

GIRLS' REGIONAL SWIM MEET Competition and Award Itinerary

To assist with organization of awards presentation, the following schedule is provided. Local sites can determine how its awards ceremonies are conducted.

TICKET PUNCHED: Each regional champion should receive a “ticket punched” sign for the award stand. Regional champion relay team members should all receive ticket punched signs. Only regional champions receive signs.

SATURDAY AFTERNOON

Saturday Afternoon --Swimming Competition

12:00 p.m. -- Start

200 Medley Relay

200 Freestyle

AWARDS 200 MEDLEY RELAY

200 Individual Medley

AWARDS 200 FREESTYLE

50 Freestyle

20 minute break -- First 15 minutes warm-up

AWARDS 200 INDIVIDUAL MEDLEY

AWARDS 50 FREESTYLE

100 Butterfly

100 Freestyle

AWARDS 100 BUTTERFLY

500 Freestyle

200 Freestyle Relay

15 minute break – First 10 minutes warm-up

AWARDS 100 FREESTYLE

AWARDS 500 FREESTYLE

100 Backstroke

AWARDS 200 FREESTYLE RELAY

100 Breaststroke

AWARDS 100 BACKSTROKE

400 Freestyle Relay

AWARDS 100 BREASTSTROKE

AWARDS 400 FREESTYLE RELAY

PRESENTATION OF TEAM AWARDS

Reminder – for all awards presentations competitors MUST wear school issued clothing over the suit. No towels will be allowed.