

Approved April 13th, 2026

Week	Month	Dates	2026
4/5	July/August	26-2	Unified Iowa High School Activities Federation Non-Contact Period
5	August	3	Girls Tennis Practice Starts
		3	All-State Music Camp Starting Date
6		10	FB, 4A Golf, B & G Cross Country, VB & Girls Swimming Practice Starts
		12	IHSADA New Athletic Directors Workshop
		15	IHSSA Judges/Coaches Workshop
10	September	7	Labor Day
12		23	Girls Regional Tennis Individual/Doubles Matches, All Classes
		26	Girls Regional Team Tennis Matches, All Classes
13		30	Girls Regional Team Tennis Matches, All Classes
	October	3	Girls Regional Team Tennis Matches, All Classes
14		5-6	Boys Fall District Golf Meets
		7-8	Girls State Tennis Individual/Doubles Matches, All Classes
		9-10	IHSSA Coaches Convention
		10	State Marching Band Festival: North
15		12-13	Girls State Team Tennis Matches, All Classes
		12-13	Boys Fall State Golf Meet
		17	State Marching Band Festival: South
16		19,21	Girls Regional Volleyball Tournament, 1A,2A
		20,22	Girls Regional Volleyball Tournament, 3A,4A,5A
		21	Piano Auditions: All State Music Festival
		21	Joint Girls and Boys State Qualifying Cross Country Meets, 3A,4A
		22	Joint Girls and Boys State Qualifying Cross Country Meets, 1A,2A
		23	First Round State Football Playoffs, 8PL, A, 1A, 2A
		24	District Auditions: All-State Music Festival
17		26,28	Girls Regional Volleyball Tournament,1A,2A
		27	Girls Regional Volleyball Tournament, 3A,4A,5A
		30	First Round State Football Playoffs, Classes 3A, 4A, 5A
		30	Second Round State Football Playoffs, 8PL, A, 1A, 2A
		30	Joint Girls/Boys State Cross Country Meet, 1A,2A
		31	Joint Girls/Boys State Cross Country Meet, 3A,4A
18	November	2	Girls Wrestling & Bowling Practice Starts
		2-5	Girls State Volleyball Tournament, All Classes
		5	Girls State Qualifying Diving Meet
		5	Quarterfinal Round State Football Playoffs, 8 PL
		6	Quarterfinal Round State Football Playoffs, A, 1A, 2A, 3A, 4A, 5A
		7	Girls State Qualifying Swimming Meet
19		9	Girls Basketball, Boys Swimming Practice Starts
		9	IHSADA New Athletic Directors Workshop, Part 2
		11	Semifinal Round State Football Playoffs, 8 PL
		12	Semifinal Round State Football Playoffs, A, 4A
		13	Semifinal Round State Football Playoffs, 1A, 5A
		12-13	Girls State Swimming & Diving Meet
		14	Semifinal Round State Football Playoffs, 2A, 3A
20		16	Boys Basketball, Bowling & Wrestling Practice Starts
		19-20	Final Round State Football Playoffs, All Classes
		19-21	All-State Music Festival
21		26	Thanksgiving Day
Week	Month	Dates	2027
27	January	8-9	State Debate Tournament
29		18	Girls Regional Dual Team Wrestling Meet, All Classes
		22	Girl State Dual Team Wrestling Meet, All Classes
		23	District Speech Contest, Large Group

30		25	Jazz Band State Festival, North, All Classes
		29	Girls Individual Wrestling State Qualifying Meet
		30	Jazz Band State Festival, South, All Classes
		30	State Jazz Choir Festival, North, All Classes
31	February	1	State Jazz Choir Festival, South, All Classes
		1	Girls State Qualifying Bowling Tournaments, All Classes
		2	Boys' Regional Dual Team Wrestling Meet, All Classes
		4-5	Girls Individual State Wrestling Tournament
		6	State Speech Contest, Large Group
		6	Boys State Dual Team Wrestling Meet, All Classes
		6	Boys District Swimming Meets
32		8	State Show Choir Festival, All Classes
		9-11	Girls State Bowling Tournament, All Classes
		11	Girls Regional Basketball Tournament, 1A
		12	Boys District Basketball Tournament, 1A
		12-13	Boys State Swimming Meet
		13	Girls Regional Basketball Tournament, 2A, 3A
		13	Boys' District Wrestling Meets, All Classes
33		15,18	Boys District Basketball Tournament, 1A, 2A
		15,16	Boys State Qualifying Bowling Tournaments, All Classes
		16,19	Girls Regional Basketball Tournament, 1A, 2A
		17-20	State Individual Wrestling Meet, All Classes
		17,20	Girls Regional Basketball Tournament, 3A, 4A, 5A
		19	IHSSA All-State Festival, Large Group
34		22	Girls & Boys Track Practice Starts
		22,25	Boys Substate Basketball Tournament, 3A
		22,26	Boys Substate Basketball Tournament, 4A
		22-24	Boys Bowling Tournament, All Classes
		23	Girls Regional Basketball Tournament, 4A, 5A
		23	Boys District Basketball Tournament, 1A, 2A
		24	Girls Regional Basketball Tournament, 1A, 2A
		27	Boys Substate Basketball Tournament, 1A, 2A
		27	District Speech Contest, Individual Events
35	March	1	Boys Substate Basketball Tournament, 3A
		1-6	Girls State Basketball Tournament, All Classes
		2	Boys Substate Basketball Tournament, 4A
36		8-12	Boys State Basketball Tournament, All Classes
		9	IHSMA Commercial Band Festival
		13	State Speech Contest, Individual Events
37		15	G/B Golf, Boys Tennis & Soccer Practice Starts
38		22	Girls Soccer Practice Starts
39	April	3	State Music Festival, Solos and Ensembles, 3A
40		5	IHSSA Individual Events All-State Festival
40		10	State Music Festival, Solos and Ensembles, 2A
41		17	State Music Festival, Solos and Ensembles, 1A, 4A
44	May	3	Baseball & Softball Practice Starts
		7	State Music Festival, Large Group, 2A, 4A Orchestra-Quad Cities Area Only
		7	State Music Festival, Large Group, 1A, 3A
		8	State Music Festival, Large Group, 2A, 4A
45		12	Boys Sectional Golf Meets, All Classes
		13	Joint Girls and Boys State Qualifying Track Meets, All Classes
		14	Girls Regional Golf Meets, 1A, 2A
		15	Boys District Individual/Doubles Tennis Meets, All Classes
46		17	Boys District Golf Meets, All Classes
		17	Boys Substate Soccer Tournament, Classes 1A, 2A
		18	Boys Substate Soccer Tournament, Classes 3A, 4A
		18	IHSMA Outstanding Performance Showcase

		19	Girls Regional Golf Meets, All Classes
		19	Boys Substate Team Tennis Meets, All Classes
		20-22	State Co-Ed Track Meet, All Classes
47		24,26	Boys Substate Soccer Tournament, All Classes
		24-25	Boys State Golf Meet, All Classes
		26-27	Boys State Tennis Meet, All Classes
		25	Girls Regional Soccer Matches, 1A
		27	Girls Regional Soccer Matches, All Classes
		27-28	Girls State Golf Meet, All Classes
48		31	Memorial Day
		1-2	Boys State Team Tennis Meet, All Classes
		1,3	Girls Regional Soccer Matches, All Classes
		1,3-5	Boys State Soccer Tournament, All Classes
49		7,8,10,12	Girls State Soccer Tournament, All Classes
		8	State Co-Ed Golf Meet
		8	State Co-Ed Tennis Meet
52		3	Boys District Baseball Tournament, 1A,2A
1		5	Girls Regional Softball Tournament, 1A,2A
		6	Boys District Baseball Tournament, 1A,2A
		7	Girls Regional Softball Tournament, 1A,2A
		8	Girls Regional Softball Tournament, 3A,4A,5A
		9	Boys District Baseball Tournament, 3A
		9	Boys Substate Baseball Tournament, 4A
		9	Girls Regional Softball Tournament, 1A,2A
		10	Boys District Baseball Tournament, 1A,2A
		10	Girls Regional Softball Tournament, 3A,4A,5A
2		12	Boys District Baseball Tournament, 3A
		12	Boys Substate Baseball Tournament, 4A
		12	Girls Regional Softball Tournament, 1A,2A
		13	Girls Regional Softball Tournament, 3A,4A,5A
		13	Boys Substate Baseball Tournament, 1A, 2A
		14	Boys Substate Baseball Tournament, 3A, 4A
3		19-23	Boys State Baseball Tournament, All Classes
		19-23	Girls State Softball Tournament, All Classes
4/5	July/Aug.	25-1	Unified Iowa High School Activities Federation Non-Contact Period