

Licensed to IAHSAA Championship Meet HY-TEK's Meet Manager 5/17/2026 06:33 PM
 Iowa Girls & Boys State Track Meet 2026 – 5/21/2026 to 5/23/2026
 Des Moines, Iowa
 Drake Stadium
 Meet Program

Event 1 Girls 100 Meter Dash 1A

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 Thursday 5/21/2026 – 12:50 PM

State Meet: 12.05 5/16/2024 Jaidyn Sellers, Panorama
 All-Time: 11.49 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Heat 1 Prelims

1	Allie Lansing	10	Don Bosco
2	Ava Gehrking	11	English Vall
3	Faith Dugan	10	Edgewd-Coles
4	Leah Lambe	10	Bellevue
5	McKinzie Menefee	10	Lenox
6	Belle Balichak	10	C-Wheatland
7	Lilly Kraft	11	Maquoketa Va
8	Ella Whitney	11	Wayne, Coryd

Heat 2 Prelims

1	Ava Christofferson	12	Lone Tree
2	Cate Birkey	10	Bishop Garri
3	Rya Scott	12	Hillcrest
4	Tatum Huyser	12	Lynnville-Su
5	Morgan Hast	11	Boyer Valley
6	Trista Hansaker	11	Melcher-Dall
7	Reese Gute	12	Fremont-Mill
8	Jacklyn Gallardo	11	Lake Mills

Heat 3 Prelims

1	Kaitlyn Hahn	12	Edgewd-Coles
2	Brynnley Patterson	10	Lisbon
3	Paige Richards	11	Madrid
4	Ada Johnson	09	Easton Valle
5	McKenna Baker	11	W Monona
6	Arabella Singleton	10	Riverside, 0
7	Ellie Hagen	10	East Mills
8	MeLayna Boeschen	09	Dunkerton

Event 9 Girls 200 Meter Dash 1A

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 Thursday 5/21/2026 – 10:40 AM

State Meet: 24.48 5/22/2010 Alex Gochenour, Logan-Magnolia
 All-Time: 23.68 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Heat 1 Prelims

1	Olivia Lund	12	Riverside, 0
2	Ava Christofferson	12	Lone Tree
3	Paige Richards	11	Madrid
4	Lana Alley	12	Fremont-Mill
5	Emma Reynolds	10	Mount Ayr
6	Madelyn Tigges	10	Bishop Garri
7	Rylee Atkinson	12	Edgewd-Coles
8	Camryn Strubbe	12	South O'Brie

Heat 2 Prelims

1	Ella Whitney	11	Wayne, Coryd
2	Rya Scott	12	Hillcrest
3	Ada Johnson	09	Easton Valle
4	Tatum Huyser	12	Lynnville-Su
5	Leah Lambe	10	Bellevue
6	McKenna Baker	11	W Monona

7 Morgan Hast	11 Boyer Valley
8 Vanessa Blum	09 Woodbine
Heat 3 Prelims	
1 Ava Vonderhaar	09 Clayton Ridg
2 Ava Gehrking	11 English Vall
3 Emery Hall	11 HLV-TC
4 Jacey Johnston	12 Saint Ansgar
5 Regan Eastvold	11 Lake Mills
6 Trista Hansaker	11 Melcher-Dall
7 McKinzie Menefee	10 Lenox
8 Sydnee Burgess	11 Montezuma

Event 17 Girls 400 Meter Dash 1A

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 Thursday 5/21/2026 - 1:20 PM

State Meet: 55.44 5/16/2024 Jaidyn Sellers, Panorama
 All-Time: 52.90 2018 Sydney Milani, Southeast Polk
 Name Year School

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 Section 1 Timed Finals

1 Brynn Bellis	10 W Monona
2 Addisyn Bandow	11 IKM-Manning
3 Taryn Petersen	11 EHK-Exira
4 Tess Frerichs	10 Akron-Westfi
5 Harper Hillman	Rockford
6 Mollie Ancell	10 Ankeny Chris
7 Lilah Strong	11 Kee, Lansing
8 Bree Scabbyrobe	09 Meskwaki Set

Section 2 Timed Finals

1 Piper Smith	12 AGWSR
2 Alexa Hahn	11 Highland
3 Morgan Hast	11 Boyer Valley
4 Emery Hall	11 HLV-TC
5 Eva Vaske	09 Edgewd-Coles
6 Kennedy Brant	12 Glad-Reinbec
7 Stella Simms	09 St. Albert,
8 Rowan Jacobi	12 Springville

Section 3 Timed Finals

1 Aubree Shields	12 Mount Ayr
2 Jacey Johnston	12 Saint Ansgar
3 Madelyn Tigges	10 Bishop Garri
4 Ada Hansen	11 CAM, Anita
5 Emma Reynolds	10 Mount Ayr
6 Alaina Gourley	12 Danville
7 Anna Lursen	12 St. Edmond,
8 Lanni Beaman	12 Maquoketa Va

Event 25 Girls 800 Meter Run 1A

=====
 Saturday 5/23/2026 - 10:35 AM

State Meet: 2:09.60 5/20/2006 Brooke Dinsdale, North Tama
 All-Time: 2:06.52 2021 Ainsley Erzen, Carlisle
 Name Year School

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 Section 1 Timed Finals

1 Ivy Urbatsch	09 Nwood-Kenset
2 Claire Zweibohmer	12 Riceville
3 Abbi Waskow	11 Dunkerton
4 Jayden Peters	11 Collins-Maxw
5 Alaina Gourley	12 Danville
6 Allysen Johnsen	12 Logan-Magnol
7 Chloe Broer	12 W Monona
8 Shea Rodgers	11 Earlham
9 Isabella Stika	11 Turkey Val,
10 Carlee Lunsford	11 WACO

11 Whitney Brady	10 North Linn
12 Josie Dykstra	10 WACO
Section 2 Timed Finals	
1 Elizabeth Erickson	11 Colo-Nesco
2 Katelyn Brandhorst	12 Madrid
3 Emery Hall	11 HLV-TC
4 Alexis Mujica	09 Newman Catho
5 Audra Burbridge	10 Maquoketa Va
6 Maddy Jansen	12 S Winn, CaIm
7 Piper Smith	12 AGWSR
8 Sydney Hull	11 E Marshall
9 Lili Denton	12 St. Albert,
10 Maclaine German	12 Martndsl-StM
11 Chloe Glosser	12 Pekin
12 Karson Oberender	12 Martndsl-StM

Event 33 Girls 1500 Meter Run 1A

=====
 Saturday 5/23/2026 - 2:40 PM

State Meet: 4:30.63 5/24/2025 Lili Denton, St. Albert,
 All-Time: 4:25.32 5/18/2024 Addison Dorenkamp, Valley
 Name Year School

Section 1 Timed Finals

1 Madelyn Grothus	11 Madrid
2 Allysen Johnsen	12 Logan-Magnol
3 Hannah Brandhorst	11 Madrid
4 Lauren Krogmann	11 Starmont
5 Julia Swift	10 Bishop Garri
6 Ivy Urbatsch	09 Nwood-Kenset
7 Sydney Hull	11 E Marshall
8 Claire Zweibohmer	12 Riceville
9 Abbi Waskow	11 Dunkerton
10 Jayden Peters	11 Collins-Maxw
11 Lauren Hillesland	12 North Iowa
12 Kinsey Prunty	10 Wayne, Coryd
13 Rylee Philips	12 Van Buren
14 Ashlynn Hosbond	10 Colfax-Mingo
15 Aleah Marco	10 Sibley-Ochey
16 Tynley Boussetot	09 C-Wheatland
17 Lili Denton	12 St. Albert,
18 Chloe Glosser	12 Pekin
19 Karson Oberender	12 Martndsl-StM
20 Maclaine German	12 Martndsl-StM
21 Elizabeth Erickson	11 Colo-Nesco
22 Maren Brabec	12 Newell-Fonda
23 Ava Witt	09 Saint Ansgar
24 Alexis Mujica	09 Newman Catho

Event 41 Girls 3000 Meter Run 1A

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 Thursday 5/21/2026 - 9:40 AM

State Meet: 9:42.04 5/22/2025 Lili Denton, St. Albert,
 All-Time: 9:23.60 4/25/2024 Addison Dorenkamp, Valley
 Name Year School

Section 1 Timed Finals

1 Ivy Urbatsch	09 Nwood-Kenset
2 Madelyn Grothus	11 Madrid
3 Ashlynn Hosbond	10 Colfax-Mingo
4 Abbi Waskow	11 Dunkerton
5 Addison Yates	12 Sigourney
6 Julia Swift	10 Bishop Garri
7 Ellie Yates	12 Sigourney
8 Jayden Peters	11 Collins-Maxw

9	Allysen Johnsen	12	Logan-Magnol
10	Mandeesa Vos	10	Lynnville-Su
11	Addaley Girres	09	Graet-T/Ruth
12	Tynley Boussetot	09	C-Wheatland
13	Marie Yoder	11	Hillcrest
14	Charlie Bruggeman	12	West Hancock
15	Chloe Broer	12	W Monona
16	Kinsey Prunty	10	Wayne, Coryd
17	Lili Denton	12	St. Albert,
18	Chloe Glosser	12	Pekin
19	Alexis Mujica	09	Newman Catho
20	Karson Oberender	12	Martndsl-StM
21	Claire Zweibohmer	12	Riceville
22	Lauren Hillesland	12	North Iowa
23	Lauren Krogmann	11	Starmont
24	Elizabeth Erickson	11	Colo-Nesco

Event 49 Girls 100 Meter Hurdles 1A

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Friday 5/22/2026 - 10:20 AM

State Meet:	14.07	5/21/2010	Alex Gochenour, Logan-Magnol
All-Time:	13.62	2025	Emma Havighurst, Valley, WDM

Name	Year	School
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Heat 1 Prelims			
1	Kailor Lown	11	English Vall
2	Kieren Perez	12	N Mahaska
3	Eva Vaske	09	Edgewd-Coles
4	Lana Alley	12	Fremont-Mill
5	Honor Hovenga	11	Janesville
6	Caitlyn Hough	10	Graet-T/Ruth
7	Heaven Powell	10	Prince of Pe
8	Montana Farrens	12	W Monona

Heat 2 Prelims

1	Brystol Wyman	11	Griswold
2	Lexi Clendenen	12	SE Warren
3	Kennedy Brant	12	Glad-Reinbec
4	Carsyn Adams	11	Griswold
5	Ada Hansen	11	CAM, Anita
6	Brooklyn Weldon	09	Fremont-Mill
7	Emersyn Minnaert	10	B-G-M, Brook
8	Alexis Rose	12	North Butler

Heat 3 Prelims

1	Grace Anderegg	12	Baxter
2	Zoey Quigley	11	Cent Decatur
3	Camryn Russell	12	Baxter
4	Rowan Jacobi	12	Springville
5	Addison Winters	12	Kee, Lansing
6	Malia Clayburg	12	CR-Bayard
7	Paislee Coleman	11	Pekin
8	Mailee Templeton	11	Southwest Va

Event 57 Girls 400 Meter Hurdles 1A

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Friday 5/22/2026 - 12:00 PM

State Meet:	1:02.14	5/22/2009	Sara Stoakes, N Tama
All-Time:	57.30	1975	Debbie Esser, Woodbine

Name	Year	School
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Section 1 Timed Finals			
1	Cora Sauer	11	Lake Mills
2	Hailey Gacke	10	Sibley-Ochey
3	Cadence Petersen	11	ACGC
4	Kelly Cerwinske	10	Nashua-Plain
5	Jordyn Robbins	09	Logan-Magnol

6 Marin Janke	10 Martndsl-StM
7 Dorothy Bear	11 Meskwaki Set
8 Kamryn Stone	10 E Buchanan
Section 2 Timed Finals	
1 Brystal Peck	11 Wayne, Coryd
2 Amanda Smith	12 Earlham
3 Camryn Russell	12 Baxter
4 Allie Fehr	12 WB-Mallard
5 Carsyn Adams	11 Griswold
6 Nataliya Linder	11 N Mahaska
7 Hazel Nieman	11 Turkey Val,
8 Mya Pohlen	11 Sibley-Ochey
Section 3 Timed Finals	
1 Carlie Nuckolls	11 Fremont-Mill
2 Kennedy Brant	12 Glad-Reinbec
3 Honor Hovenga	11 Janesville
4 Ada Hansen	11 CAM, Anita
5 Eva Vaske	09 Edgewd-Coles
6 Addison Winters	12 Kee, Lansing
7 Bella Lamp	11 AHSTW
8 Laney Brinkman	12 North Butler

Event 66 Girls 4x100 Meter Shuttle Hurdle 1A

=====
 Thursday 5/21/2026 - 9:00 AM

State Meet: 1:04.69 5/24/2025 Stanton, Stanton
 K Hart, L Johnson, L Roberts, H Olson
 All-Time: 59.37 2026 Waukee Northwest, Waukee NW
 Willits, Schulte, Twigg, Johnson

School
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Heat 1 Prelims

1 Belle Plaine '1'
 3 Fremont-Mills '1'
 5 Graet-T/Ruth-Ayr
 7 Newell-Fonda '1'

Heat 2 Prelims

1 Wapsie Val, F '1'
 3 Cent Decatur '1'
 5 B-G-M, Brook '1'
 7 Maquoketa Valley '1'

Heat 3 Prelims

1 Stanton '1'
 3 Kee, Lansing '1'
 5 IKM-Manning '1'
 7 Bedford '1'

Heat 4 Prelims

1 Logan-Magnolia '1'
 3 Baxter '1'
 5 Griswold '1'
 7 Madrid '1'

Heat 5 Prelims

1 North Linn '1'
 3 Janesville '1'
 5 Gehlen Cath, L '1'
 7 Lake Mills

Heat 6 Prelims

1 Sibley-Ocheyedan '1'
 3 North Butler '1'
 5 Springville '1'
 7 Pekin '1'

Event 70 Girls 4x100 Meter Relay 1A

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 Friday 5/22/2026 - 12:40 PM

State Meet: 48.72 2022 Madrid, Madrid
 L Ostert, E Olsen, J Dodds, E Santi
 All-Time: 46.66 2026 Waukee Northwest, Waukee NW
 Caldwell, Jorgensen, Distefano, Willits
 School

 Heat 1 Prelims

1 Lisbon '1'
 2 W Monona '1'
 3 Highland '1'
 4 Fremont-Mills '1'
 5 Hillcrest '1'
 6 AHSTW '1'
 7 Belle Plaine '1'
 8 IKM-Manning '1'

Heat 2 Prelims

1 West Fork
 2 North Butler '1'
 3 Cent Decatur '1'
 4 Lynnville-Sully '1'
 5 Maquoketa Valley '1'
 6 George-Little Rk '1'
 7 Lawton-Bronson '1'
 8 Montezuma '1'

Heat 3 Prelims

1 West Hancock
 2 Van Buren County '1'
 3 WACO '1'
 4 Edgewd-Colesburg '1'
 5 Bellevue '1'
 6 N Mahaska '1'
 7 Mount Ayr '1'
 8 North Cedar '1'

Event 78 Girls 4x200 Meter Relay 1A

 Friday 5/22/2026 - 11:00 AM

State Meet: 1:43.29 2022 Madrid, Madrid
 L Ostert, E Olsen, J Dodds, E Santi
 All-Time: 1:38.40 4/24/2026 Waukee Northwest, Waukee NW
 McCann, Jorgensen, Stahl, Willits
 School

 Section 1 Timed Finals

1 S Winn, Calmar '1'
 2 Danville '1'
 3 Montezuma '1'
 4 Wapsie Val, F '1'
 5 Lawton-Bronson '1'
 6 IKM-Manning '1'
 7 Don Bosco '1'
 8 Woodbine '1'

Section 2 Timed Finals

1 Lynnville-Sully '1'
 2 East Union '1'
 3 Van Buren County '1'
 4 George-Little Rk '1'
 5 AHSTW '1'
 6 Belle Plaine '1'
 7 Lisbon '1'
 8 ACGC '1'

Section 3 Timed Finals

1 St. Albert, CB '1'
 2 Cent Decatur '1'
 3 West Hancock

- 4 Edgewd-Colesburg '1'
- 5 Wayne, Corydon '1'
- 6 West Fork
- 7 Lake Mills
- 8 Maquoketa Valley '1'

Event 86 Girls 4x400 Meter Relay 1A

Friday 5/22/2026 - 1:20 PM

State Meet: 3:58.28 5/19/2007 Valley Community Elgin, Valley Commu
A Spain, M Moyle, M Metzger, K McCartney
All-Time: 3:45.36 2026 Waukee Northwest, Waukee NW
McCann, Jorgensen, Vogt, Vogt

School

Heat 1 Prelims

- 1 S Winn, Calmar '1'
- 2 HLV-TC '1'
- 3 North Linn '1'
- 4 St. Albert, CB '1'
- 5 Woodbine '1'
- 6 Danville '1'
- 7 Griswold '1'
- 8 Lynnville-Sully '1'

Heat 2 Prelims

- 1 Saint Ansgar
- 2 West Fork
- 3 W Monona '1'
- 4 Mount Ayr '1'
- 5 Riverside, Oak '1'
- 6 AGWSR '1'
- 7 Cent Decatur '1'
- 8 Wayne, Corydon '1'

Heat 3 Prelims

- 1 Midland, Wyoming '1'
- 2 Newell-Fonda '1'
- 3 IKM-Manning '1'
- 4 AHSTW '1'
- 5 Maquoketa Valley '1'
- 6 George-Little Rk '1'
- 7 Gehlen Cath, L '1'
- 8 Lawton-Bronson '1'

Event 94 Girls 4x800 Meter Relay 1A

Thursday 5/21/2026 - 11:20 AM

State Meet: 9:28.33 5/17/2007 Valley Community Elgin, Valley Commu
A Spain, M Moyle, D Bushman, K McCartney
All-Time: 8:58.03 4/25/2026 Waukee Northwest, Waukee NW
Vander Ley, Sundet, Stubbendeck, Dani

School

Section 1 Timed Finals

- 1 Lawton-Bronson '1'
- 2 Starmont '1'
- 3 Baxter '1'
- 4 North Iowa
- 5 Woodbine '1'
- 6 Nashua-Plainfld '1'
- 7 Westwood, Sloan '1'
- 8 North Linn '1'
- 9 Earlham '1'
- 10 N Tama, Traer '1'
- 11 Wapsie Val, F '1'
- 12 Edgewd-Colesburg '1'

Section 2 Timed Finals

- 1 Newell-Fonda '1'
- 2 Mount Ayr '1'
- 3 Sibley-Ocheyedan '1'
- 4 Madrid '1'
- 5 Saint Ansgar
- 6 Turkey Val, JJ '1'
- 7 Lynnville-Sully '1'
- 8 Van Buren County '1'
- 9 S Winn, Calmar '1'
- 10 AHSTW '1'
- 11 WACO '1'
- 12 Riverside, Oak '1'

Event 108 Girls 800 Sprint Medley 1A

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 Saturday 5/23/2026 - 9:00 AM

State Meet: 1:48.80 5/23/2015 Hudson, Hudson
 L Kolterman, A Mosley, D Reicherts, M Bell
 All-Time: 1:43.64 2018 Linn-Mar, Linn-Mar
 A Rolle, O Hubler, J Bennett, P Wensel

School
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Section 1 Timed Finals

- 1 St. Edmond, FD '1'
- 2 Van Buren County '1'
- 3 West Fork
- 4 Lisbon '1'
- 5 IKM-Manning '1'
- 6 AHSTW '1'
- 7 Riverside, Oak '1'
- 8 George-Little Rk '1'

Section 2 Timed Finals

- 1 Fremont-Mills '1'
- 2 Bishop Garrigan
- 3 Turkey Val, JJ '1'
- 4 AGWSR '1'
- 5 Martndsl-StMarys '1'
- 6 Boyer Valley '1'
- 7 Janesville '1'
- 8 Don Bosco '1'

Section 3 Timed Finals

- 1 Danville '1'
- 2 Lake Mills
- 3 Mount Ayr '1'
- 4 Maquoketa Valley '1'
- 5 CAM, Anita '1'
- 6 Edgewd-Colesburg '1'
- 7 Lynnville-Sully '1'
- 8 West Hancock

Event 116 Girls High Jump 1A

=====
 Friday 5/22/2026 - 11:30 AM

State Meet: 5-09.50 5/23/2025 Ema Roberts, HLV-TC
 All-Time: 6-01 2010 Hannah Willms, Dike-New Hartford
 Name Year School

Flight 1 Finals

- | | |
|--------------------|-----------------|
| 1 Lauren Roberts | 10 Stanton |
| 2 Keirra Jones | 10 W Monona |
| 3 Makenzie Budach | 11 Lake Mills |
| 4 Vanessa Blum | 09 Woodbine |
| 5 Emily Pruess | 10 North Cedar |
| 6 Elizabeth Kalvig | 09 Nashua-Plain |

7	Ella Horgen	10	Saint Ansgar
8	Kaberlee Fairbanks	11	Akron-Westfi
9	Kaylynne Newton	12	Lawton-Brons
10	Ella Sanford	09	IKM-Manning
11	Malia Clayburg	12	CR-Bayard
12	Lilee Boriskey	12	Edgewd-Coles
13	Emersyn Reiter	12	Lisbon
14	Marisa Cahalan	11	E Marshall
15	Kinzie Ruess	09	Highland
16	Allie Fehr	12	WB-Mallard
17	Zoey Quigley	11	Cent Decatur
18	Addison Hansen	11	Graet-T/Ruth
19	Isadora Wheeler	09	Cedar Ridge C
20	Gracie Wagoner	11	AGWSR
21	Rowan Jacobi	12	Springville
22	Quin Smith	12	Winfield-Mt.
23	Kennedy Brant	12	Glad-Reinbec
24	Aubree Shields	12	Mount Ayr

Event 124 Girls Long Jump 1A

=====
 Thursday 5/21/2026 - 11:30 AM

State Meet: 18-08.50 5/15/2008 Jennifer Jorgensen, Southeast We

All-Time: 20-08.25 2025 Abby Mecklenburg, Linn-Mar

Name Year School

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Flight 1 Finals

1	Makenzie Budach	11	Lake Mills
2	Avrie Fagan	12	Earlham
3	Maddie Fehr	12	WB-Mallard
4	Jordyn Keuck	09	Heartland Ch
5	Cambria Wayman	10	BCLUW
6	Ava Vonderhaar	09	Clayton Ridg
7	Camella Walton	10	Belle Plaine
8	Annabelle Blum	09	IKM-Manning
9	Charlee Yoder	09	Don Bosco
10	MeLayna Boeschen	09	Dunkerton
11	Avery Gaswint	10	Akron-Westfi
12	Lilee Boriskey	12	Edgewd-Coles

Flight 2 Finals

1	Espyn Decker	09	Wapsie Val,
2	Alexa Hahn	11	Highland
3	Annika Hultquist	10	Belle Plaine
4	Marin Janke	10	Martndsl-StM
5	Ava Christofferson	12	Lone Tree
6	Ruthie Rich	11	CAM, Anita
7	Addison Winters	12	Kee, Lansing
8	Camryn Russell	12	Baxter
9	Nataliya Linder	11	N Mahaska
10	Ella Whitney	11	Wayne, Coryd
11	Paige Richards	11	Madrid
12	McKenna Baker	11	W Monona

Event 132 Girls Discus Throw 1A

=====
 Friday 5/22/2026 - 9:00 AM

State Meet: 150-09 5/23/2025 Anna Hadley, Pekin

All-Time: 179-07 2014 Kiana Phelps, KP-WC

Name Year School

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Flight 1 Finals

1	Paisley Sleep	10	Bedford
2	Kooper Martin	09	Lisbon
3	Jenna Peterson	10	Bishop Garri
4	Katelyn Weathers	11	Ankeny Chris

5	Savannah Drips	12	Edgewd-Coles
6	Sophia Fenner	11	Riverside, O
7	Izzy O'Dowd	12	North Butler
8	Hannah Krueger	12	Westwood, Sl
9	Raelene Hawkins	12	HLV-TC
10	Ella Gade	10	Griswold
11	Georgia Jones	11	W Monona
12	Addison Carroll	11	AHSTW
Flight 2 Finals			
1	Rihanna Myers	09	St. Edmond,
2	Kendall Wittman	11	Edgewd-Coles
3	Sophia Semprini	10	Montezuma
4	Liv Nehring	10	Ankeny Chris
5	Lindsey Haken	12	George-Littl
6	Sellah Ambundo	11	Maquoketa Va
7	Ava Menke	12	Lake Mills
8	Maddy Mason	12	CR-Bayard
9	Courtney Follmann	11	CAM, Anita
10	Lindsay Kruse	12	Saint Ansgar
11	Lauren Dvorak	12	Madrid
12	Anna Hadley	12	Pekin

Event 140 Girls Shot Put 1A

=====
 Thursday 5/21/2026 - 9:00 AM

State Meet: 45-01 2022

All-Time: 53-03.50 1992

Name

Audi Crooks, Bishop Garrigan
 Paulette Mitchell, Council Bluffs AL
 Year School

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 Flight 1 Finals

1	Lillian Kolsrud	12	Kee, Lansing
2	Madison Kelley	12	Riverside, O
3	Kalle Voy	12	Wapsie Val,
4	Lindsay Kruse	12	Saint Ansgar
5	Maddie Ladeburg	12	Wapsie Val,
6	Kendra Schultz	09	Pekin
7	Emily Knox	10	Mount Ayr
8	Sealymae Athey	10	Saint Ansgar
9	Delanie Budden	10	Gehlen Cath,
10	Arianna Pierce	10	GMG, Garwin
11	Avery Culbertson	09	Bishop Garri
12	Brylee Dickman	12	West Fork

Flight 2 Finals

1	Grace Hornseth	11	Kee, Lansing
2	Chloe Sexton	11	Highland
3	Grace Farnsworth	12	BCLUW
4	Sellah Ambundo	11	Maquoketa Va
5	Reghan DeRycke	10	Belle Plaine
6	Maddy Mason	12	CR-Bayard
7	Ashtyn Wheeler	11	E Marshall
8	Hayleigh Mattox	12	Fremont-Mill
9	Lauren Dvorak	12	Madrid
10	Sophia Fenner	11	Riverside, O
11	Kendall Wittman	11	Edgewd-Coles
12	Anna Hadley	12	Pekin

Event 148 Girls Distance Medley 1A

=====
 Friday 5/22/2026 - 9:00 AM

State Meet: 4:05.37 5/18/2007 North Tama Traer, North Tama T
 B Dinsdale, M Halupnick, S Stoakes, B Dinsdale
 All-Time: 3:55.82 2017 Assumption, Assumption
 School

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 Section 1 Timed Finals

- 1 Mount Ayr '1'
- 2 Stanton '1'
- 3 Saint Ansgar
- 4 Graet-T/Ruth-Ayr
- 5 Iowa Valley, M '1'
- 6 E Marshall '1'
- 7 Gehlen Cath, L '1'
- 8 Riverside, Oak '1'

Section 2 Timed Finals

- 1 Earlham '1'
- 2 Newell-Fonda '1'
- 3 Dunkerton '1'
- 4 AHSTW '1'
- 5 W Monona '1'
- 6 Riceville
- 7 Griswold '1'
- 8 North Linn '1'

Section 3 Timed Finals

- 1 WACO '1'
- 2 S Winn, Calmar '1'
- 3 Maquoketa Valley '1'
- 4 St. Albert, CB '1'
- 5 Martndsl-StMarys '1'
- 6 Madrid '1'
- 7 Pekin '1'
- 8 Turkey Val, JJ '1'