
	1) Averie DeGeest 09	2) Olivia Ridgeway 11		1) Nora Gardner 10	2) Hannah Beth Myers 10		
	3) Alivia Schock 12	4) Aly Steil 12		3) Ana Aguilar 12	4) Vanessa LaMarche 10		
---	North Union		SCR	---	Colfax-Mingo	1	SCR
	1) Adeline Kollasch 12	2) Natalie Walders 09		1) Kennedy Phillips 09	2) Olivia Leonard 09		
	3) Aslynn Sobolik 09	4) Samantha Hoye 10		3) Isabella Cushatt 09	4) Ella Snyder 09		
---	Sigourney	1	SCR	---	Ankeny Christ	1	SCR
	1) Kiley Cavin 09	2) Kinsley Clubb 09		1) Ella Bussell 12	2) Katelyn Weathers 11		
	3) Izzy Heisdorffer 09	4) Abyl McCulley 10		3) Avlyn Davis 09	4) Havanna Dolbear 09		
---	Sidney	1	SCR	---	BCLUW	1	SCR
	1) Ashlyn Hayes 11	2) Keyana Haggerty 10		1) Cambria Wayman 10	2) Layla Follett 10		
	3) Kyla Spurlock 09	4) Jocelyn Tackett 11		3) Elise Engle 11	4) Brinna Benson 11		
---	Martndsl-StMarys	1	SCR	---	AGWSR	1	SCR
	1) Jaina Gladson 10	2) Alena Oberbroeckling 11		1) Brynn Buseman 10	2) Hadley Bright 09		
	3) Rylie Fugate 11	4) Lauren Tibbits 11		3) Ellie Bear 11	4) Elise Olson 12		
---	Rockford		SCR	---	Akron-Westfield	1	SCR
	1) Emma Pearson	2) Brylee Ritter		1) Morgan Pick 09	2) Kaberlee Fairbanks 11		
	3) Ava Koenigsfeld	4) Briella Hinrichsen		3) Mackenzie Johnson 11	4) Khai Utesch 10		
---	Saint Ansgar		SCR	---	B-G-M, Brook	1	SCR
	1) Emerson Brumm 10	2) Lexi Juhl 09		1) Cara Arment 10	2) Katelyn Cadden 10		
	3) Alexis Frein 12	4) Ava Falk 12		3) Kaylia Fuchs 09	4) Shaye Strong 12		
---	MMCRU	1	SCR	---	Bishop Garrigan		SCR
	1) Peyton Busch 10	2) Ella Draper 11		1) Cate Birkey 10	2) Avery Culbertson 09		
	3) Tia Tentinger 11	4) Lilly Olson 09		3) Brooklyn Berte 10	4) Ava Roethler 12		
---	Moravia	1	SCR	---	Bedford	1	SCR
	1) Lyla Taplin 10	2) Kallie Messamaker 09		1) Hope Erickson 11	2) Arabella Hardee 11		
	3) Allie Cossolotto 09	4) Hadlee Bedford 11		3) Charlee Fletchall 09	4) Kinley Beemer 10		
---	Iowa Valley, M	1	SCR	---	Bellevue	1	SCR
	1) Makenna Chvala 10	2) Maggie Kriegel 09		1) Karley McCombie 11	2) Laney Steines 10		
	3) Michaela Schachtlie 12	4) Kennedy Thiessen 11		3) Bella Leibfried 11	4) Leah Lambe 10		
---	Janesville	1	SCR				
	1) Tayah Pollock 11	2) Isabel Barnes 10					
	3) Abigail Jones 10	4) Addy Oldenburger 12					

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Girls 4x400 Meter Relay 1A

State Meet: 3:58.28 \* 5/19/2007 Valley Community Elgin

A Spain, M Moyle, M Metzger, K McCartney

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Mount Ayr	1	4:02.36q
1) Tatum Friedrich 11	2) Kacie Larsen 12	
3) Aubree Shields 12	4) Emma Reynolds 10	
2:05.981 (2:05.981)	3:05.037 (59.057)	4:02.357 (57.320)
2 AGWSR	1	4:02.73q
1) Brynn Buseman 10	2) Gracie Wagoner 11	
3) Elise Olson 12	4) Piper Smith 12	
2:03.381 (2:03.381)	3:05.129 (1:01.748)	4:02.727 (57.599)
3 Saint Ansgar		4:06.89q
1) Jaeda Mayer 10	2) Ava Witt 09	
3) Lila Powers 12	4) Jacey Johnston 12	
2:05.426 (2:05.426)	3:07.728 (1:02.302)	4:06.881 (59.153)
4 Danville	1	4:07.60q
1) Delaney Newberry 11	2) Alivia Bauer 10	
3) Macie Wagner 12	4) Alaina Gourley 12	
2:03.899 (2:03.899)	3:08.228 (1:04.329)	4:07.592 (59.364)
5 West Fork		4:09.22q
1) Evelyn Hitzhusen 11	2) Dazie Huff 09	
3) Alyssa Wood 11	4) Talia Pommrehn 09	
2:05.319 (2:05.319)	3:08.928 (1:03.609)	4:09.217 (1:00.290)
6 AHSTW	1	4:09.88q
1) Macey Goshorn 11	2) Ava Paulsen 12	
3) Kennedy Wyman 10	4) Bella Lamp 11	
2:06.359 (2:06.359)	3:08.870 (1:02.512)	4:09.877 (1:01.007)
7 St. Albert, CB	1	4:10.72q
1) Sophia Denton 11	2) Ellie Larmie 09	
3) Greta Livingston 11	4) Stella Simms 09	
2:10.451 (2:10.451)	3:10.433 (59.983)	4:10.715 (1:00.282)
8 Riverside, Oak	1	4:10.89q
1) Kayden Schnack 11	2) Meadow Dalby 09	
3) Bentley Rone 12	4) Olivia Lund 12	
2:06.933 (2:06.933)	3:10.639 (1:03.706)	4:10.889 (1:00.250)
9 Woodbine	1	4:11.07
1) Katy Pryor 12	2) Keaton Owens 09	
3) Avery Coenen 09	4) Vanessa Blum 09	
2:05.999 (2:05.999)	3:10.247 (1:04.249)	4:11.062 (1:00.815)
10 Maquoketa Valley	1	4:11.91
1) Taryn Burbridge 12	2) Anna Feldmann 09	
3) Audra Burbridge 10	4) Lanni Beaman 12	
2:11.112 (2:11.112)	3:12.508 (1:01.396)	4:11.909 (59.402)
11 North Linn	1	4:12.98
1) Peyton McMahon 12	2) Delanie Rawson 10	
3) Lucy Haughenbury 11	4) Whitney Brady 10	
2:07.375 (2:07.375)	3:10.416 (1:03.041)	4:12.978 (1:02.562)

12 Cent Decatur	1	4:13.57
1) Aubri Perkins 11	2) Zoey Quigley 11	
3) Grace Leahy 10	4) Breegan Lindsey 12	
2:08.602 (2:08.602)	3:14.214 (1:05.612)	4:13.570 (59.357)
13 S Winn, Calmar	1	4:15.06
1) Adele Conway 12	2) Emmy Gehling 10	
3) Maddy Jansen 12	4) Alexis Johanningmeier 10	
2:09.946 (2:09.946)	3:11.775 (1:01.830)	4:15.059 (1:03.284)
14 W Monona	1	4:15.08
1) Carly Stangel 12	2) Chloe Broer 12	
3) Brynn Bellis 10	4) Ashlee Pittet 12	
2:08.897 (2:08.897)	3:13.442 (1:04.546)	4:15.080 (1:01.638)
15 Lynnville-Sully	1	4:15.71
1) Isabelle Vos 10	2) Peyton Sharp 11	
3) Kate Harthoorn 12	4) Breah Lowry 10	
2:11.386 (2:11.386)	3:14.757 (1:03.371)	4:15.705 (1:00.948)
16 Newell-Fonda	1	4:15.80
1) Elliot Hamilton 09	2) Ellie Sievers 10	
3) Quinn Sievers 09	4) Rylee Hogrefe 11	
2:07.844 (2:07.844)	3:12.087 (1:04.243)	4:15.792 (1:03.705)
17 Lawton-Bronson	1	4:15.83
1) Aubree O'Brien 10	2) Kaylee Mesz 11	
3) Bree Jessen 10	4) Laney Nelson 11	
2:08.511 (2:08.511)	3:13.318 (1:04.807)	4:15.828 (1:02.510)
18 HLV-TC	1	4:16.43
1) Caidyn Schmidt 10	2) Annie Balvin 09	
3) Sloane McKain 09	4) Emery Hall 11	
2:12.251 (2:12.251)	3:16.412 (1:04.162)	4:16.421 (1:00.010)
19 Griswold	1	4:16.50
1) Sadie Gohlinghorst 11	2) Alexa Steinhoff 10	
3) Camille Dorscher 10	4) Carsyn Adams 11	
2:09.288 (2:09.288)	3:15.544 (1:06.256)	4:16.491 (1:00.948)
20 IKM-Manning	1	4:18.12
1) Macy Rasmussen 10	2) Karlee Arp 12	
3) Annabelle Blum 09	4) Addisyn Bandow 11	
2:13.392 (2:13.392)	3:16.004 (1:02.612)	4:18.120 (1:02.117)
21 Midland, Wyoming	1	4:18.64
1) Izzie Franzen 09	2) Gabbie Franzen 12	
3) Addi Coates 09	4) Addison Miller 11	
2:10.435 (2:10.435)	3:13.933 (1:03.498)	4:18.640 (1:04.708)
22 George-Little Rk	1	4:19.10
1) Gretchen Stratman 11	2) Carly DeLeeuw 09	
3) Grace Ubbinga 10	4) Lindsey Haken 12	
2:12.370 (2:12.370)	3:17.069 (1:04.700)	4:19.095 (1:02.026)
23 Wayne, Corydon	1	4:19.70
1) Destiny Brown 11	2) Jolene Murphy 11	
3) Brystal Peck 11	4) Kinsey Prunty 10	
2:09.156 (2:09.156)	3:15.672 (1:06.516)	4:19.696 (1:04.024)
24 Gehlen Cath, L	1	4:20.81
1) Ayla Schmidt 10	2) Ella Ruhland 10	
3) Emmi Castle 09	4) Delainey Kerns 10	
2:09.842 (2:09.842)	3:17.142 (1:07.300)	4:20.809 (1:03.668)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

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## Results

**Girls 4x400 Meter Relay 1A**

State Meet: 3:58.28 \* 5/19/2007 Valley Community Elgin

A Spain, M Moyle, M Metzger, K McCartney

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Finals	
<b>Finals</b>			
1 Mount Ayr	1	3:59.84	10
1) Tatum Friedrich 11	2) Kacie Larsen 12		
3) Aubree Shields 12	4) Emma Reynolds 10		
2:05.072 (2:05.072)	3:03.362 (58.290)	3:59.840 (56.478)	
2 AGWSR	1	4:00.37	8
1) Brynn Buseman 10	2) Gracie Wagoner 11		
3) Elise Olson 12	4) Piper Smith 12		
2:02.087 (2:02.087)	3:02.945 (1:00.859)	4:00.370 (57.426)	
3 St. Albert, CB	1	4:03.73	6
1) Sophia Denton 11	2) Ellie Larmie 09		
3) Greta Livingston 11	4) Stella Simms 09		
2:06.429 (2:06.429)	3:04.620 (58.191)	4:03.725 (59.106)	
4 AHSTW	1	4:04.85	5
1) Macey Goshorn 11	2) Ava Paulsen 12		
3) Kennedy Wyman 10	4) Bella Lamp 11		
2:04.352 (2:04.352)	3:05.486 (1:01.135)	4:04.842 (59.356)	
5 Danville	1	4:05.47	4
1) Delaney Newberry 11	2) Alivia Bauer 10		
3) Macie Wagner 12	4) Alaina Gourley 12		
2:03.021 (2:03.021)	3:06.827 (1:03.806)	4:05.466 (58.640)	
6 West Fork		4:07.98	3
1) Evelyn Hitzhusen 11	2) Dazie Huff 09		
3) Alyssa Wood 11	4) Talia Pommrehn 09		
2:05.134 (2:05.134)	3:07.153 (1:02.020)	4:07.976 (1:00.823)	
7 Riverside, Oak	1	4:08.21	2
1) Kayden Schnack 11	2) Meadow Dalby 09		
3) Bentley Rone 12	4) Olivia Lund 12		
2:04.594 (2:04.594)	3:06.861 (1:02.267)	4:08.203 (1:01.343)	
8 Saint Ansgar		4:11.88	1
1) Jaeda Mayer 10	2) Ava Witt 09		
3) Lila Powers 12	4) Jacey Johnston 12		
2:06.554 (2:06.554)	3:09.737 (1:03.184)	4:11.880 (1:02.144)	

**Girls 4x800 Meter Relay 1A**

State Meet: 9:28.33 \* 5/17/2007 Valley Community Elgin

A Spain, M Moyle, D Bushman, K McCartney

All-Time: 8:58.03 ! 4/25/2026 Waukee Northwest

Vander Ley, Sundet, Stubbendeck, Dani

Team	Relay	Finals	
<b>Finals</b>			
1 Saint Ansgar		9:42.64	10
1) Jacey Johnston 12	2) Lila Powers 12		
3) Jaeda Mayer 10	4) Ava Witt 09		
1:10.017 (1:10.017)	2:27.454 (1:17.437)	3:36.597 (1:09.143)	
4:50.808 (1:14.211)	6:00.565 (1:09.757)	7:21.036 (1:20.471)	
8:28.053 (1:07.018)	9:42.631 (1:14.579)		

2 Madrid	1	9:48.58	8
1) Hannah Brandhorst 11	2) Charis Peasley 09		
3) Madelyn Grothus 11	4) Katelyn Brandhorst 12		
1:10.141 (1:10.141)	2:24.773 (1:14.633)	3:39.898 (1:15.125)	
5:02.444 (1:22.547)	6:11.676 (1:09.233)	7:28.648 (1:16.972)	
8:34.764 (1:06.116)	9:48.580 (1:13.816)		
3 S Winn, Calmar	1	9:51.09	6
1) Adele Conway 12	2) Ava Franzen 11		
3) Annie Hageman 11	4) Maddy Jansen 12		
1:08.932 (1:08.932)	2:26.870 (1:17.938)	3:39.938 (1:13.068)	
5:00.051 (1:20.114)	6:12.561 (1:12.510)	7:33.992 (1:21.431)	
8:41.128 (1:07.137)	9:51.085 (1:09.957)		
4 WACO	1	9:51.11	5
1) Carlee Lunsford 11	2) Macie Carter 09		
3) Aliya Graber 12	4) Josie Dykstra 10		
1:05.779 (1:05.779)	2:22.974 (1:17.196)	3:34.535 (1:11.561)	
4:55.305 (1:20.770)	6:05.998 (1:10.694)	7:30.297 (1:24.299)	
8:37.850 (1:07.553)	9:51.106 (1:13.256)		
5 Turkey Val, JJ	1	9:54.75	4
1) Annebelle Scheidel 09	2) Hazel Nieman 11		
3) Kendall Kuennen 11	4) Isabella Stika 11		
1:09.844 (1:09.844)	2:30.464 (1:20.620)	3:40.679 (1:10.216)	
5:01.447 (1:20.768)	6:14.201 (1:12.755)	7:36.534 (1:22.333)	
8:41.861 (1:05.328)	9:54.750 (1:12.889)		
6 Earlham	1	9:57.84	3
1) Shea Rodgers 11	2) Kinsley Canoyer 10		
3) Mackenzie Harger 12	4) Amanda Smith 12		
1:11.340 (1:11.340)	2:33.346 (1:22.006)	3:44.485 (1:11.140)	
5:05.096 (1:20.611)	6:15.546 (1:10.450)	7:31.673 (1:16.128)	
8:43.397 (1:11.724)	9:57.832 (1:14.435)		
7 Newell-Fonda	1	10:01.43	2
1) Mareni Brabec 12	2) Elliot Hamilton 09		
3) Rylee Hogrefe 11	4) Quinn Sievers 09		
1:08.740 (1:08.740)	2:27.002 (1:18.263)	3:39.611 (1:12.609)	
5:00.000 (1:20.389)	6:12.076 (1:12.076)	7:30.265 (1:18.190)	
8:39.573 (1:09.308)	10:01.427 (1:21.854)		
8 Lynnville-Sully	1	10:09.21	1
1) Emma Parkinson 11	2) Peyton Sharp 11		
3) Brea Lowry 10	4) Kate Harthorn 12		
1:10.973 (1:10.973)	2:34.677 (1:23.704)	3:46.036 (1:11.360)	
5:05.569 (1:19.533)	6:15.923 (1:10.354)	7:35.285 (1:19.362)	
8:45.152 (1:09.867)	10:09.204 (1:24.053)		
9 AHSTW	1	10:10.23	
1) Ava Paulsen 12	2) Macey Goshorn 11		
3) Makenna Paulsen 12	4) Bella Lamp 11		
1:08.602 (1:08.602)	2:31.898 (1:23.296)	3:44.749 (1:12.852)	
5:03.884 (1:19.135)	6:13.976 (1:10.093)	7:39.362 (1:25.387)	
8:50.124 (1:10.762)	10:10.221 (1:20.097)		
10 Van Buren County	1	10:10.63	
1) Rory Philips 10	2) Rylee Philips 12		
3) Gabby Titus 10	4) Kayley Snowgren 11		
1:10.043 (1:10.043)	2:28.332 (1:18.289)	3:37.287 (1:08.955)	
5:02.379 (1:25.092)	6:15.645 (1:13.266)	7:37.969 (1:22.324)	
8:49.860 (1:11.891)	10:10.630 (1:20.771)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Girls 4x800 Meter Relay 1A)

Team	Relay	Finals			
11 North Linn	1	10:13.12	19 Sibley-Ocheyedan	1	10:30.80
1) Peyton McMahon 12	2) Delanie Rawson 10		1) Riley Childs 10	2) Lucy Heitritter 09	
3) Ava Hoover 11	4) Whitney Brady 10		3) Zaida Ochoa 10	4) Aleah Marco 10	
1:14.411 (1:14.411) 2:38.381 (1:23.970)	3:48.514 (1:10.134)		1:10.363 (1:10.363) 2:31.375 (1:21.012)	3:50.310 (1:18.935)	
5:11.323 (1:22.809) 6:28.796 (1:17.473)	7:50.788 (1:21.992)		5:15.056 (1:24.746) 6:30.944 (1:15.888)	7:58.331 (1:27.388)	
8:55.502 (1:04.714) 10:13.113 (1:17.612)			9:09.523 (1:11.192) 10:30.793 (1:21.270)		
12 Mount Ayr	1	10:14.68	20 Baxter	1	10:33.15
1) Ryley Greenwell 10	2) Kacie Larsen 12		1) Piper Redman 10	2) Gwen Tichy 11	
3) Tatum Friedrich 11	4) Addison Doolittle 12		3) Elsie Hauser 09	4) Avery Wonders 11	
1:12.291 (1:12.291) 2:36.222 (1:23.931)	3:47.268 (1:11.046)		1:15.382 (1:15.382) 2:41.437 (1:26.056)	3:56.940 (1:15.503)	
5:11.074 (1:23.806) 6:18.878 (1:07.805)	7:36.194 (1:17.317)		5:21.403 (1:24.463) 6:34.251 (1:12.848)	7:59.221 (1:24.970)	
8:51.133 (1:14.939) 10:14.680 (1:23.547)			9:13.050 (1:13.829) 10:33.144 (1:20.095)		
13 N Tama, Traer	1	10:14.71	21 Lawton-Bronson	1	10:35.57
1) Shawna Cibula 10	2) Isla Breakenridge 10		1) Kaylee Mesz 11	2) Jaeley Kooiker 12	
3) Olivia Youngblood 11	4) Gabriella Seda 12		3) Natalie McKenna 11	4) Aubree O'Brien 10	
1:10.883 (1:10.883) 2:30.248 (1:19.365)	3:44.307 (1:14.059)		1:14.177 (1:14.177) 2:36.202 (1:22.025)	3:49.266 (1:13.064)	
5:04.611 (1:20.304) 6:15.710 (1:11.100)	7:38.268 (1:22.558)		5:14.295 (1:25.029) 6:31.276 (1:16.981)	7:59.799 (1:28.524)	
8:50.444 (1:12.176) 10:14.704 (1:24.261)			9:10.466 (1:10.667) 10:35.561 (1:25.095)		
14 Riverside, Oak	1	10:18.35	22 Woodbine	1	10:38.07
1) Meadow Dalby 09	2) Kayden Schnack 11		1) Charlotte Placek 11	2) Keaton Owens 09	
3) Azlyn Clark 11	4) Bentley Rone 12		3) Izabelle Seda 11	4) Reagan Cogdill 12	
1:07.290 (1:07.290) 2:35.888 (1:28.598)	3:46.171 (1:10.283)		1:14.898 (1:14.898) 2:35.575 (1:20.678)	3:49.286 (1:13.711)	
5:09.549 (1:23.379) 6:18.308 (1:08.759)	7:44.978 (1:26.670)		5:13.487 (1:24.201) 6:29.198 (1:15.711)	7:56.814 (1:27.616)	
8:52.873 (1:07.896) 10:18.344 (1:25.472)			9:08.124 (1:11.310) 10:38.063 (1:29.940)		
15 North Iowa		10:22.00	23 Westwood, Sloan	1	10:43.25
1) Norah Blodgett 10	2) Lauren Hillesland 12		1) Keely Christoferson 12	2) Alyssa Anderson 10	
3) Alexis Gray 11	4) Ava Meinders 12		3) Chloe Wiggs 11	4) Josie McFarland 11	
1:14.641 (1:14.641) 2:39.967 (1:25.326)	3:50.151 (1:10.185)		1:15.672 (1:15.672) 2:36.935 (1:21.263)	3:50.580 (1:13.645)	
5:07.589 (1:17.439) 6:23.500 (1:15.911)	7:51.049 (1:27.549)		5:21.820 (1:31.241) 6:34.503 (1:12.683)	8:05.482 (1:30.979)	
9:01.362 (1:10.314) 10:21.994 (1:20.633)			9:18.257 (1:12.776) 10:43.245 (1:24.988)		
16 Wapsie Val, F	1	10:23.58	24 Nashua-Plainfld	1	10:45.66
1) Brinley Boehme 10	2) Adalynn Kane 10		1) Jalissa White 12	2) Ellie Sudol 09	
3) Whitney Destival 10	4) Amy Schutte 09		3) Lydia Chester 09	4) Kelly Cerwinske 10	
1:12.630 (1:12.630) 2:32.813 (1:20.184)	3:45.623 (1:12.811)		1:15.234 (1:15.234) 2:40.877 (1:25.644)	3:57.262 (1:16.385)	
5:07.286 (1:21.663) 6:23.438 (1:16.153)	7:50.042 (1:26.604)		5:21.331 (1:24.069) 6:37.970 (1:16.640)	8:08.676 (1:30.706)	
9:02.302 (1:12.260) 10:23.579 (1:21.278)			9:19.654 (1:10.978) 10:45.659 (1:26.006)		
17 Starmont	1	10:26.96	--- Lake Mills		SCR
1) Josi Munger 11	2) Carley Rosburg 09		1) Tori Holtan 09	2) Katie Machin 09	
3) Abbigail Brown 09	4) Lauren Krogmann 11		3) Lillian Young 11	4) Jaselyn Islas 09	
1:14.136 (1:14.136) 2:34.773 (1:20.638)	3:49.811 (1:15.039)		--- IKM-Manning	1	SCR
5:11.137 (1:21.326) 6:29.019 (1:17.882)	7:57.416 (1:28.398)		1) Kori Beckendorf 10	2) Katelyn Bandow 11	
9:07.772 (1:10.357) 10:26.951 (1:19.179)			3) Brooklyn Riesberg 09	4) Brynlee Irlbeck 09	
18 Edgewd-Colesburg	1	10:28.48	--- Collins-Maxwell	1	SCR
1) Addi Schmelzer 10	2) Amanda Nurre 11		1) Ava Pasquariello 11	2) Claire Davis 09	
3) Annabelle Wulfekuhle 10	4) Josie Diers 09		3) Clair Hand 09	4) Rose Ramirez 10	
1:15.360 (1:15.360) 2:37.858 (1:22.498)	3:48.388 (1:10.530)		--- Lamoni	1	SCR
5:12.616 (1:24.229) 6:28.478 (1:15.862)	7:54.785 (1:26.308)		1) Lyliann Katzmann 09	2) Persephone Fairsky 10	
9:06.596 (1:11.811) 10:28.478 (1:21.883)			3) Emma Hill 12	4) Haelyn Olson 11	
			--- East Mills	1	SCR
			1) Sophia Morrical 12	2) Ava Grindle 10	
			3) Mackenzie Stearns 12	4) Sophia Housh 09	
			--- Riceville		SCR
			1) Tori Koenigs 12	2) Loni Johnson 10	
			3) Payton Becker 12	4) Camry Zweibohmer 09	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Girls 4x800 Meter Relay 1A)

Team	Relay	Finals					
---	Gehlen Cath, L	1	SCR	---	Moravia	1	SCR
	1) Breanna Kolbeck 09	2) Violet Geha 09			1) Natalie Main 12	2) Kiernan Perrin 09	
	3) Anna Schilling 09	4) Emmi Castle 09			3) Allie Cossolotto 09	4) Faith Helmick 09	
---	Fremont-Mills	1	SCR	---	MMCRU	1	SCR
	1) Brookelynn Billingsley 11	2) Adelynn Billingsley 09			1) Hailey Staab 10	2) Kinzi Glassmaker 10	
	3) Ava Forney 11	4) Gracie Carter 10			3) Brielle Lux 11	4) Chloe Alesch 11	
---	Springville	1	SCR	---	Mormon Trail	1	SCR
	1) Haylee Taube 09	2) Madison Williams 11			1) Lili Hostetler 09	2) Kaelyn Dyer 09	
	3) Jacey Martin 09	4) Anabelle Williams 10			3) Emily Petty 10	4) Gracyn Newton 10	
---	Logan-Magnolia	1	SCR	---	Nwood-Kensett		SCR
	1) Mykah Robbins 11	2) Ava Phoenix 11			1) Anna Marie Block 10	2) Sophie Rye 12	
	3) Kate Paracsi 11	4) Bella Klutts 10			3) Maggie Rye 09	4) Merrin Hanson 12	
---	W Monona	1	SCR	---	Melcher-Dallas	1	SCR
	1) Brynn Stangel 10	2) Kaylee Miller 09			1) Ashlyn Stegman 10	2) Amber Addington 11	
	3) Noelle Walker 09	4) Keirra Jones 10			3) MaKenna Lewin 09	4) Alice Lamb 10	
---	Lisbon	1	SCR	---	Cedar Ridge Christian	1	SCR
	1) Holley Dighton 11	2) Mia Adams 10			1) Ella Vande Haar 12	2) Greer Wheeler 11	
	3) Ava Mollenhauer 10	4) Payton Feldermann 10			3) Annaliese Bates 10	4) Lily Friedrich 11	
---	Wayne, Corydon	1	SCR	---	Danville	1	SCR
	1) Destiny Brown 11	2) Lacie Peck 11			1) KoraRae Stott 09	2) Addison Henkelvig 11	
	3) Amaryllis Jensen 10	4) Kinsey Prunty 10			3) Amy Stuecker 10	4) Zoey Rogers 11	
---	St. Edmond, FD	1	SCR	---	CAM, Anita	1	SCR
	1) Grace Schlegel 09	2) Alex Leiting 11			1) Kesley Platt 10	2) Kinsey Burg 09	
	3) Adelyn Bangert 09	4) Lily Eslick 11			3) Bailey Wittrock 10	4) Brooklynne Zimmerline 10	
---	Southwest Valley	1	SCR	---	Colfax-Mingo	1	SCR
	1) Taylor Stargell 11	2) Erica Mendenhall 09			1) Mallory Sipma 12	2) Sahara Buenrostro 09	
	3) Elin Hogan 09	4) Ellie Amdor 09			3) Ivy Anderson 09	4) Ashlynn Hosbond 10	
---	New London	1	SCR	---	Maquoketa Valley	1	SCR
	1) Kylie Wagner 09	2) Zoe Long 12			1) Jaxyn Weber 09	2) Jena Hoefler 09	
	3) Makenna Jacobsmeier 09	4) Irelynn Kelly 10			3) Kourtney Hatfield 09	4) Maleah Freiburger 09	
---	Pekin	1	SCR	---	Belle Plaine	1	SCR
	1) Callie Deutsche 11	2) Emerson Porter 11			1) Cora Hemmingsen-Brinkmar	2) Jesse Upton 09	
	3) Harper Guise 10	4) Maddy Petrehn 11			3) Saku Tanaka 11	4) EmylieMae Holmes 10	
---	Janesville	1	SCR	---	Bishop Garrigan		SCR
	1) Presley Pugh 10	2) Kayla Cox 09			1) Rosanne Curtis 12	2) Emma Kollasch 09	
	3) Hayley Domeyer 09	4) Tianna Cox 10			3) Rachel Kahle 09	4) Eva Kohlhaas 11	
---	South O'Brien	1	SCR	---	BCLUW	1	SCR
	1) Ciara Roberts 10	2) Grace Keen 11			1) Chloe Switzer 10	2) Kennedy Davis 09	
	3) Raegan Plagge 11	4) Taylor Wulf 12			3) Elise Engle 11	4) Layla Follett 10	
---	Paton-Churdan	1	SCR	---	Boyer Valley	1	SCR
	1) Holly Miller 10	2) Edynn Smith 09			1) Emma Mitchell 09	2) Mia Heistand 11	
	3) Catarina Hobbs 11	4) Ella Tasler 11			3) Lauryn Muff 12	4) Lily Heistand 12	
---	Iowa Valley, M	1	SCR	---	AGWSR	1	SCR
	1) Rynlee Cronbaugh 09	2) Aubry Von Lienen 09			1) Layla Guevara 11	2) Chloe Stilwell 11	
	3) Kathryn Kilgard 12	4) Emry Busch 09			3) Ellie Bear 11	4) Gracie Wagoner 11	
---	Martndsl-StMarys	1	SCR				
	1) Elizabeth Moore 11	2) Kylee Immerfall 10					
	3) Kaylee Nehring 09	4) Penelope Wearmouth 11					
---	N Mahaska	1	SCR				
	1) Abby Van Weelden 12	2) Amber Knockel 12					
	3) Ava Huffman 12	4) Allie Veiseth 12					

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Girls 800 Sprint Medley 1A

State Meet: 1:48.80 \* 5/23/2015 Hudson

L Kolterman, A Mosley, D Reicherts, M Bell

All-Time: 1:43.64 ! 2018 Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

Team	Relay	Finals
<b>Finals</b>		
1 Mount Ayr	1	1:47.80* 10
1) Chloe Robb 09	2) Brittlyn Nickle 11	
3) Aubree Shields 12	4) Emma Reynolds 10	
2 Edgewd-Colesburg	1	1:48.48* 8
1) Faith Dugan 10	2) Kaitlyn Hahn 12	
3) Rylee Atkinson 12	4) Eva Vaske 09	
3 CAM, Anita	1	1:49.41 6
1) Brookelyn Steffen 11	2) Brylee Steffen 09	
3) Ruthie Rich 11	4) Ada Hansen 11	
4 Lynnville-Sully	1	1:49.98 5
1) Morgan Hay 12	2) Brilynn Tice 11	
3) Tatum Huyser 12	4) Brea Lowry 10	
5 Maquoketa Valley	1	1:50.83 4
1) Camryn Paris 11	2) Rylee Reed 10	
3) Audra Burbridge 10	4) Lanni Beaman 12	
6 Lake Mills		1:52.13 3
1) Jacklyn Gallardo 11	2) Ellie Mondt 09	
3) Regan Eastvold 11	4) Tatum Sauer 09	
7 Bishop Garrigan		1:52.19 2
1) Cate Birkey 10	2) Brooklyn Berte 10	
3) Ava Roethler 12	4) Madelyn Tigges 10	
8 West Hancock		1:53.03 1
1) Ava Keiper 11	2) Iselle Weiland 10	
3) Vanessa Nieto Mendez 12	4) Aubrey Madson 12	
9 Martndsl-StMarys	1	1:53.26
1) Jaina Gladson 10	2) Lauren Tibbits 11	
3) Marin Janke 10	4) Maclaine German 12	
10 Danville	1	1:53.45
1) Macie Wagner 12	2) Violette Sowell 11	
3) Delaney Newberry 11	4) Alaina Gourley 12	
11 West Fork		1:53.61
1) Alyssa Wood 11	2) Dazie Huff 09	
3) Evelyn Hitzhusen 11	4) Talia Pommrehn 09	
12 Janesville	1	1:53.62
1) Tayah Pollock 11	2) Isabel Barnes 10	
3) Addy Oldenburger 12	4) Honor Hovenga 11	
13 Fremont-Mills	1	1:53.98
1) Abby Malcom 09	2) Kinley Blackburn 12	
3) Reese Gute 12	4) Carlie Nuckolls 11	
14 Boyer Valley	1	1:54.07
1) Sylvia Sullivan 12	2) Maggie Yanak 10	
3) KellyAnne Tremel 09	4) Morgan Hast 11	
15 Lisbon	1	1:54.11
1) Paige Epperly 10	2) Quinn Roos 10	
3) Brynley Patterson 10	4) Jordyn Jarchow 10	

16 St. Edmond, FD	1	1:54.25
1) Kenzie Nolte 09	2) Breckyn Ulrich 09	
3) Ava Bradley 10	4) Anna Lursen 12	
17 IKM-Manning	1	1:54.41
1) Macy Rasmussen 10	2) Olivia Linde 10	
3) Caylie Rasmussen 11	4) Addisyn Bandow 11	
18 Don Bosco	1	1:54.43
1) Allie Lansing 10	2) Lauren Bloes 09	
3) Khloe McMahon 10	4) Charlee Yoder 09	
19 AHSTW	1	1:54.43
1) Brooke Lee 11	2) Emery Brockhoff 10	
3) McKenzie Behrens 09	4) Kennedy Wyman 10	
20 Riverside, Oak	1	1:54.57
1) Ella Reed 11	2) Adaline Martens 12	
3) Arabella Singleton 10	4) Olivia Lund 12	
21 Van Buren County	1	1:55.07
1) Ali Pedretti 10	2) Emma Coffin 11	
3) Aida Troutman 10	4) Ava Loeffler 11	
22 Turkey Val, JJ	1	1:55.10
1) Kendall Kuennen 11	2) Brynlee Hayek 10	
3) Hazel Nieman 11	4) Isabella Stika 11	
23 George-Little Rk	1	1:56.45
1) Keslee Kruger 09	2) Emily Minter 09	
3) Grace Ubbinga 10	4) Gretchen Stratman 11	
24 AGWSR	1	1:56.95
1) Brynn Buseman 10	2) Hadley Bright 09	
3) Elise Olson 12	4) Ellie Bear 11	
--- Easton Valley	1	SCR
1) Elisaveta Knutsen 11	2) Aviera Marburger 12	
3) Sophia Roe 09	4) Lizzy Fee 09	
--- N Tama, Traer	1	SCR
1) Calleigh Staker 10	2) Brynley Seda 10	
3) Violet Seda 11	4) Lucy Monat 09	
--- English Valleys	1	SCR
1) Kailor Lown 11	2) Mallory Koehn 11	
3) Aubrey Achenbach 11	4) Anna Luers 10	
--- CR-Bayard	1	SCR
1) Molly Mohr 09	2) Emma Cretsinger 09	
3) Alison Wiskus 10	4) Brylie Behrens 10	
--- Lenox	1	SCR
1) Laney Stoaks 10	2) Reese Reed 10	
3) Addison Junker 09	4) McKinzie Menefee 10	
--- EHK-Exira	1	SCR
1) Brooklynn Snider 10	2) Joshlynn Jacobsen 09	
3) Olivia Poldberg 09	4) Andi Riesgaard 09	
--- Colfax-Mingo	1	SCR
1) Ella Snyder 09	2) Lily Anderson 10	
3) Jessa Purdie 10	4) Jessica Gibson 10	
--- East Mills	1	SCR
1) Teagan Pontow 10	2) Loycee Palmer 12	
3) Jacey Vandenberg 10	4) Ava Grindle 10	
--- Earlham	1	SCR
1) Taylor Waltz 12	2) Elery Berkley 10	
3) Darby Moore 12	4) Lilli Strandberg 11	

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## Results

## Finals ... (Girls 800 Sprint Medley 1A)

Team	Relay	Finals					
---	Collins-Maxwell	1	SCR	---	North Linn	1	SCR
	1) Laura Kocijan 12	2) Kaylee Atwood 11			1) Isabelle (Izzy) Dudley 09	2) Aliyah Wegmann 09	
	3) Grace Kimberley 10	4) Triona Scott 12			3) Amelie Duffy 09	4) Addyson Ratliff 10	
---	East Union	1	SCR	---	Rockford		SCR
	1) Tristin Lear 12	2) Emma Vandel 11			1) Ava Koenigsfeld	2) Briella Hinrichsen	
	3) Rebecca Young 11	4) Maria Long 11			3) Hannah Hillman	4) Harper Hillman	
---	St. Albert, CB	1	SCR	---	North Butler	1	SCR
	1) Sophia Denton 11	2) Ellie Larmie 09			1) Kylie Knoll 12	2) Kamri Groen 11	
	3) Greta Livingston 11	4) Stella Simms 09			3) Nadelyn Stanbrough 11	4) Macy Stirling 09	
---	Wayne, Corydon	1	SCR	---	South O'Brien	1	SCR
	1) Kallie Peck 09	2) Ella Pruiett 12			1) Maeci Stevens 11	2) Gretchen Joines 10	
	3) Brystal Peck 11	4) Jolene Murphy 11			3) Amelie Wilson 11	4) BreLee Rasmussen 11	
---	W Monona	1	SCR	---	Murray	1	SCR
	1) Montana Farrens 12	2) Ashlee Pittet 12			1) Alexandra Clark 10	2) Marlee Busick 10	
	3) Brynn Bellis 10	4) Carly Stangel 12			3) Aylah Miller 10	4) Sierra Cleghorn 10	
---	Springville	1	SCR	---	Sigourney	1	SCR
	1) Morgan DeMean 11	2) Cali Olson 09			1) Carmalita Cave 10	2) Amelia Phillips 09	
	3) Addison Merritt 11	4) Elizabeth Hansen 11			3) Bella deOliveira 09	4) Brynn Clarahan 10	
---	Woodbine	1	SCR	---	Siouxland Chr	1	SCR
	1) Taylor Hoefer 12	2) Avery Coenen 09			1) Makenzie Rubida 12	2) Brielle Hoffman 11	
	3) Izabelle Seda 11	4) Katy Pryor 12			3) Taya Eisenga 12	4) Carlee Holmes 11	
---	Wapsie Val, F	1	SCR	---	Saint Ansgar		SCR
	1) Lola Destival 09	2) Haley Stuber 12			1) Rilyn Halvorson 09	2) Emerson Brumm 10	
	3) Sawyer Buhr 10	4) Olivia Becker 10			3) Harper DeMaris 09	4) Amelia Walk 10	
---	Lone Tree	1	SCR	---	Kee, Lansing	1	SCR
	1) Addison McCullough 11	2) Jazmine Nino 12			1) Rose Wheeler 12	2) Regan Troendle 11	
	3) Ava Christofferson 12	4) Lindsay Baltazar 10			3) Morgan Mohn 10	4) Alicia Colsch 11	
---	HLV-TC	1	SCR	---	Sibley-Ocheyedan	1	SCR
	1) Caiya Schmidt 12	2) Nicole Gensley 12			1) Grace Saylor 12	2) Lillie Marco 10	
	3) Sloane McKain 09	4) Caidyn Schmidt 10			3) Riley Childs 10	4) Hailey Gacke 10	
---	Keota	1	SCR	---	Iowa Valley, M	1	SCR
	1) Kaylee Kindred 11	2) Zoey Sieren 09			1) Paetynn Reyna 09	2) Kenley Koenig 09	
	3) Olivia Lyle 12	4) Elyse Lyle 10			3) Maggie Kriegel 09	4) Kyliegh Crawford 09	
---	Graet-T/Ruth-Ayr		SCR	---	Montezuma	1	SCR
	1) Lauryn Hough 09	2) Colleen Cook 12			1) Lily Ferry 12	2) Hayden Sutherland 10	
	3) Mackenzie Westfall 09	4) Isabella Anderson 12			3) Sydnee Burgess 11	4) Rianne Williams 10	
---	Highland	1	SCR	---	Moravia	1	SCR
	1) Maiya Singbeil 10	2) Hailey Brun 11			1) Ivy Wubben 12	2) Tallisen Hysell 10	
	3) Kamryn Fink 10	4) Kinzie Ruess 09			3) Leah DeJong 10	4) Adalyn Swaby 10	
---	Lawton-Bronson	1	SCR	---	S Winn, Calmar	1	SCR
	1) Bree Jessen 10	2) Ava Moseman 09			1) Adele Conway 12	2) Emmy Gehling 10	
	3) Addison Rubendall 12	4) Laney Nelson 11			3) Hayden Steffans 10	4) Remi Wadsworth 09	
---	Southwest Valley	1	SCR	---	MMCRU	1	SCR
	1) Hailey Randall 12	2) Mailee Templeton 11			1) Riley Groves 12	2) Ella Draper 11	
	3) Ray Helvie 11	4) Anistyn Poston 11			3) Tia Tentinger 11	4) Peyton Busch 10	
---	Madrid	1	SCR	---	Audubon	1	SCR
	1) Olivia Ostert 10	2) Zoey Olsen 10			1) Yarismay Correa-Huerta 09	2) Celina Owens 09	
	3) Iyla Fine 11	4) Kimee Smith 10			3) Katelyn Dreher 10	4) Kadence Brannan-Sporrer 12	
---	North Cedar	1	SCR	---	Baxter	1	SCR
	1) Reese Sandberg 12	2) Brookelynn Kreel 11			1) Alyvia Burdess 12	2) Rossi Swihart 11	
	3) Caylee Curley 11	4) Arianna Robinson 09			3) Kaylyn Krampe 10	4) Gia Dart 09	
				---	B-G-M, Brook	1	SCR
					1) Kaylia Fuchs 09	2) Clair Manatt 12	
					3) Tenley Kriegel 09	4) Katelyn Cadden 10	

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## Results

## Finals ... (Girls 800 Sprint Medley 1A)

Team	Relay	Finals
--- Riceville		SCR
1) Klara Riggelson 10	2) Maria Luisa Montes 11	
3) Lauren Baethke 09	4) Natalie Boggess 09	
--- Clayton Ridge	1	SCR
1) Audrey Dickson 11	2) Alayna Judkins 09	
3) Emery Ostrander 09	4) Sophia Chmeler 09	
--- Newell-Fonda	1	SCR
1) Kennady Hoberman 09	2) Diem Johnson 09	
3) Lexi Peters 09	4) Kyia Copp 09	
--- Pekin	1	SCR
1) Fynlie Brooks 09	2) Addison Smith 11	
3) Reece Brisby 11	4) Mya Glick 09	
--- Cent Decatur	1	SCR
1) Lakyn Mundy 10	2) Grace Leahy 10	
3) Soiyer Smith 11	4) Adelynne Lane 09	
--- Akron-Westfield	1	SCR
1) Khai Utesch 10	2) Morgan Pick 09	
3) Mackenzie Johnson 11	4) Isabella Utesch 10	
--- BCLUW	1	SCR
1) Brinna Benson 11	2) Lucy Walters 10	
3) Layla Follett 10	4) Cambria Wayman 10	
--- N Mahaska	1	SCR
1) Addelynn Jedlicka 09	2) Olivia Ridgeway 11	
3) Addison Terpstra 11	4) Jade DeBoef 09	
--- ACGC	1	SCR
1) Meranda Gruber 11	2) Savannah Akers 12	
3) Nora Langaard 11	4) Cadence Petersen 11	
--- Belle Plaine	1	SCR
1) Aubrey Jack 09	2) Evelyn Davis 09	
3) Claire Neuhaus 09	4) Kaylie Donnelly 11	
--- Bellevue	1	SCR
1) Laney Steines 10	2) Cydney Tath 12	
3) Karley McCombie 11	4) Bella Leibfried 11	
--- Bedford	1	SCR
1) Arabella Hardee 11	2) Sydney Strong 10	
3) Caroline Simmons 11	4) Aniya Hardee 11	

## Girls 1600 Sprint Medley 1A

State Meet: 4:05.37 \* 5/18/2007 North Tama Traer

## B Dinsdale, M Halupnick, S Stoakes, B Dinsdale

All-Time: 3:55.82 ! 2017 Assumption

Team	Relay	Finals
<b>Finals</b>		
1 St. Albert, CB	1	4:08.87 10
1) Sophia Denton 11	2) Ellie Larmie 09	
3) Greta Livingston 11	4) Lili Denton 12	
1:55.182 (1:55.182) 4:08.866 (2:13.684)		
2 Martndsl-StMarys	1	4:11.79 8
1) Lauren Tibbits 11	2) Marin Janke 10	
3) Maclaime German 12	4) Karson Oberender 12	
1:54.723 (1:54.723) 4:11.788 (2:17.065)		

3 Maquoketa Valley	1	4:13.14 6
1) Camryn Paris 11	2) Taryn Burbridge 12	
3) Lanni Beaman 12	4) Audra Burbridge 10	
1:52.540 (1:52.540) 4:13.131 (2:20.591)		
4 WACO	1	4:16.22 5
1) Ryen Pepper 12	2) Taelyn Egli 10	
3) Carlee Lunsford 11	4) Josie Dykstra 10	
1:55.185 (1:55.185) 4:16.215 (2:21.030)		
5 Madrid	1	4:18.14 4
1) Kimee Smith 10	2) Jaela Hansen 11	
3) Paige Richards 11	4) Katelyn Brandhorst 12	
1:56.570 (1:56.570) 4:18.136 (2:21.566)		
6 S Winn, Calmar	1	4:19.08 3
1) Emmy Gehling 10	2) Alexis Johanningmeier 10	
3) Adele Conway 12	4) Maddy Jansen 12	
1:59.011 (1:59.011) 4:19.073 (2:20.063)		
7 Turkey Val, JJ	1	4:20.04 2
1) Kendall Kuennen 11	2) Brynlee Hayek 10	
3) Hazel Nieman 11	4) Isabella Stika 11	
1:59.067 (1:59.067) 4:20.034 (2:20.967)		
8 W Monona	1	4:21.43 1
1) Montana Farrens 12	2) Brynn Bellis 10	
3) Ashlee Pittet 12	4) Chloe Broer 12	
1:59.149 (1:59.149) 4:21.425 (2:22.276)		
9 Newell-Fonda	1	4:24.25
1) Ava Vie 12	2) Ellie Sievers 10	
3) Rylee Hogrefe 11	4) Maren Brabec 12	
2:00.163 (2:00.163) 4:24.249 (2:24.086)		
10 Pekin	1	4:24.34
1) Brin Lauderman 09	2) Addison Smith 11	
3) Maddy Petrehn 11	4) Chloe Glosser 12	
2:03.876 (2:03.876) 4:24.333 (2:20.458)		
11 Riceville		4:24.89
1) Alexa Wolthoff 10	2) Taleah Dohlman 10	
3) Camry Zweibohmer 09	4) Claire Zweibohmer 12	
2:01.933 (2:01.933) 4:24.881 (2:22.948)		
12 Graet-T/Ruth-Ayr		4:24.90
1) Caitlyn Hough 10	2) Jadin Naig 10	
3) Myah Wise 10	4) Kamryn Hough 10	
1:59.447 (1:59.447) 4:24.893 (2:25.446)		
13 Mount Ayr	1	4:25.02
1) Chloe Robb 09	2) Brittlyn Nickle 11	
3) Kacie Larsen 12	4) Tatum Friedrich 11	
2:00.075 (2:00.075) 4:25.017 (2:24.942)		
14 E Marshall	1	4:25.22
1) Gianna Boswell 09	2) Libby Atcher 11	
3) Addy Denham 10	4) Sydney Hull 11	
2:03.616 (2:03.616) 4:25.218 (2:21.603)		
15 Iowa Valley, M	1	4:25.91
1) Makenna Chvala 10	2) Michaela Schachtlie 12	
3) Kennedy Thiessen 11	4) Emma Von Lienen 11	
1:59.406 (1:59.406) 4:25.908 (2:26.502)		

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## Finals ... (Girls 1600 Sprint Medley 1A)

Team	Relay	Finals			
16 North Linn	1	4:27.40	---	Wapsie Val, F	1 SCR
1) Irys Benesch 10	2) Delanie Rawson 10		1) Haley Stuber 12	2) Espyn Decker 09	
3) Lucy Haughenbury 11	4) Whitney Brady 10		3) Brinley Boehme 10	4) Adalynn Kane 10	
2:01.609 (2:01.609) 4:27.399 (2:25.791)			---	Colfax-Mingo	1 SCR
17 Saint Ansgar		4:27.61	1) Kennedy Phillips 09	2) Claire Hunsberger 11	
1) Ava Falk 12	2) Emerson Brumm 10		3) Aubrey VanderSchoor 10	4) Ivy Anderson 09	
3) Jaeda Mayer 10	4) Lila Powers 12		---	Collins-Maxwell	1 SCR
2:00.736 (2:00.736) 4:27.606 (2:26.871)			1) Laura Kocijan 12	2) Opal Toornstra 12	
18 AHSTW	1	4:28.33	3) Cypress Erickson 12	4) Jayden Peters 11	
1) Brooke Lee 11	2) Yana Lander 11		---	Central, Elkader	1 SCR
3) Bella Lamp 11	4) Ava Paulsen 12		1) Payton Stannard 10	2) Tenley Bormann 10	
1:58.225 (1:58.225) 4:28.321 (2:30.097)			3) Carlie Bergan 09	4) Blair Scherf 10	
19 Earlham	1	4:29.76	---	Danville	1 SCR
1) Avrie Fagan 12	2) Ava Harris 12		1) Emery Nedela 10	2) Emma Russell 09	
3) Amanda Smith 12	4) Mackenzie Harger 12		3) Amy Stuecker 10	4) KoraRae Stott 09	
1:58.196 (1:58.196) 4:29.755 (2:31.559)			---	Woodbine	1 SCR
20 Stanton	1	4:30.34	1) Taylor Hoefler 12	2) Kate Barry 11	
1) Quinn McDonald 09	2) Leilanie Foster-Saye 09		3) Keaton Owens 09	4) Reagan Cogdill 12	
3) Lauren Roberts 10	4) Piper French 10		---	Lake Mills	1 SCR
1:59.587 (1:59.587) 4:30.333 (2:30.746)			1) Jacklyn Gallardo 11	2) Ellie Mondt 09	
21 Dunkerton	1	4:31.38	3) Reese Delger 11	4) Kara Renneker 11	
1) McLayna Boeschon 09	2) Elsie McIntosh 12		---	Lawton-Bronson	1 SCR
3) Kylee Pexa 11	4) Abbi Waskow 11		1) Sierra Handke 10	2) Adelynn Mesz 09	
2:04.041 (2:04.041) 4:31.376 (2:27.335)			3) Jaycee Smith 09	4) Kali Coppole 11	
22 Riverside, Oak	1	4:34.74	---	IKM-Manning	1 SCR
1) Ella Reed 11	2) Aubrey Lopez 12		1) Ella Sanford 09	2) Keagan Eischeid 10	
3) Bentley Rone 12	4) Meadow Dalby 09		3) Kenli Irlbeck 09	4) Kori Beckendorf 10	
2:00.194 (2:00.194) 4:34.733 (2:34.539)			---	Southwest Valley	1 SCR
23 Gehlen Cath, L	1	4:35.94	1) Hailey Randall 12	2) Ray Helvie 11	
1) Delainey Kerns 10	2) Grace Kellen 12		3) Anistyn Poston 11	4) Saige Jones 09	
3) Ella Ruhland 10	4) Ayla Schmidt 10		---	Wayne, Corydon	1 SCR
2:00.536 (2:00.536) 4:35.939 (2:35.404)			1) Ava Hysell 09	2) Ashtyn Robinson 09	
24 Griswold	1	4:41.16	3) Miley Evitt 09	4) Emalee Moorman 12	
1) Camille Dorscher 10	2) Brystol Wyman 11		---	West Hancock	1 SCR
3) Sadie Gohlinghorst 11	4) Alexa Steinhoff 10		1) Embree Witte 10	2) Ava Keiper 11	
2:01.372 (2:01.372) 4:41.155 (2:39.783)			3) Lauryn Johnson 11	4) Tara Marchand 12	
---		SCR	---	Winfield-Mt. U	1 SCR
1) Rory Philips 10	2) Daphny Wells 11		1) Madisen Kellogg 12	2) Lydia Meeker 09	
3) Ali Pedretti 10	4) Kayley Snowgren 11		3) Baylie Heacock 09	4) Maycei Venghaus-Phelps 09	
---		SCR	---	St. Edmond, FD	1 SCR
1) Elsie Flexsenhar 12	2) Lyla Stiefel 10		1) McKenna Kvale 11	2) Alex Leiting 11	
3) Kambria Ries 10	4) Jaden Connolly 10		3) Naomi Valles 10	4) Grace Schlegel 09	
---		SCR	---	Springville	1 SCR
1) Hailey Grandfield 09	2) Jentri Cox 11		1) Kaylee Teymer 12	2) Jacey Martin 09	
3) Lydia Hoffman 12	4) Ashlynn Allee 11		3) Elizabeth Hansen 11	4) Haylee Taube 09	
---		SCR	---	HLV-TC	1 SCR
1) Katy Gennaro 09	2) Emma Gennaro 09		1) Sloane McKain 09	2) Nicole Gensley 12	
3) Emma Vandel 11	4) Cheyenne Dike 11		3) Caidyn Schmidt 10	4) Annie Balvin 09	
---		SCR	---	Westwood, Sloan	1 SCR
1) Ana King 11	2) Sophia Roe 09		1) Chloe Wiggs 11	2) Gracie Nelson 09	
3) Lizzy Fee 09	4) Bailey Sullivan 12		3) Naomi Terry 09	4) Grace Lewis 12	
---		SCR	---	Moravia	1 SCR
			1) Lyla Taplin 10	2) Hadlee Bedford 11	
			3) Adalyn Swaby 10	4) Faith Helmick 09	

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## Finals ... (Girls 1600 Sprint Medley 1A)

Team	Relay	Finals
--- Mormon Trail	1	SCR
1) Lili Hostetler 09	2) Kourtney Smiarowski 09	
3) Emily Petty 10	4) Gracyn Newton 10	
--- Lynnville-Sully	1	SCR
1) Brilynn Tice 11	2) Bristol Hardeman 09	
3) Isabelle Vos 10	4) Emma Parkinson 11	
--- MMCRU	1	SCR
1) Charli Murray 09	2) Aubrey Specht 09	
3) Aubrey Dirks 11	4) Hailey Staab 10	
--- Nwood-Kensett		SCR
1) Madeline Christianson 09	2) Mia Fierova 10	
3) Anna Marie Block 10	4) Ivy Urbatsch 09	
--- Sigourney	1	SCR
1) Carmalita Cave 10	2) Bella deOliveira 09	
3) Brynn Clarahan 10	4) Addison Yates 12	
--- North Butler	1	SCR
1) Kylie Knoll 12	2) Kamri Groen 11	
3) Macy Stirling 09	4) Faith Eberline 09	
--- North Iowa		SCR
1) Paisley Mather 09	2) Harper Homsey 09	
3) Norah Blodgett 10	4) Alexis Gray 11	
--- Lenox	1	SCR
1) Reese Reed 10	2) Laney Stoaks 10	
3) McKinzie Menefee 10	4) Addison Junker 09	
--- N Tama, Traer	1	SCR
1) Olivia Youngblood 11	2) Lucy Monat 09	
3) Gabriella Seda 12	4) Shawna Cibula 10	
--- Lisbon	1	SCR
1) Kinzey Ferguson 09	2) Violet Chalupa 09	
3) Leila Mayhew 11	4) Alexis Jensen 09	
--- Logan-Magnolia	1	SCR
1) Maria Kiger 11	2) Teagan Carritt 10	
3) Jordyn Robbins 09	4) Allysen Johnsen 12	
--- Janesville	1	SCR
1) Gracie Bloes 11	2) Taylor Hughes 09	
3) Hayley Domeyer 09	4) Maggie Heidemann 10	
--- Kee, Lansing	1	SCR
1) Alicia Colsch 11	2) Regan Troendle 11	
3) Morgan Mohn 10	4) Josy Connelly 09	
--- Nashua-Plainfld	1	SCR
1) Mia Schmitt 09	2) Lydia Chester 09	
3) Elizabeth Kalvig 09	4) Ellie Sudol 09	
--- New London	1	SCR
1) Madelynn Nelson 11	2) Maison Nelson 10	
3) Evelyn Adams 10	4) Irelynn Kelly 10	
--- Audubon	1	SCR
1) Marie Brand 11	2) Katelyn Dreher 10	
3) Celina Owens 09	4) Kadence Brannan-Sporrer 12	
--- Boyer Valley	1	SCR
1) KellyAnne Tremel 09	2) Maggie Yanak 10	
3) Sylvia Sullivan 12	4) Lily Heistand 12	

--- Belmont-Klemme		SCR
1) Kaylen Morris 12	2) Avery Boeshart 10	
3) Jordyn Muhlenbruch 11	4) Lila Swenson 12	
--- B-G-M, Brook	1	SCR
1) Cara Arment 10	2) Clair Manatt 12	
3) Payton Manatt 10	4) Penny Clayton 09	
--- English Valleys	1	SCR
1) Phoenix Sorden-Spies 12	2) Lydia Smith 12	
3) Aliza Walker 12	4) Kaylee Frazier 12	
--- Cent Decatur	1	SCR
1) Karizma Overhake 09	2) Leighanna Bundt 12	
3) Lily Luckey 10	4) Adelynn Lane 09	
--- CAM, Anita	1	SCR
1) Bailey Wittrock 10	2) Kinsey Burg 09	
3) Brooklynne Zimmerline 10	4) Kesley Platt 10	
--- CR-Bayard	1	SCR
1) Alison Wiskus 10	2) Brylie Behrens 10	
3) Molly Mohr 09	4) Emma Cretsinger 09	
--- ACGC	1	SCR
1) Tessa Slaybaugh 09	2) Blair Brown 09	
3) Lillie Lauzon 10	4) Brooklyn Schafer 11	
--- Akron-Westfield	1	SCR
1) Morgan Pick 09	2) Libbie Philips 10	
3) Mackenzie Johnson 11	4) Isabella Utesch 10	
--- South O'Brien	1	SCR
1) Macci Stevens 11	2) Gretchen Joines 10	
3) Grace Keen 11	4) Ciara Roberts 10	
--- N Mahaska	1	SCR
1) Addelynn Jedlicka 09	2) Addison Terpstra 11	
3) Jade DeBoef 09	4) Emmerson Jedlicka 12	
--- Baxter	1	SCR
1) Alyvia Burdess 12	2) Kamdyn Krampe 10	
3) Emileigh Beals 09	4) Elsie Hauser 09	
--- Belle Plaine	1	SCR
1) Aubrey Jack 09	2) Evelyn Davis 09	
3) Claire Neuhaus 09	4) Cora Hemmingsen-Brinkmar	
--- Ankeny Christ	1	SCR
1) Ella Bussell 12	2) Avlyn Davis 09	
3) Havanna Dolbeare 09	4) Ella Leever 12	

## Girls 4x100 Meter Shuttle Hurdle 1A

State Meet: 1:04.69 \* 5/24/2025 Stanton

K Hart, L Johnson, L Roberts, H Olson

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Fremont-Mills	1	1:05.72q
1) Carlie Nuckolls 11	2) Reese Gute 12	
3) Abby Malcom 09	4) Lana Alley 12	
2 Cent Decatur	1	1:08.00q
1) Soiyer Smith 11	2) Aubri Perkins 11	
3) Zoey Quigley 11	4) Breegan Lindsey 12	

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## Results

## Preliminaries ... (Girls 4x100 Meter Shuttle Hurdle 1A)

Team	Relay	Prelims
3 Graet-T/Ruth-Ayr		1:08.39q
1) Caitlyn Hough 10	2) Olivia Anderson 12	
3) Kamryn Hough 10	4) Addison Hansen 11	
4 Kee, Lansing	1	1:08.56q
1) Lilah Strong 11	2) Rylee Mudderman 11	
3) Morgan Mohn 10	4) Addison Winters 12	
5 Springville	1	1:08.94q
1) Morgan DeMean 11	2) Addison Merritt 11	
3) Hayden Robertson 11	4) Rowan Jacobi 12	
6 Baxter	1	1:08.99q
1) Rossi Swihart 11	2) Avery Wonders 11	
3) Grace Anderegg 12	4) Camryn Russell 12	
7 Belle Plaine	1	1:09.11q
1) Camella Walton 10	2) Kennedy Coover 11	
3) Ava Grieder 11	4) Annika Hultquist 10	
8 Stanton	1	1:10.02q
1) Quinn McDonald 09	2) Leilanie Foster-Saye 09	
3) Lauren Roberts 10	4) Piper French 10	
9 Janesville	1	1:10.14
1) Addy Oldenburger 12	2) Maggie Heidemann 10	
3) Abigail Jones 10	4) Honor Hovenga 11	
10 Wapsie Val, F	1	1:10.40
1) Austin Franck 12	2) Ella Morarend 11	
3) Kalle Voy 12	4) Emry Shannon 09	
11 Griswold	1	1:10.46
1) Sadie Gohlinghorst 11	2) Brystol Wyman 11	
3) Alexa Steinhoff 10	4) Carsyn Adams 11	
12 Gehlen Cath, L	1	1:10.67
1) Addi Castle 10	2) Leah Thoms 09	
3) Lindsey Pohlen 10	4) Ella Ruhland 10	
13 North Linn	1	1:11.35
1) Peyton McMahan 12	2) Harley Henderson 12	
3) Ava Hoover 11	4) Lucy Haughenbury 11	
14 IKM-Manning	1	1:11.38
1) Olivia Linde 10	2) Oriah Meiners 12	
3) Annabelle Blum 09	4) Anna Stangl 12	
15 B-G-M, Brook	1	1:11.51
1) Kaylia Fuchs 09	2) Clair Manatt 12	
3) Tenley Kriegel 09	4) Emersyn Minnaert 10	
16 Bedford	1	1:11.65
1) Charlotte Shafar 09	2) Charlee Fletchall 09	
3) Caroline Simmons 11	4) Joslyn Longfellow 12	
17 Madrid	1	1:11.70
1) Iyla Fine 11	2) Charlotte Schealler 09	
3) Ashlyn Burkhardt 10	4) Adelyn White 11	
18 Newell-Fonda	1	1:12.25
1) Kennady Hoberman 09	2) Paige Erickson 09	
3) Rylee Hogrefe 11	4) Ava Vie 12	
19 Lake Mills		1:12.83
1) Tatum Sauer 09	2) Faith Stene 10	
3) Ari Stensrud 09	4) Cora Sauer 11	

20 North Butler	1	1:12.87
1) Laney Brinkman 12	2) Claire McCandless 12	
3) Linde Fleshner 09	4) Alexis Rose 12	
21 Maquoketa Valley	1	1:13.60
1) Haydin Flannagan 11	2) Taylor Salow 10	
3) Natalie Ries 11	4) Alaina Mead 11	
22 Pekin	1	1:14.82
1) Reece Brisby 11	2) Abby Guise 12	
3) Carlie Gambell 10	4) Paislee Coleman 11	
--- Sibley-Ocheyedan	1	DQ
1) Grace Saylor 12	2) Hailey Gacke 10	
3) Mya Pohlen 11	4) Lillie Marco 10	
--- Logan-Magnolia	1	DQ
1) Milie Monico 10	2) Ava Sloan 12	
3) Jordyn Robbins 09	4) Teagan Carritt 10	

## Girls 4x100 Meter Shuttle Hurdle 1A

State Meet: 1:04.69 \* 5/24/2025 Stanton

K Hart, L Johnson, L Roberts, H Olson

All-Time: 59.37 ! 2026

Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Finals
<b>Finals</b>		
1 Fremont-Mills	1	1:05.35 10
1) Carlie Nuckolls 11	2) Reese Gute 12	
3) Abby Malcom 09	4) Lana Alley 12	
2 Kee, Lansing	1	1:06.86 8
1) Lilah Strong 11	2) Rylee Mudderman 11	
3) Morgan Mohn 10	4) Addison Winters 12	
3 Baxter	1	1:06.92 6
1) Rossi Swihart 11	2) Avery Wonders 11	
3) Grace Anderegg 12	4) Camryn Russell 12	
4 Cent Decatur	1	1:07.12 5
1) Soiyer Smith 11	2) Aubri Perkins 11	
3) Zoey Quigley 11	4) Breegan Lindsey 12	
5 Springville	1	1:07.54 4
1) Morgan DeMean 11	2) Addison Merritt 11	
3) Hayden Robertson 11	4) Rowan Jacobi 12	
6 Graet-T/Ruth-Ayr		1:08.28 3
1) Caitlyn Hough 10	2) Olivia Anderson 12	
3) Kamryn Hough 10	4) Addison Hansen 11	
7 Belle Plaine	1	1:08.96 2
1) Camella Walton 10	2) Kennedy Coover 11	
3) Ava Grieder 11	4) Annika Hultquist 10	
8 Stanton	1	1:09.72 1
1) Quinn McDonald 09	2) Leilanie Foster-Saye 09	
3) Lauren Roberts 10	4) Piper French 10	

## Girls High Jump 1A

State Meet: 5-09.50 \* 5/23/2025 Ema Roberts

All-Time: 6-01 ! 2010

Hannah Willms

Name	Yr	School	Finals
<b>Finals</b>			
1 Aubree Shields	12	Mount Ayr	5-05.00 10
2 Lilee Boriskey	12	Edgewd-Coles	5-04.00 8

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls High Jump 1A)

Name	Yr	School	Finals	
3	Quin Smith	12 Winfield-Mt.	5-04.00	6
4	Rowan Jacobi	12 Springville	5-02.00	5
5	Zoey Quigley	11 Cent Decatur	5-02.00	3
5	Allie Fehr	12 WB-Mallard	5-02.00	3
5	Isadora Wheeler	09 Cedar Ridge C	5-02.00	3
8	Kennedy Brant	12 Glad-Reinbec	5-02.00	1
9	Gracie Wagoner	11 AGWSR	5-00.00	
9	Vanessa Blum	09 Woodbine	5-00.00	
9	Elizabeth Kalvig	09 Nashua-Plain	5-00.00	
12	Kaylynn Newton	12 Lawton-Brons	5-00.00	
12	Addison Hansen	11 Graet-T/Ruth	5-00.00	
12	Marisa Cahalan	11 E Marshall	5-00.00	
15	Emersyn Reiter	12 Lisbon	5-00.00	
15	Keirra Jones	10 W Monona	5-00.00	
17	Emily Pruess	10 North Cedar	4-10.00	
17	Kinzie Ruess	09 Highland	4-10.00	
17	Makenzie Budach	11 Lake Mills	4-10.00	
20	Lauren Roberts	10 Stanton	4-10.00	
20	Malia Clayburg	12 CR-Bayard	4-10.00	
22	Kaberlee Fairbanks	11 Akron-Westfi	4-10.00	
22	Ella Horgen	10 Saint Ansgar	4-10.00	
---	Ella Sanford	09 IKM-Manning	NH	
---	Hadley Connell	09 Prince of Pe	SCR	
---	Charlie Kline	09 Saint Ansgar	SCR	
---	Alyssa Holthaus	12 S Winn, Calm	SCR	
---	Alexis Johanningmeier	10 S Winn, Calm	SCR	
---	Naomi Terry	09 Westwood, Sl	SCR	
---	Jayden Hiner	12 N Mahaska	SCR	
---	Kassidy Neligh	10 Woodbine	SCR	
---	Brynlee Swaby	10 Moravia	SCR	
---	Aliah Fredricksen	12 Whiting	SCR	
---	Brin Lauderman	09 Pekin	SCR	
---	Paislee Coleman	11 Pekin	SCR	
---	Leilanie Foster-Saye	09 Stanton	SCR	
---	Annika Kuennen	09 Turkey Val,	SCR	
---	Aubrey Loeffler	09 Van Buren	SCR	
---	Greta Hustedt	09 South O'Brie	SCR	
---	Chloe Homan	09 St. Mary's, R	SCR	
---	Ameliya Mehmen-Reeves	11 Tripoli	SCR	
---	Ray Helvie	11 Southwest Va	SCR	
---	Pinky Bongolan	09 Springville	SCR	
---	Jocelyn Tackett	11 Sidney	SCR	
---	Bren Graber	10 WACO	SCR	
---	Anna Crawford	12 W Monona	SCR	
---	Natalia Brown	12 Wayne, Coryd	SCR	
---	Triona Scott	12 Collins-Maxw	SCR	
---	Allison Presler	12 Earlham	SCR	
---	Adelynn Lane	09 Cent Decatur	SCR	
---	Grace Hunsberger	12 Colfax-Mingo	SCR	
---	Kylee Pexa	11 Dunkerton	SCR	
---	Brooklyn Weldon	09 Fremont-Mill	SCR	
---	Brookelynn Billingsley	11 Fremont-Mill	SCR	
---	Jaci Cox	10 Diagonal	SCR	

---	Elyse Jacobi	09 Belle Plaine	SCR
---	Havanna Dolbeare	09 Ankeny Chris	SCR
---	Cadence Petersen	11 ACGC	SCR
---	Avery Wonders	11 Baxter	SCR
---	Adelynn Zoske	10 BCLUW	SCR
---	Ana Aguilar	12 Cedar Ridge C	SCR
---	Chloe Switzer	10 BCLUW	SCR
---	Maria Kiger	11 Logan-Magnol	SCR
---	Haydin Flannagan	11 Maquoketa Va	SCR
---	Gretchen Wearmouth	12 Martndsl-StM	SCR
---	Emma Dietsch	10 Lisbon	SCR
---	Jorja Regennitter	09 MMCRU	SCR
---	Ryanne Williams	10 Montezuma	SCR
---	Taylor Salow	10 Maquoketa Va	SCR
---	Linde Fleshner	09 North Butler	SCR
---	Hannah Hutchison	09 Heartland Ch	SCR
---	Niva Helmuth	12 Hillcrest	SCR
---	Allison Snyder	11 Glidden-Rals	SCR
---	Keagan Eischeid	10 IKM-Manning	SCR
---	Rylee Mudderman	11 Kee, Lansing	SCR
---	Lilah Strong	11 Kee, Lansing	SCR
---	Nicole Gensley	12 HLV-TC	SCR

## Girls Long Jump 1A

State Meet: 18-08.50 \* 5/15/2008 Jennifer Jorgensen

All-Time: 20-08.25 ! 2025 Abby Mecklenburg

Name	Yr	School	Finals	
1	McKenna Baker	11 W Monona	18-00.75	10
2	Nataliya Linder	11 N Mahaska	17-05.25	8
3	Ella Whitney	11 Wayne, Coryd	17-01.75	6
4	Addison Winters	12 Kee, Lansing	16-11.75	5
5	Ava Christofferson	12 Lone Tree	16-11.25	4
6	Ruthie Rich	11 CAM, Anita	16-08.25	3
7	MeLayna Boeschen	09 Dunkerton	16-05.50	2
8	Alexa Hahn	11 Highland	16-03.50	1
9	Camryn Russell	12 Baxter	16-01.00	-0.2
10	Ava Vonderhaar	09 Clayton Ridg	15-11.75	1.5
11	Annika Hultquist	10 Belle Plaine	15-11.75	-0.7
12	Camella Walton	10 Belle Plaine	15-11.50	0.8
13	Avery Gaswint	10 Akron-Westfi	15-10.25	1.0
14	Lilee Boriskey	12 Edgewd-Coles	15-09.00	-1.5
15	Espyn Decker	09 Wapsie Val,	15-08.00	-0.5
16	Makenzie Budach	11 Lake Mills	15-06.75	0.4
17	Jordyn Keuck	09 Heartland Ch	15-06.00	-0.7
18	Avrie Fagan	12 Earlham	15-05.50	-0.8
19	Charlee Yoder	09 Don Bosco	15-03.00	-1.0
20	Marin Janke	10 Martndsl-StM	15-02.75	0.7
21	Annabelle Blum	09 IKM-Manning	15-01.75	1.7
22	Cambria Wayman	10 BCLUW	15-01.50	0.5
23	Paige Richards	11 Madrid	14-11.00	-0.8
24	Maddie Fehr	12 WB-Mallard	14-08.75	0.2
---	Marissa Nielsen	10 North Union	SCR	NWI
---	Briella Hinrichsen	Rockford	SCR	NWI
---	Harper Hillman	Rockford	SCR	NWI

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## Finals ... (Girls Long Jump 1A)

Name	Yr	School	Finals
---	Lyla Taplin	10 Moravia	SCR NWI
---	Taylor Hoefler	12 Woodbine	SCR NWI
---	Ellie Sievers	10 Newell-Fonda	SCR NWI
---	Leah DeJong	10 Moravia	SCR NWI
---	Mya Glick	09 Pekin	SCR NWI
---	Aliyah Wegmann	09 North Linn	SCR NWI
---	Hixton Krambeer	09 Nwood-Kenset	SCR NWI
---	Lexi McHenry	11 Nwood-Kenset	SCR NWI
---	Kallie Peck	09 Wayne, Coryd	SCR NWI
---	Kate Barry	11 Woodbine	SCR NWI
---	Aida Troutman	10 Van Buren	SCR NWI
---	Lakin Archer	11 W Monona	SCR NWI
---	Iselle Weiland	10 West Hancock	SCR NWI
---	Brylie Lee	12 Westwood, Sl	SCR NWI
---	Payton Akridge	10 WB-Mallard	SCR NWI
---	Aliah Fredricksen	12 Whiting	SCR NWI
---	Camryn Strubbe	12 South O'Brie	SCR NWI
---	Pinky Bongolan	09 Springville	SCR NWI
---	Alyssa Holthaus	12 S Winn, Calm	SCR NWI
---	Keyana Haggerty	10 Sidney	SCR NWI
---	Sophia Harpenau	10 St. Mary's, R	SCR NWI
---	Madelyn Farmer	11 WACO	SCR NWI
---	Josi Munger	11 Starmont	SCR NWI
---	Carlie Bergan	09 Central, Elk	SCR NWI
---	Victoria Woods	11 Colfax-Mingo	SCR NWI
---	Hannah Beth Myers	10 Cedar Ridge C	SCR NWI
---	Isabella Cushatt	09 Colfax-Mingo	SCR NWI
---	Bailey Haubrich	09 Danville	SCR NWI
---	Hailey Grandfield	09 Diagonal	SCR NWI
---	Cypress Erickson	12 Collins-Maxw	SCR NWI
---	Lucy McClure	09 Earlham	SCR NWI
---	Cydney Tath	12 Bellevue	SCR NWI
---	Emma Preul	10 Boyer Valley	SCR NWI
---	Isabella Utesch	10 Akron-Westfi	SCR NWI
---	Karley McCombie	11 Bellevue	SCR NWI
---	Ella Bussell	12 Ankeny Chris	SCR NWI
---	Vanessa LaMarche	10 Cedar Ridge C	SCR NWI
---	Charlotte Pattee	09 AHSTW	SCR NWI
---	Anna Stangl	12 IKM-Manning	SCR NWI
---	Isabelle Vos	10 Lynnville-Su	SCR NWI
---	Ella Schlabaugh	09 Highland	SCR NWI
---	Annie Balvin	09 HLV-TC	SCR NWI
---	Teagan Carritt	10 Logan-Magnol	SCR NWI
---	Amelia Schroeder	10 Marquette Ca	SCR NWI
---	Jaina Gladson	10 Martndsl-StM	SCR NWI
---	Violet Chalupa	09 Lisbon	SCR NWI
---	Abby Malcom	09 Fremont-Mill	SCR NWI
---	Abigail Ramos	10 Fremont-Mill	SCR NWI
---	Kambria Ries	10 E Buchanan	SCR NWI
---	Jenna Hamann	09 Edgewd-Coles	SCR NWI
---	Allyson Martin	11 Lamon	SCR NWI
---	Addison Junker	09 Lenox	SCR NWI
---	Alana Throne	10 Lake Mills	SCR NWI

## Girls Shot Put 1A

State Meet: 45-01 \* 2022

Audi Crooks

All-Time: 53-03.50 ! 1992

Paulette Mitchell

Name	Yr	School	Finals
---	Anna Hadley	12 Pekin	43-09.75 10
---	Sophia Fenner	11 Riverside, O	40-02.75 8
---	Kendall Wittman	11 Edgewd-Coles	40-00.50 6
---	Sellah Ambundo	11 Maquoketa Va	37-10.75 5
---	Ashtyn Wheater	11 E Marshall	37-10.00 4
---	Emily Knox	10 Mount Ayr	37-01.75 3
---	Lauren Dvorak	12 Madrid	37-01.25 2
---	Grace Farnsworth	12 BCLUW	36-09.75 1
---	Arianna Pierce	10 GMG, Garwin	36-07.75
---	Delanie Budden	10 Gehlen Cath,	36-02.75
---	Reghan DeRycke	10 Belle Plaine	35-06.50
---	Chloe Sexton	11 Highland	35-03.25
---	Hayleigh Mattox	12 Fremont-Mill	35-02.50
---	Kalle Voy	12 Wapsie Val,	35-02.00
---	Brylee Dickman	12 West Fork	34-09.75
---	Avery Culbertson	09 Bishop Garri	34-05.50
---	Maddie Ladeburg	12 Wapsie Val,	34-02.00
---	Lindsay Kruse	12 Saint Ansgar	33-08.75
---	Sealymae Athey	10 Saint Ansgar	33-08.50
---	Madison Kelley	12 Riverside, O	32-11.00
---	Maddy Mason	12 CR-Bayard	32-02.75
---	Lillian Kolsrud	12 Kee, Lansing	32-02.00
---	Grace Hornseth	11 Kee, Lansing	30-11.00
---	Kendra Schultz	09 Pekin	30-06.25
---	Meredith Snively	10 B-G-M, Brook	SCR
---	Jeorgia Ingle-Rupe	10 North Linn	SCR
---	Olivia Reiersen-Mims	10 North Linn	SCR
---	Izzy Heisdorffer	09 Sigourney	SCR
---	Kielee Larson	10 St. Mary's, SL	SCR
---	Madison Olsasky	11 SE Warren	SCR
---	Claire Neuhaus	09 Belle Plaine	SCR
---	Eden Lamborn	12 Nashua-Plain	SCR
---	Taryn Jackson	10 Nwood-Kenset	SCR
---	McKayla Hanson	10 Newell-Fonda	SCR
---	Samantha Peterson	09 MMCRU	SCR
---	Sylvia Sullivan	12 Boyer Valley	SCR
---	Haley Nemmers	12 Bishop Garri	SCR
---	Katie Scheffler	09 AHSTW	SCR
---	Jaci Trimble	10 Wayne, Coryd	SCR
---	Sydney Teague	11 West Central	SCR
---	Carlie Hoodjer	11 AGWSR	SCR
---	Memphis Stark	10 Wayne, Coryd	SCR
---	Hannah Krueger	12 Westwood, Sl	SCR
---	Bridgette Kelley	12 Woodbine	SCR
---	Caydence Boals	12 ACCG	SCR
---	Briley Losey	09 Van Buren	SCR
---	Brianna Dekok	11 W Monona	SCR
---	Rihanna Myers	09 St. Edmond,	SCR
---	Elli Daugherty	11 Van Buren	SCR

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## Finals ... (Girls Shot Put 1A)

Name	Yr	School	Finals
---	Natalee Marks	12 Wapello	SCR
---	Alexis Perkins	12 Bedford	SCR
---	Georgia Jones	11 W Monona	SCR
---	Afton Dean	10 Lake Mills	SCR
---	Kaitlyn Oehler	11 Lawton-Brons	SCR
---	Alena Wilhelm	11 C-Wheatland	SCR
---	Betsy Byars	09 Lake Mills	SCR
---	Bryndal Jack	09 HLV-TC	SCR
---	Layla Embretson	12 Central, Elk	SCR
---	Gracie Brokaw	09 Lenox	SCR
---	Raelene Hawkins	12 HLV-TC	SCR
---	Shilyn Terrell	11 Earlham	SCR
---	Kenadee Sitzmann	11 Gehlen Cath,	SCR
---	Katherine Howe	10 Fremont-Mill	SCR
---	Shaylee Stiverson	11 East Mills	SCR
---	Kassidy Wenck	12 Glidden-Rals	SCR
---	Skyler Murty	10 GMG, Garwin	SCR
---	Amy Thole	10 George-Littl	SCR
---	Stella Beattie	11 CAM, Anita	SCR
---	Morgan Hoeger	10 Maquoketa Va	SCR
---	Savanna Welch	12 Lisbon	SCR
---	Mayzie Surratt	09 Madrid	SCR
---	Payton Worthington	09 Mount Ayr	SCR
---	Maliya Berry	10 Murray	SCR
---	Brette Bentz	12 Ankeny Chris	SCR
---	Lexie Aller	11 Colfax-Mingo	SCR
---	Phoebe Henderson	09 Central City	SCR
---	Niva Helmuth	12 Hillcrest	SCR
---	Quinn Sweeney	09 Janesville	SCR
---	Kesley Reed	11 Melcher-Dall	SCR
---	Kooper Martin	09 Lisbon	SCR
---	Bailey Lillard	11 CAM, Anita	SCR

## Girls Discus Throw 1A

State Meet: 150-09 \* 5/23/2025 Anna Hadley

All-Time: 179-07 ! 2014 Kiana Phelps

Name	Yr	School	Finals
1	Lindsay Kruse	12 Saint Ansgar	148-06 10
2	Anna Hadley	12 Pekin	145-07 8
3	Lauren Dvorak	12 Madrid	142-05 6
4	Sellah Ambundo	11 Maquoketa Va	122-02 5
5	Raelene Hawkins	12 HLV-TC	119-06 4
6	Hannah Krueger	12 Westwood, Sl	117-01 3
7	Courtney Follmann	11 CAM, Anita	117-01 2
8	Kendall Wittman	11 Edgewd-Coles	114-01 1
9	Maddy Mason	12 CR-Bayard	113-04
10	Georgia Jones	11 W Monona	111-09
11	Rihanna Myers	09 St. Edmond,	111-04
12	Katelyn Weathers	11 Ankeny Chris	109-00
13	Addison Carroll	11 AHSTW	109-00
14	Sophia Fenner	11 Riverside, O	108-09
15	Jenna Peterson	10 Bishop Garri	108-04

16	Liv Nehring	10 Ankeny Chris	108-00
17	Ava Menke	12 Lake Mills	107-07
18	Izzy O'Dowd	12 North Butler	107-05
19	Paisley Sleep	10 Bedford	107-03
20	Ella Gade	10 Griswold	105-05
21	Sophia Semprini	10 Montezuma	101-11
22	Lindsey Haken	12 George-Littl	101-04
23	Kooper Martin	09 Lisbon	100-01
24	Savannah Drips	12 Edgewd-Coles	96-10
---	Jenna Mitchell	11 Boyer Valley	SCR
---	Taylor Moore	10 Pekin	SCR
---	Alivya Smith	11 Paton-Churda	SCR
---	Taryn Jackson	10 Nwood-Kenset	SCR
---	Maddison Kelley	12 Riverside, O	SCR
---	Maddie Newton	10 North Iowa	SCR
---	Alexis Perkins	12 Bedford	SCR
---	Mya Smothers	11 Montezuma	SCR
---	Eden Lamborn	12 Nashua-Plain	SCR
---	Samantha Peterson	09 MMRU	SCR
---	Lilly Barber	12 CAM, Anita	SCR
---	Maliya Berry	10 Murray	SCR
---	McKayla Hanson	10 Newell-Fonda	SCR
---	Natalee Marks	12 Wapello	SCR
---	Lola Destival	09 Wapsie Val,	SCR
---	Elli Daugherty	11 Van Buren	SCR
---	Kaitlyn Engle	10 Baxter	SCR
---	Josi Janssen	10 West Fork	SCR
---	Becca Littler	12 ACGC	SCR
---	Lily Reed	10 Wayne, Coryd	SCR
---	Brylee Dickman	12 West Fork	SCR
---	Jayden Timp	11 S Winn, Calm	SCR
---	Olivia DeMaris	11 Saint Ansgar	SCR
---	Allison Arnold	11 North Linn	SCR
---	Grace Farnsworth	12 BCLUW	SCR
---	Adrienne Caster	12 BCLUW	SCR
---	Ellaney Bodensteiner	11 Turkey Val,	SCR
---	Charli King	10 Sidney	SCR
---	Addison Elmore	09 GMG, Garwin	SCR
---	Skyler Murty	10 GMG, Garwin	SCR
---	Delanie Budden	10 Gehlen Cath,	SCR
---	Amy Thole	10 George-Littl	SCR
---	Kennedy Jackson	12 Keota	SCR
---	Shilyn Terrell	11 Earlham	SCR
---	Karley Greiner	10 Keota	SCR
---	Violette Sowell	11 Danville	SCR
---	Shaylee Stiverson	11 East Mills	SCR
---	Hadyn Bender	11 English Vall	SCR
---	McKenna Rugg	10 English Vall	SCR
---	Claire Hilton	11 Fremont-Mill	SCR
---	Hayleigh Mattox	12 Fremont-Mill	SCR
---	Makenna Klemme	11 Easton Valle	SCR
---	Leighanna Bundt	12 Cent Decatur	SCR
---	Grace Richter	12 Maquoketa Va	SCR
---	Dashella Munyakazi	09 Central City	SCR
---	Mayzie Surratt	09 Madrid	SCR

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## Finals ... (Girls Discus Throw 1A)

Name	Yr	School	Finals
---	Adley Dredge	11 Mount Ayr	SCR
---	Emily Knox	10 Mount Ayr	SCR
---	Chloe Alesch	11 MMCRU	SCR
---	Kendra Arp	09 IKM-Manning	SCR
---	Peyton Grau	11 C-Wheatland	SCR
---	Kaitlyn Oehler	11 Lawton-Brons	SCR
---	Kayla Horner	10 C-Wheatland	SCR
---	Myla Frimml	12 Iowa Valley,	SCR
---	Katelyn Podhajsky	11 Janesville	SCR
---	Jillian Stransky	09 Highland	SCR

## Girls 100 Meter Dash 2A

State Meet: 11.92 \* 5/24/2025 Rachel Kacmarynski

All-Time: 11.49 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Rachel Kacmarynski	11 Pella Christ	* 11.80q-0.4
2	Jovi Evans	12 Mid-Prairie,	12.02q+0.0
3	Jeorgia Evans	10 Mid-Prairie,	12.47q 0.2
4	Chloe Paulsen	11 Dike-NH	12.56q-0.4
5	Braelyn Suckow	11 Sumner-Fredr	12.67q+0.0
6	Lexi Terpstra	12 Pella Christ	12.73q-0.4
7	Ava Heeren	11 Grundy Cente	12.75q 0.2
8	Ella Buttjer	12 Aplntn-Parks	12.78q+0.0
9	Hayden Thomas	11 Woodward-Gra	12.80 0.2
10	Isabella Buckholdt	10 Underwood	12.80 -0.4
11	Lacey Taylor	12 Eddyvl-Blake	12.83 0.2
12	Irelynne McNamara	11 MVAOCOUC	12.84 -0.4
13	Miranda Neighbor	12 Alburnett	12.85 0.2
14	Chloe Hennigar	12 Forest City	12.87 -0.4
15	Addison Dunkel	10 Hinton	12.91 0.2
16	Anthea Leupold	11 Spirit Lake	12.92 +0.0
17	Kenya Davis-Robinson	09 Monticello	12.92 +0.0
18	Lorina Dykman	11 South Hardin	12.97 +0.0
19	Avery Recker	12 Regina, IC	13.00 0.2
20	Lillian Johnson	10 Sioux Ctrl,	13.02 +0.0
21	Savannah Smith	12 W Lyon, Inwo	13.03 -0.4
22	Elise Jones	11 Durant	13.07 +0.0
23	Tenley Hinderaker	09 Tipton	13.28 0.2
24	Darla Hoskins	09 MVAOCOUC	13.35 -0.4

## Girls 100 Meter Dash 2A

State Meet: 11.92 \* 5/24/2025 Rachel Kacmarynski

All-Time: 11.49 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Rachel Kacmarynski	11 Pella Christ	11.70* 10
2	Jovi Evans	12 Mid-Prairie,	12.32 8
3	Jeorgia Evans	10 Mid-Prairie,	12.41 6
4	Chloe Paulsen	11 Dike-NH	12.66 5
5	Braelyn Suckow	11 Sumner-Fredr	12.75 4
6	Ava Heeren	11 Grundy Cente	12.80 3

7	Lexi Terpstra	12 Pella Christ	12.81 2
8	Ella Buttjer	12 Aplntn-Parks	12.85 1

## Girls 200 Meter Dash 2A

State Meet: 24.49 \* 5/21/2009 Hannah Willms

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Rachel Kacmarynski	11 Pella Christ	* 24.31q 0.6
2	Jordan Tegeler	11 Northeast, G	24.76q 1.0
3	Jovi Evans	12 Mid-Prairie,	24.79q 1.4
4	Meredith Van Wyk	12 Pella Christ	24.84q 1.0
5	Jeorgia Evans	10 Mid-Prairie,	25.26q 1.4
6	Chloe Paulsen	11 Dike-NH	25.32q 0.6
7	Belah Kramer	09 W Lyon, Inwo	25.71q 1.0
8	Maryn Laures	12 Denver	25.77q 1.4
9	Ella Buttjer	12 Aplntn-Parks	25.79 0.6
10	Addie Olson	10 Waukon	25.94 1.0
11	Braelyn Suckow	11 Sumner-Fredr	25.95 0.6
12	Irelynne McNamara	11 MVAOCOUC	25.98 0.6
13	Miley Wagoner	10 Clarinda	26.17 0.6
14	Addison Dunkel	10 Hinton	26.22 1.4
15	Lorina Dykman	11 South Hardin	26.25 1.4
16	Riley Meyer	11 Okoboji, Mil	26.32 1.4
17	Becca Anderson	12 Greene Count	26.42 1.0
18	Avrie Hanson	11 Southeast Va	26.50 1.4
19	Grace Upp	12 I-35, Truro	26.54 1.0
20	Ava Landman	10 Unity Chrst,	26.57 1.0
21	Tenley Hinderaker	09 Tipton	26.65 0.6
22	Elise Jones	11 Durant	26.94 1.4
23	Darla Hoskins	09 MVAOCOUC	27.17 0.6
24	Jocelyn O'Neal	12 Red Oak	27.33 1.0

## Girls 200 Meter Dash 2A

State Meet: 24.49 \* 5/21/2009 Hannah Willms

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Rachel Kacmarynski	11 Pella Christ	24.08* 10
2	Jordan Tegeler	11 Northeast, G	24.93 8
3	Meredith Van Wyk	12 Pella Christ	25.00 6
4	Jovi Evans	12 Mid-Prairie,	25.35 5
5	Jeorgia Evans	10 Mid-Prairie,	25.93 4
6	Chloe Paulsen	11 Dike-NH	25.93 3
7	Maryn Laures	12 Denver	25.95 2
8	Belah Kramer	09 W Lyon, Inwo	26.59 1

## Girls 400 Meter Dash 2A

State Meet: 53.96 \* 5/20/2010 Hannah Willms

All-Time: 52.90 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1	Bailey Vos	12 Pella Christ	55.29 10
2	Jordan Tegeler	11 Northeast, G	56.30 8

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## Finals ... (Girls 400 Meter Dash 2A)

Name	Yr	School	Finals	
3 Maryn Laures	12	Denver	57.04	6
4 Ella Hein	11	Tipton	57.09	5
5 Wendie Veit	10	East Sac Cou	58.30	4
6 Ayda Eller	11	South Hardin	58.35	3
7 Shea Rapp	09	Ridge View	59.01	2
8 Rachel Schany	12	Emmetsburg	59.35	1
9 Livy Schoonover	12	Sumner-Fredr	59.81	
10 Ella Howell	11	Columbus, CJ	59.91	
11 Adah Fishell	10	Alburnett	59.98	
12 Ally Adams	11	Underwood	1:00.31	
13 Julia Teigland	09	Van Meter	1:00.61	
14 Dalaney Eldridge	10	W Marshall	1:01.07	
15 Khloe Schutte	09	MFL MarMac	1:01.59	
16 Ciana Zomer	11	Boy-Hul/Rock	1:01.75	
17 Ja'Niyah Miller	10	Columbus Cat	1:02.03	
18 Hannah Brown	10	Ridge View	1:02.12	
19 Annabel Koopmans	09	Van Meter	1:02.21	
20 Maisy Meinders	12	Pella Christ	1:02.32	
21 Jocelyn O'Neal	12	Red Oak	1:02.73	
22 Charlee Kirkpatrick	09	Grundy Cente	1:03.19	
23 Katie Maurer	09	Garner-Hay/V	1:03.44	
24 Hadley Riehle	10	Crestwood	1:03.81	
--- Ireland Cashatt	09	Aplntn-Parks	SCR	
--- Phoebe Rahm	09	Beckman	SCR	
--- Grace Mentzer	09	Treynor	SCR	
--- Zoe Holstein	12	Tipton	SCR	
--- Kennedy Van't Hul	09	Western Chri	SCR	
--- Camryn Lane	12	Southeast Va	SCR	
--- Josie Holter	09	Spirit Lake	SCR	
--- Kinley Dodds	11	Spirit Lake	SCR	
--- Aubrey Ahrenholz	09	W Lyon, Inwo	SCR	
--- Harlow Bennett	09	Roland-Story	SCR	
--- Rebecca Cassady	09	W Central Va	SCR	
--- Micah Benda	09	Waukon	SCR	
--- Olivia Becker	10	West Branch	SCR	
--- Hailey Ten Napel	09	W Sioux Hwar	SCR	
--- Eva Kaskey	12	Alta/Aurelia	SCR	
--- Millie Brommer	10	Unity Chrst,	SCR	
--- Caitlin Greiner	11	Tri-Center	SCR	
--- Blair Bunjes	09	Alta/Aurelia	SCR	
--- Sydney Nash	09	West Branch	SCR	
--- Keely Ebel	10	HM-Sanborn	SCR	
--- Ella Annis	09	Hudson	SCR	
--- Lydia Hook	12	Grundy Cente	SCR	
--- Sophia Taylor	09	I-35, Truro	SCR	
--- Madie Domer	12	Kuemper Cath	SCR	
--- Kennedy Murphy	10	I-35, Truro	SCR	
--- Josie Voss	11	Dike-NH	SCR	
--- Elaina Hesse	11	Clarinda	SCR	
--- Piper Laures	09	Denver	SCR	
--- Tori Schoneman	09	Garner-Hay/V	SCR	
--- Sophia Reese	11	Forest City	SCR	
--- Sophie Seligman	11	Ogden	SCR	

--- Olivia Beaudet	09	Panorama	SCR
--- Camryn Ludwig	09	OABCIG	SCR
--- Caroline Oâ€™rourke	09	Regina, IC	SCR
--- Brayleigh Sparks	09	Cardinal, El	SCR
--- Addie Hall	10	Chariton	SCR
--- Nikkari Poll	09	Mid-Prairie,	SCR
--- Kaedyn Myers	10	Mediapolis	SCR
--- Alaina Arnevik	12	Centerville	SCR
--- Brynn Schmit	11	Monticello	SCR

## Girls 800 Meter Run 2A

State Meet: 2:11.49 \* 5/24/2025 Noelle Steines

All-Time: 2:06.52 ! 2021 Ainsley Erzen

Name	Yr	School	Finals	
1 Grace Hamann	11	West Branch	2:12.64	10
1:06.215 (1:06.215)		2:12.637 (1:06.422)		
2 Grace Storjohann	12	Grundy Cente	2:13.50	8
1:05.860 (1:05.860)		2:13.498 (1:07.638)		
3 Laura Streck	11	Van Meter	2:14.34	6
1:06.230 (1:06.230)		2:14.335 (1:08.106)		
4 Rachel Schany	12	Emmetsburg	2:16.94	5
1:06.846 (1:06.846)		2:16.932 (1:10.087)		
5 Mollie Hansen	12	Hudson	2:17.72	4
1:06.991 (1:06.991)		2:17.720 (1:10.729)		
6 Kambrie Dekkers	10	Unity Chrst,	2:18.17	3
1:07.670 (1:07.670)		2:18.162 (1:10.493)		
7 Tessa Brokaw	10	Mid-Prairie,	2:18.21	2
1:09.336 (1:09.336)		2:18.203 (1:08.867)		
8 Kaycee Pittman	12	Greene Count	2:19.27	1
1:07.609 (1:07.609)		2:19.270 (1:11.662)		
9 Peyton Ries	11	Monticello	2:20.41	
1:07.030 (1:07.030)		2:20.410 (1:13.381)		
10 Ava Krutsinger	12	Chariton	2:20.79	
1:08.194 (1:08.194)		2:20.782 (1:12.589)		
11 Avery Dietz	11	Mediapolis	2:20.84	
1:08.415 (1:08.415)		2:20.832 (1:12.418)		
12 Reese Dittmer	10	Tri-Center	2:21.51	
1:10.047 (1:10.047)		2:21.504 (1:11.458)		
13 Brynn Albertsen	12	Union, LaPor	2:21.77	
1:08.241 (1:08.241)		2:21.761 (1:13.521)		
14 Jenna Hoefling	10	Hinton	2:22.70	
1:08.260 (1:08.260)		2:22.692 (1:14.433)		
15 Lizzy McCann	12	Van Meter	2:22.79	
1:08.382 (1:08.382)		2:22.788 (1:14.407)		
16 Raelyn Steinmeyer	11	Grundy Cente	2:23.66	
1:08.029 (1:08.029)		2:23.660 (1:15.632)		
17 Rachel Hostetler	10	Mid-Prairie,	2:23.99	
1:09.290 (1:09.290)		2:23.985 (1:14.695)		
18 Karina Bloom	11	Sioux Ctrl,	2:25.10	
1:11.410 (1:11.410)		2:25.098 (1:13.688)		
19 Hannah Ritter	09	W Burlington/ND	2:25.18	
1:09.509 (1:09.509)		2:25.171 (1:15.663)		
20 Sydney Zupke	10	Sumner-Fredr	2:25.64	
1:11.252 (1:11.252)		2:25.639 (1:14.387)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Girls 800 Meter Run 2A)

Name	Yr	School	Finals
21 Claire Weaver	11	Forest City	2:26.92
1:12.614 (1:12.614)	2:26.920 (1:14.306)		
22 Susie Babe	10	Shenandoah	2:29.20
1:12.574 (1:12.574)	2:29.200 (1:16.626)		
23 Kaitlyn Kipp	11	W Burlington/ND	2:29.38
1:11.660 (1:11.660)	2:29.373 (1:17.713)		
24 Lila Milani	11	PCM, Monroe	2:29.56
1:11.986 (1:11.986)	2:29.558 (1:17.573)		
--- Olivia Beaune	12	S Hamilton	SCR
--- Destiny Chavez	10	Ridge View	SCR
--- Mya Young	11	Shenandoah	SCR
--- Lucy Costello	09	Tipton	SCR
--- Tenley Deering	09	Postville	SCR
--- Amelia Latch	10	Pleasantvill	SCR
--- Summer Isley	10	Pleasantvill	SCR
--- Kadence Kotrous	09	Treynor	SCR
--- Jillian Budge	10	Tri-Center	SCR
--- Callie Trainor	11	Sumner-Fredr	SCR
--- Ella Beck	11	Spirit Lake	SCR
--- Zoey Osmundson	12	Woodward-Gra	SCR
--- Brenna Boote	09	W Lyon, Inwo	SCR
--- Emily Wilson	10	Southeast Va	SCR
--- Tenley Kastendieck	09	Southeast Va	SCR
--- Sedona Oldenburger	12	Dike-NH	SCR
--- Emmie Sager	10	Dike-NH	SCR
--- Grace Woodall	12	Cherokee, Wa	SCR
--- Avery McIntosh	12	Denver	SCR
--- Hayden Brown	12	Forest City	SCR
--- Danika Rieks	11	Ia Falls-Ald	SCR
--- Hayden Armstead	10	Estherville-	SCR
--- Mady Montgomery	09	Albia	SCR
--- Macy Droegmiller	09	Alta/Aurelia	SCR
--- Leilani DeForest	09	Albia	SCR
--- Violet Berends	09	Aplntn-Parks	SCR
--- Evie Schmidt	10	Boy-Hul/Rock	SCR
--- Mason Lloyd	09	Anamosa	SCR
--- Abigail Nelson	09	Nodaway Vall	SCR
--- Ashlyn Sauser	11	Oelwein	SCR
--- Kinslee Rings	11	New Hampton	SCR
--- Bailey Wheeler	11	PCM, Monroe	SCR
--- Greta Vos	11	Pella Christ	SCR
--- Jordyn Mitchell	10	Okoboji, Mil	SCR
--- Jaide Ryan	11	KP-WC-RV	SCR
--- Maylen Zaugg	11	Mediapolis	SCR
--- Addisyn Cameron	11	KP-WC-RV	SCR
--- Halle Recker	12	Monticello	SCR
--- Sylvia Forbes	09	MVAOCOUCU	SCR
--- Ava Hansen	10	MO Valley	SCR

## Girls 1500 Meter Run 2A

State Meet: 4:33.41 \* 5/20/2017 Anna Hostetler

All-Time: 4:25.32 ! 5/18/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1 Laura Streck	11	Van Meter	4:34.28 10
52.464 (52.464)	2:05.577 (1:13.114)	3:18.136 (1:12.559)	
4:34.274 (1:16.139)			
2 Mary Grace Lyons	09	Monticello	4:39.92 8
52.585 (52.585)	2:08.059 (1:15.474)	3:25.218 (1:17.159)	
4:39.914 (1:14.696)			
3 Kylie Rochholz	11	Panorama	4:41.64 6
55.380 (55.380)	2:10.323 (1:14.944)	3:29.806 (1:19.483)	
4:41.640 (1:11.834)			
4 Grace Hamann	11	West Branch	4:44.71 5
52.166 (52.166)	2:10.114 (1:17.949)	3:29.766 (1:19.652)	
4:44.704 (1:14.939)			
5 McKenna Montgomery	12	Albia	4:44.98 4
50.766 (50.766)	2:06.584 (1:15.819)	3:25.542 (1:18.958)	
4:44.973 (1:19.431)			
6 Mollie Hansen	12	Hudson	4:47.42 3
54.084 (54.084)	2:10.863 (1:16.780)	3:30.281 (1:19.418)	
4:47.415 (1:17.134)			
7 Kendal Landstrum	11	Mid-Prairie,	4:50.39 2
54.648 (54.648)	2:11.421 (1:16.773)	3:31.416 (1:19.996)	
4:50.388 (1:18.972)			
8 Kambrie Dekkers	10	Unity Chrst,	4:52.20 1
54.410 (54.410)	2:13.392 (1:18.982)	3:36.196 (1:22.804)	
4:52.200 (1:16.004)			
9 Delany Homan	11	Camanche	4:54.68
53.940 (53.940)	2:13.336 (1:19.396)	3:38.444 (1:25.108)	
4:54.678 (1:16.235)			
10 Izzy Eisbach	12	Nodaway Vall	4:54.87
50.968 (50.968)	2:08.648 (1:17.681)	3:31.992 (1:23.344)	
4:54.863 (1:22.872)			
11 Katie Young	12	Unity Chrst,	4:55.70
54.155 (54.155)	2:13.338 (1:19.184)	3:36.644 (1:23.306)	
4:55.697 (1:19.054)			
12 Brooklyn Stutzman	11	Mid-Prairie,	4:58.75
56.400 (56.400)	2:16.860 (1:20.461)	3:38.420 (1:21.560)	
4:58.750 (1:20.331)			
13 Lily Miller	09	Treynor	5:02.31
55.182 (55.182)	2:14.860 (1:19.678)	3:38.948 (1:24.088)	
5:02.303 (1:23.356)			
14 Scarlett Byrnes	12	Osage	5:02.48
53.802 (53.802)	2:11.838 (1:18.036)	3:35.866 (1:24.028)	
5:02.475 (1:26.609)			
15 Bryn Wright	12	Mediapolis	5:03.06
55.004 (55.004)	2:13.621 (1:18.617)	3:38.618 (1:24.998)	
5:03.059 (1:24.441)			
16 Abi Teeter	12	PCM, Monroe	5:04.12
54.698 (54.698)	2:13.817 (1:19.119)	3:37.933 (1:24.116)	
5:04.115 (1:26.182)			

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## Results

## Finals ... (Girls 1500 Meter Run 2A)

Name	Yr	School	Finals
17 Marie Mueting	10	Spirit Lake	5:04.49
55.662 (55.662)	2:17.356 (1:21.695)	3:42.935 (1:25.579)	5:04.487 (1:21.552)
18 Lizzy McCann	12	Van Meter	5:05.21
55.261 (55.261)	2:17.892 (1:22.632)	3:43.159 (1:25.268)	5:05.206 (1:22.048)
19 Hallie Kelchen	12	Cascade	5:08.38
56.228 (56.228)	2:18.812 (1:22.584)	3:46.169 (1:27.358)	5:08.378 (1:22.210)
20 Eva Fleshner	12	Woodward-Gra	5:08.40
55.086 (55.086)	2:19.122 (1:24.037)	3:45.468 (1:26.347)	5:08.397 (1:22.929)
21 Maddie Wittrock	09	Manson NW We	5:09.83
56.016 (56.016)	2:19.205 (1:23.190)	3:45.794 (1:26.590)	5:09.822 (1:24.029)
22 Sage Weber	10	Sioux Ctrl,	5:11.16
54.598 (54.598)	2:18.482 (1:23.885)	3:47.634 (1:29.153)	5:11.155 (1:23.521)
23 Ashlyn Sauser	11	Oelwein	5:11.86
54.905 (54.905)	2:16.318 (1:21.414)	3:43.384 (1:27.066)	5:11.851 (1:28.467)
24 Reegan Benzing	11	Waukon	5:14.18
56.142 (56.142)	2:19.474 (1:23.332)	3:47.869 (1:28.395)	5:14.177 (1:26.308)
---	Hayley Rens	10 Pella Christ	SCR
---	Ali Hilsabeck	11 PCM, Monroe	SCR
---	Kara Patterson	11 Roland-Story	SCR
---	Mya Bodecker	11 Tipton	SCR
---	Anne Miller	11 Treynor	SCR
---	Maci Pruin	09 Spirit Lake	SCR
---	Ella Randall	09 W Marshall	SCR
---	Addie Thompson	12 W Marshall	SCR
---	Reese Dittmer	10 Tri-Center	SCR
---	Lilly Mather	10 Shenandoah	SCR
---	Iris Melody	12 South Cent C	SCR
---	Kylie Robinson	10 Sheldon	SCR
---	Goldie Davis	09 Southeast Va	SCR
---	Mya Wilaby	12 South Hardin	SCR
---	Tensley Cronin	09 Cherokee, Wa	SCR
---	Riley King	12 Clarinda	SCR
---	Paisley Vogel	09 Cent Lyon	SCR
---	Miah Milledge	11 Chariton	SCR
---	Avery Trunkhill	12 Denver	SCR
---	Olivia Petullo	09 Dike-NH	SCR
---	Lexus Dohman	10 Crestwood	SCR
---	Clara Todd	11 Ridge View	SCR
---	Sophie Bates	10 Roland-Story	SCR
---	Addison Tesch	12 Ridge View	SCR
---	Hayden Berkland	12 Alta/Aurelia	SCR
---	Charlee Endelman	09 Aplntn-Parks	SCR
---	Leilani DeForest	09 Albia	SCR
---	Emersen Verhagen	11 Monticello	SCR
---	Annie Murray	10 N Fayette Va	SCR

---	Brilee Utesch	10 KP-WC-RV	SCR
---	Fiona McGill	10 Louisa-Musc	SCR
---	Jana Casellas	11 Northeast, G	SCR
---	Laicey Lutz	11 Panorama	SCR
---	Juanita Cardona	12 New Hampton	SCR
---	Lydia Ives	12 Grand View C	SCR
---	Viviana Delacruz	09 HM-Sanborn	SCR
---	Ashlen Kingland	11 Forest City	SCR
---	Ellie Vander Werf	11 I-35, Truro	SCR
---	Kennedy Copp	10 Jesup	SCR
---	Reese Hansen	11 Hudson	SCR

## Girls 3000 Meter Run 2A

State Meet: 9:47.52 \* 5/18/2017 Anna Hostetler

All-Time: 9:23.60 ! 4/25/2024 Addison Dorenkamp

Name	Yr	School	Finals
1 Laura Streck	11	Van Meter	9:48.31 10
34.953 (34.953)	1:53.655 (1:18.702)	3:12.373 (1:18.718)	4:31.717 (1:19.344)
5:51.724 (1:20.008)	7:11.319 (1:19.595)	8:29.623 (1:18.304)	9:48.304 (1:18.681)
2 McKenna Montgomery	12	Albia	10:08.09 8
35.077 (35.077)	1:54.492 (1:19.416)	3:15.223 (1:20.732)	4:38.300 (1:23.077)
6:01.044 (1:22.745)	7:23.208 (1:22.164)	8:46.331 (1:23.124)	10:08.088 (1:21.758)
3 Mary Grace Lyons	09	Monticello	10:15.44 6
35.423 (35.423)	1:54.422 (1:18.999)	3:15.182 (1:20.760)	4:38.240 (1:23.058)
6:02.362 (1:24.123)	7:28.316 (1:25.954)	8:54.720 (1:26.405)	10:15.440 (1:20.720)
4 Kylie Rochholz	11	Panorama	10:23.39 5
36.165 (36.165)	1:54.942 (1:18.777)	3:15.584 (1:20.642)	4:39.258 (1:23.675)
6:07.563 (1:28.305)	7:38.358 (1:30.795)	9:06.761 (1:28.403)	10:23.387 (1:16.627)
5 Kendal Landstrum	11	Mid-Prairie,	10:27.65 4
37.063 (37.063)	1:59.275 (1:22.212)	3:25.599 (1:26.324)	4:52.169 (1:26.571)
6:19.003 (1:26.834)	7:44.510 (1:25.508)	9:10.103 (1:25.594)	10:27.643 (1:17.540)
6 Mollie Hansen	12	Hudson	10:27.94 3
35.768 (35.768)	1:56.504 (1:20.736)	3:22.288 (1:25.784)	4:47.736 (1:25.449)
6:15.778 (1:28.043)	7:43.305 (1:27.527)	9:10.394 (1:27.089)	10:27.940 (1:17.547)
7 Lily Miller	09	Treynor	10:34.93 2
35.573 (35.573)	1:55.419 (1:19.846)	3:19.968 (1:24.549)	4:47.379 (1:27.412)
6:15.024 (1:27.646)	7:43.074 (1:28.050)	9:10.842 (1:27.768)	10:34.924 (1:24.083)
8 Brooklyn Stutzman	11	Mid-Prairie,	10:35.20 1
37.051 (37.051)	2:00.006 (1:22.956)	3:27.165 (1:27.160)	4:52.444 (1:25.279)
6:19.919 (1:27.476)	7:47.330 (1:27.411)	9:13.743 (1:26.414)	10:35.191 (1:21.449)
9 Addie Thompson	12	W Marshall	10:40.22
36.738 (36.738)	1:57.612 (1:20.874)	3:24.319 (1:26.708)	4:52.708 (1:28.389)
6:20.241 (1:27.533)	7:47.727 (1:27.486)	9:17.583 (1:29.856)	10:40.212 (1:22.630)

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## Results

## Finals ... (Girls 3000 Meter Run 2A)

Name	Yr	School	Finals
10 Lydia Parlee	12	Grand View C	10:43.21
35.839 (35.839)	1:55.848 (1:20.009)	3:19.259 (1:23.412)	
4:48.052 (1:28.793)	6:16.304 (1:28.253)	7:46.175 (1:29.872)	
9:17.240 (1:31.065)	10:43.202 (1:25.962)		
11 Katie Young	12	Unity Chrst,	10:49.87
34.433 (34.433)	1:55.047 (1:20.615)	3:17.952 (1:22.905)	
4:47.077 (1:29.126)	6:16.711 (1:29.635)	7:47.655 (1:30.944)	
9:21.868 (1:34.214)	10:49.867 (1:28.000)		
12 Eva Fleshner	12	Woodward-Gra	10:53.08
33.361 (33.361)	1:55.649 (1:22.289)	3:22.833 (1:27.184)	
4:52.497 (1:29.664)	6:25.162 (1:32.665)	7:56.839 (1:31.678)	
9:28.933 (1:32.094)	10:53.076 (1:24.144)		
13 Hallie Kelchen	12	Cascade	10:55.91
36.517 (36.517)	1:59.755 (1:23.239)	3:26.863 (1:27.108)	
4:57.575 (1:30.713)	6:31.133 (1:33.558)	8:03.494 (1:32.361)	
9:35.407 (1:31.913)	10:55.906 (1:20.500)		
14 Scarlett Byrnes	12	Osage	10:56.64
35.225 (35.225)	1:54.708 (1:19.483)	3:16.248 (1:21.541)	
4:41.989 (1:25.741)	6:14.048 (1:32.059)	7:47.078 (1:33.030)	
9:23.178 (1:36.101)	10:56.637 (1:33.459)		
15 Addison Tesch	12	Ridge View	10:57.52
35.063 (35.063)	1:56.476 (1:21.413)	3:23.846 (1:27.370)	
4:53.097 (1:29.252)	6:24.151 (1:31.055)	7:56.464 (1:32.313)	
9:29.227 (1:32.764)	10:57.517 (1:28.290)		
16 Delany Homan	11	Camanche	11:00.09
36.261 (36.261)	1:59.225 (1:22.965)	3:26.489 (1:27.265)	
4:53.524 (1:27.035)	6:23.851 (1:30.328)	7:57.853 (1:34.002)	
9:33.718 (1:35.865)	11:00.081 (1:26.364)		
17 Mady Montgomery	09	Albia	11:09.38
36.091 (36.091)	2:00.346 (1:24.255)	3:29.640 (1:29.295)	
5:03.377 (1:33.738)	6:37.988 (1:34.611)	8:15.325 (1:37.338)	
9:48.711 (1:33.386)	11:09.372 (1:20.662)		
18 Sage Weber	10	Sioux Ctrl,	11:13.40
36.167 (36.167)	1:59.389 (1:23.222)	3:29.381 (1:29.992)	
5:02.750 (1:33.369)	6:37.670 (1:34.920)	8:14.743 (1:37.074)	
9:48.727 (1:33.984)	11:13.396 (1:24.669)		
19 Ashlyn Sauser	11	Oelwein	11:14.43
35.790 (35.790)	1:56.784 (1:20.995)	3:23.422 (1:26.638)	
4:53.840 (1:30.419)	6:27.191 (1:33.352)	8:04.197 (1:37.006)	
9:40.482 (1:36.285)	11:14.430 (1:33.948)		
20 Avery Trunkhill	12	Denver	11:15.76
35.384 (35.384)	1:57.091 (1:21.708)	3:24.430 (1:27.339)	
4:54.266 (1:29.836)	6:27.570 (1:33.304)	8:04.192 (1:36.623)	
9:41.235 (1:37.043)	11:15.753 (1:34.518)		
21 Fiona McGill	10	Louisa-Musc	11:19.06
36.540 (36.540)	1:59.701 (1:23.162)	3:26.826 (1:27.126)	
4:59.786 (1:32.960)	6:36.285 (1:36.500)	8:12.248 (1:35.964)	
9:48.529 (1:36.281)	11:19.051 (1:30.523)		
22 Iris Melody	12	South Cent C	11:25.90
37.126 (37.126)	2:04.286 (1:27.160)	3:34.916 (1:30.630)	
5:08.085 (1:33.169)	6:42.785 (1:34.701)	8:18.771 (1:35.986)	
9:58.083 (1:39.312)	11:25.891 (1:27.808)		

23 Hayley Rens	10 Pella Christ	11:26.43
38.136 (38.136)	2:06.930 (1:28.795)	3:34.980 (1:28.050)
5:04.918 (1:29.938)	6:42.008 (1:37.090)	8:19.715 (1:37.707)
9:58.893 (1:39.179)	11:26.423 (1:27.530)	
24 Kylie Robinson	10 Sheldon	12:43.37
39.506 (39.506)	2:13.509 (1:34.003)	3:57.731 (1:44.222)
5:42.460 (1:44.730)	7:28.115 (1:45.655)	9:16.608 (1:48.494)
11:03.325 (1:46.717)	12:43.361 (1:40.036)	
---	Elsie Sweeney	09 Waukon SCR
---	Bianca Seaton	12 S Hamilton SCR
---	Kara Patterson	11 Roland-Story SCR
---	Sawyer Storms	09 Pocahon Area SCR
---	Lilly Mather	10 Shenandoah SCR
---	Addison Boden	10 Tri-Center SCR
---	Adeline Tudor	12 Union, LaPor SCR
---	Anne Miller	11 Treynor SCR
---	Claire Johnson	11 Waukon SCR
---	Dallas Morgan	11 W Central Va SCR
---	Kate Van Grouw	12 Unity Chrst, SCR
---	Mya Wilaby	12 South Hardin SCR
---	Bethany Frostestad	11 Spirit Lake SCR
---	Alivia Halvorsen	09 South Hardin SCR
---	Nina Christiaens	12 Tipton SCR
---	Anna Pritchard	10 Spirit Lake SCR
---	Riley King	12 Clarinda SCR
---	Livia McCabe	09 Crestwood SCR
---	Jenna King	09 Clarinda SCR
---	Gracyn Ware	11 Davis County SCR
---	Stella Riediger	09 Hinton SCR
---	Gabi McGregor	10 Davis County SCR
---	Sophie Bates	10 Roland-Story SCR
---	Violet Berends	09 Aplntn-Parks SCR
---	Eve Hustedt	09 Ridge View SCR
---	Macy Anderson	10 Central Lee SCR
---	Miriam Riggert	10 Cherokee, Wa SCR
---	Evie Schmidt	10 Boy-Hul/Rock SCR
---	Malin Phelps	09 Monticello SCR
---	Annie Murray	10 N Fayette Va SCR
---	Kathleen Hildreth	09 Manson NW We SCR
---	Eva Schneider	09 Northeast, G SCR
---	Hailey Gravert	12 Okoboji, Mil SCR
---	Juanita Cardona	12 New Hampton SCR
---	Ellie Vander Werf	11 I-35, Truro SCR
---	Maddie Nesbit	09 Jesup SCR
---	Ellie Trost	11 I-35, Truro SCR
---	Autumn Krajicek	10 KP-WC-RV SCR
---	Jersey Ramer	11 Louisa-Musc SCR
---	Serenity O'Connor	10 Jesup SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Girls 100 Meter Hurdles 2A

State Meet: 14.33 \* 5/23/2009 Alex Gochenour

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Rylee Hemmingsen	11 Treynor	14.62q -1.8
2	Miranda Neighbor	12 Alburnett	14.96q 0.4
3	Isabelle Janssen	11 Ia Falls-Ald	15.08q 0.4
4	Reese Naeve	12 Regina, IC	15.17q -1.8
5	Leah Bolluyt	11 Spirit Lake	15.20q -1.3
6	Sara Mead	12 Jesup	15.25q -1.3
7	Kylie Keller	12 Van Meter	15.31q 0.4
8	Burkli Harkins	12 Van Meter	15.68q -1.3
9	Lacey Taylor	12 Eddyvl-Blake	15.69 0.4
10	Makayla Paar	11 Cascade	15.80 -1.8
11	Lexi Isebrand	12 Forest City	15.87 0.4
12	Jenessa Kolar	11 OABCIG	15.88 -1.8
13	Payton Reinert	11 Cherokee, Wa	15.94 -1.3
14	Brynlee Boeve	09 Hinton	16.01 0.4
15	Addison Frake	12 Cascade	16.28 -1.3
16	Sophie Miller	12 Mid-Prairie,	16.35 -1.8
17	Macy Westendorf	12 Oelwein	16.38 -1.8
18	Libbie Veit	11 East Sac Cou	16.43 0.4
19	Haydin Becker	12 Oelwein	16.78 0.4
20	Layla Meador	12 Tri-Center	16.85 -1.3
21	Zohie Payne	11 Tri-Center	16.87 -1.3
22	Taylor Rechkemmer	10 Roland-Story	16.91 -1.8
23	Lexi Gangwish	12 Underwood	16.93 -1.3
24	Rachel Reeves	10 Northeast, G	16.93 -1.8

## Girls 100 Meter Hurdles 2A

State Meet: 14.33 \* 5/23/2009 Alex Gochenour

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Finals
<b>Finals</b>			
1	Rylee Hemmingsen	11 Treynor	14.63 10
2	Leah Bolluyt	11 Spirit Lake	14.86 8
3	Miranda Neighbor	12 Alburnett	15.00 6
4	Sara Mead	12 Jesup	15.08 5
5	Isabelle Janssen	11 Ia Falls-Ald	15.21 4
6	Reese Naeve	12 Regina, IC	15.32 3
7	Burkli Harkins	12 Van Meter	15.65 2
8	Kylie Keller	12 Van Meter	15.67 1

## Girls 400 Meter Hurdles 2A

State Meet: 1:01.72 \* 5/19/2023 Clara Teigland

All-Time: 57.30 ! 1975 Debbie Esser

Name	Yr	School	Finals
<b>Finals</b>			
1	Ella Hein	11 Tipton	1:02.29 10
2	Wendie Veit	10 East Sac Cou	1:03.32 8
3	Sara Mead	12 Jesup	1:04.91 6
4	Bella Bruins	12 Van Meter	1:05.12 5

5	Cora Tesch	10 Ridge View	1:05.24 4
6	Nora Konz	12 Treynor	1:05.64 3
7	Ella Howell	11 Columbus, CJ	1:06.34 2
8	Marley Madsen	12 Sioux Ctrl,	1:07.92 1
9	Paige Piph	09 Union, LaPor	1:07.94
10	Jorja Teeter	12 PCM, Monroe	1:08.01
11	Stevie Wilmes	11 Clarinda	1:08.11
12	Lacey Taylor	12 Eddyvl-Blake	1:08.63
13	Alaina Arnevik	12 Centerville	1:08.75
14	Evelyn Geerdes	11 Grundy Cente	1:08.85
15	Shyanne Struckman	12 Cent Lyon	1:09.38
16	Maddi Lucas	11 Roland-Story	1:09.44
17	Emma Bose	12 Jesup	1:09.53
18	McKenzie Larsen	09 Okoboji, Mil	1:09.71
19	Charlett Smith	10 Monticello	1:09.80
20	Ryleigh Hardman	10 Pleasantvill	1:09.97
21	Adrianna Kinley	10 New Hampton	1:11.62
22	Autumn Domeyer	11 Beckman	1:11.77
23	Ella Butt	09 Northeast, G	1:12.75
24	Payton Trapp	11 KP-WC-RV	1:13.36
---	Madelyn Michels	10 Oelwein	SCR
---	Nora Long	09 Roland-Story	SCR
---	Lily Newton	09 Okoboji, Mil	SCR
---	Nevah Cooper	10 Shenandoah	SCR
---	Cheyenne Hulshof	10 Unity Chrst,	SCR
---	Hailey Cook	09 Waukon	SCR
---	Peyton Brown	09 Union, LaPor	SCR
---	Natalie Wagaman	09 Wilton	SCR
---	Charissa Klocke	12 Woodward-Gra	SCR
---	Lyla Stigler	09 Waukon	SCR
---	Lydia Butler	12 South Hardin	SCR
---	Sage Lane	10 Southeast Va	SCR
---	Ava O'Rourke	09 Shenandoah	SCR
---	Ava Saar	10 Treynor	SCR
---	Trinity Bret	11 Underwood	SCR
---	JJ Wassenaar	10 Spirit Lake	SCR
---	Hailee Easley	11 Crestwood	SCR
---	Morgan Schultz	12 Davis County	SCR
---	Rylee Maher	09 Clarinda	SCR
---	Andrea Genskow	09 Eddyvl-Blake	SCR
---	Macy Walters	09 Emmetsburg	SCR
---	Myka Anderson	10 Eagle Grove	SCR
---	Amarie Olsen	09 Alta/Aurelia	SCR
---	Ireland Cashatt	09 Aplntn-Parks	SCR
---	Josie McGraw	10 Alburnett	SCR
---	Annen Kopp	09 Cent Lyon	SCR
---	Ava Thorson	09 Cherokee, Wa	SCR
---	Bella Hagen	09 Camanche	SCR
---	Lena Prall	09 Mediapolis	SCR
---	Sierra Crouner	10 Mid-Prairie,	SCR
---	Leighton Daggett	09 Manson NW We	SCR
---	Claire Johnson	10 Northeast, G	SCR
---	Hanna Schober	12 OABCIG	SCR
---	Lindsay Ruchti	09 Monticello	SCR
---	Elaina Eastvold	10 Forest City	SCR

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## Finals ... (Girls 400 Meter Hurdles 2A)

Name	Yr	School	Finals
--- Torrance Dirks	09	Grundy Cente	SCR
--- Kenley Bahling	09	Forest City	SCR
--- Adalie Sullivan	11	I-35, Truro	SCR
--- Aerington Kral	09	Kuemper Cath	SCR
--- Jaley Graf	12	I-35, Truro	SCR

## Girls 4x100 Meter Relay 2A

State Meet: 48.22 \* 5/24/2025 Pella Christian

L Terpstra, A Agre, C Westerkamp, R Kacmarynski

All-Time: 46.66 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Pella Christian	1	* 48.10q
1) Lexi Terpstra 12	2) Amaia Agre 12	
3) Olivia De Haan 09	4) Rachel Kacmarynski 11	
2 Mid-Prairie, W	1	48.83q
1) Jeorgia Evans 10	2) Kyrie Poll 11	
3) Myli Hershberger 11	4) Jovi Evans 12	
3 Spirit Lake	1	49.02q
1) Leah Bolluyt 11	2) Anabel Sinz 11	
3) Miley Wells 12	4) Anthea Leupold 11	
4 Garner-Hay/Vent		49.26q
1) Isabella Schisel 12	2) Hayden Bredlow 10	
3) Alayna Englin 09	4) Malia Hinz 10	
5 Treynor	1	49.40q
1) Joslyn Chambers 09	2) Rylee Hemmingsen 11	
3) Nora Konz 12	4) Josie Meyers 10	
6 Clarinda	1	49.70q
1) Alexa Barnes 11	2) Miley Wagoner 10	
3) Kylie Meier 12	4) Ellery Bird 09	
7 Hinton	1	49.77q
1) Chloe Pigott 10	2) Rori Koch 11	
3) Addy Ortegren 09	4) Addison Dunkel 10	
8 W Lyon, Inwood	1	50.00q
1) Savannah Smith 12	2) Ava Carolan 11	
3) Leah Blauwet 12	4) Belah Kramer 09	
9 Forest City	1	50.15
1) Tess Klaassen 10	2) Cadence Sletten 12	
3) Lexi Isebrand 12	4) Chloe Hennigar 12	
10 Woodward-Grangr	1	50.57
1) Jaidyn Achenbach 12	2) Kristyn Crouse 10	
3) Andrea Nardini 12	4) Hayden Thomas 11	
11 Regina, IC	1	50.63
1) Margaret White 10	2) Reese Naeve 12	
3) Ella Keune 12	4) Avery Recker 12	
12 Grundy Center	1	50.69
1) Jocelyn Freed 12	2) Ava Mundt 11	
3) Allison Koch 12	4) Ava Heeren 11	
13 Denver	1	50.75
1) Addie Brauman 10	2) Taylor Wilson 11	
3) Aubrey Arens 10	4) Maryn Laures 12	

14 Waukon	1	50.76
1) Marissa Schullo 10	2) Addie Olson 10	
3) Addisyn Berns 11	4) Willa Troendle 12	
15 Pocahon Area	1	50.83
1) Danica Dreith 10	2) Halee Hauswirth 12	
3) Natalie Sommerlot 11	4) Khloe Mefferd 12	
16 Underwood	1	50.89
1) Nevara Bettes 10	2) Kayley Ambrose 09	
3) Ainsley Roberts 11	4) Ally Adams 11	
17 Dike-NH		50.97
1) Abby Jensen 12	2) Mila Syhlman 09	
3) Kailyn Meester 11	4) Ruby Varney 10	
18 Sioux Ctrl, SR	1	50.98
1) Peyton Waldstein 10	2) Reata Ayers 12	
3) Avery Wilson 12	4) Lillian Johnson 10	
19 Chariton	1	50.99
1) Payton Snook 12	2) Alana Elmore 10	
3) Addelyn Bishop 10	4) Ava Krutsinger 12	
20 Columbus Cath		51.33
1) Richtricia Gbeynie 10	2) Jordynn Russell 09	
3) Ty'Ariah Parrow 09	4) Ja'Niyah Miller 10	
21 Pleasantville	1	51.39
1) Clairra Vestal 09	2) Carly Gripp 12	
3) Harper McGraw 09	4) Lillian Mason 12	
22 Southeast Valley	1	51.74
1) Avrie Hanson 11	2) Mae Searcy 11	
3) Madelyn Farley 12	4) Sage Lane 10	
23 MVAOCO	1	51.88
1) Audrey Hadden 09	2) Darla Hoskins 09	
3) Kylah Krause 10	4) Irelynne McNamara 11	
24 Northeast, GL	1	52.40
1) Tenley Holst 09	2) Natalyn Tarr 10	
3) Alivia Chambers 12	4) Claire Johnson 10	

## Girls 4x100 Meter Relay 2A

State Meet: 48.22 \* 5/24/2025 Pella Christian

L Terpstra, A Agre, C Westerkamp, R Kacmarynski

All-Time: 46.66 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Finals
<b>Finals</b>		
1 Pella Christian	1	47.83* 10
1) Lexi Terpstra 12	2) Amaia Agre 12	
3) Olivia De Haan 09	4) Rachel Kacmarynski 11	
2 Mid-Prairie, W	1	48.75 8
1) Jeorgia Evans 10	2) Kyrie Poll 11	
3) Myli Hershberger 11	4) Jovi Evans 12	
3 Garner-Hay/Vent		48.85 6
1) Isabella Schisel 12	2) Hayden Bredlow 10	
3) Alayna Englin 09	4) Malia Hinz 10	
4 Spirit Lake	1	49.01 5
1) Leah Bolluyt 11	2) Anabel Sinz 11	
3) Miley Wells 12	4) Anthea Leupold 11	

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## Results

## Finals ... (Girls 4x100 Meter Relay 2A)

Team	Relay	Finals
5 W Lyon, Inwood	1	49.28 4
1) Savannah Smith 12	2) Ava Carolan 11	
3) Leah Blauwet 12	4) Belah Kramer 09	
6 Clarinda	1	49.61 3
1) Alexa Barnes 11	2) Miley Wagoner 10	
3) Kylie Meier 12	4) Ellery Bird 09	
7 Treynor	1	49.91 2
1) Joslyn Chambers 09	2) Rylee Hemmingsen 11	
3) Nora Konz 12	4) Josie Meyers 10	
--- Hinton	1	DQ
1) Chloe Pigott 10	2) Rori Koch 11	
3) Addy Ortegren 09	4) Addison Dunkel 10	

## Girls 4x200 Meter Relay 2A

State Meet: 1:39.72 \* 5/17/2024 Pella Christian

R Kacmarynski, B Vos, A Agre, M Van Wyk

All-Time: 1:38.40 ! 4/24/2026 Waukee Northwest

McCann, Jorgensen, Stahl, Willits

Team	Relay	Finals
<b>Finals</b>		
1 Pella Christian	1	1:39.70* 10
1) Lexi Terpstra 12	2) Bailey Vos 12	
3) Amaia Agre 12	4) Meredith Van Wyk 12	
2 Spirit Lake	1	1:42.91 8
1) Miley Wells 12	2) Leah Bolluyt 11	
3) Anabel Sinz 11	4) Anthea Leupold 11	
3 Dike-NH		1:43.29 6
1) Mila Syhlman 09	2) Ruby Varney 10	
3) Isabella Stumbo 10	4) Chloe Paulsen 11	
4 South Hardin	1	1:44.03 5
1) Lorina Dykman 11	2) Katie Allison 11	
3) Brynley Weig 09	4) Ayda Eller 11	
5 Treynor	1	1:44.36 4
1) Nora Konz 12	2) Josie Meyers 10	
3) Madeline Knispel 11	4) Joslyn Chambers 09	
6 Garner-Hay/Vent		1:44.55 3
1) Isabella Schisel 12	2) Sadie Britson 11	
3) Molly Maurer 10	4) Malia Hinz 10	
7 W Lyon, Inwood	1	1:45.69 2
1) Jorja Smith 10	2) Savannah Smith 12	
3) Leah Blauwet 12	4) Ava Carolan 11	
8 Hinton	1	1:45.69 1
1) Sydney Doeschot 12	2) Rori Koch 11	
3) Addy Ortegren 09	4) Addison Dunkel 10	
9 Northeast, GL	1	1:45.79
1) Tenley Holst 09	2) Raelyn Schroeder 12	
3) Natalyn Tarr 10	4) Jordan Tegeler 11	
10 Aplntn-Parksbg		1:45.81
1) Kennedy Kalkwarf 11	2) Megan Junker 12	
3) Demi Buseman 10	4) Ella Buttjer 12	
11 Forest City	1	1:47.18
1) Tess Klaassen 10	2) Cadence Sletten 12	
3) Casey Buffington 11	4) Chloe Hennigar 12	

12 Pocahon Area	1	1:47.50
1) Danica Dreith 10	2) Hallee Hauswirth 12	
3) Natalie Sommerlot 11	4) Khloe Mefferd 12	
13 Waukon	1	1:47.62
1) Marissa Schullo 10	2) Addie Olson 10	
3) Willa Troendle 12	4) Addisyn Berns 11	
14 Southeast Valley	1	1:47.95
1) Sage Lane 10	2) Mae Searcy 11	
3) Madelyn Farley 12	4) Avrie Hanson 11	
15 Crestwood	1	1:48.04
1) Charley Curtis 12	2) Ella Otters 10	
3) Mea Shelton 11	4) Isabella Schlatter 12	
16 Monticello		1:48.10
1) Ava Zimmerman 12	2) Laila Atkinson 11	
3) Mallory McElmeel 10	4) Kenya Davis-Robinson 09	
17 Okoboji, Milford	1	1:48.17
1) Alivia Avery 11	2) Adalee Leman 09	
3) Ava Avery 10	4) Riley Meyer 11	
18 PCM, Monroe	1	1:48.55
1) Lexi Fagg 12	2) Ryan DeVore 10	
3) Katelynn Fagg 10	4) Jorja Teeter 12	
19 New Hampton	1	1:48.94
1) Kacey Shekleton 09	2) Capri Lester 11	
3) Madison Shawver 12	4) Aleigha Cahoy 10	
20 Underwood	1	1:49.25
1) Nevara Bettes 10	2) Trinity Bret 11	
3) Kayley Ambrose 09	4) Ainsley Roberts 11	
21 Beckman	1	1:49.54
1) Lillian Womer 10	2) Miya Pitz 10	
3) Sienna Rahe 10	4) Eleanor Brehm 10	
22 West Branch	1	1:49.84
1) Rena Holmes 12	2) Ava Lacina 09	
3) Addi Schultes 12	4) Lexi Skay 12	
23 Woodward-Grangr	1	1:50.50
1) Hayden Thomas 11	2) Kristyn Crouse 10	
3) Calianna Fenceroy 10	4) Riley McCaulley 12	
--- Columbus Cath		DQ
1) Richtricia Gbeynie 10	2) Ty'Ariah Parrow 09	
3) Jordynn Russell 09	4) Ja'Niyah Miller 10	
--- OABCIG	1	SCR
1) Olivia Schnabel 12	2) Allie Godbersen 12	
3) Lia Hansen 11	4) Brady Youngren 11	
--- Regina, IC	1	SCR
1) Margaret White 10	2) Ella Keune 12	
3) Jada Wiltz 09	4) Avery Recker 12	
--- Oelwein	1	SCR
1) Maci Knowles 09	2) Ayelynn Schanbeck 09	
3) Melissa Fu 10	4) Emma Woodson 12	
--- Pleasantville	1	SCR
1) Gabby Baethke 09	2) Harper McGraw 09	
3) Ellie Heywood 09	4) Carly Gripp 12	
--- Tri-Center	1	SCR
1) Lana VanArsdol 09	2) Haley Harder 09	
3) Lauren Harder 09	4) Hadley Divelbess 10	

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## Results

## Finals ... (Girls 4x200 Meter Relay 2A)

Team	Relay	Finals				
---	Union, LaPorte C			---	Anamosa	SCR
	1) Jewel Paine 09	2) Katie Jackson 11		1) Gabriella Kjormoe 12	2) Gabrielle La Rue 12	
	3) Chloe Sadler 10	4) Haylee Hegdahl 10		3) Shaylynn Albrecht 11	4) Rebekah Bonifazi-King 10	
---	Tipton	1	SCR	---	Roland-Story	1
	1) Addison Mente 10	2) Averie Bolger 11		1) Hope Scarrow 11	2) Alli Janes 12	SCR
	3) Charlee Chapman 09	4) Jaelynne Driscoll 09		3) Brookelyn Jondle 11	4) Evelyn Carlson 09	
---	W Marshall	1	SCR	---	Cherokee, Wash	1
	1) Avery Buck 11	2) Elizabeth Edler 10		1) Kaitlyn Miller 10	2) Sabrina Valentin 11	SCR
	3) Olivia Randall 11	4) Alayna Frederick 09		3) Laityn Riley 10	4) Jillian Paulsrud 10	
---	Van Meter	1	SCR	---	Clarinda	1
	1) Bella Bruins 12	2) Harper Hall 09		1) Aylah Johnson 09	2) Makenzie Kane 11	SCR
	3) Avery Banks 11	4) Aniston Netten 09		3) Kylar Downey 11	4) Tatum Comer 10	
---	Sheldon	1	SCR	---	Cent Lyon	1
	1) Kendra Hamer 10	2) Aspen Van Holland 10		1) Ayda Vander Zee 10	2) Ellea Pulscher 11	SCR
	3) Brooke Jonas 09	4) Samantha Wassenaar 09		3) Anika Springer 11	4) Kyla Davis 09	
---	Shenandoah	1	SCR	---	Mediapolis	1
	1) Jennifer Vo 11	2) Lyndie Green 10		1) Ella Steffener 10	2) Avery Crear 11	SCR
	3) Brooklyn Maher 10	4) Madi Berning 10		3) Hailey Jackson 11	4) Bailey Jackson 12	
---	S Hamilton	1	SCR	---	MFL MarMac	1
	1) Hayley Gibson 10	2) Adelyn Trask 09		1) Brooklyn Landt 09	2) Lauryn Sandstrom 11	SCR
	3) Cici Herrick 11	4) Brooklyn Doolittle 12		3) Olivia Driscoll 09	4) Blair Winter 09	
---	Wilton	1	SCR	---	Louisa-Muscatine	1
	1) Annie Holladay 11	2) Natalie Wagaman 09		1) Brooke McCleary 12	2) Tenley Micheal 09	SCR
	3) Klarissa Dillon 09	4) Harper Grunder 09		3) Hannah Kissell 12	4) Leighton McConnaha 09	
---	Sioux Ctrl, SR	1	SCR	---	Manson NW Web	1
	1) Bella Joenks 11	2) Hanna Weier 09		1) Millie Egli 09	2) Ava Messerly 12	SCR
	3) Madison Wittmaack 09	4) Reata Ayers 12		3) Raygin Anderson 12	4) Ava Moline 11	
---	Durant	1	SCR	---	MO Valley	1
	1) Ally Meincke 11	2) Jordan Enfield 09		1) Louisa Wilson 10	2) Abigail Bissen 09	SCR
	3) Aubrey Garcia 09	4) Kylee Hahn 12		3) Dilynn Meade 11	4) Lexa Vinsonhaler 09	
---	Eddyvl-Blakes/F	1	SCR	---	MVAOCO	1
	1) Kenley Albertson 09	2) Izzy Armstrong 10		1) Claire Smallwood 11	2) Kylah Krause 10	SCR
	3) Lanie Batterson 11	4) Adison Glosser 10		3) Chloe Hamman 11	4) Audrey Hadden 09	
---	Davis County, B	1	SCR	---	Mid-Prairie, W	1
	1) Lilah Carnahan 11	2) Ally Batterson 09		1) Leah Kelley 09	2) Kyrie Poll 11	SCR
	3) Payley Poe 10	4) Journey Al-Khanfar 10		3) Myli Hershberger 11	4) Graci Hershberger 09	
---	Denver	1	SCR	---	Grundy Center	1
	1) Addie Brauman 10	2) Avery McIntosh 12		1) Trinity Jirovsky 10	2) Ava Mundt 11	SCR
	3) Aubrey Arens 10	4) Taylor Wilson 11		3) Allison Koch 12	4) Jenna Blythe 10	
---	Estherville-LC	1	SCR	---	Hudson	1
	1) Kylie Olson 12	2) Morgan Clabaugh 12		1) Rebecca Vidal 11	2) Jordyn Rhoades 09	SCR
	3) Zoey DeRuyter 12	4) Jasmine Smith 09		3) Cailin Stickfort 09	4) Jaylea Trevey 11	
---	Grand View Christ	1	SCR	---	Greene County	1
	1) Emma Foster-Krueger 12	2) Leighton Beemer 09		1) Macy Bills 09	2) Sara Morlan 11	SCR
	3) Jaelle Murad 09	4) Kaitlin Foster-Krueger 09		3) Ashlynn Ball 10	4) Vanessa Hale 11	
---	Emmetsburg	1	SCR	---	KP-WC-RV	1
	1) Dylan Fiene 11	2) Makayla Rouse 11		1) Lexi Gilbert 11	2) Lilli Harvey 09	SCR
	3) Lily Swift 10	4) Abby Biddle 09		3) Blakely Goodwin 10	4) Delaney Evans 10	
---	Alta/Aurelia	1	SCR	---	Kuemper Cath	1
	1) Kadence Langschwager 12	2) Clare Gunkelman 12		1) Kolbi Peter 10	2) Mariah Heuton 10	SCR
	3) Elsie Peterson 11	4) Amarie Olsen 09		3) Meredith Pietig 09	4) Morgan Masching 11	
				---	I-35, Truro	1
				1) Grace Upp 12	2) Addisyn Edwards 12	SCR
				3) Macy Flaherty 11	4) Elyse Maxwell 11	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Girls 4x400 Meter Relay 2A

State Meet: 3:55.22 \* 5/17/2024 Pella Christian

R Kacmarynski, M Van Wyk, M Meinders, B Vos

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Pella Christian	1	3:55.84q
1) Rachel Kacmarynski 11	2) Meredith Van Wyk 12	
3) Maisy Meinders 12	4) Bailey Vos 12	
1:58.166 (1:58.166)	2:59.293 (1:01.128)	3:55.831 (56.538)
2 Grundy Center	1	3:56.76q
1) Maddy Hendershot 11	2) Raelyn Steinmeyer 11	
3) Karlee Lynch 12	4) Grace Storjohann 12	
1:58.908 (1:58.908)	2:58.291 (59.383)	3:56.760 (58.470)
3 Dike-NH		3:58.42q
1) Emmie Sager 10	2) Isabella Stumbo 10	
3) Ruby Varney 10	4) Chloe Paulsen 11	
2:00.017 (2:00.017)	2:59.340 (59.323)	3:58.415 (59.076)
4 Spirit Lake	1	4:00.43q
1) Addy Petersen 10	2) Leah Bolluyt 11	
3) Maggie Bruinsma 12	4) Anabel Sinz 11	
1:59.682 (1:59.682)	3:01.906 (1:02.225)	4:00.425 (58.519)
5 Van Meter	1	4:01.52q
1) Julia Teigland 09	2) Olivia Halfpap 12	
3) Bella Bruins 12	4) Aniston Netten 09	
2:00.740 (2:00.740)	3:01.015 (1:00.275)	4:01.515 (1:00.501)
6 Union, LaPorte C		4:03.43q
1) Haylee Hegdahl 10	2) Paige Piphoo 09	
3) Chloe Sadler 10	4) Brynn Albertsen 12	
2:03.450 (2:03.450)	3:04.383 (1:00.934)	4:03.424 (59.041)
7 Clarinda	1	4:03.66q
1) Miley Wagoner 10	2) Kylie Meier 12	
3) Stevie Wilmes 11	4) Ellery Bird 09	
2:02.701 (2:02.701)	3:04.926 (1:02.225)	4:03.658 (58.732)
8 Treynor	1	4:04.02q
1) Madalyn Kerkmann 10	2) Rylee Hemmingsen 11	
3) Madeline Knispel 11	4) Joslyn Chambers 09	
2:03.636 (2:03.636)	3:03.798 (1:00.163)	4:04.020 (1:00.222)
9 Garner-Hay/Vent		4:05.25
1) Alayna Englin 09	2) Sadie Britson 11	
3) Katie Maurer 09	4) Molly Maurer 10	
2:02.652 (2:02.652)	3:05.102 (1:02.451)	4:05.250 (1:00.148)
10 South Hardin	1	4:06.04
1) Makana Ayers 11	2) Katie Allison 11	
3) Brynley Weig 09	4) Ayda Eller 11	
2:03.396 (2:03.396)	3:05.485 (1:02.089)	4:06.031 (1:00.547)
11 W Lyon, Inwood	1	4:07.17
1) Jorja Smith 10	2) Makinley Koedam 09	
3) Ava Carolan 11	4) Belah Kramer 09	
2:06.065 (2:06.065)	3:07.493 (1:01.429)	4:07.161 (59.668)

12 Jesup		4:08.33
1) Jordyn Bergman 11	2) Emma Bose 12	
3) Dylan Vogel 10	4) Sara Mead 12	
2:04.113 (2:04.113)	3:07.080 (1:02.967)	4:08.328 (1:01.249)
13 AplIntn-Parksbg		4:08.70
1) Adri Allan 11	2) Demi Buseman 10	
3) Aubree Weber 09	4) Kennedy Kalkwarf 11	
2:04.834 (2:04.834)	3:07.964 (1:03.130)	4:08.694 (1:00.730)
14 Ridge View	1	4:09.41
1) Hannah Brown 10	2) Cora Tesch 10	
3) Reese Hawthorne 12	4) Shea Rapp 09	
2:04.126 (2:04.126)	3:09.480 (1:05.355)	4:09.408 (59.928)
15 Cent Lyon	1	4:10.74
1) Ayda Vander Zee 10	2) Anika Springer 11	
3) Kyla Davis 09	4) Shyanne Struckman 12	
2:04.634 (2:04.634)	3:07.384 (1:02.750)	4:10.740 (1:03.356)
16 West Branch	1	4:11.33
1) Lexi Skay 12	2) Addi Schultes 12	
3) Ava Lacina 09	4) Grace Hamann 11	
2:08.279 (2:08.279)	3:10.267 (1:01.989)	4:11.326 (1:01.060)
17 PCM, Monroe	1	4:11.46
1) Lexi Fagg 12	2) Katelynn Fagg 10	
3) Lila Milani 11	4) Jorja Teeter 12	
2:05.466 (2:05.466)	3:10.016 (1:04.550)	4:11.454 (1:01.439)
18 Sioux Ctrl, SR	1	4:12.77
1) Karina Bloom 11	2) Nora Christian 12	
3) Avery Wilson 12	4) Marley Madsen 12	
2:08.987 (2:08.987)	3:10.951 (1:01.964)	4:12.766 (1:01.816)
19 New Hampton	1	4:12.77
1) Capri Lester 11	2) Madison Shawver 12	
3) Myla Moorman 09	4) Jersey Pemble 10	
2:05.256 (2:05.256)	3:09.681 (1:04.426)	4:12.763 (1:03.082)
20 Western Christ	1	4:12.81
1) Kennedy Van't Hul 09	2) Paisley Groeneweg 11	
3) Addi Van't Hul 12	4) Maddyn De Jager 10	
2:08.000 (2:08.000)	3:11.751 (1:03.751)	4:12.810 (1:01.060)
21 Mediapolis	1	4:14.16
1) Brynlee Steiner 09	2) Gracie Beschorner 10	
3) Avery Dietz 11	4) Evie Schmidgall 09	
2:09.024 (2:09.024)	3:11.759 (1:02.735)	4:14.157 (1:02.399)
22 Davis County, B	1	4:14.99
1) Journey Al-Khanfar 10	2) Ally Batterson 09	
3) Bradi Houston 12	4) Claire Garland 10	
2:07.278 (2:07.278)	3:11.266 (1:03.988)	4:14.988 (1:03.723)
23 Waukon	1	4:18.95
1) Bryiah Stewart 11	2) Elle Wilkins 12	
3) Cora Miller 11	4) Emma O'Neill 12	
2:06.449 (2:06.449)	3:12.734 (1:06.285)	4:18.946 (1:06.212)
--- Greene County	1	DQ
1) Addison Gannon 12	2) Becca Anderson 12	
3) Kaycee Pittman 12	4) Hanna Fouch 10	
2:06.861 (2:06.861)	3:08.834 (1:01.974)	4:14.970 (1:06.136)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

**Girls 4x400 Meter Relay 2A**

State Meet: 3:55.22 \* 5/17/2024 Pella Christian

R Kacmarynski, M Van Wyk, M Meinders, B Vos

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Finals
<b>Finals</b>		
1 Pella Christian	1	3:53.50* 10
1) Rachel Kacmarynski 11	2) Meredith Van Wyk 12	
3) Maisy Meinders 12	4) Bailey Vos 12	
1:57.794 (1:57.794) 2:58.187 (1:00.393)	3:53.492 (55.306)	
2 Dike-NH		3:56.86 8
1) Emmie Sager 10	2) Isabella Stumbo 10	
3) Ruby Varney 10	4) Chloe Paulsen 11	
1:59.275 (1:59.275) 2:57.190 (57.916)	3:56.856 (59.666)	
3 Grundy Center	1	3:57.34 6
1) Maddy Hendershot 11	2) Raelyn Steinmeyer 11	
3) Karlee Lynch 12	4) Grace Storjohann 12	
1:59.228 (1:59.228) 2:58.070 (58.842)	3:57.332 (59.263)	
4 Spirit Lake	1	4:01.30 5
1) Addy Petersen 10	2) Leah Bolluyt 11	
3) Maggie Bruinsma 12	4) Anabel Sinz 11	
2:00.652 (2:00.652) 3:01.794 (1:01.143)	4:01.292 (59.498)	
5 Clarinda	1	4:02.37 4
1) Miley Wagoner 10	2) Kylie Meier 12	
3) Stevie Wilmes 11	4) Ellery Bird 09	
2:01.565 (2:01.565) 3:03.226 (1:01.661)	4:02.365 (59.139)	
6 Van Meter	1	4:03.51 3
1) Julia Teigland 09	2) Olivia Halfpap 12	
3) Bella Bruins 12	4) Aniston Netten 09	
2:02.276 (2:02.276) 3:02.311 (1:00.036)	4:03.508 (1:01.197)	
7 Treynor	1	4:04.22 2
1) Madalyn Kerkmann 10	2) Rylee Hemmingsen 11	
3) Madeline Knispel 11	4) Joslyn Chambers 09	
2:02.766 (2:02.766) 3:04.305 (1:01.540)	4:04.211 (59.907)	
8 Union, LaPorte C		4:05.33 1
1) Haylee Hegdahl 10	2) Paige Piphoto 09	
3) Chloe Sadler 10	4) Brynn Albertsen 12	
2:03.804 (2:03.804) 3:04.841 (1:01.037)	4:05.329 (1:00.489)	

**Girls 4x800 Meter Relay 2A**

State Meet: 9:24.76 \* 5/16/2019 Western Christ

B Nelson, M Van'tHul, E Heynen, O Granstra

All-Time: 8:58.03 ! 4/27/2026 Waukee Northwest

Vander Ley, Sundet, Stubbendeck, Dani

Team	Relay	Finals
<b>Finals</b>		
1 Grundy Center	1	9:17.35* 10
1) Raelyn Steinmeyer 11	2) Karlee Lynch 12	
3) Maddy Hendershot 11	4) Grace Storjohann 12	
1:07.105 (1:07.105) 2:20.351 (1:13.247)	3:23.986 (1:03.635)	
4:44.067 (1:20.082) 5:49.460 (1:05.393)	7:03.393 (1:13.933)	
8:07.236 (1:03.843) 9:17.347 (1:10.112)		

2 Van Meter	1	9:35.84 8
1) Olivia Halfpap 12	2) Lydia Hunter 11	
3) Laura Streck 11	4) Lizzy McCann 12	
1:06.958 (1:06.958) 2:23.458 (1:16.501)	3:31.171 (1:07.713)	
4:50.739 (1:19.568) 5:57.853 (1:07.115)	7:11.089 (1:13.236)	
8:18.613 (1:07.524) 9:35.840 (1:17.227)		
3 Mid-Prairie, W	1	9:43.54 6
1) Tessa Brokaw 10	2) Rachel Hostetler 10	
3) Brooklyn Stutzman 11	4) Kendal Landstrum 11	
1:10.363 (1:10.363) 2:21.393 (1:11.030)	3:28.942 (1:07.549)	
4:45.850 (1:16.909) 5:57.517 (1:11.667)	7:14.307 (1:16.791)	
8:26.875 (1:12.568) 9:43.532 (1:16.658)		
4 Spirit Lake	1	9:46.56 5
1) Marie Muetting 10	2) Addy Petersen 10	
3) Elanor Sinz 11	4) Ella Beck 11	
1:10.854 (1:10.854) 2:22.868 (1:12.014)	3:31.911 (1:09.043)	
4:55.034 (1:23.124) 6:07.252 (1:12.218)	7:23.797 (1:16.546)	
8:34.975 (1:11.178) 9:46.560 (1:11.585)		
5 Aplntn-Parksbg		9:47.45 4
1) Charlee Endelman 09	2) Aubree Weber 09	
3) Demi Buseman 10	4) Kennedy Kalkwarf 11	
1:10.963 (1:10.963) 2:28.665 (1:17.702)	3:36.128 (1:07.464)	
4:59.674 (1:23.546) 6:09.577 (1:09.904)	7:25.094 (1:15.518)	
8:34.151 (1:09.057) 9:47.442 (1:13.292)		
6 Treynor	1	9:47.48 3
1) Madalyn Kerkmann 10	2) Madeline Knispel 11	
3) Kadence Kotrous 09	4) Joslyn Chambers 09	
1:11.078 (1:11.078) 2:26.828 (1:15.750)	3:35.808 (1:08.981)	
4:56.374 (1:20.566) 6:07.755 (1:11.382)	7:25.589 (1:17.834)	
8:34.602 (1:09.014) 9:47.472 (1:12.870)		
7 Monticello		9:47.52 2
1) Peyton Ries 11	2) Mary Grace Lyons 09	
3) Halle Recker 12	4) Brynn Schmit 11	
1:08.962 (1:08.962) 2:21.657 (1:12.695)	3:30.046 (1:08.389)	
4:46.275 (1:16.230) 6:00.145 (1:13.870)	7:19.441 (1:19.296)	
8:32.885 (1:13.445) 9:47.518 (1:14.633)		
8 Hudson		9:48.57 1
1) Reese Hansen 11	2) Elle Gunnarson 09	
3) Jordyn Rhoades 09	4) Mollie Hansen 12	
1:09.853 (1:09.853) 2:27.846 (1:17.993)	3:37.243 (1:09.397)	
4:58.444 (1:21.202) 6:09.342 (1:10.898)	7:28.238 (1:18.897)	
8:33.825 (1:05.587) 9:48.565 (1:14.740)		
9 Dike-NH		9:50.49
1) Isabella Stumbo 10	2) Reagan Grassley 10	
3) Sedona Oldenburger 12	4) Emmie Sager 10	
1:11.583 (1:11.583) 2:26.926 (1:15.343)	3:37.778 (1:10.852)	
5:01.039 (1:23.262) 6:10.332 (1:09.293)	7:30.902 (1:20.570)	
8:35.414 (1:04.513) 9:50.484 (1:15.070)		
10 Waukon	1	9:52.98
1) Elle Wilkins 12	2) Emma O'Neill 12	
3) Bryiah Stewart 11	4) Reegan Benzing 11	
1:10.146 (1:10.146) 2:26.397 (1:16.251)	3:35.889 (1:09.493)	
4:57.041 (1:21.153) 6:07.674 (1:10.633)	7:24.463 (1:16.790)	
8:35.318 (1:10.855) 9:52.974 (1:17.657)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 4x800 Meter Relay 2A)

Team	Relay	Finals					
11	Sioux Ctrl, SR	1	9:54.04	19	Alta/Aurelia	1	10:04.08
	1) Nora Christian 12	2) Sage Weber 10			1) Macy Droegmiller 09	2) Addilyn Langschwager 09	
	3) Marley Madsen 12	4) Karina Bloom 11			3) Eva Kaskey 12	4) Hayden Berkland 12	
	1:10.098 (1:10.098)	2:32.685 (1:22.587)	3:45.052 (1:12.367)		1:10.605 (1:10.605)	2:26.849 (1:16.245)	3:41.506 (1:14.657)
	5:02.962 (1:17.910)	6:08.523 (1:05.561)	7:27.747 (1:19.225)		5:03.622 (1:22.116)	6:11.160 (1:07.538)	7:38.071 (1:26.912)
	8:31.607 (1:03.860)	9:54.036 (1:22.430)			8:47.559 (1:09.488)	10:04.078 (1:16.519)	
12	Western Christ	1	9:55.50	20	W Marshall	1	10:11.42
	1) Maddyn De Jager 10	2) Paisley Groeneweg 11			1) Ella Randall 09	2) Addie Thompson 12	
	3) Kennedy Van't Hul 09	4) Addi Van't Hul 12			3) Zoey Wignall 09	4) Dalaney Eldridge 10	
	1:11.023 (1:11.023)	2:27.132 (1:16.109)	3:36.784 (1:09.653)		1:13.468 (1:13.468)	2:35.000 (1:21.532)	3:49.091 (1:14.092)
	5:00.798 (1:24.014)	6:10.484 (1:09.686)	7:27.202 (1:16.718)		5:09.175 (1:20.085)	6:20.682 (1:11.507)	7:40.907 (1:20.226)
	8:35.270 (1:08.068)	9:55.491 (1:20.222)			8:49.495 (1:08.588)	10:11.417 (1:21.922)	
13	PCM, Monroe	1	9:55.90	21	Cherokee, Wash	1	10:15.59
	1) Abi Teeter 12	2) Bailey Wheeler 11			1) Kenda Smith 10	2) Ella Simonsen 12	
	3) Ali Hilsabeck 11	4) Lila Milani 11			3) Kalexis Hyndman 12	4) Grace Woodall 12	
	1:10.136 (1:10.136)	2:26.154 (1:16.018)	3:36.022 (1:09.868)		1:11.950 (1:11.950)	2:33.376 (1:21.427)	3:51.582 (1:18.206)
	4:57.593 (1:21.572)	6:08.053 (1:10.460)	7:28.691 (1:20.638)		5:19.710 (1:28.128)	6:27.967 (1:08.258)	7:45.746 (1:17.780)
	8:36.641 (1:07.950)	9:55.900 (1:19.260)			8:56.276 (1:10.530)	10:15.581 (1:19.305)	
14	Jesup		9:57.19	22	New Hampton	1	10:20.91
	1) Sara Mead 12	2) Kennedy Copp 10			1) Kinslee Rings 11	2) Jersey Pemble 10	
	3) Emma Bose 12	4) Dylan Vogel 10			3) Myla Moorman 09	4) Adrianna Kinley 10	
	1:11.080 (1:11.080)	2:27.988 (1:16.908)	3:40.779 (1:12.792)		1:11.276 (1:11.276)	2:32.039 (1:20.763)	3:44.142 (1:12.103)
	5:01.903 (1:21.124)	6:09.515 (1:07.613)	7:30.635 (1:21.120)		5:09.617 (1:25.475)	6:22.181 (1:12.564)	7:45.887 (1:23.707)
	8:39.787 (1:09.152)	9:57.189 (1:17.403)			8:57.422 (1:11.535)	10:20.910 (1:23.489)	
15	Mediapolis	1	9:59.31	23	Forest City	1	10:21.44
	1) Bryn Wright 12	2) Gracie Beschorner 10			1) Ashlee Aukes 11	2) Muren Sharp 10	
	3) Evie Schmidgall 09	4) Avery Dietz 11			3) Ashlen Kingland 11	4) Sophia Reese 11	
	1:09.007 (1:09.007)	2:27.023 (1:18.016)	3:41.358 (1:14.335)		1:10.655 (1:10.655)	2:34.256 (1:23.602)	3:48.427 (1:14.171)
	5:04.351 (1:22.994)	6:16.780 (1:12.430)	7:37.443 (1:20.664)		5:10.803 (1:22.377)	6:22.825 (1:12.022)	7:46.187 (1:23.363)
	8:44.222 (1:06.779)	9:59.309 (1:15.088)			8:57.866 (1:11.679)	10:21.432 (1:23.566)	
16	Roland-Story	1	10:01.82	24	Nodaway Vall	1	10:22.88
	1) Karsyn Lande 10	2) Mackenzie Petersen 11			1) Abigail Nelson 09	2) Allie Cornelison 11	
	3) Nora Long 09	4) Emma Larson 10			3) Izzy Eisbach 12	4) Kylie Nelson 12	
	1:11.692 (1:11.692)	2:28.636 (1:16.944)	3:39.837 (1:11.202)		1:11.970 (1:11.970)	2:29.359 (1:17.389)	3:45.696 (1:16.337)
	5:00.278 (1:20.441)	6:09.816 (1:09.538)	7:31.933 (1:22.118)		5:15.108 (1:29.412)	6:21.084 (1:05.976)	7:39.942 (1:18.858)
	8:43.566 (1:11.633)	10:01.817 (1:18.252)			8:53.506 (1:13.565)	10:22.880 (1:29.374)	
17	Woodward-Grangr	1	10:02.36	---	Okoboji, Milford	1	SCR
	1) Lena Uhle 09	2) Zoey Osmundson 12			1) Brynley Wipf 09	2) Rylee Mitchell 09	
	3) Calianna Fenceroy 10	4) Eva Fleshner 12			3) Jordyn Mitchell 10	4) Kaela Weston 10	
	1:09.316 (1:09.316)	2:24.227 (1:14.911)	3:29.709 (1:05.483)		---	Ogden	1
	4:53.123 (1:23.414)	6:03.199 (1:10.076)	7:27.918 (1:24.720)			1) Trinity Stoneburner 10	2) Sophie Seligman 11
	8:40.467 (1:12.550)	10:02.355 (1:21.888)				3) Elyse Fisher 10	4) Dakota Jones 10
18	Albia	1	10:02.72	---	Panorama	1	SCR
	1) Hannah DeVore 11	2) Leilani DeForest 09				1) Laicey Lutz 11	2) Mary Fett 12
	3) McKenna Montgomery 12	4) Mady Montgomery 09				3) Olivia Beaudet 09	4) Kylie Rochholz 11
	1:14.208 (1:14.208)	2:43.194 (1:28.987)	3:55.087 (1:11.893)			---	W Central Valley
	5:12.947 (1:17.860)	6:20.312 (1:07.365)	7:35.186 (1:14.875)				1
	8:46.353 (1:11.167)	10:02.714 (1:16.362)				1) Landrie Light 09	2) Lorelei Grinnell 09
						3) Talia Williams 12	4) Lily Clausen 09
						---	W Lyon, Inwood
							1
						1) Jorja Smith 10	2) Brenna Boote 09
						3) Katelyn Berentschot 12	4) Audrey Rentschler 09
						---	Tipton
							1
						1) Lucy Costello 09	2) Mya Bodecker 11
						3) Lakyn Noard 09	4) Alexa Fitzgerald 11

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 4x800 Meter Relay 2A)

Team	Relay	Finals
--- Wilton	1	SCR
1) Addyson Kelley 10	2) Abren Bazal 11	
3) Audra Coss 12	4) Audrey Cummings 12	
--- West Branch	1	SCR
1) Sydney Nash 09	2) Lander Malloy 10	
3) Harper Jeffries 09	4) Kylie Puhl 09	
--- Shenandoah	1	SCR
1) Ava O'Rourke 09	2) Susie Babe 10	
3) Lilly Mather 10	4) Mya Young 11	
--- S Hamilton	1	SCR
1) Olivia Beaune 12	2) Cici Herrick 11	
3) Rosemary Chamness 11	4) Jillian Bentley 10	
--- Sumner-Fredrksbg	1	SCR
1) Ellie Werner 09	2) Callie Trainor 11	
3) Jaci Snyder 11	4) Sydney Zupke 10	
--- Southeast Valley	1	SCR
1) Charlotte Blair 09	2) Tenley Kastendieck 09	
3) Emily Wilson 10	4) Goldie Davis 09	
--- Davis County, B	1	SCR
1) Bradi Houston 12	2) Dakota Houston 11	
3) Claire Garland 10	4) Noelle Hill 12	
--- Eddyvl-Blakes/F	1	SCR
1) Novalee Jackson 10	2) Teagan Harter 11	
3) Layni Burch 11	4) Alivia Tromblee 09	
--- Crestwood	1	SCR
1) Ella Dennler 11	2) Claire Kach 10	
3) Ava Daley 11	4) Amberlena Lopez 10	
--- Garner-Hay/Vent		SCR
1) Emma Schumacher 11	2) Ella Brink 10	
3) Carolina Klooster 10	4) Marissa Muff 11	
--- Hinton	1	SCR
1) Isabell Hodgson 11	2) Averie Vondrak 09	
3) Josyln Swanson 10	4) Lillian Sudbeck 10	
--- Estherville-LC	1	SCR
1) Helen Lavender 11	2) Kyleigh Schneider 10	
3) Lilly Elness 10	4) Jocelyn Chilel Ramirez 12	
--- Alburnett		SCR
1) Nora Ford 12	2) Livia Flannery 09	
3) Esme Crist 11	4) Ella Gilchrist 10	
--- Anamosa		SCR
1) Kathryn Sundstrom 11	2) Audrey Fort 12	
3) Quinn Ruess 09	4) Brooke Heying 12	
--- Ridge View	1	SCR
1) Graceyn Hansen 10	2) Regan Ruble 11	
3) Jayna Aschinger 10	4) Tiegana Vohs 11	
--- Clarinda	1	SCR
1) Lily Weinreich 10	2) Elaina Hesse 11	
3) Henley Vrba 09	4) Claire Duff 09	
--- Chariton	1	SCR
1) Vania Hall 09	2) Miah Milledge 11	
3) Briley McReynolds 11	4) Addie Hall 10	

--- MO Valley	1	SCR
1) Ava Hansen 10	2) Audri Forbus 09	
3) Keturah Wilson 12	4) Bristol Ferris 10	
--- N Fayette Val	1	SCR
1) Tristan Kuhse 12	2) Anna Swensen 10	
3) Anya Whittle 09	4) Lillie Cline 09	
--- Manson NW Web	1	SCR
1) Peyton Peterson 10	2) Tia Brennan 11	
3) Hayden Oswald 09	4) Nora Nelson 09	
--- Oelwein	1	SCR
1) June Bahe 11	2) Melissa Ehn 10	
3) Hannah Sullivan 10	4) Kenna Westendorf 10	
--- Northeast, GL	1	SCR
1) Teryn Hansen 12	2) Jana Casellas 11	
3) Claire Blanchard 09	4) Rieley Burken 12	
--- Ia Falls-Alden	1	SCR
1) Magdalen Heiden 11	2) Gabrielle Stauffer 12	
3) AnnaLeah Cook 09	4) Laura Pluff 12	
--- KP-WC-RV	1	SCR
1) Blakely Goodwin 10	2) Rachel Putze 12	
3) Brilee Utesch 10	4) Addisyn Cameron 11	
--- I-35, Truro	1	SCR
1) Lillian Knapp 12	2) Amara Allsup 12	
3) Kennedy Murphy 10	4) Lucy Vonnahme 11	
--- Louisa-Muscatine	1	SCR
1) Hannah Kissell 12	2) Tenley Micheal 09	
3) Grace Hoopes 09	4) Paislee Zaehringer 10	
--- Kuemper Cath	1	SCR
1) Meredith Pietig 09	2) Logan Lee 11	
3) Shelby Greving 11	4) Madeline Segebart 12	

## Girls 800 Sprint Medley 2A

State Meet: 1:46.05 \* 5/18/2024 Pella Christian

A Agre, R Kacmarynski, M Van Wyk, B Vos

All-Time: 1:43.64 ! 2018 Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

Team	Relay	Finals
1 Pella Christian	1	1:46.04* 10
1) Lexi Terpstra 12	2) Amaia Agre 12	
3) Meredith Van Wyk 12	4) Bailey Vos 12	
2 Northeast, GL	1	1:48.55 8
1) Natalyn Tarr 10	2) Raelyn Schroeder 12	
3) Tenley Holst 09	4) Jordan Tegeler 11	
3 Tipton	1	1:49.71 6
1) Bella Dallege 12	2) Averie Bolger 11	
3) Tenley Hinderaker 09	4) Ella Hein 11	
4 W Lyon, Inwood	1	1:49.92 5
1) Savannah Smith 12	2) Jessa Ciesielski 10	
3) Leah Blauwet 12	4) Belah Kramer 09	
5 Clarinda	1	1:50.58 4
1) Alexa Barnes 11	2) Kylie Meier 12	
3) Miley Wagoner 10	4) Ellery Bird 09	

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## Results

## Finals ... (Girls 800 Sprint Medley 2A)

Team	Relay	Finals						
6	Mid-Prairie, W	1	1:50.82	3	23	I-35, Truro	1	1:56.88
	1) Myli Hershberger 11	2) Kyrie Poll 11				1) Grace Upp 12	2) Macy Flaherty 11	
	3) Leah Kelley 09	4) Jovi Evans 12				3) Elyse Maxwell 11	4) Kennedy Murphy 10	
7	Garner-Hay/Vent		1:51.08	2	---	Spirit Lake	1	DQ
	1) Alayna Englin 09	2) Malia Hinz 10				1) Gelena Duvall 12	2) Anthea Leupold 11	
	3) Isabella Schisel 12	4) Molly Maurer 10				3) Miley Wells 12	4) Elanor Sinz 11	
8	Grundy Center	1	1:51.29	1	---	Regina, IC	1	SCR
	1) Jocelyn Freed 12	2) Karlee Lynch 12				1) Grace Nicpon 09	2) Lily Nibaur 11	
	3) Ava Heeren 11	4) Maddy Hendershot 11				3) Leah Sickels 11	4) Harper Erwin 12	
9	South Hardin	1	1:51.30		---	Pocahon Area	1	SCR
	1) Brynley Weig 09	2) Katie Allison 11				1) Emma Sobotka 11	2) Grace Sobotka 10	
	3) Lorina Dykman 11	4) Ayda Eller 11				3) Linnie Feilmeier 09	4) Alli Lake 10	
10	ApIntn-Parksbg		1:51.34		---	PCM, Monroe	1	SCR
	1) Adri Allan 11	2) Megan Junker 12				1) Alyssa Buckingham 12	2) Jorja Teeter 12	
	3) Ella Buttjer 12	4) Kennedy Kalkwarf 11				3) Ryan DeVore 10	4) Katelynn Fagg 10	
11	Dike-NH		1:52.17		---	Oelwein	1	SCR
	1) Abby Jensen 12	2) Kailyn Meester 11				1) Aspen Weir 12	2) Maci Knowles 09	
	3) Mila Syhlman 09	4) Ruby Varney 10				3) Emma Woodson 12	4) Morgan Jipson 10	
12	Chariton	1	1:52.48		---	Nodaway Vall	1	SCR
	1) Alana Elmore 10	2) Addelyn Bishop 10				1) Ella Boswell 10	2) Kenzie Lilly 09	
	3) Payton Snook 12	4) Ava Krutsinger 12				3) Haisley Zoubek 12	4) Ava Herrick 10	
13	Denver	1	1:52.58		---	W Sioux Hwardn	1	SCR
	1) Addie Brauman 10	2) Aubrey Arens 10				1) Addilyn Van Wyhe 09	2) Keira Stainbrook 09	
	3) Taylor Wilson 11	4) Maryn Laures 12				3) Alyssa Finzen 10	4) Hailey Ten Napel 09	
14	Ridge View	1	1:52.62		---	Waukon	1	SCR
	1) Melany Horan 09	2) Reese Hawthorne 12				1) Marissa Schullo 10	2) Addisyn Berns 11	
	3) Cora Tesch 10	4) Shea Rapp 09				3) Willa Troendle 12	4) Cora Miller 11	
15	East Sac County	1	1:52.89		---	W Marshall	1	SCR
	1) Laila Meister 10	2) Jordin Carroll 12				1) Sophie Simms 11	2) Ava Young 11	
	3) Libbie Veit 11	4) Wendie Veit 10				3) Alayna Frederick 09	4) Dalaney Eldridge 10	
16	Alburnett		1:52.99		---	W Burlington/ND	1	SCR
	1) Taryn Moore 10	2) Annika Bueckers 10				1) Madelyn Thomas 12	2) Faith Gibb 11	
	3) Miranda Neighbor 12	4) Adah Fishell 10				3) Adley Mundth 09	4) Jillian Nickel 11	
17	Underwood	1	1:53.00		---	West Branch	1	SCR
	1) Nevara Bettes 10	2) Kayley Ambrose 09				1) Rena Holmes 12	2) Addi Schultes 12	
	3) Ainsley Roberts 11	4) Ally Adams 11				3) Ava Lacina 09	4) Lexi Skay 12	
18	Van Meter	1	1:53.45		---	Sioux Ctrl, SR	1	SCR
	1) Avery Banks 11	2) Julia Teigland 09				1) Peyton Waldstein 10	2) Lillian Johnson 10	
	3) Aniston Netten 09	4) Olivia Halfpap 12				3) Avery Wilson 12	4) Marley Madsen 12	
19	Greene County	1	1:53.66		---	Sumner-Fredrksbg	1	SCR
	1) Sara Morlan 11	2) Kaycee Pittman 12				1) Cate Snyder 09	2) Alivia Woodring 09	
	3) Addison Gannon 12	4) Becca Anderson 12				3) Livy Schoonover 12	4) Rosin Drudik 09	
20	Treynor	1	1:54.61		---	Roland-Story	1	SCR
	1) Zoey Zadalis 12	2) Grace Mentzer 09				1) Olivia Reitano 12	2) Brookelyn Jondle 11	
	3) Josie Meyers 10	4) Ava Saar 10				3) Hope Scarrow 11	4) Alli Janes 12	
21	New Hampton	1	1:54.98		---	Tri-Center	1	SCR
	1) Bailee Tenge 10	2) Madison Shawver 12				1) Zohie Payne 11	2) Layla Meador 12	
	3) Aleigha Cahoy 10	4) Capri Lester 11				3) Lucy Elsener 12	4) Reese Dittmer 10	
22	Okoboji, Milford	1	1:55.48		---	Woodward-Grangr	1	SCR
	1) Alivia Avery 11	2) Adalee Leman 09				1) Jaidyn Achenbach 12	2) Kristyn Crouse 10	
	3) Riley Meyer 11	4) Ava Avery 10				3) Hayden Thomas 11	4) Lena Uhle 09	
					---	Davis County, B	1	SCR
						1) Lilah Carnahan 11	2) Dani Piper 11	
						3) Ally Batterson 09	4) Journey Al-Khanfar 10	

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## Finals ... (Girls 800 Sprint Medley 2A)

Team	Relay	Finals
---	Durant 1	SCR
1) Aubrey Garcia 09	2) Ally Meincke 11	
3) Elise Jones 11	4) Elise Hein 11	
---	Columbus Cath	SCR
1) Jordynn Russell 09	2) Niâ€™Airea Miller 11	
3) Richtricia Gbeynie 10	4) Ty'Ariah Parrow 09	
---	Crestwood 1	SCR
1) Ella Otters 10	2) Taylor Reis 11	
3) Charley Curtis 12	4) Mea Shelton 11	
---	Estherville-LC 1	SCR
1) Morgan Clabaugh 12	2) Zoey DeRuyter 12	
3) Kylie Olson 12	4) Jasmine Smith 09	
---	Forest City 1	SCR
1) Brinley Blaser 09	2) Allison Wirtjes 12	
3) Alivia Bruckhoff 10	4) Hayden Brown 12	
---	Eddyvl-Blakes/F 1	SCR
1) Kenley Albertson 09	2) Stella Sloan 09	
3) Lacey Taylor 12	4) Hollie Roberts 12	
---	Anamosa	SCR
1) Gabriella Kjormoe 12	2) Gabrielle La Rue 12	
3) Rebekah Bonifazi-King 10	4) Livia Rohwedder 09	
---	Boy-Hul/Rock Val 1	SCR
1) Hudsyn Ranschau 12	2) Haevyn Ranschau 12	
3) Morgan Vollink 09	4) Ciana Zomer 11	
---	Alta/Aurelia 1	SCR
1) Kadence Langschwager 12	2) Clare Gunkelman 12	
3) Elsie Peterson 11	4) Bree Anderson 10	
---	Cent Lyon 1	SCR
1) Avery Littlefield 12	2) Taylor Rypkema 10	
3) Kyla Davis 09	4) Anika Springer 11	
---	Central Lee 1	SCR
1) Madison Frueh 09	2) Makynna Simpson 09	
3) Kaitlyn Morrison 09	4) Brylee Cook 09	
---	Cardinal, Eldon 1	SCR
1) Maclain Hickenbottom 11	2) Audrey Robinson 09	
3) Olivia VanTrump 10	4) Kyra LaRue 09	
---	Manson NW Web 1	SCR
1) Millie Egli 09	2) Rowan Peed 09	
3) Ava Messerly 12	4) Caroline Peterson 09	
---	Mediapolis 1	SCR
1) Bailey Jackson 12	2) Hailey Jackson 11	
3) Addi Steffener 09	4) Kaedyn Myers 10	
---	Kuemper Cath 1	SCR
1) Kolbi Peter 10	2) Mariah Heuton 10	
3) Madelyn Kerkhoff 09	4) Madie Domer 12	
---	MO Valley 1	SCR
1) Kyla Griffith 09	2) Louisa Wilson 10	
3) Lexa Vinsonhaler 09	4) Anne Dworak 11	
---	MVAOCO 1	SCR
1) Audrey Hadden 09	2) Kylah Krause 10	
3) Claire Smallwood 11	4) Sylvia Forbes 09	

---	MFL MarMac	1	SCR
1) Brooklyn Landt 09	2) Lauryn Sandstrom 11		
3) Blair Winter 09	4) Khloe Schutte 09		
---	HM-Sanborn	1	SCR
1) Moriah Otto 12	2) Pamela Mutombo 12		
3) Delilah Boynton 09	4) Keely Ebel 10		
---	Hudson		SCR
1) Josie Messmore 10	2) Jaylea Trevey 11		
3) Rebecca Vidal 11	4) Teagan Honermann 12		
---	Hinton	1	SCR
1) Chloe Pigott 10	2) Sydney Doeschot 12		
3) Rori Koch 11	4) Jenna Hoefling 10		
---	Jesup		SCR
1) Stevy Arceneaux 09	2) Jada Weber 09		
3) Faith Weber 09	4) Jordyn Bergman 11		
---	KP-WC-RV	1	SCR
1) Danica Bolles 10	2) Lilli Harvey 09		
3) Kaidynce Hill 10	4) Kady Lloyd 11		
---	Ia Falls-Alden	1	SCR
1) Carlea Dagle 11	2) Sami Harms 11		
3) Brooklyn Gehling 12	4) Finley Hoversten 09		

## Girls 1600 Sprint Medley 2A

State Meet: 4:06.37 \* 5/17/2024 Tipton

A Norem, A Edens, E Hein, N Steines

All-Time: 3:55.82 ! 2017 Assumption

Team	Relay	Finals
Finals		
1 Grundy Center	1	4:09.01 10
1) Ava Heeren 11	2) Karlee Lynch 12	
3) Maddy Hendershot 11	4) Grace Storzjohann 12	
1:52.892 (1:52.892) 2:57.897 (1:05.006)	4:09.008 (1:11.112)	
2 West Branch	1	4:13.21 8
1) Rena Holmes 12	2) Addi Schultes 12	
3) Lexi Skay 12	4) Grace Hamann 11	
1:56.066 (1:56.066) 3:00.210 (1:04.144)	4:13.205 (1:12.996)	
3 Garner-Hay/Vent		4:13.55 6
1) Malia Hinz 10	2) Isabella Schisel 12	
3) Molly Maurer 10	4) Alayna Englin 09	
1:51.268 (1:51.268) 3:01.685 (1:10.418)	4:13.547 (1:11.862)	
4 Unity Chrst, OC	1	4:14.29 5
1) Ava Landman 10	2) Kaelyn Sikkema 09	
3) Katie Young 12	4) Kambrie Dekkers 10	
1:56.506 (1:56.506) 3:02.466 (1:05.960)	4:14.288 (1:11.822)	
5 Mid-Prairie, W	1	4:14.59 4
1) Leah Kelley 09	2) Kyrie Poll 11	
3) Ruby Miller 11	4) Tessa Brokaw 10	
1:56.841 (1:56.841) 3:04.203 (1:07.362)	4:14.589 (1:10.386)	
6 Pleasantville	1	4:15.23 3
1) Carly Gripp 12	2) Ellie Heywood 09	
3) Clair Vestal 09	4) Summer Isley 10	
1:56.960 (1:56.960) 3:04.246 (1:07.286)	4:15.221 (1:10.975)	

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## Finals ... (Girls 1600 Sprint Medley 2A)

Team	Relay	Finals			
7	Monticello		4:15.86	2	
	1) Ava Zimmerman 12	2) Laila Atkinson 11			
	3) Peyton Ries 11	4) Mary Grace Lyons 09			
	1:56.141 (1:56.141)	3:02.151 (1:06.010)	4:15.859 (1:13.708)		
8	Spirit Lake	1	4:16.27	1	
	1) Miley Wells 12	2) Maggie Bruinsma 12			
	3) Addy Petersen 10	4) Marie Muetting 10			
	1:54.014 (1:54.014)	3:00.684 (1:06.670)	4:16.264 (1:15.580)		
9	Treynor	1	4:16.30		
	1) Kadence Kotrous 09	2) Josie Meyers 10			
	3) Ava Saar 10	4) Madalyn Kerkmann 10			
	1:54.712 (1:54.712)	3:03.154 (1:08.442)	4:16.293 (1:13.140)		
10	Chariton	1	4:16.87		
	1) Alana Elmore 10	2) Addelyn Bishop 10			
	3) Payton Snook 12	4) Ava Krutsinger 12			
	1:57.524 (1:57.524)	3:03.171 (1:05.648)	4:16.870 (1:13.700)		
11	Sumner-Fredrksbg	1	4:17.18		
	1) Cate Snyder 09	2) Braelyn Suckow 11			
	3) Livy Schoonover 12	4) Sydney Zupke 10			
	1:53.775 (1:53.775)	3:02.074 (1:08.300)	4:17.180 (1:15.106)		
12	Greene County	1	4:17.44		
	1) Addison Gannon 12	2) Hanna Fouch 10			
	3) Becca Anderson 12	4) Kaycee Pittman 12			
	1:57.034 (1:57.034)	3:03.479 (1:06.445)	4:17.433 (1:13.954)		
13	Union, LaPorte C		4:17.67		
	1) Haylee Hegdahl 10	2) Chloe Sadler 10			
	3) Paige Piphoo 09	4) Brynn Albertsen 12			
	1:56.757 (1:56.757)	3:03.170 (1:06.414)	4:17.670 (1:14.500)		
14	Mediapolis	1	4:17.77		
	1) Josie Hutcheson 12	2) Brynlee Steiner 09			
	3) Evie Schmidgall 09	4) Avery Dietz 11			
	1:57.278 (1:57.278)	3:02.762 (1:05.484)	4:17.763 (1:15.002)		
15	Forest City	1	4:18.51		
	1) Tess Klaassen 10	2) Cadence Sletten 12			
	3) Hayden Brown 12	4) Claire Weaver 11			
	1:56.102 (1:56.102)	3:05.832 (1:09.730)	4:18.506 (1:12.675)		
16	Ridge View	1	4:19.08		
	1) Reese Hawthorne 12	2) Cora Tesch 10			
	3) Shea Rapp 09	4) Addison Tesch 12			
	1:53.618 (1:53.618)	3:02.716 (1:09.099)	4:19.078 (1:16.362)		
17	Albia	1	4:19.44		
	1) Aliyah Hood 11	2) Maniya Autry 11			
	3) Mady Montgomery 09	4) McKenna Montgomery 12			
	1:59.165 (1:59.165)	3:05.039 (1:05.874)	4:19.435 (1:14.396)		
18	Estherville-LC	1	4:21.20		
	1) Kylie Olson 12	2) Morgan Clabaugh 12			
	3) Jasmine Smith 09	4) Hayden Armstead 10			
	1:55.273 (1:55.273)	3:06.277 (1:11.004)	4:21.198 (1:14.922)		
19	Crestwood	1	4:21.70		
	1) Isabella Schlatter 12	2) Mea Shelton 11			
	3) Taylor Reis 11	4) Lexus Dohlman 10			
	1:54.720 (1:54.720)	3:05.535 (1:10.816)	4:21.698 (1:16.163)		
20	Waukon	1	4:21.82		
	1) Addie Olson 10	2) Willa Troendle 12			
	3) Bryiah Stewart 11	4) Elle Wilkins 12			
	1:54.518 (1:54.518)	3:03.126 (1:08.608)	4:21.817 (1:18.692)		
21	Alta/Aurelia	1	4:23.49		
	1) Ellie Bloom 11	2) Bree Anderson 10			
	3) Macy Droegmiller 09	4) Hayden Berkland 12			
	1:58.401 (1:58.401)	3:07.267 (1:08.867)	4:23.485 (1:16.218)		
22	Nodaway Vall	1	4:24.39		
	1) Kylie Nelson 12	2) Emma Boswell 12			
	3) Abigail Nelson 09	4) Izzy Eisbach 12			
	2:00.423 (2:00.423)	3:06.015 (1:05.592)	4:24.381 (1:18.366)		
23	W Burlington/ND	1	4:25.95		
	1) Meadow Bennett 09	2) Olivia Ritter 12			
	3) Kaylee Webb 10	4) Hannah Ritter 09			
	1:58.808 (1:58.808)	3:05.211 (1:06.403)	4:25.941 (1:20.730)		
24	Grand View Christ	1	4:33.65		
	1) Livy VanDerSluis 12	2) Lily Jones 10			
	3) Jada Rogers 09	4) Lydia Ives 12			
	1:56.801 (1:56.801)	3:08.170 (1:11.369)	4:33.642 (1:25.472)		
---	Sioux Ctrl, SR	1	SCR		
	1) Reata Ayers 12	2) Avery Wilson 12			
	3) Karina Bloom 11	4) Nora Christian 12			
---	Boy-Hul/Rock Val	1	SCR		
	1) Lexi Klarenbeek 10	2) Haevyn Ranschau 12			
	3) Morgan Vollink 09	4) Evie Schmidt 10			
---	Aplntn-Parksbg		SCR		
	1) Adri Allan 11	2) Lorna Bernard 09			
	3) Aubree Weber 09	4) Charlee Endelman 09			
---	South Hardin	1	SCR		
	1) Lydia Butler 12	2) Ella Owens 10			
	3) Adeline Cook 10	4) Emma Minteer 11			
---	Pocahon Area	1	SCR		
	1) Dani Cook 11	2) Bailey Stuart 11			
	3) Erica Crotty 10	4) Alli Lake 10			
---	Postville	1	SCR		
	1) Julietta Roman 09	2) Sophia Gonzalez 09			
	3) Daisy Muxin 09	4) Tenley Deering 09			
---	Camanche	1	SCR		
	1) Thelma Henriksen 11	2) Calie Waltz 12			
	3) Toni Ebensberger 10	4) Delany Homan 11			
---	Shenandoah	1	SCR		
	1) Sloane McGinnis 10	2) Ashley Hardy 10			
	3) Ellison Holste 09	4) Jersie Spratt 09			
---	Roland-Story	1	SCR		
	1) Olivia Reitano 12	2) Maddi Lucas 11			
	3) Karsyn Lande 10	4) Emma Larson 10			
---	W Central Valley	1	SCR		
	1) Willow Ray 11	2) Ella Belden 11			
	3) Talia Williams 12	4) Lily Clausen 09			
---	W Lyon, Inwood	1	SCR		
	1) Avery Schoening 09	2) Cami McKenny 10			
	3) Makinley Koedam 09	4) Brooklynn Rozeboom 09			

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## Results

## Finals ... (Girls 1600 Sprint Medley 2A)

Team	Relay	Finals
--- Van Meter	1	SCR
1) Harper Hall 09	2) Aniston Netten 09	
3) Lizzy McCann 12	4) Olivia Halfpap 12	
--- Western Christ	1	SCR
1) Avery Dykstra 11	2) Lilly Kamstra 10	
3) Maddyn De Jager 10	4) Addi Van't Hul 12	
--- W Marshall	1	SCR
1) Avery Buck 11	2) Elizabeth Edler 10	
3) Alayna Frederick 09	4) Zoey Wignall 09	
--- Anamosa		SCR
1) Gabriella Kjormoe 12	2) Rebekah Bonifazi-King 10	
3) Livia Rohwedder 09	4) Mason Lloyd 09	
--- Tipton	1	SCR
1) Paige Thomas 12	2) Jaclynne Driscoll 09	
3) Lakyn Noard 09	4) Alexa Fitzgerald 11	
--- Woodward-Grangr	1	SCR
1) Kristyn Crouse 10	2) Calianna Fenceroy 10	
3) Riley McCaulley 12	4) Lena Uhle 09	
--- Tri-Center	1	SCR
1) Haley Harder 09	2) Lucy Elsener 12	
3) Jillian Budge 10	4) Reese Dittmer 10	
--- Hinton	1	SCR
1) Layla Meylor 10	2) Lillian Sudbeck 10	
3) Chanley Boeve 09	4) Kimmy Hoefling 09	
--- I-35, Truro	1	SCR
1) Brookelynn Showers 10	2) Elin Williams 09	
3) Jaley Graf 12	4) Aimee Blahauvietz 12	
--- Cherokee, Wash	1	SCR
1) Payton Reinert 11	2) Sabrina Valentin 11	
3) Kalexis Hyndman 12	4) Grace Woodall 12	
--- Jesup		SCR
1) Stevye Arceneaux 09	2) Emma Bose 12	
3) Jordyn Bergman 11	4) Dylan Vogel 10	
--- KP-WC-RV	1	SCR
1) Kaidynce Hill 10	2) Kady Lloyd 11	
3) Jaide Ryan 11	4) Rachel Putze 12	
--- Ia Falls-Alden	1	SCR
1) Isabelle Janssen 11	2) Carlea Dagle 11	
3) Finley Hoversten 09	4) Danika Rieks 11	
--- Denver	1	SCR
1) Bailey Mills-Payne 10	2) Anna Arens 12	
3) Emily Tyler 10	4) Finley White 09	
--- Dike-NH		SCR
1) Abby Jensen 12	2) Kailyn Meester 11	
3) Isabella Stumbo 10	4) Emmie Sager 10	
--- Davis County, B	1	SCR
1) Taryn Nelson 10	2) Halle Husted 12	
3) Claire Garland 10	4) Bradi Houston 12	
--- Clarinda	1	SCR
1) Kennedy Hull- Elwood 09	2) Olivia Moore 11	
3) Alyse Stroud 09	4) Riley King 12	

--- Eddyvl-Blakes/F	1	SCR
1) Penelope Morrison 09	2) Sadie Jager 11	
3) Lilly Lee 10	4) Stella Sloan 09	
--- Northeast, GL	1	SCR
1) Sydney Chambers 09	2) Emma Butt 09	
3) Rielely Burken 12	4) Teryn Hansen 12	
--- OABCIG	1	SCR
1) Bailey Barber 10	2) Brooklyn Wulf 09	
3) Tenley Oldham 09	4) Irelyn Wittrock 11	
--- New Hampton	1	SCR
1) Zoey Kellogg 11	2) Brooklyn McShane 12	
3) Emma Praska 09	4) Gretta Kuehner 10	
--- Osage	1	SCR
1) Anna Peterson 10	2) Presly Kennedy 11	
3) Abby Rachut 11	4) Kendall Power 12	
--- Panorama	1	SCR
1) Jacey Glade 09	2) Malia Jacobsen 10	
3) Ella Carico 12	4) Corrie Knapp 10	
--- Okoboji, Milford	1	SCR
1) Grace Leman 11	2) McKenzie Larsen 09	
3) Brynley Wipf 09	4) Rylee Mitchell 09	
--- Louisa-Muscatine	1	SCR
1) Elizabeth Dieckman 11	2) Grace Kissell 10	
3) Hailey Sneddon 11	4) Fiona McGill 10	
--- Cent Lyon	1	SCR
1) Annen Kopp 09	2) Avery Littlefield 12	
3) Madalynn Van Der Weerd 12	4) Paisley Vogel 09	
--- Kuemper Cath	1	SCR
1) Sophie Lohrmann 09	2) Madelyn Kerkhoff 09	
3) Meredith Pietig 09	4) Logan Lee 11	
--- Cardinal, Eldon	1	SCR
1) Kaylin Hissem 12	2) Abigail Duffield 10	
3) Makayla Crosby 10	4) Bella Schlotter 09	
--- Cascade		SCR
1) Makayla Paar 11	2) Addison Frake 12	
3) Leona Manternach 10	4) Hallie Kelchen 12	

## Girls 4x100 Meter Shuttle Hurdle 2A

State Meet: 1:04.67 \* 5/20/2023 Sioux Ctrl, SR

R Waldstein, B Webber, B Johannsen, P Peterson

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Prelims
1	Treynor	1:06.62q
	1) Zoey Zadalis 12	2) Nora Konz 12
	3) Grace Mentzer 09	4) Rylee Hemmingsen 11
2	Roland-Story	1:07.14q
	1) Taylor Rechkemmer 10	2) Maddi Lucas 11
	3) Brookelyn Jondle 11	4) Selah Helgeson 12
3	Van Meter	1:07.14q
	1) Kylie Keller 12	2) Bella Bruins 12
	3) Harper Hall 09	4) Burkli Harkins 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Preliminaries ... (Girls 4x100 Meter Shuttle Hurdle 2A)

Team	Relay	Prelims
4 Aplntn-Parksbg		1:07.62q
1) Adri Allan 11	2) Melia Renken 09	
3) Megan Junker 12	4) Ava Eddy 12	
5 Alburnett		1:07.65q
1) Josie McGraw 10	2) Bristol Nannelli 09	
3) Kylie Cushman 10	4) Miranda Neighbor 12	
6 Waukon	1	1:08.55q
1) Kaylin Regan 11	2) Hailey Cook 09	
3) Nora Davis 11	4) Marissa Schullo 10	
7 Pleasantville	1	1:08.59q
1) Alyssa Park 10	2) Lillian Mason 12	
3) Clair Vestal 09	4) Aria Phipps 12	
8 Mid-Prairie, W	1	1:09.23q
1) Sophie Miller 12	2) Myli Hershberger 11	
3) Olivia Schlabach 12	4) Ruby Miller 11	
9 Cent Lyon	1	1:09.40
1) Ayda Vander Zee 10	2) Brooklyn Bosch 10	
3) Ellea Pulscher 11	4) Shyanne Struckman 12	
10 Northeast, GL	1	1:09.45
1) Natalyn Tarr 10	2) Rachel Reeves 10	
3) Adalynn Weber 09	4) Ella Butt 09	
11 Cascade		1:09.61
1) Addison Frake 12	2) Elizabeth Roling 10	
3) Emma Frake 10	4) Makayla Paar 11	
12 Beckman	1	1:09.65
1) Natalie Besler 11	2) Ava Oberbroeckling 11	
3) Eleanor Brehm 10	4) Autumn Domeyer 11	
13 Regina, IC	1	1:09.79
1) Betsy Gavin 10	2) Jada Wiltz 09	
3) Ella Keune 12	4) Reese Naeve 12	
14 Union, LaPorte C		1:09.99
1) Finley Keegan 09	2) Paige Pipho 09	
3) Caitlyn Schneider 10	4) Reese Anderson 10	
15 Tri-Center	1	1:10.21
1) Lauren Harder 09	2) Lana VanArsdol 09	
3) Zohie Payne 11	4) Layla Meador 12	
16 OABCIG	1	1:10.31
1) Kaitlynn Schnabel 09	2) Brady Youngren 11	
3) Bailey Barber 10	4) Jenessa Kolar 11	
17 Oelwein	1	1:10.31
1) Haydin Becker 12	2) Madelyn Michels 10	
3) Morgan Jipson 10	4) Macy Westendorf 12	
18 Ogden	1	1:10.91
1) Aubrey Leonard 12	2) Madysen Benjamin 10	
3) Paysen Graden 10	4) Alena Wilson 11	
19 East Sac County	1	1:10.99
1) Libbie Veit 11	2) Haley Jo King 12	
3) Tori Hauser 11	4) Wendie Veit 10	
20 Monticello		1:11.68
1) Charlett Smith 10	2) Addison Norton 11	
3) Jorja Jacobs 09	4) Macey Dusanek 12	

21 MO Valley	1	1:12.46
1) Mackenzie Parrott 11	2) Abigail Bissen 09	
3) Brixley Vinsonhaler 09	4) Madisyn McCall 09	
22 Sioux Ctrl, SR	1	1:13.75
1) Kailee Laursen 11	2) Madison Wittmaack 09	
3) Peyton Waldstein 10	4) Hanna Weier 09	
23 Spirit Lake	1	1:15.01
1) Gelena Duvall 12	2) Ellie Bolluyt 12	
3) June Fontenot 10	4) JJ Wassenaar 10	
--- Hinton	1	DQ
1) Brynlee Boeve 09	2) Allison Hoefling 12	
3) Emma Binneboese 09	4) Rori Koch 11	

## Girls 4x100 Meter Shuttle Hurdle 2A

State Meet: 1:04.67 \* 5/20/2023 Sioux Ctrl, SR

R Waldstein, B Webber, B Johannsen, P Peterson

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Finals
<b>Finals</b>		
1 Roland-Story	1	1:05.88 10
1) Brookelyn Jondle 11	2) Maddi Lucas 11	
3) Taylor Rechkemmer 10	4) Selah Helgeson 12	
2 Treynor	1	1:06.06 8
1) Zoey Zadalis 12	2) Nora Konz 12	
3) Grace Mentzer 09	4) Rylee Hemmingsen 11	
3 Alburnett		1:06.45 6
1) Josie McGraw 10	2) Bristol Nannelli 09	
3) Kylie Cushman 10	4) Miranda Neighbor 12	
4 Van Meter	1	1:06.79 5
1) Kylie Keller 12	2) Bella Bruins 12	
3) Harper Hall 09	4) Burkli Harkins 12	
5 Aplntn-Parksbg		1:07.64 4
1) Adri Allan 11	2) Melia Renken 09	
3) Megan Junker 12	4) Ava Eddy 12	
6 Mid-Prairie, W	1	1:08.80 3
1) Sophie Miller 12	2) Myli Hershberger 11	
3) Olivia Schlabach 12	4) Ruby Miller 11	
7 Waukon	1	1:08.87 2
1) Kaylin Regan 11	2) Hailey Cook 09	
3) Nora Davis 11	4) Marissa Schullo 10	
8 Pleasantville	1	1:09.08 1
1) Alyssa Park 10	2) Lillian Mason 12	
3) Clair Vestal 09	4) Aria Phipps 12	

## Girls High Jump 2A

State Meet: 5-11 \* 5/22/2009 Hannah Willms

All-Time: 6-01 ! 2010 Hannah Willms

Name	Yr	School	Finals
<b>Finals</b>			
1 Allison Koch	12	Grundy Cente	5-08.00 10
2 Willow Ray	11	W Central Va	5-06.00 8
3 Cheyenne Hulshof	10	Unity Chrst,	5-04.00 6
4 Rachel Schany	12	Emmetsburg	5-02.00 5
5 Ally Adams	11	Underwood	5-02.00 4

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## Finals ... (Girls High Jump 2A)

Name	Yr	School	Finals	
6 Ellery Bird	09	Clarinda	5-02.00	3
7 Alaina Arnevik	12	Centerville	5-00.00	1.5
7 Mila Syhlman	09	Dike-NH	5-00.00	1.5
9 Anna Kozora	12	KP-WC-RV	5-00.00	
9 Brynlee Boeve	09	Hinton	5-00.00	
9 Talia Williams	12	W Central Va	5-00.00	
12 Delaney Evans	10	KP-WC-RV	5-00.00	
12 Jada Wiltz	09	Regina, IC	5-00.00	
12 Madelyn Michels	10	Oelwein	5-00.00	
12 Taylor Luensmann	10	Beckman	5-00.00	
16 Isabel Swenson	12	S Hamilton	4-10.00	
17 Keely Williams	12	Louisa-Musc	4-10.00	
17 Bella Bernard	09	Aplntn-Parks	4-10.00	
19 Avery Crear	11	Mediapolis	4-10.00	
--- Macy Walters	09	Emmetsburg	NH	
--- Madysen Benjamin	10	Ogden	NH	
--- Annabelle Baker	09	New Hampton	NH	
--- Makayla Crosby	10	Cardinal, El	NH	
--- Emma Boswell	12	Nodaway Vall	NH	
--- Madden Thie	11	Mediapolis	SCR	
--- Adrianna Kinley	10	New Hampton	SCR	
--- Melissa Fu	10	Oelwein	SCR	
--- Jillian Budge	10	Tri-Center	SCR	
--- Peyton Brown	09	Union, LaPor	SCR	
--- Charlee Chapman	09	Tipton	SCR	
--- Reese Moerman	09	Western Chri	SCR	
--- Kennedy Van't Hul	09	Western Chri	SCR	
--- Jessa Ciesielski	10	W Lyon, Inwo	SCR	
--- Reese Naeve	12	Regina, IC	SCR	
--- Kody McKay	09	Roland-Story	SCR	
--- Kenzie Banks	09	Ogden	SCR	
--- Hanna Weier	09	Sioux Ctrl,	SCR	
--- Ellie Schumacher	09	South Cent C	SCR	
--- Ava O'Rourke	09	Shenandoah	SCR	
--- Kaitlyn Morrison	09	Central Lee	SCR	
--- Gabby Jansen	09	Central Sprn	SCR	
--- Isabelle Hirsch	09	Camanche	SCR	
--- Leona Manternach	10	Cascade	SCR	
--- Adelynn Howell	11	Clarion-Gold	SCR	
--- Naveiah Garza	12	Columbus, CJ	SCR	
--- Elaina Hesse	11	Clarinda	SCR	
--- Aliyah Hood	11	Albia	SCR	
--- Leia Gilchrist	12	Alburnett	SCR	
--- Paige Berggren	10	Roland-Story	SCR	
--- Johanna Shaffer	09	Anamosa	SCR	
--- Penelope Heinrichs	09	Beckman	SCR	
--- Keisha Nielsen	09	Alta/Aurelia	SCR	
--- Trinity Jirovsky	10	Grundy Cente	SCR	
--- Kimmy Hoefling	09	Hinton	SCR	
--- Lila Osterson	12	Greene Count	SCR	
--- Arysa Allsup	09	I-35, Truro	SCR	
--- Grace Hoopes	09	Louisa-Musc	SCR	
--- Hannah Chardoulas	09	Hudson	SCR	

--- Bella Morrissey	12	Davis County	SCR
--- Andrea Genskow	09	Eddyvl-Blake	SCR
--- Sidney Huff	09	Davis County	SCR
--- Lexi Isebrand	12	Forest City	SCR
--- Sophia Reese	11	Forest City	SCR
--- Arianna Beekman	11	Estherville-	SCR

## Girls Long Jump 2A

State Meet: 18-11.50 \* 5/18/2006 Dani Stipe

All-Time: 20-08.25 ! 2025

Abby Mecklenburg

Name	Yr	School	Finals	
1 Georgia Evans	10	Mid-Prairie,	18-01.00	10
2 Anabel Sinz	11	Spirit Lake	17-11.25	8
3 Irelynne McNamara	11	MVAOCOUCO	17-06.00	6
4 Ella Hein	11	Tipton	17-06.00	5
5 Isabella Schlatter	12	Crestwood	17-00.75	4
6 Rachel Schany	12	Emmetsburg	16-10.75	3
7 Isabella Buckholdt	10	Underwood	16-07.00	2
8 Lorna Bernard	09	Aplntn-Parks	16-04.75	1
9 Morgan Masching	11	Kuemper Cath	16-04.25	-0.7
10 Dalaney Eldridge	10	W Marshall	16-02.50	-0.1
11 Abren Bazal	11	Wilton	16-00.00	-1.2
12 Jocelyn O'Neal	12	Red Oak	15-11.00	-1.2
13 Leah Blauwet	12	W Lyon, Inwo	15-11.00	-1.3
14 Lexi Isebrand	12	Forest City	15-10.50	-0.4
15 Addy Ortegren	09	Hinton	15-09.25	-3.8
16 Kylie Meier	12	Clarinda	15-06.25	-0.9
17 Kenya Davis-Robinson	09	Monticello	15-06.00	-1.5
18 Emma Boswell	12	Nodaway Vall	15-03.50	-0.1
19 Melany Horan	09	Ridge View	15-03.50	-1.1
20 Olivia De Haan	09	Pella Christ	15-03.25	-0.4
21 Jaidyn Achenbach	12	Woodward-Gra	14-10.50	-1.2
22 Ella Howell	11	Columbus, CJ	14-10.00	-2.2
23 Katelynn Fagg	10	PCM, Monroe	14-10.00	-0.7
24 Elsa Kurrle	11	Cent Lyon	14-02.75	-0.5
--- Aleigha Ward	10	N Fayette Va	SCR	NWI
--- Teagan Chinander	09	Wilton	SCR	NWI
--- Brookelyn Jondle	11	Roland-Story	SCR	NWI
--- Madelynn Miller	09	Southeast Va	SCR	NWI
--- Ellie Bolluyt	12	Spirit Lake	SCR	NWI
--- Jasmine Bakker	10	Western Chri	SCR	NWI
--- Brielle Kruger	09	Waukon	SCR	NWI
--- Alena Wilson	11	Ogden	SCR	NWI
--- Lexi Fagg	12	PCM, Monroe	SCR	NWI
--- Kayley Ambrose	09	Underwood	SCR	NWI
--- Alexis Steil	12	Oelwein	SCR	NWI
--- Olivia Schnabel	12	OABCIG	SCR	NWI
--- Paysen Graden	10	Ogden	SCR	NWI
--- Alana Elmore	10	Chariton	SCR	NWI
--- Sabrina Valentin	11	Cherokee, Wa	SCR	NWI
--- Avery Hopp	10	Central Lee	SCR	NWI
--- Kaylee Moeller	09	Central Lee	SCR	NWI
--- Niã€™Aire Miller	11	Columbus Cat	SCR	NWI
--- Ally Batterson	09	Davis County	SCR	NWI

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## Results

## Finals ... (Girls Long Jump 2A)

Name	Yr	School	Finals
---	Aylah Johnson	09 Clarinda	SCR NWI
---	Ellie Bloom	11 Alta/Aurelia	SCR NWI
---	Julia Mostek	11 Aplntn-Parks	SCR NWI
---	Selah Helgeson	12 Roland-Story	SCR NWI
---	Amelia Goldbeck	09 Alburnett	SCR NWI
---	Addison Frake	12 Cascade	SCR NWI
---	Payden Hoffman	11 Centerville	SCR NWI
---	Bella Hagen	09 Camanche	SCR NWI
---	Laura Vargas	10 HM-Sanborn	SCR NWI
---	Macyn Loeb	10 Jesup	SCR NWI
---	Makenna Ebersole	11 Greene Count	SCR NWI
---	Kenzie Heeren	09 Grundy Cente	SCR NWI
---	Bellah Aquino	10 Manson NW We	SCR NWI
---	Brooklyn Landt	09 MFL MarMac	SCR NWI
---	Lexi Gilbert	11 KP-WC-RV	SCR NWI
---	Sadie Jager	11 Eddyvl-Blake	SCR NWI
---	Gracie White	10 Estherville-	SCR NWI
---	Bailey Mills-Payne	10 Denver	SCR NWI
---	Hayden Bredlow	10 Garner-Hay/V	SCR NWI
---	Elliana Fincham	12 Grand View C	SCR NWI
---	Isabel Weaver	09 Forest City	SCR NWI

## Girls Shot Put 2A

State Meet: 48-08.75 \* 5/19/2016 Kiana Phelps

All-Time: 53-03.50 ! 1992 Paulette Mitchell

Name	Yr	School	Finals
1	Lauren Travis	12 Spirit Lake	44-03.25 10
2	Morgan Divis	12 Hinton	41-00.50 8
3	Miya Schrock	11 Unity Chrst,	40-09.75 6
4	Hannah Schroeder	12 N Fayette Va	40-01.50 5
5	Delaney Mathews	12 Treynor	39-06.50 4
6	Jordyn Schmidt	11 Tipton	39-02.50 3
7	Rose Niewoehner	12 Crestwood	39-01.75 2
8	Halee Hauswirth	12 Pocahon Area	38-11.50 1
9	Luxi Coutu	11 Northeast, G	38-04.00
10	Tessa Skartvedt	11 S Hamilton	36-11.50
11	Kinslee Rings	11 New Hampton	36-07.75
12	Harper Pacha	12 Mid-Prairie,	36-03.00
13	Blythe Bucknell	11 Waukon	35-09.50
14	Isabella (Bella) Forbes	11 Columbus, CJ	35-08.75
15	Ava Moline	11 Manson NW We	35-08.00
16	Hannah Weiskamp	10 Garner-Hay/V	35-03.25
17	Sophia Palmer	10 Waukon	34-11.25
18	Sydney Sperry	09 Clarinda	34-05.75
19	Kyra Vander Pol	12 Western Chri	34-00.75
20	Emma Schumacher	11 Garner-Hay/V	33-10.75
21	Erin Richtsmeier	12 Grundy Cente	33-06.50
22	Bristol Albert	11 Cardinal, El	33-01.75
23	Taya Belloma	10 Centerville	32-07.00
24	McKenna Beck	10 Spirit Lake	30-06.50
---	Taylor Perkins	10 Pleasantvill	SCR
---	Scarlett Mosher	10 PCM, Monroe	SCR

---	Katelyn Berentschot	12 W Lyon, Inwo	SCR
---	Pravionna Petersen	09 Northeast, G	SCR
---	Brynn Kemmerer	09 W Marshall	SCR
---	Emma Walker	10 Panorama	SCR
---	Kaitlyn Ter Wee	11 W Lyon, Inwo	SCR
---	Dana Scholten	09 Unity Chrst,	SCR
---	Shannon Melody	12 South Cent C	SCR
---	Danika Pratt	11 Tipton	SCR
---	Elyse Winchell	12 Treynor	SCR
---	Adalee Klein	11 Regina, IC	SCR
---	Johannah Williams	11 Van Meter	SCR
---	Tristin Gorden	11 South Cent C	SCR
---	Marah Karaidos	10 Van Meter	SCR
---	Hope Ludwig	09 Crestwood	SCR
---	Myah VanLaningham	11 Davis County	SCR
---	Adylyn Petersen	11 Central Sprn	SCR
---	Hannah Worl	11 Clarinda	SCR
---	Madi Metz	11 Dike-NH	SCR
---	Miranda Gerdes	10 East Sac Cou	SCR
---	Reese Walker	10 Davis County	SCR
---	Crystal Bonafazi-King	12 Anamosa	SCR
---	Kasey Frommelt	10 Anamosa	SCR
---	Miley Geise	11 Roland-Story	SCR
---	Kenley Korthals	10 Cent Lyon	SCR
---	Aubrey Weber	12 Central Lee	SCR
---	Hadli Schultz	11 Camanche	SCR
---	Emee Himes-Luensman	11 Monticello	SCR
---	Kylee McElmeel	10 Monticello	SCR
---	Addison Schon	10 Kuemper Cath	SCR
---	Claire Schumacher	10 MVAOCOUC	SCR
---	Cora Steines	11 N Fayette Va	SCR
---	Grace Schaffer	11 MVAOCOUC	SCR
---	Jenna Dontje	12 Forest City	SCR
---	Ainsley Scott	10 Grundy Cente	SCR
---	Grace Nath	11 Estherville-	SCR
---	Serene Maxwell	09 I-35, Truro	SCR
---	Aubree Silvey	09 Ia Falls-Ald	SCR
---	Chelsea Oelke	09 Hinton	SCR

## Girls Discus Throw 2A

State Meet: 172-01 \* 5/20/2016 Kiana Phelps

All-Time: 179-07 ! 2014 Kiana Phelps

Name	Yr	School	Finals
1	Kasey Frommelt	10 Anamosa	140-05 10
2	Payton Harris	10 Mediapolis	137-07 8
3	Hannah Schroeder	12 N Fayette Va	134-03 6
4	Luxi Coutu	11 Northeast, G	126-03 5
5	Crystal Bonafazi-King	12 Anamosa	125-05 4
6	McKenna Beck	10 Spirit Lake	121-07 3
7	Harper Pacha	12 Mid-Prairie,	121-06 2
8	Blair Winter	09 MFL MarMac	120-08 1
9	Aubrey Weber	12 Central Lee	120-01
10	Lauren Travis	12 Spirit Lake	115-08
11	Jordyn Schmidt	11 Tipton	115-06

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## Finals ... (Girls Discus Throw 2A)

Name	Yr	School	Finals
12 Miley Geise	11	Roland-Story	110-08
13 Gabby Prevo	11	Davis County	109-06
14 Delaney Mathews	12	Treynor	108-09
15 Kyra Vander Pol	12	Western Chri	107-11
16 Morgan Divis	12	Hinton	105-09
17 Addison Schon	10	Kuemper Cath	102-10
18 Emma Kromminga	11	Monticello	102-10
19 Bristol Albert	11	Cardinal, El	102-02
20 Maddy Cooper	09	Osage	101-11
21 Daylea Tinklenberg	12	Unity Chrst,	94-07
22 Isla Steines	09	N Fayette Va	91-11
23 Daytona Ferrie	12	S Hamilton	91-02
--- Tristin Gorden	11	South Cent C	FOUL
--- Scarlett Mosher	10	PCM, Monroe	SCR
--- Ila Keuning	11	PCM, Monroe	SCR
--- Brylie Wagner	11	Osage	SCR
--- Gretta Gannon	09	Ogden	SCR
--- Emma Walker	10	Panorama	SCR
--- Kaitlyn Ter Wee	11	W Lyon, Inwo	SCR
--- Sophia Palmer	10	Waukon	SCR
--- Ella Wingert	11	Tri-Center	SCR
--- Lilly Wittmer	11	Shenandoah	SCR
--- Liz Young	10	Treynor	SCR
--- Jamie Jones	12	Sumner-Fredr	SCR
--- Bentley Blied	12	Western Chri	SCR
--- Harper McGraw	09	Pleasantvill	SCR
--- Taya Christie	10	W Lyon, Inwo	SCR
--- Miya Schrock	11	Unity Chrst,	SCR
--- Tessa Skartvedt	11	S Hamilton	SCR
--- Frances Deubner	11	Cherokee, Wa	SCR
--- Lea Charlson	10	Clarion-Gold	SCR
--- Eliah Hobbs	10	Chariton	SCR
--- Rose Niewoehner	12	Crestwood	SCR
--- Myah VanLaningham	11	Davis County	SCR
--- Kaylee McCullough	10	Columbus, CJ	SCR
--- Ella Gilchrist	10	Alburnett	SCR
--- Sophia Junker	10	ApIntn-Parks	SCR
--- Payton Curtis	12	Roland-Story	SCR
--- Adylyn Petersen	11	Central Sprn	SCR
--- Landry Hall	10	Chariton	SCR
--- Zaila Dahlstrom	12	Central Sprn	SCR
--- Ryley Marcum	12	MO Valley	SCR
--- Eme Himes-Luensman	11	Monticello	SCR
--- Ava Moline	11	Manson NW We	SCR
--- Skylar Wegener	12	Northeast, G	SCR
--- Breah Harms	10	OABCIG	SCR
--- Grace Schaffer	11	MVAOCOUC	SCR
--- Hanna Fouch	10	Greene Count	SCR
--- Ella Brekunitich	10	Grundy Cente	SCR
--- Sloan Rodemeyer	11	Emmetsburg	SCR
--- Haley Hiemstra	09	KP-WC-RV	SCR
--- Addison Stecher	12	Louisa-Musc	SCR
--- Ashley Chasteen	11	Hinton	SCR

## Girls 100 Meter Dash 3A

State Meet: 11.81 \* 5/22/2025 Kelly Grobstich

All-Time: 11.49 ! 2018 Syndey Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Kaleigh Tooker	12	MOC-FV	12.14q-0.3
2 Mylee Stiefel	12	Burlington	12.16q-0.3
3 Aiden Gosselink	12	Grinnell	12.23q 0.3
4 Natalie Johnson	12	Algona	12.28q 0.3
5 CaliAna Whitaker	12	Mt Vernon	12.30q 0.3
6 Abby Cave	12	Marion	12.35q-0.3
7 Treasure Moore	12	Perry	12.39q 0.3
8 Jaedyn Moore	11	Washington	12.47q 0.3
9 Stellah Van Aernam	11	Atlantic	12.49 -0.3
10 Stella Hietbrink	10	Sioux Center	12.58 -0.2
11 Alex Scott	12	Mt Pleasant	12.59 -0.2
12 Shannon Cleary	12	Bishop Heela	12.60 -0.2
13 Cassandra Stammeyer	10	Decorah	12.63 -0.2
14 Kamry Trine	11	Pella	12.69 -0.3
15 Lauren Clarke	12	Newton	12.70 -0.2
16 Taylor Franck	12	Mt Vernon	12.72 -0.3
17 Lila Wiederstein	12	Atlantic	12.79 0.3
18 Scout Ridout	10	South Tama	12.83 0.3
19 Kyia Clark	12	Denison-Schl	12.87 -0.2
20 Kendra Nolton	11	Grinnell	12.95 0.3
21 Jaiden Uhl	11	North Polk	12.99 -0.3
22 Kiersten TeBockhorst	09	Independence	13.05 -0.2
23 Kaelyn Schmidt	09	Sioux Center	13.21 -0.3
24 Alley Graber	12	Western Dub	13.22 -0.2

## Girls 100 Meter Dash 3A

State Meet: 11.81 \* 5/22/2025 Kelly Grobstich

All-Time: 11.49 ! 2018 Syndey Milani

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaleigh Tooker	12	MOC-FV	12.00 10
2 Mylee Stiefel	12	Burlington	12.01 8
3 Aiden Gosselink	12	Grinnell	12.12 6
4 Natalie Johnson	12	Algona	12.16 5
5 Treasure Moore	12	Perry	12.21 4
6 Jaedyn Moore	11	Washington	12.26 3
7 CaliAna Whitaker	12	Mt Vernon	12.27 2
8 Abby Cave	12	Marion	12.53 1

## Girls 200 Meter Dash 3A

State Meet: 24.32 \* 5/24/2025 Kelly Grobstich

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 CaliAna Whitaker	12	Mt Vernon	24.45q 1.1
2 Aiden Gosselink	12	Grinnell	24.46q 3.3
3 Abby Cave	12	Marion	24.84q 3.3

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Preliminaries ... (Girls 200 Meter Dash 3A)

Name	Yr	School	Prelims
4 Mylee Stiefel	12	Burlington	24.90q 1.3
5 Kaleigh Tooker	12	MOC-FV	25.09q 1.1
6 Lizzie Neumann	12	Pella	25.09q 3.3
7 Haley Williams	11	Western Dub	25.10q 1.3
8 Lauren Clarke	12	Newton	25.12q 3.3
9 Stellah Van Aernam	11	Atlantic	25.15 3.3
10 Isabelle Book	11	ADM, Adel	25.20 1.1
11 Jaedyn Moore	11	Washington	25.25 1.3
12 Claire Brosius	10	Wahlert, Dub	25.36 1.3
13 Treasure Moore	12	Perry	25.45 1.1
14 Natalie Johnson	12	Algona	25.58 1.1
15 Cora Smith	10	Creston	25.70 3.3
16 Cat Wedeking	12	Waverly-SR	25.81 1.1
17 Stella Pole	12	Decorah	25.92 3.3
18 Scout Ridout	10	South Tama	25.94 1.3
19 Kyia Clark	12	Denison-Schl	26.00 1.1
20 Monah Kyne	12	DSM, Hoover	26.08 3.3
21 Isabel Grossoehme	11	Webster City	26.17 1.3
22 Elizabeth Timmerman	12	Clear Crk-Am	26.22 1.1
23 Olivia Neal	12	Xavier, CR	26.50 1.3
24 Braeleigh Hass	09	Atlantic	26.56 1.3

## Girls 200 Meter Dash 3A

State Meet: 24.32 \* 5/24/2025 Kelly Grobstich

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Finals
1 CaliAna Whitaker	12	Mt Vernon	24.44 10
2 Aiden Gosselink	12	Grinnell	24.45 8
3 Mylee Stiefel	12	Burlington	24.92 6
4 Haley Williams	11	Western Dub	25.15 5
5 Kaleigh Tooker	12	MOC-FV	25.22 4
6 Lizzie Neumann	12	Pella	25.39 3
7 Lauren Clarke	12	Newton	25.70 2
8 Abby Cave	12	Marion	25.80 1

## Girls 400 Meter Dash 3A

State Meet: 54.56 \* 2022 Audrey Biermann

All-Time: 52.90 ! 2018 Sydney Milani

Name	Yr	School	Finals
1 CaliAna Whitaker	12	Mt Vernon	55.51 10
2 Ava Hocker	11	Williamsburg	55.53 8
3 Avery Bitker	12	Sioux Center	56.83 6
4 Tierney Carter	12	Oskaloosa	57.29 5
5 Avery Fedler	09	Mt Pleasant	57.56 4
6 Cora Smith	10	Creston	57.77 3
7 Julia Heslink	09	Harlan	58.32 2
8 Jerzey Haluska	11	Solon	58.47 1
9 Brinkley Strickland	11	Bond-Farrar	58.61
10 Isabel Grossoehme	11	Webster City	59.09
11 Caitlin Hebel	12	Glenwood	59.62
12 Charley Huebner	11	Fort Madison	59.76

13 Macy Laug	09	Grinnell	1:00.15
14 Sara Petsche	10	Western Dub	1:00.26
15 Cora Widel	12	Maquoketa	1:00.96
16 Avery Case	11	Marion	1:01.07
17 Lily Myers	11	Perry	1:01.21
18 Ali Wethal	10	Wahlert, Dub	1:01.38
19 Briella Johnson	09	Boone	1:01.49
20 Bryn Paulsen	10	Pella	1:01.85
21 Emma Miller	11	DSM, Hoover	1:02.18
22 Livia Morse	09	ADM, Adel	1:02.19
23 Regan Reeg	12	Independence	1:02.64
24 Madison Kvidera	11	SB-Luton	1:04.21
--- Kamdyn Bitker	09	Sioux Center	SCR
--- Mariella Guerra	12	Assumption	SCR
--- Cate Erickson	11	Perry	SCR
--- Alice Rice	09	Oskaloosa	SCR
--- Carleigh Altwine	10	Pella	SCR
--- Aubrey Noring	10	ADM, Adel	SCR
--- Sarah Stevens	10	SB-Luton	SCR
--- Cameo Burgess	12	Waverly-SR	SCR
--- Cora Garbes	09	Waverly-SR	SCR
--- Sawyer Manz	09	Washington	SCR
--- Kaylin Becker	11	Williamsburg	SCR
--- Clara Smit	11	DSM Christia	SCR
--- Anna Town	09	DSM Christia	SCR
--- Nicole Griffin	10	Spencer	SCR
--- Addison Stuckey	12	Spencer	SCR
--- Jillian Elijah	12	Solon	SCR
--- Clare Wellik	09	Wahlert, Dub	SCR
--- Ruby Dolan	10	W Delaware	SCR
--- Kaitlyn Dear	12	Gilbert	SCR
--- Katelyn Harms	11	Glenwood	SCR
--- Ava Verhalen	11	Clear Lake	SCR
--- Audriana Lockett	09	Charles City	SCR
--- Laila Pedicini	10	Knoxville	SCR
--- Sienna Stiltner	11	Clear Crk-Am	SCR
--- Mahraz Murphy	09	Decorah	SCR
--- Melanie Lake	09	Western Dub	SCR
--- Eva Hurley	10	Decorah	SCR
--- Esther Gnann	11	Fort Madison	SCR
--- Kaitlyn Beck	11	CPU	SCR
--- Allison Kuhn	09	Ballard	SCR
--- Addison Good	12	Nevada	SCR
--- Annabelle Smith	10	Mt Vernon	SCR
--- Sophia Bouchard	10	North Polk	SCR
--- Peyton Dirks	10	North Polk	SCR
--- Isla Martin	11	Nevada	SCR
--- Jayden Kluver	11	LeMars	SCR
--- Bethany Guertin	12	Bond-Farrar	SCR
--- Megan Jeneary	11	LeMars	SCR
--- Lindsay Hart	09	Mt Pleasant	SCR
--- Rylee Bries	09	Benton Comm	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Girls 800 Meter Run 3A

State Meet: 2:07.51 \* 5/21/2016 Joy Ripslinger

All-Time: 2:06.52 ! 2021 Ainsley Erzen

Name	Yr	School	Finals
<b>Finals</b>			
1 Evelyn Moeller	11	Mt Vernon	2:11.46 10
1:04.920 (1:04.920)		2:11.456 (1:06.536)	
2 Avery Fedler	09	Mt Pleasant	2:11.47 8
1:02.122 (1:02.122)		2:11.469 (1:09.348)	
3 Audrina Jones	11	Sioux Center	2:12.23 6
1:05.255 (1:05.255)		2:12.229 (1:06.975)	
4 Natalie Anderson	11	MOC-FV	2:13.23 5
1:05.575 (1:05.575)		2:13.226 (1:07.651)	
5 Elyse Erzen	10	DSM Christia	2:14.17 4
1:02.147 (1:02.147)		2:14.169 (1:12.022)	
6 Brinkley Strickland	11	Bond-Farrar	2:14.44 3
1:03.750 (1:03.750)		2:14.436 (1:10.686)	
7 Natalie Hackman	10	Maquoketa	2:15.59 2
1:05.949 (1:05.949)		2:15.589 (1:09.640)	
8 Aaliyah Causey	10	CPU	2:15.95 1
1:04.193 (1:04.193)		2:15.949 (1:11.756)	
9 Elizabeth VandeVoort	10	Pella	2:16.02
1:05.557 (1:05.557)		2:16.012 (1:10.455)	
10 Tierney Carter	12	Oskaloosa	2:16.18
1:05.740 (1:05.740)		2:16.174 (1:10.435)	
11 Addison Dabroski	12	Marion	2:16.26
1:05.868 (1:05.868)		2:16.251 (1:10.383)	
12 Kolby Oldenkamp	12	Sioux Center	2:17.55
1:05.037 (1:05.037)		2:17.543 (1:12.507)	
13 Mallory Back	10	Winterset	2:18.63
1:07.036 (1:07.036)		2:18.627 (1:11.591)	
14 Iris Dahl	12	Washington	2:18.64
1:06.393 (1:06.393)		2:18.635 (1:12.243)	
15 Lucy Lueken	11	Wahlert, Dub	2:18.89
1:04.654 (1:04.654)		2:18.884 (1:14.231)	
16 Macy Knapp	12	Algona	2:19.41
1:04.846 (1:04.846)		2:19.406 (1:14.560)	
17 Erica Vos	10	Pella	2:19.59
1:06.002 (1:06.002)		2:19.581 (1:13.580)	
18 Keira Andersen	12	Gilbert	2:20.39
1:05.023 (1:05.023)		2:20.384 (1:15.362)	
19 Caroline Rupe	11	Mt Vernon	2:25.47
1:06.990 (1:06.990)		2:25.467 (1:18.478)	
20 Saylor Schmitt	11	Clear Lake	2:26.10
1:07.423 (1:07.423)		2:26.091 (1:18.669)	
21 Haylee Hughes	12	Glenwood	2:27.90
1:06.868 (1:06.868)		2:27.897 (1:21.030)	
22 Brynn Malo	12	Humboldt	2:28.14
1:08.445 (1:08.445)		2:28.135 (1:19.690)	
23 Emerson Dabroski	09	Marion	2:32.26
1:07.338 (1:07.338)		2:32.257 (1:24.919)	
24 Falyn Svalstad	11	Solon	2:33.26
1:08.725 (1:08.725)		2:33.256 (1:24.531)	
--- Alivia Kingery	11	Newton	SCR

--- Hannah Haaland	12	North Polk	SCR
--- Abigail Woodard	10	Nevada	SCR
--- Ella Walter	11	Oskaloosa	SCR
--- Amelia Kelsick	09	North Polk	SCR
--- Kora Miller	09	Washington	SCR
--- Regan Pries	10	Waverly-SR	SCR
--- Ella Rohner	11	Wahlert, Dub	SCR
--- Channing Becker	10	Williamsburg	SCR
--- Klaire Seidler	11	Winterset	SCR
--- Edie Axmear	11	Williamsburg	SCR
--- Hailey Cue	11	Denison-Schl	SCR
--- Layla Shipley	12	Solon	SCR
--- Peyton Brester	11	SB-Luton	SCR
--- Charly Lynch	11	W Delaware	SCR
--- Emily Schmidt	11	Spencer	SCR
--- Lauren Good	10	Clear Lake	SCR
--- Penny Cardo	09	CPU	SCR
--- Leah Litterer	09	Charles City	SCR
--- Olivia Volkmann	11	Decorah	SCR
--- Evelyn Coyle	09	Western Dub	SCR
--- Eva Hurley	10	Decorah	SCR
--- Raya Miller	11	Ballard	SCR
--- Emma King	10	Benton Comm	SCR
--- Kya Hermann	11	Ballard	SCR
--- Kaitlyn Hickman	09	Atlantic	SCR
--- Reagan Morgan	09	Boone	SCR
--- Autumn Harter	11	Bond-Farrar	SCR
--- Alexa Williams	11	ADM, Adel	SCR
--- Rachel Haverdink	12	MOC-FV	SCR
--- Eva Kass	10	LeMars	SCR
--- Monroe James	11	Mt Pleasant	SCR
--- Sienna Stec	11	DSM Christia	SCR
--- Alaina Nelson	12	ADM, Adel	SCR
--- Madisyn Griffin	09	Fort Madison	SCR
--- McKayla Schinstock	12	Fort Madison	SCR
--- Rachael Weber	11	Western Dub	SCR
--- Julia Heslink	09	Harlan	SCR
--- Macey Rodgers	11	Humboldt	SCR
--- Lucy Lindberg	11	Grinnell	SCR

## Girls 1500 Meter Run 3A

State Meet: 4:28.80 \* 5/20/2023 Paityn Noe

All-Time: 4:25.32 ! 5/18/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1 Evelyn Moeller	11	Mt Vernon	4:28.07* 10
51.998 (51.998)		2:03.328 (1:11.331)	3:16.549 (1:13.221)
4:28.070 (1:11.521)			
2 Natalie Anderson	11	MOC-FV	4:34.22 8
53.195 (53.195)		2:08.434 (1:15.239)	3:23.417 (1:14.984)
4:34.216 (1:10.800)			
3 Elyse Erzen	10	DSM Christia	4:34.33 6
52.807 (52.807)		2:05.978 (1:13.171)	3:22.315 (1:16.337)
4:34.326 (1:12.012)			



## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Girls 3000 Meter Run 3A

State Meet: 9:38.82 \* 5/18/2023 Paityn Noe

All-Time: 9:23.60 ! 4/25/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1 Evelyn Moeller	11	Mt Vernon	9:27.31* 10
35.547 (35.547)	1:53.400 (1:17.854)	3:10.492 (1:17.092)	
4:26.746 (1:16.254)	5:42.572 (1:15.826)	6:59.338 (1:16.767)	
8:14.991 (1:15.654)	9:27.307 (1:12.316)		
2 Elsie Brennehan	11	Pella	9:41.48 8
35.956 (35.956)	1:53.901 (1:17.946)	3:11.436 (1:17.535)	
4:28.886 (1:17.451)	5:46.999 (1:18.113)	7:05.596 (1:18.597)	
8:24.468 (1:18.872)	9:41.471 (1:17.004)		
3 Marissa Ferebee	12	Pella	9:49.14 6
35.729 (35.729)	1:53.263 (1:17.534)	3:10.753 (1:17.490)	
4:27.617 (1:16.865)	5:46.690 (1:19.073)	7:06.955 (1:20.265)	
8:29.220 (1:22.265)	9:49.132 (1:19.913)		
4 Natalie Anderson	11	MOC-FV	9:56.01 5
36.432 (36.432)	1:54.956 (1:18.524)	3:13.600 (1:18.645)	
4:33.629 (1:20.029)	5:56.986 (1:23.358)	7:20.784 (1:23.798)	
8:43.120 (1:22.336)	9:56.006 (1:12.886)		
5 Elyse Erzen	10	DSM Christia	9:56.56 4
36.134 (36.134)	1:53.992 (1:17.858)	3:11.707 (1:17.716)	
4:30.071 (1:18.364)	5:51.778 (1:21.708)	7:16.384 (1:24.606)	
8:40.108 (1:23.724)	9:56.555 (1:16.447)		
6 Avery Rump	12	Fort Madison	10:04.74 3
35.501 (35.501)	1:53.594 (1:18.094)	3:11.312 (1:17.718)	
4:31.363 (1:20.052)	5:55.025 (1:23.662)	7:19.842 (1:24.818)	
8:44.453 (1:24.611)	10:04.733 (1:20.281)		
7 Lucy Murphy	12	Wahlert, Dub	10:15.90 2
36.500 (36.500)	1:56.720 (1:20.221)	3:17.025 (1:20.305)	
4:39.873 (1:22.849)	6:04.120 (1:24.247)	7:29.586 (1:25.467)	
8:55.604 (1:26.018)	10:15.898 (1:20.294)		
8 Grace Berglund	11	Glenwood	10:20.62 1
35.875 (35.875)	1:54.326 (1:18.452)	3:14.132 (1:19.807)	
4:37.722 (1:23.590)	6:03.245 (1:25.523)	7:29.297 (1:26.052)	
8:55.433 (1:26.136)	10:20.620 (1:25.187)		
9 Ashlyn Appleby	10	Central DeWi	10:29.37
36.468 (36.468)	1:58.217 (1:21.749)	3:22.042 (1:23.826)	
4:47.778 (1:25.737)	6:14.860 (1:27.082)	7:43.380 (1:28.520)	
9:10.910 (1:27.530)	10:29.369 (1:18.460)		
10 Alison Seidl	09	Clear Crk-Am	10:32.08
38.322 (38.322)	2:02.928 (1:24.606)	3:28.313 (1:25.386)	
4:55.373 (1:27.060)	6:22.286 (1:26.913)	7:50.155 (1:27.870)	
9:15.020 (1:24.865)	10:32.078 (1:17.059)		
11 Avery Fisher	10	Humboldt	10:39.82
37.982 (37.982)	2:00.637 (1:22.656)	3:26.471 (1:25.835)	
4:54.528 (1:28.058)	6:23.282 (1:28.754)	7:52.801 (1:29.520)	
9:20.665 (1:27.864)	10:39.819 (1:19.155)		
12 Aubry Fisher	10	Humboldt	10:44.84
37.577 (37.577)	2:00.183 (1:22.607)	3:27.056 (1:26.873)	
4:55.018 (1:27.963)	6:23.588 (1:28.571)	7:53.709 (1:30.121)	
9:23.843 (1:30.135)	10:44.837 (1:20.994)		

13 Ava Hope	10	Winterset	10:45.90
36.716 (36.716)	1:58.606 (1:21.890)	3:25.484 (1:26.879)	
4:53.223 (1:27.739)	6:21.313 (1:28.090)	7:51.476 (1:30.164)	
9:22.469 (1:30.993)	10:45.893 (1:23.425)		
14 Addison Bertrand	12	Bishop Heela	10:52.11
36.655 (36.655)	1:58.406 (1:21.752)	3:24.575 (1:26.169)	
4:53.531 (1:28.956)	6:23.671 (1:30.141)	7:57.366 (1:33.695)	
9:31.246 (1:33.880)	10:52.110 (1:20.864)		
15 Alexis Sorensen	11	Newton	10:52.35
37.655 (37.655)	2:01.135 (1:23.480)	3:26.205 (1:25.070)	
4:53.828 (1:27.624)	6:23.014 (1:29.186)	7:54.253 (1:31.239)	
9:24.735 (1:30.483)	10:52.350 (1:27.615)		
16 Morgan Back	12	Winterset	10:56.11
36.124 (36.124)	1:57.674 (1:21.550)	3:23.423 (1:25.750)	
4:52.889 (1:29.467)	6:22.161 (1:29.273)	7:52.951 (1:30.790)	
9:25.435 (1:32.484)	10:56.109 (1:30.674)		
17 Silvia Kampbell	12	Storm Lake	10:56.71
36.290 (36.290)	1:58.053 (1:21.764)	3:24.464 (1:26.411)	
4:54.162 (1:29.699)	6:25.930 (1:31.768)	8:01.511 (1:35.582)	
9:34.343 (1:32.832)	10:56.706 (1:22.364)		
18 Emma Horak	11	Washington	11:02.15
36.899 (36.899)	1:59.892 (1:22.994)	3:28.050 (1:28.158)	
4:57.110 (1:29.060)	6:29.604 (1:32.494)	8:02.678 (1:33.074)	
9:35.227 (1:32.550)	11:02.148 (1:26.921)		
19 Quintrie Lee	10	Mt Pleasant	11:07.79
37.031 (37.031)	2:00.405 (1:23.375)	3:29.575 (1:29.170)	
5:00.516 (1:30.942)	6:31.794 (1:31.278)	8:04.353 (1:32.559)	
9:37.704 (1:33.351)	11:07.782 (1:30.079)		
20 Meryl Casady	12	DSM Christia	11:12.47
37.966 (37.966)	2:03.105 (1:25.140)	3:35.051 (1:31.946)	
5:05.877 (1:30.827)	6:39.793 (1:33.916)	8:14.227 (1:34.435)	
9:48.466 (1:34.239)	11:12.468 (1:24.002)		
21 Audrey Muckler	10	Newton	11:14.41
37.318 (37.318)	2:00.928 (1:23.610)	3:28.355 (1:27.428)	
4:58.690 (1:30.335)	6:32.869 (1:34.179)	8:09.351 (1:36.483)	
9:45.075 (1:35.724)	11:14.406 (1:29.332)		
22 MacKenzy Valley	10	Hampton-Dumo	11:14.45
35.526 (35.526)	1:56.395 (1:20.869)	3:24.874 (1:28.480)	
4:55.376 (1:30.502)	6:29.878 (1:34.502)	8:06.227 (1:36.350)	
9:46.150 (1:39.924)	11:14.445 (1:28.295)		
23 Cora Smith	12	Mt Vernon	11:26.89
37.732 (37.732)	2:03.910 (1:26.178)	3:33.430 (1:29.521)	
5:06.468 (1:33.038)	6:42.103 (1:35.635)	8:17.213 (1:35.110)	
9:53.016 (1:35.803)	11:26.881 (1:33.866)		
--- Izzy Hardin	12	Maquoketa	DNF
36.042 (36.042)	1:53.614 (1:17.572)	3:11.059 (1:17.446)	
4:32.018 (1:20.959)			
--- Karley Mattes	11	ADM, Adel	SCR
--- Katelyn Volesky	09	North Polk	SCR
--- Huxley Powers	09	North Polk	SCR
--- Kate McBurney	10	Oskaloosa	SCR
--- Ava Morey	11	Spencer	SCR
--- Jeanne Bardgett	10	W Delaware	SCR
--- Liv Nelson	10	Solon	SCR

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results**

--- Taylor Sikora 11 Waverly-SR SCR

**Finals ... (Girls 3000 Meter Run 3A)**

Name	Yr	School	Finals
--- Ella Kleinmeyer	10	Williamsburg	SCR
--- Willa Berning	11	Wahlert, Dub	SCR
--- Claire Prendergast	11	Saydel	SCR
--- Claire Fiegel	10	SB-Luton	SCR
--- Avery Lenaghan	11	ADM, Adel	SCR
--- Kylee Wielenga	11	Sioux Center	SCR
--- Charlotta Dean	10	Sioux Center	SCR
--- Simone Downing	10	Decorah	SCR
--- Deborah Hougen	12	Decorah	SCR
--- Maci Kindschi	10	CPU	SCR
--- Ava Clemen	11	Western Dub	SCR
--- Jordyn Marshall	10	Fort Madison	SCR
--- Aubrey Bussan-Kluesner	09	Western Dub	SCR
--- Mirabel Abraham	09	Carroll	SCR
--- Izzy Oman	10	Clear Lake	SCR
--- Tahlia Hahn	12	Carroll	SCR
--- Avanti Dunn	11	CPU	SCR
--- Claire Rasmuson	10	Clear Lake	SCR
--- Nicole Schultz	12	Knoxville	SCR
--- Elise Moore	12	Marion	SCR
--- Kailyn Fitch	10	Bishop Heela	SCR
--- Abigail Woodard	10	Nevada	SCR
--- Sydney Sage	10	Ballard	SCR
--- Alexis Bleich	09	Gilbert	SCR
--- Brooklyn Nelson	10	Gilbert	SCR
--- Lacey Beller	11	Carlisle	SCR
--- Autumn Newman	11	Glenwood	SCR
--- Caelyn Wipperman	11	Bond-Farrar	SCR

**Girls 100 Meter Hurdles 3A**

State Meet: 14.39 \* 5/20/2023 Jerra Merchant

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Elise Coghlan	12 ADM, Adel	14.48q 0.3
2	Scout Ridout	10 South Tama	15.08q -1.1
3	Aubrey Johnson	09 Gilbert	15.08q -0.8
4	Rena Wilson	12 Decorah	15.09q -0.8
5	Addilyn Scheetz	10 Clear Crk-Am	15.14q -1.1
6	Avery Schmitz	11 W Delaware	15.18q 0.3
7	Kiersten TeBockhorst	09 Independence	15.29q -0.8
8	Haley Nelson	12 ADM, Adel	15.33q 0.3
9	Olivia Neal	12 Xavier, CR	15.40 0.3
10	Ali Weiser	11 North Polk	15.44 0.3
11	Amalia Djoumessi	10 Waverly-SR	15.49 0.3
12	Reese Wagner	11 North Polk	15.58 -1.1
13	Tori White	12 Newton	15.65 0.3
14	Makiya Culbertson	10 Ballard	15.83 -0.8
15	Claire Susemihl	12 LeMars	15.95 -1.1
16	Adelyn Stien	10 CPU	16.01 -1.1
17	Jovi Vroegh	10 Bond-Farrar	16.03 -1.1
18	Mack Sims	12 Newton	16.07 -0.8

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19	Jayci Reed	12	Atlantic	16.11	-1.1
20	Sophia Calpito	11	Charles City	16.27	-0.8
21	Megan Hughes	11	Glenwood	16.35	-0.8
22	Lorelei Christensen	09	West Liberty	16.44	-1.1
23	Alaya Carr	11	Keokuk	16.62	-0.8
24	Maggie Verschuure	12	MOC-FV	16.81	0.3

## Girls 100 Meter Hurdles 3A

State Meet: 14.39 \* 5/20/2023 Jerra Merchant

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Finals
<b>Finals</b>			
1	Elise Coghlan	12 ADM, Adel	14.20* 10
2	Renae Wilson	12 Decorah	14.69 8
3	Scout Ridout	10 South Tama	14.74 6
4	Aubrey Johnson	09 Gilbert	14.86 5
5	Kiersten TeBockhorst	09 Independence	14.93 4
6	Addilyn Scheetz	10 Clear Crk-Am	14.97 3
7	Avery Schmitz	11 W Delaware	15.08 2
8	Haley Nelson	12 ADM, Adel	15.16 1

## Girls 400 Meter Hurdles 3A

State Meet: 59.83 \* 5/17/2024 Reese Brownlee

All-Time: 57.30 ! 1975 Debbie Esser

Name	Yr	School	Finals
<b>Finals</b>			
1	Ava Hocker	11 Williamsburg	1:00.46 10
2	Elise Coghlan	12 ADM, Adel	1:02.82 8
3	Tierney Carter	12 Oskaloosa	1:03.86 6
4	Leighton Messinger	12 Washington	1:04.65 5
5	Addison Dabroski	12 Marion	1:05.06 4
6	Lily Myers	11 Perry	1:06.60 3
7	Keston Spratt	11 Williamsburg	1:06.67 2
8	Norah Peyton	12 W Delaware	1:06.85 1
9	Lucy Simington	11 Spencer	1:06.93
10	Kiersten Swart	12 Mt Vernon	1:07.17
11	Mack Sims	12 Newton	1:07.22
12	Sienna Fehr	11 Algona	1:07.28
13	Clara Uthe	09 ADM, Adel	1:07.36
14	Anna Embretson	10 Benton Comm	1:07.51
15	Sorell Telecky	10 Mt Vernon	1:07.53
16	Brooklyn Shoen	09 Ballard	1:08.77
17	Destiny Riesselman	09 Carroll	1:09.26
18	Mya Fordice	11 Solon	1:09.44
19	Sophia Calpito	11 Charles City	1:09.54
20	Raelyn Newhouse	10 Decorah	1:09.86
21	Kyla Barnes	11 Pella	1:09.88
22	Paisley Wilberts	09 Gilbert	1:10.28
23	Sara Petsche	10 Western Dub	1:11.27
---	Caroline Freed	11 Wahlert, Dub	DQ
---	Malia McHugh	09 SB-Luton	SCR
---	Luella Weispfenning	12 Saydel	SCR
---	Adler Bruce	12 Atlantic	SCR
---	Kennedy Wright	11 Oskaloosa	SCR
---	Elizabeth Demuth	09 Pella	SCR

## Finals ... (Girls 400 Meter Hurdles 3A)

Name	Yr	School	Finals
---	Ayla Demuth	09 Waverly-SR	SCR
---	Tessa Hansen	09 Webster City	SCR
---	Brynnlee Flynn	09 Washington	SCR
---	Madelyn Nordstrom	11 Winterset	SCR
---	Lorelei Christensen	09 West Liberty	SCR
---	Trea Eidahl	12 Solon	SCR
---	Aislinn Bruhn	09 Sioux Center	SCR
---	Berkley Lynch	09 W Delaware	SCR
---	Katie Eilts	11 Spencer	SCR
---	Lauren Holthaus	12 Decorah	SCR
---	Zoey Schmit	12 DSM, Hoover	SCR
---	Deni Katcher	12 CPU	SCR
---	Lyla Smith	10 Fort Madison	SCR
---	Kasey Hilsabeck	10 Glenwood	SCR
---	Ahsha Kluesner	10 Western Dub	SCR
---	Chloe Roling	10 Carlisle	SCR
---	Marie Klostermann	11 Central DeWi	SCR
---	Avah Hayes	12 Boone	SCR
---	Finlee Jeppeson	09 Clear Lake	SCR
---	Josie Schlichting	11 Clear Lake	SCR
---	Sienna Stiltner	11 Clear Crk-Am	SCR
---	Katrina Williams	12 Atlantic	SCR
---	Meadow Carter	12 Mt Pleasant	SCR
---	Justice Armbruster	12 Maquoketa	SCR
---	MaKarra Budinich	10 Newton	SCR
---	Brinn Sage	10 North Polk	SCR
---	Linzy Striegel	11 Mt Pleasant	SCR
---	Aspen Bieker	10 Harlan	SCR
---	Abbie Keitges	11 Knoxville	SCR
---	Emileigh Petersen	09 Glenwood	SCR
---	Sadie Meyer	10 LeMars	SCR
---	Cheyenne Grause	10 LeMars	SCR

## Girls 4x100 Meter Relay 3A

State Meet: 47.87 \* 5/17/2024 Western Dubuque

A Goins, A Ramler, C Stuntz, B Walters

All-Time: 46.66 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Prelims
<b>Preliminaries</b>		
1	ADM, Adel	1 48.12q
	1) Haley Nelson 12	2) Isabelle Book 11
	3) Brecken Morse 12	4) Peyton Standley 12
2	Wahlert, Dub	1 48.19q
	1) Madison Brandenburg 10	2) Karyn Ellis 12
	3) Claire Ludovissy 10	4) Karley Belken 12
3	Mt Pleasant	1 48.40q
	1) Kynlee White 12	2) Alex Scott 12
	3) Taylor Williamson 10	4) Delaney Anderson 09
4	Decorah	1 48.51q
	1) Audrey Essa 11	2) Cassandra Stammeyer 10
	3) Ava Holthaus 12	4) Stella Pole 12

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5	Grinnell	1	48.65q
	1) Kendra Nolton 11	2) Alyssa Flander 12	
	3) Haydlee Harter 09	4) Aiden Gosselink 12	
6	Clear Crk-Amana	1	48.78q
	1) Anna Johnson 12	2) Thea Nelson 11	
	3) Elizabeth Timmerman 12	4) Addilyn Scheetz 10	
7	Western Dubuque	1	48.83q
	1) Alley Graber 12	2) Macy Kalb 12	
	3) Leah Steger 12	4) Haley Williams 11	
8	Bishop Heelan	1	48.93q
	1) Jaida Douch 12	2) Ali Schermerhorn 09	
	3) Lillian Wooten 10	4) Shannon Cleary 12	
9	Gilbert	1	48.99
	1) Kayla Rash 11	2) Keaton Hanson 12	
	3) Madeline Olswing 09	4) Aubrey Johnson 09	
10	Atlantic	1	49.14
	1) Lila Wiederstein 12	2) Jayci Reed 12	
	3) Allison Middents 11	4) Stellah Van Aernam 11	
11	Spencer	1	49.60
	1) Brooklyn Reynolds 09	2) Sydnee Hopkins 12	
	3) Jolie Robbins 10	4) Mercedes Krieg 11	
12	Pella	1	49.75
	1) Abigail Melvin 12	2) Haylie DeVries 10	
	3) Bray-Lynne VanZante 11	4) Kamry Trine 11	
13	W Delaware	1	49.76
	1) Natalie Mensen 12	2) Lauren LeClere 12	
	3) Avery Schmitz 11	4) Anna O'Rear 12	
14	Waverly-SR	1	49.84
	1) Delilah Kroymann 12	2) Ella Wilker 09	
	3) Lauren Muntefering 10	4) Cat Wedeking 12	
15	Creston	1	50.01
	1) Avery Staver 12	2) Cora Smith 10	
	3) Kadley Bailey 12	4) Braylee Pokorny 12	
16	Sioux Center	1	50.01
	1) Stella Hietbrink 10	2) Courtney Schmidt 12	
	3) Taylor Holverson 11	4) Kaelyn Schmidt 09	
17	Algona	1	50.06
	1) Lillian Allie 11	2) Maya Lentz 11	
	3) Alissa Engel 11	4) Natalie Johnson 12	
18	Clear Lake	1	50.12
	1) Lillian Moran 10	2) Ella Landau 11	
	3) Taylor Schwenn 11	4) Lauren Englin 12	
19	Solon	1	50.16
	1) Piper Stahle 12	2) Marin Ashbacker 12	
	3) Elynn Hemann 09	4) Sydney Kunkel 10	
20	Newton	1	50.35
	1) Brooklynn Britton 11	2) Camryn Klein 10	
	3) Ashlyn Karsten 10	4) Lauren Clarke 12	
21	LeMars	1	50.46
	1) Claire Susemihl 12	2) Kenzie Niehus 11	
	3) Tessa Iverson 11	4) Kinnick Leusink 09	
22	Williamsburg	1	50.70
	1) Evelyn Carter 09	2) Gabriella Dayton 09	
	3) Graceyn Uhlmann 11	4) Tenley Sanchez 09	

## Preliminaries ... (Girls 4x100 Meter Relay 3A)

Team	Relay	Prelims
23	South Tama	1 50.94
	1) Brylee Nelson 10	2) Scout Ridout 10
	3) Sydney Arp 10	4) Maylee Rucker 10
24	North Polk	1 51.45
	1) Carrigan Rasmussen 10	2) Reese Wagner 11
	3) Frankie Huether 11	4) Jaiden Uhl 11

## Girls 4x100 Meter Relay 3A

State Meet: 47.87 \* 5/17/2024 Western Dubuque

A Goins, A Ramler, C Stuntz, B Walters

All-Time: 46.66 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Finals
1	ADM, Adel	1 48.24 10
	1) Haley Nelson 12	2) Isabelle Book 11
	3) Brecken Morse 12	4) Peyton Standley 12
2	Decorah	1 48.55 8
	1) Audrey Essa 11	2) Cassandra Stammeyer 10
	3) Ava Holthaus 12	4) Stella Pole 12
3	Wahlert, Dub	1 48.58 6
	1) Madison Brandenburg 10	2) Karyn Ellis 12
	3) Claire Ludovissy 10	4) Karley Belken 12
4	Mt Pleasant	1 48.72 5
	1) Kynlee White 12	2) Alex Scott 12
	3) Taylor Williamson 10	4) Delaney Anderson 09
5	Bishop Heelan	1 48.86 4
	1) Jaida Douch 12	2) Ali Schermerhorn 09
	3) Lillian Wooten 10	4) Shannon Cleary 12
6	Grinnell	1 48.88 3
	1) Kendra Nolton 11	2) Alyssa Flander 12
	3) Haydlee Harter 09	4) Aiden Gosselink 12
7	Clear Crk-Amana	1 48.89 2
	1) Anna Johnson 12	2) Thea Nelson 11
	3) Elizabeth Timmerman 12	4) Addilyn Scheetz 10
8	Western Dubuque	1 49.01 1
	1) Alley Graber 12	2) Macy Kalb 12
	3) Leah Steger 12	4) Haley Williams 11

## Girls 4x200 Meter Relay 3A

State Meet: 1:40.93 \* 2018 Wahlert, Dubuque

L Wedewer, A Sherman, C Broderick, B Hasken

All-Time: 1:38.40 ! 4/24/2026 Waukee Northwest

McCann, Jorgensen, Stahl, Willits

Team	Relay	Finals
1	Wahlert, Dub	1 1:41.16 10
	1) Kate Scherrman 09	2) Claire Brosius 10
	3) Karley Belken 12	4) Karyn Ellis 12
2	Western Dubuque	1 1:41.37 8
	1) Leah Steger 12	2) Alley Graber 12
	3) Macy Kalb 12	4) Haley Williams 11

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				<b>Finals ... (Girls 4x200 Meter Relay 3A)</b>		
				<b>Team</b>	<b>Relay</b>	<b>Finals</b>
3	W Delaware	1	1:41.75	6	21 LeMars	1:47.45
	1) Anna O'Rear 12		2) Sofia Schulte 10		1) Claire Beitelspacher 12	2) Shea Susemihl 11
	3) Avery Schmitz 11		4) Natalie Mensen 12		3) Kinnick Leusink 09	4) Maya Hogrefe 12
4	Marion	1	1:41.81	5	22 Benton Comm	1:47.90
	1) Bristol Beachler 09		2) Hayden Dietz 10		1) June Fisher 10	2) Layna DeMoss 11
	3) Kendyl Aarhus 10		4) Abby Cave 12		3) Talulah Schroeder 10	4) Anna Embretson 10
5	ADM, Adel	1	1:42.24	4	23 Mt Vernon	1:48.73
	1) Haley Nelson 12		2) Claire Priestley 09		1) Khloe Karminski 09	2) Skylar Pasker 09
	3) Brecken Morse 12		4) Isabelle Book 11		3) Annabelle Smith 10	4) Taylor Franck 12
6	Clear Crk-Amana	1	1:43.17	3	--- Decorah	DQ
	1) Payton Curtin 11		2) Bailey Simpson 11		1) Renae Wilson 12	2) Audrey Essa 11
	3) Addilyn Scheetz 10		4) Elizabeth Timmerman 12		3) Cassandra Stammeyer 10	4) Stella Pole 12
7	Washington	1	1:43.81	2	--- MOC-FV	SCR
	1) Jaslyn Villa 10		2) Lauren Drahota 10		1) Isabella Wrather 10	2) Sarae Van Zee 11
	3) Leighton Messinger 12		4) Jaedyn Moore 11		3) Keira Budden 09	4) Eliana Van Zee 11
8	Bishop Heelan	1	1:43.90	1	--- Newton	SCR
	1) Jaida Douch 12		2) Ali Schermerhorn 09		1) Alivia Conley 11	2) Adalynn Groves 09
	3) Lillian Wooten 10		4) Shannon Cleary 12		3) Ashlyn Karsten 10	4) Camryn Klein 10
9	Spencer	1	1:44.03		--- Nevada	SCR
	1) Brooklyn Reynolds 09		2) Sydnee Hopkins 12		1) Hope Casey 09	2) Allison Houston 10
	3) Jolie Robbins 10		4) Mercedes Krieg 11		3) Jasmine Vary 10	4) Heidi Juarez 09
10	Pella	1	1:44.20		--- Oskaloosa	SCR
	1) Abigail Melvin 12		2) Haylie DeVries 10		1) Alyssa Sheets 10	2) Aleigha Sheets 11
	3) Josie Settles 12		4) Lizzie Neumann 12		3) Preslie Bryan 09	4) Vanessa Beadle 10
11	Mt Pleasant	1	1:44.27		--- Vinton-Shellbrg	SCR
	1) Ellie Freeman 10		2) Delaney Anderson 09		1) Maddie Bunten 10	2) Kaelynn Roster 11
	3) Kynlee White 12		4) Alex Scott 12		3) Paige Clemensen 12	4) Adrina Lynch 11
12	Waverly-SR	1	1:44.34		--- Webster City	SCR
	1) Amalia Djoumessi 10		2) Delilah Kroymann 12		1) Kali Hartnett 10	2) Isabel Weinschenk 10
	3) Ella Wilker 09		4) Cat Wedeking 12		3) Tristyn Wright 11	4) Quinn Ruba 09
13	Atlantic	1	1:45.25		--- Storm Lake	SCR
	1) Lila Wiederstein 12		2) Braeleigh Hass 09		1) Zoe McCoy 12	2) Reagan DeHaan 09
	3) Allison Middents 11		4) Stellah Van Aernam 11		3) Kamryn McCoy 09	4) Melanie Chanthapangna 12
14	Solon	1	1:45.42		--- Winterset	SCR
	1) Piper Stahle 12		2) Marin Ashbacker 12		1) Ainsley McLaren 11	2) Natalie Lauer 11
	3) Trea Eidahl 12		4) Tenley Levin 09		3) Nora Lowden 10	4) Ella Baer 10
15	Grinnell	1	1:45.52		--- Xavier, CR	SCR
	1) Kendra Nolton 11		2) Alyssa Flander 12		1) Tenley Rosekrans 09	2) Alyse McDermott 10
	3) Lauren Loudon 12		4) Haydlee Harter 09		3) Brynn Aldeman 09	4) Annabell Deegan 11
16	Gilbert	1	1:45.58		--- West Liberty	SCR
	1) Kayla Rash 11		2) Keaton Hanson 12		1) Clara Simon 10	2) Avalynn Miller 10
	3) Paisley Wilberts 09		4) Madeline Olswing 09		3) Zoey Lang 10	4) Yareli Torres-Bueno 10
17	Williamsburg	1	1:45.63		--- Saydel	SCR
	1) Gabriella Dayton 09		2) Morgan Larson 09		1) Milli Lo 10	2) Abby Hyde 10
	3) Tenley Sanchez 09		4) Ellie Nielsen 10		3) Stella White 10	4) Melah Currie 09
18	Ballard	1	1:46.48		--- SB-Luton	SCR
	1) Emefa VanLoo 10		2) Hailey Conover 09		1) Leiana Eldridge 09	2) Ella Pearson 10
	3) Kaitlyn Dunn 09		4) Brooklyn Shoen 09		3) Olivia Kneifl 09	4) Joleigh Hensley 09
19	North Polk	1	1:46.52		--- Perry	SCR
	1) Carrigan Rasmussen 10		2) Jocelyn Manock 12		1) Mariana Cerna 09	2) Charity Parnell 12
	3) Jaslyn Rasmussen 10		4) Jaiden Uhl 11		3) Ayden Erickson 12	4) Harper Peterson 10
20	Clear Lake	1	1:47.14			
	1) Hope Halverson 12		2) Ella Landau 11			
	3) Jizzie Thompson 11		4) Lauren Englin 12			

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---	South Tama	1	SCR
	1) Cahysia Kapayou 10	2) Brylee Nelson 10	
	3) Sydney Arp 10	4) Maylee Rucker 10	
---	Sioux Center	1	SCR
	1) Courtney Schmidt 12	2) Aislinn Bruhn 09	
	3) Gabriella Oteri 12	4) Kaelyn Schmidt 09	
---	Central DeWitt	1	SCR
	1) Brynlee Shimp 12	2) Bri Clark 12	
	3) Hattie Rickertsen 11	4) Amelia Rickertsen 09	
---	Charles City	1	SCR
	1) Brooklyn Bruner 09	2) Evelyn Mayhew 12	
	3) Elizah Causey 10	4) Jada Low 09	
---	Carlisle	1	SCR
	1) Alyvia Freeman 12	2) Kami Clark 10	
	3) Anyah Oatts 10	4) Ella Smith 12	
---	Carroll	1	SCR
	1) Macy Schaefer 10	2) Macy Simmelink 10	
	3) Willow Feld 09	4) Maggie Dirx 11	
---	CPU	1	SCR
	1) Jayce Grennan 12	2) Emily Goebel 11	
	3) Addison Schmitt 11	4) Sophia Sprague 10	
---	Creston	1	SCR
	1) Kinzley Downing 11	2) Josie Tallmon 11	
	3) Grace Keeler 12	4) Braylee Pokorny 12	
---	Clarke	1	SCR
	1) Taylor Kent 09	2) Vivian Hawxby 09	
	3) Piper Hertz 11	4) Jovee Blakely 09	
---	Algona	1	SCR
	1) Lillian Allie 11	2) Maya Lentz 11	
	3) Bella Fairbanks 09	4) Natalie Johnson 12	
---	Assumption	1	SCR
	1) Amya Bass 10	2) Ava Caudle 09	
	3) Madison Edwards 11	4) Sage Skidmore 09	
---	Harlan	1	SCR
	1) Brie Nelson 09	2) Frannie Wegner 10	
	3) Brinley Van Baale 11	4) Olivia Oliver 09	
---	Boone	1	SCR
	1) Makenzie Klatt 09	2) Tala Wittrock 10	
	3) Madelyn Davidson 12	4) Bryana Morgan 11	
---	Burlington	1	SCR
	1) Katani Buhmeyer 10	2) Ella Schneden 09	
	3) Addilyn Brandenburg 09	4) Ava Brandenburg 10	
---	Bond-Farrar	1	SCR
	1) Kenzie Trusty 10	2) Rosie Ackerman 09	
	3) Brenna Hudnall 11	4) Maddie Martin 11	
---	Humboldt	1	SCR
	1) Brooklyn Sernett 10	2) Gracey May 11	
	3) Payton Elman 12	4) Kendall Works 12	
---	Independence	1	SCR
	1) Lilly Huebbe 09	2) Rylee Reeg 10	
	3) Brielle Wieland 09	4) Mercy Toe 09	
---	Hampton-Dumont-CAL	1	SCR
	1) Elsie Kuper 11	2) Kendall Eilderts 09	
	3) Aliyah Swieter 09	4) Madison Arends 11	

## Finals ... (Girls 4x200 Meter Relay 3A)

Team	Relay	Finals
---	Knoxville	1 SCR
	1) Cally Landis 12	2) Mariah Ripperger 10
	3) Ameera Whitworth 09	4) Gabriella Giesken 10
---	Maquoketa	1 SCR
	1) Macklyn McLaughlin 10	2) Atty Moore 11
	3) Ava Ferguson 10	4) Riley Buttz 10
---	Keokuk	1 SCR
	1) Bella Crew 12	2) Violet Shead 12
	3) Gabby Courtney 10	4) Karsen Williams 09
---	DSM Christian	1 SCR
	1) Olivia Simpson 10	2) Kenniasty Carstensen 11
	3) Bethany Gray 10	4) Hailey Deterding 10
---	DSM, Hoover	1 SCR
	1) Evhelyn Perez-Lorenzo 12	2) Sophia Hughes 11
	3) Sarah Ho 12	4) Taleigha Patterson 09
---	Denison-Schlswg	1 SCR
	1) Kysa Neddermeyer 12	2) Claire Olsen 10
	3) Charlotte Schrum 12	4) Sara Mun 12
---	Fort Madison	1 SCR
	1) Ellie Huebner 12	2) Andrea Yrigoyen 11
	3) Addisyn Lumsden 11	4) Lucia Darnell 09
---	Glenwood	1 SCR
	1) Kelsey Hughes 09	2) Mya Donscheski 10
	3) Jenna Walters 10	4) Olivia Wright 11
---	Fairfield	1 SCR
	1) Lauren Martin 12	2) Maddy Martin 12
	3) Iris Lane 12	4) Allie Hammes 09

## Girls 4x400 Meter Relay 3A

State Meet: 3:53.05 \* 5/24/2014 MOC-FV

R Muilenburg, D Heimensen, K Landhuis, A Conaway

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Sioux Center	1 3:54.95q
	1) Avery Bitker 12	2) Kolby Oldenkamp 12
	3) Macyn VanAartsen 10	4) Audrina Jones 11
	1:57.465 (1:57.465) 2:57.334 (59.869)	3:54.949 (57.616)
2	Wahlert, Dub	1 3:55.16q
	1) Kate Scherrman 09	2) Karley Belken 12
	3) Claire Brosius 10	4) Karyn Ellis 12
	1:58.218 (1:58.218) 2:56.643 (58.426)	3:55.153 (58.511)
3	W Delaware	1 3:57.78q
	1) Anna O'Rear 12	2) Sofia Schulte 10
	3) Norah Peyton 12	4) Natalie Mensen 12
	1:56.826 (1:56.826) 2:57.771 (1:00.946)	3:57.776 (1:00.005)
4	Marion	1 3:57.85q
	1) Emerson Dabroski 09	2) Addison Dabroski 12
	3) Avery Case 11	4) Hayden Dietz 10
	2:01.740 (2:01.740) 3:01.336 (59.597)	3:57.850 (56.514)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

5	ADM, Adel	1	3:58.13q
	1) Elise Coghlan 12	2) Vivian Novelli 09	
	3) Claire Priestley 09	4) Brecken Morse 12	
	1:58.097 (1:58.097)	2:59.838 (1:01.741)	3:58.124 (58.287)
6	Williamsburg	1	3:58.80q
	1) Ellie Nielsen 10	2) Morgan Larson 09	
	3) Keston Spratt 11	4) Ava Hocker 11	
	2:01.809 (2:01.809)	3:03.549 (1:01.740)	3:58.799 (55.250)
7	Solon	1	4:00.25q
	1) Jerzey Haluska 11	2) Mailee Schmidt 09	
	3) Ava Rolwes 11	4) Tenley Levin 09	
	1:59.771 (1:59.771)	3:01.036 (1:01.265)	4:00.246 (59.210)
8	Pella	1	4:00.93q
	1) Josie Settles 12	2) Bryn Paulsen 10	
	3) Elizabeth VandeVoort 10	4) Lizzie Neumann 12	
	2:02.265 (2:02.265)	3:02.590 (1:00.325)	4:00.926 (58.336)
9	Spencer	1	4:01.62
	1) Lucy Simington 11	2) Calista Frankenstein 09	
	3) Katie Eilts 11	4) Brooklyn Reynolds 09	
	2:03.016 (2:03.016)	3:04.355 (1:01.340)	4:01.615 (57.261)
10	Glenwood	1	4:02.08
	1) Caitlin Hebel 12	2) Haylee Hughes 12	
	3) Olivia Wright 11	4) Megan Hughes 11	
	2:01.376 (2:01.376)	3:01.179 (59.803)	4:02.079 (1:00.901)
11	Clear Crk-Amana	1	4:02.16
	1) Payton Curtin 11	2) Bailey Simpson 11	
	3) Mia Bartusek 09	4) Jaylin Herring 12	
	1:59.851 (1:59.851)	3:01.601 (1:01.751)	4:02.160 (1:00.560)
12	Bond-Farrar	1	4:03.15
	1) Elliott Kruse 11	2) Maddie Martin 11	
	3) Addison Brown 12	4) Brinkley Strickland 11	
	2:04.223 (2:04.223)	3:05.429 (1:01.206)	4:03.146 (57.717)
13	Maquoketa	1	4:03.79
	1) Natalie Hackman 10	2) Isabel Hopson 09	
	3) Justice Armbruster 12	4) Cora Widel 12	
	2:01.477 (2:01.477)	3:03.714 (1:02.237)	4:03.786 (1:00.073)
14	Ballard	1	4:04.57
	1) Kaitlyn Dunn 09	2) Alea Kinzenbaw 09	
	3) Honor Jorgensen 09	4) Brooklyn Shoen 09	
	2:02.115 (2:02.115)	3:03.570 (1:01.455)	4:04.570 (1:01.000)
15	DSM Christian	1	4:05.56
	1) Evie Van Wyk 09	2) Hailey Mull 12	
	3) Ryley Kentfield 11	4) Hailey Deterding 10	
	2:03.656 (2:03.656)	3:04.721 (1:01.066)	4:05.554 (1:00.834)
16	Central DeWitt	1	4:05.68
	1) Zoey Fuglsang 12	2) Ava Putman 12	
	3) Shayla Tapke 09	4) Audey Fuglsang 10	
	2:01.108 (2:01.108)	3:04.228 (1:03.120)	4:05.675 (1:01.447)
17	Gilbert	1	4:07.01
	1) Gemma Smith 10	2) Kaitlyn Dear 12	
	3) Keira Andersen 12	4) Madeline Olswing 09	
	2:06.812 (2:06.812)	3:06.774 (59.963)	4:07.008 (1:00.234)

## Preliminaries ... (Girls 4x400 Meter Relay 3A)

Team	Relay	Prelims
18 Washington	1	4:08.60
1) Lauren Drahota 10	2) Jaslyn Villa 10	
3) Leighton Messinger 12	4) Iris Dahl 12	
2:04.084 (2:04.084)	3:05.430 (1:01.347)	4:08.591 (1:03.161)
19 Decorah	1	4:08.76
1) Eden Northup 10	2) Claire Storhoff 11	
3) Addisyn Ivy 10	4) Raelyn Newhouse 10	
2:02.299 (2:02.299)	3:05.489 (1:03.190)	4:08.755 (1:03.267)
20 Benton Comm	1	4:08.94
1) June Fisher 10	2) Layna DeMoss 11	
3) Mya McCarville 10	4) Anna Embretson 10	
2:03.660 (2:03.660)	3:06.330 (1:02.671)	4:08.934 (1:02.604)
21 LeMars	1	4:10.21
1) Maya Hogrefe 12	2) Claire Beitelspacher 12	
3) Shea Susemihl 11	4) Makenzie DeRocher 12	
2:04.780 (2:04.780)	3:07.090 (1:02.310)	4:10.205 (1:03.116)
22 Mt Vernon	1	4:10.60
1) Charlie Stewart 09	2) Eastin Whisner 11	
3) Sorell Telecky 10	4) Caroline Rupe 11	
2:06.320 (2:06.320)	3:08.729 (1:02.409)	4:10.592 (1:01.864)
23 Clear Lake	1	4:16.88
1) Mataya Quick 09	2) Jillian Doolittle 09	
3) Hope Halverson 12	4) Lauren Englin 12	
2:10.402 (2:10.402)	3:14.353 (1:03.951)	4:16.872 (1:02.520)
--- Harlan	1	DQ
1) Aubree Wegner 11	2) Josie Sonderman 10	
3) Brinley Van Baale 11	4) Julia Heslink 09	
2:05.749 (2:05.749)	3:10.324 (1:04.576)	4:09.484 (59.160)

## Girls 4x400 Meter Relay 3A

State Meet: 3:53.05 \* 5/24/2014 MOC-FV

R Muilenburg, D Heimensen, K Landhuis, A Conaway

All-Time: 3:45.36 ! 2026

Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Finals
1 Wahlert, Dub	1	3:52.04* 10
1) Kate Scherrman 09	2) Karley Belken 12	
3) Karyn Ellis 12	4) Claire Brosius 10	
1:58.424 (1:58.424)	2:55.614 (57.190)	3:52.037 (56.424)
2 Sioux Center	1	3:52.63* 8
1) Avery Bitker 12	2) Kolby Oldenkamp 12	
3) Macyn VanAartsen 10	4) Audrina Jones 11	
1:56.224 (1:56.224)	2:55.953 (59.730)	3:52.626 (56.674)
3 W Delaware	1	3:55.32 6
1) Anna O'Rear 12	2) Sofia Schulte 10	
3) Norah Peyton 12	4) Natalie Mensen 12	
1:57.543 (1:57.543)	2:57.963 (1:00.420)	3:55.314 (57.351)
4 ADM, Adel	1	3:56.27 5
1) Elise Coghlan 12	2) Vivian Novelli 09	
3) Claire Priestley 09	4) Brecken Morse 12	
1:58.392 (1:58.392)	2:57.423 (59.032)	3:56.269 (58.846)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Results

5	Marion	1	3:57.20	4
	1) Emerson Dabroski 09	2) Addison Dabroski 12		
	3) Avery Case 11	4) Hayden Dietz 10		
	2:01.781 (2:01.781)	3:01.142 (59.361)	3:57.193 (56.051)	
6	Williamsburg	1	3:57.69	3
	1) Ellie Nielsen 10	2) Morgan Larson 09		
	3) Keston Spratt 11	4) Ava Hocker 11		
	1:59.624 (1:59.624)	3:02.025 (1:02.402)	3:57.685 (55.660)	
7	Pella	1	3:58.20	2
	1) Josie Settles 12	2) Bryn Paulsen 10		
	3) Elizabeth VandeVoort 10	4) Lizzie Neumann 12		
	2:02.223 (2:02.223)	3:01.011 (58.788)	3:58.191 (57.180)	
8	Solon	1	4:01.31	1
	1) Jerzey Haluska 11	2) Mailee Schmidt 09		
	3) Ava Rolwes 11	4) Tenley Levin 09		
	2:00.557 (2:00.557)	3:01.552 (1:00.996)	4:01.307 (59.755)	

**Girls 4x800 Meter Relay 3A**  
State Meet: 9:14.60 \* 5/22/2025 Gilbert  
K Andersen, K Dear, S Bleich, S Feddersen  
All-Time: 8:58.03 ! 4/27/2026 Waukee Northwest  
Vander Ley, Sundet, Stubbendeck, Dani

Team	Relay	Finals
<b>Finals</b>		
1	Sioux Center	1 9:14.43* 10
	1) Molly Isakson 11	2) Kolby Oldenkamp 12
	3) Macyn VanAartsen 10	4) Audrina Jones 11
	1:08.782 (1:08.782)	2:23.245 (1:14.464)
	3:28.901 (1:05.657)	4:37.837 (1:08.936)
	5:42.507 (1:04.670)	6:58.069 (1:15.563)
	8:02.252 (1:04.183)	9:14.421 (1:12.169)
2	Pella	1 9:28.19 8
	1) Ruth Dunham 11	2) Erica Vos 10
	3) Bryn Paulsen 10	4) Elizabeth VandeVoort 10
	1:08.461 (1:08.461)	2:20.777 (1:12.316)
	3:29.982 (1:09.205)	4:41.768 (1:11.787)
	5:50.196 (1:08.428)	7:04.594 (1:14.399)
	8:11.919 (1:07.325)	9:28.184 (1:16.266)
3	Mt Vernon	1 9:32.98 6
	1) Kiersten Swart 12	2) Sorell Telecky 10
	3) Edith Dawson 12	4) Caroline Rupe 11
	1:08.783 (1:08.783)	2:19.408 (1:10.625)
	3:29.743 (1:10.336)	4:44.265 (1:14.522)
	5:54.660 (1:10.395)	7:14.211 (1:19.552)
	8:21.725 (1:07.514)	9:32.973 (1:11.248)
4	DSM Christian	1 9:34.75 5
	1) Annie Bruxvoort 11	2) Evie Van Wyk 09
	3) Ryley Kentfield 11	4) Sienna Stec 11
	1:08.366 (1:08.366)	2:23.402 (1:15.036)
	3:30.347 (1:06.946)	4:46.706 (1:16.359)
	5:53.703 (1:06.997)	7:12.837 (1:19.134)
	8:20.880 (1:08.044)	9:34.743 (1:13.864)
5	ADM, Adel	1 9:37.18 4
	1) Vivian Novelli 09	2) Elliotte Von Roden 10
	3) Alaina Nelson 12	4) Clara Uthe 09
	1:08.609 (1:08.609)	2:21.593 (1:12.984)
	3:29.905 (1:08.312)	4:46.463 (1:16.559)
	5:55.257 (1:08.794)	7:14.753 (1:19.496)
	8:22.624 (1:07.872)	9:37.174 (1:14.550)

Finals ... (Girls 4x800 Meter Relay 3A)			
Team	Relay	Finals	
6	North Polk	1	9:39.25 3
	1) Alexis Hergenreter 11	2) Amelia Kelsick 09	
	3) Sophia Bouchard 10	4) Hannah Haaland 12	
	1:07.743 (1:07.743)	2:19.378 (1:11.636)	3:29.874 (1:10.496)
	4:45.986 (1:16.112)	5:54.680 (1:08.695)	7:13.513 (1:18.833)
	8:22.569 (1:09.057)	9:39.247 (1:16.678)	
7	Williamsburg	1	9:41.26 2
	1) Maddie Gorsh 09	2) Channing Becker 10	
	3) Aubree Wilde 10	4) Edie Axmear 11	
	1:08.958 (1:08.958)	2:24.020 (1:15.062)	3:32.941 (1:08.922)
	4:50.992 (1:18.051)	5:59.412 (1:08.421)	7:17.869 (1:18.457)
	8:26.135 (1:08.267)	9:41.257 (1:15.122)	
8	Glenwood	1	9:43.05 1
	1) Haylee Hughes 12	2) Jordyn Schulte 09	
	3) Grace Berglund 11	4) Caitlin Hebel 12	
	1:08.100 (1:08.100)	2:24.084 (1:15.984)	3:32.835 (1:08.752)
	4:56.227 (1:23.392)	6:05.161 (1:08.934)	7:24.575 (1:19.415)
	8:28.613 (1:04.038)	9:43.041 (1:14.428)	
9	Algona	1	9:43.24
	1) Charli Dodds 11	2) Rose Kitzinger 09	
	3) Regan Jensen 10	4) Macy Knapp 12	
	1:07.049 (1:07.049)	2:26.325 (1:19.277)	3:34.678 (1:08.353)
	4:56.632 (1:21.954)	6:04.725 (1:08.094)	7:25.329 (1:20.604)
	8:29.104 (1:03.776)	9:43.240 (1:14.136)	
10	Wahlert, Dub	1	9:43.46
	1) Ella Rohner 11	2) Lucy Lueken 11	
	3) Caroline Freed 11	4) Lucy Murphy 12	
	1:10.440 (1:10.440)	2:29.656 (1:19.216)	3:33.517 (1:03.862)
	4:50.176 (1:16.660)	5:57.026 (1:06.850)	7:17.899 (1:20.873)
	8:28.201 (1:10.302)	9:43.452 (1:15.252)	
11	Xavier, CR	1	9:45.27
	1) Adeline Robson 10	2) Annabell Deegan 11	
	3) Raleigh Barton 09	4) Mia Deegan 12	
	1:11.006 (1:11.006)	2:30.095 (1:19.090)	3:36.978 (1:06.883)
	4:55.493 (1:18.516)	6:09.921 (1:14.429)	7:26.505 (1:16.584)
	8:34.444 (1:07.939)	9:45.261 (1:10.818)	
12	Decorah	1	9:46.58
	1) Eva Hurley 10	2) Lauren Holthaus 12	
	3) Raelyn Newhouse 10	4) Olivia Volkmann 11	
	1:10.276 (1:10.276)	2:26.790 (1:16.515)	3:35.474 (1:08.684)
	4:51.663 (1:16.189)	6:00.715 (1:09.052)	7:20.767 (1:20.053)
	8:30.777 (1:10.010)	9:46.574 (1:15.797)	
13	Solon	1	9:49.15
	1) Falyn Svalstad 11	2) Addison Seamans 10	
	3) Mya Fordice 11	4) Ava Rolwes 11	
	1:08.480 (1:08.480)	2:23.637 (1:15.158)	3:30.669 (1:07.033)
	4:49.924 (1:19.255)	6:00.793 (1:10.869)	7:20.989 (1:20.197)
	8:29.723 (1:08.734)	9:49.150 (1:19.428)	

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## Results

14	Ballard	1	9:49.52
	1) Raya Miller 11	2) Brooklyn Shoen 09	
	3) Kya Hermann 11	4) Avilee Miller 09	
	1:10.793 (1:10.793)	2:27.733 (1:16.941)	3:36.054 (1:08.322)
	4:53.470 (1:17.416)	6:07.733 (1:14.263)	7:25.766 (1:18.033)
	8:34.658 (1:08.892)	9:49.513 (1:14.856)	
15	Western Dubuque	1	9:51.58
	1) Hannah Da Silva 09	2) Rachael Weber 11	
	3) Katelyn Drone 09	4) Peyton Da Silva 10	
	1:09.984 (1:09.984)	2:26.266 (1:16.282)	3:35.442 (1:09.177)
	4:52.568 (1:17.126)	6:03.551 (1:10.983)	7:24.099 (1:20.549)
	8:34.820 (1:10.721)	9:51.575 (1:16.756)	
16	CPU	1	9:53.52
	1) Deni Katcher 12	2) Penny Cardo 09	
	3) Grace Estling 11	4) Aaliyah Causey 10	
	1:08.794 (1:08.794)	2:24.210 (1:15.417)	3:35.905 (1:11.695)
	4:58.300 (1:22.396)	6:06.175 (1:07.876)	7:29.535 (1:23.360)
	8:35.691 (1:06.157)	9:53.517 (1:17.826)	
17	Creston	1	9:55.80
	1) Maylee Riley 12	2) Nevaeh Adamson 09	
	3) Reese Strunk 11	4) Hope Henderson 11	
	1:07.503 (1:07.503)	2:24.186 (1:16.683)	3:32.170 (1:07.984)
	4:52.105 (1:19.935)	6:01.186 (1:09.081)	7:27.105 (1:25.920)
	8:37.851 (1:10.746)	9:55.798 (1:17.948)	
18	Bond-Farrar	1	9:55.88
	1) Delaney Edwards 11	2) Autumn Harter 11	
	3) Madelyn Klinkenborg 11	4) Brinkley Strickland 11	
	1:10.740 (1:10.740)	2:29.158 (1:18.418)	3:39.382 (1:10.225)
	5:03.612 (1:24.230)	6:14.800 (1:11.189)	7:37.069 (1:22.269)
	8:41.172 (1:04.103)	9:55.877 (1:14.705)	
19	Clear Lake	1	9:57.80
	1) Lauren Good 10	2) Jillian Doolittle 09	
	3) Brooklyn Heesch 12	4) Saylor Schmitt 11	
	1:11.312 (1:11.312)	2:30.219 (1:18.908)	3:42.994 (1:12.775)
	5:02.519 (1:19.526)	6:11.280 (1:08.762)	7:35.346 (1:24.066)
	8:42.516 (1:07.171)	9:57.799 (1:15.283)	
20	Fort Madison	1	10:02.91
	1) McKayla Schinstock 12	2) Mara Smith 12	
	3) Addison Rump 12	4) Avery Rump 12	
	1:10.886 (1:10.886)	2:31.782 (1:20.896)	3:42.741 (1:10.959)
	5:04.845 (1:22.104)	6:15.466 (1:10.621)	7:37.462 (1:21.997)
	8:46.870 (1:09.408)	10:02.903 (1:16.034)	
21	W Delaware	1	10:04.71
	1) Charly Lynch 11	2) Abbigail Stoffel 10	
	3) Adrian Mormann 09	4) Berkley Lynch 09	
	1:11.254 (1:11.254)	2:26.763 (1:15.510)	3:35.756 (1:08.993)
	4:57.255 (1:21.500)	6:12.140 (1:14.885)	7:33.711 (1:21.572)
	8:42.968 (1:09.258)	10:04.710 (1:21.742)	
22	Harlan	1	10:07.20
	1) Ashlyn Rau 10	2) Aspen Bieker 10	
	3) Sadie Alberti 11	4) Ava Freund 11	
	1:10.156 (1:10.156)	2:27.338 (1:17.182)	3:35.809 (1:08.471)
	4:57.648 (1:21.839)	6:08.043 (1:10.396)	7:33.441 (1:25.398)
	8:43.111 (1:09.670)	10:07.194 (1:24.083)	

## Finals ... (Girls 4x800 Meter Relay 3A)

Team	Relay	Finals	
23 Humboldt	1	10:17.85	
	1) Brayleigh Angstrom 09	2) Aubry Fisher 10	
	3) Avery Fisher 10	4) Brynn Malo 12	
	1:11.587 (1:11.587)	2:36.197 (1:24.610)	3:50.802 (1:14.605)
	5:11.968 (1:21.166)	6:30.059 (1:18.092)	7:48.513 (1:18.454)
	9:00.528 (1:12.016)	10:17.843 (1:17.315)	
24 Newton	1	10:32.09	
	1) Harper Barton 12	2) Sarah Malow 11	
	3) Adalynn Groves 09	4) Alexis Sorensen 11	
	1:12.354 (1:12.354)	2:36.122 (1:23.768)	3:46.303 (1:10.181)
	5:10.927 (1:24.625)	6:25.337 (1:14.410)	7:49.795 (1:24.459)
	9:06.017 (1:16.222)	10:32.090 (1:26.073)	
--- Nevada	1	SCR	
	1) Sophia Martinez 12	2) Alexa Betting 12	
	3) Addison Good 12	4) Brooke Axmear 12	
--- West Liberty	1	SCR	
	1) Aileen Aragon 10	2) Reese Ortiz 09	
	3) Aliannah Esquivel 09	4) Addison Guerra 11	
--- Waverly-SR	1	SCR	
	1) Allison Kay 10	2) Esther Zart 09	
	3) Harper Morrison 09	4) Cora Garbes 09	
--- SB-Luton	1	SCR	
	1) Peyton Brester 11	2) Briella Polzin 09	
	3) Clara Britton 09	4) Sara Odell 09	
--- Spencer	1	SCR	
	1) Alexandria Palmer 12	2) Emily Schmidt 11	
	3) Khia Griffin 09	4) Hallie Stevenson 09	
--- Perry	1	SCR	
	1) Jasmine Gonzalez 10	2) Dayami Mineros 10	
	3) Katie Villalobos 10	4) Aleandra Rosier 11	
--- Webster City	1	SCR	
	1) Rubi Andrade-Murillo 10	2) Evie Davis 10	
	3) Ariauna Reed 11	4) Mckenna Buakham 10	
--- Central DeWitt	1	SCR	
	1) Avery Speas 09	2) Hailee Peters 11	
	3) Shayla Tapke 09	4) Trinity Tague 09	
--- Carlisle	1	SCR	
	1) Kourtney Hoffman 10	2) Blythe Eighmy 11	
	3) Audrey Zondervan 12	4) Stella Angus 10	
--- Clear Crk-Amana	1	SCR	
	1) Kadence Whitmer 11	2) Alyssa Shounick 11	
	3) Sienna Stiltner 11	4) Olivia Holst 09	
--- Clarke	1	SCR	
	1) Izzy Hay 11	2) Kenley Chesnut 09	
	3) Parker Truitt 10	4) Natalie McGaw 10	
--- Atlantic	1	SCR	
	1) Gabrielle Engler 10	2) Kaitlyn Hickman 09	
	3) Ximena Mendez Cordero 09	4) Katrina Williams 12	
--- Assumption	1	SCR	
	1) Makayla Martinez 09	2) Addison Mueller 09	
	3) Natalie Smith 09	4) Amelia Moore 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

---	Boone	1	SCR
	1) Reagan Morgan 09	2) Whitney Chesnut 09	
	3) Quinn Houston 09	4) Briella Johnson 09	
---	Benton Comm	1	SCR
	1) Emma King 10	2) Avery Franzenburg 10	
	3) Kenna Lennie 10	4) Rya Miller 10	
---	Maquoketa	1	SCR
	1) Riley Buttz 10	2) Charlotte Ihns 10	
	3) Emrie Petersen 09	4) Ella Gibson 10	
---	LeMars	1	SCR
	1) Jayden Kluver 11	2) Isabella Beitelspacher 09	
	3) Brooklyn DeRocher 11	4) Sarah Tilberg 11	
---	Mt Pleasant	1	SCR
	1) Monroe James 11	2) Molly Baker 10	
	3) Elodie Rawson 09	4) Quintrie Lee 10	
---	MOC-FV	1	SCR
	1) Rachel Haverdink 12	2) Kienna Lassen 12	
	3) Teagan Tracy 12	4) Makenzie Hulst 10	
---	Fairfield	1	SCR
	1) Alex Jo Steward 10	2) Caroline Van Pelt 12	
	3) Bailey Belzer 12	4) Kate Brecount 09	
---	Denison-Schlswg	1	SCR
	1) Heydy Leanos 09	2) Alisson Barroso 11	
	3) Alexandra Garcia 10	4) Addyson Sturtevant 09	
---	Gilbert	1	SCR
	1) Jane Black 11	2) Anna Thomas 10	
	3) Jayden Barbier 09	4) Lucy Kraehling 11	

## Girls 800 Sprint Medley 3A

State Meet: 1:45.39 \* 5/24/2025 Clear Lake

M Leisure, L Brattrud, L Englin, R Brownlee

All-Time: 1:43.64 ! 2018 Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

Team	Relay	Finals
<b>Finals</b>		
1 Marion	1	1:46.46 10
1) Bristol Beachler 09	2) Kendyl Aarhus 10	
3) Abby Cave 12	4) Hayden Dietz 10	
2 Western Dubuque	1	1:47.06 8
1) Leah Steger 12	2) Alley Graber 12	
3) Macy Kalb 12	4) Haley Williams 11	
3 Mt Pleasant	1	1:47.29 6
1) Kynlee White 12	2) Delaney Anderson 09	
3) Alex Scott 12	4) Avery Fedler 09	
4 Williamsburg	1	1:48.01 5
1) Tenley Sanchez 09	2) Gabriella Dayton 09	
3) Morgan Larson 09	4) Ava Hocker 11	
5 Sioux Center	1	1:48.11 4
1) Stella Hietbrink 10	2) Taylor Holverson 11	
3) Audrina Jones 11	4) Avery Bitker 12	
6 ADM, Adel	1	1:48.44 3
1) Peyton Standley 12	2) Claire Priestley 09	
3) Isabelle Book 11	4) Brecken Morse 12	

## Finals ... (Girls 800 Sprint Medley 3A)

Team	Relay	Finals
7 Wahlert, Dub	1	1:48.86 2
1) Claire Ludovissy 10	2) Karyn Ellis 12	
3) Karley Belken 12	4) Claire Brosius 10	
8 Solon	1	1:49.93 1
1) Piper Stahle 12	2) Marin Ashbacker 12	
3) Tenley Levin 09	4) Jerzey Haluska 11	
9 Glenwood	1	1:50.10
1) Kelsey Hughes 09	2) Megan Hughes 11	
3) Olivia Wright 11	4) Caitlin Hebel 12	
10 W Delaware	1	1:50.20
1) Norah Peyton 12	2) Natalie Mensen 12	
3) Sofia Schulte 10	4) Anna O'Rear 12	
11 Decorah	1	1:50.30
1) Audrey Essa 11	2) Cassandra Stammeyer 10	
3) Stella Pole 12	4) Eden Northup 10	
12 Oskaloosa	1	1:50.38
1) Monica Hundley 10	2) Vivian Bolibaugh 12	
3) Delaney Harbour 10	4) Tierney Carter 12	
13 Webster City	1	1:50.67
1) Kali Hartnett 10	2) Isabel Weinschenk 10	
3) Tessa Hansen 09	4) Isabel Grossoehme 11	
14 Spencer	1	1:50.75
1) Jolie Robbins 10	2) Sydnee Hopkins 12	
3) Mercedes Krieg 11	4) Brooklyn Reynolds 09	
15 Newton	1	1:50.88
1) Brooklynn Britton 11	2) Jazmyn Rivera 10	
3) Mack Sims 12	4) Lauren Clarke 12	
16 Clear Crk-Amana	1	1:51.53
1) Anna Johnson 12	2) Thea Nelson 11	
3) Bailey Simpson 11	4) Payton Curtin 11	
17 Bond-Farrar	1	1:51.62
1) Rosie Ackerman 09	2) Jovi Vroegh 10	
3) Addison Brown 12	4) Elliott Kruse 11	
18 Creston	1	1:51.76
1) Avery Staver 12	2) Braylee Pokorny 12	
3) Kadley Bailey 12	4) Cora Smith 10	
19 Grinnell	1	1:52.31
1) Haydlee Harter 09	2) Alyssa Flander 12	
3) Lauren Loudon 12	4) Macy Laug 09	
20 Pella	1	1:52.59
1) Abigail Melvin 12	2) Kamry Trine 11	
3) Haylie DeVries 10	4) Josie Settles 12	
21 Washington	1	1:53.20
1) Emma Lins 09	2) Jaslyn Villa 10	
3) Brynlee Flynn 09	4) Lauren Drahota 10	
22 Perry	1	1:53.37
1) Cate Erickson 11	2) Selene Ayala 10	
3) Treasure Moore 12	4) Lily Myers 11	
23 Ballard	1	1:54.58
1) Emefa VanLoo 10	2) Makiya Culbertson 10	
3) Kaitlyn Dunn 09	4) Alea Kinzenbaw 09	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

				Finals ... (Girls 800 Sprint Medley 3A)			
		Team	Relay	Finals			
---	Mt Vernon	1	DQ	---	Clear Lake	1	SCR
	1) Lucy Wischmeyer 11	2) Taylor Franck 12		1) Lillian Moran 10	2) Finlee Jeppeson 09		
	3) Grace Hale 12	4) CaliAna Whitaker 12		3) Jezzie Thompson 11	4) Berkley Smith 09		
---	Maquoketa	1	SCR	---	Charles City	1	SCR
	1) Millie Wing 10	2) Macklyn McLaughlin 10		1) Lexan Joslin 09	2) Bryn Rogstad 09		
	3) Riley Buttz 10	4) Tenley Thole 09		3) Eliza Mallory 10	4) Elizabeth Causey 10		
---	Nevada	1	SCR	---	Assumption	1	SCR
	1) Nicole Wittrig 12	2) Adalynn Muhlbauer 10		1) Karleigh Fox 09	2) Madison Edwards 11		
	3) Bryn Crain 12	4) Chloe Childers 09		3) Maggie Miller 09	4) Amelia Moore 12		
---	Storm Lake	1	SCR	---	Atlantic	1	SCR
	1) Avery DeHaan 12	2) Reagan DeHaan 09		1) Emerie Jones 10	2) Allison Middents 11		
	3) Kamryn McCoy 09	4) Isari Jacuinde-Mellado 09		3) Jayci Reed 12	4) Braeleigh Hass 09		
---	Xavier, CR	1	SCR	---	Harlan	1	SCR
	1) Ainsley Foxen 10	2) Claire McGee 10		1) Ari Daniels 12	2) Paige Sonderman 12		
	3) Kenley Kellogg 09	4) Kennedy Geilenfeld 10		3) Josie Sonderman 10	4) Ellerie Nelson 12		
---	MOC-FV	1	SCR	---	Algona	1	SCR
	1) Ellia Netten 09	2) Isabella Wrather 10		1) Alyssa Miller 12	2) Eden Geddings 10		
	3) Keira Budden 09	4) Eliana Van Zee 11		3) Peyton Ernst 09	4) Aspen Trujillo 09		
---	SB-Luton	1	SCR	---	Bishop Heelan	1	SCR
	1) Leiana Eldridge 09	2) Ella Pearson 10		1) Jaida Douch 12	2) Maggie Vaandrager 10		
	3) Olivia Kneifl 09	4) Madison Kvidera 11		3) Lillian Wooten 10	4) Ali Schermerhorn 09		
---	Winterset	1	SCR	---	Boone	1	SCR
	1) Addison Gross 11	2) Natalie Lauer 11		1) Halle Bailey 11	2) Taylor Arringdale 12		
	3) Bailey Baldwin 11	4) Maven Smith 11		3) Avah Hayes 12	4) Bryana Morgan 11		
---	Waverly-SR	1	SCR	---	Benton Comm	1	SCR
	1) Lauren Muntefering 10	2) Kambree Westendorf 09		1) Brynlee Seeck 10	2) Reagan Brooks 10		
	3) Anika Wrage 11	4) Ayla Demuth 09		3) June Fisher 10	4) Layna DeMoss 11		
---	Saydel	1	SCR	---	Humboldt	1	SCR
	1) Milli Lo 10	2) Abby Hyde 10		1) Claire Olson 12	2) Ava Fischer 12		
	3) Melah Currie 09	4) Stella White 10		3) Kendall Works 12	4) Mia Schluter 12		
---	North Polk	1	SCR	---	Independence	1	SCR
	1) Ava Fjelland 09	2) Oaklin Hicks 10		1) Mercy Toe 09	2) Brooklyn Banghart 12		
	3) Addison Fiore 11	4) RaeLynne Monson 09		3) Brielle Wieland 09	4) Lilly Huebbe 09		
---	South Tama	1	SCR	---	Gilbert	1	SCR
	1) Cahysia Kapayou 10	2) Naomi Peshel 12		1) Kayla Rash 11	2) Paisley Wilberts 09		
	3) Sydney Arp 10	4) Livia Smith 11		3) Keaton Hanson 12	4) Gemma Smith 10		
---	West Liberty	1	SCR	---	Hampton-Dumont-CAL	1	SCR
	1) Chandler Gingerich 11	2) Molly Garcia 09		1) Drew Horton 10	2) Kendall Eilderts 09		
	3) Clara Simon 10	4) Elle Iske 10		3) Aliyah Swieter 09	4) Adelee Gronewold 10		
---	Carroll	1	SCR	---	Knoxville	1	SCR
	1) Macy Schaefer 10	2) Macy Simmelink 10		1) Pyper Smith 10	2) Mary Visser 09		
	3) Alyssa Grell 09	4) Destiny Riesselman 09		3) Laila Pedicini 10	4) Naomi Bacon 10		
---	Central DeWitt	1	SCR	---	LeMars	1	SCR
	1) Brynlee Shimp 12	2) Bri Clark 12		1) Claire Susemihl 12	2) Kinnick Leusink 09		
	3) Ava Putman 12	4) Zoey Fuglsang 12		3) Shea Susemihl 11	4) Eva Kass 10		
---	Burlington	1	SCR	---	Keokuk	1	SCR
	1) Katani Buhmeyer 10	2) Ella Schneden 09		1) Bella Crew 12	2) Gabby Courtney 10		
	3) Ava Brandenburg 10	4) Mylee Stiefel 12		3) Baylee Billings 11	4) Karsen Williams 09		
---	Carlisle	1	SCR	---	Denison-Schlswg	1	SCR
	1) Mayzee Daugherty 12	2) Taylor Thomas 10		1) Aubrey Young 09	2) Claire Olsen 10		
	3) Julia Naukkarinen 12	4) Mariah Luna 10		3) Isabel Bradley 09	4) Isabelle Blume 09		
---	Clarke	1	SCR				
	1) Lea Cupul 12	2) Jovee Blakely 09					
	3) Taylor Kent 09	4) Julia Langille 11					

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Results

---	DSM Christian	1	SCR
	1) Bethany Gray 10		2) Kenniasty Carstensen 11
	3) Hailey Mull 12		4) Hailey Deterding 10
---	CPU	1	SCR
	1) Kalyn Hillers 09		2) Emily Cue 10
	3) Lily Miller 12		4) Grace Estling 11
---	Fairfield	1	SCR
	1) Lauren Martin 12		2) Maddy Martin 12
	3) Iris Lane 12		4) Kensley Fligg 10
---	Fort Madison	1	SCR
	1) Mia Mason 11		2) Lyla Smith 10
	3) Mara Smith 12		4) Charley Huebner 11
---	DSM, Hoover	1	SCR
	1) Martina Kyne 09		2) Jenesis Brooks-Hayes 09
	3) Monah Kyne 12		4) Emma Miller 11

## Girls 1600 Sprint Medley 3A

State Meet: 4:03.14 \* 5/19/2006 Fairfield

A Bowers, A Bandy, A Kuiken, J Kuiken

All-Time: 3:55.82 ! 2017

Assumption

Team	Relay	Finals
<b>Finals</b>		
1 Sioux Center	1	4:00.09* 10
1) Stella Hietbrink 10		2) Taylor Holverson 11
3) Avery Bitker 12		4) Kolby Oldenkamp 12
1:48.639 (1:48.639)	2:50.597 (1:01.958)	4:00.082 (1:09.486)
2 Marion	1	4:01.74* 8
1) Bristol Beachler 09		2) Kendyl Aarhus 10
3) Hayden Dietz 10		4) Addison Dabroski 12
1:48.596 (1:48.596)	2:50.474 (1:01.878)	4:01.739 (1:11.266)
3 Mt Vernon	1	4:04.70 6
1) Taylor Franck 12		2) Grace Hale 12
3) Kiersten Swart 12		4) Evelyn Moeller 11
1:51.862 (1:51.862)	2:55.909 (1:04.047)	4:04.691 (1:08.783)
4 DSM Christian	1	4:07.34 5
1) Quincey Vogel 11		2) Hailey Mull 12
3) Ryley Kentfield 11		4) Elyse Erzen 10
1:54.358 (1:54.358)	2:56.178 (1:01.820)	4:07.335 (1:11.157)
5 Pella	1	4:09.29 4
1) Abigail Melvin 12		2) Haylie DeVries 10
3) Lizzie Neumann 12		4) Elizabeth VandeVoort 10
1:51.706 (1:51.706)	2:57.068 (1:05.363)	4:09.283 (1:12.215)
6 Maquoketa	1	4:10.49 3
1) Justice Armbruster 12		2) Isabel Hopson 09
3) Cora Widel 12		4) Natalie Hackman 10
1:55.441 (1:55.441)	2:57.843 (1:02.402)	4:10.488 (1:12.646)
7 ADM, Adel	1	4:10.60 2
1) Peyton Standley 12		2) Bella Smyth 11
3) Vivian Novelli 09		4) Clara Uthe 09
1:52.147 (1:52.147)	2:57.348 (1:05.201)	4:10.595 (1:13.247)
8 Washington	1	4:10.98 1
1) Leighton Messinger 12		2) Jaedyn Moore 11
3) Lauren Drahota 10		4) Iris Dahl 12
1:51.134 (1:51.134)	2:57.338 (1:06.204)	4:10.974 (1:13.637)

## Finals ... (Girls 1600 Sprint Medley 3A)

Team	Relay	Finals
9 CPU	1	4:11.48
1) Kalyn Hillers 09		2) Lily Miller 12
3) Grace Estling 11		4) Aaliyah Causey 10
1:52.868 (1:52.868)	2:57.438 (1:04.570)	4:11.480 (1:14.042)
10 Wahlert, Dub	1	4:11.68
1) Kate Scherrman 09		2) Claire Ludovissy 10
3) Caroline Freed 11		4) Lucy Lueken 11
1:52.853 (1:52.853)	2:57.163 (1:04.311)	4:11.676 (1:14.513)
11 MOC-FV	1	4:14.84
1) Kaleigh Tooker 12		2) Brielle Hoegh 10
3) Eva Immeker 11		4) Natalie Anderson 11
1:54.898 (1:54.898)	3:02.219 (1:07.321)	4:14.840 (1:12.621)
12 North Polk	1	4:15.21
1) Carrigan Rasmussen 10		2) Jocelyn Manock 12
3) Frankie Huether 11		4) Alexis Hergenreter 11
1:53.761 (1:53.761)	2:59.221 (1:05.461)	4:15.206 (1:15.985)
13 Harlan	1	4:16.25
1) Paige Sonderman 12		2) Josie Sonderman 10
3) Aubree Wegner 11		4) Julia Heslink 09
1:57.519 (1:57.519)	2:58.172 (1:00.653)	4:16.248 (1:18.076)
14 Winterset	1	4:16.30
1) Ainsley McLaren 11		2) Ella Baer 10
3) Madelyn Nordstrom 11		4) Mallory Back 10
1:56.738 (1:56.738)	3:03.171 (1:06.433)	4:16.294 (1:13.123)
15 Gilbert	1	4:16.90
1) Kayla Rash 11		2) Keaton Hanson 12
3) Madeline Olswing 09		4) Keira Andersen 12
1:53.714 (1:53.714)	2:59.079 (1:05.365)	4:16.893 (1:17.814)
16 Clear Crk-Amana	1	4:17.51
1) Anna Johnson 12		2) Jaylin Herring 12
3) Mia Bartusek 09		4) Alison Seidl 09
1:55.463 (1:55.463)	3:03.048 (1:07.586)	4:17.506 (1:14.458)
17 Clear Lake	1	4:20.14
1) Ella Landau 11		2) Lauren Englin 12
3) Mataya Quick 09		4) Saylor Schmitt 11
1:53.841 (1:53.841)	3:01.284 (1:07.443)	4:20.133 (1:18.850)
18 Glenwood	1	4:20.93
1) Megan Hughes 11		2) Olivia Wright 11
3) Haylee Hughes 12		4) Grace Berglund 11
1:54.791 (1:54.791)	3:03.440 (1:08.650)	4:20.929 (1:17.489)
19 Fort Madison	1	4:21.04
1) Mia Mason 11		2) Mara Smith 12
3) Charley Huebner 11		4) Avery Rump 12
1:56.436 (1:56.436)	3:04.101 (1:07.665)	4:21.037 (1:16.936)
20 Solon	1	4:22.99
1) Elynn Hemann 09		2) Sofia Ortega 12
3) Reese Hahn 10		4) Mailee Schmidt 09
1:55.967 (1:55.967)	3:04.323 (1:08.357)	4:22.984 (1:18.662)
21 Waverly-SR	1	4:24.91
1) Delilah Kroymann 12		2) Cat Wedeking 12
3) Ella Wilker 09		4) Regan Pries 10
1:52.392 (1:52.392)	3:01.981 (1:09.589)	4:24.906 (1:22.926)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

22	Decorah	1	4:26.67
	1) Ava Holthaus 12	2) Caylee Malanaphy 10	
	3) Claire Storhoff 11	4) Olivia Volkmann 11	
	1:56.526 (1:56.526)	3:05.154 (1:08.628)	4:26.664 (1:21.511)
23	Oskaloosa	1	4:30.20
	1) Monica Hundley 10	2) Alyssa Sheets 10	
	3) Delaney Harbour 10	4) Kennedy Wright 11	
	1:57.178 (1:57.178)	3:05.975 (1:08.797)	4:30.191 (1:24.217)
---	Williamsburg	1	DQ
	1) Graceyn Uhlmann 11	2) Morgan Larson 09	
	3) Sophia Stratton 09	4) Edie Axmear 11	
	1:56.266 (1:56.266)	3:03.734 (1:07.468)	4:18.202 (1:14.468)
---	SB-Luton	1	SCR
	1) Anna McCormick 10	2) Aubrey Shumansky 09	
	3) Clara Britton 09	4) Bjella Bockenstedt 12	
---	South Tama	1	SCR
	1) Cahysia Kapayou 10	2) Naomi Peshel 12	
	3) Madeline Paxton 12	4) Livia Smith 11	
---	Atlantic	1	SCR
	1) Aiza Jones 09	2) Taylee Hagen 12	
	3) Emma Meyer 10	4) Bella Brock 12	
---	Benton Comm	1	SCR
	1) Lila Bieschke 09	2) Aubrey Pugh 09	
	3) Libi Frese 11	4) Haddie Kroneman 10	
---	Newton	1	SCR
	1) Jazmyn Rivera 10	2) Darbee Owens 12	
	3) Ellie DeVries 10	4) Sarah Malow 11	
---	Perry	1	SCR
	1) Yami Gonzalez 12	2) Mariana Cerna 09	
	3) Payton Pierschbacher 10	4) Kilee Hughes 09	
---	Ballard	1	SCR
	1) Emefa VanLoo 10	2) Kaitlyn Dunn 09	
	3) Alea Kinzenbaw 09	4) Raya Miller 11	
---	Webster City	1	SCR
	1) Taylor Hejlik 09	2) Shamyra Millner 11	
	3) Ariauna Reed 11	4) Mckenna Buakham 10	
---	Algona	1	SCR
	1) Eden Geddings 10	2) Peyton Ernst 09	
	3) Aspen Trujillo 09	4) Chelsy Vicente-Gomez 11	
---	Xavier, CR	1	SCR
	1) Grace Rocca 10	2) Ainsley Foxen 10	
	3) Delaney Pauly 09	4) Lulu Rozeboom 12	
---	Hampton-Dumont-CAL	1	SCR
	1) Drew Horton 10	2) Adelee Gronewold 10	
	3) Madison Heilskov 11	4) MacKenzy Valley 10	
---	Storm Lake	1	SCR
	1) Zoe McCoy 12	2) Avery DeHaan 12	
	3) Grace Kenkel 12	4) Silvia Kampbell 12	
---	Spencer	1	SCR
	1) Sydnee Hopkins 12	2) Mercedes Krieg 11	
	3) Lucy Simington 11	4) Calista Frankenstein 09	
---	Assumption	1	SCR
	1) Amya Bass 10	2) Karleigh Fox 09	
	3) Maggie Miller 09	4) Makayla Martinez 09	

## Finals ... (Girls 1600 Sprint Medley 3A)

Team	Relay	Finals
---	W Delaware	1 SCR
	1) Erin Mensen 12	2) Zarah Ogun 09
	3) Harper McIntyre 09	4) Adrian Mormann 09
---	Fairfield	1 SCR
	1) Ryelan Schnoebelen 10	2) Kensley Fligg 10
	3) Kate Brecount 09	4) Alex Jo Steward 10
---	Carroll	1 SCR
	1) Saiya Piehl 09	2) Priscila Linares 11
	3) Amie Pottebaum 10	4) Mirabel Abraham 09
---	Western Dubuque	1 SCR
	1) Ellie Berning 10	2) Claire Stuntz 12
	3) Evelyn Biver 09	4) Hannah Da Silva 09
---	Humboldt	1 SCR
	1) Payton Elman 12	2) Gracey May 11
	3) Kate Sievers 12	4) Brynn Malo 12
---	Carlisle	1 SCR
	1) Maddison Wadle 09	2) Taylor Thomas 10
	3) Julia Naukkarinen 12	4) Lacey Beller 11
---	Creston	1 SCR
	1) Avery Staver 12	2) Kadley Bailey 12
	3) Hope Henderson 11	4) Maylee Riley 12
---	Denison-Schlswg	1 SCR
	1) Kyia Clark 12	2) Piomo Okwer 12
	3) Addison Francois 09	4) Hailey Cue 11
---	Charles City	1 SCR
	1) Eliza Mallory 10	2) Alexuz Ohlendorf 11
	3) Mckinley Stowe 10	4) Jacqueline Mayhew 09
---	DSM, Hoover	1 SCR
	1) Aleyna Kashama 12	2) Zoey Schmit 12
	3) Ja'Sandra Jefferson 10	4) Malak Nubie 10
---	Central DeWitt	1 SCR
	1) Ava Putman 12	2) Zoey Fuglsang 12
	3) Audey Fuglsang 10	4) Ashlyn Appleby 10
---	Bond-Farrar	1 SCR
	1) Elliott Kruse 11	2) Addison Brown 12
	3) Madelyn Klinkenborg 11	4) Delaney Edwards 11
---	Mt Pleasant	1 SCR
	1) Taylor Williamson 10	2) Ellie Freeman 10
	3) Izzy Sloat 10	4) Elodie Rawson 09
---	Boone	1 SCR
	1) Halle Bailey 11	2) Taylor Arringdale 12
	3) Madelyn Davidson 12	4) Reagan Morgan 09
---	Nevada	1 SCR
	1) Bryn Crain 12	2) Adalynn Muhlbauer 10
	3) Chloe Childers 09	4) Sophia Martinez 12
---	Bishop Heelan	1 SCR
	1) Maggie Vaandrager 10	2) Reese Bleeker 12
	3) Milania Lieber 09	4) Ellie Topf 10
---	Knoxville	1 SCR
	1) Tali Smith 12	2) Mariah Ripperger 10
	3) Kyra Witcher 09	4) Nicole Schultz 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

---	Keokuk	1	SCR
	1) Nevaeh Logan 11		2) Violet Shead 12
	3) Preslie Weigert 10		4) Kali Ames 11
---	Burlington	1	SCR
	1) Jordyn Knox 09		2) Iris Monseau Salvador 10
	3) Landrie Livingston 09		4) Claire Shinn 09
---	LeMars	1	SCR
	1) Claire Beitelspacher 12		2) Maya Hogrefe 12
	3) Makenzie DeRocher 12		4) Karis Hulinsky 11

## Girls 4x100 Meter Shuttle Hurdle 3A

State Meet: 1:01.15 \* 5/24/2025 ADM, Adel

H Nelson, B Smyth, E Coghlan, J Dufoe

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Prelims
<b>Preliminaries</b>		
1	ADM, Adel	1:03.66q
	1) Haley Nelson 12	2) Addy Bjork 11
	3) Bella Smyth 11	4) Elise Coghlan 12
2	North Polk	1:04.53q
	1) Frankie Huether 11	2) Peyton Dirks 10
	3) Ali Weiser 11	4) Reese Wagner 11
3	W Delaware	1:04.91q
	1) Norah Peyton 12	2) Sofia Schulte 10
	3) Lauren LeClere 12	4) Avery Schmitz 11
4	Western Dubuque	1:06.12q
	1) Alexis Vogel 10	2) Mya Hogrefe 11
	3) Addi Mohr 10	4) Macy Kalb 12
5	Newton	1:06.52q
	1) Ashlyn Karsten 10	2) Camryn Klein 10
	3) Mack Sims 12	4) Tori White 12
6	Clear Crk-Amama	1:07.34q
	1) Sydney Pfeiffer 12	2) Bella Behrens 11
	3) Jaylin Herring 12	4) Addilyn Scheetz 10
7	Benton Comm	1:07.37q
	1) Anna Embretson 10	2) Belle Werner 12
	3) Mya McCarville 10	4) Sophia Seeck 12
8	LeMars	1:07.48q
	1) Tessa Iverson 11	2) Sadie Meyer 10
	3) Kinnick Leusink 09	4) Claire Susemihl 12
9	Decorah	1:07.54
	1) Addisyn Ivy 10	2) Kelby Kerndt 12
	3) Kennady Riehle 11	4) Renae Wilson 12
10	Pella	1:08.06
	1) Avery Parks 11	2) Abrianna Mass 10
	3) Riley Parks 11	4) Emmilyn Riddick 11
11	Mt Vernon	1:08.52
	1) Kiersten Swart 12	2) Adrienne Ruhland 10
	3) Annabelle Smith 10	4) Khloe Karminski 09
12	DSM Christian	1:08.61
	1) Amya Patrick 09	2) Marli Lambert 12
	3) Brynn Van Mersbergen 11	4) Aleah Saak 10

## Preliminaries ... (Girls 4x100 Meter Shuttle Hurdle 3A)

Team	Relay	Prelims
13	West Liberty	1:09.31
	1) Liv Garcia 11	2) Alyssa Lenz 12
	3) Kylee Daufeldt 10	4) Lorelei Christensen 09
14	Solon	1:09.38
	1) Elynn Hemann 09	2) Wren Brodersen 09
	3) Anabelle Boelkins 09	4) Trea Eidahl 12
15	MOC-FV	1:09.70
	1) Emily Hoekstra 12	2) Maggie Verschuure 12
	3) Karli Vander Ploeg 10	4) Brielle Hoegh 10
16	Spencer	1:10.06
	1) Lucy Simington 11	2) Mackenzie Kunath 09
	3) Katie Eilts 11	4) Lauren Stuckey 10
17	Harlan	1:10.63
	1) Paige Sonderman 12	2) Brinley Van Baale 11
	3) Ainsley Mages 11	4) Ari Daniels 12
18	Mt Pleasant	1:10.81
	1) Delaney Anderson 09	2) Meadow Carter 12
	3) Kynlee White 12	4) Taylor Williamson 10
19	CPU	1:11.29
	1) Kyra White 11	2) Addison Schmitt 11
	3) Sophia Sprague 10	4) Adelyn Stien 10
20	Keokuk	1:11.85
	1) Alaya Carr 11	2) Nevaeh Logan 11
	3) Kylee Hoard 10	4) Baylee Billings 11
21	Sioux Center	1:12.01
	1) Ada Waddle 09	2) Rilyn Altena 09
	3) Aislinn Bruhn 09	4) Gabriella Oteri 12
22	Webster City	1:12.69
	1) Briley VanDeer 10	2) Kali Hartnett 10
	3) Tristyn Wright 11	4) Tessa Hansen 09
---	Gilbert	DQ
	1) Evie Christenson 12	2) Kaitlyn Terry 10
	3) Paisley Wilberts 09	4) Aubrey Johnson 09
---	Central DeWitt	DQ
	1) Marie Klostermann 11	2) Kinley Birt 12
	3) Kalli Barber 12	4) Adalyn Leistikow 10

## Girls 4x100 Meter Shuttle Hurdle 3A

State Meet: 1:01.15 \* 5/24/2025 ADM, Adel

H Nelson, B Smyth, E Coghlan, J Dufoe

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Finals
<b>Finals</b>		
1	North Polk	1:02.59 10
	1) Frankie Huether 11	2) Peyton Dirks 10
	3) Ali Weiser 11	4) Reese Wagner 11
2	ADM, Adel	1:03.02 8
	1) Haley Nelson 12	2) Addy Bjork 11
	3) Bella Smyth 11	4) Elise Coghlan 12
3	Western Dubuque	1:05.29 6
	1) Alexis Vogel 10	2) Mya Hogrefe 11
	3) Addi Mohr 10	4) Macy Kalb 12

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4	W Delaware	1	1:05.93	5
	1) Norah Peyton 12		2) Sofia Schulte 10	
	3) Lauren LeClere 12		4) Avery Schmitz 11	
5	Clear Crk-Amana	1	1:06.26	4
	1) Sydney Pfeiffer 12		2) Bella Behrens 11	
	3) Jaylin Herring 12		4) Addilyn Scheetz 10	
6	Newton	1	1:06.52	3
	1) Ashlyn Karsten 10		2) Camryn Klein 10	
	3) Mack Sims 12		4) Tori White 12	
7	LeMars	1	1:07.70	2
	1) Tessa Iverson 11		2) Sadie Meyer 10	
	3) Kinnick Leusink 09		4) Claire Susemihl 12	
8	Benton Comm	1	1:08.40	1
	1) Anna Embretson 10		2) Belle Werner 12	
	3) Mya McCarville 10		4) Sophia Seeck 12	

## Girls High Jump 3A

State Meet: 5-09 \* 5/22/2014 Alexis Conaway

All-Time: 6-01 ! 2010 Hannah Wilms

Name	Yr	School	Finals
<b>Finals</b>			
1	Brielle Hoegh	10 MOC-FV	5-06.50 10
2	Phenix Gibbs	10 Pella	5-04.00 8
3	Reese Wagner	11 North Polk	5-04.00 6
4	Emma Robinson	12 Carlisle	5-02.00 3.5
4	Lauren LeClere	12 W Delaware	5-02.00 3.5
4	Renae Wilson	12 Decorah	5-02.00 3.5
4	Jocelyn Endelman	12 Waverly-SR	5-02.00 3.5
8	Amalia Djoumessi	10 Waverly-SR	5-02.00 1
9	Lilian Mennen	11 Burlington	5-02.00
9	Jada Roberts	11 Algona	5-02.00
11	Allie Grandgenett	11 Gilbert	5-02.00
11	Isabel Hopson	09 Maquoketa	5-02.00
13	Amiya Hester	11 Bond-Farrar	5-02.00
14	Sara Mun	12 Denison-Schl	5-00.00
14	Ellie Nielsen	10 Williamsburg	5-00.00
14	Kylee Hoard	10 Keokuk	5-00.00
17	Jaslyn Rasmussen	10 North Polk	4-10.00
17	Alaina Kurt	09 Independence	4-10.00
19	Evelyn Biver	09 Western Dub	4-10.00
19	Tori White	12 Newton	4-10.00
21	Harper McIntyre	09 W Delaware	4-10.00
---	Willow Feld	09 Carroll	NH
---	Leah Clark	09 Bond-Farrar	NH
---	Kaelyn Denahy	10 Central DeWi	NH
---	Adrienne Ruhland	10 Mt Vernon	SCR
---	Skylar Pasker	09 Mt Vernon	SCR
---	Rilie Little	12 Marion	SCR
---	Lauren Stuckey	10 Spencer	SCR
---	Melanie Chanthapangna	12 Storm Lake	SCR
---	Addison Stuckey	12 Spencer	SCR
---	Dottie Reed	11 Winterset	SCR
---	Ella Baer	10 Winterset	SCR
---	Elizabeth Demuth	09 Pella	SCR
---	Joleigh Hensley	09 SB-Luton	SCR

## Finals ... (Girls High Jump 3A)

Name	Yr	School	Finals
---	Kennedy Wright	11 Oskaloosa	SCR
---	Layla Shipley	12 Solon	SCR
---	Aislinn Bruhn	09 Sioux Center	SCR
---	Kate Proskovec	09 Bishop Heela	SCR
---	Kilee Peoples	12 Burlington	SCR
---	Talulah Schroeder	10 Benton Comm	SCR
---	Jada Low	09 Charles City	SCR
---	Isla Santiago	09 Clear Crk-Am	SCR
---	Avery Speas	09 Central DeWi	SCR
---	Katrina Williams	12 Atlantic	SCR
---	Alea Kinzenbaw	09 Ballard	SCR
---	Charlotte Schrum	12 Denison-Schl	SCR
---	Chloe DeGroot	09 Benton Comm	SCR
---	Allison Kuhn	09 Ballard	SCR
---	Jenna Walters	10 Glenwood	SCR
---	Reese Ashing	10 Grinnell	SCR
---	Kate Brecount	09 Fairfield	SCR
---	Brayleigh Angstrom	09 Humboldt	SCR
---	Callie Olsen	09 Humboldt	SCR
---	Madison Heilskov	11 Hampton-Dumo	SCR
---	McKaia Rowe	09 Clear Lake	SCR
---	Brylee Hanson	11 Decorah	SCR
---	Isobel TePoel	10 Clear Crk-Am	SCR
---	Mya Hogrefe	11 Western Dub	SCR
---	Ernestine Kennedy	12 DSM, Hoover	SCR

## Girls Long Jump 3A

State Meet: 19-03.50 \* 5/17/2024 Reese Brownlee

All-Time: 20-08.25 ! 2025 Abby Mecklenburg

Name	Yr	School	Finals
<b>Finals</b>			
1	Aiden Gosselink	12 Grinnell	19-07.25* 10
2	Aubrey Johnson	09 Gilbert	18-01.25 8
3	Shannon Cleary	12 Bishop Heela	17-08.25 6
4	Frankie Huether	11 North Polk	17-07.50 5
5	Maya Lentz	11 Algona	17-02.00 4
6	Lucy Wischmeyer	11 Mt Vernon	17-02.00 3
7	Izzy Sloat	10 Mt Pleasant	17-01.75 2
8	Ella Wilker	09 Waverly-SR	17-01.25 1
9	Sullivan Hall	11 West Liberty	16-09.00 0.7
10	Maddie Martin	11 Bond-Farrar	16-09.00 2.1
11	Ella Landau	11 Clear Lake	16-08.75 0.9
12	Taylor Holverson	11 Sioux Center	16-07.75 0.9
13	Kiersten TeBockhorst	09 Independence	16-06.00 -0.2
14	Sophia Calpito	11 Charles City	16-03.50 0.3
15	Delaney Harbour	10 Oskaloosa	15-11.00 1.5
16	Lila Wiederstein	12 Atlantic	15-09.25 1.0
17	Bella Crew	12 Keokuk	15-09.25 1.3
18	Sara Mun	12 Denison-Schl	15-07.50 -0.4
19	Jaslyn Villa	10 Washington	15-06.25 1.1
20	Tenley Levin	09 Solon	15-05.00 0.1
21	Gabriella Dayton	09 Williamsburg	15-03.50 -0.7
22	Kenzie Niehus	11 LeMars	15-02.75 0.5

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23	Addi Mohr	10	Western Dub	14-05.25	0.6	<b>Finals ... (Girls Shot Put 3A)</b>					
---	Erin Mensen	12	W Delaware	FOUL		<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>		
---	Sarae Van Zee	11	MOC-FV	SCR	NWI	8	Olive McWilliams	09	Williamsburg	38-11.00	1
---	Lindsay Hart	09	Mt Pleasant	SCR	NWI	9	Grace Tangen	10	Decorah	38-08.25	
---	Beau Gilmore	11	MOC-FV	SCR	NWI	10	Lilly Ness	11	Williamsburg	37-08.50	
---	Gabriella Oteri	12	Sioux Center	SCR	NWI	11	Ella Ensminger	12	Mt Pleasant	37-01.75	
---	Anabelle Boelkins	09	Solon	SCR	NWI	12	Ava Pfab	11	Western Dub	37-00.25	
---	Jasmine Gonzalez	10	Perry	SCR	NWI	13	Lauren Hagedorn	12	ADM, Adel	36-11.00	
---	Jolie Robbins	10	Spencer	SCR	NWI	14	Reagan Haynes	11	Algona	36-08.50	
---	Abbigail Stoffel	10	W Delaware	SCR	NWI	15	Aly Erickson	12	Vinton-Shell	35-10.75	
---	Olivia Hala	11	South Tama	SCR	NWI	16	Avah Licht	12	Carlisle	35-07.25	
---	Preslie Bryan	09	Oskaloosa	SCR	NWI	17	Avery Pelong	11	Knoxville	35-06.50	
---	Anaja Garner	11	Pella	SCR	NWI	18	Amanda Lahr	11	Webster City	35-06.00	
---	Carly Cupp	10	North Polk	SCR	NWI	19	Abby Wallinga	12	MOC-FV	34-10.50	
---	Mariana Cerna	09	Perry	SCR	NWI	20	Maggie Coutchie	12	Wahlert, Dub	34-00.75	
---	Kaitlyn Weaver	09	Pella	SCR	NWI	21	Olivia Colfack	09	SB-Luton	33-08.50	
---	Taylor Arringdale	12	Boone	SCR	NWI	22	Taylor Bridgewater	09	Vinton-Shell	33-05.25	
---	Charlize Campbell	10	Carlisle	SCR	NWI	23	Keyrra Flowers	12	Charles City	33-02.50	
---	Reagan Brooks	10	Benton Comm	SCR	NWI	24	Jaycee Hanson	12	Creston	33-00.25	
---	Brynnlee Seeck	10	Benton Comm	SCR	NWI	---	Colbie Tenborg	12	Saydel	SCR	
---	Priscila Linares	11	Carroll	SCR	NWI	---	Paityn Ensminger	11	Mt Pleasant	SCR	
---	Brylee Mrla	11	Carroll	SCR	NWI	---	Rizzy Carsrud	10	Nevada	SCR	
---	Chloe Roling	10	Carlisle	SCR	NWI	---	Makenna Bird	11	North Polk	SCR	
---	Sofia Musick	11	Xavier, CR	SCR	NWI	---	Allie Campbell	11	Oskaloosa	SCR	
---	Bella Smyth	11	ADM, Adel	SCR	NWI	---	Ava Roe	09	Pella	SCR	
---	Peighton Crannell	09	ADM, Adel	SCR	NWI	---	Katie Kass	11	W Delaware	SCR	
---	Emerie Jones	10	Atlantic	SCR	NWI	---	Maris Carlson	10	Waverly-SR	SCR	
---	Taylor Wuebker	09	Ballard	SCR	NWI	---	Madeline Fink	10	W Delaware	SCR	
---	Ava Caudle	09	Assumption	SCR	NWI	---	Morgan Vaughn	12	Winterset	SCR	
---	Allie Hammes	09	Fairfield	SCR	NWI	---	Macy Landers	09	Winterset	SCR	
---	Kaitlyn Terry	10	Gilbert	SCR	NWI	---	Brinley Landsgard	10	Solon	SCR	
---	Ava Holthaus	12	Decorah	SCR	NWI	---	Autumn Elsbury	12	South Tama	SCR	
---	Sara Petsche	10	Western Dub	SCR	NWI	---	Piper Johnson	11	Solon	SCR	
---	Kesley Emick	09	Humboldt	SCR	NWI	---	Brooke Mart	11	Spencer	SCR	
---	Gabi Herzog	09	Humboldt	SCR	NWI	---	Sophia Doty	09	Spencer	SCR	
---	Ayrianna Legband	10	Glenwood	SCR	NWI	---	Ella Goodall	09	Central DeWi	SCR	
---	Hailey Grell	09	Central DeWi	SCR	NWI	---	Evelyn Mayhew	12	Charles City	SCR	
---	Mia Bartusek	09	Clear Crk-Am	SCR	NWI	---	Ella Smith	12	Carlisle	SCR	
---	Grace Green	10	Central DeWi	SCR	NWI	---	Kinze Manson	10	CPU	SCR	
---	Jayce Grennan	12	CPU	SCR	NWI	---	Shay Massner	12	CPU	SCR	
---	Jerikah Dodd	12	Decorah	SCR	NWI	---	Nakia Tangang	12	Clear Crk-Am	SCR	
---	Kenna Eilders	10	Clear Lake	SCR	NWI	---	Scarlett Helling	09	Xavier, CR	SCR	
<b>Girls Shot Put 3A</b>						---	Faith Larsen	10	Atlantic	SCR	
State Meet: 47-06.25 * 5/23/2025 Charlee Morton						---	Lauren Lambert	10	Denison-Schl	SCR	
All-Time: 53-03.50 ! 1992 Paulette Mitchell						---	Cailey Horner	10	Ballard	SCR	
<b>Name</b>						---	Kaylee Hanson	10	Bond-Farrar	SCR	
<b>Yr</b>						---	Olivia Olson	12	Atlantic	SCR	
<b>School</b>						---	Adelyn Berndt	10	Harlan	SCR	
<b>Finals</b>						---	Kiera Stewart	11	Keokuk	SCR	
1	Kylee Hill	11	Burlington	46-06.00	10	---	Maren Subbert	11	Hampton-Dumo	SCR	
2	Katie Scheckel	12	Pella	43-11.25	8	---	Harper Gjerstad	09	Maquoketa	SCR	
3	Taylor Schwenn	11	Clear Lake	40-07.00	6	---	Evelyn Bundt	12	MOC-FV	SCR	
4	Maleah Shivers	11	Boone	40-01.25	5	---	Izzy Plueger	11	LeMars	SCR	
5	Jennifer LaMar	10	Boone	39-09.75	4	---	Elyse Setterstrom	12	Fairfield	SCR	
6	Jorgia VanDeBerg	11	Sioux Center	39-06.75	3	---	Aubrey Brandt	10	Gilbert	SCR	
7	Lauren Luzum	12	Decorah	39-02.25	2						

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---	Kaci Hodgson	09	Western Dub	SCR
---	Maggie Smith	12	Glenwood	SCR
---	Lily Ditzler	12	Grinnell	SCR
---	Ava Hernandez	10	Glenwood	SCR
<b>Girls Discus Throw 3A</b>				
State Meet: 154-07 * 5/17/2012 Katelyn Weimerskirch				
All-Time: 179-07 ! 2014 Kiana Phelps				
<b>Name Yr School Finals</b>				
<b>Finals</b>				
1	Kylee Hill	11	Burlington	151-03 10
2	Ireland Bishop	11	Pella	144-09 8
3	Jorgia VanDeBerg	11	Sioux Center	136-02 6
4	Lauren Hagedorn	12	ADM, Adel	134-04 5
5	Annika Schmelzer	12	Decorah	134-01 4
6	Maggie Coutchie	12	Wahlert, Dub	132-08 3
7	Macy Landers	09	Winterset	130-11 2
8	Maren Subbert	11	Hampton-Dumo	128-08 1
9	Kaylee Hanson	10	Bond-Farrar	128-06
10	Grace Tangen	10	Decorah	128-00
11	Reagan Haynes	11	Algona	125-02
12	Olive McWilliams	09	Williamsburg	123-07
13	Lauren Loudon	12	Grinnell	121-09
14	Braylee Plotz	10	Williamsburg	120-01
15	Kinley Dietz	09	Waverly-SR	118-03
16	Nakia Tangang	12	Clear Crk-Am	117-01
17	Abby Wallinga	12	MOC-FV	114-11
18	Elyse Setterstrom	12	Fairfield	113-09
19	Olivia Colfack	09	SB-Luton	111-02
20	Kahra Bolton Lewis	11	Ballard	111-00
21	Ireine Mugisha	12	Carlisle	109-04
22	Turner Patrick	09	Clear Crk-Am	95-07
23	Ava Pfab	11	Western Dub	90-07
24	Maggie Smith	12	Glenwood	88-00
---	Piper Johnson	11	Solon	SCR
---	Jenna Krantz	12	North Polk	SCR
---	Allie Campbell	11	Oskaloosa	SCR
---	Makenna Bird	11	North Polk	SCR
---	Olivia Langstraat	12	Sioux Center	SCR
---	Samantha TeGrootenhuis	10	Pella	SCR
---	Avery Popen	11	Webster City	SCR
---	Kylee Daufeldt	10	West Liberty	SCR
---	Taylor Miksch	12	Washington	SCR
---	Ava Hartman	12	Winterset	SCR
---	Mallory Wulf	12	West Liberty	SCR
---	Grace Kenkel	12	Storm Lake	SCR
---	Shea Boots	09	Vinton-Shell	SCR
---	Autumn Elsbury	12	South Tama	SCR
---	Ella Kennedy	11	Wahlert, Dub	SCR
---	Madeline Fink	10	W Delaware	SCR
---	Jennifer LaMar	10	Boone	SCR
---	Chloe Kock	11	Carroll	SCR
---	Mallory Nikkel	12	Bond-Farrar	SCR
---	Keyra Flowers	12	Charles City	SCR
---	Julietta Marschke	09	Clear Lake	SCR

## Finals ... (Girls Discus Throw 3A)

Name	Yr	School	Finals	
---	Ella Goodall	09	Central DeWi	SCR
---	Gracen Plagge	12	Denison-Schl	SCR
---	Kayla Barrett	12	DSM Christia	SCR
---	Brenna Garrity	11	ADM, Adel	SCR
---	Olivia Olson	12	Atlantic	SCR
---	Esther Wilson	10	Ballard	SCR
---	Scarlett Helling	09	Xavier, CR	SCR
---	Madilyn Koch	11	Maquoketa	SCR
---	Evelyn Bundt	12	MOC-FV	SCR
---	Kennedi Davis	09	LeMars	SCR
---	Rizzy Carsrud	10	Nevada	SCR
---	Madison Cunningham	09	Newton	SCR
---	Ellaina McMullin	09	Mt Pleasant	SCR
---	Lucille Boge	09	Western Dub	SCR
---	Morgan Loonan	10	Gilbert	SCR
---	Emily Mourlam	11	CPU	SCR
---	Adelyn Berndt	10	Harlan	SCR
---	Kiera Stewart	11	Keokuk	SCR
---	Sylvie Morton	09	Hampton-Dumo	SCR

## Girls 100 Meter Dash 4A

State Meet: 11.49 \* 2018 Sydney Milani

All-Time: 11.49 ! 2018 Syndey Milani

Name	Yr	School	Prelims	
<b>Preliminaries</b>				
1	Katie Willits	12	Waukee NW	11.70q 0.7
2	Morgan Karr	12	Valley, WDM	12.09q 0.7
3	Keziah Caldwell	11	Waukee NW	12.12q 0.7
4	Alayna Goldsberry	11	SE Polk	12.15q 0.4
5	Micayla Ramirez	11	North Scott	12.19q 0.4
6	Kamarionna Crittenden	12	CR Washingto	12.25q -1.1
7	Kai Rebro	11	Pleasant Val	12.39q 0.7
7	Tatum Miller	12	Bettendorf	12.39q -1.1
9	Avah Cooper	12	Prairie, CR	12.39 -1.1
10	Morgan Hospodarsky	12	CR Kennedy	12.44 0.7
11	Brooklyn Guild	12	Linn-Mar	12.50 0.4
12	Teresa Tarplah	10	SE Polk	12.52 0.4
13	Kenzie Potter	12	DSM, East	12.58 -1.1
14	Julia Knapp	12	DSM, Rooseve	12.61 -1.1
15	Chloe Williams	09	Waukee	12.62 0.4
16	Olive Dankwah	09	Pleasant Val	12.65 0.4
17	Ellie Fraga	11	IC, City Hig	12.65 -1.1
18	Madi Reed	10	Urbandale	12.66 0.7
19	Olivia Graham	11	North Scott	12.76 0.7
20	Payton Keiser	11	Valley, WDM	12.79 -1.1
21	Ellie Mead	11	Dowling Cath	12.88 0.4
22	Stella Schmitz	11	Cedar Falls	12.90 -1.1
23	Ari Wroe	10	Cedar Falls	12.94 0.7
24	Elizabeth Yount	09	Linn-Mar	12.97 0.4

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## Girls 100 Meter Dash 4A

State Meet: 11.49 \* 2018 Sydney Milani

All-Time: 11.49 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1 Katie Willits	12	Waukee NW	11.66 10
2 Alayna Goldsberry	11	SE Polk	12.10 8
3 Morgan Karr	12	Valley, WDM	12.18 6
4 Micayla Ramirez	11	North Scott	12.21 5
5 Keziah Caldwell	11	Waukee NW	12.26 4
6 Kamarionna Crittenden	12	CR Washingto	12.31 3
7 Tatum Miller	12	Bettendorf	12.40 2
8 Kai Rebro	11	Pleasant Val	12.55 1

## Girls 200 Meter Dash 4A

State Meet: 23.68 \* 2018 Sydney Milani

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Katie Willits	12	Waukee NW	23.94q -0.3
2 Morgan Fisher	10	Ankeny	24.32q -0.3
3 Abby Mecklenburg	12	Linn-Mar	24.69q 0.4
4 Kloe Nissen	11	Cedar Falls	24.75q 0.4
5 Quinn Jorgensen	10	Waukee NW	24.78q 0.5
6 Alayna Goldsberry	11	SE Polk	24.95q -0.3
7 Ashlynn Hunter	10	Prairie, CR	25.00q 0.5
8 Julia Knapp	12	DSM, Rooseve	25.23q 0.5
9 Kamarionna Crittenden	12	CR Washingto	25.24 -0.3
10 Haley Duke	10	Bettendorf	25.27 0.5
11 Micayla Ramirez	11	North Scott	25.40 0.4
12 Fiona Mulligan	11	Urbandale	25.48 0.4
13 Lena Bruening	11	Ankeny	25.51 0.4
14 Natalie Sitzmann	12	Waukee	25.70 0.5
15 Brylynn Petek	10	Johnston	25.72 -0.3
16 Mia German	11	Urbandale	25.73 0.5
17 Emma White	11	Indianola	25.76 0.4
18 Mylie Leo	11	SE Polk	25.91 0.4
19 Faith Kpeayeh	12	Prairie, CR	25.95 0.5
20 Kaylee Carley	11	DUB Hempstea	26.02 -0.3
21 Savannah Mathias	10	IC, West	26.06 -0.3
22 Taylor Powers	10	Pleasant Val	26.51 -0.3
23 Samaria Thomas	11	DUB Hempstea	26.60 0.5
24 Reese Cabbage	10	Linn-Mar	26.67 0.4

## Girls 200 Meter Dash 4A

State Meet: 23.68 \* 2018 Sydney Milani

All-Time: 23.68 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1 Katie Willits	12	Waukee NW	23.70 10
2 Morgan Fisher	10	Ankeny	24.32 8
3 Quinn Jorgensen	10	Waukee NW	24.33 6
4 Kloe Nissen	11	Cedar Falls	24.38 5

## Finals ... (Girls 200 Meter Dash 4A)

Name	Yr	School	Finals
5 Alayna Goldsberry	11	SE Polk	24.86 4
6 Julia Knapp	12	DSM, Rooseve	25.07 3
7 Ashlynn Hunter	10	Prairie, CR	25.07 2
--- Abby Mecklenburg	12	Linn-Mar	DNS 2.2

## Girls 400 Meter Dash 4A

State Meet: 52.90 \* 2018 Sydney Milani

All-Time: 52.90 ! 2018 Sydney Milani

Name	Yr	School	Finals
<b>Finals</b>			
1 Kloe Nissen	11	Cedar Falls	53.93 10
2 Morgan Fisher	10	Ankeny	54.23 8
3 Logan Vogt	11	Waukee NW	55.23 6
4 Avery Vogt	12	Waukee NW	56.17 5
5 Haley Duke	10	Bettendorf	56.53 4
6 Reese Wiley	11	Prairie, CR	56.71 3
7 Olivia Fehn	12	Johnston	56.82 2
8 Brooklynn Ruddy	10	SE Polk	57.18 1
9 Leighton Stanford	10	DC-Grimes	57.96
10 Savannah Mathias	10	IC, West	57.96
11 Emma White	11	Indianola	58.29
12 Piper Birkenholz	12	DUB Hempstea	58.47
13 Kendal Sandy	11	Indianola	58.98
14 Jaeden Jackson	10	Ankeny Cent	59.49
15 Natalya Deardorff	12	Ames	59.85
16 Anna Sojka	12	Linn-Mar	59.98
17 Gillian Schramm	11	Ankeny	1:00.12
18 Jena Frank	12	IC, West	1:00.15
19 Lydia Bennett	11	Waukee	1:00.33
20 Elliott Lessman	09	Valley, WDM	1:00.48
21 Olive Wilson	09	CR Kennedy	1:00.52
22 Mackenzie Maher	09	IC, Liberty	1:00.96
23 Kaelyn Rinehart	10	Ankeny Cent	1:01.59
--- KieHona Turner	11	DVPT, North	DQ
--- Addeline Vondrak	09	SC, West	SCR
--- Kaylie Husser	11	Bettendorf	SCR
--- Caroline Naeve	09	SE Polk	SCR
--- Lila Otts	09	Pleasant Val	SCR
--- Emerson Ehrke	09	Pleasant Val	SCR
--- Kelsee Tedrow	10	Prairie, CR	SCR
--- Samanvi Anbukumar	09	Waukee	SCR
--- Lucy Harnack	09	WAT West	SCR
--- Amara Lueth	11	Ames	SCR
--- Zoey Lee	10	Valley, WDM	SCR
--- Emma DeToye	09	DVPT, Centra	SCR
--- Braeley Wullweber	12	DUB Senior	SCR
--- Madeleine Cowherd	10	Dowling Cath	SCR
--- Jill Martin	09	Dowling Cath	SCR
--- Anna Christensen	09	CR Kennedy	SCR
--- Cooper Hamilton	12	IC, City Hig	SCR
--- Teryn Rippentrop	12	Fort Dodge	SCR
--- Maggie Yager	11	DUB Hempstea	SCR
--- Amaris Clemente	09	Linn-Mar	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

---	Sydney Skokan	12	Lewis Centra	SCR
---	Kara Bowers	10	CB, A Lincol	SCR
---	Angelica Gatkuoth	09	CB, T Jeffer	SCR
---	Jenna Hannam	10	Cedar Falls	SCR
---	Micah Fitzgerald	12	Johnston	SCR
<b>Girls 800 Meter Run 4A</b>				
State Meet: 2:08.15 * 5/21/2011 Shelby Houlihan				
All-Time: 2:06.52 ! 2021 Ainsley Erzen				
<b>Name Yr School Finals</b>				
<b>Finals</b>				
1	Makenna Madetzke	12	Ankeny	2:09.50 10
	1:03.445 (1:03.445)		2:09.495 (1:06.051)	
2	Rebecca Flick	09	Ankeny Cent	2:10.77 8
	1:04.041 (1:04.041)		2:10.764 (1:06.723)	
3	Katherine Tomlyanovich	10	Cedar Falls	2:11.09 6
	1:04.630 (1:04.630)		2:11.081 (1:06.452)	
4	Olivia Fehn	12	Johnston	2:11.48 5
	1:03.759 (1:03.759)		2:11.473 (1:07.715)	
5	Meredith Gentry	12	DSM, Rooseve	2:11.94 4
	1:03.906 (1:03.906)		2:11.935 (1:08.030)	
6	Joley Sullivan	10	DVPT, Centra	2:12.64 3
	1:04.200 (1:04.200)		2:12.636 (1:08.437)	
7	Piper Vander Ley	10	Waukee NW	2:13.84 2
	1:05.131 (1:05.131)		2:13.833 (1:08.702)	
8	Ellie Blevins	11	Ankeny Cent	2:15.11 1
	1:06.096 (1:06.096)		2:15.104 (1:09.008)	
9	Reese Wiley	11	Prairie, CR	2:15.57
	1:05.454 (1:05.454)		2:15.569 (1:10.115)	
10	Jayna Lamping	12	Johnston	2:15.66
	1:05.936 (1:05.936)		2:15.651 (1:09.716)	
11	Tenley Heidgerken	09	DC-Grimes	2:15.81
	1:06.074 (1:06.074)		2:15.805 (1:09.732)	
12	Hailey Kozloski	11	Linn-Mar	2:16.67
	1:06.424 (1:06.424)		2:16.666 (1:10.242)	
13	Emee Dani	11	Waukee NW	2:16.71
	1:05.313 (1:05.313)		2:16.701 (1:11.388)	
14	Madelyn Hoss	11	Lewis Centra	2:16.88
	1:05.727 (1:05.727)		2:16.876 (1:11.149)	
15	Sarah Foad	09	Pleasant Val	2:17.40
	1:06.021 (1:06.021)		2:17.396 (1:11.376)	
16	Emme Baugh Van Zee	11	Waukee	2:17.51
	1:08.030 (1:08.030)		2:17.507 (1:09.478)	
17	Calissa Fruin	10	IC, City Hig	2:17.91
	1:07.060 (1:07.060)		2:17.904 (1:10.845)	
18	Brynn Edgin	12	Pleasant Val	2:18.40
	1:05.847 (1:05.847)		2:18.400 (1:12.553)	
19	Brogan Evans	12	Mason City	2:19.85
	1:07.267 (1:07.267)		2:19.845 (1:12.578)	
20	Leah Kincaid	11	Ames	2:20.34
	1:08.074 (1:08.074)		2:20.333 (1:12.260)	
21	Carryn Sattler	12	Clinton	2:20.38
	1:07.847 (1:07.847)		2:20.379 (1:12.532)	
22	Delayna Reese	11	Lewis Centra	2:21.93
	1:08.347 (1:08.347)		2:21.923 (1:13.576)	

## Finals ... (Girls 800 Meter Run 4A)

Name	Yr	School	Finals
23	Nevaeh Kessler	12 DUB Senior	2:23.96
	1:09.591 (1:09.591)	2:23.952 (1:14.361)	
24	Marcella Palmer	12 SC, North	2:28.79
	1:08.254 (1:08.254)	2:28.781 (1:20.528)	
---	Olive DeRocher	10 Norwalk	SCR
---	Semani Hernandez	12 WAT West	SCR
---	Jade Winne	11 Valley, WDM	SCR
---	Aleah Port	12 Waukee	SCR
---	Taniya O'Brien	11 WAT West	SCR
---	Maria Gutierrez	12 SC, North	SCR
---	Anika Roe	11 Prairie, CR	SCR
---	Lauren Foster	10 SE Polk	SCR
---	Kylie Dunne	10 SC, West	SCR
---	Elizabeth Tiffany	11 Dowling Cath	SCR
---	Arianna Horras	11 Dowling Cath	SCR
---	Lise Hoyer	11 DUB Senior	SCR
---	Hazel Freund	09 DUB Hempstea	SCR
---	Ella Schulz	12 Ankeny	SCR
---	Ophelia Harrelson	10 Ames	SCR
---	Olivia Leehey	10 Cedar Falls	SCR
---	Grace Mitchell	10 Bettendorf	SCR
---	Cali Laxton	09 Indianola	SCR
---	Kate Van Waning	12 IC, West	SCR
---	Mackenna Johnston	09 North Scott	SCR
---	Anna Temple	10 Linn-Mar	SCR
---	Aileah Geopfert	10 Fort Dodge	SCR
---	Veronica Uy	11 DVPT, North	SCR
---	Claire Locher	12 IC, City Hig	SCR

## Girls 1500 Meter Run 4A

State Meet: 4:25.32 \* 5/18/2024 Addison Dorenkamp

All-Time: 4:25.32 ! 5/18/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1	Charlee Gall	10 Cedar Falls	4:27.41 10
	54.262 (54.262)	2:10.236 (1:15.975)	3:21.967 (1:11.731)
	4:27.407 (1:05.440)		
2	Makenna Madetzke	12 Ankeny	4:33.17 8
	54.431 (54.431)	2:10.030 (1:15.599)	3:22.800 (1:12.770)
	4:33.169 (1:10.370)		
3	Emmy Stubbendeck	09 Waukee NW	4:33.62 6
	53.789 (53.789)	2:10.312 (1:16.523)	3:24.459 (1:14.147)
	4:33.619 (1:09.160)		
4	Abigail Burns	12 IC, City Hig	4:35.24 5
	54.190 (54.190)	2:10.510 (1:16.320)	3:25.830 (1:15.320)
	4:35.240 (1:09.411)		
5	Joley Sullivan	10 DVPT, Centra	4:35.74 4
	54.329 (54.329)	2:10.381 (1:16.053)	3:25.226 (1:14.845)
	4:35.740 (1:10.514)		
6	Ella Jones	10 Waukee NW	4:36.12 3
	53.284 (53.284)	2:10.086 (1:16.802)	3:24.653 (1:14.567)
	4:36.118 (1:11.466)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

7	Emma Stanley	11 Ames	4:36.29	2	---	Maria Gutierrez	12 SC, North	SCR
	55.591 (55.591)	2:10.055 (1:14.464)	3:24.819 (1:14.764)					
	4:36.282 (1:11.463)							
8	Emma Chesterman	12 DUB Senior	4:39.38	1				
	56.247 (56.247)	2:12.395 (1:16.148)	3:29.780 (1:17.386)					
	4:39.376 (1:09.597)							
9	Tenley Heidgerken	09 DC-Grimes	4:39.41					
	55.352 (55.352)	2:11.200 (1:15.848)	3:27.585 (1:16.386)					
	4:39.402 (1:11.817)							
10	Ele Wharton	11 Johnston	4:40.15					
	54.989 (54.989)	2:10.450 (1:15.461)	3:26.611 (1:16.161)					
	4:40.147 (1:13.536)							
11	Hailey Kozloski	11 Linn-Mar	4:40.36					
	54.889 (54.889)	2:11.238 (1:16.349)	3:27.590 (1:16.352)					
	4:40.356 (1:12.767)							
12	Maddie Millage	11 Pleasant Val	4:40.44					
	55.457 (55.457)	2:11.011 (1:15.555)	3:26.281 (1:15.270)					
	4:40.434 (1:14.153)							
13	Meredith Gentry	12 DSM, Rooseve	4:40.63					
	54.489 (54.489)	2:10.556 (1:16.067)	3:26.294 (1:15.738)					
	4:40.624 (1:14.330)							
14	Sarah Foad	09 Pleasant Val	4:40.87					
	55.493 (55.493)	2:11.765 (1:16.272)	3:27.948 (1:16.183)					
	4:40.868 (1:12.920)							
15	Madelyn Hoss	11 Lewis Centra	4:42.37					
	55.118 (55.118)	2:10.909 (1:15.791)	3:27.411 (1:16.503)					
	4:42.370 (1:14.959)							
16	Alyx Woodley	12 Johnston	4:42.85					
	54.720 (54.720)	2:10.724 (1:16.004)	3:26.863 (1:16.139)					
	4:42.849 (1:15.987)							
17	Isabel Spradling	10 DSM, Rooseve	4:44.25					
	54.959 (54.959)	2:10.820 (1:15.861)	3:27.329 (1:16.509)					
	4:44.247 (1:16.919)							
18	Natalie Cogdill	09 Ankeny Cent	4:44.55					
	55.765 (55.765)	2:12.488 (1:16.724)	3:29.008 (1:16.520)					
	4:44.545 (1:15.537)							
19	Delayna Reese	11 Lewis Centra	4:45.21					
	55.978 (55.978)	2:12.847 (1:16.869)	3:29.626 (1:16.779)					
	4:45.205 (1:15.579)							
20	Naya Nakama	09 Ames	4:45.77					
	55.655 (55.655)	2:12.152 (1:16.498)	3:31.356 (1:19.204)					
	4:45.769 (1:14.414)							
21	Addison Dooley	12 DC-Grimes	4:48.33					
	56.068 (56.068)	2:12.315 (1:16.248)	3:31.396 (1:19.081)					
	4:48.323 (1:16.928)							
22	Nakia Ollivierre	12 WAT West	4:51.68					
	54.721 (54.721)	2:12.808 (1:18.088)	3:33.395 (1:20.587)					
	4:51.678 (1:18.284)							
23	Sydney Burrier	12 Waukee	4:52.01					
	55.690 (55.690)	2:12.026 (1:16.337)	3:31.046 (1:19.020)					
	4:52.007 (1:20.962)							
24	Ellie Blevins	11 Ankeny Cent	4:55.44					
	55.512 (55.512)	2:11.796 (1:16.284)	3:31.337 (1:19.541)					
	4:55.438 (1:24.101)							

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Results

## Finals ... (Girls 1500 Meter Run 4A)

Name	Yr	School	Finals
--- Harper Groteluschen	10	Prairie, CR	SCR
--- Whitney Estabrook	12	Muscatine	SCR
--- Addison Kay	09	Prairie, CR	SCR
--- Evelynne Gauthier	12	Valley, WDM	SCR
--- Hannah Schmitz	09	Norwalk	SCR
--- Raegan Reuter	12	Valley, WDM	SCR
--- Avery Driscoll	11	Waukee	SCR
--- Yazmine Varela	10	Muscatine	SCR
--- Cambyl Sattler	09	Clinton	SCR
--- Alli Haskell	10	Clinton	SCR
--- Cora Volp	11	Dowling Cath	SCR
--- Haddie LeVake	12	CR Washingto	SCR
--- Sarai Schultenberg	09	CB, A Lincol	SCR
--- Vanessa Wise	11	Ankeny	SCR
--- Emerlyn McNally	10	Cedar Falls	SCR
--- Rhemidy Brack	09	DVPT, Centra	SCR
--- Adrienne Hodge	09	IC, West	SCR
--- Eliza Doster	10	IC, City Hig	SCR
--- Marion Spolaore	09	Linn-Mar	SCR
--- Ady Mason	12	Indianola	SCR
--- Natalie Leitzen	11	DUB Hempstea	SCR
--- Payton Wolfe	10	Dowling Cath	SCR
--- Nevaeh Kessler	12	DUB Senior	SCR

## Girls 3000 Meter Run 4A

State Meet: 9:24.67 \* 5/22/2014 Stephanie Jenks

All-Time: 9:23.60 ! 4/25/2024 Addison Dorenkamp

Name	Yr	School	Finals
<b>Finals</b>			
1 Charlee Gall	10	Cedar Falls	9:37.85 10
35.673 (35.673)	1:56.014 (1:20.342)	3:17.256 (1:21.242)	
4:36.469 (1:19.214)	5:57.022 (1:20.554)	7:17.517 (1:20.495)	
8:31.924 (1:14.407)	9:37.850 (1:05.927)		
2 Emmy Stubbendeck	09	Waukee NW	9:43.91 8
35.344 (35.344)	1:56.169 (1:20.826)	3:17.488 (1:21.319)	
4:36.850 (1:19.362)	5:57.364 (1:20.515)	7:17.872 (1:20.508)	
8:31.814 (1:13.943)	9:43.910 (1:12.096)		
3 Emma Stanley	11	Ames	9:48.39 6
36.248 (36.248)	1:57.077 (1:20.830)	3:17.999 (1:20.922)	
4:37.272 (1:19.274)	5:57.314 (1:20.042)	7:17.762 (1:20.448)	
8:33.639 (1:15.878)	9:48.388 (1:14.749)		
4 Maddie Millage	11	Pleasant Val	9:52.81 5
35.470 (35.470)	1:55.566 (1:20.096)	3:16.649 (1:21.084)	
4:35.893 (1:19.244)	5:56.856 (1:20.964)	7:17.666 (1:20.810)	
8:37.181 (1:19.516)	9:52.805 (1:15.625)		
5 Emma Chesterman	12	DUB Senior	9:53.41 4
36.108 (36.108)	1:57.405 (1:21.298)	3:18.709 (1:21.304)	
4:38.031 (1:19.323)	5:58.585 (1:20.554)	7:19.214 (1:20.630)	
8:38.422 (1:19.208)	9:53.404 (1:14.983)		
6 Abigail Burns	12	IC, City Hig	9:54.37 3
35.877 (35.877)	1:57.357 (1:21.480)	3:18.450 (1:21.093)	
4:37.504 (1:19.055)	5:57.994 (1:20.490)	7:18.595 (1:20.602)	
8:38.597 (1:20.003)	9:54.361 (1:15.764)		

7 Ele Wharton	11 Johnston	9:56.02 2
35.612 (35.612)	1:55.832 (1:20.220)	3:16.920 (1:21.089)
4:36.153 (1:19.233)	5:57.103 (1:20.950)	7:18.070 (1:20.967)
8:38.719 (1:20.650)	9:56.013 (1:17.294)	
8 Isabel Spradling	10 DSM, Rooseve	10:01.77 1
35.898 (35.898)	1:56.497 (1:20.600)	3:17.630 (1:21.133)
4:36.921 (1:19.291)	5:57.693 (1:20.773)	7:19.337 (1:21.645)
8:41.392 (1:22.055)	10:01.763 (1:20.371)	
9 Madelyn Hoss	11 Lewis Centra	10:07.26
36.045 (36.045)	1:57.063 (1:21.018)	3:18.173 (1:21.110)
4:38.382 (1:20.209)	6:00.824 (1:22.442)	7:25.361 (1:24.538)
8:49.373 (1:24.013)	10:07.255 (1:17.882)	
10 Hailey Kozloski	11 Linn-Mar	10:09.21
35.892 (35.892)	1:57.713 (1:21.822)	3:18.443 (1:20.730)
4:38.905 (1:20.462)	6:02.053 (1:23.148)	7:26.765 (1:24.713)
8:50.262 (1:23.497)	10:09.209 (1:18.948)	
11 Ellie Blevins	11 Ankeny Cent	10:14.66
36.240 (36.240)	1:57.658 (1:21.418)	3:17.791 (1:20.133)
4:37.182 (1:19.391)	5:58.294 (1:21.113)	7:21.370 (1:23.076)
8:48.420 (1:27.050)	10:14.651 (1:26.232)	
12 Nakia Ollivierre	12 WAT West	10:23.93
37.256 (37.256)	1:56.849 (1:19.594)	3:20.816 (1:23.967)
4:46.837 (1:26.022)	6:12.978 (1:26.141)	7:40.014 (1:27.036)
9:05.333 (1:25.319)	10:23.922 (1:18.590)	
13 Delayna Reese	11 Lewis Centra	10:24.35
36.969 (36.969)	1:57.664 (1:20.695)	3:19.129 (1:21.466)
4:40.269 (1:21.140)	6:04.762 (1:24.494)	7:32.557 (1:27.796)
9:01.113 (1:28.556)	10:24.343 (1:23.230)	
14 Piper Messerly	11 DC-Grimes	10:28.38
36.226 (36.226)	1:57.797 (1:21.571)	3:19.654 (1:21.857)
4:40.478 (1:20.824)	6:03.808 (1:23.331)	7:31.671 (1:27.863)
9:02.804 (1:31.133)	10:28.380 (1:25.577)	
15 Hannah Schmitz	09 Norwalk	10:29.08
36.833 (36.833)	1:58.619 (1:21.786)	3:20.958 (1:22.339)
4:45.842 (1:24.884)	6:13.199 (1:27.358)	7:41.837 (1:28.638)
9:09.394 (1:27.558)	10:29.073 (1:19.679)	
16 Caroline Opfer	11 Waukee NW	10:29.25
36.479 (36.479)	1:58.372 (1:21.893)	3:19.095 (1:20.724)
4:40.609 (1:21.515)	6:06.713 (1:26.104)	7:37.444 (1:30.731)
9:07.328 (1:29.884)	10:29.248 (1:21.920)	
17 Avery Driscoll	11 Waukee	10:33.41
36.428 (36.428)	1:58.125 (1:21.698)	3:20.622 (1:22.497)
4:45.802 (1:25.180)	6:13.304 (1:27.503)	7:41.933 (1:28.629)
9:10.096 (1:28.164)	10:33.406 (1:23.310)	
18 Audrey Dummermuth	12 Johnston	10:37.90
38.779 (38.779)	2:00.559 (1:21.780)	3:23.745 (1:23.187)
4:47.443 (1:23.699)	6:14.316 (1:26.873)	7:41.533 (1:27.217)
9:11.687 (1:30.155)	10:37.891 (1:26.205)	
19 Lily Decker	12 Dowling Cath	10:42.24
37.114 (37.114)	2:00.009 (1:22.895)	3:24.416 (1:24.408)
4:50.643 (1:26.228)	6:17.373 (1:26.730)	7:45.934 (1:28.562)
9:15.510 (1:29.576)	10:42.238 (1:26.728)	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Girls 3000 Meter Run 4A)

Name	Yr	School	Finals
20 Jaylee Duncan	12	Pleasant Val	10:46.28
36.707 (36.707)	1:58.803 (1:22.096)	3:22.947 (1:24.145)	
4:49.369 (1:26.422)	6:18.484 (1:29.115)	7:49.879 (1:31.396)	
9:21.871 (1:31.992)	10:46.273 (1:24.402)		
21 Aubrey Rivers	12	Clinton	10:48.12
36.730 (36.730)	1:58.383 (1:21.654)	3:21.592 (1:23.209)	
4:47.918 (1:26.327)	6:17.790 (1:29.872)	7:50.369 (1:32.580)	
9:22.049 (1:31.680)	10:48.112 (1:26.063)		
22 Whitney Estabrook	12	Muscatine	10:58.77
37.392 (37.392)	1:59.292 (1:21.900)	3:26.671 (1:27.380)	
4:57.357 (1:30.687)	6:29.078 (1:31.721)	8:01.851 (1:32.773)	
9:33.074 (1:31.223)	10:58.768 (1:25.694)		
23 Harper Groteluschen	10	Prairie, CR	11:01.21
36.263 (36.263)	1:58.175 (1:21.912)	3:22.416 (1:24.241)	
4:50.924 (1:28.509)	6:22.567 (1:31.643)	7:55.848 (1:33.282)	
9:29.975 (1:34.127)	11:01.207 (1:31.232)		
24 Trinity Klingensmith	10	Ankeny Cent	11:16.34
38.798 (38.798)	2:00.963 (1:22.165)	3:26.959 (1:25.997)	
4:58.073 (1:31.114)	6:32.345 (1:34.272)	8:09.106 (1:36.762)	
9:45.622 (1:36.516)	11:16.334 (1:30.712)		
--- Evelynne Gauthier	12	Valley, WDM	SCR
--- Contessa Guerrero-Jones	11	SE Polk	SCR
--- Meredith Wilson	10	Waukee	SCR
--- Jayde Kearney	11	Valley, WDM	SCR
--- Brisa Guevara	11	SC, East	SCR
--- Stella Rose	12	Prairie, CR	SCR
--- Bailee Hansen	11	SC, West	SCR
--- Emma Sherman	12	DSM, Roosevelt	SCR
--- Avery Prichard	11	Dowling Cath	SCR
--- Sophie Welter	10	DUB Hempstea	SCR
--- Maria Hart	12	DUB Hempstea	SCR
--- Adalynn Cauwels	10	Bettendorf	SCR
--- Hannah Yackley	09	Cedar Falls	SCR
--- Julia Mora	11	DC-Grimes	SCR
--- Olivia McGivern	10	Bettendorf	SCR
--- Leah Hartford	12	Indianola	SCR
--- Ava Twait	09	IC, West	SCR
--- Zoey Ayers	09	North Scott	SCR
--- Ellie Scott	12	Linn-Mar	SCR
--- Elizabeth Asklof	12	IC, City Hig	SCR
--- Briel Bechen	12	DUB Senior	SCR
--- Aleah Williams	09	IC, Liberty	SCR

## Girls 100 Meter Hurdles 4A

State Meet: 13.62 \* 5/23/2025 Emma Havighurst

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Prelims
1 Morgan Karr	12	Valley, WDM	13.75q 0.2
2 Katie Willits	12	Waukee NW	14.18q -1.7
3 Jana Maharry	11	Waukee	14.35q 0.4
4 Mila Hughes	09	Valley, WDM	14.55q 0.2

## Preliminaries

5 Franny Brooks	12	Dowling Cath	14.55q 0.2
6 Sophia Hatcher	12	Ames	14.59q 0.2
7 Avery Bradley	10	Muscatine	14.74q -1.7
8 Anna Woods	11	Ankeny Cent	14.76q 0.4
9 Alayna Schulte	12	Waukee NW	15.01 -1.7
10 Brilynn Kiester	11	SE Polk	15.06 0.2
11 Natalie Sitzmann	12	Waukee	15.08 -1.7
12 Birklie Waskow	11	Cedar Falls	15.13 0.4
13 Natalie Lord	11	DVPT, North	15.26 0.4
14 Alyssa Schroeder	11	North Scott	15.43 -1.7
15 Ayla McGlaughlin	12	Muscatine	15.52 0.2
16 Gabi Severs	12	SE Polk	15.54 0.4
17 Paisley Joens	10	Prairie, CR	15.70 -1.7
18 Elise Kane	10	Pleasant Val	15.71 0.4
19 Jordin Mayson	10	Ottumwa	15.78 0.4
20 Penelope Pederson	09	Urbandale	15.88 -1.7
21 Madeline Fraga	09	IC, City Hig	16.03 0.4
22 Addi Spier	12	Cedar Falls	16.10 0.2
23 Macey Rohrbeck	11	DC-Grimes	16.24 0.2
24 Sydney Feldhacker	11	DUB Hempstea	16.61 -1.7

## Girls 100 Meter Hurdles 4A

State Meet: 13.62 \* 5/23/2025 Emma Havighurst

All-Time: 13.62 ! 2025 Emma Havighurst

Name	Yr	School	Finals
1 Morgan Karr	12	Valley, WDM	13.53* 10
2 Katie Willits	12	Waukee NW	13.70 8
3 Sophia Hatcher	12	Ames	14.17 6
4 Jana Maharry	11	Waukee	14.36 5
5 Mila Hughes	09	Valley, WDM	14.38 4
6 Franny Brooks	12	Dowling Cath	14.40 3
7 Avery Bradley	10	Muscatine	14.70 2
8 Anna Woods	11	Ankeny Cent	15.96 1

## Girls 400 Meter Hurdles 4A

State Meet: 1:00.15 \* 2018 Payton Wensel

All-Time: 57.30 ! 1975 Debbie Esser

Name	Yr	School	Finals
1 Jana Maharry	11	Waukee	1:00.11* 10
2 Maeve Bowen-Burt	10	IC, City Hig	1:01.61 8
3 Angelica Attinger	12	Ames	1:01.89 6
4 Avery Bradley	10	Muscatine	1:01.97 5
5 Tatum Miller	12	Bettendorf	1:02.30 4
6 Madison Grover	11	Indianola	1:02.78 3
7 Willow Schultz	11	IC, City Hig	1:03.04 2
8 Alayna Schulte	12	Waukee NW	1:03.04 1
9 Ivey Kitzman	10	Pleasant Val	1:03.43
10 Brenna Van Cleave	12	Ames	1:03.60
11 Isabella Roth	09	Cedar Falls	1:03.91
12 Paisley Joens	10	Prairie, CR	1:04.11
13 Ava Barten	12	Ankeny Cent	1:04.11
14 Molly Millang	09	Valley, WDM	1:05.05
15 Rylee Kluver	10	Valley, WDM	1:05.07

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## Finals ... (Girls 400 Meter Hurdles 4A)

Name	Yr	School	Finals
16 Elise Kane	10	Pleasant Val	1:05.71
17 Shai Meyer	09	Cedar Falls	1:05.86
18 Natalie Lord	11	DVPT, North	1:06.78
19 Josephine Smith	10	SE Polk	1:07.09
20 Aubrielle Tousey	11	Johnston	1:07.60
21 Kennedy Princehouse	11	Waukee NW	1:07.70
22 Jordin Mayson	10	Ottumwa	1:07.73
23 Annabelle Schwartz	11	Urbandale	1:07.98
24 Lilly Hoger	11	Indianola	1:08.44
--- Kealey Johnston	09	DC-Grimes	SCR
--- Leighton Stanford	10	DC-Grimes	SCR
--- Gatsby Gloede	10	CR Kennedy	SCR
--- Addeline Vondrak	09	SC, West	SCR
--- Annabelle Jacobsen	11	SC, East	SCR
--- Avery Otte	10	SE Polk	SCR
--- Izzie Hanson	10	DVPT, Centra	SCR
--- Ellsie Cole	10	Ankeny Cent	SCR
--- Elle Cibula	10	Ankeny	SCR
--- Mara Tudor	10	WAT West	SCR
--- Malene Petersen	12	CB, A Lincol	SCR
--- Olivia Berger	11	Waukee	SCR
--- Vivian Ohsann	09	North Scott	SCR
--- Ava Meyers	09	IC, Liberty	SCR
--- Piper Routh	11	Norwalk	SCR
--- mikayla booth	10	Lewis Centra	SCR
--- Savannah Graham	10	IC, West	SCR
--- Christina Gorsich	12	Linn-Mar	SCR
--- Kennedy Hurlbert	10	Prairie, CR	SCR
--- Mady Morrison	12	DUB Hempstea	SCR
--- Sydney Feldhacker	11	DUB Hempstea	SCR
--- Sophia Morrison	10	DUB Senior	SCR
--- Addy Kohlhaas	11	DUB Senior	SCR

## Girls 4x100 Meter Relay 4A

State Meet: 47.22 \* 5/18/2024 Waukee NW

A Van Zetten, K Stahl, A Robinson, K Willits

All-Time: 47.06 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Waukee NW	1	* 47.07q
1) Annie Adams 09	2) Katie Stahl 12	
3) Bella Distefano 11	4) Keziah Caldwell 11	
2 SE Polk	1	47.37q
1) Mylie Leo 11	2) Berkley Weiland 10	
3) Teresa Tarplah 10	4) Alayna Goldsberry 11	
3 Prairie, CR	1	47.51q
1) Ashlynn Hunter 10	2) Marci Mudanya 09	
3) Faith Kpeayeh 12	4) Avah Cooper 12	
4 Valley, WDM	1	47.76q
1) Payton Keiser 11	2) Maggie Garrison 11	
3) Mila Hughes 09	4) Morgan Karr 12	

5 Pleasant Valley		47.86q
1) Olive Dankwah 09	2) Kai Rebro 11	
3) Ivey Kitzman 10	4) Cali McDermott 10	
6 Linn-Mar		48.53q
1) Brooklyn Guild 12	2) Abby Mecklenburg 12	
3) Sarah White 12	4) Reese Cubbage 10	
7 Johnston	1	48.65q
1) Cooper Cornwell 10	2) Sadie Nicol 10	
3) Amirra Holmes 11	4) Cora Shaw 11	
8 Urbandale	1	48.86q
1) Brooke Spencer 12	2) Fiona Mulligan 11	
3) Madi Reed 10	4) Mia German 11	
9 Dowling Cath	1	49.06
1) Franny Brooks 12	2) Ellie Mead 11	
3) Madison Nagel 12	4) Lauren McCoy 12	
10 DUB Hempstead	1	49.22
1) Cassidy Buchenau 12	2) Mallory Tomkins 12	
3) Piper Birkenholz 12	4) Kaylee Carley 11	
11 CR Kennedy	1	49.25
1) Morgan Hospodarsky 12	2) Molly Gieseman 12	
3) Adalyn Thorstenson 10	4) Jadya Jakobsen 09	
12 CR Washington	1	49.26
1) Zoie Williams 11	2) Cassie Thurmond 12	
3) Kamarionna Crittenden 12	4) Olivia Miles 10	
13 North Scott		49.29
1) Olivia Graham 11	2) Emmalia Ranson 10	
3) Kamilah Eller 11	4) Micayla Ramirez 11	
14 Cedar Falls	1	49.60
1) Birklie Waskow 11	2) Kate Roussell 12	
3) La'Neeha Bell 11	4) Presley Davison 12	
15 Waukee	1	49.75
1) Cooper Burke 10	2) Estelle Hinke 11	
3) Kate Schulte 11	4) Chloe Williams 09	
16 Ankeny Cent	1	49.76
1) Aly Drefke 12	2) Morgan Erwin 12	
3) Siena Peddicord 09	4) Taylor Gilbreath 10	
17 Indianola	1	49.90
1) Tessa Gripp 12	2) Hadley Vetter 12	
3) Amelia Paugh 09	4) Carsyn Vetter 09	
18 Ames	1	50.20
1) Jaya Theilen 10	2) Peruth Negrete 09	
3) Katelyn Augustin 09	4) Kate Nigh 11	
19 IC, West	1	50.36
1) Amara MacLagan 10	2) Aarianna Shaw 11	
3) Evelyn Cornish 11	4) Myriam Rahmouni 09	
20 DC-Grimes	1	50.43
1) Madden Seeman 10	2) Nevaeh Mayfield 10	
3) Khloe Crawford 10	4) Sydnee Keller 09	
21 Bettendorf		50.50
1) Sophia Everding 10	2) Cendall Cleveland 12	
3) Kylie Lemek 10	4) Adysn Slack 10	
22 Lewis Central	1	50.59
1) Payton Mathews 12	2) Allie Hytrek 09	
3) Megan Scheel 12	4) Brooke Nelson 11	

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**Preliminaries ... (Girls 4x100 Meter Relay 4A)**

Team	Relay	Prelims
23 Norwalk	1	50.95
1) Milena Catic 10	2) Kinzie Giesemann 10	
3) Mary Bush 10	4) Blakesly Rodman 09	
24 CB, A Lincoln	1	51.29
1) Jady (J) Adler 09	2) Alexandria Maiso 11	
3) Savannah Mohling 10	4) Ana Watkins 10	

**Girls 4x100 Meter Relay 4A**

State Meet: 47.22 \* 5/18/2024 Waukee NW

A Van Zetten, K Stahl, A Robinson, K Willits

All-Time: 47.06 ! 2026 Waukee Northwest

Caldwell, Jorgensen, Distefano, Willits

Team	Relay	Finals
1 Waukee NW	1	46.93! 10
1) Annie Adams 09	2) Katie Stahl 12	
3) Bella Distefano 11	4) Keziah Caldwell 11	
2 SE Polk	1	47.08* 8
1) Mylie Leo 11	2) Berkley Weiland 10	
3) Teresa Tarplah 10	4) Alayna Goldsberry 11	
3 Pleasant Valley		47.90 6
1) Olive Dankwah 09	2) Kai Rebro 11	
3) Ivey Kitzman 10	4) Cali McDermott 10	
4 Valley, WDM	1	48.16 5
1) Payton Keiser 11	2) Maggie Garrison 11	
3) Mila Hughes 09	4) Morgan Karr 12	
5 Urbandale	1	48.51 4
1) Brooke Spencer 12	2) Fiona Mulligan 11	
3) Madi Reed 10	4) Mia German 11	
6 Johnston	1	48.82 3
1) Cooper Cornwell 10	2) Sadie Nicol 10	
3) Amirra Holmes 11	4) Cora Shaw 11	
7 Linn-Mar		48.98 2
1) Brooklyn Guild 12	2) Reese Cabbage 10	
3) Sarah White 12	4) Elizabeth Yount 09	
8 Prairie, CR	1	49.06 1
1) Ashlynn Hunter 10	2) Marci Mudanya 09	
3) Piper Johnson 12	4) Avah Cooper 12	

**Girls 4x200 Meter Relay 4A**

State Meet: 1:38.55 \* 5/23/2025 Waukee NW

S McCann, K Willits, A Van Zetten, A Vogt

All-Time: 1:38.40 ! 4/24/2026 Waukee Northwest

McCann, Jorgensen, Stahl, Willits

Team	Relay	Finals
1 Waukee NW	1	1:37.77! 10
1) Quinn Jorgensen 10	2) Avery Vogt 12	
3) Logan Vogt 11	4) Keziah Caldwell 11	
2 SE Polk	1	1:39.65 8
1) Mylie Leo 11	2) Berkley Weiland 10	
3) Teresa Tarplah 10	4) Alayna Goldsberry 11	

3 Waukee	1	1:40.32 6
1) Natalie Sitzmann 12	2) Chloe Williams 09	
3) Emerson Chance 12	4) Jana Maharry 11	
4 Pleasant Valley		1:40.69 5
1) Cali McDermott 10	2) Ivey Kitzman 10	
3) Brooklynn Kelley 10	4) Kai Rebro 11	
5 Ankeny Cent	1	1:41.77 4
1) Aly Balashaitis 12	2) Ava Barten 12	
3) Belicia Buesch 10	4) Anna Woods 11	
6 CR Kennedy	1	1:41.83 3
1) Emerson Blocker 12	2) Annie Garsayne 12	
3) Adalyn Thorstenson 10	4) Morgan Hospodarsky 12	
7 Valley, WDM	1	1:41.95 2
1) Payton Keiser 11	2) Maggie Garrison 11	
3) Sydney Small 12	4) Brooklyn Brown 12	
8 Ankeny	1	1:42.11 1
1) Quinn Roush 11	2) Riley Kayser 12	
3) Charlee Cibula 12	4) Lilly Buckley 11	
9 Prairie, CR	1	1:42.19
1) Faith Kpeayeh 12	2) Marci Mudanya 09	
3) Avah Cooper 12	4) Ashlynn Hunter 10	
10 Bettendorf		1:42.66
1) Tatum Miller 12	2) Sophia Everding 10	
3) Kylie Lemek 10	4) Haley Duke 10	
11 DUB Hempstead	1	1:42.97
1) Mallory Tomkins 12	2) Cassidy Buchenau 12	
3) Autumn Sanchez 11	4) Kaylee Carley 11	
12 Ames	1	1:43.17
1) Alaina Johnson 09	2) Natalya Deardorff 12	
3) Peruth Negrete 09	4) Edyn Cowles 12	
13 Urbandale	1	1:44.18
1) Madi Reed 10	2) Mia German 11	
3) Marlie Schneider 11	4) Fiona Mulligan 11	
14 IC, West	1	1:44.28
1) Amara MacLagan 10	2) Savannah Graham 10	
3) Evelyn Cornish 11	4) Myriam Rahmouni 09	
15 Cedar Falls	1	1:44.63
1) MollyKate Martin 11	2) Macey Schrage 12	
3) Jenna Hannam 10	4) La'Neeha Bell 11	
16 Dowling Cath	1	1:44.68
1) Lydia Conradt 10	2) Ellie Mead 11	
3) Madison Nagel 12	4) Lauren McCoy 12	
17 Linn-Mar		1:44.80
1) Brooklyn Guild 12	2) Reese Cabbage 10	
3) Sarah White 12	4) Elizabeth Yount 09	
18 Johnston	1	1:45.96
1) Cora Shaw 11	2) Micah Fitzgerald 12	
3) Cooper Cornwell 10	4) Lila Shaw 11	
19 Muscatine		1:46.03
1) Kensley Paul 12	2) Benediction Sewa 12	
3) Reagan Carver 09	4) Abigail Norton 09	
20 DC-Grimes	1	1:46.44
1) Madden Seeman 10	2) Nevaeh Mayfield 10	
3) Khloe Crawford 10	4) Sydnee Keller 09	

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## Finals ... (Girls 4x200 Meter Relay 4A)

Team	Relay	Finals
21 IC, City High	1	1:46.97
1) Janrita Dahn 12	2) Cooper Hamilton 12	
3) Laila Pho 11	4) Janiah Newell 10	
22 North Scott		1:47.02
1) Kaylee Ervin 09	2) Olivia Graham 11	
3) Emmalia Ranson 10	4) Riley Toohey 10	
23 Clinton	1	1:48.30
1) Emme Jensen 11	2) Iyanna Davis 09	
3) Audry Gruhn 09	4) Camila Hunter 12	
24 DVPT, Central		1:50.94
1) Amiyah Dollison 10	2) Anniyah Walls 10	
3) Mahlania Diaz 09	4) Jada Boston 10	
--- SC, West	1	SCR
1) Serena Francisco-Perez 09	2) Xzahna Banta 10	
3) Juniper Roach 12	4) Cadyse Franklin 12	
--- SC, North	1	SCR
1) Aalyiah Crawford 09	2) Chloe Cross 11	
3) Kamesha Zinn 11	4) Anaya Johnson 10	
--- CR Jefferson	1	SCR
1) Zianna Robinson 10	2) Mia Janda 11	
3) Jeweleigh Miller 11	4) Peyton Dale 11	
--- CR Washington	1	SCR
1) Zoie Williams 11	2) Cassie Thurmond 12	
3) Evan McCright 11	4) Olivia Miles 10	
--- SC, East	1	SCR
1) Sydney Brown 11	2) Ewinne Whagar 09	
3) Annabelle Jacobsen 11	4) Socorra Mothershead 10	
--- WAT West	1	SCR
1) Sha'mya Martin 11	2) Zoe Van Der Veer 09	
3) Mariah Polk 10	4) Britan Kennedy 11	
--- WAT East	1	SCR
1) Nevaeh Brown 10	2) Naturi Wright 10	
3) Charity Newman 12	4) Ke'Ara Simpson 09	
--- Fort Dodge	1	SCR
1) Charlotte DeJong 10	2) Hope Alstott 11	
3) Ava Osorio 09	4) Ava Wessels 12	
--- DSM, North	1	SCR
1) Jada Pulley 11	2) Pawdaysay Than 11	
3) Angerine Bulambo 11	4) Journey Stokes 09	
--- CB, A Lincoln	1	SCR
1) Haley Lang 10	2) Jasmine Shields 12	
3) Isabella Arzola 10	4) Paityn Kephart 09	
--- Lewis Central	1	SCR
1) Payton Mathews 12	2) Megan Scheel 12	
3) Allie Hytrek 09	4) Arianna Melika 09	
--- Indianola	1	SCR
1) Samantha Dooley 09	2) Hadley Erickson 11	
3) Hadley Vetter 12	4) Lilly Hoger 11	
--- DUB Senior	1	SCR
1) Paige Lyons 10	2) Isy Meyer 09	
3) Addy Kohlhaas 11	4) JaLiyah Hubbard 11	

--- DVPT, West		SCR
1) London Riggs 10	2) Adalyn Johnson 09	
3) Elaina Gholston Guldenpfem	4) Maya Westerhof 10	
--- DVPT, North		SCR
1) TayVia Thomas 09	2) Lamaya Curby 09	
3) Harmony Hollins 10	4) Ava Votroubek 12	
--- IC, Liberty	1	SCR
1) Ella McGonegle 09	2) Olivia Meyer 11	
3) Lilly McManus 12	4) Kelsey Kaut 12	
--- Norwalk	1	SCR
1) Avery Kelderman 10	2) Mary Bush 10	
3) Blakesly Rodman 09	4) Kinzie Giesemann 10	
--- DSM, Roosevelt	1	SCR
1) Alydia Wright 12	2) DiAuria Thedford 10	
3) Jaslynn Ragsdale 10	4) Kamryn Schwartz 09	
--- Ottumwa	1	SCR
1) Blythe Schmidt 11	2) Emmalyn Chounlamany 09	
3) Katie McKinnon 11	4) Lea Baroma 12	
--- Marshalltown	1	SCR
1) Bailey Garland 09	2) Erandy Ibarra Madrigal 10	
3) Shailynn Sadie 11	4) Grace Christensen 10	
--- Mason City	1	SCR
1) Paizlee Carter 11	2) Kendall Hruby 09	
3) Callan Fitzgerald 10	4) Isabella Riordan 10	

## Girls 4x400 Meter Relay 4A

State Meet: 3:47.46 \* 5/24/2025 Waukee NW

L Vogt, A Winter, S McCann, A Vogt

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Cedar Falls	1	3:49.43q
1) Katherine Tomlyanovich 10	2) Isabella Roth 09	
3) Shai Meyer 09	4) Kloe Nissen 11	
1:56.931 (1:56.931)	2:55.951 (59.020)	3:49.427 (53.476)
2 Waukee NW	1	3:49.46q
1) Kennedy Burns 10	2) Quinn Jorgensen 10	
3) Sadie McCann 10	4) Avery Vogt 12	
1:55.657 (1:55.657)	2:53.246 (57.589)	3:49.453 (56.208)
3 Indianola	1	3:53.86q
1) Kendal Sandy 11	2) Madison Grover 11	
3) Ady Mason 12	4) Emma White 11	
1:57.835 (1:57.835)	2:57.565 (59.731)	3:53.852 (56.287)
4 Ankeny	1	3:54.43q
1) Charlee Cibula 12	2) Lilly Buckley 11	
3) Gillian Schramm 11	4) Makenna Madetzke 12	
1:57.375 (1:57.375)	2:56.506 (59.132)	3:54.425 (57.920)
5 Prairie, CR	1	3:54.46q
1) Lillian Specht 09	2) Marci Mudanya 09	
3) Paisley Joens 10	4) Reese Wiley 11	
1:59.982 (1:59.982)	2:59.144 (59.163)	3:54.453 (55.309)

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## Preliminaries ... (Girls 4x400 Meter Relay 4A)

Team	Relay	Prelims
6 Ankeny Cent	1	3:55.58q
1) Aly Balashaitis 12	2) Belicia Buesch 10	
3) Teagan Jackson 11	4) Rebecca Flick 09	
1:58.866 (1:58.866)	2:57.180 (58.314)	3:55.575 (58.396)
7 Ames	1	3:55.61q
1) Angelica Attinger 12	2) Natalya Deardorff 12	
3) Sophia Hatcher 12	4) Brenna Van Cleave 12	
1:57.688 (1:57.688)	2:55.925 (58.237)	3:55.603 (59.678)
8 Johnston	1	3:55.77q
1) Micah Fitzgerald 12	2) Jayna Lamping 12	
3) Lila Shaw 11	4) Olivia Fehn 12	
2:01.268 (2:01.268)	2:59.555 (58.288)	3:55.761 (56.206)
9 Waukee	1	3:55.92
1) Lydia Bennett 11	2) Jayden Rees 12	
3) Elsa Kopriva 10	4) Emme Baugh Van Zee 11	
1:59.180 (1:59.180)	2:57.321 (58.141)	3:55.912 (58.592)
10 Muscatine		3:55.98
1) Kensley Paul 12	2) Benediction Sewa 12	
3) Abigail Norton 09	4) Avery Bradley 10	
2:00.705 (2:00.705)	2:59.485 (58.780)	3:55.976 (56.492)
11 IC, City High	1	3:57.61
1) Ellie Fraga 11	2) Noelle Schnoebelen 12	
3) Willow Schultz 11	4) Maeve Bowen-Burt 10	
2:00.247 (2:00.247)	2:59.950 (59.703)	3:57.610 (57.661)
12 Pleasant Valley		3:58.23
1) Kailie Wilson 12	2) Elise Kane 10	
3) Emerson Ehrke 09	4) Cali McDermott 10	
2:00.151 (2:00.151)	3:00.298 (1:00.147)	3:58.230 (57.933)
13 DC-Grimes	1	3:59.42
1) Lillian Pudenz 10	2) Addison Dooley 12	
3) Tenley Heidgerken 09	4) Leighton Stanford 10	
2:00.735 (2:00.735)	3:01.443 (1:00.709)	3:59.420 (57.977)
14 IC, West	1	4:00.34
1) Avery Nepple 10	2) Jena Frank 12	
3) Sophia Austen 11	4) Savannah Mathias 10	
2:03.502 (2:03.502)	3:03.341 (59.839)	4:00.338 (56.998)
15 SE Polk	1	4:00.84
1) Caroline Naeve 09	2) Kenley Barbour 09	
3) Berkley Weiland 10	4) Brooklynn Ruddy 10	
2:03.271 (2:03.271)	3:02.518 (59.247)	4:00.837 (58.319)
16 DUB Hempstead	1	4:02.69
1) Mallory Tomkins 12	2) Piper Birkenholz 12	
3) Grace Davis 09	4) Caitlyn Cyze 09	
1:58.519 (1:58.519)	2:59.453 (1:00.934)	4:02.688 (1:03.236)
17 CR Kennedy	1	4:04.93
1) Olive Wilson 09	2) Isabella Veach 09	
3) Emerson Blocker 12	4) Annie Garsayne 12	
2:05.893 (2:05.893)	3:04.381 (58.489)	4:04.929 (1:00.548)
18 Mason City	1	4:06.16
1) Mara Dixon 10	2) Peyton Zilge 11	
3) Latasha York 11	4) Brynn Peterson 10	
2:03.092 (2:03.092)	3:04.532 (1:01.441)	4:06.151 (1:01.620)

19 DSM, Roosevelt	1	4:06.18
1) Julia Knapp 12	2) Mariah Crawford 09	
3) Ella Johnson 10	4) Meredith Gentry 12	
2:01.999 (2:01.999)	3:07.294 (1:05.295)	4:06.173 (58.880)
20 IC, Liberty	1	4:09.07
1) Kate Prahm 10	2) Chelsea VeDepo 11	
3) Claire Cannon 10	4) Mackenzie Maher 09	
2:05.542 (2:05.542)	3:08.161 (1:02.619)	4:09.067 (1:00.906)
21 Linn-Mar		4:09.89
1) Christina Gorsich 12	2) Brynna Gander 10	
3) Anna Sojka 12	4) Amaris Clemente 09	
2:04.151 (2:04.151)	3:04.538 (1:00.388)	4:09.890 (1:05.352)
22 Dowling Cath	1	4:10.33
1) Frankie Darnell 11	2) Caroline Crane 10	
3) Jill Martin 09	4) Elise Huegerich 12	
2:04.675 (2:04.675)	3:08.145 (1:03.471)	4:10.324 (1:02.179)
23 Bettendorf		4:12.98
1) Alannah Bermas 09	2) Marlee Griffin 11	
3) Kaylie Husser 11	4) Ella Ripslinger 11	
2:04.386 (2:04.386)	3:08.652 (1:04.266)	4:12.978 (1:04.326)
--- Valley, WDM	1	FS
1) Elliott Lessman 09	2) Brooklyn Brown 12	
3) Sydney Small 12	4) Emma Udey 09	

## Girls 4x400 Meter Relay 4A

State Meet: 3:47.46 \* 5/24/2025 Waukee NW

L Vogt, A Winter, S McCann, A Vogt

All-Time: 3:45.36 ! 2026 Waukee Northwest

McCann, Jorgensen, Vogt, Vogt

Team	Relay	Finals
<b>Finals</b>		
1 Waukee NW	1	3:45.32! 10
1) Quinn Jorgensen 10	2) Sadie McCann 10	
3) Avery Vogt 12	4) Logan Vogt 11	
1:53.742 (1:53.742)	2:49.257 (55.515)	3:45.320 (56.064)
2 Cedar Falls	1	3:51.55 8
1) Katherine Tomlyanovich 10	2) Isabella Roth 09	
3) Shai Meyer 09	4) Kloe Nissen 11	
1:57.570 (1:57.570)	2:56.879 (59.309)	3:51.543 (54.664)
3 Ankeny Cent	1	3:52.21 6
1) Aly Balashaitis 12	2) Ava Barten 12	
3) Teagan Jackson 11	4) Rebecca Flick 09	
1:55.198 (1:55.198)	2:53.884 (58.687)	3:52.204 (58.320)
4 Ankeny	1	3:53.44 5
1) Charlee Cibula 12	2) Reagan Prendergast 12	
3) Gillian Schramm 11	4) Lilly Buckley 11	
1:56.926 (1:56.926)	2:56.222 (59.296)	3:53.435 (57.213)
5 Indianola	1	3:53.59 4
1) Kendal Sandy 11	2) Madison Grover 11	
3) Ady Mason 12	4) Emma White 11	
1:56.944 (1:56.944)	2:56.842 (59.899)	3:53.589 (56.747)
6 Prairie, CR	1	3:53.67 3
1) Lillian Specht 09	2) Marci Mudanya 09	
3) Paisley Joens 10	4) Reese Wiley 11	
1:59.048 (1:59.048)	2:57.559 (58.511)	3:53.664 (56.106)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Girls 4x400 Meter Relay 4A)

Team	Relay	Finals	
7 Johnston	1	3:57.10	2
1) Micah Fitzgerald 12	2) Jayna Lamping 12		
3) Lila Shaw 11	4) Olivia Fehn 12		
2:01.688 (2:01.688)	3:00.412 (58.724)	3:57.095 (56.683)	
8 Ames	1	3:57.31	1
1) Angelica Attinger 12	2) Brenna Van Cleave 12		
3) Sophia Hatcher 12	4) Natalya Deardorff 12		
1:59.419 (1:59.419)	2:59.646 (1:00.228)	3:57.301 (57.655)	

## Girls 4x800 Meter Relay 4A

State Meet: 8:59.53 \* 5/16/2024 Pleasant Valley

A Wedemeyer, A Johnson, K Mowen, G Boleyn

All-Time: 8:58.03 ! 4/27/2026 Waukee Northwest

Vander Ley, Sundet, Stubbendeck, Dani

Team	Relay	Finals	
1 Waukee NW	1	8:58.01!	10
1) Piper Vander Ley 10	2) Laney Sundet 09		
3) Ella Jones 10	4) Emee Dani 11		
1:06.207 (1:06.207)	2:15.436 (1:09.229)	3:20.040 (1:04.604)	
4:29.445 (1:09.405)	5:34.519 (1:05.074)	6:45.023 (1:10.504)	
7:49.340 (1:04.318)	8:58.004 (1:08.664)		
2 Johnston	1	9:07.30	8
1) Alyx Woodley 12	2) Jayna Lamping 12		
3) Ele Wharton 11	4) Olivia Fehn 12		
1:05.618 (1:05.618)	2:16.817 (1:11.199)	3:20.105 (1:03.288)	
4:33.406 (1:13.301)	5:41.628 (1:08.222)	6:54.284 (1:12.657)	
7:56.032 (1:01.748)	9:07.291 (1:11.259)		
3 Cedar Falls	1	9:11.23	6
1) Katherine Tomlyanovich 10	2) Emerlyn McNally 10		
3) Shai Meyer 09	4) Charlee Gall 10		
1:06.748 (1:06.748)	2:14.555 (1:07.807)	3:20.230 (1:05.675)	
4:36.592 (1:16.362)	5:43.018 (1:06.427)	6:55.813 (1:12.795)	
8:02.426 (1:06.614)	9:11.226 (1:08.800)		
4 Ankeny Cent	1	9:11.85	5
1) Rebecca Flick 09	2) Sammi Maile 09		
3) Natalie Cogdill 09	4) Ellie Blevins 11		
1:02.912 (1:02.912)	2:12.923 (1:10.011)	3:20.120 (1:07.197)	
4:33.133 (1:13.014)	5:39.052 (1:05.919)	6:53.051 (1:14.000)	
7:58.343 (1:05.292)	9:11.845 (1:13.503)		
5 Ames	1	9:18.34	4
1) Leah Kincaid 11	2) Brenna Van Cleave 12		
3) Naya Nakama 09	4) Emma Stanley 11		
1:08.196 (1:08.196)	2:21.180 (1:12.984)	3:26.260 (1:05.081)	
4:41.607 (1:15.347)	5:47.221 (1:05.615)	7:00.104 (1:12.883)	
8:05.626 (1:05.523)	9:18.334 (1:12.708)		
6 Pleasant Valley		9:21.89	3
1) Kaillee Wilson 12	2) Sarah Foad 09		
3) Vivian McCombs 11	4) Peyton Rexroth 10		
1:08.423 (1:08.423)	2:19.001 (1:10.578)	3:25.665 (1:06.664)	
4:37.593 (1:11.928)	5:44.754 (1:07.162)	7:02.033 (1:17.280)	
8:08.590 (1:06.557)	9:21.884 (1:13.294)		

7 DC-Grimes	1	9:23.89	2
1) Addison Dooley 12	2) Lillian Pudenz 10		
3) Leighton Stanford 10	4) Tenley Heidgerken 09		
1:08.506 (1:08.506)	2:19.103 (1:10.598)	3:26.165 (1:07.062)	
4:41.412 (1:15.247)	5:50.323 (1:08.911)	7:05.795 (1:15.472)	
8:14.325 (1:08.531)	9:23.888 (1:09.563)		
8 Indianola	1	9:25.14	1
1) Paige Hoger 11	2) Ady Mason 12		
3) Avery Manny 09	4) Cali Laxton 09		
1:09.609 (1:09.609)	2:21.178 (1:11.569)	3:28.399 (1:07.221)	
4:40.453 (1:12.055)	5:52.377 (1:11.924)	7:07.703 (1:15.326)	
8:14.569 (1:06.866)	9:25.137 (1:10.568)		
9 Dowling Cath	1	9:27.10	
1) Elise Huegerich 12	2) Frankie Darnell 11		
3) Payton Wolfe 10	4) Elizabeth Tiffany 11		
1:09.454 (1:09.454)	2:22.533 (1:13.079)	3:27.144 (1:04.612)	
4:43.847 (1:16.703)	5:53.083 (1:09.236)	7:07.949 (1:14.867)	
8:14.796 (1:06.847)	9:27.099 (1:12.303)		
10 Waukee	1	9:29.49	
1) Emme Baugh Van Zee 11	2) Sydney Burrier 12		
3) Olivia Berger 11	4) Lydia Bennett 11		
1:09.880 (1:09.880)	2:20.628 (1:10.749)	3:27.482 (1:06.854)	
4:42.832 (1:15.351)	5:51.692 (1:08.860)	7:09.680 (1:17.988)	
8:16.362 (1:06.682)	9:29.485 (1:13.124)		
11 Valley, WDM	1	9:37.19	
1) Abigail Reid 11	2) Jade Winne 11		
3) Molly Millang 09	4) Raegan Reuter 12		
1:06.997 (1:06.997)	2:20.346 (1:13.350)	3:30.062 (1:09.717)	
4:45.830 (1:15.768)	5:56.963 (1:11.134)	7:09.312 (1:12.349)	
8:18.811 (1:09.500)	9:37.185 (1:18.374)		
12 DVPT, Central		9:38.19	
1) Joley Sullivan 10	2) Cameron Shumpert 12		
3) Katie Thiessen 10	4) Sloane Moeller 11		
1:03.125 (1:03.125)	2:13.668 (1:10.543)	3:20.600 (1:06.932)	
4:37.568 (1:16.969)	5:50.340 (1:12.773)	7:11.108 (1:20.768)	
8:19.750 (1:08.642)	9:38.188 (1:18.438)		
13 Clinton	1	9:44.77	
1) Carryn Sattler 12	2) Molly Steiner 10		
3) Cambyl Sattler 09	4) Alli Haskell 10		
1:10.108 (1:10.108)	2:23.165 (1:13.058)	3:33.485 (1:10.320)	
4:51.780 (1:18.295)	6:01.617 (1:09.838)	7:13.750 (1:12.134)	
8:29.173 (1:15.423)	9:44.767 (1:15.595)		
14 Ankeny	1	9:44.77	
1) Ella Schulz 12	2) Vanessa Wise 11		
3) Reagan Prendergast 12	4) Gillian Schramm 11		
1:13.129 (1:13.129)	2:31.491 (1:18.362)	3:44.091 (1:12.601)	
5:03.726 (1:19.635)	6:12.267 (1:08.541)	7:24.487 (1:12.221)	
8:30.707 (1:06.220)	9:44.770 (1:14.064)		
15 Norwalk	1	9:46.10	
1) Olive DeRocher 10	2) Grace DeRocher 12		
3) Delayna Murillo 09	4) Hannah Schmitz 09		
1:09.920 (1:09.920)	2:23.379 (1:13.460)	3:32.669 (1:09.290)	
4:51.003 (1:18.335)	6:01.957 (1:10.954)	7:18.782 (1:16.826)	
8:30.727 (1:11.945)	9:46.098 (1:15.372)		

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## Results

## Finals ... (Girls 4x800 Meter Relay 4A)

Team	Relay	Finals
16 IC, West	1	9:46.51
1) Kate Van Waning 12	2) Adrienne Hodge 09	
3) Ellie DeWaard 09	4) Avery Nepple 10	
1:09.227 (1:09.227)	2:25.598 (1:16.371)	3:34.514 (1:08.916)
4:54.751 (1:20.238)	6:04.147 (1:09.396)	7:21.521 (1:17.374)
8:29.280 (1:07.760)	9:46.508 (1:17.228)	
17 Prairie, CR	1	9:51.24
1) Sarah Hughes 09	2) Aubrey Hoefler 11	
3) Addison Kay 09	4) Anika Roe 11	
1:08.130 (1:08.130)	2:27.383 (1:19.254)	3:37.053 (1:09.670)
4:58.625 (1:21.572)	6:06.692 (1:08.067)	7:26.998 (1:20.306)
8:34.155 (1:07.158)	9:51.231 (1:17.077)	
18 IC, City High	1	9:53.16
1) Calissa Fruin 10	2) Eliza Doster 10	
3) Naomi Downing-Sherer 11	4) Lucy Sherburne 11	
1:08.275 (1:08.275)	2:21.815 (1:13.541)	3:33.905 (1:12.090)
4:53.250 (1:19.346)	6:03.792 (1:10.542)	7:24.201 (1:20.410)
8:35.991 (1:11.790)	9:53.157 (1:17.166)	
19 DUB Senior	1	9:55.54
1) Lise Hoyer 11	2) Nevaeh Kessler 12	
3) Annie Gilligan 11	4) Emma Chesterman 12	
1:09.888 (1:09.888)	2:24.327 (1:14.440)	3:36.058 (1:11.731)
4:52.636 (1:16.579)	6:06.680 (1:14.044)	7:29.378 (1:22.698)
8:40.168 (1:10.790)	9:55.540 (1:15.373)	
20 Mason City	1	10:01.86
1) Brogan Evans 12	2) Ivy Ketelsen 09	
3) Paizlee Carter 11	4) Brynn Peterson 10	
1:07.540 (1:07.540)	2:20.714 (1:13.175)	3:35.371 (1:14.657)
4:59.502 (1:24.131)	6:13.625 (1:14.124)	7:39.727 (1:26.102)
8:46.740 (1:07.014)	10:01.857 (1:15.117)	
21 SE Polk	1	10:03.97
1) Lauren Foster 10	2) Audrey Beals 11	
3) Contessa Guerrero-Jones 11	4) Kenley Barbour 09	
1:08.569 (1:08.569)	2:31.929 (1:23.360)	3:46.168 (1:14.240)
5:08.630 (1:22.462)	6:18.844 (1:10.215)	7:38.067 (1:19.223)
8:48.855 (1:10.789)	10:03.969 (1:15.114)	
22 DUB Hempstead	1	10:06.79
1) Natalie Leitzen 11	2) Gabriella Teixeira 11	
3) Eva Stevenson 12	4) Lily McFadden 09	
1:12.438 (1:12.438)	2:38.490 (1:26.053)	3:48.701 (1:10.211)
5:04.143 (1:15.442)	6:12.977 (1:08.834)	7:32.856 (1:19.880)
8:47.207 (1:14.351)	10:06.781 (1:19.574)	
23 Urbandale	1	10:08.39
1) Genevieve DeWitt 09	2) Annabelle Schwartz 11	
3) Paisley Vickers 09	4) Nora Lewis 09	
1:12.285 (1:12.285)	2:31.136 (1:18.852)	3:43.176 (1:12.040)
5:07.174 (1:23.998)	6:19.284 (1:12.111)	7:37.517 (1:18.233)
8:50.398 (1:12.882)	10:08.387 (1:17.989)	

24 Linn-Mar		10:14.04
1) Anna Temple 10	2) Myrna Harper 09	
3) Megan Smiley 12	4) Grace Meier 11	
1:12.588 (1:12.588)	2:29.834 (1:17.247)	3:39.768 (1:09.934)
5:05.617 (1:25.850)	6:18.986 (1:13.370)	7:40.139 (1:21.153)
8:50.576 (1:10.437)	10:14.036 (1:23.461)	
--- SC, West	1	SCR
1) Kylie Dunne 10	2) Silvia Carrillo 10	
3) Malia Hennen 09	4) Melanie Limon 11	
--- Bettendorf		SCR
1) Noelle Winger 10	2) Ella Ripslinger 11	
3) Marlee Griffin 11	4) Grace Mitchell 10	
--- CR Kennedy	1	SCR
1) Emma Manthe 11	2) Alli Strasburger 09	
3) Avery Bildstein 09	4) Lindsey Strasen 09	
--- CB, A Lincoln	1	SCR
1) Torunn Petersen 10	2) Annette Fitch 11	
3) Wrigley Pirie 09	4) Sarai Schulenberg 09	
--- Marshalltown	1	SCR
1) Drea Ceren 10	2) Mallory Meyeraan 10	
3) Anessa Morrison 12	4) Kendall Brummel 11	
--- North Scott		SCR
1) Mackenna Johnston 09	2) Brylee Rathe 10	
3) Amelia Bowers 09	4) Amelia Duncan 12	
--- IC, Liberty	1	SCR
1) Gabriella Swift 09	2) Ayla Trolliet 09	
3) Carson Perry 11	4) Harlow Bucheit 11	
--- Lewis Central	1	SCR
1) Eden Kathol 09	2) Brynn Nepple 09	
3) Han Ni 09	4) Harper Ruiz 09	
--- Otumwa	1	SCR
1) Maddie McIntyre 09	2) Bailey Baxter 12	
3) Kaylee Hall 11	4) Sophie Schmidt 09	
--- CR Washington	1	SCR
1) Ava Graw 12	2) Haddie LeVake 12	
3) Maya Lahart 11	4) Madelyn Dyer 11	
--- DSM, Roosevelt	1	SCR
1) Lillian From 10	2) Loren Chan 09	
3) Lily Brickley 11	4) Gemma McCoy 09	

## Girls 800 Sprint Medley 4A

State Meet: 1:43.64 \* 2018 Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

All-Time: 1:43.64 ! 2018 Linn-Mar

A Rolle, O Hubler, J Bennett, P Wensel

Team	Relay	Finals
1 Ankeny	1	1:43.06* 10
1) Charlee Cibula 12	2) Lilly Buckley 11	
3) Lena Bruening 11	4) Morgan Fisher 10	
2 Waukee NW	1	1:43.30* 8
1) Annie Adams 09	2) Bella Distefano 11	
3) Quinn Jorgensen 10	4) Sadie McCann 10	

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## Results

## Finals ... (Girls 800 Sprint Medley 4A)

Team	Relay	Finals			
3 Cedar Falls	1	1:44.71	6	20 Waukee	1 1:51.33
1) Kate Roussell 12	2) La'Neeha Bell 11			1) Kate Schulte 11	2) Estelle Hinke 11
3) Presley Davison 12	4) Kloe Nissen 11			3) Emerson Chance 12	4) Elsa Kopriva 10
4 Pleasant Valley		1:45.11	5	21 Lewis Central	1 1:52.14
1) Olive Dankwah 09	2) Kai Rebro 11			1) Payton Mathews 12	2) Allie Hytrek 09
3) Cali McDermott 10	4) Ivey Kitzman 10			3) Brooke Nelson 11	4) Arianna Melika 09
5 SE Polk	1	1:45.72	4	22 Ames	1 1:52.48
1) Mylie Leo 11	2) Teresa Tarplah 10			1) Peruth Negrete 09	2) Kate Nigh 11
3) Berkley Weiland 10	4) Brooklynn Ruddy 10			3) Edyn Cowles 12	4) Meredith Frandsen 12
6 Prairie, CR	1	1:46.03	3	23 Muscatine	1:53.21
1) Avah Cooper 12	2) Marci Mudanya 09			1) Kensley Paul 12	2) Reagan Carver 09
3) Ashlynn Hunter 10	4) Reese Wiley 11			3) Benediction Sewa 12	4) Abigail Norton 09
7 Bettendorf		1:46.05	2	--- Ankeny Cent	1 DNF
1) Kylie Lemek 10	2) Cendall Cleveland 12			1) Siena Peddicord 09	2) Anna Woods 11
3) Tatum Miller 12	4) Haley Duke 10			3) Belicia Buesch 10	4) Aly Balashaitis 12
8 IC, City High	1	1:46.51	1	--- WAT East	1 SCR
1) Dede Aboussa-Folly 12	2) Jaydah Kent 09			1) Alayna Henderson 11	2) Naturi Wright 10
3) Ellie Fraga 11	4) Maeve Bowen-Burt 10			3) Nevaeh Brown 10	4) Ava Campbell 09
9 DUB Hempstead	1	1:46.91		--- SC, West	1 SCR
1) Kassidy Buchenau 12	2) Mallory Tomkins 12			1) Layla Sweeney 10	2) Serena Francisco-Perez 09
3) Kaylee Carley 11	4) Piper Birkenholz 12			3) Evey Jackson 12	4) Addeline Vondrak 09
10 Indianola	1	1:48.07		--- WAT West	1 SCR
1) Tessa Gripp 12	2) Hadley Vetter 12			1) Ava Wells 11	2) Gizzel Taylor-Davis 11
3) Kendal Sandy 11	4) Emma White 11			3) Sha'mya Martin 11	4) Lucy Harnack 09
11 Valley, WDM	1	1:48.12		--- Ottumwa	1 SCR
1) Payton Keiser 11	2) Maggie Garrison 11			1) Fai Fa 09	2) Kate Manary 10
3) Sydney Small 12	4) Brooklyn Brown 12			3) Kenleigh Burton 11	4) Emmalyn Chounlamany 09
12 Urbandale	1	1:49.07		--- Norwalk	1 SCR
1) Brooke Spencer 12	2) Marlie Schneider 11			1) Kinzie Giesemann 10	2) Mary Bush 10
3) Fiona Mulligan 11	4) Mia German 11			3) Piper Routh 11	4) Ava Carlson 12
13 Johnston	1	1:49.24		--- SC, North	1 SCR
1) Cora Shaw 11	2) Cooper Cornwell 10			1) Haley Nguyen 10	2) Chloe Cross 11
3) Brylynn Petek 10	4) Lila Shaw 11			3) Kamesha Zinn 11	4) Tayler Schueth 12
14 IC, West	1	1:49.33		--- DSM, East	1 SCR
1) Myriam Rahmouni 09	2) Savannah Graham 10			1) Evelynne Douole 11	2) Lauren Ziaty 12
3) Amara MacLagan 10	4) Savannah Mathias 10			3) Taylor Landers 12	4) Nyabuk Tuoch 12
15 CR Kennedy	1	1:49.38		--- CR Washington	1 SCR
1) Morgan Hospodarsky 12	2) Molly Gieseeman 12			1) Evan McCright 11	2) Olivia Miles 10
3) Annie Garsayne 12	4) Emerson Blocker 12			3) Cassie Thurmond 12	4) Kamarionna Crittenden 12
16 North Scott		1:49.40		--- DSM, Roosevelt	1 SCR
1) Adalynn Johnson 12	2) Emmalia Ranson 10			1) Andrea Walker-Ritchie 10	2) Sydney Goding 12
3) Micayla Ramirez 11	4) Olivia Graham 11			3) Alydia Wright 12	4) Charlotte Kelderman 09
17 Dowling Cath	1	1:49.90		--- DSM, North	1 SCR
1) Franny Brooks 12	2) Ellie Mead 11			1) Ziâ™Leyah Bennett 09	2) Tristyn Bragg 09
3) Madison Nagel 12	4) Lauren McCoy 12			3) Journey Stokes 09	4) Radiance Brown 11
18 DC-Grimes	1	1:50.37		--- CB, A Lincoln	1 SCR
1) Sydnee Keller 09	2) Khloe Crawford 10			1) Jady (Jj) Adler 09	2) Alexandria Maiso 11
3) Nevaeh Mayfield 10	4) Lillian Pudenz 10			3) Jasmine Shields 12	4) Maria Perez-Ramirez 11
19 Linn-Mar		1:51.30		--- Fort Dodge	1 SCR
1) Brooklyn Guild 12	2) Sarah White 12			1) Ava Wessels 12	2) Hope Alstott 11
3) Reese Cuggage 10	4) Anna Sojka 12			3) Brooklyn Nelson 10	4) Teryn Rippentrop 12
				--- CR Jefferson	1 SCR
				1) Jayla Henderson 09	2) Mia Janda 11
				3) Zianna Robinson 10	4) Peyton Dale 11

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## Results

## Finals ... (Girls 800 Sprint Medley 4A)

Team	Relay	Finals
--- Clinton	1	SCR
1) Emme Jensen 11	2) Akemah McClendon 12	
3) Audry Gruhn 09	4) Iyanna Davis 09	
--- IC, Liberty	1	SCR
1) Ella McGonegle 09	2) Landry Wilson 09	
3) Olivia Meyer 11	4) Mackenzie Maher 09	
--- DVPT, West		SCR
1) Elaina Gholston Guldenpfenig 10	2) Maya Westerhof 10	
3) Adalyn Johnson 09	4) Emma Schneiderman 11	
--- Mason City	1	SCR
1) Peyton Zilge 11	2) Isabella Riordan 10	
3) Latasha York 11	4) Mara Dixon 10	
--- Marshalltown	1	SCR
1) Erandy Ibarra Madrigal 10	2) Leia Hernandez 11	
3) Grace Christensen 10	4) Bailey Garland 09	
--- DVPT, Central		SCR
1) Samiyah Boykin 12	2) Lea Lefebvre 11	
3) Maria Jones 11	4) Westlyn Mathew 09	
--- DUB Senior	1	SCR
1) Sophia Martinez 12	2) Lillian Boettner 10	
3) Khloe Sweet 11	4) Isy Meyer 09	
--- DVPT, North		SCR
1) Malaysia Wise 10	2) Harmony Hollins 10	
3) Hermonie Hollins 10	4) Layla Brock 11	

## Girls 1600 Sprint Medley 4A

State Meet: 3:59.67 \* 5/23/2025 Waukee NW

## Q Jorgensen, A Vogt, L Vogt, E Dani

All-Time: 3:55.82 ! 2017 Assumption

Team	Relay	Finals
<b>Finals</b>		
1 Ankeny	1	3:55.44! 10
1) Lena Bruening 11	2) Lilly Buckley 11	
3) Morgan Fisher 10	4) Makenna Madetzke 12	
1:45.348 (1:45.348) 3:55.440 (2:10.092)		
2 Cedar Falls	1	4:02.49 8
1) Kate Roussell 12	2) Presley Davison 12	
3) Katherine Tomlyanovich 10	4) Charlee Gall 10	
1:49.654 (1:49.654) 4:02.486 (2:12.832)		
3 Waukee NW	1	4:02.69 6
1) Katie Stahl 12	2) Avery Vogt 12	
3) Sadie McCann 10	4) Emece Dani 11	
1:48.803 (1:48.803) 4:02.681 (2:13.879)		
4 Ankeny Cent	1	4:02.85 5
1) Aly Drefke 12	2) Belicia Buesch 10	
3) Aly Balashaitis 12	4) Rebecca Flick 09	
1:49.693 (1:49.693) 4:02.841 (2:13.149)		
5 Waukee	1	4:06.10 4
1) Chloe Williams 09	2) Emerson Chance 12	
3) Jayden Rees 12	4) Emme Baugh Van Zee 11	
1:51.987 (1:51.987) 4:06.094 (2:14.107)		

6 Johnston	1	4:06.94 3
1) Cora Shaw 11	2) Brylynn Petek 10	
3) Lila Shaw 11	4) Alyx Woodley 12	
1:50.178 (1:50.178) 4:06.938 (2:16.761)		
7 Ames	1	4:08.09 2
1) Alaina Johnson 09	2) Edyn Cowles 12	
3) Natalya Deardorff 12	4) Emma Stanley 11	
1:52.300 (1:52.300) 4:08.084 (2:15.785)		
8 Indianola	1	4:09.01 1
1) Tessa Gripp 12	2) Hadley Vetter 12	
3) Madison Grover 11	4) Cali Laxton 09	
1:51.419 (1:51.419) 4:09.004 (2:17.586)		
9 Valley, WDM	1	4:10.86
1) Maggie Garrison 11	2) Jayla Parker 12	
3) Brooklyn Brown 12	4) Abigail Reid 11	
1:51.079 (1:51.079) 4:10.859 (2:19.781)		
10 Lewis Central	1	4:11.65
1) Allie Hytrek 09	2) Brooke Nelson 11	
3) Arianna Melika 09	4) Madelyn Hoss 11	
1:54.487 (1:54.487) 4:11.646 (2:17.160)		
11 IC, City High	1	4:12.61
1) Dede Aboussa-Folly 12	2) Maeve Bowen-Burt 10	
3) Ellie Fraga 11	4) Abigail Burns 12	
1:51.885 (1:51.885) 4:12.604 (2:20.719)		
12 Dowling Cath	1	4:13.38
1) Caroline Crane 10	2) Adalyn Jones 11	
3) Frankie Darnell 11	4) Elizabeth Tiffany 11	
1:54.412 (1:54.412) 4:13.378 (2:18.966)		
13 Pleasant Valley		4:13.62
1) Olive Dankwah 09	2) Taylor Powers 10	
3) Kailee Wilson 12	4) Brynn Edgin 12	
1:53.786 (1:53.786) 4:13.611 (2:19.825)		
14 DC-Grimes	1	4:13.92
1) Sydnee Keller 09	2) Khloe Crawford 10	
3) Lillian Pudenz 10	4) Addison Dooley 12	
1:52.365 (1:52.365) 4:13.914 (2:21.549)		
15 Mason City	1	4:15.77
1) Peyton Zilge 11	2) Latasha York 11	
3) Mara Dixon 10	4) Brogan Evans 12	
1:54.454 (1:54.454) 4:15.765 (2:21.311)		
16 Clinton	1	4:19.27
1) Emme Jensen 11	2) Camila Hunter 12	
3) Molly Steiner 10	4) Carryn Sattler 12	
1:56.331 (1:56.331) 4:19.267 (2:22.937)		
17 Norwalk	1	4:19.80
1) Avery Kelderman 10	2) Mary Bush 10	
3) Ava Carlson 12	4) Olive DeRocher 10	
1:57.974 (1:57.974) 4:19.791 (2:21.817)		
18 SE Polk	1	4:21.12
1) Blayke Stubbs 11	2) Reese Curphy 10	
3) Josephine Smith 10	4) Kenley Barbour 09	
1:55.876 (1:55.876) 4:21.116 (2:25.240)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls 1600 Sprint Medley 4A)

Team	Relay	Finals
19 Prairie, CR	1	4:21.84
1) Piper Johnson 12	2) Lillian Specht 09	
3) Rowen Kelley 11	4) Anika Roe 11	
1:58.197 (1:58.197)	4:21.833 (2:23.636)	
20 Linn-Mar		4:22.27
1) Josie Wesselink 10	2) Christina Gorsich 12	
3) Anna Sojka 12	4) Marion Spolaore 09	
1:55.569 (1:55.569)	4:22.270 (2:26.702)	
21 WAT West	1	4:25.56
1) Britan Kennedy 11	2) Sha'mya Martin 11	
3) Taniya O'Brien 11	4) Nakia Ollivierre 12	
1:58.437 (1:58.437)	4:25.558 (2:27.121)	
22 CR Washington	1	4:26.54
1) Olivia Miles 10	2) Cassie Thurmond 12	
3) Madelyn Dyer 11	4) Haddie LeVake 12	
1:57.845 (1:57.845)	4:26.534 (2:28.689)	
23 DVPT, Central		4:29.04
1) Mikaia Woglo 11	2) Annyah Walls 10	
3) Sloane Moeller 11	4) Rhemidy Brack 09	
2:02.501 (2:02.501)	4:29.034 (2:26.534)	
24 Muscatine		4:37.58
1) Kaylin Paul 09	2) Annie Harmon 11	
3) Mallory Bruhn 12	4) Ella Maynard 12	
1:59.188 (1:59.188)	4:37.577 (2:38.389)	
--- SC, West	1	SCR
1) Cadynse Franklin 12	2) Juniper Roach 12	
3) Kylie Dunne 10	4) Malia Hennen 09	
--- SC, North	1	SCR
1) Anaya Johnson 10	2) Allison Maloney 09	
3) Tayler Schueth 12	4) Marcella Palmer 12	
--- Urbandale	1	SCR
1) Brooke Spencer 12	2) Avery Smit 12	
3) Maci Moore 09	4) Genevieve DeWitt 09	
--- North Scott		SCR
1) Kamilah Eller 11	2) Riley Toohey 10	
3) Kendall Behm 11	4) Vivian Ohsann 09	
--- Ottumwa	1	SCR
1) Lea Baroma 12	2) Blythe Schmidt 11	
3) Kenleigh Burton 11	4) Sophie Schmidt 09	
--- CR Kennedy	1	SCR
1) Aniyah Williams 12	2) Quinn Wagner 09	
3) Isabella Veach 09	4) Alli Strasburger 09	
--- CR Jefferson	1	SCR
1) Carla Arnold 10	2) Jayla Henderson 09	
3) Lise Batige 09	4) Aliana Bolinger 09	
--- DSM, East	1	SCR
1) Ayzuleyha Eizova 12	2) Siana Farley 10	
3) Abby Castle 12	4) Emma May Ford 10	
--- DSM Lincoln	1	SCR
1) Delilah Earles 10	2) Kamari Cole 10	
3) Alivia Wong 10	4) Ella Frost 11	

--- Bettendorf		SCR
1) Kylie Lemek 10	2) Anna Miller 12	
3) Alannah Bermas 09	4) Noelle Winger 10	
--- Fort Dodge	1	SCR
1) LJ Maehl 12	2) Valyn Friedrichs 09	
3) Gabrielle Wirtz 10	4) Reina Lacina 11	
--- CB, A Lincoln	1	SCR
1) Haley Lang 10	2) Maria Perez-Ramirez 11	
3) Isabella Arzola 10	4) Wrigley Pirie 09	
--- IC, Liberty	1	SCR
1) Bailey Kirchner 10	2) Ava Meyers 09	
3) Kate Prahm 10	4) Chelsea VeDepo 11	
--- DVPT, North		SCR
1) Audrina Shuford 12	2) Ava Votroubek 12	
3) Veronica Uy 11	4) Eden Koenig 09	
--- Marshalltown	1	SCR
1) Flolangel Dessin 09	2) Faith Sommerlot 09	
3) Emerson Mason 10	4) Mattea Wright 11	
--- IC, West	1	SCR
1) Caroline Dickens 11	2) Adriana Vargas 12	
3) Amita Nelson 10	4) Ava Twait 09	
--- DUB Hempstead	1	SCR
1) Samaria Thomas 11	2) Ava Ball 11	
3) Caitlyn Cyze 09	4) Gabriella Teixeira 11	
--- DSM, Roosevelt	1	SCR
1) Grace Bell 12	2) Aiyana Pack 12	
3) Mariah Crawford 09	4) Isabel Spradling 10	
--- DUB Senior	1	SCR
1) Leighton FitzPatrick 09	2) Khloe Sweet 11	
3) Annie Gilligan 11	4) Skylar Carpenter 10	

## Girls 4x100 Meter Shuttle Hurdle 4A

State Meet: 1:00.40 \* 5/22/2025 Valley, WDM

M Karr, J Parker, A Stanbro, E Havighurst

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Prelims
1 Valley, WDM	1	* 1:00.11q
1) Mila Hughes 09	2) Jayla Parker 12	
3) Matsi Bonkafo-Efofa 09	4) Morgan Karr 12	
2 Waukee NW	1	1:01.62q
1) Lily Twigg 11	2) Faith Johnson 09	
3) Jessa Abels 10	4) Alayna Schulte 12	
3 Waukee	1	1:02.14q
1) Natalie Sitzmann 12	2) Payton Lundgren 12	
3) Sophia Taylor 11	4) Jana Maharry 11	
4 Ankeny Cent	1	1:03.08q
1) Ava Barten 12	2) Siena Peddicord 09	
3) Taylor Gilbreath 10	4) Anna Woods 11	
5 Ames	1	1:03.80q
1) Angelica Attinger 12	2) Elia Varghese 12	
3) Brenna Van Cleave 12	4) Sophia Hatcher 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium

## Results

## Preliminaries ... (Girls 4x100 Meter Shuttle Hurdle 4A)

Team	Relay	Prelims
6 Cedar Falls	1	1:03.93q
1) Mackenzie Castro 10	2) Addi Spier 12	
3) Sophia Tognetti 12	4) Birklie Waskow 11	
7 Pleasant Valley		1:05.16q
1) Brooklynn Kelley 10	2) Elise Kane 10	
3) Hanley Schmidt 12	4) Mazie Sweers 11	
8 IC, City High	1	1:06.75q
1) Gloria Konu 12	2) Bernadette Hamilton 10	
3) Madeline Fraga 09	4) Willow Schultz 11	
9 Prairie, CR	1	1:06.89
1) Kennedy Hurlbert 10	2) Cora Frese 11	
3) Baylee Whitehill 11	4) Paisley Joens 10	
10 CR Kennedy	1	1:07.31
1) Kayla Langerman 12	2) Skyylan Ousley 11	
3) Gatsby Gloede 10	4) Jadya Jakobsen 09	
11 Dowling Cath	1	1:07.33
1) Everlee Anthony 10	2) Ayoung Ayoung 10	
3) Adalyn Jones 11	4) Franny Brooks 12	
12 DC-Grimes	1	1:09.33
1) Kadin Schlenker 09	2) Ashtyn Vaughan 12	
3) Caelyn Short 10	4) Macey Rohrbeck 11	
13 Ottumwa	1	1:09.51
1) Jordin Mayson 10	2) Blythe Schmidt 11	
3) Evelyn Lipp 09	4) Amaka Chukwumezie 11	
14 IC, West	1	1:09.68
1) Savannah Graham 10	2) Chelsi Wing 09	
3) Ava Sieren 10	4) Eva Willis 12	
15 North Scott		1:10.09
1) Alyssa Schroeder 11	2) Aviea Holden 10	
3) Addison Allen 12	4) Kaylee Ervin 09	
16 Indianola	1	1:10.65
1) Lilly Hoger 11	2) Lauren Olson 12	
3) Mady Blake 09	4) Danielle Kjellberg 10	
17 Norwalk	1	1:10.99
1) Milena Catic 10	2) Kaia Stoullil 12	
3) Leah Crick 11	4) Kinsley Stumbaugh 11	
18 Johnston	1	1:11.08
1) Paityn Ahrens 12	2) Marisel Clifton 11	
3) Bella Grummert 12	4) Ava Siemons 10	
19 Mason City	1	1:11.99
1) Finlee Carter 09	2) Pyper Koch 11	
3) Piper Johnson 12	4) Anna Latham 11	
20 IC, Liberty	1	1:12.73
1) Ava Meyers 09	2) Aleksandra Sharp 12	
3) Greta Daniels 10	4) Cindy Eckhardt 12	
21 Linn-Mar		1:13.44
1) Shreya Singh 11	2) Tori Sletteland 12	
3) Madison Steege 10	4) Christina Gorsich 12	
22 SC, North	1	1:14.31
1) Haley Nguyen 10	2) Madeline Conley 10	
3) Hayden Lovrien 12	4) Lyndon Soldati 11	

23 Fort Dodge	1	1:15.04
1) Adyson Friesth 10	2) Ava Osorio 09	
3) Charlotte DeJong 10	4) Maeleena Meyer 12	
--- Muscatine		FS
1) Kensley Paul 12	2) Ayla McGlaughlin 12	
3) Mallory Bruhn 12	4) Avery Bradley 10	

## Girls 4x100 Meter Shuttle Hurdle 4A

State Meet: 1:00.40 \* 5/22/2025 Valley, WDM

M Karr, J Parker, A Stanbro, E Havighurst

All-Time: 59.37 ! 2026 Waukee Northwest

Willits, Schulte, Twigg, Johnson

Team	Relay	Finals
<b>Finals</b>		
1 Waukee NW	1	58.61! 10
1) Katie Willits 12	2) Alayna Schulte 12	
3) Lily Twigg 11	4) Faith Johnson 09	
2 Valley, WDM	1	58.92! 8
1) Morgan Karr 12	2) Matsi Bonkafo-Efofa 09	
3) Jayla Parker 12	4) Mila Hughes 09	
3 Waukee	1	1:00.51 6
1) Natalie Sitzmann 12	2) Sophia Taylor 11	
3) Payton Lundgren 12	4) Jana Maharry 11	
4 Ankeny Cent	1	1:02.05 5
1) Ava Barten 12	2) Siena Peddicord 09	
3) Taylor Gilbreath 10	4) Anna Woods 11	
5 Ames	1	1:03.22 4
1) Angelica Attinger 12	2) Elia Varghese 12	
3) Brenna Van Cleave 12	4) Sophia Hatcher 12	
6 Cedar Falls	1	1:03.37 3
1) Mackenzie Castro 10	2) Addi Spier 12	
3) Sophia Tognetti 12	4) Birklie Waskow 11	
7 Pleasant Valley		1:04.65 2
1) Brooklynn Kelley 10	2) Elise Kane 10	
3) Hanley Schmidt 12	4) Mazie Sweers 11	
8 IC, City High	1	1:07.02 1
1) Gloria Konu 12	2) Bernadette Hamilton 10	
3) Madeline Fraga 09	4) Willow Schultz 11	

## Girls High Jump 4A

State Meet: 5-08.25 \* 5/19/2009 Khanishah Williams

All-Time: 6-01 ! 2010 Hannah Wilms

Name	Yr	School	Finals
<b>Finals</b>			
1 Elle Lonergan	12	Clinton	5-06.00 10
2 Alyssa Schroeder	11	North Scott	5-06.00 8
3 Piper Ladwig	11	Waukee NW	5-04.00 4.5
3 Hadassah Smith	09	Cedar Falls	5-04.00 4.5
3 Elodie Biggs	11	Ames	5-04.00 4.5
3 Ayak Akol	12	Ames	5-04.00 4.5
7 Sophia Everding	10	Bettendorf	5-04.00 2
8 Mila Badillo	11	Ankeny	5-02.00 1
9 Elle Hatlevig	10	Norwalk	5-02.00
10 Cambel Drapeau	12	DUB Senior	5-02.00
11 Claire Lorenz	11	Linn-Mar	5-02.00

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Results

## Finals ... (Girls High Jump 4A)

Name	Yr	School	Finals
12 Ellie Muller	12	Dowling Cath	5-02.00
13 Edie Collins	11	Waukee NW	5-02.00
14 Lyla Canny	12	Prairie, CR	5-00.00
14 Sophia Austen	11	IC, West	5-00.00
14 Hanley Schmidt	12	Pleasant Val	5-00.00
14 Madison Messerly	10	DC-Grimes	5-00.00
14 Ava Groeteke	12	Dowling Cath	5-00.00
19 Alice Edelen	11	IC, City Hig	5-00.00
20 Annie Weaver	09	Cedar Falls	5-00.00
21 Ashal Chan	10	Johnston	4-10.00
21 Mikayla Arp	10	Pleasant Val	4-10.00
23 Olivia Ausdemore	11	Lewis Centra	4-10.00
--- Natalie Nwatchock	12	North Scott	DNS
--- Valarie Gardner	10	WAT West	SCR
--- Heaven Colyer	11	Ottumwa	SCR
--- Averia Cabildo	10	Urbandale	SCR
--- Ari Melendez Paez	09	Valley, WDM	SCR
--- Aubree Mueller	10	Waukee	SCR
--- Aubrey Trometer	12	SC, North	SCR
--- Yar Tong	11	Valley, WDM	SCR
--- McCaelyn Casey	10	SE Polk	SCR
--- Emmerson Powell	10	SE Polk	SCR
--- Charity Newman	12	WAT East	SCR
--- Angerine Bulambo	11	DSM, North	SCR
--- Emma Stoecken	09	DC-Grimes	SCR
--- Anniyah Walls	10	DVPT, Centra	SCR
--- Jada Pulley	11	DSM, North	SCR
--- Dorianna Hill	10	Clinton	SCR
--- Ella Whitver	09	Ankeny Cent	SCR
--- Kaycee Cory	11	CR Kennedy	SCR
--- Tabitha Molden	10	Johnston	SCR
--- Emily Bengé	09	Indianola	SCR
--- Brynna Gander	10	Linn-Mar	SCR
--- Megan Scheel	12	Lewis Centra	SCR
--- Greta Daniels	10	IC, Liberty	SCR
--- Hazel Schluckebier	10	IC, City Hig	SCR
--- Cailey Baker	12	Indianola	SCR

## Girls Long Jump 4A

State Meet: 19-05 \* Waller/Thomas  
All-Time: 20-08.25 ! 2025 Abby Mecklenburg

Name	Yr	School	Finals
1 Abby Mecklenburg	12	Linn-Mar	19-00.00 10
2 Sophia Hatcher	12	Ames	18-11.25 8
3 Faith Kpeayeh	12	Prairie, CR	18-06.00 6
4 Lena Bruening	11	Ankeny	18-00.00 5
5 Kaylee Ervin	09	North Scott	17-09.50 4
6 Jady Woods	12	SE Polk	17-05.75 3
7 Leah Janulewicz	11	Waukee NW	17-04.75 2
8 Joselyn Petersen	12	Clinton	16-11.50 1
9 Audrey Sandholm	11	Ankeny Cent	16-11.00 0.9
10 Brooklynn Kelley	10	Pleasant Val	16-10.75 0.5

11 Amara MacLagan	10	IC, West	16-10.25 0.1
12 LaRyah Jordan-Wade	10	Cedar Falls	16-10.00 1.9
13 Edyn Cowles	12	Ames	16-09.25 1.2
14 Teagan Jackson	11	Ankeny Cent	16-08.50 1.8
15 Alexi Thigpen	12	IC, Liberty	16-08.25 -0.5
16 Edie Collins	11	Waukee NW	16-07.75 2.0
17 Aniyah Boens	11	DC-Grimes	16-07.75 1.2
18 Jayla Parker	12	Valley, WDM	16-07.25 0.5
19 Adalyn Thorstenson	10	CR Kennedy	16-05.00 0.6
20 Madison Grover	11	Indianola	16-04.75 -0.3
21 Kendall Behm	11	North Scott	15-10.50 1.1
22 Ari Wroe	10	Cedar Falls	15-10.25 1.8
23 Amelia Paugh	09	Indianola	15-08.25 1.8
24 Annie Garsayne	12	CR Kennedy	15-06.00 1.9
--- Brielle Wilson	10	Bettendorf	SCR NWI
--- Madi Reed	10	Urbandale	SCR NWI
--- Anh Hoang	09	Urbandale	SCR NWI
--- Adrienne Wall	09	SC, North	SCR NWI
--- Allison Maloney	09	SC, North	SCR NWI
--- Josephine Smith	10	SE Polk	SCR NWI
--- Dillynn Moore	09	DVPT, Centra	SCR NWI
--- Maya Hutzell	09	Waukee	SCR NWI
--- Brylee Bach	10	Ankeny	SCR NWI
--- Hadley Appel	11	Bettendorf	SCR NWI
--- October Ellis-Gray	10	Valley, WDM	SCR NWI
--- Samanvi Anbukumar	09	Waukee	SCR NWI
--- Megan Scheel	12	Lewis Centra	SCR NWI
--- Liv Loghry	11	Lewis Centra	SCR NWI
--- Ava Osorio	09	Fort Dodge	SCR NWI
--- Lydia Clark	10	Johnston	SCR NWI
--- Grace Barnes	09	IC, Liberty	SCR NWI
--- Sadie Nicol	10	Johnston	SCR NWI
--- Piper Johnson	12	Prairie, CR	SCR NWI
--- Samiah Pope	10	Ottumwa	SCR NWI
--- Neriah Graves	09	CR Jefferson	SCR NWI
--- Paige Lyons	10	DUB Senior	SCR NWI
--- Audrey Morris	12	Linn-Mar	SCR NWI
--- Eve Gaul	09	DUB Hempstea	SCR NWI

## Girls Shot Put 4A

State Meet: 47-01.50 \* 5/20/2016 Erika Hammond

All-Time: 53-03.50 ! 1992 Paulette Mitchell

Name	Yr	School	Finals
1 Delilah Subsin	12	Ottumwa	47-01.00 10
2 Rachel Haack	12	IC, City Hig	44-09.00 8
3 Sam Gripp	11	Indianola	43-05.25 6
4 Tatum Johnson	12	Urbandale	43-05.00 5
5 Victoria Burpo	10	Waukee NW	39-04.50 4
6 Adalynn Johnson	12	North Scott	38-10.25 3
7 Haley New	11	Indianola	38-06.75 2
8 Hannah Braun	12	IC, City Hig	38-06.75 1
9 Annie Cassidy	11	Linn-Mar	38-06.25
10 Aubrey Ferguson	12	Clinton	38-04.00
11 Aliyah Moon	10	SC, North	37-07.75

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Girls Shot Put 4A)

Name	Yr	School	Finals
12 Ella Stobbe	12	Waukee	37-05.75
13 Stephanie Degahouey	11	Prairie, CR	36-06.75
14 Alivia Sheridan	12	DSM, East	36-06.75
15 Sydney Van Heukelom	11	IC, Liberty	36-05.75
16 Micah Hawkinson	11	DVPT, Centra	36-02.25
17 Alli Bogwill	10	SE Polk	35-09.25
18 Alexis McCloy	10	North Scott	35-07.75
19 Gwyn Christensen	12	Ankeny	35-01.25
20 Eden Lee	12	DUB Senior	34-03.00
21 Emma Gray	12	Johnston	34-00.25
22 Riley Boekhoff	12	Pleasant Val	33-00.25
23 Janiah Proctor	12	Ames	32-07.75
24 Sophia Schlader	10	Waukee NW	30-04.25
--- Abigail Milburn	09	Linn-Mar	SCR
--- Allana Davis	09	Mason City	SCR
--- Payton Traynor	10	Urbandale	SCR
--- Briella Drost	12	Valley, WDM	SCR
--- Bailey Kain	11	SE Polk	SCR
--- Neela Phillips	10	WAT East	SCR
--- Haylee Johnson	10	Valley, WDM	SCR
--- Makayla Jones-Whitaker	11	Cedar Falls	SCR
--- Zoey Seitz	12	Clinton	SCR
--- Branaya Jarmon	10	CB, T Jeffer	SCR
--- Isabelle Gasper	11	CR Kennedy	SCR
--- Kayleigh Faulkner	12	CR Jefferson	SCR
--- McKayla Warren	12	Cedar Falls	SCR
--- Emerson Hutchins	09	Ankeny	SCR
--- Kamryn Hamilton	12	CB, A Lincol	SCR
--- Elise Benning	12	Ankeny Cent	SCR
--- Ky'Mariana Mosley	11	Fort Dodge	SCR
--- Payshence Price	10	DVPT, West	SCR
--- Peyton Brehmer	10	Lewis Centra	SCR
--- Emily Cronk	10	IC, Liberty	SCR
--- Rebecca Thea	12	DSM Lincoln	SCR
--- Lauren Logan	09	DC-Grimes	SCR
--- Kennedi Smith	11	DVPT, North	SCR
--- Barinegior Menegbo	11	DSM, North	SCR

## Girls Discus Throw 4A

State Meet: 158-08 \* 5/22/2025 Delilah Subsin

All-Time: 179-07 ! 2014 Kiana Phelps

Name	Yr	School	Finals
1 Hannah Braun	12	IC, City Hig	150-00 10
2 Delilah Subsin	12	Ottumwa	148-10 8
3 Rachel Haack	12	IC, City Hig	142-08 6
4 Cassidy Danburg	11	Waukee NW	142-00 5
5 Annie Cassidy	11	Linn-Mar	140-02 4
6 Macy Faust	11	Bettendorf	132-09 3
7 Sophia Schlader	10	Waukee NW	131-00 2
8 Maliya Cobb	12	Ankeny	129-10 1
9 Maya Whalen	10	Indianola	121-10
10 Ella Stobbe	12	Waukee	121-01

11 Aubrey Ferguson	12	Clinton	119-10
11 Elise Benning	12	Ankeny Cent	119-10
13 Addison Faust	11	Bettendorf	118-08
14 Addyson Kramer	11	Pleasant Val	116-02
15 Nellie Johnson	12	Dowling Cath	115-11
16 Abbie Kliver	12	Indianola	115-01
17 Emma Gray	12	Johnston	113-06
18 Annabell Niggemeyer	10	Dowling Cath	112-11
19 McKayla Warren	12	Cedar Falls	111-07
20 Maya Swarts	12	Cedar Falls	111-00
21 Bella Anderson	11	Ankeny Cent	106-08
22 Eden Lee	12	DUB Senior	105-05
23 Madalynn Weber	12	Prairie, CR	103-00
24 Branaya Jarmon	10	CB, T Jeffer	89-10
--- Piper Weldon	11	Norwalk	SCR
--- Alexis McCloy	10	North Scott	SCR
--- Janiah Proctor	12	Ames	SCR
--- Haylee Johnson	10	Valley, WDM	SCR
--- Payton Traynor	10	Urbandale	SCR
--- Neela Phillips	10	WAT East	SCR
--- Jovie Pease	12	Valley, WDM	SCR
--- Charlotte Fleagle	11	Prairie, CR	SCR
--- Rylan Backes	11	Pleasant Val	SCR
--- Aliyah Moon	10	SC, North	SCR
--- Lauren Logan	09	DC-Grimes	SCR
--- Jenevieve McLaughlin	11	CR Kennedy	SCR
--- Quinn Tomkins	09	DUB Hempstea	SCR
--- Alivia Sheridan	12	DSM, East	SCR
--- Kamryn Hamilton	12	CB, A Lincol	SCR
--- Emerson Hutchins	09	Ankeny	SCR
--- Maloree Byrns	12	Clinton	SCR
--- Eliza Bodin	10	IC, West	SCR
--- Sydney Van Heukelom	11	IC, Liberty	SCR
--- Lilly Longhurst	10	Muscatine	SCR
--- Madeline Woods	12	Lewis Centra	SCR
--- Ky'Mariana Mosley	11	Fort Dodge	SCR
--- Ava Serrano	10	DVPT, West	SCR
--- Brianna Kopaska	09	Ames	SCR

## Girls 100 Meter Dash Ambulatory Para

State Meet: 15.48 \* 5/24/2025 Hannah Longmire

All-Time: 15.48 ! 2025 Hannah Longmire

Name	Yr	School	Finals
1 Josie Green	10	Cascade	18.14 10
2 Carly Sanders	12	CB, A Lincol	38.45 8

## Girls 100 Meter Dash Wheelchair Para

State Meet: 21.48 \* 1998 Cheri Blauwet

All-Time: 21.48 ! 1998 Cheri Blauwet

Name	Yr	School	Finals
1 Payton Maas	12	West Liberty	24.63 10
2 Ellie Wunderlich	10	CB, T Jeffer	26.17 8
3 Bella Paulsen	09	Johnston	28.14 6

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**Girls 200 Meter Dash Ambulatory Para**

State Meet: 32.23 \* 5/24/2025 Hannah Longmire

All-Time: 32.23 ! 2025 Hannah Longmire

Name	Yr	School	Finals
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**Finals**

1	Josie Green	10	Cascade	39.98	10
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**Girls 200 Meter Dash Wheelchair Para**

State Meet: 42.36 \* 5/24/2025 Ally Darter

All-Time: 43.28 ! 2006 Tasha DeGroot

Name	Yr	School	Finals
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**Finals**

1	Payton Maas	12	West Liberty	48.27	10
2	Ellie Wunderlich	10	CB, T Jeffer	49.06	8
3	Bella Paulsen	09	Johnston	56.66	6

**Girls 400 Meter Dash Ambulatory Para**

State Meet: 1:14.21 \* 5/22/2025 Hannah Longmire

All-Time: 1:14.21 ! 2025 Hannah Longmire

Name	Yr	School	Finals
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**Finals**

1	Josie Green	10	Cascade	1:32.69	10
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**Girls 400 Meter Dash Wheelchair Para**

State Meet: 1:15.14 \* 1998 Cheri Blauwet

All-Time: 1:15.14 ! 1998 Cheri Blauwet

Name	Yr	School	Finals
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**Finals**

1	Ellie Wunderlich	10	CB, T Jeffer	1:36.85	10
2	Payton Maas	12	West Liberty	1:37.77	8
3	Bella Paulsen	09	Johnston	2:03.87	6

**Girls 800 Meter Run Wheelchair Para**

State Meet: 2:50.10 \* 5/23/2025 Ally Darter

All-Time: 2:50.10 ! 2025 Ally Darter

Name	Yr	School	Finals
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**Finals**

1	Payton Maas	12	West Liberty	3:32.71	10
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1:36.801 (1:36.801) 3:32.707 (1:55.907)

**Girls Shot Put Wheelchair Para**

State Meet: 20-07.50 \* 5/21/2016 Marhaya Bradford

All-Time: 20-07.50 ! 5/21/2016 Marhaya Bradford

Name	Yr	School	Finals
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**Finals**

1	Brooklyn Wolthoff	12	Riceville	16-00.00	10
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**Girls Shot Put Ambulatory Para**

State Meet: 17-09 \* 5/24/2025 Josie Green

All-Time: 19-08.75 ! 2026 Josie Green

Name	Yr	School	Finals
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**Finals**

1	Josie Green	10	Cascade	24-04.75!	10
2	Blake Putney	10	Indianola	21-06.00!	8

**Boys 100 Meter Dash 1A**

State Meet: 10.52 \* 5/20/2023 Austin Kunkle

All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Prelims
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**Preliminaries**

1	Keenan Kilburg	12	Bellevue	11.10q	-1.6
2	London Franklin	12	New London	11.12q	-1.6
3	Clancey VanOort	12	North Cedar	11.15q	-0.3
4	Cole Jeppesen	11	Riverside, O	11.18q	+0.0
5	Camryn Bartels	09	North Butler	11.21q	-1.6
6	Trevon Keely	11	Paton-Churda	11.30q	-1.6
7	Dominic Marco	12	Sibley-Ochey	11.32q	-0.3
8	Taylor Kibbee	12	Janesville	11.32q	-1.6
9	Jack Knode	11	Riceville	11.34	-0.3
10	Landon Hassett	12	B-G-M, Brook	11.36	+0.0
11	Adrian Jessen	11	St. Albert,	11.43	-0.3
12	Jiri Brodigan	12	East Mills	11.45	-1.6
13	Kinnik Ritchie	09	Easton Valle	11.49	-0.3
14	Aiden Van Waus	12	HLV-TC	11.52	+0.0
15	Korben Michels	12	Saint Ansgar	11.56	+0.0
16	Jax Steger	10	Edgewd-Coles	11.57	+0.0
17	Jaxson Schnell	12	Graet-T/Ruth	11.58	+0.0
18	Eli Laban	10	Marquette Ca	11.59	+0.0
19	Reed Oswalt	12	Collins-Maxw	11.61	-0.3
20	Bridger Cox	12	SE Warren	11.61	-1.6
21	Zach Stene	12	Lake Mills	11.62	-0.3
22	Jaiden Richards	12	Lynnville-Su	11.69	-1.6
23	Mason Walter	11	Belle Plaine	11.73	-0.3
---	Brody Crozier	11	Southwest Va	FS	+0.0

**Boys 100 Meter Dash 1A**

State Meet: 10.52 \* 5/20/2023 Austin Kunkle

All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Finals
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**Finals**

1	Keenan Kilburg	12	Bellevue	10.98	10
2	London Franklin	12	New London	11.03	8
3	Clancey VanOort	12	North Cedar	11.11	6
4	Camryn Bartels	09	North Butler	11.11	5
5	Cole Jeppesen	11	Riverside, O	11.16	4
6	Trevon Keely	11	Paton-Churda	11.19	3
7	Taylor Kibbee	12	Janesville	11.24	2
8	Dominic Marco	12	Sibley-Ochey	11.35	1

**Boys 200 Meter Dash 1A**

State Meet: 21.69 \* 5/20/2023 Austin Kunkle

All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Prelims
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**Preliminaries**

1	Landon Grell	12	Lawton-Brons	22.16q	0.6
2	Braydon Anderson	10	English Vall	22.19q	-0.9
3	Wyatt Minter	11	George-Littl	22.35q	0.6

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## Preliminaries ... (Boys 200 Meter Dash 1A)

Name	Yr	School	Prelims
4 Trevon Keely	11	Paton-Churda	22.37q-0.9
5 Clancey VanOort	12	North Cedar	22.38q 0.6
6 Camryn Bartels	09	North Butler	22.45q 0.6
7 Brodyn Pryor	12	Woodbine	22.47q 0.6
8 Aaron Hindt	11	St. Edmond,	22.47q 0.6
9 Tayler Kibbee	12	Janesville	22.60 -0.9
10 Tyler Sonnenfelt	12	Madrid	22.61 -0.9
11 Kinnik Ritchie	09	Easton Valle	22.63 0.6
12 Owen Sievers	12	Gehlen Cath,	22.69 -0.9
13 Mason Hoy	12	Springville	22.71 0.6
14 Aiden Van Waus	12	HLV-TC	22.72 0.6
15 Zach Anderson	10	George-Littl	22.80 0.6
16 Hayden Shelman	11	WACO	22.83 0.6
17 Owen Smith	10	Riceville	22.90 -0.9
18 Drayden Thompson	10	Mount Ayr	22.96 -0.9
19 Rylan Dorenkamp	12	West Fork	23.04 0.6
20 Macoy Stone	12	Maquoketa Va	23.05 -0.9
21 Connor Mullenbach	12	Saint Ansgar	23.06 0.6
22 Jack Bowlin	12	Lynnville-Su	23.14 0.6
23 Hunter Dooley	11	Martndsl-StM	23.20 0.6
24 Brody Crozier	11	Southwest Va	23.28 0.6

## Boys 200 Meter Dash 1A

State Meet: 21.69 \* 5/20/2023 Austin Kunkle

All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Finals
1 Landon Grell	12	Lawton-Brons	21.99 10
2 Trevon Keely	11	Paton-Churda	22.10 8
3 Camryn Bartels	09	North Butler	22.18 6
4 Braydon Anderson	10	English Vall	22.27 5
5 Clancey VanOort	12	North Cedar	22.29 4
6 Wyatt Minter	11	George-Littl	22.32 3
7 Aaron Hindt	11	St. Edmond,	22.60 2
8 Brodyn Pryor	12	Woodbine	22.99 1

## Boys 400 Meter Dash 1A

State Meet: 47.90 \* 5/16/2024 Ryce Reynolds

All-Time: 46.99 ! 5/17/2019 Darien Porter

Name	Yr	School	Finals
1 Lincoln Bainbridge	12	Van Buren	48.08 10
2 Braydon Anderson	10	English Vall	49.55 8
3 Collin Harder	12	AHSTW	49.66 6
4 Owen Smith	10	Riceville	49.70 5
5 Clancey VanOort	12	North Cedar	50.17 4
6 Braden Bantz	12	Wapsie Val,	50.21 3
7 Aiden Van Waus	12	HLV-TC	50.42 2
8 Xander Eldred	12	Midland, Wyo	50.82 1
9 Wyatt Ragaller	12	Ar-We-Va	51.08
10 Jack Osborn	11	English Vall	51.18
11 Zeke Kalainoff	10	Nashua-Plain	51.33
12 Layne Peska	11	Iowa Valley,	51.38

13 Trayton Cobb	11	South O'Brie	51.85
13 Carl Hoodjer	10	AGWSR	51.85
15 Brodie Davis	11	Logan-Magnol	51.87
16 Daniel Castillo	12	Logan-Magnol	52.01
17 Austin Landis	11	George-Littl	52.31
18 Brady Henning	12	North Butler	52.65
19 Justyn Faulkner	12	Wapello	52.76
20 Cael Curphy	11	E Marshall	52.99
21 Reed Oswalt	12	Collins-Maxw	57.09
22 Dawson Braet	11	Earlham	57.11
--- Caden Kaufman	11	Lenox	DQ
--- Dane Gorham	11	Boyer Valley	DNS
--- Elias Bronson	10	Moravia	SCR
--- Mason Dahlstrom	11	Pekin	SCR
--- Jaxton Johnson	09	Westwood, Sl	SCR
--- Cael Silvers	10	Pekin	SCR
--- Evan McCormick	10	North Butler	SCR
--- Henry Hanson	09	Nwood-Kenset	SCR
--- Andrew Schmitt	10	Nashua-Plain	SCR
--- Kade Davidson	09	Moravia	SCR
--- Tucker Burkhart	09	Murray	SCR
--- Gauge Little	10	Sigourney	SCR
--- Uriah Westerhausen	10	Southwest Va	SCR
--- Grayson Falk	09	Saint Ansgar	SCR
--- Flynt Bell	12	Sidney	SCR
--- Jayvian Perez	09	W Monona	SCR
--- Aiden Cooper	12	Van Buren	SCR
--- Alex Dawson	12	St. Albert,	SCR
--- Brendon Petersen	12	St. Mary's, SL	SCR
--- Jacob Burrs	09	West Hancock	SCR
--- Corbin Rysavy	09	Saint Ansgar	SCR
--- Brody Dixon	10	West Hancock	SCR
--- Cruz Jaquez	11	Riverside, O	SCR
--- Noah Hagan	12	Wayne, Coryd	SCR
--- Tristen Wingate	10	Sibley-Ochey	SCR
--- Elijah Sayler	10	Sibley-Ochey	SCR
--- Joseph Grimm	10	Colfax-Mingo	SCR
--- Jesse Polkinghorn	11	Central, Elk	SCR
--- Frederick Gericke	10	Central City	SCR
--- Logan Johnson	11	Clear Lake C	SCR
--- Reed Elvert	11	C-Wheatland	SCR
--- Payton Dickson	10	Earlham	SCR
--- Henry Reimer	12	Central, Elk	SCR
--- Chase Trotter	10	Colfax-Mingo	SCR
--- Connor Kilburg	12	Bellevue	SCR
--- Kinnick Paulsen	12	Bellevue	SCR
--- Chase Wheatley	12	AHSTW	SCR
--- Taikeye Hardee	09	Bedford	SCR
--- Nolan Denton	10	Boyer Valley	SCR
--- Hayden Burdess	10	Baxter	SCR
--- Blayze Bloemke	10	Belmond-Klem	SCR
--- Dante Hansen	09	B-G-M, Brook	SCR
--- Zach Goetzinger	12	Kee, Lansing	SCR
--- Madden Gunsaulus	10	Lynnville-Su	SCR
--- Enoch Adza	11	Hillcrest	SCR

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## Finals ... (Boys 400 Meter Dash 1A)

Name	Yr	School	Finals
---	Rylan Mundt	09 IKM-Manning	SCR
---	Owen Smith	10 Maquoketa Va	SCR
---	Gavin Frantum	10 Martndsl-StM	SCR
---	Jaymison Hill	10 Meskwaki Set	SCR
---	Brody Speidel	12 Lisbon	SCR
---	Trent Criswell	09 E Marshall	SCR
---	Anthony Pantoja	10 East Union	SCR
---	Jack Lassek	11 EHK-Exira	SCR
---	Braiden Lauritzen	11 Dunkerton	SCR
---	Rowen Horning	09 Keota	SCR
---	Owen Schellinger	10 Lawton-Brons	SCR
---	Geovanni Lopez	09 Fremont-Mill	SCR
---	Tristan Sitzmann	11 Gehlen Cath,	SCR

## Boys 800 Meter Run 1A

State Meet: 1:52.10 \* 5/19/2018 Riley Bauer

All-Time: 1:49.41 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
<b>Finals</b>			
1	Lincoln Bainbridge	12 Van Buren	1:53.76 10
	56.985 (56.985)	1:53.760 (56.775)	
2	Collin Harder	12 AHSTW	1:54.83 8
	57.230 (57.230)	1:54.822 (57.592)	
3	Dawson Henderson	12 Riverside, O	1:55.59 6
	57.309 (57.309)	1:55.587 (58.279)	
4	Jude Dykstra	12 WACO	1:55.67 5
	57.363 (57.363)	1:55.667 (58.305)	
5	Anthony Armstrong	11 Lisbon	1:56.01 4
	57.193 (57.193)	1:56.005 (58.813)	
6	Max Handorf	11 Baxter	1:56.07 3
	57.928 (57.928)	1:56.069 (58.142)	
7	Griffin Messer	12 Earlham	1:58.39 2
	58.317 (58.317)	1:58.389 (1:00.073)	
8	Knute Rogne	12 Lake Mills	1:59.19 1
	1:00.174 (1:00.174)	1:59.189 (59.016)	
9	Jack Osborn	11 English Vall	1:59.56
	59.523 (59.523)	1:59.558 (1:00.035)	
10	Noah Horn	12 Danville	1:59.77
	59.141 (59.141)	1:59.767 (1:00.626)	
11	Sullivan Wilkins	12 Colfax-Mingo	1:59.97
	56.773 (56.773)	1:59.961 (1:03.188)	
12	Preston Gayken	10 West Hancock	2:00.69
	1:01.113 (1:01.113)	2:00.683 (59.570)	
13	Tyler Taube	11 Springville	2:01.29
	59.339 (59.339)	2:01.285 (1:01.946)	
14	Alex Davis	12 Ankeny Chris	2:01.36
	58.671 (58.671)	2:01.352 (1:02.682)	
15	Caleb Berberich	11 Madrid	2:01.67
	1:01.146 (1:01.146)	2:01.661 (1:00.516)	
16	Kaleb Johnson	10 Bedford	2:01.82
	58.956 (58.956)	2:01.818 (1:02.862)	
17	Eli Hudnall	10 Riverside, O	2:02.20
	57.178 (57.178)	2:02.191 (1:05.014)	

18	Wyatt Alesch	12 MRCRU	2:03.26
	58.888 (58.888)	2:03.255 (1:04.367)	
19	Sam Terlouw	11 Lynnville-Su	2:03.82
	1:00.748 (1:00.748)	2:03.811 (1:03.064)	
20	Levi Benesh	12 North Linn	2:04.18
	1:00.952 (1:00.952)	2:04.175 (1:03.224)	
21	Troy Klett	12 Sigourney	2:04.32
	1:01.209 (1:01.209)	2:04.314 (1:03.105)	
22	Trager Pecha	12 North Butler	2:05.07
	1:00.891 (1:00.891)	2:05.065 (1:04.174)	
23	Blake Tedford	10 Cent Decatur	2:09.13
	1:01.701 (1:01.701)	2:09.127 (1:07.426)	
---	Dane Gorham	11 Boyer Valley	DNS
---	Dante Nelson	10 North Iowa	SCR
---	Henry Schroeder	10 Riceville	SCR
---	Bryce Stoullil	09 Westwood, SI	SCR
---	Talen Holland	10 Montezuma	SCR
---	Braeden Mitchell	12 Nashua-Plain	SCR
---	Brady Henning	12 North Butler	SCR
---	Karsen Galles	11 MRCRU	SCR
---	Vincent Meisinger	11 Woodbine	SCR
---	Mason Dahlstrom	11 Pekin	SCR
---	Nathaniel Keyes	10 Paton-Churda	SCR
---	Taiden Hanson	09 Starmont	SCR
---	Alex Lincoln	09 Starmont	SCR
---	Mason Curley	10 Wapsie Val,	SCR
---	Noah Derrick	11 Springville	SCR
---	Anthony Valles	12 St. Edmond,	SCR
---	Gavin Noll	12 Van Buren	SCR
---	Konstantine Poulos-Schwe	11 St. Albert,	SCR
---	Eric Kleinwolterink	12 Sibley-Ochey	SCR
---	Evan Taylor	09 S Winn, Calm	SCR
---	Brad Dahl	12 S Winn, Calm	SCR
---	Caleb Oliver	09 SE Warren	SCR
---	Noah Wittrock	10 South O'Brie	SCR
---	Hoyt Mendenhall	09 Southwest Va	SCR
---	Karson Wetrich	10 South O'Brie	SCR
---	Aidan Yaddof	12 C-Wheatland	SCR
---	Landon Sheffield	11 Earlham	SCR
---	Jack Sents	09 Clear Lake C	SCR
---	Malcolm Toornstra	10 Collins-Maxw	SCR
---	Tristan Cornell	10 E Buchanan	SCR
---	Cyler Wuebker	10 East Union	SCR
---	Evan Koehn	10 English Vall	SCR
---	Anderson Carter	12 Fremont-Mill	SCR
---	Brayden Catherwood	12 BCLUW	SCR
---	Camden Powell	12 Bedford	SCR
---	Cole Van Meter	11 ACGC	SCR
---	Maddux Tuhn	10 Baxter	SCR
---	Tommy Hinderhofer	10 BCLUW	SCR
---	Zach Kauffman	10 CAM, Anita	SCR
---	Colton Akers	09 CAM, Anita	SCR
---	Aiden Kjergaard	10 Audubon	SCR
---	Jarvis Bear	10 Meskwaki Set	SCR
---	Drayden Nunemaker	11 Lisbon	SCR

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## Finals ... (Boys 800 Meter Run 1A)

Name	Yr	School	Finals
--- Noah Hartzler	09	Highland	SCR
--- Brock Nebergall	11	Highland	SCR
--- Nathan Roemer	10	Mount Ayr	SCR
--- Tyler Petree	12	Newman Catho	SCR
--- Evan Arkema	11	Lynnville-Su	SCR
--- Kenyon Baker	12	Maquoketa Va	SCR
--- Gauge Julin	10	IKM-Manning	SCR
--- Hunter Julin	12	IKM-Manning	SCR
--- Grant Arens	10	Gehlen Cath,	SCR
--- Ethan Klemesrud	11	GMG, Garwin	SCR
--- Caleb Manwarren	10	Graet-T/Ruth	SCR
--- Luke Demartino	09	Hamburg	SCR
--- Royce Peterson	12	Lake Mills	SCR
--- Xavier Boatman	10	Lawton-Brons	SCR

## Boys 1600 Meter Run 1A

State Meet: 4:13.78 \* 5/19/2018 Gable Sieperda

All-Time: 3:59.60 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
<b>Finals</b>			
1 Knute Rogne	12	Lake Mills	4:23.17 10
1:05.652 (1:05.652)	2:16.630 (1:10.978)	3:24.696 (1:08.067)	
4:23.165 (58.469)			
2 Hugh Conway	10	S Winn, Calm	4:23.57 8
1:05.879 (1:05.879)	2:16.234 (1:10.356)	3:24.013 (1:07.779)	
4:23.561 (59.549)			
3 Max Handorf	11	Baxter	4:25.05 6
1:05.218 (1:05.218)	2:16.380 (1:11.162)	3:24.468 (1:08.089)	
4:25.047 (1:00.579)			
4 Sawyer Feldman	12	Lisbon	4:26.10 5
1:04.870 (1:04.870)	2:16.294 (1:11.425)	3:24.037 (1:07.743)	
4:26.091 (1:02.055)			
5 Dawson Braet	11	Earlham	4:26.88 4
1:07.010 (1:07.010)	2:16.744 (1:09.734)	3:24.289 (1:07.545)	
4:26.878 (1:02.589)			
6 Brody Henderson	12	Riverside, O	4:26.90 3
1:04.767 (1:04.767)	2:16.828 (1:12.062)	3:24.836 (1:08.008)	
4:26.893 (1:02.058)			
7 Hayden Thompson	12	Lake Mills	4:31.51 2
1:07.449 (1:07.449)	2:17.421 (1:09.973)	3:26.478 (1:09.057)	
4:31.502 (1:05.025)			
8 Owen Fenner	11	Riverside, O	4:31.52 1
1:06.769 (1:06.769)	2:17.187 (1:10.418)	3:25.236 (1:08.049)	
4:31.513 (1:06.278)			
9 Riley Raines	11	New London	4:33.97
1:06.516 (1:06.516)	2:17.097 (1:10.582)	3:25.296 (1:08.199)	
4:33.966 (1:08.670)			
10 Mason Mohr	12	C-Wheatland	4:34.67
1:06.401 (1:06.401)	2:17.646 (1:11.245)	3:28.747 (1:11.102)	
4:34.668 (1:05.921)			
11 David Nichols	11	Earlham	4:34.95
1:08.365 (1:08.365)	2:17.137 (1:08.773)	3:25.725 (1:08.588)	
4:34.941 (1:09.216)			

12 Carson Schaecher	10	Gehlen Cath,	4:35.16
1:08.592 (1:08.592)	2:19.950 (1:11.358)	3:28.239 (1:08.290)	
4:35.159 (1:06.920)			
13 Troy Klett	12	Sigourney	4:35.96
1:07.132 (1:07.132)	2:17.746 (1:10.614)	3:26.244 (1:08.498)	
4:35.960 (1:09.716)			
14 Ethan Benton	09	Ankeny Chris	4:36.63
1:07.710 (1:07.710)	2:18.927 (1:11.218)	3:30.215 (1:11.288)	
4:36.630 (1:06.415)			
15 Jacob Sporrer	10	Logan-Magnol	4:38.09
1:07.396 (1:07.396)	2:17.428 (1:10.032)	3:28.602 (1:11.175)	
4:38.088 (1:09.486)			
16 Austin Rasmussen	12	EHK-Exira	4:38.18
1:07.780 (1:07.780)	2:18.106 (1:10.327)	3:28.356 (1:10.250)	
4:38.176 (1:09.821)			
17 Brecken Fisher	10	Baxter	4:39.52
1:08.862 (1:08.862)	2:19.154 (1:10.293)	3:30.577 (1:11.423)	
4:39.519 (1:08.942)			
18 Blake Wilmesmeier	11	Lynnville-Su	4:41.46
1:07.377 (1:07.377)	2:18.832 (1:11.455)	3:31.027 (1:12.196)	
4:41.460 (1:10.433)			
19 Garrett Landau	12	WACO	4:41.58
1:07.706 (1:07.706)	2:18.797 (1:11.091)	3:31.504 (1:12.708)	
4:41.571 (1:10.067)			
20 Riley Gauden	11	West Hancock	4:43.31
1:07.912 (1:07.912)	2:18.529 (1:10.618)	3:31.834 (1:13.306)	
4:43.308 (1:11.474)			
21 Cole Millikin	12	Pekin	4:46.44
1:06.561 (1:06.561)	2:18.440 (1:11.879)	3:32.868 (1:14.429)	
4:46.440 (1:13.572)			
22 Ezra Almelen	11	North Butler	4:52.26
1:08.200 (1:08.200)	2:19.826 (1:11.626)	3:34.560 (1:14.735)	
4:52.257 (1:17.697)			
--- Dane Gorham	11	Boyer Valley	DNS
--- Owen Cogdill	10	Boyer Valley	DNS
--- Cameron Einck	10	S Winn, Calm	SCR
--- Raiden Jimenez	11	SE Warren	SCR
--- Grant Flaherty	09	Murray	SCR
--- Aiden Summerfield	10	Woodbine	SCR
--- Luke Zwanziger	11	Nashua-Plain	SCR
--- Zachary Heiken	12	Nwood-Kenset	SCR
--- Brody Cogdill	10	Woodbine	SCR
--- Roman Bradley	10	N Tama, Trae	SCR
--- Brexton Bird	12	Nashua-Plain	SCR
--- Keagan Albertson	11	West Hancock	SCR
--- Brady Smith	12	St. Albert,	SCR
--- Landen Davenport	10	South O'Brie	SCR
--- Aiden Gaul	10	St. Albert,	SCR
--- Kayden Farris	11	Van Buren	SCR
--- Landry Loeffler	11	Van Buren	SCR
--- Gavin Slagel	12	WACO	SCR
--- Anthony Valles	12	St. Edmond,	SCR
--- Mack Kenney	09	Westwood, SI	SCR
--- Jeremy Nicodemus	12	Springville	SCR
--- Cole Klett	09	Sigourney	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Boys 1600 Meter Run 1A)

Name	Yr	School	Finals
---	Jace Brown	09 Siouxland Ch	SCR
---	Caleb Pinion	12 Starmont	SCR
---	Jacob Clayton	11 Westwood, Sl	SCR
---	Connor Sweet	10 Springville	SCR
---	Malcolm Toornstra	10 Collins-Maxw	SCR
---	Alex Rickertsen	12 C-Wheatland	SCR
---	Charlie Lindley	09 Central City	SCR
---	Carson Ruegnitz	12 Central, Elk	SCR
---	Marshall Sievers	09 Gehlen Cath,	SCR
---	Caleb Pifkin	09 Glad-Reinbec	SCR
---	Fred Malone	09 Diagonal	SCR
---	Brock Driskill	11 East Union	SCR
---	Ty Nelson	12 AHSTW	SCR
---	Zachary Gardner	11 Ankeny Chris	SCR
---	Preston Kent	11 ACGC	SCR
---	Nolan Muhlenbruch	10 Belmond-Klem	SCR
---	Grant Jones	11 Cedar Ridge C	SCR
---	Markus Woolery	12 Cedar Ridge C	SCR
---	Olin Hupfeld	10 BCLUW	SCR
---	Zach Kauffman	10 CAM, Anita	SCR
---	Owen Smith	10 Maquoketa Va	SCR
---	Weston Adams	10 Mount Ayr	SCR
---	Cavin Pehl	12 Madrid	SCR
---	Hudson White	09 Madrid	SCR
---	Elias Carlsson	12 Newman Catho	SCR
---	Dan Spooner	12 Newman Catho	SCR
---	Braylon Greenwell	12 Mount Ayr	SCR
---	Jack Olsen	10 Newell-Fonda	SCR
---	Ethan Buffington	11 Lawton-Brons	SCR
---	Allan Scott	11 HLV-TC	SCR
---	Justin Wagner	12 Kee, Lansing	SCR
---	Zachery Adams	11 Lawton-Brons	SCR
---	Landon Thayer	09 Logan-Magnol	SCR
---	Colton Alberts	11 Lynnville-Su	SCR
---	Luke Demartino	09 Hamburg	SCR
---	Kyler Happel	11 Lisbon	SCR

## Boys 3200 Meter Run 1A

State Meet: 9:09.60 \* 5/17/2018 Gable Sieperda

All-Time: 8:50.43 ! 5/22/2014 Thomas Pollard

Name	Yr	School	Finals
<b>Finals</b>			
1	Knute Rogne	12 Lake Mills	9:25.50 10
1:07.325 (1:07.325)	2:20.792 (1:13.468)	3:35.597 (1:14.805)	
4:48.643 (1:13.047)	5:59.431 (1:10.788)	7:15.317 (1:15.886)	
8:27.016 (1:11.699)	9:25.499 (58.484)		
2	Max Handorf	11 Baxter	9:28.95 8
1:07.859 (1:07.859)	2:21.552 (1:13.694)	3:36.228 (1:14.676)	
4:49.014 (1:12.786)	5:59.790 (1:10.777)	7:15.203 (1:15.413)	
8:26.845 (1:11.642)	9:28.944 (1:02.099)		

3	Hugh Conway	10 S Winn, Calm	9:31.95 6
1:11.292 (1:11.292)	2:24.070 (1:12.778)	3:36.984 (1:12.914)	
4:49.910 (1:12.927)	5:59.934 (1:10.025)	7:15.037 (1:15.103)	
8:27.028 (1:11.991)	9:31.942 (1:04.915)		
4	Sawyer Feldman	12 Lisbon	9:36.56 5
1:07.572 (1:07.572)	2:21.226 (1:13.654)	3:35.913 (1:14.687)	
4:49.030 (1:13.118)	6:00.101 (1:11.071)	7:15.470 (1:15.370)	
8:27.034 (1:11.564)	9:36.552 (1:09.518)		
5	Dawson Henderson	12 Riverside, O	9:45.77 4
1:08.133 (1:08.133)	2:21.834 (1:13.701)	3:36.507 (1:14.673)	
4:49.416 (1:12.909)	6:00.670 (1:11.254)	7:16.621 (1:15.951)	
8:33.660 (1:17.039)	9:45.763 (1:12.104)		
6	Hayden Thompson	12 Lake Mills	9:50.33 3
1:08.762 (1:08.762)	2:21.659 (1:12.897)	3:36.078 (1:14.419)	
4:49.946 (1:13.868)	6:03.670 (1:13.725)	7:19.421 (1:15.751)	
8:35.560 (1:16.140)	9:50.326 (1:14.767)		
7	Anthony Valles	12 St. Edmond,	9:50.67 2
1:10.771 (1:10.771)	2:24.340 (1:13.569)	3:37.697 (1:13.358)	
4:52.354 (1:14.658)	6:07.659 (1:15.305)	7:23.961 (1:16.302)	
8:40.073 (1:16.113)	9:50.662 (1:10.590)		
8	Troy Klett	12 Sigourney	9:52.24 1
1:10.348 (1:10.348)	2:24.524 (1:14.176)	3:38.129 (1:13.606)	
4:53.235 (1:15.106)	6:09.630 (1:16.395)	7:27.208 (1:17.579)	
8:42.040 (1:14.832)	9:52.234 (1:10.195)		
9	Jacob Sporrer	10 Logan-Magnol	9:53.91
1:07.413 (1:07.413)	2:21.094 (1:13.681)	3:36.070 (1:14.977)	
4:49.950 (1:13.880)	6:05.094 (1:15.145)	7:24.277 (1:19.183)	
8:42.337 (1:18.061)	9:53.902 (1:11.566)		
10	Landon Thayer	09 Logan-Magnol	9:53.95
1:08.362 (1:08.362)	2:22.053 (1:13.691)	3:36.765 (1:14.712)	
4:50.838 (1:14.074)	6:07.741 (1:16.903)	7:26.529 (1:18.789)	
8:44.186 (1:17.657)	9:53.942 (1:09.757)		
11	David Nichols	11 Earlham	9:54.83
1:09.491 (1:09.491)	2:24.637 (1:15.146)	3:37.435 (1:12.799)	
4:52.205 (1:14.770)	6:08.681 (1:16.476)	7:26.504 (1:17.824)	
8:43.811 (1:17.307)	9:54.821 (1:11.011)		
12	Preston Kent	11 ACGC	9:55.84
1:09.856 (1:09.856)	2:24.777 (1:14.921)	3:38.008 (1:13.231)	
4:53.059 (1:15.052)	6:09.383 (1:16.324)	7:26.939 (1:17.556)	
8:44.432 (1:17.494)	9:55.832 (1:11.400)		
13	Blake Wilmesmeier	11 Lynnville-Su	9:56.46
1:08.530 (1:08.530)	2:22.945 (1:14.416)	3:37.886 (1:14.942)	
4:52.814 (1:14.928)	6:08.264 (1:15.450)	7:27.058 (1:18.794)	
8:45.722 (1:18.664)	9:56.458 (1:10.737)		
14	Zachary Gardner	11 Ankeny Chris	9:56.70
1:10.535 (1:10.535)	2:25.053 (1:14.518)	3:39.519 (1:14.467)	
4:55.157 (1:15.638)	6:11.932 (1:16.775)	7:29.602 (1:17.670)	
8:46.866 (1:17.264)	9:56.699 (1:09.833)		
15	Mason Mohr	12 C-Wheatland	9:57.06
1:10.819 (1:10.819)	2:25.251 (1:14.433)	3:41.489 (1:16.238)	
4:57.720 (1:16.231)	6:14.607 (1:16.888)	7:32.342 (1:17.736)	
8:48.967 (1:16.625)	9:57.058 (1:08.092)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium

## Results

## Finals ... (Boys 3200 Meter Run 1A)

Name	Yr	School	Finals
16 Landry Loeffler	11	Van Buren	10:02.25
1:06.590 (1:06.590)	2:20.571 (1:13.981)	3:37.387 (1:16.816)	
4:52.502 (1:15.115)	6:09.542 (1:17.041)	7:28.951 (1:19.410)	
8:48.634 (1:19.684)	10:02.250 (1:13.616)		
17 Owen Fenner	11	Riverside, O	10:09.19
1:08.619 (1:08.619)	2:22.206 (1:13.587)	3:37.214 (1:15.008)	
4:51.880 (1:14.666)	6:08.915 (1:17.036)	7:29.544 (1:20.629)	
8:52.041 (1:22.498)	10:09.187 (1:17.146)		
18 Justin Wagner	12	Kee, Lansing	10:10.26
1:10.938 (1:10.938)	2:25.682 (1:14.744)	3:41.692 (1:16.010)	
4:58.988 (1:17.297)	6:17.015 (1:18.027)	7:37.204 (1:20.190)	
8:55.798 (1:18.594)	10:10.256 (1:14.459)		
19 Cameron Einck	10	S Winn, Calm	10:10.33
1:12.111 (1:12.111)	2:27.759 (1:15.648)	3:45.334 (1:17.575)	
5:03.913 (1:18.579)	6:21.604 (1:17.692)	7:41.103 (1:19.499)	
8:59.646 (1:18.544)	10:10.326 (1:10.680)		
20 Brecken Fisher	10	Baxter	10:14.27
1:08.946 (1:08.946)	2:23.219 (1:14.274)	3:38.119 (1:14.901)	
4:53.443 (1:15.324)	6:11.383 (1:17.941)	7:30.175 (1:18.792)	
8:51.789 (1:21.614)	10:14.264 (1:22.475)		
21 Colton Alberts	11	Lynnville-Su	10:16.16
1:06.347 (1:06.347)	2:21.009 (1:14.662)	3:37.634 (1:16.626)	
4:53.322 (1:15.688)	6:13.177 (1:19.855)	7:35.524 (1:22.347)	
8:58.782 (1:23.258)	10:16.152 (1:17.370)		
22 Ezra Almelen	11	North Butler	10:24.57
1:09.046 (1:09.046)	2:24.385 (1:15.339)	3:41.757 (1:17.372)	
5:01.156 (1:19.400)	6:22.010 (1:20.854)	7:43.747 (1:21.737)	
9:05.800 (1:22.054)	10:24.570 (1:18.770)		
23 Landen Davenport	10	South O'Brie	10:38.60
1:11.819 (1:11.819)	2:30.365 (1:18.546)	3:51.902 (1:21.537)	
5:12.882 (1:20.981)	6:35.876 (1:22.994)	7:59.337 (1:23.461)	
9:23.152 (1:23.816)	10:38.595 (1:15.443)		
24 Malcolm Toornstra	10	Collins-Maxw	10:42.84
1:08.166 (1:08.166)	2:21.909 (1:13.744)	3:37.087 (1:15.178)	
4:51.654 (1:14.567)	6:11.366 (1:19.712)	7:40.417 (1:29.052)	
9:17.422 (1:37.006)	10:42.834 (1:25.413)		
--- Ashton Krebsbach	10	Saint Ansgar	SCR
--- Michael White	12	Central, Elk	SCR
--- Cole Klett	09	Sigourney	SCR
--- Drew Blakeslee	11	Ankeny Chris	SCR
--- Raiden Jimenez	11	SE Warren	SCR
--- Charlie Lindley	09	Central City	SCR
--- Natan Bergman	10	New London	SCR
--- Austin Barber	10	Newell-Fonda	SCR
--- Brexton Bird	12	Nashua-Plain	SCR
--- Connor Sullivan	11	Nashua-Plain	SCR
--- Aaron Shoemaker	11	Collins-Maxw	SCR
--- Wyatt Wright	11	North Iowa	SCR
--- Cody Hart	12	Riceville	SCR
--- Jaxon Pittet	12	W Monona	SCR
--- Sawyer Spiker	10	Van Buren	SCR
--- Ethan Green	11	Valley Luthe	SCR
--- Markus Woolery	12	Cedar Ridge C	SCR

--- Riley Gauden	11	West Hancock	SCR
--- Jacob Clayton	11	Westwood, SI	SCR
--- Caden Cox	09	Wayne, Coryd	SCR
--- Paul Foell	09	St. Mary's, SL	SCR
--- Caleb Pinion	12	Starmont	SCR
--- Calen Keegan	11	Siouxland Ch	SCR
--- Yosie Howard	09	Springville	SCR
--- Brady Smith	12	St. Albert,	SCR
--- Jake Collins	09	AHSTW	SCR
--- Jackson Stansberry	12	Siouxland Ch	SCR
--- Zachery Adams	11	Lawton-Brons	SCR
--- Sean Hogan	09	Lenox	SCR
--- Nolan Muhlenbruch	10	Belmond-Klem	SCR
--- Ethan Chaney	10	CAM, Anita	SCR
--- Quentyn Ruchti-Wilson	11	Griswold	SCR
--- Makhial Horton	11	Heartland Ch	SCR
--- Allan Scott	11	HLV-TC	SCR
--- Ben Roder	09	Gehlen Cath,	SCR
--- Caleb Pifkin	09	Glad-Reinbec	SCR
--- Brock Driskill	11	East Union	SCR
--- Benton Nilles	09	Gehlen Cath,	SCR
--- Akeo Maynard	10	IKM-Manning	SCR
--- Gabe Blanton	10	East Mills	SCR
--- Gauge Julin	10	IKM-Manning	SCR
--- Hudson White	09	Madrid	SCR
--- Braylon Greenwell	12	Mount Ayr	SCR
--- Payton Dickson	10	Earlham	SCR
--- Alex Rickertsen	12	C-Wheatland	SCR
--- Joey Smith	09	Mormon Trail	SCR
--- Cayden Plate	09	N Mahaska	SCR
--- Dan Spooner	12	Newman Catho	SCR
--- Brycen Schwabe	10	Iowa Valley,	SCR
--- Adam Blakeman	12	Don Bosco	SCR
--- Braden Hartsock	11	Hillcrest	SCR
--- Calvin Meller	09	Hillcrest	SCR
--- Kyler Happel	11	Lisbon	SCR
--- Olin Hupfeld	10	BCLUW	SCR
--- Fred Malone	09	Diagonal	SCR

## Boys 110 Meter Hurdles 1A

State Meet: 14.12 \* 5/19/2023 Triston Miller

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jaxon Gordon	12	Riverside, O	14.67q -1.8
2 Dawson Evans	12	Lenox	14.71q -1.8
3 Landon Grell	12	Lawton-Brons	14.78q -1.4
4 Nolan Kriegel	11	Iowa Valley,	14.89q -1.8
5 Brennan Billick	12	South O'Brie	15.00q -1.4
6 Brexton Schneider	12	ACGC	15.01q -1.8
7 Luke Heilman	11	Sibley-Ochey	15.12q -1.4
8 Josh Read	12	Iowa Valley,	15.13q -1.4
9 Drake Kneip	10	Gehlen Cath,	15.14 -1.4
10 Caleb Swedin	12	Graet-T/Ruth	15.21 -1.4

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium

## Results

## Preliminaries ... (Boys 110 Meter Hurdles 1A)

Name	Yr	School	Prelims
11 Connor Deal	12	Lynnville-Su	15.21 -1.8
12 Cruz Hagmeier	10	Winfield-Mt.	15.34 -1.4
13 JW Linkenhoker	12	Fremont-Mill	15.37 -1.7
14 Jacoby Subject	11	West Hancock	15.54 -1.7
15 Quentin Dalton	11	Bedford	15.60 -1.7
16 Ashton Rozendaal	10	Lynnville-Su	15.76 -1.7
17 Jace March	11	Springville	15.79 -1.8
18 Jack Angell	12	Colo-Nesco	15.88 -1.7
19 Eli Burns	11	E Marshall	15.88 -1.4
20 Jack Bartels	11	North Butler	15.88 -1.7
21 Wyatt Silk	12	Griswold	15.95 -1.8
22 Wyatt Mendenhall	12	Southwest Va	15.97 -1.7
23 Garett Shannon	12	Wapsie Val,	16.00 -1.7
24 Camryn Bartels	09	North Butler	17.23 -1.8

## Boys 110 Meter Hurdles 1A

State Meet: 14.12 \* 5/19/2023 Triston Miller

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Finals
<b>Finals</b>			
1 Landon Grell	12	Lawton-Brons	14.54 10
2 Luke Heilman	11	Sibley-Ochey	14.55 8
3 Nolan Kriegel	11	Iowa Valley,	14.64 6
4 Jaxon Gordon	12	Riverside, O	14.67 5
5 Dawson Evans	12	Lenox	14.78 4
6 Josh Read	12	Iowa Valley,	14.86 3
7 Brennan Billick	12	South O'Brie	14.91 2
8 Brexton Schneider	12	ACGC	15.02 1

## Boys 400 Meter Hurdles 1A

State Meet: 51.68 \* 5/17/2024 Ryce Reynolds

All-Time: 50.96 ! 1996 Dustin Avey

Name	Yr	School	Finals
<b>Finals</b>			
1 Keenan Kilburg	12	Bellevue	52.78 10
2 Tate Marco	12	Sibley-Ochey	53.79 8
3 Gage Johnson	12	MMCRU	53.98 6
4 Caden Kaufman	11	Lenox	54.41 5
5 Jaden Miller	10	Edgewd-Coles	54.90 4
6 Kayden Simmons	12	Van Buren	55.16 3
7 Jack Angell	12	Colo-Nesco	55.17 2
8 Caleb Swedin	12	Graet-T/Ruth	55.42 1
9 Jackson Walter	11	St. Albert,	55.66
10 Tyson Smith	11	IKM-Manning	55.75
10 Paul McNeill	12	East Union	55.75
12 Josh Winey	12	Earlham	55.76
13 Blake Neuroth	12	E Marshall	55.82
14 Mason Pitts	10	Bellevue	55.97
15 Hudson Clark	12	Glad-Reinbec	56.17
16 Jace Duncan	10	Van Buren	56.19
17 Landon Foelske	12	Nashua-Plain	56.43
18 Quentin Dalton	11	Bedford	56.64
19 Wyatt Mendenhall	12	Southwest Va	56.78

20 Boston Roorda	12	HLV-TC	57.10
21 Sawyer Veldhuizen	12	Lynnville-Su	57.33
22 Jaydon Dippold	11	SE Warren	57.66
23 Chance Hoyt	11	Iowa Valley,	58.28
24 Brody Schultes	12	Audubon	58.55
--- Cael Eckhardt	10	Midland, Wyo	SCR
--- Cruz Hagmeier	10	Winfield-Mt.	SCR
--- Connor Hedberg	10	South O'Brie	SCR
--- Andrew Schmitt	10	Nashua-Plain	SCR
--- Owen Fitzpatrick	09	Martndsl-StM	SCR
--- Jax Thorne	12	North Butler	SCR
--- Seth McMurry	12	Murray	SCR
--- Hunter Holder	10	Woodward Aca	SCR
--- Cole Wernli	11	N Mahaska	SCR
--- Derek Dickinson	09	Woodbine	SCR
--- Landon Livingood	11	S Winn, Calm	SCR
--- Landon Hillman	11	Saint Ansgar	SCR
--- Cooper McLaughlin	12	West Hancock	SCR
--- Eli Marchand	10	West Hancock	SCR
--- Morgan Kilts	09	South O'Brie	SCR
--- Leo Buyske	10	St. Albert,	SCR
--- Brayden Wood	12	Sigourney	SCR
--- Liam Benesh	09	North Linn	SCR
--- Erik Koehler	11	Siouxland Ch	SCR
--- Jaxon Mefford	10	Pekin	SCR
--- Pepper Mason	12	North Iowa	SCR
--- Hayden Versch	12	Westwood, SI	SCR
--- Colton Wynia	11	Saint Ansgar	SCR
--- Casey Rezac	11	North Union	SCR
--- Austin Boege	12	Collins-Maxw	SCR
--- Dain Sprague	12	C-Wheatland	SCR
--- Wyatt Thornton	12	Colfax-Mingo	SCR
--- Kyle Wood	12	Colfax-Mingo	SCR
--- Carson Freitag	09	Danville	SCR
--- Nathan Jacobsen	10	Dunkerton	SCR
--- Ty Frazier	11	Danville	SCR
--- Cael Grove	12	English Vall	SCR
--- Greyson Arthur	10	Belmond-Klem	SCR
--- Cayson Achenbach	09	B-G-M, Brook	SCR
--- Morgun Nolte	11	ACGC	SCR
--- Alec Robinson	09	Baxter	SCR
--- Trevor Quigley	09	Cent Decatur	SCR
--- Darren Brandt	12	Clayton Ridg	SCR
--- Liam Muff	10	Boyer Valley	SCR
--- Calen Anstey	11	CAM, Anita	SCR
--- Callen Keiser	11	Griswold	SCR
--- Eian Snyder	11	IKM-Manning	SCR
--- Luther Eggleston	10	Lawton-Brons	SCR
--- Koen Grell	09	Lawton-Brons	SCR
--- Luke Walski	12	Logan-Magnol	SCR
--- Crosby Yoder	11	Logan-Magnol	SCR
--- Kage Fox	11	Lisbon	SCR
--- Klayton Kahl	09	Lisbon	SCR
--- Khayden Poorker	09	East Mills	SCR
--- Cael Helmrichs	12	Edgewd-Coles	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium  
Results

## Finals ... (Boys 400 Meter Hurdles 1A)

Name	Yr	School	Finals
--- Trey Cornell	10	E Buchanan	SCR
--- Layton Black	09	Earlham	SCR
--- Isaiah Wagner	12	Kee, Lansing	SCR
--- Tate McDole	12	Lamoni	SCR
--- Rhett Lemonds	11	Fremont-Mill	SCR
--- Macklin Clark	09	Glad-Reinbec	SCR

## Boys 4x100 Meter Relay 1A

State Meet: 42.10 \* 5/20/2023 Lisbon

K Caspers, L Czarnecki, T Boots, B Speidel

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Prelims
<b>Preliminaries</b>		
1 New London	1	42.92q
1) Cale Westerbeck 12	2) Gavin Strawhacker 10	
3) Brigham Porter 12	4) London Franklin 12	
2 Lawton-Bronson	1	43.22q
1) Owen Brouwer 11	2) Connor Clausen 12	
3) Silas Brown 11	4) Landon Grell 12	
3 Woodbine	1	43.24q
1) Brodyn Pryor 12	2) Micah Moores 11	
3) Dillon Reed 12	4) Landon Blum 11	
4 George-Little Rk	1	43.54q
1) Zach Anderson 10	2) Gavin Bruns 12	
3) Nick Krull 09	4) Wyatt Minter 11	
5 Graet-T/Ruth-Ayr		43.72q
1) Jaxson Schnell 12	2) Brady Harris 11	
3) Kenny Ness 12	4) Caleb Swedin 12	
6 B-G-M, Brook	1	43.82q
1) Caleb Rhoads 10	2) Landen Cooling 12	
3) Nathan Findlay 12	4) Landon Hassett 12	
7 Pekin	1	43.99q
1) Aliyas Brock 09	2) Alijah Brock 11	
3) Riley Smith 12	4) Nolan Glick 12	
8 Madrid	1	44.16q
1) Kinnick Grimm 11	2) Loken Velky 12	
3) Jake Sawyer 12	4) Tyler Sonnenfelt 12	
9 CR-Bayard	1	44.21
1) Mason Culbertson 12	2) Cal Heydon 12	
3) Andrew McAlister 09	4) Caden Oswald 11	
10 Wapsie Val, F	1	44.26
1) Dayton Etringer 10	2) Gareth Shannon 12	
3) Kiptyn Cox 10	4) Braden Bantz 12	
11 Saint Ansgar		44.27
1) Korben Michels 12	2) Kane Dieterich 09	
3) Anthony Schnable 10	4) Connor Mullenbach 12	
12 Lynnville-Sully	1	44.29
1) Jordan Dunsbergen 11	2) Dawson James 12	
3) Jaiden Richards 12	4) Jack Bowlin 12	

13 CAM, Anita	1	44.50
1) Carson McKee 11	2) Collin Bower 12	
3) Kayden Winther 11	4) Cohen McCann 10	
14 Fremont-Mills	1	44.53
1) Paxton Campbell 10	2) Jonathan Ekpai 12	
3) Sawyer Forney 12	4) JW Linkenhoker 12	
15 ACGC	1	44.54
1) Joe Crawford 12	2) Brexton Schneider 12	
3) Thomas Skram 12	4) Talon Noland 10	
16 Gehlen Cath, L	1	44.72
1) Wyatt Konz 11	2) Drake Kneip 10	
3) Jack Roberts 12	4) Owen Sievers 12	
17 Midland, Wyoming	1	44.73
1) Anthony Harrington 12	2) Xander Eldred 12	
3) Masyn Brodersen 11	4) Tyler Gaunt 11	
18 SE Warren	1	44.74
1) Bridger Cox 12	2) Jamison Ewing 12	
3) Jaydon Dippold 11	4) Breckin Morrison 12	
19 Easton Valley	1	45.00
1) Blake Bowling 10	2) Talan Driscoll 11	
3) Callan Messerich 12	4) Kinnik Ritchie 09	
20 IKM-Manning	1	45.09
1) Davis Rasmussen 12	2) Zach Solberg 11	
3) Brennen Morris 11	4) Ashton Ahrenholtz 12	
21 Bedford	1	45.24
1) Ashton Nally 12	2) Quentin Dalton 11	
3) Hayden Riedel 12	4) Kayden Fletcher 10	
22 Riverside, Oak	1	45.28
1) Paden Schechinger 11	2) Aaron Smith 12	
3) Keegan Smith 12	4) Kort Rieken 10	
23 Colo-Nesco	1	45.35
1) Reece Fulton 12	2) Preston Voelker 12	
3) Kooper Spalding 12	4) Jack Angell 12	
24 S Winn, Calmar	1	45.46
1) Landon Bullerman 09	2) Jordan Einck 10	
3) Camden Bullerman 10	4) Eric Greve 12	

## Boys 4x100 Meter Relay 1A

State Meet: 42.10 \* 5/20/2023 Lisbon

K Caspers, L Czarnecki, T Boots, B Speidel

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Finals
<b>Finals</b>		
1 New London	1	42.73 10
1) Cale Westerbeck 12	2) Gavin Strawhacker 10	
3) Brigham Porter 12	4) London Franklin 12	
2 Lawton-Bronson	1	43.04 8
1) Owen Brouwer 11	2) Connor Clausen 12	
3) Silas Brown 11	4) Landon Grell 12	
3 George-Little Rk	1	43.18 6
1) Zach Anderson 10	2) Gavin Bruns 12	
3) Nick Krull 09	4) Wyatt Minter 11	

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## Finals ... (Boys 4x100 Meter Relay 1A)

Team	Relay	Finals	
4 Woodbine	1	43.27	5
1) Brodyn Pryor 12	2) Micah Moores 11		
3) Dillon Reed 12	4) Landon Blum 11		
5 Madrid	1	43.47	4
1) Kinnick Grimm 11	2) Loken Velky 12		
3) Jake Sawyer 12	4) Tyler Sonnenfelt 12		
6 B-G-M, Brook	1	43.82	3
1) Caleb Rhoads 10	2) Landen Cooling 12		
3) Nathan Findlay 12	4) Landon Hassett 12		
7 Pekin	1	44.16	2
1) Aliyas Brock 09	2) Alijah Brock 11		
3) Riley Smith 12	4) Nolan Glick 12		
8 Graet-T/Ruth-Ayr		44.59	1
1) Jaxson Schnell 12	2) Brady Harris 11		
3) Kenny Ness 12	4) Caleb Swedin 12		

## Boys 4x200 Meter Relay 1A

State Meet: 1:28.44 \* 5/23/2025 Lisbon

Q Coleman, D Clark, T Boots, D Schaefer

All-Time: 1:25.55 ! 5/17/2024 ADM

Flora, Rychnovsky, Lohmann, Doll

Team	Relay	Finals	
1 New London	1	1:28.61	10
1) Brigham Porter 12	2) London Franklin 12		
3) Cale Westerbeck 12	4) Gavin Strawhacker 10		
2 Pekin	1	1:29.24	8
1) Aliyas Brock 09	2) Nolan Glick 12		
3) Riley Smith 12	4) Alijah Brock 11		
3 George-Little Rk	1	1:29.49	6
1) Cash Sandbulte 11	2) Zach Anderson 10		
3) Gavin Bruns 12	4) Wyatt Minter 11		
4 Woodbine	1	1:29.56	5
1) Brodyn Pryor 12	2) Micah Moores 11		
3) Dillon Reed 12	4) Landon Blum 11		
5 Iowa Valley, M	1	1:30.72	4
1) Immanuel Pritchard 11	2) Josh Read 12		
3) Xavier Pedersen 10	4) Nolan Kriegel 11		
6 CAM, Anita	1	1:31.09	3
1) Carson McKee 11	2) Cohen McCann 10		
3) Kayden Winther 11	4) Collin Bower 12		
7 Sibley-Ocheyedan	1	1:31.10	2
1) Tate Marco 12	2) Dawson Kreykes 12		
3) Ben Byers 12	4) Dominic Marco 12		
8 B-G-M, Brook	1	1:31.40	1
1) Landon Hassett 12	2) Nathan Findlay 12		
3) Landen Cooling 12	4) Caleb Rhoads 10		
9 Madrid	1	1:31.58	
1) Kinnick Grimm 11	2) Loken Velky 12		
3) Jake Sawyer 12	4) Tyler Sonnenfelt 12		
10 ACGC	1	1:32.05	
1) Joe Crawford 12	2) Thomas Skram 12		
3) Kade Sorensen 12	4) Talon Noland 10		

11 MMCRU	1	1:32.35	
1) Gage Johnson 12	2) TJ Hermanson 09		
3) Eli Harpenau 11	4) Blake Barinsky 12		
12 West Fork		1:32.46	
1) Dax Suntken 12	2) Brett Behr 11		
3) Hayden Freyholtz 09	4) Rylan Dorenkamp 12		
13 North Linn	1	1:32.68	
1) James Haughenbury 09	2) Landon Mertens 11		
3) Braden Wheatley 11	4) Will Sommerfelt 11		
14 Springville	1	1:32.69	
1) Jace March 11	2) Luke Lansing 12		
3) Conlin Rouse 12	4) Mason Hoy 12		
15 Saint Ansgar		1:33.04	
1) Korben Michels 12	2) Matt Clevenger 10		
3) Anthony Schnable 10	4) Connor Mullenbach 12		
16 Janesville	1	1:33.37	
1) Camden Eibey 10	2) Isaac Jones 12		
3) Gauge Tenborg 11	4) Tayler Kibbee 12		
17 Easton Valley	1	1:33.61	
1) Blake Bowling 10	2) Talan Driscoll 11		
3) Callan Messerich 12	4) Kinnik Ritchie 09		
18 IKM-Manning	1	1:33.87	
1) Davis Rasmussen 12	2) Xaviore Diaz 10		
3) Zach Solberg 11	4) Ashton Ahrenholtz 12		
19 Mount Ayr	1	1:34.10	
1) Drayden Thompson 10	2) Calvin Main 11		
3) Tate Dugan 12	4) Jackson Ruggles 12		
20 Lenox	1	1:34.23	
1) Kolben Robinson 12	2) Jack Reed 10		
3) Laramie Stoaks 12	4) Dawson Evans 12		
21 Clayton Ridge	1	1:34.28	
1) Darren Brandt 12	2) Jonah Coughlin 09		
3) Kasten Oberbreckling 10	4) Luke Cook 11		
22 Martndsl-StMarys	1	1:35.35	
1) Hunter Dooley 11	2) Madden Edgington Kordick 1		
3) Colton Wight 12	4) Brady Baker 10		
23 Lynnville-Sully	1	1:36.38	
1) Jordan Dunsbergen 11	2) Burt Johnson 12		
3) Jaiden Richards 12	4) Jack Bowlin 12		
--- Audubon	1	DQ	
1) Mason Kasperbauer 10	2) Brody Schultes 12		
3) Jorgen Nowatzke 10	4) Paxton Beane 10		
--- Edgewd-Colesburg	1	SCR	
1) Carson Ingles 12	2) Jax Steger 10		
3) Bryce Stannard 12	4) Carter Battin 12		
--- Wapsie Val, F	1	SCR	
1) Dayton Etringer 10	2) Kiptyn Cox 10		
3) Gavin Henry 11	4) Braden Bantz 12		
--- Gehlen Cath, L	1	SCR	
1) Logan Kellen 10	2) Dylan Kramer 09		
3) Jayden Langel 09	4) Kolden Wilson 10		
--- Fremont-Mills	1	SCR	
1) Paxton Campbell 10	2) Jonathan Ekpai 12		
3) Sawyer Forney 12	4) Bentley Grasso 09		

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## Results

## Finals ... (Boys 4x200 Meter Relay 1A)

Team	Relay	Finals					
---	Woodward Acad	1	SCR	---	Glidden-Ralston	1	SCR
	1) Josh Tamba 11	2) Latrell Hardia 11		1) Colby Sibenaller 10	2) Landon Rohrbeck 12		
	3) Jacoby Cooke 09	4) Jeremiah Gbayee 11		3) Noah Davis 09	4) Colton Rohrbeck 10		
---	Collins-Maxwell	1	SCR	---	HLV-TC	1	SCR
	1) Noah Andersen 11	2) Caleb Coffelt 11		1) Cael Weisskopf 11	2) Tristan Pirk 10		
	3) Daniel Heinrich Berges 10	4) Camryn Sullivan 09		3) Sean McCulloch 11	4) Boston Roorda 12		
---	Colo-Nesco	1	SCR	---	Keota	1	SCR
	1) Reece Fulton 12	2) Preston Voelker 12		1) Blake Baker 10	2) Brycen Horras 11		
	3) Kooper Spalding 12	4) Anthony Jones 12		3) Ayden Galindo 11	4) Luke Moeller 12		
---	Colfax-Mingo	1	SCR	---	Winfield-Mt. U	1	SCR
	1) Alex Teed 12	2) Izaiah Lewis 12		1) Parker Wilson 11	2) Isaac Egli 11		
	3) Sean Wilkins 09	4) Fisher Grove 11		3) Kai Ball 11	4) Kade Sweezer 10		
---	E Buchanan	1	SCR	---	North Iowa		SCR
	1) Keenan Pals 11	2) Hayden Knutson 11		1) Reese Welhousen 11	2) Eli Hofmann 09		
	3) Trenton Elledge 11	4) Iverson Carnicle 12		3) Camden Koppen 09	4) Skylar Lopez 11		
---	E Marshall	1	SCR	---	North Union		SCR
	1) Blake Neuroth 12	2) Kaden Good 12		1) Gabe Whaley 11	2) Greyson Colegrove 11		
	3) Kaden Grant 10	4) Cael Curphy 11		3) Carson Crouch 10	4) Cooper Hoye 11		
---	CR-Bayard	1	SCR	---	Midland, Wyoming	1	SCR
	1) Mason Culbertson 12	2) Cal Heydon 12		1) Jacob Eckhardt 10	2) Masyn Brodersen 11		
	3) Kemper Thomas 09	4) Caden Oswald 11		3) Xander Eldred 12	4) Tyler Gaunt 11		
---	Wayne, Corydon	1	SCR	---	Moravia	1	SCR
	1) Alex Aleff 10	2) Wes Gibson 09		1) Kade Davidson 09	2) Casen Woodward 10		
	3) Evan Abel 09	4) Jackson Carpenter 10		3) Lucas Phillips 11	4) Clayton Robinson 11		
---	Tripoli	1	SCR	---	Murray	1	SCR
	1) Gabe Garbes 09	2) Dilynn Ensign 09		1) Keaton Brammer 11	2) Sam Romero 09		
	3) Ethan Schaufenbuel 12	4) Logan Heim 12		3) Keegan Chew 11	4) Ayden Lamb 11		
---	Lawton-Bronson	1	SCR	---	N Mahaska	1	SCR
	1) Owen Brouwer 11	2) Connor Clausen 12		1) Camden Winchell 10	2) Quade Grewe 10		
	3) Silas Brown 11	4) Brighton Carlson 11		3) Dawson Goemaat 09	4) Charlie Goemaat 12		
---	West Hancock		SCR	---	SE Warren	1	SCR
	1) Nathan Bixel 11	2) Cooper McLaughlin 12		1) Bridger Cox 12	2) Jamison Ewing 12		
	3) Gustavo Gomez 12	4) Kaden VanEpps 12		3) Jaydon Dippold 11	4) Breckin Morrison 12		
---	Van Buren County	1	SCR	---	South O'Brien	1	SCR
	1) Jayce Simmons 10	2) Jackson Meek 11		1) Connor Hedberg 10	2) Brayden Stines 10		
	3) Gavin Noll 12	4) Thomas Roberts 10		3) Kaden Tjossem 11	4) Jaden Kreber 12		
---	Wapello	1	SCR	---	Maquoketa Valley	1	SCR
	1) Michael Marquez 09	2) Rowen Atkinson 12		1) Dylan Knipper 12	2) Carter LeClere 11		
	3) Garrett Cooley 12	4) Kendyn Lanz 09		3) Kash Hunt 12	4) Macoy Stone 12		
---	W Monona	1	SCR	---	Nashua-Plainfld	1	SCR
	1) Ben Monahan 11	2) Elias Sorensen 12		1) Navarii Williams 12	2) Clayden Gerholdt 11		
	3) Jesse Perez 10	4) Blake Pekarek 11		3) Jaxson Hansen 09	4) Quintyn Boehmer 12		
---	GMG, Garwin	1	SCR	---	Lisbon	1	SCR
	1) Rider Kupka 12	2) Landon Balmer 11		1) Ryder Meeks 11	2) Ethan Stone 11		
	3) Drayson Stephenson 12	4) Dustin Miller 11		3) Caleb Ross 12	4) Chase McFarlane 12		
---	Graet-T/Ruth-Ayr		SCR	---	Logan-Magnolia	1	SCR
	1) Brady Harris 11	2) Will Darr 12		1) Ashton Peszulik 11	2) Cael Wallis 12		
	3) Wyatt Iwen 12	4) Kenny Ness 12		3) Crosby Yoder 11	4) Keenan Kuhlman 10		
---	Glad-Reinbeck	1	SCR	---	S Winn, Calmar	1	SCR
	1) Treyvon Herron 11	2) Keegan Hurley 10		1) Landon Bullerman 09	2) Landon Livingood 11		
	3) Hudson Clark 12	4) Macklin Clark 09		3) Braylon Holthaus 09	4) Kyle Kuboushek 12		
				---	Sidney	1	SCR
				1) Konnor Ward 09	2) Zach Boyd 10		
				3) Tate Mount 12	4) Aiden Stenzel 12		

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## Results

## Finals ... (Boys 4x200 Meter Relay 1A)

Team	Relay	Finals
--- Riceville		SCR
1) Nolan Hendrickson 12	2) Trace Baethke 12	
3) Eduardo Vasquez 10	4) Reagan Richardson 11	
--- Riverside, Oak	1	SCR
1) Paden Schechinger 11	2) Keegan Smith 12	
3) Kort Rieken 10	4) Brody Henderson 12	
--- Danville	1	SCR
1) Hayden Russell 09	2) Jaxon Johnson 09	
3) Tate Wyatt 09	4) Zaylan Wenig 09	
--- Earlham	1	SCR
1) Cole Eitel 11	2) Cash Eitel 11	
3) Donovan Braet 12	4) Luke Jensen 11	
--- Cent Decatur	1	SCR
1) Remington Christofis 11	2) Seth Rasmussen 12	
3) Asher Norman 12	4) Landon Palmer 10	
--- Clarksville	1	SCR
1) Boden Miller 10	2) Brayden Klinghammer 09	
3) Landon Anfinson 11	4) Maverick Averhoff 10	
--- Essex	1	SCR
1) Ashon Kline 12	2) Isaiah Sholes 12	
3) Mark Cabeen 10	4) Dominic Kirk 11	
--- Central City	1	SCR
1) Cash Weber 12	2) Parker Pangburn 12	
3) Jase Stecher 11	4) Dashny Munyakazi 12	
--- East Mills	1	SCR
1) Khayden Poorker 09	2) Landon Gibbs 11	
3) Curtis Jackson 10	4) Jiri Brodigan 12	
--- English Valleys	1	SCR
1) Hunter Offerman 12	2) Cael Grove 12	
3) Teagan Mast 11	4) Christian Tripses 10	
--- Bedford	1	SCR
1) Zach McNutt 11	2) Jeffry Knighton 09	
3) Tucker Pearce 09	4) Nolan Drake 10	
--- Bishop Garrigan		SCR
1) Luke Behounek 12	2) Dalton Klenz 11	
3) Brad Meister 10	4) Carter Cink 10	
--- Akron-Westfield	1	SCR
1) Brice Hansen 09	2) Nohlyn Lara 09	
3) Kolt Henrich 09	4) Ben St. Pierre 09	
--- Ar-We-Va	1	SCR
1) Devon Ehlers 12	2) Johnathan Riesselman 12	
3) Grant Wilken 10	4) Wyatt Riesselman 10	
--- AHSTW	1	SCR
1) Christopher Holmes 12	2) Kayden Sandbothe 10	
3) Sam Sturm 11	4) Jackson Jensen 11	
--- Cedar Ridge Christian	1	SCR
1) Andy James 11	2) Calvin LaMarche 12	
3) Colton Davis 11	4) David Steinbron 12	
--- AGWSR	1	SCR
1) Lane Olson 09	2) Owen Penning 11	
3) Eli Holmgaard 11	4) Braxtyn Hill 09	

## Boys 4x400 Meter Relay 1A

State Meet: 3:21.30 \* 5/24/2025 Iowa Valley, M

L Peska, N Kriegel, J Crawford, C Haack

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Riverside, Oak	1	3:23.89q
1) Cole Jeppesen 11	2) Eli Hudnall 10	
3) Jaxon Gordon 12	4) Dawson Henderson 12	
1:42.580 (1:42.580)	2:33.165 (50.585)	3:23.888 (50.723)
2 Bellevue	1	3:24.95q
1) Kinnick Paulsen 12	2) Ayden Stark 11	
3) Mason Pitts 10	4) Keenan Kilburg 12	
1:44.424 (1:44.424)	2:35.981 (51.558)	3:24.942 (48.961)
3 Pekin	1	3:25.43q
1) Nolan Glick 12	2) Riley Smith 12	
3) Alijah Brock 11	4) Lane Fariss 11	
1:43.618 (1:43.618)	2:35.679 (52.062)	3:25.422 (49.744)
4 Riceville		3:25.65q
1) Jack Knode 11	2) Henry Schroeder 10	
3) Blake Baethke 10	4) Owen Smith 10	
1:44.454 (1:44.454)	2:36.590 (52.137)	3:25.644 (49.054)
5 Van Buren County	1	3:25.90q
1) Kayden Simmons 12	2) Jaren Troxel 09	
3) Jace Duncan 10	4) Lincoln Bainbridge 12	
1:45.430 (1:45.430)	2:37.906 (52.477)	3:25.892 (47.986)
6 Sibley-Ocheyedan	1	3:25.92q
1) Dawson Kreykes 12	2) Carter Vos 12	
3) Ben Byers 12	4) Tate Marco 12	
1:45.126 (1:45.126)	2:36.140 (51.015)	3:25.911 (49.771)
7 E Marshall	1	3:26.21q
1) Blake Neuroth 12	2) Kaden Grant 10	
3) Eli Burns 11	4) Cael Curphy 11	
1:45.085 (1:45.085)	2:35.700 (50.615)	3:26.209 (50.510)
8 George-Little Rk	1	3:26.58q
1) Cash Sandbulte 11	2) Gavin Bruns 12	
3) Austin Landis 11	4) Zach Anderson 10	
1:43.737 (1:43.737)	2:35.768 (52.032)	3:26.571 (50.803)
9 Lisbon	1	3:27.01
1) Ryder Meeks 11	2) Chase McFarlane 12	
3) Caleb Ross 12	4) Anthony Armstrong 11	
1:43.955 (1:43.955)	2:36.231 (52.277)	3:27.002 (50.771)
10 MMCRU	1	3:28.73
1) Wyatt Alesch 12	2) TJ Hermanson 09	
3) Blake Barinsky 12	4) Gage Johnson 12	
1:44.814 (1:44.814)	2:37.020 (52.206)	3:28.727 (51.708)
11 English Valleys	1	3:29.08
1) Christian Tripses 10	2) Evan Koehn 10	
3) Jack Osborn 11	4) Braydon Anderson 10	
1:48.462 (1:48.462)	2:39.586 (51.125)	3:29.080 (49.494)

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## Results

## Preliminaries ... (Boys 4x400 Meter Relay 1A)

Team	Relay	Prelims
12 Nashua-Plainfld	1	3:29.37
1) Jake Smith 12	2) Jase Hansen 12	
3) Devon Blanchard 12	4) Zeke Kalainoff 10	
1:46.942 (1:46.942)	2:40.267 (53.325)	3:29.369 (49.103)
13 North Linn	1	3:29.38
1) Landon Thomsen 12	2) Braden Wheatley 11	
3) Nolan Woods 11	4) Will Sommerfelt 11	
1:45.007 (1:45.007)	2:37.606 (52.600)	3:29.378 (51.772)
14 IKM-Manning	1	3:29.43
1) Ben Ramsey 12	2) Xaviore Diaz 10	
3) Tyson Smith 11	4) Ashton Ahrenholtz 12	
1:47.276 (1:47.276)	2:39.128 (51.853)	3:29.424 (50.296)
15 Wapello	1	3:29.88
1) Justyn Faulkner 12	2) Rowen Atkinson 12	
3) Garrett Cooley 12	4) Kendyn Lanz 09	
1:44.295 (1:44.295)	2:37.812 (53.517)	3:29.878 (52.067)
16 AHSTW	1	3:30.67
1) Collin Harder 12	2) Chase Wheatley 12	
3) Evan Harder 10	4) Jackson Jensen 11	
1:41.404 (1:41.404)	2:35.425 (54.021)	3:30.670 (55.245)
17 Logan-Magnolia	1	3:30.70
1) Daniel Castillo 12	2) Luke Walski 12	
3) Carson Edney 12	4) Brodie Davis 11	
1:47.410 (1:47.410)	2:39.621 (52.211)	3:30.696 (51.076)
18 Colfax-Mingo	1	3:31.36
1) Chase Trotter 10	2) Wyatt Thornton 12	
3) Izaiah Lewis 12	4) Sullivan Wilkins 12	
1:45.595 (1:45.595)	2:39.161 (53.566)	3:31.356 (52.195)
19 Springville	1	3:32.00
1) Conlin Rouse 12	2) Jace March 11	
3) Luke Lansing 12	4) Mason Hoy 12	
1:46.661 (1:46.661)	2:40.029 (53.368)	3:31.993 (51.964)
20 Lawton-Bronson	1	3:32.13
1) Connor Clausen 12	2) Silas Brown 11	
3) Lucas Patelski 11	4) Brighton Carlson 11	
1:44.115 (1:44.115)	2:38.420 (54.306)	3:32.122 (53.702)
21 Maquoketa Valley	1	3:32.38
1) Carter LeClere 11	2) Kash Hunt 12	
3) Dashawn Strickland 12	4) Macoy Stone 12	
1:47.145 (1:47.145)	2:40.077 (52.932)	3:32.375 (52.298)
22 Turkey Val, JJ	1	3:35.94
1) Treyton Franzen 11	2) Kaden Schmidt 11	
3) Hugo Busta 11	4) J.D. Kruse 12	
1:49.173 (1:49.173)	2:42.804 (53.631)	3:35.937 (53.133)
23 HLV-TC	1	3:36.15
1) Tristan Pirkl 10	2) Boston Roorda 12	
3) Andrew Thys 11	4) Aiden Van Waus 12	
1:48.941 (1:48.941)	2:45.055 (56.115)	3:36.147 (51.092)
24 Mount Ayr	1	3:39.47
1) Calvin Main 11	2) Manny Hyde 11	
3) Bryson Martin 10	4) Drayden Thompson 10	
1:51.278 (1:51.278)	2:47.123 (55.845)	3:39.470 (52.348)

## Boys 4x400 Meter Relay 1A

State Meet: 3:21.30 \* 5/24/2025 Iowa Valley, M

L Peska, N Kriegel, J Crawford, C Haack

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Finals
<b>Finals</b>		
1 Van Buren County	1	3:22.50 10
1) Kayden Simmons 12	2) Jaren Troxel 09	
3) Jace Duncan 10	4) Lincoln Bainbridge 12	
1:42.668 (1:42.668)	2:34.120 (51.452)	3:22.494 (48.374)
2 Pekin	1	3:22.77 8
1) Riley Smith 12	2) Alijah Brock 11	
3) Lane Fariss 11	4) Nolan Glick 12	
1:41.270 (1:41.270)	2:33.006 (51.737)	3:22.763 (49.757)
3 George-Little Rk	1	3:23.20 6
1) Cash Sandbulte 11	2) Zach Anderson 10	
3) Austin Landis 11	4) Gavin Bruns 12	
1:41.876 (1:41.876)	2:33.059 (51.184)	3:23.194 (50.135)
4 Bellevue	1	3:24.45 5
1) Kinnick Paulsen 12	2) Ayden Stark 11	
3) Mason Pitts 10	4) Keenan Kilburg 12	
1:42.828 (1:42.828)	2:34.198 (51.371)	3:24.445 (50.248)
5 Riverside, Oak	1	3:24.65 4
1) Cole Jeppesen 11	2) Eli Hudnall 10	
3) Jaxon Gordon 12	4) Dawson Henderson 12	
1:43.435 (1:43.435)	2:33.765 (50.331)	3:24.647 (50.882)
6 E Marshall	1	3:25.96 3
1) Blake Neuroth 12	2) Kaden Grant 10	
3) Eli Burns 11	4) Cael Curphy 11	
1:44.410 (1:44.410)	2:35.179 (50.769)	3:25.955 (50.777)
7 Riceville		3:27.08 2
1) Jack Knode 11	2) Henry Schroeder 10	
3) Blake Baethke 10	4) Owen Smith 10	
1:44.184 (1:44.184)	2:36.954 (52.771)	3:27.080 (50.126)
8 Sibley-Ocheyedan	1	3:27.99 1
1) Dawson Kreykes 12	2) Carter Vos 12	
3) Ben Byers 12	4) Tate Marco 12	
1:44.981 (1:44.981)	2:37.937 (52.956)	3:27.983 (50.047)

## Boys 4x800 Meter Relay 1A

State Meet: 7:58.47 \* 5/16/2024 Sibley-Ocheyedan

D Kreykes, D Poppen, C Reiter, B Byers

All-Time: 7:36.69 ! 2023 Iowa City, City

A Smith, A Noreldaim, F Washburn, T Thompson

Team	Relay	Finals
<b>Finals</b>		
1 Riverside, Oak	1	8:02.17 10
1) Eli Hudnall 10	2) Cruz Jaquez 11	
3) Owen Fenner 11	4) Brody Henderson 12	
57.245 (57.245)	2:00.662 (1:03.418)	2:57.119 (56.457)
4:00.895 (1:03.776)	4:57.746 (56.852)	6:02.468 (1:04.722)
6:58.288 (55.821)	8:02.165 (1:03.877)	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

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## Results

## Finals ... (Boys 4x800 Meter Relay 1A)

Team	Relay	Finals						
2	Lisbon	1	8:04.61	8	10	Springville	1	8:21.24
	1) Sawyer Feldman 12		2) Drayden Nunemaker 11			1) Conlin Rouse 12		2) Noah Derrick 11
	3) Brody Speidel 12		4) Anthony Armstrong 11			3) Tyler Taube 11		4) Connor Sweet 10
	58.418 (58.418)	2:02.539 (1:04.122)	2:59.503 (56.965)			57.101 (57.101)	2:00.788 (1:03.687)	2:57.866 (57.079)
	4:06.982 (1:07.480)	5:03.928 (56.946)	6:07.576 (1:03.649)			4:07.687 (1:09.821)	5:06.817 (59.131)	6:10.676 (1:03.859)
	7:02.331 (54.755)	8:04.602 (1:02.272)				7:13.743 (1:03.068)	8:21.239 (1:07.496)	
3	Earlham	1	8:07.98	6	11	Pekin	1	8:21.38
	1) Dawson Braet 11		2) Landon Sheffield 11			1) Mason Dahlstrom 11		2) Cody Silvers 10
	3) Griffin Messer 12		4) Andrew Van Zee 09			3) Cole Millikin 12		4) Lane Fariss 11
	58.263 (58.263)	1:59.496 (1:01.233)	2:57.458 (57.963)			59.594 (59.594)	2:07.789 (1:08.196)	3:08.437 (1:00.648)
	4:06.407 (1:08.949)	5:04.106 (57.700)	6:06.747 (1:02.641)			4:12.721 (1:04.285)	5:13.251 (1:00.530)	6:21.576 (1:08.326)
	7:04.817 (58.071)	8:07.976 (1:03.159)				7:18.018 (56.442)	8:21.376 (1:03.358)	
4	IKM-Manning	1	8:08.38	5	12	North Butler	1	8:22.82
	1) Ben Ramsey 12		2) Isaac Blankman 12			1) Trager Pecha 12		2) Tucker Pecha 11
	3) Xaviore Diaz 10		4) Tyson Smith 11			3) Ezra Almelien 11		4) Brady Henning 12
	56.677 (56.677)	2:03.440 (1:06.763)	3:00.089 (56.650)			59.168 (59.168)	2:05.470 (1:06.302)	3:08.243 (1:02.774)
	4:07.473 (1:07.384)	5:04.437 (56.964)	6:08.521 (1:04.085)			4:16.777 (1:08.534)	5:17.354 (1:00.578)	6:21.963 (1:04.609)
	7:05.268 (56.747)	8:08.375 (1:03.108)				7:18.657 (56.695)	8:22.819 (1:04.162)	
5	North Linn	1	8:09.42	4	13	Ankeny Christ	1	8:26.98
	1) Landon Thomsen 12		2) Nolan Woods 11			1) Charlie McLaughlin 11		2) Luke Reitsma 12
	3) Liam Benesh 09		4) Braden Wheatley 11			3) Ethan Benton 09		4) Alex Davis 12
	59.185 (59.185)	2:00.560 (1:01.376)	2:58.451 (57.891)			59.490 (59.490)	2:07.554 (1:08.064)	3:11.147 (1:03.594)
	4:01.890 (1:03.439)	5:01.061 (59.172)	6:06.727 (1:05.666)			4:18.849 (1:07.703)	5:17.531 (58.682)	6:23.045 (1:05.514)
	7:05.384 (58.658)	8:09.414 (1:04.030)				7:20.049 (57.004)	8:26.973 (1:06.924)	
6	Sibley-Ocheyedan	1	8:11.21	3	14	Lynnville-Sully	1	8:28.44
	1) Carter Vos 12		2) Eric Kleinwolterink 12			1) Sawyer Veldhuizen 12		2) Sam Terlouw 11
	3) Dawson Kreykes 12		4) Ben Byers 12			3) Blake Wilmesmeier 11		4) Colton Alberts 11
	59.514 (59.514)	2:05.110 (1:05.597)	3:04.371 (59.261)			1:00.348 (1:00.348)	2:09.853 (1:09.505)	3:05.392 (55.540)
	4:10.174 (1:05.804)	5:08.254 (58.080)	6:15.030 (1:06.777)			4:13.637 (1:08.245)	5:14.381 (1:00.744)	6:21.985 (1:07.605)
	7:10.233 (55.203)	8:11.208 (1:00.975)				7:21.495 (59.510)	8:28.433 (1:06.938)	
7	WACO	1	8:12.31	2	15	Madrid	1	8:28.79
	1) Locken Henderson 12		2) Garrett Landau 12			1) Henry Hudnall 11		2) Kris Petersen 10
	3) Gavin Slagel 12		4) Jude Dykstra 12			3) Cavin Pehl 12		4) Caleb Berberich 11
	58.698 (58.698)	2:02.699 (1:04.002)	2:59.804 (57.105)			1:00.624 (1:00.624)	2:08.215 (1:07.591)	3:07.289 (59.075)
	4:05.124 (1:05.320)	5:04.610 (59.486)	6:14.546 (1:09.937)			4:17.468 (1:10.179)	5:20.327 (1:02.860)	6:27.832 (1:07.505)
	7:10.179 (55.633)	8:12.304 (1:02.126)				7:24.226 (56.394)	8:28.789 (1:04.564)	
8	West Hancock		8:18.46	1	16	Westwood, Sloan	1	8:34.94
	1) Isaiah Collins 12		2) Carson Fox 11			1) Bryce Stoullil 09		2) Mack Kenney 09
	3) Keagan Albertson 11		4) Preston Gayken 10			3) Jaxton Johnson 09		4) Hayden Versch 12
	59.383 (59.383)	2:04.121 (1:04.738)	3:03.291 (59.171)			59.321 (59.321)	2:06.918 (1:07.598)	3:07.198 (1:00.280)
	4:10.356 (1:07.065)	5:10.838 (1:00.482)	6:14.442 (1:03.605)			4:15.330 (1:08.132)	5:17.074 (1:01.744)	6:27.961 (1:10.888)
	7:16.530 (1:02.088)	8:18.458 (1:01.928)				7:27.865 (59.904)	8:34.937 (1:07.072)	
9	AHSTW	1	8:20.42		17	Bishop Garrigan		8:35.24
	1) Chase Wheatley 12		2) Ty Nelson 12			1) Carter Cink 10		2) Carter McGregor 12
	3) Evan Harder 10		4) Collin Harder 12			3) Brad Meister 10		4) CJ McGregor 10
	57.507 (57.507)	2:02.179 (1:04.672)	3:03.755 (1:01.576)			1:00.160 (1:00.160)	2:04.469 (1:04.309)	3:02.415 (57.946)
	4:14.613 (1:10.858)	5:15.313 (1:00.700)	6:25.128 (1:09.816)			4:11.769 (1:09.354)	5:11.314 (59.545)	6:19.958 (1:08.645)
	7:19.920 (54.792)	8:20.420 (1:00.501)				7:22.038 (1:02.080)	8:35.237 (1:13.199)	
					18	Nashua-Plainfld	1	8:36.80
						1) Braeden Mitchell 12		2) Jake Smith 12
						3) Jase Hansen 12		4) Luke Zwanziger 11
						57.652 (57.652)	2:05.199 (1:07.547)	3:03.681 (58.482)
						4:17.568 (1:13.888)	5:17.200 (59.632)	6:26.863 (1:09.664)
						7:27.855 (1:00.992)	8:36.791 (1:08.936)	

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## Results

## Finals ... (Boys 4x800 Meter Relay 1A)

Team	Relay	Finals			
19 B-G-M, Brook	1	8:38.67	---	Colo-Nesco	1 SCR
1) Aston Brown 09	2) Jacob Boesenberg 10		1) Ethan Harnage 11	2) Trenten Perisho 09	
3) Ashten Kalinay 12	4) Carter Corona 10		3) Landyn Short 11	4) Connor Perisho 11	
59.783 (59.783) 2:08.983 (1:09.200) 3:09.786 (1:00.804)			---	Colfax-Mingo	1 SCR
4:20.383 (1:10.597) 5:20.756 (1:00.373) 6:30.415 (1:09.660)			1) Joseph Grimm 10	2) Alexander Rodriguez-Brisen	
7:31.963 (1:01.548) 8:38.664 (1:06.702)			3) Willie Fitzgerald 10	4) Sean Wilkins 09	
20 Lawton-Bronson	1	8:39.33	---	St. Albert, CB	1 SCR
1) Connor Clausen 12	2) Xavier Boatman 10		1) Jackson Walter 11	2) Aiden Gaul 10	
3) Lucas Patelski 11	4) Brighton Carlson 11		3) Ben Thompson 09	4) Konstantine Poulos-Schweer	
57.525 (57.525) 2:05.351 (1:07.826) 3:06.202 (1:00.852)			---	Wayne, Corydon	1 SCR
4:14.553 (1:08.351) 5:15.389 (1:00.836) 6:26.257 (1:10.869)			1) Talon Earls 09	2) Evan Abel 09	
7:24.937 (58.680) 8:39.323 (1:14.387)			3) Noah Hagan 12	4) Emerson Kinser 09	
21 Gehlen Cath, L	1	8:42.24	---	Van Buren County	1 SCR
1) Marshall Sievers 09	2) Grant Arens 10		1) Thomas Roberts 10	2) Jackson Meek 11	
3) Chase Christoffel 11	4) Carson Schaecher 10		3) Landry Loeffler 11	4) Gavin Noll 12	
59.554 (59.554) 2:11.324 (1:11.770) 3:13.022 (1:01.698)			---	Wapsie Val, F	1 SCR
4:23.177 (1:10.155) 5:28.410 (1:05.234) 6:37.425 (1:09.015)			1) Korvin Hesse 09	2) Elijah Heasley-Eike 12	
7:39.354 (1:01.930) 8:42.234 (1:02.880)			3) Evan Wedemeier 10	4) Mason Curley 10	
22 Moravia	1	8:46.36	---	Woodbine	1 SCR
1) Luke Long 12	2) Zander Martin 09		1) Corey Wagner 10	2) Keaton Moores 11	
3) Declan DeJong 12	4) Gable Whitlow 11		3) Spencer Munk 11	4) Brody Cogdill 10	
58.120 (58.120) 2:07.809 (1:09.690) 3:06.692 (58.884)			---	Winfield-Mt. U	1 SCR
4:19.050 (1:12.358) 5:19.287 (1:00.237) 6:32.164 (1:12.878)			1) Brayden Cline 10	2) Jaiden Beeding 12	
7:33.092 (1:00.928) 8:46.356 (1:13.265)			3) Bowen Thomson 12	4) Jagger Thomson 10	
23 Iowa Valley, M	1	8:50.09	---	Heartland Christ	1 SCR
1) Tyson Kriegel 10	2) Carter Koenig 10		1) Malachi Gray 11	2) Michael Holtmyer 12	
3) Maximus Alaniz 10	4) Ayden Hollister 12		3) Chase Roberts 09	4) Gavin Capron 11	
1:00.432 (1:00.432) 2:08.175 (1:07.743) 3:11.453 (1:03.278)			---	Highland	1 SCR
4:19.589 (1:08.136) 5:22.631 (1:03.042) 6:38.271 (1:15.640)			1) Noah Hartzler 09	2) Brody Beinhart 10	
7:37.899 (59.629) 8:50.087 (1:12.188)			3) Elvin Hernandez 12	4) Brock Nebergall 11	
---	1	DNS	---	Fremont-Mills	1 SCR
1) Dane Gorham 11	2) Owen Cogdill 10		1) Anderson Carter 12	2) Rhett Lemonds 11	
3) Nolan Denton 10	4) Liam Muff 10		3) Wyatt Lemonds 11	4) Geovanni Lopez 09	
---	1	SCR	---	Southwest Valley	1 SCR
1) Brandon Franklin 10	2) Elijah Chancellor 10		1) Gunnar Lenz 09	2) Ben Waddell 10	
3) Dane Mehaffy 10	4) Kaydyn Graham 11		3) Anis Akhdar 12	4) Hoyt Mendenhall 09	
---	1	SCR	---	Tripoli	1 SCR
1) Kaden Grant 10	2) Austin Pansegrau 12		1) Jackson Lamphier 09	2) Caleb Boeckmann 09	
3) Gavin Gaschler 10	4) Wyatt Anderson 11		3) Nolan Wilson 09	4) Hunter Walvatne 10	
---	1	SCR	---	Lake Mills	1 SCR
1) Mylon Kvigne 11	2) Carson Lehs 09		1) Joseph Charlson 11	2) Royce Peterson 12	
3) Maximus Cross 09	4) Walker Funk 09		3) Hayden Thompson 12	4) Lane Rygh 11	
---	1	SCR	---	Montezuma	1 SCR
1) Scout Patterson 09	2) Ayden Fowlkes 10		1) Talen Holland 10	2) Rett Pargeon 11	
3) Trevor Quigley 09	4) Brystyn Auxier 10		3) Linkyn Bru 11	4) Dayton Reif 10	
---	1	SCR	---	Newell-Fonda	1 SCR
1) Carson Ruegnitz 12	2) Tyce Zittergruen 10		1) Jack Olsen 10	2) Chance Johnson 10	
3) Declan Finely 12	4) Jesse Polkinghorn 11		3) Brock White 10	4) Gus Lockrem 10	
---	1	SCR	---	Midland, Wyoming	1 SCR
1) Hunter Offerman 12	2) Drake Offerman 09		1) Nolan Zaehringer 12	2) Nathan Rickels 12	
3) Will Luers 09	4) Benjamin Axmear 11		3) Carter Willms 11	4) Colt Doll 09	
			---	MMCRU	1 SCR
			1) Karsen Galles 11	2) Nolan Carver 10	
			3) Jeff Braun 10	4) Gavin Alesch 09	

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## Results

## Finals ... (Boys 4x800 Meter Relay 1A)

Team	Relay	Finals
---	North Union	SCR
	1) Drake Nelsen 10	2) Castor Kollasch 10
	3) Lane Engelby 09	4) Donnie Stevens 10
---	Nwood-Kensett	SCR
	1) Carson Tufte 11	2) Zachary Heiken 12
	3) Dagen Peterson 12	4) Landen Nelson 11
---	North Iowa	SCR
	1) Dante Nelson 10	2) Andrew Hofmann 11
	3) Ethan Matson 09	4) Mason Korte 09
---	Paton-Churdan	1 SCR
	1) Nathaniel Keyes 10	2) Shane Kiley 09
	3) Rhys Palmer 10	4) Damen Rice 10
---	Riceville	SCR
	1) Asher Ebert 10	2) Andrew Moore 10
	3) Porter Shane 09	4) Cody Hart 12
---	Logan-Magnolia	1 SCR
	1) Liam King 09	2) Joe Sieck 09
	3) Jacob Vana 09	4) Hunter Prier 09
---	Lenox	1 SCR
	1) Laramie Stoaks 12	2) Brogan Petersen 10
	3) Cade Cordell 12	4) Wylie Brokaw 10
---	Maquoketa Valley	1 SCR
	1) Owen Smith 10	2) Jaxson LeGassick 11
	3) Owen Salow 09	4) Colt Haas 09
---	Martndsl-StMarys	1 SCR
	1) Colton Dooley 09	2) Karter Immerfall 10
	3) Madden Edgington Kordick	4) Boden German 09
---	S Winn, Calmar	1 SCR
	1) Brad Dahl 12	2) Evan Taylor 09
	3) Caden Tieskoetter 10	4) Anthony Elsbernd 09
---	Bellevue	1 SCR
	1) Connor Dryman 10	2) Anderson Griebel 11
	3) Brody Sullivan 11	4) Connor Kilburg 12
---	Ar-We-Va	1 SCR
	1) Weston Toft 12	2) Emmitt Toft 09
	3) Charlie Musfeldt 09	4) Lorenzo Morales 09
---	Bedford	1 SCR
	1) Taikeye Hardee 09	2) Nolan Drake 10
	3) Camden Powell 12	4) Kaleb Johnson 10
---	Belle Plaine	1 SCR
	1) Ian Davis 11	2) Charlie Cernin 10
	3) Cooper Cernin 10	4) Caleb Koeppen 09
---	Cedar Ridge Christian	1 SCR
	1) Gerrit Vande Haar 11	2) Jayce Baker 10
	3) Colton Davis 11	4) Thomas Aguilar 10
---	Clayton Ridge	1 SCR
	1) Karter Wille 10	2) Russell Chmelar 10
	3) Carter Judkins 11	4) Jonah Coughlin 09
---	CAM, Anita	1 SCR
	1) Colton Akers 09	2) Kyser Will 09
	3) Brentyn Hoover 11	4) Dustin McCurdy 11

---	Sigourney	1	SCR
	1) Levi Myers 10	2) Jordan Anderson 10	
	3) Isaac Jones 10	4) Brentley Weldon Kyle 09	
---	South O'Brien	1	SCR
	1) Drew Wittrock 10	2) Tyler Cox 09	
	3) Landyn Leiding 09	4) Morgan Kilts 09	
---	Saint Ansgar		SCR
	1) Joe Clevenger 12	2) Grayson Falk 09	
	3) Drew Freeman 09	4) Keagan Zacharias 11	
---	SE Warren	1	SCR
	1) Cody Hoch 12	2) Bodi Wilkens 09	
	3) Calvin McIntyre 10	4) Kaleb Figueroa 09	
---	Akron-Westfield	1	SCR
	1) Thomas Mendoza 12	2) Teygan Schram 09	
	3) Jacob Pierce 12	4) Aken Marieu 10	
---	Baxter	1	SCR
	1) Hayden Burdess 10	2) Holden Dee 09	
	3) Brecken Fisher 10	4) Maddux Tuhn 10	
---	ACGC	1	SCR
	1) Lane Stringer 10	2) Cole Van Meter 11	
	3) Jonny Kading 11	4) Preston Kent 11	

## Boys 800 Sprint Medley 1A

State Meet: 1:31.12 \* 5/20/2023 Lawton-Bronson

L Olesen, C Garnand, L Grimsley, T Moseman

All-Time: 1:30.15 ! 5/20/2023 Johnston

T Fox, O Ellsworth, K Fox, J Anglo

Team	Relay	Finals
Finals		
1	Pekin	1 1:33.30 10
	1) Aliyas Brock 09	2) Riley Smith 12
	3) Alijah Brock 11	4) Nolan Glick 12
2	Riceville	1:33.52 8
	1) Blake Baethke 10	2) Reagan Richardson 11
	3) Jack Knode 11	4) Owen Smith 10
3	Woodbine	1 1:34.05 6
	1) Dillon Reed 12	2) Micah Moores 11
	3) Landon Blum 11	4) Brodyn Pryor 12
4	Wapsie Val, F	1 1:34.43 5
	1) Garet Shannon 12	2) Dayton Etringer 10
	3) Kiptyn Cox 10	4) Braden Bantz 12
5	ACGC	1 1:34.48 4
	1) Joe Crawford 12	2) Brexton Schneider 12
	3) Kade Sorensen 12	4) Talon Noland 10
6	English Valleys	1 1:34.61 3
	1) Deshon Anderson 12	2) Drew Fisher 12
	3) Braydon Anderson 10	4) Jack Osborn 11
7	George-Little Rk	1 1:34.94 2
	1) Cash Sandbulte 11	2) Nick Krull 09
	3) Austin Landis 11	4) Gavin Bruns 12
8	West Hancock	1:35.18 1
	1) Nathan Bixel 11	2) Kaden VanEpps 12
	3) Jacoby Subject 11	4) Brody Dixon 10

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## Results

## Finals ... (Boys 800 Sprint Medley 1A)

Team	Relay	Finals					
9	CAM, Anita	1	1:35.33	---	E Buchanan	1	SCR
	1) Carson McKee 11	2) Kayden Winther 11		1)	Tayton Elledge 11	2)	Leo Manson 09
	3) Cohen McCann 10	4) Collin Bower 12		3)	Kyle Peck 10	4)	Trey Cornell 10
10	Edgewd-Colesburg	1	1:35.52	---	West Fork		SCR
	1) Carson Ingles 12	2) Jax Steger 10		1)	Blaine Schulz 11	2)	Brett Behr 11
	3) Carter Battin 12	4) Jaden Miller 10		3)	Hayden Freyholtz 09	4)	Rylan Dorenkamp 12
11	Lenox	1	1:35.60	---	East Mills	1	SCR
	1) Laramie Stoaks 12	2) Dawson Evans 12		1)	Brock Ripperger 10	2)	Curtis Jackson 10
	3) Kolben Robinson 12	4) Caden Kaufman 11		3)	Beau Burdic 09	4)	Landon Gibbs 11
12	Sibley-Ocheyedan	1	1:35.62	---	East Union	1	SCR
	1) Luke Heilman 11	2) Dominic Marco 12		1)	Wyatt Kelley 11	2)	Braxdyn Tucker 10
	3) Tate Marco 12	4) Ben Byers 12		3)	Jensen Waigand 11	4)	Paul McNeill 12
13	Midland, Wyoming	1	1:35.63	---	WB-Mallard	1	SCR
	1) Anthony Harrington 12	2) Tyler Gaunt 11		1)	Wyatt Hanson 10	2)	Clayton Hoch 11
	3) Masyn Brodersen 11	4) Xander Eldred 12		3)	Trent Morey 11	4)	Carter Stalzer 09
14	Nashua-Plainfld	1	1:36.28	---	Woodward Acad	1	SCR
	1) Navarii Williams 12	2) Miles Carpenter 11		1)	Jordan Whayee 11	2)	Latrell Hardia 11
	3) Landon Foelske 12	4) Zeke Kalainoff 10		3)	Josh Tamba 11	4)	Hunter Holder 10
15	North Linn	1	1:36.34	---	Central, Elkader	1	SCR
	1) James Haughenbury 09	2) Logan Miller 11		1)	George Reimer 09	2)	Tyce Zittergruen 10
	3) Landon Mertens 11	4) Will Sommerfelt 11		3)	Jesse Polkinghorn 11	4)	Mason Loan 10
16	E Marshall	1	1:36.40	---	Cent Decatur	1	SCR
	1) Blake Neuroth 12	2) Kaden Good 12		1)	Michael Jessen 10	2)	Avery Redman 09
	3) Eli Burns 11	4) Cael Curphy 11		3)	Drew Hesselberg 10	4)	Landon Palmer 10
17	Mount Ayr	1	1:36.66	---	Colo-Nesco	1	SCR
	1) Bryson Martin 10	2) Tate Dugan 12		1)	Reece Fulton 12	2)	Preston Voelker 12
	3) Calvin Main 11	4) Drayden Thompson 10		3)	Kooper Spalding 12	4)	Jack Angell 12
18	Graet-T/Ruth-Ayr		1:36.83	---	Wapello	1	SCR
	1) Brady Harris 11	2) Kenny Ness 12		1)	Garrett Cooley 12	2)	Rowen Atkinson 12
	3) Jaxson Schnell 12	4) Caleb Swedin 12		3)	Kendyn Lanz 09	4)	Justyn Faulkner 12
19	Janesville	1	1:37.59	---	Colfax-Mingo	1	SCR
	1) Gauge Tenborg 11	2) Isaac Jones 12		1)	Fisher Grove 11	2)	Wyatt Thornton 12
	3) Camden Eibey 10	4) Tayler Kibbee 12		3)	Chase Trotter 10	4)	Sullivan Wilkins 12
20	Maquoketa Valley	1	1:37.65	---	St. Mary's, R	1	SCR
	1) Dylan Knipper 12	2) Kash Hunt 12		1)	Talan Blackford 09	2)	Elijah Schroeder 12
	3) Macoy Stone 12	4) Dashawn Strickland 12		3)	Dalton Klein 10	4)	Tyten Waldschmitt 10
21	Audubon	1	1:37.83	---	Highland	1	SCR
	1) Mason Kasperbauer 10	2) Aiden Kjergaard 10		1)	Chase Robinson 10	2)	Jackson Robinson 11
	3) Brody Schultes 12	4) Jorgen Nowatzke 10		3)	Nate Clark 11	4)	Jacob Schneider 11
22	Starmont	1	1:38.34	---	GMG, Garwin	1	SCR
	1) Extin Dettbarn 12	2) Jackson Pope 11		1)	Landon Balmer 11	2)	Drayson Stephenson 12
	3) Jack Thole 12	4) Taiden Hanson 09		3)	Rider Kupka 12	4)	Jacoby Woodbury 10
23	Turkey Val, JJ	1	1:39.22	---	St. Edmond, FD	1	SCR
	1) Treyton Franzen 11	2) Hugo Busta 11		1)	Jack McElroy 12	2)	Jonah Carlson 12
	3) Kaden Schmidt 11	4) J.D. Kruse 12		3)	Grant Galles 12	4)	Aaron Hindt 11
24	North Cedar	1	1:48.35	---	Southwest Valley	1	SCR
	1) Dylan Bell 11	2) Isaac Choate 10		1)	Wyatt Shires 10	2)	Gavin Wetzel 12
	3) James Troughton 12	4) Cameron Sturtz 12		3)	Brody Crozier 11	4)	Wyatt Mendenhall 12
---	Danville	1	SCR	---	Keota	1	SCR
	1) Drake Bielser 12	2) Byers Nealey 12		1)	Blake Baker 10	2)	Brycen Horras 11
	3) Ty Frazier 11	4) Noah Horn 12		3)	Luke Moeller 12	4)	Rowen Horning 09
				---	EHK-Exira	1	SCR
				1)	Rye Butler 10	2)	Anthony Young 11
				3)	Jack Lassek 11	4)	John Ty 11

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 800 Sprint Medley 1A)

Team	Relay	Finals					
---	Fremont-Mills	1	SCR	---	New London	1	SCR
	1) Evan Laumann 09	2) Landon Morse 11			1) Owen Severson 10	2) Zane Long 09	
	3) Ethan Roach 11	4) Bentlee Ware 10			3) Jalen Reynolds 09	4) Preston Sholl 10	
---	Wayne, Corydon	1	SCR	---	Riverside, Oak	1	SCR
	1) Wes Gibson 09	2) Isaiah Peralez 09			1) Paden Schechinger 11	2) Jack Branan 12	
	3) Sage Bunnell 11	4) Alex Aleff 10			3) Peyton Amdor 11	4) Landyn Schoenrock 12	
---	St. Albert, CB	1	SCR	---	N Mahaska	1	SCR
	1) Alexander Marsh 12	2) Brent Vogel 11			1) Camden Winchell 10	2) Cole Wernli 11	
	3) Leo Buyske 10	4) Alex Dawson 12			3) William Cox 11	4) Jeb Goemaat 10	
---	Glad-Reinbeck	1	SCR	---	N Tama, Traer	1	SCR
	1) Treyvon Herron 11	2) Cole Gramer 11			1) Ben Boldy 12	2) Brayton Cibula 11	
	3) Keegan Hurley 10	4) Hudson Clark 12			3) Roman Bradley 10	4) Kane Kucera 11	
---	W Monona	1	SCR	---	B-G-M, Brook	1	SCR
	1) Tony Ignacio-Garcia 10	2) Landon McCall 10			1) Sully Thompson 09	2) Cristian Martinez 11	
	3) Jesse Perez 10	4) Kingston Lichtenberg 09			3) Luka Gotsis 09	4) Jayce Hassett 09	
---	IKM-Manning	1	SCR	---	Bishop Garrigan		SCR
	1) Mason Benton 10	2) Merrick Stribe 11			1) Luke Behounek 12	2) Titan Troyer 10	
	3) Brennen Morris 11	4) Luke Doyel 09			3) Dalton Klenz 11	4) Leo Snyder 11	
---	Iowa Valley, M	1	SCR	---	Bellevue	1	SCR
	1) Immanuel Pritchard 11	2) Bryar Slockett 11			1) Kindrick Decker 11	2) Kinnick Paulsen 12	
	3) Xavier Pedersen 10	4) Dane Smith 11			3) Lincoln Koenig 10	4) Mason Pitts 10	
---	Sidney	1	SCR	---	Belmond-Klemme		SCR
	1) Joseph Lutz 11	2) Tate Mount 12			1) Blaze Paulsen 10	2) Jackson Johanns 12	
	3) Konnor Ward 09	4) Calvin Johnson 11			3) Braden Dougherty 12	4) Benjamin Jeffers 09	
---	Marquette Cath	1	SCR	---	CR-Bayard	1	SCR
	1) Tim Lane 09	2) MJ Tejada 09			1) Andrew McAlister 09	2) Tucker Lewis 09	
	3) Eli Laban 10	4) Hunter Jones 11			3) Kemper Thomas 09	4) Edwin Halbur 10	
---	North Iowa		SCR	---	Earlham	1	SCR
	1) Reese Welhousen 11	2) Eli Hofmann 09			1) Cole Eitel 11	2) Cash Eitel 11	
	3) Camden Koppen 09	4) Skylar Lopez 11			3) Josh Winey 12	4) Donovan Braet 12	
---	Saint Ansgar		SCR	---	AGWSR	1	SCR
	1) Kane Dieterich 09	2) Anthony Schnable 10			1) Owen Penning 11	2) Eli Holmgaard 11	
	3) Matt Clevenger 10	4) Landon Hillman 11			3) Lane Olson 09	4) Carl Hoodjer 10	
---	Lynnville-Sully	1	SCR	---	Clayton Ridge	1	SCR
	1) Jordan Dunsbergen 11	2) Jaiden Richards 12			1) Darren Brandt 12	2) Jonah Coughlin 09	
	3) Jack Bowlin 12	4) Ethan Dunsbergen 12			3) Kasten Oberbreckling 10	4) Luke Cook 11	
---	MMCRU	1	SCR	---	Siouxland Chr	1	SCR
	1) RJ Krier 11	2) Ayden Miller 10			1) Mikey Van De Steeg 10	2) Benjamin Bittinger 12	
	3) Reise Regennitter 12	4) Colton Heubrock 09			3) Bennett Pfister 12	4) Erik Koehler 11	
---	Madrid	1	SCR	---	South O'Brien	1	SCR
	1) Brady Springer 11	2) Loken Velky 12			1) Stefan Ree 09	2) Brayden Stines 10	
	3) Mason Morman 11	4) Easton Halverson 12			3) Kaden Tjossem 11	4) Trayton Cobb 11	
---	Lawton-Bronson	1	SCR	---	SE Warren	1	SCR
	1) Owen Brouwer 11	2) Kallen Goosmann 10			1) Gunner Weatherman 09	2) Easton Boozell 09	
	3) Dean Eilers 10	4) Silas Brown 11			3) Conlan Miller 11	4) Spencer Lovell 10	
---	Lisbon	1	SCR	---	Sigourney	1	SCR
	1) Ryder Meeks 11	2) Ethan Stone 11			1) Carson O'Rourke 11	2) Carson Davis 10	
	3) Caleb Ross 12	4) Chase McFarlane 12			3) Lance Walden 10	4) Brayden Wood 12	
---	Logan-Magnolia	1	SCR	---	BCLUW	1	SCR
	1) Adam Roden 12	2) Cael Wallis 12			1) Wyatt Gould 12	2) Owen Case 11	
	3) Carson Edney 12	4) Brodie Davis 11			3) Ethan Shadlow 10	4) Brayden Catherwood 12	
				---	Bedford	1	SCR
					1) Ashton Nally 12	2) Kayden Fletcher 10	
					3) Kase Coleman 12	4) Hayden Riedel 12	

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## Finals ... (Boys 800 Sprint Medley 1A)

Team	Relay	Finals
--- Murray	1	SCR
1) Ayden Lamb 11	2) Keegan Chew 11	
3) AJ Clarke 11	4) Keaton Brammer 11	
--- Baxter	1	SCR
1) Coy Mergen 11	2) Derek Rominger 10	
3) Miles McCord 09	4) Cody Travis 12	

## Boys 1600 Sprint Medley 1A

State Meet: 3:30.94 \* 5/23/2025 Riverside, Oak

C Jeppesen, J Gordon, M Knoke, D Henderson

All-Time: 3:22.69 ! 2001 Iowa City High

S Newell, H Hill, C Davis, J Mims

Team	Relay	Finals
1 Van Buren County	1	3:30.11* 10
1) Jace Duncan 10	2) Jaren Troxel 09	
3) Kayden Simmons 12	4) Lincoln Bainbridge 12	
1:37.388 (1:37.388) 3:30.106 (1:52.718)		
2 Riverside, Oak	1	3:35.68 8
1) Cole Jeppesen 11	2) Jaxon Gordon 12	
3) Owen Fenner 11	4) Dawson Henderson 12	
1:36.878 (1:36.878) 3:35.677 (1:58.800)		
3 Earlham	1	3:37.93 6
1) Luke Jensen 11	2) Josh Winey 12	
3) Donovan Braet 12	4) Andrew Van Zee 09	
1:38.514 (1:38.514) 3:37.921 (1:59.407)		
4 North Linn	1	3:38.03 5
1) Bradyn Bistline 11	2) Landon Mertens 11	
3) Will Sommerfelt 11	4) Landon Thomsen 12	
1:37.764 (1:37.764) 3:38.030 (2:00.266)		
5 Lake Mills		3:38.32 4
1) Nash Delger 12	2) Landyn Christian 12	
3) Zach Stene 12	4) Knute Rogne 12	
1:38.665 (1:38.665) 3:38.318 (1:59.653)		
6 Baxter	1	3:39.50 3
1) Coy Mergen 11	2) Cody Travis 12	
3) Eli Dee 12	4) Max Handorf 11	
1:40.521 (1:40.521) 3:39.493 (1:58.973)		
7 WACO	1	3:39.76 2
1) Hayden Shelman 11	2) Bryson Waterhouse 11	
3) Locken Henderson 12	4) Jude Dykstra 12	
1:42.868 (1:42.868) 3:39.758 (1:56.891)		
8 Springville	1	3:40.42 1
1) Jace March 11	2) Luke Lansing 12	
3) Mason Hoy 12	4) Conlin Rouse 12	
1:38.923 (1:38.923) 3:40.418 (2:01.495)		
9 CAM, Anita	1	3:40.51
1) Carson McKee 11	2) Cohen McCann 10	
3) Collin Bower 12	4) Zach Kauffman 10	
1:36.482 (1:36.482) 3:40.503 (2:04.021)		

10 Martndsl-StMarys	1	3:40.55
1) Hunter Dooley 11	2) Colton Wight 12	
3) Brady Baker 10	4) Isaiah Wheeldon 11	
1:40.499 (1:40.499) 3:40.542 (2:00.043)		
11 MMCRU	1	3:41.40
1) TJ Hermanson 09	2) Luke Kintigh 11	
3) Wyatt Alesch 12	4) Karsen Galles 11	
1:39.457 (1:39.457) 3:41.397 (2:01.940)		
12 Gehlen Cath, L	1	3:41.64
1) Wyatt Konz 11	2) Jack Roberts 12	
3) Owen Sievers 12	4) Carson Schaecher 10	
1:39.075 (1:39.075) 3:41.631 (2:02.556)		
13 Colfax-Mingo	1	3:41.84
1) Fisher Grove 11	2) Chase Trotter 10	
3) Wyatt Thornton 12	4) Sullivan Wilkins 12	
1:40.474 (1:40.474) 3:41.833 (2:01.359)		
14 S Winn, Calmar	1	3:41.87
1) Camden Bullerman 10	2) Jordan Einck 10	
3) Evan Taylor 09	4) Hugh Conway 10	
1:42.209 (1:42.209) 3:41.863 (1:59.655)		
15 Audubon	1	3:42.16
1) Mason Kasperbauer 10	2) Brody Schultes 12	
3) Jorgen Nowatzke 10	4) Aiden Kjergaard 10	
1:38.808 (1:38.808) 3:42.156 (2:03.348)		
16 Turkey Val, JJ	1	3:42.56
1) Treyton Franzen 11	2) Kaden Schmidt 11	
3) J.D. Kruse 12	4) Hugo Busta 11	
1:39.163 (1:39.163) 3:42.555 (2:03.392)		
17 Sibley-Ocheyedan	1	3:43.68
1) Luke Heilman 11	2) Dominic Marco 12	
3) Levi Sayler 10	4) Carter Vos 12	
1:38.694 (1:38.694) 3:43.680 (2:04.987)		
18 Lisbon	1	3:45.79
1) Chase McFarlane 12	2) Ethan Stone 11	
3) Caleb Ross 12	4) Anthony Armstrong 11	
1:45.334 (1:45.334) 3:45.788 (2:00.454)		
19 Sigourney	1	3:45.88
1) Carson O'Rourke 11	2) Aiden Knepper 11	
3) Brayden Wood 12	4) Troy Klett 12	
1:42.053 (1:42.053) 3:45.872 (2:03.819)		
20 C-Wheatland	1	3:47.91
1) Chase Klatt 12	2) Dain Sprague 12	
3) Cole Green 11	4) Mason Mohr 12	
1:42.804 (1:42.804) 3:47.909 (2:05.106)		
21 IKM-Manning	1	3:49.70
1) Ben Ramsey 12	2) Ashton Ahrenholtz 12	
3) Xaviore Diaz 10	4) Isaac Blankman 12	
1:39.864 (1:39.864) 3:49.691 (2:09.828)		
22 English Valleys	1	3:50.74
1) Colton Mikesell 11	2) Drew Fisher 12	
3) Everett Bender 11	4) Evan Koehn 10	
1:43.436 (1:43.436) 3:50.737 (2:07.301)		

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## Results

## Finals ... (Boys 1600 Sprint Medley 1A)

Team	Relay	Finals
23 West Hancock		3:52.93
1) Giovanni Garcia 11	2) Gustavo Gomez 12	
3) Carson Fox 11	4) Isaiah Collins 12	
1:41.304 (1:41.304)	3:52.922 (2:11.618)	
--- Starmont	1	DQ
1) Extin Dettbarn 12	2) Jackson Pope 11	
3) Jack Thole 12	4) Taiden Hanson 09	
1:40.026 (1:40.026)	3:40.308 (2:00.282)	
--- Lenox	1	SCR
1) Brandon Ramirez 09	2) Brogan Petersen 10	
3) Ashton Leonard 10	4) Colton Haidsiak 10	
--- Graet-T/Ruth-Ayr		SCR
1) Teagan Hanson 12	2) Hunter Manwarren 11	
3) Cayden Wilson 11	4) Zac Sorenson 10	
--- HLV-TC	1	SCR
1) Sean McCulloch 11	2) Tristan Pirkl 10	
3) Andrew Thys 11	4) Cael Weisskopf 11	
--- Highland	1	SCR
1) Elvin Hernandez 12	2) Caleb Wheeler 10	
3) Brock Nebergall 11	4) Noah Hartzler 09	
--- Fremont-Mills	1	SCR
1) Ethan Roach 11	2) Wyatt Madison 10	
3) Bentlee Ware 10	4) Colin Morse 10	
--- East Mills	1	SCR
1) Gavin Moyers 09	2) Gabe Blanton 10	
3) Beau Burdic 09	4) Tyson Ellis 09	
--- East Union	1	SCR
1) Wyatt Kelley 11	2) Cyler Wuebker 10	
3) Jensen Waigand 11	4) Brock Driskill 11	
--- Glidden-Ralston	1	SCR
1) Efan Fardal 11	2) Jayden Douglas 09	
3) Isaiah Batten 09	4) Joseph Thielen 12	
--- GMG, Garwin	1	SCR
1) Rider Kupka 12	2) Jacoby Woodbury 10	
3) Landon Balmer 11	4) Ethan Klemesrud 11	
--- Glad-Reinbeck	1	SCR
1) Cole Gramer 11	2) Joshua Utterback 11	
3) Jude Larson 11	4) Caleb Bowser 11	
--- Wayne, Corydon	1	SCR
1) Jackson Carpenter 10	2) Evan Abel 09	
3) Sage Bunnell 11	4) Emerson Kinser 09	
--- West Fork		SCR
1) Maximus Dickman 10	2) Brayden Williams 09	
3) Bradyann Hennick 09	4) Jaxxen Hitzhusen 09	
--- Logan-Magnolia	1	SCR
1) Zach Diggins 11	2) Hunter Prier 09	
3) Aiden King 09	4) Landon Thayer 09	
--- Valley Lutheran	1	SCR
1) Jason Neifer 12	2) Carson Bicket 10	
3) Leland Daman 10	4) Ethan Green 11	
--- Woodbine	1	SCR
1) Vincent Meisinger 11	2) Derek Dickinson 09	
3) Corey Wagner 10	4) Aiden Summerfield 10	

--- Woodward Acad	1	SCR
1) Josh Tamba 11	2) Latrell Hardia 11	
3) Hunter Holder 10	4) Austin Barker 11	
--- Winfield-Mt. U	1	SCR
1) Kale Kerr 10	2) Kai Ball 11	
3) Jagger Thomson 10	4) Brayden Cline 10	
--- Wapsie Val, F	1	SCR
1) Kayden Page 09	2) Briley Davie 10	
3) Korvin Hesse 09	4) Elijah Heasley-Eike 12	
--- St. Edmond, FD	1	SCR
1) Grant Galles 12	2) Jack McElroy 12	
3) Aaron Hindt 11	4) Anthony Valles 12	
--- St. Mary's, R	1	SCR
1) Dayton Kneip 10	2) Beau Johnson 10	
3) Dalton Klein 10	4) Lance Glassmaker 09	
--- Lawton-Bronson	1	SCR
1) Dean Eilers 10	2) Koen Grell 09	
3) Jake Pedersen 11	4) Ethan Buffington 11	
--- Southwest Valley	1	SCR
1) Jackson Fisher 09	2) Hudson Bissell 09	
3) Ben Waddell 10	4) Anis Akhdar 12	
--- Madrid	1	SCR
1) Mason Morman 11	2) Easton Halverson 12	
3) Kris Petersen 10	4) Henry Hudnall 11	
--- W Monona	1	SCR
1) Jesse Perez 10	2) Tony Ignacio-Garcia 10	
3) Kingston Lichtenberg 09	4) Connor Jensen 11	
--- Stanton	1	SCR
1) Rylan Grebin 12	2) Brett Hart 10	
3) Cooper Dreyer 10	4) Jayden Snow 10	
--- Saint Ansgar		SCR
1) Korben Michels 12	2) Anthony Schnable 10	
3) Matt Clevenger 10	4) Joe Clevenger 12	
--- SE Warren	1	SCR
1) Conlan Miller 11	2) Chase Morrison 09	
3) Sawyer Lovell 10	4) Caden Sponsler 10	
--- North Cedar	1	SCR
1) Carson Litscher 09	2) Karson Lehrman 09	
3) Cameron Sturtz 12	4) Max Schroeder 09	
--- North Union		SCR
1) Kade Madden 12	2) Taylin Jones 09	
3) Aiden Bauer 12	4) Colin Kruse 10	
--- N Mahaska	1	SCR
1) Dawson Goemaat 09	2) William Cox 11	
3) Jeb Goemaat 10	4) Zach Veiseth 09	
--- ACGC	1	SCR
1) Morgun Nolte 11	2) Ryan Martens 10	
3) Jonny Kading 11	4) Lane Stringer 10	
--- Siouxland Chr	1	SCR
1) Benjamin Bittinger 12	2) Bennett Pfister 12	
3) Erik Koehler 11	4) Mark Davis 11	
--- South O'Brien	1	SCR
1) Brayden Stines 10	2) Kaden Tjossem 11	
3) Karson Wetrich 10	4) Noah Wittrock 10	

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## Results

## Finals ... (Boys 1600 Sprint Medley 1A)

Team	Relay	Finals
---	Lynnvilleville-Sully	1 SCR
	1) Michael Spooner 12	2) Ethan Dunsbergen 12
	3) Carsen Kottenstette 09	4) Colton Alberts 11
---	Montezuma	1 SCR
	1) Luke Brennan 12	2) Broox Stockman 12
	3) Dayton Reif 10	4) Talen Holland 10
---	Maquoketa Valley	1 SCR
	1) Dylan Knipper 12	2) Kash Hunt 12
	3) Dashawn Strickland 12	4) Kenyon Baker 12
---	Iowa Valley, M	1 SCR
	1) Immanuel Pritchard 11	2) Chandler Mckibben 11
	3) Chance Hoyt 11	4) Tyson Kriegel 10
---	Newell-Fonda	1 SCR
	1) Gunnar Baron 10	2) Ian Harrer 10
	3) Jacksyn Hogrefe 12	4) Andrew Greenfield 09
---	North Butler	1 SCR
	1) Will Nielsen 11	2) Deyton Junker 10
	3) Oliver Vieth 09	4) Miles Nielsen 12
---	Moravia	1 SCR
	1) Luke Long 12	2) Declan DeJong 12
	3) Zander Martin 09	4) Gable Whitlow 11
---	Mount Ayr	1 SCR
	1) Nathan Stewart 12	2) Wynston Jones 10
	3) Nathan Roemer 10	4) Austin Briner 10
---	Cent Decatur	1 SCR
	1) Avery Redman 09	2) Michael Jessen 10
	3) Drew Hesselberg 10	4) Scout Patterson 09
---	Clayton Ridge	1 SCR
	1) Anthony Sandoval 12	2) Seth Kregel 12
	3) Mason Martin 11	4) Carter Judkins 11
---	Boyer Valley	1 SCR
	1) Trevan Krajicek 09	2) Owen Sindt 12
	3) Liam Muff 10	4) Cameron Flaherty 10
---	New London	1 SCR
	1) Logan Franklin 12	2) Dylan Burden 10
	3) Archer Bonnesen 11	4) Riley Raines 11
---	Central, Elkader	1 SCR
	1) George Reimer 09	2) Tyce Zittergruen 10
	3) Mason Loan 10	4) Carson Ruegnitz 12
---	E Buchanan	1 SCR
	1) Keenan Pals 11	2) Trenton Elledge 11
	3) Iverson Carnicle 12	4) Brady Hogan 11
---	Danville	1 SCR
	1) Drake Bielser 12	2) Byers Nealey 12
	3) Ty Frazier 11	4) Noah Horn 12
---	Nashua-Plainfld	1 SCR
	1) Navarii Williams 12	2) Landon Foelske 12
	3) Jake Smith 12	4) Jase Hansen 12
---	Bellevue	1 SCR
	1) Kindrick Decker 11	2) Lincoln Koenig 10
	3) Connor Dryman 10	4) Brody Sullivan 11

---	Belmond-Klemme	SCR
	1) Jackson Johanss 12	2) Oliver Winters 11
	3) Benjamin Jeffers 09	4) Braden Dougherty 12
---	BCLUW	1 SCR
	1) Eathan Petermeier 11	2) Vance Hoyt 12
	3) Ethan Shadlow 10	4) Tommy Hinderhofer 10
---	Bedford	1 SCR
	1) Zach McNutt 11	2) Nolan Drake 10
	3) Tucker Supinger 10	4) Dayne Matheny 10
---	AHSTW	1 SCR
	1) Donnovin Behrens 10	2) Parker Krohn 10
	3) Cash Kaiser 10	4) Arturo Benavent 09
---	Riceville	SCR
	1) Nolan Hendrickson 12	2) Trace Baethke 12
	3) Blake Baethke 10	4) Henry Schroeder 10
---	AGWSR	1 SCR
	1) Lane Olson 09	2) Owen Penning 11
	3) Clay Buseman 09	4) Teagan Mennenga 09

## Boys 4x110 Meter Shuttle Hurdle 1A

State Meet: 59.72 \* 5/18/2024 Lenox

D Bashor, J Martin-England, D Evans, G Funk

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Iowa Valley, M	1 59.90q
	1) Josh Read 12	2) Chance Hoyt 11
	3) Xavier Pedersen 10	4) Nolan Kriegel 11
2	North Butler	1 1:00.85q
	1) Jack Bartels 11	2) Bryce Schroeder 10
	3) Jax Thorne 12	4) Camryn Bartels 09
3	Lynnvilleville-Sully	1 1:01.00q
	1) Ashton Rozendaal 10	2) Carsen Kottenstette 09
	3) Connor Deal 12	4) Sawyer Veldhuizen 12
4	Riverside, Oak	1 1:01.09q
	1) Peyton Amdor 11	2) Aaron Smith 12
	3) Keegan Smith 12	4) Jaxon Gordon 12
5	Bedford	1 1:01.28q
	1) Kase Coleman 12	2) Kayden Fletcher 10
	3) Hayden Riedel 12	4) Quentin Dalton 11
6	ACGC	1 1:01.37q
	1) Thomas Skram 12	2) Morgun Nolte 11
	3) Collin Stringham 12	4) Brexton Schneider 12
7	West Hancock	1 1:01.56q
	1) Caiden Squier 11	2) Nathan Bixel 11
	3) Coen Witte 11	4) Jacoby Subject 11
8	Lenox	1 1:02.13q
	1) Kolben Robinson 12	2) Wylie Brokaw 10
	3) Caden Kaufman 11	4) Dawson Evans 12
9	B-G-M, Brook	1 1:02.17
	1) Maddox Rhoads 10	2) PJ Gus 10
	3) Cayson Achenbach 09	4) Caleb Rhoads 10

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Drake Stadium

## Results

## Preliminaries ... (Boys 4x110 Meter Shuttle Hurdle 1A)

Team	Relay	Prelims
10 Madrid	1	1:02.43
1) Will Atkinson 11	2) Jake Sawyer 12	
3) Chase Perkins 11	4) Kinnick Grimm 11	
11 Mount Ayr	1	1:02.50
1) Jackson Ruggles 12	2) Michael Adkisson 12	
3) Isac Dugan 10	4) Calvin Main 11	
12 Winfield-Mt. U	1	1:02.61
1) Gavin Prior 12	2) Tayson Samuels 11	
3) Jaxton Jones 12	4) Cruz Hagmeier 10	
13 Gehlen Cath, L	1	1:03.17
1) Landen Kneip 12	2) Jack Roberts 12	
3) Wyatt Konz 11	4) Drake Kneip 10	
14 Logan-Magnolia	1	1:03.48
1) Luke Walski 12	2) Carson Edney 12	
3) Crosby Yoder 11	4) Adam Roden 12	
15 Griswold	1	1:03.65
1) Wyatt Silk 12	2) Owen Johnson 11	
3) Callen Keiser 11	4) Dain Laverty 10	
16 Nashua-Plainfld	1	1:03.77
1) Landon Foelske 12	2) Clayden Gerholdt 11	
3) Devon Blanchard 12	4) Tyler Zimmer 12	
17 Southwest Valley	1	1:03.93
1) Wyatt Mendenhall 12	2) Walker Bissell 11	
3) Wyatt Shires 10	4) Gavin Wetzel 12	
18 South O'Brien	1	1:04.15
1) Brooks Billick 10	2) Connor Hedberg 10	
3) Blessing Matsiko 10	4) Brennan Billick 12	
19 Woodbine	1	1:04.39
1) Derek Dickinson 09	2) Blaine Leaders 10	
3) Emil Hamann 11	4) Ayden Coenen 10	
20 Wapsie Val, F	1	1:04.48
1) Gareth Shannon 12	2) Gavin Henry 11	
3) Marshall Weepie 12	4) Tate Wilkinson 10	
21 North Union		1:04.63
1) Greyson Colegrove 11	2) Carson Crouch 10	
3) Casey Rezac 11	4) Max Heinen 09	
22 N Mahaska	1	1:04.93
1) Jackson Doak 10	2) Cole Wernli 11	
3) Charlie Goemaat 12	4) Tyson Ferguson 12	
23 Bellevue	1	1:11.21
1) Mason Pitts 10	2) Ayden Stark 11	
3) Connor Dryman 10	4) Trace Bonifas 09	
--- Earlham	1	FS
1) Adam Parker 11	2) Cason Amsden 12	
3) Carson Winey 11	4) Josh Winey 12	

## Boys 4x110 Meter Shuttle Hurdle 1A

State Meet: 59.72 \* 5/18/2024 Lenox

D Bashor, J Martin-England, D Evans, G Funk

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Finals
<b>Finals</b>		
1 Lynnville-Sully	1	59.32* 10
1) Ashton Rozendaal 10	2) Carsen Kottenstette 09	
3) Connor Deal 12	4) Sawyer Veldhuizen 12	
2 Iowa Valley, M	1	59.44* 8
1) Josh Read 12	2) Chance Hoyt 11	
3) Xavier Pedersen 10	4) Nolan Kriegel 11	
3 Bedford	1	1:00.17 6
1) Kase Coleman 12	2) Kayden Fletcher 10	
3) Hayden Riedel 12	4) Quentin Dalton 11	
4 Riverside, Oak	1	1:00.25 5
1) Peyton Amdor 11	2) Aaron Smith 12	
3) Keegan Smith 12	4) Jaxon Gordon 12	
5 North Butler	1	1:00.30 4
1) Jack Bartels 11	2) Bryce Schroeder 10	
3) Jax Thorne 12	4) Camryn Bartels 09	
6 West Hancock		1:00.60 3
1) Caiden Squier 11	2) Nathan Bixel 11	
3) Coen Witte 11	4) Jacoby Subject 11	
7 Lenox	1	1:01.45 2
1) Kolben Robinson 12	2) Wylie Brokaw 10	
3) Caden Kaufman 11	4) Dawson Evans 12	
8 ACGC	1	1:02.89 1
1) Thomas Skram 12	2) Morgun Nolte 11	
3) Collin Stringham 12	4) Brexton Schneider 12	

## Boys High Jump 1A

State Meet: 6-11 \* 5/19/2006 Ehi Oamen

All-Time: 7-03.50 ! 1981 Brian Tietjens

Name	Yr	School	Finals
<b>Finals</b>			
1 Trevon Keely	11	Paton-Churda	6-06.00 10
2 Landon Blum	11	Woodbine	6-05.00 8
3 Connor Deal	12	Lynnville-Su	6-03.00 5.5
3 Josh Read	12	Iowa Valley,	6-03.00 5.5
5 Max Heinen	09	North Union	6-01.00 4
6 Sean McCulloch	11	HLV-TC	6-01.00 3
7 Nathan Frye	11	E Marshall	5-11.00 0.6
7 Blake Scheitler	10	Gehlen Cath,	5-11.00 0.6
7 Walker Bissell	11	Southwest Va	5-11.00 0.6
7 Gavin Wetzel	12	Southwest Va	5-11.00 0.6
7 Adam Roden	12	Logan-Magnol	5-11.00 0.6
12 Chase Klatt	12	C-Wheatland	5-11.00
12 Ayden Galindo	11	Keota	5-11.00
12 Ashton Rozendaal	10	Lynnville-Su	5-11.00
15 Isaiah Sholes	12	Essex	5-11.00
15 Jeffry Knighton	09	Bedford	5-11.00
15 Luke Walski	12	Logan-Magnol	5-11.00

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## Finals ... (Boys High Jump 1A)

Name	Yr	School	Finals
---	Eli Dee	12 Baxter	NH
---	Eric Kleinwolterink	12 Sibley-Ochey	NH
---	Jordan Einck	10 S Winn, Calm	NH
---	Justin Snyder	11 Lisbon	NH
---	Gavyn Jellison	12 Seymour	NH
---	Seth McMurry	12 Murray	NH
---	Blake Pekarek	11 W Monona	NH
---	Greyson Arthur	10 Belmont-Klem	SCR
---	Colton Harvey	09 Pekin	SCR
---	Andrew Schmitt	10 Nashua-Plain	SCR
---	Liam Thompson	10 North Linn	SCR
---	Colton Wynia	11 Saint Ansgar	SCR
---	Brody Sobaski	11 Pekin	SCR
---	Rockwell Hughes	10 North Iowa	SCR
---	Eli Marchand	10 West Hancock	SCR
---	Kaden VanEpps	12 West Hancock	SCR
---	Owen Lord	11 WACO	SCR
---	Tate Wilkinson	10 Wapsie Val,	SCR
---	Graham Haines	09 Winfield-Mt.	SCR
---	Clay Buseman	09 AGWSR	SCR
---	Colten Rich	10 Whiting	SCR
---	Hunter Sellers	10 Sigourney	SCR
---	Holden Dee	09 Baxter	SCR
---	Sawyer Timp	09 S Winn, Calm	SCR
---	Aiden Stenzel	12 Sidney	SCR
---	Connor Hedberg	10 South O'Brie	SCR
---	Ben Holverson	12 W Monona	SCR
---	Cooper Dreyer	10 Stanton	SCR
---	Colton Rohrbeck	10 Glidden-Rals	SCR
---	Conner Winters	09 Kee, Lansing	SCR
---	Khayden Poorker	09 East Mills	SCR
---	Kynzer Norman	09 Cent Decatur	SCR
---	Dawson Grady	12 Cedar Ridge C	SCR
---	Kale Bailey	11 Hillcrest	SCR
---	Asher Stensrud	11 Lake Mills	SCR
---	Everett Bender	11 English Vall	SCR
---	Jaxon Johnson	09 Danville	SCR
---	Logan Green	09 C-Wheatland	SCR
---	Adam Parker	11 Earlham	SCR
---	Malcolm Toornstra	10 Collins-Maxw	SCR
---	Layton Black	09 Earlham	SCR
---	Wyatt Anderson	11 E Marshall	SCR
---	Kinnick Kaufman	10 Newell-Fonda	SCR
---	Jake Vorhes	09 North Butler	SCR
---	MJ Tejada	09 Marquette Ca	SCR
---	Marques Terry	11 Midland, Wyo	SCR
---	AJ Clarke	11 Murray	SCR
---	Zeke Kalainoff	10 Nashua-Plain	SCR
---	Elias Bronson	10 Moravia	SCR
---	Dante Hansen	09 B-G-M, Brook	SCR
---	Kole Deppe	09 Madrid	SCR
---	Boston Hodina	09 B-G-M, Brook	SCR
---	Leon Rogers	11 Lisbon	SCR

---	Braden Dougherty	12 Belmont-Klem	SCR
---	Dane Ballou	11 Midland, Wyo	SCR

## Boys Long Jump 1A

State Meet: 23-02.50 \* 5/19/2011 Nick Efkamp

All-Time: 24-10 ! 2022 Abu Sama

Name	Yr	School	Finals
1	London Franklin	12 New London	22-04.25 10
2	Nolan Kriegel	11 Iowa Valley,	21-09.00 8
3	Adrian Jessen	11 St. Albert,	21-08.50 6
4	Hayden Shelman	11 WACO	20-07.00 5
5	Rhett Roth	11 Lawton-Brons	20-06.75 4
6	Ayden Stark	11 Bellevue	20-06.75 3
7	Eli Dee	12 Baxter	20-05.00 2
8	Cole Jeppesen	11 Riverside, O	20-05.00 1
9	Keenan Kilburg	12 Bellevue	20-04.25 0.5
10	Brody Crozier	11 Southwest Va	19-11.75 1.1
11	Trevon Keely	11 Paton-Churda	19-10.75 2.0
12	Wyatt Ragaller	12 Ar-We-Va	19-10.25 0.5
13	Miah Purgett	10 W Monona	19-09.00 0.3
14	Logan Franklin	12 New London	19-08.25 +0.0
15	Kase Coleman	12 Bedford	19-08.25 1.9
16	Jack Knode	11 Riceville	19-07.00 0.5
17	Zach Goetzinger	12 Kee, Lansing	19-06.50 2.1
18	Blaise Schilling	11 Paton-Churda	19-04.50 1.1
19	Braiden Lauritzen	11 Dunkerton	19-04.25 0.1
20	Ty Christensen	12 Don Bosco	19-04.25 0.5
21	Eli Burns	11 E Marshall	19-01.75 0.1
22	Ryan Martens	10 ACGC	18-11.50 0.1
23	Cristian Alonso - Lopez	09 West Hancock	18-06.75 +0.0
---	Brennan Billick	12 South O'Brie	FOUL
---	Hayzin Jacobson	12 Nwood-Kenset	SCR NWI
---	Cash Eitel	11 Earlham	SCR NWI
---	Reed Williams	11 Earlham	SCR NWI
---	Henry Adam	11 Pekin	SCR NWI
---	Jaxon Mefford	10 Pekin	SCR NWI
---	True Grell	12 C-Wheatland	SCR NWI
---	Keegan Chew	11 Murray	SCR NWI
---	Seth McMurry	12 Murray	SCR NWI
---	Aidan Chidester	09 Montezuma	SCR NWI
---	Breyer Chidester	09 Montezuma	SCR NWI
---	Jaxson Hansen	09 Nashua-Plain	SCR NWI
---	Deshon Anderson	12 English Vall	SCR NWI
---	Cole Wernli	11 N Mahaska	SCR NWI
---	Ethan Schaufenbuel	12 Tripoli	SCR NWI
---	Jayvian Perez	09 W Monona	SCR NWI
---	Noah Gelner	12 Starmont	SCR NWI
---	Jack Musfeldt	10 Ar-We-Va	SCR NWI
---	Giovanni Garcia	11 West Hancock	SCR NWI
---	Emil Hamann	11 Woodbine	SCR NWI
---	Carl Hoodjer	10 AGWSR	SCR NWI
---	Kort Rieken	10 Riverside, O	SCR NWI
---	Greyson Colegrove	11 North Union	SCR NWI
---	Kasten Oberbreckling	10 Clayton Ridg	SCR NWI

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## Finals ... (Boys Long Jump 1A)

Name	Yr	School	Finals
--- Aiden Knepper	11	Sigourney	SCR NWI
--- Kason Calhoun	11	CAM, Anita	SCR NWI
--- Carson Crouch	10	North Union	SCR NWI
--- Ayden Galindo	11	Keota	SCR NWI
--- Austin Mannes	12	Lake Mills	SCR NWI
--- Ethan Klemesrud	11	GMG, Garwin	SCR NWI
--- Brennen Morris	11	IKM-Manning	SCR NWI
--- Koen Grell	09	Lawton-Brons	SCR NWI
--- Paxton Campbell	10	Fremont-Mill	SCR NWI
--- Brock Binkley	11	Lamoni	SCR NWI
--- Landon Lindgren	12	Lamoni	SCR NWI
--- Paul McNeill	12	East Union	SCR NWI
--- Bryce Stannard	12	Edgewd-Coles	SCR NWI
--- Keenan Pals	11	E Buchanan	SCR NWI
--- Kaden Good	12	E Marshall	SCR NWI
--- Jack Roberts	12	Gehlen Cath,	SCR NWI
--- Aiden Harms	09	George-Littl	SCR NWI
--- Wyatt Konz	11	Gehlen Cath,	SCR NWI
--- Calder Schumacher	11	Lisbon	SCR NWI
--- Keenan Kuhlman	10	Logan-Magnol	SCR NWI
--- Colby Schrader	10	Melcher-Dall	SCR NWI
--- Dontavius Slick-Driscoll	11	Meskwaki Set	SCR NWI
--- Wyatt Powelson	11	Midland, Wyo	SCR NWI
--- Deyton Junker	10	North Butler	SCR NWI
--- Brady Springer	11	Madrid	SCR NWI
--- Anthony Harrington	12	Midland, Wyo	SCR NWI
--- Malachi Gray	11	Heartland Ch	SCR NWI
--- Ashon Kline	12	Essex	SCR NWI
--- Sean McCulloch	11	HLV-TC	SCR NWI
--- Jaxson Schnell	12	Graet-T/Ruth	SCR NWI
--- Tanner Troendle	11	Kee, Lansing	SCR NWI
--- Carsen Kottenstette	09	Lynnville-Su	SCR NWI
--- Cael Grove	12	English Vall	SCR NWI

## Boys Shot Put 1A

State Meet: 60-10.25 \* 1975

Bob Feuerbach

All-Time: 70-11 ! 1968

Doug Lane

Name	Yr	School	Finals
1 Morgan Cooley	12	East Union	60-06.75 10
2 Cal Heydon	12	CR-Bayard	54-07.50 8
3 Braden Halvorson	12	Saint Ansgar	52-05.25 6
4 Dawson Barnett	12	Clarksville	51-09.25 5
5 Jevyn Severson	10	Madrid	50-10.00 4
6 Gage Greenfield	11	Sibley-Ochey	49-10.00 3
7 Henry Reiling	12	Lisbon	49-04.25 2
8 Brendan Meaney	11	Janesville	48-03.25 1
9 Preston Salow	12	Maquoketa Va	48-02.50
10 Colin Anderson	10	Winfield-Mt.	47-01.00
11 Caleb Hogan	11	Wapsie Val,	46-08.00
12 Aidan Hesse	12	Dunkerton	46-07.50
13 Isaac Feller	12	Easton Valle	46-04.00
14 Hayden Hilsenbeck	12	Wapsie Val,	46-03.50

15 Lane Meyer	11	Audubon	46-02.75
16 Jack Sheeder	12	ACGC	45-10.00
17 Wyatt Bell	12	Riverside, O	45-05.75
18 Brecken Uhlenhopp	11	North Butler	45-04.25
19 Caleb Owen	09	Southwest Va	44-06.25
20 Jax Pryor	12	Woodbine	44-03.25
21 Mason Small	11	Gehlen Cath,	43-08.50
22 Gavin Crom	10	Fremont-Mill	43-06.00
23 Bo Starr	12	AGWSR	42-09.50
24 Tommy Barnett	11	Clarksville	38-07.50
--- Grayson Nagle	10	Wapello	SCR
--- Gage Swan	12	Wayne, Coryd	SCR
--- Brayden Johnson	11	Newell-Fonda	SCR
--- Connor Ibsen	10	North Cedar	SCR
--- Josh Peterson	11	MMCRU	SCR
--- Ryan Graves	10	North Cedar	SCR
--- Cale Fredin	09	West Fork	SCR
--- Anthony Harrington	12	Midland, Wyo	SCR
--- Kipton Youngwirth	09	West Hancock	SCR
--- Rowan Sackett	12	Mount Ayr	SCR
--- Logan Mercer	10	Mount Ayr	SCR
--- Cael Dop	11	SE Warren	SCR
--- Derek Hemann	12	Saint Ansgar	SCR
--- Graham Moore	10	Sigourney	SCR
--- Gavin Feickert	11	S Winn, Calm	SCR
--- Toby Prins	10	Sibley-Ochey	SCR
--- Jamison Ewing	12	SE Warren	SCR
--- Kasen Van Ryswyk	11	N Mahaska	SCR
--- Matthew Fay	10	Twin Cedars	SCR
--- Lukas Peterson	12	MMCRU	SCR
--- Brantyn Sieren	11	Pekin	SCR
--- Braxton Bucknell	11	Tripoli	SCR
--- Cal Miller	12	Pekin	SCR
--- Weston Boehm	09	Colfax-Mingo	SCR
--- Daniel Zoske	12	BCLUW	SCR
--- Lawrence Solasberry	10	Colfax-Mingo	SCR
--- Zach Quick	10	Ankeny Chris	SCR
--- Hayden Larsen	11	Audubon	SCR
--- Anthony Young	11	EHK-Exira	SCR
--- Kane Axmear	11	English Vall	SCR
--- Brady Olson	12	C-Wheatland	SCR
--- Keegan Long	11	Earlham	SCR
--- Miles McCord	09	Baxter	SCR
--- Marc Mwambalaswa	11	Belmond-Klem	SCR
--- Carson Lovelace	11	ACGC	SCR
--- Tommy Brown	11	Akron-Westfi	SCR
--- Roman Scheffler	11	AHSTW	SCR
--- Clayton Gardner	09	Ankeny Chris	SCR
--- Karson Kramer	10	Bishop Garri	SCR
--- Carter Schwab	12	Bishop Garri	SCR
--- Mason Hoyt	11	Iowa Valley,	SCR
--- Elijah Lillie	11	Iowa Valley,	SCR
--- Jordan Castor	10	Lenox	SCR
--- Jace Starman	12	IKM-Manning	SCR
--- Caleb Puderbaugh	10	Martndsl-StM	SCR

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## Finals ... (Boys Shot Put 1A)

Name	Yr	School	Finals
--- Gabriel Halweg	11	Maquoketa Va	SCR
--- Cameyon James	11	Lynnville-Su	SCR
--- Dawson James	12	Lynnville-Su	SCR
--- Elijah Mulkey	12	East Union	SCR
--- Aidan Roberts	11	Fremont-Mill	SCR
--- Trevon Herman	12	Danville	SCR
--- Tyson Viner	11	East Mills	SCR
--- Josiah Kjeldahl	12	Lake Mills	SCR
--- Dillon Lindgren	11	Lawton-Brons	SCR
--- Alexander Munoz	12	Gehlen Cath,	SCR
--- Jay Bessman	12	GMG, Garwin	SCR

## Boys Discus Throw 1A

State Meet: 197-05 \* 5/20/2016 Tom Yezek

All-Time: 207-08 ! 1978 Scott Crowell

Name	Yr	School	Finals
1 Henry Reiling	12	Lisbon	172-09 10
2 Elijah Lillie	11	Iowa Valley,	167-00 8
3 Eli Kalainoff	12	Nashua-Plain	164-02 6
4 Dax Suntken	12	West Fork	162-08 5
5 Jacob Cogdill	10	Woodbine	162-01 4
6 Anthony Harrington	12	Midland, Wyo	160-00 3
7 Brayden Dunn	12	MMCRU	157-07 2
8 Jevyn Severson	10	Madrid	156-08 1
9 Braden Halvorson	12	Saint Ansgar	152-08
10 Jax Pryor	12	Woodbine	152-03
11 Jace Hardisty	09	CAM, Anita	151-10
12 Amaury Thomas	12	Bishop Garri	150-01
13 Cole Wagner	12	Lawton-Brons	150-00
14 Caleb Hogan	11	Wapsie Val,	148-08
15 RJ Dishong	12	Griswold	146-02
16 Brodee Sowers	12	Stanton	146-01
17 Josh Peterson	11	MMCRU	145-06
18 Morgan Cooley	12	East Union	143-10
19 Noah Schroeder	12	North Cedar	140-04
20 Jay Bessman	12	GMG, Garwin	139-05
21 Gage Swan	12	Wayne, Coryd	137-08
22 Tallon Loving	10	Lawton-Brons	128-08
23 Cale Lorenzen	11	North Iowa	127-00
24 Colin Anderson	10	Winfield-Mt.	126-09
--- Trent Spiering	12	Riverside, O	SCR
--- Declan DeJong	12	Moravia	SCR
--- Ty Guthrie	12	N Tama, Trae	SCR
--- Kasen Van Ryswyk	11	N Mahaska	SCR
--- Trent Rodruck	12	Nashua-Plain	SCR
--- Asher Ebert	10	Riceville	SCR
--- Lincoln Gauley	11	Newell-Fonda	SCR
--- Matthew Fay	10	Twin Cedars	SCR
--- Jackson Meek	11	Van Buren	SCR
--- Sam Gerrietts	11	St. Mary's, R	SCR
--- Braxston Bucknell	11	Tripoli	SCR
--- Hayden Hilsenbeck	12	Wapsie Val,	SCR

--- Wyatt Palmer	11	Winfield-Mt.	SCR
--- Sam Meyer	11	WACO	SCR
--- Tucker Fisk	12	Wapello	SCR
--- Tucker Dierking	10	SE Warren	SCR
--- Kyler Elser	12	Sibley-Ochey	SCR
--- Lucas Kruse	09	Saint Ansgar	SCR
--- Taren Dierking	10	SE Warren	SCR
--- Caleb Owen	09	Southwest Va	SCR
--- Lucas Sheehan	10	St. Mary's, R	SCR
--- Hunter Sellers	10	Sigourney	SCR
--- Weston Boehm	09	Colfax-Mingo	SCR
--- Daniel Zoske	12	BCLUW	SCR
--- Dawson Barnett	12	Clarksville	SCR
--- Hayden Larsen	11	Audubon	SCR
--- Nyle Brown	09	Baxter	SCR
--- Kane Axmear	11	English Vall	SCR
--- Aidan Hesse	12	Dunkerton	SCR
--- Dalton Martin	12	Collins-Maxw	SCR
--- Keegan Long	11	Earlham	SCR
--- John Deemer	11	Bedford	SCR
--- Nate Leerar	11	Bishop Garri	SCR
--- Hudson Gilland	10	ACGC	SCR
--- Bo Starr	12	AGWSR	SCR
--- Clayton Gardner	09	Ankeny Chris	SCR
--- Ty Bowlin	10	Audubon	SCR
--- Hayden Sauvain	11	Boyer Valley	SCR
--- Kaleb Blake	09	Ankeny Chris	SCR
--- Dawson James	12	Lynnville-Su	SCR
--- Brendan Meaney	11	Janesville	SCR
--- Tyler Beitz	09	Maquoketa Va	SCR
--- Jace Starman	12	IKM-Manning	SCR
--- Mason Hoyt	11	Iowa Valley,	SCR
--- Cooper Backer	09	North Butler	SCR
--- Ryan Graves	10	North Cedar	SCR
--- Preston Salow	12	Maquoketa Va	SCR
--- Dash Bowlin	10	Martndsl-StM	SCR
--- Broden Zimmerman	10	Fremont-Mill	SCR
--- Alexander Munoz	12	Gehlen Cath,	SCR
--- Aidan Feddersen	10	Easton Valle	SCR
--- Aidan Hute	12	Easton Valle	SCR
--- Jordan Castor	10	Lenox	SCR
--- Damien Schneider	11	IKM-Manning	SCR
--- Leif Rogne	10	Lake Mills	SCR
--- Landry Johnson	10	Lamoni	SCR

## Boys 100 Meter Dash 2A

State Meet: 10.58 \* 2018 Tanner Iske

All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Prelims
1 Cauy Konz	12	Treynor	10.74q 0.5
2 Laken Caves	11	Alburnett	10.87q 0.5
3 Adam Kacmarynski	10	Pella Christ	10.91q-0.5
4 Landry Haberichter	12	W Burlington/ND	10.94q 0.1

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## Results

## Preliminaries ... (Boys 100 Meter Dash 2A)

Name	Yr	School	Prelims
5 Ryan Henry	10	Mid-Prairie,	11.03q-0.5
6 Edwin Gangba	12	Regina, IC	11.08q0.1
7 Kyle Grau	12	Spirit Lake	11.09q0.1
8 Cale Hall	12	Red Oak	11.15q0.5
9 Tristen Crabbs	12	Roland-Story	11.18 0.1
10 Keatyn Dirks	12	Treynor	11.21 0.1
11 Caleb DeTemmerman	12	Oelwein	11.21 0.5
12 Tate Hosch	11	Cascade	11.22 -0.5
13 Finnegan Donlan	11	Crestwood	11.23 -0.5
14 Kinnick Geers	12	W Marshall	11.33 0.5
15 Keaton Gates	11	West Branch	11.33 -0.5
16 Garrett Smith	10	Estherville-	11.35 -0.5
17 Carsen Coulter	12	KP-WC-RV	11.37 -0.5
18 Tate Doggett	12	Van Meter	11.40 0.1
19 Philip Swen	09	Regina, IC	11.41 -0.5
20 Casey Williamson	11	South Hardin	11.43 0.1
21 Domonic Garcia	12	Columbus, CJ	11.45 0.1
22 Kreighton Krager	11	Ridge View	11.47 0.5
23 Zack Stalder	11	Greene Count	11.48 0.5
--- Jackson Klith	09	Ogden	FS 0.5

## Boys 100 Meter Dash 2A

State Meet: 10.58 \* 2018 Tanner Iske  
 All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Finals
1 Landry Haberichter	12	W Burlington/ND	10.72 10
2 Cauy Konz	12	Treynor	10.74 8
3 Laken Caves	11	Alburnett	10.82 6
4 Adam Kacmarynski	10	Pella Christ	10.87 5
5 Kyle Grau	12	Spirit Lake	10.91 4
6 Cale Hall	12	Red Oak	11.01 3
7 Edwin Gangba	12	Regina, IC	11.10 2
8 Ryan Henry	10	Mid-Prairie,	11.13 1

## Boys 200 Meter Dash 2A

State Meet: 21.33 \* 5/21/2016 Isaiah Trousil  
 All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Prelims
1 Cauy Konz	12	Treynor	* 21.31q0.7
2 Laken Caves	11	Alburnett	21.65q2.5
3 Tate Hosch	11	Cascade	21.80q2.5
4 Cale Hall	12	Red Oak	21.98q0.1
5 Lamar Ceant	11	Columbus, CJ	22.02q0.1
6 Landry Haberichter	12	W Burlington/ND	22.03q0.7
7 Tristen Crabbs	12	Roland-Story	22.05q0.7
8 Edwin Gangba	12	Regina, IC	22.07q0.1
9 Kendrick Kos	10	Mid-Prairie,	22.13 0.7
10 Cohen Phillips	10	Clarinda	22.25 2.5
11 Gabe Buttry	10	Shenandoah	22.28 2.5
12 Finnegan Donlan	11	Crestwood	22.34 0.7

13 Caleb DeTemmerman	12	Oelwein	22.40 0.1
14 Jackson Klith	09	Ogden	22.46 2.5
15 Kayden Showers	12	Southeast Va	22.48 2.5
16 Thomas Ogden	11	Ia Falls-Ald	22.59 2.5
17 Casey Williamson	11	South Hardin	22.61 0.1
18 Ryan Henry	10	Mid-Prairie,	22.61 0.7
19 Drew Meyers	12	Treynor	22.69 0.1
20 Logan Jaeschke	11	Southeast Va	22.69 0.1
21 Gabriel Hegelheimer	10	Regina, IC	22.95 0.7
22 Owen Brouwer	12	Sheldon	22.96 0.1
23 Cruz Burroughs	10	Ia Falls-Ald	23.72 0.7
--- Garrett Smith	10	Estherville-	DQ 2.5

## Boys 200 Meter Dash 2A

State Meet: 21.33 \* 5/21/2016 Isaiah Trousil  
 All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Finals
1 Cauy Konz	12	Treynor	21.55 10
2 Laken Caves	11	Alburnett	21.69 8
3 Cale Hall	12	Red Oak	21.98 6
4 Landry Haberichter	12	W Burlington/ND	22.01 5
5 Tate Hosch	11	Cascade	22.02 4
6 Edwin Gangba	12	Regina, IC	22.08 3
7 Tristen Crabbs	12	Roland-Story	22.11 2
8 Lamar Ceant	11	Columbus, CJ	22.70 1

## Boys 400 Meter Dash 2A

State Meet: 47.43 \* 2000 Ryan Kedley  
 All-Time: 46.99 ! 5/17/2019 Darien Porter

Name	Yr	School	Finals
1 Brayden Davie	12	Grundy Cente	47.96 10
2 Garrett Smith	10	Estherville-	49.29 8
3 Coby DeRaad	12	PCM, Monroe	49.37 6
4 Caiden Bueckers	12	Alburnett	49.42 5
5 Laken Caves	11	Alburnett	49.83 4
6 Cole Judisch	10	Manson NW We	49.90 3
7 Jace Brinkman	10	Sumner-Fredr	50.22 2
8 Ryder O'Dowd	12	MO Valley	50.26 1
9 Azayvion Walker Baruth	09	Columbus Cat	50.54
10 Cole Graham	12	Shenandoah	50.56
11 Elijah Graves	12	Okobojo, Mil	50.62
12 Beau Buckingham	11	Albia	50.68
13 Holden Reynolds	11	Forest City	50.84
14 Caleb Bohlmann	12	Tipton	51.06
15 Nathan Schmidgall	12	Mediapolis	51.27
16 Owen Bell	11	Hudson	51.47
17 Micah Robins	11	Hinton	51.58
18 Kael Hutchinson	12	Albia	51.67
19 Jaxon Paulsrud	12	Cherokee, Wa	52.00
20 Cale Hall	12	Red Oak	52.06
21 Joey Koithan	12	MVAOCOUCO	52.06
22 Colton Wenzell	12	Union, LaPor	52.19
23 Evan Siegert	12	W Marshall	53.34

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## Results

## Finals ... (Boys 400 Meter Dash 2A)

Name	Yr	School	Finals
24 Carson Foreman	10	Unity Chrst,	54.18
--- Brendan Olney	12	Regina, IC	SCR
--- Riley Sealock	12	Underwood	SCR
--- Brennan Obbink	12	Unity Chrst,	SCR
--- Myles McIlrath	09	Roland-Story	SCR
--- Calvin Dohrmann	11	Wilton	SCR
--- Hudson Meixner	11	Pella Christ	SCR
--- Collin Dreith	12	Pocahon Area	SCR
--- Tatum Baethke	10	Pleasantvill	SCR
--- Wesley Strong	12	West Branch	SCR
--- Trennis Stevens	10	Southeast Va	SCR
--- Landon Morales-Foote	12	Underwood	SCR
--- Sam Underberg	12	W Lyon, Inwo	SCR
--- Landon Vote	10	Southeast Va	SCR
--- Sam Dzawo	11	W Burlington/ND	SCR
--- Gavin Brands	12	Western Chri	SCR
--- Viet Nguyen	11	South Hardin	SCR
--- Noah Garcia	12	Sioux Ctrl,	SCR
--- Asarel Castro	10	Eagle Grove	SCR
--- Krayton Rutledge	12	Emmetsburg	SCR
--- James Wingert	11	Dike-NH	SCR
--- Lincoln Wirth	09	Forest City	SCR
--- Lake Schrage	10	Grundy Cente	SCR
--- Matthew DeWitt	11	Estherville-	SCR
--- Mizaal Aburto	11	Beckman	SCR
--- Logan Edens	11	Camanche	SCR
--- Wyatt Modrell	09	Ridge View	SCR
--- Lando Garza	10	Columbus, CJ	SCR
--- Brogan Nibbelink	11	Crestwood	SCR
--- Austin Cain	10	Chariton	SCR
--- Landon Abbott	12	Ogden	SCR
--- Brayden Miller	11	Ogden	SCR
--- Evan Cowgill	12	MVAOCOUC	SCR
--- John Schaeffer	11	Osage	SCR
--- Corbin Deardorff	10	Panorama	SCR
--- Seger Brandau	09	Osage	SCR
--- Kale Murphy	11	I-35, Truro	SCR
--- Jaxon Andreassen	11	Jesup	SCR
--- Liam Rhymer	11	Hudson	SCR
--- Samuel Friessen	10	Mid-Prairie,	SCR
--- Tyce Wikner	09	MFL MarMac	SCR

## Boys 800 Meter Run 2A

State Meet: 1:51.17 \* 5/17/2008 Aaron Stockstell

All-Time: 1:49.41 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
1 Caiden Bueckers	12	Alburnett	1:51.86 10
55.042 (55.042)		1:51.853 (56.812)	
2 Jace Hungerford	11	Spirit Lake	1:52.37 8
54.931 (54.931)		1:52.364 (57.433)	
3 Hayden Gustafson	12	Alburnett	1:53.74 6
55.315 (55.315)		1:53.737 (58.422)	

4 Jesse Gomez	10	Denver	1:54.61 5
55.038 (55.038)		1:54.608 (59.570)	
5 Caden Knoblock	12	Denver	1:54.80 4
55.694 (55.694)		1:54.800 (59.106)	
6 Lucas Anderson	11	Chariton	1:54.92 3
55.423 (55.423)		1:54.913 (59.490)	
7 Brandon Leppert	12	Waukon	1:55.46 2
55.969 (55.969)		1:55.459 (59.491)	
8 Grant Gayther	11	Forest City	1:57.46 1
57.093 (57.093)		1:57.458 (1:00.365)	
9 Jack Christian	12	Sioux Ctrl,	1:57.65
56.938 (56.938)		1:57.646 (1:00.708)	
10 Griffin Stoltz	11	Pella Christ	1:58.03
59.074 (59.074)		1:58.026 (58.952)	
11 Emerson Vokes	12	Grundy Cente	1:58.18
58.439 (58.439)		1:58.178 (59.739)	
12 Reese Montgomery	11	Red Oak	1:58.33
57.198 (57.198)		1:58.327 (1:01.129)	
13 Will Nesbit	12	Jesup	1:59.02
59.882 (59.882)		1:59.016 (59.135)	
14 Jonathan Schuknecht	10	Garner-Hay/V	1:59.27
57.673 (57.673)		1:59.270 (1:01.597)	
15 Jackson Burrell	10	Anamosa	1:59.90
58.645 (58.645)		1:59.892 (1:01.247)	
16 Kash Fischer	11	PCM, Monroe	2:00.44
57.846 (57.846)		2:00.432 (1:02.586)	
17 Kelby Cahalan	12	Waukon	2:01.70
1:00.212 (1:00.212)		2:01.695 (1:01.483)	
18 Drew Wolterman	12	Greene Count	2:02.17
59.954 (59.954)		2:02.170 (1:02.216)	
19 Ayden Martinez	12	Louisa-Musc	2:02.26
59.362 (59.362)		2:02.256 (1:02.894)	
20 Caleb Bohlmann	12	Tipton	2:03.42
1:00.340 (1:00.340)		2:03.420 (1:03.080)	
21 Owen Nuss	11	Southeast Va	2:03.79
1:00.645 (1:00.645)		2:03.782 (1:03.137)	
22 Hayden Hietbrink	10	Red Oak	2:07.46
1:00.981 (1:00.981)		2:07.458 (1:06.478)	
23 James Foreman	12	Unity Chrst,	2:08.06
57.479 (57.479)		2:08.059 (1:10.580)	
24 Joey Koithan	12	MVAOCOUC	2:11.59
1:01.462 (1:01.462)		2:11.587 (1:10.126)	
--- Joe Shaver	12	PCM, Monroe	SCR
--- Corben Lucchesi	11	Roland-Story	SCR
--- Tyler Friedrichsen	12	Ridge View	SCR
--- Logan Gallaher	12	Pella Christ	SCR
--- Rowyn Knoblock	10	W Lyon, Inwo	SCR
--- Parker Miller	09	W Sioux Hwar	SCR
--- William Phinney	10	Unity Chrst,	SCR
--- James McKittrick	11	Wilton	SCR
--- Alex Younts	12	Woodward-Gra	SCR
--- Carson Smith	11	Western Chri	SCR
--- Landon Vote	10	Southeast Va	SCR
--- Nick Frangenberg	12	Spirit Lake	SCR
--- Conor O'Hara	11	Shenandoah	SCR



## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

--- Brenden Lahart 11 PCM, Monroe SCR

## Finals ... (Boys 1600 Meter Run 2A)

Name	Yr	School	Finals
--- Odin Hanson	12	Ridge View	SCR
--- Bryce Williams	12	Red Oak	SCR
--- Jesus Garcia	11	S Hamilton	SCR
--- Corben Lucchesi	11	Roland-Story	SCR
--- Calum Monroe	11	Unity Chrst,	SCR
--- Cole Barney	09	Van Meter	SCR
--- Cole Alff	10	Treynor	SCR
--- Matthew Oleson	09	W Burlington/ND	SCR
--- Isaac Jones	09	Woodward-Gra	SCR
--- Cavin Denney	09	W Burlington/ND	SCR
--- Mason Sells	09	Shenandoah	SCR
--- Lucos Wernimont	11	Sioux Ctrl,	SCR
--- Carter Buttry	11	Shenandoah	SCR
--- Carter Trautman	12	Spirit Lake	SCR
--- Lincoln Akins	12	Southeast Va	SCR
--- Victor Tovar	10	Columbus, CJ	SCR
--- Kevin Villa	09	Columbus, CJ	SCR
--- Elijah Strei	11	Columbus Cat	SCR
--- McKennen Lindaman	09	Dike-NH	SCR
--- Brayden Mosier	10	Durant	SCR
--- Caden Knoblock	12	Denver	SCR
--- Ledger DeMuth	11	Alta/Aurelia	SCR
--- Andrew Schlarmann	12	Beckman	SCR
--- Ben Wilson	11	Albia	SCR
--- Landon Meinerts	10	Cent Lyon	SCR
--- Clayton Scherbring	10	Cherokee, Wa	SCR
--- Carter Davis	11	Camanche	SCR
--- Gabriel Winkelmann	10	Nodaway Vall	SCR
--- Gabriel Bergman	10	OABCIG	SCR
--- Luke Kading	11	Nodaway Vall	SCR
--- Landon Dowd	12	Oelwein	SCR
--- Layen LaGue	12	Osage	SCR
--- Hunter Maier	12	OABCIG	SCR
--- Silas Gann	12	Forest City	SCR
--- William Seyler	11	Grand View C	SCR
--- Benjamin Cox	09	Emmetsburg	SCR
--- Andrew Herrin	09	Ia Falls-Ald	SCR
--- Aedan Althoff	12	Monticello	SCR
--- Leo Block	09	Grundy Cente	SCR

## Boys 3200 Meter Run 2A

State Meet: 9:11.33 \* 5/16/2019 Reece Smith

All-Time: 8:50.43 ! 5/22/2014 Thomas Pollard

Name	Yr	School	Finals
<b>Finals</b>			
1 Emerson Vokes	12	Grundy Cente	9:13.57 10
1:07.696 (1:07.696)	2:20.145 (1:12.449)	3:29.952 (1:09.808)	
4:39.560 (1:09.609)	5:48.342 (1:08.782)	6:58.125 (1:09.784)	
8:07.268 (1:09.144)	9:13.563 (1:06.295)		
2 Simon Wendel	12	Mediapolis	9:25.88 8
1:08.292 (1:08.292)	2:20.775 (1:12.483)	3:30.901 (1:10.126)	
4:40.526 (1:09.625)	5:50.252 (1:09.726)	7:04.133 (1:13.882)	
8:19.046 (1:14.914)	9:25.880 (1:06.834)		



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## Results

---	Cole Alff	10	Treynor	SCR
---	Hayden Benton	10	Jesup	SCR
---	Scout Wooldrik	09	Denver	SCR
---	Easton Teal	11	HM-Sanborn	SCR
---	Hayden Krieger	09	Kuemper Cath	SCR
---	Avery Kelley	11	Louisa-Musc	SCR
---	Devin Metcalf	12	KP-WC-RV	SCR
---	Ethan Bertram	12	Forest City	SCR
---	Noah Ryon	09	Grand View C	SCR
---	Liam Weissenfluh	09	Forest City	SCR
---	Landon Sporrer	12	East Sac Cou	SCR
---	Leo Block	09	Grundy Cente	SCR
---	Nicholas Messersmith	11	Osage	SCR
---	Owen Osterhaus	10	PCM, Monroe	SCR
---	Sam Low	11	Okobojo, Mil	SCR
---	Kade Tabbert	10	Central Sprn	SCR
---	Orion St Clair	09	Central Lee	SCR
---	Dean De Ronde	10	Pella Christ	SCR
---	Gage Moss	11	Davis County	SCR
---	Alan Miranda	10	Columbus, CJ	SCR
---	Mitchell Doepke	12	Denver	SCR
---	Garrison Hickey	12	Clarinda	SCR
---	Braden Manson	11	New Hampton	SCR

## Boys 110 Meter Hurdles 2A

State Meet: 13.81 \* 2022 Jack Latham  
All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Prelims
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## Preliminaries

1	Aiden Youngblut	11	Jesup	14.79q 0.5
2	Lamar Ceant	11	Columbus, CJ	14.81q -1.6
3	Pete Lebo	12	Grundy Cente	14.86q 0.5
4	Alexander Rees	12	Columbus, CJ	14.94q -3.3
5	Jerron Heller	11	Okobojo, Mil	14.94q -3.3
6	Jackson Joerger	11	Denver	15.07q -3.3
7	Jayden Strum	12	Roland-Story	15.08q -1.6
8	Tynan Schipper	11	Cent Lyon	15.11q 0.5
9	Colin Johnson	12	Southeast Va	15.14 -3.3
10	Sevryn Dodd	12	Osage	15.15 0.5
11	Owen Mills	12	Sioux Ctrl,	15.28 0.5
12	Kayden Rice	10	Centerville	15.31 -1.6
13	Parker Kisley	12	Osage	15.32 -1.6
14	Logan Coffee	12	Hinton	15.41 0.5
15	Emmit Rickels	11	Monticello	15.57 -3.3
16	Rylan Maxwell	12	Cent Lyon	15.61 -1.6
17	Carson Humphrey	11	Mid-Prairie,	15.63 -3.3
18	Brock Casey	11	Treynor	15.67 -1.6
19	Luke Christensen	12	Treynor	15.76 -3.3
20	Emmett Holohan	11	Eddyvl-Blake	16.12 0.5
21	Tyce Jenness	12	Emmetsburg	16.35 -3.3
22	Kolton Ollinger	11	Southeast Va	16.61 -1.6
23	Nolan Staker	12	West Branch	16.65 -1.6
24	Gabe Schuessler	10	Regina, IC	20.31 0.5

## Boys 110 Meter Hurdles 2A

State Meet: 13.81 \* 2022 Jack Latham  
All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Finals
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## Finals

1	Lamar Ceant	11	Columbus, CJ	14.19	10
2	Alexander Rees	12	Columbus, CJ	14.36	8
3	Jerron Heller	11	Okobojo, Mil	14.51	6
4	Jackson Joerger	11	Denver	14.60	5
5	Jayden Strum	12	Roland-Story	14.67	4
6	Pete Lebo	12	Grundy Cente	14.75	3
7	Tynan Schipper	11	Cent Lyon	14.78	2
8	Aiden Youngblut	11	Jesup	14.91	1

## Boys 400 Meter Hurdles 2A

State Meet: 51.62 \* 1995 Brent MacLagen  
All-Time: 50.96 ! 1996 Dustin Avey

Name	Yr	School	Finals
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## Finals

1	Colin Johnson	12	Southeast Va	52.71	10
2	Tayden Hull	11	Underwood	52.94	8
3	Jerron Heller	11	Okobojo, Mil	53.07	6
4	Judd Jirovsky	12	Grundy Cente	54.11	5
5	Mark Fraise	12	Davis County	54.58	4
6	Owen Pruisner	10	Aplntn-Parks	54.68	3
7	Holden Reynolds	11	Forest City	54.71	2
8	Logan Ossman	12	Alburnett	55.12	1
9	Alex Burger	11	Southeast Va	56.03	
10	Sam Benson	12	South Hardin	56.10	
11	Holt Hinkel	10	Regina, IC	56.23	
12	Ty Stout	10	West Branch	56.29	
13	Oscar Cline	11	Louisa-Musc	56.78	
14	Syler Shaffer	12	Panorama	56.80	
15	Ryder O'Dowd	12	MO Valley	56.97	
16	Carson Laures	10	New Hampton	57.02	
17	Nolan Staker	12	West Branch	57.11	
18	Thatcher Oswald	12	Manson NW We	57.27	
19	Jackson Schoville	12	Denver	57.32	
20	Logan Hamma	12	W Burlington/ND	57.36	
21	Cole Bomgaars	11	Boy-Hul/Rock	57.53	
22	Owen Mills	12	Sioux Ctrl,	58.23	
23	AJ Harder	11	Tri-Center	1:01.69	
---	Elijah Graves	12	Okobojo, Mil	DQ	
---	Ryan Eakins	09	Cardinal, El	SCR	
---	Elias Myers	11	South Hardin	SCR	
---	Vinny Sebastian	12	Woodward-Gra	SCR	
---	Conor Keech	09	Regina, IC	SCR	
---	Tyler Dutler	10	Ridge View	SCR	
---	Briggs Bosch	09	Cent Lyon	SCR	
---	Jayden Strum	12	Roland-Story	SCR	
---	Brady Long	10	Roland-Story	SCR	
---	Blake Becker	10	Van Meter	SCR	
---	Braxton Van Houten	11	W Lyon, Inwo	SCR	
---	Stratton Luke	11	Union, LaPor	SCR	

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---	Hunter Frey	11	Alburnett	SCR
---	Sam Stock	12	Waukon	SCR
---	Alec Lovely	12	Treynor	SCR
---	Nolan Schultz	09	Woodward-Gra	SCR
---	Luke Jacobson	11	ApIntn-Parks	SCR
---	Maddox Mechaelsen	10	Underwood	SCR
---	Colton Simmons	11	Anamosa	SCR
---	Christian Gross	12	Clarinda	SCR
---	Lukas DeAnda	10	Clarinda	SCR
---	Blaize Ahrens	10	Estherville-	SCR
---	Drake Susie	11	KP-WC-RV	SCR
---	Ty Schlichting	11	Cherokee, Wa	SCR
---	Caleb Keifer	11	Jesup	SCR
---	Tyson Kaalberg	12	Columbus, CJ	SCR
---	Jack Cooper	10	Denver	SCR
---	Keaton Vobr	11	Crestwood	SCR
---	Gavin Spaur	12	Eddyvl-Blake	SCR
---	Xander Hemer	12	East Sac Cou	SCR
---	Noah Dalager	12	Osage	SCR
---	Ethan Martzahn	09	Osage	SCR
---	Sloan Phillips	10	Centerville	SCR
---	Bryson Karr	10	PCM, Monroe	SCR
---	Hudson Ritzert	10	Pella Christ	SCR
---	Levin Lopez	10	Cent Lyon	SCR
---	Gannon Gunn	12	Mediapolis	SCR
---	Morgan Northup	09	Mid-Prairie,	SCR
---	Clayton Johnson	10	Manson NW We	SCR
---	Bryce McDonald	10	Monticello	SCR
---	Austin Fogarty	11	Central Lee	SCR

**Boys 4x100 Meter Relay 2A**State Meet: **42.09** \* 5/24/2025 **Treynor****J Sornson, C Konz, D Meyers, B Wallace**All-Time: **41.18** ! 5/24/2025 **Ankeny Centennial****Ross, McGhee, Reed, Jackson**

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Treynor	1 42.29q
	1) Drew Meyers 12	2) Riley Lauver 11
	3) Keatyn Dirks 12	4) Cauy Konz 12
2	Crestwood	1 42.40q
	1) Finnegan Donlan 11	2) Alex Loden 11
	3) Ben Isaacson 12	4) Nate Mahr 11
3	Spirit Lake	1 42.89q
	1) Brayden Sullivan 10	2) Lucas Bolluyt 12
	3) Kyler Hagedorn 12	4) Kyle Grau 12
4	Clarinda	1 42.96q
	1) Nolan Wagoner 10	2) Cohen Phillips 10
	3) Cooper Baumgart 10	4) Kayden Hawley 11
5	Regina, IC	1 43.01q
	1) Philip Swen 09	2) Gabriel Hegelheimer 10
	3) Gabe Schuessler 10	4) Edwin Gangba 12

**Preliminaries ... (Boys 4x100 Meter Relay 2A)**

Team	Relay	Prelims
6	Pella Christian	1 43.11q
	1) Landon Nunnikhoven 12	2) Brecken Ritzert 12
	3) Ezra Ochser 12	4) Adam Kacmarynski 10
7	Roland-Story	1 43.37q
	1) Brody Kilstofte 10	2) Cooper Triggs 11
	3) Cody Long 12	4) Tristen Crabbs 12
8	Columbus, CJ	1 43.44q
	1) Tyson Corneille 11	2) Alexander Rees 12
	3) Domonic Garcia 12	4) Lamar Ceant 11
9	Jesup	43.57
	1) Tyce Larson 12	2) Abe Sullivan 11
	3) Aiden Youngblut 11	4) Drew Munson 12
10	Mid-Prairie, W	1 43.59
	1) Oliver Miller 09	2) Kendrick Kos 10
	3) Nolan Jergens 11	4) Ryan Henry 10
11	Okoboji, Milford	1 43.59
	1) Nick Stein 12	2) Rhyker Wright 10
	3) Carson Storey 12	4) Avery Simington 12
12	Cent Lyon	1 43.65
	1) Egan Pedersen 11	2) Elijah Kruse 11
	3) Tynan Schipper 11	4) Michelet Sedam 11
13	KP-WC-RV	1 43.69
	1) Jayden Lloyd 11	2) Sam Doeschot 10
	3) Darius Rasmussen 10	4) Carsen Coulter 12
14	Hudson	43.73
	1) Hunter Coulson 10	2) Drake Griffin 11
	3) Jackson Nesteby 11	4) Owen Bell 11
15	Dike-NH	43.81
	1) Jacob Burch 12	2) Quinn Mills 11
	3) Aiden Walston 11	4) Aiden Meester 10
16	Beckman	1 43.84
	1) Jack Wessels 11	2) Jude Kramer 10
	3) Noah Kluesner 10	4) Steffen Goerd 11
17	West Branch	1 43.90
	1) Jayden Harris 12	2) Keaton Gates 11
	3) Garrison Gross 09	4) Griffin Seydel 12
18	Southeast Valley	1 44.03
	1) Casey Hanson 11	2) Logan Jaeschke 11
	3) Bryce Harrison 11	4) Kayden Showers 12
19	Shenandoah	1 44.12
	1) Gabe Buttry 10	2) Cole Graham 12
	3) Joe O'Rourke 11	4) Harley Wiley 11
20	Garner-Hay/Vent	44.16
	1) Chance Derr 09	2) Ryan Englin 11
	3) Preston Davison 10	4) Demascus Ealey JR 10
21	Greene County	1 44.22
	1) Jaron Jacobs 11	2) Lincoln Schwander 11
	3) Aden Bardole 12	4) Zack Stalder 11
22	Underwood	1 44.43
	1) August Stange 10	2) Charlie Myers 11
	3) Jackson Hughes 10	4) River Allen 09

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa  
Drake Stadium  
Results

23	W Lyon, Inwood	1	44.49
	1) Dawson Klarenbeek 11	2) Tyler Kenyon 11	
	3) Evan Hildring 12	4) River Kramer 10	
---	Mediapolis	1	DQ
	1) Will Luttenegger 12	2) Brock Spears 11	
	3) Kyler Crow 12	4) Henry Luttenegger 11	

**Boys 4x100 Meter Relay 2A**

State Meet: 42.09 \* 5/24/2025 Treynor

J Sornson, C Konz, D Meyers, B Wallace

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

	Team	Relay	Finals
<b>Finals</b>			
1	Treynor	1	42.06* 10
	1) Drew Meyers 12	2) Riley Lauver 11	
	3) Keatyn Dirks 12	4) Cauy Konz 12	
2	Crestwood	1	42.54 8
	1) Finnegan Donlan 11	2) Alex Loden 11	
	3) Ben Isaacson 12	4) Nate Mahr 11	
3	Spirit Lake	1	42.69 6
	1) Brayden Sullivan 10	2) Lucas Bolluyt 12	
	3) Kyler Hagedorn 12	4) Kyle Grau 12	
4	Columbus, CJ	1	43.20 5
	1) Tyson Corneille 11	2) Alexander Rees 12	
	3) Domic Garcia 12	4) Lamar Ceant 11	
5	Roland-Story	1	43.37 4
	1) Brody Kilstofte 10	2) Cooper Triggs 11	
	3) Cody Long 12	4) Tristen Crabbs 12	
6	Clarinda	1	43.41 3
	1) Nolan Wagoner 10	2) Cohen Phillips 10	
	3) Cooper Baumgart 10	4) Kayden Hawley 11	
7	Pella Christian	1	43.53 2
	1) Landon Nunnikhoven 12	2) Brecken Ritzert 12	
	3) Ezra Ochsner 12	4) Adam Kacmarynski 10	
8	Regina, IC	1	43.77 1
	1) Philip Swen 09	2) Gabriel Hegelheimer 10	
	3) Gabe Schuessler 10	4) Edwin Gangba 12	

**Boys 4x200 Meter Relay 2A**

State Meet: 1:27.14 \* 5/20/2016 W Burlington/ND

X Williams, J Smith, S Ferguson, I Trousil

All-Time: 1:25.55 ! 5/17/2024 ADM

Flora, Rychnovsky, Lohmann, Doll

	Team	Relay	Finals
<b>Finals</b>			
1	West Branch	1	1:28.67 10
	1) Julian Weckmann 12	2) Lincoln Naber 12	
	3) Keaton Gates 11	4) Brandon Pedersen 12	
2	Okoboji, Milford	1	1:28.99 8
	1) Nick Stein 12	2) Jerron Heller 11	
	3) Elijah Graves 12	4) Rhyker Wright 10	
3	Regina, IC	1	1:29.25 6
	1) Philip Swen 09	2) Gabriel Hegelheimer 10	
	3) Hudson Koch 12	4) Edwin Gangba 12	

**Finals ... (Boys 4x200 Meter Relay 2A)**

	Team	Relay	Finals
4	Crestwood	1	1:29.33 5
	1) Finnegan Donlan 11	2) Alex Loden 11	
	3) Luke Drtina 12	4) Nate Mahr 11	
5	Clarinda	1	1:29.41 4
	1) Nolan Wagoner 10	2) Cooper Baumgart 10	
	3) Kayden Hawley 11	4) Cohen Phillips 10	
6	Aplntn-Parksbg		1:29.61 3
	1) Maddox Kruger 12	2) Owen Pruisner 10	
	3) Sully Janssen 12	4) Mason Pruisner 10	
7	Mid-Prairie, W	1	1:29.63 2
	1) Nolan Jergens 11	2) Kendrick Kos 10	
	3) Oliver Miller 09	4) Ryan Henry 10	
8	W Lyon, Inwood	1	1:30.58 1
	1) Easton DeJong 11	2) River Kramer 10	
	3) Evan Hildring 12	4) Mason McCarty 11	
9	Pella Christian	1	1:30.61
	1) Adam Kacmarynski 10	2) Ezra Ochsner 12	
	3) Brecken Ritzert 12	4) Landon Nunnikhoven 12	
10	Treynor	1	1:30.63
	1) Keatyn Dirks 12	2) Kratyn Dirks 10	
	3) Riley Lauver 11	4) Drew Meyers 12	
11	Roland-Story	1	1:30.94
	1) Brody Kilstofte 10	2) Luke Thoreson 11	
	3) Cooper Triggs 11	4) Tristen Crabbs 12	
12	Dike-NH		1:30.96
	1) Jacob Burch 12	2) Gabe Metz 09	
	3) Aiden Walston 11	4) Aiden Meester 10	
13	Cascade		1:31.01
	1) Tanner Topping 11	2) Tate Hosch 11	
	3) Spencer Casey 11	4) Jake Hosch 12	
14	Shenandoah	1	1:31.13
	1) Gabe Buttry 10	2) Tyler Babe 12	
	3) Cole Graham 12	4) Harley Wiley 11	
15	Garner-Hay/Vent		1:31.13
	1) Chance Derr 09	2) Ryan Englin 11	
	3) Preston Davison 10	4) Demascus Ealey JR 10	
16	Beckman	1	1:31.64
	1) Jack Wessels 11	2) Jude Kramer 10	
	3) Noah Kluesner 10	4) Steffen Goerdt 11	
17	PCM, Monroe	1	1:32.40
	1) Wyatt Heater 11	2) Dane Fraker 09	
	3) Ivan Shannon 11	4) Joey Ferneling 11	
18	KP-WC-RV	1	1:32.50
	1) John Leekley 11	2) Darius Rasmussen 10	
	3) Sam Doeschot 10	4) Carsen Coulter 12	
19	Ridge View	1	1:32.56
	1) Kreighton Krager 11	2) Lane Wandrey 10	
	3) Tyler Dutler 10	4) Derek Heilman 10	
20	Union, LaPorte C		1:32.77
	1) Garrett Kaalberg 11	2) Kolton O'Connor 12	
	3) Mays Weber 12	4) Luke Winkelpleck 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

21	Ia Falls-Alden	1	1:32.85
	1) Thomas Ogden 11	2) Nikko Damiano 10	
	3) Cruz Burroughs 10	4) Jack Duit 11	
22	Mediapolis	1	1:33.03
	1) Kael Wischmeier 11	2) Lathan Keller 11	
	3) Truett Larson 09	4) Brock Spears 11	
23	W Burlington/ND	1	1:33.76
	1) Maddox Diewold 11	2) Logan Hamma 12	
	3) Eli Oleson 12	4) Sam Dzawo 11	
---	Cent Lyon	1	DQ
	1) Egan Pedersen 11	2) Jephthe Raymond 11	
	3) Elijah Kruse 11	4) Michelet Sedam 11	
---	Sioux Ctrl, SR	1	SCR
	1) Camden Van Schepen 10	2) Aiden Stemke 10	
	3) Joseph Wilson 10	4) Kase Glover 10	
---	South Hardin	1	SCR
	1) Regan Eide 10	2) Cash Guiles 09	
	3) Joshua Spindler 10	4) Peyton Welch 12	
---	Central Lee	1	SCR
	1) Odin Mullins 11	2) Micah Ashmore 10	
	3) Ward Fraise 12	4) Evan Fogarty 11	
---	Camanche	1	SCR
	1) Easton Steffes 11	2) Carson Goldensof 11	
	3) Bentley Goldensof 10	4) Jenson Mielk 11	
---	Southeast Valley	1	SCR
	1) Riley Fawcett 11	2) Keelan Wellman 10	
	3) Ethan Martin 09	4) Leo Ramirez 10	
---	Red Oak	1	SCR
	1) Hudson Fisher 10	2) Masen Fisher 12	
	3) Jackson Perdue 11	4) Sergio Villanueva 11	
---	Pocahon Area	1	SCR
	1) Coen Hammen 11	2) Xander Small 10	
	3) Adam Marsh 10	4) Aden Wirtz 11	
---	Cardinal, Eldon	1	SCR
	1) Bradley Robinson 12	2) Paiden Rupe 12	
	3) Bode Ferrell 10	4) Greyson Johnson 10	
---	Centerville	1	SCR
	1) Byron Hendricks 10	2) Klayton Lawson 12	
	3) Sloan Phillips 10	4) Abram Decena 10	
---	W Marshall	1	SCR
	1) Adam Greene 10	2) Turner DeRossett 09	
	3) Calvin Streeter 10	4) Kinnick Geers 12	
---	Waukon	1	SCR
	1) Tristyn Crawford 11	2) Kreation Lonning 11	
	3) Tytan Weymiller 09	4) Talin Hemann 10	
---	Anamosa	1	SCR
	1) Parker Lasack 11	2) Nelson Huerta-Vazquez 10	
	3) Asa Bentley 11	4) Reilly Shaw 11	
---	Western Christ	1	SCR
	1) Ryker Kooima 09	2) Tayden Moret 10	
	3) Jackson Gulker 12	4) Gavin Brands 12	
---	Albia	1	SCR
	1) Nolan Anderson 10	2) Cale Votrobeck 09	
	3) Davi Hallack 11	4) Eli Hilton 12	

## Finals ... (Boys 4x200 Meter Relay 2A)

Team	Relay	Finals
---	Underwood	1 SCR
	1) August Stange 10	2) Jackson Hughes 10
	3) River Allen 09	4) Charlie Myers 11
---	Boy-Hul/Rock Val	1 SCR
	1) Cole Bomgaars 11	2) Kayden Pickner 11
	3) Kyler Van Schepen 10	4) Layton Snuttjer 11
---	Tri-Center	1 SCR
	1) Ethan Voge 09	2) Gideon Bell 09
	3) Carter Gittins 12	4) Nicholas Dahir 12
---	Van Meter	1 SCR
	1) Miles Buse 09	2) Levi Lukan 10
	3) Christian Williams 10	4) Keenan Lundy 09
---	Unity Chrst, OC	1 SCR
	1) Zekiel Junius 11	2) Kaleb Obbink 11
	3) Jordan Reinke 10	4) Joshua Mouw 11
---	Greene County	1 SCR
	1) Jaron Jacobs 11	2) Lincoln Schwander 11
	3) Aden Bardole 12	4) Zack Stalder 11
---	Grundy Center	1 SCR
	1) Charlie Rinard 12	2) Rilon Nelson 09
	3) Cooper Keller 10	4) Lewis Sager 09
---	Denver	1 SCR
	1) Josh Rabenhorst 12	2) Jackson Schoville 12
	3) Remmington Jacque 11	4) Tarek Knoblock 10
---	HM-Sanborn	1 SCR
	1) James Carlin 10	2) Nathan Stofferan 12
	3) Isaac Schierholz 12	4) Caleb Grotluschen 12
---	Davis County, B	1 SCR
	1) Hank Bulechek 12	2) Brekk Nelson 12
	3) Laytin Tosh 11	4) James Drummond 12
---	Hinton	1 SCR
	1) Jackson Kounkel 12	2) Will Hagestrom 12
	3) Stone Hall 09	4) Noah Wirth 11
---	Eagle Grove	1 SCR
	1) Anthony Vasquez 11	2) Carter Nielsen 11
	3) Keegan Eisentrager 09	4) Leelan Spencer 12
---	Eddyvl-Blakes/F	1 SCR
	1) Corbin Kirkpatrick 11	2) Logan Gardner 10
	3) Ryker Keeton 09	4) Landon Newell 10
---	Durant	1 SCR
	1) Brady Mizer 10	2) Colby Gast 12
	3) Reid Hollenback 12	4) Owen DeLong 10
---	Forest City	1 SCR
	1) Luke Raulie 12	2) Ezra Thompson 11
	3) Dirk Zeman 11	4) Maximus Dewhurst 12
---	Estherville-LC	1 SCR
	1) Reilly Dickson 12	2) Wyatt Martin 11
	3) Angel Ponce Diaz 09	4) Layton Yager 12
---	New Hampton	1 SCR
	1) Dylan Maloy 11	2) Edgar Rodriguez 12
	3) Dakota Martzahn 11	4) Austyn Kleppe 10

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

---	Oelwein	1	SCR
	1) Anders Goeller 11	2) Landen Whitaker 12	
	3) Ashton Hall 10	4) Landen Woodson 10	
---	MVAOCO	1	SCR
	1) Jake Scott 10	2) Bronx Siebersma 09	
	3) Tanner Dixon 12	4) Manny Cameron 12	
---	Osage	1	SCR
	1) Tate Tabbert 11	2) Trystin Huisman 11	
	3) Landon Huisman 10	4) Quinn Street 12	
---	Central Sprngs		SCR
	1) Jaxson Koekler 10	2) Braydin Crum 12	
	3) Cohen Meyer 11	4) Jamison Rothmeyer 10	
---	Columbus, CJ	1	SCR
	1) Gray Spilman 12	2) Dakota Aney 12	
	3) Lando Garza 10	4) Mario Perez 10	
---	Kuemper Cath	1	SCR
	1) Jarin Hoffman 11	2) Zach Nepper 11	
	3) Gavin Kanne 10	4) Taylen Alford 10	
---	Jesup		SCR
	1) Jacob Gonzalez-Silva 12	2) Parker Masteller 11	
	3) Drew Munson 12	4) Justin Berg 09	
---	Cherokee, Wash	1	SCR
	1) Tyson Fuller 10	2) Mallon Malausky 11	
	3) Travis Carson 11	4) Linkin Benson 10	
---	Manson NW Web	1	SCR
	1) Clayton Johnson 10	2) Brody Bush 09	
	3) Tegan Thoma 11	4) Mason Prince 10	

## Boys 4x400 Meter Relay 2A

State Meet: 3:16.35 \* 5/18/2024 S Hamilton

T Koehn, R Ricke, N Severseike, K Hodnefield

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Alburnett	3:21.59q
	1) Caiden Bueckers 12	2) Logan Ossman 12
	3) Hayden Gustafson 12	4) Laken Caves 11
	1:40.993 (1:40.993)	2:31.840 (50.848)
2	Mediapolis	3:21.69q
	1) Nathan Schmidgall 12	2) Will Luttenegger 12
	3) Kyler Crow 12	4) Henry Luttenegger 11
	1:42.712 (1:42.712)	2:32.127 (49.416)
3	Denver	3:22.00q
	1) Jackson Schoville 12	2) Jackson Joerger 11
	3) Caden Knoblock 12	4) Jesse Gomez 10
	1:42.261 (1:42.261)	2:32.486 (50.225)
4	Aplntn-Parksbg	3:22.16q
	1) Maddox Kruger 12	2) Trevan Thomas 12
	3) Sully Janssen 12	4) Owen Pruisner 10
	1:41.504 (1:41.504)	2:32.424 (50.921)

## Preliminaries ... (Boys 4x400 Meter Relay 2A)

Team	Relay	Prelims
5	Davis County, B	3:22.91q
	1) Hank Bulechek 12	2) James Drummond 12
	3) Cason Young 12	4) Mark Fraise 12
	1:42.537 (1:42.537)	2:33.723 (51.186)
6	Underwood	3:24.29q
	1) Jack Limpp 12	2) Jackson Hughes 10
	3) Quentin Hultquist 10	4) Tayden Hull 11
	1:42.769 (1:42.769)	2:34.489 (51.720)
7	Unity Chrst, OC	3:25.67q
	1) Josiah Wynia 10	2) Carson Foreman 10
	3) Cade Wynia 11	4) James Foreman 12
	1:45.144 (1:45.144)	2:35.498 (50.355)
8	PCM, Monroe	3:26.48q
	1) Dane Fraker 09	2) Kash Fischer 11
	3) Joey Ferneding 11	4) Coby DeRaad 12
	1:44.526 (1:44.526)	2:37.020 (52.495)
9	Beckman	3:26.65
	1) Jude Kramer 10	2) Danny Dudzik 12
	3) Noah Kluesner 10	4) Steffen Goerd 11
	1:44.724 (1:44.724)	2:37.748 (53.024)
10	West Branch	3:27.35
	1) Julian Weckmann 12	2) Lincoln Naber 12
	3) Nolan Staker 12	4) Logan Christoffel 12
	1:42.449 (1:42.449)	2:35.410 (52.962)
11	Southeast Valley	3:27.53
	1) Kolton Ollinger 11	2) Alex Burger 11
	3) Keelan Wellman 10	4) Logan Jaeschke 11
	1:44.199 (1:44.199)	2:36.750 (52.552)
12	Jesup	3:27.59
	1) Abe Sullivan 11	2) Tyce Larson 12
	3) Cade Munson 10	4) Kaden Lange 12
	1:43.871 (1:43.871)	2:36.694 (52.823)
13	Tipton	3:27.83
	1) Gavin Sorgenfrey 12	2) Mason Kline 10
	3) Noah Johnson 11	4) Caleb Bohlmann 12
	1:44.084 (1:44.084)	2:37.047 (52.963)
14	Clarinda	3:28.59
	1) Kayden Hawley 11	2) Cooper Baumgart 10
	3) Isaiah Stogdill 11	4) Nolan Wagoner 10
	1:45.153 (1:45.153)	2:37.779 (52.627)
15	Forest City	3:29.10
	1) Grant Gayther 11	2) Ty Sopko 12
	3) Colin Thompson 11	4) Holden Reynolds 11
	1:45.243 (1:45.243)	2:38.921 (53.678)
16	Monticello	3:29.77
	1) Isaac Kray 11	2) Conley Schauf 12
	3) Alex Jamison 12	4) Grant Gassman 12
	1:44.441 (1:44.441)	2:38.112 (53.672)
17	Dike-NH	3:31.56
	1) John Moorman 09	2) Gabe Metz 09
	3) Reed Kucera 10	4) Aiden Meester 10
	1:45.393 (1:45.393)	2:39.354 (53.962)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

18	MVAOCO	1	3:32.10
	1) Manny Cameron 12	2) Tanner Dixon 12	
	3) Jake Scott 10	4) Joey Koithan 12	
	1:47.587 (1:47.587)	2:40.634 (53.047)	3:32.091 (51.458)
19	Anamosa		3:32.57
	1) Parker Lasack 11	2) Jackson Burrell 10	
	3) Nelson Huerta-Vazquez 10	4) Asa Bentley 11	
	1:45.545 (1:45.545)	2:39.155 (53.610)	3:32.569 (53.415)
20	Hinton	1	3:33.16
	1) Jackson Kounkel 12	2) Caleb Bower 12	
	3) Logan Coffee 12	4) Micah Robins 11	
	1:46.846 (1:46.846)	2:39.334 (52.488)	3:33.154 (53.820)
21	Greene County	1	3:34.24
	1) Jaron Jacobs 11	2) Lincoln Schwander 11	
	3) Aden Bardole 12	4) Drew Wolterman 12	
	1:48.473 (1:48.473)	2:42.705 (54.232)	3:34.231 (51.526)
---	W Lyon, Inwood	1	DQ
	1) Easton DeJong 11	2) Sam Underberg 12	
	3) Beckett Driesen 10	4) Mason McCarty 11	
	1:45.681 (1:45.681)	2:37.871 (52.190)	3:28.778 (50.908)
---	Union, LaPorte C		DQ
	1) Colton Wenzell 12	2) Luke Winkelpleck 12	
	3) Sawyer Spence 12	4) Cameron Mullen 12	
	1:43.382 (1:43.382)	2:35.066 (51.684)	3:27.096 (52.030)
---	Grundy Center	1	DQ
	1) Brayden Davie 12	2) Lake Schrage 10	
	3) Pete Lebo 12	4) Judd Jirovsky 12	
	1:42.143 (1:42.143)	2:33.420 (51.277)	3:21.184 (47.765)

## Boys 4x400 Meter Relay 2A

State Meet: 3:16.35 \* 5/18/2024 S Hamilton

T Koehn, R Ricke, N Severseike, K Hodnefield

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

	Team	Relay	Finals
<b>Finals</b>			
1	Alburnett		3:19.66 10
	1) Caiden Bueckers 12	2) Logan Ossman 12	
	3) Hayden Gustafson 12	4) Laken Caves 11	
	1:40.373 (1:40.373)	2:31.108 (50.736)	3:19.659 (48.551)
2	Aplntn-Parksbg		3:22.03 8
	1) Maddox Kruger 12	2) Trevan Thomas 12	
	3) Sully Janssen 12	4) Owen Pruisner 10	
	1:42.111 (1:42.111)	2:32.530 (50.419)	3:22.028 (49.498)
3	Davis County, B	1	3:22.24 6
	1) Hank Bulechek 12	2) James Drummond 12	
	3) Camron Hubbart 12	4) Mark Fraise 12	
	1:41.643 (1:41.643)	2:33.153 (51.510)	3:22.232 (49.079)
4	Mediapolis	1	3:22.63 5
	1) Nathan Schmidgall 12	2) Will Luttenegger 12	
	3) Kyler Crow 12	4) Henry Luttenegger 11	
	1:42.890 (1:42.890)	2:33.206 (50.317)	3:22.627 (49.421)

## Finals ... (Boys 4x400 Meter Relay 2A)

	Team	Relay	Finals
5	Denver	1	3:22.75 4
	1) Jackson Schoville 12	2) Jackson Joerger 11	
	3) Caden Knoblock 12	4) Jesse Gomez 10	
	1:43.230 (1:43.230)	2:33.446 (50.217)	3:22.743 (49.297)
6	Unity Chrst, OC	1	3:23.43 3
	1) Josiah Wynia 10	2) Carson Foreman 10	
	3) Cade Wynia 11	4) James Foreman 12	
	1:44.092 (1:44.092)	2:34.237 (50.146)	3:23.428 (49.192)
7	Underwood	1	3:24.16 2
	1) Jack Limpp 12	2) Jackson Hughes 10	
	3) Quentin Hultquist 10	4) Tayden Hull 11	
	1:42.408 (1:42.408)	2:34.642 (52.235)	3:24.158 (49.517)
8	PCM, Monroe	1	3:31.26 1
	1) Dane Fraker 09	2) Kash Fischer 11	
	3) Joey Ferneding 11	4) Coby DeRaad 12	
	1:46.261 (1:46.261)	2:38.462 (52.202)	3:31.257 (52.795)

## Boys 4x800 Meter Relay 2A

State Meet: 7:49.87 \* 5/16/2024 Okoboji, Milford

T Heimdal, A Jostand, D Sandven, E Osler

All-Time: 7:36.69 ! 2023 Iowa City, City

A Smith, A Noreldaim, F Washburn, T Thompson

	Team	Relay	Finals
<b>Finals</b>			
1	Alburnett		7:48.83* 10
	1) Caiden Bueckers 12	2) Logan Ossman 12	
	3) Ben Bemer 12	4) Hayden Gustafson 12	
	55.825 (55.825)	1:54.246 (58.421)	2:51.933 (57.687)
	3:54.003 (1:02.071)	4:48.229 (54.226)	5:54.619 (1:06.390)
	6:46.995 (52.377)	7:48.829 (1:01.834)	
2	Denver	1	7:49.59* 8
	1) Myles Matthias 12	2) Ethan Doty 12	
	3) Jesse Gomez 10	4) Caden Knoblock 12	
	56.222 (56.222)	1:57.492 (1:01.270)	2:53.875 (56.383)
	4:00.164 (1:06.289)	4:52.829 (52.665)	5:55.410 (1:02.581)
	6:47.943 (52.533)	7:49.586 (1:01.643)	
3	Unity Chrst, OC	1	7:57.96 6
	1) Cade Wynia 11	2) Carson Foreman 10	
	3) Elijah Schreurs 11	4) James Foreman 12	
	57.519 (57.519)	1:58.204 (1:00.686)	2:54.140 (55.936)
	3:56.958 (1:02.818)	4:53.612 (56.655)	5:58.715 (1:05.103)
	6:55.236 (56.522)	7:57.958 (1:02.722)	
4	Pella Christian	1	8:03.63 5
	1) Sawyer Meinders 12	2) Logan Gallaher 12	
	3) Hudson Meixner 11	4) Griffin Stoltz 11	
	58.400 (58.400)	1:59.196 (1:00.797)	2:57.895 (58.699)
	4:00.497 (1:02.603)	4:58.254 (57.757)	6:04.542 (1:06.289)
	7:02.682 (58.140)	8:03.626 (1:00.944)	



## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

22	Manson NW Web	1	8:36.91
	1) Thomas Lundberg 10	2) Thatcher Oswald 12	
	3) Kyle Widlund 10	4) Jack Hoepfner 12	
	58.083 (58.083)	2:09.474 (1:11.392)	3:07.572 (58.098)
	4:14.529 (1:06.958)	5:14.539 (1:00.011)	6:28.511 (1:13.972)
	7:30.071 (1:01.561)	8:36.908 (1:06.837)	
23	W Burlington/ND	1	8:38.97
	1) Michael Hadden 12	2) Case Johannsen 11	
	3) Prior Bowen 11	4) Cavin Denney 09	
	1:01.860 (1:01.860)	2:10.478 (1:08.618)	3:11.165 (1:00.688)
	4:16.942 (1:05.777)	5:21.433 (1:04.492)	6:31.658 (1:10.225)
	7:30.581 (58.924)	8:38.969 (1:08.388)	
24	Columbus, CJ	1	8:39.29
	1) Victor Tovar 10	2) Ryan Villa 11	
	3) Kevin Villa 09	4) Cade Storm 11	
	1:00.786 (1:00.786)	2:06.636 (1:05.850)	3:06.706 (1:00.071)
	4:17.990 (1:11.284)	5:21.208 (1:03.218)	6:30.429 (1:09.222)
	7:30.786 (1:00.357)	8:39.285 (1:08.500)	
---	Southeast Valley	1	SCR
	1) Kasen Loeffler 09	2) Drew Dorsey 12	
	3) Logan Bintz 12	4) Ethan Tucker 12	
---	Treynor	1	SCR
	1) Luke Parrott 12	2) Gallatin Dea 09	
	3) Brayden Neill 12	4) Cole Alff 10	
---	Tipton	1	SCR
	1) Oakley Kruse 11	2) Gabriel Costello 10	
	3) Cyson Miller 09	4) Bronin Platts 10	
---	Eagle Grove	1	SCR
	1) Hunter Waldo Martinez 11	2) Dylan Terwilliger 11	
	3) Asarel Castro 10	4) Felix Gonzalez 12	
---	Roland-Story	1	SCR
	1) Noah Healy 10	2) Max Dahlsten 09	
	3) Koert Petersen 09	4) Lawrence Gabler 09	
---	S Hamilton	1	SCR
	1) Jacob Lutjen 10	2) Miguel Martinez 09	
	3) Kaden Greenlee 09	4) Jackson Olmstead 11	
---	Central Lee	1	SCR
	1) Caden Crozier 11	2) Kaidin Humes 11	
	3) Henry Robbins 10	4) Caedon Newton 10	
---	Eddyvl-Blakes/F	1	SCR
	1) Quincy Crawford 11	2) Tyler Gillespie 11	
	3) Corbin Kirkpatrick 11	4) Kinnick Russell 11	
---	Sioux Ctrl, SR	1	SCR
	1) Noah Garcia 12	2) Landon Driver 11	
	3) Weston Smith 09	4) Colin Christians 11	
---	W Lyon, Inwood	1	SCR
	1) Hudson Metzger 09	2) Jacob Folkens 10	
	3) Damon Snyders 10	4) Brody Kramer 09	
---	Albia	1	SCR
	1) Eric Derscheid 12	2) Casey Carter 09	
	3) Guy Sample 11	4) Ben Wilson 11	
---	Woodward-Grangr	1	SCR
	1) Cael Leighton 12	2) Alex Younts 12	
	3) Vinny Sebastian 12	4) Isaac Jones 09	

## Finals ... (Boys 4x800 Meter Relay 2A)

Team	Relay	Finals
---	West Branch	1 SCR
	1) Lynden MacGillvary 12	2) Wesley Strong 12
	3) Logan Christoffel 12	4) Cash Staker 09
---	Underwood	1 SCR
	1) Jack Limpp 12	2) Landon Morales-Foote 12
	3) Jackson Brecher 09	4) Riley Sealock 12
---	Cent Lyon	1 SCR
	1) David Nebelsick 11	2) Alec Pulscher 09
	3) Beau Lupkes 09	4) Hudson Hinrichs 09
---	Alta/Aurelia	1 SCR
	1) Jacob Launderville 12	2) Dane Gunkelman 09
	3) Ledger DeMuth 11	4) Gabe Olsen 12
---	Beckman	1 SCR
	1) Andrew Schlarmann 12	2) Danny Dudzik 12
	3) Cole Luensmann 12	4) Nathan Schlarmann 10
---	Forest City	1 SCR
	1) Daunta Berg 11	2) Ezra Thompson 11
	3) Dirk Zeman 11	4) Lincoln Wirth 09
---	Clarinda	1 SCR
	1) Emmett Comer 10	2) Isaiah Stogdill 11
	3) Grady Brown 09	4) Noah Wellhausen 11
---	Kuemper Cath	1 SCR
	1) Wyatt Wunschel 11	2) Hunter Tonniges 09
	3) Oliver Vonnahme 10	4) Thomas Pottebaum 12
---	MVAOCO	1 SCR
	1) Brayden Koch 10	2) Zander Friedrichs 10
	3) Max Babl 12	4) Wyatt Steckelberg 09
---	Estherville-LC	1 SCR
	1) Gustavo Chitic Aguilar 11	2) Beckam Welch 10
	3) Juan Gomez 09	4) Jose Aguilar Gonzalez 10
---	Grundy Center	1 SCR
	1) Evan Blythe 09	2) Brant Aronson 09
	3) Daniel Hommel 12	4) Ross Lynch 09
---	Hinton	1 SCR
	1) Jackson Kounkel 12	2) Colin Dunkel 10
	3) Dawson Spies 11	4) Caleb Bower 12
---	Garner-Hay/Vent	1 SCR
	1) Preston Davison 10	2) Ryan Englin 11
	3) Jonah Pringnitz 12	4) Jonathan Schuknecht 10
---	Ia Falls-Alden	1 SCR
	1) Drake Sanders 11	2) Matthew Kirchhoff 10
	3) Kellen Hoversten 09	4) Sam Kirchhoff 11
---	Hudson	1 SCR
	1) Colten Jensen 11	2) Casey Greiman 11
	3) Liam Rhymer 11	4) Payton Bishop 11
---	Osage	1 SCR
	1) Layen LaGue 12	2) Colton Jensen 09
	3) Teagan Miner 09	4) Robert Marks 10
---	PCM, Monroe	1 SCR
	1) Joe Shaver 12	2) Cademon Burkett 10
	3) Rylan Edgington 10	4) Camden Lahart 10

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---	Emmetsburg	1	SCR
	1) Benjamin Cox 09	2) Nolan Bailey 10	
	3) Elijah Cox 11	4) Krayton Rutledge 12	
---	Pocahon Area	1	SCR
	1) Aden Wirtz 11	2) Angel Gutierrez 10	
	3) Brody Reis 10	4) Jhony Ordonez 10	
---	Central Sprngs		SCR
	1) Isiah Prestby 12	2) Jonah Carson 12	
	3) Patrick Haas 10	4) Cole Hagen 11	
---	New Hampton	1	SCR
	1) Kamdyn Trower 10	2) Asher Jirak 10	
	3) Riley Berns 10	4) Will Dieterich 10	
---	N Fayette Val	1	SCR
	1) Jesus Pizano 11	2) Brody Grove 10	
	3) Kamdyn Nuss 09	4) Miles Kent 09	
---	Oelwein	1	SCR
	1) Landon Dowd 12	2) Drake Steinlage 10	
	3) Kaiden Irvine 10	4) Keshawn Williams 12	
---	Nodaway Vall	1	SCR
	1) Haden Colton 11	2) Paul Kading 11	
	3) Titan Foster 10	4) Gabriel Winkelmann 10	

**Boys 800 Sprint Medley 2A**

State Meet: 1:31.76 \* 5/22/2021 Unity Christian

T Wieringa, C Bosma, L Franken, T Schouten

All-Time: 1:30.15 ! 5/20/2023 Johnston

T Fox, O Ellsworth, K Fox, J Anglo

	Team	Relay	Finals
<b>Finals</b>			
1	Grundy Center	1	1:31.47* 10
	1) Pete Lebo 12	2) Hayden Geerdes 11	
	3) Judd Jirovsky 12	4) Brayden Davie 12	
2	Southeast Valley	1	1:33.82 8
	1) Alex Burger 11	2) Kayden Showers 12	
	3) Logan Jaeschke 11	4) Colin Johnson 12	
3	Estherville-LC	1	1:34.15 6
	1) Angel Ponce Diaz 09	2) James Richard 12	
	3) Matthew DeWitt 11	4) Garrett Smith 10	
4	PCM, Monroe	1	1:34.89 5
	1) Jaden Houser 11	2) Joey Ferneding 11	
	3) Wyatt Heater 11	4) Coby DeRaad 12	
5	Aplntn-Parksbg		1:34.97 4
	1) Maddox Kruger 12	2) Trevan Thomas 12	
	3) Mason Pruisner 10	4) Owen Pruisner 10	
6	Shenandoah	1	1:34.98 3
	1) Harley Wiley 11	2) Joe O'Rourke 11	
	3) Gabe Buttry 10	4) Cole Graham 12	
7	W Lyon, Inwood	1	1:35.07 2
	1) Evan Hildring 12	2) Easton DeJong 11	
	3) River Kramer 10	4) Mason McCarty 11	
8	Okoboji, Milford	1	1:35.24 1
	1) Carson Storey 12	2) Lincoln Wolf 10	
	3) Nick Stein 12	4) Rhyker Wright 10	

**Finals ... (Boys 800 Sprint Medley 2A)**

	Team	Relay	Finals
9	West Branch	1	1:35.29
	1) Jayden Harris 12	2) Garrison Gross 09	
	3) Julian Weckmann 12	4) Lincoln Naber 12	
10	Cascade		1:35.33
	1) Brody Otting 12	2) Jake Hosch 12	
	3) Tate Hosch 11	4) Tanner Topping 11	
11	Greene County	1	1:35.57
	1) Jaron Jacobs 11	2) Lincoln Schwander 11	
	3) Zack Stalder 11	4) Drew Wolterman 12	
12	Mediapolis	1	1:35.62
	1) Brock Spears 11	2) Kyler Crow 12	
	3) Henry Luttenegger 11	4) Will Luttenegger 12	
13	Mid-Prairie, W	1	1:35.62
	1) Cecil Kelley 10	2) Carson Humphrey 11	
	3) Bronx Miller 09	4) Nolan Jergens 11	
14	Osage	1	1:35.96
	1) Tate Tabbert 11	2) Parker Kisley 12	
	3) Sevryn Dodd 12	4) Quinn Street 12	
15	Pella Christian	1	1:35.96
	1) Landon Nunnikhoven 12	2) Ezra Ochsner 12	
	3) Adam Kacmarynski 10	4) Brecken Ritzert 12	
16	MVAOCO	1	1:36.46
	1) Jake Scott 10	2) Tanner Dixon 12	
	3) Manny Cameron 12	4) Joey Koithan 12	
17	Hudson		1:36.78
	1) Hunter Coulson 10	2) Jackson Nesteby 11	
	3) Drake Griffin 11	4) Owen Bell 11	
18	Hinton	1	1:37.37
	1) Camryn Robins 10	2) Will Hagestrom 12	
	3) Micah Robins 11	4) Logan Coffee 12	
19	Denver	1	1:37.49
	1) Tarek Knoblock 10	2) Remmington Jacque 11	
	3) Josh Rabenhorst 12	4) Brayton Hovey 11	
20	Union, LaPorte C	1	1:37.51
	1) Garrett Kaalberg 11	2) Kolton O'Connor 12	
	3) Mays Weber 12	4) Luke Winkelpleck 12	
21	Albia	1	1:37.52
	1) Parker Hemann 12	2) Davi Hallack 11	
	3) Kael Hutchinson 12	4) Beau Buckingham 11	
22	Tipton	1	1:37.65
	1) Noah Johnson 11	2) Isaac Spangler 12	
	3) Mason Kline 10	4) Caleb Bohlmann 12	
23	Forest City	1	1:37.81
	1) Deegan Moore 12	2) Tyler Fox 11	
	3) Colin Thompson 11	4) Cooper Blaser 11	
---	Beckman	1	DQ
	1) Jack Wessels 11	2) Noah Kluesner 10	
	3) Jude Kramer 10	4) Steffen Goerdts 11	
---	South Hardin	1	SCR
	1) Cash Guiles 09	2) Kameron Adams 10	
	3) Regan Eide 10	4) Viet Nguyen 11	

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## Results

		Finals ... (Boys 800 Sprint Medley 2A)		
		Team	Relay	Finals
---	Sioux Ctrl, SR	1	SCR	
	1) Chase Heuton 11	2) Max Wittmaack 11		
	3) Jack Christian 12	4) Xander Waldstein 11		
---	South Cent Cal	1	SCR	
	1) Aidan Albright 10	2) Luke Buse 11		
	3) Brayden Werneburg 11	4) Curtis Bullock 10		
---	Regina, IC	1	SCR	
	1) Brady Venzon 11	2) Gabriel Hegelheimer 10		
	3) Hudson Koch 12	4) Daniel Parizek 09		
---	Red Oak	1	SCR	
	1) Hudson Fisher 10	2) Masen Fisher 12		
	3) Jackson Perdue 11	4) Osiel Pedersen 11		
---	Sheldon	1	SCR	
	1) Owen Brouwer 12	2) Kamron Kleinhesselink 10		
	3) Caiden Jager 11	4) Sawyer Olson 11		
---	Roland-Story	1	SCR	
	1) Logan Crank 12	2) Cooper Triggs 11		
	3) Brody Kilstofte 10	4) Hendrix Billerbeck 09		
---	W Central Valley	1	SCR	
	1) Colton Lindsay 11	2) Mason Fortney 10		
	3) Ethan Balsmeier 10	4) Mason Fuller 11		
---	W Marshall	1	SCR	
	1) Turner DeRossett 09	2) Calvin Streeter 10		
	3) Kinnick Geers 12	4) Evan Siegert 12		
---	Van Meter	1	SCR	
	1) Miles Buse 09	2) Holden Buse 11		
	3) Tate Doggett 12	4) Hudson Soderholm 10		
---	Ridge View	1	SCR	
	1) Brody Goetsch 10	2) Ryan Barry 10		
	3) Oliver Schweitzberger 10	4) Tristan Werner 12		
---	Wilton	1	SCR	
	1) Calvin Dohrmann 11	2) Kinnick Maine 09		
	3) Josiah Martinez 12	4) Dolan Cole 09		
---	Waukon	1	SCR	
	1) Tristyn Crawford 11	2) Gabriel McCormick 11		
	3) Blayzen Stewart 10	4) Talin Hemann 10		
---	Spirit Lake	1	SCR	
	1) Brayden Sullivan 10	2) Kyson Jalas 10		
	3) Yuri Polenychko 09	4) Brock Clinkenbeard 12		
---	Treynor	1	SCR	
	1) Keatyn Dirks 12	2) Drew Meyers 12		
	3) Kyle Parrott 10	4) Kale Eitmann 09		
---	Alburnett		SCR	
	1) Liam Carolan 10	2) Ben Haugh 12		
	3) Beckett Misener 11	4) Kinnick Wilhelm 12		
---	Underwood	1	SCR	
	1) August Stange 10	2) Charlie Myers 11		
	3) Jackson Hughes 10	4) Tayden Hull 11		
---	Tri-Center	1	SCR	
	1) Evan Good 09	2) Ethan Voge 09		
	3) Zach Nelson 12	4) Nicholas Dahir 12		
---	Grand View Christ	1	SCR	
	1) Logan Keller 11	2) Cooper Shanahan 09		
	3) Jake Albright 12	4) Gage Knight 11		
---	Chariton	1	SCR	
	1) DeAngelo Shenefield 10	2) Gage Masters 09		
	3) Cortlan Jacobsen 10	4) Mason Irving 10		
---	Clarion-Goldfd-Dows	1	SCR	
	1) Maxton Downing 09	2) Charlie Campbell 11		
	3) Jared Hernandez Ordonez 09	4) Paxton Lingenfelter 09		
---	Ia Falls-Alden	1	SCR	
	1) Nikko Damiano 10	2) Carson Wilson 09		
	3) Jack Duit 11	4) Prentice Howard 11		
---	Jesup		SCR	
	1) Abe Sullivan 11	2) Drew Munson 12		
	3) Tyce Larson 12	4) Kaden Lange 12		
---	Central Lee	1	SCR	
	1) Blake Davis 11	2) Luke Kruse 10		
	3) Ward Fraise 12	4) Brett Cook 11		
---	Crestwood	1	SCR	
	1) Lux Smith 10	2) Nate Mahr 11		
	3) Alex Loden 11	4) Brogan Nibbelink 11		
---	Davis County, B	1	SCR	
	1) Hank Bulechek 12	2) James Drummond 12		
	3) Cason Young 12	4) Mark Fraise 12		
---	Columbus Cath		SCR	
	1) Carter Hogendorn 11	2) Shane Demkiw 12		
	3) Azayvion Walker Baruth 09	4) Isaac Sitzmann 11		
---	Emmetsburg	1	SCR	
	1) Joe Fischer 11	2) Bradyen Yates 12		
	3) Tyce Jenness 12	4) Krayton Rutledge 12		
---	Dike-NH		SCR	
	1) Jacob Burch 12	2) Quinn Mills 11		
	3) Gabe Metz 09	4) John Moorman 09		
---	Northeast, GL	1	SCR	
	1) Kody Camp 11	2) Jade Mielk 11		
	3) Micylus Fisher 09	4) Jackson Kleinschmidt 10		
---	Camanche	1	SCR	
	1) Easton Steffes 11	2) Gavin Baker 12		
	3) Tyson Graves 12	4) Harper Hoge 11		
---	New Hampton	1	SCR	
	1) Ashton Pitz 11	2) Kinnick Wisner 11		
	3) Ethan Carter 10	4) Dylen Schmitt 12		
---	Boy-Hul/Rock Val	1	SCR	
	1) Grant Dykstra 10	2) Layton Snuttjer 11		
	3) Kayden Pickner 11	4) Cole Bomgaars 11		
---	Pocahon Area	1	SCR	
	1) Brayden Hudson 11	2) Xander Small 10		
	3) Coen Hammen 11	4) Aden Wirtz 11		
---	Panorama	1	SCR	
	1) Jorge Gimeno-Perez 09	2) Cruz Crandall 11		
	3) Braden Bahrenfuss 10	4) Blake Schwartz 12		
---	Manson NW Web	1	SCR	
	1) Elliott Droste 11	2) Cameron Wood 11		
	3) Clayton Johnson 10	4) Brody Bush 09		

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## Results

---	Cent Lyon	1	SCR	
	1) Egan Pedersen 11		2) Michelet Sedam 11	
	3) Elijah Kruse 11		4) Jephthe Raymond 11	
---	KP-WC-RV	1	SCR	
	1) Jayden Lloyd 11		2) Sam Doeschot 10	
	3) Carsen Coulter 12		4) Darius Rasmussen 10	
---	N Fayette Val	1	SCR	
	1) Cain Rodgers 10		2) Ryan Griffith 11	
	3) Brooxton Lundgren 09		4) Dane Wymer 09	
---	Cardinal, Eldon	1	SCR	
	1) Brady Johnson 10		2) Paiden Rupe 12	
	3) Bode Ferrell 10		4) Bradley Robinson 12	
<b>Boys 1600 Sprint Medley 2A</b>				
State Meet: 3:26.16 * 5/16/2008 Mid-Prairie				
T Miller, C Bontrager, L Silbaugh, A Stockstell				
All-Time: 3:22.69 ! 2001 Iowa City High				
S Newell, H Hill, C Davis, J Mims				
	<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
<b>Finals</b>				
1	Spirit Lake	1	3:27.31	10
	1) Lucas Bolluyt 12		2) Kyle Grau 12	
	3) Kyler Hagedorn 12		4) Jace Hungerford 11	
	1:34.879 (1:34.879)	2:28.375 (53.496)	3:27.307 (58.932)	
2	Grundy Center	1	3:29.12	8
	1) Pete Lebo 12		2) Judd Jirovsky 12	
	3) Brayden Davie 12		4) Emerson Vokes 12	
	1:32.268 (1:32.268)	2:28.141 (55.873)	3:29.119 (1:00.979)	
3	Denver	1	3:29.33	6
	1) Jackson Joerger 11		2) Josh Rabenhorst 12	
	3) Jesse Gomez 10		4) Caden Knoblock 12	
	1:35.124 (1:35.124)	2:28.816 (53.693)	3:29.328 (1:00.512)	
4	Aplntn-Parksbg		3:32.64	5
	1) Maddox Kruger 12		2) Mason Pruisner 10	
	3) Sully Janssen 12		4) Trevan Thomas 12	
	1:35.641 (1:35.641)	2:31.398 (55.757)	3:32.636 (1:01.238)	
5	PCM, Monroe	1	3:34.15	4
	1) Wyatt Heater 11		2) Joey Ferneding 11	
	3) Coby DeRaad 12		4) Kash Fischer 11	
	1:35.266 (1:35.266)	2:32.116 (56.850)	3:34.147 (1:02.032)	
6	Mediapolis	1	3:34.82	3
	1) Will Luttenegger 12		2) Kyler Crow 12	
	3) Henry Luttenegger 11		4) Will Schmidgall 11	
	1:36.581 (1:36.581)	2:33.432 (56.851)	3:34.811 (1:01.379)	
7	Tri-Center	1	3:35.91	2
	1) Nolan Kunze 12		2) Zach Nelson 12	
	3) AJ Harder 11		4) Haven Weers 10	
	1:37.643 (1:37.643)	2:34.377 (56.734)	3:35.903 (1:01.527)	
8	Unity Chrst, OC	1	3:36.69	1
	1) Josiah Wynia 10		2) Carson Foreman 10	
	3) Cade Wynia 11		4) James Foreman 12	
	1:38.308 (1:38.308)	2:34.302 (55.994)	3:36.683 (1:02.382)	

<b>Finals ... (Boys 1600 Sprint Medley 2A)</b>			
<b>Team</b>	<b>Relay</b>	<b>Finals</b>	
9 Anamosa		3:36.93	
1) Reilly Shaw 11	2) Asa Bentley 11		
3) Parker Lasack 11	4) Nolan Weers 10		
1:38.396 (1:38.396)	2:34.633 (56.237)	3:36.928 (1:02.296)	
10 Ogden	1	3:37.22	
1) Brayden Miller 11	2) Jude Klith 11		
3) Jackson Klith 09	4) Myles Tromblay 10		
1:36.331 (1:36.331)	2:33.862 (57.532)	3:37.214 (1:03.352)	
11 Chariton	1	3:37.37	
1) Gavin Masters 12	2) Cortlan Jacobsen 10		
3) Brent Crabb 12	4) Lucas Anderson 11		
1:39.898 (1:39.898)	2:35.393 (55.495)	3:37.369 (1:01.977)	
12 Jesup		3:39.12	
1) Abe Sullivan 11	2) Tyce Larson 12		
3) Kaden Lange 12	4) Vincent O'Connor 11		
1:37.492 (1:37.492)	2:34.963 (57.471)	3:39.119 (1:04.156)	
13 Sioux Ctrl, SR	1	3:39.29	
1) Chase Heuton 11	2) Perry Spooner 12		
3) Michael Buettner 12	4) Jack Christian 12		
1:41.867 (1:41.867)	2:37.840 (55.973)	3:39.290 (1:01.450)	
14 Ridge View	1	3:39.68	
1) Kreighton Krager 11	2) Derek Heilman 10		
3) Zach Kolpin 12	4) Talan Witzke 10		
1:38.777 (1:38.777)	2:33.989 (55.213)	3:39.674 (1:05.685)	
15 South Hardin	1	3:40.60	
1) Jake Balvanz 12	2) Casey Williamson 11		
3) Clayton Cable 12	4) Jonah VanderWilt 11		
1:39.557 (1:39.557)	2:36.373 (56.816)	3:40.595 (1:04.222)	
16 Monticello		3:40.76	
1) Isaac Kray 11	2) Conley Schauf 12		
3) Grant Gassman 12	4) Alex Jamison 12		
1:38.358 (1:38.358)	2:35.963 (57.606)	3:40.759 (1:04.796)	
17 Waukon	1	3:41.15	
1) Gabriel McCormick 11	2) Issiah Moudy 11		
3) Blayzen Stewart 10	4) Kelby Cahalan 12		
1:37.397 (1:37.397)	2:34.225 (56.828)	3:41.143 (1:06.918)	
18 Nodaway Vall	1	3:41.23	
1) Cassius Burnside 10	2) Logan Lantz 09		
3) Titan Foster 10	4) Gabriel Winkelmann 10		
1:41.059 (1:41.059)	2:38.299 (57.240)	3:41.228 (1:02.929)	
19 Durant	1	3:41.65	
1) Brady Mizer 10	2) Owen DeLong 10		
3) Colby Gast 12	4) Brayden Mosier 10		
1:39.212 (1:39.212)	2:33.609 (54.397)	3:41.647 (1:08.038)	
20 Sheldon	1	3:42.93	
1) Parker Kamstra 11	2) Caiden Jager 11		
3) Owen Brouwer 12	4) Malakai Vermeer 11		
1:39.601 (1:39.601)	2:37.427 (57.826)	3:42.924 (1:05.497)	
21 Osage	1	3:43.34	
1) Domanic Keeling 11	2) Trystin Huisman 11		
3) Quinn Street 12	4) Evan Bremer 10		
1:36.875 (1:36.875)	2:35.915 (59.040)	3:43.333 (1:07.418)	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

22	Alburnett		3:45.80
	1) Ben Haugh 12	2) Kinnick Wilhelm 12	
	3) Hunter Frey 11	4) Ben Bemer 12	
	1:40.573 (1:40.573)	2:37.823 (57.251)	3:45.793 (1:07.970)
---	Forest City	1	DNF
	1) Tyler Fox 11	2) Colin Thompson 11	
	3) Holden Reynolds 11	4) Grant Gayther 11	
---	Tipton	1	DQ
	1) Isaac Spangler 12	2) Mason Kline 10	
	3) Gavin Sorgenfrey 12	4) Everett Giese 12	
	1:38.461 (1:38.461)	2:36.658 (58.197)	3:42.232 (1:05.574)
---	Red Oak	1	SCR
	1) Sergio Villanueva 11	2) Ethan Fouts 12	
	3) Sawyer Perdue 09	4) Osiel Pedersen 11	
---	Pleasantville	1	SCR
	1) Trevor Willoughby 10	2) Cale Sorenson 10	
	3) Drake Elliott 09	4) Ryder Fouch 10	
---	West Branch	1	SCR
	1) Griffin Seydel 12	2) Reid Hansen 11	
	3) Pete Koenig 09	4) Ty Staker 09	
---	Regina, IC	1	SCR
	1) Easton Colsch 09	2) Will Cronk 10	
	3) Kevin Garcia Castro 09	4) Sylvanus Broh 10	
---	Western Christ	1	SCR
	1) Ryker Kooima 09	2) Tayden Moret 10	
	3) Gavin Brands 12	4) Carson Smith 11	
---	Wilton	1	SCR
	1) Noah Gray 11	2) Josiah Martinez 12	
	3) Easton Pearl 09	4) Nolan Kraft 09	
---	W Burlington/ND	1	SCR
	1) Kinser Tripp 10	2) Austin Bates 11	
	3) Case Johannsen 11	4) Michael Hadden 12	
---	Pella Christian	1	SCR
	1) Hudson Ritzert 10	2) Anton Boender 10	
	3) Elijah Boender 11	4) Dean De Ronde 10	
---	Union, LaPorte C		SCR
	1) Mays Weber 12	2) Luke Winkelpleck 12	
	3) Cameron Mullen 12	4) Jackson Youngblut 11	
---	Shenandoah	1	SCR
	1) Joe O'Rourke 11	2) Bowen Burdorf 09	
	3) Matthew Moutray 12	4) Conor O'Hara 11	
---	Southeast Valley	1	SCR
	1) Parker Bintz 09	2) Josiah Hefley 09	
	3) Tucker Ollinger 09	4) Kasen Loeffler 09	
---	Treynor	1	SCR
	1) Kyle Parrott 10	2) Kale Eitmann 09	
	3) Alec Lovely 12	4) Gallatin Dea 09	
---	W Lyon, Inwood	1	SCR
	1) Dawson Klarenbeek 11	2) Jerrence Knoblock 11	
	3) Jonny Leuthold 11	4) Rowyn Knoblock 10	
---	Roland-Story	1	SCR
	1) Logan Crank 12	2) Luke Thoreson 11	
	3) Isaac Miskell 11	4) Colin Willis 10	

## Finals ... (Boys 1600 Sprint Medley 2A)

Team	Relay	Finals
---	Van Meter	1 SCR
	1) Holden Buse 11	2) Tate Doggett 12
	3) Hudson Soderholm 10	4) Beck Sunderman 10
---	W Central Valley	1 SCR
	1) Mason Fortney 10	2) Ethan Balsmeier 10
	3) Colton Lindsay 11	4) Carson Tigges 09
---	Davis County, B	1 SCR
	1) James Drummond 12	2) Laytin Tosh 11
	3) Camron Hubbartt 12	4) Jeronn Bennett 12
---	Dike-NH	1 SCR
	1) Drew Destival 09	2) John Moorman 09
	3) Trey Jensen 10	4) Sully O'Neill 10
---	Crestwood	1 SCR
	1) Aiden Murphy 10	2) Cayden Burke 10
	3) Keaton Vobr 11	4) Walker Dohlman 09
---	East Sac County	1 SCR
	1) Xander Hemer 12	2) Beckem Kluver 09
	3) Tucker Freese 12	4) Owen Engel 12
---	Emmetsburg	1 SCR
	1) Jack Wilcoxon 12	2) Beckam Shirk 09
	3) Matthew Rubel 09	4) Benjamin Cox 09
---	Eagle Grove	1 SCR
	1) Cooper Thacker 12	2) Carter Nielsen 11
	3) Felix Gonzalez 12	4) Hunter Waldo Martinez 11
---	Alta/Aurelia	1 SCR
	1) Tilman Bern 10	2) Gabe Olsen 12
	3) Dane Gunkelman 09	4) Laeton Langschwager 10
---	Beckman	1 SCR
	1) Mason Smith 11	2) Riley Burlage 10
	3) Henry Milbert 10	4) Luke Williams 11
---	Albia	1 SCR
	1) Carter Findley 10	2) Tyler Smith 10
	3) Eric Derscheid 12	4) Colton Parks 09
---	Clarion-Goldfd-Dows	1 SCR
	1) Jared Hernandez Ordonez 09	2) Maxton Downing 09
	3) Paxton Lingenfelter 09	4) Logan Torsell 11
---	Columbus, CJ	1 SCR
	1) Angel Ineichen 12	2) Gray Spilman 12
	3) Mario Perez 10	4) Elias Gonzalez Bravo 10
---	Cent Lyon	1 SCR
	1) Liam Vander Zee 12	2) Briggs Bosch 09
	3) Aric Austin 10	4) David Nebelsick 11
---	N Fayette Val	1 SCR
	1) Noah Benson 12	2) Esten Moellering 10
	3) Miles Kent 09	4) Brody Grove 10
---	Northeast, GL	1 SCR
	1) Daniel Schemers 11	2) Darren Schemers 11
	3) Hunter Schroeder 09	4) David Swanton 11
---	MVAOCO	1 SCR
	1) Lincoln Gotto 10	2) Bo Clausen 11
	3) Max Babl 12	4) Zander Friedrichs 10

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

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## Results

---	Oelwein	1	SCR
	1) Anders Goeller 11	2) Luis Pineda 09	
	3) Jaxson Bushaw 09	4) Gabe Driscoll 12	
---	Okoboji, Milford	1	SCR
	1) Ethan Weston 12	2) Jake Pausley 10	
	3) Lincoln Wolf 10	4) Tyson Fear 10	
---	OABCIG	1	SCR
	1) Kolt Spotts 09	2) Kash Schulte 10	
	3) Gabriel Bergman 10	4) Hunter Maier 12	
---	Garner-Hay/Vent		SCR
	1) Chance Derr 09	2) Demascus Ealey JR 10	
	3) Preston Davison 10	4) Jonathan Schuknecht 10	
---	Grand View Christ	1	SCR
	1) Logan Keller 11	2) Jake Albright 12	
	3) Gage Knight 11	4) Tyler Steffen 11	
---	Estherville-LC	1	SCR
	1) Wyatt Martin 11	2) Blaize Ahrens 10	
	3) Layton Yager 12	4) Jose Aguilar Gonzalez 10	
---	Kuemper Cath	1	SCR
	1) Brayton Alford 12	2) Taylen Alford 10	
	3) Hunter Tonniges 09	4) Thomas Pottebaum 12	
---	Manson NW Web	1	SCR
	1) Noah Berger 12	2) Mason Anderson 12	
	3) David Nelson 10	4) Jack Hoepfner 12	
---	Ia Falls-Alden	1	SCR
	1) Carson Wilson 09	2) Cade Olberding 11	
	3) Matthew Kirchhoff 10	4) Andrew Herrin 09	

## Boys 4x110 Meter Shuttle Hurdle 2A

State Meet: 57.66 \* 5/24/2025 Treynor

C Konz, B Casey, L Christensen, B Wallace

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

	Team	Relay	Prelims
<b>Preliminaries</b>			
1	Treynor	1	59.16q
	1) Brock Casey 11	2) Luke Christensen 12	
	3) Kratyn Dirks 10	4) Cauy Konz 12	
2	Southeast Valley	1	59.80q
	1) Alex Burger 11	2) Casey Hanson 11	
	3) Kolton Ollinger 11	4) Colin Johnson 12	
3	Cent Lyon	1	1:00.35q
	1) Tynan Schipper 11	2) Jephthe Raymond 11	
	3) Cael Schipper 11	4) Rylan Maxwell 12	
4	Mid-Prairie, W	1	1:00.51q
	1) Kendrick Kos 10	2) Thomas Lueck 11	
	3) Oliver Miller 09	4) Carson Humphrey 11	
5	Okoboji, Milford	1	1:00.71q
	1) Elijah Graves 12	2) Avery Simington 12	
	3) Asa Jacobsen 11	4) Jerron Heller 11	
6	Columbus, CJ	1	1:00.74q
	1) Tyson Kaalberg 12	2) Alexander Rees 12	
	3) Tyson Corneille 11	4) Lamar Ceant 11	

<b>Preliminaries ... (Boys 4x110 Meter Shuttle Hurdle 2A)</b>			
	Team	Relay	Prelims
7	Osage	1	1:00.86q
	1) Parker Kisley 12	2) Maxwel Miner 11	
	3) Noah Dalager 12	4) Sevryn Dodd 12	
8	Jesup		1:01.47q
	1) Drew Munson 12	2) Caleb Keifer 11	
	3) Parker Masteller 11	4) Aiden Youngblut 11	
9	Waukon	1	1:01.55
	1) Easton Bucknell 10	2) Issiah Moudy 11	
	3) Silas Keeling 10	4) Gabriel McCormick 11	
10	Roland-Story	1	1:01.62
	1) Cody Long 12	2) Gabe Jonas 12	
	3) Brady Long 10	4) Jayden Strum 12	
11	Denver	1	1:01.76
	1) Jack Cooper 10	2) Tarek Knoblock 10	
	3) Jackson Schoville 12	4) Jackson Joerger 11	
12	Underwood	1	1:01.84
	1) River Allen 09	2) Quentin Hultquist 10	
	3) Tayden Hull 11	4) Nash Mitchell 09	
13	West Branch	1	1:02.77
	1) Ty Stout 10	2) Reid Hansen 11	
	3) Brooks Seydel 09	4) Nolan Staker 12	
14	Ia Falls-Alden	1	1:03.28
	1) James Carter Allison 10	2) Nikko Damiano 10	
	3) Collin Pieper 11	4) Cade Olberding 11	
15	W Lyon, Inwood	1	1:03.47
	1) Jared Ciesielski 12	2) Jaxton DeJong 10	
	3) Braxton Van Houten 11	4) Chasyn Westra 09	
16	Regina, IC	1	1:04.03
	1) Holt Hinkel 10	2) Conor Keech 09	
	3) Zachary Poe 10	4) Gabe Schuessler 10	
17	Union, LaPorte C		1:04.31
	1) Grady Anderson 12	2) Bryson DeWinter 10	
	3) Stratton Luke 11	4) Kolton O'Connor 12	
18	Cherokee, Wash	1	1:04.54
	1) Tyson Fuller 10	2) Tatem Richardson 11	
	3) Travis Carson 11	4) Mallon Malausky 11	
19	Davis County, B	1	1:05.24
	1) Victor Milder 09	2) Mark Fraise 12	
	3) Mason Bernand 12	4) Brekk Nelson 12	
19	Hinton	1	1:05.24
	1) Zach Anderson 11	2) Luke Leary 09	
	3) Julian Small 12	4) Logan Coffee 12	
21	South Hardin	1	1:05.35
	1) Joey Stephens 11	2) Peyton Welch 12	
	3) Holden Woosley 12	4) Sam Benson 12	
22	Grundy Center	1	1:05.37
	1) Ethan Meester 11	2) Gabe McMartin 12	
	3) Zachary Sealman 09	4) Lake Schrage 10	
23	Alburnett		1:05.84
	1) Hayden Knickerbocker 09	2) Clayton Strang 11	
	3) Hunter Frey 11	4) Beckett Misener 11	

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## Results

---		Dike-NH	DQ	
1)		Peyton Pokorny 11	2) Quinn Mills 11	
3)		Camden Tott 12	4) Logan Peverill 12	
<b>Boys 4x110 Meter Shuttle Hurdle 2A</b>				
State Meet: 57.66 * 5/24/2025 Treynor				
C Konz, B Casey, L Christensen, B Wallace				
All-Time: 55.82 ! 4/25/2026 IC West				
Smock, Ibrahim, Towler, Gorsh				
<b>Team</b>		<b>Relay</b>	<b>Finals</b>	
<b>Finals</b>				
1	Treynor	1	58.48	10
1) Brock Casey 11		2) Luke Christensen 12		
3) Kratyn Dirks 10		4) Cauy Konz 12		
2	Okoboji, Milford	1	59.23	8
1) Elijah Graves 12		2) Avery Simington 12		
3) Asa Jacobsen 11		4) Jerron Heller 11		
3	Southeast Valley	1	59.47	6
1) Alex Burger 11		2) Casey Hanson 11		
3) Kolton Ollinger 11		4) Colin Johnson 12		
4	Cent Lyon	1	59.66	5
1) Tynan Schipper 11		2) Jephthe Raymond 11		
3) Cael Schipper 11		4) Rylan Maxwell 12		
5	Columbus, CJ	1	59.68	4
1) Tyson Kaalberg 12		2) Alexander Rees 12		
3) Tyson Corneille 11		4) Lamar Ceant 11		
6	Osage	1	1:00.01	3
1) Parker Kisley 12		2) Maxwel Miner 11		
3) Noah Dalager 12		4) Sevryn Dodd 12		
7	Jesup		1:01.20	2
1) Drew Munson 12		2) Caleb Keifer 11		
3) Parker Masteller 11		4) Aiden Youngblut 11		
8	Mid-Prairie, W	1	1:02.09	1
1) Kendrick Kos 10		2) Thomas Lueck 11		
3) Maxwell Kipp 11		4) Carson Humphrey 11		
<b>Boys High Jump 2A</b>				
State Meet: 7-03.50 * 1981 Brian Tietjens				
All-Time: 7-03.50 ! 1981 Brian Tietjens				
<b>Name</b>		<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Ben McCuddin	12	I-35, Truro	6-08.00 10
2	Brody McNeal	11	Ia Falls-Ald	6-05.00 8
3	Carson Laures	10	New Hampton	6-03.00 6
4	Kellan Porter	09	W Burlington/ND	6-03.00 5
5	Oscar Cline	11	Louisa-Musc	6-03.00 4
6	Colin Thompson	11	Forest City	6-01.00 3
7	Aiden Youngblut	11	Jesup	6-01.00 1
7	Riley Lauver	11	Treynor	6-01.00 1
7	Spencer Casey	11	Cascade	6-01.00 1
10	Jace Sorensen	09	Union, LaPor	6-01.00
11	Avery Simington	12	Okoboji, Mil	6-01.00
12	Colin Christians	11	Sioux Ctrl,	5-11.00
12	Lathan Keller	11	Mediapolis	5-11.00
12	Griffin Glynn	11	Kuemper Cath	5-11.00

## Finals ... (Boys High Jump 2A)

	Name	Yr	School	Finals
12	Talan Cramer	10	Davis County	5-11.00
12	Luke Drtina	12	Crestwood	5-11.00
12	Cooper Baumgart	10	Clarinda	5-11.00
18	Shay Stephens	12	W Burlington/ND	5-11.00
18	Carter Sells	10	Shenandoah	5-11.00
18	Grady Frideres	10	Estherville-	5-11.00
18	Ethan Winnike	12	Union, LaPor	5-11.00
22	Ryder Gile	12	W Marshall	5-11.00
---	MacKendrick Burkle	10	Monticello	NH
---	Carter Todd	12	Ridge View	NH
---	Gabe Halligan	10	Pocahon Area	SCR
---	Cael Paulson	10	Roland-Story	SCR
---	Aaron Honore	12	Regina, IC	SCR
---	Chase Wagaman	12	PCM, Monroe	SCR
---	Evan Wendt	10	PCM, Monroe	SCR
---	Trindon Phipps	10	Pleasantvill	SCR
---	Keegan Reuter	11	Spirit Lake	SCR
---	Jake Balvanz	12	South Hardin	SCR
---	Silas Keeling	10	Waukon	SCR
---	Gavin Gerritson	11	W Sioux Hwar	SCR
---	Colden Mapel	09	Southeast Va	SCR
---	Jerrence Knoblock	11	W Lyon, Inwo	SCR
---	Jaxton DeJong	10	W Lyon, Inwo	SCR
---	Jackson Gulker	12	Western Chri	SCR
---	Ryker Wolf	10	Shenandoah	SCR
---	Kael Sawyers	10	W Central Va	SCR
---	Donovan Rees	09	Columbus, CJ	SCR
---	Carter Lanus	12	Denver	SCR
---	Colin Sesker	10	Clarion-Gold	SCR
---	Drew Destival	09	Dike-NH	SCR
---	Wyatt Armstrong-Ricke	10	Emmetsburg	SCR
---	Owen White	09	Denver	SCR
---	Kasin Paulson	09	Anamosa	SCR
---	Henry Milbert	10	Beckman	SCR
---	Cale Votrobeck	09	Albia	SCR
---	Brady Johnson	10	Cardinal, El	SCR
---	Lukas DeAnda	10	Clarinda	SCR
---	Peter Koth	09	Boy-Hul/Rock	SCR
---	Wyatt Lahr	10	Manson NW We	SCR
---	Truett Larson	09	Mediapolis	SCR
---	Mason Anderson	12	Manson NW We	SCR
---	Ford Welte	09	MVAOCOUC	SCR
---	Gavin Burken	09	Northeast, G	SCR
---	Joshua Turner	12	Mid-Prairie,	SCR
---	Aryan Sweatt	10	Greene Count	SCR
---	Ethan Meester	11	Grundy Cente	SCR
---	Aiden Frascht	11	Forest City	SCR
---	Cade Olberding	11	Ia Falls-Ald	SCR
---	Parker Masteller	11	Jesup	SCR
---	Noah Wirth	11	Hinton	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Boys Long Jump 2A

State Meet: 24-03 \* 1985 Matt Zuber

All-Time: 24-10 ! 2022 Abu Sama

Name	Yr	School	Finals
<b>Finals</b>			
1 Brecken Ritzert	12	Pella Christ	22-03.00 10
2 Reed Draper	11	Panorama	21-11.00 8
3 Derek Heilman	10	Ridge View	21-11.00 6
4 Kayden Rice	10	Centerville	21-04.75 5
5 Cash Varner	11	Alburnett	20-10.75 4
6 Drake Griffin	11	Hudson	20-09.75 3
7 Caleb DeTemmerman	12	Oelwein	20-09.50 2
8 Carson Storey	12	Okoboji, Mil	20-08.50 1
9 Cody Long	12	Roland-Story	20-08.50 0.8
10 Ashton Pitz	11	New Hampton	20-06.75 -0.4
11 Tanner Dixon	12	MVAOCO	20-06.00 -0.4
12 Truett Larson	09	Mediapolis	20-01.50 -0.1
13 Logan Kempema	12	Hinton	19-11.25 -0.3
14 Kaleb Obbink	11	Unity Chrst,	19-10.75 -0.1
15 Jayden Harris	12	West Branch	19-08.25 -1.1
16 Peyton Welch	12	South Hardin	19-07.25 -0.3
17 Noah Gray	11	Wilton	19-06.25 -0.2
18 Tyson Corneille	11	Columbus, CJ	19-05.50 -1.6
19 Parker Hemann	12	Albia	19-01.75 0.2
20 Kaiden Roop	12	Clarinda	18-11.25 -1.2
21 Landen Woodson	10	Oelwein	18-02.75 -0.9
22 Braydin Crum	12	Central Sprn	18-00.75 -1.2
23 Bronx Siebersma	09	MVAOCO	17-10.25 -1.2
--- Liam Vander Zee	12	Cent Lyon	FOUL
--- Gabe Halligan	10	Pocahon Area	SCR NWI
--- Aaron Honore	12	Regina, IC	SCR NWI
--- Nolan Anderson	10	Albia	SCR NWI
--- Trey Mesecher	12	Pleasantvill	SCR NWI
--- Karson Welander	10	Pocahon Area	SCR NWI
--- Aiden Brandon	12	W Central Va	SCR NWI
--- Beckett Driesen	10	W Lyon, Inwo	SCR NWI
--- Isaac Van Den Berg	11	Unity Chrst,	SCR NWI
--- Talin Hemann	10	Waukon	SCR NWI
--- Paxton Hartbecke	10	Western Chri	SCR NWI
--- Tyler Kenyon	11	W Lyon, Inwo	SCR NWI
--- Colby Zollar	11	South Hardin	SCR NWI
--- Beckett Halbersma	10	Spirit Lake	SCR NWI
--- Sam Scarrow	09	Roland-Story	SCR NWI
--- Zack Zadalis	09	Treynor	SCR NWI
--- Cameron Wallar	11	Tri-Center	SCR NWI
--- Kyson Jalas	10	Spirit Lake	SCR NWI
--- Chance Derr	09	Garner-Hay/V	SCR NWI
--- Isaiah Keasey	10	Grand View C	SCR NWI
--- Emmett Holohan	11	Eddyvl-Blake	SCR NWI
--- Hayden Geerdes	11	Grundy Cente	SCR NWI
--- Zach Anderson	11	Hinton	SCR NWI
--- Kading Winters	09	Greene Count	SCR NWI
--- Devlin Davis	12	Dike-NH	SCR NWI
--- Breckin Weber	09	Dike-NH	SCR NWI

## Finals ... (Boys Long Jump 2A)

Name	Yr	School	Finals
--- Alex Wedo	11	Denver	SCR NWI
--- Colby Gast	12	Durant	SCR NWI
--- Keegan Eisentrager	09	Eagle Grove	SCR NWI
--- Jack Friede	10	Durant	SCR NWI
--- Walker Dohlman	09	Crestwood	SCR NWI
--- Kye Rausch	10	New Hampton	SCR NWI
--- Zach Nepper	11	Kuemper Cath	SCR NWI
--- Maxzen Eskildsen	10	Northeast, G	SCR NWI
--- Jamison Rothmeyer	10	Central Sprn	SCR NWI
--- Jaxen Christiansen	10	Northeast, G	SCR NWI
--- Jackson Nesteby	11	Hudson	SCR NWI
--- Anders Copper	09	Ia Falls-Ald	SCR NWI
--- Carter Lanus	12	Denver	SCR NWI
--- Collin Vanhouten	12	KP-WC-RV	SCR NWI
--- Jayden Lloyd	11	KP-WC-RV	SCR NWI

## Boys Shot Put 2A

State Meet: 67-02 \* 5/17/2018 Nick Phelps

All-Time: 70-11 ! 1968 Doug Lane

Name	Yr	School	Finals
<b>Finals</b>			
1 Blake Lovell	12	Cherokee, Wa	57-07.00 10
2 Keaton Mennen	12	Van Meter	55-11.00 8
3 Tate Mckinley	12	Durant	55-04.25 6
4 Kane Mahler-Moreno	12	Woodward-Gra	54-11.25 5
5 Gavin Trask	12	Sumner-Fredr	54-00.50 4
6 Carson Divis	12	Hinton	52-07.50 3
7 Cael Kluever	12	Northeast, G	51-09.00 2
8 Colton Hall	12	Hinton	51-06.25 1
9 Ryker Adair	12	Underwood	50-10.75
10 Lucas Clark	10	Columbus Cat	50-08.25
11 Michael Montgomery	12	West Branch	50-06.00
12 Tate Wallace	11	Regina, IC	49-07.00
13 Jackson Knutson	11	Spirit Lake	48-07.25
14 Carter Holub	11	Monticello	48-06.00
15 Jace Pedersen	12	South Cent C	48-00.50
16 Nolan Theesfeld	12	Spirit Lake	47-09.25
17 William Mesecher	11	Pleasantvill	47-08.00
18 Preston Dolash	12	South Hardin	47-08.00
19 Maverick Kalb	11	Treynor	47-04.25
20 Caelen Harman	10	Cent Lyon	46-11.50
21 Alex Machin	12	Osage	46-04.75
22 Bryce Kock	12	W Lyon, Inwo	45-11.75
--- Tommy Miller	11	Mid-Prairie,	FOUL
--- Ryan Baer	12	Osage	FOUL
--- Stanton Major	12	Pleasantvill	SCR
--- Eli Greydanus	10	Western Chri	SCR
--- Cristian Monrroy-Nunez	12	Panorama	SCR
--- Hayden Shannon	10	PCM, Monroe	SCR
--- Ethan Pommrehn	12	Woodward-Gra	SCR
--- Alex Wendt	12	PCM, Monroe	SCR
--- Trendon Daniel	10	South Cent C	SCR
--- Will Sadr	10	Treynor	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

---	Grant Meister	10	South Hardin	SCR
---	Ian Brunner	11	Southeast Va	SCR
---	Davien Henderson	11	S Hamilton	SCR
---	David Foote	12	Underwood	SCR
---	Simon Hennings	11	Shenandoah	SCR
---	Benjamin Swenson	10	S Hamilton	SCR
---	Cohen James	10	Cherokee, Wa	SCR
---	Jordan Butt	12	Clarinda	SCR
---	Zach Drenth	12	Cent Lyon	SCR
---	Carver Dixon	11	Chariton	SCR
---	Ronaldo Villegas	11	Columbus, CJ	SCR
---	Braxton Bragg	11	Davis County	SCR
---	Fritz Figaro	11	Columbus, CJ	SCR
---	Zach Krigbaum	12	Alburnett	SCR
---	Erik Boge	12	Beckman	SCR
---	Chance Georgius	11	Roland-Story	SCR
---	Blake Lamansky	10	Cardinal, El	SCR
---	Lane Manternach	11	Cascade	SCR
---	Nate Brenneman	11	Boy-Hul/Rock	SCR
---	Kaden Kos	12	Mid-Prairie,	SCR
---	Peyton Erlandson	11	New Hampton	SCR
---	Grady Moseley	11	Hudson	SCR
---	Nash Leonard	10	Kuemper Cath	SCR
---	Jaxx DeJean	11	OABCIG	SCR
---	Kade Spotts	12	OABCIG	SCR
---	Austyn Kleppe	10	New Hampton	SCR
---	Lane Girsch	12	Dike-NH	SCR
---	Ryder Palmersheim	11	Dike-NH	SCR
---	Ryan Moran	11	Denver	SCR
---	Nathaniel Gassman	09	Forest City	SCR
---	Alston Loeb	11	Hudson	SCR
---	Landon Retherford	10	Durant	SCR

## Boys Discus Throw 2A

State Meet: 186-02 \* 1991 Allan Walz  
 All-Time: 207-08 ! 1978 Scott Crowell

Name	Yr	School	Finals
<b>Finals</b>			
1	Lincoln Schneiter	12 Monticello	173-05 10
2	Lucas Clark	10 Columbus Cat	172-01 8
3	Reece Ollendieck	11 Crestwood	164-05 6
4	Eli Greydanus	10 Western Chri	163-11 5
5	Cael Kluever	12 Northeast, G	159-01 4
6	Jax Bejarno	12 Spirit Lake	155-09 3
7	Fritz Figaro	11 Columbus, CJ	153-06 2
8	William Mesecher	11 Pleasantvill	153-00 1
9	Dawson Dietrick	12 Dike-NH	151-02
10	Alex Wendt	12 PCM, Monroe	150-01
11	Sam Benson	12 South Hardin	149-07
12	Jordan Butt	12 Clarinda	148-08
13	Fred Huisman	11 Cent Lyon	148-08
14	Michael Buettner	12 Sioux Ctrl,	148-08
15	Corbin Wyant	12 Aplntn-Parks	148-07
16	Daniel Wiebelhaus	11 Van Meter	148-05
17	Adam Marsh	10 Pocahon Area	148-05

## Finals ... (Boys Discus Throw 2A)

Name	Yr	School	Finals
18	Alex Machin	12 Osage	147-06
19	Kane Mahler-Moreno	12 Woodward-Gra	141-00
20	Tommy Miller	11 Mid-Prairie,	139-04
21	Simon Hennings	11 Shenandoah	137-05
22	Santiago Topete	10 W Sioux Hwar	136-11
23	Rafe Michaelsen	12 Greene Count	135-00
---	Gavin Trask	12 Sumner-Fredr	FOUL
---	Ben Meyer	12 W Lyon, Inwo	SCR
---	Nathaniel Olivier	12 Pleasantvill	SCR
---	Bryce Kock	12 W Lyon, Inwo	SCR
---	Nathan Parizek	10 Regina, IC	SCR
---	Jezden Nupp	11 W Burlington/ND	SCR
---	Jesse Heynen	11 Western Chri	SCR
---	Michael Montgomery	12 West Branch	SCR
---	Titus Herrick	12 S Hamilton	SCR
---	Jonathan Friedrichsen	11 Ridge View	SCR
---	Deegan Brandel	10 Southeast Va	SCR
---	Paxton Frost	10 Sumner-Fredr	SCR
---	Lucas Huneke	09 Underwood	SCR
---	Tate Wallace	11 Regina, IC	SCR
---	Maverrick Kalb	11 Treynor	SCR
---	Parker Meyers	10 Clarinda	SCR
---	Huxley Lingenfelter	11 Clarion-Gold	SCR
---	Jake Goben	12 Chariton	SCR
---	Cohen James	10 Cherokee, Wa	SCR
---	Gavin Pedersen	11 Eagle Grove	SCR
---	Kael Patzel	11 Eddyvl-Blake	SCR
---	Liam Osterhaus	09 Dike-NH	SCR
---	Erik Boge	12 Beckman	SCR
---	Blake Lamansky	10 Cardinal, El	SCR
---	Zach Krigbaum	12 Alburnett	SCR
---	Caelen Harman	10 Cent Lyon	SCR
---	Jack Benner	11 Central Lee	SCR
---	Lane Manternach	11 Cascade	SCR
---	Peyton Erlandson	11 New Hampton	SCR
---	Landon Rechkemmer	10 Oelwein	SCR
---	Reid Samberg	11 Mediapolis	SCR
---	Grant McElmurray	12 MVAOCOU	SCR
---	Cristian Monrroy-Nunez	12 Panorama	SCR
---	Cruz Stanley	10 Panorama	SCR
---	Keyshawn Smith	12 Okoboji, Mil	SCR
---	JD Eckhardt	12 Grundy Cente	SCR
---	Carson Divis	12 Hinton	SCR
---	Izaiah Duncan	10 Forest City	SCR
---	Wyatt Huisinga	12 KP-WC-RV	SCR
---	Hayden Cantrell	12 Louisa-Musc	SCR
---	Reid Barko	12 Jesup	SCR

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## Results

## Boys 100 Meter Dash 3A

State Meet: 10.40 \* 5/16/2024 Brevin Doll

All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Kellan Harter	12 Grinnell	10.70q 0.7
2	Harrison Mullens	12 Pella	10.85q -1.9
3	Ryan Bair	12 Keokuk	10.88q -1.9
4	AJ Maloney	12 CPU	10.91q 0.7
5	Wyatt Swanson	12 Winterset	10.96q -0.2
6	Tay Seals	11 Clear Crk-Am	10.97q 0.7
7	Garbieno Weno	12 Storm Lake	11.09q 0.7
8	Ben Francis	12 Wahlert, Dub	11.10q -1.9
9	Einar Stecher	12 Solon	11.10 -1.9
10	Beckett Verros	11 SB-Luton	11.10 -0.2
11	William Weichert	12 Algona	11.12 -1.9
12	Keysean Wilson	10 W Delaware	11.15 0.7
13	Victor Ward	12 Charles City	11.15 0.7
14	Zane Johnson	10 ADM, Adel	11.16 -0.2
15	Isaac Smith	12 Clear Lake	11.18 -1.9
16	Kurt Joy	10 Keokuk	11.20 -0.2
17	Dalton Koerselman	10 MOC-FV	11.23 -0.2
18	Kyler Gifford	12 Knoxville	11.26 0.7
19	Colton Neal	09 Marion	11.26 -0.2
20	Justin Ehlers	10 SB-Luton	11.30 -0.2
21	Tristan Ludwig	12 Glenwood	11.39 -1.9
22	Marquis Olson	12 Waverly-SR	11.39 0.7
23	Jaxson Buum	10 Spencer	11.67 -1.9
---	Tanner Twedt	11 Gilbert	DNS -0.2

## Boys 100 Meter Dash 3A

State Meet: 10.40 \* 5/16/2024 Brevin Doll

All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Finals
<b>Finals</b>			
1	Ryan Bair	12 Keokuk	10.48 10
2	Kellan Harter	12 Grinnell	10.62 8
3	Tay Seals	11 Clear Crk-Am	10.64 6
4	Harrison Mullens	12 Pella	10.67 5
5	Wyatt Swanson	12 Winterset	10.74 4
6	AJ Maloney	12 CPU	10.87 3
7	Garbieno Weno	12 Storm Lake	10.94 2
8	Ben Francis	12 Wahlert, Dub	10.95 1

## Boys 200 Meter Dash 3A

State Meet: 21.10 \* 5/16/2024 Brevin Doll

All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Ryan Bair	12 Keokuk	21.28q -0.6
2	Harrison Mullens	12 Pella	21.35q 0.7
3	Garbieno Weno	12 Storm Lake	21.60q -0.6

## Preliminaries ... (Boys 200 Meter Dash 3A)

Name	Yr	School	Prelims
4	Kolby Hodnefield	12 Clear Lake	21.63q 0.7
5	Kellan Harter	12 Grinnell	21.81q 0.7
6	Rylan Peters	12 Waverly-SR	21.93q 0.7
7	Alexander Brown	12 Central DeWi	21.96q 0.7
8	Zane Johnson	10 ADM, Adel	21.97q 0.7
9	Victor Ward	12 Charles City	22.01 0.7
10	Wyatt Swanson	12 Winterset	22.06 -0.6
11	Tate Garman	12 Algona	22.09 0.7
12	Paul Marpe	12 Gilbert	22.14 -0.6
13	Ethan McNeal	11 Atlantic	22.32 -0.6
14	Eli Kampman	12 Solon	22.38 0.7
15	Hunter Pearson	12 SB-Luton	22.44 0.7
16	Keshawn Wyldon	12 Burlington	22.47 0.7
17	Beckham Simon	11 West Liberty	22.50 0.7
18	Dylan Timmer	12 Spencer	22.57 0.7
19	Kashton Grimm	10 Vinton-Shell	22.80 0.7
20	Beckhem LaRue	11 Western Dub	22.91 0.7
21	Matthew Danning	12 Marion	23.04 -0.6
22	Jackson Flaherty	12 Humboldt	23.08 -0.6
23	Evan Allie	12 Algona	23.22 0.7
---	Tanner Twedt	11 Gilbert	DNS -0.6

## Boys 200 Meter Dash 3A

State Meet: 21.10 \* 5/16/2024 Brevin Doll

All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Finals
<b>Finals</b>			
1	Ryan Bair	12 Keokuk	21.45 10
2	Harrison Mullens	12 Pella	21.84 8
3	Garbieno Weno	12 Storm Lake	21.89 6
4	Kellan Harter	12 Grinnell	21.90 5
5	Kolby Hodnefield	12 Clear Lake	22.00 4
6	Zane Johnson	10 ADM, Adel	22.12 3
7	Alexander Brown	12 Central DeWi	22.44 2
8	Rylan Peters	12 Waverly-SR	22.52 1

## Boys 400 Meter Dash 3A

State Meet: 47.88 \* 5/22/2025 Nathan Miller

All-Time: 46.99 ! 5/17/2019 Darien Porter

Name	Yr	School	Finals
<b>Finals</b>			
1	Kolby Hodnefield	12 Clear Lake	47.48* 10
2	Garbieno Weno	12 Storm Lake	47.79* 8
3	Quade Jensen	10 Clear Crk-Am	48.17 6
4	Harrison Mullens	12 Pella	48.59 5
5	Owen Von Ahsen	12 Benton Comm	49.37 4
6	Mac Svalstad	09 Solon	49.44 3
7	Justin Callahan	12 Webster City	49.59 2
8	Jace Ortner	11 Ballard	49.63 1
9	Parker Hook	11 ADM, Adel	49.67
10	Dylan Bormann	11 North Polk	50.14
11	Cooper Grimm	12 CPU	50.30
12	Tate VonEhwegen	11 Spencer	50.31

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13	Alexander Brown	12	Central DeWi	50.60
14	Wesley Helle	10	W Delaware	50.65
15	Cooper Katt	12	MOC-FV	50.67
16	Ty Comito	09	Carlisle	50.96
17	Cayle Estling	12	CPU	51.13
18	Zander Kanis	09	Pella	51.77
19	Landon Hagen	10	Atlantic	51.98
20	Chayce Smith	12	Keokuk	52.12
21	Foxx Argotsinger	10	Harlan	52.81
22	Will McKinney	09	Newton	52.90
23	Cody Mason	12	Xavier, CR	53.06
---	Victor Ward	12	Charles City	DQ
---	Ryan Hepker	10	Mt Vernon	SCR
---	Andrew Grant	12	LeMars	SCR
---	Asaiah Yoder	12	Maquoketa	SCR
---	Kayden Jackson	11	Mt Pleasant	SCR
---	Bryer Feagins	11	Knoxville	SCR
---	Levi Myers	10	Waverly-SR	SCR
---	Anthony Feldhake	12	Waverly-SR	SCR
---	Angel Hernandez-Cole	09	Spencer	SCR
---	Tyler Lukavsky	10	Washington	SCR
---	Lucas Murray	10	Wahlert, Dub	SCR
---	Jud Hensley	10	Winterset	SCR
---	Cooper McDaniel	11	Saydel	SCR
---	Blake Herny	12	Oskaloosa	SCR
---	Henri Martinez-Alvarado	10	South Tama	SCR
---	Colton Kolar	09	Solon	SCR
---	Maddox McIntyre	11	Boone	SCR
---	Treyce Henry	11	Carlisle	SCR
---	Dylan Knapp	10	Bishop Heela	SCR
---	Tommy Pattee	12	Bishop Heela	SCR
---	Caden Burkle	12	Clear Crk-Am	SCR
---	Bradyn Watkins	11	Clear Lake	SCR
---	James Garrison	09	Central DeWi	SCR
---	Grant Olsen	11	Denison-Schl	SCR
---	Seth Moreno	11	Algona	SCR
---	Karson Coleman	09	ADM, Adel	SCR
---	Jude Jones	11	Ballard	SCR
---	Elias Bieschke	12	Benton Comm	SCR
---	Holden DeVore	09	Atlantic	SCR
---	Braylon Wirth	09	Glenwood	SCR
---	Daniel Earnest	12	Grinnell	SCR
---	Liam Trampel	11	Gilbert	SCR
---	Carter Reed	11	Humboldt	SCR
---	Cael Larson	09	Independence	SCR
---	Joshua Erlemeier	10	Harlan	SCR
---	Jayven Neubauer	10	Decorah	SCR
---	Calvin Hosch	11	Western Dub	SCR
---	Griffin Brauer	11	Decorah	SCR
---	Henry Ireland	10	Fort Madison	SCR
---	Charles Fink	09	Gilbert	SCR
---	Dace Murray	09	Western Dub	SCR

## Boys 800 Meter Run 3A

State Meet: 1:49.41 \* 5/24/2025 Quentin Nauman

All-Time: 1:49.41 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
<b>Finals</b>			
1	Canaan Dunham	12 Pella	1:50.61 10
	56.073 (56.073)	1:50.601 (54.528)	
2	Quentin Nauman	12 Western Dub	1:51.22 8
	56.304 (56.304)	1:51.213 (54.910)	
3	Mac Svalstad	09 Solon	1:52.80 6
	55.360 (55.360)	1:52.799 (57.439)	
4	Logan Bleich	11 Gilbert	1:53.09 5
	56.270 (56.270)	1:53.089 (56.820)	
5	Dawson Scheil	12 Mt Vernon	1:53.21 4
	56.517 (56.517)	1:53.201 (56.685)	
6	Mitchell Stemper	12 Decorah	1:54.36 3
	56.751 (56.751)	1:54.360 (57.610)	
7	Carson Squiers	12 Gilbert	1:55.57 2
	57.863 (57.863)	1:55.561 (57.698)	
8	John Murphy	12 Assumption	1:55.89 1
	56.956 (56.956)	1:55.886 (58.931)	
9	Isaac Rankin	12 Knoxville	1:56.06
	57.897 (57.897)	1:56.060 (58.163)	
10	Ty Landphair	12 ADM, Adel	1:56.22
	58.108 (58.108)	1:56.213 (58.105)	
11	Karson Work	11 Sioux Center	1:56.89
	58.098 (58.098)	1:56.882 (58.784)	
12	Kyle Olson	11 Central DeWi	1:57.03
	57.319 (57.319)	1:57.021 (59.702)	
13	Gavin Weber	12 Algona	1:57.49
	56.624 (56.624)	1:57.487 (1:00.864)	
14	Nolan Guzman	12 Fort Madison	1:57.60
	57.584 (57.584)	1:57.592 (1:00.009)	
15	Bennett Coppola	10 Decorah	1:57.80
	58.890 (58.890)	1:57.800 (58.911)	
16	Jackson VanHorn	12 Clear Crk-Am	1:58.03
	57.144 (57.144)	1:58.028 (1:00.884)	
17	Reagan Maki	10 Newton	1:58.32
	57.529 (57.529)	1:58.312 (1:00.784)	
18	Benjamin Brinkmann	09 Mt Vernon	1:58.63
	58.854 (58.854)	1:58.626 (59.772)	
19	William Primrose	10 Vinton-Shell	1:59.11
	58.711 (58.711)	1:59.105 (1:00.395)	
20	Tyler Hess	11 Western Dub	1:59.97
	58.285 (58.285)	1:59.964 (1:01.679)	
21	Chase Gordon	12 DSM, Hoover	2:00.31
	57.395 (57.395)	2:00.308 (1:02.913)	
22	Jack Leistikow	10 ADM, Adel	2:00.37
	59.511 (59.511)	2:00.364 (1:00.854)	
23	Jaimyn Bevans	09 Solon	2:01.31
	58.931 (58.931)	2:01.303 (1:02.372)	
24	Mason Gaulke	12 Pella	2:01.37
	57.332 (57.332)	2:01.369 (1:04.038)	
---	Heath Kampbell	10 Storm Lake	SCR

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---	Abe Hensley	10	Winterset	SCR
---	Ayden Larrabee	12	SB-Luton	SCR
---	Marcus Pirkel	09	Williamsburg	SCR
---	Jace Leasure	11	Winterset	SCR
---	Lincoln Lamont	10	Vinton-Shell	SCR
---	Trevor Nusbaum	11	Nevada	SCR
---	Henry Little	11	Nevada	SCR
---	Nolan Hayden	11	Wahlert, Dub	SCR
---	Carver Cecak	12	South Tama	SCR
---	Raymond Landegent	10	Sioux Center	SCR
---	Kaleb Draeger	10	Webster City	SCR
---	Sawyer Tschantz	12	Washington	SCR
---	Alexander Christensen	12	Waverly-SR	SCR
---	Isaiah Rustad	10	Spencer	SCR
---	Hudson Ter Wee	10	SB-Luton	SCR
---	Braden Mell	10	Benton Comm	SCR
---	Jack Rieck	12	Bond-Farrar	SCR
---	Graden Hermann	11	Ballard	SCR
---	Teddy Johnson	09	Boone	SCR
---	Aaron Morehead	12	Burlington	SCR
---	Austin Felder	09	Boone	SCR
---	Dillon Dorenkamp	11	DSM Christia	SCR
---	Ryan Iwig	09	DSM Christia	SCR
---	Kevin Sanchez	11	Denison-Schl	SCR
---	Corbin Ritter	12	Atlantic	SCR
---	Preston Williams	12	Atlantic	SCR
---	Drew Caldwell	11	Assumption	SCR
---	Miles Knudtson	09	Independence	SCR
---	Jacob Mitrison	10	Knoxville	SCR
---	Owen Stattelman	09	Humboldt	SCR
---	Thatcher Doughan	12	MOC-FV	SCR
---	Payton Wilson	12	Mt Pleasant	SCR
---	Liam Northway	11	Marion	SCR
---	Karsyn Krutsch	11	Carroll	SCR
---	Adam Wilke	12	Central DeWi	SCR
---	Korben Fritz	11	Carlisle	SCR
---	Riley Tripp	12	Fort Madison	SCR
---	Liam Crites	12	Grinnell	SCR
---	Daniel Steinbron	12	Clear Lake	SCR

## Boys 1600 Meter Run 3A

State Meet: 3:59.60 \* 5/24/2025 Quentin Nauman

All-Time: 3:59.60 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
<b>Finals</b>			
1 Quentin Nauman	12	Western Dub	4:08.16 10
1:01.875 (1:01.875)	2:07.523 (1:05.649)	3:10.847 (1:03.324)	
4:08.154 (57.308)			
2 Canaan Dunham	12	Pella	4:11.23 8
1:02.017 (1:02.017)	2:07.248 (1:05.232)	3:10.621 (1:03.373)	
4:11.229 (1:00.609)			
3 Logan Bleich	11	Gilbert	4:14.05 6
1:01.985 (1:01.985)	2:07.032 (1:05.047)	3:10.562 (1:03.530)	
4:14.047 (1:03.486)			

## Finals ... (Boys 1600 Meter Run 3A)

Name	Yr	School	Finals
4 Alex Torres	12	Vinton-Shell	4:15.60 5
1:03.084 (1:03.084)	2:08.487 (1:05.403)	3:15.421 (1:06.935)	
4:15.598 (1:00.177)			
5 Carson Squiers	12	Gilbert	4:15.97 4
1:04.112 (1:04.112)	2:08.929 (1:04.817)	3:15.207 (1:06.279)	
4:15.964 (1:00.757)			
6 Carson Meskimen	10	Clear Crk-Am	4:16.27 3
1:02.869 (1:02.869)	2:08.729 (1:05.860)	3:15.614 (1:06.885)	
4:16.265 (1:00.652)			
7 Cadel Conner	12	South Tama	4:17.28 2
1:03.498 (1:03.498)	2:09.016 (1:05.518)	3:15.948 (1:06.933)	
4:17.278 (1:01.330)			
8 Dawson Scheil	12	Mt Vernon	4:17.57 1
1:03.267 (1:03.267)	2:08.871 (1:05.604)	3:15.723 (1:06.853)	
4:17.570 (1:01.847)			
9 Isaac Rankin	12	Knoxville	4:23.35
1:04.171 (1:04.171)	2:10.931 (1:06.760)	3:16.930 (1:05.999)	
4:23.347 (1:06.417)			
10 Josiah Sisler	11	DSM Christia	4:24.61
1:03.836 (1:03.836)	2:10.593 (1:06.757)	3:19.586 (1:08.994)	
4:24.602 (1:05.016)			
11 Andrew Rees	12	Washington	4:24.76
1:06.541 (1:06.541)	2:13.232 (1:06.691)	3:22.613 (1:09.382)	
4:24.753 (1:02.141)			
12 Kyle Olson	11	Central DeWi	4:25.39
1:03.843 (1:03.843)	2:12.050 (1:08.207)	3:21.323 (1:09.273)	
4:25.388 (1:04.066)			
13 Cole Niemann	09	Central DeWi	4:25.45
1:04.244 (1:04.244)	2:11.590 (1:07.347)	3:21.496 (1:09.906)	
4:25.445 (1:03.949)			
14 Gavin Weber	12	Algona	4:26.92
1:03.376 (1:03.376)	2:08.225 (1:04.849)	3:16.005 (1:07.781)	
4:26.914 (1:10.909)			
15 Luke McCormick	09	DSM Christia	4:28.14
1:03.804 (1:03.804)	2:09.286 (1:05.482)	3:18.534 (1:09.248)	
4:28.132 (1:09.599)			
16 Ryler Hanson	10	Bond-Farrar	4:29.02
1:04.612 (1:04.612)	2:11.791 (1:07.180)	3:20.950 (1:09.159)	
4:29.018 (1:08.069)			
17 Clarence Nimrod	11	Decorah	4:29.03
1:04.567 (1:04.567)	2:12.240 (1:07.674)	3:22.148 (1:09.909)	
4:29.026 (1:06.878)			
18 John Murphy	12	Assumption	4:29.63
1:06.146 (1:06.146)	2:14.242 (1:08.096)	3:24.756 (1:10.514)	
4:29.629 (1:04.873)			
19 Jonah Ebersole	11	Pella	4:31.98
1:05.464 (1:05.464)	2:13.175 (1:07.712)	3:23.390 (1:10.216)	
4:31.976 (1:08.586)			
20 Andrew Allen	10	Xavier, CR	4:32.58
1:04.552 (1:04.552)	2:12.620 (1:08.068)	3:24.092 (1:11.472)	
4:32.577 (1:08.485)			

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21	Silas Hulett	11	Mt Pleasant	4:32.96
	1:05.498 (1:05.498)		2:13.481 (1:07.984)	3:23.791 (1:10.310)
	4:32.958 (1:09.167)			
22	Garrett See	12	Decorah	4:33.17
	1:05.903 (1:05.903)		2:12.740 (1:06.837)	3:20.448 (1:07.708)
	4:33.168 (1:12.720)			
23	Isaac Hummel	11	MOC-FV	4:33.26
	1:05.324 (1:05.324)		2:13.579 (1:08.255)	3:24.249 (1:10.671)
	4:33.257 (1:09.008)			
24	Chasen Caskey	11	Mt Vernon	4:33.53
	1:04.350 (1:04.350)		2:11.470 (1:07.120)	3:22.991 (1:11.522)
	4:33.528 (1:10.537)			
---	Barrett Jesina	12	South Tama	SCR
---	Nathan Rodriguez	12	Spencer	SCR
---	Brady Sanger	12	Bond-Farrar	SCR
---	Zach Dickinson	12	Vinton-Shell	SCR
---	Joel Ramirez-Parra	12	Storm Lake	SCR
---	Drew Cundy	09	Sioux Center	SCR
---	Jacoby Vermeer	11	Sioux Center	SCR
---	Hunter Hansen	12	Burlington	SCR
---	Kaden Recker	10	Solon	SCR
---	Anders Holmes	10	Solon	SCR
---	Carlos Meraz	10	West Liberty	SCR
---	John Taylor	11	Winterset	SCR
---	Gabe Thumma	12	Webster City	SCR
---	D'Artagnan Hansen	12	Atlantic	SCR
---	Alexander Wolfe	09	Winterset	SCR
---	Jayden Brookins	12	Wahlert, Dub	SCR
---	Austin Vance	10	Ballard	SCR
---	Ethan Barber	12	Bishop Hecla	SCR
---	Jack Barner	12	Webster City	SCR
---	Matthew Hommowun	10	Waverly-SR	SCR
---	Henry Kramer	10	Humboldt	SCR
---	Ty Miller	11	ADM, Adel	SCR
---	Jeffrey Gross	11	Harlan	SCR
---	Thatcher Doughan	12	MOC-FV	SCR
---	Connor Schultz	12	Knoxville	SCR
---	Ryder Baird	09	Creston	SCR
---	Brice Boatright	11	Fairfield	SCR
---	Wyatt Goodenberger	11	Creston	SCR
---	John Amos	11	Clear Lake	SCR
---	Richard Knox	09	Assumption	SCR
---	Lance Zaabel	12	Newton	SCR
---	Alexander Chisholm	09	North Polk	SCR
---	Dawson Lemke	12	Nevada	SCR
---	Chase Gordon	12	DSM, Hoover	SCR
---	Ayden Reed	11	North Polk	SCR
---	Mason Betts	10	Atlantic	SCR
---	Felipe Saldana	10	Carlisle	SCR
---	Nic Schieltz	12	Clear Crk-Am	SCR
---	Caleb Biensen	12	Nevada	SCR
---	Lance Mueggenberg	10	Xavier, CR	SCR

## Boys 3200 Meter Run 3A

State Meet: 8:50.43 \* 5/22/2014 Thomas Pollard

All-Time: 8:50.43 ! 5/22/2014 Thomas Pollard

Name	Yr	School	Finals
<b>Finals</b>			
1	Quentin Nauman	12	Western Dub 8:54.00 10
	1:05.884 (1:05.884)		2:16.456 (1:10.572)
	4:34.714 (1:09.295)		5:42.109 (1:07.395)
	7:58.133 (1:07.482)		8:53.997 (55.864)
2	Canaan Dunham	12	Pella 8:59.18 8
	1:05.848 (1:05.848)		2:16.213 (1:10.365)
	4:34.513 (1:09.213)		5:41.906 (1:07.394)
	7:58.767 (1:08.293)		8:59.171 (1:00.405)
3	Logan Bleich	11	Gilbert 9:10.98 6
	1:07.354 (1:07.354)		2:16.706 (1:09.353)
	4:34.323 (1:08.714)		5:41.775 (1:07.452)
	7:59.522 (1:09.153)		9:10.978 (1:11.456)
4	Jacob Tallman	11	Gilbert 9:16.54 5
	1:07.543 (1:07.543)		2:17.596 (1:10.053)
	4:41.571 (1:13.373)		5:51.517 (1:09.947)
	8:13.461 (1:09.868)		9:16.538 (1:03.078)
5	Isaac Rankin	12	Knoxville 9:16.75 4
	1:08.731 (1:08.731)		2:18.612 (1:09.881)
	4:42.470 (1:13.660)		5:52.124 (1:09.654)
	8:13.789 (1:10.431)		9:16.743 (1:02.954)
6	Carson Meskimen	10	Clear Crk-Am 9:19.33 3
	1:08.468 (1:08.468)		2:18.242 (1:09.774)
	4:42.161 (1:13.641)		5:52.704 (1:10.544)
	8:14.228 (1:09.849)		9:19.326 (1:05.099)
7	Cadel Conner	12	South Tama 9:22.17 2
	1:07.805 (1:07.805)		2:18.130 (1:10.325)
	4:42.715 (1:14.270)		5:52.774 (1:10.059)
	8:18.166 (1:12.389)		9:22.161 (1:03.996)
8	Alex Torres	12	Vinton-Shell 9:30.74 1
	1:07.317 (1:07.317)		2:17.859 (1:10.542)
	4:42.465 (1:14.232)		5:53.337 (1:10.872)
	8:18.826 (1:12.890)		9:30.732 (1:11.907)
9	Josiah Sisler	11	DSM Christia 9:37.93
	1:08.329 (1:08.329)		2:19.479 (1:11.150)
	4:43.494 (1:12.988)		5:57.155 (1:13.662)
	8:28.980 (1:15.562)		9:37.929 (1:08.950)
10	Barrett Jesina	12	South Tama 9:41.18
	1:08.938 (1:08.938)		2:19.589 (1:10.651)
	4:44.087 (1:12.847)		5:57.311 (1:13.224)
	8:28.742 (1:16.608)		9:41.179 (1:12.438)
11	Jayden Brookins	12	Wahlert, Dub 9:42.96
	1:06.960 (1:06.960)		2:17.402 (1:10.442)
	4:42.308 (1:14.259)		5:53.820 (1:11.513)
	8:28.685 (1:18.317)		9:42.955 (1:14.270)
12	Silas Hulett	11	Mt Pleasant 9:45.12
	1:06.846 (1:06.846)		2:17.250 (1:10.404)
	4:42.092 (1:14.112)		5:55.518 (1:13.426)
	8:30.945 (1:17.746)		9:45.117 (1:14.172)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

13	Clarence Nimrod	11	Decorah	9:46.46	---	Jack Shepherd	09	Washington	SCR
	1:09.341 (1:09.341)		2:22.272 (1:12.931)	3:34.429 (1:12.158)					
	4:47.257 (1:12.828)		6:01.872 (1:14.615)	7:19.044 (1:17.172)					
	8:35.191 (1:16.148)		9:46.457 (1:11.266)						
14	Luke McCormick	09	DSM Christia	9:48.92					
	1:08.285 (1:08.285)		2:19.740 (1:11.456)	3:30.801 (1:11.061)					
	4:43.591 (1:12.791)		5:58.194 (1:14.603)	7:16.711 (1:18.517)					
	8:35.723 (1:19.013)		9:48.916 (1:13.194)						
15	Adam Wilke	12	Central DeWi	9:53.38					
	1:08.149 (1:08.149)		2:19.177 (1:11.029)	3:30.262 (1:11.085)					
	4:43.875 (1:13.613)		5:58.328 (1:14.454)	7:16.395 (1:18.068)					
	8:36.212 (1:19.818)		9:53.375 (1:17.163)						
16	Lance Zaabel	12	Newton	9:57.40					
	1:09.180 (1:09.180)		2:21.053 (1:11.873)	3:34.687 (1:13.634)					
	4:49.802 (1:15.116)		6:06.869 (1:17.067)	7:25.329 (1:18.461)					
	8:42.997 (1:17.668)		9:57.399 (1:14.402)						
17	Richard Knox	09	Assumption	9:57.94					
	1:09.031 (1:09.031)		2:20.713 (1:11.683)	3:35.083 (1:14.370)					
	4:51.405 (1:16.322)		6:08.643 (1:17.238)	7:28.735 (1:20.092)					
	8:46.505 (1:17.770)		9:57.931 (1:11.427)						
18	Andrew Allen	10	Xavier, CR	9:59.66					
	1:08.065 (1:08.065)		2:18.901 (1:10.836)	3:29.234 (1:10.334)					
	4:44.220 (1:14.987)		6:02.331 (1:18.111)	7:25.038 (1:22.708)					
	8:44.952 (1:19.914)		9:59.651 (1:14.700)						
19	Joel Ramirez-Parra	12	Storm Lake	10:01.37					
	1:08.022 (1:08.022)		2:18.642 (1:10.621)	3:31.441 (1:12.799)					
	4:47.521 (1:16.081)		6:05.546 (1:18.025)	7:28.450 (1:22.904)					
	8:50.312 (1:21.863)		10:01.368 (1:11.056)						
20	Clark Bennett	10	Bond-Farrar	10:02.48					
	1:10.087 (1:10.087)		2:23.154 (1:13.067)	3:38.845 (1:15.692)					
	4:57.705 (1:18.860)		6:14.556 (1:16.851)	7:34.897 (1:20.341)					
	8:52.230 (1:17.334)		10:02.475 (1:10.246)						
21	Derek Hrdlicka	10	Decorah	10:06.94					
	1:10.681 (1:10.681)		2:25.079 (1:14.398)	3:41.177 (1:16.098)					
	4:58.194 (1:17.017)		6:15.626 (1:17.432)	7:34.453 (1:18.827)					
	8:52.943 (1:18.491)		10:06.932 (1:13.990)						
22	Matthew Hommowun	10	Waverly-SR	10:13.33					
	1:09.879 (1:09.879)		2:24.021 (1:14.142)	3:40.515 (1:16.494)					
	4:59.053 (1:18.539)		6:17.943 (1:18.891)	7:38.240 (1:20.297)					
	8:56.695 (1:18.456)		10:13.323 (1:16.628)						
23	Leo Tharp	12	Mt Vernon	10:16.75					
	1:09.583 (1:09.583)		2:21.103 (1:11.521)	3:36.248 (1:15.146)					
	4:55.157 (1:18.910)		6:15.749 (1:20.592)	7:38.972 (1:23.223)					
	8:59.127 (1:20.155)		10:16.743 (1:17.616)						
24	Alexander Ortega	12	Storm Lake	10:22.63					
	1:11.078 (1:11.078)		2:26.433 (1:15.356)	3:44.710 (1:18.277)					
	5:03.951 (1:19.242)		6:24.142 (1:20.191)	7:44.748 (1:20.606)					
	9:03.558 (1:18.811)		10:22.629 (1:19.072)						
---	Tyler Schmidt	12	North Polk	SCR					
---	Danny Dye	10	Mt Vernon	SCR					
---	Lane Smith	10	Oskaloosa	SCR					
---	Trevor Nusbaum	11	Nevada	SCR					
---	Aiden Wardell	09	Webster City	SCR					
---	Dawson Lemke	12	Nevada	SCR					

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 3200 Meter Run 3A)

Name	Yr	School	Finals
--- Brooks Kabela	09	Solon	SCR
--- Anders Holmes	10	Solon	SCR
--- Teag Miller	10	Washington	SCR
--- Carlos Meraz	10	West Liberty	SCR
--- Noah Schuknecht	12	Pella	SCR
--- Alexander Wolfe	09	Winterset	SCR
--- Samuel McCord	10	Sioux Center	SCR
--- John Taylor	11	Winterset	SCR
--- Pearson Lampe	11	Boone	SCR
--- Judah De Cleene	12	Carlisle	SCR
--- David Hindman	10	Bishop Heela	SCR
--- Calvin Cook	11	Boone	SCR
--- Lane Johnston	09	Central DeWi	SCR
--- Mason Miller	11	Clear Crk-Am	SCR
--- Dayton Wiederien	12	Carroll	SCR
--- Kevin Sanchez	11	Denison-Schl	SCR
--- Max Marple	11	ADM, Adel	SCR
--- Andrew Coller	09	ADM, Adel	SCR
--- Thomas Engler	10	Atlantic	SCR
--- Korbin Hunt	09	Benton Comm	SCR
--- Axton Hood	09	Algona	SCR
--- Bradley Hembrook	11	Knoxville	SCR
--- Jony Sanchez	11	LeMars	SCR
--- Sam Higbie	09	Keokuk	SCR
--- Ben Dykstra	10	MOC-FV	SCR
--- Benjamin Roetman	09	MOC-FV	SCR
--- Dredan Rauser	09	Marion	SCR
--- Benaiah Steinbron	09	Clear Lake	SCR
--- Kingsley Ly	09	DSM, Hoover	SCR
--- John Amos	11	Clear Lake	SCR
--- Jeffrey Gross	11	Harlan	SCR
--- Henry Kramer	10	Humboldt	SCR
--- Joel Klein	10	Western Dub	SCR

## Boys 110 Meter Hurdles 3A

State Meet: 13.58 \* 5/24/2025 Tay Seals

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Prelims
1 Tay Seals	11	Clear Crk-Am	13.67q 1.2
2 Logan VanDenBroek	11	Pella	14.32q 1.2
3 Caiden Johnson	12	Pella	14.62q -1.7
4 Jace Bellamy	12	Winterset	14.63q 1.2
5 Nolan Johnson	11	Waverly-SR	14.73q -1.7
6 Drew Farver	12	Bond-Farrar	14.77q -1.9
7 Aidan Rash	12	Gilbert	14.84q -1.9
8 Conner Vander Ploeg	12	MOC-FV	14.96q -1.7
9 Aaden Lopez	12	Glenwood	14.98 1.2
10 Jameson Gregoire	11	Central DeWi	15.03 -1.9
11 Stetson Kane	12	Ballard	15.05 1.2
12 Lual Tharjiath	12	Carroll	15.21 -1.7
13 Keeton Jeppeson	11	Clear Lake	15.24 -1.9

14 Tate Fever	12	Clear Lake	15.37 -1.9
15 Jaxon Griffith	12	Webster City	15.37 1.2
16 Parker Smit	10	Sioux Center	15.43 1.2
17 Zander Killion	10	Atlantic	15.55 -1.7
18 Nicholas Miller	10	CPU	15.56 -1.9
19 Marquis Olson	12	Waverly-SR	15.59 -1.7
20 Beck Maricle	11	Central DeWi	15.65 -1.9
21 Tegan Bogh	12	LeMars	15.76 -1.7
22 Dylan Maasdam	12	MOC-FV	15.85 -1.7
23 Jivahny Lovan	12	Spencer	15.95 -1.9
24 Spencer McCready	12	Fairfield	15.96 1.2

## Boys 110 Meter Hurdles 3A

State Meet: 13.58 \* 5/24/2025 Tay Seals

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Finals
1 Tay Seals	11	Clear Crk-Am	13.73 10
2 Logan VanDenBroek	11	Pella	14.43 8
3 Nolan Johnson	11	Waverly-SR	14.58 6
4 Caiden Johnson	12	Pella	14.65 5
5 Conner Vander Ploeg	12	MOC-FV	14.66 4
6 Drew Farver	12	Bond-Farrar	14.75 3
7 Jace Bellamy	12	Winterset	14.89 2
8 Aidan Rash	12	Gilbert	15.04 1

## Boys 400 Meter Hurdles 3A

State Meet: 51.04 \* 5/23/2025 Nathan Miller

All-Time: 50.96 ! 1996 Dustin Avey

Name	Yr	School	Finals
1 Owen Von Ahsen	12	Benton Comm	52.71 10
2 Jayden Stephens	10	Waverly-SR	53.12 8
3 Tate Fever	12	Clear Lake	53.53 6
4 Jace Bellamy	12	Winterset	53.85 5
5 Cole Frese	11	Bishop Heela	54.09 4
6 Carter Bormann	11	North Polk	54.26 3
7 Justin Callahan	12	Webster City	54.33 2
8 Christopher Meyer	12	Independence	54.48 1
9 Ashton Saltou	12	Decorah	54.75
10 Ian McCollum	11	Assumption	55.17
11 Benjamin O'Halloran	11	Pella	55.20
12 Drew Bauer	11	Newton	55.42
13 Nolan Hemann	09	W Delaware	55.58
14 Liam Smith	10	Clear Lake	55.62
15 Elliott Zrudsky	12	Marion	56.83
16 Lincoln Wray	11	Keokuk	57.03
17 Dylan Powles	10	Glenwood	57.16
18 Liam Enger	10	Burlington	57.18
19 Max Plasier	11	Sioux Center	57.42
20 Caleb Lee	11	Wahlert, Dub	57.48
21 Brock Corrigan	11	Benton Comm	57.55
22 Will Brandt	12	Solon	57.85
23 Carson Tedrow	12	Carroll	58.09
24 Nicholas Miller	10	CPU	58.76

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 400 Meter Hurdles 3A)

Name	Yr	School	Finals
--- Andre Nicholson	10	West Liberty	SCR
--- Mason Mendez	11	Newton	SCR
--- Alexander Christensen	12	Waverly-SR	SCR
--- Simeon English	09	Mt Pleasant	SCR
--- Isaiah Moeller	10	MOC-FV	SCR
--- Isaac Williams	12	Nevada	SCR
--- Caleb Shepherd	10	Mt Pleasant	SCR
--- Wesley Hanus	12	South Tama	SCR
--- Josiah Houghton	11	South Tama	SCR
--- Justin Moore	12	Solon	SCR
--- Jake Hall	12	Winterset	SCR
--- Aidan Kruempel	11	Pella	SCR
--- Tate Miller	10	North Polk	SCR
--- Emmet Kneifl	11	SB-Luton	SCR
--- Thad Stewart	12	Perry	SCR
--- Jackson Halfhill	11	Bond-Farrar	SCR
--- Jasper Wilson	12	Bond-Farrar	SCR
--- Sawyer Tarrell	12	Atlantic	SCR
--- Tommy Carroll	09	Bishop Hecla	SCR
--- Carson Furnal	10	Carlisle	SCR
--- Jameson Gregoire	11	Central DeWi	SCR
--- Noel Malin	11	Boone	SCR
--- Wyatt Odell	12	DSM Christia	SCR
--- Caleb Lang	10	Xavier, CR	SCR
--- Reid Kluesner	11	ADM, Adel	SCR
--- Owen Moe	11	Algona	SCR
--- Grant Petty	11	Atlantic	SCR
--- Kipton Reed	10	ADM, Adel	SCR
--- Carson Baughman	10	Harlan	SCR
--- Karsen Caster	11	Knoxville	SCR
--- Aaden Keehn	12	Hampton-Dumo	SCR
--- Chase Mcnaughton	10	LeMars	SCR
--- Connor Bussey	11	Marion	SCR
--- Tycen Augustine	12	LeMars	SCR
--- Elijah Hamilton	09	Fairfield	SCR
--- Liam McEntee	09	Fort Madison	SCR
--- Noah Horstman	11	Western Dub	SCR
--- Charlie Patten	09	Gilbert	SCR
--- Briggs Gruelke	11	Hampton-Dumo	SCR
--- Charles Fink	09	Gilbert	SCR

## Boys 4x100 Meter Relay 3A

State Meet: 41.33 \* 5/17/2024 ADM, Adel

A Flora, T Gelhaar, M Vanorny, B Doll

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Prelims
1 Clear Lake	1	41.76q
1) Isaac Smith 12	2) Kolby Hodnefield 12	
3) Sam Dodge 12	4) Maddon McIntire 09	

2 Western Dubuque	1	41.85q
1) John FitzPatrick 11	2) Willie Williams Jr. 11	
3) Ben Wernimont 12	4) Drew Bergfeld 11	
3 SB-Luton	1	42.33q
1) Beckett Verros 11	2) Justin Ehlers 10	
3) Gavin Warren 12	4) Joe Hardy 12	
4 Grinnell	1	42.38q
1) Diallo Perkins 10	2) Josh Ringler 11	
3) Elijah Mahoney 11	4) Kellan Harter 12	
5 Gilbert	1	42.44q
1) Aidan Rash 12	2) Paul Marpe 12	
3) Gabe Fierce 12	4) Reggie Chittenden 10	
6 Waverly-SR	1	42.62q
1) Marquis Olson 12	2) Nolan Johnson 11	
3) Jayden Stephens 10	4) Rylan Peters 12	
7 Wahlert, Dub	1	42.70q
1) Henry Thier 10	2) Matthew Winter 11	
3) Josh Oelke 12	4) Ben Francis 12	
8 ADM, Adel	1	42.81q
1) Brayden Davison 11	2) Owen Rychnovsky 11	
3) Leyton Gerleman 12	4) Jackson Pitzen 12	
9 Glenwood	1	42.83
1) Chase Razor 11	2) Tristan Ludwig 12	
3) Shain Pratt 12	4) Kaden Crouch 12	
10 Keokuk	1	42.91
1) Kurt Joy 10	2) Jackson Bair 09	
3) Antonio Crockett 10	4) Ryan Bair 12	
11 CPU	1	42.96
1) Garrett Lnenicka 11	2) Cayle Estling 12	
3) AJ Maloney 12	4) Donovan Crouchet 11	
12 DSM Christian	1	43.01
1) Davis Tokheim 11	2) Oliver Grice 10	
3) Braden Williams 12	4) Colin Gibson 11	
13 Decorah	1	43.02
1) Grant Knutson 09	2) Davis Walter 10	
3) Landon Quandahl 12	4) Peyton Webb 12	
14 Algona	1	43.13
1) William Weichert 12	2) Tate Garman 12	
3) Levi Walker 12	4) Owen Moe 11	
15 Newton	1	43.28
1) Nick Thomason 12	2) Dro Felten 09	
3) Ali Yahia 12	4) Josh Lampe 10	
16 Benton Comm	1	43.35
1) Evan Martin 12	2) Sawyer Rudie 10	
3) Brody Timmerman 12	4) Carson Nolan 12	
17 MOC-FV	1	43.36
1) Dylan Maasdam 12	2) Dalton Koerselman 10	
3) Hudson Kleinhesselink 10	4) Conner Vander Ploeg 12	
18 Carlisle	1	43.38
1) Jakson Hoversten 11	2) CJ Haug 11	
3) Isaac Burk 11	4) Hayden Schulte 11	
19 Clear Crk-Amana	1	43.54
1) Brady Hilsman 11	2) Colter Austin 12	
3) Riley Colvin 12	4) Adam zeman 12	

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## Results

## Preliminaries ... (Boys 4x100 Meter Relay 3A)

Team	Relay	Prelims
20 Marion	1	43.56
1) Gideon Hansen 12	2) Colton Neal 09	
3) Noah Meyers 11	4) Matthew Danninger 12	
21 Central DeWitt	1	43.62
1) Cooper Small 11	2) Michael Palmer 12	
3) Jonathan Garrison 11	4) Liam Watters 10	
22 Carroll	1	43.88
1) Treyvin Childress 11	2) Camden King 11	
3) Landon Mrla 12	4) Lual Tharjiath 12	
23 Pella	1	44.31
1) Grant Finken 10	2) Nate Warner 12	
3) Harry Tallman 12	4) Landen Pleima 12	
--- North Polk	1	DQ
1) Parker Chrisco 10	2) Connor Blake 11	
3) Dylan Twedt 12	4) Aidan Rademacher 12	

## Boys 4x100 Meter Relay 3A

State Meet: 41.33 \* 5/17/2024 ADM, Adel

A Flora, T Gelhaar, M Vanorny, B Doll

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Finals
1 Clear Lake	1	42.30 10
1) Isaac Smith 12	2) Kolby Hodnefeld 12	
3) Sam Dodge 12	4) Maddon McIntire 09	
2 Grinnell	1	42.61 8
1) Diallo Perkins 10	2) Josh Ringler 11	
3) Elijah Mahoney 11	4) Kellan Harter 12	
3 Western Dubuque	1	42.64 6
1) John FitzPatrick 11	2) Willie Williams Jr. 11	
3) Ben Wernimont 12	4) Drew Bergfeld 11	
4 SB-Luton	1	42.82 5
1) Beckett Verros 11	2) Justin Ehlers 10	
3) Gavin Warren 12	4) Joe Hardy 12	
5 Waverly-SR	1	42.91 4
1) Marquis Olson 12	2) Nolan Johnson 11	
3) Jayden Stephens 10	4) Rylan Peters 12	
6 Wahlert, Dub	1	43.00 3
1) Henry Thier 10	2) Matthew Winter 11	
3) Josh Oelke 12	4) Ben Francis 12	
7 ADM, Adel	1	43.13 2
1) Brayden Davison 11	2) Leyton Gerleman 12	
3) Hudson Shull 12	4) Jackson Pitzen 12	
8 Gilbert	1	43.23 1
1) Aidan Rash 12	2) Paul Marpe 12	
3) Gabe Fierce 12	4) Reggie Chittenden 10	

## Boys 4x200 Meter Relay 3A

State Meet: 1:25.55 \* 5/17/2024 ADM, Adel

A Flora, G Rychnovsky, Z Lohmann, B Doll

All-Time: 1:25.55 ! 5/17/2024 ADM

Flora, Rychnovsky, Lohmann, Doll

Team	Relay	Finals
1 Clear Lake	1	1:26.99 10
1) Isaac Smith 12	2) Sam Dodge 12	
3) Isaac Brownlee 11	4) Maddon McIntire 09	
2 ADM, Adel	1	1:27.29 8
1) Zane Johnson 10	2) Parker Hook 11	
3) Hudson Shull 12	4) Leyton Gerleman 12	
3 Clear Crk-Amana	1	1:27.44 6
1) Tay Seals 11	2) Riley Colvin 12	
3) Adam zeman 12	4) Quade Jensen 10	
4 Western Dubuque	1	1:27.73 5
1) John FitzPatrick 11	2) Dilan Lopez 10	
3) Will Steffen 10	4) Drew Bergfeld 11	
5 Gilbert	1	1:27.73 4
1) Aidan Rash 12	2) Ean Eldred 12	
3) Gabe Fierce 12	4) Paul Marpe 12	
6 Grinnell	1	1:27.77 3
1) Diallo Perkins 10	2) Josh Ringler 11	
3) Elijah Mahoney 11	4) Kellan Harter 12	
7 North Polk	1	1:27.81 2
1) Parker Chrisco 10	2) Mason Ackerman 11	
3) Aidan Rademacher 12	4) Connor Blake 11	
8 Central DeWitt	1	1:27.99 1
1) Sam Pfeifle 11	2) Michael Palmer 12	
3) Jonathan Garrison 11	4) Alexander Brown 12	
9 Winterset	1	1:28.36
1) Coen Binns 11	2) Jace Bellamy 12	
3) Jude Gurwell 12	4) Wyatt Swanson 12	
10 MOC-FV	1	1:28.57
1) Dalton Koerselman 10	2) Hudson Kleinhesselink 10	
3) Logan Van Ravenhorst 10	4) Albear Van Zee 11	
11 DSM Christian	1	1:28.86
1) Davis Tokheim 11	2) Oliver Grice 10	
3) Colin Gibson 11	4) Braden Williams 12	
12 Perry	1	1:29.57
1) Rylan Modlin 11	2) Bryan Chavez 10	
3) Xavier Leake 09	4) Michael Bahtagic 10	
13 Solon	1	1:29.72
1) Channing Wildrick 09	2) Jackson Burk 11	
3) Paxton Holtkamp 10	4) Eli Kampman 12	
14 SB-Luton	1	1:29.72
1) Hunter Pearson 12	2) Gavin Warren 12	
3) Beckett Verros 11	4) Blake Harsma 12	
15 Carlisle	1	1:29.90
1) Jakson Hoversten 11	2) CJ Haug 11	
3) Isaac Burk 11	4) Hayden Schulte 11	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 4x200 Meter Relay 3A)

Team	Relay	Finals			
16 Decorah	1	1:30.27	---	Storm Lake	1 SCR
1) Landon Quandahl 12	2) Peyton Webb 12		1) Brennen Anderson 10	2) Brandyn Azurdia 12	
3) Trevor Kuennen 12	4) Davis Walter 10		3) Andre Machado 12	4) Azael Garcia 10	
17 Benton Comm	1	1:30.42	---	Vinton-Shellbrg	1 SCR
1) Carson Nolan 12	2) Brody Timmerman 12		1) Tate Druschel 11	2) Jacoby Johnson 12	
3) Evan Martin 12	4) Will Schanbacher 12		3) Conner Bridgewater 11	4) Ben McGowan 12	
18 Glenwood	1	1:30.52	---	West Liberty	1 SCR
1) Shain Pratt 12	2) Dylan Powles 10		1) Gabriel Johnson 09	2) Huxley Rock 10	
3) Haze Stephens 10	4) Kaden Crouch 12		3) Tristan Miller 10	4) Aidan Brown 09	
19 Knoxville	1	1:30.58	---	Pella	1 SCR
1) Emmitt Hyatt 10	2) Jackson Reed 11		1) William Schuknecht 10	2) Rex Rhamy 12	
3) Jaron Davis 10	4) Kyler Gifford 12		3) Colt Koeppen 11	4) Nate Warner 12	
20 Wahlert, Dub	1	1:30.78	---	Webster City	1 SCR
1) Lincoln Oberfoell 12	2) Josh Oelke 12		1) Israel Torres 11	2) Aiden Hrnicek 12	
3) Anderson Herbst 12	4) Ben Francis 12		3) Dane Hansen 10	4) Luke Blake 11	
21 Bishop Heelan	1	1:31.04	---	Sioux Center	1 SCR
1) Israel Beltran 12	2) Talon Sexton 12		1) Ezra Hibma 11	2) McArthur Schuiteman 10	
3) Cole Frese 11	4) Covan Fetterman 11		3) Sawyer Hietbrink 11	4) Cohen Verhoef 11	
22 Williamsburg	1	1:31.17	---	Burlington	1 SCR
1) Dallin Sullivan 11	2) Bowen Stratton 12		1) Owen Diferedico 12	2) Brady Britt 11	
3) Grady Wetjen 12	4) Cash Brown 10		3) Kevin Brown 09	4) Deedwin shaw 11	
23 Fairfield	1	1:31.68	---	Carroll	1 SCR
1) Eli Hoffman 12	2) Voss Richardson 11		1) Chase Schable 11	2) Ty Muhlbauer 12	
3) Dayson Workman 12	4) Ethan Bisgard 11		3) Camden King 11	4) Landon Mrla 12	
24 Harlan	1	1:31.76	---	Boone	1 SCR
1) Sam Shields 11	2) Jackson Ahrenholtz 10		1) George Grote 10	2) Gabriel Villalva 09	
3) Cade Nelson 11	4) Hagen Sorensen 12		3) Ryder Hilsabeck 09	4) Issac McCloud 09	
---	1	SCR	---	Clarke	1 SCR
1) Dro Felten 09	2) Kreytein Wickliffe 11		1) Azahel Herrera 12	2) Cayden Anderson 11	
3) Romell Cochran jr 11	4) Ronald Oldham 09		3) Javier Munoz 12	4) Gavin Page 12	
---	1	SCR	---	CPU	1 SCR
1) Nic Stone 11	2) Liam Roberts 10		1) Karter Duffy 11	2) Lucas Lopata 11	
3) Kael Williams 12	4) Isaac Medrano 10		3) Cael Salow 11	4) Evan Ranbarger 11	
---	1	SCR	---	Charles City	1 SCR
1) Barrett Rinehart-Lynch 10	2) Aaron Dye 10		1) Bill Bruening 10	2) Holden McInroy 12	
3) Colton Hynick 09	4) Drake Heeren 09		3) Patrick McCarty 09	4) Thane Howlett 12	
---	1	SCR	---	Assumption	1 SCR
1) Cadin Beavers 12	2) Franky Lopez 11		1) Noah Williams 12	2) Andrew Wilson 12	
3) Asa Rose 10	4) Hoang Quang 11		3) Waylon Ashland 09	4) Sam Hughes 09	
---	1	SCR	---	Atlantic	1 SCR
1) Teddy Bonewald 10	2) Gabe Grafft 10		1) Donovan Hedrington 12	2) Gavin McLaren 12	
3) Joshua Macchione 11	4) Landon Johanningmeier 10		3) Benton McLaren 09	4) Grant Petty 11	
---	1	SCR	---	Algona	1 SCR
1) Jacob Smith 11	2) Xavier Jensen 10		1) William Weichert 12	2) Dawson Elsbecker 11	
3) Sterling Smith 10	4) Lucas Brown 12		3) Owen Moe 11	4) Levi Walker 12	
---	1	SCR	---	Bond-Farrar	1 SCR
1) Grady Harris 11	2) Colin Bridges 11		1) Carson Sirdoreus 10	2) Austin Muller 11	
3) Brady Bodensteiner 12	4) Gael Portillo 12		3) Davin Butler 12	4) Aidan Sunderman 11	
---	1	SCR	---	Ballard	1 SCR
1) Roman Reeder 10	2) Keysean Wilson 10		1) Blakely Carlson 11	2) Nolan Fuller 09	
3) Nolan Hemann 09	4) Emerson Smith 09		3) Parker Ihle 09	4) Dylan Kruger 09	
---	1	SCR	---	Keokuk	1 SCR
1) Roman Reeder 10	2) Keysean Wilson 10		1) Braxton Hayner 12	2) Jadya Burton 10	
3) Nolan Hemann 09	4) Emerson Smith 09		3) Antonio Crockett 10	4) Jackson Bair 09	

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## Results

## Finals ... (Boys 4x200 Meter Relay 3A)

Team	Relay	Finals
--- LeMars	1	SCR
1) Brett McInnis 11	2) Huey Navarrete 09	
3) Tycen Augustine 12	4) Colin Murphy 11	
--- Independence	1	SCR
1) Krypton Ward 10	2) Alan Gonzalez- Rodriguez 1	
3) Masin Hummel 12	4) Jackson Bright 09	
--- Marion	1	SCR
1) Brandon Hatfield 12	2) Connor Bussey 11	
3) Tyler Pierce 10	4) William Northway 09	
--- Maquoketa	1	SCR
1) TJ Wing 12	2) Tristen Anderson 09	
3) Nolan Ehlinger 12	4) Kannon Davis 09	
--- Denison-Schlswg	1	SCR
1) Angel Hernandez Vazquez 09	2) Morgan Wood 11	
3) Chris Lovan 12	4) Abraham Dukes 10	
--- Fort Madison	1	SCR
1) Hunter McGinity-McKasson	2) Owen Huffman 10	
3) Ryker Peters 09	4) Aurelio Jaciunde 10	
--- Creston	1	SCR
1) Kaden Mahan 09	2) Nate Bentley 10	
3) Josue Irigoyen 09	4) Caden Owens 10	
--- Humboldt	1	SCR
1) Chase Flaherty 12	2) Jackson Flaherty 12	
3) Brayden Dahl 10	4) Valley Davis 12	
--- Hampton-Dumont-CAL	1	SCR
1) Hudson Hansen 12	2) Matthew Hartkopp 10	
3) Lukas Showalter 10	4) Ryne Magner 10	

## Boys 4x400 Meter Relay 3A

State Meet: 3:17.61 \* 5/24/2025 CPU

A Maloney, D Crouchet, C Grimm, N Miller

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Prelims
1 Clear Lake	1	3:18.25q
1) Isaac Brownlee 11	2) Keeton Jeppeson 11	
3) Liam Smith 10	4) Kolby Hodnefield 12	
1:41.050 (1:41.050)	2:31.447 (50.398)	3:18.241 (46.795)
2 ADM, Adel	1	3:19.90q
1) Zane Johnson 10	2) Brayden Davison 11	
3) Parker Hook 11	4) Hudson Shull 12	
1:40.912 (1:40.912)	2:30.322 (49.410)	3:19.891 (49.569)
3 CPU	1	3:21.49q
1) AJ Maloney 12	2) Donovan Crouchet 11	
3) Cayle Estling 12	4) Cooper Grimm 12	
1:42.073 (1:42.073)	2:31.690 (49.617)	3:21.482 (49.793)
4 Decorah	1	3:22.08q
1) Max Grimstad 12	2) Davis Walter 10	
3) Bennett Coppola 10	4) Mitchell Stemper 12	
1:41.629 (1:41.629)	2:32.698 (51.070)	3:22.077 (49.379)

5 Clear Crk-Amana	1	3:22.13q
1) Cade Overman 12	2) Riley Colvin 12	
3) Jack Timmerman 10	4) Quade Jensen 10	
1:42.694 (1:42.694)	2:33.759 (51.065)	3:22.123 (48.365)
6 Bond-Farrar	1	3:22.42q
1) Drew Farver 12	2) Austin Muller 11	
3) Blake Guthrie 12	4) Andrew Kurtz 11	
1:41.966 (1:41.966)	2:33.545 (51.579)	3:22.411 (48.866)
7 Ballard	1	3:22.42q
1) Tate Leland 10	2) Axton Campbell 10	
3) Graden Hermann 11	4) Jace Ortner 11	
1:43.177 (1:43.177)	2:33.652 (50.476)	3:22.418 (48.766)
8 Solon	1	3:22.58q
1) Paxton Holtkamp 10	2) Eli Kampman 12	
3) Jackson Burk 11	4) Mac Svalstad 09	
1:43.075 (1:43.075)	2:34.128 (51.054)	3:22.574 (48.446)
9 MOC-FV	1	3:22.77
1) Hudson Kleinhesselink 10	2) Albear Van Zee 11	
3) Logan Van Ravenhorst 10	4) Cooper Katt 12	
1:40.856 (1:40.856)	2:32.510 (51.655)	3:22.764 (50.255)
10 Spencer	1	3:24.22
1) Angelo Rasmussen 10	2) Dylan Timmer 12	
3) Reno Anderson 12	4) Tate VonEhwegen 11	
1:42.360 (1:42.360)	2:35.703 (53.344)	3:24.214 (48.511)
11 Benton Comm	1	3:24.46
1) Will Schanbacher 12	2) Jack Lange 11	
3) Eli Patterson 12	4) Owen Von Ahsen 12	
1:42.990 (1:42.990)	2:34.962 (51.973)	3:24.453 (49.491)
12 North Polk	1	3:25.09
1) Carter Bormann 11	2) Mason Ackerman 11	
3) Logan Morrison 11	4) Dylan Bormann 11	
1:43.400 (1:43.400)	2:34.314 (50.914)	3:25.083 (50.770)
13 Webster City	1	3:25.28
1) Rylan Stroner 10	2) Daniel Murillo 10	
3) Kaleb Hansen 11	4) Justin Callahan 12	
1:43.448 (1:43.448)	2:36.199 (52.751)	3:25.273 (49.075)
14 Western Dubuque	1	3:25.83
1) John FitzPatrick 11	2) Owen Habel 12	
3) Grey Knepper 11	4) Drew Bergfeld 11	
1:43.280 (1:43.280)	2:35.113 (51.833)	3:25.821 (50.709)
15 Atlantic	1	3:25.98
1) Ethan McNeal 11	2) Sawyer Tarrell 12	
3) Landon Hagen 10	4) Colin Rudy 12	
1:42.687 (1:42.687)	2:34.777 (52.091)	3:25.974 (51.197)
16 W Delaware	1	3:26.43
1) Wesley Helle 10	2) Emerson Smith 09	
3) Clayton Schnieders 09	4) Nolan Hemann 09	
1:42.940 (1:42.940)	2:35.605 (52.666)	3:26.426 (50.822)
17 Sioux Center	1	3:27.38
1) Karson Work 11	2) Lane Waddle 12	
3) Cohen Verhoef 11	4) Caden Kooiker 11	
1:44.937 (1:44.937)	2:36.747 (51.810)	3:27.371 (50.624)

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## Results

## Preliminaries ... (Boys 4x400 Meter Relay 3A)

Team	Relay	Prelims
18 Newton	1	3:28.68
1) Ali Yahia 12	2) Dawson Maki 12	
3) Drew Bauer 11	4) Cooper Christy 11	
1:45.037 (1:45.037)	2:36.674 (51.638)	3:28.674 (52.000)
19 Bishop Heelan	1	3:30.57
1) Israel Beltran 12	2) Talon Sexton 12	
3) Covan Fetterman 11	4) Cole Frese 11	
1:46.615 (1:46.615)	2:39.584 (52.969)	3:30.570 (50.987)
20 Pella	1	3:30.69
1) Rex Rhamy 12	2) Dane Paulsen 12	
3) Cruz Van Hauen 11	4) Mason Gaulke 12	
1:48.616 (1:48.616)	2:40.258 (51.642)	3:30.681 (50.423)
21 Carlisle	1	3:30.70
1) Ty Comito 09	2) CJ Haug 11	
3) Korben Fritz 11	4) Jakson Hoversten 11	
1:44.247 (1:44.247)	2:36.784 (52.537)	3:30.692 (53.909)
22 Williamsburg	1	3:31.78
1) Cash Brown 10	2) Noah Banos 11	
3) Finn Brummel 12	4) Charley Hoffman 10	
1:46.099 (1:46.099)	2:39.299 (53.201)	3:31.779 (52.480)
23 SB-Luton	1	3:33.48
1) Blake Harsma 12	2) Andrew Lincoln 11	
3) Hudson Ter Wee 10	4) Daniel Delarosa 12	
1:46.156 (1:46.156)	2:39.611 (53.455)	3:33.480 (53.870)
--- Wahlert, Dub	1	DQ
1) Truman Oberfoell 09	2) Lincoln Oberfoell 12	
3) Anderson Herbst 12	4) Josh Oelke 12	
1:43.634 (1:43.634)	2:35.736 (52.102)	3:28.122 (52.386)

## Boys 4x400 Meter Relay 3A

State Meet: 3:17.61 \* 5/24/2025 CPU

A Maloney, D Crouchet, C Grimm, N Miller

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Finals
1 Clear Lake	1	3:16.30* 10
1) Isaac Brownlee 11	2) Maddon McIntire 09	
3) Keeton Jeppeson 11	4) Kolby Hodnefield 12	
1:39.317 (1:39.317)	2:29.432 (50.116)	3:16.299 (46.867)
2 ADM, Adel	1	3:19.74 8
1) Zane Johnson 10	2) Brayden Davison 11	
3) Parker Hook 11	4) Hudson Shull 12	
1:39.976 (1:39.976)	2:29.730 (49.755)	3:19.733 (50.003)
3 Decorah	1	3:20.41 6
1) Max Grimstad 12	2) Davis Walter 10	
3) Bennett Coppola 10	4) Mitchell Stemper 12	
1:40.017 (1:40.017)	2:31.040 (51.023)	3:20.409 (49.369)
4 Solon	1	3:20.93 5
1) Paxton Holtkamp 10	2) Eli Kampman 12	
3) Jackson Burk 11	4) Mac Svalstad 09	
1:41.745 (1:41.745)	2:32.345 (50.601)	3:20.929 (48.584)

5 Clear Crk-Amana	1	3:21.20 4
1) Cade Overman 12	2) Riley Colvin 12	
3) Jack Timmerman 10	4) Quade Jensen 10	
1:41.554 (1:41.554)	2:32.426 (50.873)	3:21.198 (48.772)
6 CPU	1	3:21.49 3
1) AJ Maloney 12	2) Donovan Crouchet 11	
3) Cayle Estling 12	4) Cooper Grimm 12	
1:42.374 (1:42.374)	2:32.427 (50.053)	3:21.488 (49.062)
7 Bond-Farrar	1	3:21.61 2
1) Drew Farver 12	2) Austin Muller 11	
3) Blake Guthrie 12	4) Andrew Kurtz 11	
1:41.142 (1:41.142)	2:32.780 (51.638)	3:21.610 (48.831)
8 Ballard	1	3:22.08 1
1) Tate Leland 10	2) Graden Hermann 11	
3) Axton Campbell 10	4) Jace Ortner 11	
1:42.760 (1:42.760)	2:33.771 (51.011)	3:22.073 (48.302)

## Boys 4x800 Meter Relay 3A

State Meet: 7:49.07 \* 5/19/2011 Spirit Lake Park

A Baldwin, K Byers, K Feldick, W Norris

All-Time: 7:36.69 ! 2023 Iowa City, City

A Smith, A Noreldaim, F Washburn, T Thompson

Team	Relay	Finals
1 Pella	1	7:45.53* 10
1) Dane Paulsen 12	2) Jonah Ebersole 11	
3) Mason Gaulke 12	4) Canaan Dunham 12	
59.489 (59.489)	1:58.209 (58.721)	2:54.511 (56.303)
3:53.897 (59.386)	4:49.457 (55.560)	5:51.839 (1:02.383)
6:43.701 (51.862)	7:45.527 (1:01.826)	
2 Gilbert	1	7:47.21* 8
1) Emrick Ryan 12	2) Preston Stensland 12	
3) Carson Squiers 12	4) Logan Bleich 11	
58.626 (58.626)	1:58.760 (1:00.134)	2:55.475 (56.716)
3:58.826 (1:03.351)	4:54.281 (55.455)	5:52.199 (57.919)
6:46.203 (54.004)	7:47.201 (1:00.999)	
3 Decorah	1	7:53.16 6
1) Garrett See 12	2) Bennett Coppola 10	
3) Bill Fullhart 11	4) Mitchell Stemper 12	
58.642 (58.642)	1:59.353 (1:00.712)	2:54.767 (55.414)
3:55.371 (1:00.604)	4:51.051 (55.680)	5:56.536 (1:05.486)
6:51.298 (54.763)	7:53.151 (1:01.853)	
4 Mt Vernon	1	7:55.47 5
1) Chasen Caskey 11	2) Logan Ericson 11	
3) Benjamin Brinkmann 09	4) Dawson Scheil 12	
57.861 (57.861)	1:59.102 (1:01.241)	2:58.360 (59.259)
4:03.159 (1:04.799)	5:00.318 (57.160)	6:01.966 (1:01.648)
6:56.017 (54.052)	7:55.469 (59.453)	
5 Clear Crk-Amana	1	7:58.95 4
1) Jackson VanHorn 12	2) Caden Burkle 12	
3) Nic Schieltz 12	4) Carson Meskimen 10	
58.319 (58.319)	1:58.255 (59.936)	2:55.903 (57.648)
4:00.305 (1:04.403)	4:56.997 (56.693)	6:00.731 (1:03.734)
6:57.290 (56.559)	7:58.945 (1:01.656)	

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## Results

## Finals ... (Boys 4x800 Meter Relay 3A)

Team	Relay	Finals	
6 Newton	1	8:01.28	3
1) Brody Wobschall 11	2) Reagan Maki 10		
3) Dawson Maki 12	4) Cooper Christy 11		
59.835 (59.835)	2:04.426 (1:04.592)	2:59.340 (54.914)	
4:04.025 (1:04.685)	5:00.244 (56.219)	6:02.979 (1:02.736)	
6:57.905 (54.926)	8:01.278 (1:03.373)		
7 Washington	1	8:02.56	2
1) Ethan Hotchkiss 11	2) Sawyer Tschantz 12		
3) Parker Tschantz 10	4) Andrew Rees 12		
59.263 (59.263)	1:59.983 (1:00.720)	2:55.527 (55.544)	
4:01.098 (1:05.571)	4:58.833 (57.736)	6:03.833 (1:05.001)	
6:59.499 (55.666)	8:02.560 (1:03.062)		
8 Vinton-Shellbrg	1	8:04.77	1
1) William Primrose 10	2) Lincoln Lamont 10		
3) Zach Dickinson 12	4) Alex Torres 12		
58.813 (58.813)	2:00.424 (1:01.611)	2:59.107 (58.683)	
4:03.553 (1:04.446)	5:01.147 (57.595)	6:07.017 (1:05.870)	
7:02.643 (55.627)	8:04.765 (1:02.123)		
9 Fort Madison	1	8:05.39	
1) Nolan Guzman 12	2) Mason McLey 12		
3) Henry Ireland 10	4) Riley Tripp 12		
58.041 (58.041)	1:58.328 (1:00.287)	2:55.949 (57.622)	
3:59.329 (1:03.380)	4:57.434 (58.106)	6:06.025 (1:08.592)	
7:02.333 (56.308)	8:05.381 (1:03.048)		
10 Assumption	1	8:05.69	
1) Ian McCollum 11	2) Drew Caldwell 11		
3) Tim Bassier 11	4) John Murphy 12		
58.847 (58.847)	2:00.924 (1:02.077)	2:59.265 (58.342)	
4:02.034 (1:02.769)	5:02.219 (1:00.186)	6:10.939 (1:08.720)	
7:05.271 (54.332)	8:05.689 (1:00.418)		
11 ADM, Adel	1	8:08.00	
1) Jack Leistikow 10	2) Robbie Hall 12		
3) Casey Catron 10	4) Ty Landphair 12		
59.150 (59.150)	2:02.131 (1:02.982)	3:01.202 (59.072)	
4:05.678 (1:04.476)	5:05.191 (59.514)	6:10.845 (1:05.654)	
7:07.697 (56.853)	8:07.999 (1:00.303)		
12 Sioux Center	1	8:11.91	
1) Raymond Landegent 10	2) Jacoby Vermeer 11		
3) Drew Cundy 09	4) Caden Kooiker 11		
1:00.029 (1:00.029)	2:01.046 (1:01.017)	3:01.384 (1:00.338)	
4:05.516 (1:04.132)	5:04.945 (59.430)	6:09.007 (1:04.062)	
7:08.194 (59.188)	8:11.908 (1:03.714)		
13 Williamsburg	1	8:14.35	
1) Charley Hoffman 10	2) Marcus PirkI 09		
3) Finn Brummel 12	4) Noah Banos 11		
58.335 (58.335)	2:00.437 (1:02.102)	2:58.436 (57.999)	
4:03.266 (1:04.831)	4:59.327 (56.061)	6:08.700 (1:09.373)	
7:06.042 (57.343)	8:14.349 (1:08.308)		

14 Ballard	1	8:15.40	
1) Austin Vance 10	2) Axton Campbell 10		
3) Declan O'Brien 09	4) Graden Hermann 11		
1:00.012 (1:00.012)	2:05.834 (1:05.822)	3:02.305 (56.471)	
4:04.625 (1:02.321)	5:05.584 (1:00.959)	6:14.695 (1:09.112)	
7:10.073 (55.378)	8:15.396 (1:05.323)		
15 Bond-Farrar	1	8:16.13	
1) Brady Sanger 12	2) Grady Gibson 11		
3) Jack Rieck 12	4) Ryler Hanson 10		
58.460 (58.460)	2:00.861 (1:02.402)	3:00.952 (1:00.091)	
4:07.423 (1:06.472)	5:05.977 (58.554)	6:12.503 (1:06.527)	
7:09.998 (57.495)	8:16.121 (1:06.124)		
16 Spencer	1	8:16.21	
1) Reno Anderson 12	2) Nathan Rodriguez 12		
3) Rylei Koppie 12	4) Isaiah Rustad 10		
1:00.485 (1:00.485)	2:05.409 (1:04.924)	3:04.284 (58.875)	
4:11.841 (1:07.557)	5:08.513 (56.673)	6:13.905 (1:05.392)	
7:10.973 (57.068)	8:16.202 (1:05.229)		
17 Wahlert, Dub	1	8:17.07	
1) Nolan Hayden 11	2) Truman Oberfoell 09		
3) Sam Murphy 09	4) Will Kirby 11		
1:00.434 (1:00.434)	2:03.571 (1:03.137)	3:01.771 (58.200)	
4:05.061 (1:03.291)	5:01.964 (56.903)	6:08.917 (1:06.954)	
7:08.216 (59.299)	8:17.070 (1:08.855)		
18 Western Dubuque	1	8:17.18	
1) Tyler Hess 11	2) Carson Klein 10		
3) Symon McDermott 12	4) Grey Knepper 11		
58.830 (58.830)	2:01.843 (1:03.014)	3:02.050 (1:00.207)	
4:10.914 (1:08.865)	5:08.640 (57.726)	6:17.667 (1:09.028)	
7:12.685 (55.018)	8:17.179 (1:04.495)		
19 Central DeWitt	1	8:17.58	
1) Cole Niemann 09	2) Lucas Johnston 12		
3) James Garrison 09	4) Kyle Olson 11		
59.104 (59.104)	2:01.067 (1:01.963)	2:59.489 (58.422)	
4:04.381 (1:04.893)	5:07.316 (1:02.935)	6:18.705 (1:11.390)	
7:15.739 (57.034)	8:17.580 (1:01.841)		
20 Solon	1	8:18.02	
1) Kaden Recker 10	2) Owen Young 12		
3) Spencer Michels 12	4) Jaimyn Bevans 09		
59.041 (59.041)	2:04.198 (1:05.157)	2:59.463 (55.266)	
4:06.840 (1:07.377)	5:04.617 (57.778)	6:14.925 (1:10.308)	
7:11.598 (56.674)	8:18.015 (1:06.417)		
21 Nevada	1	8:18.14	
1) Henry Little 11	2) Gavin Egeland 12		
3) John Nelson 12	4) Dawson Lemke 12		
59.203 (59.203)	2:04.450 (1:05.247)	3:02.445 (57.996)	
4:09.944 (1:07.500)	5:08.127 (58.183)	6:13.536 (1:05.409)	
7:10.627 (57.092)	8:18.131 (1:07.505)		
22 Benton Comm	1	8:24.33	
1) Caleb Olson 12	2) Jayden Beck 11		
3) Landon Furler 10	4) Jack Lange 11		
59.409 (59.409)	2:05.171 (1:05.763)	3:01.361 (56.190)	
4:10.632 (1:09.272)	5:10.389 (59.758)	6:18.997 (1:08.608)	
7:16.352 (57.356)	8:24.327 (1:07.975)		

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Boys 4x800 Meter Relay 3A)

Team	Relay	Finals
23 Xavier, CR	1	8:27.60
1) Lance Mueggenberg 10	2) Cody Mason 12	
3) Augustus Martino 11	4) Dylan Lang 12	
58.906 (58.906) 2:01.989 (1:03.084) 3:00.358 (58.369)		
4:05.747 (1:05.390) 5:06.459 (1:00.712) 6:16.093 (1:09.634)		
7:13.127 (57.034) 8:27.596 (1:14.470)		
24 Creston	1	8:48.89
1) Ryder Baird 09	2) Jameson Hanson 11	
3) Matthew Warner 09	4) Merrick Wieland 10	
1:00.304 (1:00.304) 2:04.571 (1:04.268) 3:02.191 (57.620)		
4:13.886 (1:11.695) 5:16.322 (1:02.436) 6:32.557 (1:16.236)		
7:34.458 (1:01.901) 8:48.886 (1:14.428)		
--- SB-Luton	1	SCR
1) Ayden Larrabee 12	2) Brody McCormick 10	
3) David McCormick 10	4) Jace Shumansky 09	
--- North Polk	1	SCR
1) Logan Morrison 11	2) Peyton Shipley 11	
3) Alexander Chisholm 09	4) Nathan Harrington 12	
--- Perry	1	SCR
1) Thad Stewart 12	2) Edwyrd Steil 10	
3) Ivan Willett 10	4) Kai Farmer 09	
--- Webster City	1	SCR
1) Gabe Thumma 12	2) Kaleb Draeger 10	
3) Jack Barner 12	4) Arlen Lake 12	
--- Waverly-SR	1	SCR
1) Gavin Betts 11	2) Anthony Feldhake 12	
3) Josh Byers 09	4) Ben Pirkl 09	
--- Winterset	1	SCR
1) Abe Hensley 10	2) Daylan Young 09	
3) Ethan Cowman 10	4) Luke Hall 09	
--- Storm Lake	1	SCR
1) Ted Harder 09	2) Alex Placencia 11	
3) Andrew Jiminez 09	4) Teofilo Rodriguez 10	
--- South Tama	1	SCR
1) Brady Jesina 10	2) Henri Martinez-Alvarado 10	
3) Carver Cecak 12	4) Josiah Houghton 11	
--- W Delaware	1	SCR
1) Jarrett Engel 11	2) Cade Fessler 12	
3) Kile McNelly 12	4) Brett Uribe 09	
--- Carroll	1	SCR
1) Caleb Danner 09	2) Carson Schulz 10	
3) Cash Greteman 09	4) Jamie Hawkinson 10	
--- Charles City	1	SCR
1) Peyton O'Dell 11	2) Samuel Northrop 09	
3) Dylan Lamminen 11	4) Blake Dean 12	
--- Carlisle	1	SCR
1) Korben Fritz 11	2) Felipe Saldana 10	
3) Luciano Russo 10	4) Gabriel Hermon 10	
--- Clear Lake	1	SCR
1) Thomas Steinbron 10	2) Lynken Lamb 09	
3) Connor Ries 09	4) Daniel Steinbron 12	

--- CPU	1	SCR
1) Avery Schmitt 09	2) Jackson Kelly 11	
3) Rudy Brustkern 09	4) Logan McShane 09	
--- Clarke	1	SCR
1) Teagan Sullivan 09	2) Julian Zamarripa Comtreras	
3) Cayden Anderson 11	4) Elian Mercado 09	
--- Algona	1	SCR
1) Cohen Thilges 11	2) Breckin Borchardt 12	
3) Ryan Ruchle 10	4) Grandon Dahlhauser 10	
--- Atlantic	1	SCR
1) Colin Rudy 12	2) Sawyer Tarrell 12	
3) Landon Hagen 10	4) Mason Betts 10	
--- Hampton-Dumont-CAL	1	SCR
1) William Vosburg 10	2) Ryne Magner 10	
3) Arnold Guevara 12	4) Reed Masters 12	
--- Burlington	1	SCR
1) Deedwin shaw 11	2) Hunter Hansen 12	
3) Zach Grieves 12	4) Carter Shinn 11	
--- Boone	1	SCR
1) Dorian Myers 12	2) Austin Felder 09	
3) Teddy Johnson 09	4) Ajay Braddock 12	
--- Keokuk	1	SCR
1) Ethan Totten 12	2) Carter Killoren 12	
3) Rollan Zetterlund 11	4) Evan Karre 11	
--- Marion	1	SCR
1) Greyson Steffen 10	2) William Northway 09	
3) Liam Northway 11	4) Azaryah Dietz 11	
--- Humboldt	1	SCR
1) Owen Stattelmann 09	2) Noah Elman 09	
3) Karson Reinhardt 09	4) Drake Pettit 09	
--- Mt Pleasant	1	SCR
1) Gunner Ortiz-Beckman 10	2) Kayden Jackson 11	
3) Anthony Krzyzanowski 11	4) Lucas Hurd 09	
--- MOC-FV	1	SCR
1) Thatcher Doughan 12	2) Isaac Hummel 11	
3) Carter De Koster 09	4) Crystian Dokter 10	
--- DSM Christian	1	SCR
1) Ryan Iwig 09	2) Max Town 12	
3) Dillon Dorenkamp 11	4) Luke McCormick 09	
--- Fairfield	1	SCR
1) Brice Boatright 11	2) Parker Reid 10	
3) River Fulton 09	4) John Miller 11	
--- Denison-Schlswg	1	SCR
1) Edgar Ortiz 12	2) Quinn Vetter 09	
3) Grant Olsen 11	4) Matthew Sandoval 12	
--- Grinnell	1	SCR
1) Parker Whitman 10	2) Aaden Hoopes 11	
3) Dawsan Imhoff 09	4) Smith Skouson 12	
--- Glenwood	1	SCR
1) Landen Lechtenberg 10	2) Lucas Kauffman 09	
3) Ben Schoening 11	4) Colton Hastie 10	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

**Boys 800 Sprint Medley 3A**

State Meet: 1:30.53 \* 5/24/2025 CPU

T Knight, C Andrews, A Maloney, N Miller

All-Time: 1:30.15 ! 5/20/2023 Johnston

T Fox, O Ellsworth, K Fox, J Anglo

Team	Relay	Finals
<b>Finals</b>		
1 Pella	1	1:30.91 10
1) Harry Tallman 12	2) Logan VanDenBroek 11	
3) Caiden Johnson 12	4) Harrison Mullens 12	
2 Clear Lake	1	1:31.31 8
1) Isaac Smith 12	2) Sam Dodge 12	
3) Isaac Brownlee 11	4) Maddon McIntire 09	
3 Keokuk	1	1:31.42 6
1) Kurt Joy 10	2) Jadyr Burton 10	
3) Jackson Bair 09	4) Ryan Bair 12	
4 Clear Crk-Amana	1	1:31.94 5
1) Brady Hilsman 11	2) Adam zeman 12	
3) Tay Seals 11	4) Quade Jensen 10	
5 Western Dubuque	1	1:32.15 4
1) Ben Wernimont 12	2) Willie Williams Jr. 11	
3) Drew Bergfeld 11	4) John FitzPatrick 11	
6 Algona	1	1:32.71 3
1) William Weichert 12	2) Levi Walker 12	
3) Tate Garman 12	4) Evan Allie 12	
7 Waverly-SR	1	1:32.98 2
1) Grady Harris 11	2) Gael Portillo 12	
3) Rylan Peters 12	4) Nolan Johnson 11	
8 Storm Lake	1	1:33.04 1
1) Brandyn Azurdia 12	2) Sitah Chaiyawong 12	
3) Garbieno Weno 12	4) David William 11	
9 Webster City	1	1:33.13
1) Jaxon Griffith 12	2) Kaleb Hansen 11	
3) Rylan Stroner 10	4) Justin Callahan 12	
10 ADM, Adel	1	1:33.61
1) Brayden Davison 11	2) Leyton Gerleman 12	
3) Parker Hook 11	4) Hudson Shull 12	
11 CPU	1	1:33.67
1) AJ Maloney 12	2) Donovan Crouchet 11	
3) Cayle Estling 12	4) Cooper Grimm 12	
12 Central DeWitt	1	1:34.45
1) Sam Pfeifle 11	2) Jonathan Garrison 11	
3) Michael Palmer 12	4) Alexander Brown 12	
13 Bond-Farrar	1	1:34.55
1) Blake Guthrie 12	2) Austin Muller 11	
3) Drew Farver 12	4) Andrew Kurtz 11	
14 Benton Comm	1	1:34.70
1) Brody Timmerman 12	2) Evan Martin 12	
3) Carson Nolan 12	4) Will Schanbacher 12	
15 Fairfield	1	1:34.97
1) Dayson Workman 12	2) Spencer McCready 12	
3) Eli Hoffman 12	4) Ethan Bisgard 11	

16 Gilbert	1	1:35.04
1) Ean Eldred 12	2) Gabe Fierce 12	
3) Paul Marpe 12	4) Preston Stensland 12	
17 SB-Luton	1	1:35.34
1) Beckett Verros 11	2) Justin Ehlers 10	
3) Hunter Pearson 12	4) Blake Harsma 12	
18 Ballard	1	1:35.34
1) Tate Leland 10	2) Aidan Wilson 11	
3) Liam Hurst 12	4) Axton Campbell 10	
19 W Delaware	1	1:35.92
1) Dylan Popp 12	2) Keysean Wilson 10	
3) Emerson Smith 09	4) Wesley Helle 10	
20 Harlan	1	1:36.06
1) Jackson Ahrenholtz 10	2) Hagen Sorensen 12	
3) Cade Nelson 11	4) Foxx Argotsinger 10	
21 MOC-FV	1	1:36.14
1) Dylan Maasdam 12	2) Hudson Kleinhesselink 10	
3) Cooper Katt 12	4) Logan Van Ravenhorst 10	
22 Decorah	1	1:36.86
1) Grant Knutson 09	2) Landon Quandahl 12	
3) Trevor Kuennen 12	4) Max Grimstad 12	
23 Mt Vernon	1	1:37.32
1) Toby Neal 12	2) Teddy Bonewald 10	
3) Logan Stanerson 12	4) Holden Hlavacek 10	
--- Humboldt	1	DQ
1) Griffin Groat 11	2) Valley Davis 12	
3) Jackson Flaherty 12	4) Chase Flaherty 12	
--- Sioux Center	1	SCR
1) Hunter Smith 10	2) Zachary Van Beek 12	
3) Lane Waddle 12	4) Austin Fink 12	
--- Solon	1	SCR
1) Sawyer Hancox 10	2) Jackson Burk 11	
3) Eli Kampman 12	4) Paxton Holtkamp 10	
--- Boone	1	SCR
1) Ryder Hilsabeck 09	2) Richard Lennon IV 10	
3) Trig Nystrom 10	4) George Grote 10	
--- Bishop Heelan	1	SCR
1) Kasen Thomas 12	2) Grant Whitcomb 11	
3) Israel Beltran 12	4) Cole Frese 11	
--- South Tama	1	SCR
1) Ethan Page 10	2) Nick Upah 12	
3) Alfredo Villa 10	4) Ryan Brant 10	
--- Oskaloosa	1	SCR
1) Carter Jordan 10	2) Aiden Today 11	
3) Oscar Chambers 11	4) Iwan Buchanan 10	
--- Burlington	1	SCR
1) Owen Diferderico 12	2) Justin Hudley 09	
3) Taivon Tate 12	4) Keshawn Wyldon 12	
--- North Polk	1	SCR
1) Parker Chrisco 10	2) Aidan Rademacher 12	
3) Connor Blake 11	4) Carter Bormann 11	
--- Saydel	1	SCR
1) Landen Soma 12	2) Braydon Boston 11	
3) Shane Scott 11	4) Cooper McDaniel 11	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Boys 800 Sprint Medley 3A)

Team	Relay	Finals
--- Perry	1	SCR
1) Xavier Leake 09	2) Nadir Ouahbi 11	
3) Rylan Modlin 11	4) Michael Bahtagic 10	
--- West Liberty	1	SCR
1) Nathan Chown 10	2) Gabriel Johnson 09	
3) Aidan Brown 09	4) Tristan Miller 10	
--- Williamsburg	1	SCR
1) Hayden Wellington 10	2) Ashur Imdacha 10	
3) Zane Batey 10	4) Eliyas Wetjen 09	
--- Hampton-Dumont-CAL	1	SCR
1) Joseph Powers 11	2) Aaden Keehn 12	
3) Briggs Gruelke 11	4) Bayden Wrich 10	
--- Xavier, CR	1	SCR
1) Evan Meyer 10	2) Lucas Brems 10	
3) Nicholas Hlubek 10	4) Caleb Lang 10	
--- Winterset	1	SCR
1) Coen Binns 11	2) Jude Gurwell 12	
3) Jace Bellamy 12	4) Jace Leasure 11	
--- Atlantic	1	SCR
1) Benton McLaren 09	2) Skyler Burcham 09	
3) Zander Killion 10	4) Holden DeVore 09	
--- Wahlert, Dub	1	SCR
1) Henry Thier 10	2) Josh Oelke 12	
3) Ben Francis 12	4) Lincoln Oberfoell 12	
--- Vinton-Shellbrg	1	SCR
1) Xzavier Greely 12	2) Jacoby Johnson 12	
3) Kashton Grimm 10	4) Tate Druschel 11	
--- Assumption	1	SCR
1) Lane Pennington 10	2) Carter Gorsh 10	
3) Sam Hughes 09	4) Waylon Ashland 09	
--- Washington	1	SCR
1) Creighton Guy 11	2) Blayze Richardson 11	
3) Grant Whisler 12	4) Tyler Lukavsky 10	
--- Creston	1	SCR
1) Caden Owens 10	2) Nate Bentley 10	
3) Ryder Sharp 11	4) Merrick Wieland 10	
--- Clarke	1	SCR
1) Joey Turpin 10	2) Gavin Page 12	
3) Javier Munoz 12	4) Cooper Taylor 09	
--- Grinnell	1	SCR
1) Keaton Iverson 12	2) Jack Gallagher 12	
3) Jackson Graff 09	4) CJ Smith 10	
--- Charles City	1	SCR
1) Cole Sonne 10	2) Bill Bruening 10	
3) Thane Howlett 12	4) Holden McInroy 12	
--- Independence	1	SCR
1) Jackson Bright 09	2) Kypston Ward 10	
3) Alan Gonzalez- Rodriguez 1	4) Cael Larson 09	
--- DSM Christian	1	SCR
1) Davis Tokheim 11	2) Oliver Grice 10	
3) Colin Gibson 11	4) Max Town 12	

--- Fort Madison	1	SCR
1) Ryker Peters 09	2) Owen Huffman 10	
3) Aurelio Jaciunde 10	4) Liam McEntee 09	
--- DSM, Hoover	1	SCR
1) Braxane Edwin 09	2) Daviontay Hunter 12	
3) Jacob Greene 12	4) Cameron Renes 12	
--- Glenwood	1	SCR
1) Kaden Crouch 12	2) Tristan Ludwig 12	
3) Haze Stephens 10	4) Dylan Powles 10	
--- Denison-Schlswg	1	SCR
1) Angel Hernandez Vazquez 09	2) Morgan Wood 11	
3) Chris Lovan 12	4) Angel Bautista 10	
--- Mt Pleasant	1	SCR
1) Max Sloat 12	2) Franky Lopez 11	
3) Tayten George 10	4) Payton Wilson 12	
--- Carlisle	1	SCR
1) Hayden Schulte 11	2) CJ Haug 11	
3) Jakson Hoversten 11	4) Isaac Burk 11	
--- Carroll	1	SCR
1) Treyvin Childress 11	2) Camden King 11	
3) Ty Muhlbauer 12	4) Karsyn Krutsch 11	
--- Newton	1	SCR
1) Nick Thomason 12	2) Josh Lampe 10	
3) Ali Yahia 12	4) Drew Bauer 11	
--- Nevada	1	SCR
1) Peter Ludwig 12	2) Cedar Smith 12	
3) Jacob Smith 11	4) Miles Unruh 10	
--- LeMars	1	SCR
1) Tegan Bogh 12	2) Brett McInnis 11	
3) Colin Murphy 11	4) Andrew Grant 12	
--- Knoxville	1	SCR
1) Emmitt Hyatt 10	2) Jackson Reed 11	
3) Kyler Gifford 12	4) Jaron Davis 10	
--- Marion	1	SCR
1) Gideon Hansen 12	2) Matthew Danninger 12	
3) Colton Neal 09	4) Nathan Usher 12	
--- Maquoketa	1	SCR
1) TJ Wing 12	2) Tristen Anderson 09	
3) Cash O'Connell 10	4) Asaiah Yoder 12	

## Boys 1600 Sprint Medley 3A

State Meet: 3:24.52 \* 5/23/2025 Epworth, WD

B Wernimont, W Steffen, S McDermott, Q Nauman

All-Time: 3:22.69 ! 2001 Iowa City High

S Newell, H Hill, C Davis, J Mims

Team	Relay	Finals
1 Solon	1	3:27.58 10
1) Eli Kampman 12	2) Paxton Holtkamp 10	
3) Jackson Burk 11	4) Mac Svalstad 09	
1:34.918 (1:34.918)	2:27.941 (53.024)	3:27.576 (59.635)
2 Mt Vernon	1	3:28.40 8
1) Toby Neal 12	2) Logan Stanerson 12	
3) Holden Hlavacek 10	4) Dawson Scheil 12	
1:34.805 (1:34.805)	2:28.338 (53.533)	3:28.399 (1:00.061)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 1600 Sprint Medley 3A)

Team	Relay	Finals				
3 Western Dubuque	1	3:30.08	6	16 Humboldt	1 3:37.88	
1) Beckham LaRue 11	2) Cameron Steffen 11			1) Jackson Flaherty 12	2) Brayden Dahl 10	
3) Grey Knepper 11	4) Quentin Nauman 12			3) Valley Davis 12	4) Chase Flaherty 12	
1:37.694 (1:37.694)	2:29.097 (51.403)	3:30.077 (1:00.981)		1:37.460 (1:37.460)	2:33.143 (55.684)	3:37.871 (1:04.728)
4 Algona	1	3:31.18	5	17 Webster City	1 3:38.14	
1) Tate Garman 12	2) Levi Walker 12			1) Jaxon Griffith 12	2) Kaleb Hansen 11	
3) Evan Allie 12	4) Gavin Weber 12			3) Rylan Stroner 10	4) Daniel Murillo 10	
1:34.427 (1:34.427)	2:28.479 (54.052)	3:31.179 (1:02.701)		1:35.626 (1:35.626)	2:32.314 (56.688)	3:38.135 (1:05.822)
5 Gilbert	1	3:31.46	4	18 Williamsburg	1 3:39.53	
1) Gabe Fierce 12	2) Ethan Rash 12			1) Bowen Stratton 12	2) Cash Brown 10	
3) Preston Stensland 12	4) Carson Squiers 12			3) Noah Banos 11	4) Charley Hoffman 10	
1:37.353 (1:37.353)	2:31.769 (54.416)	3:31.452 (59.683)		1:38.805 (1:38.805)	2:35.012 (56.208)	3:39.528 (1:04.516)
6 ADM, Adel	1	3:31.75	3	19 Marion	1 3:39.73	
1) Owen Rychnovsky 11	2) Jackson Pitzen 12			1) Colton Neal 09	2) Matthew Danninger 12	
3) Brayden Davison 11	4) Ty Landphair 12			3) Brock Austin 10	4) Collin Cook 10	
1:35.962 (1:35.962)	2:31.586 (55.625)	3:31.744 (1:00.158)		1:35.994 (1:35.994)	2:34.237 (58.244)	3:39.727 (1:05.490)
7 Pella	1	3:32.40	2	20 Bond-Farrar	1 3:40.11	
1) William Schuknecht 10	2) Caiden Johnson 12			1) Andrew Kurtz 11	2) Blake Guthrie 12	
3) Cruz Van Hauen 11	4) Jonah Ebersole 11			3) Jeremiah Nyeswah 10	4) Brady Sanger 12	
1:36.823 (1:36.823)	2:30.625 (53.803)	3:32.400 (1:01.775)		1:37.247 (1:37.247)	2:34.066 (56.820)	3:40.108 (1:06.042)
8 Assumption	1	3:33.32	1	21 Nevada	1 3:40.96	
1) Noah Williams 12	2) Andrew Wilson 12			1) Peter Ludwig 12	2) Simon Mills 12	
3) Ian McCollum 11	4) John Murphy 12			3) Bourne Hanson 12	4) Caleb Biensen 12	
1:38.112 (1:38.112)	2:31.760 (53.648)	3:33.316 (1:01.556)		1:40.004 (1:40.004)	2:37.372 (57.368)	3:40.957 (1:03.585)
9 Decorah	1	3:33.54		22 Glenwood	1 3:41.54	
1) Davis Walter 10	2) Peyton Webb 12			1) Chase Razor 11	2) Haze Stephens 10	
3) Mitchell Stemper 12	4) Bennett Coppola 10			3) Evan Stanislav 10	4) Bryce Keller 12	
1:34.300 (1:34.300)	2:29.577 (55.278)	3:33.538 (1:03.962)		1:38.868 (1:38.868)	2:35.466 (56.599)	3:41.540 (1:06.074)
10 Ballard	1	3:35.35		--- Vinton-Shellbrg	1 DQ	
1) Liam Hurst 12	2) Aidan Wilson 11			1) Kashton Grimm 10	2) Jacoby Johnson 12	
3) Jace Ortner 11	4) Graden Hermann 11			3) William Primrose 10	4) Alex Torres 12	
1:35.782 (1:35.782)	2:31.674 (55.892)	3:35.343 (1:03.670)		1:37.789 (1:37.789)	2:31.883 (54.094)	3:32.969 (1:01.087)
11 Clear Crk-Amana	1	3:36.00		--- Grinnell	1 DQ	
1) Brady Hilsman 11	2) Cade Overman 12			1) Josh Ringler 11	2) Elijah Mahoney 11	
3) Jack Timmerman 10	4) Carson Meskimen 10			3) Jack Gallagher 12	4) Liam Crites 12	
1:38.224 (1:38.224)	2:34.653 (56.429)	3:35.999 (1:01.347)		1:38.550 (1:38.550)	2:36.269 (57.720)	3:44.595 (1:08.326)
12 Newton	1	3:36.03		--- Spencer	1 SCR	
1) Nick Thomason 12	2) Ali Yahia 12			1) Angelo Rasmussen 10	2) Jaxon Buum 10	
3) Dawson Maki 12	4) Cooper Christy 11			3) Dylan Timmer 12	4) Rylei Koppie 12	
1:36.923 (1:36.923)	2:31.837 (54.915)	3:36.029 (1:04.193)		--- Harlan	1 SCR	
13 South Tama	1	3:36.37		1) Levi Shields 09	2) Kreed Boggess 10	
1) Ryan Brant 10	2) Nick Upah 12			3) Carson Baughman 10	4) Brogan Schechinger 09	
3) Josiah Houghton 11	4) Cadel Conner 12			--- Perry	1 SCR	
1:38.543 (1:38.543)	2:34.890 (56.348)	3:36.367 (1:01.477)		1) Cohen Galivan 11	2) Brody Booth 12	
14 Sioux Center	1	3:36.73		3) Edwyrd Steil 10	4) Thad Stewart 12	
1) Braedon Perez-Hietbrink 11	2) Tate Swager 11			--- Boone	1 SCR	
3) Caden Kooiker 11	4) Karson Work 11			1) Ryder Hilsabeck 09	2) Maddox McIntyre 11	
1:38.220 (1:38.220)	2:35.478 (57.258)	3:36.721 (1:01.244)		3) Jaydon Clark 12	4) Dorian Myers 12	
15 SB-Luton	1	3:37.10		--- Atlantic	1 SCR	
1) Gavin Warren 12	2) Joe Hardy 12			1) Dane Wiederstein 11	2) Ashton Rutherford 10	
3) Blake Harsma 12	4) Hudson Ter Wee 10			3) Preston Williams 12	4) Corbin Ritter 12	
1:37.716 (1:37.716)	2:32.612 (54.897)	3:37.094 (1:04.482)		--- Benton Comm	1 SCR	
				1) Gabe Pugh 11	2) Sawyer Rudie 10	
				3) Eli Patterson 12	4) Jack Lange 11	

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## Finals ... (Boys 1600 Sprint Medley 3A)

Team	Relay	Finals
--- West Liberty	1	SCR
1) Lleyton Simon 11	2) Beckham Simon 11	
3) Pierre Shield 09	4) Jonathan Juarez 11	
--- Waverly-SR	1	SCR
1) Colin Bridges 11	2) Pax Aguilera 10	
3) Gael Portillo 12	4) Carter Pirkel 11	
--- Xavier, CR	1	SCR
1) Cael Stutzman 10	2) Cash Parks 11	
3) Cole Seymour 10	4) Andrew Allen 10	
--- Winterset	1	SCR
1) Wyatt Crittenden 09	2) Wyatt Van Ginkel 09	
3) Trevor Banning 10	4) Daylan Young 09	
--- W Delaware	1	SCR
1) Austin Schnieders 12	2) Ben Palas 12	
3) Henry Carbone 09	4) Brenden White 11	
--- Storm Lake	1	SCR
1) Brennen Anderson 10	2) Rylan Richardson 12	
3) Jay William 09	4) John Schwint 10	
--- Washington	1	SCR
1) Nic Stone 11	2) Kael Williams 12	
3) Sawyer Tschantz 12	4) Ethan Hotchkiss 11	
--- Wahlert, Dub	1	SCR
1) Liam Hannan 10	2) Anderson Herbst 12	
3) Clayton Lueken 09	4) Liam Cearlock 09	
--- Charles City	1	SCR
1) Leo Nash 09	2) Cole Sonne 10	
3) Nick Williams 09	4) Tommy Boss 10	
--- Fairfield	1	SCR
1) Tucker Robertson 10	2) Brady Wigle 10	
3) Brock Atwood 12	4) Clae Cass 12	
--- Denison-Schlswg	1	SCR
1) Angel Bautista 10	2) Yassin Sila 11	
3) Matthew Sandoval 12	4) Quinn Vetter 09	
--- Hampton-Dumont-CAL	1	SCR
1) Jared Sosa 09	2) Black Burmester 10	
3) Brody Peters 11	4) Arnold Guevara 12	
--- Central DeWitt	1	SCR
1) Liam Watters 10	2) Keaton Birt 10	
3) Lucas Johnston 12	4) Cole Niemann 09	
--- CPU	1	SCR
1) Garrett Lnenicka 11	2) Coltin Hildebrandt 11	
3) AJ Ditch 10	4) Landon Batcheler 12	
--- Clear Lake	1	SCR
1) Drayce Dohlman 11	2) Tate Stensland 09	
3) Cy Brewer 11	4) Drake Thomsen 11	
--- Clarke	1	SCR
1) Isaiah Kephas 09	2) Sebastian Garcia 09	
3) Mandela Sila 09	4) Zeke Lundquist 11	
--- Creston	1	SCR
1) Caden Owens 10	2) Nate Bentley 10	
3) Ryder Sharp 11	4) Merrick Wieland 10	

--- Carlisle	1	SCR
1) Uriah Israel 10	2) Tanner Byers 11	
3) Alden Curry 10	4) Gabriel Hermon 10	
--- Burlington	1	SCR
1) Owen Diferico 12	2) Brady Britt 11	
3) Sam Kotleba 11	4) Aaron Morehead 12	
--- MOC-FV	1	SCR
1) Grantley Samuels 09	2) Maximus Foreman 11	
3) Isaiah Moeller 10	4) Carter De Koster 09	
--- Oskaloosa	1	SCR
1) Carter Jordan 10	2) Jamison Ruby 09	
3) Sam Nelson 12	4) Micah Van Ee 10	
--- North Polk	1	SCR
1) Charlie Spurgeon 12	2) Micah Sands 12	
3) Grayer Ackerman 09	4) Avery Flemmer 11	
--- Keokuk	1	SCR
1) Brodyn Alexander 10	2) Braxton Hayner 12	
3) Ethan Totten 12	4) Carter Killoren 12	
--- Carroll	1	SCR
1) Adam Malik 11	2) Michael Rowedder 12	
3) Karsyn Krutsch 11	4) Marco Rodriguez 09	
--- Maquoketa	1	SCR
1) Caleb Coates 09	2) DanBren Henson 11	
3) Phoenix Scheper 10	4) Gavin Machael 10	
--- LeMars	1	SCR
1) Gavin Clarey 10	2) Tanner Iverson 11	
3) Nolan Grage 11	4) Jimmy Nolan 09	

## Boys 4x110 Meter Shuttle Hurdle 3A

State Meet: 57.49 \* 5/24/2025 Clear Crk-Amana

O Rosenberg, L Higdon, E Mipata, T Seals

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Pella	1	57.78q
1) Logan VanDenBroek 11	2) Benjamin O'Halloran 11	
3) Grant Finken 10	4) Caiden Johnson 12	
2 Waverly-SR	1	58.01q
1) Nolan Johnson 11	2) Marquis Olson 12	
3) Alexander Christensen 12	4) Jayden Stephens 10	
3 Ballard	1	58.74q
1) Chase Ihle 12	2) Aidan Wilson 11	
3) Curtis Hinzman 11	4) Stetson Kane 12	
4 Clear Lake	1	59.15q
1) Keeton Jeppeson 11	2) Gage Larson 12	
3) Isaac Brownlee 11	4) Tate Fever 12	
5 Benton Comm	1	59.18q
1) Owen Von Ahsen 12	2) Will Schanbacher 12	
3) Brock Corrigan 11	4) Eli Patterson 12	
6 Central DeWitt	1	59.27q
1) Sam Pfeifle 11	2) Jacob Marvin 10	
3) Beck Maricle 11	4) Jameson Gregoire 11	

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## Preliminaries ... (Boys 4x110 Meter Shuttle Hurdle 3A)

Team	Relay	Prelims
7 Gilbert	1	59.48q
1) Aidan Rash 12	2) Cael O'Brien 12	
3) Reggie Chittenden 10	4) Ethan Rash 12	
8 Western Dubuque	1	59.62q
1) Nolan Urbain 10	2) Beau Jasper 12	
3) Owen Habel 12	4) Willie Williams Jr. 11	
9 MOC-FV	1	59.97
1) Dylan Maasdam 12	2) Lucas Bundt 09	
3) Albear Van Zee 11	4) Conner Vander Ploeg 12	
10 North Polk	1	1:00.29
1) Carter Bormann 11	2) Brady Cathcart 11	
3) Dylan Twedt 12	4) Mason Ackerman 11	
11 Bond-Farrar	1	1:00.65
1) Carson Sirdoreus 10	2) Jasper Wilson 12	
3) Jackson Halfhill 11	4) Drew Farver 12	
12 ADM, Adel	1	1:00.70
1) Jackson Pitzen 12	2) Isaac Schrock 10	
3) Reid Kluesner 11	4) Lucas Seifert 09	
13 CPU	1	1:01.27
1) Donovan Crouchet 11	2) Lucas Lopata 11	
3) Noah Estling 12	4) Nicholas Miller 10	
14 Sioux Center	1	1:01.76
1) Max Plasier 11	2) Dylan Veltkamp 11	
3) Elisha Los 11	4) Parker Smit 10	
15 Humboldt	1	1:01.77
1) Brady Roth 10	2) Griffin Groat 11	
3) Luke DeWinter 11	4) Valley Davis 12	
16 Newton	1	1:01.84
1) Drew Bauer 11	2) Josh Lampe 10	
3) Dro Felten 09	4) Austin Arauz 12	
17 DSM Christian	1	1:01.96
1) Wyatt Odell 12	2) Gavin Williams 10	
3) Jaka Newton 10	4) Davis Tokheim 11	
18 Carroll	1	1:02.01
1) Landon Mrla 12	2) Lincoln Burke 11	
3) Carson Tedrow 12	4) Lual Tharjiath 12	
19 Mt Pleasant	1	1:02.76
1) Kayle Brown 09	2) Caleb Shepherd 10	
3) Keegan Heaton 11	4) Kaden Schadt 10	
20 West Liberty	1	1:02.88
1) Lleyton Simon 11	2) Andre Nicholson 10	
3) Beckham Simon 11	4) Asher Simon 10	
21 Burlington	1	1:03.04
1) Zech Hart 11	2) Justin Hudley 09	
3) Liam Enger 10	4) Cj Owens 11	
22 SB-Luton	1	1:03.06
1) Xavier Jones 11	2) Emmet Kneifl 11	
3) Zach Beach 11	4) Andrew Lincoln 11	
23 Solon	1	1:03.89
1) Will Brandt 12	2) Jacob Donnenwerth 11	
3) Michael Bigelow 10	4) Easton Shipley 09	

---	Atlantic	1	DQ
1)	Grant Petty 11	2)	Jaxon Hepler 10
3)	Zander Killion 10	4)	Shelton Mualia 12

## Boys 4x110 Meter Shuttle Hurdle 3A

State Meet: 57.49 \* 5/24/2025 Clear Crk-Amana

O Rosenberg, L Higdon, E Mipata, T Seals

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Finals
<b>Finals</b>		
1 Pella	1	57.17* 10
1) Logan VanDenBroek 11	2) Benjamin O'Halloran 11	
3) Grant Finken 10	4) Caiden Johnson 12	
2 Waverly-SR	1	58.17 8
1) Nolan Johnson 11	2) Marquis Olson 12	
3) Alexander Christensen 12	4) Jayden Stephens 10	
3 Ballard	1	58.48 6
1) Chase Ihle 12	2) Aidan Wilson 11	
3) Curtis Hinzman 11	4) Stetson Kane 12	
4 Central DeWitt	1	58.90 5
1) Sam Pfeifle 11	2) Jacob Marvin 10	
3) Beck Maricle 11	4) Jameson Gregoire 11	
5 Western Dubuque	1	59.25 4
1) Nolan Urbain 10	2) Beau Jasper 12	
3) Owen Habel 12	4) Willie Williams Jr. 11	
6 Gilbert	1	59.32 3
1) Aidan Rash 12	2) Cael O'Brien 12	
3) Reggie Chittenden 10	4) Ethan Rash 12	
7 Benton Comm	1	59.44 2
1) Owen Von Ahsen 12	2) Will Schanbacher 12	
3) Brock Corrigan 11	4) Eli Patterson 12	
8 Clear Lake	1	59.64 1
1) Keeton Jeppeson 11	2) Gage Larson 12	
3) Isaac Brownlee 11	4) Tate Fever 12	

## Boys High Jump 3A

State Meet: 6-11 \* 2008 Colten Kelly

All-Time: 7-03.50 ! 1981 Brian Tietjens

Name	Yr	School	Finals
<b>Finals</b>			
1 Eli Patterson	12	Benton Comm	6-07.00 10
2 Eli Zillman	12	Fairfield	6-07.00 8
3 Isaiah Hansen	11	Newton	6-05.00 6
4 Albert Bamrick	11	Williamsburg	6-05.00 5
5 Kysen Lamb	11	Clear Lake	6-05.00 4
6 Kaden Hoepfer	11	Solon	6-05.00 3
7 Nolan Guzman	12	Fort Madison	6-03.00 2
8 Reid Kluesner	11	ADM, Adel	6-03.00 1
9 Evan Stanislav	10	Glenwood	6-03.00
10 Easton Shipley	09	Solon	6-01.00
11 Tate VonEhwegen	11	Spencer	6-01.00
11 Max Dougherty	10	Xavier, CR	6-01.00
13 Noahh Leach	09	Benton Comm	6-01.00
14 Jack McGuire	12	Pella	5-11.00

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## Finals ... (Boys High Jump 3A)

Name	Yr	School	Finals
15 Donovan Cook	12	Maquoketa	5-11.00
15 Nathan Wagner	09	North Polk	5-11.00
15 Lual Tharjiath	12	Carroll	5-11.00
18 Peyton Webb	12	Decorah	5-11.00
18 Chase Razor	11	Glenwood	5-11.00
18 Ajay Bakke	10	DSM Christia	5-11.00
--- Oscar Duve	11	Western Dub	NH
--- Trevor Banning	10	Winterset	NH
--- Owen Jackson	11	W Delaware	NH
--- Zach Beach	11	SB-Luton	NH
--- Ke'Vion Harris	11	Nevada	SCR
--- Carter Van Gelder	12	MOC-FV	SCR
--- Landon Wygle	11	Vinton-Shell	SCR
--- Zander Magnuson	09	Washington	SCR
--- Chase Mcnaughton	10	LeMars	SCR
--- Jordan Hartman	09	Maquoketa	SCR
--- Sawyer Hietbrink	11	Sioux Center	SCR
--- Collin Cantrall	09	Spencer	SCR
--- Emmet Kneifl	11	SB-Luton	SCR
--- Brennan Mattes	09	Newton	SCR
--- Leif Allen	11	Vinton-Shell	SCR
--- Timothy Yanga	11	Storm Lake	SCR
--- Cj Owens	11	Burlington	SCR
--- Daryn Pierce	10	Carlisle	SCR
--- Issac McCloud	09	Boone	SCR
--- Zander Mallinger	09	Central DeWi	SCR
--- Justin Williams	11	Charles City	SCR
--- Wade Freese	09	Carroll	SCR
--- Leo Murphy	09	Assumption	SCR
--- Skyler Burcham	09	Atlantic	SCR
--- Ben Grife	10	ADM, Adel	SCR
--- Carson Sirdoreus	10	Bond-Farrar	SCR
--- Bowen Benedict	10	Ballard	SCR
--- Brody Soma	10	Gilbert	SCR
--- Brooks Vosburg	11	Grinnell	SCR
--- Hunter Smrt	11	Fort Madison	SCR
--- Grant DeMoss	11	Knoxville	SCR
--- Jackson Reed	11	Knoxville	SCR
--- Carter Reed	11	Humboldt	SCR
--- Noah Estling	12	CPU	SCR
--- Parker Low	11	Decorah	SCR
--- Bradyn Watkins	11	Clear Lake	SCR
--- Blake Burnett	11	Fairfield	SCR
--- Connor Ware	10	Western Dub	SCR

## Boys Long Jump 3A

State Meet: 23-04.25 \* 5/23/2014 Chandler Diercks

All-Time: 24-10 ! 2022 Abu Sama

Name	Yr	School	Finals
1 Rylan Peters	12	Waverly-SR	22-09.00 10
2 Owen Kettler	11	Pella	21-10.25 8
3 Aidan Kruempel	11	Pella	21-08.25 6

4 Braedon Perez-Hietbrink	11	Sioux Center	21-07.75 5
5 Eli Zillman	12	Fairfield	21-06.50 4
6 Jayden Stephens	10	Waverly-SR	21-06.50 3
7 Brett McInnis	11	LeMars	21-05.25 2
8 Sam Dodge	12	Clear Lake	21-05.25 1
9 Kayle Brown	09	Mt Pleasant	21-03.50 2.4
10 Shain Pratt	12	Glenwood	21-02.25 0.1
11 Dallin Sullivan	11	Williamsburg	21-00.75 0.3
12 Spencer McCreedy	12	Fairfield	20-11.00 0.3
13 Cameron Steffen	11	Western Dub	20-10.00 -0.8
14 Albear Van Zee	11	MOC-FV	20-06.50 0.2
15 Ethan McNeal	11	Atlantic	20-05.50 1.8
16 Brandon Harrell	11	DSM, Hoover	20-04.00 0.1
17 Nolan Ehlinger	12	Maquoketa	20-03.25 -0.4
18 Cash Brown	10	Williamsburg	20-03.00 1.6
19 Dalton Koerselman	10	MOC-FV	20-02.00 0.4
20 Dakota VanGundy	11	Decorah	19-10.00 0.6
21 Gabriel Villalva	09	Boone	19-08.50 -0.5
22 Kurt Joy	10	Keokuk	19-08.25 -0.8
23 Brady Britt	11	Burlington	19-01.25 -0.5
24 Hoang Quang	11	Mt Pleasant	18-08.50 0.5
--- Xavier Jensen	10	Nevada	SCR NWI
--- Sterling Smith	10	Nevada	SCR NWI
--- Jacoby Johnson	12	Vinton-Shell	SCR NWI
--- Josh Slepser	10	W Delaware	SCR NWI
--- Xzavier Greely	12	Vinton-Shell	SCR NWI
--- Huxley Rock	10	West Liberty	SCR NWI
--- Nate Gondek	11	Winterset	SCR NWI
--- Matthew Winter	11	Wahlert, Dub	SCR NWI
--- Quinlan Teply	11	North Polk	SCR NWI
--- Xavier Leake	09	Perry	SCR NWI
--- Brennan Mattes	09	Newton	SCR NWI
--- Harry Mai	11	Storm Lake	SCR NWI
--- Rylan Richardson	12	Storm Lake	SCR NWI
--- Justin Ehlers	10	SB-Luton	SCR NWI
--- Keshawn Wyldon	12	Burlington	SCR NWI
--- Zane Moyer	11	Carlisle	SCR NWI
--- Aidan Sunderman	11	Bond-Farrar	SCR NWI
--- Jaydon Clark	12	Boone	SCR NWI
--- Landon Mrla	12	Carroll	SCR NWI
--- Chase Schable	11	Carroll	SCR NWI
--- Ace Noring	12	Carlisle	SCR NWI
--- Wyatt Odell	12	DSM Christia	SCR NWI
--- Denzel Carew-Harris	11	Xavier, CR	SCR NWI
--- Abraham Dukes	10	Denison-Schl	SCR NWI
--- Dawson Elsbecker	11	Algona	SCR NWI
--- Graedy Perkins	11	Benton Comm	SCR NWI
--- Jackson Pitzen	12	ADM, Adel	SCR NWI
--- Daniel Earnest	12	Grinnell	SCR NWI
--- Jared Sosa	09	Hampton-Dumo	SCR NWI
--- Cael O'Brien	12	Gilbert	SCR NWI
--- Brody Soma	10	Gilbert	SCR NWI
--- Antonio Crockett	10	Keokuk	SCR NWI
--- Ryker Gifford	10	Knoxville	SCR NWI
--- Brayden Dahl	10	Humboldt	SCR NWI

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## Finals ... (Boys Long Jump 3A)

Name	Yr	School	Finals
--- Cooper Small	11	Central DeWi	SCR NWI
--- Patrick Bruening	11	Charles City	SCR NWI
--- Beck Maricle	11	Central DeWi	SCR NWI
--- Kellen O'Gara	10	Decorah	SCR NWI
--- Drake Foxen	10	Western Dub	SCR NWI
--- Durrell Haynes	11	Creston	SCR NWI

## Boys Shot Put 3A

State Meet: 64-07.75 \* 2009 Drew Clark

All-Time: 70-11 ! 1968 Doug Lane

Name	Yr	School	Finals
<b>Finals</b>			
1 Greyson Hartman	11	Washington	60-04.75 10
2 Beau Morton	11	Hampton-Dumo	56-06.50 8
3 Cameron Corey	12	Grinnell	56-04.75 6
4 Nick Milburn	11	Newton	55-10.25 5
5 Colson Chvala	11	Vinton-Shell	55-05.75 4
6 Clayton Hogan	11	Western Dub	54-10.75 3
7 Thomas Mikkelsen	11	Creston	54-05.50 2
8 Dylan Weisskopf	12	Williamsburg	54-02.50 1
9 Lincoln Skarnulis	11	Glenwood	53-04.50
10 Max Nevitt	12	Algona	52-07.50
11 Jack Guy	12	Humboldt	52-00.50
12 Jimmy Topping	12	Wahlert, Dub	51-08.50
13 Kasen Thomas	12	Bishop Heela	51-06.25
14 Gavin Holt	12	Carroll	50-07.50
15 Gavin Roth	11	Carlisle	50-07.50
16 Palmer Hemming	12	Pella	50-00.75
17 Charlie Ernzen	12	Western Dub	49-06.25
18 Benjamin Griffith	12	Pella	49-06.25
19 Carson Bromwell	12	Clear Crk-Am	49-02.25
20 Timmothy Chandonia	12	South Tama	49-00.25
21 Malachi Parker	10	Vinton-Shell	48-09.50
22 Hunter Bacino	11	North Polk	48-01.75
23 Kamden Jorgensen	12	Saydel	44-04.25
--- Lucas Sidles	11	Independence	FOUL
--- Andrew Dix	11	Mt Vernon	SCR
--- Beckett Curran	09	Mt Vernon	SCR
--- Chase Miller	12	North Polk	SCR
--- Koltt Ahn	12	Newton	SCR
--- Henry Follett	10	ADM, Adel	SCR
--- Brady Krantz	11	Washington	SCR
--- Nick Graff	11	Wahlert, Dub	SCR
--- Zack Lahr	11	Webster City	SCR
--- Beau Nohrenberg	12	Webster City	SCR
--- Ian Sedgwick	12	Waverly-SR	SCR
--- Hunter Guthmiller	09	SB-Luton	SCR
--- Cody Sandbulte	12	Sioux Center	SCR
--- Quinlan Jones	11	Saydel	SCR
--- Colin Dunn	10	Solon	SCR
--- Kwin Schmidt	09	Sioux Center	SCR
--- Javier Casiano	11	Boone	SCR
--- Owen Renard	10	Burlington	SCR

--- Max Aesoph	11	Bishop Heela	SCR
--- Jude Baumgardner	12	Boone	SCR
--- Cayden Lueders	11	Carroll	SCR
--- Nile Hootman	12	Central DeWi	SCR
--- Jackson Rice	10	Carlisle	SCR
--- Amir Dunlap-Gillespie	10	Assumption	SCR
--- Benjamin Funderburk	10	Assumption	SCR
--- Will Limbaugh	11	Algona	SCR
--- Carter Sparks	11	Ballard	SCR
--- Grady Frese	12	Benton Comm	SCR
--- Gavin McLaren	12	Atlantic	SCR
--- Tyler Miller	11	Xavier, CR	SCR
--- Cael Donahe	12	Humboldt	SCR
--- Jackson Siefken	11	ADM, Adel	SCR
--- Colton Ensminger	09	Mt Pleasant	SCR
--- Jaymisen Rich	12	Mt Pleasant	SCR
--- Jacob Mulder	11	MOC-FV	SCR
--- Karl Westermann	12	Clear Crk-Am	SCR
--- Davidae Coleman	11	Clear Lake	SCR
--- Angel Torres	10	Clarke	SCR
--- Kyler Grooters	12	Gilbert	SCR
--- Todd Schmitt	11	Glenwood	SCR
--- Luke Franzen	12	Decorah	SCR

## Boys Discus Throw 3A

State Meet: 195-01 \* 5/18/2023 Duke Faley

All-Time: 207-08 ! 1978 Scott Crowell

Name	Yr	School	Finals
<b>Finals</b>			
1 Greyson Hartman	11	Washington	189-05 10
2 Byron Christianson	12	Vinton-Shell	170-06 8
3 Will Limbaugh	11	Algona	169-01 6
4 Cody Sandbulte	12	Sioux Center	168-11 5
5 Nick Milburn	11	Newton	167-04 4
6 Max Nevitt	12	Algona	164-05 3
7 Reagan Anderson	11	Pella	158-06 2
8 Zach Felten	12	Newton	158-05 1
9 Dylan Weisskopf	12	Williamsburg	157-05
10 Hunter Guthmiller	09	SB-Luton	154-03
11 Charlie Ernzen	12	Western Dub	152-10
12 Alex Gassman	12	Western Dub	152-04
13 Dominick Hoefer	10	Charles City	150-11
14 Todd Schmitt	11	Glenwood	150-09
15 Jonathan Panknen	12	Pella	149-11
16 Nick Subbert	12	ADM, Adel	149-09
17 Tyler Miller	11	Xavier, CR	146-09
18 Beau Morton	11	Hampton-Dumo	143-11
19 Urijah Brooks	11	Fort Madison	142-06
20 Jimmy Topping	12	Wahlert, Dub	141-01
21 Karl Westermann	12	Clear Crk-Am	136-09
22 Caden Sprecher	11	Boone	135-01
23 Riley Akers	11	Winterset	131-08
--- Thomas Mikkelsen	11	Creston	FOUL
--- Brady Weaver	12	Mt Vernon	SCR
--- Nate Budzisz	12	Wahlert, Dub	SCR

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## Finals ... (Boys Discus Throw 3A)

Name	Yr	School	Finals
--- Aiden Batey	12	Williamsburg	SCR
--- Parker Stone	11	Nevada	SCR
--- Jacob Mulder	11	MOC-FV	SCR
--- Logan Clasen	11	Maquoketa	SCR
--- Andrew Dix	11	Mt Vernon	SCR
--- Mason Frueh	11	Mt Pleasant	SCR
--- Timmothy Chandonia	12	South Tama	SCR
--- Brady Krantz	11	Washington	SCR
--- Sawyer Wolfswinkel	11	Sioux Center	SCR
--- Colin Dunn	10	Solon	SCR
--- Micah Sands	12	North Polk	SCR
--- Cole Nohrenberg	12	Webster City	SCR
--- Jakob Becker	11	Vinton-Shell	SCR
--- Jude Baumgardner	12	Boone	SCR
--- Gavin Roth	11	Carlisle	SCR
--- Keaton Sweitzer	10	Bishop Heela	SCR
--- Kane McCloud	11	Bond-Farrar	SCR
--- Bode Kock	09	Carroll	SCR
--- Ryan Paulsen	11	Central DeWi	SCR
--- Gavin Holt	12	Carroll	SCR
--- Gavin McLaren	12	Atlantic	SCR
--- Tyson Pingel	11	Ballard	SCR
--- Ryan Everson	10	Xavier, CR	SCR
--- Grady Frese	12	Benton Comm	SCR
--- Sebastian Pratt	09	Bishop Heela	SCR
--- Carter Sparks	11	Ballard	SCR
--- Cameron Corey	12	Grinnell	SCR
--- Caleb Criswell	11	Grinnell	SCR
--- Lincoln Skarnulis	11	Glenwood	SCR
--- Dane Clark	10	Humboldt	SCR
--- Jack Guy	12	Humboldt	SCR
--- Kobe Stahl	09	Harlan	SCR
--- Max Larson	12	Clear Lake	SCR
--- Carter Riley	11	Decorah	SCR
--- Carson Bromwell	12	Clear Crk-Am	SCR
--- Teddy Pistilli	10	Gilbert	SCR
--- Ben Smith	09	Gilbert	SCR
--- Aiden Mizelle	10	Fairfield	SCR

## Boys 100 Meter Dash 4A

State Meet: 10.33 \* 2022 Mikey McClain  
All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Prelims
1 Deztin McMurrin	12	WAT West	10.65q-0.2
2 Kaiden Kunze	12	Norwalk	10.75q 1.0
3 Quintin Pollard	10	SC, East	10.83q-0.2
4 Noah Ross	12	Ankeny Cent	10.85q 1.0
5 Dawson Dougherty	12	CR Kennedy	10.88q 1.0
6 Stephen Tour	12	Johnston	10.93q-0.2
7 Dominic Cabildo	11	Urbandale	10.99q 1.0
8 Noah Daniel	12	Fort Dodge	10.99q 1.0

9 Will Remmert	12	Cedar Falls	10.99 +0.0
10 Maddux Cooley	11	Clinton	11.00 +0.0
11 Jordan Meeker	12	Muscatine	11.00 +0.0
12 Dawson Kahl	11	Prairie, CR	11.03 -0.2
13 Jackson Miller	12	Dowling Cath	11.05 +0.0
14 Trent Grevengoed	12	Valley, WDM	11.06 +0.0
15 Drew Hobart	12	Mason City	11.06 -0.2
16 Fredrick Tarasid-Tarawally	11	SE Polk	11.07 +0.0
17 Markey Glenn	10	DVPT, Centra	11.08 -0.2
18 Zach Zuiderveen	12	Pleasant Val	11.14 -0.2
19 Sam Dickman	12	North Scott	11.17 1.0
20 Mason Eison	10	WAT East	11.25 +0.0
21 Taylor Carter	10	Cedar Falls	11.26 -0.2
22 Hezekiah Talafiero	12	DVPT, Centra	11.29 1.0
23 Magnus Kpahn	11	Prairie, CR	11.29 +0.0
24 Jack Osterberger	11	Linn-Mar	11.51 1.0

## Boys 100 Meter Dash 4A

State Meet: 10.33 \* 2022 Mikey McClain  
All-Time: 10.10 ! 2002 Adam Haluska

Name	Yr	School	Finals
1 Kaiden Kunze	12	Norwalk	10.63 10
2 Deztin McMurrin	12	WAT West	10.67 8
3 Noah Ross	12	Ankeny Cent	10.68 6
4 Quintin Pollard	10	SC, East	10.70 5
5 Dominic Cabildo	11	Urbandale	10.92 4
6 Noah Daniel	12	Fort Dodge	10.94 3
7 Stephen Tour	12	Johnston	14.24 2
8 Dawson Dougherty	12	CR Kennedy	24.20 1

## Boys 200 Meter Dash 4A

State Meet: 20.97 \* 2022 Mikey McClain  
All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Prelims
1 Kaiden Kunze	12	Norwalk	21.21q-0.6
2 Deztin McMurrin	12	WAT West	21.41q 0.4
3 Marcus Tomlyanovich	12	Cedar Falls	21.45q 1.4
4 Ethan Clark	11	Cedar Falls	21.62q 1.4
5 Joseph Alexander	11	Valley, WDM	21.63q-0.6
6 Maddux Cooley	11	Clinton	21.71q 0.4
7 Fredrick Tarasid-Tarawally	11	SE Polk	21.77q 1.4
8 Bryce Beachem	11	Johnston	21.79q 0.4
9 Kushal Vanavasam	12	Linn-Mar	21.81 0.4
10 Jordan Meeker	12	Muscatine	21.84 -0.6
11 Noah Daniel	12	Fort Dodge	21.89 0.4
12 Quintin Pollard	10	SC, East	21.97 -0.6
13 Tanner Boonstra	10	SC, East	21.99 1.4
14 Ryland Cooling	12	Prairie, CR	22.05 1.4
15 Neil James	11	IC, West	22.07 1.4
16 Kamarii Harris	10	Bettendorf	22.08 -0.6
17 Michael Cunningham Jr.	11	WAT West	22.10 1.4
18 Trent Grevengoed	12	Valley, WDM	22.12 0.4

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Preliminaries ... (Boys 200 Meter Dash 4A)

Name	Yr	School	Prelims
19 Griffin Ludwig	11	Waukee NW	22.21 0.4
20 Dawson Dougherty	12	CR Kennedy	22.23 -0.6
21 Drew Vander Wilt	12	Ames	22.37 -0.6
22 Drew Hobart	12	Mason City	22.43 1.4
23 Mason Eison	10	WAT East	22.60 0.4
24 Rylen Schweitzer	12	IC, Liberty	22.66 -0.6

## Boys 200 Meter Dash 4A

State Meet: 20.97 \* 2022 Mikey McClain

All-Time: 20.80 ! 1994 Tim Dwight

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaiden Kunze	12	Norwalk	21.46 10
2 Joseph Alexander	11	Valley, WDM	21.56 8
3 Bryce Beachem	11	Johnston	21.75 6
4 Marcus Tomlyanovich	12	Cedar Falls	21.83 5
5 Deztin McMurrin	12	WAT West	21.90 4
6 Maddux Cooley	11	Clinton	21.95 3
7 Ethan Clark	11	Cedar Falls	21.97 2
8 Fredrick Tarasid-Tarawally	11	SE Polk	22.27 1

## Boys 400 Meter Dash 4A

State Meet: 46.99 \* 5/16/2019 Darien Porter

All-Time: 46.99 ! 5/17/2019 Darien Porter

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaiden Kunze	12	Norwalk	47.80 10
2 Gage Tucker	12	Bettendorf	47.90 8
3 Marcus Tomlyanovich	12	Cedar Falls	48.23 6
4 Blake Swisher	10	Linn-Mar	48.38 5
5 Drew Bennis	11	Prairie, CR	48.55 4
6 Ethan Clark	11	Cedar Falls	48.83 3
7 Jordan Mecker	12	Muscatine	49.16 2
8 Kamarii Harris	10	Bettendorf	49.20 1
9 Drew Vander Wilt	12	Ames	49.42
10 Kade Erickson	12	Prairie, CR	49.50
11 Parker Amos	11	Indianola	49.69
12 Darren Grandon	11	Johnston	49.91
13 Micah Herlich	12	Pleasant Val	50.30
14 Tristan Edens	09	Valley, WDM	50.48
15 Robbie Hoke	12	Linn-Mar	51.45
16 Isaac Johnson	11	Indianola	51.69
17 Ayrton Caldwell	09	Waukee NW	51.72
18 Joey Anderson	11	Clinton	51.83
19 Michael Capobianco	11	Waukee NW	51.88
20 Keyshun Fletcher	12	IC, Liberty	51.94
21 Andy Musiboko	11	WAT West	52.40
22 Kaden Gatton	11	Johnston	52.82
23 Jamarius Echols	11	Fort Dodge	52.84
24 DJ Joseph	10	SC, West	52.99
--- Parker Schneider	11	Valley, WDM	SCR
--- John Adams II	11	SE Polk	SCR
--- Nathan Coon	12	Waukee	SCR

--- Peter Keeven	12	Pleasant Val	SCR
--- Jack Tobey	11	Norwalk	SCR
--- Gabriel Lynam-Ochoa	10	SC, North	SCR
--- Oliver Rouse	12	DC-Grimes	SCR
--- Jackson Smothers	10	DC-Grimes	SCR
--- Ryker Scheckel	12	CR Kennedy	SCR
--- Abraham Eujenio	12	DSM, East	SCR
--- Hudson Wheelock	12	DSM Lincoln	SCR
--- Logan Peterson	11	Ankeny	SCR
--- Jackson Kaiser	12	Ankeny	SCR
--- Micah Kriley	09	CB, A Lincol	SCR
--- Kaison Schwering	11	Ankeny Cent	SCR
--- Silas Gollnick	12	IC, City Hig	SCR
--- Eli Dunham	09	IC, West	SCR
--- Sawyer Williams	10	DVPT, West	SCR
--- Owen Bergman	09	Lewis Centra	SCR
--- Logan Jacobsen	11	IC, West	SCR
--- Brody Rosemeyer	11	DUB Hempstea	SCR
--- Taylor Thompson	11	DSM, Rooseve	SCR
--- Jeff Oeth	11	DUB Senior	SCR
--- Matthew Haug	11	DUB Senior	SCR

## Boys 800 Meter Run 4A

State Meet: 1:50.30 \* 5/21/2016 Ryan Schweizer

All-Time: 1:49.41 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
<b>Finals</b>			
1 Kuma Gutema	10	SC, North	1:51.14 10
57.059 (57.059)	1:51.132 (54.073)		
2 Ike Smith	12	Ankeny	1:51.37 8
56.835 (56.835)	1:51.363 (54.529)		
3 Brennen Hoyer	12	Cedar Falls	1:51.81 6
56.863 (56.863)	1:51.806 (54.944)		
4 Dominic Williams	11	Cedar Falls	1:52.27 5
57.313 (57.313)	1:52.262 (54.949)		
5 AJ Willey	12	Bettendorf	1:52.49 4
56.944 (56.944)	1:52.481 (55.538)		
6 Kellen Tuyls	12	Waukee NW	1:52.74 3
56.679 (56.679)	1:52.734 (56.056)		
7 Micah Fern	12	DUB Hempstea	1:53.06 2
57.198 (57.198)	1:53.055 (55.857)		
8 Keegan Decker	11	IC, Liberty	1:53.40 1
56.662 (56.662)	1:53.391 (56.730)		
9 Gavin Russell	11	Pleasant Val	1:54.00
57.435 (57.435)	1:53.994 (56.560)		
10 Reed Robbins	12	Indianola	1:54.90
57.031 (57.031)	1:54.895 (57.864)		
11 Cohen Moll	12	Ankeny Cent	1:55.22
57.203 (57.203)	1:55.220 (58.017)		
12 Lincoln McMahan	12	CR Kennedy	1:56.15
56.877 (56.877)	1:56.144 (59.267)		
13 Sam Parker	12	Norwalk	1:56.38
57.421 (57.421)	1:56.377 (58.957)		
14 William Tice	11	Dowling Cath	1:56.49
57.007 (57.007)	1:56.490 (59.484)		

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## Finals ... (Boys 800 Meter Run 4A)

Name	Yr	School	Finals
15 Carter Haigh	11	Dowling Cath	1:56.77
57.715 (57.715)	1:56.770 (59.056)		
16 Landen Orris	11	Pleasant Val	1:57.13
57.235 (57.235)	1:57.123 (59.889)		
17 Ayden Gabrielson	12	Waukee NW	1:57.15
56.672 (56.672)	1:57.148 (1:00.476)		
18 Colin Henn	12	DUB Hempstea	1:57.24
57.227 (57.227)	1:57.235 (1:00.009)		
19 Nathaniel Goff	12	CR Kennedy	1:57.34
57.230 (57.230)	1:57.333 (1:00.103)		
20 Ethan Cheney	12	Linn-Mar	1:57.50
56.419 (56.419)	1:57.493 (1:01.074)		
21 Emmett Palmberg	11	IC, City Hig	1:57.67
57.357 (57.357)	1:57.670 (1:00.313)		
22 Tay Ohr-Rottler	12	Johnston	1:58.23
55.391 (55.391)	1:58.225 (1:02.835)		
23 Ashton Hensley	12	Urbandale	1:59.07
56.480 (56.480)	1:59.069 (1:02.590)		
24 Blake Williams	10	Johnston	2:02.07
58.356 (58.356)	2:02.066 (1:03.711)		
--- Gideon Miller	12	Ankeny	SCR
--- Samuel Lange	11	Prairie, CR	SCR
--- Josue Gutierrez	10	SC, North	SCR
--- Kaiden Hamilton	12	CB, T Jeffer	SCR
--- Jack Meggison	11	DC-Grimes	SCR
--- Jacob Krambeer	12	Prairie, CR	SCR
--- Lucas Dragert	12	Waukee	SCR
--- Thomas Limback	11	Valley, WDM	SCR
--- Carter Hoskins	11	Waukee	SCR
--- Dawson Allen	10	Bettendorf	SCR
--- Elijah Sheldon	12	Ames	SCR
--- Angel Cruz	12	Valley, WDM	SCR
--- William Fry	12	DUB Senior	SCR
--- Paxton Bloom	12	Indianola	SCR
--- Matthew Denham	11	DUB Senior	SCR
--- Jack Connors	10	DVPT, Centra	SCR
--- Maxwell McDowell	12	IC, City Hig	SCR
--- Thomas Tong	12	IC, West	SCR
--- Eli Oberreuter	10	DC-Grimes	SCR
--- Owen Goodwin	09	Muscatine	SCR
--- Brayden Walderbach	09	Norwalk	SCR
--- Jackson Lewis	12	Ankeny Cent	SCR
--- Joey Mazzella	11	Lewis Centra	SCR
--- Will Kennedy	11	Linn-Mar	SCR

## Boys 1600 Meter Run 4A

State Meet: 4:06.32 \* 5/24/2014 Josh Evans

All-Time: 3:59.60 ! 5/24/2025 Quentin Nauman

Name	Yr	School	Finals
1 Kuma Gutema	10	SC, North	4:09.63 10
1:01.383 (1:01.383)	2:05.975 (1:04.593)	3:11.686 (1:05.711)	
4:09.630 (57.944)			

2 Slader Buckheister	12	CR Kennedy	4:09.77 8
1:01.929 (1:01.929)	2:06.796 (1:04.868)	3:11.529 (1:04.733)	
4:09.770 (58.242)			
3 AJ Willey	12	Bettendorf	4:09.78 6
1:01.784 (1:01.784)	2:06.504 (1:04.721)	3:11.291 (1:04.787)	
4:09.777 (58.487)			
4 Preston Johnson	11	Marshalltown	4:10.69 5
1:01.051 (1:01.051)	2:06.157 (1:05.106)	3:11.810 (1:05.654)	
4:10.682 (58.872)			
5 Dominic Williams	11	Cedar Falls	4:11.61 4
1:02.843 (1:02.843)	2:09.096 (1:06.253)	3:13.065 (1:03.970)	
4:11.603 (58.539)			
6 Keegan Decker	11	IC, Liberty	4:12.68 3
1:00.643 (1:00.643)	2:05.754 (1:05.112)	3:11.559 (1:05.805)	
4:12.676 (1:01.118)			
7 Jack Crossland	11	Johnston	4:13.91 2
1:02.087 (1:02.087)	2:07.277 (1:05.191)	3:12.885 (1:05.608)	
4:13.901 (1:01.016)			
8 Andrew Heden	11	Bettendorf	4:14.06 1
1:02.103 (1:02.103)	2:07.251 (1:05.148)	3:12.466 (1:05.216)	
4:14.051 (1:01.585)			
9 Reed Robbins	12	Indianola	4:14.14
1:02.389 (1:02.389)	2:08.221 (1:05.832)	3:12.930 (1:04.710)	
4:14.140 (1:01.210)			
10 Kiefer Barnes	12	Indianola	4:15.31
1:02.610 (1:02.610)	2:08.373 (1:05.764)	3:13.071 (1:04.698)	
4:15.301 (1:02.230)			
11 Porter Myers	11	Cedar Falls	4:16.94
1:03.107 (1:03.107)	2:09.360 (1:06.254)	3:12.740 (1:03.380)	
4:16.938 (1:04.198)			
12 Adam Gray	12	CR Kennedy	4:17.44
1:03.322 (1:03.322)	2:09.663 (1:06.341)	3:15.996 (1:06.333)	
4:17.436 (1:01.441)			
13 Nicholas Paulsen	12	Dowling Cath	4:17.51
1:02.819 (1:02.819)	2:09.143 (1:06.325)	3:15.276 (1:06.133)	
4:17.503 (1:02.228)			
14 Joe Knepp	12	Pleasant Val	4:18.05
1:02.600 (1:02.600)	2:08.313 (1:05.714)	3:14.650 (1:06.337)	
4:18.050 (1:03.400)			
15 Owen Tuyls	10	Waukee NW	4:18.42
1:02.139 (1:02.139)	2:07.910 (1:05.772)	3:14.876 (1:06.966)	
4:18.419 (1:03.543)			
16 Jaxton Alvarez	11	Ankeny Cent	4:18.43
1:02.323 (1:02.323)	2:07.650 (1:05.327)	3:15.078 (1:07.429)	
4:18.425 (1:03.348)			
17 Jack Tryon	10	Urbandale	4:19.28
1:02.896 (1:02.896)	2:09.309 (1:06.414)	3:15.342 (1:06.033)	
4:19.271 (1:03.930)			
18 Ike Smith	12	Ankeny	4:22.17
1:02.627 (1:02.627)	2:08.742 (1:06.116)	3:16.088 (1:07.346)	
4:22.166 (1:06.078)			
19 Tay Ohr-Rottler	12	Johnston	4:23.07
1:03.180 (1:03.180)	2:08.897 (1:05.718)	3:17.211 (1:08.314)	
4:23.065 (1:05.854)			

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 1600 Meter Run 4A)

Name	Yr	School	Finals
20 Cohen Moll	12	Ankeny Cent	4:23.97
1:02.555 (1:02.555)	2:08.558 (1:06.004)	3:15.688 (1:07.130)	
4:23.968 (1:08.280)			
21 Jack Kirman	12	DUB Senior	4:25.37
1:02.228 (1:02.228)	2:08.388 (1:06.160)	3:16.673 (1:08.285)	
4:25.363 (1:08.690)			
22 Kamran Foad	11	Pleasant Val	4:26.11
1:02.410 (1:02.410)	2:08.854 (1:06.444)	3:16.871 (1:08.017)	
4:26.108 (1:09.238)			
23 Henry Maloney	11	DUB Hempstea	4:27.19
1:02.971 (1:02.971)	2:09.989 (1:07.019)	3:18.772 (1:08.784)	
4:27.189 (1:08.417)			
24 Kyle Johnson	12	Prairie, CR	4:27.51
1:03.726 (1:03.726)	2:10.955 (1:07.230)	3:20.524 (1:09.569)	
4:27.507 (1:06.983)			
--- Carter Nunn	12	Marshalltown	SCR
--- Aiden Bullock	10	Muscatine	SCR
--- Brayden Walderbach	09	Norwalk	SCR
--- Sam Parker	12	Norwalk	SCR
--- Nelsen Perrigo	10	Valley, WDM	SCR
--- Thomas Limback	11	Valley, WDM	SCR
--- Ben Peterson	11	Waukee	SCR
--- Ben Hames	12	SC, North	SCR
--- Cole Carrizales	11	Prairie, CR	SCR
--- Ashton Hensley	12	Urbandale	SCR
--- Charlie Spahn	10	DUB Hempstea	SCR
--- William Tice	11	Dowling Cath	SCR
--- Zack Ryan	11	DVPT, Centra	SCR
--- Ben Hohmann	12	DUB Senior	SCR
--- Nolan Van Bruggen	10	Waukee NW	SCR
--- Augustus Brown	09	Ankeny	SCR
--- Rylan Heeren	09	DC-Grimes	SCR
--- Dane Thomsen	09	Lewis Centra	SCR
--- Kevin Coots	12	Lewis Centra	SCR
--- Ethan Cheney	12	Linn-Mar	SCR
--- Cooper Adams	11	Linn-Mar	SCR
--- Lars Hildebrand	11	IC, Liberty	SCR
--- Andrew Hamilton	10	IC, City Hig	SCR
--- Lars Pressler	11	IC, West	SCR

## Boys 3200 Meter Run 4A

State Meet: 8:59.66 \* 5/16/2024 Ethan Zuber

All-Time: 8:50.43 ! 5/22/2014 Thomas Pollard

Name	Yr	School	Finals
1 AJ Willey	12	Bettendorf	8:49.65! 10
1:05.541 (1:05.541)	2:13.701 (1:08.160)	3:22.924 (1:09.223)	
4:31.738 (1:08.814)	5:39.423 (1:07.686)	6:45.344 (1:05.922)	
7:52.316 (1:06.972)	8:49.650 (57.335)		
2 Slader Buckheister	12	CR Kennedy	8:49.97! 8
1:05.202 (1:05.202)	2:13.411 (1:08.209)	3:22.690 (1:09.279)	
4:31.572 (1:08.883)	5:39.664 (1:08.092)	6:45.644 (1:05.980)	
7:52.419 (1:06.775)	8:49.968 (57.550)		

3 Kuma Gutema	10	SC, North	8:51.39* 6
1:05.676 (1:05.676)	2:13.685 (1:08.009)	3:22.811 (1:09.127)	
4:31.402 (1:08.591)	5:40.351 (1:08.950)	6:46.258 (1:05.907)	
7:52.463 (1:06.205)	8:51.383 (58.920)		
4 Keegan Decker	11	IC, Liberty	8:51.61* 5
1:04.946 (1:04.946)	2:13.165 (1:08.219)	3:22.431 (1:09.267)	
4:31.376 (1:08.945)	5:40.008 (1:08.633)	6:46.195 (1:06.187)	
7:52.658 (1:06.464)	8:51.609 (58.952)		
5 Jack Crossland	11	Johnston	8:54.60* 4
1:05.186 (1:05.186)	2:13.484 (1:08.299)	3:22.587 (1:09.103)	
4:31.542 (1:08.956)	5:40.208 (1:08.666)	6:46.390 (1:06.182)	
7:53.235 (1:06.845)	8:54.594 (1:01.359)		
6 Preston Johnson	11	Marshalltown	8:57.29* 3
1:05.406 (1:05.406)	2:13.286 (1:07.881)	3:22.120 (1:08.834)	
4:31.114 (1:08.995)	5:39.582 (1:08.468)	6:45.966 (1:06.384)	
7:52.710 (1:06.745)	8:57.284 (1:04.574)		
7 Andrew Heden	11	Bettendorf	8:59.97 2
1:05.998 (1:05.998)	2:14.102 (1:08.104)	3:23.195 (1:09.093)	
4:31.950 (1:08.756)	5:40.466 (1:08.517)	6:46.762 (1:06.297)	
7:53.791 (1:07.029)	8:59.968 (1:06.178)		
8 Kevin Coots	12	Lewis Centra	9:10.54 1
1:05.874 (1:05.874)	2:14.000 (1:08.126)	3:23.153 (1:09.154)	
4:31.972 (1:08.820)	5:40.634 (1:08.662)	6:48.258 (1:07.624)	
8:03.060 (1:14.802)	9:10.533 (1:07.473)		
9 Kiefer Barnes	12	Indianola	9:11.77
1:07.214 (1:07.214)	2:15.564 (1:08.350)	3:25.426 (1:09.862)	
4:36.552 (1:11.127)	5:45.881 (1:09.329)	6:54.814 (1:08.934)	
8:03.300 (1:08.486)	9:11.768 (1:08.468)		
10 Kyle Johnson	12	Prairie, CR	9:14.15
1:06.778 (1:06.778)	2:15.066 (1:08.288)	3:24.106 (1:09.041)	
4:34.003 (1:09.897)	5:44.192 (1:10.189)	6:55.508 (1:11.316)	
8:07.348 (1:11.841)	9:14.148 (1:06.800)		
11 Ethan Cheney	12	Linn-Mar	9:16.00
1:06.167 (1:06.167)	2:15.240 (1:09.074)	3:25.792 (1:10.552)	
4:36.378 (1:10.586)	5:47.291 (1:10.913)	6:59.006 (1:11.715)	
8:10.752 (1:11.746)	9:15.996 (1:05.244)		
12 Adam Gray	12	CR Kennedy	9:16.43
1:06.230 (1:06.230)	2:14.913 (1:08.684)	3:25.232 (1:10.319)	
4:36.107 (1:10.876)	5:46.246 (1:10.139)	6:57.567 (1:11.321)	
8:08.712 (1:11.146)	9:16.425 (1:07.713)		
13 Davis Johnson	12	Ankeny Cent	9:17.52
1:06.521 (1:06.521)	2:14.556 (1:08.035)	3:23.718 (1:09.162)	
4:32.965 (1:09.248)	5:44.561 (1:11.596)	6:57.040 (1:12.480)	
8:09.864 (1:12.824)	9:17.518 (1:07.654)		
14 Jonah Whitson	11	Pleasant Val	9:19.86
1:07.696 (1:07.696)	2:15.640 (1:07.945)	3:25.511 (1:09.871)	
4:36.773 (1:11.263)	5:47.580 (1:10.807)	6:59.272 (1:11.692)	
8:11.038 (1:11.767)	9:19.856 (1:08.818)		
15 Jack Tryon	10	Urbandale	9:30.74
1:07.683 (1:07.683)	2:15.956 (1:08.274)	3:26.193 (1:10.237)	
4:37.436 (1:11.244)	5:48.836 (1:11.401)	7:02.123 (1:13.287)	
8:18.636 (1:16.513)	9:30.731 (1:12.096)		

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Drake Stadium

## Results

## Finals ... (Boys 3200 Meter Run 4A)

Name	Yr	School	Finals
16 Jake Robidoux	10	Indianola	9:33.43
1:07.398 (1:07.398)	2:17.974 (1:10.577)	3:30.356 (1:12.382)	
4:44.254 (1:13.899)	5:57.326 (1:13.072)	7:12.078 (1:14.752)	
8:26.014 (1:13.937)	9:33.426 (1:07.412)		
17 Carter Nunn	12	Marshalltown	9:33.68
1:06.468 (1:06.468)	2:15.368 (1:08.900)	3:25.914 (1:10.546)	
4:38.260 (1:12.346)	5:51.754 (1:13.495)	7:06.092 (1:14.338)	
8:20.651 (1:14.560)	9:33.677 (1:13.026)		
18 Cole Carrizales	11	Prairie, CR	9:36.93
1:06.758 (1:06.758)	2:15.487 (1:08.730)	3:25.289 (1:09.802)	
4:38.049 (1:12.760)	5:52.664 (1:14.616)	7:09.183 (1:16.519)	
8:27.689 (1:18.506)	9:36.929 (1:09.241)		
19 Henry Hansen	11	Mason City	9:38.05
1:07.090 (1:07.090)	2:19.035 (1:11.945)	3:31.680 (1:12.646)	
4:47.274 (1:15.594)	6:03.091 (1:15.817)	7:18.917 (1:15.826)	
8:32.608 (1:13.692)	9:38.042 (1:05.435)		
20 Thomas Limback	11	Valley, WDM	9:40.37
1:06.154 (1:06.154)	2:14.306 (1:08.152)	3:24.429 (1:10.123)	
4:37.667 (1:13.239)	5:53.543 (1:15.876)	7:10.171 (1:16.628)	
8:28.932 (1:18.762)	9:40.362 (1:11.430)		
21 Michael Hanna	10	IC, West	9:42.32
1:06.435 (1:06.435)	2:15.086 (1:08.651)	3:25.544 (1:10.459)	
4:37.804 (1:12.260)	5:51.519 (1:13.715)	7:09.905 (1:18.386)	
8:29.175 (1:19.271)	9:42.314 (1:13.139)		
22 Lars Hildebrand	11	IC, Liberty	9:42.50
1:08.051 (1:08.051)	2:17.664 (1:09.613)	3:30.114 (1:12.451)	
4:44.029 (1:13.915)	5:57.778 (1:13.749)	7:12.991 (1:15.214)	
8:30.128 (1:17.137)	9:42.494 (1:12.366)		
23 Ian Smith	12	Ankeny Cent	9:43.30
1:07.467 (1:07.467)	2:18.802 (1:11.336)	3:32.626 (1:13.824)	
4:47.591 (1:14.965)	6:06.179 (1:18.588)	7:25.208 (1:19.030)	
8:40.994 (1:15.786)	9:43.300 (1:02.306)		
24 Jeremy Gall	09	Cedar Falls	9:43.41
1:07.664 (1:07.664)	2:18.396 (1:10.732)	3:30.904 (1:12.508)	
4:45.306 (1:14.402)	6:00.612 (1:15.307)	7:17.136 (1:16.524)	
8:33.080 (1:15.944)	9:43.408 (1:10.329)		
--- Logan Rolling	12	Ankeny	SCR
--- Benton Schuchart	10	Ankeny	SCR
--- Bryan Lohf	10	DVPT, Centra	SCR
--- Matthew Sargent	10	Pleasant Val	SCR
--- Tim Regan	11	North Scott	SCR
--- Johnny Reynolds	12	Valley, WDM	SCR
--- Andrew Anderson	12	Ames	SCR
--- Nolan Olson	10	Waukee NW	SCR
--- Colton Kokjohn	09	Waukee	SCR
--- Henry Laird	10	SE Polk	SCR
--- Winston Palmer	11	SC, North	SCR
--- Caleb Bolles	10	Ames	SCR
--- Aidan Cooley	11	DUB Hempstea	SCR
--- Jake Weiler	10	IC, West	SCR
--- Marvin Barahona	10	DSM, North	SCR
--- Graden Kroger	12	DUB Senior	SCR
--- Elijah Neuhaus	11	DUB Senior	SCR

---	Talon Froistad	11	DUB Hempstea	SCR
---	Cody Strohmman	10	Cedar Falls	SCR
---	Ashton Landherr	10	Linn-Mar	SCR
---	Maverick Ahrens	09	CB, A Lincol	SCR
---	Charlie Deick	11	Dowling Cath	SCR
---	Grant Smith	11	Dowling Cath	SCR
---	Noah Kerndt	10	DC-Grimes	SCR

## Boys 110 Meter Hurdles 4A

State Meet: 13.65 \* 5/24/2025 Quinton Alexander

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Hayden Carlson	12	Ankeny 13.90q-1.3
2	Blake Ludwig	12	Waukee NW 14.32q-1.4
3	Jackson Goslin	12	CR Kennedy 14.44q-2.3
4	Brayden Peck	12	CR Kennedy 14.48q-1.3
5	Ely Smock	12	IC, West 14.51q-1.4
6	AJ Van Der Brink	12	SE Polk 14.56q-2.3
7	Easton McGraw	11	Indianola 14.59q-1.4
8	Darien Walker	12	DC-Grimes 14.61q-1.4
9	Fidel Tiah	12	CR Washingto 14.62 -2.3
10	Ryder Gorsh	12	IC, West 14.71 -1.4
11	KJ Wright	12	DVPT, Centra 14.72 -1.3
12	Gino Sciorrotta	10	Urbandale 14.76 -1.3
13	Terryion Montgomery	12	CR Washingto 14.80 -1.3
14	Miciah LeLaCheur	12	Valley, WDM 14.82 -2.3
15	Sam Madsen	12	Ankeny 14.83 -2.3
16	Matthew Hanawalt	11	Cedar Falls 15.03 -2.3
17	Lucas Peterson	12	Waukee 15.07 -2.3
18	Brendan Gorsich	10	Linn-Mar 15.18 -1.4
19	Gavin Washpun	10	IC, City Hig 15.26 -1.3
20	Ryan Block	11	North Scott 15.31 -1.3
21	Jaylen Hodgson	11	DUB Hempstea 15.74 -1.3
22	KeAndre Bush	12	Prairie, CR 15.79 -2.3
23	Billy Miller, Jr	12	Bettendorf 15.81 -1.4
24	Ramsey Mineart	12	WAT West 15.84 -1.4

## Boys 110 Meter Hurdles 4A

State Meet: 13.65 \* 5/24/2025 Quinton Alexander

All-Time: 13.55 ! 2025 Quinton Alexander

Name	Yr	School	Finals
<b>Finals</b>			
1	Hayden Carlson	12	Ankeny 13.52! 10
2	Blake Ludwig	12	Waukee NW 13.85 8
3	Jackson Goslin	12	CR Kennedy 13.98 6
4	AJ Van Der Brink	12	SE Polk 14.04 5
5	Darien Walker	12	DC-Grimes 14.08 4
6	Brayden Peck	12	CR Kennedy 14.19 3
7	Ely Smock	12	IC, West 14.46 2
8	Easton McGraw	11	Indianola 14.57 1

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Boys 400 Meter Hurdles 4A

State Meet: 50.96 \* 1996 Dustin Avey

All-Time: 50.96 ! 1996 Dustin Avey

Name	Yr	School	Finals
<b>Finals</b>			
1	Gage Tucker	12 Bettendorf	51.92 10
2	Easton McGraw	11 Indianola	52.30 8
3	J.J. McDermott	12 Bettendorf	52.61 6
4	Wil Pauli	11 Cedar Falls	52.90 5
5	Logan Miller	10 Waukee NW	53.04 4
6	Jayden Jeter	12 Waukee	53.07 3
7	Dane Mai	11 Prairie, CR	53.35 2
8	Ely Smock	12 IC, West	54.01 1
9	Waleed Ibrahim	12 IC, West	54.08
10	Austin Van Horn	12 Waukee NW	54.48
11	Tavian White	12 Waukee	54.49
12	Anthony Zachar	12 CR Kennedy	55.31
13	Nolan Reese	12 North Scott	55.36
14	Hank Gorder	10 Indianola	55.39
15	Aiden Smitherman	12 Marshalltown	55.42
16	Fidel Tiah	12 CR Washington	55.68
17	JJ Pauli	09 Cedar Falls	55.95
18	Aiden Williams	09 Valley, WDM	56.10
19	Xavier Bush	12 Norwalk	57.19
20	Carter Lobaugh	12 Lewis Centra	57.67
21	Charlie Bohnenkamp	12 DC-Grimes	57.91
22	Chase Jensen	12 WAT West	58.16
23	Dashaël Wiseman	12 Muscatine	58.30
---	William Sheer	12 Johnston	DNS
---	Aksel Beedon	11 Norwalk	SCR
---	Bentley Brennick	12 SE Polk	SCR
---	Damarion Foster	12 SC, North	SCR
---	Atticus Petersma	10 Valley, WDM	SCR
---	Carder Kadel	12 SE Polk	SCR
---	Augie Prior	09 Pleasant Val	SCR
---	Jonathan Miller	12 Ottumwa	SCR
---	Divine Adams	12 SC, East	SCR
---	Jay Dodd	11 Clinton	SCR
---	Jace Patterson	11 CB, T Jeffer	SCR
---	John Schiltz	09 Dowling Cath	SCR
---	Daniel Doyle	11 CR Kennedy	SCR
---	Gavin Matheny	12 Ankeny Cent	SCR
---	Harrison Truman	11 Ankeny	SCR
---	Wesley Spears	10 DUB Senior	SCR
---	Anders Peck	10 Ankeny Cent	SCR
---	Billy Gerry	10 Lewis Centra	SCR
---	Mitch Peterson	10 Johnston	SCR
---	Terrell White	11 Linn-Mar	SCR
---	Alexander Tempel	12 Linn-Mar	SCR
---	Cameron Ross	10 DVPT, Centra	SCR
---	Eli Curry	11 DUB Hempstea	SCR
---	TJ Douglas	12 Ames	SCR
---	Adams Kane	12 IC, City Hig	SCR

## Boys 4x100 Meter Relay 4A

State Meet: 41.18 \* 5/23/2025 Ankeny Cent

N Ross, R McGhee, C Reed, B Jackson

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Prelims
<b>Preliminaries</b>		
1	Dowling Cath	1 41.52q
	1) Nolan Strang 12	2) Sam Drexler 12
	3) Jackson Miller 12	4) Beau Williams 09
2	Prairie, CR	1 41.63q
	1) Ryland Cooling 12	2) Dawson Kahl 11
	3) Brady Peterka 12	4) Magnus Kpahn 11
3	Cedar Falls	1 41.77q
	1) Ian Fuchtmann 12	2) Luke Terwilliger 09
	3) Jeremiah Tamayo-Lopez 11	4) Will Remmert 12
4	Waukee NW	1 41.81q
	1) Blake Ludwig 12	2) Griffin Ludwig 11
	3) Isaiah Oliver 12	4) Logan Bosworth 10
5	SC, East	1 41.86q
	1) Chris Ford 11	2) Quintin Pollard 10
	3) Christopher Loggins III 12	4) Tanner Boonstra 10
6	Valley, WDM	1 41.95q
	1) Miciah LeLaCheur 12	2) Trent Grevengoed 12
	3) Blake Dorenkamp 11	4) Joseph Alexander 11
7	Indianola	1 42.14q
	1) Daxton Heimbaugh 11	2) Nick Bradley 12
	3) Asher Brueck 12	4) Rylan Hilton 11
8	CR Jefferson	1 42.17q
	1) Tyree Turner 10	2) Jermaine Robinson 12
	3) Kamaron Owens 11	4) Harald Batige 12
9	Muscatine	42.22
	1) Sam Roeth 10	2) Adrian Gonpue 12
	3) Espere Sewa 12	4) Brendan Holladay 11
10	Ankeny	1 42.28
	1) Finn McClure 12	2) Hayden Carlson 12
	3) Treyton Grossman 12	4) Owen Fischer 12
11	Waukee	1 42.32
	1) Ben Case Haub 12	2) Jamual Richardson Williams
	3) Harrison Allen 12	4) Noah Hinrichs 12
12	DC-Grimes	1 42.50
	1) Ethan Carlson 11	2) Chase Heitland 11
	3) Osborn Grimm 11	4) Tavian Waters 09
13	Ankeny Cent	1 42.55
	1) James Naert 09	2) Heisman Dickinson 10
	3) Kyler Jones 12	4) James Cole 09
14	Johnston	1 42.60
	1) Stephen Tour 12	2) Alijah Armstrong 12
	3) Bryce Beachem 11	4) Jeremiah Armstrong 12
15	SE Polk	1 42.77
	1) Josh Ehrich 11	2) Fredrick Tarasid-Tarawally 1
	3) Drew Thompson 12	4) AJ Van Der Brink 12

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Results

## Preliminaries ... (Boys 4x100 Meter Relay 4A)

Team	Relay	Prelims
16 DUB Senior	1	42.93
1) Mason Birch 11	2) Charles Crow 12	
3) Kael Stickley 11	4) Joshua Schwab 12	
17 Urbandale	1	42.94
1) KayDen Thomas 11	2) Gino Sciorrotta 10	
3) Brayden Landrith 10	4) Dominic Cabildo 11	
18 North Scott		43.05
1) Dylan Kelsey 11	2) Evan Kuhn 10	
3) Sam Dickman 12	4) Ryan Block 11	
19 Linn-Mar		43.06
1) Harrison Schuett 11	2) Derek Roling 10	
3) Andrew Castor 11	4) Jack Osterberger 11	
20 DUB Hempstead	1	43.23
1) Hayden Harper 11	2) Jaylen Hodgson 11	
3) Robert Ivy 12	4) Jaden Montgomery 12	
21 IC, City High	1	43.48
1) Peter Pufall 11	2) Zyaire Washpun 11	
3) Delonte Major 11	4) Damari Lacy 12	
22 Lewis Central	1	44.11
1) Jude Mortensen 11	2) Braxton Parks 10	
3) Jimmy Scott 12	4) Peyton Phippen 12	
--- Pleasant Valley		DQ
1) Cordell Hatcher 11	2) Zach Zuiderveen 12	
3) Tripp Barclay 11	4) Elijah Bolaji 11	
--- Fort Dodge	1	DQ
1) Sam Moser 11	2) Taevon Feeley 12	
3) Kyree Rochon 11	4) Noah Daniel 12	

## Boys 4x100 Meter Relay 4A

State Meet: 41.18 \* 5/23/2025 Ankeny Cent

N Ross, R McGhee, C Reed, B Jackson

All-Time: 41.18 ! 5/24/2025 Ankeny Centennial

Ross, McGhee, Reed, Jackson

Team	Relay	Finals
1 Valley, WDM	1	40.84* 10
1) Greg sayee 10	2) Trent Grevengoed 12	
3) Miciah LeLaCheur 12	4) Joseph Alexander 11	
2 Dowling Cath	1	41.47 8
1) Nolan Strang 12	2) Sam Drexler 12	
3) Jackson Miller 12	4) Beau Williams 09	
3 Waukee NW	1	41.61 6
1) Blake Ludwig 12	2) Griffin Ludwig 11	
3) Isaiah Oliver 12	4) Logan Bosworth 10	
4 Prairie, CR	1	41.79 5
1) Ryland Cooling 12	2) Dawson Kahl 11	
3) Brady Peterka 12	4) Magnus Kpahn 11	
5 CR Jefferson	1	41.83 4
1) Tyree Turner 10	2) Jermaine Robinson 12	
3) Kamarion Owens 11	4) Harald Batige 12	
6 Cedar Falls	1	41.90 3
1) Ian Fuchtman 12	2) Luke Terwilliger 09	
3) Jeremiah Tamayo-Lopez 11	4) Will R Emmert 12	

7 SC, East	1	41.96 2
1) Chris Ford 11	2) Quintin Pollard 10	
3) Christopher Loggins III 12	4) Tanner Boonstra 10	
8 Indianola	1	42.71 1
1) Daxton Heimbaugh 11	2) Nick Bradley 12	
3) Asher Brueck 12	4) Rylan Hilton 11	

## Boys 4x200 Meter Relay 4A

State Meet: 1:25.63 \* 5/23/2025 Ankeny Cent

N Ross, R McGhee, C Reed, B Jackson

All-Time: 1:25.55 ! 5/17/2024 ADM

Flora, Rychnovsky, Lohmann, Doll

Team	Relay	Finals
1 Dowling Cath	1	1:26.07 10
1) Jackson Miller 12	2) Nolan Strang 12	
3) Beau Williams 09	4) Sam Drexler 12	
2 Prairie, CR	1	1:26.30 8
1) Ryland Cooling 12	2) Brady Peterka 12	
3) Anquan Adams 10	4) Kade Erickson 12	
3 Valley, WDM	1	1:26.83 6
1) Miciah LeLaCheur 12	2) Trent Grevengoed 12	
3) Michael Gbaley 12	4) Joseph Alexander 11	
4 Linn-Mar		1:26.94 5
1) Kushal Vanavasam 12	2) Derek Roling 10	
3) Carsyn Wright-Sheffield 11	4) Blake Swisher 10	
5 Ankeny	1	1:27.02 4
1) Finn McClure 12	2) Cooper McDowell 10	
3) Treyton Grossman 12	4) Owen Fischer 12	
6 SC, East	1	1:27.46 3
1) Chris Ford 11	2) Quintin Pollard 10	
3) Christopher Loggins III 12	4) Tanner Boonstra 10	
7 Johnston	1	1:27.96 2
1) Kanaan Reinders 11	2) Jeremiah Armstrong 12	
3) Alijah Armstrong 12	4) Bryce Beachem 11	
8 Cedar Falls	1	1:28.05 1
1) Jeremiah Tamayo-Lopez 11	2) Ian Fuchtman 12	
3) Luke Terwilliger 09	4) Carsen Gary 10	
9 SE Polk	1	1:28.32
1) Josh Ehrich 11	2) Fredrick Tarasid-Tarawally 1	
3) Drew Thompson 12	4) AJ Van Der Brink 12	
10 DC-Grimes	1	1:28.58
1) Isaiah Barber 11	2) Ethan Carlson 11	
3) Tavian Waters 09	4) Chase Heitland 11	
11 Ames	1	1:28.73
1) Elijah Deardorff 09	2) Peyton Johnson 10	
3) Kayden Willoughby-Wright	4) Luke Simmons 11	
12 Waukee	1	1:28.92
1) Noah Hinrichs 12	2) Jamual Richardson Williams	
3) Ben Case Haub 12	4) Jayden Jeter 12	
13 CR Jefferson	1	1:29.42
1) Tyree Turner 10	2) Kamarion Owens 11	
3) Charlie Waechter 12	4) Jermaine Robinson 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 4x200 Meter Relay 4A)

Team	Relay	Finals
14 DVPT, Central		1:29.57
1) Markey Glenn 10	2) Amir Jones 10	
3) Braxton Helstrom 11	4) Hezekiah Talafiero 12	
15 Ankeny Cent	1	1:29.65
1) James Naert 09	2) Heisman Dickinson 10	
3) Kyler Jones 12	4) James Cole 09	
16 Mason City	1	1:29.83
1) Drew Hobart 12	2) Drayden Witt 12	
3) Jameer Falls 11	4) Isak Torres 11	
17 Fort Dodge	1	1:30.55
1) Taevon Feeley 12	2) William Jones 11	
3) Sam Moser 11	4) Noah Daniel 12	
18 IC, City High	1	1:30.58
1) Marshall Sheldon 10	2) Zyaire Washpun 11	
3) Wyatt Byrd 10	4) Damari Lacy 12	
19 Pleasant Valley		1:30.88
1) Cordell Hatcher 11	2) Tripp Barclay 11	
3) Jonathan Tillman 11	4) Paul Willett 11	
20 Waukee NW	1	1:31.49
1) Isaiah Oliver 12	2) Colin Costigan 11	
3) Beckett Schneider 11	4) Bodie Morrison 12	
21 CR Kennedy	1	1:31.79
1) Dawson Dougherty 12	2) Dean Michalec 12	
3) Keegan Mastin 12	4) Anthony Zachar 12	
--- Norwalk	1	DQ
1) Breck Welch 12	2) Ethan Winslow 11	
3) Jamison Giesemann 12	4) Braeden Kelling 11	
--- Muscatine		DQ
1) Jordan Meeker 12	2) Adrian Gonpue 12	
3) Espere Sewa 12	4) Brendan Holladay 11	
--- Lewis Central	1	DQ
1) Jude Mortensen 11	2) Braxton Parks 10	
3) Jimmy Scott 12	4) Peyton Phippen 12	
--- North Scott		SCR
1) Koen Krambeck 12	2) Caleb Willis 12	
3) Ayden Tschopp 12	4) Dillon Hager 10	
--- SC, North	1	SCR
1) Myles Staten 09	2) Anh Le 10	
3) Trae Johnson 09	4) Connor Fox 10	
--- Urbandale	1	SCR
1) Brayden Landrith 10	2) Dominic Cabildo 11	
3) Brody Blegen 09	4) Noah Santizo 10	
--- SC, West	1	SCR
1) Vadimar Fenton 12	2) Tramell Topete 10	
3) Jometh Montanez Maldonad	4) Micah Prokop 10	
--- Ottumwa	1	SCR
1) Carter Tullis 12	2) Joel Hallgren 12	
3) Spencer Dalbey 10	4) Chance Egbert 12	
--- WAT West	1	SCR
1) Dekari Thompson 10	2) Kellen Kutz 09	
3) Solomon Ridgeway 11	4) Marshon Glover 09	

--- DSM, East	1	SCR
1) Jordan Lee 11	2) Abraham Eujenio 12	
3) Brian Riak 10	4) Jamel Heliman 11	
--- DSM Lincoln	1	SCR
1) Aaron Manuel 12	2) william Kollie 10	
3) Dayvon Wesley 11	4) Mason Cox 11	
--- DUB Hempstead	1	SCR
1) Mason Leicht 09	2) Ayden Kelly 09	
3) Andoni Giannakouros 09	4) Jordan Plummer 12	
--- DSM, North	1	SCR
1) Blessings Mukina 10	2) Nichaud Lewis-Walker 12	
3) Taveon Boone 12	4) Kabongo Mushala 11	
--- CB, A Lincoln	1	SCR
1) Levi Nelson 09	2) William Sidzyik 11	
3) Zed Wolf 10	4) Grant Hughey 12	
--- Bettendorf		SCR
1) Caleb Brown 11	2) Charlie Hinders 10	
3) Taaron Rowe 10	4) AJ Burke 11	
--- CR Washington	1	SCR
1) Cassius Ballew-Batte 12	2) Julien Schumacher 12	
3) Uweza Kalolero 11	4) Gabe Brown 11	
--- Clinton	1	SCR
1) Brecken Lemke 09	2) Cole Shannon 11	
3) Hunter Ball 11	4) Maddux Cooley 11	
--- IC, West	1	SCR
1) Kellen Craig 12	2) Tomi Olaleye 09	
3) Abdul Hodge, Jr. 11	4) Ethan Headings 12	
--- IC, Liberty	1	SCR
1) Leo Rozz 11	2) Cooper Lester 10	
3) Terrence Thames 11	4) Victor Nakihinga 11	
--- Marshalltown	1	SCR
1) Elicha Mboundou 10	2) Zak Wilder 12	
3) Jamison Niehouse 11	4) Isacc Cenicerros 12	
--- Indianola	1	SCR
1) Daxton Heimbaugh 11	2) Hank Gorder 10	
3) Max Walljasper 12	4) Asher Brueck 12	
--- DVPT, North		SCR
1) Don Le 11	2) Leo Yerington 09	
3) Kadrien Wilmington 09	4) Braeden Hunt 10	
--- DUB Senior	1	SCR
1) Wesley Spears 10	2) Mason Birch 11	
3) Jackson Feldott 11	4) Sam Kook 11	
--- DVPT, West		SCR
1) Markus Streufert 11	2) Miles Hines 09	
3) Jayven Carrion 11	4) Dustin Eastwood 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium

## Results

## Boys 4x400 Meter Relay 4A

State Meet: 3:13.80 \* 5/19/2006 Valley West Des Moines

B Collins, Z Sandvig, R Keairnes, B McSkimming

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Prelims
<b>Preliminaries</b>		
1 Prairie, CR	1	3:15.41q
1) Kade Erickson 12	2) Jayden Stumpff 10	
3) Jacob Krambeer 12	4) Drew Bennis 11	
1:38.221 (1:38.221)	2:27.614 (49.393)	3:15.406 (47.793)
2 Cedar Falls	1	3:16.00q
1) Wil Pauli 11	2) Ethan Clark 11	
3) Brennen Hoyer 12	4) Marcus Tomlyanovich 12	
1:39.314 (1:39.314)	2:28.669 (49.355)	3:16.000 (47.331)
3 Linn-Mar		3:16.45q
1) Blake Swisher 10	2) Robbie Hoke 12	
3) Carsyn Wright-Sheffield 11	4) Kushal Vanavasam 12	
1:38.652 (1:38.652)	2:28.052 (49.400)	3:16.441 (48.390)
4 Bettendorf		3:18.55q
1) Billy Miller, Jr 12	2) Kamarii Harris 10	
3) J.J. McDermott 12	4) Gage Tucker 12	
1:38.707 (1:38.707)	2:29.833 (51.126)	3:18.543 (48.711)
5 Indianola	1	3:18.64q
1) Isaac Johnson 11	2) Luke Gordon 11	
3) Easton McGraw 11	4) Parker Amos 11	
1:39.439 (1:39.439)	2:30.004 (50.566)	3:18.640 (48.636)
6 Ankeny	1	3:20.81q
1) Isaiah Swanson 10	2) Quin Somers 10	
3) Ike Smith 12	4) Caden McDowell 09	
1:40.189 (1:40.189)	2:30.150 (49.961)	3:20.802 (50.653)
7 Ames	1	3:21.07q
1) Drew Vander Wilt 12	2) Peyton Johnson 10	
3) TJ Douglas 12	4) Hezekiah Johnson 11	
1:38.481 (1:38.481)	2:30.351 (51.871)	3:21.066 (50.715)
8 Ankeny Cent	1	3:21.71q
1) Brecken Allen 11	2) Ryne Adams 10	
3) Kyler Jones 12	4) Sawyer Goble 10	
1:40.436 (1:40.436)	2:30.917 (50.481)	3:21.702 (50.786)
9 Johnston	1	3:22.22
1) Darren Grandon 11	2) Chase Wilson 10	
3) Bryson Quam 12	4) Blake Williams 10	
1:39.829 (1:39.829)	2:31.656 (51.828)	3:22.213 (50.557)
10 DUB Senior	1	3:23.30
1) Kael Stickley 11	2) Sam Kook 11	
3) Owen Anderson 11	4) Charles Crow 12	
1:42.315 (1:42.315)	2:34.659 (52.344)	3:23.296 (48.638)
11 Waukee NW	1	3:23.44
1) Michael Capobianco 11	2) Ayrton Caldwell 09	
3) Kellen Tuyls 12	4) Austin Van Horn 12	
1:42.177 (1:42.177)	2:32.299 (50.122)	3:23.440 (51.142)

12 Pleasant Valley		3:24.04
1) Dillon Kraus 12	2) Micah Herlich 12	
3) Peter Keeven 12	4) Gavin Russell 11	
1:42.494 (1:42.494)	2:33.439 (50.945)	3:24.035 (50.597)
13 Dowling Cath	1	3:25.99
1) Dean Vela 10	2) Mamer Agau 10	
3) Nate Timboe 10	4) Carter Haigh 11	
1:42.300 (1:42.300)	2:34.156 (51.856)	3:25.985 (51.830)
14 IC, West	1	3:26.37
1) Advait Gopinath 10	2) Cael Dunham 10	
3) Aidan Nelson 11	4) Mason Goering 12	
1:43.760 (1:43.760)	2:35.038 (51.278)	3:26.365 (51.328)
15 IC, Liberty	1	3:28.01
1) Rylen Schweitzer 12	2) Cale Baldwin 12	
3) Jaylen McDowell 10	4) Jackson Burnes 12	
1:45.470 (1:45.470)	2:37.657 (52.188)	3:28.003 (50.346)
16 DUB Hempstead	1	3:28.34
1) Mason Leicht 09	2) Robert Ivy 12	
3) Jordan Plummer 12	4) Colin Henn 12	
1:44.777 (1:44.777)	2:37.676 (52.899)	3:28.331 (50.656)
17 Valley, WDM	1	3:28.41
1) Gabriel Zingler 11	2) Tristan Edens 09	
3) Charles Herzog 10	4) Atticus Petersma 10	
1:42.772 (1:42.772)	2:35.065 (52.293)	3:28.410 (53.346)
18 North Scott		3:29.71
1) Koen Krambeck 12	2) Renan Lewis 11	
3) Ben Clayton 11	4) Dillon Hager 10	
1:44.215 (1:44.215)	2:36.715 (52.501)	3:29.708 (52.994)
19 Clinton	1	3:30.09
1) Nate Lundin 11	2) Joey Anderson 11	
3) Cole Shannon 11	4) Brecken Lemke 09	
1:46.488 (1:46.488)	2:37.576 (51.089)	3:30.087 (52.511)
20 SE Polk	1	3:30.75
1) Everett Dayton 09	2) Brayden Lewis 12	
3) Joshua Moberg 12	4) Jackson Deutsch 10	
1:43.781 (1:43.781)	2:37.541 (53.760)	3:30.746 (53.206)
--- Waukee	1	DNF
1) Tavian White 12	2) Ajak Malual 10	
3) Preston Farrell 10	4) Jayden Jeter 12	
1:40.464 (1:40.464)		
--- IC, City High	1	DQ
1) Zyaire Washpun 11	2) Marshall Sheldon 10	
3) Gavin Washpun 10	4) Emmett Palmberg 11	
1:41.370 (1:41.370)	2:33.495 (52.125)	3:24.368 (50.874)
--- CR Kennedy	1	DQ
1) August Wilkes 10	2) Ryker Scheckel 12	
3) Lincoln McMahan 12	4) Nathaniel Goff 12	
1:45.580 (1:45.580)	2:37.208 (51.629)	3:28.814 (51.606)
--- WAT West	1	DQ
1) Michael Moeller 12	2) Andy Musiboko 11	
3) Jaylen Allen 10	4) Cole Dean 10	
1:44.186 (1:44.186)	2:38.054 (53.868)	3:31.807 (53.753)

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

**Boys 4x400 Meter Relay 4A**

State Meet: 3:13.80 \* 5/19/2006 Valley West Des Moines

B Collins, Z Sandvig, R Keairnes, B McSkimming

All-Time: 3:13.53 ! 4/25/2026 Prairie, CR

Erickson, Stumpff, Krambeer, Bennis

Team	Relay	Finals
<b>Finals</b>		
1 Prairie, CR	1	3:13.17! 10
1) Kade Erickson 12	2) Jayden Stumpff 10	
3) Jacob Krambeer 12	4) Drew Bennis 11	
1:37.437 (1:37.437)	2:25.976 (48.540)	3:13.165 (47.189)
2 Cedar Falls	1	3:14.40 8
1) Wil Pauli 11	2) Ethan Clark 11	
3) Brennen Hoyer 12	4) Marcus Tomlyanovich 12	
1:39.134 (1:39.134)	2:28.000 (48.867)	3:14.397 (46.397)
3 Bettendorf		3:14.68 6
1) Billy Miller, Jr 12	2) J.J. McDermott 12	
3) Kamarii Harris 10	4) Gage Tucker 12	
1:40.208 (1:40.208)	2:27.664 (47.456)	3:14.677 (47.014)
4 Indianola	1	3:14.73 5
1) Isaac Johnson 11	2) Luke Gordon 11	
3) Easton McGraw 11	4) Parker Amos 11	
1:38.614 (1:38.614)	2:27.528 (48.914)	3:14.730 (47.203)
5 Linn-Mar		3:16.85 4
1) Blake Swisher 10	2) Robbie Hoke 12	
3) Carsyn Wright-Sheffield 11	4) Kushal Vanavasam 12	
1:39.189 (1:39.189)	2:28.205 (49.016)	3:16.845 (48.640)
6 Ames	1	3:21.79 3
1) Drew Vander Wilt 12	2) Peyton Johnson 10	
3) TJ Douglas 12	4) Hezekiah Johnson 11	
1:39.823 (1:39.823)	2:31.132 (51.309)	3:21.786 (50.655)
7 Ankeny Cent	1	3:22.37 2
1) Brecken Allen 11	2) Ryne Adams 10	
3) Tyler Jones 12	4) Sawyer Goble 10	
1:40.767 (1:40.767)	2:31.198 (50.432)	3:22.363 (51.165)
8 Ankeny	1	3:23.14 1
1) Isaiah Swanson 10	2) Quin Somers 10	
3) Ike Smith 12	4) Caden McDowell 09	
1:42.149 (1:42.149)	2:32.597 (50.448)	3:23.136 (50.540)

**Boys 4x800 Meter Relay 4A**

State Meet: 7:37.66 \* 5/18/2023 IC, City High

A Smith, A Noreldaim, F Washburn, T Thompson

All-Time: 7:36.69 ! 2023 Iowa City, City

A Smith, A Noreldaim, F Washburn, T Thompson

Team	Relay	Finals
<b>Finals</b>		
1 Cedar Falls	1	7:39.97 10
1) Porter Myers 11	2) Brody Ahrens 11	
3) Dominic Williams 11	4) Brennen Hoyer 12	
58.514 (58.514)	1:55.752 (57.238)	2:53.877 (58.126)
3:54.224 (1:00.347)	4:49.621 (55.397)	5:46.650 (57.029)
6:41.065 (54.416)	7:39.966 (58.901)	

2 Waukee NW	1	7:41.63 8
1) Owen Tuyls 10	2) Ayden Gabrielson 12	
3) Nolan Van Bruggen 10	4) Kellen Tuyls 12	
58.569 (58.569)	1:56.958 (58.389)	2:52.902 (55.944)
3:50.896 (57.995)	4:47.009 (56.113)	5:48.812 (1:01.803)
6:41.727 (52.916)	7:41.630 (59.903)	
3 Ankeny Cent	1	7:43.17 6
1) Jaxton Alvarez 11	2) Jackson Lewis 12	
3) Brecken Allen 11	4) Cohen Moll 12	
58.376 (58.376)	1:57.227 (58.851)	2:54.154 (56.927)
3:54.797 (1:00.644)	4:47.982 (53.185)	5:49.705 (1:01.724)
6:42.327 (52.622)	7:43.167 (1:00.840)	
4 Pleasant Valley		7:47.58 5
1) Kamran Foad 11	2) Gavin Russell 11	
3) Joe Knepp 12	4) Landen Orris 11	
58.181 (58.181)	1:57.723 (59.542)	2:52.928 (55.205)
3:52.137 (59.210)	4:49.916 (57.779)	5:49.667 (59.752)
6:45.960 (56.294)	7:47.576 (1:01.617)	
5 Johnston	1	7:48.25 4
1) Tay Ohr-Rottler 12	2) Jackson Tallman 11	
3) Carson King 11	4) Blake Williams 10	
58.768 (58.768)	1:57.475 (58.708)	2:53.437 (55.962)
3:53.680 (1:00.243)	4:49.871 (56.192)	5:51.213 (1:01.342)
6:49.630 (58.417)	7:48.243 (58.614)	
6 DUB Hempstead	1	7:48.50 3
1) Colin Henn 12	2) Henry Maloney 11	
3) Charlie Spahn 10	4) Micah Fern 12	
58.221 (58.221)	1:57.534 (59.313)	2:54.125 (56.592)
3:54.800 (1:00.676)	4:52.192 (57.392)	5:55.347 (1:03.156)
6:49.604 (54.257)	7:48.493 (58.890)	
7 Dowling Cath	1	7:49.04 2
1) Nicholas Paulsen 12	2) William Tice 11	
3) Nate Timboe 10	4) Carter Haigh 11	
58.567 (58.567)	1:58.587 (1:00.020)	2:54.167 (55.580)
3:53.743 (59.576)	4:50.152 (56.409)	5:52.240 (1:02.089)
6:47.696 (55.456)	7:49.038 (1:01.343)	
8 DUB Senior	1	7:50.14 1
1) Jack Kirman 12	2) Ben Hohmann 12	
3) Matthew Haug 11	4) Owen Anderson 11	
58.326 (58.326)	1:57.833 (59.508)	2:54.608 (56.776)
3:55.614 (1:01.006)	4:52.441 (56.828)	5:54.844 (1:02.403)
6:49.980 (55.136)	7:50.136 (1:00.156)	
9 DC-Grimes	1	7:56.70
1) Rylan Heeren 09	2) Eli Oberreuter 10	
3) Cael Ramsey 12	4) Jack Meggison 11	
59.246 (59.246)	2:00.934 (1:01.688)	2:55.803 (54.869)
3:58.171 (1:02.368)	4:54.450 (56.279)	6:02.624 (1:08.174)
6:55.738 (53.115)	7:56.694 (1:00.956)	
10 CR Kennedy	1	7:57.38
1) Adam Gray 12	2) Nathaniel Goff 12	
3) Slader Buckheister 12	4) Lincoln McMahan 12	
59.693 (59.693)	2:00.474 (1:00.781)	2:55.517 (55.044)
3:57.953 (1:02.436)	4:54.242 (56.289)	5:57.605 (1:03.364)
6:54.925 (57.321)	7:57.374 (1:02.449)	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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Drake Stadium

## Results

## Finals ... (Boys 4x800 Meter Relay 4A)

Team	Relay	Finals						
11	Norwalk	1	8:01.33	19	DVPT, Central	8:14.22		
	1) Brayden Walderbach 09	2) Aksel Beedon 11			1) Emmett Revell-Beck 10	2) Zack Ryan 11		
	3) Sam Buhrow 11	4) Sam Parker 12			3) Sam Crawford 11	4) Josh Gant 12		
	58.936 (58.936)	1:57.727 (58.792)	2:53.982 (56.256)		58.481 (58.481)	2:00.435 (1:01.955)	2:57.001 (56.566)	
	3:57.034 (1:03.052)	4:53.528 (56.494)	5:59.941 (1:06.414)		4:03.838 (1:06.837)	5:01.844 (58.006)	6:09.492 (1:07.649)	
	6:54.770 (54.829)	8:01.328 (1:06.558)			7:07.833 (58.341)	8:14.217 (1:06.384)		
12	Ames	1	8:02.69	20	Linn-Mar	8:14.38		
	1) Hezekiah Johnson 11	2) Dau Lual 11			1) Will Kennedy 11	2) Ethan Cheney 12		
	3) Charlie Platt 10	4) Daniel Hauber 09			3) Cooper Adams 11	4) Joshua Knapp 12		
	57.793 (57.793)	1:56.841 (59.048)	2:56.714 (59.873)		58.826 (58.826)	2:00.538 (1:01.712)	2:55.925 (55.388)	
	4:00.790 (1:04.076)	4:57.743 (56.954)	6:02.149 (1:04.407)		4:00.387 (1:04.462)	4:58.389 (58.002)	6:07.542 (1:09.153)	
	6:58.619 (56.471)	8:02.683 (1:04.064)			7:09.271 (1:01.730)	8:14.371 (1:05.101)		
13	IC, City High	1	8:02.99	21	Fort Dodge	8:18.20		
	1) Emmett Palmberg 11	2) Andrew Hamilton 10			1) Jayce Point 11	2) Cael Hansen 11		
	3) Maxwell McDowell 12	4) Jarris Prottzman 12			3) Simeon Roberts 12	4) Joos Langkjaer 10		
	58.178 (58.178)	1:56.415 (58.237)	2:56.167 (59.753)		59.130 (59.130)	2:02.902 (1:03.772)	2:59.450 (56.548)	
	3:56.838 (1:00.671)	4:55.574 (58.737)	5:58.887 (1:03.313)		4:02.855 (1:03.406)	5:03.556 (1:00.701)	6:11.625 (1:08.070)	
	6:59.061 (1:00.174)	8:02.982 (1:03.921)			7:12.752 (1:01.127)	8:18.192 (1:05.441)		
14	Prairie, CR	1	8:06.19	22	SC, North	8:18.40		
	1) Samuel Lange 11	2) Jacob Krambeer 12			1) Gabriel Lynam-Ochoa 10	2) Logan Bonnes 10		
	3) Kyle Johnson 12	4) Cole Carrizales 11			3) Ben Hames 12	4) Josue Gutierrez 10		
	57.588 (57.588)	1:57.352 (59.765)	2:56.262 (58.910)		58.692 (58.692)	2:03.642 (1:04.950)	2:59.810 (56.168)	
	3:57.528 (1:01.267)	4:58.952 (1:01.425)	6:03.620 (1:04.668)		4:04.598 (1:04.788)	5:01.898 (57.301)	6:09.883 (1:07.985)	
	7:00.737 (57.117)	8:06.184 (1:05.447)			7:08.257 (58.374)	8:18.392 (1:10.135)		
15	Indianola	1	8:06.65	23	Marshalltown	8:22.48		
	1) Paxton Bloom 12	2) Samuel Larson 11			1) Myles Goldman 12	2) Isacc Ceniceros 12		
	3) Ryker Brown 11	4) Isaiah Thomsen 11			3) Kade Randall 12	4) Carter Nunn 12		
	58.007 (58.007)	2:00.107 (1:02.100)	2:58.658 (58.551)		1:01.358 (1:01.358)	2:06.218 (1:04.860)	3:06.588 (1:00.370)	
	4:03.891 (1:05.234)	5:01.329 (57.438)	6:05.836 (1:04.508)		4:14.882 (1:08.294)	5:13.590 (58.708)	6:18.649 (1:05.059)	
	7:01.387 (55.551)	8:06.647 (1:05.260)			7:17.181 (58.532)	8:22.480 (1:05.300)		
16	IC, West	1	8:09.48	24	Bettendorf	8:26.66		
	1) Lars Pressler 11	2) Mohamed Musa 10			1) Dawson Allen 10	2) Nolan Raabe 09		
	3) Thomas Tong 12	4) Zachariah Bruzek 11			3) Kyler Hernandez 10	4) Liam Rehnberg 12		
	58.122 (58.122)	2:01.932 (1:03.810)	2:59.038 (57.106)		59.770 (59.770)	2:03.561 (1:03.791)	3:03.897 (1:00.337)	
	4:04.994 (1:05.957)	5:01.245 (56.252)	6:07.918 (1:06.673)		4:14.252 (1:10.355)	5:15.258 (1:01.006)	6:24.600 (1:09.343)	
	7:04.230 (56.312)	8:09.476 (1:05.247)			7:22.839 (58.240)	8:26.660 (1:03.821)		
17	Waukee	1	8:10.47	---	SC, West	1	SCR	
	1) Preston Farrell 10	2) Ben Peterson 11			1) Henry Fisher 11	2) Jimmy Smith 11		
	3) Wyatt Beyer 10	4) Lucas Dragert 12			3) Brecken Doran 10	4) Antelmo Limon 10		
	57.392 (57.392)	1:58.405 (1:01.013)	2:56.068 (57.664)		---	SC, East	1	SCR
	4:00.249 (1:04.181)	4:59.406 (59.157)	6:05.478 (1:06.073)		1) Kristoffer Zellner 11	2) Emmett Johnson 11		
	7:01.167 (55.690)	8:10.461 (1:09.294)			3) Reed Koson 10	4) Danny Cleveland 12		
					---	Valley, WDM	1	SCR
18	Ankeny	1	8:11.97		1) Gabriel Zingler 11	2) Karsen Bell 10		
	1) Gideon Miller 12	2) Jackson Kaiser 12			3) Nelsen Perrigo 10	4) Charles Herzog 10		
	3) Cody Banks 10	4) Caden McDowell 09			---	WAT West	1	SCR
	59.150 (59.150)	2:01.783 (1:02.634)	2:59.960 (58.177)		1) Jamir Jefferson 09	2) Cooper Dean 10		
	4:05.639 (1:05.680)	5:05.312 (59.673)	6:08.932 (1:03.620)		3) Isaak Moline 10	4) Sonny Mendoza 11		
	7:08.048 (59.116)	8:11.963 (1:03.916)			---	SE Polk	1	SCR
					1) Joshua Moberg 12	2) Brayden Peitz 11		
					3) Will Ackelson 12	4) Malek Deuw 10		
					---	Urbandale	1	SCR
					1) Sawyer Marrs 11	2) Braydon Murphy 10		
					3) Preston Molis 11	4) Brian Meier 10		

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## Results

## Finals ... (Boys 4x800 Meter Relay 4A)

Team	Relay	Finals
--- DSM Lincoln	1	SCR
1) Jack Bryant 10	2) Kael Wilson 09	
3) John Liam King 10	4) Aleks Bryant 09	
--- DSM, North	1	SCR
1) Jian Carlo Estrada 12	2) Kole Cauterucci 12	
3) Amadeo Santos 11	4) Connor Noeuy 11	
--- Clinton	1	SCR
1) Jacoby Sampson 10	2) David Peralta-Flores 12	
3) Riley Engelkins 10	4) Connor Roberts 11	
--- DSM, Roosevelt	1	SCR
1) Graham Wise 11	2) Mason Zuck 11	
3) Ted Swanson 10	4) Henry Murphy 11	
--- IC, Liberty	1	SCR
1) Hans Hildebrand 09	2) Julius Vidal 12	
3) Maxwell Kinzer 09	4) Jens Strand 10	
--- North Scott		SCR
1) Nate Holst 11	2) Parker Hamly 11	
3) Miles Unwin 09	4) Ben Clayton 11	
--- Muscatine		SCR
1) Ben Miller 11	2) Owen Goodwin 09	
3) Carter Houseman 09	4) Carson Martin 10	
--- CB, A Lincoln	1	SCR
1) William Bramble 11	2) Malak McDaniel 11	
3) Carter Wymore 10	4) Coleton Anderson 10	
--- Lewis Central	1	SCR
1) Dane Thomsen 09	2) Cameron Matulka 11	
3) Kendall Arnold 09	4) Carter Grothe-hippen 10	
--- Mason City	1	SCR
1) Cade Bergman 10	2) Ayeden Lein 11	
3) Evan Howe 10	4) Keigan Flaherty 10	

## Boys 800 Sprint Medley 4A

State Meet: 1:30.15 \* 5/20/2023 Johnston

T Fox, O Ellsworth, K Fox, J Anglo

All-Time: 1:30.15 ! 5/20/2023 Johnston

T Fox, O Ellsworth, K Fox, J Anglo

Team	Relay	Finals
<b>Finals</b>		
1 Linn-Mar		1:30.51 10
1) Harrison Schuett 11	2) Derek Roling 10	
3) Kushal Vanavasam 12	4) Blake Swisher 10	
2 Prairie, CR	1	1:30.58 8
1) Kade Erickson 12	2) Dawson Kahl 11	
3) Ryland Cooling 12	4) Drew Bennis 11	
3 Cedar Falls	1	1:30.87 6
1) Ian Fuchtman 12	2) Luke Terwilliger 09	
3) Ethan Clark 11	4) Marcus Tomlyanovich 12	
4 Waukee NW	1	1:31.16 5
1) Blake Ludwig 12	2) Logan Miller 10	
3) Griffin Ludwig 11	4) Ayden Gabrielson 12	
5 Indianola	1	1:31.51 4
1) Daxton Heimbaugh 11	2) Nick Bradley 12	
3) Rylan Hilton 11	4) Parker Amos 11	

6 Bettendorf		1:31.79 3
1) AJ Burke 11	2) Billy Miller, Jr 12	
3) J.J. McDermott 12	4) Gage Tucker 12	
7 DUB Senior	1	1:31.99 2
1) Mason Birch 11	2) Joshua Schwab 12	
3) Kael Stickley 11	4) Charles Crow 12	
8 Johnston	1	1:32.27 1
1) Jeremiah Armstrong 12	2) Alijah Armstrong 12	
3) Bryce Beachem 11	4) Chase Wilson 10	
9 Waukee	1	1:32.50
1) Ben Case Haub 12	2) Noah Hinrichs 12	
3) Tavian White 12	4) Jayden Jeter 12	
10 Ames	1	1:33.19
1) Kayden Willoughby-Wright	2) Luke Simmons 11	
3) Peyton Johnson 10	4) Drew Vander Wilt 12	
11 DUB Hempstead	1	1:33.24
1) Robert Ivy 12	2) Jaylen Hodgson 11	
3) Jaden Montgomery 12	4) Hayden Harper 11	
12 CR Jefferson	1	1:33.64
1) Harald Batige 12	2) Kamarion Owens 11	
3) Tyree Turner 10	4) Jermaine Robinson 12	
13 Ankeny	1	1:33.93
1) Finn McClure 12	2) Owen Fischer 12	
3) Quin Somers 10	4) Isaiah Swanson 10	
14 Valley, WDM	1	1:33.94
1) Greg sayee 10	2) Ben Fleming 11	
3) Michael Gbaley 12	4) Tristan Edens 09	
15 IC, West	1	1:34.04
1) Bernoli Luvandu 11	2) Abdul Hodge, Jr. 11	
3) Neil James 11	4) Cael Dunham 10	
16 Muscatine		1:34.12
1) Sam Roeth 10	2) Brendan Holladay 11	
3) Adrian Gonpue 12	4) Espere Sewa 12	
17 IC, City High	1	1:34.41
1) Damari Lacy 12	2) Delonte Major 11	
3) Zyaire Washpun 11	4) Marshall Sheldon 10	
18 Pleasant Valley		1:34.66
1) Cordell Hatcher 11	2) Elijah Bolaji 11	
3) Tripp Barclay 11	4) Micah Herlich 12	
19 North Scott		1:34.79
1) Dylan Kelsey 11	2) Evan Kuhn 10	
3) Sam Dickman 12	4) Nolan Reese 12	
20 Clinton	1	1:35.51
1) Maddux Cooley 11	2) Maxwell Smith 11	
3) Joey Anderson 11	4) Cole Shannon 11	
21 CR Washington	1	1:35.91
1) Cassius Ballew-Batte 12	2) Uweza Kalolero 11	
3) Gabe Brown 11	4) Julien Schumacher 12	
22 CR Kennedy	1	1:36.16
1) Lincoln Levendusky 10	2) Keegan Mastin 12	
3) Dean Michalec 12	4) Jett Ousley 12	
23 Urbandale	1	1:36.44
1) Dominic Cabildo 11	2) Gino Sciorrotta 10	
3) Brayden Landrith 10	4) Brody Blegen 09	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 800 Sprint Medley 4A)

Team	Relay	Finals
24 Norwalk	1	1:38.43
1) Breck Welch 12	2) Ethan Winslow 11	
3) Jamison Giesemann 12	4) Xavier Bush 12	
--- SC, West	1	SCR
1) Tramell Topete 10	2) Jometh Montanez Maldonad	
3) Micah Prokop 10	4) DJ Joseph 10	
--- SC, East	1	SCR
1) Callan Koch 10	2) Christopher Loggins III 12	
3) Dae Shaun Simmons 12	4) Lueth Lueth 12	
--- SE Polk	1	SCR
1) Josh Ehrich 11	2) Owen Kay 09	
3) Drew Thompson 12	4) Brayden Lewis 12	
--- DSM, North	1	SCR
1) Damonte Hardiman 12	2) Ashton Harris 11	
3) Odenni Hoods 12	4) Braulio Garcia-Mejia 11	
--- DSM, Roosevelt	1	SCR
1) Blake Scott 12	2) Evan Wold 11	
3) Khamari Tillman 10	4) Julian Nicolino 11	
--- CB, A Lincoln	1	SCR
1) Levi Nelson 09	2) Keaton Strande 12	
3) Grant Hughey 12	4) Micah Kriley 09	
--- WAT West	1	SCR
1) Andy Musiboko 11	2) Michael Cunningham Jr. 11	
3) Jaylen Allen 10	4) Michael Moeller 12	
--- Fort Dodge	1	SCR
1) Sam Moser 11	2) Taevon Feeley 12	
3) William Jones 11	4) Jamarius Echols 11	
--- IC, Liberty	1	SCR
1) Leo Rozz 11	2) Rylen Schweitzer 12	
3) Cale Baldwin 12	4) Jackson Burnes 12	
--- CB, T Jefferson	1	SCR
1) Jorge Camarena 12	2) Gavin Carpenter 11	
3) Braden Persinger 11	4) Kaiden Hamilton 12	
--- DSM, East	1	SCR
1) Aaron Luu 10	2) Jordan Lee 11	
3) Jamel Heliman 11	4) Abraham Eujenio 12	
--- Lewis Central	1	SCR
1) Jude Mortensen 11	2) Braxton Parks 10	
3) Jace Fagan 11	4) Joey Mazzella 11	
--- Marshalltown	1	SCR
1) Fernando Garcia 12	2) Zak Wilder 12	
3) Evan Anderson 11	4) Aiden Smitherman 12	
--- Dowling Cath	1	SCR
1) Sam Drexler 12	2) Beau Williams 09	
3) Nolan Strang 12	4) Mamer Agau 10	
--- DC-Grimes	1	SCR
1) Ethan Carlson 11	2) Chase Heitland 11	
3) Tavian Waters 09	4) Charlie Bohnenkamp 12	
--- DSM Lincoln	1	SCR
1) Emmanuel Tarley 09	2) Ethan Hutson 09	
3) Mason Cox 11	4) Warren Mead 11	

--- DVPT, Central		SCR
1) Hezekiah Talafiero 12	2) Jayvon Kuehn 12	
3) Markey Glenn 10	4) Braxton Helstrom 11	
--- Ottumwa	1	SCR
1) Spencer Dalbey 10	2) Brannon Flattery 12	
3) Kallen Lowenberg 09	4) Jonathan Miller 12	
--- Mason City	1	SCR
1) DeSavian Portis 10	2) Jackson Hummel 11	
3) Kaiden Jackson 09	4) Jack Berding 10	
--- DVPT, North		SCR
1) Jett Sheedy 09	2) Isaac Holloway 09	
3) Anthony Walker jr 12	4) Braydon Freeman 11	

## Boys 1600 Sprint Medley 4A

State Meet: 3:24.39 \* 5/23/2014 Linn-Mar

A Flieder, T Wolfe, D Trenary, J Evans

All-Time: 3:22.69 ! 2001

Iowa City High

Team	Relay	Finals
1 Bettendorf		3:24.85 10
1) Billy Miller, Jr 12	2) J.J. McDermott 12	
3) Kamarri Harris 10	4) AJ Willey 12	
1:32.206 (1:32.206)	3:24.842 (1:52.636)	
2 Indianola	1	3:25.27 8
1) Rylan Hilton 11	2) Nick Bradley 12	
3) Parker Amos 11	4) Reed Robbins 12	
1:33.194 (1:33.194)	3:25.265 (1:52.072)	
3 DUB Hempstead	1	3:25.62 6
1) Jaden Montgomery 12	2) Robert Ivy 12	
3) Hayden Harper 11	4) Micah Fern 12	
1:34.055 (1:34.055)	3:25.617 (1:51.562)	
4 Ankeny	1	3:25.65 5
1) Finn McClure 12	2) Owen Fischer 12	
3) Isaiah Swanson 10	4) Ike Smith 12	
1:33.859 (1:33.859)	3:25.646 (1:51.787)	
5 Ankeny Cent	1	3:25.90 4
1) Noah Ross 12	2) Heisman Dickinson 10	
3) Brecken Allen 11	4) Cohen Moll 12	
1:32.761 (1:32.761)	3:25.892 (1:53.131)	
6 Cedar Falls	1	3:26.81 3
1) Jeremiah Tamayo-Lopez 11	2) Carsen Gary 10	
3) Jude Hazell 11	4) Brennan Hoyer 12	
1:33.556 (1:33.556)	3:26.810 (1:53.254)	
7 Johnston	1	3:27.92 2
1) Bryson Quam 12	2) Jeremiah Armstrong 12	
3) Darren Grandon 11	4) Blake Williams 10	
1:34.547 (1:34.547)	3:27.912 (1:53.366)	
8 Prairie, CR	1	3:28.55 1
1) Mereweneza Byishimo 12	2) Bennett Stevens 10	
3) Drew Bennis 11	4) Samuel Lange 11	
1:32.845 (1:32.845)	3:28.550 (1:55.706)	
9 IC, Liberty	1	3:28.78
1) Rylen Schweitzer 12	2) Cale Baldwin 12	
3) Jackson Burnes 12	4) Keegan Decker 11	
1:35.711 (1:35.711)	3:28.773 (1:53.063)	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 1600 Sprint Medley 4A)

Team	Relay	Finals			
10 Pleasant Valley		3:29.14	23 CR Kennedy	1	3:41.06
1) Zach Zuiderveen 12	2) Jonathan Tillman 11		1) Bradley Walton 12	2) Kross Phelps 12	
3) Micah Herlich 12	4) Gavin Russell 11		3) August Wilkes 10	4) Noah Penn 12	
1:34.904 (1:34.904) 3:29.131 (1:54.227)			1:38.351 (1:38.351) 3:41.056 (2:02.706)		
11 Waukee NW	1	3:29.73	24 WAT West	1	3:45.65
1) Isaiah Oliver 12	2) Logan Miller 10		1) Jaylen Allen 10	2) Solomon Ridgeway 11	
3) Austin Van Horn 12	4) Ayden Gabrielson 12		3) Cole Dean 10	4) Josh Kerkove 11	
1:35.672 (1:35.672) 3:29.729 (1:54.057)			1:41.765 (1:41.765) 3:45.641 (2:03.876)		
12 DUB Senior	1	3:31.24	--- SC, North	1	SCR
1) Mason Birch 11	2) Kael Stickley 11		1) Finn Kuehl 10	2) Trey Henry 10	
3) Charles Crow 12	4) Owen Anderson 11		3) Braxton Davis 10	4) Logan Bonnes 10	
1:33.615 (1:33.615) 3:31.231 (1:57.616)			--- SC, West	1	SCR
13 Norwalk	1	3:31.49	1) Vadimar Fenton 12	2) DeAnthony King 10	
1) Ethan Winslow 11	2) Jamison Giesemann 12		3) Max Kuehl 12	4) Abase Kebato 10	
3) Xavier Bush 12	4) Sam Parker 12		--- DSM, North	1	SCR
1:34.000 (1:34.000) 3:31.488 (1:57.489)			1) Damonte Hardiman 12	2) Odenni Hoods 12	
14 Ames	1	3:31.71	3) Braulio Garcia-Mejia 11	4) Marvin Barahona 10	
1) Kayden Willoughby-Wright	2) Luke Simmons 11		--- Valley, WDM	1	SCR
3) Peyton Johnson 10	4) Hezekiah Johnson 11		1) Donault Moore 12	2) Blake Dorenkamp 11	
1:34.120 (1:34.120) 3:31.710 (1:57.591)			3) T.J. Williams 12	4) Weston Bowser 11	
15 DC-Grimes	1	3:33.68	--- CR Washington	1	SCR
1) Osborn Grimm 11	2) Gabriel Wright 10		1) Bonfils Iranzi 11	2) Laird Hanna 12	
3) Eli Oberreuter 10	4) Jack Meggison 11		3) Hayden Reilly 11	4) Jack McAtee 10	
1:37.396 (1:37.396) 3:33.673 (1:56.278)			--- DSM Lincoln	1	SCR
16 Waukee	1	3:35.24	1) Colton Sisomphane 11	2) Ethan Hutson 09	
1) Harrison Allen 12	2) Hans Dennis 11		3) Miguel Munguia 11	4) Bentley McGruder 09	
3) Ajak Malual 10	4) Preston Farrell 10		--- Urbandale	1	SCR
1:37.242 (1:37.242) 3:35.232 (1:57.991)			1) KayDen Thomas 11	2) Noah Santizo 10	
17 Marshalltown	1	3:36.89	3) Evan Twombly 12	4) Cayden Miller 11	
1) Declan Greene 12	2) Zak Wilder 12		--- Clinton	1	SCR
3) Aiden Smitherman 12	4) Preston Johnson 11		1) Rylan Henson 12	2) Micah Tague 09	
1:38.688 (1:38.688) 3:36.889 (1:58.201)			3) Nate Lundin 11	4) Charles Estes 11	
18 Linn-Mar		3:37.56	--- CB, A Lincoln	1	SCR
1) Andrew Castor 11	2) Terrell White 11		1) Noah Lang 10	2) Evan Lang 12	
3) Ryan Stenfeldt 10	4) Will Kennedy 11		3) Jeffrey Miller 10	4) Trygg Petersen 10	
1:37.464 (1:37.464) 3:37.559 (2:00.096)			--- Fort Dodge	1	SCR
19 Dowling Cath	1	3:38.84	1) Mykel Benedict 09	2) Tru McBride 11	
1) Ian O'Brien 11	2) Lincoln Ramaecker 10		3) Mason Hughes 09	4) Joseph Petersen 10	
3) Dean Vela 10	4) Nicholas Paulsen 12		--- IC, West	1	SCR
1:36.950 (1:36.950) 3:38.839 (2:01.890)			1) Kellen Craig 12	2) Tomi Olaleye 09	
20 SE Polk	1	3:39.72	3) Aidan Nelson 11	4) Michael Hanna 10	
1) Owen Kay 09	2) Jackson Deutsch 10		--- CB, T Jefferson	1	SCR
3) Everett Dayton 09	4) Joshua Moberg 12		1) Jorge Camarena 12	2) Braden Persinger 11	
1:37.109 (1:37.109) 3:39.716 (2:02.608)			3) Jace Patterson 11	4) Kaiden Hamilton 12	
21 Lewis Central	1	3:40.11	--- CR Jefferson	1	SCR
1) Braydan Doss 10	2) Carter Lobaugh 12		1) Quincy Cook 10	2) Cole Parkison 11	
3) Jace Fagan 11	4) Joey Mazzella 11		3) Neilmiah Coleman 11	4) Malachi Armon 12	
1:39.441 (1:39.441) 3:40.101 (2:00.660)			--- North Scott		SCR
22 DSM, Roosevelt	1	3:40.29	1) Dylan Kelsey 11	2) Landon Gronewold 10	
1) Evan Wold 11	2) Khamari Tillman 10		3) Renan Lewison 11	4) Carter Unwin 12	
3) Julian Nicolino 11	4) Isaiah Keller 12		--- Ottumwa	1	SCR
1:36.031 (1:36.031) 3:40.290 (2:04.260)			1) Cj Vance 11	2) Marquez Briggs 11	
			3) Robert Haw 10	4) Titus O'Dell 10	

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## Results

## Finals ... (Boys 1600 Sprint Medley 4A)

Team	Relay	Finals
--- DVPT, North		SCR
1) Markel Moore 12	2) Jimmy Williams Jr. 12	
3) Jacob Barton 10	4) Ivan Akolly 11	
--- Mason City	1	SCR
1) Braxton Witt 10	2) Andrew Fingalsen 12	
3) Jayden Williams 12	4) Henry Hansen 11	

## Boys 4x110 Meter Shuttle Hurdle 4A

State Meet: 56.06 \* 5/24/2025 Ankeny

L Pote, S Madsen, H Carlson, G Wise

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Prelims
<b>Preliminaries</b>		
1 CR Kennedy	1	56.35q
1) Brayden Peck 12	2) Anthony Zachar 12	
3) Dallas Keller 12	4) Jackson Goslin 12	
2 Waukee NW	1	56.45q
1) Blake Ludwig 12	2) Logan Miller 10	
3) Ty Thompson 11	4) Griffin Ludwig 11	
3 IC, West	1	56.53q
1) Ely Smock 12	2) Waleed Ibrahim 12	
3) Cade Towler 11	4) Ryder Gorsh 12	
4 CR Washington	1	57.02q
1) Gabe Brown 11	2) Terryion Montgomery 12	
3) William Stastny 10	4) Fidel Tiah 12	
5 WAT West	1	57.25q
1) Deztin McMurrin 12	2) Chase Jensen 12	
3) Ramsey Mineart 12	4) Michael Cunningham Jr. 11	
6 Waukee	1	57.60q
1) Tavian White 12	2) Noah Hinrichs 12	
3) Lucas Peterson 12	4) Beckett Bakker 12	
7 DC-Grimes	1	57.98q
1) Chase Heitland 11	2) Mason Strang 10	
3) Christopher Opoku-Sekyere	4) Darien Walker 12	
8 Ankeny	1	58.03q
1) Jack Romig 12	2) Hayden Carlson 12	
3) Sam Madsen 12	4) Norman Ha 10	
9 SE Polk	1	59.87
1) AJ Van Der Brink 12	2) Aaden Levy 11	
3) Jack Wolfe 09	4) Bentley Brennick 12	
10 Linn-Mar		59.96
1) Nils Mullarkey 10	2) Brendan Gorsich 10	
3) Daniel Lorenz 12	4) Darias Bures 10	
11 Johnston	1	1:00.94
1) Kanaan Reinders 11	2) Gage Hoppenworth 11	
3) Caden Meester 11	4) William Sheer 12	
12 Pleasant Valley		1:01.03
1) Amelio Pantoja 12	2) Cordell Hatcher 11	
3) Zach Zuiderveen 12	4) Elijah Bolaji 11	

13 Ankeny Cent	1	1:01.21
1) Gavin Matheny 12	2) Devin Boyle 12	
3) Anders Peck 10	4) Nic Ryan 11	
14 North Scott		1:01.30
1) Nolan Reese 12	2) Gabriel Skyles 12	
3) Evan Kuhn 10	4) Ryan Block 11	
15 DVPT, Central		1:01.59
1) Javonte Randle 10	2) Cameron Ross 10	
3) Logan Cruse 11	4) KJ Wright 12	
16 Lewis Central	1	1:01.60
1) Orlando Monge 11	2) Carter Lobaugh 12	
3) Carson Arnold 10	4) Billy Gerry 10	
17 Ames	1	1:01.97
1) Sawyer Larson 12	2) Alex Okerlund 10	
3) Malachi Warren 09	4) Benjamin Trabue 11	
18 CB, A Lincoln	1	1:02.30
1) Mason Shields 10	2) Reid Rau 09	
3) Zed Wolf 10	4) Christopher Lee 11	
19 Clinton	1	1:02.99
1) Carter Dunham 11	2) Ethan Carpenter 11	
3) Maxwell Smith 11	4) Jay Dodd 11	
20 Indianola	1	1:03.23
1) Spencer Stecker 09	2) Hank Gorder 10	
3) Oliver Chadwick 09	4) Jackson Pribil 10	
21 DUB Senior	1	1:03.39
1) Jackson Kieffer 12	2) Mekhi Marsh 11	
3) Anderson Lambert 10	4) Wesley Spears 10	
22 IC, City High	1	1:04.01
1) Karl Tshibangu 10	2) Gavin Washpun 10	
3) Adams Kane 12	4) Seth McLean 12	
23 Valley, WDM	1	1:04.71
1) Atticus Petersma 10	2) Gavin Marschel 10	
3) John Chesire 11	4) Austin Banny 12	
24 CR Jefferson	1	1:04.96
1) Joel Johnson 09	2) George Leach 11	
3) Amere Williams 10	4) Vaughn Sheeler 12	

## Boys 4x110 Meter Shuttle Hurdle 4A

State Meet: 56.06 \* 5/24/2025 Ankeny

L Pote, S Madsen, H Carlson, G Wise

All-Time: 55.82 ! 4/25/2026 IC West

Smock, Ibrahim, Towler, Gorsh

Team	Relay	Finals
<b>Finals</b>		
1 IC, West	1	55.39! 10
1) Ely Smock 12	2) Waleed Ibrahim 12	
3) Cade Towler 11	4) Ryder Gorsh 12	
2 Waukee NW	1	55.52! 8
1) Blake Ludwig 12	2) Logan Miller 10	
3) Ty Thompson 11	4) Griffin Ludwig 11	
3 CR Kennedy	1	55.98* 6
1) Brayden Peck 12	2) Anthony Zachar 12	
3) Dallas Keller 12	4) Jackson Goslin 12	

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

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## Results

## Finals ... (Boys 4x110 Meter Shuttle Hurdle 4A)

Team	Relay	Finals
4 Ankeny	1	56.62 5
1) Jack Romig 12	2) Hayden Carlson 12	
3) Sam Madsen 12	4) Norman Ha 10	
5 WAT West	1	56.68 4
1) Deztin McMurrin 12	2) Chase Jensen 12	
3) Ramsey Mineart 12	4) Michael Cunningham Jr. 11	
6 Waukee	1	56.98 3
1) Tavian White 12	2) Noah Hinrichs 12	
3) Lucas Peterson 12	4) Beckett Bakker 12	
7 CR Washington	1	57.43 2
1) Gabe Brown 11	2) Terryion Montgomery 12	
3) William Stastny 10	4) Fidel Tiah 12	
8 DC-Grimes	1	57.69 1
1) Chase Heitland 11	2) Mason Strang 10	
3) Christopher Opoku-Sekyere	4) Darien Walker 12	

## Boys High Jump 4A

State Meet: 7-00 \* 1999

Andy Kohler

All-Time: 7-03.50 ! 1981

Brian Tietjens

Name	Yr	School	Finals
<b>Finals</b>			
1 Ajak Malual	10	Waukee	6-07.00 10
2 Easton McGraw	11	Indianola	6-05.00 8
3 Donault Moore	12	Valley, WDM	6-05.00 6
4 Joseph Alexander	11	Valley, WDM	6-05.00 5
5 Mason Middleton	11	IC, West	6-03.00 4
6 Christopher Opoku-Sekyere	10	DC-Grimes	6-03.00 3
7 Chris Ford	11	SC, East	6-03.00 2
8 Victor Nakihinga	11	IC, Liberty	6-03.00 1
9 Jonathan Tillman	11	Pleasant Val	6-03.00
10 Logan Atherton	11	Norwalk	6-01.00
10 Cole Parker	12	DVPT, Centra	6-01.00
10 Thomas DeWall	11	Indianola	6-01.00
10 Adams Kane	12	IC, City Hig	6-01.00
14 Camden Sherwood	09	Ankeny Cent	6-01.00
14 Brayden Peck	12	CR Kennedy	6-01.00
14 Kasen Bodensteiner	10	Waukee NW	6-01.00
17 Emri Jones	11	Johnston	6-01.00
18 Abe Bidanis	11	IC, City Hig	5-11.00
18 Jacob Solberg	12	CR Kennedy	5-11.00
18 Carter Spark	11	IC, West	5-11.00
21 Eddie Kennedy	11	Waukee NW	5-11.00
21 Ashton Harris	11	DSM, North	5-11.00
--- Jonah Smith	11	Bettendorf	NH
--- Noah Montgomery	12	DSM, Rooseve	NH
--- Michael Ferschke	11	Bettendorf	SCR
--- Darien Walker	12	DC-Grimes	SCR
--- Augustus Klayon	11	SE Polk	SCR
--- Beck Bogenrief	09	Dowling Cath	SCR
--- Preston Molis	11	Urbandale	SCR
--- Josh Grete	12	Cedar Falls	SCR
--- Lukas Haller	11	Cedar Falls	SCR
--- Reid Rau	09	CB, A Lincol	SCR

--- Jacob Stark	09	WAT West	SCR
--- Spencer Elliott	10	WAT East	SCR
--- Kenyon Young	09	WAT West	SCR
--- Harrison Wait	09	Lewis Centra	SCR
--- Mekhi Marsh	11	DUB Senior	SCR
--- Drew Jesse	09	Linn-Mar	SCR
--- Taâ€™Majae Franklin	11	IC, Liberty	SCR
--- Christopher Lee	11	CB, A Lincol	SCR
--- Dalton Eckley	12	Fort Dodge	SCR
--- Logan Hazel	11	Dowling Cath	SCR
--- Braden Leifker	10	Pleasant Val	SCR
--- Matthieu Amani	09	Prairie, CR	SCR
--- Warren Sickels	11	Linn-Mar	SCR
--- Nate Borchardt	10	Mason City	SCR

## Boys Long Jump 4A

State Meet: 24-02.75 \* 2022

Abu Sama

All-Time: 24-10 ! 2022

Abu Sama

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaiden Kunze	12	Norwalk	23-08.25 10
2 Austin Hansen	12	Cedar Falls	22-08.25 8
3 Alijah Armstrong	12	Johnston	22-07.50 6
4 Kamarion Owens	11	CR Jefferson	22-06.75 5
5 Deztin McMurrin	12	WAT West	22-03.75 4
6 Chris Ford	11	SC, East	22-03.00 3
7 Jackson Goslin	12	CR Kennedy	22-00.75 2
8 Isaiah Oliver	12	Waukee NW	21-10.00 1
9 Miciah LeLaCheur	12	Valley, WDM	21-10.00 2.0
10 Drew Hobart	12	Mason City	21-09.75 0.4
11 Jayden Stumpff	10	Prairie, CR	21-06.50 -0.3
12 Christopher Loggins III	12	SC, East	21-05.75 1.2
13 Charlie Tuchel	11	Linn-Mar	21-04.75 3.0
14 Damari Lacy	12	IC, City Hig	21-01.50 1.7
15 Jay Dodd	11	Clinton	21-00.00 1.2
16 Torian Doss	12	WAT West	20-11.50 1.4
17 Taylor Carter	10	Cedar Falls	20-10.75 0.5
18 Johnathon (Jt) Giefer	12	DSM, East	20-05.75 0.8
19 Therston Nebo	11	Waukee	20-05.75 2.3
20 Bonfils Iranzi	11	CR Washingto	20-01.75 1.7
21 Brandon Bakkum	12	Ankeny Cent	20-00.50 1.7
22 James Roberts	11	Muscatine	19-05.75 2.3
23 Jordan Plummer	12	DUB Hempstea	19-05.25 2.2
24 Pierce Hall-berry	10	DSM, Rooseve	10-01.50 0.6
--- Jordon Green	11	Waukee NW	SCR NWI
--- Will Hunter	09	Pleasant Val	SCR NWI
--- Carter Tullis	12	Ottumwa	SCR NWI
--- Max Kuehl	12	SC, West	SCR NWI
--- Duy Nguyen	12	SE Polk	SCR NWI
--- Donault Moore	12	Valley, WDM	SCR NWI
--- Paul Willett	11	Pleasant Val	SCR NWI
--- Jamual Richardson Williar	12	Waukee	SCR NWI
--- Amos Spectator	11	Bettendorf	SCR NWI
--- Michael Ferschke	11	Bettendorf	SCR NWI
--- Taveon Boone	12	DSM, North	SCR NWI

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## Results

## Finals ... (Boys Long Jump 4A)

Name	Yr	School	Finals
--- Andrew Martin	10	Dowling Cath	SCR NWI
--- Elijah Deardorff	09	Ames	SCR NWI
--- Christopher Williams	10	Ames	SCR NWI
--- Heisman Dickinson	10	Ankeny Cent	SCR NWI
--- Ivan Sandoval	11	Ankeny	SCR NWI
--- Peyton Phippen	12	Lewis Centra	SCR NWI
--- Spencer Stecker	09	Indianola	SCR NWI
--- Breck Welch	12	Norwalk	SCR NWI
--- Leonardo Tatum	12	Lewis Centra	SCR NWI
--- Miles Hines	09	DVPT, West	SCR NWI
--- Florent Amegatse	12	DVPT, West	SCR NWI
--- Bernoli Luvandu	11	IC, West	SCR NWI
--- Marcelin Kazumba	10	IC, City Hig	SCR NWI

## Boys Shot Put 4A

State Meet: 65-11.50 \* 1968 Doug Lane

All-Time: 70-11 ! 1968 Doug Lane

Name	Yr	School	Finals
1 Hunter Infanger	11	Lewis Centra	59-07.00 10
2 James Barnett	10	IC, West	59-03.00 8
3 Brandon Johnson	12	Ames	57-08.25 6
4 Trey Feist	11	North Scott	55-10.25 5
5 Colin Whitters	12	IC, West	55-00.75 4
6 Joel Yankoon	10	SE Polk	54-05.50 3
7 Shem Mally	12	CR Kennedy	53-04.25 2
8 Aiden McNamer	12	DUB Senior	52-07.25 1
9 Nathan Lee	12	Ankeny	52-06.00
10 Behren Radech	12	North Scott	52-02.50
11 Charlie Morgan	11	Ottumwa	52-00.75
12 Andrew Hine	12	Waukee	51-11.75
13 Daxon Kiesau	11	Urbandale	51-10.00
14 Landon Rinnan	11	Urbandale	51-02.75
15 Brady Hagan	11	Dowling Cath	50-11.50
16 Max Thomas	12	Dowling Cath	50-11.00
17 Colton McClish	12	Johnston	50-09.50
18 Roman Saddler	12	Pleasant Val	50-08.75
19 Wyatt Valenta	11	DC-Grimes	49-11.25
20 Raphael Etuma	12	IC, City Hig	49-08.50
21 Peyton Wilbur	12	Indianola	48-11.75
22 Max Merrill	11	Linn-Mar	47-11.75
23 Johnathan Gilbert	11	Ankeny Cent	46-08.00
--- Athan Inthabounh	12	DSM, North	FOUL
--- Gavin Stecker	11	Bettendorf	SCR
--- Caden Flewellyn	12	Valley, WDM	SCR
--- Carter Welch	11	SC, West	SCR
--- Gavin Dalla Tezza	11	CB, A Lincol	SCR
--- Robert Rice	12	SC, East	SCR
--- Will Andersen	12	Waukee NW	SCR
--- Lincoln Walsworth	09	Cedar Falls	SCR
--- Charlie Hemmer	10	Waukee NW	SCR
--- Aden Knight	12	WAT West	SCR
--- Anthony Mershon	12	Valley, WDM	SCR

--- Kimberly St. Jean	12	WAT West	SCR
--- Kyler McNeal	11	Lewis Centra	SCR
--- Charlie Radosevich	12	Indianola	SCR
--- Jaxson Hinkle	12	Marshalltown	SCR
--- Holden Heideman	11	Linn-Mar	SCR
--- Trateris Watson	12	DVPT, North	SCR
--- Preston Mensah	11	IC, City Hig	SCR
--- Ray Cooper	12	DUB Hempstea	SCR
--- Hayden Bishop	12	Cedar Falls	SCR
--- Jarron Weber	11	CR Kennedy	SCR
--- Anthony Mahrt	12	Pleasant Val	SCR
--- Ty Sanchez-Evans	12	Mason City	SCR
--- Gabe Ries	12	Mason City	SCR
--- Brevyn Fuller	12	DC-Grimes	SCR

## Boys Discus Throw 4A

State Meet: 204-09 \* 2022 Walker Whalen

All-Time: 207-08 ! 1978 Scott Crowell

Name	Yr	School	Finals
1 Reece Whinery	12	SE Polk	183-03 10
2 Daxon Kiesau	11	Urbandale	178-07 8
3 Jackson Rhinehart	12	CR Kennedy	175-09 6
4 Christ Kelly Nelson	12	Prairie, CR	173-11 5
5 Aiden Curtis	11	Indianola	173-02 4
6 Gabe Winter	11	Waukee NW	165-08 3
7 Behren Radech	12	North Scott	162-03 2
8 Raphael Etuma	12	IC, City Hig	162-02 1
9 Will Andersen	12	Waukee NW	158-03
10 Roman Saddler	12	Pleasant Val	158-03
11 Andrew Hine	12	Waukee	157-09
12 Holden Heideman	11	Linn-Mar	155-07
13 Jarron Weber	11	CR Kennedy	154-08
14 Tevin Schultz	12	DUB Senior	154-07
15 Colin Whitters	12	IC, West	153-05
16 Caden Flewellyn	12	Valley, WDM	151-06
17 Kael Moore	12	Cedar Falls	145-05
18 Isaiah King	12	SC, East	145-04
19 Max Thomas	12	Dowling Cath	142-10
20 Preston Mensah	11	IC, City Hig	134-09
21 Max Bauer	11	Indianola	130-01
--- Ty Sanchez-Evans	12	Mason City	FOUL
--- Anthony Mahrt	12	Pleasant Val	DNS
--- Kyler McNeal	11	Lewis Centra	DNS
--- Charlie Morgan	11	Ottumwa	SCR
--- Brenden Gear	10	Norwalk	SCR
--- Trey Feist	11	North Scott	SCR
--- Melakhi Hickey	12	WAT West	SCR
--- Anthony Mershon	12	Valley, WDM	SCR
--- Levi Kohtz	11	Waukee	SCR
--- Carter Welch	11	SC, West	SCR
--- Teague Cantrall	12	SE Polk	SCR
--- Connor Stolpe	12	DC-Grimes	SCR
--- Myls Elcock	12	Dowling Cath	SCR
--- Caiden Davids	12	Clinton	SCR

## Iowa Girls &amp; Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026

Des Moines, Iowa

Drake Stadium

## Results

## Finals ... (Boys Discus Throw 4A)

Name	Yr	School	Finals
--- Nathan Erner	12	DUB Hempstea	SCR
--- Athan Inthabounh	12	DSM, North	SCR
--- Caleb Larson	12	Ankeny Cent	SCR
--- Evan Jennings	10	Ankeny	SCR
--- Alex Penberthy	11	Cedar Falls	SCR
--- Trace Mergen	11	CB, T Jeffer	SCR
--- Bradley Duncan-Porter	11	Linn-Mar	SCR
--- Hunter Infanger	11	Lewis Centra	SCR
--- Gabe Ries	12	Mason City	SCR
--- Jaxson Hinkle	12	Marshalltown	SCR
--- Xavian Williams	12	DVPT, Centra	SCR
--- Nathan Powers	11	DUB Senior	SCR
--- Cohen Vannausdle	12	Johnston	SCR
--- Finn Dietz	11	DVPT, North	SCR

## Boys 100 Meter Dash Ambulatory Para

State Meet: 13.38 \* 5/24/2025 John Reynolds

All-Time: 13.23 ! 2025 John Reynolds

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Simmons	12	Maquoketa	13.87 10
2 Cameron McGraw	12	Alburnett	14.58 8
3 Carter Swanson	11	Hudson	15.05 6
4 Thad Longmire	10	IC, West	15.76 5
5 Gavin Lenhart-Muhs	11	North Cedar	16.82 4
6 Liam Stoeffler	11	North Cedar	17.34 3
7 Eli Santa	09	Monticello	18.59 2
8 Daniel Carr	12	WAT East	22.80 1

## Boys 100 Meter Dash Wheelchair Para

State Meet: 16.07 \* 5/22/2021 Evan Correll

All-Time: 15.11 ! 2021 Evan Correll

Name	Yr	School	Finals
<b>Finals</b>			
1 Titus Steng	12	Shenandoah	17.01 10
2 Eli Johnson	12	Bedford	18.41 8
3 Josh Anderson	12	Washington	18.72 6
4 Karson Johnson	11	Clarinda	20.16 5
5 Logan Shwery	09	Ankeny Cent	21.02 4
6 Ryan Stevenson	10	Pleasant Val	23.70 3
7 Braden Byersdorfer	10	Roland-Story	44.11 2

## Boys 200 Meter Dash Ambulatory Para

State Meet: 28.12 \* 5/24/2025 John Reynolds

All-Time: 27.34 ! 2025 John Reynolds

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Simmons	12	Maquoketa	28.54 10
2 Cameron McGraw	12	Alburnett	29.80 8
3 Carter Swanson	11	Hudson	30.64 6
4 Liam Stoeffler	11	North Cedar	34.91 5
5 Gavin Lenhart-Muhs	11	North Cedar	36.24 4
6 Eli Santa	09	Monticello	41.58 3

## Boys 200 Meter Dash Wheelchair Para

State Meet: 29.17 \* 5/22/2021 Evan Correll

All-Time: 27.97 ! 2021 Evan Correll

Name	Yr	School	Finals
<b>Finals</b>			
1 Titus Steng	12	Shenandoah	30.76 10
2 Eli Johnson	12	Bedford	32.40 8
3 Josh Anderson	12	Washington	33.63 6
4 Karson Johnson	11	Clarinda	39.67 5
5 Logan Shwery	09	Ankeny Cent	39.74 4
6 Ryan Stevenson	10	Pleasant Val	45.21 3

## Boys 400 Meter Dash Ambulatory Para

State Meet: 1:04.34 \* 5/22/2025 John Reynolds

All-Time: 1:05.74 ! 2025 John Reynolds

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Simmons	12	Maquoketa	1:04.90! 10
2 Carter Swanson	11	Hudson	1:12.07 8

## Boys 400 Meter Dash Wheelchair Para

State Meet: 56.09 \* 5/22/2021 Evan Correll

All-Time: 51.96 ! 2021 Evan Correll

Name	Yr	School	Finals
<b>Finals</b>			
1 Titus Steng	12	Shenandoah	1:01.55 10
2 Eli Johnson	12	Bedford	1:02.76 8
3 Josh Anderson	12	Washington	1:06.42 6
4 Logan Shwery	09	Ankeny Cent	1:17.67 5
5 Karson Johnson	11	Clarinda	1:17.99 4
--- Ryan Stevenson	10	Pleasant Val	DQ
--- Titus De Koster	09	MOC-FV	DQ

## Boys 800 Meter Run Ambulatory Para

State Meet: 2:51.90 \* 5/23/2025 Cameron McGraw

All-Time: 2:43.88 ! 2026 Cameron McGraw

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Simmons	12	Maquoketa	2:33.88! 10
1:11.940 (1:11.940) 2:33.871 (1:21.931)			
2 Cameron McGraw	12	Alburnett	2:41.52! 8
1:13.140 (1:13.140) 2:41.512 (1:28.372)			
3 Carter Swanson	11	Hudson	2:58.04 6
1:15.783 (1:15.783) 2:58.036 (1:42.254)			

## Boys 800 Meter Run Wheelchair Para

State Meet: 1:46.08 \* 5/21/2021 Evan Correll

All-Time: 1:46.08 ! 2021 Evan Correll

Name	Yr	School	Finals
<b>Finals</b>			
1 Titus Steng	12	Shenandoah	2:12.57 10
1:04.153 (1:04.153) 2:12.568 (1:08.415)			
2 Josh Anderson	12	Washington	2:21.65 8
1:11.349 (1:11.349) 2:21.643 (1:10.294)			

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results****Finals ... (Boys 800 Meter Run Wheelchair Para)**

Name	Yr	School	Finals	
3 Eli Johnson	12	Bedford	2:21.84	6
1:05.828 (1:05.828) 2:21.831 (1:16.003)				
4 Titus De Koster	09	MOC-FV	2:59.16	5
1:26.309 (1:26.309) 2:59.159 (1:32.850)				

**Boys Shot Put Ambulatory Para**State Meet: **38-10 \* 5/18/2024 Ethan Kelly**All-Time: **38-10 ! 5/18/2024 Ethan Kelly**

Name	Yr	School	Finals	
1 Michael Reel	11	Union, LaPor	30-01.00	10
2 Cameron McGraw	12	Alburnett	29-03.25	8
3 Eli Santa	09	Monticello	18-05.25	6

**Boys Shot Put Wheelchair Para**State Meet: **40-05.50 \* 5/18/2013 Alex Gudenkauf**All-Time: **40-05.50 ! 5/18/2013 Alex Gudenkauf**

Name	Yr	School	Finals	
1 Ryan Stevenson	10	Pleasant Val	18-06.00	10
2 Javin Smith-Williamson	10	Spencer	17-03.50	8
3 Logan Shwery	09	Ankeny Cent	10-01.00	6

**Women - 1A - Team Rankings - 19 Events Scored**

1) Edgewood-Colesburg	57
2) Mount Ayr	49
3) St. Albert, CB	45
4) Pekin	44
5) CAM, Anita	39
6) Madrid	38
7) Fremont-Mills	35
8) Saint Ansgar	32
9) Martndsl-StMarys	30
10) Maquoketa Valley	27
11) Kee, Lansing	23
12) W Monona	20
12) Lynnville-Sully	20
14) Springville	15
15) Glad-Reinbeck	14
16) AGWSR	13
16) Hillcrest	13
18) West Fork	11
18) Colo-Nesco	11
18) Baxter	11
18) Bellevue	11
18) S Winn, Calmar	11
23) N Mahaska	10
23) Riverside, Oak	10
23) WACO	10
26) Wayne, Corydon	9
26) Newman Catholic	9
26) HLV-TC	9
26) Boyer Valley	9
30) Cent Decatur	8
30) Lake Mills	8
32) West Hancock	7

33) Turkey Val, JJ	6
33) Winfield-Mt. U	6
35) AHSTW	5
35) Lone Tree	5
35) Melcher-Dallas	5
35) Starmont	5
35) Janesville	5
40) E Marshall	4
40) Danville	4
40) Highland	4
43) WB-Mallard	3
43) Cedar Ridge Christian	3

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results**

43) Earlham	3
43) Graet-T/Ruth-Ayr	3
43) Westwood, Sloan	3
48) Griswold	2
48) Dunkerton	2
48) CR-Bayard	2
48) Newell-Fonda	2
48) Logan-Magnolia	2
48) Bishop Garrigan	2
48) Belle Plaine	2
55) Nwood-Kensett	1
55) ACGC	1
55) Stanton	1
55) BCLUW	1
55) Lisbon	1

**Women - 2A - Team Rankings - 19 Events Scored**

1) Pella Christian	78
2) Mid-Prairie, W	68
3) Spirit Lake	53
4) Van Meter	50
5) Grundy Center	48
6) Treynor	38
7) Tipton	29
7) Northeast, GL	29
9) Dike-NH	23.5
10) West Branch	23
11) Unity Chrst, OC	21
12) Monticello	18
13) Garner-Hay/Vent	17
14) Clarinda	14
14) Emmetsburg	14
14) Anamosa	14
17) Alburnett	12
17) Albia	12
17) W Lyon, Inwood	12
17) East Sac County	12
21) N Fayette Val	11
21) Hudson	11
21) Panorama	11
21) Jesup	11
25) Aplntn-Parksbg	10
25) Roland-Story	10
27) Hinton	9
28) Denver	8
28) W Central Valley	8
28) South Hardin	8
28) Mediapolis	8
32) Crestwood	6
32) Ridge View	6
32) Underwood	6
32) MVAOCOU	6
36) Ia Falls-Alden	4
36) Pleasantville	4
36) Sumner-Fredrksbg	4
39) Regina, IC	3
40) Waukon	2
40) Columbus, CJ	2
42) Centerville	1.5

43) MFL MarMac	1
43) Pocahon Area	1
43) Greene County	1
43) Union, LaPorte C	1
43) Sioux Ctrl, SR	1

**Women - 3A - Team Rankings - 19 Events Scored**

1) Mt Vernon	67
2) ADM, Adel	60
3) Pella	55
4) Sioux Center	53
5) MOC-FV	42
6) Wahlert, Dub	34
6) Burlington	34
8) Marion	33
9) Williamsburg	31
10) North Polk	29

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results**

11) Western Dubuque	28	24) CR Kennedy	3
12) Grinnell	27	24) Dowling Cath	3
12) Mt Pleasant	27	27) DC-Grimes	2
14) Decorah	25.5		
15) DSM Christian	24		
16) W Delaware	23.5		
17) Gilbert	13		
18) Clear Crk-Amana	12		
19) Oskaloosa	11		
19) Bishop Heelan	11		
19) Washington	11		
22) Boone	9		
22) Algona	9		
24) Perry	7		
25) Fort Madison	6		
25) South Tama	6		
25) Clear Lake	6		
28) Waverly-SR	5.5		
29) CPU	5		
29) Maquoketa	5		
29) Newton	5		
32) Independence	4		
33) Carlisle	3.5		
34) Creston	3		
34) Bond-Farrar	3		
34) Solon	3		
37) Winterset	2		
37) Harlan	2		
37) Glenwood	2		
37) LeMars	2		
41) Hampton-Dumont-CAL	1		
41) Benton Comm	1		

**Women - Para - Team Rankings - 9 Events Scored**

1) Cascade	40
2) West Liberty	38
3) CB, T Jefferson	26
4) Johnston	18
5) Riceville	10
6) Indianola	8
6) CB, A Lincoln	8

**Women - 4A - Team Rankings - 19 Events Scored**

1) Waukee NW	150.5
2) Cedar Falls	76.5
3) Ankeny	67
4) Ames	48
5) IC, City High	45
6) SE Polk	36
7) Valley, WDM	35
7) Ankeny Cent	35
9) Waukee	31
10) Pleasant Valley	27
11) Johnston	25
12) North Scott	20
13) Prairie, CR	18
13) Ottumwa	18
15) Indianola	17
15) Bettendorf	17
17) Linn-Mar	16
18) Clinton	11
19) Urbandale	9
20) DSM, Roosevelt	8
21) DVPT, Central	7
21) Muscatine	7
23) DUB Senior	5
24) CR Washington	3

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results**

Men - 1A - Team Rankings - 19 Events Scored	
1) Riverside, Oak	51
2) Van Buren County	43
3) Iowa Valley, M	42.5
4) New London	38
5) Lisbon	34
6) Lawton-Bronson	32
7) Lake Mills	30
8) Woodbine	29
9) Pekin	28
9) Bellevue	28
11) Sibley-Ocheyedan	26
12) George-Little Rk	23
13) Baxter	22
14) Paton-Churdan	21
15) Earlham	18
16) English Valleys	16
17) Lynnville-Sully	15.5
18) Riceville	15
18) North Butler	15
20) WACO	14
20) S Winn, Calmar	14
20) AHSTW	14
20) North Cedar	14
24) Lenox	11
25) East Union	10
26) Madrid	9
26) North Linn	9
28) MMCRU	8
28) Wapsie Val, F	8
28) CR-Bayard	8
31) Bedford	6
31) ACGC	6
31) Nashua-Plainfld	6
31) St. Albert, CB	6
31) Saint Ansgar	6
36) Clarksville	5
36) HLV-TC	5
36) West Fork	5
36) IKM-Manning	5
36) West Hancock	5
41) North Union	4
41) Edgewd-Colesburg	4
41) St. Edmond, FD	4
41) B-G-M, Brook	4
41) Midland, Wyoming	4
46) E Marshall	3.6
47) CAM, Anita	3
47) Janesville	3
49) Colo-Nesco	2
49) Graet-T/Ruth-Ayr	2
49) South O'Brien	2
52) Southwest Valley	1.2
53) Sigourney	1
53) Springville	1
55) Logan-Magnolia	0.6
55) Gehlen Cath, L	0.6

Men - 2A - Team Rankings - 19 Events Scored	
1) Alburnett	66
2) Grundy Center	56
3) Treynor	39
4) Spirit Lake	37
5) Denver	35
6) Columbus, CJ	30
6) Okoboji, Milford	30
8) Aplntn-Parksbg	27
9) Southeast Valley	24
10) Pella Christian	22
10) Mediapolis	22
12) West Burlington/Notre Dame	20
12) Chariton	20
14) Crestwood	19
15) PCM, Monroe	16
16) Red Oak	15
17) Estherville-LC	14
18) Tri-Center	13

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results**

19) Regina, IC	12	19) Fairfield	12
20) Monticello	11	20) Winterset	11
21) I-35, Truro	10	21) Sioux Center	10
21) West Branch	10	22) Hampton-Dumont-CAL	8
21) Unity Chrst, OC	10	22) Ballard	8
21) Underwood	10	22) Central DeWitt	8
21) Cherokee, Wash	10	25) CPU	6
21) Davis County, B	10	25) Williamsburg	6
21) Roland-Story	10	27) SB-Luton	5
28) Columbus Cath	8	27) North Polk	5
28) Van Meter	8	27) Bond-Farrar	5
28) Ia Falls-Alden	8	30) MOC-FV	4
28) Panorama	8	30) Knoxville	4
32) Clarinda	7	30) South Tama	4
32) Cent Lyon	7	30) Wahlert, Dub	4
34) Northeast, GL	6	30) Bishop Heelan	4
34) Durant	6	30) Webster City	4
34) Ridge View	6	36) Assumption	2
34) New Hampton	6	36) Creston	2
34) Sumner-Fredrksbg	6	36) Fort Madison	2
34) Forest City	6	36) LeMars	2
40) Woodward-Grangr	5	40) Independence	1
40) Cascade	5		
40) Western Christ	5		
40) Centerville	5		
40) Waukon	5		
45) Louisa-Muscatine	4		
45) Hinton	4		
45) Jesup	4		
45) Mid-Prairie, W	4		
49) Shenandoah	3		
49) Osage	3		
49) W Lyon, Inwood	3		
49) Manson NW Web	3		
49) Oelwein	3		
49) Hudson	3		
55) MO Valley	1		
55) Pleasantville	1		

**Men - 3A - Team Rankings - 19 Events Scored**

1) Pella	105
2) Clear Lake	64
3) Western Dubuque	56
4) Gilbert	49
5) Clear Crk-Amana	47
6) Waverly-SR	42
7) Grinnell	30
8) Solon	27
9) Keokuk	26
9) Benton Comm	26
11) ADM, Adel	25
12) Washington	22
13) Vinton-Shellbrg	19
13) Newton	19
15) Mt Vernon	18
16) Algona	17
16) Storm Lake	17
18) Decorah	15

**Iowa Girls & Boys State Track Meet 2026 - 5/21/2026 to 5/23/2026****Des Moines, Iowa****Drake Stadium****Results****Men - 4A - Team Rankings - 19 Events Scored**

1) Cedar Falls	75
2) Bettendorf	67
3) Waukee NW	46
4) Prairie, CR	43
5) CR Kennedy	42
6) Norwalk	40
7) Indianola	39
8) Valley, WDM	35
9) Ankeny	33
10) IC, West	29
10) Johnston	29
12) SC, North	26
13) Linn-Mar	24
14) Dowling Cath	20
14) WAT West	20
16) SE Polk	19
17) Ankeny Cent	18
18) Waukee	16
19) SC, East	15
20) Urbandale	12
21) DUB Hempstead	11
21) Lewis Central	11
23) IC, Liberty	10
24) Ames	9
24) CR Jefferson	9
26) Marshalltown	8
26) DC-Grimes	8
28) North Scott	7
29) Pleasant Valley	5
30) DUB Senior	4
31) Clinton	3
31) Fort Dodge	3
33) CR Washington	2
33) Muscatine	2
35) IC, City High	1

**Men - Para - Team Rankings - 10 Events Scored**

1) Shenandoah	40
1) Maquoketa	40
3) Alburnett	32
4) Bedford	30
5) Washington	26
5) Hudson	26
7) Ankeny Cent	19
8) North Cedar	16
8) Pleasant Valley	16
10) Clarinda	14
11) Monticello	11
12) Union, LaPorte C	10
13) Spencer	8
14) IC, West	5
14) MOC-FV	5
16) Roland-Story	2
17) WAT East	1